



CHALLENGE
MAGAZINE

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ROLLIN' DOWN THE MOUNTAIN



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COVER PHOTO: MOUNTAIN BIKING

Geoff Krill, Sports Director of New England Disabled Sports, on a training run down Loon Mountain, N.H., just after he returned from a race in Naeba, Japan.

Photo courtesy of Ken Watson



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Hard Times Open New Doors of Opportunity

The recession has changed a lot of things. We nonprofits were all a bit high-flying during the housing and market boom of the early 21st century with increased corporate and individual donations. But now the worst recession since at least 1981 and maybe since the Depression, has caused all nonprofits to trim their wings and their dreams and become leaner and meaner than ever before. As with market capitalism, this recession also caused some not-so-efficient or not business-oriented nonprofits to go bust.

But there also is a positive note to these things. What this recession has forced us to realize is that we cannot go it alone when attempting to solve society's ills. Partnerships are now de rigueur and necessary to get things done. This is not so bad. DS/USA has realized increased strength in working more closely not only with its 100 chapter organizations in 38 states, but with other community-based sports and recreation programs. While providing training, equipment, and program grants to help chapters stretch their resources and continue to provide critical recreation programs locally, DS/USA also is working to increase inclusive sports and recreation opportunities available in these other community programs. These efforts already have helped to strengthen DS/USA's national SkiTour and SummerFest Series, Youth Sports Development, and our Wounded Warrior Disabled Sports Project.

By stretching our partnerships beyond collaboration with local chapters, we believe we can truly make a difference. The sports infrastructure that is built to serve the nondisabled in just about every community has the greatest potential to also serve citizens with disabilities. This infrastructure of ski areas, playfields, gyms, athletic facilities, hiking and biking trails, waterways, climbing walls, golf courses, and swim pools, already exists. They are housed mainly with local parks and recreation departments, schools and privately-owned gyms, golf courses, climbing walls, and pools.

To reach more citizens with disabilities, we need to continue to find partnerships with these entities and explore ways together to provide better services to those with disabilities. This makes sense in the present economic climate and it makes sense for the long term, in terms of stretching our dollars as far as possible to make a difference. Some of our chapters already are forming partnerships with schools, local recreation departments, and private facilities, such as river rafting outfits, golf clubs, ski areas, climbing wall facilities, and the like.

DS/USA's focus in developing this model here in Maryland has been mainly on working with local county and city parks and recreation departments and private facilities. We are working with the University of Maryland's Campus Recreation Department, which has committed to provide services to its local communities outside of the school. What is emerging is a collaboration, in which DS/USA has received feedback on what kind of recreation services citizens with disabilities are requesting. We then are determining the adaptive equipment and, as important, the instructor training that is needed to adequately train the parks and recreation personnel to serve their citizens with disabilities.

In providing this training, DS/USA has relied primarily on experts within its chapter network plus a few prominent experts in their field of sports. As a result, we have trained a local private facility staff on rock climbing and ropes courses and donated the adaptive equipment needed to accommodate wheelchair users and others with limited mobility. Those facilities now serve citizens from the local parks and recreation department who want to experience these sports. We have provided use of an accessible golf cart to a local driving range for golf practice, for use by many of our Wounded Warriors and others with disabilities. Collaboration with the PGA enabled us to train several professional golf instructors to provide instruction. We also have conducted instructor training in water sports such as outrigger canoeing, kayaking, sailing and water skiing as well as donated adaptive equipment for these sports. As a result, for example, this summer, one Maryland county is hosting (with DS/USA) an Endless Adventures camp in water sports for youth with and without disabilities to participate together. In another instance, we have partnered with Outward Bound and the city of Baltimore to help develop a camping facility within the city limits, which will provide an outdoor camping and hiking experience in an urban metro area, easily reachable by its citizens.

What is needed in these types of partnerships or collaborations is for all entities involved to leave their egos at the door and determine what is best for local citizens with disabilities. Then, use the strengths and resources of each of the partners to provide those services in the most effective manner. In this case, DS/USA provided training and adaptive equipment and the local parks departments provided the outreach and service.

We are still developing these models, but our experience shows that although not perfect, this is certainly a positive direction to explore.



Kirk Bauer, JD
Executive Director, Disabled Sports USA, Inc.
Vice Chairman, President's Council on Physical Fitness and Sports



Photo by Eric Chen

Kirk M. Bauer, JD
Executive Director
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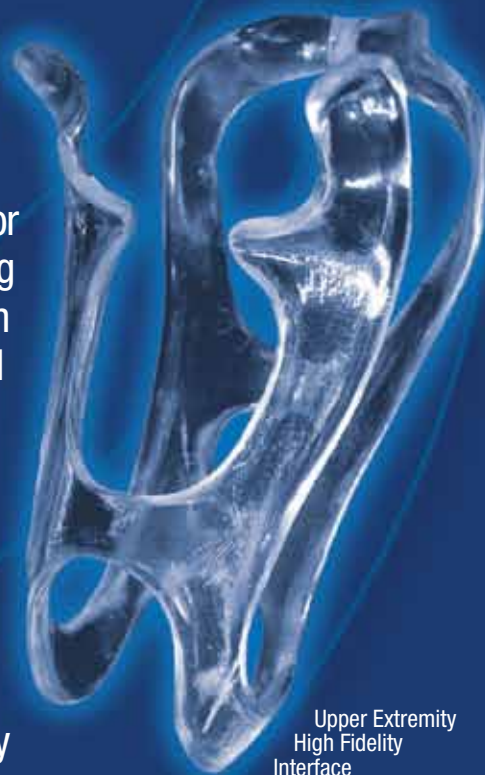
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Congressional Charity Golf Classic Benefits the Wounded Warrior Disabled Sports Project

The Second Annual Congressional Charity Golf Classic to benefit the Wounded Warrior Disabled Sports Project, a partnership between the Wounded Warrior Project and Disabled Sports USA, Inc. (DS/USA), took place June 15 at the Army Navy Country Club in Arlington, Va.

Participating in the scramble format were eight Wounded Warriors; three are former patients at Walter Reed Army Medical Center (WRAMC) and five are currently in rehab at WRAMC. They were joined by more than 50 former and current members of Congress including, House Majority Leader Steny Hoyer (D-Md.), House Minority Leader John Boehner (R-Ohio), and House Majority Whip James Clyburn (D-S.C.).

Players from the top four teams were: Martin Russo, former Congressman (D-Ill.); Rep. Don Young (R-Alaska); Bill Hansen, Robert Trent Jones Golf Club Charitable Foundation; Staff Sgt. Charles Eggleston, Wounded Warrior; Rep. Chris Carney (D-Pa.); Rep. Steve Buyer (R-Ind.); Monte Mahan, guest, Tee it up for the Troops; Sgt. Rafael DelGado, Wounded Warrior; Rep. Mike McIntyre (D-N.C.); former Congressman Bill Zeff (R-N.H.); Bret Efird, golf professional; Dean Mitchell; Rep. James Clyburn (D-S.C.); Zach Wamp, (R-Tenn.); Bill Gates, PING; and retired Sgt. Michael Stafford, Wounded Warrior.

Other Wounded Warriors participating were: retired Petty Officer 2nd Class Derrick Wallace; Sgt. John E. Mastrangelo; Staff Sgt. Ramon Padilla Mungia; retired 1st Lt. Denis Oliverio; and retired Sgt. 1st Class Sonia Williams.

This is the second year the annual tournament is designating proceeds to benefit the Wounded Warrior Disabled Sports Project (WWDSP), which provides sports rehabilitation programs for service men and women who have suffered amputations, head and spinal injury, and/or visual impairment as a result of injuries incurred in combat in Iraq and Afghanistan. The Professional Golfers Association (PGA) has joined Disabled Sports USA to provide ongoing instruction to the severely wounded with



Standing from left: Ramon Padilla Mungia, Monte Mahan, Derrick Wallace, Sonia Williams, John Mastrangelo, Denis Oliverio, Mike Stafford, Charles Eggleston, Dr. Frank Benningfield, Madison Green, Bret Efird, J.B. Ball, and Kirk Bauer.

professional instructors trained specifically in adaptations to golf.

"The Wounded Warrior Disabled Sports Project includes active sports that show our injured they can lead full and active lives despite their severe wounds," said Kirk Bauer, executive director of DS/USA and a disabled Vietnam Veteran. "All activities are free of cost to the Wounded Warrior and his or her family. The program is fully funded by private sector donations, so tournaments like these are critical to our success at providing services to our deserving service members."

The event was co-chaired by Rep. Chet Edwards (D-Texas), Rep. Zach Wamp (R-Tenn.) and former Congressmen Dennis Hertel (D-Mich.) and Ken Kramer (R-Colo.).

In addition to The U.S. Association of Former Members of Congress, sponsors of the tournament included Robert Trent Jones Golf Club Charitable Foundation, Tee it up for the Troops Inc., Trijicon, National Rural Electric Cooperative Association, American Council for Excellence and Opportunity, PhRMA, PING, National Beer Wholesalers Association, and BMW of Fairfax.



Executive Director of DS/USA Kirk Bauer, Defense Secretary Robert M. Gates, and Wounded Warrior Hospital Corpsman 3rd Class Jose Ramos, at Walter Reed Army Medical Center where Gates spoke at an event recognizing Disabled Sports USA, Wounded Warrior Project, and other organizations that volunteer to help rehabilitate Wounded Warriors June 22. Gates reiterated his stand that, other than winning the two current wars, caring for the wounded is his greatest priority. And, he said, those who volunteer are stepping up.

Photo courtesy of Master Sgt. Jerry Morrison, USAF.



DS/USA Staff, Board Members, Guests

DS/USA staff, members of the DS/USA Board of Directors, and guests on deck after a dinner cruise and board meeting. Back row, from left: John and Sally Lincoln, Matthew Metcalfe, Pat Addabbo, Gregg Baumgarten, Dr. Ben Allen, Kirk Bauer. Front row, from left: Kathy Celo, Kyleen Davis, Julia Ray, Mary Allen, Reggie Sajauskas.

Staffers Participate in Rope Training Course

Disabled Sports USA, Inc. partnered with the University of Maryland (UMD) and Don Rogers, Ph.D., CTRS from Indiana State University, to conduct training in Universal Ropes Course Programming on the University of Maryland's Alpine Tower II Challenge Course.

Rogers, co-designer of the Alpine Tower II and leading expert in universal ropes course facilitation and design, led the training June 20-21, which covered everything from basics in disability awareness to technical operations of a 4:1 system designed to accommodate individuals with lower extremity impairment. As part of the training, DS/USA donated adaptive equipment to UMD to further expand the populations able to participate on the challenge course.

