



'Tale of two fish' spaghetti, tuna and anchovy recipe

Serves 2

	200g/7oz spaghetti		150g/5oz fresh tuna fillets or tinned tuna flakes/chunks
	4 fresh/tinned anchovies		1 tablespoon (20g/0.7oz) of capers
	Half a 400g/14oz tin of chopped tomatoes		Extra virgin olive oil
	Salt		