



Shelby Mysel (left) and Tara Sankner raise money for the Fairfax County Animal Shelter.

'Inspiration' to Animal Shelter

NEWS, PAGE 3

Former Gang Member Reveals What That Life Is Like

NEWS, PAGE 5

Create a Back-to-School Game Plan

A+, PAGE 8

Police to Release Name of 2-Year-Old Murder Victim

BY TIM PETERSON
CENTRE VIEW

Despite pleas from the girl's family, Fairfax County Police will soon release the name of the young victim who was found dead along with the body of Roy Eugene Rumsey, 58, at the scene of a house fire in Fairfax on July 27.

"We're trying to be sympathetic to the family," said Maj. Ed O'Carroll, director of the police Public Affairs Bureau.

O'Carroll said police have received "dozens of calls" from the family, friends of the family and the family's legal counsel, asking them to not release the name.

But on advice from the County Attorney, Fairfax County Police Chief Ed Roessler decided to move forward with the release.

"What we've been doing for decades is still accurate," O'Carroll said, "sharing the names of homicide victims."

O'Carroll confirmed Rumsey — the girl's father — murdered her, set the house on fire, then killed himself.

The department has grappled with the name release; it's unusual for there to be such a young victim.

"It's tragic for everyone," O'Carroll said.

Virginia state senator and lawyer Scott Surovell (D-36) is representing the family of the dead child.

"The family is devastated by the sudden loss of their beautiful two-year-old baby," Surovell said in a statement. "She was an incredibly happy, vibrant and loving child. She will be forever missed. The family thanks you for respecting their privacy at this time."

Regardless the girl's age, O'Carroll said the case is still a homicide, and "the community has the right to know" the name of the victim.

Surovell declined to comment beyond the statement.



PHOTO BY BONNIE HOBBS/CENTRE VIEW

Wednesday July 27, firefighters responded to the fire around 11 a.m. on the 12100 block of Fairfax Hunt Road.

CRIME REPORT

The following incidents were reported by the Sully District Police Station.

BURGLARY: 5800 block of Robey's Meadow Lane, Aug. 13, 1:25 p.m. A man reported that someone took property from his residence. Suspect information was developed and turned over to detectives.

INDECENT EXPOSURE/ARREST: New Braddock/Montero Drive, Aug. 13, 6:32 p.m. A woman was walking on a sidewalk when a man pulled up in a vehicle and called out to her. As she walked closer to the vehicle, she observed the suspect touching himself inappropriately. She used her cell-phone to video the suspect in his vehicle and notified police. Officers were able to identify a 24-year-old Centreville man as the suspect. He was arrested, transported to the adult detention center, and charged with indecent exposure.

ARMED ROBBERY: 6400 block of Paddington Court, Aug. 10, 1:23 a.m. The victim reported to police that he was sitting in a vehicle when he was approached by a man who displayed a handgun and demanded property. Another man also approached the victim and demanded property. The suspects took the man out of his vehicle, took property, and fled on foot. The suspects were described as black, approximately 20 years old, and 5 feet 8 inches to 6 feet tall.

SUSPICIOUS EVENT: 13800 block of Poplar Tree Road, Aug. 6, 4:30 p.m. An 11-year-old boy was playing "Pokémon Go" in the area. A man approached him while in a blue sedan and told him

to get into the vehicle. The child ran and alerted an adult to what happened. The vehicle also left the area. The man was described as black, 40 to 50 years old, had a goatee, and a short afro hair-style.

BURGLARY: 13000 Big Yankee Lane, Aug. 5, 1:40 p.m. A resident reported someone entered their yard and stole property.

AUG. 12-14
LARCENIES
3600 block of Concorde Parkway, wallet from business

12600 block of Old Yates Ford Road, bag, wallet and phone from vehicle

6000 block of Stallion Chase Court, cash from residence

4900 block of Stonecroft Boulevard, phone from residence

AUG. 12
LARCENIES
Old Centreville Road/Chelsea Place, tires from vehicle

AUG. 11
LARCENIES

14300 block of Chantilly Crossing Lane, merchandise from business

AUG. 10
LARCENIES

4100 block of Hamlin Court, sunglasses and electronic device from vehicle

13700 block of Lynncroft Drive, wallet and credit cards from vehicle

14000 block of Lotus Lane, valuables from residence

15000 block of Ponderlay Drive, prescription medication from vehicle

4900 block of Stonecroft Boulevard, property from residence

14300 block of Uniform Drive, jacket from vehicle

AUG. 9
LARCENIES

4900 block of Fox Creek Court, driver's license from vehicle

6400 block of Paddington Court, electronic device from residence

AUG. 5-7
LARCENIES

13900 block of Big Yankee Lane, power washer from residence

13800 block of Braddock Road, wallet from business

6400 block of Melstone Court, bicycle from residence

6300 block of Shirey Lane, phone from residence

14000 block of Woodmere Court, cigarettes from residence

AUG. 5
LARCENIES

6000 block of Deer Hill Court, license plate from vehicle

15300 block of Twin Creeks Court, golf clubs and power tools from residence

AUG. 4
LARCENIES

4300 block of Chantilly Shopping Center, jewelry from business

5400 block of Middlebourne Lane, items from vehicle

13500 block of Point Pleasant Drive, jewelry from residence

15000 block of Ponderlay Drive, medication from vehicle

14200 block of Saint Germain Drive, gun from vehicle

AUG. 3
LARCENIES

5700 block of Barrymore Road, purse from vehicle

14100 block of Gabrielle Way, guns from residence

5500 block of Stroud Court, bicycles from residence

AUG. 2
LARCENIES

6200 block of Simpson Patent Court, items from vehicle

4900 block of Stonecroft Boulevard, phone from residence

11500 block of Wild Acre Way, items from residence

NOVEC: How To Handle Hot Weather

The heat wave is making most air conditioners run longer and harder. Northern Virginia Electric Cooperative recommends the following energy-saving tips:

- ❖ Turn the thermostat up to 76-78 degrees. Each degree higher means lower electricity use and lower summer bills.

- ❖ Replace air-conditioner filters regularly — Follow manufacturers' instructions. Write the installation date on the filter.

- ❖ When buying a window air conditioner, make sure it has an ENERGY STAR rating.

- ❖ When purchasing a central air-conditioning unit, make sure it has a high Seasonal Energy Efficiency Rating (SEER).

- ❖ Use fans if you don't have an air conditioner — Circulating air will make everyone feel cooler. If not running an air conditioner, run a whole-house or window fan upstairs with windows open on the main floor. Make sure a window fan pushes air out instead of in.

- ❖ Block heat with window treatments — Close window treatments during the day on sunny sides of the house. Layering treatments, such as drapes closed over blinds, blocks even more heat. Window awnings do the best job since they repel solar rays before they reach windows.

- ❖ Replace incandescent light bulbs with LED bulbs — Old-fashioned incandescent light bulbs produce only 10 percent light, but 90 percent heat.

Light-emitting diode (LED) bulbs produce almost no heat, use 80 percent less energy than incandescents, and last much longer. White LEDs once had a bluish cast, but they now come in natural tones and in traditional shapes for chandeliers, lamps, and flood lights.

For more energy-saving ideas, go to www.novec.com/save.

SCHOOL NOTES

Email announcements to centreview@connectionnewspapers.com. Photos are welcome.

Thirty-four art students who attend Fairfax County Public Schools were recognized with Arts Herndon scholarships. Each of the recognized works received a monetary award ranging from \$25 to \$750.

Emma Rose, in grade 12 at Westfield High School, won for "House Mischief" in animation.

Corbyn Besson, in grade 11 at Centreville High School, won for "Scatterbrain" in digital art.

Fifty-two Fairfax County public schools have earned a 2016 Virginia Index of Performance (VIP) award for advanced learning and achievement from Governor Terry McAuliffe and the Virginia Board of Education.

The awards recognize schools and divisions

that exceed minimum state and federal accountability standards and achieve excellence goals established by the governor and the board.

- ❖ Twenty-six Fairfax County public schools received the 2016 Board of Education Excellence Award, including: **Chantilly High, Greenbriar West Elementary, Navy Elementary, Willow Springs Elementary** and **Thomas Jefferson High School for Science and Technology**.

- ❖ Twenty-three Fairfax County public schools received the 2016 Board of Education Distinguished Achievement Award, including: **Franklin Middle, Lees Corner Elementary**, and **Powell Elementary**.

Jonathan Haveles, of Centreville, earned a bachelors in mechanical engineering from Rensselaer Polytechnic Institute (Troy, N.Y.).

ROUNDUPS

Free Carseat Inspections

Certified technicians from the Sully District Police Station will perform free, child safety carseat inspections Thursday, Aug. 18, from 5-8:30 p.m., at the station, 4900 Stonecroft Blvd. in Chantilly. No appointment is necessary. But residents should install the child safety seats themselves so technicians may properly inspect and adjust it, as needed.

Because of time constraints, only the first 35 vehicles arriving on each date will be inspected. That way, inspectors may have enough time to properly instruct the caregiver on the correct use of the child seat. Call 703-814-7000 to confirm dates and times.

Immunizations for School

Fairfax County Health Department offers administration of school-required immunizations free of charge. Parents can have their children immunized in preparation for school at any of the Health Department's five clinics in Annandale, Herndon/Reston, the City of Fairfax, Mount Vernon, and Springfield.

The Health Department is offering extended walk-in hours for school-required immunizations and tuberculosis screening at all clinic sites:

- ❖ Monday, Aug. 22, 4:30 - 6:30 p.m.
- ❖ Monday, Aug. 29, 4:30 - 6:30 p.m.
- ❖ Tuesday, Sept. 6, 8 - 10 a.m.