On the second day, DS/USA welcomed three youth participants from the Kennedy Krieger Institute's Physically Challenged Sports and Recreation Program, who worked with UMD staff to ascend the tower and utilize the new equipment. Additionally, Kirk Bauer and Derrick Wallace (Wounded Warrior & DS/USA staff member), reached the top of the 50-foot structure, and are believed to be the first two amputees to accomplish this feat at the University of Maryland. UMD will now be welcoming groups of all ability levels to participate in their challenge course program.

DS/USA also announced at the event that it has received a grant from the CVS Caremark Charitable Trust. DS/USA was among 92 grantees who were awarded over \$4.2 million to help children with disabilities and the uninsured. The CVS Caremark Charitable Trust grant will be utilized to support Mentoring for Success, a national youth sports mentoring and inclusion program conducted by DS/USA in partnership with its chapters. Additional sponsors of DS/USA's Youth Sports Mentoring and Youth Development Programs are: U.S. Department of Education; Harry & Jeanette Weinberg Foundation; Genatt Associates.



University of Maryland's Alpine Tower II Challenge Course

Steve Raymond Named Chef de Mission

The U.S. Olympic Committee announced that Steve Raymond, a leading supporter of Paralympic sport, has been selected to serve as Chef de Mission of the U.S. Team for the 2010 Paralympic Winter Games to be held in Vancouver.



Steve Raymond and Caitlin Sarubbi

Raymond serves on the board of directors for the National Sports Center for the Disabled (NSCD) in Winter Park, Colo., and he previously served on the board of the U.S. Ski and Snowboard Association, representing the adaptive alpine and Nordic teams.

As Chef de Mission, Raymond's role is to provide leadership to the U.S. Paralympic Team during the 10 days of competition, as well as serve as the senior representative on behalf of the delegation with the Vancouver Organizing Committee (VANOC), the International Paralympic Committee (IPC) and other National Paralympic Committees (NPCs).

Raymond is the senior vice president of national accounts for Disney and ESPN Media Networks.

Donald Vickery, Bilateral Amputee, Earns Membership in the PGA of America

Donald Vickery of Savannah, Ga., who overcame a near-death accident in 1989, capped a remarkable journey and personal mission to earn membership in the PGA of America. Vickery, an assistant professional at Wilmington Island Club in Savannah, graduated in a class of 90 on May 19, at the PGA Education Center in Port St. Lucie, Fla.

Vickery, 51, became a bilateral amputee (one above the knee and one below the knee) after accidental injuries in 1989. He took up the game of golf several years later after encouragement from his prosthetist. In a period Vickery estimated to be six months, he was able to balance himself well enough to record a 90 in an 18-hole round. His accomplishments include: winning a division title in the 1995 State Amputee Championship in Milledgeville, Ga.; five top-5 finishes in the past six years; runner-up in the 2007 National Amputee Championship at Onion Creek Country Club in Austin, Texas; and third in 2008 at Orchard Valley Golf Course in Aurora, Ill.



Vickery became an apprentice professional in 2000 at Wilmington Island Club. He formally began the path to PGA of America membership in 2002, passing his Level I checkpoint in January 2007, then completing Level II in June 2008 and passing Level III on May 19, 2009.

Ian Garner Recognized as Top Coach

Ian Garner, who has been working for the U.S. Adaptive Alpine Ski Team since 2006, is the recipient of the 2009 Adaptive International Coach of the Year.

Coaches are recognized annually by the U.S. Ski and Snowboard Association (USSA) in each of its specific sport programs. Garner was honored at the USSA awards dinner May 15 in Park City, Utah, during the USSA Congress 2009.

"Ian has an intensive background knowledge of ski racing as well as a passion for the sport and it shows in his work each day," U.S. Adaptive Program Director Sandy Metzger said. "His dedication and enthusiasm toward the sport is a tremendous asset. We are lucky to have him as part of our team."

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Caitlin Sarubbi rings the New York Stock Exchange opening bell on May 4. Joining Sarubbi were family members Jamie Sarubbi, Breanna Sarubbi, John John Sarubbi, and John Sarubbi. From The Hartford Financial Services Group were Liz Zlatkus, EVP, CFO; Connie Weaver, SVP, CMO; Ron Gendreau, EVP Group Benefits Division; and Bob Reiff, VP Sales and Distribution. Representing DS/USA was Kirk Bauer, executive director.

Sarubbi Rings Opening Bell At NYSE

U.S. Adaptive Ski Team member Caitlin Sarubbi, of Brooklyn, N.Y., rang the opening bell at the New York Stock Exchange May 4.

Sarubbi, 19, was on the 2009 development team and is nominated for the C Team for 2010 and hoping to qualify for her first Paralympic Team and compete in Vancouver. She also is a student at Harvard University in the pre-med program.

"It was an honor to ring the bell and also to represent the U.S. Ski Team, Disabled Sports USA, and the Adaptive Sports Foundation. It was great to have that notoriety brought to those two organizations and I appreciate everyone who helped put it together," Sarubbi said.

Sarah Will U.S. Olympic Hall of Fame Inductee

The U.S. Olympic Committee (USOC) recently announced that Paralympian Sarah Will is a member of the Class of 2009, U.S. Olympic Hall of Fame. She joins U.S. Ski Team great Picabo Street and skiing veteran Andrea Mead Lawrence.

"Andrea, Picabo and Sarah are three of the greatest ski racers of all time," said U.S. Ski and Snowboard Association President and CEO Bill Marolt. "Their accomplishments as athletes have inspired generations of aspiring Olympians. It is a great honor for them, as well as for our sport, to be recognized in the Olympic Hall of Fame."

Will won a total of 12 Paralympic gold medals and one silver

Sarubbi was born with an Ablepharon Macrostomia Syndrome (AMS) that left her without eyelids. After countless surgeries over many years, she remains visually impaired. She was introduced to skiing at the age of 11 when she was invited to join her father, a New York firefighter, as a guest to The Hartford Ski Spectacular at Breckenridge, Colo. That led to her following her newfound passion at the Adaptive Sports Foundation, Windham, N.Y.

"Skiing unleashed a feeling of freedom in me that I had never experienced before," she said. "I felt like I was on top of the world, and that nothing could ever stand in my way. For the first time I felt there was no boundaries, no limits, no disability. I was free to do whatever I wanted. I was fortunate enough to join the family of the Adaptive Sports Foundation, a chapter of DS/USA, which served as the best place to continue this incredible journey."

medal throughout her four Paralympic experiences, making her the most decorated female mono-skier in U.S. Ski Team history. In 2002, Will took the Paralympic alpine skiing gold medal sweep, winning all four races, along with the U.S. Paralympic Spirit Award.

The U.S. Olympic Hall of Fame Class of 2009 will be formally introduced and honored Aug. 12 at a banquet-style induction ceremony at McCormick Place in Chicago. The induction ceremony will air in a nationally-televised broadcast on NBC, Sept. 5, at 2 p.m. ET.

Erin Popovich and Jason Lester Win ESPY Awards

Erin Popovich and Jason Lester were 2009 ESPY Award winners in the athletes with a disability category.

Popovich, a Paralympic swimmer, won four gold medals and two silver in the 2008 Paralympic Games. Popovich also won the award in 2005.

Lester, an upper extremity amputee, has competed in a number of Ironman, Ultraman, marathon, and endurance races, including the Hilo to Volcano Ultra Marathon in Hawaii, the Hawaii Ironman, ULTRAMAN Canada and ULTRAMAN Hawaii.

Also recognized with the Jimmy V Award for Perseverance was Don Meyer, Northern State University (Aberdeen, S.D.) basketball coach who became an amputee after an automobile accident in September 2008. While being treated for his injuries, it was discovered that he has cancer. In January, Meyer set a national record for career coaching wins in NCAA men's basketball at 910 wins, beating legendary Bobby Knight's career total.

Other disabled athletes who were nominated included Jessica Long (swimming), Maureen McKinnon-Tucker (sailing), Asya Miller (goalball), Jeremy Campbell (track and field), Will Groulx (wheelchair rugby), and Oscar Pistorius (track and field).

The 2009 ESPY winners were presented July 15 at the Nokia Theater, Los Angeles.

Cara Dunne-Yates Remembered with Bronze Likeness

A bronze statue of Cara Dunne-Yates, athlete, motivational speaker, mentor, and founder of Challenge Aspen, will be dedicated at the base of Snowmass Ski Area, Snowmass, Colo., in August.

The statue, created by sculptor Jerry Snodgrass, contains Braille messages in the statue's jacket and lower right pant leg to allow blind individuals to view the statue's meaning.

Mike Dunne, father of Dunne-Yates also included some personal memories, including one of his daughter's favorite sayings: "Get up, get out."

Mike Dunne funded the statue project with an invitation-only fundraising campaign for those who supported her in

life and wanted to keep her memory alive. More than 200 donors responded with more than \$70,000 in four years.

Despite the loss of both eyes from cancer at age five, Dunne-Yates graduated magna cum laude from Harvard University with a degree in East Asian studies and economics and served as class president. She received her law degree from UCLA Law School in 1997. Dunne-Yates won medals at both the Summer Games in Atlanta (cycling) and Winter Games in Innsbruck (skiing). Cancer took her life in 2004.



Handcycle Team Wins Race Across America

A handcycle team, Team Can Be Venture, headed by Patrick Doak, finished first in Race Across America (RAAM), the first handcycle team to officially complete the race. RAAM began June 16 in Oceanside, Calif., and finished in Annapolis, Md., June 29, covering a distance of 3,000 miles. Team Can Be Venture completed the race in eight days, nine hours, and six minutes. Team members included Carlos Moleda, Hannes Koeppen and Vico Merklein.

As individuals, team members have excelled in athletic competitions. Doak, Concord, Mass., has completed four Ironman World Championships and holds numerous top-10 finishes in marathons, half-Ironman competitions, and road races across the country. Moleda, Bluffton, S.C., is a winner of the 367-mile Sadlers Ultra Challenge handcycle race in Alaska, a two-time National Handcycling Champion, and four-time Hawaii Ironman Champion. Koeppen, Germany, is considered to be the strongest handcycle Ironman in the cycling discipline. In 2007, he captured the Ironman World Championship title in the handcycle division and finished first in his category at 2008 Ironman Malaysia. Merklein, also from Germany, has won numerous road racing competitions worldwide and is the holder of several course records.

Garcia-Tolson First Double Amputee to Complete Triathlon

Rudy Garcia-Tolson became the first double above-the-knee (AK) amputee to complete the long course in the Wildflower Triathlon May 2 in Lake San Antonio, Monterey County, Calif. His time was 8:51:38.

He is now training for an Ironman, which he plans to do at the World Championships in Kailua-Kona, Hawaii, in October. Finishing Wildflower, one of the toughest half-Ironman courses on the circuit, was a significant milestone in achieving that objective. No other double AK amputee has ever finished an Ironman.

