

SWEDISH ATHLETICS TEAM

**MEDIA
GUIDE**



**2017
EUROPEAN INDOOR
CHAMPIONSHIPS**

BEOGRAD, SRB



SWEDISH ATHLETICS

Swedish Team Officials



Team Manager
Karin Torneklint

Team Coaches

Torbjörn Eriksson	Johan Wettergren	Ulf Friberg	Jan Samuelsson
Vésteinn Hafsteinsson	Gustaf Hultgren	Stefan Holm	

Media

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SULAYMAN BAH

Pronunciation Su-lay-munn BAH
Born 21 January 1986 (Latrikunda, GAM)
Residence Västra Frölunda
Occupation Warehouse employee
Height/Weight 173 cm / 68 kg
Club Ullevi FK ('12-)
Coach Anders Palmqvist
Event 60m
Personal best 6.70i Göteborg 4.2.2017



Progression	100m	200m	60m
	2008	22.78	7.13i
	2009	11.12	21.8m
	2010	11.13	22.26
	2011	-	7.16i
	2012	10.60	21.65
	2013	10.48	6.85i
	2014	10.48	21.62
	2015	10.48	6.73i
	2016	10.22/10.19w	-
	2017	10.50/10.39w	6.84i
			21.05w
			6.71i
			6.74i
			6.70i

Major competitions -

Internat matches Outdoors: 1
Indoors: 1

National titles -

PB other events 100m 10.22 Skara 6.62015
w 10.19 Skara 29.8.2015
200m 21.62 Mölndal 3.8.2013
w 21.05 Göteborg 5.7.2015
LJ 7.19 Wigan, GBR 25.7.2009

Notes Only some school athletics as a youth in Gambia ... In '06 moved to Manchester in Great Britain ... There competed on club level for Bury AC ... Moved on to Göteborg in Sweden in '11 ... Then encouraged by Swedish wife-to-be to pursue sprinting more seriously ... Immediately in '12 established himself as a national class sprinter ... Became a Swedish citizen in March '15 ... Major breakthrough that summer running 10.22 to move into 3rd place on Swedish all-time list.

MERAF BAHTA Ogbagaber

Pronunciation	Meh-RUFF BAH-tah		
Born	24 June 1989 (Dekishahay, ERI)		
Residence	Kode (Kungälv)		
Occupation	Student		
Height/Weight	176 cm / 50 kg		
Club	Hälle IF		
Coach	Ulf Friberg		
Event	1500m & 3000m		
Personal bests	4:01.34	Zürich, SUI	28.8.2014
	4:06.40i	Toruń, POL	10.2.2017
	8:43.08	Doha, QAT	6.5.2016 **NR**
	8:43.00i	Birmingham, GBR	18.2.2017 **NIR**



Progression		5000m	1500m	3000m	800m
	2007	15:56.30			
	2008		4:12.52		2:07.19
	2009	-	4:28.93	9:44.68	2:17.64
	2010	16:28.77	4:22.86	9:39.85	2:10.35
	2011	16:29.08	4:19.82	9:18.46	2:15.47
	2012	-	4:14.09	9:28.08/9:24.52i	-
	2013	-	4:05.11	8:58.55	2:10.01
	2014	14:59.49	4:01.34	8:57.06	-
	2015	15:46.97	4:06.42i	9:10.3m+	
	2016	14:49.95	4:02.62	8:43.08	
	2017	-	4:06.40i	8:43.00i	

Major competitions	2005	World Junior XC Ch	32
	2006	World Junior XC Ch	12
		World Junior Ch	5 (1500m)
	2007	World Junior XC Ch	6
	2008	World XC Ch	43
	2014	European Team Ch/Super L	1 (5000m)
		Continental Cup	2 (3000m)
		European XC Ch	3 (7,8km)
	2016	European Ch	2 (5000m)
		Olympic G	6 (1500m)

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Internat. matches	Outdoors: 4			
	Indoors: 2			
National titles:	Outdoors (5000m):	'11		
	(4 km XC):	'13, '14		
	(8 km XC):	'13, '14		
	Indoors (1500m):	'12		
	(3000m):	'12, '14		
PB other events	800m	2:07.19	Bilbao, ESP	21.6.2008
	1000m	2:48.95	Lerum	9.8.2009
	1 mile	4:25.26	Oslo, NOR	9.6.2016
	5000m	14:49.95	Rabat, MAR	22.5.2016 **NR**
	10000m	33:11.45	Tampere, FIN	3.9.2016
	10 km road	31:26	Casablanca, MAR	6.3.2016

Notes In her teens competed internationally for Eritrea ... Came to Sweden as refugee in early '09, received Swedish citizenship 23 Dec '13 and was cleared by IAAF to represent Sweden from 14 Jan '14 Made the 1500m entry standard for '13 WCh but could thus not be entered into that meet ... Lowered 18 years old NR at 5000m by seven seconds in early May '14 ... Diamond League debut at 1500m in early July '14 in Glasgow ended with 6th place ... Fought off *Sifan Hassan's* persistent challenges on the homestretch to take the 5000m-gold at the '14 Europeans ... Impressive 3000m-race at '14 Continental Cup in Marrakech finishing 2nd behind only *Genzebe Dibaba* after a 2:01 last 800m ... Injured ankle just after the start at '14 European XC but still finished the race even taking bronze ... However, that injury made her miss '15 almost completely (only two races) ... Fully recovered in '16 as proven by surpassing the NR's at both 3000m (by 5.84 s) and 5000m (by 9.54 s) already in May ... Demonstrated competitiveness at middle distances in '16 Diamond League: 3rd at 1 mile in Oslo, 2nd at 1500m in Stockholm and 3rd at 1500m in London ... Trademark ability is winning the really close finish battles ... Typical examples from '16 summer: In her first three 1500m/1 mile DL races the margin to the next runner was 0.08, 0.00 and 0.04 respectively and in ECh won silver by 0.16 and in OG got 6th by 0.29 ... Finished off her '16 by running a 4:03 at the DL final on Thursday before winning 10000m on Saturday and 5000m on Sunday in convincing fashion at the prestigious match vs Finland ... This winter took 3rd in Toruń 1500m by 0.19 and 4th in Birmingham 3000m by 0.02 finishing 1st and 2nd respectively among Europeans ... In Birmingham cut over 7 s from the 21 years old NIR.



GLADYS Marie Therese BAMANE

Pronunciation	GLAD-yss Bah-MAH-neh
Born	20 September 1989 (Stockholm)
Residence	Hägersten (Stockholm)
Occupation	Student (pre-school teacher)
Height/Weight	159 cm / 59 kg
Club	Spårvägens FK
Coach	Lech Nikitin
Event	60m
Personal best	7.42i Växjö 25.2.2017



Progression	60m	100m	200m	200m i
2001	9.31	-		
2002		-	28.56/28.03w	
2003	8.27i	13.02/12.86w	27.92	
2004	8.01i	12.86	26.96	26.52i
2005	7.94i	12.47	25.81	
2006	7.82i	12.39	25.25	25.08i
2007	8.00i	12.53/12.39w	25.67	26.36i
2008	7.90i	12.41	25.86/25.35w	25.66i
2009	7.93i	12.45	25.87	25.85i
2010	7.84i	12.14	24.58	25.80i
2011	7.71i	12.08/12.05w	24.84	25.11i
2012	7.72i	12.44/12.33w	25.00	24.84i
2013	7.82i	12.46	25.02/24.90w	25.45i
2014	7.76i	12.02/11.99w	24.31	24.91i
2015	7.60i	11.75	24.10	24.46i
2016	7.61i	11.65/11.63w	24.13	24.56i
2017	7.42i			23.52i

Major competitions -

Internat. matches Outdoors: 2
Indoors: 1

National titles Outdoors (200m): '16
Indoors (200m): '17

PB other events 100m 11.65
w 11.63
200m 24.10
i 23.52 Växjö 26.2.2017
300m 44.0m Stockholm 10.5.2003

Athletics in family Brother *Aristide* (b '82): 100m/200m 11.18/22.67 '03/'00 ... Brother *Björn* (b'93): LJ 6.84/6.94i '16, TJ 13.60 '13.

Notes Started athletics at age 12 and got 2nd in the 200m at NICH at age 17 in '06 ... However, first appearance on national team in '15, first senior title in '16 and now in '17 first international championship ... This year found a completely new level going below old 60m PB 7.60 in all her races (five finals, four heats) ... Nailed the EA entry standard for Belgrade with 7.42 at NICH last Saturday... But the real shocker was her 23.52 in the 200m next day taking over half a second off her overall PB ... Has at 60m met other Swedish representative *Elin Östlund* four times this winter and they never finished more than 0.02 apart.

ANGELICA Therese BENGSSON

Pronunciation	Ahnn-YEH-lick-ah BENG-kt-sonn		
Born	8 July 1993 (Väckelsång)		
Residence	Boaryd		
Occupation	Student		
Height/Weight	164 cm / 51 kg		
Club	IFK Växjö (-'09), Hässelby SK ('10-)		
Coach	Glenn Bengtsson		
Event	Pole Vault		
Personal bests	4.70	Beijing, CHN	26.8.2015 **NR**
	4.70i	Praha, CZE	8.3.2015 **NIR**
2017best	4.60i	Växjö	25.2.2017



Progression	2004	2.65		
	2005	3.10		
	2006	3.40		
	2007	3.90		
	2008	4.12		
	2009	4.37		
	2010	4.47		
	2011	4.57	4.63i	
	2012	4.58		
	2013	4.55		
	2014	4.50	4.62i	
	2015	4.70	4.70i	
	2016	4.65	4.66i	
	2017		4.60i	
	Major competitions	2009	World Youth Ch	1
		2010	World Junior Ch	1
			Youth Olympic Games	1
2011		European Indoor Ch	qual	
		European Junior Ch	1	
2012		European Ch	10	
		World Junior Ch	1	
		Olympic G	qual	
2013		European Indoor Ch	qual	
		European U23 Ch	3	
		World Ch	qual	
2014		European Ch	5	
2015		European Indoor Ch	3	
		European Team Ch/Super L	3	
		European U23 Ch	1	
		World Ch	=4	
2016		European Ch	3	
	Olympic G	qual		

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Internat. matches	Outdoors: 6			
National titles	Outdoors: '12, '14, '16			
	Indoors: '10, '13, '14, '15, '17			
PB other events	60m	8.54	Honolulu, HI	20.2.2010
		i 8.19	Aubière, FRA	7.12.2013
	LJ	5.66	Högby	17.7.2016
	JT	34.67	Lens, FRA	18.5.2014

Athletics in family Father *Glenn* (b '58): JT: 67.08 '82 (old implement) ... Sister *Maria* (b '88): SP/DT/HT: 13.59 '08/43.95 '07/45.48 '06 ... Sister *Victoria* (b '90): PV: 4.00 '09 ... Sister *Patricia* (b '91): PV: 2.50i/2.40 '06 ... Sister *Gabriella* (b '99): PV: 3.40 '15

Notes Perfect record of international youth/junior titles in '09-'12: Five out of five! ... In '15 added the European U23 gold for a complete "grand slam" of age group triumphs ... Also until '15 held all records/best marks for both youth and juniors ... World Youth Best of 4.47 in May '10, then just 1 cm off WJR ... Four improvements of WJR in three days in February '11: 4.52 in Sättra 20 Feb and 4.53, 4.58 and 4.63 in Stockholm 22 Feb ... That 4.63 stood as the WJR until 19 Dec '15 ... In '12 retroactively became the inaugural WJR holder with those 4.63 ... Received the IAAF Rising Star award at the '10 World Athletics Gala ... At Swedish Sports Awards Gala in January '11 received the "Newcomer of the Year"-award (all sports considered) for '10 ... European Athletics Rising Star award for '12 ... In late '12 moved to France, first to Clermont-Ferrand and then in '14 to Paris ... Opened her '15 with NIR 4.68 despite not even using spikes ... Found new level of consistency in winter of '15 with all six meets at 4.60+ ... Added three more during summer '15 despite missing much spring training due to severely sprained ankle. ... Proved her exceptional championship ability in '15 with NIR when taking bronze at European Indoors and NR when finishing 4th at Worlds ... Cut indoor season '16 short to take care of persistent injuries to hand and hamstring ... Moved back to Sweden in spring of '16 ... Competed sparingly in summer '16 to give some persistent injury niggles time to heal ... Still 3rd in '16 Europeans after just one previous competition and very narrowly missed final in '16 Olympics ... Only previous PV competition this winter NICH triumph at 4.60 (then attempted 4.72)..



