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ELDERLY NEWS

MONTHLY NEWSPAPER OF SENIOR CITIZENS COUNCIL OF DELHI

ASSOCIATED WITH MINISTRY OF SOCIAL JUSTICE & EMPOWERMENT, GOVT. OF INDIA
 SOCIAL WELFARE DEPARTMENT OF DELHI GOVT., I.C.C.R. & SENIOR CITIZENS CELL OF DELHI POLICE

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DAILY FREE VARIOUS FACILITIES FOR SENIOR CITIZENS IN RECREATION CENTER, GREEN PARK EXTENTION FROM 11.30 AM TO 5.00 PM

AFFILIATED WITH CONFEDERATION OF SENIOR CITIZENS ASSOCIATIONS OF DELHI (AN UMBRELLA BODY OF 11 LAKH SENIOR CITIZENS)

VOL : 004

Issue No. : 44

MONTH : AUGUST, 2017

Rs. 5/-

GEHLOT UNION MINISTER SAYS AADHAR BASED HEALTH SMART CARD FOR SENIOR CITIZENS SOON



4 members delegation of Confederation of Senior Citizens Associations of Delhi met **Thawar Chand Gehlot**, Union Minister, Social Justice & Empowerment, Govt. of India in his office on 11-07-2017 led by its Chairperson J.R. Gupta. The other members were Y.N. Sharma, D.K. Sangal and Pradeep Kumar. The delegation members shown their concern about delay in processing the case at the level of Ministry for holding Walkathon at India Gate on International Day of Older Persons. The Minister assured the delegation members that he has already approved the proposal and Walkathon would be held this year. He also informed that a proposal is under consideration for formulation of a scheme for Aadhar Based Smart Card for Senior Citizens which would contain all relevant details including health related information.

- A report by D.K. Sangal

SENIOR CITIZENS MEETS MRS. MEETA SINGH, ADDITIONAL COMMISSIONER SDMC AT CIVIC CENTRE ON 17-07-2017

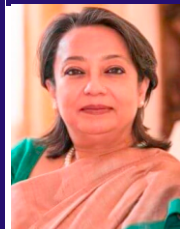


A delegation of 6 members of Senior Citizens Council of Delhi met **Mrs. Meeta Singh**, Additional Commissioner, SDMC at Civic Centre on 17-07-2017 led by its President J.R. Gupta. Other members were S.C. Kapoor, S.S. Dhawan, Sushma Dhawan,

Vijay Laxmi Sharma and Naresh Pandey. The delegation members requested for installation of lift in the Recreation Centre, Green Park Extension as climbing upstairs is causing inconvenience to super senior citizens who are visiting daily for participating in various free facilities.

- A Report by S.S. Dhawan

MS. RIVA GANGULY DAS, IFS, TAKES OVER AS NEW DIRECTOR GENERAL OF I.C.C.R



Ms. Riva Ganguly Das

Ambassador Ms. Riva Ganguly Das (IFS : 1986) has joined new Director General of I.C.C.R on 25-07-2017. She was earlier Consul General of India in New York. She had also worked as Head of the Cultural Wing of the Indian High Commission in Dhaka, as Deputy Chief of Mission at Hague, CGI at Shanghai (2008-2012) and as Ambassador to Romania, Albania and Moldova with residence in Bucharest. Incidentally, it is pointed out that Senior Citizens Council of Delhi has been actively associated with ICCR since 2006 to promote art & culture among Senior

EDITOR

RAJENDRA PAL GAUTAM, SOCIAL WELFARE MINISTER, DELHI GOVT. ASSURES FREE TRAVEL IN DTC BUSES & EARLY FINALISATION OF DRAFT FOR COMMISSION OF SENIOR CITIZENS