Beth Geno New Director of ADN

Athletes with Disabilities Network (ADN) named Beth Geno as its Executive Director. Geno is co-creator of Extremity Games and over the past year has worked at Easter Seals - Michigan, overseeing the Marketing and Communications Department.



Marc Leblanc Wins Robie Pierce Regatta

Marc Leblanc, Houma, La., and crew Alex Streb, Fuquay Varina, N.C., and Tim Angle, Winthrop, Mass., won the first annual Robie Pierce One-Design Regatta June 6-7 out of the American Yacht Club in Rye, N.Y.

Twenty disabled teams and two teams of blind sailors from 14 states, the District of Columbia, and Canada, competed in the inaugural event, named for disabled sailing trailblazer Robie Pierce.

The top five finishers were: Leblanc and Streb; Jen French and Mike Hersey; Carol Olsson and Jackie Gay; Shan McAdoo and Maureen McKinnon-Tucker; Inky Inkavalia and Duane Farrar.

For complete results, visit http://yachtscoring.com/event_results_cumulative.cfm?eID=247.



Amy Dodson Runs 50-Mile Race

Amputee Amy Dodson, Sahuarita, Ariz., completed the 30th annual American River 50-Mile Endurance Run with a time of 11:43:24. The run follows the American River Parkway and the Pioneer Express trails from Sacramento to Auburn, Calif. She also ran the Rocky Raccoon 50-Miler in Huntsville, Texas, in February with a time of 12:38:01.

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Amy Purdy Featured in Meningitis Awareness Campaign

Amy Purdy and Tyler Johnson are involved in a national campaign to educate people about the importance of meningococcal disease prevention. The Voices of Meningitis campaign will kick-off in late August and actress Lori Loughlin, currently starring in the CW's 90210, will serve as the national spokesperson.

Purdy and Johnson will appear in radio and television public service announcements as well as on the Web site and in print materials to be distributed to preteens, teens and their parents through the school nurses and National Association of School Nurses.

Both Purdy and Johnson have survived the disease, but have endured multiple amputations as a result of it.

Purdy lost her legs, kidneys, spleen and part of her hearing to meningitis as a teenager. Making a promise to never feel sorry for herself, Purdy has achieved remarkable success in her life. Just weeks after her kidney transplant, Purdy competed in the United States of America Snowboard Association's snowboarding competition and medaled in three events. Today, she works as a

model, actress, and make-up artist. She also co-founded Adaptive Action Sports – a non-profit organization that helps adaptive athletes get involved in action sports, music, and art.

Johnson contracted meningitis at age 10. He survived, but doctors had to amputate his feet and some of the fingers on his right hand in order to save his life. Johnson recovered and participates in wrestling tournaments and enjoys snowboarding, fishing and horseback riding.

Understanding the dangers of meningitis and the availability of a vaccine is crucial to help protect children from this potentially deadly disease. Preteens and teens are at greater risk for contracting meningococcal meningitis. The bacteria

can be passed from one person to another through common everyday activities, like sharing drinking glasses or eating utensils, living in close quarters or kissing. The Centers for Disease Control and Prevention (CDC) and other leading medical groups recommend meningococcal vaccination for preteens and teens 11 through 18 years of age and college freshmen living in dormitories.

For more information, visit www.voicesofmeningitis.org.



Amy Purdy

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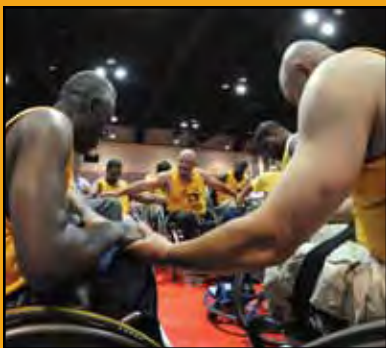
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Veterans Win More than Medals at the Wheelchair Games

The 29th National Veterans Wheelchair Games, which unfolded in Spokane, Wash., this July, drew nearly 500 wheelchair athletes, all military veterans from across the country as well as Puerto Rico and Great Britain. Athletes competed in up to five of 17 possible sports including basketball, softball, handcycling and weightlifting.

For some participants though, like Wayne Field of Colorado Springs, Colo., the gold medals aren't everything and the journey is just as important as crossing that finish line first.

"I am not going to lie. It is nice to have the frosting on the cake - the medals," said Field, 83, a swimmer who trains year-round for the Games. "But I am going to laugh and smile just as much if I lose or if I win."

This sentiment - valuing the camaraderie as much as the competition - is one that many of the participants share, according to Field. "We use the Games as a reason to stay in shape, but we also have fun no matter what," said the World War II veteran, who has spent the last 30-plus years in a wheelchair due to combat-related injuries.

The Department of Veterans Affairs and Paralyzed Veterans of America (PVA) co-present the Games, which is the largest annual wheelchair sports event in the world. The Spokane VA Medical Center and Northwest Chapter, PVA, hosted the 2009 Games.

Next year's event is in Denver, Colo., July 4-10 and Pittsburgh, Pa., will host the event in 2011. For more information, visit wheelchairgames.va.gov.

eX4 Hosts Wounded Warriors, Athletes from Around the World

By Beth Geno, *Extremity Events Network Board Member*

Extremity Games 4 (eX4) rocked Michigan as the extreme sports competition for athletes living with limb loss and limb difference came to town July 9-11. eX4 competitions included skateboarding, rock climbing, wakeboarding, kayaking, mountain biking, and motocross. This year, Extremity Games hosted athletes from around the world, including France, South Africa, Germany, and throughout the United States.

The Opening Ceremony welcomed athletes and officially kicked-off Extremity Games 4 July 8 at the Holiday Inn Gateway Center in Flint, Mich. The following day, the South Street Skate Park in Rochester hosted the skateboarding competition. Oscar Loreto took first place, Evan Strong came in second, and Garry Moore took third. Rock climbing followed the skate competition on Thursday at Planet Rock in Pontiac, with Craig DeMartino and McKayla Hanson taking first in top rope, Ronnie Dickson and Cara Fortunato in second, and Tyler Adams and Jacquelyn Farris in third. In bouldering, Craig DeMartino took first, Ronnie Dickson came in second, and Evan Strong took third.

On Friday, July 10, the lake was smooth as glass as the wakeboard competition began at Holloway Reservoir in Davison. New to Extremity Games this year, Jim Bob Bizzell came in first, Connor Howe came in second and returning athlete Chet Kuskowski took

third. In kayaking, Joel Berman and Kelly Allen paddled into first, George Rickman and Cara Fortunato in second, and Chris Casteel and Brooke Artesi in third.

Despite early morning thunderstorms, the motocross and mountain biking events were ready for competitors at Baja MX in Millington. In mountain biking, Anthony Zukowski raced to win back his title for first place, Chad Crittenden of Survivor Vanuatu took second, and Stephan Buchler of Germany came in third. The engines were revved early in the day for motocross with George Hammel taking first, TJ Hiracheta in second and Sampie Erasmus of South Africa in third in the Motocross Light competition. In Motocross Premier, Chris Ridgeway continues to reign at the top winning first place. Mike Schultz followed in second, and Jason Woods in third.

Athletes with Disabilities Network, the organizers of Extremity Games, are excited to partner with Adaptive Action Sports, the official sports organizer for the Super X Adaptive Finals motocross competition at the ESPN X Games. This year, Extremity Games is the pre-qualifier for the Super X Adaptive Finals motocross competition with the top six riders at Extremity Games being officially invited to compete in the X Games race. Twelve riders total will compete at the Super X Adaptive Finals, which will be televised live on Friday, July 31, at 8:30 EST on ESPN.

Extremity Games is proud to work with Trijicon to welcome members of the

Wounded Warrior Disabled Sports Project, where recovering wounded warriors can not only compete in extreme sports, but can also educate themselves on sports that they have never tried before. Extremity Games is an opportunity for our recovering wounded service members to help them get active again through sports.

This event is made possible by the generous sponsorships of Disabled Sports USA, Trijicon, Easter Seals - Michigan, College Park Industries, Wright & Filippis, Mary Free Bed, Riverside Kayak Connection, Ossur, Aristo-Cast, Ohio Willow Wood, Onyx Embroidery, Adaptive Action Sports, Amputee Coalition of America, Adaptive Adventures, Michigan Adaptive Sports, among dozens of other sponsors and partners.

Extremity Games is organized by Athletes with Disabilities Network (ADN), a subsidiary of Easter Seals - Michigan. Established in 2009, ADN's mission is to promote a better quality of life by creating opportunities for athletes with physical disabilities. ADN organizes Extremity Games, as well as Athletes with Disabilities Hall of Fame, which recognizes and honors men and women who have overcome physical challenges to become elite athletes and superior role models.

For more information on Extremity Games or Athletes with Disabilities Network, please visit www.extremitygames.com or call (586) 556-1761.

Extremity Games 4 Results

Skateboarding

- Oscar Loreto
- Evan Strong
- Garry Moore

Rock Climbing Top Rope (Women)

- McKayla Hanson
- Cara Fortunato
- Jacquelyn Farris

(Men)

- Craig DeMartino
- Ronnie Dickson
- Tyler Adams

Rock Climbing Bouldering

- Craig DeMartino
- Ronnie Dickson
- Evan Strong

Kayaking (Women)

- Kelly Allen
- Cara Fortunato
- Brooke Artesi

(Men)

- Joel Berman
- George Rickman
- Chris Casteel

Wakeboarding

- Jim Bob Bizzell
- Connor Howe
- Chet Kuskowski

Mountain Biking

- Anthony Zukowski
- Chad Crittenden
- Stephan B  chler

Moto-X Light

- George Hammel
- Theodore Hiracheta
- Sampie Erasmus

Moto-X Premier

- Chris Ridgeway
- Mike Schultz
- Jason Woods



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Wounded Warrior to participate in 2009 Rolex Fastnet

Retired Army Sgt. Neil Duncan will be competing in the world-famous 2009 Rolex Fastnet Yacht Race thanks to the Wounded Warrior Disabled Sports Project (WWDSP), the British Limbless Ex-Service Men's Association (BLESMA), and his indomitable spirit, which has allowed him to go from sustaining severe, life threatening injuries, to being an active sailor, skier, cyclist, and swimmer.

The Fastnet race is an offshore yachting race that takes place every two years over a course of 608 miles. Three hundred boats start off Cowes on the Isle of Wight in England, round the Fastnet Rock off the southwest coast of Ireland, and then finish at Plymouth in the South of England after passing south of the Isles of Scilly.