KALLE Anders BERGLUND

Pronunciation	CULL-eh BAIRJ-luhnd		
Born	11 March 1996 (Karlskrona)		
Residence	Sundbyberg		
Occupation	Athlete		
Height/Weight	179 cm / 62 kg		
Club	UF Contact (-'13), Spårvägens FK ('14-)		
Coach	Jan Bengtsson		
Event	1500m		
Personal bests	3:41.00	Palo Alto, CA	1.5.2016
	3:37.69i	Birmingham, GBR	18.2.2016



Progression	800m	1500m	400m
	2010	2:10.57	- 61.78
	2011	2:09.33	4:31.62 -
	2012	1:58.39	4:23.85i 50.26
	2013	1:53.34	4:04.15 49.72
	2014	1:47.31	3:50.22 49.11
	2015	1:46.85	3:41.92 48.20
	2016	1:47.16	3:41.00 -
	2017	1:47.62i	3:37.69i

Major competitions	2014	World Junior Ch	7	(800m)
	2015	European Team Ch/Super L	6	(800m)
		European Junior Ch	4	(800m)
		European Junior XC Ch	45	(5.9km)
	2016	European Ch	heat	(800m)
		European U23 XC Ch	20	(8.0km)

Internat. matches Outdoors: 2
 Indoors: 1

National titles: Outdoors (1500m): '15

PB other events	60m	i 7.58	Växjö	20.12.2012
	100m	w 11.58	Olofström	3.6.2012
	200m	w? 23.34	Karlshamn	24.6.2013
	400m	48.20	Leppävaara, FIN	29.8.2015
	800m	1:46.85	Cheboksary, RUS	21.6.2015
	1000m	2:20.63	Göteborg	5.9.2015 **NJR**

Notes Former icehockey player who took up running just for conditioning purposes ... At age 17 switched priority to running ... Major breakthrough at 18 lowering 800m PB by a total of 6 seconds and reaching the '15 World Juniors final ... In '15 set NJR's at both 1000m and 1500m (3:41.92) ... Thrives on the head-to-head competitive aspect of running ... In '16 had his top-3 800m races crammed between 1:47.16 and 1:47.20 - and his top-6 within 0.84 ... In'17 switched priority to 1500m ... Three races this winter, two comfortable wins at 3:40/3:41 and then 4th (top European) at Birmingham WIT in 3:37.69 ... That constituted an overall PB of over 3 seconds and lowered the NIR – set one month before his birth (in 1996)! – by over 2 seconds.

Bengt ALEXANDER BRORSSON

Pronunciation Ah-leck-SUNN-dehrr BROO-shonn
Born 29 May 1990 (Ulricehamn)
Residence Växjö
Occupation Student (marketing) / Self-employed
Height/Weight 180 cm / 70 kg
Club Ulricehamns FK ('10), IFK Växjö ('11-'14),
 Athleticum Växjö SK ('14-'16), Athletics 24Se-
 ven SK ('16-)
Coach Uwe Hakus & Tobias Ohlsson
Event 60m Hurdles
Personal best 7.72i Växjö 26.2.2017



Progression	110mH	60mH	100m	200m	60m
2005			12.02		
2006			11.43/11.24w	23.15	7.53i
2007			11.19		
2008			11.05/10.99w		7.03i
2009		8.07i			
2010		8.22i			
2011	14.08		10.67/10.64w	22.08/21.89w	7.00i
2012	13.98/13.81w	7.82i	10.37	21.29/20.97w	6.82i
2013	14.07/13.97w	7.73i	10.30		6.73i
2014	13.86	7.92i	10.63	21.06/20.83w	6.82i
2015	13.91	-	11.14/10.32w	21.10	-
2016	14.21	7.75i	-	21.59i	6.93i
2017		7.72i			

Major competitions	Year	Competition	Result
	2013	European Indoor Ch	heat (60mH)
	2014	European Team Ch/Super L	7 (200m)
		European Ch	heat (110mH)
			heat (4x100m)
	2015	European Team Ch/Super L	11 (110mH)
			Universiade

Internat. matches Outdoors: 8
 Indoors: 3

National titles Outdoors (110mH): '12, '14, '15, '16
 Indoors (60mH): '12, '17

PB other events	Event	Time	Location	Date
60m	i	6.73	Örebro	13.1.2013
			Skara	6.6.2013
			Sollentuna	26.6.2014
200m		21.06	Donnas, ITA	13.7.2014
	w	20.83	Umeå	2.8.2014
110mH		13.86	Uppsala	28.7.2012
	w	13.81		

Notes Missed most of '16 due to a groin injury ... Lowered four years old PB at NCh last Sunday when running 7.72 ... Self-employed after last year – together with two other former athletes – starting the company Boos-terway which will provide e-services in the field of exercise and training.

Website <http://www.alexanderbrorsson.com/>

FABIAN Anders DELRYD

Pronunciation	FAH-be-unn DEHL-reed		
Born	15 October 1996 (Göteborg)		
Residence	Täby		
Occupation	Student (economy)		
Height/Weight	205 cm / 87 kg		
Club	Täby IS		
US university	Wake Forest University (Winston-Salem, NC) '16		
Coach	Vladimir Petrovic		
Event	High Jump		
Personal bests	2.17	Täby	20.9.2015
	2.25i	Tampere, FIN	11.2.2017



Progression	2005	1.17		
	2006	1.37		
	2007	1.45		
	2008	1.50	1.52i	
	2009	1.65	1.70i	
	2010	1.74	1.77i	
	2011	1.96		
	2012	2.05		
	2013	2.08		
	2014	2.16		
	2015	2.17		
	2016	2.11		
	2017		2.25i	
Major competitions	2014	World Junior Ch		qual
Internat. matches	Outdoors: 1			
	Indoors: 1			
National titles	-			
PB other events	LJ	6.00	Täby	1.9.2013
		w? 6.15	Täby	20.9.2015

Notes Inspired by *Stefan Holm's* '04 Olympic gold to take up HJ and join a club ... Missed most of '16 due to a serious ankle injury ... Returned in full force this winter raising PB by 8 cm and showing consistency at 2.20+ heights ... First Swedish male high jumper to qualify for an international senior championship since '10 Europeans (i.e. in seven years).

STAFFAN Carl Artur EK

Pronunciation	STUFF-unn EHK		
Born	13 November 1991 (Burlöv)		
Residence	Linköping		
Occupation	Student (medicine)		
Height/Weight	181 cm / 64 kg		
Club	Björnstorps IF ('15-), Huddinge AIS ('15-)		
Coach/Advisor	Per Synnerman		
Event	3000m		
Personal bests	8:02.69	Karlstad	19.7.2012
	7:58.71i	Gent, BEL	11.2.2017



Progression		1500m	3000m	5000m
	2004	4:51.98		
	2005			
	2006			
	2007	4:13.82	9:21.42	
	2008	4:02.05	9:13.00	
	2009	3:54.66	8:50.35	
	2010	3:52.06	8:29.68	15:13.32
	2011	3:44.98	8:11.92	14:35.48
	2012	3:45.35	8:02.69	14:42.28
	2013	3:45.82	8:15.31	-
	2014	3:44.14	8:27.80/8:15.89i	14:24.27
	2015	3:39.68	8:16.17i	14:29.39
	2016	3:40.13	8:03.85	14:28.00
	2017	3:55.83i	7:58.71i	
Major competitions	2010	European Junior XC Ch		dnf (6.1km)
	2015	European Indoor Ch		heat (1500m)
		Universiade		3 (1500m)
Internat. matches	Outdoors: 4			
	Indoors: 4			
National titles:	Indoors (1500m): '17			
	(3000m): '15, '16			
PB other events	400m	53.22	Lund	6.9.2008
	800m	1:51.36	Göteborg	8.7.2012
	1000m	2:28.06	Halmstad	17.7.2010
	1500m	3:39.68	Gwangju, KOR	10.7.2015
	1 mile	4:09.98	Mölnådal	4.8.2012
	2000m	5:16.14	Huddinge	9.9.2011
	5000m	14:24.27	Helsinki, FIN	30.8.2014
	2000mSt	6:10.67	Västerås	12.9.2009
Notes	Has so far in career focused on 1500m ... Proved speed is still there with a 26.5 finish to win NICH 1500m title last Sunday by more than a full second.			

CHARLOTTA Emma Katarina FOUGBERG

Pronunciation	Sharr-LOTT-ah FOOG-bairj	
Born	19 June 1985 (Lerum)	
Residence	Göteborg	
Occupation	Process developer	
Height/Weight	165 cm / 51 kg	
Club	Göteborgs KIK (-'04), Ullevi FK ('07-)	
Coach	Johan Wettergren	
Event	3000m	
Personal bests	8:58.56 Oslo, NOR	22.5.2014
	9:01.33i Praha, CZE	6.3.2015
2017 best	9:01.82i Eaubonne, FRA	10.2.2017



Progression	3000mSt	3000m	3000m i	1500m	5000m	800m
1998						2:37.83
1999						2:22.6m
2000						2:23.7m
2001						2:29.45
2002						2:20.37
2003				5:04.41i		2:11.12
2004						2:21.62
2005	-- not competed at all --					
2006	-- not competed at all --					
2007	10:48.04	10:15.94		4:39.23		2:12.8m
2008	11:18.68	10:40.71		4:34.04/4:29.44i		2:11.67/2:10.12i
2009	10:59.69	9:51.81		4:24.44	17:47.36	2:10.42i
2010	10:23.23	9:57.30	9:57.21i	4:25.35	-	2:12.53
2011	10:09.05	9:24.86	-	4:19.32	16:52.39	2:08.56
2012	10:22.03	-	9:41.47i	-	-	-
2013	9:39.00	9:17.83	9:07.94i	4:13.75	16:04.21	2:19.18
2014	9:23.96	8:58.56	9:12.37i	4:11.89	16:13.14	
2015	9:46.06		9:01.33i	4:22.87i	15:59.33	
2016	9:30.11		9:06.78i	4:13.83	15:55.76	
2017			9:01.82i	4:14.19i		

