

# Naturopathic Medicine

## History and Professional Formation

# Timeline

*A work in progress*



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*Northwest Naturopathic Physicians Convention (NWNPC)*  
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*Our profession was built by you and those who came before us! This timeline will always be a work in progress. Please add or correct important events, people, and dates that you know. Raise the profession's awareness about its foundations; the important moments, stories and people who built them, as naturopathic medicine builds a vital, healthy and prosperous future together.*

### Elements determining professional viability and success

*Regulatory Acknowledgement*  
*Educational Standards and Accreditation*  
*Codification of Knowledge*

**This timeline maps these benchmarks of an emerging profession's maturation**

**PROFESSIONAL ASSOCIATIONS: NATIONAL, PROVINCIAL, STATE**  
**LICENSURE, REGULATORY AND LICENSING BOARDS, AND EXAMINATIONS**  
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*A first edition Foundations of Naturopathic Medicine textbook  
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#### HOW TO ENTER:

1. Give us a correction or new information for the timeline. Tell us who, what, when, (and if you know this, where can this information be referenced)? Put it up on the timeline!

#### THEN:

2. Write it on a business card and drop it in the Box at the FNM/NCNM booth - OR -
3. Write it on a piece of paper with your name and contact information and drop it in the Box - OR -
4. Fill out an entry form at the FNM/NCNM booth or one in your registration packet, and drop it in the Box. Winner will be drawn 11:00 am Sunday.

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A special thank you to these landmark naturopathic texts used to identify many Canadian and early naturopathic historical events. Permission generously given by Iva Lloyd ND for the numerous Canadian events cited.

"The History of Naturopathic Medicine: A Canadian Perspective." Iva Lloyd. 2009. McArthur & Company, Toronto  
"Nature Doctors: Pioneers in Naturopathic Medicine." Friedhelm Kirshfeld and Wade Boyle. 2005. NCNM Press, Portland

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## 1493

**1493** - Many would say the timeline begins with Paracelsus, many say it begins earlier. Paracelsus was born in Switzerland (d. 1541). Practitioner and investigator of natural sciences, hermetics and alchemy, considered the "Father" of modern medicine, chemistry, toxicology, pharmacy, root influence of homeopathy, phytotherapy; other schools of practice and philosophy

## 1700s

**1738** - J.S. Hahn authors "*On the Power and Effect of Cold Water*"

**1762** - Christof Wilhelm Friedrich Hufeland (d. 1836) Major articulator of vitalistic medicine

**1790** - Hahnemann verifies curative action of Cinchona bark applying homeopathic methodology

**1796** - Makrobiotik oder Die Kunst, das menschliche Leben zu verlängern

**1798** - Johann Schroth (d. 1856) student of Priessnitz, introduces moist heat therapy

**1799** - Vincent Priessnitz (d. 1852) founder of hydrotherapy, uses cold water therapy

## 1800 - 1829

**1805** - J.H. Rausse (d. 1848) articulates scientific principles of water cure

**1810** - The term "eclectic" is coined by Constantine Samuel Rafinesque (1784-1841) to refer to physicians who employed whatever is found to be beneficial to their patients (eclectic being derived from the Greek word "eklego", meaning "to choose from").

**1810** - Samuel Hahnemann publishes "*The Organon of Rational Medical Science*," founds discipline of homeopathic medicine. The Organon becomes central influence in naturopathic theory, influencing Lindlahr, Spittler and others.

**1819** - Daniel Drake founds Medical College of Ohio

**1821** - Sebastian Kneipp (d. 1897) promotes hydrotherapy and healthy holistic lifestyle, becomes link between European nature cure and American naturopathy

**1822** - Samuel Thomson publishes "*New Guide to Health; or Botanic Family Physician*"

**1823** - Arnold Rikli (d. 1906) founder of light and air cures, introduces contrast water baths and use of steam

**1824** - Theodore Hahn (d. 1883) furthers hydrotherapy, vegetarianism, promotes self-responsibility

**1827** - Wooster Beach breaks with Thomson over professionalism and founded the United States Infirmary in New York

**1829** - Wooster Beach founded the Reformed Medical College of New York

## 1830 - 1849

**1830** - Reformed Medical College of Ohio founded (also known as Worthington Medical College)

**1830s** - Alva Curtis splits from Thomson and creates his own Independent Thomsonian Medical Society, botanical physicians known as "physio-medical" or "physio-pathic" practitioners

**1833** - Last German edition (5th Edition) of *The Organon of Medicine* published by Samuel Hahnemann. Sixth Edition published after Hahnemann's death, based on notes to Fifth Edition, new concepts introduced

**1835** - Louis Kuhne (d. 1907) introduces concept of "unity of disease" and cure due to excess foreign matter or food in the body

**1835** - Sylvester Graham authors "*A Defence of the Graham System of Living: Or, Remarks on Diet and Regimen. Dedicated to the Rising Generation*"

**1836** - Physio-Medical College of Ohio (Botanico-Medical of Ohio) founded by Alva Curtis in Columbus, Ohio

**1836** - The North American Academy of the Homoeopathic Healing Art, the first homeopathic school in the US, was founded in Allentown, PA, by Dr. W. Wesselhoeff (1794-1858).

**1837** - Enchiridion Medicum, or, The Practice of Medicine

**1839** - Dr. Adolph von Lippe emigrates to United States. Presents himself to Allentown Academy of the Homoeopathic Healing Art, eventually granted diploma from Dr. Constantine Hering (1800-1880), as President of the institution, on July 27, 1841. Dr. von Lippe filled Chair of Materia Medica in the Homoeopathic College of Pennsylvania from 1863 to 1868.

**1839** - American Medical College (Eclectic) founded. In 1857, merges with Eclectic Medical Institute

**1841** - Botanico-Medical College of Ohio moves and becomes The Physio-Medical College of Cincinnati, also known as the Cincinnati Literary and Scientific Institute; closes 1880.

**1842** - Reformed Medical College of Cincinnati is founded; closes/merges 1845

**1843** - Eclectic Medical Institute - First class graduates in 1833 at Worthington, Ohio: Class graduates each year except 1839-43, last class graduates in 1929. Re-opens in 1931, last class graduates in 1939.

**1843 or 1844** - First U.S. hydropathic facility is established by Joel Shew or Russell Thatcher Trall, M.D.

**1844** - The American Institute of Homeopathy is established and becomes America's first national medical society.

**1845** - The Eclectic Medical Institute receives its charter from the state of Ohio.

**1846** - American Medical Association (AMA) founded in response to the growth of homeopathy

**1848** - The Homeopathic College of Pennsylvania is established by Constantine Hering, Jacob Jeanes and Walter Williamson

## 1850 - 1869

**1850** - William Horsell and R.T. Trall author "*Hydropathy for the People: With Plain Observations of Drugs, Diet, Water, Air and Exercise*"

**1850** - Ernst Schweningen (d. 1924) opens first nature cure hospital, located in Berlin

**1852** - John Harvey Kellogg (d. 1943) patents first 'health food' cereal, writes several influential books (including *Rational Hydrotherapy*) and builds sanitarium

**1853** - R.T. Trall authors "*The Hydropathic Encyclopedia*"

**1855** - American Medical Association institutes a "consultation clause" in their code of ethics which stated that orthodox physicians would lose membership in AMA if they consult with a homeopath or any other "unorthodox" practitioner.

**1856** - Emanuel Felk (d. 1926) introduces clay poultices to Nature cure movement

**1859** - Eclectic College of Medicine and Surgery - Formed by split from Eclectic Medical Institute, merged with the same Institute

**1859** - Physio-Medical Institute - Transfers to Chicago, IL and becomes Physio-Medical Institute of Chicago; closed 1885.

**1859** - Adolph Just (d. 1939) introduces/advocates concept of healing crisis, promotes self-care

**1860** - John Milton Scudder and with Eli Jones publish "*American Eclectic Materia Medica and Therapeutics*" (with numerous revisions) (12th edition, 1898)

**1860** - Heinrich Lahmann (d. 1905) one of the first scientific nature doctors

**1862** - Henry Lindlahr (d. 1924) founder of scientific naturopathy and naturopathic clinical theory

**1864** - John Milton Scudder authors and publishes "*Eclectic Practice of Medicine*" (with many revisions until 1906.)

**1865** - Franz Schonenberger (d. 1933) one of the first University professors for nature cure methods

**1866** - John Milton Scudder authors and publishes "*Principles of Medicine*"

**1867** - John Milton Scudder authors and publishes "*Diseases of Children*" (revised, 1881)

**1867** - Edwin M. Hale, M.D. authors "*New Remedies: Their Pathogenetic Effects and Therapeutical Application in Homoeopathic Practice*" which brings many New World herbs into the homeopathic materia medica

**1868** - Louisa Lust (d. 1925) naturopathic doctor, wife of Benedict Lust, financially supports early growth of naturopathic medicine

**1868** - Bernarr Macfadden (d. 1955) leader of the physical culture movement

**1869** - The Homeopathic College renamed in honor of Samuel Hahnemann, founder of homeopathic medicine, as Hahnemann Medical College. In 1982 Hahnemann Medical College gained university status as Hahnemann University. In 2002, Drexel University board of trustees voted unanimously in favor of merging Hahnemann University into Drexel.

