

EDUCATION

**Doctor of Philosophy in Social Work, University of Houston
Graduate College of Social Work, 2002**

Phi Kappa Phi Honor Society

Master of Social Work, University of Houston Graduate College of Social Work, 1996

Phi Kappa Phi Honor Society

Concentration: Political Social Work

Bachelor of Social Work, The University of Texas at Austin, 1995

Recipient of the *Booker T. Washington Scholarship for Academic Achievement*

Recipient of the *UT School of Social Work Project Prepare Stipend for Commitment to Children's Issues.*

EMPLOYMENT

University of Houston Graduate College of Social Work

August 2004 – Current, Research Professor

August 2002 – May 2004, Assistant Professor of Social Work

January 1998 – May 2002, Adjunct Faculty

Behavioral Health Scholar-in-Residence at The Council on Alcohol and Drugs Houston 2008-2009

United Nations Decade of Non-Violence Peacemaker Award 2005

Outstanding Faculty Award 2004

Who's Who in Social Science Higher Education 2004

University of Houston – Clear Lake School of Human Sciences and Humanities

June 2000 – June 2001 Assistant Professor, Director, (BSW) Program

Developed BSW program mission and objectives, curriculum, admissions criteria, policies and procedures, program budgets for FY2000 and FY2001; advised all potential BSW students; facilitated ongoing communication with CSWE accreditation staff; developed UHCL BSW Advisory Committee; planned and facilitated CSWE candidacy visit; and taught BSW level social work courses, undergraduate and graduate psychology courses and undergraduate and graduate sociology courses.

Neighborhood Centers Inc., Houston, Texas

September 1996 – June 1999

Academic Liaison (6/97- 2/98): Developed an internship placement program for the agency.

Responsible for the recruitment, coordination, and supervision of bachelor and graduate level social work interns from the University of Houston Graduate School of Social Work and Texas Southern University. Planning and Evaluation Coordinator (9/96 - 6/97): Responsible for evaluating all agency programs and working with the executive team to develop the agency's 1998 strategic plan.

Youth Alternatives, Inc., San Antonio, Texas

October 1993 – November 1994

Counselor: Worked with adolescent girls at residential treatment facility.

TEACHING

UNIVERSITY OF HOUSTON GRADUATE SCHOOL OF SOCIAL WORK

Courses Taught:

Advocacy Based Social Work Research

Critical Issues in Political Social Work

Empowerment

Feminist Practice

Global Justice: Problems, Patterns and Perspectives

Nonprofit Fiscal Management and Budgeting (Distance Education Instructional Television)

Shame, Empathy & Resilience

Social Welfare Policy Analysis

Women's Issues

UNIVERSITY OF HOUSTON – CLEAR LAKE

Courses Taught:

Families in Society

Foundations of Social Work Practice

Introduction to Social Work

Minorities in America

RESEARCH & SCHOLARSHIP

Dissertation

Brown, C.B. (2002). *Acompañar: A grounded theory of developing, maintaining and assessing relevance in professional helping. Dissertation Abstracts International, 63(02).* (UMI No. 3041999).

Publications

Brown, B. (2012). *Daring Greatly: How The Courage To Be Vulnerable Transforms The Way We Live, Love, Parent, and Lead.* Penguin/Gotham.

Brown, B. (2010). *The Gifts of Imperfection: Letting Go of Who We Think We Should Be and Embracing Who We Are.* Center City: Hazelden.

Brown, B. (2010). Shame Resilience Theory. In S.P.Robbins, P.Chatterjee & E.R.Canda (Eds.), *Contemporary human behavior theory: A critical perspective for social work* (Rev. ed.). Boston: Allyn and Bacon.

Brown, B. (2010). *Brene's Home for Wayward Girls.* In L. Mayes (Ed.) *Kirsty Takes a Bow.* Houston: Bright Sky Press.

Brown, B. (2009). *Connections: A 12 Session Psycho-educational Shame Resilience Curriculum*. Center City: Hazelden

Brown, B. (2007). *I thought it was just me: Women reclaiming power in a culture of shame*. New York: Penguin/Gotham.

Brown, B. (2007). Feminist Standpoint Theory. In S.P.Robbins, P.Chatterjee & E.R.Canda (Eds.), *Contemporary human behavior theory: A critical perspective for social work* (Rev. ed.). Boston: Allyn and Bacon.

Brown, B. (2007). Shame Resilience Theory. In S.P.Robbins, P.Chatterjee & E.R.Canda (Eds.), *Contemporary human behavior theory: A critical perspective for social work* (Rev. ed.). Boston: Allyn and Bacon.

Brown, B. (2006). Shame resilience theory: A grounded theory of women and shame. *Families in Society*, 87(01).

Brown, B. (2004). *Women and shame: Reaching out, speaking truths and building connection*. Austin: 3C Press.

McPhail, B., Brown, B, Holmes, K. (2004). *The status of women and girls in Greater Houston*. Houston, TX: Women's Resource of Greater Houston.

Karger, H., & Midgley, J. & Brown, B. (Eds.). (June, 2002). *Controversial issues in social welfare policy* (2nd ed.). Boston: Allyn and Bacon.

Brown, B. (1999). Searching for a theory: The journey from explanation to revolution. *Families in Society*, 80 (4), 359-366.

Brown, B. (1997). *Nonprofit Business Plans*. Houston, Texas: University of Houston Graduate School of Social Work, Center for Organizational Research and Effectiveness.

Brown, B. (1996). *The pricing project: Developing a pricing structure for organizational development consulting*. Houston, Texas: University of Houston Graduate School of Social Work, Center for Organizational Research and Effectiveness. *Funded by a grant from the University of Houston Continuous Quality Improvement Committee*.

Op/Ed Articles

Brown, B (2013, January) Courage is a Heart Word, *Prevention* [Op/Ed]

Brown, B (2012, September 13) Three Ways to Kill Your Company's Idea-Stifling Shame Culture, *Fast Company* [Op/Ed]

Brown, B (2012, April 15) Take a Risk and Put your True Self Out There, *CNN Opinion* [Op/Ed].

