



18<sup>th</sup> ASIAN GAMES  
**Jakarta  
Palembang  
2018**



OLYMPIC COUNCIL OF ASIA



# ATHLETICS

Sport Technical Handbook

Ver. 2.1

Indonesia Asian Games Organizing Committee

## Technical Handbook for Athletics

### Amendment History

Version	Date	Description
v. 1.0	December 2017	Initial Version
v. 2.0	February 15, 2018	TD & OCA Approved
v. 2.1	June 4, 2018	Competition Schedule

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## I. INTRODUCTION

### 1. Preface

The 18th Asian Games will be held in Jakarta and Palembang, Indonesia starting from August 18<sup>th</sup> to September 2<sup>nd</sup>, 2018.

The Asian Games is an exclusive property of the Olympic Council of Asia (OCA) where the members of OCA come together to enhance the ability of Asian athletes and promote mutual understanding through fair competition. It is the multi-sport festivity within the Asian region held every 4 years.

This publication is to provide the general information about the Olympic Council of Asia, the Member NOCs, Indonesia Asian Games Organizing Committee and overview of the 18<sup>th</sup> Asian Games Jakarta-Palembang 2018 as well as introduction of Indonesia, the Host Country and the Host City. This publication also contains the technical information for Athletics Sport in the 18<sup>th</sup> Asian Games Jakarta-Palembang 2018, which is the most important.

It is our honor to provide this Technical Handbook before the start of the 18<sup>th</sup> Asian Games Jakarta-Palembang 2018. This handbook will serve an important role to all the participating officials and athletes.

Thank you very much.

2. Organizing Bodies  
OCA Executive Board

<b>President</b>	Sheikh Ahmad Al-Fahad Al-Sabah
<b>Honorary Life Vice-President</b>	Raja Randhir Singh Mr. Jizhong WEI
<b>Vice Presidents</b>	Maj. Gen. Charouck Arirachakaran Mr. Timothy Tsun Ting Fok Lt. Gen. Syed Arif Hasan HE Sheikh Isa Bin Rashed Al Khalifa Mr Timur Kulibayev Mr. Tsunekazu Takeda Prof. Dr. Hoang Vinh Giang Mr. Sapardurdy Toylyyev Mr Song LUZENG Mr. Yu Zaiqing Mrs Rita Sri Wahyusih

SUBOWO

<b>Honorary Vice-President</b>	Mr Hemasiri FERNANDO
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***Chairman/Chairwoman of OCA Standing Committees***

Rules Committee	Sheikh Talal Fahad Ahmad J AL-SABAH
Women and Sports Committee	Mrs Natalya SIPOVICH
Advisory Committee	Mr Ng Ser Miang
Peace Through Sport Committee	HRH Prince Faisal Bin AL-HUSSEIN
Athletes Committee	Mr Koji Murofushi
Sports Environment Committee	Mr Kyung-Sun YU
Medical Committee	Dr M. Jegathesan
Sports for All Committee	Brig Gen Mowaffak JOUMAA
Media Committee	Mr Charles King Chiu LO
Finance Committee	Dr Kevin Kuo-I CHEN
Culture Committee	Mr Mohammad A. Alkamali

Entourage Committee	Mr Daesung MOON
Education Committee	HRH Prince Abdulhakim Bin Mosaad Bin Abdulaziz
Coordination Committee	Mr Tsunekazu TAKEDA
Ethics Committee	Mr Jizhong WEI
Information & Statistics Committee	Dr Demchigjav ZAGDSUREN
International Relations Committee	HRH Prince Jigyel Ugyen WANGCHUCK
Sports Committee	Mr Song LUZENG

### **Members**

Executive Board Member	HRH Prince Haji Sufri BOLKIAH
Executive Board Member	Mr Kiumars Hashemi
Executive Board Member	Mr Raad Hammoodi Salman AL-DULAIMI

### **Honorary Members**

Mr Habib Abdul Nabi Yousuf MACKI  
Gen Souhail KHOURY

### **Director General & Technical Director**

Mr Husain A H Z AL-MUSALLAM

Director of Asian Games	Mr. Haider Farman
Director of NOCs Relation	Mr. Vinod Kumar
OCA Adviser for INASGOC	Mr. Matthew Kidson
	Mr. Ganesan Sundaram Moorthy

## **2.1 Indonesia Asian Games Organizing Committee (INASGOC)**

### **2.1.1 Steering Committee (SC)**

President	: Vice President of Republic of Indonesia
Vice President I	: Chairman of Coordinating Ministry for Human Development and Cultural Affairs
Members	: Chairman of Indonesia Olympic Committee Chairman of Agency for Financial and Development Supervision

Chairman of Agency for Government  
Procurement Policy  
Governor of DKI Jakarta  
Governor of South Sumatera  
Governor of West Java  
Governor of Banten

## 2.1.2 Organizing Committee (OC)

### Executive Board

President	:	Erick Tohir
Vice President	:	Sjafrie Sjamsoedin
Secretary General	:	Eris Herryanto
Vice Secretary General	:	Dendi T. Danianto
Assistant of Finance (Deputy)	:	Gatot S. Dewabroto
Vice Assistant of Finance (Vice Deputy)	:	Soewartomo
Head of Monitoring (Deputy)	:	Meris Wiryadi
Vice Head of Monitoring (Vice Deputy)	:	Deddy Yulianto
Deputy 1 Games Operation	:	Harry Warganegara Harun
Deputy 2 Games Administration	:	Francis Wanandi
Vice Deputy 2	:	Devy Wildasari Adjiningsih
Deputy 3 Games Support	:	Ahmed Solihin
Vice Deputy 3	:	Bambang Rus Effendi
Deputy 4 Games Security	:	Asop Kapolri
Vice Deputy 4	:	Asop Panglima TNI
Assistant of Finance Coordinator	:	Brigjend TNI Dr.Yudi Sutrasna, MM
Vice Coordinator	:	Indra Bayu
Verification Department		
Director	:	Julian Alhaj
Vice Director	:	Iwan Kurniawan Anggaraharja Tri Sujatmiko
Treasury Department		
Director	:	Deny Alvar
Vice Director (Secretariat)	:	Lina Nurhasanah
Vice Director Deputy 1	:	Arman Saputra Siregar
Vice Director Deputy 2	:	Margono
Vice Director Deputy 3	:	Sriyanti
Accounting and Asset Department		
Director	:	Parwoto Dwi Putranto
Unit Accounting		
Vice Director	:	Eddy Dharmawan
Unit Asset		
Vice Director	:	Syahrul Hidayatulloh

## Monitoring Team

Coordinator	:	Brigjen TNI Cecep Rahmad Mujono
Associate	:	Erwin Aksa Sofyan Wanandi Muhammad Iksan Wijayanto Samirin Daulat Tampubolon Dholfi OFP Kol. Inf Chanlan Adilane Kol Laut (T) Irmandala Kol Laut (KH) Dr. Dwi Hartono Kol Laut (P) Sayuti Kol Kes Saefullah Kol Cpl Jimmy Alexander Adirman Kol Arh Bambang Murtiyoso Kol Laut (T) Catur Sudarsono Juliande Darwis Ginrey Shandy Algam I Ketut Pasek Prihadhy David Sidjabat Taufiequrachman Ruki Sumirat Kriswasana
Vice Coordinator	:	Letkol Cku Djoko Kuntoyo

## SECRETARIAL GENERAL

Coordinator	:	Letkol Inf. Mahudin Latupono
Vice Coordinator – General Affairs	:	Letkol Laut Daniel Martinus Lakollo
Vice Coordinator – Secretariat	:	Okkie Nur Hamida
Planning & Budgeting Department		
Coordinator	:	Mayjen TNI Tjuk Agus Minahasa
Vice Coordinator	:	Kapnten Inf. Samsudin
Procurement Department		
Coordinator	:	Laksma TNI Listyanto
Vice Coordinator	:	Kol Laut (T) Endro Legowo
Vice Coordinator for Administration & Support	:	Kol Laut Rizal Junaidi
Legal Department		
Coordinator	:	Finsa Noorcahya
Government Relation		