Duncan, a native of Minnesota, but now a resident of Denver, has traveled the world with the military, serving as a paratrooper in both Iraq and Afghanistan. While in Afghanistan in December 2005, Duncan's truck rolled over an explosive device resulting in the loss of both his legs, plus severe injuries to his jaw, arms, teeth, fingers, and many shrapnel wounds. Despite this, he was able to take the challenge of recovery head on and fought to regain his strength at Walter Reed Army Medical Center. In less than 1½ years, Duncan

was finished with rehab, and now goes to school and works for Wounded Warrior Project in Denver. He says about his experiences and participating in the upcoming race: "I have found meaning in life by trying to provide motivation and inspiration to those around me in anything I do. I'm humble about it all and I really do love my life and everything that has happened. Mentally or physically, good or bad, tragic or not, I wouldn't be who I am without these experiences, and therefore,

I wouldn't change a thing. Now I know that the sky is the limit for what can be accomplished. Thank you for creating this possibility for me. It is most definitely a once-in-a-lifetime opportunity and I am very much looking forward to advancing my knowledge of sailing while taking part in this adventure."

To read more about BLESMA, visit <http://www.blesma.org/rolex-fastnet-2009.html>.



Neil Duncan

[evolve]



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- Chris Johnson, mechanical engineer



Camps for TBI, PTSD and VI

Sun Valley Adaptive Sports (SVAS), a chapter of DS/USA, is offering an all-expense-paid fly fishing camp for OIF/OEF Wounded Warriors with severe traumatic brain injuries (TBI) or severe post traumatic stress disorder (PTSD), Oct. 6-11.

Trout fishing in the Sun Valley area is among the best in the country. Participants will learn the art and techniques of fly fishing for trophy browns and rainbows on pristine rivers in the valleys of Idaho's majestic mountains. Options include learning to horseback ride and then ride a horse to the fishing spot.

This winter, SVAS is offering four snow sports camps for OIF/OEF warriors. Learning activities include skiing and snowboarding with the opportunity to try Nordic skiing, paragliding, snowshoeing, and ice skating.

The 2010 snow sports camps are:

January 10-15: Primary injury qualification - 50 percent visual impairment combined with TBI

February 7-12: Primary injury qualification - Blind or with 20 percent or less vision

March 7-12: Primary injury qualification - Severe TBI/PTSD

April 4-9: Primary injury qualification: Severe TBI/PTSD

All events are six days, five nights. Groups are small, with only six spots available for each summer and winter camp. Significant others also are included free of charge.

Campers will have time to relax and unwind, visit local attractions, eat delicious meals, and enjoy nighttime



entertainment. All SVAS settings are small and quaint to maximize the time learning sports, developing friendships, and having a memorable lifetime experience.

For more information, call Bert at (208) 726-9298, ext. 117, or e-mail bert@svasp.org, or visit www.svasp.org.

The Wounded Warrior Disabled Sports Project is excited to partner with Sun Valley Adaptive Sports in 2009/10. Look for more SVAS events on the WWDSP calendar.

[the evolution continues]

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Wounded Warriors Make a Splash at the 5th Annual Adaptive Water Sports Festival

By Katie Barto, DS/USA Intern

Summer means different things to different people. For some, it is a break from school and for others, it means the chance to pursue long-awaited outdoor adventures. This summer, I am spending my time as an intern for Disabled Sports USA. I have been helping to plan and recruit for many exciting sporting trips for warriors who were wounded in Afghanistan and Iraq. The first trip I attended was the Adaptive Water Sports Festival in Rockaway Point, N.Y., held from July 9-12. This is the fifth annual

summer that Disabled Sports USA, along with Wounded Warrior Project and Graybeards, Ltd., would hold this amazing event that offers four days of waterskiing, sailing, kayaking, fishing, and scuba.

After recruiting the Wounded Warriors and helping to organize the event along with DS/USA staff, it was finally time for the big day. On Thursday, July 9, a bus full of Wounded Warriors set out from Walter Reed Army Medical Center in Washington, D.C. Along with local Wounded Warrior

alumni from the Tri-State (New York, Pennsylvania, and New Jersey) area, we also had a group of eight service members from the British Limbless Ex-Servicemen Association (BLESMA) join us. With a total of 34 Wounded Warriors, this was sure to be an amazing event.

For the next three days, I worked behind the scenes to make sure that the Wounded Warriors had an amazing time and a positive sports experience. From the parade of antique FDNY trucks that brought them into Rockaway, to the



cruise on the luxury mega-yacht Atlantis, to the block party with the incredible community and all of the exciting sports being provided, huge smiles were abundant for as far as the eye could see.

Now, this event wasn't a first for just me. It also happened to be the first trip for a very special Wounded Warrior, Pfc. Brendan Marrocco, 23, of Staten Island, N.Y. Marrocco was injured on Easter Sunday 2009 by a roadside bombing in Iraq. The blast caused him many horrendous injuries including the amputation of all four limbs, making him one of the few quadruple amputees to survive these latest conflicts in Iraq. He is currently staying at Walter Reed Army Medical Center, with his older brother Michael, where he predicts he will be for the foreseeable future.

Because some of his injuries are still healing, Brendan was only able to participate in fishing and sailing. During his brief time in New York, he was able to tour the Yankees' new stadium, which was a great opportunity because he is a big Yankees fan. Brendan said, "I had a fun time. We got to see a lot of things that you can't see when watching a game on TV, like the locker rooms, the museum, and I got to go out onto the

field." Also, he was able to visit with his mother, Michelle Marrocco, who spent Saturday at the event with Brendan and Michael. Despite not being able to fully participate, Brendan conveyed how much he enjoyed himself this weekend. "I had a lot of fun. I wish that I could have done everything, especially scuba, but with my injuries, it just isn't possible YET."

I wish that I could have done everything, especially scuba, but with my injuries, it just isn't possible **YET.**

Over the next few months as Brendan's injuries heal and he becomes more comfortable, I hope to see him participate in more sports. He has told me several times that he is definitely planning on attending The Hartford Ski Spectacular in Breckenridge, Colo. A once avid snowboarder, Brendan is now a little nervous on how he will fare on his prosthetic legs. However, he is very determined to work hard on his rehabilitation so that he is able to accomplish snowboarding.

The community's outreach to these men and women was inspiring. Residents of Breezy Point and Rockaway opened their homes to Wounded Warriors, families, and staff members. These host families, many of whom are members of the New York Police Department and New York Fire Department, spent the weekend making sure that their guests knew how grateful

they are for their service to our country. The Wounded Warriors want to convey a most sincere "Thank You!" to their host families for so graciously hosting them for this event.

For my first event, I thought the New York Adaptive Water Sports Festival was amazing. I feel so honored and privileged to be able to work with such amazing people. They have truly inspired me with their spirit, determination, and, of course, their love and commitment to sports.

Photos by Ken Watson



WOUNDED WARRIOR DISABLED SPORTS PROJECT



Wounded Warriors in Nondisabled Endurance Events



Capital of Texas Triathlon

Nine Wounded Warriors joined thousands of nondisabled triathletes in Austin, Texas, to compete in the Capital of Texas Triathlon. Disabled Sports USA and Wounded Warrior Project, in partnership with the Capital of Texas Triathlon May 23, sponsored the participation of the Wounded Warriors as part of the Wounded Warrior Disabled Sports Project. This group competed as part of a new event division: the Capital of Texas Triathlon Military Physically Challenged Championship. Competitors tackled one of three distances: Olympic (1500 meter swim; 40K bike; 10k run); sprint (750 meter swim; 20K bike; 5K run); or First Tri (400 meter swim; 10K bike; 5K run). The Wounded Warrior group, made up of first timers and triathlon veterans, boasted finishers in all three distances (two in First Tri, five in sprint, and two in Olympic distance). Army Lt. Col. Patty Collins, a below-knee amputee, led the field with a very respectable time in the Olympic distance of 2:53:11, which placed her 138 of 419 nondisabled athletes. She summed up her experience at this race: "CapTex Tri was a fantastic race with top-notch race support from the directors to the volunteers. They did an incredible job of making every athlete feel as if they were a winner. From the additional steps they took to make it friendly for a physically-challenged athlete, to the fantastic support of the Austin community made it a memorable race I will mark my calendar for every year."

Ski to Sea Race Results

Winners of their leg of the race are:	
Cross-Country Ski	Kerrie Golden
Downhill Ski	Dillon Behr
Run	Michael Kacer
Road Bike	Jonathan Pruziner
Canoe	Zach Harvey/Troy Crawford
Mountain Bike	Kenneth Butler
Kayak	Robert Brown

Ski to Sea Race

Six patients and two therapists from Walter Reed Army Medical Center placed 256 in the Annual Ski to Sea race in Bellingham, Wash. Team "Missing Parts in Action" was jointly sponsored by Disabled Sports USA, Wounded Warrior Project, and Challenged Athletes Foundation and was one of only two disabled teams of 414 competing.

This was the first competitive race for the team who, due to their recent disabling injuries sustained while serving in the military overseas, had minimal time to train, making their achievements even more impressive.

The race is a legendary annual event in the Seattle area challenging participants over a 90-mile course featuring seven different sports. Teams start with a cross-country skiing event at the top of Mount Baker, and compete relay style, culminating in the final team member kayaking in Squalicum Harbor. For more information about the event, visit www.skitosea.com.



SAVE THE DATE!

The Hartford Ski Spectacular Is Dec. 6-13, 2009

The Hartford Ski Spectacular will be marking 22 years when the festivities begin in Breckenridge, Colorado, Dec. 6-13, 2009.

This is a family-friendly event where participants of all ages enjoy learning snow sports, regardless of level of ability. Seasoned professionals and skilled volunteers are on-hand to make sure everyone has a positive experience on the slopes. Fun social events throughout the week allow plenty of time for mingling and relaxation, too. This is truly a week where memories are made and friendships are lasting!

The week's activities include:

- Beginner programs: Learn to Ski, Learn to Snowboard, and Nordic Skiing, and Biathlon
- The Corporate Challenge Race featuring disabled and able-bodied skiers teaming up for a thrilling downhill race
- Diana Golden Level 1 Alpine Ski Race for disabled youth
- National Race Festival: A two-tiered developmental program for mid-level through elite disabled skiers
- Youth mentoring with members of the USDST and other ranked athletes. Scholarships are available. Contact Pat Addabbo at paddabbo@dsusa.org
- USSA Level 100 Coaches Certification Program
- PSIA/AASI National Adaptive Academy continuing education credits
- Many social events including banquets and casino night

Contact DS/USA online or by phone for details on registration, housing, and specific programs at The Hartford Ski Spectacular by calling (240) 268-1250 or e-mailing info@dsusa.org.

Online registration is also available. Visit www.dsusa.org and click on The Hartford Ski Spectacular logo.



