



RECORDES NACIONAIS  
NATAÇÃO PURA  
**AGOSTO 2017**

**PISCINA DE 25m - PROVAS MASCULINAS**

	<b>ABS</b>	<b>SEN</b>	<b>JUN</b>	<b>JUN - 18</b>	<b>JUN - 17</b>	<b>JUV</b>	<b>JUV A - 16</b>	<b>JUV B - 15</b>	<b>INF</b>	<b>INF A - 14</b>	<b>INF B - 13</b>
<b>50 LIVRES</b>	00:21.64	00:21.64		00:22.24	00:23.14		00:24,00	00:23.96		00:25.30	00:26.65
<b>100 LIVRES</b>	00:47.64	00:47.64		00:48.38	00:49.87		00:50.82	00:52.59		00:54.63	00:57.40
<b>200 LIVRES</b>	01:45.25	01:45.25		01:47.73	01:51.15		01:51.06	01:55.53		01:58.99	02:04.75
<b>400 LIVRES</b>	03:45.58	03:45.58		03:50.52	03:56.54		03:59.31	04:03.22		04:12.35	04:21.95
<b>800 LIVRES</b>	07:49,89	07:49,89		07:56,76	08:00.80		08:09.43	08:27.18		08:36.36	09:07.20
<b>1500 LIVRES</b>	15:00,65	15:00,65		15:09,03	15:05.57		15:36.31	16:09.71		16:13.14	17:11.29
<b>4x50 LIVRES-C</b>	01:29.97	01:29.97	01:35.76								
<b>4x50 LIVRES-S</b>	01:28.66	01:28.66	s/t								
<b>4x100 LIVRES-C</b>	03:17.44	03:17.44	03:29.42			03:34.94	03:34.94	03:42,92	03:48.35	03:48.35	04:05.06
<b>4x100 LIVRES-S</b>	03:18.23	03:18.23	03:36.87				03:35.53	03:45.43		03:50.24	03:59.30
<b>4x200 LIVRES-C</b>	07:15.07	07:15.07	07:35.58			07:49.50	07:49.50	08:07,64	08:19.63	08:19.63	08:56.37
<b>4x200 LIVRES-S</b>	07:04,93	07:04,93	07:55.00				07:57.39	08:20.43		09:04.72	08:46.43
<b>50 BRUÇOS</b>	00:27,16	00:27,16		00:28,55	00:28.56						
<b>100 BRUÇOS</b>	00:58.19	00:58.19		01:01.25	01:02.99		01:03.39	01:04.22		01:07.92	01:09.54
<b>200 BRUÇOS</b>	02:05.59	02:05.59		02:13,22	02:16,24		02:18.22	02:20.22		02:29.59	02:37.57
<b>50 COSTAS</b>	00:23,90	00:23,90		00:25.01	00:25.37						
<b>100 COSTAS</b>	00:52.03	00:52.03		00:53.88	00:54.97		00:56.45	00:57.38		00:59.50	01:04.62
<b>200 COSTAS</b>	01:53.06	01:53.06		01:58.37	01:59.34		02:01.43	02:04.99		02:09.17	02:15.27
<b>50 MARIPOSA</b>	00:23.50	00:23.50		00:24,68	00:25,29						
<b>100 MARIPOSA</b>	00:51.45	00:51.45		00:53.87	00:53.97		00:55.60	00:57.32		00:59.56	01:01.78
<b>200 MARIPOSA</b>	01:53.39	01:53.39		01:58.64	01:59.93		02:03.38	02:07.06		02:12.42	02:19.18
<b>100 ESTILOS</b>	00:53,06	00:53,06		00:56.47	00:57.40						
<b>200 ESTILOS</b>	01:53,45	01:53,45		02:00,59	02:02.96		02:05.34	02:08.27		02:13.38	02:17.96
<b>400 ESTILOS</b>	04:06.83	04:06.83		04:11,20	04:21,93		04:25.04	04:35.02		04:40.32	04:49.65
<b>4x50 ESTILOS-C</b>	01:38,95	01:38,95	01:44.80								
<b>4x50 ESTILOS-S</b>	01:38.72	s/t	s/t								
<b>4x100 ESTILOS-C</b>	03:34,53	03:34,53	03:51.87			03:59,81	04:01.13	04:04,46	04:12.50	04:12,48	04:35.54
<b>4x100 ESTILOS-S</b>	03:30,21	03:30,21	03:58.17				03:55.62	04:08.04		04:13.16	04:23.82

**PISCINA DE 25m - PROVAS FEMININAS**

	<u>ABS</u>	<u>SEN</u>	<u>JUN</u>	<u>JUN- -17</u>	<u>JUN- - 16</u>	<u>JUV</u>	<u>JUV A - 15</u>	<u>JUV B - 14</u>	<u>INF</u>	<u>INF A - 13</u>	<u>INF B - 12</u>
<b>50 LIVRES</b>	00:24.94	00:24.94		00:25,95	00:26.14		00:26,77	00:26,85		00:27.76	00:27.89
<b>100 LIVRES</b>	00:55.43	00:55.43		00:56.54	00:56.78		00:57,52	00:59,09		00:59.20	01:00.13
<b>200 LIVRES</b>	01:59,53	01:59,53		02:02.89	02:02.42		02:04.01	02:04.38		02:08,89	02:11,27
<b>400 LIVRES</b>	04:05.38	04:05.38		04:10,52	04:15,43		04:18.39	04:23.08		04:25.3	04:38.40
<b>800 LIVRES</b>	08:24.09	08:24.09		08:32.83	08.45,41		08:46.74	09:00.27		09:03.9	09:33.95
<b>1500 LIVRES</b>	16:11,67	16:22,79		16:11,67	16.44,26		16:54.39	17.17.43		17:18.2	18:28,43
<b>4x50 LIVRES-C</b>	01:43.49	01:43.49	01:46.86								
<b>4x50 LIVRES-S</b>	s/t	s/t	s/t								
<b>4x100 LIVRES-C</b>	03:44.99	03:44.99	03:56.01			04:05,16	04:05,16	04:08.36	04:14,71	04:14,71	04:23.50
<b>4x100 LIVRES-S</b>	03:52,90	03:52,90	04:04.76				04:02,04	04:06.18		04:11.11	04:27,58
<b>4x200 LIVRES-C</b>	08:14.13	08:14.13	08:29.70			08:51,54	08:51,54	08:52.76	09:05.75	09:05.75	09:32.41
<b>4x200 LIVRES-S</b>	08:59.08	s/t	08:56.11				08:44.75	08:45.79		09:20.59	09:37.43
<b>50 BRUÇOS</b>	00:31.43	00:31.43		00:32,09	00:31.46						
<b>100 BRUÇOS</b>	01:07.17	01:07.17		01:08,02	01:08.85		01:09.59	01.11.76		01:13.43	01:17.79
<b>200 BRUÇOS</b>	02:25.87	02:25.87		02:26,47	02:26,87		02:32.36	02:34.51		02:36,86	02:45,30
<b>50 COSTAS</b>	00:28,07	00:28,07		00:28.53	00:28.42						
<b>100 COSTAS</b>	01:00,64	01:00,64		01:01.56	01:01.55		01:01.43	01:02.96		01:04,85	01:06.85
<b>200 COSTAS</b>	02:10.55	02:10.55		02:12,52	02:12.8		02:16.3	02:17.86		02:21,33	02:27,90
<b>50 MARIPOSA</b>	00:26.78	00:26.78		00:27.32	00:27.57						
<b>100 MARIPOSA</b>	00:58.31	00:58.31		00:59.65	01:01.56		01:03.14	01:03,39		01:03,28	01:05.51
<b>200 MARIPOSA</b>	02:08.54	02:08.54		02:10.12	02:13.60		02:17.51	02:19.06		02:25.40	02:31.64
<b>100 ESTILOS</b>	01:02,09	01:02,09		01:02,34	01:04.11						
<b>200 ESTILOS</b>	02:12,37	02:12,37		02:16,22	02:14.94		02:18.48	02:20.93		02:24.68	02:28.04
<b>400 ESTILOS</b>	04:37,41	04:37,41		04:48.80	04:50.85		04:51.85	04:57.68		05:05.68	05:15.68
<b>4x50 ESTILOS-C</b>	01:53.38	01:53.38	01:58.01								
<b>4x50 ESTILOS-S</b>	02:00.74	s/t	s/t								
<b>4x100 ESTILOS-C</b>	04:06.14	04:06.14	04:16.94			04:31,86	04:31,86	04:33.40	04:40.29	04:40.29	04:57.35
<b>4x100 ESTILOS-S</b>	04:11,54	04:11,54	04:31.54				04:26,97	04:28.92		04:35.91	04:55,95

**PISCINA DE 50m - PROVAS MASCULINAS**

	<u>ABS</u>	<u>SEN</u>	<u>JUN</u>	<u>JUN - 18</u>	<u>JUN - 17</u>	<u>JUV</u>	<u>JUV A - 16</u>	<u>JUV B - 15</u>	<u>INF</u>	<u>INF A - 14</u>	<u>INF B - 13</u>
<b>50 LIVRES</b>	00:22.36	00:22.36		00:22.98	00:22.95		00:23.78	00:24.61		00:26.04	00:27.0
<b>100 LIVRES</b>	00:49.50	00:49.50		00:50.24	00:49.59		00:52.10	00:53.51		00:55.53	00:58.47
<b>200 LIVRES</b>	01:48,39	01:48,39		01:49.98	01:53.32		01:54.18	01:57,11		02:01.65	02:06.18
<b>400 LIVRES</b>	03:52.29	03:52.29		03:58.26	03:57.15		03:59.38	04:06.22		04:15.99	04:28.42
<b>800 LIVRES</b>	08:05.35	08:05.35		08:06,97	08:13.49		08:23.54	08:43,31		08:54.25	09:12.56
<b>1500 LIVRES</b>	15:15,12	15:15,12		15:23,46	15:43,55		15:45.55	16:30,45		16:43.48	17:21.58
<b>4x50 LIVRES-C</b>	01:32.36	01:32.94	01:36.69								
<b>4x50 LIVRES-S</b>	01:34.90	01:34.90	01:37,56								
<b>4x100 LIVRES-C</b>	03:24.33	03:26.21	03:34.25			03:39.68	03:39.68	03:45.99	03:52,27	03:52,27	04:06,16
<b>4x100 LIVRES-S</b>	03:23.06	03:23.06	03:27.00				03:36.45	03:45,71		03:53,40	04:05,91
<b>4x200 LIVRES-C</b>	07:27,46	07:27,46	07:44.42			07:58.57	07:58.57	08:15.48	08:34,91	08:34,91	08:58,21
<b>4x200 LIVRES-S</b>	07:16.48	07:16.48	07:32.26				07:55.10	08:22.48		08:42.07	08:56.27
<b>50 BRUÇOS</b>	00:28.16	00:28.16		00:29.07	00:29.10						
<b>100 BRUÇOS</b>	01:01.01	01:01.01		01:02.87	01:04.54		01:05.43	01:06.44		01:09.82	01:11.95
<b>200 BRUÇOS</b>	02:13.21	02:13.21		02:15.99	02:19,00		02:22,25	02:24.15		02:32.07	02:38,14
<b>50 COSTAS</b>	00:25,54	00:25,54		00:26.49	00:26.91						
<b>100 COSTAS</b>	00:55,01	00:55,01		00:56,23	00:56,05		00:58.61	00:59.97		01:01.39	01:05,61
<b>200 COSTAS</b>	01:58.83	01:58.83		02:02.21	02:03.06		02:06,59	02:06.44		02:14.56	02:20.07
<b>50 MARIPOSA</b>	00:23.72	00:23.72		00:24.78	00:24.89						
<b>100 MARIPOSA</b>	00:52.42	00:52.42		00:54.16	00:54.77		00:56.11	00:57.58		00:59.49	01:03.64
<b>200 MARIPOSA</b>	01:56.17	01:56.17		02:01.46	02:02.12		02:03.76	02:08,12		02:14.50	02:21.67
<b>200 ESTILOS</b>	01:58,88	01:58,88		02:02,72	02:04.32		02:08.11	02:10,83		02:16.63	02:22.36
<b>400 ESTILOS</b>	04:15,84	04:15,84		04:22,25	04:25,23		04:32.66	04:37.06		04:26.20	04:54.87
<b>4x50 ESTILOS-C</b>	01:42.03	01:42.03	01:48.28								
<b>4x50 ESTILOS-S</b>	01:47,46	s/t	01:47,46								
<b>4x100 ESTILOS-C</b>	03:46.65	03:46.65	03:55.96			04:03,79	04:05,25	04:08.58	04:18,17	04:18,17	04:41.06
<b>4x100 ESTILOS-S</b>	03:40.19	03:40.19	03:45.71				03:59.59	04:06.22		04:13,95	04:34,54

**PISCINA DE 50m - PROVAS FEMININAS**

	<u>ABS</u>	<u>SEN</u>	<u>JUN</u>	<u>JUN- -17</u>	<u>JUN- -16</u>	<u>JUV</u>	<u>JUV A - 15</u>	<u>JUV B - 14</u>	<u>INF</u>	<u>INF A - 13</u>	<u>INF B - 12</u>
<b>50 LIVRES</b>	00:25.73	00:25.73		00:26,25	00:26.21		00:26.98	00:27,17		00:27.99	00:28.36
<b>100 LIVRES</b>	00:56,41	00:56,41		00:57,63	00:58.40		00:57.75	00:59,41		00:59.73	01:01.46
<b>200 LIVRES</b>	02:01.48	02:01.48		02:03.70	02:05.38		02:05,94	02:07,40		02:10,86	02:12.20
<b>400 LIVRES</b>	04:10.07	04:10.07		04:14,67	04:20.37		04:20,78	04:26,20		04:31.53	04:43.7
<b>800 LIVRES</b>	08:35.10	08:35.10		08:36,21	08:45,53		08:50,68	09:07.70		09:14.85	09:30.42
<b>1500 LIVRES</b>	16:20,80	16:33.93		16:20,80	16:47,35		16:54,60	17:34.28		18:05,62	18:11.07
<b>4x50 LIVRES-C</b>	01:46.22	01:46.22	01:49.70								
<b>4x50 LIVRES-S</b>	01:51,34	s/t	01:48.67								
<b>4x100 LIVRES-C</b>	03:52.07	03:52.07	04:00.84			04:03,10	04:06,43	04:10.72	04:17.13	04:17.13	04:26.09
<b>4x100 LIVRES-S</b>	03:52,40	03:52,40	03:56.10				04:03.93	04:03.93		04:17.14	04:38,05
<b>4x200 LIVRES-C</b>	08:26.91	08:27.04	08:38,96			08:46,61	08:55,49	09:01.51	09:07.81	09:07.81	09:28.03
<b>4x200 LIVRES-S</b>	08:28,70	08:29.48	08:28,70				08:49.57	08:49.57		09:19.64	09:48.37
<b>50 BRUÇOS</b>	00:31,35	00:31,35		00:31.60	00:31.92						
<b>100 BRUÇOS</b>	01:08,82	01:08,82		01:10,00	01:10.09		01:10.73	01:12.89		01:15.49	01:18,66
<b>200 BRUÇOS</b>	02:27.70	02:27.70		02:29,23	02:29.51		02:31.32	02:36.99		02:42,69	02:49,82
<b>50 COSTAS</b>	00:29.40	00:29.40		00:30.18	00:29.80						
<b>100 COSTAS</b>	01:03,42	01:03,42		01:04.15	01:04.00		01:03.92	01:04.90		01:06.78	01:08.97
<b>200 COSTAS</b>	02:15,27	02:15,27		02:15,53	02:17.98		02:17.38	02:20.53		02:23,57	02:33.03
<b>50 MARIPOSA</b>	00:27.27	00:27.27		00:28.31	00:28.00						
<b>100 MARIPOSA</b>	00:58.76	00:58.76		01:00.95	01:01.48		01:03.14	01:03.88		01:04,70	01:07.00
<b>200 MARIPOSA</b>	02:10.14	02:10.14		02:12.56	02:17.11		02:15.56	02:20.75		02:25.32	02:28.92
<b>200 ESTILOS</b>	02:13.87	02:13.87		02:17,22	02:20.61		02:21,01	02:23.60		02:27.88	02:32.93
<b>400 ESTILOS</b>	04:40.11	04:40.11		04:52.12	04:54.00		04:58.08	05:01,00		05:11.29	05:14.05
<b>4x50 ESTILOS-C</b>	01:56.50	01:56.50	02:01,61								
<b>4x50 ESTILOS-S</b>	02:00,50	s/t	02:00.12								
<b>4x100 ESTILOS-C</b>	04:16.23	04:16.23	04:24,80			04:30,40	04:35.70	04:35.70	04:45.41	04:45.41	04:56.36
<b>4x100 ESTILOS-S</b>	04:13,83	04:19.29	04:18.01				04:30,76	04:31.31		04:38,93	04:59.38

