Connacht Branch

Irish Rugby Football Union



Branch Book

Season 2015-2016

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PRESIDENTS ADDRESS

To be elected President of Connacht Rugby for the forthcoming season is a huge honour and I am very much looking forward to meeting all the Connacht Rugby supporters, guests and friends during this time. My home club, Ballina RFC, are also honoured having had three previous Connacht Branch Presidents.



I would like to take this opportunity to wish our CEO Willie Ruane every

success with the coming season. On the pitch, Head Coach Pat Lam along with the coaching team and the players have our full support as they push for Champions Cup qualification.

My very best wishes to Nigel Carolan and Eric Elwood who head up our successful Academy and Club & Community game respectfully. Our youth section is the future as we work towards our vision of *Grassroots to Green Shirts*, and there is excellent work being done to promote the game of rugby throughout the province. To all our volunteers, from match day staff to club coaches, thank you for your commitment to the game of rugby in our communities and for Connacht Rugby.

Lastly, I'd like to extend our thanks to all our sponsors and supporters without whom Connacht Rugby would not be the success it is today.

Yours in sport,

GERRY O'DONNELL PRESIDENT CONNACHT BRANCH I.R.F.U.

IRISH RUGBY FOOTBALL UNION OFFICERS OF THE CONNACHT BRANCH SEASON 2015-2016

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I.R.F.U. Committee 2015/16

President:	L.P. Magee	(Louis)
Senior Vice President:	M.J. O'Sullivan	(Martin)
Junior Vice President:	S.R. Hilditch	(Stephen)
Immediate Past President:	P. Fitzgerald	(Pat)
Honorary Treasurer:	T. Grace	(Tom)
Chairman of Mgt Committee:	F. Crowley	(Finbarr)
Chairman, Commercial & Marketing:	K. Lyons	(Ken)
Chairman of Rugby Committee	S.R. Hilditch	(Stephen)
& Rugby Europe Rep.		
I.R.B. Representative:	P.J. Boyle	(Peter)
	P. Whelan	(Pat)

Committee:

N. Comyn	(Nicholas)
M. Cunningham	(Michael)
G. Drennan	(Gerry)
L. Galvin	(Leo)
B. Gormley	(Ben)
G. Hamilton	(Gordon)
D. Kavanagh	(Des)
D. Lamont	(Des)
D. Madden	(Declan)
I. McIlrath	(Ian)
J. O'Driscoll	(John)
P. Orr	(Philip)
J. Robinson	(John)

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Head of Legal & Compliance Declan McPhillips

Director of RugbyEddie Wigglesworth

Performance Director David Nucifora

Director Rugby Development & Club Game Scott Walker

Rugby Administration Manager Gordon Black

Head of Fitness Dave Clarke

Age Grade Manager Hendrik Kruger

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Scotland

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South Africa

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Wales

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Under 17 League Co-ordinator – Ann Marie Day
Under 16 League Co-ordinator – John Davey
Under 15 League Co-ordinator – Georgina Costello
Under 14 League Co-ordinator – James Quirke

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Connacht Rugby Sub-Committees

Branch Executive Committee

President

Vice Presidents (2)

Hon. Secretary Hon. Assistant Secretary Hon. Recording Secretary

Hon. Treasurer Hon. Assistant Treasurer

Union Committee Representatives (2), any other officer sitting on the IRFU Committee, and any

Connacht Past President of the IRFU. The two Immediate Past Presidents,

A.I.L. Clubs 2 Delegates Each Junior Clubs 1 Delegate Each Youth Football 1 Delegate Referees' Association 1 Delegate Schools' Sub Committee 1 Delegate

Junior Executive Committee

Senior Vice President Chairman Hon. Assistant Secretary Secretary

Hon. Assistant Treasurer

Junior Clubs 1 Delegate Each Senior Clubs 1 Delegate Each

The President and the Honorary Secretary shall be ex-officio members of the Junior Executive

Committee.

Special Council Meetings

A special meeting of the Council, of which fourteen days notice shall be given in writing to each member of the council, shall be convened whenever the Honorary Secretary shall have received a requisition to do so from either:

- The Senior Executive Committee of the Branch, (a)
- (b) The Junior Executive Committee of the Branch,
- On the written application of Two Senior Clubs affiliated to the Branch, (c)
- On the written application of any three Junior Clubs affiliated to the Branch, provided that such requisition, if submitted by Clubs, is accompanied by a statement of the reason why a special meeting is required and a deposit of £100 which shall be forfeited if the meeting considers the requisition frivolous. No business other than that stated in the requisition shall be considered at the special meeting

Procedure at Special Meeting shall be similar to that set in Paragraph (b) and (c) of Bye Law 4.

CONNACHT BRANCH EXECUTIVE COMMITTEE MEETINGS SEASON 2015–2016

Branch Executive Meetings

September	Monday 14 th	7:30pm
October	Monday 12 th	7:30pm
November	Monday 9 th	7:30pm
December	Monday 14 th	7:30pm
January	Monday 11 th	7:30pm
February	Monday 8 th	7:30pm
March	Monday 14 th	7:30pm
April	Monday 11 th	7:30pm

Youth Committee Meetings

First Monday of every month at 7.30pm

Kick-off times 2015/16

As Arranged by Clubs at Preseason Meeting

Official Branch Matches

No match will be postponed without the express permission of the Branch.

Acknowledgements

Marquee Provider

Title Sponsor	Life Style Sports
---------------	-------------------

Car partner Mazda

Hospitality Partner The Connacht Hotel
Official Hydration Partner Deep RiverRock

Team Playing Kit BLK

Official Retail Partner Life Style Sports

Official Partner Murray Timber Group

Official Ball and Equipment Partner Rhino Rugby Official Fuel Partner Top Oil Schools Cup Sponsor Top Oil Official Coach Partner Citylink Official Nutrition Partner Kinetica Official Ticketing Partner Tickets.ie Official Beer Sponsor Heineken Official Wine Partner **Brancott Estate** Official Wealth Management & Taxation Advisers **HC** Financial

Player of the Month Partner

Junior Interpro Side

Connacht Youths XV/ High Performance Partner

Hartmanns of Galway

Galway Bay Hotel

NUI Galway

Eventus

Junior Cup Sponsor Heineken

National Print Media Partner Irish Independent
Official Casual Clothing Partner Suit Republic
Official Betting Partner Bragbet

Connacht Branch Past Presidents

- 1923/26 Professor S.W. Rishworth
- 1926/29 Dr. M. Dravitt
- 1949/52 H.J. Anderson, I.D.S.I.
- 1949/52 M. Gallagher
- 1952/53 H. St. J. Blake
- 1953/55 Surgeon M.G.A. Little
- 1955/57 Dr. J.J. Keane
- 1957/59 D. Connolly
- 1959/61 T. Lenehan
- 1961/63 J.A. Deacy
- 1963/65 T.A. Ryan
- 1965/67 Dr. J.J. Keane
- 1967/69 Fr. C. Glynn
- 1969/71 M. Kennedy
- 1971/73 C.P. Crowley
- 1973/75 S. Murphy
- 1975/76 A.J. Blayne
- 1976/77 P.J. Locke
- 1977/78 Dr. C.J. Carr
- 1978/79 S. Walsh
- 1979/80 P. Beatty
- 1980/81 J.J. Moore
- 1981/82 C.V. Connolly
- 1982/83 Dr. J. Costello
- 1983/84 P.J. Dwyer
- 1984/85 F. Pettit
- 1985/86 R.M. Deacy
- 1986/87 E.P. Hosty
- 1987/88 Dr. M.P.G. Little
- 1988/89 M. Byrne
- 1989/90 P. Beatty
- 1990/91 A.D. Browne
- 1991/92 S. O'Healy
- 1992/93 J. McGovern
- 1993/94 D.M Crowley
- 1994/95 Dr. T. Lowry
- 1995/96 G. Kelly
- 1996/97 Dr. W. O'Flynn
- 1997/98 P. Murphy
- 1998/99 J.F. Smith
- 1999/00 Dr. J. Daly
- 2000/01 W.B. Glynn
- 2001/02 J. Burgess
- 2002/03 L. Galvin
- 2003/04 D. Frawley
- 2004/05 M. Hackett
- 2005/06 Bruce St. John Blake
- 2006/07 Sean Calleary
- 2007/08 Michael Cunningham
- 2008/09 Mick Grealish
- $2009/10 \; Steve \; Cunningham$
- 2010/11 Jim Foy
- $2011/12\;John\;Carr$
- 2012/13 Aidan O'Halloran
- 2013/14 Eamonn Feely
- 2014/15 Adrian Leddy

CONNACHT BRANCH PAST PRESIDENTS OF THE IRISH RUGBY FOOTBALL UNION

1945/46	H. Anderson
1958/59	J.J. Glynn
1968/69	C.P. Crowley
1975/76	J.J. Keane
1981/82	J.J. Moore
1991/92	A.D. Browne
1996/97	R.M. Deacy
2002/03	D. Crowley

W.B. Glynn

2012/13

Competition Winners 2014/15

Adult Competitions	Winners
Senior Cup	Buccaneers RFC
Senior League	Galwegians RFC
Ard-na-Cregg Cup	Corinthians RFC
Junior League Division 1A	Connemara RFC
Junior League Division 1B	Buccaneers RFC
Junior League Division 1C	NUIG
Junior League Division 2	Connemara RFC
Junior Cup	Westport RFC
Junior Plate	Galwegians
Cawley Cup	Ballinasloe RFC
Curley Cup	Corrib RFC
Under 20 Cup	NUIG-Corinthians
Women's League	Castlebar RFC
Women's Invitational Cup	Sligo RFC
Women's Invitational Plate	NUIG-Galwegians