Major competitions	Year	Competition	Result
	2011	European Team Ch/Super L	11 (3000m)
	2013	European Indoor Ch	heat (3000m)
		World Ch	heat (3000mSt)
		European XC Ch	33 (8 km)
	2014	European Team Ch/Super L	1 (3000mSt)
		European Ch	2 (3000mSt)
		Continental Cup	5 (3000mSt)
	2015	European Indoor Ch	11 (3000m)
		European Team Ch/Super L	7 (3000mSt)
		World Ch	heat (3000mSt)
	2016	Olympic G	heat (3000mSt)
		European XC Ch	14 (8km)

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Internat. matches	Outdoors: 13			
	Indoors: 5			
National titles:	Outdoors (5000m):	'13, '15		
	(3000mSt):	'10, '11, '12, '13, '15		
	(8 km XC):	'11, '16		
	Indoors (1500m):	'10, '13, '15, '17		
PB other events	200m	27.65	2002	
	400m	58.97	Göteborg	7.9.2000
		i 58.66	Malmö	25.1.2003
	800m	2:08.56	Stockholm	29.7.2011
	1000m	2:48.57	Lerum	9.8.2009
	1500m	4:11.89	Karlstad	16.7.2014
	5000m	15:55.76	Hamburg, GER	22.5.2016
	1500mSt	4:34.61	Halmstad	6.7.2013
	2000mSt	6:27.95	Sundsvall	1.7.2015
	3000mSt	9:23.96	Glasgow, GBR	12.7.2014
	300mH	46.24	Stockholm	16.9.2000
	Pen	i 2.762	Göteborg	9.3.2003

Notes An archetypal “late bloomer” ... After early career as a 400m/800m runner had a couple of years off before returning as a middle distance runner with the Steeplechase as main event ... First ever international championship appearance at age 28 ... In hunt for the 9:48 B-standard for '13 WCh in Moscow ran three races in just nine days in late July: 9:50 on the 19th and 9:51 on the 23rd before finally nailing it with 9:45 on the 27th ... Stepped up another level in '14 running three winning races – including the Euro Team Ch – in May/June at 9:34/9:35 ... When making DL debut in Glasgow in July took another ten seconds off the NR/PB by finishing 4th in 9:23.96 ... Narrowly lost the final sprint for the gold at '14 ECh ... Represented Europe at the '14 Continental Cup ... Ran 2nd fastest steeple of career when finishing 5th in Oslo DL in early June '16... Missed '16 ECh in July due to slight calf injury ... Returned to competition with a winning 4:13 for 1500m in early August ... Then missed '16 OG final by a mere 0.62 ... Last Sunday made 1500m at NICH “solo exhibition” leading from the gun to win by 14 seconds in indoor PB 4:14.19.



EMMA Anna-Maria GREEN

Pronunciation	EMM-ah GREH-n		
Born	8 December 1984 (Bergsjön, Göteborg)		
Residence	Göteborg		
Occupation	Athlete		
Height/Weight	180 cm / 62 kg		
Club	IF Rigor (-'98), Ullevi FK ('98-'02), Örgryte IS ('03-)		
Coach	Per Tedenrud		
Event	High Jump		
Personal bests	2.01	Barcelona, ESP	1.8.2010
	1.98i	Malmö	23.2.2008
2017 bests	1.89i	Ulvsunda	18.1.2017
	1.89i	Banská Bystrica, SVK	8.2.2017



Progression	HJ	100m	200m
1998	-	1.66i	-
1999	1.71	-	12.82
2000	1.73	1.75i	12.70/12.47w
2001	1.82	-	-
2002	1.82	-	-
2003	1.86	-	-
2004	1.90	-	12.11w
2005	1.97	-	11.66w
2006	1.92	1.96i	11.58
2007	1.95	-	-
2008	1.96	1.98i	-
2009	1.96	-	-
2010	2.01	-	-
2011	1.95	-	-
2012	1.93	1.95i	-
2013	1.97	-	-
2014	1.93	1.97i	-
2015	-	-	-
2016	1.90	-	-
2017	-	1.89i	-
Major competitions	2001	European Youth Olympics	1
	2002	World Junior Ch	9
	2003	European Junior Ch	3
	2005	European Indoor Ch	8
		European U23 Ch	2
		World Ch	3
	2006	World Indoor Ch	qual
		European Cup/Super L	5 (200m)
		European Ch	11
			5 (4x100m)

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Major competitions	2007	European Indoor Ch	qual
		World Ch	=7
		World Athletics Final	8
	2008	World Indoor Ch	qual
		Olympic G	*6
	2009	European Team Ch/Super L	5
		World Ch	=7
	2010	World Indoor Ch	=5
		European Ch	2
	2011	European Team Ch/Super L	1
		World Ch	11
	2012	World Indoor Ch	qual
		European Ch	=3
		Olympic G	8
2013	European Indoor Ch	3	
	World Ch	5	
2014	World Indoor Ch	5	
	European Ch	=9	

Internat. matches Outdoors: 20
 Indoors: 3

National titles Outdoors (HJ): '05, '07, '08, '09, '10, '11, '13, '14
 (LJ): '05
 Indoors (HJ): '01, '04, '05, '06, '07, '08, '10, '13, '14, '17

PB other events

60m	i 7.42	Göteborg	18.2.2006
100m	11.58	Doha, QAT	12.5.2006
200m	23.02	Málaga, ESP	29.6.2006
LJ	6.41	Helsingborg	21.8.2005
TJ	13.39	Vaasa, FIN	23.6.2007
	w 13.39	Sävedalen	8.9.2005
	i 13.69	Sättra	26.2.2006

Athletics in family Mother *Maria (Lennerthson, b '59)*: 100m/200m: 12.5m/26.1m '73 ... Father *Lennart (b '57)*: 400m/800m: 51.10/1:57.8m '81 ... Brother *Erik (b '86)*: LJ: 6.87/6.97w/6.89i/ '05 ... Paternal uncle *Göte (b '55)*: 400m: 48.13 '76/47.9m '77.

Notes First year in athletics at age 14 did 1.71 in HJ and 25.52 at 200m ... Just like Kajsa Bergqvist and Carolina Klüft began international career by winning the HJ at the European Youth Olympics ... After '05 Worlds bronze displayed great versatility by successfully venturing into also sprinting (7.42i/11.58/23.02) and horizontal jumping (6.41/13.69i) ... However, from '07 onwards back to concentrating on the HJ ... When raising PB to 2.01 for silver in the '10 ECh became second Swede to clear 2 meters ... Has reached the final in 11 (!) out of 11 straight international outdoor championships ('05-'14) ... Improved or equalled her seasonal best in all but two of those championships Finished 9th in '08 Olympics but has retroactively been elevated to 6th due to retroactively proven doping violations by athletes originally in 3rd, 4th and 5th positions ... Has competed in 22 DL-meets ('10-'14), always finishing in top-8, in top-4 on 12 occasions including one win ('11 New York) ... In '13 DL 2-4-2-4-4-6-3 ... 1.94-1.97 in all her eight competitions during '14 indoor season ... Since then struggled with back injury, competing sparingly (not at all in '15) ... Announced last autumn that '17 indoor season would be her last ever hoping to have the European Indoors in Belgrade the final competition of career ... In '01 at age 16 won her first national indoor title, last Sunday – 16 years and 1 week later – took her 10th national indoor title.

Website <http://www.emmagreen.se/>

LISA Ulrika GUNNARSSON

Pronunciation	LEE-sah GUHNN-ah-shonn		
Born	20 August 1999 (Stockholm)		
Residence	Paris, FRA		
Occupation	High school student		
Height/Weight	171 cm / 57 kg		
Club	Turebergs FK ('10), Hässelby SK ('14-)		
Club in France	Stade Francais		
Event	Pole Vault		
Personal bests	4.50	Pézenas, FRA	28.5.2016 **WYB**
	4.50	Angers, FRA	25.6.2016 **WYB**
	4.51i	Bordeaux, FRA	18.2.2017



Progression	2013	3.42		
	2014	3.91		
	2015	4.25		
	2016	4.50		
	2017		4.51i	
Major competitions	2015	European Youth Olympics		2
		European Junior Ch		5
	2016	European Ch		qual
		World Junior Ch		7
Internat. matches	Outdoors: 1			
National titles	-			
PB other events	100m	12.95	Tourlaville, FRA	21.5.2015
	LJ	5.38	Söderhamn	9.8.2014
	TJ	w 10.90	Tanumshede	16.8.2014

Athletics in family Mother *Ulrika (Öberg, b '67)*: HJ 1.78i '91

Notes Gymnast who first tried the PV at age 13 in spring '13 and had extraordinarily quick success: ... 2.40 in first competition on 27 April and within just 50 days had improved over a meter to 3.42 ... Due to parents professional assignments has been living most of her life abroad (in Argentina, Luxemburg and since '11 France) ... So France has been home during life as a Pole Vaulter ... In winter '16 first tied compatriot *Angelica Bengtsson's* WYB 4.47 and then added 2 cm at the Stockholm WIT ... In summer '16 improved it further to 4.50 (twice!) and triumphed at French senior championships ... This winter cleared 4.51 when winning at French indoor championships.



AUSTIN Devon HAMILTON

Pronunciation AU-stinn HAMM-ill-tonn
Born 29 July 1997 (Clarendon, JAM)
Residence Höllviken
Occupation Student
Height/Weight
Club IK Finish ('10), Öresund FK ('11), Malmö AI ('12-)
Coach Jörgen Becke
Event 60m
Personal bests 6.69i Göteborg 4.2.2017
 6.69i Växjö 25.2.2017



Progression		100m	200m	60m
	2010	-	25.46	8.12i
	2011	11.32	23.69	7.44i
	2012	10.99	22.31	7.12i
	2013	10.67	22.24/21.54w	6.89i
	2014	10.51	21.60	6.73i
	2015	10.43	21.37	-
	2016	10.40/10.39w	21.37	6.72i
	2017			6.69i

Major competitions	2014	World Junior Ch	semi (100m)
	2015	European Junior Ch	5 (100m)
			1 (4x100m)
	2016	European Ch World Junior Ch	heat (4x100m) semi (100m)

Internat matches Outdoors: 2

National titles -

PB other events	100m	10.40	Sollentuna	26.8.2016
		10.40	Tampere, FIN	3.9.2016
		w 10.39	Sollentuna	26.8.2016
	200m	21.37	Kalmar	23.8.2015
		21.37	Hässleholm	7.8.2016
	300m	36.02	Göteborg	8.7.2012
	HJ	1.69	Uddevalla	31.8.2012
	LJ	5.74	Falköping	3.9.2011

Note Moved to Sweden from Jamaica in '09 at age 12 ... Swedish citizenship in July '14 Already at age 16 in '13 took 100m bronze at Swedish senior Ch.