**1869** - William Cook authors "*The Physio-Medical Dispensatory*"

## 1870 - 1899

**1870** - John Milton Scudder authors and publishes "Specific Medication and Specific Medicines"

**1872** - Benedict Lust (d. 1945) founder of American naturopathy

**1873** - Fredrick W. Collins (d. 1948) embraces the eclectic aspects of naturopathic medicine, establishes the first free naturopathic clinic

**1873** - Pulte Medical College (Homeopathic) - Merges with the Cleveland Homeopathic Medical College, 1910.

**1874** - Andrew Taylor Still initiates practice of osteopathy in the United States

**1874** - John Milton Scudder authors and publishes "The Reproductive Organs and Venereal Diseases" and "Specific Diagnosis"

**1875** - Michigan legislature votes to give money to a new hospital as long two homeopathic professors are allowed to teach at the University of Michigan.

**1879** - Otis G. Carroll (d. 1962) introduces constitutional hydrotherapy and the concept of food sensitivities

**1880** - John H. Kellogg, M.D. authors "The Home Handbook of Domestic Hygiene and Rational Medicine" (revised 1886, 1899)

**1887** - James C. Thomson (d. 1960) Scottish nature cure pioneer

## 1890

**1891** - A. Reinhold opens a Kneipp Sanitarium, located in New York

**1892** - Stanley Lief (d. 1963) England's foremost naturopath

**1895** - Daniel David Palmer establishes chiropractic

**1895** - John Scheel, German homeopath, coins the term "naturopathy"

**1896** - Benedict Lust founds New York School of Massage and the American School of Chiropractic, within the same facility as Lust's Kneipp Institute.

**1896** - Benedict Lust begins publishing "Kneipp Water-Cure Monthly" and its German language counterpart in New York City

**1897** - First school of chiropractic, Palmer School of Chiropractic, opens in Iowa

**1897** - James T. Kent publishes his first homeopathic repertory

**1898** - Harvey Wickes Felter and John Uri Lloyd publish "King's American Dispensatory"

**1898** - Alfred Brauchle (d. 1964) establishes cooperation between natural and allopathic medicine, conducts the "great nature cure experiment" in Dresden hospital

**1898** - Arno R. Koegler (d. 1991) influential Canadian ND, involved in securing Ontario regulation, promotes use of homeopathy and iridology

## 1900 - 1915

**1900** - Benedict Lust opens first naturopathic school, American School of Naturopathy, in New York City

**1901** - Benedict Lust organized the Naturopathic Society of America

**1901** - Kneipp Convention held in New York, marks birth of Naturopathy in America

**1901** - J.H. Kellogg, M.D. authors "Rational Hydrotherapy: A Manual of the Physiological and Therapeutic Effects of Hydratic Procedures and the Technique of Their Application in the Treatment of Disease"

**1902** - Benedict Lust purchases the term 'naturopathy', opens Yungborn Sanitarium in New Jersey

**1902** - Benedict Lust changes name of publication to "The Naturopath and Herald of Health", which continues publication, under different names, through 1944

**1903** - David M. R. Culbreth authors "A Manual of Materia Medica and Pharmacology"

**1906** - Lindlahr Sanitarium for Nature Cure and Osteopathy opens in Chicago

**1908** - Simon Baruch authors "The Principles and Practices of Hydrotherapy"

**1909** - California becomes first state to pass legislation for naturopathic medicine

## 1910

**1910** - Lindlahr College of Nature Cure and Osteopathy founded in Chicago, later renamed Lindlahr College of Natural Therapeutics

**1910** - Release of Carnegie Foundation Bulletin Number Four, commonly known as "The Flexner Report"

**1912** - John Bastyr (d. 1995) - physician model for and "father" of modern day naturopathic medicine. Integrates science, philosophy, patient centered care with physical medicine and wide integration of naturopathic modalities, including nature cure

**1913** - Henry Lindlahr authors and publishes "Nature Cure: Philosophy and Practice Based on the Unity of Disease and Cure," the standard text in the field for decades

**1914** - Benedict Lust opens Yungborn Sanitarium in Florida

**1915** - Drugless Physicians Association is formed in Ontario

**1915** - Finley Ellingwood and John Uri Lloyd publish "American Materia Medica Therapeutics and Pharmacognosy"

### CATEGORIES COLOR KEY

PROFESSIONAL ASSOCIATIONS: NATIONAL, PROVINCIAL, STATE LICENSURE, REGULATORY AND LICENSING BOARDS, AND EXAMINATIONS ACCREDITATION  
ACADEMIC: COLLEGES AND COLLEGE COUNCILS  
RESEARCH: INSTITUTES GRANTS, PUBLICATIONS  
LEGISLATION AND PUBLIC POLICY  
CODIFYING OF DEFINITION, PRINCIPLES, THEORY  
BODY OF KNOWLEDGE  
MAINSTREAM COLLABORATION AND INTEGRATION

## 1916 - 1926

**1916** - Joseph A. Boucher (d. 1987) inspiring teacher and advocate of naturopathic medicine

**1917 - 1937** - Halycon years for naturopathic medicine

**1917** - Louis Kuhne authors and B. Lust publishes "Neo-Naturopathy: The New Science of Healing or the Doctrine of Unity of Diseases"

**1918** - "First Universal Naturopathic Directory and Buyer's Guide A Yearbook of Drugless Therapy" published

**1919** - Lust leads founding of the American Naturopathic Association (ANA), after formally dissolving the Naturopathic Society of America due to its insolvency

**1919** - Washington State licensed

**1920** - Connecticut State licensed

**1920** - British Columbia provincial association founded

**1920** - Over 20 naturopathic schools exist in the United States

**1921** - Amendment to British Columbia Medical Act allows practice of naturopathy and chiropractic

**1921** - Victor G. Rocine authors "Foods and chemicals: The science of correct foods for each of the 19 constitutions of mankind ... as discovered by Victor G. Rocine being systematically ... the auspices of "The Human Nature Club"

**1921** - V.G. Rocine authors "Chemical Diagnosis: Biochemistry"

## 1922

**1922** - Arnold Ehret's "Rational Fasting: Regeneration Diet and Natural Cure for All Diseases" translated into English

**1922** - J.H. Kellogg, M.D. authors "Autointoxication or Intestinal Toxemia"

**1922** - Harvey Wickes Felter's "Eclectic Materia Medica" published.

**1923** - British Columbia regulated under The Medical Act

**1923** - Northwest College of Naturopathy is founded

**1924** - Harry M. Hoxsey, ND opened first clinic

**1925** - Hawaii jurisdiction licensed (not yet a state)

**1925** - Ontario Province Licensed, regulated under Drugless Practitioners Act

**1925** - Nature's Path, a monthly lay journal, first published by Benedict Lust, continues until 1953

**1926** - John H. Tilden authors "Toxemia Explained: The True Interpretation of the Cause of Disease"

## 1927 - 1950

**1927** - Two thousand NDs in America, 10,000 practitioners at naturopathic conferences

**1927** - Oregon State licensed

**1927** - Florida State licensed

**1927** - J.H. Kellogg, M.D. authors "*New Dietetics: A Guide to Scientific Feeding in Health and Disease*"

**1929** - J.H. Kellogg, M.D. authors "*Art of Massage: A Practical Manual for the Nurse, the Student and the Practitioner*"

**1930** - Institute of Naturopathic Sanipractic Physicians formed

**1930** - Many naturopathic colleges closed or marginally functional

**1931** - Mrs. Maud Grieve authors "*A Modern Herbal*"

**1932** - Pacific College of Chiropractic is reorganized and renamed Western States College

**1935** - Arizona State licensed

**1935** - John Tilden, M.D. authors "*Toxemia Explained*"

**1936** - Association of Naturopathic Physicians of British Columbia (ANPBC) is established, W. Arthur Paskins, founding Chair

**1936** - British Columbia Province Licensed, regulated by Naturopathic Physicians Act

**1939** - Central States College founded

**1936** - Naturopathic Association of Alberta is established

## 1940

**1946** - Manitoba Naturopathic Association (MNA) established, Fred Ripley, founding Chair

**1946** - Manitoba regulated under The Naturopathy Act

**1948** - Alberta Association of Naturopathic Physicians (AANP) established, Colin Skaken, founding Chair

**1948** - Alberta regulated under Drugless Practitioner Act

**1949** - Canadian Association of Naturopathic Physicians (CANP) established by Doctor's Parson, Budd, Skaken, Schnell, Fulton. Fred Parson, founding Chair until 1957

**1950** - Ontario Naturopathic Association (ONA) established, Leonard Bailey, founding Chair

## 1951 - 1958

**1951** - Paul Wendel publishes "*Standardized Naturopathy*"

**1952** - National College of Drugless Physicians in Chicago terminates ND program leaving Western States College to offer DC and ND degrees.