**PISCINA DE 25m - PROVAS MASCULINAS**
**50 LIVRES**

<b><u>INF B - 13</u></b>	00:26.65	Gabriel José Lopes	cdl	19.06.10	Lousã
<b><u>INF A - 14</u></b>	00:25.30	João Cruz Castro	csm	12.04.14	Funchal
<b><u>JUV B - 15</u></b>	00:23.96	Diogo Gomes Sousa	cncvg	12.12.09	Ponte de Sôr
<b><u>JUV A - 16</u></b>	00:24,00	João Cruz Castro	cdsr	27.07.16	Funchal
<b><u>JUN- -17</u></b>	00:23.14	Tiago André Venâncio	cns	26.06.04	Reboleira
<b><u>JUN- -18</u></b>	00:22.24	Miguel Duarte Nascimento	portin	08.12.12	Porto – Fluvial
<b><u>SEN</u></b>	00:21.64	Alexandre Escudier Agostinho	fpn	10.12.09	Istambul
	00:21.64	Alexandre Escudier Agostinho	portin	20.12.09	S. Ant. Cavaleiros
<b><u>ABS</u></b>	00:21.64	Alexandre Escudier Agostinho	fpn	10.12.09	Istambul
	00:21.64	Alexandre Escudier Agostinho	portin	20.12.09	S. Ant. Cavaleiros

**100 LIVRES**

<b><u>INF B - 13</u></b>	00:57.40	Tiago Filipe Pereira	dnmg	11.07.04	Caldas da Rainha
<b><u>INF A - 14</u></b>	00:54.63	Tiago Moura Rodrigues	clip	22.04.17	Felgueiras
<b><u>JUV B - 15</u></b>	00:52.59	Diogo Gomes Sousa	cncvg	13.12.09	Ponte de Sôr
<b><u>JUV A - 16</u></b>	00:50.82	Tiago André Venâncio	cns	23.03.03	Braga
<b><u>JUN- -17</u></b>	00:49.87	Tiago André Venâncio	cns	14.02.04	Estoril
<b><u>JUN- -18</u></b>	00:48.38	Tiago André Venâncio	cns	20.12.04	Cantanhede
<b><u>SEN</u></b>	00:47.64	Alexandre Escudier Agostinho	fpn	11.12.09	Istambul
<b><u>ABS</u></b>	00:47.64	Alexandre Escudier Agostinho	fpn	11.12.09	Istambul

**200 LIVRES**

<b><u>INF B - 13</u></b>	02:04.75	João Magalhães Nunes	cna	30.06.12	Algés
<b><u>INF A - 14</u></b>	01:58.99	Pedro Fontoura Oliveira	cfb	10.06.04	Cova Piedade
<b><u>JUV B - 15</u></b>	01:55.53	Diogo Filipe Carvalho	cga	01.03.03	Ilhavo
<b><u>JUV A - 16</u></b>	01:51.06	Tiago André Venâncio	cns	22.03.03	Braga
<b><u>JUN- -17</u></b>	01:51.15	Jorge Manuel Maia	gdvnf	11.12.05	Tomar
<b><u>JUN- -18</u></b>	01:47.73	Tiago André Venâncio	fpn	12.12.04	Viena
<b><u>SEN</u></b>	01:45.25	Luis Emanuel Vaz	gdvnf	21.12.13	Felgueiras
<b><u>ABS</u></b>	01:45.25	Luis Emanuel Vaz	gdvnf	21.12.13	Felgueiras

**400 LIVRES**

<b><u>INF B - 13</u></b>	04:21.95	Pedro Fontoura Oliveira	cfb	05.04.03	Santarém
<b><u>INF A - 14</u></b>	04:12.35	André Vilas Ruivo	dnmg	29.03.14	Campo Maior
<b><u>JUV B - 15</u></b>	04:03.22	João Pedro Gil	anam	08.07.12	Algés
<b><u>JUV A - 16</u></b>	03:59.31	João Carlos Santos	anam	08.07.12	Algés
<b><u>JUN- -17</u></b>	03:56.54	Rui Filipe Costa	vsc	24.11.07	Felgueiras
<b><u>JUN- -18</u></b>	03:50.52	Adriano Miguel Niz	cfv	26.06.04	Fafe
<b><u>SEN</u></b>	03:45.58	Fábio Manuel Pereira	fpn	10.12.09	Istambul
<b><u>ABS</u></b>	03:45.58	Fábio Manuel Pereira	fpn	10.12.09	Istambul

**800 LIVRES**

<b><u>INF B - 13</u></b>	09:07.20	André Vilas Ruivo	dnmg	03.03.13	Leiria
<b><u>INF A - 14</u></b>	08:36.36	André Vilas Ruivo	dnmg	25.05.14	Nazaré
<b><u>JUV B - 15</u></b>	08:27.18	Rui Filipe Costa	vsc	13.05.06	Senhora da Hora
<b><u>JUV A - 16</u></b>	08:09.43	Rui Filipe Costa	vsc	12.05.07	Senhora da Hora
<b><u>JUN- -17</u></b>	08:00.80	Gustavo Manuel Santa	cnla	06.12.09	Leiria
<b><u>JUN- -18</u></b>	07:56,76	Guilherme Filipe Pina	bscn	11.12.15	Porto - Fluvial
<b><u>SEN</u></b>	07:49,89	Rafael Lourenço Gil	sfuap	11.12.15	Porto - Fluvial
<b><u>ABS</u></b>	07:49,89	Rafael Lourenço Gil	sfuap	11.12.15	Porto - Fluvial

**1500 LIVRES**

<b><u>INF B - 13</u></b>	17:11.29	André Vilas Ruivo	dnmg	03.03.13	Leiria
<b><u>INF A - 14</u></b>	16:13.14	André Vilas Ruivo	dnmg	30.03.14	Campo Maior
<b><u>JUV B - 15</u></b>	16:09.71	Luís Miguel Monteiro	fcp	01.03.98	Lousada
<b><u>JUV A - 16</u></b>	15:36.31	Rui Filipe Costa	vsc	04.03.07	Braga
<b><u>JUN- -17</u></b>	15:05.57	Gustavo Manuel Santa	cnla	06.12.09	Leiria
<b><u>JUN- -18</u></b>	15:09,03	João Alexandre Vital	fpn	7.11.15	V.R.St.António
<b><u>SEN</u></b>	15:00,65	Rafael Lourenço Gil	sfuap	13.12.15	Porto - Fluvial
<b><u>ABS</u></b>	15:00,65	Rafael Lourenço Gil	sfuap	13.12.15	Porto - Fluvial

**4x50 LIVRES**

<b><u>JUN- - Club</u></b>	01:35.76	Paulo Jorge Santos, Francisco Nunes Quintal, Tiago Marques Costa, Daniel Filipe Pinto	fcp	24.11.06	Felgueiras
<b><u>JUN- - Sel</u></b>	s/t	sem tempo limite			
<b><u>SEN - Club</u></b>	01:29.97	Paulo Jorge Santos, João Filipe Carvalho, Carlos Filipe Santos, Rui Filipe Vilar	fcp	04.12.09	Leiria
<b><u>SEN - Sel</u></b>	01:28.66	Tiago André Venâncio, Alexandre Escudier Agostinho, Diogo Filipe Carvalho, Duarte Rafael Mourão	fpn	11.12.11	Szczecin
<b><u>ABS - Club</u></b>	01:29.97	Paulo Jorge Santos, João Filipe Carvalho, Carlos Filipe Santos, Rui Filipe Vilar	fcp	04.12.09	Leiria
<b><u>ABS - Sel</u></b>	01:28.66	Tiago André Venâncio, Alexandre Escudier Agostinho, Diogo Filipe Carvalho, Duarte Rafael Mourão	fpn	11.12.11	Szczecin

**4x100 LIVRES**

<b><u>INF B 13 – Club</u></b>	04:05.06	Miguel Ângelo Santos, Hugo Gabriel Morais, Daniel Pereira Silva, João Pereira Tinoco	gdvnvf	28.06.13	Vila Praia Ancora
<b><u>INF B – Sel</u></b>	03:59.30	Diogo Matos Ribeiro José Diogo Dias Gonçalo Brites Moita	anc	25.06.17	Coimbra
<b><u>INF A 14 - Club</u></b>	03:48.35	Dinis Miranda Diogo José Pedro Freitas, Miguel Ângelo Santos, João Pereira Tinoco, Hugo Gabriel Morais,	gdvnvf	29.03.14	Cantanhede
<b><u>INF A - Sel</u></b>	03:50.24	Francisco Carvalho Machado, João Alexandre Vital, Steve Alexandre Soares, Guilherme Assis Ramos	anf	14.04.12	Abrantes
<b><u>INF – Club</u></b>	03:48.35	José Pedro Freitas, Miguel Ângelo Santos, João Pereira Tinoco, Hugo Gabriel Morais,	gdvnvf	29.03.14	Cantanhede
<b><u>JUV B 15 - Club</u></b>	03:42,92	José Pedro Freitas, Hugo Gabriel Morais, Miguel Ângelo Santos, João Pereira Tinoco	gdvnvf	13.12.14	Estarreja
<b><u>JUV B Sel</u></b>	03:45.43	Tiago Azevedo Lousada, Ricardo Luís Silva, Bruno André Laranjeira, Francisco Coelho Antunes	fpn	11.07.95	Bath
<b><u>JUV A 16 - Club</u></b>	03:34.94	Francisco Manso Teixeira Francisco Aguiar Morganho Pedro Camacho Sousa Henrique Luis Vargas	cnf	11.07.14	Funchal
<b><u>JUV A - Sel</u></b>	03:35.53	Tiago André Venâncio, José João Bica, José Meireles Parente, André Jorge Vieira	fpn	21.06.03	Rio Maior
<b><u>JUV – Club</u></b>	03:34.94	Francisco Manso Teixeira Francisco Aguiar Morganho Pedro Camacho Sousa Henrique Luis Vargas	cnf	11.07.14	Funchal
<b><u>JUN- – Club</u></b>	03:29.42	João Carlos Santos, Miguel Ângelo Alves, Rafael Lourenço Gil, Tiago Ferreira Azevedo	anam	09.12.12	Porto – Fluvial
<b><u>JUN- - Sel</u></b>	03:36.87	Nuno Filipe Cancelinha, Nuno Miguel Macedo, Bruno Emanuel Graça, João Francisco Oliveira	fpn	16.04.00	Salamanca
<b><u>SEN - Club</u></b>	03:17.44	Duarte Rafael Mourão, Fábio André Figueira, Simão Gomes Morgado,			





Carlos Esteves Almeida	cna	19.12.09	S. Ant. Cavaleiros
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<b><u>SEN - Sel</u></b>	03:18.23	Tiago André Venâncio, Miguel Martins Pires, Adriano Miguel Niz, João Pedro Araújo	fpn	05.04.06	Xangai
<b><u>ABS - Club</u></b>	03:17.44	Duarte Rafael Mourão, Fábio André Figueira, Simão Gomes Morgado, Carlos Esteves Almeida	cna	19.12.09	S. Ant. Cavaleiros
<b><u>ABS - Sel</u></b>	03:18.23	Tiago André Venâncio, Miguel Martins Pires, Adriano Miguel Niz, João Pedro Araújo	fpn	05.04.06	Xangai
<b>4x200 LIVRES</b>					
<b><u>INF B 13 - Club</u></b>	08:56.37	Vitor Belo Clara Nuno Marques Silva Rodrigo Miguel Reis Ricardo Morais Faria	adba	25.06.17	Leiria
<b><u>INF B - Sel</u></b>	08:46.43	José Diogo Dias Diogo Matos Ribeiro Gonçalo Brites Moita Dinis Miranda Diogo	anc	25.06.17	Coimbra
<b><u>INF A 14 - Club</u></b>	08:19.63	José Pedro Freitas, João Pereira Tinoco Miguel Ângelo Santos, Hugo Gabriel Morais,	gdvnvf	08.03.14	Paços de Ferreira
<b><u>INF A - Sel</u></b>	09:04.97	Martim Miranda Machado Manuel Baptista Simões Vitor Teixeira Oliveira Gonçalo Pires Lourenço	anc	25.06.17	Coimbra
<b><u>INF - Club</u></b>	08:19.63	José Pedro Freitas, João Pereira Tinoco Miguel Ângelo Santos, Hugo Gabriel Morais,	gdvnvf	08.03.14	Paços de Ferreira
<b><u>JUV B 15 - Club</u></b>	08:07,64	José Pedro Freitas, Hugo Gabriel Morais, Miguel Ângelo Santos, João Pereira Tinoco	gdvnvf	12.12.14	Estarreja
<b><u>JUV B -Sel</u></b>	08:20.43	Rodrigo Alexandre Travassos Tomás Pedrosa Miguel Paulo André Frota João Neto Pereira	anc	25.06.17	Coimbra
<b><u>JUV A 16 - Club</u></b>	07:49.50	Miguel Ângelo Alves, Rafael Lourenço Gil, Rafael Filipe Nunes, João Carlos Santos	anam	06.07.12	Algés
<b><u>JUV A - Sel</u></b>	07:57.39	Adriano Miguel Niz, Carlos Miguel Tinoco, Vítor Campelo Ramalho, Sérgio Daniel Barbosa	annp	17.03.02	Torrelavega
<b><u>JUV Club</u></b>	07:49.50	tempo limite			
<b><u>JUN- - Club</u></b>	07:35.58	Rafael Lourenço Gil,			



<b><u>JUN - - Sel</u></b>	07:55.00	F�bio Alc�ntara Aires, Jo�o Pedro Gil, Jo�o Carlos Santos Lucas Pereira Bastos Miguel Diogo Agostinho Pedro Guilherme Ferreira	anam	22.12.13	Felgueiras
<b><u>SEN - Club</u></b>	07:15.07	Jo�o Pedro Gomes F�bio Andr� Figueira, Daniel Ricardo Viegas, Duarte Rafael Mour�o, Carlos Esteves Almeida	anc cna	25.06.17 20.12.09	Coimbra S. Ant. Cavaleiros



<b><u>SEN - Sel</u></b>	07:04,93	Miguel Duarte Nascimento Gabriel José Lopes Diogo Filipe Carvalho Alexis Manaças Santos	fpn	09.12.16	Windsor
<b><u>ABS - Club</u></b>	07:15.07	Fábio André Figueira, Daniel Ricardo Viegas, Duarte Rafael Mourão, Carlos Esteves Almeida	cna	20.12.09	S. Ant. Cavaleiros
<b><u>ABS - Sel</u></b>	07:04,93	Miguel Duarte Nascimento Gabriel José Lopes Diogo Filipe Carvalho Alexis Manaças Santos	fpn	09.12.16	Windsor
<b>50 BRUÇOS</b>					
<b><u>JUN- -17</u></b>	00:28.56	Pedro Miguel Agostinho	slb	03.05.09	S. Ant. Cavaleiros
<b><u>JUN- -18</u></b>	00:28,55	Simão Miguel Capitão	clamas	24.05.15	Senhora da Hora
<b><u>SEN</u></b>	00:27,16	Carlos Esteves Almeida	esjb	21.12.14	Porto - Fluvial
<b><u>ABS</u></b>	00:27,16	Carlos Esteves Almeida	esjb	21.12.14	Porto - Fluvial
<b>100 BRUÇOS</b>					
<b><u>INF B - 13</u></b>	01:09.54	André Gonçalo Santos	lsc	15.05.10	Lousada
<b><u>INF A - 14</u></b>	01:07.92	André Gonçalo Santos	lsc	12.03.11	Viseu
<b><u>JUV B - 15</u></b>	01:04.22	André Gonçalo Santos	lsc	04.03.12	Braga
<b><u>JUV A - 16</u></b>	01:03.39	André Gonçalo Santos	lsc	21.12.12	S. Ant. Cavaleiros
<b><u>JUN- -17</u></b>	01:02.99	André Gonçalo Santos	lsc	21.12.13	Felgueiras
<b><u>JUN- -18</u></b>	01:01.25	Pedro Miguel Agostinho	scp	19.12.09	S. Ant. Cavaleiros
<b><u>SEN</u></b>	00:58.19	Carlos Esteves Almeida	fpn	22.11.12	Chartres
<b><u>ABS</u></b>	00:58.19	Carlos Esteves Almeida	fpn	22.11.12	Chartres
<b>200 BRUÇOS</b>					
<b><u>INF B - 13</u></b>	02:37.57	Tomás Miguel Freitas	cdn	13.07.03	Funchal – Nazaré
<b><u>INF A - 14</u></b>	02:29.59	Luís Manuel Fernandes	gdvnvf	08.03.09	Cantanhede
<b><u>JUV B - 15</u></b>	02:20.22	André Gonçalo Santos	lsc	03.03.12	Braga
<b><u>JUV A - 16</u></b>	02:18.22	André Gonçalo Santos	lsc	08.03.13	Felgueiras
<b><u>JUN- -17</u></b>	02:16,24	Jorge Jesus Silva	scb	10.12.16	Funchal
<b><u>JUN- -18</u></b>	02:13,22	André Gonçalo Santos	lsc	19.12.14	Porto - Fluvial
<b><u>SEN</u></b>	02:05.59	Carlos Esteves Almeida	fpn	25.11.12	Chartres
<b><u>ABS</u></b>	02:05.59	Carlos Esteves Almeida	fpn	25.11.12	Chartres
<b>50 COSTAS</b>					
<b><u>JUN- -17</u></b>	00:25.37	Gabriel José Lopes	cdl	11.05.14	Pedrulha - Coimbra
<b><u>JUN- -18</u></b>	00:25.01	Alexis Manaças Santos	scp	04.12.09	Leiria
<b><u>SEN</u></b>	00:23,90	Alexis Manaças Santos	scp	11.12.15	Porto - Fluvial
<b><u>ABS</u></b>	00:23,90	Alexis Manaças Santos	scp	11.12.15	Porto - Fluvial