SUSANNA Elisabeth KALLUR

Pronunciation	Suh-SUNN-ah KULL-uhrr (i.e. almost like "Colour" with the stress on the first syllable!)		
Born	16 February 1981 (Huntington, NY)		
Residence	Falun		
Occupation	Athlete		
Height/Weight	170 cm / 62 kg		
Club	Falu IK		
US university	University of Illinois (Champaign, IL) '01-'02		
Coach	Torbjörn Eriksson		
Event	60m Hurdles		
Personal best	7.68i	Karlsruhe, GER	10.2.2008 **WIR**
2017 best	8.06i	Tampere, FIN	11.2.2017



Progression	100mH	60mH	100m	60m	100mH	60mH	100m	60m	
1996	-	-	12.91	7.94i	2007	12.49	7.84i	11.36	7.24i
1997	14.11	8.62i	11.98	7.75i	2008	12.54	7.68i	-	-
1998	13.48	8.33i	11.80	7.62i	2009	-- not competed at all ---			
1999	13.41	8.44i	11.84	7.66i	2010	12.78	-	-	-
2000	13.02	8.10i	11.63	7.51i	2011	-- not competed at all ---			
2001	12.74	-	11.56	-	2012	-- not competed at all ---			
2002	12.94	8.00i	11.77	7.52i	2013	-- not competed at all ---			
2003	12.88	7.90i	11.53	-	2014	-	-	11.73	-
2004	12.67	7.88i	11.55	7.36i	2015	-	8.14i	-	-
2005	12.65	7.80i	11.42	7.29i	2016	12.91	-	11.53	7.34i
2006	12.52	7.86i	11.30	7.27i	2017	-	8.06i	-	-

Major competitions

1998	World Junior Ch	3 (100mH)	2005	European Indoor Ch	1 (60mH)
1999	European Junior Ch	5 (100mH)		World Ch	semi (100mH)
		5 (4x100m)			heat (4x100m)
2000	European Indoor Ch	6 (60mH)		World Athletics Final	4 (100mH)
	World Junior Ch	1 (100mH)	2006	World Indoor Ch	3 (60mH)
		3 (4x100m)		European Cup/Super L	1 (100mH)
2001	European U23 Ch	1 (100mH)		European Ch	1 (100mH)
	World Ch	semi (100mH)			5 (4x100m)
2002	European Ch	7 (100mH)		World Athletics Final	4 (100mH)
		heat (4x100m)		World Cup	2 (100mH)
2003	World Indoor Ch	7 (60mH)	2007	European Indoor Ch	1 (60mH)
	European U23 Ch	1 (100mH)			7 (60m)
	World Ch	semi (100mH)		World Ch	4 (100mH)
		heat (4x100m)		World Athletics Final	dq (100mH)
2004	World Indoor Ch	5 (60mH)	2008	World Indoor Ch	semi (inj) (60mH)
	Olympic G	semi (100mH)		Olympic G	semi (100mH)
			2016	European Ch	semi (100mH)
				Olympic G	heat (100mH)

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Internat. matches	Outdoors: 20		
	Indoors: 5		
National titles	Outdoors (100mH):	'98, '00, '02, '03, '04, '05, '07	
	(100m):	'05	
	Indoors (60mH):	'98, '99, '00, '03, '04, '05, '06, '07	
	(60m):	'05, '16	
PB other events	50m	i 6.56	Reykjavik, ISL 5.3.2000
	60m	i 7.24	Birmingham, GBR 3.3.2007
	100m	11.30	Malmö 22.8.2006
	200m	23.32	Göteborg 27.8.2005
	800m	2:27.87	Huddinge 6.9.1998
	50mH	i 6.67	Stockholm 21.2.2008 **NIR**
	60mH	i 7.68	Karlsruhe, GER 10.2.2008 **WIR**
	300mH	44.51	Karlskoga 17.8.1997
	400mH	63.00	Eskilstuna 24.5.1998
	HJ	1.72	Huddinge 6.9.1998
	PV	2.86	Västerås 2.7.1997
		i 3.00	Falun 28.11.1998
	LJ	6.11	Göteborg 2.9.2001
	TJ	11.22	Falun 8.9.1998
		i 11.67	Malmö 16.3.1997
	SP	10.17	Huddinge 5.9.1998
		i 10.80	University Park, PA 23.2.2002
	DT	23.44	Falun 17.9.1997
	HT	19.40	Falun 17.9.1997
	JT	25.24	Falun 11.9.1999
	Pen	i 3.917	University Park, PA 23.2.2002
	Hep	5.282	Huddinge 5-6.9.1998

Athletics in family Twin sister *Jenny* 100mH/60mH: 12.85/7.92i '05 (2nd '05 EICH, 6th '05 WCh) ... Brother *Martin* (b '91) 110mH/PV: 14.31/4.85i '13/'14.

Notes Gymnast persuaded to take up athletics in winter of '95/'96 ... Started out as a high jumper, first ever hurdles race in January '97 ... Immediately obvious having found her event: Already that summer age 16 ran 14.11 over senior hurdles ... At age 17 (in '98) bronze just 0.02 from the gold at World Juniors ... Two years later took the World Junior title by a wide margin (0.19) ... Only non-wins in 60m Hurdles during winters of '05-'08 was '06 WICH when 3rd a mere 0.03 from the gold and '08 WICH when hamstring injury forced withdrawal from semi-final ... Winter of '08 six international meets between 7.68-7.81 with winning margin averaging two tenths ... With her 7.68 in Karlsruhe '08 lowered WIR that had stood since '90 (i.e. for 18 years) ... Between '01 and '08 ran 1 sub-12.50, 7 sub-12.60, 19 sub-12.70, 36 sub-12.80 and 82 sub-13.00 ... Two Golden League wins in '06 and three in '07 ... Kept out of competitions for most of the last eight years by a complicated stress fracture to the tibia diagnosed in late '08 ... Have undergone multiple operations on the leg during this period ... Made three short-lived competitive comebacks: Three 100mH-meets in May-June '10, two 100m's in July-August '14 and one 60mH in January '15 ... Began '16 with three 60m-competitions indoors coming within 0.10 of 9 years old PB ... Comeback at 100mH at Stockholm DL finishing 5th just 0.34 behind current World No 1 *Kendra Harrison* and just 0.15 behind 2nd placed World Indoor champion *Nia Ali* ... Improved to 12.91 in Kuortane six days later ... 8th fastest in semis in '16 ECh, her first international championship appearance in 8 years ... At '16 Olympics missed a place in the semis by 0.06 ... On 24 Feb '17 announced that '17 European Indoors will be final competition of athletics career ... Daughter *Majken* born in June '13 ... Never lost to twin *Jenny* in a hurdles race ... Father *Anders* four time ('80-'83) Stanley Cup champion (icehockey) with the New York Islanders.

Website <http://www.sannakallur.se>

Jens ANDREAS KRAMER

Pronunciation	Unn-DREH-uss KRAH-mehrr		
Born	13 April 1997 (Sävedalen)		
Residence	Sävedalen		
Occupation	Office assistant		
Height/Weight	190 cm / 72.5 kg		
Club	Sävedalens AIK		
Coach	Per Skoog		
Event	800m		
Personal bests	1:47.24	Karlstad	27.7.2016
	1:47.61i	Växjö	26.2.2017



Progression	800m	800m i	1500m	400m
	2008	2:34.36i	5:21.08	
	2009	2:22.31	2:25.46i	4:52.10
	2010	2:14.86	2:17.77i	4:37.77
	2011	2:04.58	2:17.68i	4:20.09
	2012	1:57.56	2:04.60i	4:13.03 52.83i
	2013	1:54.76	-	4:01.10 51.44
	2014	1:51.59	1:53.41i	3:51.81 51.49/50.48i
	2015	1:49.62	1:49.01i	3:47.28 50.11i
	2016	1:47.24	1:47.85i	3:46.0m 49.27
	2017		1:47.61i	3:46.62i

Major competitions	2015	European Indoor Ch	heat (800m)
		European Junior Ch	6 (800m)
	2016	World Indoor Ch	heat (800m)
		World Junior Ch	semi (800m)

Internat. matches Outdoors: 1
Indoors: 2

National titles: Indoors (800m): '16, '17

PB other events	60m	i 7.98		2012
	400m	49.27	Hässleholm	6.8.2016
	1000m	2:22.20	Göteborg	5.9.2015
	1500m	3:46.0m	Stockholm	18.8.2016
	2000m	5:48.91	Växjö	23.9.2012

Athletics in family Mother *Anne Lise (Hollevik, b '68, NOR)*: 400m/800m/5000m: 57.88/2:08.99/17:29.1m '85, 1500m/3000m: 4:32.7m/9:50.5m '86

Notes In '12-'16 amassed no less than 13 individual national titles for his age group ... Apparently thrives at Stockholm indoor event "Globengalan": In '15 at age 17 lowered PB by 2.81 to 1:49.01 and in '16 at age 18 took another 1.16 off to set NJIR of 1:47.85 ... Last Sunday frontrun the NiCh final all the way to claim gold in indoor PB of 1:47.61.

Pär JONAS LEANDERSON

Pronunciation	JOO-nuss Leh-UN-deh-shonn		
Born	26 January 1991 (Svängsta)		
Residence	Malmö		
Occupation	Athlete		
Height/Weight	183 cm / 69 kg		
Club	Kyrkhults SK (-'07), Malmö AI ('07-)		
Coach	Ola Thorsson		
Event	3000m		
Personal bests	7:59.86	Karlstad	27.7.2016
	7:53.81i	Gent, BEL	11.2.2017



Progression	1500m	3000m	5000m	800m
2005	4:14.93			2:05.95
2006	4:07.18		16:23.60	2:01.73/2:01.12i
2007	3:58.00	8:43.25	-	1:57.50
2008	3:51.09	-	-	1:54.60
2009	3:46.57	-	-	1:52.01
2010	3:43.65	-	-	1:51.73
2011	3:46.27	-	-	1:52.32
2012	-- not competed --			
2013	3:46.41	-	-	1:55.09
2014	3:39.37	-	-	1:52.8m
2015	-- not competed on track --			
2016	3:36.92	7:59.86	14:27.14	
2017	3:45.74i	7:53.81i		

Major competitions	Year	Competition	Result
	2009	European Junior Ch	5 (1500m)
	2010	World Junior Ch	12 (1500m)
	2014	European Ch	heat (1500m)
	2016	European Ch	heat (1500m)

Internat. matches Outdoors: 5

National titles Outdoors (5000m): '16
(4 km XC): '15
Indoors (3000m): '17

PB other events	Distance	Time	Location	Date
	800m	1:51.73	Göteborg	4.7.2010
	1500m	3:36.92	Sollentuna	28.6.2016
	5000m	14:27.14	Tampere, FIN	3.9.2016
	2000mSt	6:07.04	Göteborg	29.6.2007

Athletics in family Brother *Robin* (b '88): 800m/1500m: 1:54.55/3:52.94 '10

Notes Two international 1500m finals as a junior ... However, progress since then hampered by injury problems (mainly lower leg stress fractures) ... Improved a four years old PB by over four seconds to 3:39.37 in June '14 at Bislett Games ... Took another major chunk – almost 2½ seconds – off on 28 June '16 in Sollentuna ... Those 3:36.92 were just 0.43 off the 31 years old NR ... Despite early success in cross-country no major try at anything longer than 1500m on the track until '16 ... However, sees 5000m as his main distance of the future ... Qualified for Belgrade 3000m in Gent by running 7:53 in a race won by over 4 s ... Not to be confused with one year older orienteering World & European champion *Jonas Leandersson*.