Coordinator : Raja Parlindungan Pane  
 Vice Coordinator : Haryo Sasongko  
 International Relations & Protocol Department  
 Coordinator : Indra Kartasasmita  
 Vice Coordinator : Nur Laily Rahmawati  
 Media & Public Relation Department  
 Coordinator : M.Buldansyah  
 Vice Coordinator : Ratna Irsana  
 Accreditation Department  
 Coordinator : Brigjen Pol. Teddy Minahasa  
 Vice Coordinator : Claudia Regina Roe Roe  
 Human Resources & Volunteer Department  
 Coordinator : Pusparani Hasjim Chappy Hakim  
 Vice Coordinator : Demayanti Nasution  
 Jenny Soeseno

#### DEPUTY 1: GAMES OPERATION

##### SECRETARIAT DEPUTY

##### Budget & Finance

Head/ Vice Coordinator : Gustiawan Anthony

##### Secretariat, Administration & Operation

Head/ Vice Coordinator : Johar Manik Kusumo Wardhani

##### Sport, Medal Ceremony & Sport Presentation

Director : Wisnu Wardhana

##### Sub-Unit Sport Support & Administration

Vice Director : Abdul Rauf

##### Sub-Unit Jakarta 1 & Sport Preparation

Vice Director : Arif Hidayat

##### Sub-Unit Jakarta 2 & Overlay Sport

Vice Director : Adi Wirawan

##### Sub-Unit Jakarta Suburb, Palembang & Sport Equipment

Vice Director : Arsyad Achmadin

##### Unit Medal Ceremony & Sport Presentation

Vice Director : Nur Ali

##### Venues & Environment Department

Director : Teuku Arlan Perkasa Lukman  
Unit Overlay Project, Technical Data & Administration  
Vice Director : Ahmad Zacky Badrudin  
Unit Jakarta & Jakarta Suburb Cluster  
Vice Director : Natsir Gunawan  
Unit Palembang  
Vice Director : Basyaruddin  
Medical & Doping Control Department  
Director : Dr. Leane Suniar  
Vice Director : Dr. Wiweka  
Athlete Village & Service Department  
Director : Tri Ananta Andrewan  
Unit Jakarta Kemayoran  
Vice Director : Glenn J. Rumawas  
Unit Jakarta Suburb  
Vice Director : Hermawan Halim  
Arrival Departure & Hospitality Department  
Director : Indra Gamulya  
Vice Director : Andi Burhan Dwi Armien

#### DEPUTY 2: GAMES ADMINISTRATION

##### SECRETARIAT DEPUTY

Unit Secretary  
Vice Coordinator : Trianti  
Unit Administration  
Vice Director : A.A Cakra Nugraha  
Unit Client Service  
Vice Director : Triputanta Wimbacahaya Aziz  
Look Of The Games, Beautification & Activation Department  
Director : DRS. Tb. Lukman Djajadi K  
Ceremony Department  
Director : Rachmi Dewi Wulansari  
Vice Director : Wishnutama Kusubandio  
Unit Torch Relay  
Vice Director : Dra. Herty Paulina Purba  
Revenue Department  
Director : Hasani Abdulgani  
Unit Sales  
Vice Director : Cahyadi Wanda  
Unit Merchandise & Retail

Vice Director : Mochtar Sarman  
 Ticketing Department  
 Director : Sarman Simanjorang  
 Unit Ticket Management  
 Vice Director : Mohammad Indra  
 Communication Department  
 Director : Elwin Chandra Mochsin  
 Unit Projector Coodinator  
 Vice Director : RA Trimaryanda Kunto  
 Unit Digital  
 Vice Coordinator : Indra Agustian Pribadi

#### DEPUTY 3: GAMES SUPPORT

##### SECRETARIAT DEPUTY

Vice Coordinator : Yarmanto  
 Transportation Department  
 Director : Purnomo S.IP  
 Vice Director : Sudjianto Adji  
 Broadcast Depart  
 Director : Linda N Wahyudi  
 Vice Director : Edy B Lasoma  
 Catering Department  
 Director : Felly Imsransyah  
 Vice Director : Yooky Tjahrial  
 Accommodation Department  
 Director : Johanna Sri Ambarwati  
 Vice Director : Ahmad Qodie Ibrahim  
 IT&T Department  
 Director : Eddy Prabowo  
 Vice Director : Sugianto Hirokerto

#### DEPUTY 4: GAMES SECURITY

Associate : Kombes Pol Drs Unggul Sedyanto, Msi  
 AKBP Lalu Muhammad Iwan M.SJK  
 Pembina Yahya Fitriadi, Skom  
 Z. Pandra Arsyad, SH, Msi

## 2.2 OCA Members

No.	CODE	NOC	No.	CODE	NOC
1	AFG	Afghanistan	24	MDV	Maldives
2	BRN	Bahrain	25	MGL	Mongolia
3	BAN	Bangladesh	26	MYA	Myanmar
4	BHU	Bhutan	27	NEP	Nepal
5	BRU	Brunei Darussalam	28	OMA	Oman
6	CAM	Cambodia	29	PAK	Pakistan
7	CHN	China	30	PLE	Palestine
8	HKG	Hong Kong, China	31	PHI	Philippines
9	INA	Indonesia	32	PRK	DPR Korea
10	IND	India	33	QAT	Qatar
11	IRI	Islamic Republic of Iran	34	SGP	Singapore
12	IRQ	Iraq	35	SRI	Sri Lanka
13	JPN	Japan	36	SYR	Syria
14	JOR	Jordan	37	THA	Thailand
15	KAZ	Kazakhstan	38	TJK	Tajikistan
16	KOR	Korea	39	TKM	Turkmenistan
17	KUW	Kuwait	40	TLS	Timor Leste
18	KSA	Kingdom of Saudi Arabia	41	TPE	Chinese Taipei
19	KGZ	Kyrgyzstan	42	UAE	United Arab Emirates
20	LAO	Lao PDR	43	UZB	Uzbekistan
21	LBN	Lebanon	44	VIE	Vietnam
22	MAC	Macau, China	45	YEM	Yemen
23	MAS	Malaysia			

## II. GENERAL INFORMATION

### 1. The 18<sup>th</sup> Asian Games Jakarta-Palembang 2018 in Brief

#### 1.1 Games Overview

Duration	: August 18 - September 2, 2018 (16 days)
Host and Co-Host City	: Jakarta and Palembang, Indonesia
Games Venue	: 49 venues in total (39 in Jakarta, 10 in Palembang)
Sports Program	: 40 sports / 462 events
Patron	: Olympic Council of Asia
Host	: Indonesia Asian Games Organizing Committee (INASGOC)

#### 1.2 Objectives

- 1.2.1 Bring forth mutual communication, reconciliation and peace in Asia
- 1.2.2 Asian Games that share joy and glory
- 1.2.3 Realize practical and economically efficient games

#### 1.3 Slogan

ENERGY OF ASIA

#### 1.4 Emblem



The design concept of the Brand mark 18th Asian Games 2018 logo is inspired by the shape of Gelora Bung Karno Main Stadium, with eight paths leading to the stadium and the shining sun emblem of the Olympic Council of Asia logo in the center, represents the “Energy of Asia” theme.

The design tells that the “Energy of Asia” will radiate throughout the world. The multi-coloured art design symbolized the multi-national culture and nature of Asia and Indonesia.