Brown, B. (2012, February 13) A Love Note to the Workaholic, *The Washington Post* [Op/Ed].

Brown, B. (2010, November 16). Courage Is a Heart Word (and a Family Affair). *PBS Parents, Expert Q&A*.

- Brown, B. (2010, November 1). Want to Be Happy? Stop Trying to Be Perfect. *CNN Living*.
- Brown, B. (2010, May 24). A Note to My 20-Something Self. *The Dove Campaign for Real Beauty*.
- Brown, B. (2009, July 25). Time to Get Off the Phone [Op/Ed}. *Houston Chronicle*, p. B7.
- Brown, B. (2007, February 17). Voice Lessons from the Dixie Chicks [Op/Ed]. *Houston Chronicle*, p. B9.
- Brown, B. (2006, January 31). Rising above the Frey: There's no 'truthiness' in lives of recovering addicts [Op/Ed]. *Houston Chronicle*, p. B9.
- Brown, B. (2005, March 5). Sorry, Dr. Brothers, but shame isn't 'good' for us [Op/Ed]. *Houston Chronicle*, p.32A.
- Brown, B. (2003, February 14). In defense of passion, but not Clara Harris' crime [Op/Ed]. *Houston Chronicle*, p.41A.
- Brown, B. (2002, September 30). Reality TV bites: Bracing for a new season of bullies [Op/Ed]. *Houston Chronicle*, p. 23A.

Grant Applications and Awards

- Brown, B. Principal Investigator (Awarded November 2006). Shame Resilience Curriculum. Alice Kleberg Reynolds Meyer Foundation.
- Brown, B. (Awarded August 2003). Faculty Development Initiative Program, University of Houston Educational Technology and Outreach.

COMMUNITY ENGAGEMENT

2014

- Oprah's Lifeclass Presents Brené Brown: The Gifts of Imperfection Part 2, eCourse, April 3 – May 19, 2014
- Texas Speech Language and Hearing Association, Houston, TX, February 27, 2014
- The Daring Way, National Training, San Antonio TX, February 5-9, 2014
- Oprah's Lifeclass Presents Brené Brown: The Gifts of Imperfection eCourse, January 12 – March 22, 2014

2013

- The Daring Way, National Training, San Antonio TX, December 4-8, 2013
- Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We Live, Love, and Lead, Younique Counseling, Denver, CO, November 21, 2013
- Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We Live, Love, and Lead, Helzberg Entrepreneurial Program, Kansas City, MO, November 13, 2013

- Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We Live, Love, and Lead, Interfaith Health Care Association of Manitoba, Manitoba, Canada, November 5, 2013
- Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We Live, Love, and Lead, AT&T Executive Women's Leadership Experience, Dallas, TX, October 29, 2013
- Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We Live, Love, and Lead, Elementary School Heads Association, Houston, TX, October 21, 2013
- Oprah's Lifeclass Presents Brené Brown: The Gifts of Imperfection eCourse, October 20 – December 10, 2013
- Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We Live, Love, and Lead, Center for Dependency, Addiction and Rehabilitation at University of Colorado Hospital, October 11, 2013
- The Power of Vulnerability, Emerging Women Live, Boulder, CO, October 10, 2013
- Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We Live, Love, and Lead, Conscious Capitalism Conference, Bastrop, TX, October 8, 2013
- Women and Courage, Omega Institute for Holistic Studies, Rhinebeck, NY, September 20, 2013
- Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We Live, Love, and Lead, Creative Healthcare Management Symposium, Huron, OH, September 11, 2013
- Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We Live, Love, and Lead, Willow Creek Leadership Summit, Barrington, IL, August 9, 2013
- The Power of Being Enough, Wake Up Project, Sydney, Australia, August 3, 2013
- Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We Live, Love, and Lead, Business Chicks, Melbourne, Australia, August 2, 2013
- Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We Live, Love, and Lead, Wired for Wonder, Sydney, Australia, July 31, 2013
- The Daring Way, National Training, San Antonio, TX, July 18-20, 2013
- The Power of Vulnerability, Scentsy Annual Convention, Indianapolis, IN, July 11, 2013
- The Power of Vulnerability, Royal Society for the Encouragement of Arts, Manufactures and Commerce, London, UK, June 4, 2013
- A Sermon on Courage, The School of Life, London, UK, June 3, 2013
- The Power of Vulnerable Leadership, INC Leadership Forum, San Diego, CA, June 11, 2013
- Why Your Critics Aren't the Ones that Count, 99U Conference, New York, NY, May 2, 2013
- Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We Live, Love, and Lead, American Academy of Cosmetic Dentistry, April 25, 2013
- Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We Live, Love, and Lead, Seattle Unity Church, Seattle, WA, April 24, 2013
- Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We Live, Love, and Lead, Childbuilders, Houston, TX, April 18 2013
- The Art of Imperfect Parenting, Brookwood School, Manchester-by-the-Sea, MA April 8, 2013
- Social Work Researchers as Storytellers: What We Should be Teaching our Doctoral Students About the Power of Story, Group for the Advancement of Doctoral Education in Social Work, Virginia Commonwealth University, Richmond, VA, April 4, 2013
- Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We Live, Love, and Lead, National Association of Neonatal Therapists, Fort Worth, TX, April 3, 2013
- Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We Live, Love, and Lead, Catalyst Conference, Dallas, TX, April 3, 2013
- Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We Live, Love, and Lead, Singapore Management University, Singapore, March 15, 2013
- The Gifts of Imperfection, Furman University, Greenville SC, February 22, 2013

- Daring Recovery, International Institute for Trauma and Addiction Professionals, Phoenix, AZ, February 16, 2013
- Authentic Life, Vulnerability & Shame, St. Mark's Episcopal School, Houston TX, February 5, 2013
- Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We Live, Love, and Lead, Home Depot, Atlanta, GA, January 15, 2013
- The Hustle for Worthiness, St. Luke's Episcopal Church, Birmingham, AL, January 10, 2013