LOVISA Tora Yvonne LINDH

Pronunciation	Lo-VEE-sah LINND	
Born	9 July 1991 (Kungälv)	
Residence	Västra Frölunda	
Occupation	Student (logistics)	
Height/Weight	169 cm / 56 kg	
Club	Kongahälla AIK (-'08), Ullevi FK ('09-)	
US University	Southern Methodist University (Dallas, TX) '11	
Coach	Johan Wettergren	
Event	800m	
Personal bests	1:59.41 Rio de Janeiro, BRA	18.8.2016
	2:01.69i Birmingham, GBR	18.2.2017



Progression	800m	800m i	1500m	400m
2003			6:01.49	
2004	2:42.08		5:20.12	
2005	2:19.74		-	
2006	2:15.09	2:18.67i	4:41.90	59.28
2007	2:10.80	2:13.37i	4:52.72/4:47.59i	57.04
2008	2:10.24	2:11.30i	4:43.59/4:38.40i	56.84
2009	2:06.37	2:09.26i	4:28.03	56.20
2010	2:07.28	2:10.94i	4:43.27i	57.86
2011	2:07.68	2:11.26i	4:30.69	58.09
2012	2:05.77	2:08.42i	4:19.57	56.51
2013	2:03.51	2:05.91i	4:21.56	55.15
2014	2:01.73	-	4:19.85	-
2015	2:02.13	2:05.85i	4:29.79	-
2016	1:59.41	2:02.33i	4:14.10	55.59i
2017	-	2:01.69i	-	-

Major competitions	2009	European Junior Ch	heat (800m)
	2010	World Junior Ch	heat (800m)
	2013	European U23 Ch	7 (800m)
	2014	European Team Ch/Super L	9 (800m)
		European Ch	semi (800m)
	2015	European Team Ch/Super L	10 (800m)
	2016	World Indoor Ch	heat (800m)
		European Ch	3 (800m)
		Olympic G	semi (800m)

Internat. matches Outdoors: 9
Indoors: 4

National titles Outdoors (800m): '12, '16
Indoors (800m): '09, '13, '17





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PB other events	100m	12.95	Västerås	11.9.2009
	200m	25.61	Sävedalen	31.5.2009
	400m	55.15	Göteborg	29.6.2013
	1000m	2:36.04	Göteborg	15.7.2016 **NR**
	1500m	4:14.10	Nijmegen, NED	18.5.2016
	1 mile	i 5:20.32	Lubbock, TX	15.1.2011
	2000m	6:35.34	Göteborg	9.7.2006
	1500mSt	5:22.88	Karlskrona	26.5.2007
	300mH	45.29	Göteborg	29.6.2007
	400mH	64.00	Sävedalen	18.8.2007
	LJ	5.19	Nyköping	5.8.2007
		w 5.25	Helsingborg	8.7.2007
	TJ	12.02	Gävle	14.9.2007

Notes 7th in '13 European U23's ... Later that year was forced to rest completely for several months due myocarditis ... Returned following summer to reach semis in '14 Europeans after having run her two fastest races so far ... 8th fastest in the heats at '16 World Indoors .. In June '16 in Oslo and Stockholm ran her first two 2:00's – both in inclement weather and both as convincing winner thanks to strong last 200's ... At '16 ECh added two more 2:00's in semi and final demonstrating same kind of strength in closing stages ... In the final – on her birthday! – it brought her an unforeseen bronze medal ... Six days later got her first NR taking 2½ seconds off the 22 years old 1000m mark ... In '16 Olympics ran PB's in both heat and semi ... 9th fastest in the semis missing the final by 0.36 ... In all '16 races demonstrated – and took advantage of – trademark ability: A very powerful last 200m never letting up until having passed the finish line ... Paternal uncle *Erik Lindh* '88 OG bronze medalist (and 3-time World team champion) in table tennis.



Sara MICHAELA MEIJER

Pronunciation	Mick-ah-EH-lah MAY-ehrr		
Born	30 July 1993 (Göteborg)		
Residence	Göteborg		
Occupation	Teacher (pre-school)		
Height/Weight	172 cm / 63 kg		
Club	Mölnads AIK (-'07), Örgryte IS ('08-)		
Coach	Gustaf Hultgren		
Event	Pole Vault		
Personal bests	4.62	Randers, DEN	4.6.2016
	4.60i	Bærum, NOR	5.3.2016
2017 best	4.55i	Växjö	25.2.2017



Progression	2005	2.03	
	2006	2.59	2.81i
	2007	3.60	
	2008	3.91	
	2009	4.15/4.18&	
	2010	4.20	4.25i
	2011	4.26	
	2012	3.96	4.14i
	2013	-	
	2014	4.28	
	2015	4.55	4.55i
	2016	4.62	
	2017		4.55i
Major competitions	2009	World Youth Ch	2
	2010	World Junior Ch	final (nh)
	2011	European Junior Ch	qual
	2014	European Team Ch/Super L	6
	2015	European Indoor Ch	qual
		European U23 Ch	2
2016	World Ch	final (nh)	
	European Ch	5	
Internat. matches	Outdoors:	5	
	Indoors:	3	
National titles	Outdoors:	'09	
	Indoors:	'16	

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PB other events	200m	26.81	Eskilstuna	5.9.2009
	60mH	i 8.92	Norrköping	13.2.2011
	100mH	14.81	Vellinge	28.8.2011
	300mH	47.93	Mölndal	29.8.2010
	HJ	1.61	Eskilstuna	5.9.2009
	LJ	5.54	Västerås	11.9.2010
		i 5.73	Sätra	20.2.2011
	SP	10.53	Göteborg	30.9.2015
	DT	29.29	Göteborg	29.9.2013
	HT	29.96	Göteborg	10.9.2014
	JT	33.40	Göteborg	30.9.2015
	Pen	i 3.350	Norrköping	13.2.2011

Notes Shadowed compatriot *Angelica Bengtsson* through youth years and at age 16 contributed to a Swedish 1-2 at the '09 WYCh ... Due to a knee injury didn't vault for almost two full years from summer of '12 to summer of '14 ... Winter of '15 finally could return to regular training and quickly raised her PB by 27 cm ... At '15 European Indoors qualification set PB 4.55 only to miss the final (top-8) due to an earlier miss at 4.30 ... Together with compatriot *Angelica Bengtsson* made the '15 European U23's a re-run of the '09 WYCh, i.e. they finished 1-2 ... At '15 Worlds with 4.55 tied overall PB in qualification to reach the final ...



LINN Monica NILSSON

Pronunciation	LINN NILL-sonn		
Born	15 October 1990		
Residence	Göteborg		
Occupation	Economist		
Height/Weight	169 cm / 55 kg		
Club	Hälle IF		
US University	Augustana College (Sioux Falls, SD) '10		
Coach	Ulf Friberg		
Event	1500m		
Personal bests	4:11.19	Heusden-Zolder, BEL	18.7.2015
	4:11.77i	Athlone, IRL	15.2.2017



Progression	1500m	3000m	5000m	800m
2005				2:23.06
2006	4:52.64	10:56.64		2:22.57
2007	4:44.51	10:31.36		2:19.25
2008	4:44.44	10:21.41		2:18.32
2009	4:32.54	9:59.67		2:14.86
2010	4:32.76	-		2:15.68
2011	4:22.60	9:49.76	17:14.61	2:12.41
2012	4:21.52	9:38.04/9:36.89i	16:53.19	2:09.57
2013	4:16.77	9:39.81/9:30.61i	-	2:07.55
2014	4:13.75	9:22.34	-	2:06.37
2015	4:11.19	9:29.84	-	2:08.03/2:07.16i
2016	4:18.34/4:13.80i	9:21.27/9:09.99i	15:48.46	2:11.34
2017	4:11.77i	9:09.74i		

Major competitions -

Internat. matches Outdoors: 4
 Indoors: 5

National titles: Outdoors (1500m): '13
 Indoors (800m): '14
 (1500m): '14, '16
 (3000m): '17

PB other events	800m	2:06.37	Göteborg	29.6.2014
	1000m	2:42.25	Kalmar	12.8.2014
	1 mile	i 4:33.07	Stockholm	17.2.2016
	3000m	9:21.27	Göteborg	15.7.2016
		i 9:09.74	Mondeville, FRA	4.2.2017
	5000m	15:48.46	Norwalk, CA	15.4.2016
	10 km road	35:09	Røyse, NOR	17.10.2015

Notes The "steady gradual improvement" kind of athlete that have raised her game year by year ... When running 4:11 for 4th in Athlone finished strongly to pass '16 European bronze medalist *Ciara Mageean* (4:01 outdoor PB)

MAJA Linnea ROGEMYR

Pronunciation MY-ah ROO-geh-meer
Born 10 June 1991 (Karlstad)
Residence Karlstad
Occupation Legal officer
Height/Weight 172 cm / 58 kg
Clubs IF Göta Karlstad
Coach Ulf Karlsson & Helene Friberg
Event 60m Hurdles
Personal best 8.20i Växjö 26.2.2017



Progression	100mH	60mH	100m	60m	HJ	LJ
2004	-	-	-	8.62i	1.53	-
2005	-	-	13.18/13.08w	-	1.63	5.03
2006	-	-	13.12	8.28i	1.60/1.64i	5.16
2007	-	-	12.47/12.46w	-	1.64i	5.62
2008	14.54	-	12.40	7.76i	1.59/1.67i	5.34/5.51i
2009	14.47/14.13w	-	13.28	-	-	5.27
2010	14.35/14.18w	8.86i	-	-	-	-
2011	14.27	8.82i	-	-	-	5.48i
2012	14.18	-	-	-	-	-
2013	-	8.44i	-	-	-	-
2014	13.63/13.45w	8.31i	-	7.74i	-	-
2015	-- not competed at all --					
2016	13.61/13.51w	8.31i	12.42w	-	-	-
2017	-	8.20i	-	-	-	-

Major competitions -

Internat. matches Outdoors: 1
Indoors: 3

National titles Indoors (60mH): '13, '14, '17

PB other events

60m	i 7.74	Karlstad	26.1.2014
100m	12.40	Torsby	31.5.2008
200m	w 26.04	Torsby	31.5.2008
100mH	13.61	Skara	3.9.2016
	w 13.45	Umeå	2.8.2014
300mH	46.22	Växjö	1.9.2007
400mH	67.05	Stockholm	1.7.2009
HJ	1.63	Göteborg	3.7.2005
	i 1.67	Göteborg	16.3.2008
LJ	5.62	Göteborg	30.6.2007
TJ	10.22	Glanshammar	17.9.2005
	w 10.34	Glanshammar	17.9.2005
SP	7.72	Karlstad	25.9.2007
DT	15.94	Karlstad	25.9.2007
HT	14.16	Karlstad	25.9.2007
JT	23.07	Karlstad	25.9.2007

Athletics in family Maternal grandfather *Rune Gustavsson* (b '20): 100m 10.8h '47 (national champion '48)

Notes Booked ticket to Belgrade on very last day (Sunday) when lowering SB by 0.14 and PB by 0.11 to win at NICH.

