



Race Results

RACE #2 – MAY 17, 2016

BirdsHillDuathlon.com / WinnipegTriathlon.com

Weather: 22°C, Sunny, 4km/h NE Wind, Participants: 170

Adult Short Duathlon – 2km Run + 13km Bike + 2km Run

Male 16-19 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Quinn Desrochers	MTC	33:14	5:55	21:12	27:06	6:08	50
2	Lucas Roy	Tri MB	34:52	6:09	22:02	28:10	6:42	40
3	Bryce Jenkins	Tri MB	35:32	6:32	21:54	28:26	7:07	31
4	Christopher Barkwell	Tri MB	43:31	7:43	27:46	35:28	8:03	23

Male 20-29 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Blake Mackay	Tri MB	35:24	6:25	22:06	28:30	6:55	50
2	Matthew Tessier	Tri MB	40:28	6:16	26:59	33:14	7:14	40
3	Shawn Wickens	Tri MB	41:47	7:27	26:18	33:44	8:03	31
4	Ben Harder	Tri MB	42:41	7:45	26:54	34:38	8:04	23
5	Jacob Snell	Tri MB	45:10	8:21	28:28	36:49	8:21	16

Male 30-39 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Anthony Densmore	WTC	40:31	8:31	24:12	32:42	7:50	50
2	Matt Wieler	Tri MB	45:33	8:52	26:16	35:07	10:26	40
3	Mathieu Beaumier	Tri MB	46:38	8:35	29:28	38:03	8:35	31
4	Chris Halbert	Tri MB	51:19	8:35	30:47	39:22	11:58	23
5	Randy Kenning	Tri MB	52:34	10:11	31:43	41:54	10:41	16
6	Leigh Fischer	Tri MB	54:08	11:52	29:58	41:50	12:19	
7	Sebastian Czigler	Tri MB	DNF	10:55	---	---	---	

Male 40-49 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Dave Lipchen	Tri MB	35:24	6:23	22:27	28:49	6:35	50
2	Marc Fournier	Tribalistic	35:37	6:56	21:33	28:29	7:09	40
3	Jason Howden	Tri MB	39:06	7:56	22:53	30:49	8:18	31
4	Jason McNicholl	Tri MB	40:14	7:52	24:31	32:23	7:52	23
5	Henry Moesker	Tri MB	41:45	8:19	24:30	32:48	8:57	16
6	Chris Kozakowski	Tri MB	42:08	7:16	26:46	34:01	8:07	
7	Nick Paulet	Tri MB	42:13	7:39	27:38	35:16	6:57	
8	Corrado D'Antonio	WTC	42:23	7:48	25:58	33:46	8:38	
9	Scott Schriemer	Tri MB	42:50	8:19	25:23	33:41	9:10	

10	Kevin Wolk	Triple Threat	43:24	7:56	27:06	35:02	8:22	
11	Dave Vanheyst	Tri MB	44:00	8:54	26:05	34:59	9:02	
12	Kyle Blaquiere	Tri MB	46:43	10:07	27:50	37:57	8:47	
13	Daryl Perry	Tri MB	48:02	9:31	28:21	37:51	10:11	
14	Bill Anderson	Tri MB	50:22	9:19	30:13	39:32	10:50	
15	Kevin Hope	Tri MB	54:08	11:52	30:54	42:45	11:23	
16	Radny Geonanga	Tri MB	59:43	8:23	42:38	51:00	8:43	

Male 50-59 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Scott Gibbons	Tri MB	39:38	7:04	25:13	32:17	7:22	50
2	Jim Wernham	Tri MB	44:15	8:37	26:24	35:00	9:16	40
3	David Markham	Triple Threat	46:34	9:32	27:03	36:34	10:00	31
4	George Barnes	T3	47:50	9:28	28:52	38:20	9:31	23
5	Ken Silk	Tri MB	53:44	10:05	31:08	41:13	12:32	16
6	Chris Kjeaar	Tri MB	55:51	10:08	34:48	44:55	10:57	
7	Sam Neis	Tri MB	57:05	12:40	32:43	45:23	11:42	
8	Richard Meertens	WTC	57:34	11:59	32:32	44:31	13:03	
9	Vaughn Pangman	Tri MB	1:00:58	11:01	37:21	48:21	12:38	

Male 60-69 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Al Stewart	Tri MB	41:33	8:00	24:55	32:54	8:39	50
2	John Sawchuk	Tri MB	44:19	8:41	26:56	35:36	8:43	40
3	Bruce Gregory	Tri MB	52:40	10:19	32:22	42:40	10:01	31

Male 70+ Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Bob Groff	Tri MB	49:32	10:58	27:35	38:32	11:00	50