Vijay Viswanathan rides at the Boulder Bike Clinic, Boulder, Colo., hosted by the Adaptive Sports Center and the City of Boulder Parks and Recreation Department.



Photo courtesy of Malcolm Daly

ROLLIN' DOWN THE MOUNTAIN

If you like nurturing your independence, appreciate the outdoors and enjoy an adrenalin rush, then downhill mountain biking may be the sport for you.

Downhill mountain biking is exactly what the name implies. You get to the top of a mountain or ski hill, transfer to a specially constructed bike with four wheels, and proceed to careen down to the bottom.

Although not necessarily for the faint of heart or those who prefer more tranquil ways to communicate with nature, mountain biking has a special niche for extreme sport enthusiasts and can be enjoyed by almost every ability.

"If you are able to wheel your own chair and are cognitively aware, you can mountain bike," said Sandy Olney, program director, Bretton Woods Adaptive Inc., Bretton Woods, N.H.

Downhill mountain bikes, sometimes referred to as fourcross, are four-wheelers, gravity driven, with hand-controlled disc brakes. They have bigger tires than road cycles, which help absorb the bumps encountered on

unpaved terrain. The seating is similar to a mono-ski bucket.

Mountain bikers need to be prepared for the bumps, jars, and possible rollovers by equipping themselves with helmets, gloves, elbow pads, and body armor, sometimes called gladiator suits.

"The sport tends to get a younger crowd," Olney notes. "When someone is interested in biking, we make an appointment and talk about the bike, how it works, what the ride is like. Then, we fit the user into the bike so it is comfortable and snug. And then, we show how the brakes work and the importance of keeping speed under control as you learn."

Downhill mountain bikers get to their point of descent by using a ski lift or a four-wheel tow. At Bretton Woods Adaptive, located at the base of Mount Washington Resort, bikers use the ski lift to get to the top of the mountain; their bikes strapped to the chair preceding them. Once at the top, the lift operators disembark the bike and set it so the biker can directly transfer to it from the lift. Then, it's just a matter of cruising downhill, which on Mount Washington can take eight to 10 minutes, Olney said.

"Downhill is for those who want the rush," Olney said. "It's high-speed and exhilarating."

Olney said that Bretton Woods Adaptive frequently teams up with New England Disabled Sports and its Sports Director Geoff Krill, who lends his expertise and teaching abilities. Krill, a paraplegic, is a former professional downhill biker.

"Mountain biking is just like alpine skiing, with different levels of trails. You can have a nice downhill ride or go as fast as you want to go," Krill said. "It's open to lots of disabilities from amputees to quads. It's a gravity sport so you don't have to be in the best cardio shape. And it's great for people with balance issues. Quads can mountain bike when adjustments are made to flip the brakes backward towards the driver. Quads can't grab, but they can push. It's also possible to tether mountain bikes together so a skilled biker can pilot another downhill."

"I never met a person who didn't have a great time biking," Krill said. "You can move through the forest like a deer. It's a raw feeling; you don't get that often in a chair."

Krill advises first timers to get used to the bike by using the trails around the base of the mountain and learn how the bike reacts to different types of terrain. "Mountain biking is basically a way to hike down the mountain," he said. "You can fly down the mountain or you can go slower."

Krill began mountain biking in 1996, a year after he became disabled in a snowmobiling accident. "I was looking for a way to get back into the woods," he said. "Once I got into it, I began racing." He was a member of Team Phoenix, a group of off-road wheelchair racers who competed nationally and internationally.

Krill owns four downhill mountain bikes, which he loans to NE Disabled Sports. "The problem is there are not a lot of manufacturers who make mountain bikes," he said. "Many of the mountain bikes around are either older

MOUNTAIN BIKING RESOURCES

One-Off Handcycles – Manufacturer of a popular off-road handcycle. The company was started by Mike Augspurger, inventor, craftsman and specialist in custom titanium frame bicycles, including the first all-terrain handcycle for wheelchair athletes (www.oneoffhandcycle.com).

Handcycle Racing – Site for wheelchair resources including a link to cycling products from Invacare (www.handcyclerracing.org).

R-One Fourcross – A company that continues to produce bikes and replacement parts (www.r-onefourcross.com).

United States Handcycling Federation – Informative site on all aspects of handcycling including information on off-road handcycling events (www.ushandcycling.org).

Mountain Biking Amputee – an informal organization of amputee mountain biking and cycling enthusiasts (www.mtb-amputee.com).

There are some companies that continue to work on prototypes for downhill mountain bikes. These include mono-ski manufacturer Tessier Equipment (www.dualski.com) and The Active Force Foundation (www.activeforcefoundation.org). A mountain chair research project also is underway, spearheaded by Dr. Jeffrey Rosenbluth, University of Utah Hospital Rehabilitation Services (www.mech.utah.edu/about/seniordesignprojects/mountainchair.html).



Andrea Kerr tries out a mountain bike at Bretton Woods Adaptive as her husband, Tony, offers encouragement.

// continued on next page

DS/USA CHAPTERS THAT OFFER MOUNTAIN BIKING

Adaptive Sports Center of Crested Butte
Crested Butte, Colo.
www.adaptivesports.org

Bretton Woods Adaptive
Bretton Woods, N.H.
www.brettonwoodsadaptive.org

National Sports Center for the Disabled
Winter Park, Colo.
www.nscd.org

New England Disabled Sports
Lincoln, N.H.
www.nedisabledsports.org

models or customized.”

An alternative to downhill biking is cross-country biking, utilizing one-off bikes.

Like downhill bikes, they have large tires, but they are rear-wheel driven and have gears for a variety of uphill and downhill riding. They allow bikers to travel both paved road and rough terrain. Off-road handcycles have a single-wheeled drive train in the back, similar to a two-wheeled mountain bike, with two wheels in the front for stability.

“They are versatile and they can go downhill quite well,” said Chris Read, CTRS, program director for the Adaptive Sports Center (ASC), Crested Butte, Colo.

“One-offs are designed for people with mid-level disabilities,” he said. “They need to use chest and trunk muscles to steer while pedaling.”

ASC also has a mountain biking program with three downhill bikes.

“We decide with the biker what the best option is and what is the best fit,” he said of newcomers to the sport.

“We go over the mechanics of the bike with them with braking the most important element. We try to customize the day for the participant. People’s comfort level varies and it is physically demanding. But people drawn to it have an adventurous spirit.”

Crested Butte also hosts an annual Off-Road Handcycling World Championship. This year’s event over Labor Day Weekend features athletes competing on specially-designed handcycles outfitted for off-road riding. In 2009, two new, non-competitive rides have been added to the schedule of events: a warm-up ride on Friday and a backcountry tour on Monday, both supported by the Adaptive Sports Center.

Crank it Up! Challenging the White Rim

The documentary, “Crank it Up! Challenging the White Rim,” features three paraplegics, hand-peddling specialized adapted mountain bikes, the One-Off, on one of the most rugged and forbidding mountain bike trails in the world, the White Rim Trail in Canyonlands National Park, Utah. Although sharing a love of adventure and the outdoors, nothing but their commitment and determination to the ride was certain. Warren Miller’s cinema photographer Tom Day documented this six-day, 106-mile epic adventure. The film highlights the lives and events of each athlete; Steve Ackerman, who rode a handcycle around the world covering over 14,500 miles, Bob Vogel, former professional aerial skier and outdoor enthusiast, and Mark Wellman, first paraplegic to ascend El Capitan and Half Dome and to sit ski across the Sierra Nevada.

The documentary, narrated by John Hockenberry, of dateline NBC, culminates into a compelling story making history as the emotionally charged trio peddle up the relentless trail scattered with loose rock, steep ledges, continuing switchbacks in dense sand, to the completion of the famous White Rim Trail. For more information, call No Limits at (530) 582-1135 or visit www.nolimitsahoe.com.



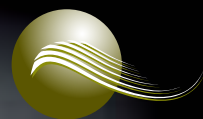
Mark Wellman rides a One-Off at the Cinque Torre in Northern Italy.



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ASC Looks Ahead to Ice, Snow Sports

A number of activities – offering both thrills and delights – are available to participants this upcoming winter season at the Adaptive Sports Center (ASC), Crested Butte, Colo. Alpine skiing, snowboarding, ski biking, Nordic skiing and snowshoeing are offered throughout the winter to people of every age and ability level, with family members also invited to join the fun. ASC's team of professional, certified instructors are talented in both introducing clients to new, unfamiliar sports or taking participants' skills to the next level in an activity they are already proficient in. Advance reservations for activities are recommended, especially in peak times (end of December/New Year's, and spring break).

The ASC is ideally located in a geographical area offering stellar snow and great ice. Its growing ice-climbing program offers

an unforgettable adventure for clients, not to mention priceless photos. Backcountry hut trips and other winter activities (such as snowmobiling, powder-cat skiing and dog sledding) can be coordinated through the ASC, with advance arrangements required.

Participants and their families and friends will notice enhancements around ASC's ski mountain, Crested Butte Mountain Resort. A new Adventure Park at the base of the ski area makes its debut this summer and features year-round ice skating, climbing pinnacle, and bungee trampolines.

Contact the ASC at (866) 349-2296 or visit www.adaptivesports.org for registration/pricing, and for more information about special winter camps and clinics.