Youths Leagues Winn	ners
U 18.5 League Slig	go RFC
U 18.5 Plate Ball	linasloe RFC
U 18.5 Bowl Cres	ggs RFC
U 17 League Galv	wegians RFC
U 16 League Galv	wegians RFC
U 16 Dev. League Clar	remorris RFC
U 15 A League Buc	caneers RFC
U 15 B League Lou	ghrea RFC
U 14 A League TBC	C
U 14 B League Mor	nivea RFC
U 13 League N/A	\

U 14 A League	IDC
U 14 B League	Monivea RFC
U 13 League	N/A
Youth Cups	Winners
U 18.5 Cup	Sligo RFC
U 18.5 Plate	Ballina RFC
U 17 Cup	Galwegians RFC
U 17 Plate	Ballina RFC
U 16 Cup	Creggs RFC
U 16 Plate	Ballinasloe RFC
U 15 Cup	Ballina RFC
U 15 Plate	Galwegians RFC
U 14 Cup	Ballinasloe RFC
U 14 Plate	Ballina RFC
U 13 Cup	Ballinasloe RFC
U 13 Pate	Galwegians RFC

Youth Girls Competitions

U 18 League Galwegians/Westport
U 15 League Ballinasloe RFC
U 18 Cup Ballina RFC
U 15 Cup Ballinasloe RFC

Winners

Garbally College

U 15 Plate N/A

U 18 (7 a side)
Ballina RFC
U 15 (7 a side)
Ballinasloe RFC

Schools Competitions

U 14 League

Senior Schools Cup

Junior Schools Cup

Senior Premier League

Junior League

Garbally College

Garbally College

CBS Roscommon

Senior Development Cup

St. Josephs College

Senior Development Cup

St. Josephs College
Junior Development League

Gallan CS

Junior Development Cup Calasanctuis College

U 14 Regional League Cup St Paul's Oughterard



Connacht Branch REGULATIONS 2015 – 2016

ADMINISTRATION AND CONTROL OF THE REGULATIONS GOVERNING CONNACHT BRANCH COMPETITIONS SEASON 2015/16

These regulations made by the Connacht Branch, Irish Rugby Football Union are the regulations governing all Connacht Branch competitions Season 2015/16 unless otherwise notified to Clubs by the Branch. In addition to these regulations the Connacht Branch competitions shall be played under the International Rugby Board Laws of the Game and the International Rugby Board Regulations and also under the Laws and Regulations of the Irish Rugby Football Union.

Each participating Club has indicated its wish to participate in the Connacht Branch competitions and to adhere to these regulations by executing a formal acceptance in the form of the Schedule attached on its own behalf and on behalf of each of its participating players.

- 1. The competitions shall be called the Senior League, Senior Cup, Junior League Divisions 1A,1B and 1C, Junior League Division 2, The Cawley Cup, The Curley Cup, The Junior Cup, The Junior Plate, The Ard-na-Cregg Cup hereafter for the purposes of these regulations referred to as "the League" and "the Cup". These regulations will also apply to any other competitions which are run under the auspices of the Connacht Branch.
- 2. In these regulations the expression "the Branch" shall mean the Connacht Branch, Irish Rugby Football Union and shall where the content so admits or requires include the Committee of the Branch and any person nominated or authorised by the Branch to act on behalf of the Branch for the purpose of these regulations.
- 3. All Clubs competing in the competitions shall be deemed to have accepted and to be bound by these regulations.
- 4. Subject to the overriding authority of the Branch, the competitions shall be organised and controlled by the Competitions Committee, comprising a Chairman, the C.E.O., the D.R.M., the Rugby Administrator and a representative from various clubs of the Branch.
- 5. Subject to the overriding authority of the Branch and the other provisions of these regulations.
- 5.1 The Competitions Committee shall have responsibility for the operation and control of the competitions and for ensuring compliance by all Clubs and persons involved with these regulations.
- 5.2 The Competitions Committee shall have power to act on its own initiative and to make decisions for the proper administration of the competitions and compliance with these regulations and to impose such sanctions as may be permitted by these regulations.
- 5.3 The Branch shall have no liability to any Club or person arising from any negligence or failure by the Branch to ensure compliance with these regulations.

- 5.4 The Competitions Committee shall be entitled to delegate to the Rugby Administrator (or in his absence such other person as may be nominated by the Branch) or such one or more members of the Competitions Committee as it may determine such of its functions as it may reasonably decide, confirm or ratify and any decision of such person or persons shall be as valid and effective as if made by the full Competitions Committee and for the purposes of these regulations shall be regarded as a decision of the Competitions Committee.
- 5.5 The Rugby Administrator may at his sole discretion
- (i) make decisions himself or
- (ii) refer the matter to the Chairman of the Sub Committee to make the decision or
- (iii) refer the matter to the Competitions Committee (of which he is a member) to make the decision.

Any such decision shall be called "the first decision".

- 5.6 Where the Rugby Administrator asks the Chairman of the Competitions Committee to make the first decision it shall be within the discretion of the Chairman of the Competitions Committee or the Competitions Committee as appropriate to decide whether or not to hold a full hearing. In the event that it is decided to hold a full hearing the procedures set out at Regulation 7.3 below shall apply.
- 5.7 The first decision shall be communicated to such Club, or person as may be directly affected as soon as reasonably possible.

6. OBJECTIONS AND APPEALS

- 6.1 Any objection or appeal from any decision made pursuant to these regulations or in relation to the operation of these regulations or in relation to a breach of these regulations shall be in writing and shall be received by the Branch not later than 72 hours from the date of the event giving rise to the objection or decision.
- 6.2 All objections or appeals must be in writing and signed by the Honorary Secretary or Acting Honorary Secretary of the Club and state the grounds of the objection or appeal.
- 6.3 All objections must be accompanied by a deposit of €200. All appeals must be accompanied by a deposit of €500. Such payments may be refunded if the objection or appeal is deemed not to be frivolous.
- 6.4 No objection or appeal shall be accepted from any person who is not a member of a Club affiliated to a Branch of the Union and any such objection or appeal must be made by the Honorary Secretary or Acting Honorary Secretary of such Club on behalf of such person.
- 6.5 No person shall be entitled to be a member of any committee hearing an appeal who has made, or acted on any committee who has made, the decision which is the subject of the appeal, or who is a member of a Club involved in or directly affected by the appeal.

- 6.6 The Branch shall cause a copy of an objection or an appeal to be sent to any Club, or person directly affected with all reasonable speed.
- 6.7 Where a decision is made pursuant to these regulations by an authorised person or Committee, which affects the League position of any Club, it shall not be permissible for any Club which was not involved in or did not participate in the match in respect of which the objection or appeal arose, to lodge an objection or appeal against any such decision.

7. HEARINGS OF OBJECTIONS OR APPEALS

- 7.1 Where the first decision is made by the Rugby Administrator himself any objection to such decision shall be heard by the Chairman of the Competitions Committee and there shall be a right of appeal from his decision to the Branch Appeals Committee (The Appeals Committee) to be appointed by the Committee of the Branch.
- 7.2 Where the first decision is made by the Competitions Committee or the Chairman thereof any objection or appeal in relation to same shall be heard by the Appeals Sub Committee
- 7.3 The Branch shall arrange for the Chairman of the Competitions Committee, or the Appeals Committee as may be appropriate (the Hearing Committee) to adjudicate upon the objection or appeal in which event
- 7.3.1 The Branch shall arrange for a hearing of such objection or appeal with all convenient speed at such time and place as it may determine provided that any Club or person directly affected shall be given reasonable notice either in writing or orally to be confirmed in writing, of the time and place of such hearing.
- 7.3.2 The Hearing Committee shall permit any Club or person directly affected by such appeal including a representative of the Competitions Committee to submit evidence, call witnesses and made representations at the hearing.
- 7.3.3 No Club or person appearing at a hearing before the Hearing Committee shall be entitled to be represented by more than two persons.
- 7.3.4 Subject to the requirements of Natural Justice the procedures to be adopted at the hearing shall be entirely at the discretion of the Hearing Committee. The Hearing Committee shall be entitled to call such witnesses and seek such advice as it may require.
- 7.3.5 The decision of the Hearing Committee shall be notified to all parties directly affected as soon as reasonably possible.
- 7.3.6 The decision of the Appeals Committee hearing the appeal shall be final and binding on all parties and shall not be appealed to or reviewed by a Court of Law.

8. ENFORCEMENT POWERS

- 8.1 Where the Competitions Committee, the Chairman of the Competitions Committee or the Appeals Committee request a Club or person to provide information in relation to any matter, a reasonable time limit may be imposed and notified for the provision of such information and in the event that such time limit is not complied with, the Competitions Committee or the Chairman of the Competitions Committee or the Appeals Committee (as may be appropriate) may deal with the matter in the absence of such information.
- 8.2 Where there is a breach or non-observance of any regulation, law or code of conduct, misconduct, disciplinary matter, failure to fulfil a fixture, non-compliance with any regulation or bye-law of the Branch or non-compliance with a regulation, requirement or decision of the Competitions Committee or of a Committee of the Branch or in any case considered to be detrimental to the best interests of the Game, the Competitions Committee, the Chairman of the Competitions Committee or the Appeals Committee shall be entitled in its or his unfettered discretion to impose all or any of the following sanctions or penalties on the offending Club or player:
- 1. Imposition of a fine
- 2. Requirement to replay the match at such time and at such venue as is thought fit.
- 3. Forfeiture of and/or the granting of the points for the match.
- 4. Loss of as many League points as may be determined.
- 5. Suspension or expulsion of the Club or the player from the League and/or Cup for such period as it thought fit
- 6. Such other penalty or sanction as may be deemed appropriate.
- 7. Make an award of costs against any party.

