

# Profession Santé

LE TRAIT D'UNION MÉDECINS-PHARMACIENS



Welcome  
to our debut edition  
of *Profession Santé*,  
the brand new publication  
for physicians and  
pharmacists!

We solidly researched the need for an inter-professional publication and diligently invited doctor and pharmacist input as we created the vision for *Profession Santé* in response to our dramatically-changing healthcare landscape. The content and design have been created by our experienced and highly-respected team of editors, journalists and art director from *L'actualité médicale* and *L'actualité pharmaceutique*—all with a laser focus on meeting pharmacists and physicians needs for vital, focused information that they can't get anywhere else.

Following, you will find a summary in English of the content of this first issue. This will give you the essence of what *Profession Santé* is all about—and we look forward to hearing your feedback and first impressions of *Profession Santé*. Enjoy!



## Front cover article The «Pharmacien» and Dr. Vadeboncoeur Debunking Health Myths

Pharmacist Olivier Bernard (better known by the handle “le Pharmacien”) and emergency physician Dr. Alain Vadeboncoeur, well-known personalities online and in social media, both master the art of communicating on health issues, albeit each in his own way. Their shared mission: To dispel the countless myths about our health. **p.19**

## Editor's word, by Caroline Baril Stating the Obvious

Profession Santé Editor-in-Chief Caroline Baril explains why an interprofessional publication for physicians and pharmacists strategically makes good sense in today's ever-changing healthcare environment. **p.3**



## Perspectives, by Michel Dongois Healthcare Crisis: An Opportunity to Rethink our Options

**p.6**



## Regards croisés (Counterpoints)

Notes by a doctor and a pharmacist on the issues affecting their professions.

- Dr. Alain Larouche, family doctor specialized in management, writes about Bills 20 and 28, which touch on pay for doctors and pharmacists. **p.13**
- Judith Choquette, owner-pharmacist, worries about Bill 28, which makes sizeable cuts to pharmacists' pay, particularly with regard to the preparation of pill organizers. **p.14**

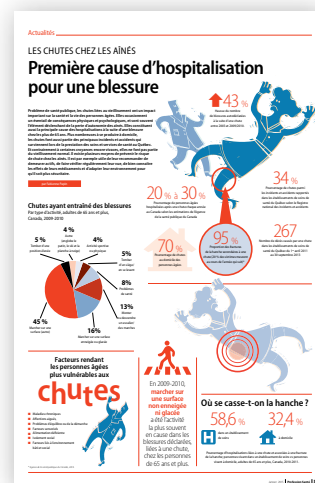
## News

**Falls Among Seniors: Leading Cause of Hospitalization p.5**

**End of Life: Pharmacists free to provide drugs or not p.8**

**Interview with Yvon Brunelle on the challenges facing healthcare and the players involved p.10**

Mr. Brunelle is the former Deputy Minister of Health assigned to first-line services. He criticizes the decisions made by the current Health Minister.



**Yves Bolduc's Bonuses: The healthcare topic that made the most headlines in 2014 p.14**

Quebec's Education Minister, Dr. Yves Bolduc, received incentives totalling \$250,000 that are normally given to doctors taking on long-term patients. Bolduc accepted these premiums while serving as an MNA for the Opposition, though he knew he could not follow through on the commitment to provide care to these patients. As a result of the ensuing scandal, Bolduc has refunded the money, but not before finding himself under intense scrutiny.

**5000 nurses will have the right to prescribe p.17**

Some Quebec nurses will have the right to write prescriptions in the following areas: wound care, STI and BBI, and hormonal contraception.

# Clinic

**Metastatic Melanoma: An encouraging drug combination p.18**



**E-cigarettes: An attractive gadget targeting smokers... and youth p.21**

**Espace libre** (Section where readers can express their opinions)  
**The Rehabilitation of Saturated Fats: “It’s going to take more to convince us!” p.24**

Cardiology and nutrition experts speak out against a study showing that saturated fats may be less harmful to cardiovascular health than previously thought.



# Continuing health education

**MedActual**

**Update on Vaccines for Seniors p.27**

# Columns

**Médicaments d’ordonnance (Prescription Drugs) p.22**

**New products:** Trintellix (Lundbeck), anti-depressant indicated for major depressive disorder in adults.

**Warning:** Feraheme (Takeda), usage restriction due to the risk of severe hypersensitivity reactions.

**New indication:** Eliquis (Bristol-Myers Squibb/Pfizer), now indicated for the treatment of venous thromboembolism.



## Soigner autrement (Alternative Treatment) The FODMAP diet p.32

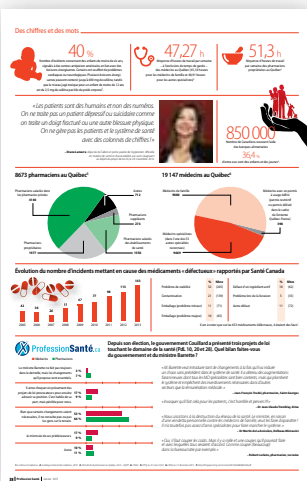
Is the FODMAP (Fermentable Oligo-Di-Monosaccharides and Polyols) diet, targeting a group of short-chain carbohydrates found in several foods, appropriate for people suffering from irritable bowel syndrome? According to the author, nutritionist Isabelle Huot, this diet is an interesting avenue to consider but it would be premature to recommend it in all cases of functional bowel disorders.

## Droit (Law)

### Prescribing Drugs: The doctor's and the pharmacist's duty to inform p.30

## Plaisirs (Pleasures)

### New York: 9 great reasons to take a bite of the Big Apple in winter! p.33



## Des chiffres et des mots (Numbers and Words) p.38

In a single glance, get a wealth of information on the healthcare system, patient and professional behaviours, and pathologies—in informative statistics, graphs and quotes.

For questions or comments:  
Caroline Belisle, publisher  
caroline.bélisle@rci.rogers.com  
Tel.: 514 843-2569