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In the Upper Room Jesus changed the bread and wine into his body and blood. He gave the Apostles the power to do the same thing in memory of him. Each time you go to Mass the priest changes the bread and wine into the actual body and blood of Christ. When you receive the Holy Eucharist you are tasting and receiving the body and blood of Christ. It will energize you and bless you so you can keep away from evil habits. It will help you get closer to almighty God.

L	Т	F	0	L	L	0	W	В	R	Ε	Α	D	R	F	Χ	Н	В	Υ	V
K	L	G	L	0	L	1	V	Ε	S	I	Q	K	L	Χ	Α	R	Υ	S	Q
K	Н	G	Т	В	С	Р	S	М	Υ	С	0	٧	Е	N	Α	Ν	Т	T	С
Т	Р	В	S	L	G	N	R	Ε	Н	С	Α	Ε	Т	Υ	Τ	О	0	K	K
S	S	S	Α	Ε	U	W	Р	Α	S	S	0	٧	Е	R	G	J	G	G	Α
D	K	Ε	Ε	S	N	R	Ε	Q	М	Z	В	G	M	D	Τ	M	J	N	Α
Ο	Ν	L	F	S	L	Ε	Ν	Z	٧	Ν	Ν	U	Т	I	Α	Α	Α	I	D
Ο	Α	Р	M	I	Ε	Α	-1	W	0	Н	S	Ε	Ν	S	Ε	S	R	G	Q
L	Н	1	D	N	Α	D	V	J	Α	Ε	R	S	U	Н	М	Т	0	N	М
В	Т	С	R	G	٧	Υ	L	I	Υ	G	Ε	T	О	Ε	S	Ε	С	I	N
W	I	S	I	Т	Е	D	Z	Χ	Т	М	Р	R	M	D	Ε	R	D	S	М
Α	L	1	Ν	В	N	С	Υ	I	I	0	Р	Ε	S	U	0	Н	Ε	В	Υ
Т	Α	D	K	Υ	Ε	D	M	٧	С	R	U	В	Χ	М	В	V	S	L	Н
Ε	М	S	Χ	0	D	J	С	K	٧	D	Ε	С	I	F	1	R	С	Α	S
R	В	1	W	U	٧	М	В	Ν	Т	S	R	I	F	С	U	Р	Ν	Ε	F
F	Q	В	Ο	S	R	Е	Т	Ν	Е	Ν	F	R	U	I	Т	Α	Р	Q	Z
Υ	Е	K	Ο	R	В	Н	J	Z	М	0	D	G	Ν	I	K	R	0	0	М
V	٧	В	Ο	D	Υ	Z	Ο	D	F	R	О	L	J	D	Α	Υ	Р	Т	Н
Υ	М	G	U	В	F	Ε	V	W	Α	K	Т	Ε	Ε	М	Н	J	I	٧	R
M	M	Ε	V	Α	G	J	Ε	S	U	S	0	F	F	Н	D	0	G	Z	F

blessing	disciples	God	meet	singing
blood	drink	guest	mount	teacher
body	eat	house	olives	thanks
bread	enters	hymn	Passover	took
broke	feast	jar	ready	unleavened
city	first	Jesus	room	upper
covenant	follow	kingdom	sacrificed	vine
cup	fruit	lamb	shed	water
day	gave	master	show	you

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