## 1.5 Mascots



**BHIN BHIN**  
Cendrawasih Bird (*Paradisaea apoda*)  
Strategy Representation  
BHIN BHIN wearing a vest with detail pattern/  
Asmat motive from Papua



**ATUNG**  
Deer Bawean (*Hylaphus kuhlii*)  
Speed Representation  
ATUNG wearing sarong with Tumpal batik  
pattern  
from Jakarta



**KAKA**  
Rhinoceros (*Rhinoceros Sondaicus*)  
Strength Representation  
KAKA wear traditional clothing Palembang

## 2. Accreditation and Validation

Asian Games Identification and Accreditation Cards (AGIAC) will act as an entry visa to Indonesia and ensure special access to the Games venues including the HQ Hotel and competition venues. INASGOC will distribute Accreditation Guide and Accreditation Application Forms to Accreditation Responsible Organizations by December 2017. The online Accreditation System start from January 31 until April 30, 2018. INASGOC will distribute the Pre-valid AGIAC to the confirmed participants on July 2018. Upon the arrival in Jakarta – Palembang, pre-valid AGIAC holders should visit one of the accreditation center with their effective identification documents and validate their pre-valid AGIAC. Once validated, AGIAC becomes an official Games document.

### 3. Immigration and Visa

From July 30 to September 4, 2018, AD Card holders will be permitted upon presentation of their valid passports or travel documents. AD Cards holders will not need to apply for an Indonesian Entry Visa or Residence Permit in order to enter the country.

Any AD Card holders wishing to enter Indonesia before or after the valid period of the AD Card, or to remain in Indonesia after its expiry date, will need to make their own arrangements regarding visas according to Indonesian immigration law. AD Card holders should ensure that the information on their valid passport when entering Indonesia is exactly the same with the information on the certified document used for application for AD Card, and that their passport remain valid at least until February 5, 2019.

### 4. Transportation

#### 4.1 Transport Services for Arrival and Departure

Shuttle Bus Services will be provided for arriving and departing athletes and team officials, depending on arrival and departure information and flight schedule. Before departure, Shuttle Bus Services require advance reservation.

#### 4.2 Dedicated Vehicle Service

Dedicated Vehicle Services will be provided between Athletes' Village and the designated areas, depending on team events and on the size of NOC participants. Dedicated Vehicle Services require advance reservation and approval.

#### 4.3 Transport Services for Competition (for non-team events)

Shuttle Bus Services for athletes and team officials participating in non-team events will be provided between Athletes' Village and the competition venues as per the competition schedule.

#### 4.4 Transport Services for Training (for non-team events)

Shuttle Bus Services for athletes and team officials participating in non-team events will be provided between Athletes' Village and the training venues as per the training schedule.

#### 4.5 Transport Services for Spectating

The AV-to-venues shuttle will be provided to athletes and team officials wishing to watch other sport competition events. The service is also available to all athletes and team officials who are involved in the same events: priority, however, will be given to athletes and team officials participating in their own events.

※ Tickets are required for spectating.

#### 4.6 Transport Services for Luggage

The luggage belonging to athletes and team officials should, in principal, be loaded onto the bus they take. If not possible due to insufficient storage space, another vehicle will be provided to the destinations.

### 5. Accommodation

During the Games time, over 13,000 athletes and team officials including extra officials will be accommodated at Kemayoran Block D10 in Jakarta and Jakabaring Athletes Villages located in Palembang. Opening of Athletes' Village will be on July 16, 2018. A variety of amenities and recreational facilities will be offered for the Games family at Athletes' Village. For the sake of the safety, separate Accreditation Access is required for entering the area.

### 6. Media

#### 6.1 Mixed Zone

The Mixed zone is an area in which athletes may be interviewed as soon as they leave the field of play. The Mixed Zone is designed to permit the broadcasters and press to interview athletes in a designated area near the field of play. In accordance with OCA's rules, all athletes must pass through the Mixed Zone. Mixed Zone interviews are recommended within limited time each to let the broadcasters and press to have an equal opportunity to speak to the athletes. The AFs and INASGOC Sports Operations Team will provide all necessary assistance to ensure the convenience of Mixed Zone.

#### 6.2 Press Conference

After each event, the designated medallists will attend a press conference at the venue as well as coaches if circumstances dictate. They should accompany to the press conference room. Medallists press conference will be held right after the medal presentation ceremonies at the venue. Sports operational staff will bring athletes to the press conference room. Translation services will be provided with English and Indonesian during the press conferences at the venues. If medallists do not speak English or Indonesian, NOCs are requested to assign an interpreter with the medallists attending the press conference.

### 7. Medical Service

Medical stations for athletes will be installed at all competition venues and training facilities. On-site medical treatment and emergency transfer service will be provided during operating period. Polyclinic in the Athletes' Village will provide treatment and consultation by professional medical staff across the departments of internal medicine, general surgery



(including orthopaedics), ophthalmology, stomatology, medical imaging, physical therapy, pharmacy, etc.

It will also have an emergency room open 24 hours a day, with stand-by ambulances. Any patient who needs further diagnosis and treatment will be transferred to designated hospitals of the Games.

Where accredited persons including OCA Family VIP guests, NOC guests suffer from acute diseases, acute exacerbations of chronic diseases or acute injuries, they can receive treatment in Polyclinic or designated hospitals for free of charge. Services may include emergency treatment, in-patient service, special consultation and ambulance transfer, if required. However, free medical services will not include selective or unnecessary treatment.

## 8. Host Country/City Information

### 8.1 Indonesia in Brief

Indonesia, officially the Republic of Indonesia (Indonesian: Republik Indonesia) is located mainly in Southeast Asia with some territories in Oceania. Situated between the Indian and Pacific Oceans, it is the world's largest island country, with more than thirteen thousand islands. It has an estimated population of over 260 million people (September 2016) and is the world's fourth most populous. Muslim-majority country. The world's most populous island of Java contains more than half of the country's population.

Indonesia's republican form of government includes an elected legislature and president. Indonesia has 34 provinces, of which five have Special Administrative status. Its capital and most populous city is Jakarta. The country shares land borders with Papua New Guinea, East Timor, and the eastern part of Malaysia. Other neighbouring countries include Singapore, the Philippines, Australia, Palau and the Indian territory of the Andaman and Nicobar Islands. Indonesia is a founding member of ASEAN and a member of the G-20 major economies. The Indonesian economy is the world's 16th largest by nominal GDP and the 8th largest by GDP at PPP.

Indonesia consists of hundreds of distinct native ethnic and linguistic groups. The largest - and politically dominant - ethnic group are the Javanese. A shared identity has developed, defined by a national language, ethnic diversity, religious pluralism within a Muslim-majority population, and a history of colonialism and rebellion against it. Indonesia's national motto "Bhineka Tunggal Ika" ("Unity in Diversity" literally, "many, yet one"), articulates the diversity that shapes the country. Despite its large population and densely populated regions, Indonesia has vast areas of wilderness that support the world's second highest level of biodiversity.

## 8.2 Jakarta in Brief

### Geography

The Special Capital Region of Jakarta, is the capital and most populous city of Indonesia. Located on the northwest coast of the world's most populous island of Java, the city is the center of economics, culture and politics of Indonesia, with a population of 10,075,310 as of 2014. Greater Jakarta metropolitan area, which is known as Jabodetabek (a name formed by combining the initial syllables of Jakarta, Bogor, Depok, Tangerang and Bekasi), is the second largest urban agglomeration in the world, with population of 30,214,303 inhabitants as of 2010 census. Jakarta's business opportunities, as well as its potential to offer a higher standard of living, attract migrants from all over Indonesian archipelago, making the city if nekting pot of many communities and cultures.

### Climate

Jakarta has a tropical monsoon climate (Am) according to the Köppen climate classification system. The wet season in Jakarta covers the majority of the year, running from October through May. The remaining four months (June through September) constitute the city's drier season (each of these 4 months has an average monthly rainfall of less than 100 millimeters (3.0in)). Located in the western part of Java. Jakarta's wet season rainfall peak in January and February with average monthly rainfall off 299.7 millimeters (11.80 in), and its dry season low point is August with a monthly average of 43.2 mm (1.70 in).