Failure to fulfil a fixture not sanctioned by the Competitions Committee may result in the deduction of not less than one league point and any other sanction that the Competitions Committee may deem appropriate.

9. STRUCTURES 2015/16

- 9.1 The Senior League and Senior Cup shall comprise of the 4 UBL Connacht Clubs. Junior League Division IA (J1A) shall compromise of 8 teams playing home and away, Junior League Division IB (J1B) shall comprise of 8 teams playing home and away. Junior League Division IC (J1C) shall comprise of 6 teams playing home and away with a top 4 Round Robin playoff to decide the final league standings. The bottom two clubs will compete in a two legged playoff to determine the last placed finisher. The team with the highest aggregate score over the two games will be deemed to be the winner of this playoff. The structure of Junior League Division II shall be confirmed 2 weeks prior to the commencement of the league.
 - The Cawley Cup will be confined to 1st teams of the top 8 non-UBL clubs in J1A & J1B and will be played on a knock out basis. The final will be held in Galwegians (where possible) on a date to be confirmed.
 - The Curley Cup will be confined to the remaining non-UBL clubs in J1B and all non-UBL clubs in J1C (unless otherwise instructed by the Executive

- Committee) and will be played on a knock out basis. The final will be held in Ballyhaunis (where possible) on a date to be confirmed.
- The Connacht Junior Challenge Cup (also known as the Heineken Junior Cup) will be contested by the 1st teams all Qualifying League Non-UBL clubs and the 2nd teams of the 4 UBL clubs. This will also be a knock out competition. UBL club players who have started 5 or more games from the following competitions, Connacht Senior Cup, AIL League or AIL Cup games shall be ineligible to play in this competition. Any player that has played for the Connacht Eagles shall be ineligible to play in the Junior Cup. Junior League Division 1A clubs at the time of the draw shall be exempt from round 1 of the Connacht Junior Challenge Cup.
- Teams that are knocked out of the first and second rounds shall be entered into the Connacht Junior Plate which will be a knockout competition.
- The Ard-na-Cregg Cup will be contested by clubs currently competing in Junior League Division II. Any player wishing to play in the Ard-na-Cregg must have started a minimum of 4 Junior League Division II games. Any player who has started a Connacht Junior Cup match may not take part in the Ard-na-Cregg Cup. Players who have started Cawley Cup games must be regraded if they wish to play in the Ard-na-Cregg Cup.
- The 3 highest placed qualifying League clubs from Division IA & the winner of the Cawley Cup will qualify to represent Connacht in the All-Ireland Junior Cup season 2015/16
- 9.2 The top Non-UBL Club in Division IA at the completion of the League program will go forward to represent Connacht in All Ireland League Round Robin play-offs.
- 9.3 The position of a Club in Division 1A, 1B and 1C shall be established by awarding four League points for a win and two League points for a draw.

 One bonus point will be awarded to a Club scoring four or more tries in a match and one bonus point will be awarded to a Club losing by 7 points or less in Division I alone

The position of a Club in Division II shall be established by awarding four League points for a win and two League points for a draw. One bonus point will be awarded to a Club losing by 7 points or less in Division II also. The matches of any team ejected from the league will become null and void.

9.3(a) A club that fails to fulfil a fixture in Division I A, B & C will receive a sanction as laid out in Regulation 8.2.

A club that fails to fulfil three fixtures which were not sanctioned by the Competitions committee will be ejected from league. The matches of any team ejected from the league will become null and void.

9.3(b) A club that fails to fulfil a fixture in Division II will receive a sanction as laid out in Regulation 8.2.

A club that fails to fulfil three fixtures which were not sanctioned by the Competitions committee will be ejected from league. The matches of any team ejected from the league will become null and void.

9.4 If for some reason Division IA of the Junior League is not completed on schedule, then the Branch retains the right to put forward a Club to represent Connacht in the All Ireland League. The selection will be based on the Standings in the League at the time of the decision.

9.5 If a team is unable to field the required number of front row players to start a match, as outlined in law 3.5 below, and as a result the match must begin with uncontested scrums the following will be the consequence:

- 1. The team who are unable to field a full front row will be restricted to fielding 14 players only and will not be allowed to make any substitutions.
- 2. If the team who are unable to field a front row win they are entitled to a maximum of two points (unless they score four or more tries in which case they will be entitled to three points)
- 3. If the team who are unable to field a front row lose but score four tries they are entitled to one point.
- 4. The opposing team are entitled to a MIMIMUM of two points even if they lose without scoring four tries or being within 7 points.
- 5. If the opposing team lose and score four tries they are entitled to three points.
- 6. If the opposing team lose and are within 7 points they are entitled to three points.
- 7. If the opposing team lose, score four tries and are within 7 points they are entitled to four points.
- 8. If there is a draw the team unable to field a front row shall be entitled to one point and the opposing team shall be entitled to three points plus a bonus point should they score four tries or more.

If a team is capable of beginning a match with contested scrums but fail to nominate the required number of additional players capable of playing in front row positions their squad size will be reduced as per law 3.5 below. If after injuries and/or a red card /yellow given to a front row player the captain of that team declares that he has no front row replacements, the match will continue with uncontested scrums and the following shall apply:

- 1. The team who need to go to uncontested scrums cannot replace the front row player who is leaving the field thereby reducing their number by one.
- 2. No point's restrictions shall apply.
- 3. Both teams still have use of their substitutes in accordance with the laws of the game.

If a team begin a match with contested scrums and do nominate the required number of players capable of playing in front row positions, as per law 3.5 below, but after injuries and/or a red card /yellow given to front row players the captain of that team declares that he has no front row replacements, the match will continue with uncontested scrums and the following shall apply:

1. The team who need to go to uncontested scrums cannot replace that front row player who is leaving the field thereby reducing their number by one.

- 2. No point's restrictions shall apply.
- 3. Both teams still have use of their substitutes in accordance with the laws of the game.

If a club cannot satisfy the front row requirements and the above laws are then applied, the said club will provide the Competitions Committee with a written explanation as to why they were unable to field the required front row players. Should a club find itself in the position of being unable to field the requisite front row players on a second occasion then the matter will be investigated by the Competitions Committee and further sanctions and or penalties may be applied.

NOTE: IRB Law 3.5

3.5 SUITABLY TRAINED AND EXPERIENCED PLAYERS IN THE FRONT ROW

(a) The table below indicates the numbers of suitably trained and experienced players for the front row when nominating different numbers of players.

Number of Players & Number of Suitably Trained and Experienced Players 15 or less - 3 players who can play in the front row 16, 17 or 18 - 4 players who can play in the front row 19, 20 - 5 players who can play in the front row

- (b) Each player in the front row and any potential replacement(s) must be suitably trained and experienced.
- (c) When 19, 20 players are nominated in a team there must be five players who can play in the front row to ensure that on the first occasion that a replacement hooker is required and, on the first occasion that a replacement prop forward is required, the team can continue to play safely with contested scrums.
- (d) The replacement of a front row forward must come from suitably trained and experienced players who started the match or from the nominated replacements.

END NOTE

10. PROMOTION & RELEGATION

10.1 At the end of the 2015/16 season Junior League Division 1A will remain at eight teams. This will be achieved by one of the following circumstances:

If no club is promoted/relegated from the UBL then:

The top six clubs from Junior League Division 1A shall remain in Junior League
Division 1A. The bottom placed club will be relegated automatically. The top
placed club in Junior League Division 1B will be automatically promoted to
Junior League Division 1A. The club second from bottom will play off against
the club second from top of Junior League Division 1B for the final place in
Division A.

If a club is promoted to the UBL then:

Both clubs in the J1A/J1B Playoff will compete in J1A the following Season.

If a club is relegated from the UBL then the result of the play off will become null and void and both clubs in the J1A/J1B Playoff will compete in J1B the following Season.

10.2 At the end of the 2015/16 season Junior League Division 1B will be maintained at eight teams. Following on from the above in Junior League Division 1A:

If no club is promoted/relegated from the UBL then:

The bottom placed club will be relegated automatically to Junior League
Division 1C. The top placed club in Junior League Division 1C will be
automatically promoted to Junior League Division 1B. The club second from
bottom in Junior Division 1B will play off against the club second from top of
Junior League Division 1C for the final place in Division 1B.

If a club is promoted to the UBL then:

• Both clubs in the J1B/J1C Playoff will compete in J1B the following Season.

If a club is relegated from the UBL then the result of the play off will become null and void and both clubs in the J1B/J1C Playoff will compete in J1C the following Season.

At the end of the 2015/16 season:

- The top placed team in Junior League Division 1C will be automatically promoted to Junior League Division 1B. The second placed team in Junior League Division 1C will play-off against second last in Junior League Division 1B.
- The loser of the bottom 2 playoff in Division 1C will compete against the winners of Division II in a once off playoff game. The winners of this match will compete in Division 1C in the following season. The losers will play in Division II.