Senior Citizens Council of Delhi celebrated its Foundation Day on 01-08-2017 at Deer Park in the presence of more than 400 senior citizens. The Chief Guest, **Sh Ram Niwas Goel**, Hon'ble Speaker Delhi Vidhan Sabha, in his address, continued support on all issues concerning welfare of Senior Citizens. He was favourably inclined for issuance of Identity Cards to the Seniors and Passes for free travel in DTC buses. He stressed the need of moral values among younger generation for looking after their elders and vice-versa. He also appreciated the efforts of Council for holding daily Spiritual discourses by eminent saints from all over India at Deer Park & Recreation Centre, Green Park Extension regularly since long including protection of lonely senior citizens from abuses/humiliations at the hands of their own children and others. **Shri Rajendra Pal**

Contd. with More photo on page 3

JOINT-BIRTHDAY CELEBRATIONS AT RECREATION CENTRE ON 30/07/2017



Senior Citizens Council of Delhi organized joint-birthday of its 31 members falling in the month of July, 2017 at Recreation Centre, Green Park Extension on 30/07/2017 in the presence of more than 150 senior citizens. All were felicitated with garland, shawl, gift and a refreshment packet as a token of respect and regards. Many senior citizens recited songs, poems and jokes which were very well enjoyed by all present including members enthralled the audience. Sh. Sunaheri Lal Verma, eminent Poet, entertained the audience by reciting various poems. All present were appreciating the arrangements and respect shown to them by Council headed by its President J.R. Gupta who also extended them Birthday greetings and thanked them for their participation in large numbers. The function concluded followed by refreshments to all present. **Next such function would be held on 27th August, 2017. More Photos on page 3 - A report by: D.K. Sangal**

Heralding A New Era In Advanced Knee Replacement

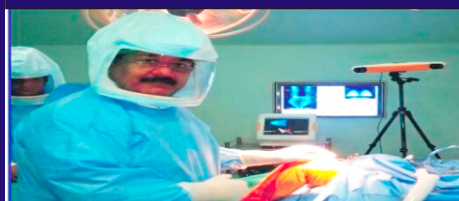
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ELDERLY NEWS WISHES ITS READERS A VERY HAPPY INDEPENDENCE DAY, JANAMASTHMI & GANESH CHATURTHI

CONFEDERATION NEWS

RAPID INCREASE IN POPULATION OF SENIOR CITIZENS GLOBALLY, ALSO IN INDIA & DELHI



L.R. GARG

According to Population Census, 2011, In India, there are about 104 million senior citizens i.e. persons aged 60 years and above which amounts to 8.6% of the total population. Compared to total population, senior citizens are growing faster both in number and proportion. Indian population projections indicate that while total population will increase by 55% between the year 2000 and 2050, 60+ and 80+ population will increase by as much as 326% and 700% respectively during the same period. In the State of Delhi, out of a total approximate population of 20 million, there are about 11.5 Lakhs of Senior Citizens, majority of whom live in urban Delhi and over 12% of them live alone or with their spouse. Globally, the elderly population constitutes about 12 percent of the total population of 7.3 billion. The number of elderly will double by 2050, reaching 2 billion and accounting for 22 percent of the global population, outnumbering those under the age of 15 for the first time in history.

-EDITOR

NEW GOVERNING BODY OF KALKAJI SENIOR CITIZENS' WELFARE FORUM



New Governing Body of Kalkaji Senior Citizens' Welfare Forum elected for two years from July, 2017 to June 2019.

-A Report By Y.N. Sharma, President

TRIP TO SIRMOUR RETREAT IN HIMACHAL BY TRIVENI, SCF



36 members of Triveni Senior Citizens Forum made a trip to Sirmour Retreat in Himachal Pradesh from 17.7.17 to 21.7.17. It is a place situated at the top of a hill at the height of 5000 feet from sea level.

-A report by R C Sharma, President

BIRTH DAY CELEBRATIONS BY SVNM CC BLOCK, SHALIMAR BAGH



BIRTHDAY CELEBRATION BY CARE & SHARE SCWA ROHINI SECTOR-13



JOINT BIRTHDAY CELEBRATED BY SCF, PE, SEC.-18, ROHINI ON 30-07-2017



AGM & BIRTHDAY CELEBRATION ON 30.06.2017 of GULMOHAR SCF



HEALTH CHECKUP CAMP BY SCF-ROHINI



A free health check up camp was organised by Senior Citizen Welfare Forum, Rohini, Delhi. The function was held at Japanese Park, Rohini on 08.07.2017 in the evening with its President Sh. K. L. Khanna and all members. B L K Center for Orthopaedics were kind enough to provide the free service.