For information about the clinics, immunizations, and records, visit www.fairfaxcounty.gov/hd/immun/immunupdate.htm.

Care about Social Studies?

Fairfax County Public Schools (FCPS) is seeking public comment on basal resource materials under consideration for use in social studies courses in kindergarten through high school. A review committee composed of community members, administrators, and teachers will meet in the coming weeks to review and recommend new social studies materials to the School Board. Citizens are encouraged to review materials under consideration and provide comments.

Social studies basal resource materials are available through Friday, Sept. 9, for public review. Hard copies of the resources as well as access information for digital resources will be available in the welcome center at Willow Oaks administrative building located at 8270 Willow Oaks Corporate Drive, Fairfax, VA 22031. Willow Oaks is open Monday through Friday from 8 a.m. to 5 p.m. Extended hours will be provided until 8 p.m. on Tuesday, Aug. 23, and Thursday, Sept. 8.

Dairy Days at Sully Historic Site

Sully Historic Site is hosting Dairy Days. Participants age five to adult can churn butter, crank ice cream and play historic games for a taste of 18th-century life. Hour-long sessions will be held at 1, 2 and 3 p.m. on Friday, Aug. 26. The cost is \$7 per person. Children must be accompanied by an adult. The tour cost is separate. Sully Historic Site is located at 3650 Historic Sully Way, Chantilly. For more information, call 703-437-1794 or visit <http://www.fairfaxcounty.gov/parks/sully-historic-site/>.

Interested in Citizen Corps Council?

There is an opening for a Sully resident to serve on the Citizen Corps Council. The Citizen Corps is FEMA's grassroots strategy to bring together government and community leaders to become involved in all-hazards emergency preparedness and resilience.

For additional information, follow the link to its website: www.fairfaxcounty.gov/oem/citizencorps/. If you're interested in volunteering, contact Laura Floyd at laura.floyd@fairfaxcounty.gov.

Summer Parent Clinic Returns

The Fairfax County Public Schools Office of Intervention and
SEE ROUNDUPS, PAGE 5

NEWS



PHOTO BY
BONNIE HOBBS
CENTRE VIEW

Shelby Mysel (left) and Tara Sankner hold their hand-made potholders, dog collars and bracelets.

'Inspiration' to Animal Shelter

Local girls raise money for the facility.

BY BONNIE HOBBS
CENTRE VIEW

Tara Sankner and Shelby Mysel are two youths with big hearts and a love for animals. And for the second year in a row, they held a fundraiser for the Fairfax County Animal Shelter.

"I don't like the way some people treat their dogs and cats badly and just abandon them," said Tara. "But the shelter takes them in and takes care of them, so we wanted to raise money for it."

"The shelter can use it to help get the food and medicine the animals need," added Shelby.

Tara, 11, a rising sixth-grader at Lees Corner Elementary, and Shelby, 12, a rising seventh-grader at Lanier Middle School, sold items they made themselves. Using paracord, a type of nylon rope, they created brightly colored potholders, drink coasters, bracelets and animal collars.

Then on Saturday, Aug. 13, from 10 a.m.-2 p.m., they set up a table inside the shelter to offer their wares. And they picked a good day for it. Saturday was "Empty the Shelter Day," when all the normal adoption fees were waived, so even more people than usual went there to adopt animals.

Last year, in a similar fundraiser, the girls raised \$588 for the shelter. But this time, their goal was \$800 — and they made it. Whenever there was a lull at their table, they walked around with a donation jar, seeking contributions from everyone there. By 1:15 p.m., they'd raised more than \$700; and by the time they were done, their grand total was \$809.25.

"I'm incredibly proud of them," said Shelby's mom, Karen Mysel. "It's just awesome what they do, and I'm excited that they came up with other ideas about what they wanted to make. Last year was just

potholders. And they're already thinking about what they'll make next year. They'll even begin making everything earlier so they'll have a bigger inventory."

"We started working on them, the middle of summer," said Shelby. "But we were both busy with other stuff, so we had to find the time."

Not surprisingly, both girls have dogs of their own. Shelby has a 2-year-old Golden Retriever named Coco, and Tara has a 4-year-old Labrador/boxer mix named Caroline. And, said Tara, "Shelby's dog is hilarious."

"I like laying on the couch with her and playing fetch with her," said Shelby. "We'll throw a ball in the yard, and Coco will sometimes get excited while running, put her head down and fall over. She's called a Golden Retriever, but she's not that good at retrieving."

As for Tara, she especially likes snuggling with her dog. "When Caroline lays down, she always wants me to pet her stomach. And when I stop, she pushes my arm down with her paw so I'll pet her more. She's also active around guests and happy to see them."

For example, said Shelby, "When Tara and I have sleepovers, Caroline will come over and lick my face. And I'm like, 'Really, Caroline, I'm trying to sleep.'"

So it was only natural, then, that the two friends held a fundraiser for the animal shelter. "I just think it's touching that they want to give back to the shelter," said Tara's mom, Tammy Sankner. "And they're selfless to want to do this during their summer break. This was their

own idea that they carried over from last year to this year, making an even bigger fundraising goal this time."

For their part, shelter personnel were delighted. "We are very thrilled that these girls care so much about the animals that they're willing to spend so much time making all the great things they've made and donating the proceeds to the shelter," said Cindy Sbrocco, the animal shelter's volunteer coordinator. "They're an inspiration for all the staff and volunteers."

"We are very thrilled that these girls care so much about the animals that they're willing to spend so much time making all the great things they've made and donating the proceeds to the shelter."

— Cindy Sbrocco, Volunteer Coordinator,
Fairfax County Animal Shelter

Big Day for Eric Latcheran

Chantilly resident proud to wear Knights of Columbus uniform.

BY BONNIE HOBBS
CENTRE VIEW

Eric Latcheran, 29, of Chantilly's Poplar Tree Estates community, is a busy person. He holds down two jobs, performs in bands, has strong friendships — including a girlfriend — and raises money for Best Buddies, which promotes friendships with and jobs for people with intellectual disabilities.

He also has Down syndrome, but that doesn't stop him from leading a full and happy life. And last Sunday, Aug. 14, was a particularly big day for him.

Two years ago, Eric Latcheran was officially installed into the Knights of Columbus. He belongs to the Father Nudd Knights Council of St. Timothy Catholic Church in Chantilly. Since then, he's been promoted to a fourth-degree officer in the Council and gets to wear a uniform — and he's thrilled about it.

"On Sunday, he participated in his first ceremony in full regalia," said his mother, Gina Latcheran. "The ceremony began in St. Timothy and concluded at the Calvary Cemetery. The Knights went there to lay a wreath at the gravesite of Father Nudd, the first pastor of St Timothy, and for whom Eric's Knights Council is named. Despite the 100-degree heat, Eric looked very cool."

Noting how proud he is to belong to the Council, she said, "The Knights' missions of patriotism, charity, unity and fraternity have always been important to him. And this Council assists him in fulfilling those missions in their shared community."

The Chantilly High grad has been involved with the Knights of Columbus for quite a while, and it means a great deal to him. "Eric proudly displays his Knights badge, sits in church with his brother Knights on many occasions and greets his fellow parishioners," said Gina Latcheran.

He's also pleased that, via their statewide organization, KOVAR, the Knights raise money to provide financial assistance for people with intellectual challenges like him.

KOVAR charities include Best Buddies, Special Olympics and the interPLAY Company Band, in which Eric performs at the Strathmore in Maryland. And, said Gina



Eric Latcheran inside St. Timothy Catholic Church in Chantilly.

Latcheran, "That's what attracted Eric to this parish fraternity, in the first place."

On Sunday, she said, "When he finished dressing in his Knights of Columbus Fourth Degree Color Guard regalia for the ceremony remembering Father Nudd, I could tell this was one of Eric's proudest moments. He is my hero, and this took my breath away."

But Gina Latcheran also has many other heroes, especially those who open their hearts to people with cognitive and physical challenges. "They believe they are giving, but discover that what they're getting in return is the real gift," she said. "So my list of heroes grows daily."

Among them are Eric Latcheran's girlfriend Melissa and her family, the interPLAY

Company Band, Zydeco bands that Eric Latcheran accompanies on his washboard, and his co-workers at Wildflour Deli and Catering and Piero's Corner Italian Restaurant. Also on Gina Latcheran's list are special needs advocacy groups, Special Olympics athletes and volunteers, plus Eric Latcheran's former teachers, camp counselors and therapists who, she said, "will forever impact his life."

But this week, Gina Latcheran recognizes the Knights of Columbus Fourth Degree Acts of the Apostles Assembly No. 2411 who, after a year of providing training and support for Eric Latcheran, "fulfilled a dream for my son by inviting him to join the ranks of their Color Guard in full regalia for the first time."



Eric Latcheran (at far left) and other members of the Father Nudd Knights Council at Calvary Cemetery.

PHOTOS COURTESY OF GINA LATCHERAN



Chantilly's Eric Latcheran and his mom, Gina, after Sunday's Knights of Columbus ceremony.

BULLETIN BOARD

REGISTRATION OPEN

Registration is under way now for fall 2016 classes offered by Adult and Community Education (ACE). Brush up on computer skills, learn a new language, try a new culinary adventure, or pump up a résumé. See fall course offerings at www.fcps.edu/is/ace.

AUGUST SCHEDULE CHANGES

Jubilee Christian Center, Fairfax, 4650 Shirley Gate Road, Fairfax, has changed the mid-week schedule as follows: Aug. 11, VBS open house and refreshments, 6 p.m.; Aug. 17, family picnic at the church, 6 p.m.; Aug. 24, no evening activities; Aug. 31, family movie night with pizza and popcorn, 7 p.m. Wednesday

Email announcements to centreview@connectionnewspapers.com. Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

evening Family Night activities will resume Sept. 7, 7:15 p.m. (Adult Bible Study, Boys and Girls Ministries) Also, College Kairos at 7 p.m. Call 703-383-1170, or see www.jccag.org for activities.