10.4 In the event of Clubs at the top or bottom of a division being equal in League points gained, winning a division, promotion and relegation shall be decided on the basis of:

- 1. Points difference
- 2. Greater number of tries scored
- 3. Greater number of points scored

However, in the event of a club having failed to fulfil a league fixture and that club ends its league campaign on equal points with another club, should a promotion / relegation issue arise the club who failed to fulfil the fixture will be relegated.

11. LEAGUE FIXTURES

- 11.1 Matches shall be played on dates decided by the Competitions Committee.
- 11.2 The Competitions Committee shall arrange the fixture list for each season. The time and day of matches will be decided at a meeting of fixtures secretaries before the season starts. If agreement for individual fixtures is not reached at the fixture meetings the default kick –off time shall be Sunday at 2.30pm of the

scheduled weekend. The Competitions Committee will retain the right to alter the time, date and venue of a fixture should the need arise.

11.3 If for special reasons two Clubs mutually agree to an alternative date or kick off time, both Clubs must apply in writing to the Competitions Committee at least 7 days prior to the date of the match in question and obtain consent in writing from the Competitions Committee prior to the match.

12. POSTPONEMENTS, RE-ARRANGEMENTS, FITNESS OF GROUND

12.1 A League match can only be postponed with the approval of either the Asst. Honorary Secretary of the Branch or the Chairman or Administrator of the Competitions Committee.

When a league match is postponed or abandoned it shall be played or replayed on a date to be decided by the Competitions Committee at its next meeting.

- 12.2 In the event of a match having to be postponed, it shall be the responsibility of the home Club to inform (a) the Asst. Honorary Secretary of the Branch or the Chairman or Administrator of the Competitions Committee (b) their opponents (c) the referee and touch judges, as soon as possible. Failure to do so may result in the home Club being liable for all or part of the expenses of their opponents and match officials.
- 12.3 The Competitions Committee shall draw up a list of nominated persons to act on the Ground Fitness Panel, as set out in the regulations, who shall be available for consultation when the fitness of a ground is to be considered. A Club which has doubt about the fitness of its ground shall contact the Asst. Honorary Secretary of the Branch before 10.30am on the morning of the fixture who will in turn contact the Ground Fitness Panel nominee. This nominee will discuss the situation with the Club and if necessary visit and inspect the ground. Where there is doubt about the fitness of a ground and there is a reasonable prospect that with improved weather conditions the ground could be playable by kick off time, a decision on whether or not the pitch is playable shall be postponed until close to the kick off time. Matches may not be postponed on grounds that the safety of the players might be prejudiced unless with the additional approval of the match referee.
- 12.4 The determination of the fitness of the ground shall be the responsibility of the member of the Ground Fitness Panel, whose decision shall be final. In the event of the appropriate member of the Ground Fitness Panel not being available on any occasion the League Sub Committee may nominate another person to act on the Ground Fitness panel.

Subject to the provisions of regulation 12.2., where doubt exists as to the fitness of a ground, the home Club shall make early contact with the visiting Club as to its travel arrangements etc., in order that contact can be made prior to a Club commencing its journey.

13. PLAYER ELIGIBILITY

13.1 Registration of Players

On or before September 1st each Club playing in the League shall have all its playing members registered for the League season. Each player must have a current registration number with The Branch.

A player transferring from one Club to another Club should also comply with the IRFU Regulations governing rugby at Club level.

A player may register with one Club only. If he registers with more than one Club his registration may be declared void. All players must have a valid registration number and any team which includes a player who does not have a valid registration number shall be subject to the sanctions as laid out in section 8.2

13.2 Eligibility of players

The following are eligible to register

(a) Players who qualify to play for Ireland under IRB Regulations.

(This includes players who have completed three years residency immediately preceding the time of playing)

- (b) Players who hold a passport issued by a country which is a member of the E.U. and who are resident in Ireland on 1st September and remain in residence until the commencement of the League program (Excluding bona fide students and with Competitions Committee approval)
- (c) A player who has a valid work permit as a professional rugby player and who is a national of a country which has an association / trade agreement with the E.U. as under the Cotonou agreement.

In the above cases, players must both be resident in Ireland on 1st September and remain in residence until the commencement of the League.

For the purposes of this regulation residency is defined as "Permanent place of residence".

Exceptions

In any season each Club may register one player who does not satisfy the above criteria provided that he has taken up residence and has been properly registered prior to the 1st October.

Other players are regarded as overseas players. Each Club is permitted to register one such player per team in any season provided that he has taken up residence and has completed his registration one week prior to the official commencement of the League program. Only one overseas player is permitted to play on any one team. A player who has registered with the Union cannot play rugby in another Union without receiving written clearance from the Union.

13.3 A player who during the current season has played at any level for a Club in Ireland or for a Club from another Union shall be ineligible to play in competition for another Club, without the consent of the Competitions Committee.

A player may not play adult rugby until he has reached his 18th birthday.

- 13.4 Notwithstanding the provisions of this Regulation 13, any player or Club shall be entitled in writing to submit to the Branch any special circumstances he or it considers relevant to registration. The submission shall be considered by the Chairman of the Competitions Committee who shall in appropriate cases be entitled in his absolute discretion to accept the registration of such player provided the submission is made before the commencement of the League program.
- 13.5 Players may transfer into Connacht clubs up to 1ST October provided the player involved hasn't started in the Connacht League already in that season. There will be a transfer window between Wednesday 9th Dec 2015 and Friday the 8th January 2016 to allow players who have not played in Connacht Junior Qualifying League to apply for transfer during this period. Players who have not played rugby in the preceding season may apply for a transfer outside of this window.
- 13.6 In exceptional circumstances the Competitions Committee may at its absolute discretion, on application in writing by the player supported by the consent in writing of both Clubs, agree to the player changing Clubs notwithstanding that the League has started and that the player has already played in the competition.

13.7 Regrading:

Players that have started a match at a level must be regraded before they play at a lower level.

Regrading requests must be submitted via the E Sport System before 10am on the Wednesday prior to the weekend that the player is to be regraded for. Approval or rejection of the requests will be communicated in writing (email) to the clubs following the Competitions Committee meeting.

All such requests must list the name of the player to being regraded and his replacement on the relevant team.

14. DUAL STATUS PLAYERS

- 14.1 The term "dual status" refers to a player who although a bona fide member of a non League Club in Ireland may play for a Club in the UBL provided the following regulations are observed.
- 14.1.1 The "dual status" principle shall be available to all UBL League Clubs.
 14.1.2 A "dual status" player may represent an UBL club in the Connacht Senior League or Connacht Senior Cup provided he has the written permission of his home club.
- 14.1.3 A League Club shall be limited to selecting or playing not more than three such players in one season. Selection shall include players who are selected as replacements / substitutes for League or Cup matches.

15. REFEREES.

- 15.1 Referees for Branch Competitions shall be appointed by the Association of Referees, Connacht Branch in conjunction with the Provincial Branches Referees Society/Associations.
- 15.2 In the event of the referee failing to turn up for a match or being unable to continue to referee a match, the two clubs should endeavour to agree a replacement referee (refer to Law 6a1 & 6a2 of the Laws of the Game) Failing agreement the home club shall appoint a referee. Any person appointed to referee a match must be an active member of the Association of Referees Connacht for U17 and above matches, for U16 and below matches appropriately qualified Affiliate referees maybe appointed.

15.3 (a) AFFILIATE REFEREES

IRFU

Domestic Rugby

1. As and from the commencement of Season 2006/2007, it will be IRFU policy that all rugby played within the Laws of the Game (incl. U19 Variations) will be refereed by:

Members of the Branch Referee Associations/Society or

Affiliate Members of the Referee Associations/Society

2. Affiliate Members:

These are defined as persons who:

- 2.1 are qualified as Affiliate Members
- 2.2 appointed, by a school or club, to referee a match, or training session, in which their school or club (adults or youth) is playing.
- 2.3 appointed by their school or club (or requested by the Branch) to referee a "blitz" or similar tournament in which their school or club is participating.
- 2.4 *are not* available for appointment to matches by the Branch or Branch Referee Associations/Society. [Affiliate Members may also apply, if they wish, for full membership of the Referee Associations/Society.]

3. Qualification Requirements:

Affiliate Members qualify by:

- 3.1 attendance at IRFU Referee Workshop
- 3.2 database registration
- 3.3 qualification is valid for 3 Seasons (exclusive of initial season of validation.)
- 3.4 qualification must be renewed during 4th Season

4. Benefits:

- 4.1 membership 'card" (email) with re-validation (expiry) season
- 4.2 registered on IRFU/Provincial database as Associate
- 4.3 mailing list of Associations/Society for advice on Law changes/rulings/meetings
- 4.4 IRFU insurance

5. Overall Rationale:

- 5.1 improve the game and refereeing standards
- 5.2 address safety issues
- 5.3 formalise the status of these referees
- 15.4 The referee after each match shall send to the Rugby Administrator the detailed result of the match.
- 15.5 Under Law 10 of the Laws of the Game the referee may caution an offending player that he will be sent off if he repeats an offence. This he will signify by producing a yellow card. Any objection to a yellow card must be notified by the player to the Rugby Administrator within one week of the date such yellow card was issued. If a player receives four yellow cards in any 12 week period he may be required to attend a meeting of a Branch Disciplinary Committee at which he may receive a suspension (one match ban).

16. PLAYERS SENT OFF THE FIELD OF PLAY OR CITED

Players sent off or cautioned under Regulation 15.5. above or cited in matches shall be dealt with under IRFU Regulation 5 – Disciplinary Committees and Procedures - as set out in the Union Handbook (which shall be subject to amendment by the Union Committee from time to time).