**100 COSTAS**

<b><u>INF B - 13</u></b>	01:04.62	José Diogo Dias	fbsc	07.05.17	Coimbra
<b><u>INF A - 14</u></b>	00:59.50	Ricardo Lopes Silva	dnmg	10.06.17	Caldas da Rainha
<b><u>JUV B - 15</u></b>	00:57.38	Gabriel José Lopes	cdl	13.05.12	Coimbra
<b><u>JUV A - 16</u></b>	00:56.45	Diogo Gomes Sousa	cncvg	04.12.10	Porto – Fluvial
<b><u>JUN- -17</u></b>	00:54.97	Gabriel José Lopes	cdl	11.05.14	Pedrulha - Coimbra
<b><u>JUN- -18</u></b>	00:53.88	Alexis Manaças Santos	scp	05.12.09	Leiria
<b><u>SEN</u></b>	00:52.03	Alexis Manaças Santos	fpn	14.12.13	Herning
<b><u>ABS</u></b>	00:52.03	Alexis Manaças Santos	fpn	14.12.13	Herning

**200 COSTAS**

<b><u>INF B - 13</u></b>	02:15.27	André Vilas Ruivo	dnmg	16.03.13	S. Ant. Cavaleiros
<b><u>INF A - 14</u></b>	02:09.17	João Alexandre Vital	cimm	29.06.12	Algés
<b><u>JUV B - 15</u></b>	02:04.99	João Alexandre Vital	adrcimm	09.03.13	Estoril
<b><u>JUV A - 16</u></b>	02:01.43	Diogo Gomes Sousa	cncvg	04.06.11	Algés
<b><u>JUN- -17</u></b>	01:59.34	Adriano Miguel Niz	cfv	16.05.03	Algés
<b><u>JUN- -18</u></b>	01:58.37	Adriano Miguel Niz	cfv	03.07.04	Alhadas
<b><u>SEN</u></b>	01:53.06	Pedro Diogo Oliveira	fpn	22.11.12	Chartres
<b><u>ABS</u></b>	01:53.06	Pedro Diogo Oliveira	fpn	22.11.12	Chartres

**50 MARIPOSA**

<b><u>JUN- -17</u></b>	00:25,29	Koen Weustink	gcvr	19.03.17	Mirandela
<b><u>JUN- -18</u></b>	00:24,68	João Miguel Ascensão	fcp	21.12.14	Porto - Fluvial
<b><u>SEN</u></b>	00:23.50	Tiago André Venâncio	fpn	11.12.11	Szczecin
<b><u>ABS</u></b>	00:23.50	Tiago André Venâncio	fpn	11.12.11	Szczecin

**100 MARIPOSA**

<b><u>INF B - 13</u></b>	01:01.78	Fábio Parrilha da Silva	cnal	01.04.00	Penafiel
<b><u>INF A - 14</u></b>	00:59.56	Fábio Parrilha da Silva	cnal	07.04.01	Leiria
<b><u>JUV B - 15</u></b>	00:57.32	Diogo Filipe Carvalho	cga	10.06.03	Estarreja
<b><u>JUV A - 16</u></b>	00:55.60	Diogo Gomes Sousa	cncvg	05.12.10	Porto – Fluvial
<b><u>JUN- -17</u></b>	00:53.97	Tiago André Venâncio	cns	15.02.04	Estoril
<b><u>JUN- -18</u></b>	00:53.87	Tiago André Venâncio	cns	19.12.04	Cantanhede
<b><u>SEN</u></b>	00:51.45	Diogo Filipe Carvalho	fpn	11.11.09	Estocolmo
<b><u>ABS</u></b>	00:51.45	Diogo Filipe Carvalho	fpn	11.11.09	Estocolmo

**200 MARIPOSA**

<b><u>INF B - 13</u></b>	02:19.18	André Vilas Ruivo	dnmg	01.06.13	Nazaré
<b><u>INF A - 14</u></b>	02:12.42	Tomás Miguel Freitas	cdn	11.07.04	Funchal – Nazaré
<b><u>JUV B - 15</u></b>	02:07.06	Pedro Diogo Oliveira	cnrm	24.05.03	Entroncamento
<b><u>JUV A - 16</u></b>	02:03.38	Diogo Parrilha Silva	cnal	13.06.09	Alcobaça
<b><u>JUN- -17</u></b>	01:59.93	Diogo Filipe Carvalho	cga	05.03.05	Mealhada
<b><u>JUN- -18</u></b>	01:58.64	Diogo Filipe Carvalho	cga	09.12.05	Tomar
<b><u>SEN</u></b>	01:53.39	Diogo Filipe Carvalho	fpn	12.12.09	Istambul
<b><u>ABS</u></b>	01:53.39	Diogo Filipe Carvalho	fpn	12.12.09	Istambul

**100 ESTILOS**

<b><u>JUN- -17</u></b>	00:57.40	Diogo Filipe Carvalho	cga	14.05.05	Aveiro
<b><u>JUN- -18</u></b>	00:56.47	Alexis Manaças Santos	scp	06.12.09	Leiria
<b><u>SEN</u></b>	00:53,06	Alexis Manaças Santos	fpn	08.12.16	Windsor
<b><u>ABS</u></b>	00:53,06	Alexis Manaças Santos	fpn	08.12.16	Windsor

**200 ESTILOS**

<b><u>INF B - 13</u></b>	02:17.96	André Vilas Ruivo	dnmg	02.06.13	Nazaré
<b><u>INF A - 14</u></b>	02:13.38	Tomás Miguel Freitas	cdn	17.07.04	Machico
<b><u>JUV B - 15</u></b>	02:08.27	Diogo Filipe Carvalho	cga	10.05.03	Fafe
<b><u>JUV A - 16</u></b>	02:05.34	Diogo Filipe Carvalho	cga	15.05.04	Aveiro
<b><u>JUN- -17</u></b>	02:02.96	Diogo Filipe Carvalho	cga	06.03.05	Mealhada
<b><u>JUN- -18</u></b>	02:00,59	Gabriel José Lopes	aln	10.05.15	Coimbra
<b><u>SEN</u></b>	01:53,45	Diogo Filipe Carvalho	fpn	04.12.15	Netanya
<b><u>ABS</u></b>	01:53,45	Diogo Filipe Carvalho	fpn	04.12.15	Netanya

**400 ESTILOS**

<b><u>INF B - 13</u></b>	04:49.65	André Vilas Ruivo	dnmg	15.03.13	S. Ant. Cavaleiros
<b><u>INF A - 14</u></b>	04:40.32	Tomás Miguel Freitas	cdn	09.07.04	Funchal – Nazaré
<b><u>JUV B - 15</u></b>	04:35.02	Diogo Filipe Carvalho	cga	21.03.03	Braga
<b><u>JUV A - 16</u></b>	04:25.04	João Alexandre Vital	adrcimm	13.12.13	Tomar
<b><u>JUN- -17</u></b>	04:21,93	João Alexandre Vital	adrcimm	19.12.14	Porto - Fluvial
<b><u>JUN- -18</u></b>	04:11,20	João Alexandre Vital	scp	11.12.15	Porto - Fluvial
<b><u>SEN</u></b>	04:06.83	Diogo Filipe Carvalho	fpn	11.12.09	Istambul
<b><u>ABS</u></b>	04:06.83	Diogo Filipe Carvalho	fpn	11.12.09	Istambul

**4x50 ESTILOS**

<b><u>JUN- - Club</u></b>	01:44.80	Ruben Oliveira Lopes Leonardo Cardoso Figueiredo Artur José Reis João Miguel Ascensão	fcj	21.12.13	Felgueiras
<b><u>JUN- - Sel</u></b>		sem tempo limite			
<b><u>SEN - Club</u></b>	01:38,95	Diogo Gomes Sousa Carlos Esteves Almeida Duarte Rafael Mourão João Silva Gigante	esjb	20.12.14	Porto - Fluvial
<b><u>SEN - Sel</u></b>		sem tempo limite			
<b><u>ABS - Club</u></b>	01:38,95	Diogo Gomes Sousa Carlos Esteves Almeida Duarte Rafael Mourão João Silva Gigante	esjb	20.12.14	Porto - Fluvial
<b><u>ABS - Sel</u></b>	01:38.72	Nuno Filipe Laurentino, Hélder José Lopes, Simão Gomes Morgado, Pedro Nuno Silva	fpn	12.12.02	Riesa

**4x100 ESTILOS**

<b><u>INF B 13 - Club</u></b>	04:35.54	Daniel Pereira Silva, Miguel Ângelo Santos, Hugo Gabriel Morais, Rogério José Machado	gdvnvf	17.03.13	Porto – Fluvial
<b><u>INF B - Sel</u></b>	4:23.82	José Diogo Dias Rafael Alves Campos Gonçalo Brites Moita Diogo Matos Ribeiro	anc	24.06.17	Coimbra



<b><u>INF A 14 - Club</u></b>	04:12,48	Diogo Nuno Valente Martim Rebelo Malfeito Vicente Oliveira Gomes Ruy Manuel Domingos	scp	20.03.16	Tomar
<b><u>INF A - Sel</u></b>	04:13.16	João Pereira Tinoco Miguel Ângelo Santos, Hugo Gabriel Morais, José Pedro Freitas,	annp	12.04.14	Abrantes
<b><u>INF Club</u></b>	04:12.50	João Pereira Tinoco Miguel Ângelo Santos, Hugo Gabriel Morais, José Pedro Freitas,	gdvnvf	30.03.14	Cantanhede
<b><u>JUV B 15 - Club</u></b>	04:04,46	João Pereira Tinoco Miguel Ângelo Santos, Hugo Gabriel Morais, José Pedro Freitas,	gdvnvf	14.12.14	Estarreja
<b><u>JUV B- Sel</u></b>	04:08.04	João Pedro Dias Duarte Anastácio Sousa Rodrigo Alexandre Travassos Tomás Pedrosa Miguel	anc	24.06.17	Coimbra
<b><u>JUV A 16 - Club</u></b>	04:01.13	Miguel Reis Santos Hugo Pon Afonso Ribeiro Bate Francisco Carvalho Machado	sad	15.12.13	Tomar
<b><u>JUV A - Sel</u></b>	03:55.62	José João Bica, Nuno Gonçalo Quintanilha, Tiago André Venâncio, André Jorge Vieira	fpn	21.06.03	Rio Maior
<b><u>JUV Club</u></b>	03:59,81	João Francisco Lopes Mário Jorge Veloso Luis Filipe Ribeiro José Pedro Fernandes	scb	06.07.14	Ponte da Barca
<b><u>JUN- - Club</u></b>	03:51.87	Bruno Gama Freitas, Hugo Alexandre Jerónimo, Ricardo Jorge Coxo, Eduardo Barata Correia	sfuap	24.03.00	Mealhada
<b><u>JUN- - Sel</u></b>	03:58.17	Mário Moura Carvalho, José Guilherme Couto, Ricardo Jorge Santos, Miguel Azevedo Portela	fpn	18.12.94	Madrid
<b><u>SEN - Club</u></b>	03:34,53	Pedro Diogo Oliveira Carlos Esteves Almeida, Rafael Duarte Mourão João Silva Gigante	esjb	19.12.14	Porto – Fluvial
<b><u>SEN - Sel</u></b>	03:30,21	Gabriel José Lopes Diogo Filipe Carvalho Alexis Manaças Santos Miguel Duarte Nascimento	fpn	11.12.16	Windsor

**ABS - Club**

03:34,53

Pedro Diogo Oliveira  
Carlos Esteves Almeida,  
Rafael Duarte Mour o  
Jo o Silva Gigante

esjb

19.12.14

Porto – Fluvial

**ABS - Sel**

03:44,68

M rio Alexandre Pereira  
Diogo Filipe Carvalho  
Tiago Andr  Ven ncio,  
Luis Emanuel Vaz

fjn

09.11.14

Vila Real de St  Ant nio



**PISCINA DE 25m - PROVAS FEMININAS**
**50 LIVRES**

<b><u>INF B - 12</u></b>	0:27.89	Carolina Miranda Fernandes	cga	13.05.17	Espinho
<b><u>INF A - 13</u></b>	0:27.76	Ana Margarida Guedes	gcvr	17.05.14	Espinho
<b><u>JUV B - 14</u></b>	0:26,85	Ana Margarida Guedes	gcvr	05.07.15	Bragança
<b><u>JUV A - 15</u></b>	0:26,77	Ana Margarida Guedes	sarnn	20.02.16	Abrantes
<b><u>JUN B - 16</u></b>	0:26.14	Maria Carolina Rosa	scp	20.12.09	S. Ant. Cavaleiros
<b><u>JUN A - 17</u></b>	0:25,95	Beatriz Mendes Viegas	tnc	12.11.16	Vila Real Stº António
<b><u>SEN</u></b>	0:24.94	Patrícia Vilas Conceição	cna	20.12.09	S. Ant. Cavaleiros
<b><u>ABS</u></b>	0:24.94	Patrícia Vilas Conceição	cna	20.12.09	S. Ant. Cavaleiros

**100 LIVRES**

<b><u>INF B - 12</u></b>	1:00.13	Carolina Miranda Fernandes	cga	08.04.17	Mealhada
<b><u>INF A - 13</u></b>	0:59.20	Inês Camacho Fernandes	scp	07.03.10	Tavira
<b><u>JUV B - 14</u></b>	0:59,09	Camila Rodrigues Rebelo	aln	03.12.16	Ponte da Barca
<b><u>JUV A - 15</u></b>	0:57,52	Raquel Gomes Pereira	sad	10.05.15	Algés
<b><u>JUN B - 16</u></b>	0:56.78	Maria Carolina Rosa	scp	04.12.09	Leiria
<b><u>JUN A - 17</u></b>	0:56.54	Diana Margarida Durães	fcp	07.12.12	Porto – Fluvial
<b><u>SEN</u></b>	0:55.43	Patrícia Vilas Conceição	cna	20.12.09	S. Ant. Cavaleiros
<b><u>ABS</u></b>	0:55.43	Patrícia Vilas Conceição	cna	20.12.09	S. Ant. Cavaleiros

**200 LIVRES**

<b><u>INF B - 12</u></b>	2:11,27	Carolina Miranda Fernandes	cga	25.03.17	Mealhada
<b><u>INF A - 13</u></b>	02:08,89	Alexandra Couto Frazão	cna	08.03.15	Setúbal
<b><u>JUV B - 14</u></b>	2:04.38	Camila Rodrigues Rebelo	anc	25.06.17	Coimbra
<b><u>JUV A - 15</u></b>	2:04.01	Alexandra Couto Frazão	anc	25.06.17	Coimbra
<b><u>JUN B - 16</u></b>	2:02.42	Andreia Catarina Gomes	vsc	19.12.09	S. Ant. Cavaleiros
<b><u>JUN A - 17</u></b>	2:02.89	Diana Margarida Durães	fcp	09.12.12	Porto – Fluvial
<b><u>SEN</u></b>	1:59,53	Diana Margarida Durães	fcp	13.12.15	Porto – Fluvial
<b><u>ABS</u></b>	1:59,53	Diana Margarida Durães	fcp	21.12.13	Porto – Fluvial