-A report by K.L. Khanna

VANMAHAUTSAV CELEBRATION BY VNKS, UTTAM NAGAR ON 16.7.2017



VNKS Uttam Nagar organised a function on 16-7-2017 regarding Vanmaha utsav, in which Smt Kamaljit Sehrawat Mayor South Delhi was the Chief Guest.

- A report by Amrit Mannan, General Secretary

माल्यार्पण समारोह रविवार 30.07.2017



संत गोस्वामी तुलसीदास जयंती के पावन अवसर पर तुलसी दास/चौक भर्ती दफ्तर के सामने लाल किला पर सनातन धर्म महासभा द्वारा माल्यार्पण समारोह

V.P. GUPTA, GENERAL SECY.

CELEBRATION OF TEEJ FESTIVAL BY GANGOTRI ENCLAVE SCF



The ladies wing of Gangotri Enclave Senior Citizens' Forum, Alaknanda, New Delhi celebrated Teej Festival on 13th July 2017 with all fanfare and gaiety. It was organized by under the patronage and leadership of Mrs. Priya Sharma, Mrs. Rita Bhatia, Mrs. Vimal Arora, and Mrs. Saroj Raj In addition to ride on swings, they played tambola. Snacks were served on the occasion.

-A report by Mahendra Singh President

BIRTHDAY CELEBRATIONS BY SILVER CWA, SEC-13, ROHINI



AGM MEETING BY SCWA VIKASPURI ON 23.07.2017



Editorial Board of Elderly News : B.S. Yadav (Dwarka), G.R. Sehgal (Sant Nagar), Ved Prakash Gupta (Mayur Vihar), J.C. Narang (Tagore Garden), Dinesh Kumar Sangal (Arjun Nagar)
Reporters : D.K. Sangal, Pratap Singh, Gyan Singh Tokas & Surinder Sharma (Chief Editor J.R. Gupta (Responsible only for selection of News under the P.R.B. Act. 1867). All disputes, subject to Delhi Jurisdiction. E-mail: guptajr2005@gmail.com, Web: www.seniorcitizensdelhi.org

Daily Spiritual Discourses at Deer Park (7AM & 8AM) Acharya Shyam Ji Shastri (Mirzapur) from 16.08.17 to 31.08.17, Pt. Raghvender Das Ramayani (Chitrakoot) from 01.09.17 to 15.09.17 & Pt. Sanjay Shastri (Ayodhya) from 16.09.2017 to 30.09.2017 & Also at Shiv Mandir, Green Park from 5.15 pm to 6.15 pm daily, Shri Ram Mandir, B5 Block, Safdarjung Enclave from 7.30 pm to 8.30 pm daily, Sadbhavana Satsang Mandal, DDA Flats, Munirka on every Sunday from 9.30 am to 10.30 am & **RECREATION CENTRE, GREEN PARK EXTENSION DAILY FROM 3.30 TO 4.30 PM** -H.D. RALHAN, Founder Member

APPEAL TO ENROLL LIFE SUBSCRIBERS OF ELDERLY NEWS : Elderly News requests to all readers to enroll themselves by making one time payment of Rs. 500/- along with 1 photo as life time subscription fee which can be deposited in Bank Account No. 603610110002726 of Senior Citizens Council of Delhi in Bank of India, Safdarjung Enclave Branch, which is exempted under 80G of Income Tax Act 1961. -L.R. Garg, EDITOR

APPEAL FOR AFFILIATION WITH CONFEDERATION
 Till Date 128 Registered Senior Citizens Associations have affiliated with the Confederation of Senior Citizens Associations of Delhi (An umbrella Body of 11 Lakh Senior Citizens across Delhi). In order to take up issues of Senior Citizens with the Govt., all other SCAs are requested to join hands with the Confederation by joining as life member by making one time payment of Rs. 500/- only. -B.S. Yadav, Secy. General.