2012

- Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We Live, Love, and Parent, Massachusetts Conference for Women, Boston MA, December 6, 2012
- Vulnerability and Inspired Leadership, Bill and Melinda Gates Foundation, Seattle, WA, November 15, 2012
- How Empathy, Shame and Vulnerability Impact Health and Wellbeing, University of Minnesota, Center for Spirituality and Healing, Minneapolis, MN, November 14, 2012
- Influencing with Impact, Women in Leadership Conference, San Francisco, CA, November 7, 2012
- Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We Live, Love, and Parent, Women's Vision Foundation, Denver, CO, October 26, 2012
- Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We Live, Love, and Parent, Tattered Cover, Denver, CO, October 25, 2012
- Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We Live, Love, and Parent, Texas Conference for Women, Austin, TX, October 24, 2012
- Episcopal Bishops Conference, Austin, TX, October 23, 2012
- Global Institute of Leadership Development, Orlando, FL, October 16, 2012
- Faith & Daring: The Courage to Be Vulnerable in Life, Love and Parenting, Faith & Life Series, Minneapolis, MN, October 11, 2012
- The Wholehearted Child, Family Action Network, Chicago, IL, October 10, 2012
- International Coaches Federation Global Conference, London, UK, October 4, 2012
- Is Vulnerability a Virtue, a Conversation with Roman Krznaric, School of Life, London, UK, October 3, 2012
- Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We Live, Love, and Parent, Campbell Episcopal Day School, Los Angeles, CA, September 24, 2012
- Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We Live, Love, and Parent, Thad Church, Los Angeles, CA, September 23, 2012
- Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We Live, Love, and Parent, Book Passage, Corte Madera, CA, September 22, 2012
- Christ Church Episcopal Church, Charlotte, NC, September 19, 2012
- Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We Live, Love, and Parent, Book People, Austin, TX, September 13, 2012
- Shame and Vulnerability in Change, Miller Intermediate School, Pasadena, TX, August 24, 2012
- MD Anderson Hospital, Houston, TX, August 21, 2012
- Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We Live, Love, and Parent, Lululemon, Vancouver, Canada, August 14, 2012•
- American Mental Health Counselor's Association, Orlando, FL, July 20, 2012
- Foothold Technology, New York, NY, July 12, 2012
- Happiness through Imperfection, World Domination Summit, Portland, OR, July 6, 2012

- NASA, Goddard Facility, Greenbelt, MD, May 3, 2012
- The Anatomy of Joy, Omega, New York, NY, April 21, 2012
- The Power of Vulnerability, Alberta College of Social Workers, Alberta, Canada, March 23, 2012
- The Power of Vulnerability, Microsoft, Seattle, WA, March 21, 2012
- Pedagogy of Worthiness: Cultivating Curiosity & Hope in the Classroom, American Montessori Society, March 16, 2012
- The Gifts of Imperfect Parenting, Children's Museum of Houston, Houston TX, March 7, 2012
- Listening to Shame, Ted•2012, Long Beach, CA, March 2, 2012
- The Power of Vulnerability, Crown Council, Columbus, OH, February 15, 2012
- Cultivating a Resilient Spirit, St. John's School, Houston, TX, January 17, 2012

2011

- Building Authenticity and Courage In Leadership and Life, ChangeLabs Corporate Retreat, Sydney Australia, June 22, 2011
- Leading Through Times of Change: US Army, NATIC, Soller Systems Center, Boston, MA, June 3, 2011
- The Power of Vulnerability; Great Expectations: Emotional Landscape of Goal Setting, St. Jude Children's Research Hospital, Memphis, TN, May 25, 2011
- Speaker, The Inspiring Women Summit, May 13, 2011
- The Power of Vulnerability, Morgan Stanley, Smith Barney, Miami, FL, May 11, 2011
- Quest for Authentic Self, US Journal Training, Santa Fe, NM, May 1, 2011
- The Anatomy of Inspiration, British Columbia Human Resource Management Association, Vancouver, Canada, April 15, 2011
- The Gifts of Imperfect Parenting: Raising Kids with CCC, Trinity Episcopal, Austin, TX, March 30, 2011
- The Gifts of Imperfect Parenting: Raising Kids with CCC, Los Altos / Mountain View Parent Education Speaker Series, Los Altos, CA, March 9, 2011
- The Gifts of Imperfection, Google Author's Series, Palo Alto, CA, March 9, 2011
- Innovations & Vulnerability, Stanford MBA Program, Palo, Alto, CA, March 8, 2011
- The Anatomy of bullying; Causes, Consequences & Strategies for Change, Houston Collaborative for Children, Houston, TX, March 3, 2011
- Shame & the Power of Worthiness, HISD Social Work Collaborative, Houston, TX, March 2, 2011
- The Gifts of Imperfect Parenting: Raising Kids with CCC, Becker Early Childhood Center, Houston, TX, February 17, 2011
- The Power of Vulnerability; Great Expectations: The Emotional Landscape of Goal Setting, Banana Republic (GAP, Inc), San Francisco, CA, February 15, 2011
- The Gifts of Imperfect Parenting: Raising Kids with CCC, St. George Episcopal, San Antonio, TX, February 10, 2011
- Compassionate Connections, Seton Hospital CPE, Austin, TX, January 28, 2011
- Vulnerability & Bliss: The Power of Going Big, Taking Risks & Being Enough, BlissDom Conference, Nashville, TN, January 27, 2011
- The Gifts of Imperfect Parenting: Raising Kids with CCC, PBS Elevate Lecture, Houston, TX, January 25, 2011