SATURDAY/AUG. 20

Bike Collection Project. 9 a.m.-noon at 14931 Willard Road, Chantilly. Collecting bicycles and accessories (along with a suggested \$10 donation for shipping, not required but suggested). Email thadseagle@gmail.com or visit bikesfortheworld.org for more.

MONDAY/AUG. 29

Volunteers Needed. 9:30-11:30 a.m. or 1-3 p.m. at Deer Park Elementary

School, 15109 Carlbern Drive, Centreville. Volunteers are needed to stuff envelopes. Middle and high school students are welcome to volunteer as well to earn service hours. Sign up at www.SignUpGenius.com/go/20F0B4FACA92EA3FE3-envelope.

THROUGH SATURDAY/SEPT. 3

Preschool Enrollment. 9 a.m.-4 p.m. at The Learning Experience, 4150 Pleasant Valley Road, Chantilly. Visit The Learning Experience in Chantilly/South Riding and learn about classes for ages 2 and older that feature STEM lessons, sign language and a focus on play with Make Believe Boulevard. Take advantage of a week-long open house, Monday, Aug. 22-Friday, Aug. 26. Open house is free.

Contact Judy McClimans at chantilly@TLEchildcare.com or 703-378-7391.

WEDNESDAY/SEPT. 7

Annual SYA Board Meeting. The Southwestern Youth Association will be holding its annual Executive Board of Directors Election Meeting at the SYA Office at 5950 Centreville Crest Lane, Centreville beginning at 7:30 p.m. The SYA Executive Board of Directors positions are for a one-year term and include the following positions: President, Vice-President, Secretary and Treasurer. Nominations are currently being accepted and may be submitted to the SYA Office at admin@syayouthsports.org. Applicants must be in good standing

with SYA and at least 21 years of age. This meeting is open to the community. Any questions please contact the SYA Office at 703-815-3362 or admin@syayouthsports.org.

THROUGH FRIDAY/SEPT. 9

Public Comment. Fairfax County Public Schools (FCPS) is soliciting public review and comment on basal resource materials under consideration for use in social studies courses in kindergarten through high school. Hard copies of the resources as well as access information for digital resources will be available in the welcome center at Willow Oaks administrative building located at 8270 Willow Oaks Corporate Drive,

SEE BULLETIN, PAGE 7

'Getting Arrested ... a Blessing'

Former gang member reveals what that life is really like.

BY BONNIE HOBBS
CENTRE VIEW

According to police Capt. Bob Blakley, "Eighty percent of the property crimes in the Sully District are gang-related or done by their affiliates. And even a higher percentage of the violent crimes here are done at the hands of gang members — and that's a huge problem. This year, we've had three, drive-by shootings into occupied dwellings, one in Chantilly and two in Centreville."

So to make local residents aware of the situation and give parents tips about how to keep their own children out of gangs, a former gang member addressed the June meeting of the Sully District Police Station's Citizens Advisory Committee. However, to protect his identity, since his life would be in danger for speaking out against gangs, he is referred to as Griffin.

A Fairfax County resident, now 21, he was initiated into a gang at age 16. "I was young and looking for some fun," he said. "Gangs promise you different things — guns, drugs, etc. — but it's all false promises. Once you get arrested, they forget all about you — you're all alone."

Saying "Gangs are horrible for young people," Griffin said joining one was "the biggest mistake I ever made. Once you're in, it's tough to get out. They make you do robberies, sell drugs and hunt people down. They tell you to find people who just got paid and cashed their checks and have cash on them. It's crazy out there; they just want to make a dollar off of you."

"Supposedly, the gang shows you brotherhood, but they don't care about you," he continued. "You're expendable and easily replaceable. The only ones you can really count on are your family members."

Griffin was in and out of trouble as a juvenile, and he was still in jail when he spoke at the meeting, so armed officers accompanied him there. But upon his release, he planned to be in the Violent Repeat Offenders program and learn a trade.

"When I got arrested [for robbery], it was the worst feeling ever," he said. "And it was my first time ever in jail. Virginia is one of the four states that can give

you 40 years to life in prison for robbery."

Griffin said gangs populate different areas and, when one moves into another's territory, they fight. "There are local and national gangs, and the local gangs — including in Centreville — can have a couple hundred members," he said. "They'll recruit kids 13 and under because young kids are easier to influence. Although, some of the oldest gang members are 30-40 years old. What are they still doing in a gang?"

As for Griffin, he said, "I used to look up to them, but now I don't. I think they're the worst scum of the earth. Every day is a new chance to get out of a gang. So what I'd tell kids considering joining a gang is, 'It's not worth it. Gangs will use you up and spit you out.'"

He advised parents to pay attention to the way their children dress, "especially if they wear super-baggy clothes and start wearing certain colors." But, he added, "Gangs can be low-key, if they want to.

The Northern Virginia Gang Task Force recently raided a single-family house in Leesburg and arrested gang members, so they're cracking down.

But [until then], no one in the neighborhood knew gang members lived there."

Griffin also said drug use is rampant among gang members. "At the time, I took drugs," he said. "I used marijuana and was hooked on Xanax, which numbs you and makes you feel invincible. A lot of gang members use it because it makes you not think — you just go out and rob."

Furthermore, he said, being in a gang doesn't really make someone envied or admired. "When you're in a gang, you get respect from kids," said Griffin. "But you don't get it in the real world, and you can't

put that experience down on a job résumé."

To keep their children out of gangs, Griffin told parents to get them involved in sports and other activities, as well as mentoring programs. "Pay attention to what your kids are doing," he added. "And sit down and have family dinners with them and ask what they're doing. Ask how their day went and ask about their lives. Find a balance between giving your kids too much freedom and too little. And be more involved — that could change everything."

Basically, he said, "Kids have a lot of chances to do something else with their lives, and I want to talk to them and tell them not to join gangs. Now, I appreciate that the police are trying to save me. Getting caught and arrested was a blessing for me; it was life-altering."

gists and school social workers will be available to parents for assistance in identifying community resources, guidance on how to manage challenging behaviors, as well as how to work collaboratively with school teams around issues of academic or behavioral concern.

This summer, Parent Clinic appointments will be available now through Aug. 19. To schedule an appointment, call the FCPS Parent Clinic at 703-503-2506 or email the Parent Clinic at <http://www.fcps.edu/dss/parentclinic/mailform.html>.

"It's not worth it. Gangs will use you up and spit you out."

— Former gang member

"The only ones you can really count on are your family members."


— Former gang member

ROUNDUPS

FROM PAGE 3


Prevention Services will again be offering Summer Parent Clinic. Parents will have an opportunity to schedule a 45-minute consultative appointment with a school psychologist or school social worker.

Supportive consultation is available for parents when children are experiencing social-emotional, behavioral, or academic challenges such as anxiety, attention, poor school performance, bullying, and poor peer or family interactions. School psycholo-



Learn as if you were to live forever; live as if you were going to die tomorrow.

—John Wooden



THINKING OF SELLING YOUR HOME?
Min & Jimmy
YOUR Neighborhood Specialists!



FREE

- Staging Consultation
- Right-Priced Analysis
- Tips to Improve Value

CALL US TODAY!
OVER 2,000 HOMES SOLD

Samson Properties **Top Dollar/Quick Results Since 1986**
FIVE-STAR SERVICE!

www.virginiahomeforyou.com
703.307.4095



Yeppi Pet Grooming
14200F Centreville Square • Centreville
703-815-1166
Mon.–Sat. 8 A.M.–5 P.M.
Shampoo & Conditioning • Bath & Brush
De-Matting • Custom Style & Cut • Nail Clipping

TEETH CLEANING \$5–\$7.00
With coupon, new customers. Limit on per customer. Not Valid with any other offer. Expires 9/14/16

\$5 OFF Any Pet Custom Style & Cut Package. New Clients Only.
With coupon, new customers. Limit on per customer. Not Valid with any other offer. Expires 9/14/16

Located in Centreville Square Shopping Center

We Use Only All-Natural Products • Professional Full-Service Grooming • Teeth Cleaning

Your Local Upscale Resale Store
All Proceeds Benefit Friends of Homeless Animals
A No-Kill Shelter for Cats & Dogs



Variety of Beautiful Treasures
Great Prices

Adopt Volunteer Donate

The Treasure Hound
14508-D Lee Road, Chantilly, VA
(Corner of Rt. 50 and Lee Rd. One light West of Rt. 28)
703-263-9073



www.foha.org

Election 2016: Much at Stake

Possible record turnout should motivate more early voting.

Election Day is Tuesday, Nov. 8, and in some ways that seems like it can't possibly come soon enough.

On Election Day in Virginia, polls are open from 6 a.m. - 7 p.m., but early voting begins Sept. 23, about five weeks from now, and voters should have plenty of motivation to vote early.

It's hard to articulate how much is at stake in the coming election, and it's not just about the choices for U.S. President. Turnout will be extremely high, if not record breaking.

Nearly 32 percent of voters nationally voted before Election Day in 2012, according to census data, compared with just under 30 percent in 2008 and 20 percent in 2004, the New York Times reported.

There are 19 valid reasons to vote absentee in Virginia, with one that applies to almost everyone who commutes to work. If you could be working and commuting to and from home for 11 or more hours between 6 a.m. and 7 p.m. on Election Day, you qualify to vote "absentee in person." If you vote absentee in-person you will fill out the application when you arrive at the in-person absentee location.

The deadline to register to vote on Election

Day is Oct. 17.