Female 16-19 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Payton Ryz	MTC	34:55	6:41	21:37	28:17	6:38	50
2	Claire Healey	Tri MB	38:05	7:02	23:48	30:49	7:16	40
3	Rebecca Silk	Tri MB	49:43	10:06	30:23	40:29	9:15	31

Female 20-29 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Ariane Morissette	Tri MB	42:25	7:49	26:34	34:23	8:03	50
2	Kalynn Wood	WTC	50:19	10:11	29:15	39:26	10:54	40
3	Suzanne Wolff	Tri MB	53:41	11:35	31:20	42:54	10:48	31
4	Erin Rafferty	TriFactor	54:44	11:13	31:22	42:34	12:10	23
5	Natasha Wilcox	Tri MB	58:29	9:58	37:43	47:40	10:49	16

Female 30-39 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Joanne Schiewe	Tribalistic	45:15	8:58	26:42	35:40	9:36	50
2	Agnieszka Gigiel	Tribalistic	45:51	8:37	27:31	36:07	9:44	40
3	Jenny Hall	Tribalistic	47:07	9:23	27:33	36:56	10:12	31
4	Larissa Dueck	Tri MB	52:03	9:30	31:05	40:35	11:28	23
5	Evelyn Yeung	Tri MB	54:35	11:42	31:30	43:11	11:24	16
6	Anne Turner	Tri MB	57:03	11:02	34:42	45:43	11:20	
7	Bonny Normand	Tri MB	57:08	10:15	35:43	45:57	11:11	
8	Amber Wsiaki	Tri MB	57:33	11:21	35:16	46:37	10:57	

Female 40-49 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Christa Rusk	Tri MB	40:20	8:17	23:40	31:57	8:24	50
2	Cherrie Fournier	Tribalistic	41:41	7:46	25:53	33:39	8:02	40
3	Marie-Claude McDonald	Tri MB	49:00	9:25	29:47	39:12	9:48	31
4	Joanne Sanders	Tri MB	49:19	9:39	29:55	39:34	9:46	23
5	Tima Faria	Tri MB	49:23	10:38	29:45	40:23	9:01	16
6	Janelle McLeod	Tri MB	52:18	9:52	32:46	42:38	9:41	
7	Cathy Corturiendt	Tri MB	52:58	11:13	30:01	41:13	11:45	
8	Kristen Verin-Treusch	Tri MB	56:37	11:44	31:43	43:27	13:11	
9	Ayn Wilcox	WTC	58:29	9:58	37:45	47:43	10:47	
10	Sara Goulet	Tri MB	58:47	11:34	35:35	47:09	11:39	

Female 50-59 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Heather Ayres	Tri MB	48:07	9:52	28:58	38:49	9:18	50
2	Lesley Ball	TriFactor	48:13	9:54	28:12	38:06	10:08	40
3	Debbie Bennett	Tri MB	49:23	9:17	31:02	40:19	9:05	31
4	Debbie Barnes	T3	51:41	11:31	28:32	40:02	11:40	23
5	Penny Cabernel	Tri MB	54:53	11:13	33:08	44:20	10:33	16
6	Tracie McDonald	Tribalistic	1:00:01	12:06	35:13	47:19	12:43	
7	Patricia Golembioski	Tri MB	1:03:59	12:38	38:36	51:13	12:46	
8	Edwina Keats	Tri MB	1:04:00	10:21	42:51	53:11	10:49	
9	Cheryl Hill	Tri MB	1:04:00	10:21	42:51	53:11	10:50	
10	Shannon Kjeaar	Tri MB	1:09:16	12:40	43:53	56:32	12:45	

Female 60-69 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Nicole Mercier	Tri MB	52:07	11:07	30:07	41:14	10:53	50

Adult Long Duathlon – 4km Run + 24km Bike + 4km Run

Male 20-29 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Josh Guenther	Tri MB	1:08:20	13:29	41:20	54:48	13:32	50
2	Alex Mielke	WTC	1:09:21	14:20	39:20	53:40	15:41	40
3	Grant Warkentin	Tri MB	1:10:20	15:06	40:05	55:11	15:09	31
4	Trevor Pilgrim	T3	1:17:57	15:58	46:29	1:02:26	15:31	23

Male 30-39 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Les Friesen	Tri MB	1:03:15	12:52	37:27	50:19	12:56	50
2	Murray Carter	Tri MB	1:09:18	13:35	41:52	55:26	13:52	40
3	Lance Tremaine	Tri MB	1:12:15	14:46	41:14	56:00	16:16	31
4	Kevin Penner	Tri MB	1:17:46	14:46	47:34	1:02:20	15:26	23
5	Stephane Lacroix	WTC	1:18:00	15:02	46:57	1:01:58	16:03	16
6	Paul Simpson	Tri MB	1:23:14	18:24	44:32	1:02:56	20:19	
7	Mark James	Tri MB	1:28:06	17:27	51:48	1:09:15	18:52	