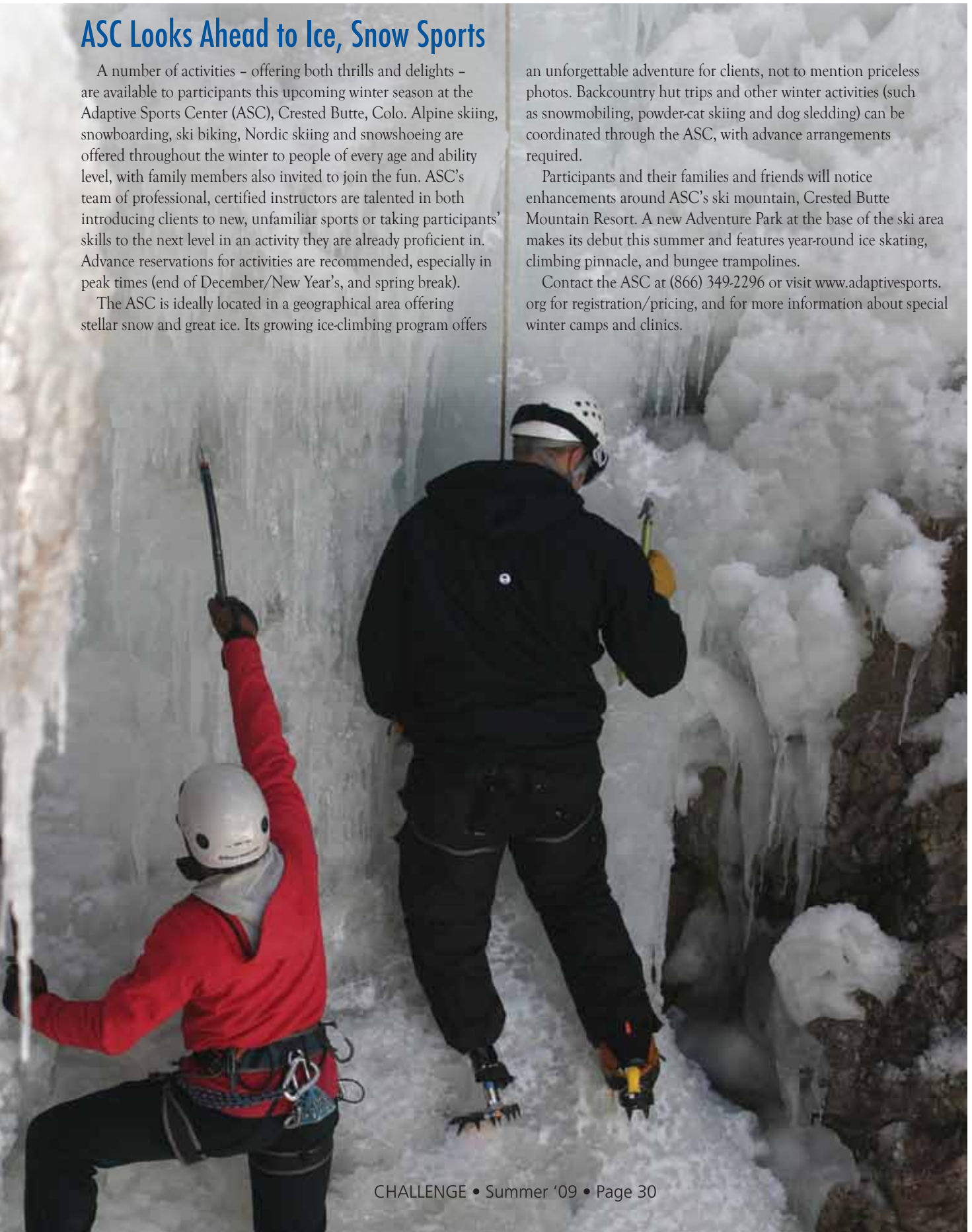


Photo courtesy of Deb Folsom

Outdoor Adventures in Logan, Utah



Common Ground Outdoor Adventures in Northern Utah provides year-round outdoor recreational opportunities for youth and adults with disabilities. Upcoming fall and winter trips include climbing, white-water rafting, cycling, canoeing, and camping at National Parks in the West. All trips are adapted to meet the needs of all abilities and accessible airport shuttles are available from Salt Lake International Airport to Logan, Utah. Equipment, meals (during

trips), and transportation from Logan are included in the cost.

Scholarships are available to persons who are low income.

For more information or to sign up for activities, call (435) 713-0288, e-mail programs@cgadventures.org, or visit www.cgadventures.org. The following are some of our upcoming events. Please contact us for exact dates and costs.

Four-day, white-water rafting adventure on the Salmon River in Idaho: Join us while we raft down the same river Lewis and Clark explored in the early 1800s. We will be rafting during the day and sleeping in tents at night.

Zion and Bryce Canyon National Parks: Five-day trip through both parks. Sleeping in tents at night.

January – March 2010: Adaptive Alpine Ski Program for people of all abilities. Trips to Beaver Mountain, Snowbasin, and Powder Mountain. We have a knowledgeable staff and wide range of adaptive ski equipment.

The Unrecables Raft the American River

The Unrecables plan a river rafting trip on the American River near Sacramento. Trip dates are to be determined. The package includes, two full days of rafting, guides, equipment, meals, and two nights of camping. Cost is approximately \$130 per person. If interested in participating, e-mail info@unrecables.com.

Monthly Social Hours are held on the second Tuesday of each month at 6.30 p.m. at Mi Ranchito Family Restaurant, Culver City, Calif.

For more information or to download a newsletter or trip forms, e-mail info@unrecables.com or visit www.unrecables.com.

Eldora Special Recreation Program

The Eldora Special Recreation Program in Boulder, Colo., offers ongoing activities throughout the winter season, December-March. Activities include alpine skiing, snowboarding, Nordic skiing, and snowshoe adventures. Also ongoing is the Paralympic Military Program. For more information on programs and events, contact David Schadle, (303) 588-2862, e-mail veteransprogram@esrp.com, or visit www.esrp.com.



TASP Winter Events

The Telluride Adaptive Sports Program (TASP), Telluride, Colo., kicks off its winter season with a Special Olympics Colorado (SOCO) Family Day, Saturday, Dec. 5. This is a great time to meet fellow SOCO participants and warm-up for a great racing season. Events include, a contest for the best-designed helmet, games, and racing. All Colorado Special Olympic groups or individuals are welcome to participate.

The 10th annual Expand Your Horizons! Ski Camp for intermediate to advanced skiers will be the first week of February 2010. TASP brings in world-class coaches to facilitate a fun week of adaptive skiing. Activities include, turning and tweaking, video analysis, mountain skills, all mountain skiing (including bumps and possibly "hike to" terrain) and racing.

TASP is moving into a much anticipated new permanent facility this upcoming ski season. This ski-in, ski-out property covers almost 1,700 square feet. The interior includes seating and a locker area, administrative offices, a volunteer/instructor area, and a reception and resource center. Move-in date is targeted for late fall.

For more information on TASP, call (970) 728-5010, e-mail programs@tellurideadaptivesports.org, or visit www.tellurideadaptivesports.org.

Art Show Benefits North Country Access

North Country Access Cycling and North Country Children's Clinic will benefit from a unique art exhibition and sale Oct. 23 and 24 at Jefferson Community College, Watertown, N.Y. Each piece of art is 6 in. x 6 in. and each will be sold for \$20.

A preview gala open to the public will be held at the college Oct. 23 at 7 p.m. Art viewing and sale at the college will continue through Oct. 24. After that time, the art will continue to be on display in the area for another month at various locations that are yet to be announced.

Those interested in donating artwork may do so at the Children's Clinic, 238 Arsenal St., Watertown, N.Y. Submission deadline is Sept. 30.

For more information, visit www.childrens-clinic.org.



Wheelchair Sports USA Great Lakes Regional Games a Success

Due to the support of the many collaborating agencies, Wheelchair Sports USA Great Lakes Regional Games were a huge success. Adaptive Adventures, Illinois Park and Recreation Association Adapted Sports Committee, Chicago State University, Fox Valley Special Recreation Association, Rockford Park District, Western DuPage Special Recreation Association, Disabled Sports USA, and Mobility Works all provided the leadership and manpower for this event. Wheelchair Sports USA, the governing body for the event, provides athletic experiences for athletes with disabilities in sports that parallel those for able-bodied individuals from novice through elite levels. The event was hosted by Great Lakes Adaptive Sports Association May 30-31 in Libertyville and Vernon Hills, Ill.

More than 90 athletes from five Midwestern states who have a physical or visual impairment competed in swimming, track & field, handcycling, boccia, and archery for personal best and to qualify for the Wheelchair Sports USA National Junior Disability Championships, July 25-Aug. 1, in St. Charles, Mo. Novice athletes as well as those new to adaptive sports participated in on-site clinics in ambulatory soccer and wheelchair and

ambulatory tennis, funded by the Chicago Tennis Patrons, the United States Tennis Association, and the National Sports Center for the Disabled.

The Games were the first within Wheelchair Sports USA competition to include handcycling time trials. Youth younger than 16 competed in an 800 meter time trial and those older than 16 competed in the 1,500 meter race. "We were really happy with the number of participants and it was exciting to offer a new event," said Keri Schindler, program supervisor at GLASA.

Cindy Housner, executive director for GLASA, said the event exceeded expectations. "As a first-time host, we are pleased with how smoothly the Games ran and it was fun having the 150 family and friends to cheer our teams on," she said. "Part of our success was due to collaboration of our partners and sponsors including Disabled Sports USA, Jason's Deli, and Mobility Works. The Great Lakes Regional Games are a warm-up for GLASA, which is submitting a bid to host the 2010 National Junior Disability Championships in July 2010. This event is expected to draw 600 athletes and spectators to the area.

For further information on GLASA,

visit www.glasa.org. For the National Junior Disability Championships, visit www.wsusa.org.

GLASA's Twilight Run Set for September

Great Lakes Adaptive Sports Association (GLASA), Lake Forest, Ill., provides sports, clinics, camps, and special events for people with a primary or visual impairment. GLASA programs operate at recreational and competitive levels. Novice and experienced athletes are invited to participate at any time. Weekly programs include golf, judo, scuba, horsemanship, adult softball, swim lessons, adaptive tennis and wheelchair track & field.

GLASA's Twilight 5K Run will be held Sept. 12, at the Gorton Center, 400 E. Illinois Road, Lake Forest, Ill. Wheelchair participants will have a 6 p.m. start time and runners/walkers will start at 6:05 p.m. The able-bodied are invited to run/walk and handcyclers also are invited to participate.

For more information, call GLASA at (847) 283-0908 or visit www.glasa.org.

Peter S. Adams New Executive Director of Maine Handicapped Skiing

Peter S. Adams was appointed as the executive director of Maine Handicapped Skiing (MHS). He will take over for Betsy Doyon who is stepping down after a distinguished 21-year career at MHS to work in a family business venture.



Peter S. Adams

Adams joins MHS after 23 years at Unum, the nation's leading disability insurance provider and one of Maine's largest employers. He served in a variety of senior leadership roles at Unum in financial and operational areas including six years in Tokyo as the CFO and then president of Unum Japan.

"Peter's business acumen, terrific leadership abilities and his passion for expanding the opportunities in adaptive recreation make him an ideal fit to lead MHS into the future," said Ted Asherman, president of MHS.

Adams graduated with a bachelor of arts degree from Bowdoin College and received his MBA from George Washington University. He and his wife, Lisa, reside in Yarmouth and Hanover, Maine. They have three children.

"I look forward to reaching out to our peers in the adaptive recreation community to collaborate, share resources and exchange best practices," Adams said. "We also plan to aggressively pursue opportunities like DS/USA and the Wounded Warriors Project that allow us to share MHS programs at the national level."

For more information about Maine Handicapped Skiing, call (207) 824-2440 or visit www.skimhs.org.

Maine Handicapped Skiing Is Beneficiary of Beach to Beacon Road Race

Maine Handicapped Skiing (MHS) was named as the 2009 beneficiary of the TD Banknorth Beach to Beacon 10K Road Race.

TD Banknorth, through the TD Banknorth Charitable Foundation, will provide a cash donation of \$30,000 to MHS, which will also benefit from fundraising activities and publicity through its association with one of Maine's premiere sporting events.