Visit the Virginia Department of Elections website to check that you are registered or call Fairfax County Elections office at 703-222-0776.

Virginia has a stringent voter identification requirement, plan to bring photo identification with you to vote, whether that is absentee or on Election Day. Among accepted ID: valid Virginia Driver's License or Identification Card; valid Virginia DMV issued Veteran's ID card; valid U.S. Passport; other government-issued photo identification cards issued by the U.S. Government, the Commonwealth of Virginia, or a political subdivision of the Commonwealth; valid college or university student photo identification card from an institution of higher education located in Virginia; valid student ID issued by a public school or private school in Virginia displaying a photo; employee identification card containing a photograph of the voter and issued by an employer of the voter in the ordinary course of the employer's business. Any registered voter who does not possess one of the required forms of identification can apply for a free Virginia Voter Photo Identification from any general registrar's office in the Commonwealth. Voters applying for the Virginia Voter Photo ID Card will have to complete the Virginia Voter Photo Identification Card Application, have their picture taken, and sign the digital signature pad. Once the application is processed, the card will be mailed directly to the voter.

EDITORIAL

Ramping Up to Election Day

- ❖ **Sept. 23:** In-Person Absentee Voting Begins
- ❖ **Oct. 17:** Voter Registration Deadline - In-Person: 5 p.m., Online: 11:59 p.m.
- ❖ **Nov. 1:** Last Day to Apply for an Absentee Ballot by Mail, Fax, Email or Online: 5 p.m.
- ❖ **Nov. 5:** Final Day for In-Person Absentee Voting
- ❖ **Nov. 8:** Absentee Ballot Return Deadline: 7 p.m.
- ❖ **Nov. 8:** Election Day, Polls Open 6 a.m. - 7 p.m.

While the Presidential election will take top billing, every seat in the U.S. Congress is on the ballot, with one hotly contested race in Northern Virginia.

In Fairfax County, voters will decide whether to enact a four percent meals tax, a topic voters will hear a lot more about in coming weeks. Bond questions include \$120 million in transportation bonds for Metro; \$107 million in bonds for parks; and \$85 million for building and renovating senior and community centers, and homeless shelters. More at <http://www.fairfaxcounty.gov/bond/>

For more information on voting in Fairfax County:

Voter Registration: 703-222-0776, TTY 711
Absentee Fax: 703-324-3725
Email: voting@fairfaxcounty.gov
Election Officer Info: 703-324-4735, TTY 711
Email: elect@fairfaxcounty.gov

— MARY KIMM

MKIMM@CONNECTIONNEWSPAPERS.COM

Women's Equality Day is 96 Years Young

In four years, celebrate centennial of 19th Amendment to the U.S. Constitution, which gave women the right to vote.

BY PEGGY KNIGHT

PRESIDENT, LEAGUE OF WOMEN VOTERS OF THE FAIRFAX AREA

On Aug. 26, 2016, our nation celebrates the Women's Equality Day for the 96th time. In only four years, we will be celebrating the centennial of this historic day recognizing the ratification of the 19th Amendment to the U.S. Constitution, which gave women the right to vote and to full citizenship for the very first time.

Many fearless and dedicated men and women suffered jail time, physical assaults by the police and spectators at demonstrations, and insults, during this struggle that lasted over seven decades. However, it was only in 1971 that Congress, by resolution, designated this day as "Women's Equality Day". This designation recognized the many sacrifices made by these courageous women and men to achieve this ratification.

On Feb. 14, 1920, six months before ratification of the 19th amendment, The League of

Women Voters, was founded by Carrie Chapman Catt, President, National American Woman Suffrage Association, during the association's convention. Ms. Catt was a women's rights activist and a suffragist, who stated that the vote was the "emblem of equality" for all citizens, men and women.

This year, the League of Women Voters of the Fairfax Area [LWVFA] celebrates the selection of the country's first female nominee for President from a major party. While the League never endorses candidates or political parties, it recognizes this historical achievement for women.

The League encourages active participation by citizens. It conducts studies of important policy issues, has monthly meetings during which members discuss these issues, and uses education and advocacy to influence public policy, at the local level, in the interest of the public. It conducts candidate forums so that citizens can ask candidates questions, candidates can answer those questions and also interact directly with the public. LWVFA also reg-

isters voters and provides them with unbiased information about the voting process, issues of interest, and elections.

To learn more about this organization, please go to its website, www.lwv-fairfax.org.

If you have any questions, please contact Adarsh Trehan at PR@lwvfairfax.org or 703-795-7281. You can also contact Peggy Knight, President, at peggy.knight1@verizon.net or 703-772-4939

The League of Women Voters of the Fairfax Area is a non-partisan political organization that encourages informed and active participation in government, works to increase understanding of major public policy issues.

Write

Centre View welcomes views on any public issue. The deadline for all material is noon Friday. Letters must be signed. Include home address and home and business numbers. Letters are routinely edited for libel, grammar, good taste and factual errors.
Send to:

Letters to the Editor
Centre View
1606 King St., Alexandria VA 22314
Call 703-917-6444 or email:
centreview@connectionnewspapers.com



PHOTOS BY
DAWN WINKLER

Activities for Cub Scouts at Twi-Light Summer Camp included archery, BB gun shooting, building catapults and making putty.

Learning New Skills at Twi-Light Summer Camp

BY HONDO DAVIDS
SULLY DISTRICT CHAIRMAN

The Sully District of the Boy Scouts of America held a Twi-Light Summer Day Camp for its Cub Scouts July 25-29. Thirty Cub Scouts attended, led by adult volunteers from Sully District and Boy Scouts from Troop 1137 and Troop 577.

In addition, more than 30 adults participated in taking Youth Protection Training and provided help as Den Walkers. Special appreciation went to Den Leaders Dawn Winkler, Jim Mata, and Randy Young and also to activity directors, Jake Marshak, John Arpin, and Dan Palenscar.

The event was held at the Izaak Walton League Fairfax/Arlington Chapter in Centreville. Each day started with a flag

ceremony, the Pledge of Allegiance and Den Yells. The evening ended with retiring the flag, one last Den Yell, and making a head count of Cub Scouts to make sure we didn't lose anyone. (We didn't!)

Program Director Chris Davids, and District Executive Robert Guers provided the planning and execution of events that included BB gun shooting, archery, STEM activities of catapult building (shooting marsh-

mallows into a tub), building the tallest structure with Gummy Bears and toothpicks, making putty, and craft activities of leatherwork, making a spaceship, and laser swords.

One night it rained for 20 minutes and everyone went to crafts and made paper airplanes and flew them for accuracy and distance. In the end everyone that attended beat the heat with cold water available at each station and each attendee had a great time.

BULLETIN BOARD

FROM PAGE 4

Fairfax. Willow Oaks is open Monday-Friday, 8 a.m.-5 p.m. Extended hours will be provided until 8 p.m. on Tuesday, Aug. 23, and Thursday, Sept. 8.

SEPT. 10-21

2016 Northern Virginia Senior Olympics. Online registration will open July 5. Registration forms will be mailed to previous participants in late June and will be available at community and senior centers, senior residences and event venues. The registration fee of \$12, which covers multiple events, remains the same. Three events have an added fee, ten pin bowling, golf and orienteering. Deadline for registering is Aug. 27 (by mail), Sept. 3 (online). Call 703-830-5604 or email

nvso1982@gmail.com for more. To volunteer, call 703-403-5360.

TUESDAY/SEPT. 13

ESL Class Registration. 7 p.m. at Lord of Life Lutheran Church, 5114 Twinbrook Road, Fairfax or 13421 Twin Lakes Drive, Clifton. Classes are Tuesday and Thursday, 7-9 p.m. and run from Sept. 15-Nov. 22. Beginning, intermediate and advanced levels will be offered. Registration fee is \$15, text book is \$25. Call 703-323-9500 or visit www.lordoflifeva.org for more.

SATURDAY/SEPT. 17

Volunteers Needed. 9:30 a.m.-4 p.m. at Dulles International Airport. Special Olympics Virginia's Dulles Day Family Festival and Plane Pull is looking for 600 volunteers to help

with all of the events that happen during this hefty fundraiser. From T-shirt sales, team check in and event parking to car show monitors, event greeters and event clean up, shifts are offered in the morning or afternoon (or both). All volunteers will receive a souvenir Plane Pull T-shirt and lunch. Visit www.planepull.com/View/Page/Volunteer.

SUNDAY/SEPT. 25

Anniversary Celebration. 10:30 a.m. at Hylton Performing Arts Center, Manassas. Join in as Mount Pleasant Baptist Church in Herndon, Virginia celebrates their 150th Anniversary. Anniversary events will be held throughout the month of September. These events are free and open to the public community. Visit www.mtleasantbaptist.org/

150thanniversary for details.

ELECTRONICS RECYCLING

Residents Can "E-cycle" at the I-66 transfer station. It is free but residents may be asked to show proof of residency. Personal waste only. The I-66 station is located at 4618 West Ox Road, Fairfax and open from 8 a.m.-4 p.m. from Monday-Saturday and from 9 a.m.-4 p.m. on Sundays. Visit www.fairfaxcounty.gov/dpwes/recycling/electric-sunday.htm for more.

DONATIONS

The **Student Auto Sales Program** operating from Centreville High School works in conjunction with the CVHS automotive technology classes to bring in donated automobiles, boats and motorcycles for students to work on. Some refurbished vehicles

are sold, with 75 percent of the proceeds going back to the auto tech program. The program is in need of cars, trucks or motorcycles, which are fully tax deductible, for student training. Contact Lyman Rose at 703-802-5588 or by e-mail lyman.rose@fcps.edu for more.

Cell Phones for Soldiers is accepting donations of old cellphones so that troops can call home. Patrons may drop off donations at 14215E Centreville Square, Centreville.