Male 40-49 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Craig Erb	T3	1:12:22	15:27	41:10	56:36	15:46	50
2	Justin Rempel	Tri MB	1:12:52	14:42	42:26	57:08	15:45	40
3	Craig Finlay	Tri MB	1:15:42	16:07	43:26	59:32	16:10	31
4	Brad Seigmiller	Tri MB	1:15:45	15:17	44:57	1:00:14	15:31	23
5	Quinn Dykstra	Tri MB	1:16:49	16:33	43:56	1:00:29	16:21	16
6	Stephane Regis	Tri MB	1:19:08	18:13	41:40	59:53	19:16	
7	Brian Thiessen	Tri MB	1:22:24	16:37	46:23	1:02:59	19:25	
8	Ryan McBride	Tri MB	1:28:34	18:46	49:12	1:07:57	20:37	

Male 50-59 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Carl Rohringer	Tri MB	1:17:30	17:34	42:00	59:34	17:57	50
2	Robert Smith	Tri MB	1:22:20	19:03	43:26	1:02:28	19:53	40
3	Randall Holm	Tri MB	1:29:19	19:03	49:11	1:08:14	21:05	31
4	Michael Tanasychuk		1:47:19	20:28	1:03:56	1:24:24	22:56	23

Male 60-69 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Sheldon Reynolds	Tri MB	1:17:16	15:56	44:24	1:00:19	16:58	50
2	Dennis Engel	Tri MB	1:23:01	18:30	45:11	1:03:41	19:21	40

Female 30-39 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Heather McDonell	Triple Threat	1:19:27	16:29	46:27	1:02:56	16:31	50
2	Ruth-Anne Penner	Triple Threat	1:27:21	19:44	47:27	1:07:10	20:11	40

Female 40-49 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Angie Wittmann	Triple Threat	DNF	25:22	---	---	---	

Female 50-59 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Robyn Dicesare	WTC	1:28:44	18:48	50:37	1:09:24	19:20	50
2	Sandi Goertzen	Triple Threat	1:47:53	24:15	57:59	1:22:13	25:40	40

KOS Short Duathlon – 200m Run + 2km Bike + 400m Run

Male 6-9 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Darius Schriemer	WTC	9:44	0:34	6:09	6:42	3:03	50
2	Tyson Murdock	Tri MB	9:52	0:32	6:23	6:54	2:58	40
3	Nolan Kozakowski	Tri MB	10:11	0:44	7:14	7:57	2:15	31
4	Kristian Finlay	Tri MB	10:18	0:40	6:46	7:26	2:52	23
5	Landon Kroeker	Tri MB	10:56	0:36	7:39	8:14	2:42	16

Male 10-11 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Morgan Waddell	Tri MB	8:05	0:28	5:39	6:07	1:59	50
2	Damian Schriemer	WTC	8:46	0:31	5:56	6:27	2:19	40
3	Zachary Regis	Tri MB	9:04	0:39	6:03	6:42	2:22	31
4	Max Vanheyst	Tri MB	9:06	0:40	6:06	6:45	2:21	23
5	Jonathon Kroeker	Tri MB	9:30	0:34	6:09	6:43	2:47	16
6	Carter Osiowy	Tri MB	9:58	0:46	6:28	7:14	2:45	
7	Caleb Moore	Tri MB	11:09	0:43	7:35	8:18	2:52	
8	Liam Seigmiller	Tri MB	12:23	0:42	8:27	9:09	3:15	

Female 6-9 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Avery Anderson	Tri MB	10:14	0:41	6:34	7:15	2:59	50
2	Brooke Vachon	Tri MB	11:01	0:37	7:18	7:55	3:06	40
3	Charlie Rinn	Tri MB	11:17	0:36	7:31	8:06	3:12	31
4	Cecilia Quintas	Tri MB	11:51	0:37	8:24	9:01	2:50	23
5	Aubrey Boughen	Tri MB	11:57	0:43	8:23	9:05	2:52	16
6	Ella Howard	Tri MB	12:07	0:36	8:35	9:10	2:57	
7	Emily Dropko	Tri MB	12:43	0:42	9:08	9:49	2:54	
8	Grace Takeuchi	Tri MB	12:47	0:45	9:21	10:06	2:42	
9	Belicia Acuna	Tri MB	12:49	0:40	9:28	10:08	2:42	