APPEAL FOR LIFE MEMBERS OF COUNCIL

Senior Citizens Council of Delhi has been organizing daily spiritual, social & cultural activities for its members for the last 37 years. The Council is also protecting lonely Senior Citizens from abuses/humiliations from their own children & others. A good number of cases have already been solved by the Council headed by its President Sh. J.R. Gupta, during the current year. Any Senior Citizens residing in any part of Delhi is cordially invited to become a life member of the Council by paying one time payment of Rs. 1200/- by cheque/cash. Please contact - 9810488059 -A.C. BANSAL, Executive Member

CONTD. FROM FRONT PAGE : - RAJENDRA PAL GAUTAM, SOCIAL WELFARE MINISTER, DELHI GOVT. ASSURES FREE TRAVEL IN DTC BUSES

Gautam , Minister of Social Welfare , Delhi Govt. , assured of early finalisation of draft for Commission of Senior Citizens . He further assured to convene a meeting with Confederation Members shortly to discuss their pending demands. Somnath Bharti, Area MLA and Mrs. Radhika Phogat Abrol, Area Councillor also addressed the senior citizens and assured full co-operation for any civic/electric development works in the area as and

when required. On this occasion, a Dandiya Dance was also performed by female members followed by cultural program for the entertainment of Senior Citizens which was appreciated by all present. J.R.Gupta, President of the Council thanked the guests and presented them Shrimad Bhagwat Geeta along with other members. The function concluded followed by refreshments.
- A report by Gyan Singh Tokas

CONTD. FROM FRONT PAGE JOINT-BIRTHDAY CELEBRATIONS . . .**TEEJ CELEBRATIONS AT RECREATION CENTRE, GREEN PARK EXTENSION ON 26-07-2017**

Senior Citizens Council of Delhi organised Teej Festival celebrations on 26/07/2017 at recreation centre, Green Park Extension in which more than 150 enior citizens participated. On this occasion Garba Dance was performed by a group of senior members, which was appreciated by all present. Mehandi competition was also held which was judged by a team of 3 judges namely Mrs. Manjula Aggarwal, Vijaylakshmi Sharma and Mrs. Sushma Dhawan. Mrs. Asharani Dua, Mrs. Narender Kaur, Mrs. Satwant Kaur and Mrs. Sursati were declared winner for 1st, 2nd , 3rd and 4th prizes respectively. Some ladies also enjoyed ride on the Teej Jhoola. Some members danced to the tune of traditional folk songs recited by senior citizens. Mrs. Veena Raj explained the 3 types of

Teej including mythological, social,spiritual and cultural importance of Teej celebrations. The monsoon festival of Teej is primarily dedicated to Goddess Parvati and her union with Lord Shiva. It's an occasion of reunion ,love,social gathering and connects us with our culture. A game organised by Mrs. Manjula Aggarwal involved all the members present who had to perform an act written on a slip picked by themselves and acted accordingly. Teej was celebrated with fervor and gaiety . President J.R.Gupta wished the Teej be prosperous for one and all .He conveyed message that motto of organising Teej was to bond all with our culture and thanked for participation in large number.The function concluded with distribution of Ghewar a special sweet of this day. -A report by: Smt. Veena Raj

SUNDERKAND PATH AT DEER PARK ON 29-07-2017

Senior Citizens Council of Delhi organized Sander Kand Path at Deer Park on 29-07-2017 in association with Sh. Prem Goel and his family members. Sh. Dharam Singh Sharma and Smt. Vidya Devi (92 yrs) also performed dance. Smt. Binni Devi Gupta (78 yrs) was also felicitated.
- EDITOR