JOHAN Sven Ivar ROGESTEDT

Pronunciation	YOO-hunn ROO-geh-stett		
Born	27 January 1993 (Göteborg)		
Residence	Göteborg		
Occupation	Student (engineering)		
Height/Weight	196 cm / 72 kg		
Club	F Stenungsunds FI		
Coach	Ulf Friberg		
Event	1500m		
Personal bests	3:36.58	Sollentuna	28.6.2016
	3:40.03i		



Progression		800m	1500m	400m	3000m	TJ
	2006	2:21.51	4:46.89			
	2007	2:02.05	4:35.74			11.68/12.28i
	2008	1:55.11	4:05.49	52.68i		11.75/12.39i
	2009	1:50.92	3:50.19	49.45	8:43.30	
	2010	1:49.49	3:54.63/3:49.11i	49.37		
	2011	1:47.18	3:45.95	-		
	2012	1:47.51	3:46.74	48.24		
	2013	1:47.24	3:46.34	47.98	8:31.45	
	2014	1:45.89	3:40.78			
	2015	1:48.77	3:46.76/3:40.03i			
	2016	1:47.47	3:36.58			
	2017		3:42.78i			
Major competitions	2009	World Youth Ch			1	(800m)
	2010	European Junior XC Ch			83	
	2011	European Team Ch/Super L			10	(1500m)
		European Junior Ch			3	(800m)
	2012	European Ch			heat	(800m)
		World Junior Ch			heat	(800m)
	2013	European Indoor Ch			semi	(800m)
		European U23 Ch			heat	(800m)
	2014	European Team Ch/Super L			8	(800m)
					9	(1500m)
		European Ch			semi	(800m)
	2015	European Indoor Ch			heat	(1500m)
	2016	European Ch			heat	(1500m)
Internat. matches	Outdoors:	6				
	Indoors:	4				
National titles	Outdoors (800m):	'13				
	(1500m):	'11, '13				
	Indoors (800m):	'13, '15				
	(1500m):	'11, '14				

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PB other events	200m	23.05	Uddevalla	29.7.2012
	300m	36.48	Halmstad	20.7.2008
	400m	47.98	Göteborg	29.6.2013
	800m	1:45.89	Rieti, ITA	7.9.2014
	1000m	2:17.67	Göteborg	15.7.2016 **NR**
	1 mile	3:55.01	London, GBR	22.7.2016
		i 3:58.11	Athlone, IRL	15.2.2017 **NIR**
	2000m	5:38.74	Göteborg	29.6.2008
	3000m	8:31.45	Mölnådal	3.8.2013
	HJ	1.76	Halmstad	19.7.2008
	LJ	5.67	Halmstad	19.7.2008
	TJ	11.75	Halmstad	19.7.2008
		i 12.39	Sätra	8.3.2008

Notes Aged just 16 at '09 World Youth shocked everyone by taking the 800m title ahead of runners with 4-5 seconds better PB's ... That is not just the only European gold ever at the middle and long distances for boys in the history of these championships – until the 8th edition in '13 it was even the only European medal in these events ... Ran an overall PB at 1500m at the '15 XL-galan in Stockholm missing the NIR by just 0.11 ... Lowered that overall PB by another 3½ seconds on 28 June '16 in Sollentuna missing the NR by an even scantier 0.09 ... BTW: At his birth that NR was already 7 years old ... In July '16 finally got first NR when surpassing the 2:17.8h for 1000m by *Dan Waern* that had stood for over half a century (since 1959, when it also was the WR!) ... This winter became first Swedish runner doing a sub-4:00 mile indoors

Website <http://www.johanrogestedt.se/>



FANNY Matilda Charlotte ROOS

Pronunciation	FUNN-y ROOS		
Born	2 January 1995 (Ljungby)		
Residence	Växjö		
Occupation	Student (economy)		
Height/Weight	173 cm / 79 kg		
Clubs	Ljungby FIK (-'14), Athleticum Växjö SK ('15-'16), Athletics 24Seven SK ('16-)		
Coach	Vesteinn Hafsteinsson		
Event	Shot Put		
Personal bests	17.58	Växjö	13.8.2016
	17.88i	Växjö	25.2.2017



Progression		4.0 kg	3.0 kg	2.0 kg
	2004			9.00
	2005			11.28
	2006			11.98
	2007			13.73
	2008			16.10
	2009		14.08	
	2010		15.01	
	2011	13.94	15.75	
	2012	14.76	17.01	
	2013	15.82		
	2014	16.29		
	2015	17.05		
	2016	17.58		
	2017	17.88i		
Major competitions	2011	World Youth Ch		10
	2012	World Junior Ch		qual
	2013	European Junior Ch		5
	2014	European Team Ch/Super L		10
		World Junior Ch		6
	2015	European Indoor Ch		qual
		European Team Ch/Super L		6
		European U23 Ch		4
	2016	European Ch		qual
Internat. matches	Outdoors: 7			
	Indoors: 4			
National titles	Outdoors: '14, '15, '16			
	Indoors: '14, '15, '16, '17			

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PB other events	LJ	5.25	Stockholm	30.7.2011
	TJ	10.22	Högby	5.7.2009
		w 10.23	Värnamo	20.9.2009
		i 10.32	Göteborg	5.12.2009
	DT	52.39	Söderhamn	9.8.2015
	HT	52.35	Växjö	6.9.2016
	JT	43.60	Växjö	6.9.2016
WT (20 lb) i	16.72	Göteborg	18.2.2017	

Notes The “steady, gradual improvement” kind of athlete ... E.g. in '13-'14 no less than eight installments in the NJR list raising the record by a total of 74 cm ... Also worth noting: Half of those eight record puts came in the '13 EJCh and the '14 WJCh ... NJR holder both outdoors and indoors ... When winning 4th straight national indoor title improved overall PB by 30 cm to 17.88 to move into 2nd place om Swedish all-time list.



ODAIN Ovary ROSE

Pronunciation	Oh-DAIN ROSE		
Born	19 July 1992 (Port Antonio, JAM)		
Residence	Falun		
Occupation	Student		
Height/Weight	182 cm / 73 kg		
Club	IFK Umeå (-'16), Thorengruppen TFC ('17-)		
Coach	Torbjörn Eriksson		
Event	60m		
Personal bests	6.62i	Göteborg	2.3.2013
	6.62i	Stockholm	17.2.2016
	6.62i	Malmö	27.2.2016
2017 best	6.68i	Tampere, FIN	11.2.2017



Progression		100m	200m	60m
	2005		25.58	7.99i
	2006	11.72	25.36i	7.38i
	2007	11.36	24.15	7.20i
	2008	11.03	22.41	7.11i
	2009	10.87	22.41/22.33w	6.98i
	2010	10.74/10.66w	21.71	6.87i
	2011	10.55/10.54w	21.89/21.58w	6.82i
	2012	10.49/10.47w	21.65	6.79i
	2013	10.54	-	6.62i
	2014	10.30	-	6.64i
	2015	10.35/10.20w	-	6.67i
	2016	10.44/10.37w	-	6.62i
	2017		6.68i	

Major competitions	2011	European Junior Ch	heat (100m)
	2013	European Indoor Ch	5 (60m)
	2014	World Indoor Ch	heat (60m)
		European Team Ch/Super L	12 (100m)
	2015	European Indoor Ch	semi (60m)
		Universiade	quarter (100m)
2016	World Indoor Ch	heat (60m)	

Internat matches Outdoors: 6
Indoors: 5

National titles Indoors (60m): '13, '14, '16
Outdoors (100m): '14

PB other events	100m	10.30	Göteborg	13.6.2014
		w 10.20	Skara	29.8.2015
	200m	21.65	Jessheim, NOR	22.7.2012
		w 21.58	Vellinge	28.8.2011

Notes Moved to Sweden from Jamaica at age 3 ... Big breakthrough winter of '13 lowering 60m PB by 0.17, running consistently in the 6.60's and finishing 5th at European Indoors ... Injury put early halt to the '13 outdoor season ... Back healthy next winter missing semi in '14 WICH by merely 0.02 ... Strongest asset as a sprinter is acceleration phase ... Total number of sub-6.70 performances currently stands at 17 ... In autumn '15 moved from Umeå to Falun to train in the same group as *Susanna Kallur* ... Coach *Torbjörn Eriksson* '92 OG 200m semifinalist, 60m PB 6.69 '95.

BIANCA Emmelie Elisabeth SALMING

Pronunciation Bee-UNN-cah SULL-ming
Born 22 November 1998 (Stockholm)
Residence Stockholm
Occupation Student
Height/Weight 178 cm / 67 kg
Club Täby IS (-'15), Turebergs FK ('16-)
Coach Vladimir Petrovic
Event Pentathlon
Personal best 4.338i Tallinn, EST 4.2.2017
 (8.88 1.86 12.30 5.81 2:16.20)



Progression	Hep	Pen i	HJ	SP	LJ	JT	100mH	400m	800m
2010	-	-	1.52i						
2011	-	-	1.58						
2012	-	-	1.57/1.65i		4.85				
2013	-	-	1.67		5.27	32.36			2:32.86
2014	-	-	1.77	11.61	5.62/5.67w				2:26.90
2015	-	-	1.79	-	5.72				2:23.35
2016	5.840	4.143i	1.83	14.07	5.81	44.49	14.62	59.92i	2:17.69
2017	-	4.338i	1.86i	14.10i	5.81i			57.46i	2:15.13i

Major competitions	Year	Competition	Result
	2015	World Youth Ch	7 (Hep)
	2016	World Junior Ch	4 (Hep)

Internat. matches Outdoors: 1

National titles Outdoors (Hep): '16

Indoors (Pen): '16, '17

PB other events	Event	Time	Location	Date
	200m	26.12	Göteborg	3.7.2016
	400m	i 57.46	Göteborg	19.2.2017
	800m	2:17.69	Bydgoszcz, POL	22.7.2016
		i 2:15.13	Uddevalla	12.2.2017
	60mH	i 8.86	Sätra	29.1.2017
	100mH	14.62	Bydgoszcz, POL	21.7.2016
	300mH	46.64	Sollentuna	8.6.2013
	HJ	1.83	Bydgoszcz, POL	21.7.2016
		i 1.86	Tallinn, EST	4.2.2017
	PV	2.10	Gävle	24.7.2011
	LJ	5.81	Bydgoszcz, POL	22.7.2016
		i 5.81	Tallinn, EST	4.2.2017
	SP	14.07	Falun	10.9.2016
		i 14.10	Göteborg	18.2.2017
	DT	26.20	Täby	20.9.2015
	JT	44.49	Bydgoszcz, POL	22.7.2016
	Heptathlon	5.840	Bydgoszcz, POL	21-22.7.2016

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Notes Also played icehockey until age 13 ... Had first athletics success in HJ and that event still remains her strongest ... However, since age 15 focus has been on combined events ... At '16 World Juniors had new PB's in 5 of 7 events to finish 4th in the Heptathlon just 41 points from the bronze ... Just eight days after big Pentathlon 4.338 PB in Tallinn almost matched that score when winning national title with 4.310 (8.98 182 1314 572 2:15.13) ... Father legendary icehockey player *Börje Salming* (17 seasons and 1229 games in the NHL '73-'90, inducted into Hockey Hall of Fame in '96)



Jan Allan FREDRIK SAMUELSSON

Pronunciation FREH-drick SAH-muh-ell-sonn
Born 16 February 1995 (Stockholm)
Residence Hässelby
Occupation Athlete
Height/Weight 186 cm / 83 kg
Club Sundbybergs IK (-'03), Hässelby SK ('04-)
Coach Jan Samuelsson
Event Heptathlon
Personal best 5.920i Sätra 7-8.1.2017
 (7.14 7.39 14.06 2.02 8.23 4.85 2:43.51)



Progression

	Dec	Hep i	400m	110mH	HJ	PV	LJ	SP	JT
2008	-	-	-	-		2.74			
2009	-	-	-	-	1.71i	2.93	5.85	6.56	32.92
2010	-	-	-	-	1.71	3.52	5.76	7.63	35.64
2011	-	-	52.81i	17.5m	1.83	3.95	6.25	10.73	46.34
2012	-	-	50.70	-	1.97	4.32	7.05	12.17	50.52
2013	-	-	50.37	-	2.04	4.55i	7.06	11.08	51.53
2014	-	-	50.74	-	1.95i	4.60	7.06/7.07w	12.96i	56.97
2015	7.884	5.623i	49.82	14.65	2.05i	4.70	7.81	13.90	59.03
2016	7.875	5.622i	49.09	14.25	2.07	4.70	7.50	14.67i	58.44
2017		5.920i			2.03i	4.95i	7.39i	14.12i	

