

## WEST REGION

**Table 9 Selected Drug Use, Perceptions of Great Risk, Average Annual Marijuana Initiates, Past Year Substance Dependence or Abuse, Needing But Not Receiving Treatment, and Past Year Mental Health Measures in the West Region, by Age Group: Estimated Numbers (in Thousands), Annual Averages Based on 2011-2012 NSDUHs**

Measure	12+	12-17	18-25	26+	18+
<b>ILLICIT DRUGS</b>					
Past Month Illicit Drug Use <sup>1</sup>	6,584	674	1,983	3,927	5,910
Past Year Marijuana Use	8,453	954	2,738	4,761	7,499
Past Month Marijuana Use	5,424	527	1,757	3,140	4,897
Past Month Use of Illicit Drugs Other Than Marijuana <sup>1</sup>	2,148	259	600	1,289	1,889
Past Year Cocaine Use	1,127	61	474	592	1,066
Past Year Nonmedical Pain Reliever Use	2,995	372	870	1,754	2,623
Perception of Great Risk of Smoking Marijuana Once a Month	17,154	1,405	1,386	14,364	15,749
Average Annual Number of Marijuana Initiates <sup>2</sup>	741	336	348	57	405
<b>ALCOHOL</b>					
Past Month Alcohol Use	30,724	766	4,794	25,165	29,958
Past Month Binge Alcohol Use <sup>3</sup>	12,789	422	3,051	9,316	12,367
Perception of Great Risk of Drinking Five or More Drinks Once or Twice a Week	26,548	2,392	2,974	21,182	24,156
Past Month Alcohol Use (Persons Aged 12 to 20)	2,261 <sup>4</sup>	--	--	--	--
Past Month Binge Alcohol Use (Persons Aged 12 to 20) <sup>3</sup>	1,376 <sup>4</sup>	--	--	--	--
<b>TOBACCO PRODUCTS</b>					
Past Month Tobacco Product Use <sup>5</sup>	13,542	468	2,863	10,210	13,073
Past Month Cigarette Use	11,327	377	2,444	8,506	10,950
Perception of Great Risk of Smoking One or More Packs of Cigarettes per Day	44,393	3,998	5,749	34,646	40,394
<b>PAST YEAR DEPENDENCE, ABUSE, AND TREATMENT<sup>6</sup></b>					
Illicit Drug Dependence <sup>1</sup>	1,263	156	538	569	1,107
Illicit Drug Dependence or Abuse <sup>1</sup>	1,734	311	729	695	1,423
Alcohol Dependence	2,150	90	577	1,484	2,060
Alcohol Dependence or Abuse	4,362	241	1,287	2,834	4,121
Alcohol or Illicit Drug Dependence or Abuse <sup>1</sup>	5,343	435	1,688	3,220	4,908
Needing But Not Receiving Treatment for Illicit Drug Use <sup>1,7</sup>	1,557	283	686	589	1,275
Needing But Not Receiving Treatment for Alcohol Use <sup>7</sup>	4,081	231	1,242	2,608	3,850
<b>PAST YEAR MENTAL HEALTH</b>					
Had at Least One Major Depressive Episode <sup>8,9</sup>	--	561	774	2,965	3,739
Serious Mental Illness <sup>9,10</sup>	--	--	330	1,876	2,206
Any Mental Illness <sup>9,11</sup>	--	--	1,707	8,349	10,055
Had Serious Thoughts of Suicide	--	--	606	1,467	2,073

-- Not available.

NOTE: Estimates are based on a survey-weighted hierarchical Bayes estimation approach.

<sup>1</sup> Illicit Drugs include marijuana/hashish, cocaine (including crack), heroin, hallucinogens, inhalants, or prescription-type psychotherapeutics used nonmedically. Illicit Drugs Other Than Marijuana include cocaine (including crack), heroin, hallucinogens, inhalants, or prescription-type psychotherapeutics used nonmedically. These estimates include data from original methamphetamine questions but do not include new methamphetamine items added in 2005 and 2006. See Section B.4.8 in Appendix B of the *Results from the 2008 National Survey on Drug Use and Health: National Findings*.

<sup>2</sup> Average annual number of marijuana initiates =  $X_1 \div 2$ , where  $X_1$  is the number of marijuana initiates in the past 24 months.