**400 LIVRES**

<b><u>INF B - 12</u></b>	4:38.40	Filipa Vilas Ruivo	dnmg	13.06.09	Alcobaça
<b><u>INF A - 13</u></b>	4:25.3	Alexandra Maria Silva	fcp	19.07.80	Antas
<b><u>JUV B - 14</u></b>	4:23.08	Susana Patrícia Miguel	sfuap	15.05.04	Alhandra
<b><u>JUV A - 15</u></b>	4:18.39	Ana Cláudia Santos	sfuap	20.12.04	Cantanhede
<b><u>JUN B - 16</u></b>	4:15,43	Tamila Hryhorivna Holub	scb	20.12.14	Porto-Fluvial
<b><u>JUN A - 17</u></b>	4:10,52	Tamila Hryhorivna Holub	scb	12.12.15	Porto-Fluvial
<b><u>SEN</u></b>	4:05.38	Diana Margarida Durães	fpn	02.08.17	Moscovo
<b><u>ABS</u></b>	4:05.38	Diana Margarida Durães	fpn	02.08.17	Moscovo

**800 LIVRES**

<b><u>INF B - 12</u></b>	09:33.95	Filipa Vilas Ruivo	dnmg	16.05.09	Nazaré
<b><u>INF A - 13</u></b>	09:03.9	Alexandra Maria Silva	fcp	13.07.80	Porto - Antas
<b><u>JUV B - 14</u></b>	09:00.27	Alexandra Maria Silva	fpn	20.12.80	Antibes
<b><u>JUV A - 15</u></b>	08:46.74	Ana Cláudia Santos	sfuap	19.12.04	Cantanhede
<b><u>JUN B - 16</u></b>	08:45,41	Tamila Hryhorivna Holub	scb	21.12.14	Porto-Fluvial
<b><u>JUN A - 17</u></b>	08:32.83	Tamila Hryhorivna Holub	scb	13.12.15	Porto-Fluvial
<b><u>SEN</u></b>	08:24.09	Diana Margarida Durães	fpn	03.08.17	Moscovo
<b><u>ABS</u></b>	08:24.09	Diana Margarida Durães	fpn	03.08.17	Moscovo

**1500 LIVRES**

<b><u>INF B - 12</u></b>	18:28,43	Mafalda Sofia Rosa	cnrm	14.03.15	Coruche
<b><u>INF A - 13</u></b>	17:18.2	Alexandra Maria Silva	fcp	23.07.80	Porto - Antas
<b><u>JUV B - 14</u></b>	17:17.43	Tamila Hryhorivna Holub	scb	30.06.13	Vila Praia Ancora
<b><u>JUV A - 15</u></b>	16:54.39	Tamila Hryhorivna Holub	scb	16.03.14	Vila Praia Ancora
<b><u>JUN B - 16</u></b>	16:44,26	Tamila Hryhorivna Holub	scb	19.12.14	Porto - Fluvial
<b><u>JUN A - 17</u></b>	16:11,67	Tamila Hryhorivna Holub	scb	11.12.15	Porto - Fluvial
<b><u>SEN</u></b>	16:22,79	Angélica Maria André	cfp	11.12.15	Porto - Fluvial
<b><u>ABS</u></b>	16:11,67	Tamila Hryhorivna Holub	scb	11.12.15	Porto - Fluvial

**4x50 LIVRES**

<b><u>JUN - Club</u></b>	1:46.86	Maria Carolina Rosa, Patrícia Garcia Marinho, Filipa Vilas Tiago, Mafalda Gomes Beleza	scp	04.12.09	Leiria
<b><u>JUN - Sel</u></b>		sem tempo limite			
<b><u>SEN - Club</u></b>	1:43.49	Sara Beatriz Loureiro, Sara Freitas Oliveira, Alexandra Paiva Oliveira, Marta Vieira Marinho	fcp	04.12.09	Leiria
<b><u>SEN - Sel</u></b>		sem tempo limite			
<b><u>ABS - Club</u></b>	1:43.49	Sara Beatriz Loureiro, Sara Freitas Oliveira, Alexandra Paiva Oliveira, Marta Vieira Marinho	fcp	04.12.09	Leiria
<b><u>ABS - Sel</u></b>		sem tempo limite			

**4x100 LIVRES**

<b><u>INF B 12 – Club</u></b>	4:23.50	Carolina Miranda Fernandes Maria Carolina Almeida Leonor Ferreira Sequeira Lara Rodrigues Vasconcelos	cga	21.05.17	Mealhada
<b><u>INF B – Sel</u></b>		sem tempo limite			
<b><u>INF A 13 - Club</u></b>	4:14,71	Maria Margarida Belo Carolina Barros Domingos Madalena Maria Ferreira Leonor Camacho Fernanddes	SCP	29.03.15	Silves
<b><u>INF A - Sel</u></b>	4:11.11	Laura Sanchez Rodrigues, Sofia Alexandra Nunes, Raquel Gomes Pereira, Catarina Martins Mestre	anl	13.04.13	Abrantes
<b><u>INF Club</u></b>	4:14,71	Maria Margarida Belo Carolina Barros Domingos Madalena Maria Ferreira Leonor Camacho Fernanddes	SCP	29.03.15	Silves

<b><u>JUV B 14 - Club</u></b>	4:08.36	Maria Inês Leitão, Joana Filipa Viana, Maria João Dores, Ana Rita Rolo	scp	10.03.02	Guimarães
<b><u>JUV B - Sel</u></b>	4:06.18	Inês Alexandra Paiva, Isabel Pinto Abreu, Patrícia Miguel Mendes, Rita Fernandes Leitão	anl	10.04.10	Abrantes
<b><u>JUV A 15 – Club</u></b>	04:05,16	Maria Francisca Cabral Sara Vitória Ramos Marta Alexandra Canedo Ana Rita Faria	fcp	14.12.14	Estarreja
<b><u>JUV A 15 - Sel</u></b>	04:02,04	Raquel Gomes Pereira Sofia Alexandra Nunes Catarina Martins Mestre Laura Sanchez Rodrigues	anl	21.02.15	Abrantes
<b><u>JUV Club</u></b>	04:05,16	Maria Francisca Cabral Sara Vitória Ramos Marta Alexandra Canedo Ana Rita Faria	fcp	14.12.14	Estarreja
<b><u>JUN- - Club</u></b>	3:56.01	Maria Carolina Rosa, Patrícia Garcia Marinho, Filipa Vilas Tiago, Mafalda Gomes Beleza	scp	06.12.09	Leiria
<b><u>JUN- - Sel</u></b>	4:04.76	Cristiana Oliveira Marques, Sara Catarina Oliveira, Marisa Santos Freitas, Mariana Sampaio Silva	annp	14.04.02	Segóvia
<b><u>SEN - Club</u></b>	3:44.99	Sara Freitas Oliveira, Sara Beatriz Loureiro, Alexandra Paiva Oliveira, Marta Vieira Marinho	fcp	04.12.10	Porto – Fluvial
<b><u>SEN - Sel</u></b>	03:52,90	Diana Margarida Durães Joana Patricia Pinto Victoria Kaminskaya Ana Sofia Leite	fpn	09.11.14	Vila Real de Stº António
<b><u>ABS - Club</u></b>	3:44.99	Sara Freitas Oliveira, Sara Beatriz Loureiro, Alexandra Paiva Oliveira, Marta Vieira Marinho	fcp	04.12.10	Porto – Fluvial
<b><u>ABS - Sel</u></b>	03:52,90	Diana Margarida Durães Joana Patricia Pinto Victoria Kaminskaya Ana Sofia Leite	fpn	09.11.14	Vila Real de Stº António
<b>4x200 LIVRES</b>					
<b><u>INF B 12– Club</u></b>	9.32.41	Ana Silva Costa Carla Luísa Alves Bárbara Nogueira Gonçalves Catarina Alexandra Jardim	gdvnf	05.03.10	Ponte da Barca
<b><u>INF B – Sel</u></b>	09:37.43	Ana Matos Cabral Marisa Isabel Nobre Manuela Paccola Junqueira Beatriz Ferreira Coisas	anc	25.06.17	Coimbra
<b><u>INF A 13 - Club</u></b>	09:05.75	Ana Silva Costa, Carla Luísa Alves,			



Catarina Alexandra Jardim,  
Bárbara Nogueira Gonçalves      gdnvnf    11.03.11    Viseu



<b><u>INF A - Sel</u></b>	09:20.59	Carolina Carreira Dias Ana Carolina Monteiro Matilde Alves Florêncio Joana Francisca Rodrigues	anc	25.06.17	Coimbra
<b><u>INF Club</u></b>	<b>09:05,75</b>	<b>tempo limite</b>			
<b><u>JUV B 14 - Club</u></b>	08:52.76	Francisca Gomes Azevedo, Bárbara Marques Rodrigues, Carolina Sanchez Rodrigues, Joana Catarina Ribeiro	sad	04.06.11	Algés
<b><u>JUV B - Sel</u></b>	08:45.79	Camila Rodrigues Rebelo Camila Alexandra Silva Maria João Pelaio Maria Carlota Rebelo	anc	25.06.17	Coimbra
<b><u>JUV A 15 – Club</u></b>	08:51,54	Maria Francisca Cabral Iris Cunha Santos Ana Sofia Ramos Ana Rita Faria	fcp	12.12.14	Estarreja
<b><u>JUV A Sel</u></b>	08:44.75	Alexandra Couto Frazão Ana Sequeira Florindo Ana Rita Queiroz Inês Pereira Silva	anc	25.06.17	Coimbra
<b><u>JUV Club</u></b>	08:51,54	Maria Francisca Cabral Iris Cunha Santos Ana Sofia Ramos Ana Rita Faria	fcp	12.12.14	Estarreja
<b><u>JUN - Club</u></b>	08:29.70	Maria Carolina Rosa, Patrícia Garcia Marinho, Leonor Mourinho Neves, Mafalda Gomes Beleza	scp	05.12.09	Leiria
<b><u>JUN - Sel</u></b>	08:56.11	Mariana Santos Ferreira Sara Sofia Alves Teresa Miguel Veloso Andreia Brito Pereira	anc	25.06.17	Coimbra
<b><u>SEN - Club</u></b>	08:14.13	Sara Freitas Oliveira, Sara Beatriz Loureiro, Joana Aguiar Rodrigues, Marta Vieira Marinho	fcp	05.12.10	Porto – Fluvial
<b><u>SEN – Sel</u></b>		sem tempo limite			
<b><u>ABS - Club</u></b>	08:14.13	Sara Freitas Oliveira, Sara Beatriz Loureiro, Joana Aguiar Rodrigues, Marta Vieira Marinho	fcp	05.12.10	Porto – Fluvial
<b><u>ABS - Sel</u></b>	08:59.08	Márcia Santos Freitas, Cátia Sofia Fernandes, Ana Sofia Cerqueira, Maria Carmo Vilas-Boas	annp	17.03.02	Torrelavega
<b>50 BRUÇOS</b>					
<b><u>JUN B - 16</u></b>	0:31.46	Ana Pinho Rodrigues	aej	06.12.09	Leiria
<b><u>JUN A -17</u></b>	0:32,09	Raquel Gomes Pereira	sad	11.12.16	funchal
<b><u>SEN</u></b>	0:31.43	Diana Duarte Gomes	cna	19.12.09	S. Ant. Cavaleiros
<b><u>ABS</u></b>	0:31.43	Diana Duarte Gomes	cna	19.12.09	S. Ant. Cavaleiros
<b>100 BRUÇOS</b>					
<b><u>INF B 12</u></b>	1:17.79	Mariana Alves Cunha	aac	19.03.95	Coimbra
<b><u>INF A 13</u></b>	1:13.43	Raquel Gomes Pereira	anl	13.04.13	Abrantes



<b><u>JUV B - 14</u></b>	1:11.76	Diana Duarte Gomes	abve	28.06.03	Reboleira
<b><u>JUV A - 15</u></b>	1:09.59	Diana Duarte Gomes	abve	13.03.04	Tomar
<b><u>JUN B - 16</u></b>	1:08.85	Ana Pinho Rodrigues	aej	13.12.09	Ponte de S�r
<b><u>JUN A - 17</u></b>	1:08,02	Raquel Gomes Pereira	sad	09.12.16	funchal
<b><u>SEN</u></b>	1:07.17	Diana Duarte Gomes	cna	19.12.09	S. Ant. Cavaleiros
<b><u>ABS</u></b>	1:07.17	Diana Duarte Gomes	cna	19.12.09	S. Ant. Cavaleiros

**200 BRUÇOS**

<b><u>INF B 12</u></b>	2:45,30	Clara Gomes Pereira	sad	14.06.14	Algés
<b><u>INF A 13</u></b>	02:36,86	Clara Gomes Pereira	sad	06.06.15	Algés
<b><u>JUV B - 14</u></b>	2:34.51	Diana Duarte Gomes	abve	28.06.03	Reboleira
<b><u>JUV A - 15</u></b>	2:32.36	Diana Duarte Gomes	abve	07.02.04	Alcobaça
<b><u>JUN B - 16</u></b>	2:26,87	Raquel Gomes Pereira	sad	11.12.15	Porto-Fluvial
<b><u>JUN A -17</u></b>	2:26,47	Raquel Gomes Pereira	sad	10.12.16	Funchal
<b><u>SEN</u></b>	2:25.87	Diana Duarte Gomes	cna	20.12.09	S. Ant. Cavaleiros
<b><u>ABS</u></b>	2:25.87	Diana Duarte Gomes	cna	20.12.09	S. Ant. Cavaleiros

**50 COSTAS**

<b><u>JUN B - 16</u></b>	0:28.42	Inês Camacho Fernandes	scp	08.12.12	Porto – Fluvial
<b><u>JUN A -17</u></b>	0:28.53	Inês Camacho Fernandes	scp	21.12.13	Felgueiras
<b><u>SEN</u></b>	00:28,07	Ana Sofia Leite	gcvr	06.06.15	Algés
<b><u>ABS</u></b>	00:28,07	Ana Sofia Leite	gcvr	06.06.15	Algés

**100 COSTAS**

<b><u>INF B 12</u></b>	1:06.85	Carolina Miranda Fernandes	cga	07.04.17	Mealhada
<b><u>INF A 13</u></b>	1:04,85	Filipa Ramos Peixeira	scp	18.03.16	Tomar
<b><u>JUV B - 14</u></b>	1:02.96	Inês Camacho Fernandes	scp	12.02.11	Estoril
<b><u>JUV A - 15</u></b>	1:01.43	Inês Camacho Fernandes	scp	17.12.11	Mealhada
<b><u>JUN B - 16</u></b>	1:01.55	Inês Camacho Fernandes	scp	08.12.12	Porto - Fluvial
<b><u>JUN A -17</u></b>	1:01.56	Inês Camacho Fernandes	scp	21.12.13	Felgueiras
<b><u>SEN</u></b>	1:00,64	Ana Sofia Leite	gcvr	12.12.15	Porto - Fluvial
<b><u>ABS</u></b>	1:00,64	Ana Sofia Leite	gcvr	12.12.15	Porto - Fluvial

**200 COSTAS**

<b><u>INF B 12</u></b>	2:27,90	Carolina Miranda Fernandes	cga	26.03.17	Mealhada
<b><u>INF A 13</u></b>	02:21,33	Rafaela Gomes Azevedo	sad	06.06.15	Algés
<b><u>JUV B - 14</u></b>	2:17.86	Cátia Raquel Martinheira	ldc	21.12.08	Sines
<b><u>JUV A - 15</u></b>	2:16.3	Petra Quintela Chaves	sad	14.05.93	Algés
<b><u>JUN B - 16</u></b>	2:12.8	Petra Quintela Chaves	sad	31.05.94	Algés
<b><u>JUN A -17</u></b>	2:12,52	Rita Barros Frischknecht	sad	21.12.14	Porto - Fluvial
<b><u>SEN</u></b>	02:10.55	Rita Barros Frischknecht	sad	18.06.17	Algés
<b><u>ABS</u></b>	02:10.55	Rita Barros Frischknecht	sad	18.06.17	Algés

**50 MARIPOSA**

<b><u>JUN B - 16</u></b>	0:27.57	Filipa Vilas Tiago	scp	06.12.09	Leiria
<b><u>JUN A -17</u></b>	0:27.32	Sara Francisco Cruz	adba	06.12.09	Leiria
<b><u>SEN</u></b>	0:26.78	Sara Freitas Oliveira	fpn	16.12.10	Dubai
<b><u>ABS</u></b>	0:26.78	Sara Freitas Oliveira	fpn	16.12.10	Dubai