17. CONDUCT AND RESPONSIBILITY

- 17.1 Clubs participating in Branch Competitions are responsible and accountable for the conduct of their players, officials, members and supporters in attendance at matches.
- 17.2 Clubs, players, officials and members must ensure that
- 17.2.1 Matches are played in accordance with disciplined and sporting behaviour
- 17.2.2 None of the persons referred to in 17.1 engage in an act or acts of misconduct.

For the purposes of the Branch Competitions misconduct shall mean conduct, behaviour or practices on or off the playing enclosure which may bring the Game of Rugby or the Union into disrepute or may be detrimental to the best interests of the Union or of the Game.

- 17.3 For the avoidance of doubt a Club may be sanctioned for misconduct even if a referee has already penalised one or more of its players for his or their conduct during a match.
- 17.4 Each participating Club will be represented by bona fide members of the Club who are eligible pursuant to these regulations. Each Club shall play at full available strength in all matches unless some satisfactory reason is given. In the event of the explanation not being deemed satisfactory the Competitions & Re-Grading Sub Committee shall have the power to impose such reasonable penalties as it shall think fit.
- 17.5 No player may participate in Branch Competitions while serving a disciplinary sanction imposed by any Union, by a Branch of the Union or by his Club.

18. REPLACEMENTS / SUBSTITUTES

Teams playing in Division 1A, 1B and 1C may tog out up to five additional players, (a club must not have more than 20 players togged) who may act as substitute replacements, subject to Law 3 of the Laws of the Game.

A team should have five players who can play in front row positions, two of whom can play hooker and three of whom can play prop.

All front row players must have a "P" or "H" after their names when panels / team sheets are submitted.

Rolling substitutions as detailed below shall be permitted in Division 1A, 1B and 1C, the Senior League, the Senior Cup, the Cawley Cup, the Curley Cup and the Heineken Junior Cup and Plate.

Teams playing in Division II may tog out up to five additional players, who may act as substitutes or replacements, subject to Law 3 of the Laws of the Game. A team should have five players who can play in front row positions. The Under 19 scrum laws will apply in Division II.

ROLLING SUBSTITUTIONS

- 1. A maximum of 12 substitutions (Changes) per team per match shall be allowed.
- 2. Changes under this Law shall include blood replacements and injuries; indeed any time one player replaces another player from the same team other than front-row replacements required after a yellow card (see 6. below).
- 3. When a player has a blood injury and is replaced by another player and then returns to the field of play within the permitted time that will count as 2 changes.
- 4. When a player is sent from the field of play under a red card that is NOT a change.
- 5. When a player is temporarily suspended under a yellow card and leaves the field of play that is NOT a change.
- 6. When a scrum is ordered during the temporary suspension of a front-row player (Player A), and as a result a player (Player B) is required to leave the field to allow another front-row player (Player C) to come on that does NOT count as a change.
- 7. If, at the end of the period of temporary suspension, Player A resumes and Player C leaves the field, that does NOT count as a change.
- 8. Player B returning to the field of play is also NOT a change.
- 9. If, however, the team opts to leave Player C on at the end of the temporary suspension period instead of Player A returning that IS a change.
- 10. After all 12 changes have been made, no other changes will be allowed for whatever reason including injuries. If, after the 12 changes have been made there is any reason for a player to leave the field of play, the team must play on with one less player. Uncontested scrums will apply if this involves a frontrow player.

Procedural Guideline for the Administration and Control of Rolling Substitutions:

- Each team will be given a set of home cards (12) and away cards (12). These cards are contained within this package.
- It is the responsibility of the home team to provide the rolling sub cards for both the home team and the away team on a match day.

 If a team require a replacement set of cards, or individual replacement cards, a charge will be applied by the Connacht Branch.

During Matches:

- Each team will have a set (12) of cards (each set will be a different colour, green for away team and blue for the home team)
- Each team shall appoint its responsible person (e.g. Coach) who shall be required to hand the appropriate change card in the correct sequence to the referee, touch judge, or 4th official. This must happen before each change takes place and a player enters the field of play. There is no requirement to record or write anything on the card.
- The referee, touch judge, or 4th official shall receive and retain the cards during the match and shall monitor each team's use of its changes. The referee is not required to record any information but shall retain the submitted cards until after the end of the match.

19. CLASH OF COLOURS

In the event of a clash of colours, of which the referee is the sole judge, it shall be the responsibility of the home Club to change into a playing strip which is significantly different in colour from the normal playing strip.

20. TEAM SHEETS / LIST

Prior to the kick off, Clubs shall be required to submit to the referee and the opposing team manager the list of names of the teams and replacements / substitutes, correctly numbered. A player must wear the jersey whose number corresponds to his number on the team list. The names of players who can play in the front row positions must be indicated marked "p" or "H". Failure to comply with this regulation may be the subject of an objection by the opposing team, or the Competitions Committee and will be dealt with accordingly.

The Competitions Committee reserve the right to request the registration number of any player listed on a team sheet. Front row replacements must be able to take their positions in the front row at the first time of asking, failure to do so will result in the sanctions set out in Regulation 9.5

Failure to nominate front row replacements will lead to the sanctions set out in Regulation 9.5

21. PLAYING ENCLOSURE & TECHNICAL ZONES

- (i) The playing enclosure should be defined preferably by a fence, if not by ropes.
- (ii) If there is a stand, seats should be made available for replacements.

Two technical zones are to be designated, clearly marked in white paint, each nine metres long and three metres wide and not less than two metres from the touchline,

one on either side of the halfway line, in which benches should be placed and a zone should be allocated to each team. The attendants and replacements must remain within their zone. The referee has the authority to order them out of the playing enclosure if they fail to adhere to this requirement.

- (iii) Ball boys and a limited number of press photographers may also be permitted inside the enclosure.
- (iv) Replacements and substitutes must enter the field of play from the technical zones and be introduced by the replacement touch-judge.
- (v) Each team must nominate to the referee its medical officer, team attendant / physiotherapist and coach. The coach cannot act as team attendant who is the only person permitted on the field during the match, and only to attend to an injured player. Players requiring water or drinks must come to the touch line.
- (vi) Coaches are precluded from entering the playing enclosure (excluding the players' technical zone) during the course of a game except at half time when the coach may come on to the field to speak to his team.
- (vii) Kicking tees may be used by individual kickers for personal use.
- (viii) The home club should supply touch judge flags.

22. TROPHIES

(i)	Senior League Winner: Trophy and 20 medals
(ii)	Senior Cup Winner: Trophy and 20 medals
(iii)	Junior League Division 1A Winner: Trophy and 20 medals
(iv)	Junior League Division 1B Winner: Trophy and 20 medals
(v)	Junior League Division 1C Winner: Trophy and 20 medals
(vi)	Junior League Division II Winner: Trophy and 20 medals
(vii)	Junior Cup: Winner Trophy and 20 medals
(viii)	Junior Plate: Winner Trophy and 20 medals
(ix)	Cawley Cup: Trophy and 20 medals
(x)	Curley Cup: Trophy and 20 medals
(xi)	Ard-na-Cregg Cup: Trophy and 20 medals
(viii)	Under 20 League: Trophy and 20 medals
(xii)	Under 20 Cup: Trophy and 20 medals

ALL trophies must be returned to the Branch offices by 31st December. Trophies may be loaned out to clubs for limited periods after this, on application to the Branch Administrator.

23. APPLICABLE LAW

These regulations shall be governed by and construed in accordance with the Laws of the Republic of Ireland

24. UNFORESEEN CIRCUMSTANCES

The Competitions Committee shall be entitled to make decisions on all matters not provided for in these regulations.

25. No proceedings pursuant to these Regulations shall be quashed or held invalid by reason only of any defect, irregularity, omission or other technicality, provided there has been no miscarriage of justice.

Press and Media Section

If you are submitting articles to website and local press, here are some suggestions:

- The **Phone Number** of the YDO/RDO etc who is submitting the article and also the
 contact details of the relevant people in the article (i.e. story about Westport RFC
 fundraising event/blitz or whatever should have the contact details of the primary
 people involved in case items need to be checked.
- Clarity. All items submitted need to have all relevant information included.
 Ie. Heading, event title, location, time, attendance (which schools/clubs/politicians/professional players/how many spectators etc), who is involved, who organised etc.
- 3. Background: Is this the first year of this event?

If not, how many years is it running?

Who sponsors it?

Who won it in previous years?

How is it growing, attendance wise, interest wise?

- 4. Photos: Any photos submitted need to have detail included with them: le, location, labelling (teams or names of people included), when it was taken etc. Also full names (not F Lynch for example) have to be included for photographs. All team photos should have full names.
- 5. **People/Rugby Players:** If it is a piece on an individual, different information is required.

le. Name, age, background.

For background, information is required on top of that individual's rugby background which may show how athletic the player is. Eg. Gavin Duffy/Peter Durcan were previously Mayo Minor Footballers.

Also background information is required which may not be sports related if available.

6. General Rule: The more information the better

CLUBS AFFILIATED TO THE CONNACHT BRANCH BALLINA R.F.C.

Address: Heffernan Park, Creggs Road, Ballina, Co. Mayo

Telephone: 096 21562 **Grounds:** Heffernan Park

Colours: Jersey: Navy/Green Shorts: Navy Socks: Green/Navy

President: Alan Rowe, Riverslade, Ballina, Co. Mayo.

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Face book: Ballinasloe Rugby Club

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Delegate 2: Name:

> (Mobile) E-mail:

Youth Delegate: Name:

> (Mobile) E-mail:

Mini Delegate: Name:

> (Mobile) E-mail:

BALLYHAUNIS R.F.C.