- The Gifts of Imperfect Parenting: Raising Kids with CCC; The Pedagogy of Resilience: Cultivating Hope, Critical Thinking & Accountability, The Hockaday School, Dallas, TX, January 18-19, 2011
- Authenticity & Courage: Guideposts for Cultivating Connection, The Meadows, Wickenburg, AZ, January 10, 2011
- The Pedagogy of Resilience, Strake Jesuit College Preparatory, Houston, TX, January 4, 2011

2010

- The Gifts of Imperfection, Life Beyond Cancer Retreat, Austin, TX, November 20, 2010
- The Spirituality of Vulnerability, The Jung Center of Houston, Houston, TX, November 16, 2010
- The Gifts of Imperfection, National Charity League Luncheon, Houston, TX, November 16, 2010
- Shame, Vulnerability, Imperfection & Authenticity: The Quest for Our True Selves, Hazelden Conference on Adolescence, Minneapolis, MN, November 3-4, 2010
- The Gifts of Imperfection, Taping of National PBS Show, Houston, TX, October 30, 2010
- Shame, Vulnerability, Imperfection & Authenticity: The Quest for Our True Selves, US Journal Training, Chicago, IL, October 20-22, 2010
- Faith & the Gifts of Imperfection, Faith & Life Series, Minneapolis, MN, October 14, 2010
- Book Signing, The Twig, San Antonio, TX, October 7, 2010
- The Gifts of Imperfect Parenting: Raising Kids with CCC, Los Altos United Methodist Church, Los Altos, CA, October 2, 2010
- The Gifts of Imperfection, Counseling Psychological Services Stanford University, Palo Alto, CA, September 30, 2010
- The Gifts of Imperfection, Meadows, San Francisco, CA, September 29, 2010
- *The Gifts of Imperfection* Book Launch, The Council on Alcohol & Drugs Houston, Houston, TX, September 28, 2010
- Courage & Story: Guideposts for Cultivating a Resilient Spirit, ISDDA & ICA 2010 Fall Conference, Des Moines, IA, September 13, 2010
- Authentic Leadership, National Speaker's Bureau, Chicago, IL, September 12, 2010
- The Power of Acceptance: Why Boundaries, Accountability & Compassion Come First, ISDDA & ICA 2010 Fall Conference, Des Moines, IA, September 13, 2010
- The Power of Vulnerability, TedX Kansas City, Kansas City, MO, August 12, 2010
- The Evolution of You: Living Authentically Online, EVO 10 Conference: The Evolution of Women in Social Media, Park City, Utah, June 24, 2010
- The Gifts of Imperfection, Charter 100 of Houston, Houston, TX June 8, 2010
- On Being Enough, TedX Houston, Houston, TX, June 5, 2010
- Authentic Leadership, The Vita Companies, Kea Lani, Maui, May 27-31, 2010
- Women Empowering Women, St. John's Episcopal School, Houston, TX, April 18, 2010
- Shame, Addiction & Authenticity, Navigating Adolescence in Anxious Times: Cultivating Guideposts for a Resilient Spirit, 8th Annual Las Vegas Conference of Adolescents and Young Adults, Las Vegas, NV, April 16, 2010
- The Gifts of Imperfection, Houston Chapter of Hadassah, Houston, TX, April 14, 2010
- Authentic Leadership: Cultivating Inspiration, Creating Meaning & Fostering Accountability in Schools, Southwest Association of Episcopal Schools Heads of Schools Conference, Houston, TX, April 8, 2010

- The Gifts of Imperfect Parenting: Raising Kids with CCC, Good Shepherd Episcopal, Austin, TX, March 23, 2010
- Speaker, The University of Houston Friends of Women's Studies Table Talk Invitee, Houston, TX, February 25, 2010
- The Hustle for Worthiness, The Council on Alcohol and Drugs Houston, Houston, TX, February 4, 2010
- Pedagogy of Resilience: Strategies for Cultivating CCC in the Classroom, Alamo Heights High School, San Antonio, TX, January 13, 2010
- Pedagogy of Resilience: Strategies for Cultivating CCC in the Classroom, St. Andrew's Episcopal School, Austin, TX, January 5, 2010

2009

- The Gifts of Authenticity: Cultivating Courage, Compassion, and Connection, Hazelden Women Healing Conference, Chicago, IL, December 4-5, 2009
- The Renfrew Center, Fall Conference, November 12, 2009
- Southwest Association of Episcopal High Schools, Annual Conference, Houston, TX, November 5-7, 2009
- Council on Social Work Education, Plenary, "Social Work Education: The Hustle for Worthiness and the Power of Story" San Antonio, TX, November 6, 2009
- The Gifts of Authenticity: Cultivating Courage, Compassion, and Connection, Hazelden Women Healing Conference, White Plains, NY, October 30-31, 2009
- The Wholehearted Child: 3 Guideposts for Cultivating a Resilient and Compassionate Spirit, St. Andrew's Episcopal School, Austin, TX, October, 20, 2009
- The UP Experience, Unique Perspectives from Unique People, October 15, 2009
- Creating Positive Outcomes During Difficult Times, The 22nd Cape Cod Symposium on Addictive Disorders, Plenary, Cape Cod, MA, October 10 -13, 2009.
- The Gifts of Authenticity: Cultivating Courage, Compassion, and Connection, Hazelden Women Healing Conference, Seattle, WA, October 9-10, 2009
- Ben Franklin Institute Summit for Clinical Excellence, San Diego, CA, October 1-4, 2009
- The Midlife Journey: Falling Apart, Growing Up and Finding Joy, Council on Alcohol and Drugs Houston, September 29, 2009
- The Gifts of Imperfect Parenting: Raising Children with Courage, Compassion and Connection, Omega Institute for Holistic Studies, Rhinebeck, NY, August 14-16, 2009
- Addiction Studies Institute, Keynote, Workshop, Columbus, OH, August, 9, 2009
- Hazelden Women Healing Conference Tampa, FL, May 15-16, 2009
- Hazelden Women Healing Conference, Minneapolis, MN, April 17-18, 2009
- Hazelden Women Healing, Honolulu, HI, March 13-14, 2009
- Alamo Heights High School, Parent Student Teacher Organization, San Antonio, TX, February 16-17, 2009
- Laity Lodge Women's Retreat, Kerrville, TX, January 19-22, 2009