SUPPORT GROUP

Fair Oaks Parkinson's Support Group for people living with Parkinson's disease, caregivers and family, meets on the fourth Saturday monthly, 10 a.m.-noon at Sunrise at Fair Oaks, 3750 Joseph Siewick Drive, Fairfax. Call 703-378-7221 or visit www.fairoaksparkinsons.com for more.

Create a Back-to-School Game Plan

Educators tell how to make the transition less jarring.

By MARILYN CAMPBELL
CENTRE VIEW

As a single mother of a fifth grade student, Christine Schull is already making back-to-school preparations. Her plans include more than purchasing notebooks, pencils and new shoes. She knows that she and her daughter will have to shift their schedules and prepare to get back into a scholastic mindset.

“She gets up early every day ... but because it is summer, she wants to go to bed late ... about two or three weeks out, I will be much more firm about her bed time,” said Schull, assistant dean and professor of Early Childhood Education at Northern Virginia Community College in Alexandria. “Also, to start getting her academic muscles flexing, I usually supplement with some academic enrichment. I am hiring someone to work with her once a week just to give her a taste of what she will experience in fifth grade.”

Whether a child’s summer is packed with camps and vacations or filled with lazy days and complaints about being bored, students often find the back-to-school transition to be challenging. From the prospect of reuniting with friends to getting reacquainted with homework, it is not uncommon for children to experience mixed emotions about jumping back into a busy fall schedule.

“Going back to school is really more than just a one-day event,” said Dr. Lisa Turissini, Ed.D. assistant professor and chair of the Department of Education at Marymount University. “This type of transition is about the forming of a new habit. Brain researchers agree that the forming of a new habit also includes the breaking of an old one.”

Having a conversation with children and assessing their feelings about returning to school is a good place to start, recommends Licensed Clinical Psychologist Jerome Short, Ph.D., associate professor of Psychology at George Mason University.

“Children have a variety of ways of thinking, feeling, and acting toward the upcoming transition back to school,” he said. “Some children are optimistic and excited about school and are already preparing for the first day. Others may be anxious or avoid thinking about a new school year, and may need more support, structure, and encouragement from parents to prepare themselves.”

He encourages parents to listen to their children’s concerns and expectations and empathize with their feelings. “Summarize what they tell you, and tailor your approach to their needs with their input,” added Short.



PHOTO BY JAMES KEGLEY FOR NORWOOD SCHOOL

Science teacher Sarah Boor works with students at Norwood School. Educators say now is the time to prepare children for a return to school.

It’s not just children who may experience school anxiety. Some parents may be worried about their children starting a new school, changing schools, facing more rigorous academics or dealing with difficult social situations. “Fear of the unknown can cause anxiety,” said Turissini. “Working with your children to build resilience and manage their emotions can be beneficial for the whole family. Children are extremely capable of dealing with change, and parents can help them by creating an environment at home that encourages them to share their feelings about returning to school.”

Reconnecting or connecting with other parents and students for support can help with the transition. “Others may help motivate, empathize, or make school preparations fun,” said Short. “There are opportunities to increase children’s communication abilities and social skills if they spend time together on school tasks.”

Planning ahead and establishing a regimented sleep schedule in August can help parents get their children acclimated to the early wake up times for the upcoming school year. “If you want your child to have a less painful transition back to a new school year, now is the time to take proactive measures to change your child’s bedtime routine,” said Turissini.

“... [It] gives their biological clock time to adjust so the transition is not so abrupt,” she said. “A regular bedtime and wake up time will build the needed structure into a child’s schedule, and this new habit will help [a child] to embrace the new routine that the school year brings.”

“Don’t do it all at once, do it gradually,” said Mark R. Ginsberg, Ph.D., dean of the College of Education and Human Development at George Mason University. “Start with [moving your children’s bedtime] one-half hour earlier, then 15 minutes earlier.”

Other recommend time adjustments include reestablishing routines that might have been lost during the summer. “If your summer has been schedule-free, get back to some of your old routines now. Start those regular family meal times or game nights,” said Turissini.

In addition to rearranging sleep schedules, now is the time to tackle back-to-school shopping and schedule doctor visits. “Take a day to get those school clothes, school supplies, and backpacks purchased,” said Turissini. “Make sure your child’s physical exam is up to date. You know the school medical forms will be forthcoming.”

Completing summer reading lists and other summer assignments can also get students ready to learn. “We want students to return to school learning ready, which means children should be reading for pleasure ... for about 30 minutes a day,” said Karen O’Neill, head of Lower School at Norwood School. “Sustained reading is a skill that requires practice at home.”

Parents can reinforce a child’s interest in books by reading to their child or reading their own book while their children read. “Don’t turn on the television in another room while your child reads,” said Ginsberg. “Have a family reading hour. Modeling the behavior is powerful for the child.” He suggests setting challenging and achievable goals and being mindful of those that could prove unrealistic. “Start with 20 minutes of reading and then increase it from there,” he said.

“At least one week before the first day of school, create the morning routine that will allow your child to arrive at school with time to organize belongings, chat with friends, and create a mindset for learning,” said O’Neill.

Invite children’s participation when creating a back-to-school plan. “From my own experience as a parent and educator, it’s best

to engage them in a conversation, rather than telling them what to do,” said Ginsberg. “Rather than being directive, be collaborative with the child. Ask them what it is that they think they need to do to get themselves ready.”

Going from a carefree summer to a structured school year packed with activities can be jarring for some students. To ease the blow, Turissini suggests having candid conversations about the upcoming school schedule and ways in which the family can establish balance.

“Going back to school is really more than just a one-day event. [It’s] about the forming of a new habit ... the forming of a new habit also includes the breaking of an old one.”

— Lisa Turissini Ed.D.,
Marymount University

“Create a family calendar of school, extracurricular, and family activities,” she said. “Allow for some downtime on the calendar for each child so they can choose to do whatever it is they would like. Kids don’t inherently know how to add balance to their lives, so as a parent, it is important to look for the opportunities to model balance at home, work, school, and personal pursuits.”

To ease anxiety about back-to-school transportation, Michele Claeys, associate head of school and head of middle school for Norwood School, suggests “if your child walks to school or takes a bus, walk the route together or check out the bus stop together.” Whether traveling by car or bus or on foot, talk about what the schedule will look like on school mornings, including any chores that have to be done before leaving the house. Consider inviting your child to write out a schedule for the morning, including the time needed for each task.

Claeys also recommends taking time to review the curriculum for the upcoming year with your children, if it is available, and talk about some of the things they will be learning. “Hopefully this will inspire excitement about all the learning to come,” she said.

Considering a Private School?

Educational consultants can help families navigate application process.

BY MARILYN CAMPBELL
CENTRE VIEW

For families considering an independent school for the 2017-2018 school year, the admissions process begins this fall. From essays and interviews to school visits and standardized tests, the process for getting into kindergarten may feel nearly as daunting as applying to college.

Narrowing down the vast field of potential schools to find the best fit, completing the application and securing a slot at one of the area's top private schools are all challenging tasks. That's why many families rely on an educational consultant to help them understand and navigate through the entire process.

"Schools have as varied personalities as students do," said Mark H. Sklarow, CEO of the Independent Educational Consultants Association (IECA) in Fairfax. "Level of competitiveness, exploration versus memorization, independence versus group work, philosophies of learning, uses of technology, requirements in sports and the arts ... the list goes on."

When choosing a consultant, avoid those who guarantee that they can obtain admission to a particular

school or secure a specific dollar amount in scholarship funding, advises Sklarow. Additionally, educational consultants should not complete admission application forms or write or re-write student essays.

An educational consultant's role is to guide students and parents through the admissions process. Consultants usually begin by meeting with families and getting to know the child's educational needs, identify strengths and weaknesses, and consider their interests and dislikes. Ideally, consultants combine the information they glean from their conversations with the family with their knowledge of area schools to help families decide on schools that are a good fit.

"Consultants can help families select a school that is the right fit. 'Parents need to be realistic about their child's strengths and weaknesses and learning style,'" said Mimi Mulligan, assistant head and director of Admission and Enrollment Management for Norwood School. "All independent schools offer fine academic programs, but we each have a unique school culture."

Consultants aim to give students and families unbiased advice and recommendations based on their professional judgment of a student's needs and abilities. Consultants who are IECA members, for example, have "visited hundreds of campuses to understand the culture beyond the numbers to ensure such a successful pairing," said Sklarow.

Sklarow advises families to begin working with an independent educational consultant during the academic year before the year they plan to apply to an independent school.

What To Ask

Questions to ask before hiring an independent education consultant:



1. Do you guarantee admission to a school, one of my top choices, or a certain minimum dollar value in scholarships? (Do not trust any offer of guarantees.)
2. How do you keep up with new trends, academic changes and evolving campus cultures? How often do you get out and visit college, school, and program campuses and meet with admissions representatives? (The only way to know about the best matches for you is to be out visiting schools regularly — a minimum of 20 campuses per year.)
3. Do you belong to any professional associations? (NACAC and IECA are the two associations for independent educational consultants with established and rigorous standards for membership.)
4. Do you attend professional conferences or training workshops on a regular basis to keep up with regional and national trends and changes in the law?
5. Do you ever accept any form of compensation from a school, program, or company in exchange for placement or a referral? (They absolutely should not.)

6. Are all fees involved stated in writing, up front, indicating exactly what services I will receive for those fees?
7. Will you complete the application for admission, re-write my essays, or fill out the financial aid forms on my behalf? (No, they should not; it is essential that the student be in charge of the process and all materials should be a product of the student's own, best work.)
8. How long have you been in business as an independent educational consultant (IEC)?
9. What was your background prior to going into independent educational consulting? What was your training and education?
10. Will you use personal connections to get me in to one of my top choices? (The answer should be no. An IEC doesn't get you admitted — they help you to demonstrate why you deserve to be admitted.)
11. What specialized training do you have (LD, gifted, athletics, arts, etc.)?