The race is set for Saturday, Aug. 1. The 6.2-mile run starts at Crescent Beach and ends at Portland Head Light at Fort Williams Park. Last year's race attracted more than 6,000 runners, making it the largest road race in the Pine Tree State. For race information, visit www.beach2beacon.org.

MHS is the largest year-round adaptive recreation program in Maine for children and adults with physical disabilities. MHS provides more than 3,700 lessons in winter and summer, free of charge and with the help of almost 400 volunteers. Lessons include alpine and Nordic skiing, snowboarding, cycling, golf, and paddling at venues throughout the state. For more information about MHS, visit www.skimhs.org.



Alexander Perez, right, at Steel City Shooting Range in Hoover, Ala., with a volunteer instructor.

Photo courtesy of Lakeshore Foundation

Lakeshore Foundation Serves Injured Military with Visual Impairment

By Laura K. Womble

When Alexander Perez first learned about Operation Night Vision, he was nervous about traveling from Tampa, Fla., to Birmingham, Ala., for the weekend. It wasn't long though, before the excitement of meeting others with like experiences and impairments outweighed his fear of the unknown. By the end of the weekend, Alexander and his wife, Jennifer Marrero, went home with renewed excitement about all the opportunities available to him.

For the third year in a row, Lakeshore Foundation's Lima Foxtrot Programs for Injured Military hosted Operation Night Vision, a sports and recreation camp for servicemen and women who have sustained visual impairment while recently serving our country.

Throughout the last weekend of May 2009, 13 visually-impaired servicemen from 10 states participated in waterskiing, rock climbing, paddling lessons for canoeing and kayaking, cycling, track & field, judo, goalball and scuba diving.

For Perez, who was discharged from the Army in 2002 with a knee condition and then diagnosed with CML Leukemia, which left him completely blind, the camp served as a reintroduction to life. After the camp, he signed up for a blind rehabilitation refresher course in living skills such as cooking and computer usage.

"Even though he's blind, he knows he's blessed," said Marrero. "Camps like Operation Night Vision, help you remember that."

"Part of our mission at Lakeshore Foundation is for individuals with physical disabilities to reclaim or find for the first time, heightened quality of life through recreation, exercise and competitive sport," said Lakeshore's Chief Program Officer Beth Curry. "Operation Night Vision gives injured military the chance to see how much is truly available to them. It's also an opportunity for us to say thank you for the sacrifices they have made."

For more information on Lakeshore Foundation's Lima Foxtrot Programs, visit www.lakeshore.org.

10th Annual Endeavor Games

Photo courtesy of Bart Joiner



The 2009 UCO Endeavor Games marked the 10th year for the multisport, multidisability event, held June 11-14 at the University of Central Oklahoma. More than 400 competitors from across the nation attended, including more than 70 injured servicemen and women, triple the number from last year.

Photos courtesy of Hanger Prosthetics & Orthotics, Inc.



Cycling and sitting volleyball made their competition debut this year with promise to grow for the 2010 Games. Athletes also had opportunities to compete in archery, powerlifting, table tennis, track and field, swimming, shooting, and wheelchair basketball.

The U.S. Paralympic Military Program sponsored the sports clinics. More than 140 people took part in the clinics that included indoor archery, cycling, rowing, sitting volleyball, shooting, strength and conditioning, and track and field. Many clinics were taught by Paralympic coaches or athletes. The clinics offered aspiring athletes guidance on how to advance and become better in that given sport. These clinics were also open to coaches and provided insight on how to better train their athletes.

Special events took place during the weekend to mark the 10th Annual Endeavor Games. The opening ceremony consisted of performances by the Red Dirt Rangers and the Oklahoma City Thunder Girls. The Endeavor Games also received a proclamation naming June 12 as Endeavor Games Day from the Governor of Oklahoma, Brad Henry. The athlete banquet recognized many sponsors and volunteers who have been with the Games since their beginning in 2000. Colin Cutter and

Shad Isaac were also recognized as the only two athletes to have competed in each Endeavor Games since its inception.

"It was my honor to coordinate the 10th annual Endeavor Games," said Leigha Joiner, event coordinator. The spirit of the Endeavor Games has stayed true for 10 years, offering camaraderie and competition all in the same place during one short weekend a year. The next 10 should be just as great!"

The 2010 UCO Endeavor Games will be held June 10-13. For more information please visit www.ucoendeavorgames.com.

Mark Ormond, Royal Marine Commando, traveled from England to participate in the Games. Ormond's injuries in Afghanistan on Christmas Eve, 2007, resulted in the loss of both legs and an arm.





Magic in the Mountains Accessible Stock Car Driving Experience

By Rob Mueller and Geoff Krill

Remember the first time you took your father's car into an empty parking lot and tested it out to see what the family sedan really had under the hood? For 12 disabled athletes, that experience was brought to life again through a first-of-its-kind driving event hosted by Accessible Racing in conjunction with New England Disabled Sports, Loon Mountain, and White Mountain Motorsports Park. The Magic in the Mountains accessible stock car driving experience was held June 26 in Lincoln, N.H., allowing newly-injured veterans and disabled athletes to learn defensive driving skills at the "Arrive & Drive" stock car driving experience.

Drivers arrived at the New England Disabled Sports facility at Loon Mountain for a classroom discussion and chalk talk given by the skilled professionals of the White Mountain BMW Car Club of America. These instructors taught defensive driving skills such as understeering, oversteering, steering with the throttle, and threshold braking. These basic building blocks are essential car control skills that prepare drivers for accident avoidance maneuvers.

Accessible Racing demonstrated its new VXP driving simulator, designed to allow disabled drivers to virtually test drive and train anywhere, at any time. VXP uses iRacing.com software featuring real-time, Internet-based simulated racing competition, which allows users to hone driving skills and compete against other virtual hand-control

drivers on a NASCAR-sanctioned track, in a NASCAR-sanctioned league, giving them the chance to win a driver skills school and oval track driving experience with Accessible Racing.

After practicing on the VXP simulator, drivers took to the skid pad course to test the limits of the provided vehicles while under the instruction of a ride-along instructor. All eyes were on the two different courses where drivers learned how to skid and regain control in various scenarios. Participants waiting for their chance to drive were given the opportunity to experience the elite fleet of adaptive bicycles and handcycles provided by New England Disabled Sports.

After the smoke cleared from burning brakes and smoking tires, participants took their newly-acquired skills to the quarter-mile paved track at White Mountain Motorsports Park. The Accessible Racing crew showcased their hand-controlled stock car, which has dual controls for the instructor and driver. Participants experienced the thrill of driving a real NASCAR stock car in a true track experience for 15 laps while being instructed by racing legend Dynamite Dave Dion.

Participants left the event with a variety of driving skills and the experience of a lifetime – only to be topped the next time they take control of the wheel.

For further information, future event schedules, or how to obtain the VXP driving simulator, visit www.accessibleracing.com or www.NEDisabledSports.org.

New England Disabled Sports Biathlon Series

New England Disabled Sports at Loon Mountain and the Pemigewasset Fish and Game Club in Holderness, N.H., are teaming up to offer a wheelchair and mountain bike division in the summer biathlon series. The popular sport of winter biathlon, consisting of Nordic skiing and target shooting, crosses over into an off-season training opportunity. The final biathlon competition of the summer season will be held Oct. 4.

All ability levels, from novice to advanced, are welcome. The wheelchair division challenges athletes to a short, off-road course in all-terrain wheelchairs (chairs and firearms provided if needed). The mountain bike division is open to all abilities with disabled athletes encouraged to participate. While this is the last of these events for the dry land season, New England Disabled Sports will be offering weekly training opportunities and competitions throughout the summer and early fall season in preparation for the upcoming winter biathlon.

For more information regarding these events, contact New England Disabled Sports at info@NEDisabledSports.org or (603) 745-6281 ext 5663.



28th Annual DS/USA Beech Mt. Learn to Ski

Where is the oldest southernmost national ski tour clinic in the U.S.? Ski Beech Mt. Resort in North Carolina, the highest ski resort on the east coast of the United States has been host of the DS/USA event for 28 years. The week started with 13 inches of fresh powder snow and a crisp five-degree temperature, but the excitement and spirit of the participants heated up the slopes. Approximately 200 participants were associated with the event from skiers, boarders, volunteers, instructors, friends, and family members. They ranged in age from 4 to the 70s with a host of medical conditions and disabilities. Their backgrounds were varied from Wounded Warriors, congenital illnesses, visually impaired, orthopedic and neurological issues, and survivors of accidents.

The Beech Mt. Learn to Ski event is special to the region as it highlights the true

access to alpine adaptive winter sports in Tennessee, North Carolina, South Carolina, and Georgia. The clinic embraces all forms of alpine sports from bi-skiers, mono skiers, 2 trackers, 3 trackers, 4 trackers, twin skiers, visually impaired skiers, snowboarders and slider lessons. If they have the will, we will find the best way for them to enjoy the mountain.

The event is coordinated by the Patricia Neal Rehabilitation Center Innovative Recreation Cooperative (IRC) program. The IRC is able to coordinate resources from other programs to include: DS/USA-Chattanooga Chapter, Beech Adaptive Sports Center at Ski Beech Mt. Resort, Adventure Sports Activities Program of Carolinas Rehabilitation, Turning P.O.I.N.T., Tony Delaney Fund, and the Cataloochee Adaptive Ski Program. Though the event is based in the North Carolina mountains, the instructional team has a host of Who's Who in the adaptive ski world: Gene Gamber, Director of the BOEC; Bobby Palm, inventor of the slider; Chris Werhane, Director of Challenge New Mexico; Mike Miltner, inventor of the Bi-Ski from Lake Tahoe; Chris Jefferson from Powder Horn, Colo., the first PSIA instructor who learned at Ski Beech; and Tara Gorman and Colleen Farrell of Crested Butte programs. Participants are amazed at the background of the instructional team and are glad to benefit from their expertise. They make it so much easier to learn was one comment. Participants argue as

to who gets the best lesson as they all do.

Tammy Greene of Knoxville said about her son, Landen: "This is such a wonderful experience and it opens Landen's eyes to new opportunities. He is so excited."

Lisa Shearin of Raleigh wrote in an e-mail, "Loosing my vision five years ago took so many things away from me...but this week, you gave me back some of the freedom I had longed for. When I skied down the mountain for the first time, I cried. I had trouble verbalizing my emotions at that moment because there were so many of them. First there was sadness in realizing the loss all over again, but then there was the sheer joy in realizing I could ski again! Maybe I couldn't ski in the way I used to, but I could ski in a new way, with new friends, new equipment, and a new sense of adventure and trust in others."