**1953** - Efforts by the profession to organize accreditation body began

**1953** - A.W. Kuts-Chereaux authors "*Naturae Medicina and Naturopathic Dispensatory*", published by American Naturopathic Physicians and Surgeons Associations

**1953** - John Christopher founds School of Natural Healing

**1954** - Saskatchewan Association of Naturopathic Physicians (SANP) established, Bernard Hansen, founding Chair

**1954** - Saskatchewan regulated under The Naturopathy Act

**1955** - Canadian Naturopathic Association (CNA) incorporated, name changed from CANP. Charter members include Fred Loeffler and GR Farnsworth

**1955** - Board of Directors of Drugless Therapy -Naturopathy established in Ontario. Robert Farquahrson is founding Chair

## 1956

**1956** - National Association of Naturopathic Physicians (NANP) founded

**1956** - Inaugural Northwest Naturopathic Physicians Convention (NWNPC) in Nanaimo, B.C., launched by Joe Boucher, Doug Kirkbride, and Gerry Farnsworth

**1956** - Board of Directors of Drugless Therapy - Naturopathy (BDDT-N) established

**1956** - Western States Chiropractic College ends naturopathic degree program, last program in U.S.

**1956** - NCNM (National College of Naturopathic Medicine), established primarily by BC, WA and OR Associations, founded by Charles Stone, Frank Spaulding, and W. Martin Bleything signing Charter

**1956** - Henry M. Merritt is Founding President, NCNM

**1956** - Harry Riley Spittler authors "*Basic Naturopathy*"

**1957** - Albert Russell, Chair of CNA until 1958

**1957** - Washington law changes designation from sanipractic to naturopathic doctor.

**1958** - National Association of Naturopathic Physicians (NANP) is formed by merging American Association of Naturopathic Physicians (AANP) and American Naturopathic Association (ANA)

**1958** - Ross Skaken is Chair of CNA until 1960

**1958** - NCNM moves from Hawthorne Street to Dr. Nobel's office in the Postal Building, downtown Portland. Carl E. Salomon is President until 1960

**1959** - Florida Licensure Law revoked

**1959** - Central States College, Dr. Spittler's mechanotherapy/naturopathic school in Ohio closes

## 1960 - 1977

**1960** - No new state licensure laws or loss of existing laws.

**1960** - Douglas Kirkbride, Chair of CNA until 1965

**1960** - NCNM moves primary teaching to Seattle, later returns satellite program to Portland. Under Ken Harmon, NCNM hires first PhD basic sciences faculty. Less than 20 primary (ND only) graduates of NCNM during this decade, most N.D.s are second degrees for DCs

**1960** - James Millar is President of NCNM until 1965

**1963** - Sierra States College in California closes naturopathic program

**1963** - Unity Meeting held between Canada and the US profession with respect to the definition of naturopathic medicine

**1965** - Lawrence Schnell, Chair of CNA until 1974

**1965** - Robert Fleming is President, NCNM

**1965** - US Department of Labor Dictionary of Occupational Titles publishes definition of Naturopathy - modality and therapy based, does not define profession based on philosophy: "diagnoses, treats and cares for patients." Does not acknowledge NDs as physicians

**1965** - Naturopathic services are partly covered under B.C.'s provincial medical plan

**1965** - Amendment to British Columbia Medical Act eliminates legal practice of homeopathy by medical doctors. Naturopathic doctors still allowed to practice homeopathy

**1968** - Betty Radelet ND earns ND degree as widowed mother of seven

## 1970

**1970** - Joint CNA and Northwest Naturopathic Convention

**1970** - Walter Adams, President, NCNM

**1971** - Beginning of resurgence of student interest in naturopathic medicine. NCNM sees steady annual increases in student admissions

**1973** - Robert Broadwell establishes NCNM program in Kansas. Seattle continues NCNM teaching program. NCNM Clinic for Kansas students established at the Postal Building in downtown Portland. Dr. Broadwell is involved in early research efforts by the profession on Gelsemium, arsenicum, other studies.

**1976** - Seattle NCNM program graduates its last class

**1976** - John Bastyr is President of NCNM until 1981

**1977** - NCNM graduates first Kansas/Portland class.

**1977** - Canadian Memorial Chiropractic College (CMCC) ends naturopathic program

## 1978 - 1982

**1978** - William Morris is Chair of CNA until 1980

**1978** - Federation of State Licensing Boards founded

**1978** - Council on Naturopathic Medical Education (CNME) founded, M.W. Loflin is founding Chair

**1978** - William Keppler, PhD appointed Commissioner on Northwest Commission on Colleges and Universities (NWCCU) formerly NASC

**1978** - John Bastyr College of Naturopathic Medicine (JBCNM) Seattle founded by Joseph Pizzorno, William Mitchell, Les Griffith and Sheila Quinn; admits first class of 35. Pizzorno is founding President until 2000. Quinn is Vice President. Mitchell is first Dean of Admissions, Les Griffith on BOD, leads state licensure advances.

**1978** - Ontario College of Naturopathic Medicine (OCNM) founded in Toronto, by Farquharson, Hershoff, LaPlante, Schrubb, Smith, Morris; Arno R. Koegler, President Emeritus

**1978** - Eric R. Shrubbs, President of OCNM until 1981

**1978** - Bastyr mission cites "Science based natural medicine"

**1979** - NCNM closes Kansas campus; NCNM now entirely based in Portland

**1979** - NCNM establishes the first ND residency program

## 1980

**1980** - Joseph Boucher is Chair of CNA until 1985

**1980** - JBCNM opens teaching clinic

**1981** - Nevada State licensure

**1981** - NCNM purchases its first campus on SE Market Street, Portland

**1981** - Jan Harris is President of NCNM

**1981** - John Bastyr is President Emeritus of NCNM

**1981** - Bernard Jensen, ND, DC authors "Tissue Cleansing Through Bowel Management"

**1982** - American Naturopathic Medical Association (ANMA) founded

**1982** - National Association of Naturopathic Physicians (NANP), oldest professional naturopathic organization in the U.S., files for bankruptcy

**1982** - Independent law for "Schools of the Healing Arts" is sunsetted. NCNM degree granting authority is jeopardized

**1982** - NASC (now NWCCU) conducts regional accreditation site visit at JBCNM. William Keppler, PhD participates in site visit.

**1982** - JBCNM graduates its first class

**1982** - Homeopathic Academy of Naturopathic Physicians (HANP) founded, Portland

**1982** - Robert Farquharson is President of OCNM until 1983

## 1983 - 1985

**1983** - ANMA incorporates, with no activity, profession lets the organization go its own way

**1983** - Institute of Naturopathic Education and Research (INER) established, John LaPlante is founding Chair

**1983** - Oregon Board develops formulary of allowable prescriptive medicines. OANP defends rights of prescription in legislative assault

**1983** - JBCNM receives candidacy status from regional accreditation agency Northwest Association of Schools and Colleges (NASC), now Northwest Commission on Colleges and Universities (NWCCU)

**1983** - NCNM receives candidacy status from Oregon Higher Educational Coordinating Committee.

**1983** - Satya Ambrose ND, LAc and Eric Stephens DAOM, LAc co-found Oregon College of Oriental Medicine (OCOM), sharing facilities with NCNM

## 1984

**1984** - Informal start of AANP as new name and structure for national organization. Bill Tribe volunteers as Executive Secretary in office housed at NCNM

**1984** - NPLEX, national, standardized exams, formed

**1984** - JBCNM establishes BS and MS programs in nutrition, changes name to Bastyr College (BC)

**1985** - AANP is formally incorporated, December 30. James Sensenig ND is founding President (1985-1987). Cathy Rogers is First Speaker of the House of Delegates (HOD) and founding Vice-President. Bill Tribe is first executive director, in volunteer capacity. Founding Board: Irv Miller, Michael Cronin, Ed Hoffman Smith, Allen Gamble, Cordell Logan, Joe Pizzorno, Cathy Rogers, Jared Zeff

**1985** - Roger McHan is Chair of CNA until 1987

**1985** - Naturopathic Physicians Licensing Examination (NPLEX) Board founded by licensed jurisdictions and colleges; Ed Hoffmann-Smith is founding Chair. Prior to 1986, each licensed state and province prepared its own set of board licensing examinations

**1985** - Horace Nealey, President, NCNM until 1990

**1985** - Joseph Pizzorno and Michael Murray publish "A Textbook of Natural Medicine", considered the first NM textbook in North America since Spittler's "Basic Naturopathy" in 1956

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## 1986 - 1988

**1986** - AANP holds first annual convention in Arizona.

**1986** - NPLEX publishes Part II-Clinical Sciences Exams

**1986** - Alaska passes practice act for naturopathic medicine.

**1986** - Hawaii sunset review of naturopathic licensing law, legislature indicates there should be a national licensing examination following national standards

**1986** - Bastyr College establishes research department, founded through grants from Lon Maxfield and Al Czap with Don Brown as the first director

**1986** - AANP begins process of writing position papers and defining profession.

**1987** - AANP Alderbrook WA Convention "What is a Naturopathic Physician?" Jim Sensenig President, Cathy Rogers Convention Chair, Vice President. Carlo Calabrese, ND selected as first AANP "Physician of the Year." Robert Broadwell, ND given first AANP "President's Award." First significant modern US national convention with over 170 NDs

**1987** - John Cosgrove is Chair of CNA until 1989

**1987** - Nevada naturopathic practice act revoked

**1987** - State of Washington changes practice act from "Naturopathic Doctor" to "Doctor of Naturopathic Medicine".

**1987** - CNME recognized by US Department of Education, William Bennett Secretary of Education

**1987** - Bastyr College accredited from CNME

**1987** - NCNM receives candidacy status for accreditation from CNME

**1987** - AANP HOD (Cathy Rogers, Speaker of the House) establishes Select Committee on the Definition of Naturopathic Medicine Co-Chaired by Pamela Snider & Jared Zeff (Kevin Wilson, Bill Wulson, Peter Glidden Green, Bruce Milliman)

## 1988

**1988** - Cathy Rogers, ND, new President of the AANP (1988-1990), \_\_\_\_\_ Speaker of the House of Delegates. James Sensenig, ND awarded "Physician of the Year", Joseph Pizzorno, ND receives "President's Award". AANP moves office from Portland to Seattle

**1988** - New Hampshire Naturopathic Association founded

**1988** - Canadian Naturopathic Educational Research Society (CNERS) established, founded by Robert and Ann Flemming

**1988** - Jim Spring ND is Chair of the BDDT-N until 1998

**1988** - NPLEX recognized by all state jurisdictions

**1988** - Bastyr College starts Healing AIDS Research Project. Standish & Guilfinan

**1988** - Steve Barrie, ND published in peer review literature two studies on supplements (garlic, 2 types of zinc)

**1988** - AANP launches Journal of Naturopathic Medicine at Missoula, Montana AANP Convention. Peter and Martha D'Adamo are founding Editors. First peer reviewed journal of naturopathic medicine

**1988** - Cancer Treatment Centers of America (CTCA) establishes national treatment center network with ND leadership, develops integrative oncology ND residencies (Birdsall, Alschuler, Prenguber et al)

## 1989 - 1990

**1989** - AANP hires first paid Executive Director, John Weeks. Pamela Snider, ND and Jared Zeff, ND LAc co-recipients of "Physician of the Year." Allen Gamble, ND receives "President's Award"

**1989** - Phillip Kemppling is Chair of CNA until 1991

**1989** - Bastyr College is accredited by the Northwest Association of Schools and Colleges (NASCC) now NW-CCU. William Keppler PhD is on site committee. First NM college to receive regional accreditation by federally recognized regional accrediting agency

**1989** - Jim Miller is President of NCM until 1993

**1989** - AANP HOD unanimously adopts Definition and Principles of Naturopathic Medicine Position Paper at AANP's Rippling River, OR Convention. First US profession-wide consensus definition of NM based on philosophy, principles of practice, and primary care.