### Tourism

Most of the visitors attracted to Jakarta are domestic tourists from all over Indonesia. Jakarta is trying to attract more international tourist by MICE tourism, by arranging increasing numbers of conventions. As the gateway of Indonesia, Jakarta often serves as the stop-over for foreign visitors of their way to Indonesian popular tourist destinations such as Bali, Lombok and Yogyakarta. Most of the renowned international hotel chains have presence in the city.

Other than monuments, landmarks, and museums around Merdeka square and Jakarta Old Town, tourist attractions of the city include Thousand Islands, Taman Mini Indonesia Indah, Setu Babakan, Ragunan Zoo, Sunda Kelapa old port and the Ancol Dreamland complex on Jakarta Bay, including Duynia Fantasi (Fantasy World) theme park, Sea World, Atlantis Water Adventure, and Gelanggang Samudra.

## 8.3 Palembang in Brief

### Geography

Palembang is the second-largest city on Sumatra island after Medan and the capital city of the South Sumatra province in Indonesia. It is one of the oldest cities in the Malay Archipelago and Southeast Asia. Palembang is located on the Musi River banks on the east coast of Southern Sumatra, with a land area of 369.22 square kilometres (142.56 square miles) and Palembang is the sixth-largest city in Indonesia after Jakarta, Surabaya, Bandung, Medan and Semarang. Its built-up (or metro) area with Talang Kelapa and Rambutan was home to 1,620,429 inhabitants at the 2010 census.

At 2°59'10" S 104°45'20" E, Palembang occupies 400.61 km<sup>2</sup> of vast lowland area east of Bukit Barisan Mountains in southern in Sumatra with average elevation of 8 metres (26 feet), approximately 105 kilometres (65 miles) from nearby coast at Bangka Strait. One of the largest rivers in Sumatra, the Musi Rivers, runs through the city, dividing the city area into two major parts which are Seberang Ilir in the north and Seberang Ulu in the south. Palembang is also located on the confluence of two major tributaries of Musi River, which are Ogan River and Komering River. The river's water level is influenced by tidal cycle. In rainy season, many areas on the city are inundated by the river's tide.

Palembang's topography is quite different between Seberang Ilir and Seberang Ulu area. Seberang Ulu topography is relatively flat, meanwhile Seberang Ilir topography is more rugged with altitude variation between 4 and 20 metres (13 and 66 feet).

### Climate

Palembang is located in the tropical rainforest climate with significant rainfall even in its driest months. The climate in Palembang is often described with "hot, humid climate with a lot of rainfall throughout the year". The annual average temperature is around 27.3 °C (81.1 °F). Average temperatures are nearly identical throughout the year in the city. Average rainfall annually is 2,623 millimeters. During its wettest months, the city's lowlands are frequently inundated by torrential rains. However, in its driest months, many peatlands around the city dried, making them more vulnerable to wildfires, causing haze in the city for months.

### Tourism

Ampera Bridge, main city landmark, is a bridge crossed over 1,177 metres (3,862 feet) above the Musi River which connects Seberang

Ulu and Seberang Ilir area of Palembang. Great Mosque of Palembang, also known as the Sultan Mahmud Badaruddin II Mosque, is located in the city centre.

Benteng Kuto Besak, situated on the northern bank of the Musi River and adjacent to Ampera Bridge, this fort is one of the Palembang Darussalam Sultanate of heritage buildings. The fort's interior has been turned into military hospital of the Tentara Nasional Indonesia, specifically the Health Department of Military Area Command II/Sriwijaya (Kesehatan Daerah Militer II/Sriwijaya).

Kampung Arab Al-Munawar, a mixture of middle eastern and palembangnese Malay culture and architecture. It has been long known that any visitors should dress politely in order to visit this area.

Kampung Kapitan, the home of one of the oldest Chinese stilt house in the city. The primary attraction is Tjoa Ham Hin's house with centuries-old furniture inside. There was also a nearby Chinese temple, which was one of the oldest in Palembang as well. Long before its existence as the Chinese settlement area, it was also called Tanggo Rajo where foreigners and newcomers from the archipelago stayed at.

Kantor Ledeng, located in the city centre, at first this building served as a water tower. Today this building serves as the mayor office of Palembang.

Kambang Iwak, a lake located in the tourist centre of the city close to Palembang mayor's residence. On the banks of this lake, there is a park and recreation arena which is always crowded during holidays.

Punti Kayu Tourism Forest, city forest located about six miles (9.7 kilometres) from the city centre with an area of 50 hectares (120 acres) and since 1998 designated as protected forests. In this forest there is a family recreation area and a local shelter a group of monkeys: long-tail macaque (*Macaca fascicularis*) and monkey (*Macaca nemistriana*) under the Sumatran Pine wood (*Pinus mercurii*).

Sriwijaya Kingdom Archaeological Park, the remnants of Sriwijaya site located on the banks of the River Musi. There is an inscription and stone relics, complex of ancient pond, artificial island and canals dated from the Sriwijayan kingdom in this area. The Sriwijaya Museum is located in this complex.

Bukit Seguntang archaeological park, located in the hills west of Palembang city. In this place there are many relics and tombs of the ancient Malay-Sriwijayan king and nobles.

Monumen Perjuangan Rakyat / Monpera, located in the city centre, adjacent to the Great Mosque and Ampera Bridge. As its name in this building there are relics of history in the colonial period.

Museum Sultan Mahmud Badaruddin II, located near the Ampera Bridge and adjacent to Benteng Kuto Besak. The building located in the former royal palace of Palembang Sultanate. The museum displayed the relics and historical objects with collections spanned from Sriwijaya Kingdom period to Palembang Darussalam Sultanate era.

Rumah Limas of IDR 10000 banknote is now located in Museum Balaputradewa, Palembang.

Museum Balaputradewa, the home of Rumah Limas featured on IDR 10000 banknote. This type of stilt house is the traditional house of the people of Palembang.

#### 8.4 West Java in Brief

The population of West Java was put at 43,054,000 in mid-2010 making it the most populous province of Indonesia, home to 18% of the national total on 1.8% of the national land. A side from the special district of Jakarta, it is the most densely populated province in the country with an average of 1,236 people per km<sup>2</sup> (2010 data). The population growth rate recorded in the ten years to 2010 was 1.9%

##### Tourism

Endowed with natural beauty and rich culture, tourism is also an important industry in West Java. The Puncak area and Bandung have long been known as popular weekend destinations for Jakartans. Today Bandung has developed into a chic and fashionable shopping destination, popular not only among local Indonesian especially Jakartans, but also a popular shopping destination for neighboring Malaysian and Singaporeans. The ancient coastal city of Cirebon is also popular as cultural tourism destination since the city has several kratons and many historical sites such as Gua Sunyaragi. Other popular tourism destinations include the Bogor Botanical Garden, Taman Safari Indonesia, Tangkuban Perahu crater, Ciater hot springs, Kawah Putih crater to the south of Bandung, Pangandaran beach, and various mountain resorts in Cianjur, Garut, Tasikmalaya, and Kuningan.

### **III. TECHNICAL INFORMATION**

#### **1. COMPETITION DATE**

- 1.1. The Athletics competition will be organized in Jakarta, during the period **25 – 30 August 2018**.

#### **2. VENUE**

- 2.1. The Athletics competition shall be staged at Bung Karno Main Stadium, Jakarta where the Opening and closing ceremony will also be held.
- 2.2. The training venue is Bung Karno Madya Stadium (adjacent to the main stadium) with a separate Throwing area lying close to the training venue.  
This venue will also be made available as training venue prior & during the Championship.
- 2.3. The Marathon, 20 km and 50 km Race Walk (Men) events will be held on road. The start and finish of the Marathons will be at GBK Main Stadium.