2008

- Minnesota's 5th Annual Statewide Conference on Female Offenders, University of Minnesota, St. Paul Campus, November 11-13, 2008
- National 2-Day Training for the Connections Curriculum, Houston, TX, November 7-8, 2008

- 12th National Conference of Women Working in Corrections and Juvenile Justice, Keynote and Workshop, Des Moines, IA, October 26-27, 2008
- Utah's 30th Annual Fall Substance Abuse Conference, Keynote and Workshop, Layton, UT, October 3, 2008
- The Gifts of Imperfect Parenting: Raising Children with Courage, Compassion and Connection, The Children's Museum of Houston, September 23, 2008
- Morelock Pastoral Care Symposium, Memorial Hermann Hospital Clinical Pastoral Education, Houston, TX, September 19, 2008
- An Evening with Harriet Lerner & Brené Brown, Houston, TX, September 16, 2008
- Women & Courage: Expressing Women's Wisdom in the 21st Century, The Omega Institute for Holistic Studies, Rhinebeck, NY, September 12-14, 2008
- Risk Reduction Nurses' Education Day, Methodist Hospital, August 2, 2008
- "I Thought It Was Just Me", The Omega Institute for Holistic Studies, Rhinebeck, NY, July 25-27, 2008
- Methodist Hospital System, Women's Health, Weekend Retreat, July 11-13, 2008
- The Gifts of Imperfect Parenting: Raising Children with Courage, Compassion and Connection, The Children's Museum of Houston, April 22, 2008
- Nobel Women's Initiative Planning Meetings, Fredericksburg, VA, April 7-9, 2008
- St. Andrew's Episcopal Church, Diocese of Northwest Texas Deacons' Retreat, Amarillo, TX, arch 27-30, 2008
- St. Andrews Episcopal School, *The Gifts of Imperfect Parenting: Raising Children with Courage, Compassion and Connection*, Austin, TX, March 6, 2008
- Women's Studies Week, University of Houston Clear Lake, Lecture and Book Signing, March 3, 2008
- The Jung Center – Distinguished Lecturer series, *Empathy: The Heart of Connection*, Houston, TX, February 23, 2008
- Methodist Hospital, Palliative Medicine Grand Rounds, Empathy, Vulnerability and Shame Resilience: Developing Meaningful Connections with Patients and Families, Houston, TX, February 12, 2008
- Houston Group Psychotherapy Society, Houston, TX, January 11, 2008
- The Houston Seminar, *The Pursuit of Perfection: I Thought It Was Just Me*, January 9, 2008 and January 12, 2008
- Jewish Federation Breakfast for Business and Professional Women, Houston, TX, January 10, 2008

2007

- Hazelden Women Healing Conference, Chicago, IL, November 30 – December 1, 2007
- The University of Maryland School of Social Work, November 2, 2007
- Southwestern Association of Episcopal Schools 2007 Conference, *Empathy and Shame: Where Connection and Learning Begin and End*, Houston, TX, November 9-10, 2007
- Hazelden Women Healing Conference, White Plains, NY, October 26-27, 2007
- Baylor College of Medicine, Menninger Department of Psychiatry and Behavioral Sciences, Grand Rounds, October 17, 2007
- River Oaks Baptist Church, "How Big is Your Fig Leaf?", Lecture and Discussion, Houston, TX, October 18, 2007
- The Jung Center – Distinguished Lecturer series, *Reclaiming Power and Courage in a Culture of Shame*, Houston, TX, October 13, 2007

- Shell Oil - 2007 SEA Shell GLBTS Network Annual Learning Conference, Houston, TX, October 12, 2007
- 9th Annual Protecting Texas Children Conference, "The Role of Shame in Risk to Children", Houston, TX, October 2, 2007
- Hazelden Women Healing Conference, San Francisco, CA, September 28-29, 2007
- Omega Institute and V-Day's Women, Power and Peace Conference, Rhinebeck, NY, September 14-17, 2007
- The Council on Alcohol and Drugs – Houston, Exploring Shame & Building Resilience: A New Psychoeducational Approach for Helping Men, Women, Couples and Families Develop Shame Resilience, Houston, TX, July 20, 2007
- The State Associations of Addiction Services National Conference for Executive and Senior Managers in Addiction Services, Plenary - "*The Only Constant is Change: Developing Connection and Courage in Overstressed and Anxious Organizations*", Chicago, IL, July 10, 2007
- Nobel Women's Initiative, Women Redefining Peace: The Middle East & Beyond, Galway, Ireland, May 29-31, 2007
- Hazelden Women Healing Conference, Tampa, FL, May 18-19, 2007
- Gender: The Unnecessary Divide, St. Luke's Methodist Church, Houston, TX, May 6, 2007
- Hazelden Women Healing Conference, Minneapolis, MN, April 20-21, 2007
- Hazelden Graduate School of Addiction Studies, Women, Shame and Resilience, Faculty Lecture, April 19, 2007
- Exploring Shame and Building Resilience: A Psycho-Educational Approach for Helping Men, Women, Couples and Families, Boise, ID, April 12, 2007
- Exploring Shame and Building Resilience: A Psycho-Educational Approach for Helping Men, Women, Couples and Families, Portland, OR, April 11, 2007
- 30th Annual Governor's Conference on Substance Abuse, Keynote Address *Embracing Change with Courage, Compassion and Connection*, Des Moines, IA, April 10, 2007
- Girl Scouts of America, San Jacinto Council, March 31, 2007
- Houston Area Marriage and Family Therapists, Connections: Shame Resilience Curriculum, The United Way, March 29, 2007
- Brigid's Hope, Christ Church Cathedral, Houston, TX, March 28, 2007
- Harris County Hospital District, Practicing Empathy with Difficult Patients and Families, The United Way, Houston, TX, March 20, 2007
- Alamo Heights High School, Parent, Student, Teacher Organization, Substance Abuse Prevention Day, San Antonio, TX, March 9, 2007
- The Jung Center – Distinguished Lecturer series, *Reclaiming Power and Courage in a Culture of Shame*, Houston, TX, March 7 – April 4, 2007
- Reading and Book Signing, The Twig Book Shop, San Antonio, TX, February 28, 2007
- Reading and Book Signing, The Brazos Book Store, Houston, TX, February 27, 2007
- *I Thought It Was Just Me*, Lecture and Discussion, University of Houston, Women's Resource Center, February 13, 2007
- Empathy and Shame: Where Character Education and Learning Begin and End, Workshop for Education Professionals, Portland, OR, February 9, 2007
- Empathy and Shame: Where Character Education and Learning Begin and End, Workshop for Education Professionals, Chicago, IL, February 8, 2007
- Reading and Book Signing, Women and Children First Bookstore, Chicago, IL, February 7, 2007
- Lecture and Discussion, Brigid's Hope, Christ Church Cathedral, Houston, TX, February 4, 2007