**1989** - Consultant and former ND student Paul Bergner begins developing a series of AANP publications including on cost, safety and effectiveness that gain use throughout the profession.

## 1990

**1990** - Peter D'Adamo, ND awarded "Physician of the Year." Tori Hudson, ND and Paul Mittman, ND co-recipients of "President's Award"

**1990** - AANP HOD adopts Position Paper: *Naturopathic Code of Ethics*

**1990** - NPLEX publishes Part I-Basic Sciences Exam

**1990** - OCNM re-incorporated as Canadian College of Naturopathic Medicine (CCNM)

**1990** - Bastyr College establishes Acupuncture and Oriental Medicine degree programs. Peggy Smith is founder

**1990** - OCNM significantly reorganizes Board and Administration; appoints Don Warren President and Robert Schad Chairman of the Board

**1990** - Department of Education threatens to remove recognition of CNME. AANP-led campaign creates profession's first significant Congressional support to help maintain the recognition (1991). CNME/AANP Carlo Calabrese leads testimony to USDE

**1990** - Paul Mittman's double-blind study on the treatment of allergic rhinitis in *Planta Medica* is first randomized clinical trial published by an ND in an international peer-reviewed journal.

## 1991 - 1992

**1991** - Konrad Kail, ND, PA President of the AANP (1991-1992), Brent Mathieu, ND Speaker of the House of Delegates, Nancy Agenes, ND, LAc and Michael Bergkamp, ND co-recipients of "Physician of the Year," Brent Mathieu, ND awarded "President's Award."

**1991** - AANP HOD adopts Position Paper: *Vaccinations*

**1991** - First North American naturopathic medicine conference jointly sponsored by AANP and CNA, held in Whistler, BC "Into the Light" focused on outcomes of naturopathic treatment. First of what became an annual AANP research award developed and funded by NF Formulas. Conference co-chaired by John Weeks for the AANP and Mark Percival, DC, ND for the CNA

**1991** - Kail launches AANP "EPOP" – Every Person One Project" initiative, invites AANP members to engage their projects with AANP's support despite no budget. Evaluation in 2002 shows many of these projects came to fruition.

**1991** - Canadian Homeopathic Coalition (CHC) founded - convenes 39 organizations in Quebec, Montreal; develops consensus agenda and lobby regarding Canadian Natural Health Products regulation, starts pathway to Office of Natural Health Products

**1991** - Kelly Farnsworth is Chair of CNA until 1994

**1991** - Montana passes state licensure law

**1991** - NCM is accredited by CNME

**1991** - Kenneth Pownall is President, OCNM/CCNM until 1993

**1991** - Jim Miller is President of NCM

**1991** - Healing AIDS Research Project presented to British Parliament by Bastyr University's Leanna Standish, Jane Gullifinan; NCM's Tori Hudson

**1991** - US Department of Labor Dictionary of Occupational Titles updates definition of Naturopathic Physicians under term "Naturopath" by the modalities practiced by naturopathic physicians

**1991** - Congress passes legislation establishing the National Institutes of Health Office of Alternative Medicine (OAM)

## 1992

**1992** - Jamison Starbuck, ND, JD, President of the AANP (1992-1993), Brent Mathieu, ND is Speaker of the House of Delegates. Durr Elmore, ND awarded "Physician of the Year", Randall Bradley receives "President's Award"

**1992** - AANP HOD adopts Position Paper: *Physician's Oath*

**1992** - Institute of Natural Medicine (INM) founded by Jim Sensenig, Bob Timberlake, Harry Swope and Jim Strohecker. Sue Yirku is long time Executive Director, through 2009, becomes President in 2010. Establishes public benefit 501 C-3 to advance the profession. In 1995 INM receives The Sunshine Fund, a fund to build Dr. Bastyr a solarium before he died,

**1992** - National Institutes of Health Office of Alternative Medicine established, WA DC. Tori Hudson appointed to Advisory Council

**1992** - IBIS published by AMRTA after four years development by 100+ NDs, students and colleagues

**1992** - NARA, first NCM community clinic founded

## 1993

**1993** - Sheila Quinn becomes AANP Executive Director after John Weeks resigns to become first Director of Federal Affairs. Michael Cronin, ND & Kyle Cronin, ND are co-recipients of "Physician of the Year." Wade Boyle, ND receives "President's Award"

**1993** - AANP contacted to be included in small White House gathering of 2 dozen alternative healthcare stakeholder hosted by Hillary Clinton as part of Clinton reform effort. Joe Pizzorno, ND selected to participate. Pizzorno, Sandi Cutler, Weeks lead profession-wide effort to develop and publish a booklet on ND contributions to reform, included support letters from over a dozen members of Congress.

**1993** - AANP HOD adopts Position Paper: *Environment*, S Weiss, G Weiss, R Kirchner

**1993** - AANP HOD adopts Position Paper: *Homeopathy*, M Traub, L Aesoph, B Dickson, B Mathieu, J Reichenberg-Ullman, S King, J Winston, L Edwards, P Broadwell

**1993** - AANP Adopts Position Paper: *AIDS*, J Gullifinan

**1993** - British Columbia Naturopathic Association (BCNA) splits from ANPBC

**1993** - Southwest College of Naturopathic Medicine founded by Michael Cronin and co-founders Kyle Cronin, Konrad Kail, Debra Mainville-Knight, and Dana Keaton - receives Arizona private post secondary license

**1993** - Michael Cronin is founding President of SCNM until 1997

**1993** - Tim Duszynski is President of NCM until 1996

**1993** - Donald Warren is President of CCNM until 1996

**1993** - OCNM changes name to Canadian College of Naturopathic Medicine (CCNM)

**1993** - Washington State Insurance Commissioner Deborah Senn invites Bastyr University to help create models for better inclusion of complementary medicine in the state health care plan.

**1993** - Joseph Pizzorno appointed to congressional panel on Safety and Efficacy of Dietary Supplements.

**1993** - David Eisenberg, MD, et al, first survey on American use of "Unconventional Medicine" published in New England Journal of Medicine

## 1994 - 1995

**1994** - Thomas Kruzel, ND, President of the AANP (1994-1997), Timothy Birdsall, ND is Speaker of the House of Delegates. Rita Bettenberg, ND, PhD receives "Physician of the Year. Vida Fassler and Wall Fassler co-recipients of "President's Award"

**1994** - Kruzel works to re-establish AANP on solid financial footing, successfully eliminating a flurry of frivolous lawsuits filed by Donald Hayhurst (ANMA) against AANP; moves the AANP agenda forward including passage of Position Papers

**1994** - AANP adopts HOD Position Paper: *Civil and Human Rights*

**1994** - Nova Scotia Association of Naturopathic Doctors (NSAND) established, Lois Hare, founding Chair.

**1994** - Donald Warren is Chair of CNA until 1996

**1994** - New Hampshire passes state licensure law

**1994** - Council on Naturopathic Medical Education (CNME) publishes first Accreditation Handbook for Colleges

**1994** - Bastyr College changes its name to Bastyr University (BU) SCNM Research Program established by Ian Bier

**1994** - Consortium of Naturopathic Medical Colleges (CNMC) established. Michael Cronin, founding President

**1994** - Bastyr University receives first National Institutes of Health (NIH) grant, and first Center research grant from National Institutes of Health awarded to a "CAM" college, Principal Investigator, Leanna Standish. Establishes Bastyr University AIDS Research Center

**1994** - Bastyr University receives Ryan White federal grant for clinical services to HIV/AIDS patients

**1994** - Friedhelm Kirshfeld and Wade Boyle write and publish "Nature Doctors: Pioneers in Naturopathic Medicine"

**1995** - Jane Gultinan, ND receives "AANP Physician of the Year" Award; BU, NCNM and SCNM jointly receive "AANP President's Award"

**1995** - Quebec Professional Organization of Naturopathic Physicians (QPANP) established, Andre Saine is founding Chair

**1995** - Maine passes state licensure law led by Devra Kassner with Jim Sensenig, Bob Timberlake

**1995** - Vermont passes state licensure law led by State Association President, with Jim Sensenig (AANP) and Bob Timberlake