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Telephone: 086 1732711

Grounds: Dubarry Park, Clonbrusk, Athlone, Co. Westmeath

Colours: Jersey: Black & Yellow Shorts: Black Socks: Black & Yellow

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CARRICK ON SHANNON R.F.C.

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(all correspondence to Club Secretary)

Grounds: Carrick on Shannon RFC Grounds, Castlecara, Carrick on Shannon, Co.

Leitrim

Colours: Jersey: Black/Yellow Shorts: Black Socks: Black/Yellow

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CASTLEBAR R.F.C.

Grounds: Cloondeash, Castlebar, Co Mayo.

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Claremorris Colts R.F.C.

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CORRIB R.F.C.

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E-mail: dermotbarrins@gmail.com

CREGGS R.F.C.

Address: Creggs, Co. Galway
Telephone: 086 1708506
Grounds: The Green, Creggs

Colours: Jersey: Maroon & White Shorts: Black Socks: Black

E-Mail: sean.brandon@mtg.ie

President: Kieran Dowd, Creggs, Co. Galway

(M) 087 2261364

E-Mail: kieranandmonicadowd@gmail.com

Hon. Secretary: Sean Brandon, Creggs, Co. Galway

(M) 086 1708506

E-Mail: sean.brandon@mtg.ie

Fixtures Sec.: Adrian Leddy, Ardsallaghbeg, Roscommon.

(M) 086 2622341

E-Mail: adrianleddy@ifa.ie

Hon. Treasurer: Aidan Farrell, Church Street, Roscommon.

(M) 087 2428471

E-Mail: mjfarrell@eircom.net

P.R.O Padraic Deane, Lanesboro Road, Roscommon

(M) 086 2339713 (W) 0906625676 E-Mail: padraicdeane@yahoo.com

Results Coordinator: Adrian Leddy, Ardsallaghbeg, Roscommon.

(M) 086 2622341

E-Mail: adrianleddy@ifa.ie

Captain: Tom Callaghan

(M) 089-2372844

E-Mail: tomcall77@hotmail.com

Branch Delegates:

Delegate 1: Adrian Leddy, Ardsallaghbeg, Roscommon.

(M) 086 2622341

E-Mail: adrianleddy@ifa.ie

Delegate 2: John Cunningham, Sleaveen, Roscommon

(M) 087 2485725

E-Mail: johncunn60@gmail.com

Mini Delegate: David Purcell, 14 Glenview, Galway Rd, Roscommon

(M) 089 7007547

E-Mail: davepurcell@eircom.net

Youth Delegate: Pat O' Gorman, Drinane, Ballygar, Co. Galway

(M) 087 2354235

E-Mail: patandailish@gmail.com

Women's Rugby Contact: Lawrence Mannion

E-Mail: lawrence mannion 37@gmail.com

DUNMORE R.F.C

Address: Fairgreen, Dunmore, Co. Galway.

Telephone: 087 1517355

Grounds: The Fairgreen, Dunmore, Co. Galway

Colours: Jersey: Yellow & Black Hoops Shorts: Black Socks: Black/Yellow Tops.

E-Mail: dunmorerfc@eircom.net

President: Jimmy Coen, Quarter, Dunmore, Co. Galway.

(M) 087 9693946 (H) 093 38420

E-Mail: tuamos@eircom.net

Hon. Secretary: Michael Ronayne, 42 Friars Walk, Dunmore, Co. Galway

(M) 086 8545701

E-Mail: mickronayne@live.ie

Fixtures Sec.: Nigel Silke

(M) 087 6612361

E-Mail: nigelsilke@yahoo.co.uk

Chairman: Sean Canny 0866481772

Results Co-Coordinator: Michael Ronayne, 42 Friars Walk, Dunmore, Co. Galway

(M) 086 8545701

E-Mail: mickronayne@live.ie

Branch Delegates:

Delegate 1: Michael Ronayne, 42 Friars Walk, Dunmore, Co. Galway

(M) 086 8545701

E-Mail: mickronayne@live.ie

Delegate 2: Greg Fallon 0866007831

Youth Delegate: Keith Corless (087) 6593203

E-Mail: dunmorerfc@eircom.net

Child Welfare Officer: Bernie Coen

GALWAY CORINTHIANS R.F.C.

Address: Corinthian Park, Cloonacauneen, Tuam Road, Galway.

Telephone: 091 799215 **Fax:** 091 799215

Grounds: Corinthian Park, Cloonacauneen, Tuam Road, Co. Galway.

Colours: Blue, black and white hoops. **Club Email:** info@galwaycorinthians.com

President: Roy Gibson

E-mail: roy@tees.ie 087 6388910

Hon. Secretary: Niall Egan

(M) 087 9068195

E-Mail: niallaegan@yahoo.com

Fixtures Sec.: Sean Duignan

(M) 086 378 1661

E-mail: seanduignan1975@gmail.com

Hon. Treasurer: Paddy Keogh

(M) TBC E-mail: tbc

Chairman: Roy Gibson

(M) 087 638 8910 E-mail: roy@tees.ie

P.R.O.: Brendan Cassidy, Lislea, Snipe Avenue, Newcastle, Galway

(M) 087 9175223

E-mail: brencassidy@eircom.net

Kieran Dolan

Kieran@block5design.com

Captain: Niall Egan

Results Co-Coordinator: Ciaran Smyth

(M) 086 2529516

E-mail: ciaranjsmyth@eircom.net

Branch Delegates:

Delegate 1: Ciaran Smyth, Sea verge, 113 Upper Salthill, Galway

(M) 0862529546

E-mail: ciaranjsmyth@eircom.net

Delegate 2: TBC

Youth Delegate: TBC

Mini Delegate: Kevin O'Flynn, Claregalway, Co. Galway

(M) 086 2724838

E-mail: oflynnk@cuisinedefrance.ie

Women's Rugby Contact: Kieran Browne

E-Mail: kieranbrowne1963@gmail.com

GALWEGIANS R.F.C.

Address: Crowley Park, Glenina, Galway.

Telephone: 091 758255

Grounds: Crowley Park, Glenina, Galway.

Colours: Jersey: Sky Blue Shorts: Black Socks: Sky Blue / Black Hoops.

President: Richard O' Hanlon, Cos na Coille, Merlin Park Lane, Galway

(M) 087 9600914

E-Mail: dickgalway@gmail.com

Hon. Secretary: Noel Lowndes, Kylebroghlan, Moycullen, Co. Galway

(M) 086 0236600

E-Mail: noel.lowndes@nuigalway.ie

Fixtures Sec.: Paul Casserly, 12 Maigh Burca, Ballymoneen Road, Galway

(M) 086 3723120

Email: paulcasserly40@gmail.com

Hon. Treasurer: Pat Holland, 104 Lr Salthill Road, Salthill, Galway.

(M) 087 2510916.

E-mail: patholland104@gmail.com

.

Chairman: Paul Shelly, 12 Roscam Park, Galway

(M) 087 2586271

E mail: paultshelly@gmail.com

Results Coordinator: Carl Blake, Cloonagower, Barna Road, Galway.

/**P.R.O.** (M) 086 2360136

E-Mail: blakecarl@eircom.net

Captain: Jarlath Naughton

(M) 087 7752187

naughtonjaja@yahoo.co.uk

Branch Delegates:

Delegate 1: Paul Casserly, 12 Maigh Burca, Ballymoneen Road, Galway

(M) 086 3723120

Email: paulcasserly40@gmail.com

Delegate 2: TBC

Dir.Youth & Academy: TBC

Mini Delegate: Tom Shaughnessy, Corbally, Barna Road, Galway

(M) 087 9334662

E-Mail: tomshaughnessy@eircom.net

Women's Rugby Contact: Emer O'Dowd

E-Mail: emer.odowd@connachtrugby.ie

GORT R.F.C.

Address: St. Colmans park, Tubber Road, Gort, Co. Galway Grounds: St. Colmans park, Tubber Road, Gort, Co. Galway

Website: www.gortrugby.com

Colours: Jerseys: Navy & White Hoops Shorts: Navy Socks: Navy

E-Mail info@gortrugby.com

President Tom Finneran

(M) 086 2678464

E-mail: dualhire@hotmail.com

Hon Secretary: Nessa Lahiff

(M) 087 9268297

E-Mail: lahiffn@hotmail.com

Fixtures Secretary: David Conroy

(M) 086 3752162

E-Mail: popsconroy05@yahoo.ie

Hon Treasurer: Garrett Piggott

(M) 087 2684062

E-Mail: garrett@coolecoaches.ie

Chairman: Martin McGrath

(M) 086 8495449

E-Mail: martinmcgrath21.mmg@gmail.com

PRO: TBC

Branch Delegate Ray Dolan

(M) 087 0552583

E-Mail: ray.dolan@ulsterbank.com

Youth Delegate: Martin McGrath

(M) 086 8495449

E-Mail: martinmcgrath21.mmg@gmail.com

Child Welfare: Majella Piggott

(M) 087 9840171

E-mail: majellapiggott1@eircom.net

LOUGHREA R.F.C.

Address: Ballygasty, Loughrea, Co. Galway. Grounds: Ballygasty, Loughrea, Co. Galway.

Colours: Jersey: Purple, Yellow and Black hoops Shorts: Black Socks: Black

President: Paddy Sweeney, Barrack Street, Loughrea, Co. Galway.