Major competitions	Year	Competition	Points
	2013	European Junior Ch	7
	2014	World Junior Ch	12
	2015	European U23 Ch	5
	2016	European Ch	10

Internat. matches Outdoors: 1

National titles Outdoors (Dec): '16

Indoors (Hept): '16, '17

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PB other events	60m	i 7.07	Uddevalla	11.2.2017
	100m	10.98	Tallinn, EST	11.7.2015
		10.98	Götzis, AUT	28.5.2016
	200m	22.48	Sundsvall	31.7.2016
	300m	36.20	Huddinge	15.9.2012
	400m	49.09	Sollentuna	28.6.2016
	800m	2:13.77	Huddinge	5.9.2010
		i 2:12.59	Göteborg	11.3.2012
	1000m	2:52.41	Huddinge	16.9.2012
		i 2:43.51	Sätra	8.1.2017
	1500m	4:34.12	Firenze, ITA	15.5.2015
	60mH	i 8.16	Uddevalla	11.2.2017
	110mH	14.25	Sundsvall	31.7.2016
	300mH	38.59	Göteborg	28.6.2013
	400mH	53.96	Borås	5.7.2014
	HJ	2.07	Amsterdam, NED	6.7.2016
	PV	4.70	Tallinn, EST	12.7.2015
		4.70	Amsterdam, NED	7.7.2016
		i 4.95	Växjö	21.1.2017
	LJ	7.81	Tallinn, EST	11.7.2015
	TJ	14.22	Sollentuna	12.8.2012
	SP	14.19	Falun	10.9.2016
		i 14.67	Göteborg	12.3.2016
	DT	42.87	Hässelby	22.8.2016
HT	29.86	Hässelby	7.10.2012	
JT	59.03	Firenze, ITA	16.5.2015	
Decathlon	7.884	Tallinn, EST	11- 12.7.2015	

Athletics in family Father *Jan* (b '65): Dec: 7.315m '91 ... Mother *Maria (Robertsson)*, b '72): 100mH/400mH: 14.14/62.89 '90 ... Brother *Jakob* (b '98): PV/JT: 4.83i '17/62.02 '16 (13th in '15 World Youth decathlon) ... Paternal uncle *Stefan* (b '69): Dec: 6.710 '90 ... Maternal uncle *Mats Robertsson* (b '68): 800m: 1:56.62 '90 ... Maternal grandfather *Harald (Robertsson)*, b '40): 1500m: 4:18.5m '59, Marathon 2:53:01 '84..

Notes Despite strong "athletics heritage" pursued football (soccer) as main sport until age 17 ... Shocked onlookers at the '15 European U23's by improving his LJ PB by a full 30 cm to 7.81 in the third round ... However, main asset as a decathlete is the balance of strength over all the ten events ... Improved Heptathlon PB by almost 300 points in January.

ANNA Helena SILVANDER

Pronunciation	UNN-ah Sill-VAHNN-dehrr		
Born	22 June 1993 (Danderyd)		
Residence	Danderyd / Boston, MA (USA)		
Occupation	Athlete		
Height/Weight	174 cm / 61 kg		
Club	Danderyds SK (-'13), IFK Lidingö ('14-)		
Coach	Mark Coogan		
Event	800m		
Personal bests	2:02.53	Tallinn, EST	11.7.2015
	2:02.54i	Allston, MA	27.1.2016



Progression	800m	1500m	400m	
	2011	2:21.03	5:01.43/4:59.38i	63.08i
	2012	2:12.33	4:42.58	59.45
	2013	2:10.82	4:33.20	57.84
	2014	2:06.35	4:36.15/4:35.78i	57.54
	2015	2:02.53	4:15.37	54.81
	2016	2:02.57	4:16.62	56.85
	2017	2:02.54i		
Major competitions	2015	European Indoor Ch	heat (800m)	
		European Team Ch/Super L	8 (1500m)	
		European U23 Ch	5 (800m)	
	2016	European Ch	semi (800m)	
Internat. matches	Outdoors:	4		
	Indoors:	4		
National titles:	Outdoors (800m):	'15		
	(1500m):	'15, '16		
	Indoors (800m):	'15, '16		
PB other events	100m	13.49	Kalmar	11.7.2012
	200m	27.42	Danderyd	13.5.2012
		w 26.30	Högby	13.7.2012
		i 27.40	Eskilstuna	6.1.2012
	400m	54.81	Sundsvall	1.7.2015
	1500m	4:15.37	Söderhamn	8.8.2016
	SP	6.16	Huddinge	29.9.2012
	DT	16.55	Huddinge	29.9.2012
	HT	13.84	Huddinge	29.9.2012
	JT	12.38	Huddinge	29.9.2012

Notes Former soccer player who begun with athletics (running) at age 17 ... Three straight wins in her three first races on national team (two international matches indoors, one outdoors) ... When winning her first national title (800m indoors '15) had negative splits – 62.4 plus a solo 61.0 – on way to new PB 2:03.36 ... At international debut at '15 European Indoors in semis was one position away from reaching the final ... Her so far five fastest 800m-races (one in '15, three in '16 and one in '17) are compressed within just 0.12 between 2:02.53 and 2:02.64 ... Relocated in autumn '16 to Boston (MA) to join an international New Balance training group.

SOFIE Natalie SKOOG

Pronunciation	Soh-FEE SKOOG		
Born	7 June 1990 (Mora)		
Residence	Karlstad		
Occupation	Economist		
Height/Weight	181 cm / 65 kg		
Club	Ekshärads FI (-'09), IF Göta Karlstad ('10-)		
Coach	Stefan Holm		
Event	High Jump		
Personal bests	1.94	Rio de Janeiro, BRA	18.8.2016
	1.94i	Växjö	13.2.2016
2017 best	1.92i	Tampere, FIN	11.2.2017

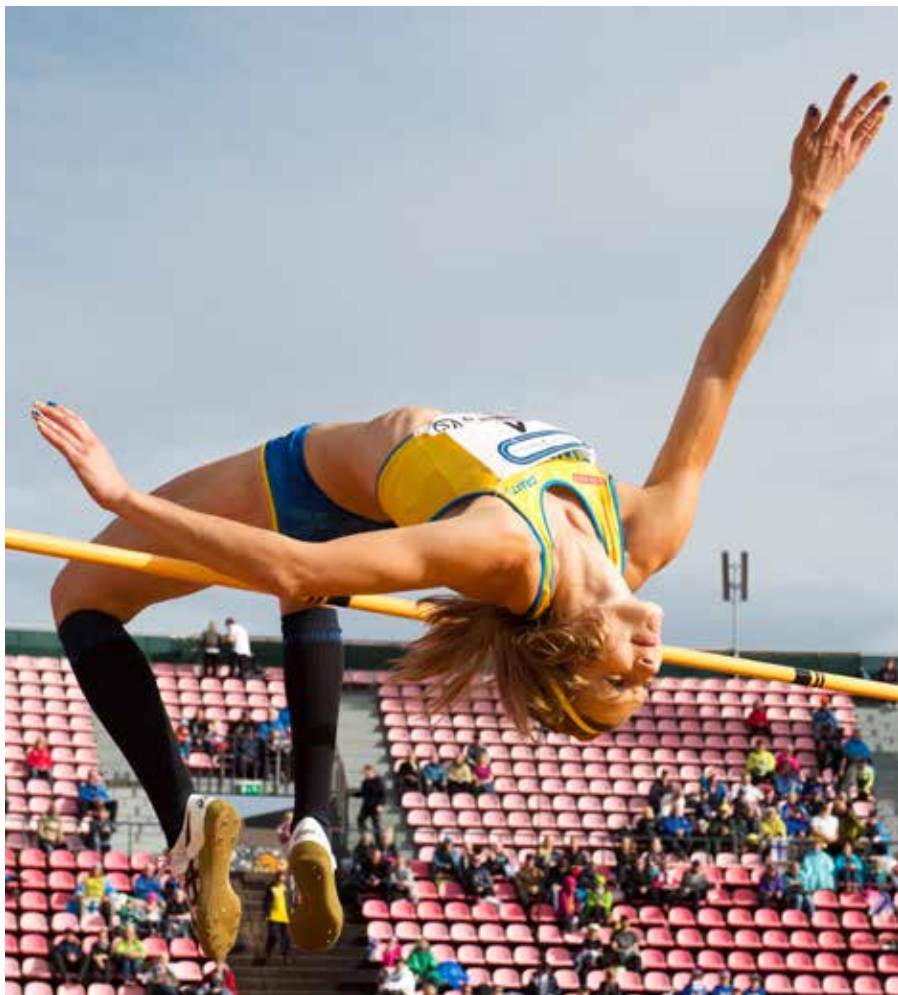


Progression	2004	1.55		
	2005	1.61		
	2006	1.64		
	2007	1.70		
	2008	1.71		
	2009	1.72		
	2010	1.78		
	2011	1.71	1.75i	
	2012	1.80		
	2013	1.90		
	2014	1.87	1.88i	
	2015	1.92		
	2016	1.94	1.94i	
	2017		1.92i	
Major competitions	2013	Universiade	9	
	2015	World Ch	qual	
	2016	World Indoor Ch	=5	
		European Ch	=9	
	Olympic G	=7		
Internat. matches	Outdoors:	5		
	Indoors:	4		
National titles	Outdoors:	'15, '16		
	Indoors:	'15, '16		
PB other events	TJ	11.05	Göteborg	20.6.2012
		w 11.29	Göteborg	20.6.2012
	SP	10.42	Karlstad	10.9.2016
	DT	27.62	Karlstad	19.9.2015
	HT	21.46	Karlstad	19.9.2015
	JT	29.95	Karlstad	10.9.2016

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Athletics in family Brother *Kim* (b '87): HJ: 2.00i '05

Notes A classical "late bloomer" with her U20 PB just 1.72 ... Seemed to be stuck in the 1.70's when finally at age 22 making 1.80 in her début on the national team in prestigious match vs Finland ... Big breakthrough in '13 raising her PB by 10 cm to 1.90 ... In '15 added another 2 cm when winning national outdoor title ... First international championship at age 25 in the '15 Worlds finishing 14th out of 30 in the qualification ... Winter of '16 further raised her game averaging almost 1.91 in eight meets ... 2nd behind only *Ruth Beitia* in Stockholm WIT ... 5th at the World Indoors ... This summer 2nd in DL Oslo and 5th in DL Stockholm ... At '16 Olympics equalled PB in qualification and finished 7th in the final ... Six times at 1.93/1.94 in '16: Qual + final at Olympics, World Indoors, DL final, Eberstadt and Nordic match ... Her three championship finals plus finishing 2-5-9-2 at four DL's gave her position No 9 on the prestigious Track & Field News '16 World Rankings ... Somewhat more modest start to '17 but improved gradually: 1.84 – 1.86 – 1.89 – 1.92 ... Since autumn '14 coached by '04 Olympic champion *Stefan Holm*.