#### **3. COMPETITION MANAGEMENT**

- Organization Delegate : Maurice Nicholas (Singapore)
- Technical Delegate : Cuddi Kotta Valson (India)  
: Kwan Kee (Hongkong)
- Competition Management : Dwi Priyono
- Venues Manager : Sabar Harjono

#### **4. TECHNICAL OFFICIALS**

##### **4.1. International Officials and Jury of Appeal**

International Technical Officials and Jury of Appeal shall be appointed by AAA and be invited by INASGOC

##### **4.2. National Technical Official**

Indonesian Athletics Federation shall appoint the official referees, judges and observers assigned for the competition and also National Technical Officials

## 5. COMPETITION EVENTS

The Athletics competition will consist of forty-eight (48) events, including twenty-four (24) men's and twenty-three (23) women's events *and one (1) Mixed Event (4x400m Relay)*.

A competitor may take part in any number of events. The detail is shown at table below:

MEN		WOMEN	
1	100m	1	100m
2	200m	2	200m
3	400m	3	400m
4	800m	4	800m
5	1500m	5	1500m
6	5000m	6	5000m
7	10.000m	7	10.000m
8	110m Hurdles	8	100m Hurdles
9	400m Hurdles	9	400m Hurdles
10	3000m Steeple Chase	10	3000m Steeple Chase
11	Marathon	11	Marathon
12	20km Race Walk	12	20km Race Walk
13	50km Race Walk	13	4x100m Relay
14	4x100m Relay	14	4x400m Relay
15	4x400m Relay	15	High Jump
16	High Jump	16	Long Jump
17	Long Jump	17	Triple Jump
18	Triple Jump	18	Pole Vault
19	Pole Vault	19	Shot Put
20	Shot Put	20	Discus Throw
21	Discus Throw	21	Javelin Throw
22	Javelin Throw	22	Hammer Throw
23	Hammer Throw	23	Heptathlon
24	Decathlon		
	4x400m Mixed Relay		

## 6. COMPETITION SCHEDULE

<b>Day 1, 25<sup>th</sup> August 2018</b>				
<b>101</b>	6.00	M	MARATHON	FINAL
<b>102</b>	10.00	M	100m DECATHLON	DECA 1
<b>103</b>	10.30	W	400m	ROUND 1
<b>104</b>	10.45	M	LONG JUMP	DECA 2
<b>105</b>	11.10	M	400m	ROUND 1
<b>106</b>	11.40	W	100m HURDLES	ROUND 1
<b>107</b>	12.00	M	SHOT PUT	DECA 3
<b>Break</b>				
<b>108</b>	18.20	M	MARATHON	MC
<b>109</b>	18.30	W	100m	ROUND 1
<b>110</b>	18.35	M	SHOT PUT	FINAL
<b>111</b>	18.40	W	HAMMER THROW	FINAL
<b>112</b>	18.45	M	LONG JUMP	QUALIFYING
<b>113</b>	18.50	W	HIGH JUMP	DECA 4
<b>114</b>	19.00	M	100m	ROUND 1
<b>115</b>	19.45	W	10000m	FINAL
<b>116</b>	20.25	W	400m	SEMI FINAL
<b>117</b>	20.45	M	400m	SEMIFINAL
<b>118</b>	21.00	W	100m HURDLES	SEMI FINAL
<b>119</b>	21.20	W	HAMMER THROW	MC
<b>120</b>	21.30	M	400m	DECA 5
<b>121</b>	21.40	M	SHOT PUT	MC
<b>122</b>	21.50	W	10000m	MC
<b>Day 2, 26<sup>th</sup> August 2018</b>				
<b>201</b>	06.00	W	MARATHON	FINAL
<b>202</b>	10.00	M	110m HURDLES	DECA 6
<b>203</b>	10.30	W	400m HURDLES	ROUND 1
<b>204</b>	10.30	W	LONG JUMP	QUALIFYING
<b>205</b>	10.45	M	DISCUS THROW	DECA 7
<b>206</b>	11.00	M	400M HURLDES	ROUND 1
<b>207</b>	12.15	M	POLE VAULT DECA	DECA 8
<b>Break</b>				
<b>207</b>	18.20	W	MARATHON	MC
<b>208</b>	18.30	W	100m	SEMI FINAL
<b>209</b>	18.40	M	LONG JUMP	FINAL
<b>210</b>	18.45	M	JAVELIN THROW	DECA 9
<b>211</b>	18.50	M	100m	SEMIFINAL
<b>212</b>	19.10	W	400m	FINAL
<b>213</b>	19.20	M	400m	FINAL
<b>214</b>	19.30	M	10000m	FINAL
<b>215</b>	20.05	W	400m	MC



216	20.15	W	SHOT PUT	FINAL
217	20.15	W	100m HURDLES	FINAL
218	20.30	M	400m HURDLES	SEMIFINAL
219	20.35	M	HAMMER THROW	FINAL
220	20.40	M	400m	MC
221	20.50	M	1500m	DECA 10
222	21.00	M	LONG JUMP	MC
223	21.05	W	100m	FINAL
224	21.15	M	10000m	MC
225	21.25	M	100m	FINAL
226	21.30	W	100m HURDLES	MC
227	21.40	W	100m	MC
228	21.50	M	100m	MC
<b>Day 3, 27<sup>th</sup> August 2018</b>				
301	9.00	W	110m HURDLES	ROUND 1
302	9.15	W	HIGH JUMP	QUALIFICATION
303	9.35	M	TRIPLE JUMP	QUALIFICATION
304	10.00	W	800m	ROUND 1
305	10.30	M	800m	ROUND 1
<b>Break</b>				
306	18.20	W	SHOT PUT	MC
307	18.30	M	HAMMER THROW	MC
308	18.40	M	DECATHLON	MC
309	18.35	W	LONG JUMP	FINAL
310	18.40	M	JAVELIN THROW	FINAL
311	18.45	W	400m HURDLES	FINAL
312	19.00	M	400m HURDLES	FINAL
313	19.15	W	3000m SC	FINAL
314	19.30	M	3000m SC	FINAL
315	19.45	W	800m	SEMI FINAL
316	20.00	W	400m HURDLES	MC
317	20.10	W	400m HURDLES	MC
318	20.20	M	800m	SEMI FINAL
319	20.35	W	3000m SC	MC
320	20.45	W	LONG JUMP	MC
321	20.55	M	110M HURDLES	S.FINAL
322	21.15	M	4X400M MIXED RELAY	ROUND 1
323	21.30	M	JAVELIN THROW	MC
325	21.50	M	3000m SC	MC
<b>Day 4, 28th August 2018</b>				
401	9.00	W	100m HURDLES	HEPTA 1
402	9.45	W	200m	ROUND 1
403	10.00	M	200m	ROUND 1