(M) 087 2533 523

E-Mail: paddy.sweeney@hotmail.com

Hon. Secretary: Hilary Kelly, Moyleen, Loughrea, Co. Galway

(M) 087 980 1945 (W) 091 535 741 E-Mail: hilary.kelly@acornlife.ie

Fixtures Sec.: Seán Moylan, Coorbaun, Loughrea, Co. Galway.

(M) 086 390 4197

E-Mail: moylansean@eircom.net

Hon. Treasurer: Philip Sheil, 55 Main Street, Loughrea, Co. Galway.

(M) 086 375 7678 (W) 1890 24 23 24 E-Mail: philipmsheil@gmail.com

Chairman: N/A

P.R.O.: Geraldine McNally, Curraghroe, Loughrea, Co. Galway.

(M) 087 410 9639

mcnallydonnell@eircom.net

Results Co-Coordinator: Hilary Kelly, Moyleen, Loughrea, Co. Galway

(M) 087 980 1945 (W) 091 535 741 E-Mail: hilary.kelly@acornlife.ie

Branch Delegates:

Delegate 1: Hilary Kelly, Moyleen, Loughrea, Co. Galway

(M) 087 980 1945 (W) 091 535 741 E-Mail: hilary.kelly@acornlife.ie

Delegate 2: TBC

Youth Delegate: Geraldine McNally, Curraghroe, Loughrea, Co. Galway.

(M) 087 410 9639

mcnallydonnell@eircom.net

Mini Delegate: Michael Brogan, 28 Jairdin Drive, Loghrea, Co. Galway

(M) 086 8310485

Child Welfare Officer Colm Flannery, 20 Ashlawn, Loughrea, Co. Galway.

(M) 087 419 2248 4flannerys@eircom.net

MONIVEA R.F.C.

Address: Monivea, Athenry, Co. Galway

Telephone: 091 849023

Colours: Jersey: Red & Black Shorts: Black Socks: Red & Black

E-Mail: moniveaminirugby@gmail.com

President: Des Mahon

(M) 087 0518811

E-mail: desmahon2@gmail.com

Vice President: Gerry Cannon

Hon. Secretary: Carmel Laheen, Briarfield, Moylough, Co. Galway

(M) 086 2401006

E-Mail: moniveaminirugby@gmail.com

Hon. Treasurer: James Quirke

(M) 087 9224163

E-mail: quirkeworld@gmail.com

Assistant Treasurer: Gerry Geraghty

(M) 087 1007674

E-mail: ggeraghtyc@gmail.com

P.R.O. Jonathon Divilly

(M) 087 2784227

Assistant P.R.O.: Cliodhna McGann

(M) 087 9636777

E-Mail: cliodhnamcgann@hotmail.com

Branch Delegates:

Delegate 1: Padraic McGann, Monivea, Athenry, Co. Galway

(M) 087 2518033

E-Mail: padraicmcgann@eircom.net

Delegate 2: James Quirke

(M) 087 9224163

E-Mail: quirkeworld@gmail.com

Youth Delegate: Stephan Berthoz

(M) 087 3920336

E-mail: stberthoz@gmail.com

Women's Rugby Contact: Carmel Laheen

E-Mail: moniveaminirugby@gmail.com

NUIG R.F.C.

Address: c/o Sports & Recreation Office, Kingfisher, NUIG, University Rd. Galway.

Telephone: 091586500 **Grounds:** Dangan

Colours: Jersey: Maroon Shorts: Black Socks: Maroon

E-Mail: nuigrugby@gmail.com

President: Joey Costello, 7, Rosedale, Taylors Hill, Galway

(M) 086 2308894

E-mail: joeycos@eircom.net

Hon. Secretary: Jason O'Halloran

(M) 087 6652840

E-Mail: jsnohllrn288@gmail.com

Fixtures Sec.: Jason O'Halloran

(M) 087 6652840

E-Mail: jsnohllrn288@gmail.com

Hon. Treasurer: Gearoid O'Broin, C/O NUIG Finance Office, University Road, Galway

(M) 087 9705738

E-mail: gearoid.obroin@nuigalway.ie

P.R.O.: Sean O'Gorman

(M) 085 1028787

E-Mail: seanogor@gmail.com

Results Coordinator: Luke Murphy

(M) 087 9023890

E-Mail: luke.murphy@connachtrugby.ie

Branch Delegates:

Delegate 1: Mike O'Mahony

(M) 0868 338715

E-mail: mikomahony@gmail.com

Delegate 2: Joey Costello

(M) 086-2308894

E-mail: joeycos@eircom.net

Youth Delegate: Neil Keaveney

(M) 087 2657684

E-mail: neil.keaveney@tg4.ie

Women's Rugby Contact: Edel McMahon

E-Mail: edelmc35@hotmail.com

OUR LADY'S BOYS CLUB R.F.C.

Address: **Telephone:**

Grounds: (side pitch) Connacht Sportsground

Colours: White, blue trim

Club Email: j.kobylnicki@gmail.com

President: Name: James Bomber Fahy

 $085\ 756\ 9715$ (Mobile)

E-mail:

Hon. Secretary: Name: Jarek Kobylnicki

(Mobile) 0862157838

E-Mail: j.kobylnicki@gmail.com

Fixtures Sec.: Name: Simon Lawless

> 0872032047 (Mobile)

simonlawless@mail.com E-mail:

Hon. Treasurer: Name: John Hardiman

> (Mobile) 0862564030

E-mail: johnhardiman@gleesongroup.ie

P.R.O.: Name: Philip Coyle

(Mobile) 0871209521

E-mail: Philip.Coyle@schneider-electric.com

Captain: Name: TBC

Results Co-Ordinator: Name: Simon Lawless

(Mobile) 0872032047

E-mail: simonlawless@mail.com

Branch Delegates:

TBC Delegate 1: Name:

> (Mobile) E-mail:

Delegate 2: Name: **TBC**

(Mobile) E-mail:

Youth Delegate: TBC Name:

(Mobile)

E-mail:

Mini Delegate: TBC Name:

(Mobile)

E-mail:

Child Welfare Officer: TBC Name:

(Mobile):

E-mail:

OUGHTERARD R.F.C.

Club: Oughterard Rugby Football Club
Address: Clifden Road, Oughterard, Co. Galway

Telephone: 086 2848603

Grounds: Clifden Road, Oughterard, Co. Galway

Colours: Bottle Green / Blue / White

Club Email: orfc@hotmail.com

President: Name: Norman Deacy

E-mail: ndeacy@dgl.ie (Mobile) 086 8113766

Hon. Secretary: Name: Niall Walsh Portacarron, Oughterard, Co. Galway.

(Mobile) -

E-Mail: niallfwalsh.nw@gmail.com

Fixtures Sec.: Name: Margaret Butler

(Mobile) 086 6043963

E-Mail: mgtbutler12@gmail.com

Hon. Treasurer: Name: Graham Casburn

(Mobile) 087-2837844

E-mail: graham@carabay.ie

Chairman: Name: Ian Fogerty

(Mobile) 086 2848603

E-mail: ifogerty@hotmail.com

P.R.O.: Name: Matt Henderson

(Mobile) 083 0097488

E-mail: maceyhenderson@yahoo.co.uk

Captain: Name: Colin Ryan

Results Co-Coordinator: Name: Matt Henderson

(Mobile) 083 0097488

E-mail: maceyhenderson@yahoo.co.uk

Branch Delegates:

Delegate 1: Name: Norman Deacy

(Mobile) 086 8113766 E-mail: ndeacy@dgl.ie

Delegate 2: Name:

(Mobile) E-mail:

Youth Delegate: Name: Norman Deacy

E-mail: ndeacy@dgl.ie (Mobile) 086 8113766

Mini Delegate: Name: Ger Roche

(Mobile) 087 2855759 E-mail: rochie@yahoo.ie

Women's Rugby Contact: Margaret Butler

E-Mail: mgtbutler12@gmail.com

PORTUMNA R.F.C

Club: Portumna RFC

Address: Postal = C/o Portumna Vet Clinic, Dominic St., Portumna, Co. Galway

Telephone: 087 6434230

Grounds: Castle Avenue, Portumna

Colours: Red and Forest Green Quarters, Green Shorts and Socks

Club Email: portumnarugby@gmail.com

Web: www.portumnarfc.com

President: Mark Scannell

E-mail: mark@scannell.ie

(M) 087 6434230

Hon. Secretary: Michael Goode

(M) 086 2715501

E-Mail: Michael.Goode@ie.michelin.com

Fixtures Sec.: Derek Frawley

(M) 087 6441143

E-mail: 2frawley6@eircom.net

Hon. Treasurer: Francis O'Halloran

(M) 087 9441083

E-mail: francis@portumnarfc.com

P.R.O.: Dermot Moore

(M) 0876793754

E-mail: dermot@portumnarfc.com

Results Co-Coordinator: Derek Frawley

(M) 087 6441143

E-mail: 2frawley6@eircom.net

Branch Delegates:

Delegate 1: Michael Goode

(M) 086 2715501

E-Mail: Michael.Goode@ie.michelin.com

Delegate 2: James McGrath

(M) 087 9540896

E-mail: jbjmcgrath@gmail.com

Youth Delegate: Michael Goode

(M) 086 2715501

E-Mail: Michael.Goode@ie.michelin.com

Mini Delegate: Garrett Needham

(M) 087 2469775

E-mail: garrett.needham@yahoo.co.uk

Mini Girls Delegate: Noeleen Fogarty

(M) 087 6982348

E-mail: Noeleen.Fogarty@sperringalvanisers.com

Girls Delegate: Emer Power

(M) 087 9515023

E-mail: poweremer@yahoo.co.uk

Women's Rugby Contact: Emer Power

E-mail: poweremer@yahoo.co.uk

SLIGO R.F.C.

