

LOOK SEXY NOW!

RULES FOR A HOT & HAPPY LIFE
CAMERON DIAZ

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STRONG BODY
GLOWY SKIN

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FSR



6 SIMPLE WAYS TO SAVE THE WORLD

In developing countries across the globe, some of the **biggest crises facing women** are all about access—to education, health care, even clean water. But who says **SAVING LIVES** has to be complicated or expensive? Sometimes the **most effective solutions** are also the simplest **BY HELEN COSTER PHOTOGRAPHS BY GRANT CORNETT**



Big Problem: DIRTY DRINKING WATER

One in nine people around the globe—nearly all of them based in the developing world—lack clean, potable water. The result: 3.4 million people die of water-, sanitation-, and hygiene-related causes like diarrhea and typhoid every year.

Simple Solution: A PURIFYING STRAW

Developed by Swiss company Vestergaard, the LifeStraw eliminates 99.9 percent of all waterborne bacteria and parasites. Easy to use and cheap to manufacture, it sells for \$10 to government agencies and nonprofits that buy the device in bulk and hand them out for free. So far, LifeStraws have been distributed to millions in 64 countries.

Purchase your own LifeStraw (buylifestraw.com) and Vestergaard will distribute a portion of your payment to fund water purifiers in Africa.



Big Problem: TOXIC COOKERS

Nearly half the world's population still cooks over open fires or using rudimentary stoves, with fuel consisting of whatever's cheap and readily available, like dung, coal, and wood. For the women and girls often responsible

for the cooking, it's an especially dangerous chore. The World Health Organization estimates that air pollution from solid-fuel cooking contributes to more than 4 million premature deaths annually.

Simple Solution: A SMOKELESS STOVE

African Clean Energy, a South African manufacturer, sells an "ultra-clean" cookstove that consumes 70 percent less fuel and reduces toxic emissions by as much as 95 percent. Priced at

roughly \$65, the stove pairs with a solar panel to recharge the battery and an LED light, and has a USB port to power up a cell phone while dinner's heating up.

To find out more about the ultraclean cookstove, visit africancleanenergy.com.