**100 MARIPOSA**

<b><u>INF B 12</u></b>	1:05.51	Carolina Miranda Fernandes	cga	06.05.17	Nazaré
<b><u>INF A 13</u></b>	1:03,28	Ana Margarida Guedes	gcvr	10.06.14	Vila Real
<b><u>JUV B - 14</u></b>	01:03,39	Ana Margarida Guedes	gcvr	14.12.14	Estarreja
<b><u>JUV A - 15</u></b>	1:03.14	Ana Rita Francisco	sfuap	19.03.95	Algés
<b><u>JUN B - 16</u></b>	1:01.56	Filipa Vilas Tiago	scp	20.12.09	S. Ant. Cavaleiros
<b><u>JUN A -17</u></b>	0:59.65	Sara Francisco Cruz	adba	05.12.09	Leiria
<b><u>SEN</u></b>	0:58.31	Sara Freitas Oliveira	fpn	18.12.10	Dubai
<b><u>ABS</u></b>	0:58.31	Sara Freitas Oliveira	fpn	18.12.10	Dubai

**200 MARIPOSA**

<b><u>INF B 12</u></b>	2:28.92	Carolina Miranda Fernandes	cga	09.07.17	Coimbra
<b><u>INF A 13</u></b>	2:25.40	Raquel Maria Felgueiras	scb	30.05.93	Vila do Conde
<b><u>JUV B - 14</u></b>	2:19.06	Susana Patrícia Miguel	sfuap	20.03.04	Penafiel
<b><u>JUV A - 15</u></b>	2:17.51	Raquel Maria Felgueiras	scb	05.03.95	Algés
<b><u>JUN B - 16</u></b>	2:13.60	Ana Rita Francisco	fpn	11.02.96	Gelsenkirchen
<b><u>JUN A - 17</u></b>	2:10.12	Sara Francisco Cruz	adba	04.12.09	Leiria
<b><u>SEN</u></b>	2:08.54	Sara Freitas Oliveira	fpn	15.12.10	Dubai
<b><u>ABS</u></b>	2:08.54	Sara Freitas Oliveira	fpn	15.12.10	Dubai

**100 ESTILOS**

<b><u>JUN B - 16</u></b>	1:04.11	Maria Carolina Rosa	scp	06.12.09	Leiria
<b><u>JUN A - 17</u></b>	1:02.68	Raquel Gomes Pereira	sad	11.12.16	funchal
<b><u>SEN</u></b>	1:02.09	Victoria Kaminskaya	pimp	21.12.14	Porto – Fluvial
<b><u>ABS</u></b>	1:02.09	Victoria Kaminskaya	pimp	21.12.14	Porto – Fluvial

**200 ESTILOS**

<b><u>INF B 12</u></b>	2:28.04	Carolina Miranda Fernandes	cga	08.04.17	Mealhada
<b><u>INF A 13</u></b>	2:25.08	Mariana Pacheco Cunha	cfp	22.04.17	Felgueiras
<b><u>JUV B - 14</u></b>	2:20.93	Susana Patrícia Miguel	sfuap	20.03.04	Penafiel
<b><u>JUV A - 15</u></b>	2:18.48	Ana Sofia Pina	ocrasto	20.05.17	Mealhada
<b><u>JUN B - 16</u></b>	2:14.94	Maria Carolina Rosa	scp	19.12.09	S. Ant. Cavaleiros
<b><u>JUN A - 17</u></b>	2:16,22	Raquel Gomes Pereira	sad	19.11.16	Algés
<b><u>SEN</u></b>	02:12,37	Victoria Kaminskaya	fpn	05.12.15	Netanya
<b><u>ABS</u></b>	02:12,37	Victoria Kaminskaya	fpn	05.12.15	Netanya

**400 ESTILOS**

<b><u>INF B 12</u></b>	5:15.68	Susana Patrícia Miguel	sfuap	06.07.02	Rio Maior
<b><u>INF A 13</u></b>	5:05.68	Filipa Vilas Ruivo	dnmg	12.06.10	Leiria
<b><u>JUV B - 14</u></b>	4:57.68	Susana Patrícia Miguel	sfuap	19.03.04	Penafiel
<b><u>JUV A - 15</u></b>	4:51.85	Ana Cláudia Santos	sfuap	21.11.04	Setúbal
<b><u>JUN B - 16</u></b>	4:50.85	Diana Margarida Durães	foca	02.12.11	Silves
<b><u>JUN A - 17</u></b>	4:48.80	Victoria Kaminskaya	pimp	02.12.11	Silves
<b><u>SEN</u></b>	04:37,41	Victoria Kaminskaya	esjb	11.12.15	Porto - Fluvial
<b><u>ABS</u></b>	04:37,41	Victoria Kaminskaya	esjb	11.12.15	Porto - Fluvial

**4x50 ESTILOS**

<b><u>JUN - Club</u></b>	1:58.01	Francisca Gomes Azevedo, Ana Beatriz Marques, Bárbara Sofia Barata, Rita Barros Frischknecht	sad	21.12.13	Felgueiras
<b><u>JUN - Sel</u></b>		sem tempo limite			
<b><u>SEN - Club</u></b>	1:53.38	Marta Vieira Marinho, Ana Pinho Rodrigues, Sara Freitas Oliveira, Diana Margarida Durães	fcp	08.12.12	Porto – Fluvial
<b><u>SEN - Sel</u></b>		sem tempo limite			
<b><u>ABS - Club</u></b>	1:53.38	Marta Vieira Marinho, Ana Pinho Rodrigues, Sara Freitas Oliveira, Diana Margarida Durães	fcp	08.12.12	Porto – Fluvial
<b><u>ABS - Sel</u></b>	2:00.74	tempo limite			



**4x100 ESTILOS**

<b><u>INF B 12 - Club</u></b>	4:57.35	Catarina Alexandra Jardim, Bárbara Nogueira Gonçalves, Carla Luísa Alves, Ana Silva Costa	gdvnvf	06.03.10	Ponte da Barca
<b><u>INF B – Sel</u></b>		sem tempo limite			
<b><u>INF A 13 - Club</u></b>	4:40.29	Catarina Alexandra Jardim, Bárbara Nogueira Gonçalves, Carla Luísa Alves, Ana Silva Costa	gdvnvf	12.03.11	Viseu
<b><u>INF A - Sel</u></b>	4:35.91	Sofia Alexandra Nunes, Raquel Gomes Pereira, Laura Sanchez Rodrigues, Catarina Martins Mestre	anl	13.04.13	Abrantes
<b><u>INF-Club</u></b>	<b>4:40.29</b>	<b><u>tempo limite</u></b>			
<b><u>JUV B 14 - Club</u></b>	4:33.40	Inês Catarina Agostinho, Ana Maria Pina, Sofia Oliveira Pinto, Vera Patrícia Pinto	slb	15.06.08	Reboleira
<b><u>JUV B - Sel</u></b>	4:28.92	Carolina Viegas Peres, Diana Duarte Gomes, Ana Isabel Ramos, Harriet Larcher Smith	fpn	21.06.03	Rio Maior
<b><u>JUV-A 15 - Club</u></b>	04:31,86	Vera Inês Aguilar Laura Catarina Abreu Beatriz Jong Rosa Ana Isabel Viveiros	cdn	12.07.15	Funchal
<b><u>JUV A 15 - Sel</u></b>	04:26,97	Catarina Martins Mestre Raquel Gomes Pereira, Laura Sanchez Rodrigues, Sofia Alexandra Nunes,	anl	21.02.15	Abrantes
<b><u>JUV-Club</u></b>	04:31,86	Vera Inês Aguilar Laura Catarina Abreu Beatriz Jong Rosa Ana Isabel Viveiros	cdn	12.07.15	Funchal
<b><u>JUN - Club</u></b>	4:16.94	Inês Catarina Agostinho, Maria Carolina Rosa, Filipa Vilas Tiago, Mafalda Gomes Beleza	scp	04.12.09	Leiria
<b><u>JUN - Sel</u></b>	4:31.54	Ana Paris Leal, Ana Rute Cabral, Vanessa Paixão Neves, Cátia Andreia Ribeiro	fpn	16.04.00	Salamanca
<b><u>SEN - Club</u></b>	4:06.14	Marta Vieira Marinho, Joana Catarina Carvalho, Sara Freitas Oliveira, Sara Beatriz Loureiro	fcp	19.12.09	S. Ant. Cavaleiros
<b><u>SEN - Sel</u></b>	04:11,54	Ana Sofia Leite Victoria Kaminskaya Ana Catarina Monteiro Joana Patrícia Pinto	fpn	08.11.14	Vila Real de Stº António



**ABS - Club**

4:06.14

Marta Vieira Marinho,  
Joana Catarina Carvalho,  
Sara Freitas Oliveira,  
Sara Beatriz Loureiro

fcp

19.12.09

S. Ant. Cavaleiros

**ABS - Sel**

04:11,54

Ana Sofia Leite  
Victoria Kaminskaya  
Ana Catarina Monteiro  
Joana Patricia Pinto

fpn

08.11.14

Vila Real de Stº António

**PISCINA DE 50m - PROVAS MASCULINAS**
**50 LIVRES**

<b><u>INF B 13</u></b>	0:27.0	José Miguel Miranda	cfp	11.08.86	Coimbra
<b><u>INF A 14</u></b>	0:26.04	Miguel Azevedo Portela	fcf	16.07.92	Porto - Campanhã
<b><u>JUV B 15</u></b>	0:24.61	Tiago Andrade Machado	sca	20.07.17	Oeiras - Jamor
<b><u>JUV A 16</u></b>	0:23.78	Tiago André Venâncio	fpn	31.07.03	Paris
<b><u>JUN- -17</u></b>	0:22.95	Tiago André Venâncio	fpn	16.07.04	Oeiras - Jamor
<b><u>JUN- -18</u></b>	0:22.98	Paulo Jorge Santos	fpn	22.07.07	Antuérpia
<b><u>SEN</u></b>	0:22.36	Alexandre Escudier Agostinho	portin	30.05.09	Coimbra
	0:22.36	Alexandre Escudier Agostinho	fpn	31.07.09	Roma
<b><u>ABS</u></b>	0:22.36	Alexandre Escudier Agostinho	portin	30.05.09	Coimbra
	0:22.36	Alexandre Escudier Agostinho	fpn	31.07.09	Roma

**100 LIVRES**

<b><u>INF B 13</u></b>	0:58.47	João Magalhães Nunes	cna	22.07.12	Rio Maior
<b><u>INF A 14</u></b>	0:55.53	David Miguel Ferro	sfuap	26.07.98	Porto - Campanhã
<b><u>JUV B 15</u></b>	0:53.51	Tiago André Venâncio	cns	19.05.02	Lisboa – EUL
<b><u>JUV A 16</u></b>	0:52.10	Tiago André Venâncio	fpn	28.07.03	Paris
<b><u>JUN- -17</u></b>	0:49.59	Tiago André Venâncio	fpn	15.07.04	Oeiras - Jamor
<b><u>JUN- -18</u></b>	0:50.24	Tiago André Venâncio	cns	19.03.05	Oeiras - Jamor
<b><u>SEN</u></b>	0:49.50	Alexandre Escudier Agostinho	fpn	29.07.09	Roma
<b><u>ABS</u></b>	0:49.50	Alexandre Escudier Agostinho	fpn	29.07.09	Roma

**200 LIVRES**

<b><u>INF B 13</u></b>	2:06.18	João Magalhães Nunes	cna	21.07.12	Rio Maior
<b><u>INF A 14</u></b>	2:01.65	João Duarte Santos	cnol	25.07.09	S. João da Madeira
<b><u>JUV B 15</u></b>	1:57,11	Miguel Diogo Agostinho	fbsc	24.07.15	Coimbra
<b><u>JUV A 16</u></b>	1:54.18	Gustavo Manuel Santa	fpn	24.07.09	Tampere
<b><u>JUN- -17</u></b>	1:53.32	Gustavo Manuel Santa	cnla	30.07.10	Coimbra
<b><u>JUN- -18</u></b>	1:49.98	Tiago André Venâncio	fpn	14.07.05	Budapeste
<b><u>SEN</u></b>	1:48,39	Alexis Manaças Santos	scp	31.03.17	Coimbra
<b><u>ABS</u></b>	1:48,39	Alexis Manaças Santos	scp	31.03.17	Coimbra

**400 LIVRES**

<b><u>INF B 13</u></b>	4:28.42	Pedro Fontoura Oliveira	cfb	26.07.03	Lisboa – Restelo
<b><u>INF A 14</u></b>	4:15.99	Pedro Fontoura Oliveira	cfb	11.07.04	Badajoz
<b><u>JUV B 15</u></b>	4:06.22	Rui Filipe Costa	vsc	29.07.06	Coimbra
<b><u>JUV A 16</u></b>	3:59.38	Gustavo Manuel Santa	fpn	21.07.09	Tampere
<b><u>JUN- -17</u></b>	3:57.15	Gustavo Manuel Santa	fpn	14.07.10	Helsínquia
<b><u>JUN- -18</u></b>	3:58.26	Ivo Emanuel Carneiro	fpn	12.07.02	Linz
<b><u>SEN</u></b>	3:52.29	Jorge Manuel Maia	fpn	05.04.09	Málaga
<b><u>ABS</u></b>	3:52.29	Jorge Manuel Maia	fpn	05.04.09	Málaga

**800 LIVRES**

<b><u>INF B 13</u></b>	09:12.56	Pedro Fontoura Oliveira	cfb	27.07.03	Lisboa – Restelo
<b><u>INF A 14</u></b>	08:54.25	Pedro Fontoura Oliveira	cfb	29.05.04	Lisboa – EUL
<b><u>JUV B 15</u></b>	08:43,31	Duarte Miguel Jorge	cga	21.07.16	Oeiras - Jamor
<b><u>JUV A 16</u></b>	08:23.54	Gustavo Manuel Santa	fpn	23.07.09	Tampere
<b><u>JUN- -17</u></b>	08:13.49	Gustavo Manuel Santa	fpn	17.07.10	Helsínquia
<b><u>JUN- -18</u></b>	08:06,97	Guilherme Filipe Pina	fpn	09.07.16	Hodmezovasarhely
<b><u>SEN</u></b>	08:05.35	Fernando Eurico Costa	lsc	29.07.07	Aveiro
<b><u>ABS</u></b>	08:05.35	Fernando Eurico Costa	lsc	29.07.07	Aveiro

**1500 LIVRES**

<b><u>INF B 13</u></b>	17:21.58	Pedro Fontoura Oliveira	cfb	27.07.03	Lisboa – Restelo
<b><u>INF A 14</u></b>	16:43.48	Pedro Fontoura Oliveira	fpn	19.06.04	Rio Maior
<b><u>JUV B 15</u></b>	16:30,45	Duarte Miguel Jorge	cga	21.07.16	Oeiras - Jamor
<b><u>JUV A 16</u></b>	15:45.55	Gustavo Manuel Santa	fpn	23.07.09	Tampere
<b><u>JUN- -17</u></b>	15:43,55	Guilherme Filipe Pina	fpn	30.08.15	Singapura
<b><u>JUN- -18</u></b>	15:23,46	Guilherme Filipe Pina	fpn	07.07.16	Hodmezovasarhely
<b><u>SEN</u></b>	15:15,12	Guilherme Filipe Pina	scp	30.03.17	Coimbra
<b><u>ABS</u></b>	15:15,12	Guilherme Filipe Pina	scp	30.03.17	Coimbra

**4x50 LIVRES**

<b><u>JUN- - Club</u></b>	1:36.69	Rui Filipe Vilar, Nuno Miguel Vieira, João Pedro Almeida, Carlos Filipe Santos	fcp	27.03.09	Lisboa – EUL
<b><u>JUN- - Sel</u></b>	01:37,56	Frederico Sucena Riachos Francisco Rogério Santos Guilherme Filipe Pina João Alexandre Vital	fpn	05.06.16	Porto - Campanhã
<b><u>SEN - Club</u></b>	1:32.94	Paulo Jorge Santos, João Filipe Carvalho, Fábio André Figueira, Israel Peressin Murat	fcp	26.07.12	Oeiras - Jamor
<b><u>SEN - Sel</u></b>	1:34.90	tempo limite			
<b><u>ABS - Club</u></b>	1:32.36	Rui Filipe Vilar, Paulo Jorge Santos, João Filipe Carvalho, Carlos Filipe Santos	fcp	18.07.09	Faro
<b><u>ABS - Sel</u></b>	1:34.90	tempo limite			

**4x100 LIVRES**

<b><u>INF B 13 - Club</u></b>	04:06,16	Rafael Alcântara Aires Edgar Filipe Santos David Matias Cristino Rodrigo Ponte Jorge	anam	19.07.14	Loulé
<b><u>INF B 13 – Sel</u></b>	04.05,91	Rafael Moreira Oliveira João Nogueira Mendes Diogo Nuno Valente Diogo Santos Costa	anl	13.06.15	Vila Franca de Xira
<b><u>INF A 14 – Club</u></b>	03:52,27	José Pedro Freitas João Pereira Tinoco Hugo Gabriel Morais Miguel Ângelo Santos	gdvnvf	19.07.14	Loulé
<b><u>INF A 14 - – Sel</u></b>	03.53,40	Ricardo Pinela Ferreira Rodrigo Ponte Jorge			