Club: Sligo Rugby Football Club Address: Hamilton Park, Strandhill, Sligo.

Telephone:

Grounds: Hamilton Park, Strandhill, Sligo

Colours: red, yellow & black **Club email:** secretary@sligorfc.ie

President: Name: Tony Heath

E-Mail: heathtech@hotmail.com

(Mobile) 087 2439445

Hon. Secretary: Name: Lorraine Kerins

(Mobile) 086 2389189

E-Mail: secretary@sligorfc.ie

Fixtures sec.: Name: Michael Storey

(Mobile) 086 8198540

E-Mail: mgstorey@gmail.com

Hon. Treasurer: Name: shaune glackin

(Mobile) 086 63886164

E-Mail: shaune@rafteryandco.com

Chairman: Name: Brian Mullan

(Mobile) 087 22094362

E-Mail: mullan8899@eircom.net

P.r.o.: Name: Ken Browne

(Mobile) 086 3750337

E-Mail: ken.browne@zurich.com

Captain: Name: Conor Mitchell

Results co-coordinator: Name: John Kane

(Mobile) 087 6212414

E-Mail: jkane400@gmail.com

Branch delegates:

Delegate 1: Name: Brian Roche

(Mobile) 087 2752803

E-Mail: briantroche@eircom.net

Delegate 2: Name: Jimmy Gavin

(Mobile) 086 8708920

E-Mail: jimmygav15@hotmail.com

Youth delegate: Name: Michael O'Hehir / John Davey

(Mobile) 086 2459432 / 086 6776179

E-Mail: mohehir@wsb.ie / jdavey@daveymotors.ie

Mini delegate: Name: Ken O'Neill

(Mobile) 086 6181946

E-Mail: ken@flanaganford.ie

Women's Rugby Contact: John Davey

E-mail: jdavey@daveymotors.ie

TUAM R.F.C.

 Address:
 Dublin Road, Tuam, Co Galway

 Telephone:
 087 813 6305 / 087 951 7865

Grounds: Gurran Park

Colours: Nave Blue Shorts/Blood Red Jersey/Stripped Socks

Club Email: pamela.devaney@nuigalway.ie

President: Name: Owen Lydon

(Mobile) 087 813 6305

E-mail: Owen.lydon@hotmail.com

Hon. Secretary: Name: Pamela Devaney

(Mobile) 087-9517865

E-Mail: Pamela.devaney@nuigalway.ie

Fixtures Sec.: Name: Owen Lydon

(Mobile) 087 813 6305

E-mail: Owen.lydon@hotmail.com

Hon. Treasurer: Name: Sean Carter

(Mobile) 086 828 5050

E-mail: seancarter@eircom.net

Senior Vice-President: Name: John Ward

(Mobile) 086 891 6438

E-mail: johnward1072352@gmail.com

P.R.O.: Name: Declan Slattery

(Mobile) 087 775 9398

 $E\hbox{-mail: declans lattery@live.ie}\\$

Captain: Name: David Cunningham

(Mobile) 087 705 5899

E-mail: david.cunningham63@yahoo.com

Vice-Captain: Name: Shane O'Neill

(Mobile) 087 900 3276 Email: Shaneo291@yahoo.ie

Results Co-Coordinator: Name: Owen Lydon

(Mobile) 087 813 6305

E-mail: Owen.lydon@hotmail.com

Branch Delegates:

Delegate 1: Name: John Carr

(Mobile) 087 257 4537

E-mail: ballymote@gmail.com

Delegate 2: Name: John Hegerty

(Mobile) 087 908 9730

E-mail: John.hegerty@agriculture.gov.ie

Youth Delegate: Name: John Ward

(Mobile) 086 891 6438

E-mail: johnward1072352@gmail.com

Mini Delegate: Name: Sean LeLievre

(Mobile) 087 671 2143

E-mail: seanlelievre@hotmail.com

Women's Rugby Contact: Pamela Devaney

E-Mail: Pamela.devaney@nuigalway.ie

WESTPORT R.F.C.

Address: Carrowholly, Westport.

Telephone: 098 25700

Grounds: Carrowholly, Westport.

Colours: Jersey: Navy & Blue Shorts: Navy Hose: Navy Blue.

E-Mail: westportrfc@hotmail.com

President: Pat McCormack, Barley Hill, Westport, County Mayo

Hon. Secretary: James Ward, Belclare, Westport, Co Mayo

(M) 087 6962200 (H) 098 25178 (W) 098 25100

E-mail: james.ward@patrickjdurcan.ie

Fixtures Sec.: Des Reidy, Castlebar Rd, Westport, Co Mayo

(M) 087 6875900 (H) 098 25361 (W) 098 25361

E-mail: dessiereidy@eircom.net

Hon. Treasurer: Richie Horkan, 'Rathmullan' Belclare, Westport, Co. Mayo.

(M) 087 9872206 (H) 098 29650 (W) 096 74896 (F) 096 74869

E-mail: rhorkan@eur.ko.com

P.R.O.: Conor McKeown, 21 The Fairways, Westport, Co. Mayo

E-mail: conor.p.mckeown@gmail.com

Captain: Liam Scahill

Results Coordinator: Des Reidy, Castlebar Rd, Westport, Co Mayo

(M) 087 6875900 (H) 098 25361 (W) 098 25361

E-mail: dessiereidy@eircom.net

Branch Delegates:

Delegate 1: Joe Corcoran, Sheeaune, Westport, County Mayo

(M) 085 8564754 or 087 7217255

(Office) 098 56123

E-mail: joeycor@eircom.net

Delegate 2: Michael McCormack, Belclare, Westport, Co. Mayo.

(M) 087 2820664 (H) 098-25915 (W) 098 25619

E-mail: michael.d.mccormack@gmail.com

Youth Delegate: Sean Brady

E-Mail: Sbrady@mayococo.ie

Mini Delegate: Deaglan O'Riain, Ballintleve, Clogher, Westport, Co. Mayo

(M) 087 1493860

E-Mail: dored3wrfc@gmail.com

Women's Rugby Contact: Dermot Ruddy

E-Mail: ruddydermot@gmail.com

MINI CLUBS AFFILIATED TO THE CONNACHT BRANCH

An Ghaeltacht R.F.C.

Address: An Sruthán, An Cheathrú Rua, Conamara, Co na Gaillimhe.

Telephone: 087 2557444

Grounds: Pairc Uí Chathanaigh, An Cheathrú Rua, Conamara, Co na Gaillimhe.
Colours: Jersey: Black, Yellow, Red, Blue Shorts: Black Socks: Black

E-Mail: ciandebuitléar@eircom.net

Hon. Secretary: Cian de Buitléar An Sruthán, An Cheathrú Rua, Conamara, Gaillimhe.

(M) 087 2557444

E-Mail: ciandebuitléar@eircom.net

Fixtures Sec.: Cian de Buitléar An Sruthán, An Cheathrú Rua, Conamara, Gaillimhe.

(M) 087 2557444

E-Mail: ciandebuitléar@eircom.net

Hon. Treasurer: Bairbre de Buitléar An Sruthán, An Cheathrú Rua, Conamara, Gaillimhe.

(M) 087 2557444

E-Mail: bairbredeb@gmail.com

Chairman: Paul Mercier Pointe, An Cheathrú Rua, Conamara, Co na Gaillimhe.

(M) 085 1554915

Email: Paulmercier2@eircom.net

P.R.O.: Mícheál Ó Domhnaill, Bothar Buí, An Cheathrú Rua, Conamara, Gaillimhe.

(M) 087 6535771

E-Mail: Micheal@fibin.com

Youth Delegate: Cian de Buitléar An Sruthán, An Cheathrú Rua, Conamara, Gaillimhe.

(M) 087 2557444

E-Mail: ciandebuitléar@eircom.net

Mini Delegate: Cian de Buitléar An Sruthán, An Cheathrú Rua, Conamara, Gaillimhe.

(M) 087 2557444

E-Mail: ciandebuitléar@eircom.net

Ballaghaderreen R.F.C.

Club Email: info@ballaghrugby.com

President: Gerry Forrest, St Anthony's, Pound Street, Ballaghaderreen Co.

Roscommon. (M) 087 6306856

E-mail: gerryforrest@hotmail.com

Hon. Sec: Gerry Forrest, St Anthony's, Pound Street, Ballaghaderreen Co.

Roscommon. (M) 087 6306856

E-mail: gerryforrest@hotmail.com

Child Welfare Officer: Ciaran Lowry, (M) 086 2848633

Erris R.F.C

Club: Erris Rugby Football Club.

Address: Gladree, Belmullet, Co. Mayo.

Telephone: 086 8172667

Grounds: Kilmore Community Sportsfield, Drum, Belmullet, Co. Mayo. **Colours:** Black and red jerseys, black shorts and black/red socks

Club Email: errisrugby@gmail.com

President: Name: John Keane

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Na Bairneachaí R.F.C.

Address: Forramoyle West, Barna Co Galway

Telephone: 087 2657 683

Grounds: McGraths Field - Knocknacarra

Colours: Jersey: Red with white & navy panels Shorts: Navy Socks: Red and Navy

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South Sligo R.F.C.

Grounds: Corran Park Ballymote And the Convent Pitch Ballymote
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