<sup>3</sup> Binge Alcohol Use is defined as drinking five or more drinks on the same occasion (i.e., at the same time or within a couple of hours of each other) on at least 1 day in the past 30 days.

<sup>4</sup> Underage drinking is defined for persons aged 12 to 20; therefore, the "12+" estimate reflects that age group and not persons aged 12 or older.

<sup>5</sup> Tobacco Products include cigarettes, smokeless tobacco (i.e., chewing tobacco or snuff), cigars, or pipe tobacco.

<sup>6</sup> Dependence or abuse is based on definitions found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders (DSM-IV)*.

<sup>7</sup> Needing But Not Receiving Treatment refers to respondents classified as needing treatment for illicit drugs (or alcohol), but not receiving treatment for an illicit drug (or alcohol) problem at a specialty facility (i.e., drug and alcohol rehabilitation facilities [inpatient or outpatient], hospitals [inpatient only], and mental health centers).

<sup>8</sup> Major depressive episode (MDE) is defined as in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders (DSM-IV)*, which specifies a period of at least 2 weeks when a person experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of specified depression symptoms. There are minor wording differences in the questions in the adult and adolescent MDE modules. Therefore, data from youths aged 12 to 17 were not combined with data from persons aged 18 or older to produce an estimate for those aged 12 or older.

<sup>9</sup> For details, see Section B of the "2011-2012 NSDUH: Guide to State Tables and Summary of Small Area Estimation Methodology" at <http://www.samhsa.gov/data/NSDUH/2k12State/NSDUHsae2012/Index.aspx>.

<sup>10</sup> Serious mental illness (SMI) is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder, that met the criteria found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders (DSM-IV)* and resulted in serious functional impairment.

<sup>11</sup> Any mental illness (AMI) is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder, that met the criteria found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders (DSM-IV)*.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2011 (SMI and AMI Estimates Revised October 2013) and 2012.

## WEST REGION

**Table 10 Selected Drug Use, Perceptions of Great Risk, Average Annual Rates of First Use of Marijuana, Past Year Substance Dependence or Abuse, Needing But Not Receiving Treatment, and Past Year Mental Health Measures in the West Region, by Age Group: Percentages, Annual Averages Based on 2011-2012 NSDUHs**

Measure	12+	12-17	18-25	26+	18+
<b>ILLICIT DRUGS</b>					
Past Month Illicit Drug Use <sup>1</sup>	10.93	11.26	23.97	8.55	10.90
Past Year Marijuana Use	14.04	15.94	33.10	10.36	13.83
Past Month Marijuana Use	9.01	8.81	21.24	6.83	9.03
Past Month Use of Illicit Drugs Other Than Marijuana <sup>1</sup>	3.57	4.34	7.25	2.80	3.48
Past Year Cocaine Use	1.87	1.01	5.74	1.29	1.97
Past Year Nonmedical Pain Reliever Use	4.97	6.21	10.51	3.82	4.84
Perception of Great Risk of Smoking Marijuana Once a Month	28.47	23.48	16.75	31.25	29.02
Average Annual Rate of First Use of Marijuana <sup>2</sup>	2.19	6.70	8.40	0.24	1.40
<b>ALCOHOL</b>					
Past Month Alcohol Use	51.03	12.80	57.94	54.76	55.25
Past Month Binge Alcohol Use <sup>3</sup>	21.24	7.06	36.87	20.27	22.81
Perception of Great Risk of Drinking Five or More Drinks Once or Twice a Week	44.08	39.97	35.95	46.09	44.54
Past Month Alcohol Use (Persons Aged 12 to 20)	24.28 <sup>4</sup>	--	--	--	--
Past Month Binge Alcohol Use (Persons Aged 12 to 20) <sup>3</sup>	14.77 <sup>4</sup>	--	--	--	--
<b>TOBACCO PRODUCTS</b>					
Past Month Tobacco Product Use <sup>5</sup>	22.49	7.83	34.60	22.23	24.11
Past Month Cigarette Use	18.81	6.30	29.54	18.51	20.19
Perception of Great Risk of Smoking One or More Packs of Cigarettes per Day	73.73	66.82	69.48	75.39	74.49
<b>PAST YEAR DEPENDENCE, ABUSE, AND TREATMENT<sup>6</sup></b>					
Illicit Drug Dependence <sup>1</sup>	2.10	2.61	6.50	1.24	2.04
Illicit Drug Dependence or Abuse <sup>1</sup>	2.88	5.19	8.81	1.51	2.62
Alcohol Dependence	3.57	1.50	6.97	3.23	3.80
Alcohol Dependence or Abuse	7.24	4.03	15.56	6.17	7.60
Alcohol or Illicit Drug Dependence or Abuse <sup>1</sup>	8.87	7.27	20.40	7.01	9.05
Needing But Not Receiving Treatment for Illicit Drug Use <sup>1,7</sup>	2.59	4.72	8.30	1.28	2.35
Needing But Not Receiving Treatment for Alcohol Use <sup>7</sup>	6.78	3.86	15.01	5.68	7.10
<b>PAST YEAR MENTAL HEALTH</b>					
Had at Least One Major Depressive Episode <sup>8,9</sup>	--	9.37	9.36	6.45	6.89
Serious Mental Illness <sup>9,10</sup>	--	--	3.99	4.08	4.07
Any Mental Illness <sup>9,11</sup>	--	--	20.63	18.17	18.54
Had Serious Thoughts of Suicide	--	--	7.32	3.19	3.82

