

Ending with a blast



Osu

I've just returned from the Australian Nationals with our most successful medal haul EVER! I'm also excited about the upcoming All Grades Camp & Shinza in October, what a way to finish the year! Also please help, see next page. Osu Shihan Takiwa

Kiwis bring home the Aussie titles!!

I'm very glad & proud to say that NZ cleaned up at the Australian Nationals on Sunday 7th September in Brisbane. The trophies were spread throughout the North Island with most entering taking away something, and the ones that didn't win a trophy came away with a wealth of knowledge & experience from competing.



From left: Lyndon Pehi, Josh Struthers, Rachelle Forbes, Shingo Tamura, Lanawaz Abdullah, Reena Prasad, Shihan Takiwa, Jesse Pearson, Lucas McKinnon, Tom Wilson, Amy Gabb

Winners

- Seth Tuhega Vic/ex-West Akld 1st Place Heavy Weight Boys 14-15yrs
- Rachelle Forbes West Auckland 2nd Place Senior Open Kata
- Reena Prasad North Harbour 1st Place Middle Weight Women
- Amy Gabb North Harbour 1st Place Heavy Weight Women
- Donna Higgins Poneke 2nd Place Heavy Weight Women
- Jesse Pearson Napier 1st Place Light Weight Men
- Lanawaz Abdullah West Auckland 3rd Place Light Weight Men
- Tom Wilson Poneke 2nd Place Middle Weight Men
- Shingo Tamura West Auckland 1st Place Heavy Weight Men
- Lyndon Pehi Brsbn/ex-Nth Hbr 2nd Place Heavy Weight Men
- Josh Struthers Poneke 3rd Place Heavy Weight Men
- Lucas McKinnon Rahui Pokeka 1st Place Super Heavy Weight Men
- Tim Cahill Poneke 3rd Place Super Heavy Weight Men

• Overall Champions

- Amy Gabb North Harbour 1st Place Heavy Weight Women
- Lucas McKinnon Rahui Pokeka 1st Place Heavy Weight Men

Well done everyone, you all competed with true budo spirit. OSU!



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NORTH HARBOUR KYOKUSHIN KARATE CLUB
HARBOUR HITS

NORTH HARBOUR KYOKUSHIN KARATE CLUB



Parent HELPERS Needed...

Calling all willing and able helpers!

Our dojo is **hosting** the **All Grades Camp & Dan Shinza** (as we have 4 attempting the black belt grading). Sempai Paul going for 3rd Dan, Sempai Reena going for 2nd Dan, Terry & Vaughan attempting 1st Dan. This is a HUGE step for these students (and OUR dojo) so please give us a hand to make this a memorable occasion for everyone that participates (there's also 22 others from around New Zealand attempting 1st Dan and above). We have a special guest instructor Artur Hovhannisyan (see below) coming out from Japan to oversea the grading and to run sessions throughout the weekend, this is a major coup for New Zealand Kyokushin and our dojo!

Most of the weekend will be taken care of with caterers but we want to hold a bbq on the Friday night so our kids can attend a session with Sensei Artur. This will run from 5.30-7pm on Friday 24th October followed by a bbq – that's what we mainly need you for! We'd also appreciate help with morning and afternoon teas but our main priority is the bbq (as Sensei Diane plans on buying bulk fruit, muffins & muesli bars for the snacks).

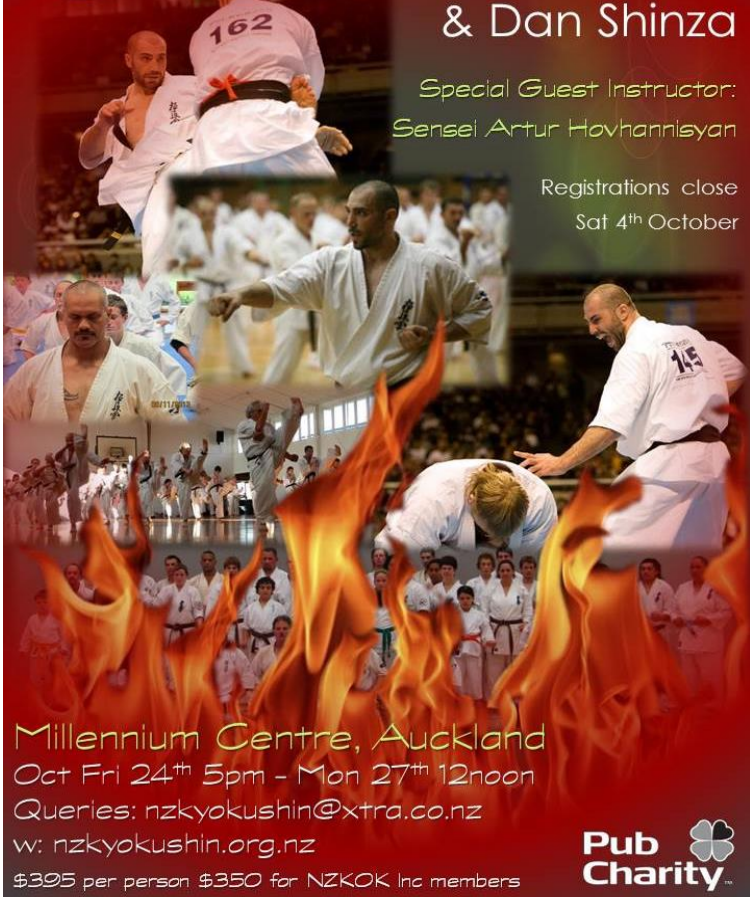
Cost for Friday is \$10 per child and \$20 per adult, this will include training and then the bbq/sausage sizzle with salads, bread and drinks. A link has been emailed out, please fill this in and pay fees to the NZ Branch (not the club acc). Also let us know if you DIDN'T receive the link and we'll make sure we've got your correct email. **HELPERS** - PLEASE let Sensei Diane or Shihan know if you are available. OSU

A little about Sensei Artur Hovhannisyan:

Hovhannisyan began competing in Swimming and Boxing at age of eight before beginning Kyokushin at fifteen. He won both the Moscow and the Armenian championships in 1995, the Russian championship in 1996, the British National Open Tournament in 1997, and the European Championship in 2005. He has been vice-president of Kyokushinkai Federation of Armenia since 1999. In 2005, he moved to the International Karate Organization (IKO1) headquarters in Tokyo, Japan.

