



Office of The Mayor of the City of Burnaby

PROCLAMATION

WORLD MENTAL HEALTH DAY

- WHEREAS** World Mental Health Day is an education and awareness campaign designed to encourage people to talk, reflect and engage with others on the importance of mental health and the reality of mental illness; and
- WHEREAS** Nearly one in five Canadians will suffer a mental disorder in their lives. The remaining four Canadians will be affected by a mental illness through a family member, friend, or co-worker; and
- WHEREAS** Of the 10 leading causes of disability worldwide, five are mental disorders: major depression, schizophrenia, bipolar disorder, substance abuse disorder and obsessive compulsive disorder, and 30 – 40% of disability claims are for depression; and
- WHEREAS** Stigma is the number one reason people do not seek or receive treatment; and
- WHEREAS** Mental health literacy and education are vital in the prevention so early recognition will help reduce the severity of this disorder.

**NOW THEREFORE I, DEREK R. CORRIGAN, MAYOR OF BURNABY HEREBY
PROCLAIM OCTOBER 10, 2017 AS**

“WORLD MENTAL HEALTH DAY”

**in the City of Burnaby and urge all citizens to cooperate enthusiastically in
supporting the effort of this organization and encourage the public
to learn more about this disability.**

Derek Corrigan

Derek R. Corrigan
Mayor



Dated this 2nd day of October, 2017 A.D.