NO ARREST IN DOWRY CASES TILL CHARGES ARE VERIFIED, SAYS SUPREME COURT

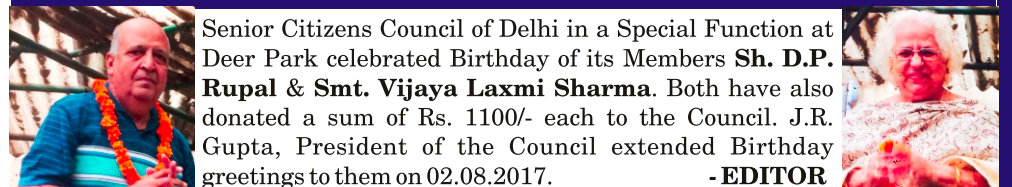
Expressing concern over disgruntled wives misusing the anti-dowry law against their husbands and in-laws, the Supreme Court on 27-07-2017 directed that no arrest or coercive action should be taken on such complaints without ascertaining the veracity of allegations. Acknowledging a growing trend among women involved in marital discord to abuse Section 498A of IPC to rope in their husbands' relatives — including parents, minor children, siblings and grandparents — in criminal cases, a bench of Justices A K Goel and UU Lalit said it was high time such frivolous cases which violated the human rights of innocent was checked. This is a shift from the dominant judicial conception of women as victims who would silently suffer injustice rather than bring disrepute to their family by taking domestic conflict outside the four walls of the home. Going by the popular portrait, it is only the worst victim of abuse among women who approach the court for redress. Now, the court broke away from the reigning perception to rule that in dowry cases, the account of the alleged victim need not be taken at face value.
- EDITOR

SPECIAL PROGRAMMES

- 15.8.17 : Independence Day Celebrations including Patriotic Songs at Deer Park from 7 am & at Recreation Center from 2 pm to 4 pm followed by refreshments
- 15.8.17 : Janamashtmi Celebrations including cultural programme by the artists of Mathura & Vrindavan at Central Park, DDA Flats, Munirka from 7.30 pm to 9.30 pm followed by Prasad.
- 22.8.17 : Sunder Kand Path in the memory of Late Sh. Bhagwan Das Kalra on his 5th Anniversary from 2 pm to 4 pm followed by Prasad at Recreation Center.
- 26.8.17 : Snder Kand Path in the memory of Late Sh. Bahadur Singh Ramgaria of Green Park on his 1st Anniversary at Recreation Center from 2.30 pm to 4.30 pm followed by Prasad by his family members.
- 27.8.17 : Joint-Birthday Celebrations of Council Members whose Birthday falls during the month of August, 2017 at Recreation Center from 2.30 pm to 4.30 pm followed by refreshments. The concerned members are requested to confirm their participation immediately but not later than 20/08/2017.
-EDITOR

MRS. PUSHPA AGARWAL DONATES RS. 2 LAKH TO SENIOR CITIZENS COUNCIL OF DELHI ON 01-08-2017

Mrs. Pushpa Agarwal, a senior life member of Council and wife of Sh. Ramesh Agarwal, Vice-President of Council donates **Rs. 2 Lakh** to Senior Citizens Council of Delhi for the installation of Air Conditioners at Recreation Centre, Green Park Extension. J.R. Gupta President of the Council thanked the couple for their kind gesture and prayed to Almighty God for their sound health and long life. Sh. Ram Niwas Goel, Speaker, Delhi Vidhan Sabha also felicitated them in the presence of more than 400 senior citizens
EDITOR

BIRTHDAY CELEBRATIONS OF SH. D.P. RUPAL & SMT. VIJAYA LAXMI SHARMA

Senior Citizens Council of Delhi in a Special Function at Deer Park celebrated Birthday of its Members **Sh. D.P. Rupal & Smt. Vijaya Laxmi Sharma**. Both have also donated a sum of Rs. 1100/- each to the Council. J.R. Gupta, President of the Council extended Birthday greetings to them on 02.08.2017.
- EDITOR

Council extends support to widow 87 years abused/harassed by Daughter-in-law

Surinder Kaul Bual

Smt. Surinder Kaul Bual, widow, 87 years, was harassed by his Daughter-in-law who illegally rented out the joint share property C-162, Defence Colony, Ground Floor in the month of April 2017. She approached the Council in the month of May 2017. Immediately, her case was taken up with Commissioner of Police for taking legal action against her Daughter-in-law Mrs. Simrat Randhawa
- EDITOR.