<b><u>INF Club</u></b>	03:52,27	David Matias Cristino Gonçalo Carvalho Ferrão José Pedro Freitas João Pereira Tinoco Hugo Gabriel Morais	anl	13.06.15	Vila Franca de Xira
<b><u>JUV B 15 - Club</u></b>	3:45.99	Miguel Ângelo Santos João Miguel Ascensão Eduardo Salgado Ramos Jorge Miguel Nunes	gdvnvf	19.07.14	Loulé
<b><u>JUV B 15 - Sel</u></b>	03:45,71	Rúben Oliveira Lopes Rafael Alcântara Aires David Matias Cristino Gonçalo Carvalho Ferrão	fcp	27.07.12	Oeiras - Jamor
<b><u>JUV A 16 - Club</u></b>	3:39.68	Ricardo Pinela Ferreira João Miguel Ascensão, Luís Carlos Oliveira, Eduardo Salgado Ramos,	anl	14.05.16	Vila Franca de Xira
<b><u>JUV A - Sel</u></b>	3:36.45	Rúben Oliveira Lopes Gustavo Manuel Santa, Diogo Parrilha Silva Pedro Ribeiro Mendes Miguel Cordeiro Saraiva	fcp	19.07.13	Famalicão
<b><u>JUV Club</u></b>	<b>3:39.68</b>	<b>tempo limite</b>	fpn	20.07.09	Tampere
<b><u>JUN- - Club</u></b>	3:34.25	Rui Filipe Vilar, João Pedro Almeida, Samuel Patrício Queirós, Carlos Filipe Santos	fcp	27.03.09	Lisboa – EUL
<b><u>JUN- - Sel</u></b>	3:27.00	Fábio Manuel Pereira, Adriano Miguel Niz, Alexandre Escudier Agostinho, Tiago André Venâncio	fcp	27.07.12	Oeiras - Jamor
<b><u>SEN - Club</u></b>	3:26.21	Paulo Jorge Santos, Fábio André Figueira, João Filipe Carvalho, Israel Peressin Murat	fcp	27.07.12	Oeiras - Jamor
<b><u>SEN - Sel</u></b>	3:23.06	Tiago André Venâncio, Alexandre Escudier Agostinho, Diogo Filipe Carvalho, Adriano Miguel Niz	fcp	27.07.12	Oeiras - Jamor
<b><u>ABS - Club</u></b>	3:24.33	Paulo Jorge Santos, João Filipe Carvalho, Carlos Filipe Santos, Rui Filipe Vilar	fcp	18.03.08	Eindhoven
<b><u>ABS - Sel</u></b>	3:23.06	Tiago André Venâncio, Alexandre Escudier Agostinho, Diogo Filipe Carvalho, Adriano Miguel Niz	fcp	19.07.09	Faro
			fcp	18.03.08	Eindhoven

**4x200 LIVRES**

<b><u>INF B 13- Club</u></b>	08:58,21	Rodrigo Ponte Jorge Edgar Filipe Santos David Matias Cristino Rafael Alcântara Aires	anam	18.07.14	Loulé
<b><u>INF B - Sel</u></b>	08:56.27	Bernardo Jorge Simões Tiago Miguel Trombinhas Bernardo Vitorino Almeida António Lombardi Carvalho	anl	20.05.17	Vila Franca Xira
<b><u>INF A 14 - Club</u></b>	08:34,91	Edgar Filipe Santos David Matias Cristino Rodrigo Ponte Jorge Rafael Alcântara Aires	anam	17.07.15	Oeiras-Jamor
<b><u>INF A - Sel</u></b>	08:42.07	tempo limite			
<b><u>INF Club</u></b>	08:34,91	Edgar Filipe Santos David Matias Cristino Rodrigo Ponte Jorge Rafael Alcântara Aires	anam	17.07.15	Oeiras-Jamor
<b><u>JUV B 15 - Club</u></b>	08:15.48	Ricardo Miguel Alves, Tiago João Meira, António Miguel Vitorino, Miguel Prata Santos	vnc	04.08.11	Póvoa de Varzim
	08:15.48	Tomás Penha Monteiro Bernardo Safara Inverno Vicente Oliveira Gomes Diogo Santos Costa	anl	20.05.17	Vila Franca Xira
<b><u>JUV B - Sel</u></b>	08:22.48	Bruno André Laranjeira, Hugo José Amorim, Francisco Coelho Antunes, Tiago Azevedo Lousada	fpn	16.04.95	Charleroi
<b><u>JUV A 16 - Club</u></b>	07:58.57	Miguel Ângelo Alves, Rafael Lourenço Gil, Rafael Filipe Nunes, João Carlos Santos	anam	26.07.12	Oeiras - Jamor
<b><u>JUV A - Sel</u></b>	07:55.10	Rafael Lourenço Gil, André Filipe Farinha, Tiago Manuel Teixeira, João Carlos Santos	fpn	31.03.12	Corfu
<b><u>JUV Club</u></b>	<b>07:58,57</b>	<b>tempo limite</b>			
<b><u>JUN- - Club</u></b>	07:44.42	João Carlos Santos Fábio Alcantara Aires Rafael Lourenço Gil, João Pedro Gil,	anam	05.04.14	Coimbra
<b><u>JUN- - Sel</u></b>	07:32.26	Fábio Manuel Pereira, Adriano Miguel Niz, Edgar Pereira Silva, Tiago André Venâncio	fpn	16.07.04	Oeiras - Jamor
<b><u>SEN - Club</u></b>	07:27,46	Alexis Manaças Santos Igor Araújo Mogne Guilherme Pereira Dias Pedro Miguel Pinotes,	scp	31.03.17	Coimbra
<b><u>SEN - Sel</u></b>	07:16.48	César Fernando Faria, Jorge Manuel Maia, Diogo Filipe Carvalho, Fábio Manuel Pereira	fpn	31.07.09	Roma



**ABS - Club**

07:27,46

Alexis Manaças Santos  
Igor Araújo Mogne  
Guilherme Pereira Dias  
Pedro Miguel Pinotes,

scp

31.03.17

Coimbra



<b><u>ABS - Sel</u></b>	07:16.48	César Fernando Faria, Jorge Manuel Maia, Diogo Filipe Carvalho, Fábio Manuel Pereira	fpn	31.07.09	Roma
<b>50 BRUÇOS</b>					
<b><u>JUN- -17</u></b>	0:29.10	Pedro Miguel Agostinho	fpn	10.07.09	Praga
<b><u>JUN- -18</u></b>	0:29.07	Bruno Miguel Ramos	Linz	13.07.02	Paços de Ferreira
<b><u>SEN</u></b>	0:28.16	Carlos Esteves Almeida	fpn	30.07.13	Barcelona
<b><u>ABS</u></b>	0:28.16	Carlos Esteves Almeida	fpn	30.07.13	Barcelona
<b>100 BRUÇOS</b>					
<b><u>INF B 13</u></b>	1:11.95	André Gonçalo Santos	lsc	24.07.10	Porto - Campanhã
<b><u>INF A 14</u></b>	1:09.82	Ricardo Samuel Pereira	ccdpcms	20.05.17	Vila Franca Xira
<b><u>JUV B 15</u></b>	1:06.44	André Gonçalo Santos	fpn	31.03.12	Corfu
<b><u>JUV A 16</u></b>	1:05.43	André Gonçalo Santos	fpn	16.07.13	Utrecht
<b><u>JUN- -17</u></b>	1:04.54	André Miguel Silva	fpn	02.08.08	Belgrado
<b><u>JUN- -18</u></b>	1:02.87	André Miguel Silva	pdem	18.07.09	Faro
<b><u>SEN</u></b>	1:01.01	Carlos Esteves Almeida	fpn	28.07.13	Barcelona
<b><u>ABS</u></b>	1:01.01	Carlos Esteves Almeida	fpn	28.07.13	Barcelona
<b>200 BRUÇOS</b>					
<b><u>INF B 13</u></b>	2:38,14	Duarte Anastácio Sousa	cac	19.07.15	Oeiras - Jamor
<b><u>INF A 14</u></b>	2:32.07	Gustavo André Reis	scp	10.08.91	Olivais
<b><u>JUV B 15</u></b>	2:24.15	André Miguel Silva	pdem	10.06.06	Loulé
<b><u>JUV A 16</u></b>	02:22,25	Jorge Jesus Silva	scb	23.07.16	Oeiras - Jamor
<b><u>JUN- -17</u></b>	2:19,00	André Gonçalo Santos	lsc	26.07.14	Oeiras - Jamor
<b><u>JUN- -18</u></b>	2:15.99	André Miguel Silva	pdem	20.07.09	Faro
<b><u>SEN</u></b>	2:13.21	Carlos Esteves Almeida	fpn	01.08.13	Barcelona
<b><u>ABS</u></b>	2:13.21	Carlos Esteves Almeida	fpn	01.08.13	Barcelona
<b>50 COSTAS</b>					
<b><u>JUN- -17</u></b>	0:26.91	Alexis Manaças Santos	fpn	11.07.09	Praga
<b><u>JUN- -18</u></b>	0:26.49	Miguel Duarte Nascimento	fpn	07.04.13	Kiev
<b><u>SEN</u></b>	0:25,54	Alexis Manaças Santos	scp	20.12.15	Coimbra
<b><u>ABS</u></b>	0:25,54	Alexis Manaças Santos	scp	20.12.15	Coimbra
<b>100 COSTAS</b>					
<b><u>INF B 13</u></b>	1:05,61	Gonçalo Henriques Wanzeler	cfb	16.07.16	Famalicão
<b><u>INF A 14</u></b>	1:01.39	Alexandre Lages Ribas	edv	22.07.11	Lisboa – EUL
<b><u>JUV B 15</u></b>	0:59.97	Diogo Gomes Sousa	cncvg	31.07.10	Coimbra
<b><u>JUV A 16</u></b>	0:58.61	Diogo Gomes Sousa	cncvg	28.05.11	Coimbra
<b><u>JUN- -17</u></b>	0:56,05	Gabriel José Lopes	fpn	25.08.15	Singapura
<b><u>JUN- -18</u></b>	0:56,23	Gabriel José Lopes	fpn	23.06.15	Baku
<b><u>SEN</u></b>	0:55,01	Gabriel José Lopes	aln	31.03.17	Coimbra
<b><u>ABS</u></b>	0:55,01	Gabriel José Lopes	aln	31.03.17	Coimbra



**200 COSTAS**

<b><u>INF B 13</u></b>	2:20.07	André Vilas Ruivo	dnmg	13.07.13	S. João da Madeira
<b><u>INF A 14</u></b>	2:14.56	Alexandre Lages Ribas	edv	23.07.11	Lisboa – EUL
<b><u>JUV B 15</u></b>	2:06.44	João Alexandre Vital	fpn	17.07.13	Utrecht
<b><u>JUV A 16</u></b>	02:06,59	João Alexandre Vital	fpn	28.06.14	Netanya (ISR)
<b><u>JUN- -17</u></b>	2:03.06	Pedro Diogo Oliveira	fpn	15.07.05	Budapeste
<b><u>JUN- -18</u></b>	2:02.21	Pedro Diogo Oliveira	cnrm	28.07.06	Coimbra
<b><u>SEN</u></b>	1:58.83	Pedro Diogo Oliveira	fpn	01.08.12	Londres
<b><u>ABS</u></b>	1:58.83	Pedro Diogo Oliveira	fpn	01.08.12	Londres

**50 MARIPOSA**

<b><u>JUN- -17</u></b>	0:24.89	Tiago André Venâncio	cns	30.07.04	Oeiras - Jamor
<b><u>JUN- -18</u></b>	0:24.78	Rafael Lino	fcp	27.05.17	Chalon Sur Saone (FRA)
<b><u>SEN</u></b>	0:23.72	Simão Gomes Morgado	fpn	05.04.09	Málaga
<b><u>ABS</u></b>	0:23.72	Simão Gomes Morgado	fpn	05.04.09	Málaga

**100 MARIPOSA**

<b><u>INF B 13</u></b>	1:03.64	Fábio Parrilha da Silva	cnal	22.07.00	S. João da Madeira
<b><u>INF A 14</u></b>	0:59.49	Salvador Gordo	fpn	28.07.17	Sheffield
<b><u>JUV B 15</u></b>	0:57.58	David Miguel Ferro	sfuap	31.07.99	Lisboa – EUL
<b><u>JUV A 16</u></b>	0:56.11	Pedro Diogo Oliveira	cnrm	29.07.04	Oeiras - Jamor
<b><u>JUN- -17</u></b>	0:54.77	Tiago André Venâncio	cns	29.07.04	Oeiras - Jamor
<b><u>JUN- -18</u></b>	0:54.16	Miguel Duarte Nascimento	fpn	07.04.13	Kiev
<b><u>SEN</u></b>	0:52.42	Diogo Filipe Carvalho	cga	29.03.09	Lisboa – EUL
<b><u>ABS</u></b>	0:52.42	Diogo Filipe Carvalho	cga	29.03.09	Lisboa – EUL

**200 MARIPOSA**

<b><u>INF B 13</u></b>	2:21.67	Fábio Parrilha da Silva	cnal	23.07.00	S. João da Madeira
<b><u>INF A 14</u></b>	2:14.50	Fábio Parrilha da Silva	cnal	29.07.01	Porto - Campanhã
<b><u>JUV B 15</u></b>	2:08,12	Jorge Jesus Silva	scb	26.07.15	Coimbra
<b><u>JUV A 16</u></b>	2:03.76	Pedro Diogo Oliveira	cnrm	31.07.04	Oeiras - Jamor
<b><u>JUN- -17</u></b>	2:02.12	Pedro Diogo Oliveira	fpn	16.07.05	Budapeste
<b><u>JUN- -18</u></b>	2:01.46	Pedro Diogo Oliveira	fpn	08.07.06	Palma de Maiorca
<b><u>SEN</u></b>	1:56.17	Pedro Diogo Oliveira	fpn	28.07.09	Roma
<b><u>ABS</u></b>	1:56.17	Pedro Diogo Oliveira	fpn	28.07.09	Roma

**200 ESTILOS**

<b><u>INF B 13</u></b>	2:22.36	André Vilas Ruivo	dnmg	23.06.13	Coimbra
<b><u>INF A 14</u></b>	2:16.63	Alexandre Lages Ribas	edv	24.07.11	Lisboa – EUL
<b><u>JUV B 15</u></b>	2:10,83	Jorge Jesus Silva	scb	26.07.15	Coimbra
<b><u>JUV A 16</u></b>	2:08.11	Carlos Esteves Almeida	cna	31.07.04	Oeiras - Jamor
<b><u>JUN- -17</u></b>	2:04.32	Carlos Esteves Almeida	fpn	17.07.05	Budapeste
<b><u>JUN- -18</u></b>	2:02,72	Gabriel José Lopes	fpn	24.06.15	Baku
<b><u>SEN</u></b>	1:58,88	Alexis Manaças Santos	scp	01.04.17	Coimbra
<b><u>ABS</u></b>	1:58,88	Alexis Manaças Santos	scp	01.04.17	Coimbra

**400 ESTILOS**

<b><u>INF B 13</u></b>	4:54.87	André Vilas Ruivo	dnmg	12.07.13	S. João da Madeira
<b><u>INF A 14</u></b>	4:46.20	Tomás Miguel Freitas	cdn	23.07.04	Póvoa de Varzim
<b><u>JUV B 15</u></b>	4:37.06	João Alexandre Vital	fpn	16.07.13	Utrecht
<b><u>JUV A 16</u></b>	4:32.66	João Alexandre Vital	adrcimm	01.06.14	Coimbra
<b><u>JUN- -17</u></b>	4:25,23	João Alexandre Vital	fpn	29.08.15	Singapura
<b><u>JUN- -18</u></b>	04:22,25	João Alexandre Vital	scp	22.07.16	Oeiras - Jamor
<b><u>SEN</u></b>	04:15,84	Alexis Manaças Samtos	fpn	04.08.16	Rio de Janeiro
<b><u>ABS</u></b>	04:15,84	Alexis Manaças Samtos	fpn	04.08.16	Rio de Janeiro