COURTESY OF IECA


Kiddie Academy of Centreville's Annual Summer Carnival

14275 Braddock Rd., Centreville, VA 20120 • 703-349-3419
<http://educationaldaycare.kiddieacademy.com/academies/centreville>
When: Saturday, August 27th • 11:00 AM – 1:00 PM
Join us for a day filled with family fun!
 The event is free and open to the public; we will be accepting donations to help raise money for St. Jude.
 We will have kiddie rides, a bounce house, a dunk tank, frozen yogurt, cotton candy, carnival games, and much more!

Gary Kramer, D.D.S.
Sara Bunin, D.D.S.

DIPLOMATES OF THE AMERICAN BOARD OF PEDIATRIC DENTISTRY
 Dentistry for Children, Adolescents & Special Needs
 703-978-0051 KBPediatricSmiles.com



SUITE F • 5631 BURKE CENTRE PARKWAY • BURKE, VA. 22015
 MET LIFE, DELTA, BCBS/CAREFIRST, & UNITED CONCORDIA PROVIDER
 WEEKDAYS • SATURDAYS • EVENINGS 24 HOUR EMERGENCY CARE

SPECIAL CONNECTIONS CALENDAR

Advertising Deadlines are the previous Thursday unless noted.

AUGUST

8/31/2016.....Connection Families: Enrichment, Care & Back to School

SEPTEMBER

9/7/2016..... Wellbeing

9/14/2016.... HomeLifeStyle Pullout – Real Estate & New Homes

9/21/2016....A+ Camps & Schools Back to School, Open Houses

E-mail sales@connectionnewspapers.com for more information.



THE CONNECTION

Newspapers & Online

703-778-9431

www.ConnectionNewspapers.com/Advertising

Excellence in Dance Education Since 1983

www.CDCdance.com

CDC ADVANTAGE

Register for a Weekly Class & Get 1 Ballet & 1 Tech Class

HALF OFF

Take Your Dance to the Next Level

CLASSES & WORKSHOPS

All Boys Hip Hop
 Baby Ballerina
 Contemporary
 Musical Theater
 Hip Hop
 Lyrical
 Ballet
 Jazz
 Tap



for our youngest dancers, ages 15 months – 5 years

REGISTER BY AUGUST 26 AND LOCK IN SPECIAL PRICING

Chantilly
703-378-1800



CREATIVE DANCE CENTER

RT. 50
RT. 28



LEE JACKSON MEMORIAL HWY.
WILLARD RD.

Lack of Food – For Thought



By KENNETH B. LOURIE

As I begin my post-chemo week of not eating/having minimal interest in food – and losing weight accordingly, I can't help worrying and wondering if this is a beginning of sorts. You see, what little I know about medical outcomes/chronic conditions is that maintaining/losing weight is an indicator of something; good, bad or indifferent, maybe, but something. Otherwise, why would the oncology nurses who take my vital signs: blood pressure, temperature, oxygen level and pulse, always have me step on a scale? My weight must be important.

I don't suppose gaining weight, however, is nearly the problem/concern that losing weight is, at least when you're being treated for a "terminal" form of cancer as I am: non-small cell lung cancer, stage IV. And neither do I know if the weight loss occurs because I don't feel like eating as I do now or is it because I'm still eating normally and yet am losing weight in spite of it? I just know – or think I know, that losing weight is a bit of a harbinger. Now whether it's reversible, I don't know. I only know that when it happens to me, every week to 10 days after my Alimta infusion, I crater emotionally – for a variety of other reasons, too, and inevitably begin to contemplate my future, or more immediately, my present as it relates to my future. Unfortunately, despite the experience I have dealing with this 10-day struggle, I can't always fend off the daemons.

I tell myself a multitude of very familiar reminders: it's nothing new, it's merely the predictable side effect of the drug; you'll/your weight will bounce back, you always do; the treatment is keeping you alive/even shrinking your tumors (based on the most recent CT Scan); perhaps now you'll be able to extend your infusion interval to five weeks (as nine months previous, you had extended it to four weeks from three) and have one more relatively normal-feeling/eating week before that next infusion; and finally, even if the Alimta stops doing its maintenance-type thing (going on three years), there is now an entire new class of drugs/treatment: Immunotherapy, "OPDIVO," as an example, if you've seen the commercial, designed to stimulate one's own immune system to target the tumors with fewer side effects, that didn't exist when I was first diagnosed, so there are more treatment alternatives than ever before and considering my collateral kidney damage, more choices is particularly encouraging.

Yet all this internal bucking up, along with support from family and friends – who know Kenny's post-chemo eating drill, doesn't always stop the irrational, illogical and perhaps ill-conceived thoughts that penetrate and permeate whatever self-defense mechanisms I have employed – repeatedly, to stem this tide of negativity. As much as I would like to believe that familiarity breeds contempt and that my life will go on with nary-this-being-a-blip-on-my-radar, this "familiarity" doesn't breed anything but anxiety and all the related mental deficiencies associated with not exactly feeling your oats. And even though I've been here and done it since September, 2013, I still never know/can't know if this lack of eating and/or lack of interest in eating portends or not. Moreover, sometimes I wonder if the uncertainty is really the killer? I know it's not the cure.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers.

HOME & GARDEN

ZONE 4:
• CENTREVILLE

CONNECTIONNEWSPAPERS.COM

CONTRACTORS.com

703-778-9411

ZONE 4 AD DEADLINE:
MONDAY NOON

ELECTRICAL

ELECTRICAL

IMPROVEMENTS

IMPROVEMENTS

LANDSCAPING

PAVING

K & D ELECTRIC
COMMERCIAL / RESIDENTIAL SERVICE
Family Owned & Operated

Recessed Lighting
Ceiling Fans
Phone/CATV
Computer Network Cabling
Service Upgrades
Hot Tubs, etc...

Licensed/Bonded/Insured
Office 703-335-0654
Mobile 703-499-0522
lektrkman28@gmail.com

Power Washing

Go from Green to Clean. We clean Houses, Decks, Fences, Patios, etc. Deck Staining and Sealing, Exterior Wood Rot, Deck & Fence Repair.

Licensed & Insured • Free Estimates
email: jnave@comcast.net
703-987-5096

A&S CONSTRUCTION
SOD, Mulch, Clean-Up
Leaf Removal
Hauling.
703-863-7465

Joseph Sealcoating Specialist
PAVING
40 Years Experience! Free Estimates!
703-494-5443

PAVING

PAVING

GUTTER

GUTTER

GUTTER CLEANING
Gutters and Downspouts Cleaned
Small Repairs • Gutter Guards

Pinnacle Services
lic/ins 703-802-0483 free est.
email jamie@lawnsandgutters.com
web: lawnsandgutters.com
Friendly Service with a Friendly Price!

RN. CONTRACTORS, INC.

Remodeling Homes, Flooring, Kitchen & Bath, Windows, Siding, Roofing, Additions & Patios, Custom Deck, Painting

We Accept All Major Credit Cards
Licensed, Insured, Bonded • Free Estimates • Class A Lic
Phone: 703-887-3827
E-mail: rncontractorsinc@gmail.com
www.rncontractors.com

GOLDY BRICK CONSTRUCTION
Walkways, Patios, Driveways, Flagstone, Concrete
FREE ESTIMATES
Licensed, Insured, Bonded
703-250-6231

IMPROVEMENTS

IMPROVEMENTS

A&S Landscaping

- All Concrete work
- Retaining Walls • Patios
- Decks • Porches (incl. screened) • Erosion & Grading Solutions
- French Drains • Sump Pumps
- Driveway Asphalt Sealing

703-863-7465
LICENSED
Serving All of N. Virginia

LAWN SERVICE

LAWN SERVICE

J.E.S. Services
Your neighborhood company since 1987
703-912-6886

Landscaping & Construction
Free Estimates • Fully Licensed & Insured

- Planting & Landscaping Design
- Drainage & Water Problems
- Concrete Driveways, Replacement or New
- Patios and Walks • Masonry Work or Dry Laid
- Paver, Flagstone, Brick, any style you choose
- Retaining walls of all types

All work Guaranteed

TILE/MARBLE

TILE/MARBLE

BRENNAN TILE
Bathroom Remodeling Partial or Full. Kit. Floors, Backsplashes. Specializing in Ceramic, Porcelain, Glass Tiles and Natural Stones. Also repair work. 35 yrs exp.
www.brennan-tile.com
703-250-2872
Licensed • Bonded • Insured

Picture Perfect Home Improvements

(703) 590-3187

Remodeling Bathrooms, Kitchens & Basements

Exterior & Interior Repair, Painting, Carpentry, Wood Rot, Drywall, All Flooring, Decks

- FREE Estimates
- EASY To schedule
- FAST & Reliable Service
- NO \$\$\$ DOWN!

Handyman Services Available
http://www.pphionline.com/
"If it can be done, we can do it" **BBB**
Licensed - Bonded - Insured

MASONRY

MASONRY

Alfredo's Construction Company, Inc.

- Concrete Driveways
- Patios • Sidewalks
- Stone • Brick

Phone:
VA: (703) 698-0060 • MD: (301) 316-1603
www.alfredosconstructioncompany.com

TREE SERVICE

TREE SERVICE

Quality Tree Service & Landscaping

Reasonable prices. Licensed & insured.

Summer Cleanup...
Tree removal, topping & pruning, shrubbery trimming, mulching, leaf removal, planting, hauling, gutter cleaning, retaining walls, drainage problems, etc.