Council extends moral support and legal guidance to a senior citizen (65 years)

Om Prakash

Shri Om Prakash (65 years) a resident of B -05, GF, Ambedkar Colony, Bijwasan, New Delhi - 110061 had been abused/humiliated at the hands of their own son Mr. Rakesh and daughter - in - law Mrs. Ruchi residing in same house. Both approached the Council and matter was taken up with Commissioner of Police. Now, Shri Om Prakash is living in his house peacefully . On 26/07/2017, Council has requested Shri Abhishek Dev, District Magistrate, South West to get his house vacated from his daughter in law under Rule 22 of Delhi Maintenance & Welfare of Parents and Senior Citizens (Amendment) Rules, 2016, notified on 19/12/2016
- EDITOR

VISIT TO RASHTRAPATI BHAVAN & MUSEUM ON 11.07.2017 BY SCWA- LAJPAT NAGAR I&II



AGM OF DAS SCWO, DILSHAD GARDEN, ON 10-06-2017



Das Senior Citizens Welfare Organisation, Dilshad Garden held its AGM on 10-06-2017 in its Recreation Centre. Chief Guest was Sh. Rajendra Pal Gautam, Social Welfare Minister, Delhi Govt.. On this occasion, eye-checkup Camp was also organized. Sh. K.N.Chabra, President and others members felicitated the Chief Guest. - **K.N. Chhabra**

TOUR TO NAHAN & RENUKA LAKE ON 12TH & 13TH JUNE BY ASSOCIATION OF SC U&V, SHALIMAR BAGH



HEALTH AWARENESS BY SCW SOCIETY-SHALIMAR BAGH



Senior Citizens Welfare Society, Shalimar Bagh in association of Fortis Hospital organised a session on Prevention of Malaria, Dengue & Chickengunia. Dr Jeewan Aggarwal, Deptt. of Internal Medicine spoke about steps to protect ourselves from mosquito bites. Checking the breeding of mosquitos in our houses and neighbourhood was stressed upon. Governmental efforts supported with people at large can be helpful in controlling this menace. Dr Aggarwal also touched upon symptoms and stage of medical intervention. All queries of the participants were replied by him. He was applauded for a very informative & useful session. - **A report by Chander Sachdev, Genl. Secy.**

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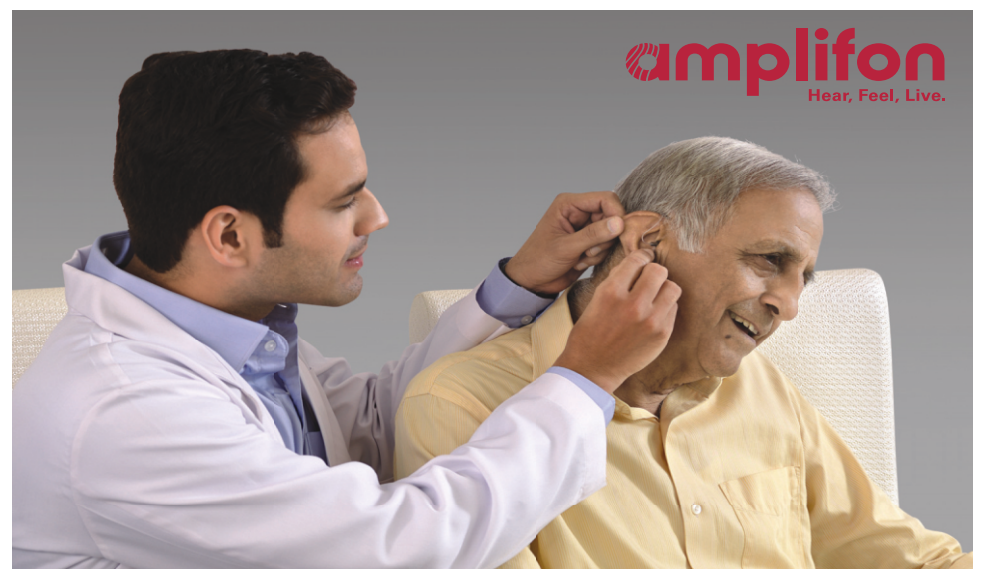


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