**4x50 ESTILOS**

<b><u>JUN - Club</u></b>	1:48.28	Alexis Manaças Santos, Diogo Filipe Matos, João Pedro Coutinho, Pedro Miguel Agostinho	scp	10.04.10	Coimbra
<b><u>JUN - Sel</u></b>	01:47,46	Francisco Rogério Santos António Fernandes Carriço José Paula Carvalho Frederico Sucena Riachos	fpn	04.06.16	Porto - Campanhã
<b><u>SEN - Club</u></b>	1:42.03	João Ricardo Pedro, Carlos Esteves Almeida, Simão Gomes Morgado, Fábio André Figueira	cna	20.07.09	Faro
<b><u>SEN - Sel</u></b>	01:48,18	Viktor Kot António Fernandes Carriço Bernardo Santos Clemente Francisco Rogério Santos	andl	15.05.16	Gijón
<b><u>ABS - Club</u></b>	1:42.03	João Ricardo Pedro, Carlos Esteves Almeida, Simão Gomes Morgado, Fábio André Figueira	cna	20.07.09	Faro
<b><u>ABS - Sel</u></b>		sem tempo limite			

**4x100 ESTILOS**

<b><u>INF B 13 - Club</u></b>	4:41.06	João Pereira Tinoco, Miguel Ângelo Santos, Hugo Gabriel Morais, Daniel Pereira Silva	gdvnvf	14.07.13	S. João da Madeira
<b><u>INF B 13 - Sel</u></b>	04:34,54	Diogo Nuno Valente Martim Rebelo Malfeito Rafael Moreira Oliveira Diogo Santos Costa	anl	14.06.15	Vila Franca de Xira
<b><u>INF A 14 - Club</u></b>	4:18,17	João Pereira Tinoco, Daniel Pereira Silva Hugo Gabriel Morais, José Pedro Freitas	gdvnvf	20.07.14	Loulé
<b><u>INF A - Sel</u></b>	04:13,95	Diogo Nuno Valente Martim Rebelo Malfeito Vicente Oliveira Gomes Diogo Santos Costa	anl	15.05.16	Vila Franca de Xira
<b><u>INF Club</u></b>	4:18,17	João Pereira Tinoco, Daniel Pereira Silva Hugo Gabriel Morais, José Pedro Freitas	gdvnvf	20.07.14	Loulé
<b><u>JUV B 15 - Club</u></b>	4:08.58	Diogo Nuno Valente Martim Rebelo Malfeito Ruy Manuel Domingos Vicente Oliveira Gomes	scp	23.07.2017	Oeiras - Jamor
<b><u>JUV B 15 - Sel</u></b>	04:06.22	Martim Primavera Alfama Afonso Amaro Santos Vicente Oliveira Gomes Diogo Santos Costa	anl	21.05.17	Vila Franca de Xira
<b><u>JUV A 16 - Club</u></b>	04:05,25	Miguel Reis Santos Afonso Ribeiro Bate			



<b><u>JUV A - Sel</u></b>	3:59.59	Hugo Pon Francisco Carvalho Machado Diogo Gomes Sousa, Luís Manuel Fernandes, Miguel Duarte Nascimento, Tomás Correia Silva	sad	27.07.14	Oeiras - Jamor
<b><u>JUV Club</u></b>	4:03,79	José Paulo Lopes José Pedro Melo Jorge Jesus Silva José Pedro Fernandes	fpn	16.04.11	Limassol
<b><u>JUN- - Club</u></b>	3:55.96	Samuel Patrício Queirós, Sérgio Baptista Silva, Carlos Filipe Santos, Rui Filipe Vilar	scb	26.07.15	Coimbra
<b><u>JUN- - Sel</u></b>	3:45.71	Alexis Manaças Santos, André Miguel Silva, Miguel Silva Oliveira, Luís Emanuel Vaz	fcp	21.07.09	Faro
<b><u>SEN - Club</u></b>	3:46.65	Pedro Fontoura Oliveira, Carlos Esteves Almeida, Simão Gomes Morgado, João Silva Gigante	fpn	12.07.09	Praga
<b><u>SEN - Sel</u></b>	3:40.19	Pedro Diogo Oliveira, Carlos Esteves Almeida, Simão Gomes Morgado, Tiago André Venâncio	cna	07.08.11	Póvoa de Varzim
<b><u>ABS - Club</u></b>	3:46.65	Pedro Fontoura Oliveira, Carlos Esteves Almeida, Simão Gomes Morgado, João Silva Gigante	fpn	27.05.12	Debrecen
<b><u>ABS - Sel</u></b>	3:40.19	Pedro Diogo Oliveira, Carlos Esteves Almeida, Simão Gomes Morgado, Tiago André Venâncio	cna	07.08.11	Póvoa de Varzim
			fpn	27.05.12	Debrecen

**PISCINA DE 50m - PROVAS FEMININAS**
**50 LIVRES**

<b><u>INF B - 12</u></b>	0:28.36	Carolina Miranda Fernandes	cga	15.06.17	S.João da Madeira
<b><u>INF A - 13</u></b>	0:27.99	Ana Margarida Guedes	gcvr	19.04.14	Póvoa de Varzim
<b><u>JUV B - 14</u></b>	0:27,17	Ana Margarida Guedes	gcvr	31.05.15	Coimbra
<b><u>JUV A - 15</u></b>	0:26.98	Ana Pinho Rodrigues	aej	21.06.09	Porto - Campanhã
<b><u>JUN B - 16</u></b>	0:26.21	Ana Pinho Rodrigues	aej	10.04.10	Coimbra
<b><u>JUN A - 17</u></b>	0:26,25	Beatriz Mendes Viegas	fpn	05.02.17	Uster
<b><u>SEN</u></b>	0:25.73	Patrícia Vilas Conceição	cna	28.07.12	Oeiras - Jamor
<b><u>ABS</u></b>	0:25.73	Patrícia Vilas Conceição	cna	28.07.12	Oeiras - Jamor

**100 LIVRES**

<b><u>INF B - 12</u></b>	1:01.46	Carolina Miranda Fernandes	cga	15.07.17	Loulé
<b><u>INF A - 13</u></b>	0:59.73	Inês Camacho Fernandes	fpn	20.06.10	Catania
<b><u>JUV B - 14</u></b>	0:59,41	Joana Costa Amador	cga	26.07.15	Coimbra
<b><u>JUV A - 15</u></b>	0:57.75	Maria Carolina Rosa	fpn	08.07.09	Praga
<b><u>JUN B - 16</u></b>	0:58.40	Ana Pinho Rodrigues	aej	09.04.10	Coimbra
<b><u>JUN A - 17</u></b>	0:57,63	Beatriz Mendes Viegas	tnc	30.03.17	Coimbra
<b><u>SEN</u></b>	0.56,41	Ana Sofia Leite	gcvr	04.04.15	Coimbra
<b><u>ABS</u></b>	0.56,41	Ana Sofia Leite	gcvr	04.04.15	Coimbra

**200 LIVRES**

<b><u>INF B - 12</u></b>	2:12.20	Filipa Vilas Ruivo	dnmg	24.07.09	S. João da Madeira
<b><u>INF A - 13</u></b>	2:10,86	Alexandra Couto Frazão	cna	11.04.15	Oeiras - Jamor
<b><u>JUV B - 14</u></b>	2:07,40	Maria Francisca Cabral	fcp	25.07.14	Oeiras - Jamor
<b><u>JUV A - 15</u></b>	2:05,94	Alexandra Couto Frazão	ind-anc	02.04.17	Coimbra
<b><u>JUN B - 16</u></b>	2:05.38	Ana Feio Alegria	fpn	03.04.93	Florença
<b><u>JUN A - 17</u></b>	2:03.70	Diana Margarida Durães	fcp	25.05.13	Coimbra
<b><u>SEN</u></b>	02:01.48	Diana Margarida Durães	fpn	25.07.17	Budapeste
<b><u>ABS</u></b>	02:01.48	Diana Margarida Durães	fpn	25.07.17	Budapeste

**400 LIVRES**

<b><u>INF B - 12</u></b>	4:43.7	Alexandra Maria Silva	fcp	27.07.79	Matur
<b><u>INF A - 13</u></b>	4:31.53	Alexandra Maria Silva	fpn	08.08.80	Skövde
<b><u>JUV B - 14</u></b>	4:26,20	Maria Francisca Cabral	fcp	26.07.14	Oeiras - Jamor
<b><u>JUV A - 15</u></b>	4:20,78	Tamila Hryhorivna Holub	scb	07.06.14	Porto
<b><u>JUN B - 16</u></b>	4:20.37	Marta Andreia Ferreira	fpn	04.08.02	Berlim
<b><u>JUN A - 17</u></b>	4:14.67	Tamila Hryhorivna Holub	scb	23.07.16	Oeiras - Jamor
<b><u>SEN</u></b>	4.10.07	Diana Margarida Durães	fpn	23.07.17	Budapeste
<b><u>ABS</u></b>	4.10.07	Diana Margarida Durães	fpn	23.07.17	Budapeste

**800 LIVRES**

<b><u>INF B - 12</u></b>	09:30.42	Filipa Vilas Ruivo	dnmg	25.07.09	S. João da Madeira
<b><u>INF A - 13</u></b>	09:14.85	Alexandra Maria Silva	fpn	10.08.80	Skövde
<b><u>JUV B - 14</u></b>	09:07.70	Alexandra Maria Silva	fpn	10.09.81	Split
<b><u>JUV A - 15</u></b>	08:50,68	Tamila Hryhorivna Holub	scb	27.07.14	Oeiras - Jamor
<b><u>JUN B - 16</u></b>	08:45,53	Tamila Hryhorivna Holub	fpn	30.05.15	Coimbra
<b><u>JUN A - 17</u></b>	08:36,21	Tamila Hryhorivna Holub	scb	28.05.16	Coimbra
<b><u>SEN</u></b>	08:35.10	Diana Margarida Durães	fpn	28.07.17	Budapeste
<b><u>ABS</u></b>	08:35.10	Diana Margarida Durães	fpn	28.07.17	Budapeste

**1500 LIVRES**

<b><u>INF B - 12</u></b>	18:11.07	Filipa Vilas Ruivo	dnmg	05.07.09	Coimbra
<b><u>INF A - 13</u></b>	18:05,62	Mafalda Sofia Rosa	cnrm	24.06.16	Rio Maior
<b><u>JUV B - 14</u></b>	17:34.28	Maria Miguel Veloso	cnac	08.07.07	Coimbra
<b><u>JUV A - 15</u></b>	16:54,60	Tamila Hryhorivna Holub	fpn	11.07.14	Dordrecht (NED)
<b><u>JUN B - 16</u></b>	16:47,35	Tamila Hryhorivna Holub	fpn	31.05.15	Coimbra
<b><u>JUN A - 17</u></b>	16:20,80	Tamila Hryhorivna Holub	fpn	08.07.16	Hodmezovasarhely
<b><u>SEN</u></b>	16:33.93	Tamila Hryhorivna Holub	fpn	10.04.17	Pontevedra
<b><u>ABS</u></b>	16:20,80	Tamila Hryhorivna Holub	fpn	08.07.16	Hodmezovasarhely

**4x50 LIVRES**

<b><u>JUN- - Club</u></b>	1:49.70	Mafalda Gomes Beleza, Filipa Vilas Tiago, Maria Carolina Rosa, Alexandra Ribeiro Paula	scp	27.03.09	Lisboa – EUL
<b><u>JUN- - Sel</u></b>	01:48.67	Ana Rita Faria Raquel Gomes Pereira Inês Jacinto Henriques Beatriz Mendes Viegas	fpn	03.06.17	Porto - Campanhã
<b><u>SEN - Club</u></b>	1:46.22	Marta Vieira Marinho, Sara Beatriz Loureiro, Alexandra Paiva Oliveira, Sara Freitas Oliveira	fcp	01.04.11	Rio Maior
<b><u>SEN - Sel</u></b>		sem tempo limite			
<b><u>ABS - Club</u></b>	1:46.22	Marta Vieira Marinho, Sara Beatriz Loureiro, Alexandra Paiva Oliveira, Sara Freitas Oliveira	fcp	01.04.11	Rio Maior
<b><u>ABS - Sel</u></b>	01:51,34	Raquel Gomes Pereira Ana Rita Faria Tamila Hryhorivna Holub Madalena Gomes Azevedo	fpn	04.05.16	Porto - Campanhã

**4x100 LIVRES**

<b><u>INF B 12 – Club</u></b>	4:26.09	Ana Silva Costa Catarina Alexandra Jardim Carla Luísa Alves Bárbara Nogueira Gonçalves	gdvnvf	25.07.10	Porto - Campanhã
<b><u>INF B 12 – Sel</u></b>	04:27,58	Maria Gomes Pereira Leonor Alves Morganho Mariana Morais Delfino Maria Ferreira Moura	anl	15.05.16	Vila Franca de Xira
<b><u>INF A 13 - Club</u></b>	4:17.13	Ana Silva Costa, Carla Luísa Alves, Catarina Alexandra Jardim, Bárbara Nogueira Gonçalves	gdvnvf	24.07.11	Lisboa – EUL
<b><u>INF A - Sel</u></b>	4:17.14	Bárbara Francisco Ferreira Raquel Antunes Tremeço Concha Guerra Marreiros Filipa Serrano Rodrigues	anl	10.05.14	Vila Franca de Xira
<b><u>INF Club</u></b>	<b>4:17.13</b>	<b>tempo limite</b>			
<b><u>JUV B 14 - Club</u></b>	4:10.72	Daniela Figueiredo Metelo, Beatriz Neves Craveiro, Andreia Margarida Morgado,			



Beatriz Filipa Matos

cnac

05.08.11

Póvoa de Varzim



<b><u>JUV B - Sel</u></b>	4:03.93	Marisa Alexandra Lage, Ana Pinho Rodrigues, Filipa Vilas Tiago, Diana Ramos Rocha	fpn	30.03.08	Istambul
<b><u>JUV A 15 Club</u></b>	04:06,43	Maria Francisca Cabral Marta Alexandra Canedo Joana Martins Pereira Ana Rita Faria	fcp	02.04.15	Coimbra
<b><u>JUV A Sel</u></b>	<b>4:03.93</b>	<b>tempo limite</b>			
<b><u>JUV Club</u></b>	<b>4:10.72</b>	Ana Rita Faria Beatriz Santos Silva Maria Carolina Costa Maria Francisca Cabral	fcp	24.07.15	Coimbra
<b><u>JUN- - Club</u></b>	4:00.84	Maria Carolina Rosa, Filipa Vilas Tiago, Raquel Paulo Ranito, Mafalda Gomes Beleza	scp	30.07.10	Coimbra
<b><u>JUN- - Sel</u></b>	3:56.10	Joana Aguiar Rodrigues, Maria Carolina Rosa, Andreia Catarina Gomes, Sara Francisco Cruz	fpn	09.07.09	Praga
<b><u>SEN - Club</u></b>	3:52.07	Sara Freitas Oliveira, Alexandra Paiva Oliveira, Joana Aguiar Rodrigues, Marta Vieira Marinho	fcp	30.07.10	Coimbra
<b><u>SEN - Sel</u></b>	3:52,40	Ana Sofia Leite Ana Pinho Rodrigues, Rita Barros Frischknecht Diana Margarida Durães	fpn	23.01.16	Bélgica
<b><u>ABS - Club</u></b>	3:52.07	Sara Freitas Oliveira, Alexandra Paiva Oliveira, Joana Aguiar Rodrigues, Marta Vieira Marinho	fcp	30.07.10	Coimbra
<b><u>ABS - Sel</u></b>	3:52,40	Ana Sofia Leite Ana Pinho Rodrigues, Rita Barros Frischknecht Diana Margarida Durães	fpn	23.01.16	Bélgica
<b>4x200 LIVRES</b>					
<b><u>INF B 12 - Club</u></b>	09:28.03	Ana Silva Costa, Carla Luísa Alves, Bárbara Nogueira Gonçalves, Catarina Alexandra Jardim	gdvnvf	23.07.10	Porto - Campanhã
<b><u>INF B – Sel</u></b>	09:48.37	Soraia Alexandra Delgado Marta João Pires Mafalda Sofia Costa Isadora Maia André	anl	21.05.17	V.F.Xira
<b><u>INF A 13 - Club</u></b>	09:07.81	Ana Silva Costa, Carla Luísa Alves, Catarina Alexandra Jardim, Bárbara Nogueira Gonçalves	gdvnvf	22.07.11	Lisboa – EUL
<b><u>INF A - Sel</u></b>	09:19.64	Maria Ferreira Moura Leonor Alves Morginho			