So why do the best instructors in the U.S. come to Ski Beech Mt. Resort in January? It is an opportunity to do what they love, teach to an eager group of Southerners. The hospitality is wonderful and the purity of spirit is great. As Gene Gamber puts it, "There are a lot of things a person can do in life but we (the instructors) are able to make a positive change through adaptive skiing that will impact our students for the rest of their lives." A very true statement as more smiles and giggles were the main theme of the week with tears of joy and excitement from friends and family members. The traditions of the DS/USA Beech Mt. Learn to Ski event are alive and well.

Submitted by: Al Kaye, M.S., CTRS
Patricia Neal, IRC Coordinator



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MHS Ski-A-Thon Offers Participants Opportunity to Give Back

Bob Sargent and his family are used to transition and challenge. His 30 years of service in the military and federal government included 18 years overseas in six different countries. However, July 2005 brought an unexpected change to the lives of Bob and his family. Then retired and living year-round in Sargenville, Maine, Bob suffered a stroke that paralyzed the left side of his body. Accustomed to numerous activities with their seemingly invincible patriarch, the injury jolted the entire family. However, the aftermath landed particularly hard on grandsons Rory Sargent, 9, and Beckett Slayton, 10, who were left wondering if they would ever ski with their grandfather again.

With the help of the staff and several of 450 volunteers at Maine Handicapped Skiing, and especially the Veterans/No Boundaries program, the Sargents continue to enjoy regular family ski vacations at Sunday River, and Bob Sargent is once again skiing independently with the use of specialized skills and adaptive equipment.

Maine Handicapped Skiing (MHS), a non-



Photo courtesy of Jeff Butel

Bob Sargent, center, with son-in-law Bob Slayton and his son, Beckett; Rob Sargent Jr. and his son Rory.

Fundraising in this case is a team competition. The least we can do is to ask friends and family to help us give back to this amazing organization. It is our fervent hope that such family and friends will help our team, the Dreammakers, bring home some bacon...

profit organization, was founded in 1982 to provide free adaptive recreation opportunities for children and adults with physical disabilities. The organization currently serves more than 300 participants statewide through year-round programs that include alpine and Nordic skiing, golf, canoeing, and cycling.

In 2005, the Veterans/No Boundaries program was launched to bring together disabled veterans and active duty personnel as well as their families for five days of alpine and Nordic skiing, snowshoeing, dog sledding and snowmobiling each winter, and three days of golf, cycling, fishing, rock climbing, and paddling each summer.

"Veterans/No Boundaries is an opportunity for disabled veterans and their guests to participate in free adaptive recreational programs at a time when they are readjusting to daily activities after an injury. These activities may be something they have done prior to their injury and really enjoyed and thought they would not enjoy again, or it may be a completely new adventure that may lead to other opportunities for a healthier lifestyle in the future," according to MHS board member Joanne McMahon.

This year's winter event took place in Newry, Feb. 5-9, and included 19 participants and their families, as well as roughly 60 volunteers each day.

Bob Sargent summed up his experience at the 2009 event: "I am immensely grateful for the opportunity to have associated these three years with countless courageous, enthusiastic and determined fellow participants who are dealing heroically with 'bumps in the road,' including veterans of the U.S. Armed Forces who have sustained significant injuries in Vietnam, the Balkans, Iraq and Afghanistan."

Now participants of Veterans/No Boundaries like Bob Sargent have an opportunity to give back to this program and others at MHS

through fundraising in the organization's annual Ski-A-Thon, which took place March 21 at Sunday River Resort and Sunday River Inn & XC Center. Sargent and other Ski-A-Thon participants formed five-person teams that solicited pledges and competed in a fun-filled day of relay races, obstacle courses, and other contests geared towards raising awareness and funding for MHS's free adaptive recreation programs. His team, the Dreammakers, and other teams created Web pages through www.firstgiving.com, where they have the opportunity to post pictures, tell their personal stories, and track their fundraising progress.

"Fundraising in this case is a team competition. The least we can do is to ask friends and family to help us give back to this amazing organization. It is our fervent hope that such family and friends will help our team, the Dreammakers, bring home some bacon," Sargent says on his Web page. Those interested in pledging can peruse the participants' sites, and make on-line pledges securely and conveniently. All donations and pledges are tax-deductible and support MHS's mission and programs, and the Ski-A-Thon typically raises roughly 65 percent of the organizations annual operating budget, making it Maine's largest single-day fundraising event.

To learn more about Bob Sargent and his experiences through MHS, visit his Ski-A-Thon Web page, www.firstgiving.com/bobsargent1. To find out more about Veterans/No Boundaries and all of Maine Handicapped Skiing's year-round adaptive recreation programs and upcoming events, visit www.skimhs.org or call (800) 639-7770.

Submitted by: Eric Topper, Director of Outreach

LimbLogic™ VS and the Alpha® Flex Sleeve

LimbLogic™ VS provides secure vacuum suspension for amputees. Key features are inline mounting in a prosthesis, remote control operation, and 'set and forget' technology. The key to the system's success is having an airtight prosthesis.

Once programmed by a clinician, LimbLogic VS will monitor a socket's vacuum and maintain secure, comfortable suspension of the prosthesis. This 'set and forget' technology allows users to maintain the proper amount of vacuum without continual adjustment.

While compatible with traditional suspension methods, the Alpha® Flex Sleeve was originally designed for use with LimbLogic VS. The Alpha Flex Sleeve features Kevlar®-reinforced Alpha gel for greater durability, greater puncture resistance and greater abrasion resistance...while still providing an increased range of motion.

Alpha Flex Sleeve fabric is highly flexible and provides comfort and flexibility when wearing. The sleeve uses a unique blend of Kevlar pulp and the traditional Alpha gel with mineral oil which offers increased performance without compromising comfort.

The sleeve features an interior polyurethane pad at the socket brim line providing extra protection against wear for sleeve longevity. The Alpha Flex Sleeve is available in seven sizes and two fabric colors. The sleeve has a 90-day warranty.

For information, contact your prosthetist or Ohio Willow Wood at (800) 848-4930 or www.owwco.com.



Custom 4U PUR Polyurethane Liners

Otto Bock Healthcare's new Custom 4U PUR liners are made of polyurethane, providing improved tear and puncture resistance. At the same time, the unique flow characteristics of polyurethane are maintained, which provide protection, stability, and function. The polyurethane also improves safety and hygiene by using a special coating that is easier to clean and has a long history of skin safety. Moreover, these liners have a new nonstick treatment technology that delivers greater liner consistency and easy use. For more information, visit www.ottobockus.com.



Ossur's Flex-Foot® Assure for Diabetic, Vascular Amputees

The new Flex-Foot® Assure by Ossur is the perfect solution for the diabetic and vascular amputee population as it incorporates basic Flex-Foot technology that allows for a soft, smooth roll over, resulting in a stable gait with the benefits of dynamic response.

Designed for slower speed walkers, this foot incorporates an active heel combined with the full length keel that work together to protect the vulnerable sound limb. The simple design and simple-to-fit Assure, restores symmetry reducing impact on the sound side allowing basic ambulators to take advantage of premium technology just right for them. For more information, visit www.ossur.com or call (800) 233-6263.



College Park Introduces Accent® Foot

The Accent® Foot provides a service-free option for individuals who desire a cosmetically appealing foot with an easy-to-adjust heel height to fit their daily needs.

- 2 inch (51 mm) user-adjustable heel height
- Dynamic pylon and integrated pyramid options
- Ankle fairing for superior finishing
- Sandal-toe foot shell
- Service free
- Three firmness choices



For more information, call (800) 728-7950 or visit www.college-park.com.

Endolite Smart Adaptive MPK

The Smart Adaptive is a microprocessor knee for K3-K4 active amputees with a moderate to high level of voluntary muscle control. New Smart programming mode reduces programming time. Utilizing hydraulics for stability and pneumatics for efficient swing control, the Smart Adaptive learns how amputees move to allow greater confidence during locomotion.

Features and benefits:

- Gives support for stairs and slopes
- 140-degree knee flexion
- Stumble and support mode
- Stanceflex for comfort and smooth progression through gait cycle
- Amputees may use any foot of their choice

For more information, call Endolite at (800) 548-3534 or visit www.endolite.com.





DISABLED SPORTS USA AT A GLANCE . . .

Disabled Sports USA, Inc., founded in 1967 by disabled Vietnam Veterans, is a national non-profit, tax-exempt organization providing year-round sports and recreation services to children and adults with disabilities.

MISSION

The mission of Disabled Sports USA is to provide national leadership and opportunities for individuals with disabilities to develop independence, confidence, and fitness through participation in community sports, recreation and educational programs.

AFFILIATIONS/PARTNERSHIPS

- Member of U.S. Olympic Committee/U.S. Paralympics
- Participating member of the Combined Federal Campaign (#10151)
- Works with President's Council on Physical Fitness and Sports, Professional Ski Instructors of America/American Association of Snowboard Instructors, U.S. Ski and Snowboard Association, Professional Golfers' Association (PGA), Dive Equipment and Marketing Association (DEMA), American Canoe Association, American Council on Exercise, American Therapeutic Recreation Association, National Recreation and Parks Association, USA Water Ski, Leave No Trace, Outward Bound, America Supports You, National Center on Physical Activity and Disability (NCPAD), United States Association of Blind Athletes, Wounded Warrior Project and others to implement programs and provide adaptive training to participants and volunteers.

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Please bill \$ _____ to my: ☐ MC ☐ Visa ☐ AmEx

Card Number: _____ Exp. Date: _____

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Donations to DS/USA are tax deductible to the fullest extent of the law. DS/USA's tax exempt number is 94-6174016. For more information, call 301-217-9841.



LimbLogic™ VS

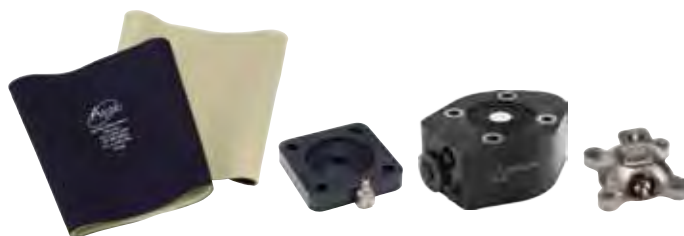
Secure vacuum suspension

Gary Summers family man | cross-country cyclist | motorcycle enthusiast | caregiver | peer counselor | amputee



LimbLogic VS and its accessories help give active transfemoral amputees like Gary the freedom and confidence to work, travel, and pursue hobbies.

New LimbLogic VS accessories offer the ability to cosmetically cover the unit and provide versatile transfemoral vacuum suspension applications. A vacuum plate, a vacuum pyramid and an Alpha® AK Sleeve work with LimbLogic VS to create secure, airtight suspension while maintaining an inline profile.



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