404	10.30	W	HIGH JUMP	HEPTA 2
<b>Break</b>				
405	18.35	W	POLE VAULT	FINAL
406	18.35	M	110M HURDLES	FINAL
407	18.40	M	HIGH JUMP	QUALIFYING
408	18.45	W	SHOT PUT	HEPTA 3
409	18.50	W	TRIPLE JUMP	QUALIFYING
410	18.50	W	200m	SEMI FINAL
411	19.05	M	110m HURDLES	MC
412	19.15	M	200m	SEMIFINAL
413	19.25	W	JAVELIN THROW	FINAL
414	19.30	W	800m	FINAL
415	19.40	M	800m	FINAL
416	19.50	W	5000m	FINAL
417	20.15	W	800m	MC
418	20.25	M	5000m	Final
419	20.45	W	200m	HEPTA 4
420	20.55	M	800m	MC
421	21.05		4X400M MIXED RELAY	FINAL
422	21.15	W	5000m	MC
423	21.25	W	JAVELIN THROW	MC
424	21.35	W	POLEVAULT	MC
<b>Day 5, 29th August 2018</b>				
501	6.00	M	20KM RACE WALK	FINAL
502	6.10	W	20km RACE WALK	FINAL
503	9.00	W	LONG JUMP	HEPTA 5
<b>Break</b>				
504	18.20		5000m	MC
505	18.30	M	20km RACE WALK	MC
505	18.40		4X400M MIXED RELAY	MC
506	18.40	M	POLE VAULT	FINAL
507	18.45	W	JAVELIN THROW	HEPTA 6
508	18.50	W	200m	FINAL
509	18.55	W	HIGH JUMP	FINAL
510	19.00	M	200m	FINAL
511	19.05	M	TRIPLE JUMP	FINAL
512	19.15	W	1500m	ROUND 1
513	19.20	M	DISCUS THROW	FINAL
514	19.25	M	1500m	ROUND 1
515	19.40	W	20km RACE WALK	MC
516	19.50	W	4X400m RELAY	ROUND 1
517	20.10	W	200m	MC
518	20.20	M	4X400m	ROUND 1

519	20.35	M	200m	MC
520	20.45	W	800m	HEPTA 7
521	21.00	W	4X100m Relay	ROUND I
522	21.00	W	HIGH JUMP	MC
523	21.10	M	4X100m Relay	ROUND 1
524	21.25	M	TRIPLE JUMP	MC
525	21.35	M	POLE VAULT	MC
526	21.45	M	DISCUS THROW	MC
<b>Day 6, 30th August 2018</b>				
601	6.00	M	50km RACE WALK	FINAL
<b>Break</b>				
602	18.20	M	50km RACE WALK	MC
603	18.30	W	TRIPLE JUMP	FINAL
604	18.35	M	HIGH JUMP	FINAL
605	18.40	W	DISCUS THROW	FINAL
606	18.45	W	4X100m Relay	FINAL
607	19.00	W	HEPTATHLON	MC
608	19.10	M	4X100m RELAY	FINAL
609	19.20	W	1500m	FINAL
610	19.30	W	4X100m RELAY	MC
611	19.40	M	1500m	FINAL
612	19.50	M	4X100m RELAY	MC
613	20.00	W	1500m	MC
614	20.15	W	4X400m RELAY	FINAL
615	20.25	M	1500m	MC
616	20.40	M	4X400m RELAY	FINAL
617	20.50	W	TRIPLE JUMP	MC
617	21.00	M	HIGH JUMP	MC
618	21.10	W	DISCUS THROW	MC
619	21.20	W	4X400m RELAY	MC
620	21.30	M	4X400m RELAY	MC

*\*) This Schedule is subject to change depending on the number of the final entries*

## **7. SPORT ENTRIES**

### **7.1. Eligibility**

- a. Only OCA member NOCs are entitled to send athletes to participate in the Athletics competition of the 18<sup>th</sup> Asian Games.
- b. Only athletes who comply with the OCA Constitution and Rules and its Bye-law are entitled to participate in the Athletics competition.

### **7.2. Entry Timeline**

- a. Entry by Sport - Deadline: 24:00 January 31, 2018 (Indonesia Time, GMT +7)

- b. Entry by Number - Deadline: 24:00 April 30, 2018 (Indonesia Time, GMT +7)
- c. Entry by Name - Deadline: 24:00 June 30, 2018 (Indonesia Time, GMT +7)

### 7.3. Entry Policies

Each National Olympic Committee (NOC) is entitled to enter maximum two (2) athletes per event and one (1) team for each Relay event

Once the team enters in the relay events, **only Two (2)** additional athletes may take part in subsequent rounds as substitutes. The substitutes can only be selected from the list of entered athletes. The composition of a team and running order for a relay shall be officially declared no later than one hour before the published first call time for the first heat of each round of the championship. The official declaration is to be submitted at the First Call Room

Total: Each NOC may enter a maximum of fifty-two (52) men and fifty (50) women athletes in Athletics.

## 8. **TECHNICAL MEETING**

- 8.1. The Technical Meeting shall be held at 10.00 am West Indonesia Standard Time (WIB), **August 23<sup>rd</sup> 2018**, in Athlete Village
- 8.2. The meeting shall be attended by:
  - Technical Delegate (as Leader )
  - Organization Delegate
  - Two members of each participating team (Manager and Coach).
  - ITO/IWRJ and Key Officials
- 8.3. The meeting aims at providing the necessary information on the progress of events as well as the explanations related to the implementation of the Rules of the International Federation and the provision of the sport Technical Regulations.

## 9. **Venue Orientation Visit**

- 9.1. A tour of the Bung Karno Main Stadium, for Team Leaders and/or their representatives will take place on August 23<sup>rd</sup> , 2018. The tour will start at 13:00 from the Team Bus Drop-off point in the Bung Karno Main Stadium, The tour will provide an opportunity for Team Leaders to familiarize themselves with the flow of athletes and the exact location of the most important areas in the stadium.
- 9.2. The team representatives should sign up for the tour by 14:00 one day before the orientation tour at the SIC in the Games Village.

## **10. Marathon Course**

The tour of the Marathon course for the Team leaders and/or their representative.

The tour of the Marathon Course will take place on August 24<sup>th</sup>, 2018. The tour will start at 15:00 from the Team Bus Drop-off point in the Bung Karno Main Stadium, the tour will be conducted on the bus, and LOC staff will be responsible for conducting the tour.

The team representatives should sign up for the tour by 14:00 one day before the orientation tour at the SIC in the Games Village.

## **11. Race Walking Course**

There are two tours of the Race Walking Course for Team Leaders and/or their representatives.

The first tour of the Race Walking Course will take place on August 27, 2018. The tour will start at 14:00 at the Team Bus Drop-off point in the Bung Karno Main Stadium,. LOC staff will be responsible for conducting the tour.

The teams' representatives should sign up for the tour by 14:00 one day before the orientation tour at the SIC in the Games Village.

## **12. RULES and REGULATION**

Athletics competitions shall be carried out in accordance with the rules of International Association of Athletics Federation (IAAF) 2018-2019 edition. In case of any controversy over the interpretation of rules, the English version of the IAAF rules shall be considered binding. Issues not covered by the regulations shall be dealt with according to the following:

- For technical matters, the IAAF Rules are binding.
- For general matters, Asian Games Basic regulations, General Rules and this Technical Handbook should be consulted.

## **13. COMPETITION FORMAT**

### **13.1. Heats and Qualification**

Heats and qualification shall be organized in accordance with Technical Rules. Qualifications standards shall be set in accordance with RULE 166 (for Track Events) and RULE 180 (for Field Events). The qualification standards for each event shall be announced during the Technical Meeting held prior to the beginning of the competitions.

### **13.2. Raising the Bar**

The Start and Successive progression of heights of the bar in High Jump, Pole Vault, Men's Decathlon and Women's Decathlon events will be decided by the Technical Delegates at the Technical Meeting.

## **14. COMPETITION PROCEDURES**

#### 14.1. Call Room

- (1) The control of athletes for competition will be held in the Call Room. All athletes must present themselves at the Call Room according to the scheduled check-in times.

Athletes who fail to appear on time at the Call Room without a valid reason (e.g., without a medical certificate issued by the official doctor of the competition) will be excluded from participating in that particular event and all further events in the Athletics competition, including relays.

After completion of these procures, athletes must follow the instructions given by the officials at the Call Room before being taken to Final Call.