Michel Tornéus

Pronunciation	Mi-SHELL Tohr-NEH-uhss		
Born	26 may 1986 (Botkyrka)		
Residence	Huddinge & Bradenton, FL (USA)		
Occupation	Athlete		
Height/Weight	185 cm / 75 kg		
Club	Tullinge-Tumba FF (-'95), IFK Tumba ('96-'10), Hammarby IF ('11-)		
Coach	Loren Seagrave		
Event	Long Jump		
Personal bests	8.44	Sierra Nevada, ESP	10.7.2016 **NR**
	8.30i	Praha, CZE	6.3.2015 **NIR**
2017 best	7.80i	Roxbury, MA	28.1.2017



Progression	1996	4.28z	4.40zw	(z = measured from take-off point)		
	1997	4.73z				
	1998	4.68z	4.79zw			
	1999	-				
	2000	-				
	2001	6.48				
	2002	6.74	6.86w			
	2003	7.07				
	2004	7.41				
	2005	7.94				
	2006	7.68				
	2007	7.85				
	2008	7.86				
	2009	8.11				
	2010	8.12	8.21w			
	2011	8.19				
	2012	8.22				
	2013	8.00	8.12w	8.29i		
	2014	8.09	8.10w	8.21i		
	2015	7.83	8.07w	8.30i		
	2016	8.44				
	2017			7.80i		
	Major competitions	2003	European Youth Olympics	6	2012	World Indoor Ch
2					European Ch	3
2005		European Junior Ch	4		Olympic G	4
			10	2013	European Indoor Ch	2
2007		European U23 Ch	10	2013	European Indoor Ch	2
			9	2014	World Ch	qual
2009		European Team Ch/Super L	9	2014	World Indoor Ch	3
			qual		European Team Ch/Super L	5
2010		World Ch	qual		European Ch	5
			9	2015	European Indoor Ch	1
2011		European Indoor Ch	7		World Ch	qual
			2	2016	European Ch	2
		World Ch	qual		Olympic G	qual

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Internat. matches	Outdoors:	16	
	Indoors:	3	
National titles	Outdoors (LJ) :	'05, '07, '08, '09, '10, '12, '13, '14, '15, '16	
	(TJ):	'12, '16	
PB other events	Indoors (LJ):	'08, '10, '11, '12, '13, '14, '15, 16, '17	
	60m	i 6.93	Göteborg 4.3.2012
	100m	10.71	Göteborg 9.7.2011
		w 10.63	Sollentuna 22.5.2011
	200m	22.61	Sollentuna 28.5.2005
		w 22.41	Vallentuna 12.9.2004
	300m	36.13	Enskede 19.5.2005
	400m	52.94	Gävle 25.9.2004
	1000m	i 2:50.91	Karlskrona 6.3.2005
	1500m	4:52.29	Gävle 26.9.2004
	110mH	15.67	Gävle 26.9.2004
	300mH	37.52	Kvarnsveden 14.8.2004
	400mH	55.48	Leppävaara, FIN 22.8.2004
	HJ	1.92	Gävle 25.9.2004
		i 1.99	Karlskrona 5.3.2005
	PV	2.96	Gävle 26.9.2004
		i 3.26	Karlskrona 6.3.2005
	TJ	16.10	Sollentuna 28.8.2016
	SP	10.97	Norrköping 17.5.2007
	DT	29.50	Gävle 26.9.2004
	JT	44.19	Gävle 26.9.2004
	Dec	6.115	Gävle 25-26.9.2004

Athletics in family First cousin *Ritchie Moba* (b '90): LJ: 7.33 '14.

Notes On 27 June '09 became the 3rd Swedish long jumper ever to surpass 8 metres in legal wind conditions when jumping 8.11 ... On 21 July '12 in Kuortane with 8.22 finally eclipsed the NR that had stood for 16 years ... On 21 February '13 in Stockholm tied the NIR that had stood for 18 years ... On 3 March '13 added another 8 cm to the record to take silver at European Indoors ... For many years not the luckiest when it came to narrow international medal decisions: At '05 European Juniors 4th with the same mark as the bronze medalist, at '12 Europeans 3rd just 4 cm from the silver, at '12 Olympics 4th 1 cm from the bronze and 5 cm from the silver, at '13 European Indoors 2nd just 2 cm from the gold, at '14 World Indoors 3rd just 2 cm from the silver and 7 cm from the gold, at '14 Europeans 5th just 6 cm from the silver, at '16 Europeans 2nd just 4 cm from the gold ... Somewhat made up for that by winning the '15 European Indoors with a massive 20 cm ... Current number of 8m+ competitions is 39 (19 legal outdoors, 9 wind-aided and 11 indoors) ... So far 17 Diamond League appearances since '10 finishing in top-6 ten times ... Daughter *Leah* born in May '14 ... In '14 went for a condensed three-meet indoor season (XL-galan, NCh and WCh) which culminated in a bronze medal in Sopot ... Followed same recipe '15 winter, i.e. only XL-galan (1st at 8.07) and NCh (1st at 7.88) before dominating the EICH: 8.30i NIR was top mark in the world during the indoor season and margin of victory was 20 cm ... Hampered by groin problems in summer of '15, but 8.07w to take 9th national title outdoors. ... Had competed sparingly in '16 so hadn't got the Olympic standard of 8.15 going into '16 ECh ... In Amsterdam 8.19 to lead Q and then in final 8.21 for silver just 4 cm behind gold (*Rutherford*) and 18 cm ahead of bronze ... However, that still didn't make him eligible to even be entered into Rio as both marks were slightly wind-aided (+2.5 and +2.1) ... So with just four days remaining of qualification period needed to compete once more to get to Rio ... Found a meet in Sierra Nevada on 10 July ... There combined adrenalin and altitude to fly out to 8.44 in opening attempt to surpass the standard by a hefty 29 cm and his own overall PB by 14 cm ... In autumn '16 relocated to Florida to train at the IMG in Bradenton under the guidance of *Loren Seagrave*.

ELIN Anna Sofie WESTERLUND

Pronunciation	EH-linn VESS-tehrr-luhnd		
Born	4 February 1990 (Karlskrona)		
Residence	Sollentuna		
Occupation	Student (nursing)		
Height/Weight	172 cm / 57 kg		
Clubs	KA 2 IF (-'10), Spårvägens FK ('13-)		
Coach	Roland Bergman & Lech Nikitin		
Event	60m Hurdles		
Personal best	8.20i	Athlone, IRL	15.2.2016



Progression	100mH	60mH	100m	60m	200m	HJ
2003	-	-	-	-	-	1.55i
2004	-	-	-	-	-	1.55/1.59i
2005	15.49	-	13.01/12.95w	-	-	-
2006	15.05	-	12.53	7.91i	25.20	1.70/1.73i
2007	14.26	8.80i	12.15	7.73i	25.02	1.71
2008	-	8.50i	-	7.69i	26.05i	1.68i
2009	13.86/13.72w	-	12.17	-	-	-
2010	13.48	8.49i	12.06	-	24.72	-
2011	-- not competed at all --					
2012	-- not competed at all --					
2013	13.76	-	-	-	-	-
2014	13.32	8.47i	-	7.83i	-	-
2015	14.70	-	-	-	-	-
2016	13.11	8.27i	11.70w	-	24.78i	1.64i
2017	-	8.20i	-	7.72i	-	-
Major competitions	2009	European Junior Ch		heat (100mH)		
	2014	European Team Ch Super L		10 (100mH)		
	2016	European Ch		heat (100mH)		
Internat. matches	Outdoors: 5					
	Indoors: 1					
National titles	Outdoors (100mH): '10, '16					
	Indoors (60mH): '16					
	Hep	4.971	Vejle, DEN	23-24.6.2007		

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PB other events				
	60m	i 7.69	Eskilstuna	1.3.2008
	100m	12.06	Karlstad	13.8.2010
		w 11.70	Split, CRO	4.5.2016
		w 11.70	Skara	19.6.2016
	200m	24.72	Karlstad	14.8.2010
	800m	2:24.51	Vejle, DEN	24.6.2007
	100mH	13.11	Sollentuna	28.6.2016
	300mH	43.59	Stockholm	17.9.2006
	HJ	1.71	Vejle, DEN	23.6.2007
		i 1.73	Nyköping	11.3.2006
	LJ	5.94	Karlskrona	18.6.2007
	SP	i 10.07	Göteborg	13.3.2016
		10.03	Sätra	1.10.2016
	DT	20.95	Sätra	1.10.2016
	HT	19.94	Sätra	1.10.2016
	JT	24.27	Vejle, DEN	24.6.2007
	Pen	i 3.879	Göteborg	13.3.2016
	Hep	4.971	Vejle, DEN	23-24.6.2007

Notes First sport gymnastics and began athletics as a high jumper ... At age 20 won national title but still took a break from the sport ... Daughter Emilia born June '12 ... Returned to the track in '13 with rejuvenated enthusiam ... In June '14 ran 13.32 PB to qualify for the European Championships but just a few days later severely sprained an ankle and missed Zurich ... Missing also '15 as it took a couple of operations to reconstruct the damaged ligaments ... But '16 returned better than ever taking over two tenths off 100mH PB ... Fell and badly bruised herself in the heat at '16 Europeans but returned later in the summer to pick up her second national title ... Truly loves to both train and compete, in '16 winter "just for fun" took silver at the NCH indoor pentathlon.



ELIN Elisabet ÖSTLUND

Pronunciation	EH-linn OEST-luhnd		
Born	14 February 1991 (Örebro)		
Residence	Örebro		
Occupation	Legal officer		
Height/Weight	162 cm / 62 kg		
Club	KFUM Örebro		
Coach	Nils Holmdahl		
Event	60m		
Personal best	7.39i	Praha, CZE	7.3.2015
2017 best	7.41i	Växjö	25.2.2017



Progression	60m	100m	200m	LJ
	2000	9.47i		3.53iz
	2001			
	2002	8.95i	29.81	3.90z
	2003	8.53i	14.1m	28.84/28.73i
	2004	8.07i		27.17/26.50w/26.93i
	2005	7.99i	12.65	4.91z/5.28iz
	2006	7.85i	12.27	26.58i
	2007	7.86i	12.30/12.29w	25.62/25.58i
	2008	7.75i	12.07	25.28
	2009	7.63i	12.08	24.58
	2010	7.57i	12.02	24.59
	2011	-	11.99/11.86w	24.74
	2012	7.50i	11.92	24.67/24.21w
	2013	-	12.05	24.53/24.32w
	2014	-	12.27	25.01
	2015	7.39i	11.69	-
	2016	7.49i	11.64/11.56w	24.08
	2017	7.41i		

Major competitions	2013	European U23 Ch	6 (4x100m)
	2015	European Indoor Ch	semi (60m)
	2016	European Ch	heat (4x100m)

Internat. matches	Outdoors: 2
	Indoors: 2

National titles	Indoors (60m):	'17	
PB other events	100m	11.64	Sollentuna
		w 11.56	Skara
	200m	24.08	Sollentuna
	60mH	i 9.23	Göteborg
	300mH	43.80	Västerås
	LJ	5.66	Sollentuna
	SP	7.93	Örebro
	DT	15.63	Örebro
	HT	15.96	Örebro
	JT	14.92	Örebro

Notes

Missed '13/'14 more or less completely due to groin problems ... Returned in full force in '15 winter lowering 60m PB by almost a full tenth ... Extremely consistent with seven races at 7.41-7.46 this winter and another seven at 7.39-7.46 in '15.



SWEDISH ATHLETICS