In 2008, Russian TV channel made a film about Hovhannisyan, entitled "Highlander".

In 2009, he completed a 100-man kumite under the supervision of Shokei Matsui



All Grades National Camp & Dan Shinza

Special Guest Instructor:
Sensei Artur Hovhannisyan

Registrations close
Sat 4th October

Millennium Centre, Auckland
Oct Fri 24th 5pm - Mon 27th 12noon
Queries: nzkyokushin@extra.co.nz
w: nzkyokushin.org.nz
\$395 per person \$350 for NZKOK Inc members



NORTHERN ZONE TOURNAMENT: Papakura, Sat 15th Nov 2014



The entry forms are OUT! It's time to commit and fill in your form for the Northern Zone tournament. We STILL want ALL our students to have a go and enter in either kata or in the kumite (sparring) or BOTH, be fearless! Participation is half the battle ☺



DROP OFF ONLY

NO Parking outside the dojo **PLEASE**. To our new parents, this has been an issue in the past, and other tenants have complained, so please refrain from parking outside **before 5.30pm**. Thanks for making other arrangements. ☺



End of year GRADINGS...

Permission slips will be handed out to the students who are able to grade. Grading fees must be paid BEFORE the grading dates. You must be at the dojo at least 15mins prior to the grading time ready to start, if you are LATE you WILL NOT be permitted to take part. For our ABC Junior beginners your first grading fee is \$110 subsequent gradings are \$45.



YOU WILL NEED:

- Dogi & obi (karate suit)
- Shin pads & gloves
- Running shoes (and socks)
- Drink bottle (of water – you do not need powerade or other drinks full of sugar esp. fizzy drinks!)

All Juniors up to 4th kyu

DATE: Sat 29th November
 Start Time: 9.15am
 Be at the dojo at 9am
 Grading fee: \$110 (1st grading)
 \$45 (up to 2nd kyu)

Adults 8–1st Juniors 3–1st kyu

DATE: Sat 20th December
 Start Time: 9.15am
 Be at the dojo at 9am
 Adults: \$65
 Juniors: \$45
 ALL: 2nd kyu \$85 & 1st kyu \$95

CONGRATULATIONS TO:

Everyone who graded on the 16th & 28th August great effort by you all, keep up the good work!

- | | | | |
|-----------------|---------------------|-----------------------|----------------------|
| Julia Mackenzie | 3 rd kyu | Manaaki Aratema | 9 th kyu |
| Nixon Quan | 3 rd Kyu | Damian Aratema | 9 th kyu |
| Lex Hostler | 4 th Kyu | Leonie Leonard-Rogers | 9 th Kyu |
| Aaron Bhuju | 4 th kyu | Patience Pereira-Sale | 9 th kyu |
| Ashton Grant | 4 th kyu | Rico Pereira-Sale | 9 th kyu |
| James Graham | 6 th kyu | Billie Morrison | 10 th kyu |
| Ethan Wijaya | 6 th kyu | Joey Siu | 10 th kyu |



Club has a Variety of Gear for sale

There are still plenty of secondhand dogi available to purchase, also don't forget there are always new ones available too. If you would like the Japanese Ichigeki Dogi Shihan can order these from Japan for NZ\$200



Still available. If you still don't have a club t-shirt get one now as there are limited sizes and it'll be a while before we put in another order.
Adult \$30 Child \$25

2014 Calendar

Oct	24-27	Black Belt Shinsa and ALL Student Camp - Auckland	National
Nov	15	Northern Zone Tournament - Papakura	Regional
	29	Junior Grading	Nth Hbr
Dec	14	Junior end of year break up @ Osbourne Pools - Birkenhead	Nth Hbr
	20	Senior end of year grading, break up & dojo close for Christmas	Nth Hbr
Jan	12	Dojo re-opens	Nth Hbr
	26	Junior classes start – Term 1	Nth Hbr
Apr	2	Junior classes finish – Term 1	Nth Hbr



Above: All the Kiwis out the back getting ready before the battle begins



Above: Great kick Seth, see heavy weights can get their leg up!; Deep concentration by Rachelle mid kata; Amy and Donna battling it out in one of their 3 rounds; Reena having a little dance with her opponent, before winning by decision in the first round; Lucas & Shihan showing off Lucas' trophies! Below: Kiwis post tournament with the spoils





Snapshots of other club events...



Left: "No Nothing Ninjas" at the Kauri Park Primary Quiz night, okay we couldn't even spell our name, how do you expect us to win! Overall we did pretty well, I think mainly down to Sempai Steve, Sempai Paul, wife Michelle & Blayne! The rest of us were there for the food & drinks ☺



Above: Kiwis let loose in Brisbane, not sure why but the awesome building behind us was all lit up pink!

Below: Fight class is starting to fill up, I think everyone is starting to appreciate Shihan being back full time ☺



Above: The lucky ones that got to train with Sensei Kohara and below, some individual photo time



Left: A quick visit by Sempai Lyndon Pehi whilst he was back in NZ for a couple of days