2006

- The Texas Council on Family Violence 24th Annual Conference, Austin, TX, October 2006
- Planned Parenthood, Brazos Bookstore, Houston, TX, September 2006
- The Council on Drugs and Alcohol – Houston, TX, August 2006
- Browning Elementary School, Houston, TX, August 2006
- Houston Association of Marriage and Family Therapists, Houston, TX, August 2006
- Children’s Assessment Center, Houston, TX, April 2006
- The Children’s Assessment Center, Houston, TX, April 2006
- The Women’s Home, Houston, TX, April 2006
- Montrose Counseling Center, Houston, TX, April 2006
- Mothers of Preschoolers, Houston, TX, March 2006
- The Institute for Rehabilitation & Research, Houston, TX, March 2006
- Duke University Hospital, Raleigh, North Carolina, March 2006
- Women’s Studies, University of Houston Clear Lake, February 2006
- The Women’s Home, Houston, TX, February 2006
- University of Houston – Clear Lake, Family Therapy Association, January 2006

2005

- The Institute for Rehabilitation & Research, Houston, TX, October 2005
- Spectrum Conference on Addiction and Recovery, Houston, TX, October 2005
- United Nations Decade of Non-violence, Houston, TX, September 2005
- Asians Against Domestic Abuse, Houston, TX, April 2005
- Council on Alcohol and Drugs, Houston, TX, April 2005
- Society for Social Work Leadership in Healthcare, National Conference, Houston, TX, April 2005
- Fort Bend Family Health Center, Richmond, TX, April 2005
- St. Luke’s Hospital, Houston, TX, March 2005
- The Bridge Over Troubled Waters, Pasadena, TX, March 2005
- Memorial Hermann Prevention and Recovery Center, Houston, TX, March 2005
- Council on Alcohol and Drugs – Houston, TX, March 2005
- Unity Church of Christianity, Houston, TX, March 2005
- Houston Association of Marriage and Family Therapists, Houston, TX, March 2005

2004

- Meds-PDN Continuing Education for Mental Health Professionals, Boston, MA, December 2004
- Meds-PDN Rochester Institute of Technology, Rochester, NY, December 2004
- State conference on women’s mental health sponsored by the Mental Health Association and Menninger Hospital, Houston, Texas, November 2004
- Meds-PDN Continuing Education for Mental Health Professionals, Fargo, ND, November 2004
- Meds-PDN Continuing Education for Mental Health Professionals, Minneapolis, MN, November 2004
- Meds-PDN Continuing Education for Mental Health Professionals, Des Moines, IA, November 2004
- Society for Social Work Leadership in Healthcare, October 2004
- Montrose Counseling Center, Houston, TX, October 2004

- Emerson Unitarian Church, Houston, TX, October 2004
- First Unitarian Church, Houston, TX, October 2004
- University of Pittsburgh School of Social Work, October 2004
- Case Western Reserve University, Mandell School of Social Sciences, October 2004
- Houston Area Women's Center, Houston, TX, September 2004
- Montgomery County Women's Center, Conroe, TX, September 2004
- University of Maryland – Baltimore, School of Social Work, September 2004
- River Oaks Women's Breakfast Club, Houston, TX, July 2004
- University of Houston Social Work Alumni Association, July 2004
- Meds-PDN Continuing Education for Mental Health Professionals, Boise, ID, July 2004
- Meds-PDN Continuing Education for Mental Health Professionals, Reno, NV, July 2004
- Meds-PDN Continuing Education for Mental Health Professionals, Eugene, OR, July 2004
- Meds-PDN Continuing Education for Mental Health Professionals, Portland, OR, July 2004
- Meds-PDN Continuing Education for Mental Health Professionals, Austin, TX, June 2004
- Meds-PDN Continuing Education for Mental Health Professionals, Dallas, TX, June 2004
- Meds-PDN Continuing Education for Mental Health Professionals, San Antonio TX, June 2004
- University of Maryland – Baltimore, School of Social Work, May 2004
- University of Pittsburgh, School of Social Work, May 2004
- Montgomery County Women's Center, The Woodlands, TX, April 2004
- University of Houston Graduate School of Social Work, Continuing Education, Houston, TX, February 2004
- National Association of Social Workers, Houston, TX, February 2004

2003

- Women's American Medical Association, University of Texas Health Science Center, Houston, TX, November 2003
- University of Houston Graduate School of Social Work, Continuing Education, Houston, TX, May, 2003
- University of Houston – Clear Lake, Social Work Seminar, Houston, TX, February 2003
- University of Houston Graduate School of Social Work, Continuing Education, Houston, TX, May 2003

MEDIA COVERAGE

National Media [television, print and online]