- (2) Team Officials are not allowed to enter the Call Room

#### 14.2. Reporting Times

- (1) First call shall be conducted in the Call Room of Warm-up Area.
- (2) Second call shall be conducted in the Call Room of Main Stadium.
- (3) Call Room Judges shall check on the athletes about the following items in accordance with the IAAF Competition Rules: Bibs, athletic shoes (i.e. specifications for spikes, *Rule 143.3, 143.4.*), competition clothing, bags, personal belongings (i.e. camcorder, radio, mobile phones, etc.), other advertising items and so on
- (4) Team Managers should ensure that all their athletes comply with all the IAAF Rules and Regulations, including the above, before entering the Call Room to avoid any delays.
- (5) If athletes do not comply with the calls, they are not allowed to participate in the competition.
- (6) Athletes shall answer the calls for their own events, and the following table shows the scheduled calls by event

**Call Room Timetable**

<b>EVENT</b>	<b>Report Call Room</b>	<b>Call Room Closes</b>	<b>At Competition Site</b>
<b>All Track Events (Except Relay)</b>	<b>40min</b>	<b>30 min</b>	<b>10 min</b>
<b>Relay</b>	<b>45 min</b>	<b>35 min</b>	<b>10 min</b>
<b>Throwing Events and Hurdles</b>	<b>60 min</b>	<b>50 min</b>	<b>30 min</b>
<b>High Jump</b>	<b>70 min</b>	<b>60 min</b>	<b>40 min</b>
<b>Pole Vault</b>	<b>90 min</b>	<b>80 min</b>	<b>60 min</b>

- (7) For Road Races (Marathon and Race Walk) the first and second calls shall be conducted at the starting points.

- (8) Accreditation cards for completing athletes will be collected at the call room and returned up the completion of their respective events at the post event area

#### 14.3. **Bib Number**

- (1) All athletes must wear the bib numbers they have received. Numbers shall coincide with the numbers on the official programme.
- (2) The Bib numbers will be distributed at the Technical meeting by the LOC. Each athlete will receive a total of Four (4) bib numbers with safety pins. Two (2) bib numbers for their championship vest, except in the Jumping events where only one number may be worn on the breast or the back only and one (1) for their Track-Suit and one (1) for their bag.
- (3) Athletes taking part in the track events will also be given two (2) adhesive hip numbers in Final Call Room before entering into the FOP. The hip numbers must be fixed to both sides of their shorts or upper legs.
- (4) Bib numbers must be worn in accordance with IAAF Rules and Regulations, and must not be cut, folded or obscured in any way.
- (5) For the Combined Events, the leading athlete after each event will be given a special bib number to be worn on his / her chest, which shows the current first ranking athlete. Athletes competing in the last heat of the 800m and 1,500m in the combined events will be given a separate number to be worn on their chest, indicating their position in the competition before the last event.
- (6) The distribution of these special bibs will take place in the combined events rest Room and will be managed by the Referee of Combined events.
- (7) Failure to comply with the IAAF Rules 143.11 may result in a disqualification or sanction.

#### 15. **PERSONAL BELONGINGS**

Athletics (including combined Events) will only be permitted to take a backpack or similar sized bag with them into the Field of Play. Combined Events athletes may bring larger bags but they must be left in the rest area during the events. A strict inspection shall be made on illegal and prohibited items, which athletes may have in their possession. Electronic devices (e.g: radios, CD/MP3 player, mobile phones, cameras, etc.) shall not be permitted. Any items that do not conform to the IAAF Technical and/or Advertising Rules and Regulations will be confiscated. Confiscated items may be retrieved at the TIC after the event

##### **a. Clothing**

Competitors are required to wear the official uniform of their delegation (as registered at the SIC), which must conform to the IAAF Competition

Rules and the current IAAF Advertising Regulations in force during the Game time.

Each Team Leader must present their team's complete uniform in all its variations at the SIC in Athletes Village **on 23<sup>rd</sup> August latest by 8pm**. Once the uniform has been registered, the judges will inspect the athletes' clothing at the Call Room.

Only the officially registered uniform will be approved for use during competition. The Lap of Honour and Victory Ceremonies are considered as part of the competition.

Neither athletes nor Technical Officials can attach any form of commercial advertising to his or her competition uniform without prior agreement with OCA and INASGOC.

## **16. SPECIFIC COMPETITION PROCEDURES**

### **(1) Start Command**

- (a) The commands of the Starter shall be in English.
- (b) In races up to and including 400m (including Relay) the use of starting blocks are compulsory, the commands shall be "On your marks" – "Set" – Firing of the Starters Gun
- (c) In races longer than 400m (800m or longer) the commands shall be "On your marks" – Firing of the Starters Gun
- (d) In accordance with IAAF Rules, a false start detection apparatus will be used.

\*) The Starters' session with the athletes of participating shall be organized on 23 August 2018 at 4PM at Warm-Up Track.

### **(2) Field Events Trials**

Twelve athletes will normally compete in the Final of all Field Events. In Horizontal Jumps and Throws, the competing order for the fourth, fifth and final rounds of trials will be in the reverse ranking order recorded after the first three rounds of trials.

\*) All athletes, escorted by competition officials, shall enter the Field of Play. During an event, no athlete may leave the competition area without the permission from the Chief Judge. In cases where athletes must leave the Field of play, an official must escort the athlete.

Sealed refreshment bottles will be provided to all athletes in the competition area with water and/or isotonic drinks.

### **(3) Pole Vault**

An athlete shall, before the competition starts, inform the appropriate official of the position of the crossbar he requires for his first trial and this position shall be recorded. If subsequently an athlete wants to make any changes, he should immediately inform the appropriate official



before the crossbar has been set in accordance with his initial wishes, otherwise the time for his attempt will continue to run.

(4) Relay 4x400m and 4x400m Mixed Relay (Rule 170.20)

In the 4x400m Relay races, the athletes running the third and fourth legs shall, under the direction of a designated official, place themselves in their waiting position in the same order (inside to out) as the order of their respective team members as they enter the last bend. Once the incoming athletes have passed this point, the waiting athletes shall maintain their order, and shall not exchange positions at the beginning of the "Take-Over Zone". If an athlete does not follow this Rule, his team shall be disqualified.

(5) Failure To Participate (Rule 142.4)

An athlete shall be excluded from participation in all further events in the competition, including Relays, in case where:

A "*Final Confirmation*" was given that the athlete would start in an event but then failed to participate.

He qualified in preliminary rounds of an event for further participation in that event but then failed to participate further

The provision of a Medical Certificate provided by and based on an examination of the athlete by the Medical delegate appointed under Rule 113 or, if no Medical delegate has been so appointed, by a medical doctor so designated by the Organisers, may be accepted as sufficient reason to accept that the athlete became unable to compete after confirmations closed or after competing in a previous round but will be able to compete in further events (except Combined Events individual events) on a subsequent day of the competition. Other justifiable reasons (e.g. factors independent of the athlete's own actions, such as problems with the official transport system) may, after confirmation, also be accepted by the Technical delegate(s).

Note "A":

A fixed time for the Final Confirmation of participation will be fixed in advance.

Note "B"

Failure to participate includes failure to compete honestly with bona fide effort. The relevant Referee will decide on this and the corresponding reference must be made in the official results. The situation foreseen in this note will not apply to Combined Event's Individual events.

(6) Markers

Athletes will not be permitted to use their own markers during the Competition. Those athletes wishing to use a marker will be required to use the markers provided by the LOC at the event site. Officials will also provide adhesive tape for the relay runners at the track.

## 16. POST COMPETITION PROCEDURES

All athletes will always leave the Field of Play via the Mixed Zone. In the Mixed Zone, the media may conduct short interviews. Please note at the first three athletes in each Final may also be required to attend the formal interview.

After passing through the Mixed Zone, athletes move to the Post Event Area where they will be able to recover and collect their clothing. Team Leaders will be allowed to access the end of the Mixed Zone by means of a special pass.