**1995** - New Hampshire passes licensure law led by Pamela Herring and Jim Sensenig, Bob Timberlake

**1995** - Federation of State Licensing Boards, Inc established, Founding President Michael Cronin

## 1995 - 1996

**1995** - Washington State passes health care reform legislation:

- "Every Category of Provider Law" (ECP law) mandates insurance coverage for ND, CAM services
- *Washington State Health Professional Loan Repayment and Scholarship Program (HPLRSP)* makes NDs eligible for student loan forgiveness for service to rural and urban underserved
- NDs included in Washington State Department of Health's primary health care professions
- Legislation authorizes ND collaboration with nurses in medical environments

**1995** - Pamela Snider appointed to Washington State Health Professional Loan Repayment and Scholarship Program (HPLRSP) Advisory Committee

**1995** - SCNM's Southwest Naturopathic Medical Center opens

**1995** - Bastyr University receives Ryan White federal funds, enabling the teaching clinic to provide free natural health care to low-income patients living with HIV/AIDS

**1995** - Washington State Insurance Commissioner Deborah Senn implements "every category law" establishes Office of the Insurance Commissioner's Clinician Workgroup on the Integration of Complementary and Alternative Medicine

**1995** - Dr. Bastyr - beloved "Father of Modern Naturopathic Medicine" passes away having inspired a new generation as the prototype of the modern ND; healer, philosopher, clinician, scientist, teacher, quiet and wise leader. "The medicine will come through"

## 1996

**1996** - Bruce Milliman, ND receives "AANP Physician of the Year", David Shefrin, ND and 11 major donors receive "AANP President's Award"

**1996** - Lois Hare, Chair of CNA until 1999

**1996** - Utah passes state licensure law, Sandra Gooch leads with Jim Sensenig (AANP) and Bob Timberlake

**1996** - Bastyr University relocates to 51 acre campus on Lake Washington in Kenmore, Washington

**1996** - University of Bridgeport College of Naturopathic Medicine founded by Jim Sensenig, founding Dean until 1997

**1996** - SNCM holds first graduation, campus moves to Tempe

**1996** - Clyde Jensen is President of NCNM until 2001

**1996** - David Schleich is President of CCNM until 2003

## 1996 - 1997

**1996** - King County Council (Washington) passes resolution to fund first publicly funded integrated public health clinic in the USA

**1996** - First Washington State HPLRSP student loan forgiveness award received by Cindy Breed, ND at Community Health Centers of King County Natural Medicine Clinic for service to underserved

**1996** - Joseph Pizzorno appointed to Seattle/King County Board of Health

**1996** - Southwest College Research Institute established at SCNM

**1996** - Bastyr University Research Institute (BURI) established by Standish and Calabrese

**1996** - DHHS, USPHS, Region X "Building Bridges Between Provider Communities Group" explores, advances CAM and ND integration in Northwest Region. With Richard Lyons, MD, Region X Director, co-hosts AANP Diabetes Day at Idaho Convention

**1996** - Bastyr University & Community Health Centers of King County (CHCKK) win contract to establish King County Natural Medicine Clinic (KCNMC) as first government-funded natural medicine clinic; co-directed by Jane Gultinan, ND

**1996** - NCNM expands community clinics to Portland Community College campuses and begins collaboration with Outside In, extending acute and chronic naturopathic care to homeless youth

## 1997

**1997** - CNERS changes name to Canadian Naturopathic Foundation (CNF)

**1997** - Konrad Kail, ND receives "AANP Physician of the Year", Pamela Herring, ND receives "AANP President's Award"

**1997** - INM reorganizes, advances under leadership of INM Chair and NCNM president Clyde Jensen, PhD. Sue Yirku becomes Executive Director (1997-2010). Yirku is ED for AANMC from 1998-2001. AANMC is launched from INM Committees to become a separate 501 C-6. INM remains under NCNM umbrella until 2008

**1997** - ONA changes name to Ontario Association of Naturopathic Doctors (OAND)

**1997** - Puerto Rico, US Territory, passes licensure law, led by \_\_\_\_\_

**1997** - University of Bridgeport College of Naturopathic Medicine (UBCNM) admits first class

**1997** - Bastyr University Cancer Research Center is founded by Leanna Standish ND, PhD, LAc

**1997** - NCNM establishes community clinic at Mt. Olivet Church

**1997** - Journal of Naturopathic Medicine publishes "The Process of Healing: A Unifying Theory of Naturopathic Medicine" seminal publication of modern naturopathic clinical theory by Jared Zeff ND, LAc

**1997** - CIGNA, major medical insurance company, signs contract covering Naturopathic medical care for Maricopa County, AZ employees

### CATEGORIES COLOR KEY

PROFESSIONAL ASSOCIATIONS: NATIONAL, PROVINCIAL, STATE LICENSURE, REGULATORY AND LICENSING BOARDS, AND EXAMINATIONS ACCREDITATION  
ACADEMIC: COLLEGES AND COLLEGE COUNCILS  
RESEARCH: INSTITUTES GRANTS, PUBLICATIONS  
LEGISLATION AND PUBLIC POLICY  
CODIFYING OF DEFINITION, PRINCIPLES, THEORY  
BODY OF KNOWLEDGE  
MAINSTREAM COLLABORATION AND INTEGRATION

## 1998

**1998** - Rick Brinkman, President of the AANP (1998-1999), \_\_\_\_\_ Speaker of the House of Delegates. William Mitchell, ND receives "AANP Physician of the Year," Clyde Jensen, PhD receives "AANP President's Award"

**1998** - QPANP renamed to Quebec Association of Naturopathic Medicine (QANM)

**1998** - Angela Moore ND is Chair of the BDDT-N until 2008, becomes Executive Director in 2009

**1998** - Federation of Naturopathic State Licensing Authorities established, Nan Dunne founding President

**1998** - SCNM receives initial candidacy for accreditation status with CNME

**1998** - CNME approval withdrawn by US Dept of Education

**1998** - CNME publishes Residencies Certification Manual

**1998** - Ed O'Connor is Interim Dean, University of Bridgeport

**1998** - Ron Hobbs is Dean at University of Bridgeport until 2000

**1998** - Bill Mitchell leads successful recruitment of first Bastyr University Board of Regents 1998 - 2000

**1998** - NCNM establishes clinic at InAct, providing medical care to individuals in drug and alcohol rehabilitation

**1998** - NCNM shares 5 year \$7.96 million NCCAM grant to create Oregon Center for Complementary and Alternative Medicine (OCCAM) with Oregon Health Sciences University, Oregon College of Oriental Medicine, Western States Chiropractic College, Oregon School of Massage and Kaiser Permanente.

**1998** - Congress passes Legislation (SB2440) elevating NIH Office of Alternative Medicine (OAM) to National Center for Complementary and Alternative Medicine (NCCAM); led by Senators Harkin (D-IA), and Specter (R-Penn), Bastyr University, AANP play significant role, advocating language mandating NM & CAM disciplines research, funding for NM & CAM accredited colleges. (Quinn, Kruzel, Snider, Pizzorno)

**1998** - Canadian Office of Natural Health Products established in Ottawa, Canada, Phillip Waddington, ND, Executive Director

**1998** - Healing Mountain Publishing established by Gary Piscopo and Eric Yarnell, includes text on Lust's philosophy, integrates early ND body of knowledge in publications

**1998** - Jane Guiltinan appointed to Harborview Hospital Board of Directors. First ND appointed to public health hospital board

**1998** - Decker Weiss (SCNM) awarded hospital privileges at Dept of Medicine at Arizona Heart Hospital, Phoenix, AZ

**1998** - *The Integrator for the Business of Alternative Medicine* is founded by John Weeks, Publisher. Becomes the Integrator Blog News and Reports in 2006

## 1999 - 2000

**1999** - Sheila Quinn resigns as AANP Executive Director. Tori Hudson, ND selected "Physician of the Year," Teri Davis receives "President's Award"

**1999** - Robert van Horlick is Chair of CNA until 2001

**1999** - North American Board of Naturopathic Examiners (NABNE) is established. Michael Traub is founding Chair. First NABNE Advisory Council meeting held

**1999** - Founding meeting of the Naturopathic Consortium of Canadian regulatory bodies, CAND, and provincial representatives held in Canada. Founded and led by Angela Moore ND, Past Chair and current ED of BDDT-N) continues today

**1999** - SCNM is accredited by the CNME

**1999** - Paul Mittman is current President of SCNM

**1999** - Konrad Kail is appointed to NCCAM Advisory Council and NIH National Cancer Institute (NCI) Advisory Council

**1999** - Leanna Standish is appointed to NCCAM Advisory Council

**1999** - First Integrative Medicine Industry Leadership Summit, Miraval, AZ. convened by John Weeks, brings ND leaders, colleges, and organizations together with industry, biomedical, research and CAM leaders to explore practical collaborative action towards health care reform

**1999** - Jane Guiltinan is appointed to the board of Harborview Medical Center and is first ND to serve on a public hospital Board in the U.S.