- O, The Oprah Magazine, Bi-monthly Daring Column, August 2013 - Present
- *The Shriver Report*, The Power of Shame for Women Living on the Brink, February, 5, 2013
- *The Oprah Winfrey Network*, Oprah's Lifeclass: Living Bravely, October 6, 2013
- *The Oprah Winfrey Network*, Oprah's Lifeclass: Vulnerability and Daring Greatly, September 22, 2013
- *Inc. Magazine*, Seven Traits of True Leaders, June, 2013
- O, *The Oprah Magazine*, The Wholehearted Life, June, 2013
- *Origin Magazine*, Brené Brown, May, 2013
- *The Houston Chronicle*, Have the Courage to be Imperfect, March 2013
- *The Oprah Winfrey Network*, Super Soul Sunday: Daring Greatly, March 17, 2013

- *The Oprah Winfrey Network*, Super Soul Sunday: Living with a Whole Heart, March 24, 2013
- *NBC-TV/The Today Show*, Daring Greatly, January 23, 2013
- *New York Times, Motherlode*, Protecting Teenagers From High School's 'Big Box', January 23, 2013
- *New York Magazine*, Why You Truly Never Leave High School, January 20, 2013
- *New York Times, Motherlode*, 12 New Year's Resolutions for Happier Families, December 31, 2012
- *AARP.com*, Brené Brown on Daring Greatly and Embracing Imperfection, January 14, 2013
- *New York Times, Motherlode*, Parenthood and the New York Times Notable Books List, November 28, 2012
- *Fast Company*, Best Business Books of 2012: Find Fulfillment, Get Productive and Create Healthy Habits, November 26, 2012
- *Spirituality & Health*, The Hunger for Emotional Intimacy, November, 2012
- *The Wall Street Journal*, Embracing Vulnerability, October 29, 2012
- *USA Weekend*, Hidden Secret to Success: Vulnerability, October 18, 2012
- *The Washington Post, On Parenting*, Be the Adult you Want Your Children to Be, October 5, 2012
- *The Washington Post*, Exhaustion is Not a Status Symbol, October 3, 2012
- *The Huffington Post*, The Wholehearted Parenting Manifesto, September 28, 2012
- *MSNBC-TV/ The Cycle*, Daring Greatly, September 27, 2012
- *Salon.com*, Brené Brown's Campaign Against Snark, September 18, 2012
- *Fast Company*, Why Doing Awesome Work Means Making Yourself Vulnerable, September 17, 2012
- *800ceoread*, Jack Covet Selects Daring Greatly, September 14, 2012
- *ABC-TV/ Katie*, Daring Greatly, September 13, 2012
- *The Fiscal Times*, Why Success Can Come from 'Weakness' at Work, September 11, 2012
- *Redbook*, Eat, Play, Love, August, 2012
- *Forbes.com*, What Vulnerability Looks Like to Psychopaths, Monks and the Rest of Us, August 31, 2012
- *Health*, Mission Possible: Downtime this Summer, June, 2012
- *The New York Times*, Redefining Success and Celebrating the Unremarkable, June 29, 2012
- *Oprah.com*, 4 Totally Surprising Life Lessons we all Need to Learn, June 14, 2012
- *Self*, Get Real, May, 2012
- *Health*, How to Talk Positive to Yourself, April, 2012
- *Maria Shriver.com*, Shame, Empathy and the Wholehearted Journey, April 12, 2012
- *Oprah.com*, 5 Doable Ways to Increase the Love in Your Life, March 5, 2012
- *Maria Shriver.com*, Have you Ever Embraced Vulnerability in Your Life, September 29, 2011

International Media [television, print and online]

- *O Tempo*, How is Vulnerability an Act of Courage, March, 2014 (Brazil)
- *O Estado de S. Paulo*, The Power of Vulnerability, February 2, 2014 (Brazil)
- *The Irish Independent*, Why I've Decided to Embrace Vulnerability, February, 2014 (Ireland)
- *Natürlich, Gesund & Munter*, Daring Greatly, February, 2014 (Germany)
- *Elle*, Daring Greatly, February, 2014 (Hungary)
- *Welt am Sonntag*, The Power of Vulnerability, January, 2014 (Germany)
- *Margriet*, The Gifts of Imperfection, January 2014 (Netherlands)
- *Flow*, The Gifts of Imperfection, January 2014 (Netherlands)

- *Cheers*, Daring Greatly, December, 2013 (Taiwan)
- *Brigitte*, We Should Not Avoid Unpleasant Feelings, December, 2013 (Germany)
- *Laviva*, Daring Greatly, December, 2013 (Germany)
- *Cairo Editore*, Daring Greatly, November, 2013 (Italy)
- *Epoca*, Daring Greatly, October, 2013 (Brazil)
- *De Volkskrant*, The Gifts of Imperfection, September, 2013 (Netherlands)
- *Psychologies Magazine*, Why it Takes Courage to be Vulnerable, September, 2013 (United Kingdom)
- *Red Magazine*, The Shame Doctor, September, 2013 (United Kingdom)
- *Marie Claire*, She Who Dares Wins, September, 2013 (United Kingdom)
- *The Sunday Times*, Truth and Dare, September, 2013 (United Kingdom)
- *ABC Radio*, Encounter, with Carmel Howard, August, 2013 (United Kingdom)
- *ABC TV1*, One Plus One, August 1, 2013 (Australia)
- *The Collective Magazine*, It's a Shame We are Not More Vulnerable, August, 2013 (Australia)
- *Radio New Zealand*, Nine to Noon, August 1, 2013 (New Zealand)
- *Good Housekeeping*, What are You Addicted To? August, 2013 (United Kingdom)
- *BBC1*, BBC Breakfast, July 5, 2013 (United Kingdom)
- *Newstalk Radio*, July 3, 2013 (United Kingdom)
- *BBC Radio 4*, Woman's Hour, July 3, 2013 (United Kingdom)
- *Top Sante*, Happiness Theory, July, 2013 (United Kingdom)
- *BBC World Service*, Business Daily, July 3, 2013 (United Kingdom)
- *Happinez*, Daring Greatly, May, 2013 (Netherlands)
- *United Dutch Network*, The Myths of Vulnerability, April, 2013 (Netherlands)
- *De Morgen*, Daring Greatly, April, 2013 (Belgium)
- *Maeli Business Newspaper*, The Courage to be Vulnerable, March 15, 2013 (Korea)
- *Psychologies Magazine*, Dare to be Weak, October, 2012 (United Kingdom)
- *The Guardian*, We Need to Teach our Children that it is OK to be Vulnerable, October 5, 2012 (United Kingdom)
- *The Financial Times*, Time to Open Up at the Office, October 18, 2012 (United Kingdom)
- *The Sunday Telegraph*, Brené Brown on the Power of Vulnerability, September 17, 2012 (United Kingdom)
- *Top Sante*, Make Vulnerability Your Greatest Strength, September, 2012 (United Kingdom)
- *Dumbo Feather*, Brené Brown is a Grounded Researcher, January, 2012 (Australia)