25 years of experience – Free estimates
703-868-5358

24 Hour Emergency Tree Service

HANDYMAN

HANDYMAN

HANDYMAN

HANDYMAN

HAND & HAND HANDYMAN LLC
General Remodeling • Residential & Commercial

DESIGN AND BUILD • COMPLETE HOME RENOVATION

- Kitchen, Bath, Basement Remodeling • Electricity, Plumbing • Doors, Windows, Crown Molding, Hand Rails, Chair Rails, Interior, Exterior, Finish Carpentry • Interior, Exterior Painting, Pressure Washing • Ceramic, Hardwood Flooring, Refinish Floors, Deck Reflooring
- Build Deck, Fence, Patios, Retaining Walls • Concrete Driveway, Brick or Stone Sidewalk
- Building Maintenance • Residential, Commercial • Foreclosures, Realtors Welcome

Serving Northern Virginia, D.C., Maryland • Licensed and Insured
703-296-6409

For a free digital subscription to one or all of the 15 Connection Newspapers, go to **www.connectionnews.com/subscribe**

Complete digital replica of the print edition, including photos and ads, delivered weekly to your e-mail box.

Questions? E-mail: goinggreen@connectionnewspapers.com

THE CONNECTION NEWSPAPERS

ZONE 4:
• CENTREVILLE

CLASSIFIED

703-778-9411
ZONE 4 AD DEADLINE:
MONDAY NOON

THE CONNECTION
NEWSPAPERS

CLASSIFIED

For Local...

- Employment
- Employees
- Services
- Entertainment
- Announcements
- Real Estate
- Cars
- Trucks
- Vans
- RV's
- Boats
- Pets
- Yard Sales
- Crafts
- Hobbies
- And More!

For All
Your
Advertising
Needs...

It Works.
Week
After Week.

703
917-6400

Place
Your
Ad
Today!

THE CONNECTION
to your community

28 Yard Sales
INDOOR FLEA MARKET SALE
SAT. AUG. 20 from
9 a.m. - 2 p.m.
at 3951 Pender Drive Fairfax.
(Route 50 to Waples Mill to
Pender -
Follow Yellow Signs).
Benefits www.nvrc.org - The
No. Va. Resource Center for
Deaf and Hard of Hearing
Persons
Bargain Prices. Come Rain
or Shine. info@nvrc.org

HOW TO SUBMIT ADS TO
THE CONNECTION
Newspapers & Online
CLASSIFIED
DEADLINES
Zones 1, 5, 6.....Mon @ noon
Zones 2, 3, 4.....Tues @ noon
E-mail ad with zone choices to:
classified@connection
newspapers.com
or call Andrea @ 703-778-9411
EMPLOYMENT
DEADLINES
Zones 1, 5, 6.....Mon @ noon
Zones 2, 3, 4.....Tues @ noon
E-mail ad with zone choices to:
classified@connection
newspapers.com
or call Andrea @ 703-778-9411
ZONES
Zone 1: The Reston Connection
The Oak Hill/
Herndon Connection
Zone 2: The Springfield Connection
The Burke Connection
The Fairfax Connection
The Fairfax Station/Clifton/
Lorton Connection
Zone 3: The Alexandria
Gazette Packet
The Mount Vernon Gazette
Zone 4: Centre View North
Centre View South
Zone 5: The Potomac Almanac
Zone 6: The Arlington Connection
The Vienna/Oakton
Connection
The McLean Connection
The Great Falls Connection

26 Antiques
26 Antiques
We pay top \$ for STERLING,
MEN'S WATCHES,
JEWELRY, COSTUME JEWELRY,
FURNITURE, PAINTINGS AND CLOCKS.
Schefer Antiques
703-241-0790
theschefers@cox.net

21 Announcements **21 Announcements**

ESTATE SALE - LOG HOMES
PAY THE BALANCE OWED ONLY!!!
AMERICAN LOG HOMES IS ASSISTING FINAL RELEASE
OF ESTATE & ACCOUNT SETTLEMENT ON HOUSES.
3 Log Home kits selling for BALANCE OWED, FREE DELIVERY
1) Model # 101 Carolina \$40,840...BALANCE OWED \$17,000
2) Model # 303 Little Rock \$38,525...BALANCE OWED \$15,000
3) Model # 403 Augusta \$42,450...BALANCE OWED \$16,500
BEFORE CALLING: VIEW at www.loghomedream.com
Click on House Plans
NEW - HOMES HAVE NOT BEEN MANUFACTURED
• Make any plan design changes you desire!
• Comes with Complete Building Blueprints &
Construction Manual
• Windows, Doors, and Roofing not included
• NO TIME LIMIT FOR DELIVERY! BBB
A+ Rating
SERIOUS ONLY REPLY. Call (704) 602-3035 ask for Accounting Dept.

21 Announcements **21 Announcements** **21 Announcements**

Join Our Team!
Chesterfield County Public Schools
Food and Nutrition Services Employment Opportunities
We are currently accepting applications for:
Field Supervisor - Marketing
Provides strategic leadership for the marketing area of the Food and Nutrition
Services Department and professional technical supervision in all areas of food
services. Plans, develops, and executes the Food and Nutrition marketing plan
to promote school meals and nutrition initiatives programs. Apply via the
CCPS website at <http://mychesterfieldschools.com>. Complete job description
and application procedures are available on the website.
EOE/M/F/D

ZONE 4:
• CENTREVILLE

EMPLOYMENT

703-778-9411
ZONE 4 AD DEADLINE:
WEDNESDAY 1 P.M.

**Dental Front Desk/
Patient Care Coordinator**
(Burke, VA)
Seeking dynamic and energetic person
to join progressive general dental office.
Dental knowledge a plus, computer
skills a must. Grow as a valued member
of our team! Excellent salary and
benefits!
E-mail: BurkeDentist@comcast.net

Foster's Grille Chantilly
now hiring for all positions!
Looking for motivated individuals to join
our growing team.
Competitive hourly rate based upon
experience & potential
\$100 hiring bonus*!

Apply in person -
request manager on duty
5007-E Westone Plaza Dr.
Chantilly, VA 20151

**OLD DOMINION
HOME CARE**
Immediate Shifts Available
CNA's and Companions
Flexible Hours
Must have a valid driver's license
Olddominionhomecare.com
703-273-0422

Educational Internships
Unusual opportunity to learn many aspects of
the newspaper business. Internships available
in reporting, photography, research, graphics.
Opportunities for students, and for adults
considering change of career. Unpaid. E-mail
[internship@connec
tionnewspapers.com](mailto:internship@connectionnewspapers.com)
THE CONNECTION
NEWSPAPERS

SPORTS



Blake Francis of the 2015-16 Westfield High School basketball team.

PHOTO BY
WILL PALENSCAR

Francis To Play Division 1

To attend Wagner College in N.Y.

BY WILL PALENSCAR

Blake Francis, who played a large part in Westfield High School Boys' Basketball's Virginia 2015-16 6A State Championship, has committed to play at Division 1, Wagner College in Staten Island, N.Y. this season.

Francis was a three-year starter for Westfield and became Westfield's all time leading scorer with 1,395 points, averaging 20.7 points per game, 3.3 steals and 6.2 assists per game.

Francis was also named 2nd team all-state, 2016 Washington Post All Met, MVP of the NOVA Challenge All Star Game, 1st team DMV Elite All Northern Team, Capital Classic selection, 1st team Northern Region All-Tournament team, 3 time 1st team all Concorde district, and 1st Team all Concorde

District team.

Yet with all the honors, Francis waited for a call. Francis had planned to enroll this year at Massanutten Military Academy, however that changed when a scholarship was offered. When Francis was asked what he learned from the experience and the waiting, he replied, "It was difficult at first, but my family and friends just kept telling me to control what I can and everything else will work out. The only thing I could do was finish my senior year strong academically and continue to work on my basketball game. The wait was very hard, but well worth it because it places me in the right situation for the next four years."

Thinking ahead of Wagner College, Francis said, "I expect to come in, work hard right from the beginning of camp. I have always prided myself on being basketball ready, but now I will work on adjusting to the college level of being mentally ready. We have a very good team coming back and I hope to help them do better this year."

BUSINESS



Brooke Holdeman (left) won a gift-basket raffle during Computer Services Unlimited's "Customer-Appreciation / Get-To-Know-CSU" event earlier this month. At right are CSU's Chuck Sherman and Heather Fernandez.

PHOTO CONTRIBUTED

CSU Shows Customer Appreciation

Computer Services Unlimited (CSU) held a "Customer-Appreciation / Get-To-Know-CSU" private screening of "The Secret Life of Pets" at the newly renovated Centreville Multiplex Theater earlier this month. To give back to their current clients and meet some other local

businesses, they rented out a theater, provided each company with a gift-card for snacks and had a gift-basket raffle prior to the movie. CSU is located at 14240 Sullyfield Circle, Chantilly. For more information about CSU, visit www.CSUinc.com or call 703-968-2600.

ENTERTAINMENT

Email announcements to centreview@connectionnewspapers.com. Include date, time, location, description and contact for event: phone, email and/or website. Photos and artwork welcome. Deadline is Thursday at noon, at least two weeks before event.

ONGOING

Evenings on the Ellipse Summer Concert Series. Thursdays through Aug. 25, 5:30 p.m. at Fairfax County Government Center, 12000 Government Center Parkway, Fairfax. In addition to different music each week, find wine tastings. Free. Visit www.fairfaxcounty.gov for more.

Tai Chi for Beginners. Through Sept. 20, Tuesdays, 10-11 a.m. at King of King's Lutheran Church, 4025 Kings Way, Fairfax. Registration is \$87. Visit www.inova.org/creg for more.