## 2000

**2000** - Nancy Aagenes, ND, President of the AANP (2000-2001), \_\_\_\_\_ Speaker of the House of Delegates. AANP moves to Washington DC, chooses to be managed by Association Management Group with Maria Bianchi serving as ED. Tom Kruzel, ND receives "Physician of the Year", Tim Birdsall, ND receives "President's Award"

**2000** - AANP HOD adopts Position Paper: *Foreign Trained Practitioners*

**2000** - AANP HOD re-evaluates Definition of Naturopathic Medicine after profession wide survey, considers proposed new principles. HOD votes to reconfirm standing Definition of Naturopathic Medicine position paper. Miriam Mitchell leads Task Force

**2000** - ANPBC changes name to College of Naturopathic Physicians of British Columbia (CNPBC)

**2000** - First NABNE administration of Part I - Basic Science Examinations and Part II - Clinical Science Examinations

**2000** - Mutual Recognition Agreement established by the Naturopathic Consortium MRA removes barriers for ND's practicing and moving from one province to another. Last revised in 2009

**2000** - Patricia Rennie ND is Chair of the BDDT-N

**2000** - CCNM is accredited by CNME

## 2000

**2000** - Connecticut Board of Higher Education grants recognition to the University of Bridgeport College of Naturopathic Medicine to offer the degree of Doctor of Naturopathic Medicine (ND)

**2000** - Joe Pizzorno steps down as Bastyr University President after leading BU for 22 years. Remains on the Board of Directors

**2000** - Boucher Institute of Naturopathic Medicine founded by Hamilton, McKinney, Martin, Nolan, Paiva, Scotten, van Loon, Wang, Wolfe, Woo, Yarnell. Dave Scotten is founding President of Boucher Institute until 2007

**2000** - Peter Martin is Dean of University of Bridgeport College of Naturopathic Medicine (UBCNM) until 2004

**2000** - Thomas Shepherd, DHA is President of Bastyr University until 2004

**2000** - Landmark purchase of CCNM campus is led by President David Schleich, PhD

**2000** - Joseph E Pizzorno is President Emeritus of Bastyr University

**2000** - Thomas T. and Elizabeth C. Tierney Basic Sciences Research Laboratory opens at Bastyr University. Anna McIntosh, ND is appointed to NCCAM Advisory Council

**2000** - BURI receives first NCCAM (National Center for Complementary and Alternative Medicine) Grant; Principle Investigator is Standish

**2000** - White House Commission on Complementary and Alternative Medicine Policy (WHCCAMP) established by President Clinton

**2000** - Joseph Pizzorno appointed to White House Commission (WHCCAMP); appointment facilitated, staffed by Pamela Snider & David Matteson

**2000** - King County Council passes Motion 10991 (Kent Pullen, Maggi Fimia) in support of strategic integration of CAM in King County, WA

**2000** - Phil Waddington ND appointed Executive Director for Office of Natural Health Products, in 2001 becomes first Director General of Natural Health Products Directorate (NHPD) in Ottawa

**2000** - *Issues in Coverage For Complementary and Alternative Medicine Services: Report of the Clinician Workgroup on the Integration of Complementary and Alternative Medicine (CWIC)* published by WA State Insurance Commissioner Debra Senn, Lori Bielinski, Robert Mootz; 7 WA State ND's in Group



## 2001

**2001** - Sally LaMont, ND receives "AANP Physician of the Year", Pamela Snider, ND receives "AANP President's Award", Bezwecken given first "AANP Corporation of the Year Award"

**2001** - New Brunswick Association of Naturopathic Doctors (NBAND) established, Cathleen Coleman is founding Chair

**2001** - Yukon Naturopathic Association (YNA) established, Joanne Leung is founding Chair

**2001** - Wayne Steinke, Chair of CNA until 2003

**2001** - "Futures Group" convened by David Matteson and others eventually becomes Naturopathic Coordinating Council for NM agencies, colleges and affiliate organizations

**2001** - Virgin Islands passes licensure law, led by Wendy Coram, ND with Jim Sensenig ND

**2001** - CNME loses Department of Education recognition

**2001** - SCNM achieves accreditation candidacy status with Higher Learning Commission (HLC) of the North Central Association of Colleges and Schools

**2001** - Bastyr awarded first NIH funded Natural Medicine Research Training Program Grant, PI Liz Adams, PhD

**2001** - Guru Sandesh Singh Khalsa is Interim President of NCNM

**2001** - SCNM President Paul Mittman and Peter D'Adamo establish Institute for Human Individuality (IfHI) at SCNM - primary goal to foster research in human nutrigenomics and epigenetics

**2001** - American Association of Naturopathic Medical Colleges (AANMC) established and incorporated, founding President is Paul Mittman

**2001** - Heather Zwickey, PhD hired as NCNM Director of Research. Co-founds Helfgott Research Institute with Don Helfgott, Michael Aiken, Cheryl Reitenbaugh

**2001** - Oregon Collaborative for Complementary and Integrative Medicine (OCCIM) established NCNM President William Keppler, OSU Anne Nedrow MD, et al) becomes Oregon Center for Integrative Medicine (OCIM)

**2001** - *National Policy Dialogue to Advance Integrated Health Care* held at Georgetown University, Washington, D.C. Co-hosts: Bastyr University, Association for Health Freedom, Georgetown University, sponsored by AANP. Establishes 18 consensus policy priorities among 60 national medical, CAM and industry stakeholders for national health policy reform.

**2001** - WHCCAMP holds 2 day Town Hall Meeting, Seattle Host: King County Council, staffed by Bastyr University

**2001** - UCSF Center for Health Professions (California) publishes *Profiling Emerging Professions and Profiling Naturopathic Practice*. Distinguishes physician trained naturopathic "doctors" from unlicensable practitioners of naturopathy

**2001** - Second Integrative Medicine Industry Leadership Summit, Scottsdale AZ convened by John Weeks. Bastyr University co-sponsors. CAM and medical industry leaders, report/engage collaborative initiatives

**2001** - Maui Memorial Medical Center becomes first state-owned medical facility to admit naturopathic physicians

**2001** - King County 2010 Initiative co-chaired by King County Council Members Maggie Fimia and Kent Pullen; strategic planning initiative for CAM integration led by Bastyr University

## 2002

**2002** - Michael Traub, ND, President of the AANP (2002-2003), \_\_\_\_\_ Speaker of the House of Delegates. Maria Bianchi resigns as ED. Karen Howard hired as new ED, AMG management ends and AANP set up its own staff in DC. AANP develops "State Licensing Plan," presents this to AANMC. Joe Pizzorno, ND chosen as "Physician of the Year", Nan Dunne, ND given "President's Award", Thorne Research Inc. receives "Corporation of the Year"

**2002** - Jared Zeff receives first "Lifetime Achievement Award" conferred by Northwest Naturopathic Physicians Convention

**2002** - NWNP Convention inaugurates 13 individuals and two companies into the NWNP Hall of Fame, aboard the MV Britannia, near Vancouver, BC

**2002** - Alberta passes provincial licensure law.

**2002** - Kansas passes state licensure law.

**2002** - Colleges initiate study on offering ND degree programs to advanced degree candidates.

**2002** - Bastyr University residency program is accredited by CNME.

**2002** - William Keppler is NCNM President, until 2007. Amidst major financial crisis, NCNM is deeply reorganized, reunified and strengthened, receives highest accreditation recognition from NWCCU under William Keppler, PhD's leadership. Keppler acknowledges leadership and team effort of NCNM community

**2002** - CNME restructured, develops new strategic plan. Executive Director Dan Seitz MEd; President Don Warren

**2002** - Bastyr University receives \$1.145 million grant from NIH/NCCAM

**2002** - Naturopathic colleges receive NCCAM grant to fund "Naturopathic Medical Research Agenda," project based at Bastyr University. PI, Standish; Co-PI Calabrese; Co-I Snider; with Kail, Mills, Kim, Mattie, Martin, Traub, Myers

**2002** - BURI awarded T32 training grant by NIH

**2002** - Karen Ball (NCNM) is first ND in US in to receive a Postdoctoral Training Grant from the National Institutes of Health

**2002** - Amy Rothenberg appointed to Amherst, Massachusetts Board of Health, serves several terms and becomes Board Chair. Serves until 2003,

**2002** - Integrated Healthcare Policy Consortium (IHPC) founded to implement National Policy Dialogue Agenda. Founders include AANP, Bastyr University, Georgetown University, and Association for Health Freedom.

**2002** - *National Policy Dialogue to Advance Integrated Health Care: Finding Common Ground Report* published. Editors Michael Traub and Sheila Quinn

### CATEGORIES COLOR KEY

PROFESSIONAL ASSOCIATIONS: NATIONAL, PROVINCIAL, STATE  
LICENSURE, REGULATORY AND LICENSING BOARDS, AND EXAMINATIONS  
ACCREDITATION  
ACADEMIC: COLLEGES AND COLLEGE COUNCILS  
RESEARCH: INSTITUTES GRANTS, PUBLICATIONS  
LEGISLATION AND PUBLIC POLICY  
CODIFYING OF DEFINITION, PRINCIPLES, THEORY  
BODY OF KNOWLEDGE  
MAINSTREAM COLLABORATION AND INTEGRATION

## 2002 - 2003

**2002** - Naturopathic Society founded at SCNM; founders are students Joe Holcomb, Randy Spicer, Brendan McCarthy, Cristina Romero-Bosch, John Robinson. Jim Sensenig, faculty mentor

**2002** - Thom Kruzel analyzes publications in Journal of Naturopathic Medicine at request of AANP. Highest number of articles are from Tori Hudson, Konrad Kail, Peter D'Adamo, and Thom Kruzel

**2002** - North Hawaii Community Hospital establishes ND's on medical staff; Michael Traub, Michelle Suber & Michaela Martin

**2002** - Third Integrative Medicine Industry Leadership Summit, Scottsdale AZ convened by John Weeks

**2002** - Bastyr University hosts 1st annual "CAM Camp," four-week program providing an introductory natural medicine education to allopathic medical students

**2003** - AANP HOD adopts Position Paper: *Naturopathic Research* by Carlo Calabrese, P Reilly, D Lukaczer

**2003** - CNA name changed to Canadian Association of Naturopathic Doctors (CAND)

**2003** - Kevin Jackson is Chair of CAND until 2004

**2003** - California passes state licensure law led by Sally Lamont, ND and team including David Matteson, Sandi Cutler, David Fields and others.