Penguin Satellite Radio Tour: Daring Greatly, Vulnerability and Courage – September 14, 2012:

- WPOC-FM/The Laurie DeYoung Show, Baltimore, MD
- NPR/First Coast Connect, Jacksonville, FL
- Q102/Amy's Table, Cincinnati, OH
- KISS 104.1/The Jennifer Keitt Show, Atlanta, GA
- NATIONAL/America's Morning News
- NPR/KPCW-FM/This Mountain Life, Salt Lake City, UT
- WUWM (MILWAUKEE PUBLIC RADIO)/The Lake Effect, Milwaukee, WI
- NATIONAL (AIRS ON 15 AFFILIATE STATIONS)/Free America Radio
- WNEW-FM/Dr. Alvin Jones, Washington, DC
- WDRC-FM/The Mary Jones Show, Hartford - New Haven, CT
- SIRIUSXM/Martha Stewart Radio - Home Living
- KIRO-FM/The Ron & Don Show, Seattle - Tacoma, WA

- WPKM-FM/Second Saturday Mornings, Hartford - New Haven, CT

Long Format Radio Interviews: Daring Greatly, Vulnerability and Courage

- NPR, TED Radio Hour, March 11, 2013
- WNYC/Leonard Lopate Show, January 7, 2013
- KSFR/Our Times with Craig Barnes Radio, Sante Fe, NM, December 8, 2012
- WETS/ Religion for Life (NPR in TN and VA), December 10, 2012
- American Public Radio/On Being with Krista Tippett, November 25, 2012
- WHYY/Voice in the Family, Philadelphia, PA, October 22, 2012
- WDJZ-FM/ The Trevor Crow Show, Southport, CT, October 9, 2012
- WUMU Milwaukee Public Radio, Milwaukee, WI, October 8, 2012
- WJCT/ First Connection, Jacksonville, FLA, September 27, 2012
- KUOW-FM/The Conversation, Seattle, WA, September 26, 2012
- WNYC/The Takeaway, New York, NY, September 17, 2012
- KNGU/ Tributaries, Denver, CO, September 13, 2012
- Wisconsin Public Radio/Joy Cardin Show, Wisconsin, September 12, 2012
- WDBO-AM/ Pat Williams Show, Orlando, FL, September 11, 2012

Radio Interviews: The Gifts of Imperfection, Shame, Worthiness and Vulnerability

- Interview, Alan Hunter's Transitions Radio Magazine, April 22, 2011
- Mary Murphy Show, Look It Up Radio, April 12, 2011
- Our Times with Craig Barnes Radio, KSFR, Sante Fe, NM, January 21, 2011
- To Err is Human, Tapestry, CBC Radio, January 16, 2011
- Interview, CBC Radio, January 12, 2011
- *The Gifts of Imperfection* Radio Interview, WBAL, November 15, 2010
- Creative Living Radio Show, November 10, 2010
- National Radio Interview, One Hour at a Time, October 11, 2010
- Authenticity, Shame & Worthiness, *Des Moines Register*, August 23, 2010
- TEDxKC / Brené Brown on Shame, Anxiety & Social Behavior, KCUR 89.3, NPR Kansas City, August 6, 2010

Radio Interviews on Women & Shame

- Interview with Jean Chatzky, *Oprah and Friends XM Radio*, January 29, 2008
- CNN, Money Makeover, May 8, 2006
- KPFT, Sister Space, Houston, July 1, 2005
- WSIU, Illinois Public Radio, April 4, 2005
- Adrienne Berg, National Syndication, April 3, 2005
- KYW- AM, Philadelphia, PA, March 10, 2005
- Jack Roberts Live, Cable Radio, March 10, 2005
- KAAA-AM, AZ, NV, CA, March 10, 2005
- WQUB – National Public Radio, MO, IA, March 10, 2005
- Tom Pope – Powernomics, National, March 10, 2005
- WMYX, Milwaukee, WI, March 4, 2005
- WVOX, New York, December, 2004
- KLUP, San Antonio, TX, August, 2004

Television Interviews on Women & Shame

- Interview, PBS station, Living Smart with Patricia Gras, Houston, TX,

- ENS-5, CBS station, Great Day SA, San Antonio, July, 2004.

KPFT – Radio Pacifica

January 2006 – September 2006

Co-host on *Thresholds*

COMMITTEE AND PROFESSIONAL SERVICE

Commissioner, Council on Social Work Education

Commission on the Role and Status of Women (1st Term 1998-2001 / 2nd Term 2001 - 2004)

Council on Social Work Education

2001 Abstract Review Committee

Southern Association of Colleges and Schools (SACS)

Subcommittee on Community Relationships and Internal Communication

University of Houston – Clear Lake

CERTIFICATIONS AND LICENSES

Licensed Master Social Worker - Texas State Board of Social Worker Examiners

License #30041

1997 - Present

Mediation Certification

Dispute Resolution Center

1999 - Present