Female 10-11 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Kylie Cocks-Loder	Tri MB	8:47	0:38	5:38	6:15	2:33	50
2	Maggie Malkoske	Tri MB	9:19	0:32	6:15	6:47	2:33	40
3	Morgan St. Laurent	Tri MB	9:50	0:34	6:52	7:25	2:25	31
4	Sydney Edbom	Tri MB	9:57	0:35	6:55	7:30	2:27	23
5	Ali Pangman	Tri MB	10:10	0:40	7:02	7:41	2:30	16
6	Rylee Kardal	Tri MB	10:19	0:40	7:11	7:50	2:29	
7	Carley Catellier	Tri MB	10:28	0:36	7:05	7:41	2:48	
8	Isabel Cwiak	Tri MB	10:46	0:38	7:01	7:38	3:08	
9	Molly Baldwin	Tri MB	10:46	0:44	7:15	7:58	2:48	
10	Alexis Gauthier	Tri MB	11:07	0:38	7:18	7:56	3:11	
11	Hailey Schellenberg	Tri MB	11:13	0:45	7:31	8:16	2:58	
12	Taylor Moore	Tri MB	11:30	0:36	7:38	8:13	3:17	
13	Lauren Ginter	Tri MB	11:41	0:40	7:50	8:29	3:13	
14	Mia Tosh	Tri MB	DNF	0:38	7:39	8:17	---	

KOS Long Duathlon – 400m Run + 13km Bike + 2km Run

Male 12-13 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Benjamin Szwajcer	MTC	38:20	1:28	29:11	30:39	7:42	50
2	Kaiden Kendel	Tri MB	43:13	1:43	31:29	33:12	10:01	40
3	Hunter Schriemer	WTC	47:55	1:50	34:33	36:22	11:34	31
4	Ty Paulet	Tri MB	49:19	1:56	36:04	38:00	11:20	23
5	Malcolm Seigmiller	Tri MB	51:57	2:01	34:34	36:34	15:24	16

Male 14-15 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Carson Cortvriendt	MTC	32:11	1:23	24:00	25:22	6:50	50
2	Unai Apaiz Zenon	Tri MB	32:12	1:24	24:03	25:27	6:46	40
3	Jack Healey	Tri MB	34:39	1:26	25:35	27:00	7:39	31
4	Samuel Blaquiere	Tri MB	42:54	1:45	31:53	33:37	9:17	23
5	Aidan Penner	Tri MB	43:28	1:40	33:21	35:01	8:28	16
6	Brayden Debruyn	Tri MB	44:04	1:44	31:43	33:27	10:38	
7	Dominyck Fredette	Tri MB	44:56	1:17	33:13	34:29	10:28	

Female 12-13 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Natalie Fournier	Tribalistic	40:29	1:38	29:58	31:35	8:54	50
2	Heidi Zechel	Tri MB	40:43	1:38	30:01	31:39	9:05	40
3	Emma Malkoske	Tri MB	41:19	1:40	29:20	30:59	10:21	31
4	Emma Zentner	Tri MB	49:29	1:46	36:08	37:54	11:36	23

Female 14-15 Category Results

Place	Name	Club	Time	Run1	Bike	Run+Bike	Run2	Points
1	Caitlyn Roy	Tri MB	32:11	1:28	23:33	25:01	7:11	50
2	Zoe Penno	Tri MB	36:48	1:28	26:53	28:21	8:27	40
3	Annika Niblock	MTC	37:07	1:36	27:32	29:08	8:00	31
4	Sari Halldorson Haines	Tri MB	37:48	1:36	27:30	29:05	8:43	23
5	Megan Vanheyst	MTC	38:23	1:36	27:47	29:23	9:01	16
6	Tristen Ryz	MTC	38:38	1:35	27:11	28:46	9:52	

Results:

- Race results by Steve from Results Canada
- If you see a problem with these results, please contact our Race Director, John Gray at du.in.the.park@gmail.com
- Please see BirdsHillDuathlon.com for information about the series and series' points totals

Thanks to:

- **Race Organizers:** John Gray (Race Director) & Winnipeg Triathlon Club
- **Sponsors:** Woodcock Cycle Works, Stride Ahead Sports, Alan Reiss Re/Max, Vic's Market, 99.1 Fresh Radio, Jem Insurance
- **Officials:** Deb Hnatiw (Head Referee), Tara Gill, Tara Gill, Dina Drabyk, Bonnie McKissock
- Triathlon Manitoba
- Canadian Motorcycle Cruisers
- Red River Ski Patrol
- Aid station volunteers and other volunteers
- **Official Race Truck:** Murray Chevrolet