-- Not available.

NOTE: Estimates are based on a survey-weighted hierarchical Bayes estimation approach.

<sup>1</sup> Illicit Drugs include marijuana/hashish, cocaine (including crack), heroin, hallucinogens, inhalants, or prescription-type psychotherapeutics used nonmedically. Illicit Drugs Other Than Marijuana include cocaine (including crack), heroin, hallucinogens, inhalants, or prescription-type psychotherapeutics used nonmedically. These estimates include data from original methamphetamine questions but do not include new methamphetamine items added in 2005 and 2006. See Section B.4.8 in Appendix B of the *Results from the 2008 National Survey on Drug Use and Health: National Findings*.

<sup>2</sup> Average annual marijuana initiation rate =  $100 * \{ [X_1 \div (0.5 * X_1 + X_2)] \div 2 \}$ , where  $X_1$  is the number of marijuana initiates in the past 24 months and  $X_2$  is the number of persons who never used marijuana. Both of the computation components,  $X_1$  and  $X_2$ , are based on a survey-weighted hierarchical Bayes estimation approach. Note that the age group is based on a respondent's age at the time of the interview, not his or her age at first use.

<sup>3</sup> Binge Alcohol Use is defined as drinking five or more drinks on the same occasion (i.e., at the same time or within a couple of hours of each other) on at least 1 day in the past 30 days.

<sup>4</sup> Underage drinking is defined for persons aged 12 to 20; therefore, the "12+" estimate reflects that age group and not persons aged 12 or older.

<sup>5</sup> Tobacco Products include cigarettes, smokeless tobacco (i.e., chewing tobacco or snuff), cigars, or pipe tobacco.

<sup>6</sup> Dependence or abuse is based on definitions found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV).

<sup>7</sup> Needing But Not Receiving Treatment refers to respondents classified as needing treatment for illicit drugs (or alcohol), but not receiving treatment for an illicit drug (or alcohol) problem at a specialty facility (i.e., drug and alcohol rehabilitation facilities [inpatient or outpatient], hospitals [inpatient only], and mental health centers).

<sup>8</sup> Major depressive episode (MDE) is defined as in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV), which specifies a period of at least 2 weeks when a person experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of specified depression symptoms. There are minor wording differences in the questions in the adult and adolescent MDE modules. Therefore, data from youths aged 12 to 17 were not combined with data from persons aged 18 or older to produce an estimate for those aged 12 or older.

<sup>9</sup> For details, see Section B of the "2011-2012 NSDUH: Guide to State Tables and Summary of Small Area Estimation Methodology" at <http://www.samhsa.gov/data/NSDUH/2k12State/NSDUHsae2012/Index.aspx>.

<sup>10</sup> Serious mental illness (SMI) is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder, that met the criteria found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV) and resulted in serious functional impairment.

<sup>11</sup> Any mental illness (AMI) is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder, that met the criteria found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV).

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2011 (SMI and AMI Estimates Revised October 2013) and 2012.