**2003** - CNME approval re-instated by US Dept of Education

**2003** - Boucher Institute granted candidacy status by the CNME

**2003** - Helfgott Research Institute founded by Heather Zwickey, PhD with financial backing by Don Helfgott

**2003** - Wendy Weber (Bastyr University) receives first federal student loan forgiveness award to ND's from NIH-NCCAM.

**2003** - AANP announces Indian Health Services (IHS) initiative, advocates for ND inclusion in Indian Health Services, led by Karen Howard

**2003** - AANP implements new management structure. Chris Meletis, ND receives "Physician of the Year", Sandi Cutler and David Matteson co-recipients of "President's Award", Metagenics receives "Corporation of the Year.

**2003** - Joe Pizzorno and Pamela Snider appointed to DHHS, CMS Medicare Coverage Advisory Committee (MCAC)

**2003** - Bruce Milliman appointed to AMA CPT Editorial Advisory Committee. Appointment advocated by Integrated Healthcare Policy Consortium (IHPC). AANP President Michael Traub, BOD nominates Milliman..

**2003** - Integrated Healthcare Policy Consortium incorporates as C-4 to facilitate advocacy for legislative agenda

**2003** - CCNM Press founded Fall 2003, publishes first books in 2004. Incorporates as C-3

**2003** - CCNM founds International Journal of Naturopathic Medicine. Jonathan Prousky and Ed Mills, Editors

**2003** - Clifton Springs Hospital, Clifton Springs, NY establishes Les Moore as Director of Integrated Health Care Department

**2003** - Natural Doctors International founded: Tabatha Parker, founding Executive Director, Portland, OR. Parker establishes headquarters in Ometepe, Nicaragua

## 2004

**2004** - Nan Dunne, ND, President of the AANP (2004-2005), Stephany Porter, ND, Speaker of the House of Delegates, Walter Crinnion, ND selected as "Physician of the Year", Erin Holston, ND given "President's Award", Cancer Treatment Centers of America awarded "Corporation of the Year"

**2004** - Prince Edward Island Association of Naturopathic Doctors (PEIAND) established, Kali Simmonds, founding Chair

**2004** - Walter Lemmo is Chair of CAND until 2005

**2004** - AANP HOD adopts Position Paper: *Manipulative Therapy*, by N Buratovich, M Cronin, A Perry

**2004** - AANP adopts Position Paper: *Injection Therapies Performed by Naturopathic Physicians*, by Michael Cronin

**2004** - Washington, D.C. passes new ND licensure/registration law.

**2004** - Board Certification in Naturopathic Oncology established by American Board of Naturopathic Oncology

**2004** - OncANP founded, becomes affiliate of AANP

**2004** - Bob Bernhardt is current President of CCNM

**2004** - Jennifer Brett is Interim Dean, University of Bridgeport

**2004** - Guru Sandesh Singh Khalsa is current Dean, University of Bridgeport College of Naturopathic Medicine

**2004** - Naturopathic Academy of Therapeutic Injection (NATI) founded by Harry Adelson, Rick Marinelli, Kevin Wilson, Noel Peterson, and Jonas Skinard, DOM

**2004** - *The Future and Foundations of Naturopathic Medical Science: The Naturopathic Medical Research Agenda*, report submitted to NCCAM, co-authored by all colleges, AANP and Southern Cross University (AU); Standish, Calabrese, Snider, Kail, Myers, Zwickey, Traub Mills, Mattie, Kim

**2004** - Carlo Calabrese ND, MPH appointed to NCCAM-National Advisory Council

**2004** - AANP launches first DC Federal Legislative Initiative (FLI) Day led by Executive Director, Karen Howard

**2004** - Naturopaths Without Borders founded

**2004** - Inaugural "The Gathering" launched at SCNM (student led by Naturopathic Society Founders Holcomb, Martin, Mundeir et al, Robert Broadwell receives "Beacon Award."

**2004** - The "Foundations of Naturopathic Medicine Project" announced at AANP Convention, Seattle. Initially based at INM

**2004** - Academic Consortium for Complementary and Alternative Health Care (ACCAHC) founded by ND and CAM disciplines' academic agencies including CNME, NPLEX, AANMC. Founding Executive Director, Pamela Snider, co-founders John Weeks, Lucy Gonda

## 2005

**2005** - Todd Schlapfer, ND receives "AANP Physician of the Year", Don Warren, ND receives "AANP President's Award", Vital Nutrients awarded "Corporation of the Year".

**2005** - Iva Lloyd is Chair of CAND until 2008

**2005** - AANP HOD adopts Position Paper: *Heavy Metals*

**2005** - Nan Dunne, Bill Benda (et al) lead AANP initiative and publication of "Naturopathic Medicine: What Can Patients Expect?" in *Journal of Family Practice*, in response to 2003 Medscape article "Naturopathy, a critical appraisal" by Kim Atwood.

**2005** - Idaho passes new state licensure law led by Todd Schlapfer

**2005** - Washington State includes NDs in "Medical Homes Act" following Washington State Blue Ribbon Commission on Health Care Reform. Ryan Bradley and Erica Oberg lead initiative

**2005** - CNME recognition is renewed by US Dept of Education

**2005** - All colleges now offer ND degree programs for advanced standing students (DC's, MD's, DO's)

**2005** - Naturopathic Medical Students Association (NMSA) founded by student Jonci Jensen (SNCNM), and others

**2005** - John C. Daley was Interim President, Bastyr University

**2005** - Daniel K. Church is current President of Bastyr University. Completes purchase of campus, begins building "green" student housing

**2005** - Helfgott Institute receives first NCCAM grant for study of antiinflammatory diet for pre-diabetes and diabetes

**2005** - NCNM establishes community clinic at Mercy and Wisdom, providing naturopathic and Chinese medicine to low-income individuals

**2005** - William Keppler, PhD appointed to Integrated Post-secondary Education Data System (IPEDS), with Carnegie Commission; nomination advocated by David Matteson

**2005** - Secretary of Education (DE) adds Naturopathic Medicine as an approved discipline eligible for increased unsubsidized Stafford, FFEL and Direct Loan amounts; requires CNME accreditation led by David Matteson

**2005** - Leanna Standish ND, PhD, Lac appointed to the National Academy of Sciences IOM Committee to review CAM

**2005** - Leanna Standish ND, PhD, Lac unappointed to the National Academy of Sciences IOM Committee for publishing research on distant neural signaling

**2005** - Institute of Medicine publishes Consensus Report "Complementary and Alternative Medicine in the US," addresses NM

**2005** - Vermont passes law authorizing Medicaid payment for ND services

## 2005 - 2006

**2005** - William Keppler PhD, NCNM president and NCNM Board Chair Pauline Baumann establish Foundations of Naturopathic Medicine Project at NCNM as FNM's Academic Home

**2005** - *Naturopathic Doctors News and Reviews (NDNR)* first published. Publishers David Tallman and Razi Berry

**2005** - David Schleich, former CCNM President completes PhD on *The Institutionalizing of Naturopathic Medical Education in Canada* on professional formation of naturopathic medicine in Canada and the U.S.

**2005** - IHPC hosts National Education Dialogue to Advance Integrated Health Care: Creating Common Ground (NED) at Georgetown University. John Weeks, Director, Pamela Snider co-director

**2005** - First ACCAHC Academic Strategic Planning Retreat is hosted by Southern California University of Health Sciences (SCUHS), Whittier, CA. AANMC, NPLEX and CNME participate

## 2006

**2006** - Jane Guiltinan ND is President of the AANP (2006-2007), Evan Fleishman, ND, Speaker of the House of Delegates. Michael Traub, ND receives "Physician of the Year", Wayne Centrone, ND receives "President's Award", American Specialty Health given "Corporation of the Year"

**2006** - Newfoundland Labrador Association of Naturopathic Doctors (NLAND) established, Kathleen Mercer, founding Chair

**2006** - AANP HOD adopts Position Paper: *Cancer*, LJ Standish, T Birdsall, J Martin

**2006** - AANP HOD adopts Position Paper: *Naturopathic In-Office Pharmacy*, C Hangee-Bauer, L Alschuler, J Guiltinan, S Thy

**2006** - AANP BOD transitions to "Governance Model" led by David Matteson

**2006** - UBCNM is accredited by the CNME

**2006** - Boucher Institute's candidacy status re-affirmed by the CNME

**2006** - National University of Health Sciences (NUHS) establishes Naturopathic Medicine Program (Lindlahr's original college home) in Lombard, IL

**2006** - Fraser Smith is founding and current Dean for the NUHS Naturopathic Medicine Program

**2006** - NCNM receives full 10 year regional accreditation from NWCCU

**2006** - William Keppler PhD testifies at IPEDS hearing, successfully secures landmark Secretary of Education approval for "First professional degree status" for ND degree, making ND degree equivalent to biomedical MD degree at federal level

**2006** - The Gathering is hosted at NCNM (Franklin, Ritchey, Yirku, Wilkie, et al.)

**2006** - The Integrator Blog News and Reports first published by John Weeks

**2006** - Naturopathy Digest begins publication

## 2007 - 2008

**2007** - Paul Mittman ND, DHANP, receives "AANP Physician of the Year", William Keppler, PhD given the "AANP President's Award", Gaia Herbs receives "Corporation of the Year"

**2007** - Southwest Naturopathic Medical Center (SCNM) Lab accredited by COLA and registered with CLIA

**2007** - Patricia Wolfe is President of Boucher Institute until 2009

**2007** - David Schleich PhD is current President of NCNM

**2007** - William Keppler is President Emeritus of NCNM

**2007** - Helfgott Institute receives first R25 NCCAM research grant

**2007** - Vermont Legislature passes law requiring all insurance companies reimburse naturopathic physician services equitably in the same way and to same extent as services of any physician. Led by Lorilee Schoenbeck

