

# BREAKFAST

Served all day

## Egg Special - 8.25

Three eggs any style with potatoes gratin and two slices of bacon or turkey bacon or sausages or turkey sausages

## Breakfast Special - 11.50

Three eggs any style with potatoes gratin, one large pancake and two slices of bacon or turkey bacon or sausages or turkey sausages

## Eggs Benedict - 10.75

Two poached eggs on a croissant with Canadian bacon or fresh spinach or smoked salmon (+1.50). Topped with hollandaise sauce, served with potatoes gratin, fresh tomatoes and avocado with balsamic vinaigrette

## Breakfast Sandwich - 9.95

Two scrambled eggs with swiss cheese, bacon or ham in a croissant. Served with potatoes gratin & fresh fruit

## Croque-Monsieur - 10.75

Grilled ham sandwich topped with béchamel & melted swiss cheese with a choice of potatoes gratin, salad or fresh fruit

## Croque-Madame - 11.75

Grilled ham sandwich topped with béchamel & melted swiss cheese & one egg sunny side up with a choice of potatoes gratin, salad or fresh fruit

## Pancakes - 9.95

Three pancakes with a choice of one topping, lemon-sugar, nutella, chocolate chip, raspberries or blueberries, served with fresh fruit

## Pain Perdu - 9.95

Our own French toast made of brioche and croissant with added raisins & cranberries, served with fresh fruit

## La Gaufre du Chef "Waffle" - 8.95

Choice of one topping, lemon-sugar, banana-pecan, nutella, blueberries or raspberries, served with fresh fruit

## La Salade de Fruit Jolie - 9.25

Raspberries, dried cranberries, strawberries, blueberries, apples & fresh fruit with plain yogurt

**Butter Croissant - 2.50 - Triple Berry Muffin - 2.95**  
**Chocolate - Almond - Chocolate Almond Croissant - 2.95**

## CRÊPES

Choice of potatoes gratin, organic salad or fresh fruit. \*Except as noted.

### La Parisienne - 9.95

Swiss cheese, ham, sunny-side-egg

### L'Atlantique - 11.95

Smoked salmon, capers, cilantro, fresh tomatoes & cream cheese

### La Provençale - 11.50

Grilled chicken, potatoes, swiss cheese, tomatoes, bell peppers, onions & pesto

### \*La Carnaval - 9.95

Strawberries, bananas & nutella, served with fresh fruit

### \*La Suzette - 8.75

Lemon, sugar, flambé with Grand Marnier, served with fresh fruit

### \*La Tango - 8.95

Dulce de Leche & bananas, served with fresh fruit

### \*La Nutella - 7.25

Nutella, pure & simple, served with fresh fruit

### Sweet Crêpe - 9.95

Choose 3 ingredients from the list.

Any additional ingredient +1.00 each. Served with fresh fruit

Sugar, Nutella, Dulce de Leche, Peanut Butter, Bananas, Chocolate Chips, Lemon, Strawberries, Blueberries, Raspberries, Raspberry Jam, Marshmallow Fluff, Grand Marnier (+1.50)

## QUICHES

Served with potatoes gratin & organic salad

### QUICHE DU JOUR - 11.75

Please ask your server

### Quiche Lorraine - 10.75

Ham & swiss cheese

### Quiche aux Poireaux - 10.75

Leek and goat cheese

### Quiche aux Épinard - 10.75

Spinach, feta cheese & swiss cheese.

### Quiche aux Olives - 10.75

Kalamata olives, sun-dried tomatoes & caramelized onions

## OMELETTES

Choice of potatoes gratin, organic salad or fresh fruit. Egg white +1.00

### L'Atlantique - 11.95

Smoked salmon, cilantro & cream cheese

### L'Espagnole - 10.50

Potatoes, onions, chorizo & mozzarella

### La Complète - 10.50

Mushrooms, brie, avocado, ham or turkey

### La Véggie - 10.50

Spinach, red bell pepper, onions & mushrooms

### La Paysanne - 10.50

Potatoes, ham, swiss cheese & parsley

### LA PERSO: MAKE YOUR OWN CRÊPE OR OMELETTE - 10.50

Choose 3 ingredients from the list below. \*Except as noted. Specialty meats + 1.50. Additional ingredients +1.00 each

#### CHEESES

Swiss  
Panera  
Feta  
Brie  
Goat Cheese  
Cream Cheese  
Cheddar  
American

#### VEGETABLES

Spinach  
Mushrooms  
Avocado  
Fresh tomatoes  
Sun-dried tomatoes  
Potatoes  
Onions  
Caramelized Onions  
Kalamata Olives  
Red bell pepper  
Broccoli  
Zucchini  
Eggplant  
Parsley  
Cilantro  
Basil

#### MEATS

Ham  
Bacon  
Canadian bacon  
Turkey  
Turkey bacon  
Turkey sausage  
Pork Sausage  
Chorizo  
\*Lamb Sausage (1.50)  
\*Smoked Salmon (1.50)  
\*Shrimp (1.50)  
\*Chicken (1.50)

## COFFEES & BEVERAGES

All coffee drinks are made with Lavazza

### Hot Organic Tea - 2.95

Earl Grey, English breakfast, chai, green tea tropical, Caffeine free: Chamomille or mint.

### Coffee/Dcaf - 2.50

Espresso - 2.25

Latte - 3.25

Capuccino - 3.50

Mocha - 3.75

Café au Lait - 3.25

Machiato - 2.95

Americano - 2.50

Hot Chocolate - 3.25

### Add Espresso Shot - 1.25

Add Soy or Almond milk - 50¢

Add vanilla, sugar-free vanilla, caramel or hazelnut flavor - 50¢ each

### Fresh Squeezed Orange Juice - 3.95

Lemonade - 2.75

Apple or Cranberry juice - 2.75

Milk - 2.75

### Black Iced Tea (unsweetened) - 2.75

Passion Fruit Iced Tea (unsweetened) - 2.75

Arnold Palmer - 2.95

Orangina (French soda) - 2.75

Coke, Diet Coke, 7up - 2.00

Perrier - 2.50

Fiji Water - 2.50

### BYOB - 5.00

BRING YOUR OWN BOTTLE

Fresh Squeezed Orange Juice Carafe - 7.95

Credit Card min \$5. Max of two cards per party, 50¢ for each additional card. Split charge \$3 per plate. Substitution \$1. 18% gratuity added to parties of 6 or more. Please refrain from bringing outside food or beverages as they are not allowed. Reservations available for parties of 6 or more.

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