Vera Figueiredo Narra				
Maria Gomes Pereira	ani	21.05.17	V.F.Xira	





<b><u>INF Club</u></b>	<b><u>09:07.81</u></b>	<b><u>tempo limite</u></b>			
<b><u>JUV B 14 - Club</u></b>	09:01.51	Sofia Alexandra Branco, Carolina Mântua Guedes, Sofia Machado Dionísio, Beatriz Rodrigues Conde	scp	26.07.12	Oeiras - Jamor
<b><u>JUV B - Sel</u></b>	08:49.57	Maria Malaguerra Costa, Maria Carolina Ribeiro, Mariana Cunha Guerra, Rita Barros Frischknecht	fpn	31.03.12	Corfu
<b><u>JUV A 15 Club</u></b>	<b><u>09:01.51</u></b>	08:55,49 Maria Francisca Cabral Marta Alexandra Canedo Joana Martins Pereira Ana Rita Faria	fcp	01.04.15	Coimbra
<b><u>JUV A Sel</u></b>	<b><u>08:49.57</u></b>	<b><u>tempo limite</u></b>			
<b><u>JUV Club</u></b>	<b><u>09:01.51</u></b>	08:46,61 Maria Francisca Cabral Maria Carolina Costa Isabel Porfirio Pego Ana Rita Faria	fcp	23.07.15	Coimbra
<b><u>JUN- - Club</u></b>	08:38,96	Francisca Gomes Azevedo Bárbara Marques Rodrigues Rita Barros Frischknecht Bárbara Sofia Barata	sad	24.07.14	Oeiras - Jamor
<b><u>JUN- - Sel</u></b>	08:28,70	Tamila Hryhorivna Holub Inês Jacinto Henriques Raquel Gomes Pereira Madalena Gomes Azevedo	fpn	10.07.16	Hodmezovasarhely - Hung
<b><u>SEN - Club</u></b>	08:27.04	Sara Freitas Oliveira, Marta Vieira Marinho, Joana Aguiar Rodrigues, Sara Beatriz Loureiro	fcp	01.04.11	Rio Maior
<b><u>SEN - Sel</u></b>	08:29.48	Maria Carlos Santos, Sónia Oliveira Vilar, Ana Feio Alegria, Rita Lopes Fernandes	fpn	05.06.98	Lisboa – EUL
<b><u>ABS - Club</u></b>	08:26.91	Madalena Gomes Azevedo Raquel Gomes Pereira Carolina Rosa Marcelino Rita Barros Frischknecht	sad	20.07.17	Oeiras - Jamor
<b><u>ABS - Sel</u></b>	08:29.48	Maria Carlos Santos, Sónia Oliveira Vilar, Ana Feio Alegria, Rita Lopes Fernandes	fpn	05.06.98	Lisboa – EUL

**50 BRUÇOS**

<b><u>JUN B - 16</u></b>	0:31.92	Ana Pinho Rodrigues	fpn	28.03.10	Gorzów Wielkopolski
<b><u>JUN A - 17</u></b>	0:31.60	Joana Catarina Carvalho	fcp	30.05.09	Coimbra
<b><u>SEN</u></b>	0:31,35	Ana Pinho Rodrigues	aej	01.04.17	Coimbra
<b><u>ABS</u></b>	0:31,35	Ana Pinho Rodrigues	aej	01.04.17	Coimbra

**100 BRUÇOS**

<b><u>INF B - 12</u></b>	1:18,66	Clara Gomes Pereira	sad	20.07.14	Loulé
<b><u>INF A - 13</u></b>	1:15.49	Ana Pinho Rodrigues	aej	08.07.07	Coimbra
<b><u>JUV B - 14</u></b>	1:12.89	Paula Alexandra Oliveira	fcp	29.07.10	Coimbra
<b><u>JUV A - 15</u></b>	1:10.73	Ana Pinho Rodrigues	aej	31.05.09	Coimbra
<b><u>JUN B - 16</u></b>	1:10.09	Diana Duarte Gomes	fpn	17.07.05	Budapeste
<b><u>JUN A - 17</u></b>	1:10,00	Raquel Gomes Pereira	sad	31.03.17	Coimbra
<b><u>SEN</u></b>	1:08,82	Ana Pinho Rodrigues	aej	31.05.15	Coimbra
<b><u>ABS</u></b>	1:08,82	Ana Pinho Rodrigues	aej	31.05.15	Coimbra

**200 BRUÇOS**

<b><u>INF B - 12</u></b>	2:49,82	Clara Gomes Pereira	sad	19.07.14	Loulé
<b><u>INF A - 13</u></b>	2:42,69	Clara Gomes Pereira	sad	18.07.15	Oeiras - Jamor
<b><u>JUV B - 14</u></b>	2:36.99	Diana Duarte Gomes	fpn	28.07.03	Paris
<b><u>JUV A - 15</u></b>	2:31.32	Diana Duarte Gomes	fpn	27.06.04	Mulhouse
<b><u>JUN B - 16</u></b>	2:29.51	Diana Duarte Gomes	fpn	15.07.05	Budapeste
<b><u>JUN A - 17</u></b>	2:29,23	Raquel Gomes Pereira	sad	02.04.17	Coimbra
<b><u>SEN</u></b>	2:27.70	Victoria Kaminskaya	fpn	11.04.17	Pontevedra
<b><u>ABS</u></b>	2:27.70	Victoria Kaminskaya	fpn	11.04.17	Pontevedra

**50 COSTAS**

<b><u>JUN B - 16</u></b>	0:29.80	Inês Camacho Fernandes	scp	30.03.13	Coimbra
<b><u>JUN A - 17</u></b>	0:30.18	Cátia Raquel Martinheira	ldc	02.03.12	Cadiz
<b><u>SEN</u></b>	0:29.40	Marta Vieira Marinho	fcp	10.04.10	Coimbra
<b><u>ABS</u></b>	0:29.40	Marta Vieira Marinho	fcp	10.04.10	Coimbra

**100 COSTAS**

<b><u>INF B - 12</u></b>	1:08.97	Carolina Miranda Fernandes	cga	01.07.17	Coimbra
<b><u>INF A - 13</u></b>	1:06.78	Inês Camacho Fernandes	fpn	20.06.10	Catania
<b><u>JUV B - 14</u></b>	1:04.90	Joana Carina Silva	lsxxi	25.03.11	Jamor
<b><u>JUV A - 15</u></b>	1:03.92	Inês Camacho Fernandes	scp	06.04.12	Coimbra
	1:03.92	Joana Carina Silva	lsxxi	06.04.12	Coimbra
<b><u>JUN B - 16</u></b>	1:04.00	Inês Camacho Fernandes	scp	30.03.13	Coimbra
<b><u>JUN A - 17</u></b>	1:04.15	Maria Carlos Santos	fpn	24.08.95	Viena
<b><u>SEN</u></b>	01.03,42	Ana Sofia Leite	gcvr	03.04.15	Coimbra
<b><u>ABS</u></b>	01.03,42	Ana Sofia Leite	gcvr	03.04.15	Coimbra

**200 COSTAS**

<b><u>INF B - 12</u></b>	2:33.03	Keissy Joselyn Sousa	fcp	27.07.97	Famalicão
<b><u>INF A - 13</u></b>	2:23,57	Rafaela Gomes Azevedo	fpn	20.06.15	Genova
<b><u>JUV B - 14</u></b>	2:20.53	Camila Rodrigues Rebelo	aln	21.07.17	Oeiras-Jamor
<b><u>JUV A - 15</u></b>	2:17.38	Joana Carina Silva	lsxxi	05.04.12	Coimbra
<b><u>JUN B - 16</u></b>	2:17.98	Cátia Raquel Martinheira	fpn	18.08.11	Lima
<b><u>JUN A - 17</u></b>	2.15,53	Rita Barros Frischknecht	sad	02.04.15	Coimbra
<b><u>SEN</u></b>	2.15,27	Francisca Gomes Azevedo	sad	02.04.15	Coimbra
<b><u>ABS</u></b>	2.15,27	Francisca Gomes Azevedo	sad	02.04.15	Coimbra

**50 MARIPOSA**

<b><u>JUN B - 16</u></b>	0:28.00	Sara Francisco Cruz	adba	18.07.09	Faro
<b><u>JUN A - 17</u></b>	0:28.31	Sara Freitas Oliveira	fpn	29.07.02	Berlim
<b><u>SEN</u></b>	0:27.27	Sara Freitas Oliveira	fpn	07.04.11	Eindhoven
<b><u>ABS</u></b>	0:27.27	Sara Freitas Oliveira	fpn	07.04.11	Eindhoven

**100 MARIPOSA**

<b><u>INF B - 12</u></b>	1:07.00	Carolina Miranda Fernandes	cga	15.06.17	S. João da Madeira
<b><u>INF A - 13</u></b>	1:04.70	Ana Margarida Guedes	gcvr	20.07.14	Loulé
<b><u>JUV B - 14</u></b>	1:03.88	Inês Camacho Fernandes	fpn	25.07.11	Trabzon
<b><u>JUV A - 15</u></b>	1:03.14	Ana Rita Francisco	sfuap	05.08.95	Coimbra
<b><u>JUN B - 16</u></b>	1:01.48	Sara Francisco Cruz	adba	20.07.09	Faro
<b><u>JUN A - 17</u></b>	1:00.95	Sara Freitas Oliveira	fpn	01.08.02	Berlim
<b><u>SEN</u></b>	0:58.76	Sara Freitas Oliveira	fpn	12.08.10	Budapeste
<b><u>ABS</u></b>	0:58.76	Sara Freitas Oliveira	fpn	12.08.10	Budapeste

**200 MARIPOSA**

<b><u>INF B - 12</u></b>	2:28.92	Carolina Miranda Fernandes	cga	09.07.17	Coimbra
<b><u>INF A - 13</u></b>	2:25.32	Susana Patrícia Miguel	sfuap	05.07.03	Lisboa – Restelo
<b><u>JUV B - 14</u></b>	2:20.75	Susana Patrícia Miguel	fpn	04.07.04	Génova
<b><u>JUV A - 15</u></b>	2:15.56	Ana Rita Francisco	fpn	20.07.95	Genebra
<b><u>JUN B - 16</u></b>	2:17.11	Ana Rita Francisco	sfuap	29.06.96	Porto - Campanhã
<b><u>JUN A - 17</u></b>	2:12.56	Sara Freitas Oliveira	fpn	04.08.02	Berlim
<b><u>SEN</u></b>	2:10.14	Sara Freitas Oliveira	fpn	12.08.08	Pequim
<b><u>ABS</u></b>	2:10.14	Sara Freitas Oliveira	fpn	12.08.08	Pequim

**200 ESTILOS**

<b><u>INF B - 12</u></b>	2:32.93	Carolina Miranda Fernandes	cga	16.04.17	Loulé
<b><u>INF A - 13</u></b>	2:27.88	Mariana Pacheco Cunha	cfp	16.07.17	Loulé
<b><u>JUV B - 14</u></b>	2:23.60	Diana Margarida Durães	foca	01.08.10	Coimbra
<b><u>JUV A - 15</u></b>	2:21,01	Raquel Gomes Pereira	sad	04.04.15	Coimbra
<b><u>JUN B - 16</u></b>	2:20.61	Diana Margarida Durães	foca	03.06.12	Porto - Campanhã
<b><u>JUN A - 17</u></b>	2:17,22	Raquel Gomes Pereira	sad	30.03.17	Coimbra
<b><u>SEN</u></b>	02:13.87	Victoria Kaminskaya	fpn	10.04.17	Pontevedra
<b><u>ABS</u></b>	02:13.87	Victoria Kaminskaya	fpn	10.04.17	Pontevedra

**400 ESTILOS**

<b><u>INF B - 12</u></b>	5:14.05	Filipa Vilas Ruivo	dnmg	24.07.09	S. João da Madeira
<b><u>INF A - 13</u></b>	5:11.29	Diana Ramos Rocha	edv	20.07.07	Faro
<b><u>JUV B - 14</u></b>	5:01,00	Inês Neto Rocha	cap	24.07.15	Coimbra
<b><u>JUV A - 15</u></b>	4:58.08	Diana Margarida Durães	foca	05.08.11	Póvoa de Varzim
<b><u>JUN B - 16</u></b>	04.54.00	Inês Neto Rocha	annp	20.05.17	Gijón
<b><u>JUN A - 17</u></b>	4:52.12	Victoria Kaminskaya	pimp	27.07.12	Oeiras - Jamor
<b><u>SEN</u></b>	04:40.11	Victoria Kaminskaya	fpn	09.04.17	Pontevedra
<b><u>ABS</u></b>	04:40.11	Victoria Kaminskaya	fpn	09.04.17	Pontevedra

**4x50 ESTILOS**

<b><u>JUN - Club</u></b>	2:01.61	Mafalda Gomes Beleza, Maria Carolina Rosa, Filipa Vilas Tiago, Raquel Paulo Ranito	scp	31.07.10	Coimbra
<b><u>JUN - Sel</u></b>	02:00.12	Inês Neto Rocha Raquel Gomes Pereira Beatriz Mendes Viegas Ana Rita Faria	fpn	04.06.17	Porto - Campanhã
<b><u>SEN - Club</u></b>	1:56.50	Marta Vieira Marinho, Joana Catarina Carvalho, Sara Freitas Oliveira, Alexandra Paiva Oliveira	fcp	10.04.10	Coimbra
<b><u>SEN - Sel</u></b>		sem tempo limite			
<b><u>ABS - Club</u></b>	1:56.50	Marta Vieira Marinho, Joana Catarina Carvalho, Sara Freitas Oliveira, Alexandra Paiva Oliveira	fcp	10.04.10	Coimbra
<b><u>ABS - Sel</u></b>	02:00,50	Madalena Gomes Azevedo Cláudia Ferreira Borges Inês Jacinto Henriques Ana Rita Faria	fpn	05.06.16	Porto - Campanhã
<b>4x100 ESTILOS</b>					
<b><u>INF B 12 - Club</u></b>	4:56.36	Catarina Alexandra Jardim, Bárbara Nogueira Gonçalves, Carla Luísa Alves, Ana Silva Costa	gdvnvf	24.07.10	Porto - Campanhã
<b><u>INF B - Sel</u></b>	04:55,95	Susana Chanoca Narciso Maria Gomes Pereira Maria Ferreira Moura Mariana Morais Delfino	anl	14.05.16	Vila Franca de Xira
<b><u>INF A 13 - Club</u></b>	4:45.41	Inês Catarina Agostinho, Ana Maria Pina, Raquel Paulo Ranito, Vera Patrícia Pinto	slb	30.06.07	Oeiras - Jamor
<b><u>INF A 13- Sel</u></b>	04.38,93	Rafaela Gomes Azevedo Clara Gomes Pereira Leonor Camacho Fernandes Alexandra Couto Frazão	anl	04.38,93	Vila Franca de Xira
<b><u>INF Club</u></b>	<b>4:45.41</b>	<b>tempo limite</b>			
<b><u>JUV B 14 - Club</u></b>	4:35.70	Inês Catarina Agostinho, Ana Maria Pina, Sofia Oliveira Pinto, Vera Patrícia Pinto	slb	27.07.08	Oeiras - Jamor
<b><u>JUV B - Sel</u></b>	4:31.31	Inês Catarina Agostinho, Ana Pinho Rodrigues, Filipa Vilas Tiago, Diana Ramos Rocha	fpn	29.03.08	Istambul



<b><u>JUV A 15 Club</u></b>	<b>4:35.70</b>	<b>tempo limite</b>			
<b><u>JUV A Sel</u></b>	04:30,76	Ana Margarida Guedes Inês Neto Rocha Sara Sofia Alves			
		Joana Costa Amador	fpn	02.04.16	Limassol
<b><u>JUV Club</u></b>	04:30,40	Rafaela Gomes Azevedo Clara Gomes Pereira Carolina Rosa Marcelino			
		Ana Baptista Ferreira	sad	24.07.16	Oeiras - Jamor
<b><u>JUN- - Club</u></b>	4.24,80	Rita Barros Frischknecht Ana Beatriz Marques Sofia Alexandra Branco			
		Madalena Gomes Azevedo	sad	04.04.15	Coimbra
<b><u>JUN- - Sel</u></b>	4:18.01	Joana Carina Silva, Paula Alexandra Oliveira, Inês Camacho Fernandes, Isabel Pinto Abreu	fpn	31.03.12	Coimbra
<b><u>SEN - Club</u></b>	4:16.23	Susana Patrícia Miguel, Diana Duarte Gomes, Filipa Ferreira Silva, Patrícia Vilas Conceição	cna	21.07.09	Faro
<b><u>SEN - Sel</u></b>	4:19.29	Maria Carlos Santos, Joana Magalhães Soutinho, Joana Isabel Arantes, Ana Feio Alegria	fpn	26.08.95	Viena
<b><u>ABS - Club</u></b>	4:16.23	Susana Patrícia Miguel, Diana Duarte Gomes, Filipa Ferreira Silva, Patrícia Vilas Conceição	cna	21.07.09	Faro
<b><u>ABS - Sel</u></b>	04:13,83	Francisca Gomes Azevedo Ana Pinho Rodrigues, Ana Catarina Monteiro Ana Sofia Leite	fpn	22.05.16	Londres















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