**2007** - Vermont legislature passes law mandating Medicaid coverage for ND services, led by Lorilee Schoenbeck

**2007** - First International Foundations of Naturopathic Medicine Editors Retreat "(Skamania Breakthrough Convocation)" held at Skamania Lodge, WA convenes 50 editors, NM agencies, students, authors, experts to develop FNM Textbook and NM theory. NCNM hosts, Friends of FNM sponsor

**2007** - The Gathering 2007 is hosted by Bastyr University Nature Cure Club (Epstein, Ortiz, et al., organize). Betty Radelet, ND, DC receives "Beacon Award"

**2007** - Bill Mitchell ND dies suddenly, naturopathic community sorrows over loss of heart and soul of naturopathic medicine. Bill practiced taught, inspired and advanced NM in it's true form, teaching about the Vis, and philosophically coherent naturopathic practice

**2007** - ACCAHC moves toward incorporation, 501 C-3, John Weeks becomes Executive Director, Liza Goldblatt PhD, Chair

**2007** - ACCAHC Board Retreat is hosted by Western States Chiropractic College (WSCC), Portland; AANMC, NPLEX and CNME participate

## 2008

**2008** - Lise Alschuler, ND, President of the AANP (2008-2009), Steven Bailey, ND, Speaker of the House of Delegates. Marcia Prenguber, ND, FABNO receives "AANP Physician of the Year", the Naturopathic Medical Student Association (NMSA) receives the "AANP President's Award", NCMIC given the "Corporation of the Year", Jacob Schor, ND, FABNO is given the first "Vis Award" in honor of Bill Mitchell

**2008** - Jason Boxtart is current Chair of CAND

**2008** - Minnesota passes state licensure law

**2008** - Alberta is re-regulated under the Naturopathy Act

**2008** - Ontario regulation is revised, regulated under Regulated Health Professions Act (RHPA)

**2008** - Nova Scotia receives title protection under Naturopathic Doctors Act

**2008** - Boucher (BINM) receives full accreditation from CNME

## 2008 - 2009

**2008** - CNME recognition is renewed by the Dept of Education

**2008** - National University of Health Sciences (NUHS) in Lombard, Illinois receives candidacy status by the CNME.

**2008** - Bastyr Center for Natural Health receives LEED certification by the United States Green Building Council for sustainable building materials and practices

**2008** - Bastyr Integrative Oncology Research Clinic is established

**2008** - SCNM Research builds association with ASU and University of Arizona

**2008** - Gerald R Farnsworth receives Honorary Doctor of Laws degree from NCNM

**2008** - Alexander Cortina is current President of Boucher Institute

**2008** - Wendy Weber becomes first naturopathic doctor to serve as a Program Officer at NIH-NCCAM

**2008** - Boucher Institute establishes Research Department under the direction of the BINM Research Committee and Brenda Leung

**2008** - Institute of Medicine (IOM) announces plans to convene a national summit to explore whether integrative health care can improve the nation's health

**2008** - The Gathering 2008 is hosted by SCNM Naturopathic Society, Ralph Weiss, ND receives "Beacon Award"

## 2009

**2009** - Timothy Birdsall, ND, FABNO receives "AANP Physician of the Year", Janice Lipsen given the "AANP President's Award", Integrative Therapeutics, Inc, receives the "AANP Corporation of the Year", Dickson Thom, ND, DDS given the "Vis Award"

**2009** - AANP HOD adopts Position Paper: *Diabetes*, by V Esteves, R Bradley, H Healy

**2009** - AANP HOD adopts Position Paper: *Opinions and Facts*

**2009** - AANP produces, launches 7 part series on "What is Naturopathic Medicine?" aired to 5 million viewers in multiple markets, and growing. Significant external PR and public messaging campaign

**2009** - Removal of registration component of District of Columbia law, leaving only the ND licensure provisions

**2009** - OANP celebrates 100 years, Oregon state law allows complete prescriptive privileges

**2009** - Ralph Weiss is awarded the Century Award at NW Naturopathic Physicians Convention

**2009** - William E. Keppler receives honorary doctorate from NCNM

**2009** - CCNM and Boucher begin collaborative development of the Naturopathic Patient Database (NPD), a tool to track community health data and enhance clinical education

**2009** - Alexander Cortina, current President of Boucher Institute

## 2009 - 2010

**2009** - Timothy Birdsall, ND appointed to NCCAM Advisory Council

**2009** - US Department of Labor Dictionary of Occupational Titles revises Definition of "Naturopathic Medicine" establishes first acknowledgement by DOL of Physician in title; AANP initiative

**2009** - AANP Executive Director, Karen Howard elected co-chair for the "Coalition for Patient's Rights"

**2009** - Institute of Medicine (IOM) convenes "Summit on Integrative Medicine and the Health of the Public," publishes Report. Papers commissioned include ND co-authors: Herman, Ali, Weber. ACCAHC Chair Goldblatt on Steering Committee

**2009** - The Gathering is hosted by NCNM. Gerry R. Farnsworth, DC, ND receives Beacon Award.

**2009** - International Journal of Naturopathic Medicine published by David Tallman, NDNR; Dugald Seely, Research Director at CCNM is Editor

## 2010

**2010** - Carl Hangee Bauer, ND, LAc is President of the AANP. Helen Healy, ND is Speaker of the House of Delegates

**2010** - Kansas advances from registration to licensure

**2010** - Oregon Association of Naturopathic Physicians, NCNM win ND inclusion in Oregon Rural Health Services Loan Repayment Program (Led by Culbertson, Chinnock, others)

**2010** - U.S. Congress passes Health care Reform Bill: The Patient Protection and Affordable Care Act; IHPC leads or co-leads four provisions benefiting ND's and other licensed natural medicine providers:

- Non-discrimination provision - prevents payers from discriminating against classes of health care providers based on their license (impacts ND's, licensed CAM professions)
- Licensed CAM professionals included in definition of health care workforce - Workforce Commission
- Comparative Effectiveness Research Council established
- Surgeon General's Council on Prevention and Integrative Health Care established

## CURRENT AND UPCOMING EVENTS

**The Northwest Naturopathic Physicians Convention** offers the opportunity for the knowledge of the profession's elders to be passed on to new graduates in Portland, Oregon **May 7-9**

**The American Association of Naturopathic Physicians Convention** celebrates the Foundations of Medicine in Portland, Oregon **August 11-15**

**The Canadian Association of Naturopathic Doctors Convention** engages the profession in Environmental Medicine: from macroscopic to microscopic; research, assessment and treatment in Calgary **June 2011**

# Naturopathic Medicine

## History and Professional Formation

# Timeline

*A work in progress*



### Sponsors

*Northwest Naturopathic Physicians Convention (NWNPC)*  
*Canadian Association of Naturopathic Doctors (CAND)*  
*American Association of Naturopathic Physicians (ANNP)*  
*Foundations of Naturopathic Medicine Project (FNM)*



*Our profession was built by you and those who came before us! This timeline will always be a work in progress. Please add or correct important events, people, and dates that you know. Raise the profession's awareness about its foundations; the important moments, stories and people who built them, as naturopathic medicine builds a vital, healthy and prosperous future together.*

### Elements determining professional viability and success

*Regulatory Acknowledgement*  
*Educational Standards and Accreditation*  
*Codification of Knowledge*

**This timeline maps these benchmarks of an emerging profession's maturation**

**PROFESSIONAL ASSOCIATIONS: NATIONAL, PROVINCIAL, STATE**  
**LICENSURE, REGULATORY AND LICENSING BOARDS, AND EXAMINATIONS**  
**ACCREDITATION**  
**ACADEMIC: COLLEGES AND COUNCILS**  
**RESEARCH INSTITUTES, GRANTS, PUBLICATIONS**  
**LEGISLATION AND PUBLIC POLICY**  
**CODIFICATION OF DEFINITION, PRINCIPLES, THEORY**  
**BODY OF KNOWLEDGE**  
**MAINSTREAM COLLABORATION AND INTEGRATION**

### *Contribute to the timeline and enter to win!*

*A first edition Foundations of Naturopathic Medicine textbook  
Registration for next years' Northwest Naturopathic Physician's Convention*

#### HOW TO ENTER:

1. Give us a correction or new information for the timeline. Tell us who, what, when, (and if you know this, where can this information be referenced)? Put it up on the timeline!

#### THEN:

2. Write it on a business card and drop it in the Box at the FNM/NCNM booth - OR -
3. Write it on a piece of paper with your name and contact information and drop it in the Box - OR -
4. Fill out an entry form at the FNM/NCNM booth or one in your registration packet, and drop it in the Box. Winner will be drawn 11:00 am Sunday.

Timeline Authors: Steven Bailey ND; Jared Skowron ND; Craig Fasullo ND; Mitchell Bebel Stargrove ND, LAc  
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A special thank you to these landmark naturopathic texts used to identify many Canadian and early naturopathic historical events. Permission generously given by Iva Lloyd ND for the numerous Canadian events cited.

"The History of Naturopathic Medicine: A Canadian Perspective." Iva Lloyd. 2009. McArthur & Company, Toronto  
"Nature Doctors: Pioneers in Naturopathic Medicine." Friedhelm Kirshfeld and Wade Boyle. 2005. NCNM Press, Portland

### Friends of the Foundations of Naturopathic Medicine

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Academic Home: National College of Natural Medicine



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