WEDNESDAY-FRIDAY/AUG. 17-19

Mid-Atlantic Police Motorcycle Rodeo. Various times at Dulles EXPO & Conference Center, 4320 Chantilly Shopping Center, Chantilly. Proceeds from the Rodeo go toward Concerns of Police Survivors, Inc. (COPS), training of area police motorcycle officers, and to the Make A Wish Foundation. Visit www.dullesexpo.com for more.

FRIDAY/AUG. 19

Rocknoceros. 1 p.m. at Fair Oaks Mall, 11750 Fair Oaks Mall, Fairfax. Be entertained with an original rock and roll for kids of all ages, performed by childhood friends Coach, Williebob, and Boogie Bennie. Free. Visit www.shopfairoaksmall.com for more.

FRIDAY-SUNDAY/AUG. 19-21

International Gem & Jewelry Show. 12-6 p.m. Friday, 10 a.m.-6 p.m. Saturday, 11 a.m.-5 p.m. Sunday at Dulles EXPO & Conference Center, 4320 Chantilly Shopping Center, Chantilly. Choose either costume or fine jewelry from more than 360 exhibitors from around the world. Tickets are \$8. Visit www.intergem.com for more.

SATURDAY/AUG. 20

Lizard Survey. 5:30 p.m. at Ellanor C. Lawrence Park, 5040 Walney Road, Chantilly. Watch a short movie on native lizards and see the park's lizards up close. Join a naturalist on a short hike to find these elusive reptiles. Tickets are \$5 for Fairfax County residents, \$7 for non-residents. Visit www.fairfaxcounty.gov/parks/eclawrence.

Drive In Movie: "The Good Dinosaur." Gates open at dusk at Trinity Centre, 5860 Trinity Parkway, Centreville. Find "The Good Dinosaur" (rated PG) and children's games and rides. Food and drinks also available for purchase. Free. Visit www.fairfaxcounty.gov/parks/performances.

SUNDAY/AUG. 21

T-TRAK Scale Model Train Show. 1-4 p.m. at Fairfax Station Railroad Museum, 11200 Fairfax Station Road, Fairfax Station. The Northern Virginia NTRAK members will hold a N gauge T-TRAK model train show. Museum members, free; adults 16 and over, \$4; children 5-15, \$2; under 4, free. Visit www.fairfaxstation.org.

Powhatan's People. 2:30 p.m. at Ellanor C. Lawrence Park, 5040 Walney Road, Chantilly. Discover elements of the Algonquian culture of the Powhatans and Tauxenent such as crafting stone tools, hunting, and farming. Play a game and enjoy a story around the campfire. Tickets are \$7 for Fairfax County residents, \$9 for non-residents. Visit www.fairfaxcounty.gov/parks/eclawrence.

Family Golf Festival. 2:30-5 p.m. at Westfields Golf Club, 13940 Balmoral Greens Ave., Clifton. Families are invited to Westfields Golf Club for an afternoon of golf instruction, clinics, interactive golf games, family programs, a chance to win a variety of prizes and more. Free. Visit www.westfieldsgolf.com for more.

WEDNESDAY/AUG. 24

Civil War Tour. 11 a.m. at Sully Historic Site, 3650 Historic Sully Way, Chantilly. This specially designed tour takes you around the grounds and into the house hearing the Civil War tales of the Haight and Barlow families. Tickets are \$8 for Fairfax County residents, \$10 for non-residents. Visit www.fairfaxcounty.gov/parks/sully-historic-site.

THURSDAY/AUG. 25

Scientific Wonders. 1 p.m. at Sully Historic Site, 3650 Historic Sully Way, Chantilly. Many of the technologies and items that help predict weather, cook, process material and thread into clothing and help cure ills, were founded in earlier centuries. Learn what 18th century items Richard Bland Lee had that reflected the current scientific

technologies. Tickets are \$5 for Fairfax County residents, \$7 for non-residents. Visit www.fairfaxcounty.gov/parks/sully-historic-site.

FRIDAY/AUG. 26

ChildTime Magic. 1 p.m. at Fair Oaks Mall, 11750 Fair Oaks Mall, Fairfax. Louis the Magician incorporates characters, comedy and audience participation into his performance. Free. Visit www.shopfairoaksmall.com for more.

SATURDAY/AUG. 27

Drive In Movie: "Home." Gates open at dusk at Trinity Centre, 5860 Trinity Parkway, Centreville. Find "Home" (rated PG) and children's games and rides. Food and drinks also available for purchase. Free. Visit www.fairfaxcounty.gov/parks/performances.

SUNDAY/AUG. 28

Civil War Tour. 1 p.m. at Sully Historic Site, 3650 Historic Sully Way, Chantilly. This tour takes you around the grounds and into the house hearing the Civil War tales of the Haight and Barlow families. Tickets are \$8 for Fairfax County residents, \$10 for non-residents. Visit www.fairfaxcounty.gov/parks/sully-historic-site.

First Responders Day.

1-4 p.m. at The Fairfax Station Railroad Museum, 11200 Fairfax Station Road, Fairfax Station. The Fairfax Station Railroad Museum will host Civil War re-enactors and modern practitioners who will demonstrate medical and rescue practices then and now in commemoration of

Fairfax Station's role as an evacuation center during the Battle of Second Manassas in 1862. Museum members and children 4 and under, free; children 5-15, \$2; adults 16 and older, \$4. Visit www.fairfaxstation.org.

Hands-On History. 2:30 p.m. at Ellanor C. Lawrence Park, 5040 Walney Road, Chantilly. Drop children off and let him or her travel back in time with a costumed interpreter to explore the lives of 19th century children. Tickets are \$10 for Fairfax County residents, \$12 for non-residents. Visit www.fairfaxcounty.gov/parks/eclawrence.

SUNDAY/SEPT. 4

Preserving Sully. 11 a.m. at Sully Historic Site, 3650 Historic Sully Way, Chantilly. Built in 1794 and saved from demolition in 1959, Sully's walls have many stories to tell. On this specialized walking tour, see select archival photos and hear fascinating stories about past and continued efforts to preserve Sully Historic Site. Tickets are \$8 for Fairfax County residents, \$10 for non-residents. Visit www.fairfaxcounty.gov/parks/sully-historic-site.

SUNDAY-MONDAY/SEPT. 4-5

LEGO Model Train Show. 12-5 p.m. Sunday, 12-4 p.m. Monday at Fairfax Station Railroad Museum, 11200 Fairfax Station Road, Fairfax Station. The Potomac Module Crew (PMC) members will have a two day HO scale modular train display. Museum members and children 4 and under, free; children 5-15, \$2; adults 16 and older, \$4. Visit www.fairfaxstation.org.

SEPT. 7 AND 9

Call for Auditions: "James and the Giant Peach Jr." 6:30-9:30 p.m. at Mountain View High school, 5775 Spindle Court, Centreville. Alliance Theatre is looking for young actors in grades 3-12 for a November production of "James and the Giant Peach." Free to audition. Visit www.thealliancetheatre.org for more.

SUNDAY/SEPT. 11

Bichon Bash. 11 a.m.-4 p.m. at Bull Run Regional Park, 7700 Bull Run Drive, Centreville. The 2016 Bichon Bash is sponsored by the Bichon Frise Club of America Charitable Trust, a registered 501(c)(3) non-profit. Tickets are \$15, \$5 for children. Visit www.bichonbash.org for more.

St. Veronica Farm, Food, and Faith Dinner. 5-8:30 p.m. at Clyde's Willow Creek Farm, 42920 Broadlands Blvd., Ashburn. St. Veronica Catholic Church of Chantilly is hosting the Fourth Annual Catholic Farm, Food and Faith Dinner. Pre-dinner cocktails and appetizers, a three-course dinner with locally grown ingredients, paired with wines from Rappahannock Cellars. Tickets are \$65, \$125 for couples. Visit www.stveronica.net or call 703-773-2000.

SATURDAY/SEPT. 17

Dulles Day Family Festival and Plane Pull. 11 a.m.-4 p.m. at Dulles International Airport, 1 Saarinen Circle, Dulles. The Dulles Day Festival & Plane Pull is Special Olympics Virginia's "heaviest" fundraiser, pitting teams of 25 against one another to see who can pull a 164,000+ pound airplane 12 feet the fastest. Teams must raise a minimum of \$1,500 to participate and all proceeds benefit Special Olympics Virginia. Visit www.planepull.com.

CENTREVILLE COMMUNITIES OF WORSHIP



CENTREVILLE BAPTIST CHURCH

many peoples, one body

We invite YOU to come connect with God this Sunday.


WORSHIP SERVICES
Sundays at 9:15 am & 10:45 am

COMMUNITY GROUPS
Sundays at 8:00, 9:15 & 10:45 am

15100 Lee Highway, Centreville, VA 20120
703-830-3333 www.cbcva.org

The Church of the Ascension
Traditional Anglican Catholic Services
1928 Book of Common Prayer, 1940 Hymnal,
and the King James Bible with Apocrypha

**Holy Communion 10 a.m. Sundays
(with Church School and Nursery)**



13941 Braddock Road
Centreville VA 20120
in the "Old Stone Church"
of Historic Centreville

www.ascension-acc.org (703) 830-3176

St. John's Episcopal Church

Please join us!

Sunday
9:30 AM – Holy Eucharist
Sermon & music • Nursery available
**10:50 AM – Christian Education classes
for all ages**

Wednesday
6:00 PM – Holy Eucharist and Healing
The Rev. Carol Hancock, Priest-in-Charge



5649 Mount Gilead Rd • Centreville, VA 20120-1906
703-803-7500 • www.StJohnsCentreville.org



To highlight your faith community,
call Karen at 703-778-9422