## 17. **FACILITIES, EQUIPMENT, and IMPLEMENT of COMPETITION**

INASGOC (18<sup>th</sup> Indonesia Asian Games Organizing Committee) will provide Facilities, Equipment and implements for competition, warm -up and training. All material should comply with the IAAF Competition Rules.

**Vaulting Poles:** On arrivals at the airport all the vaulting poles of the athletes will be taken directly in a truck to the Warm-up Area where they will store them in the equipment room. The athlete concerned, or his/her team official, will be required to identify the poles, ensure that a tag with the athlete's details is placed on the poles for easier identification.

For the departure, the team members must take the poles from the Warm-up Area to their village at latest one day prior to their departure date. Adequate storage will be provided at the hotels. The poles will then be transported with the team to the airport from the Village.

### (1) Personal Implements of Throwing

Personal Implements will be allowed, providing that they are readily identifiable and are IAAF certified they are not already on the official list they have been checked for compliance with IAAF Rules they are made available to all the other athletes until the end of the Final

The checking procedure will be as follow:

Checking	Location & Time	Return
Personal Throwing Implements are to be checked prior to the event, after which a receipt will be given for the implement.	TIC no later than 12:00 the day before the qualifying round of the event. For the Combined Events, no later than 12:00 the day before the first event.	Implements are returned in exchange for the receipt after the event's Final at the TIC.

### (2) List Implemet of Throwing

Made Name	Number	Diameter	Manufact
Men Discus			
	720-2200		UCS Purple Flyer
	720-1200		UCS Orange Flyer Discus
	720-3200		UCS 2 K Blue Flyer Discus
	6126200		Nordic Super Elite
	6130200		Nordic Viking Fiberglass
	6131200		Nordic Master Brass
	CDD 11-2		Polanik
	CCD 14-2		Polanik Carbon

	7003200		ATE Supra Black
	7000200		ATE Indra Carbon
	7100200		ATE Comet
	7102200		ATE Laser
	N1105AS		Nelco Olympic
	N1105A		Nelco Super Spin Black
	720211		Pacer Carbon
<b>Women Discus</b>			
	720-2100		UCS Purple Flyer Discus
	720-1100		UCS Orange Flyer Discus
	720-3100		UCS Blue Flyer Discus
	6126100		Nordic Super Elite
	6130100		Nordic Viking Fiber Glass
	6131100		Nordic Master Brass
	N1104CS		Nelco Olympic
	N1105GD		Nelco Gold
	N110USC		Nelco Ultra Spin
	N1104C		Nelco Lo Spin
	7003100		ATE Supra black
	7100100		ATE Comet
	7102100		ATE Laser
	7000100		ATE Indra
	CCD 14-1		Polanik Carbon
<b>Men Javelin</b>			
	7916803c		Nordic Airglider Carbon Flex
	7916808C		Nordic Orbit Carbon Flex
	7916803		Nordic Airglider Steel Flex 6.1
	AF 10-800		Polanik Air Flyer (70m)
	SC 10-800		Polanik Sky Challenger 80m
	SM 10-800		Polanik Space Master (90m)
	800SSC70		Nemeth Standard 70m
	800C80		Nemeth Club 80m
	800CMC85		Nemeth Composite Medium
	800UC		Nemeth Universal Competition
	9900070		ATE Superb 70
	9900080		ATE Superb 80
	9980000		ATE Aero Elite
<b>Women Javelin</b>			
	AF 10-600		Polanik Air Flyer (60m)
	SM 10-600		Polanik Space Master (80m)
	FC 10-600		Polanik Fully Carbon
	SC 10-600		Polanik Sky Challenger
	600S60		Nemeth Standard 60m
	600S70		Nemeth Standard 70m,
	600UC		Nemeth Universal Competition
	600SSC70		Nemeth Club 70m Soft Composite
	7925600		Nordic Viking Metal
	7917605c		Nordic Indra carbon flex
	7917603c		Nordic Diana flex Carbon
	7961600		Nordic Comet (Aluminium)
	9926000		ATE Superb 60
	9960000		ATE Aero Elite

<b>Men Hammer</b>			
	PM 7.26/110	110mm	Polanik Turned Steel
	PM 7.26/110M	110mm	Polanik Turned Brass
	722-1110	110mm	UCS Stainless Steel
	N1121A	110mm	Nelco Brass
	N1122AS	110mm	Nelco Turned (Steel)
	5125726	110mm	Nordic Brass
<b>Women Hammer</b>			
	5125400	95mm	Nordic Brass
	722-2095	95mm	UCS Stainless Steel
	PM—4/95M	95mm	Polanik Competition Brass
	PM—4/95S	95mm	Polanik Stainless Steel
	9040095/9700100	95mm	ATE Competition Steel
	9240095/9700100	95mm	ATE Stainless Steel
	N1121D	95mm	Nelco Brass
	N1122XC	95mm	Nelco Turned (Steel)
<b>Men Shot Put</b>			
	5131727	125mm	Nordic Olympic Super
	721-3129	129mm	UCS Turned Steel
	721-3125	125mm	UCS Turned Steel
	721-3120	120mm	UCS Turned Steel
	7215120	117mm	UCS Stainless Steel
	PK 7.26/115M	115mm	Polanik Brass
	PK 7.26/120	120mm	Polanik Turned Steel
	PK 7.26/128	128mm	Polanik Turned Steel
	8176229	129mm	ATE Competition Steel
	N1118AC	120mm	Nelco Turned Iron
<b>Women Shot Put</b>			
	721-2109	109mm	UCS Yellow Turned Steel
	721-2105	105mm	UCS Yellow Turned Steel
	721-2100	100mm	UCS Yellow Turned Steel
	721-2096	96mm	UCS Turned Steel
	8240009	109mm	ATE Stainless Steel
	8340004	104mm	ATE Competition Iron
	PK-4/110	110mm	Polanik Turned Steel -
	PK-4/105S	105mm	Polanik Turned Stainless Steel
	PK-4/100	100mm	Polanik Competition Steel
	N1118EB	100mm	Nelco Turned Iron

**18. TIMING and MEASUREMENT**

- a. All timing measurement will be fully automatic.
- b. All Jump events (horizontal) and Throw events will be measured by electronic distance measuring apparatus (EDM).

**19. PROTEST and APPEAL**

All protests and appeals must go through procedures in accordance with the IAAF Rule146 (Paragraphs 1 to 11)

**20. DOPING CONTROL**

- (1) Doping Control during the 18th Asian Games will be conducted in accordance with OCA Anti-Doping Rules applicable to the Asian Games and will follow the standards and procedures under the World Anti - Doping programme.
- (2) INASGOC, in collaboration with the medical committee of the OCA will have in place the resources to assist in the investigation of any cases of disorders of sexual determination, should the need arise. The need for such tests and the processes to be followed will be as per the rules/procedures laid down by the OCA.

**21. MEDALS, DIPLOMAS, and VICTORY CEREMONIES**

- a. Victory ceremonies shall be held directly following the end of each competition final. Winners shall wear their training suits or the official Apparel of their National Olympic Committees.
- b. Winners in athletics competitions shall be awarded the following prizes and diplomas:
  - (1) The first place: a gold medal and diploma
  - (2) The second place: a silver medal and diploma
  - (3) The third place: a bronze medal and diploma
  - (4) The same will apply to relay events

**22. TECHNICAL INFORMATION CENTER – TIC (STADIUM)**

The TIC is located in the Main Stadium, in the passage connecting the Warm-up Area, close to the Final Call Room. The main task of the center is to ensure a smooth liaison between each delegation and the local organizing committee, the IAAF Technical Delegates and the Completion Management of the Championships regarding technical matters.

The TIC is responsible for, but not limited to the following:

- (1) Display on the relevant notice board of official communications to the teams, including Start Lists
- (2) Results and Call Room reporting times. These will also be displayed at the Warm-up Area.
- (3) Distribution of urgent notices to the delegations from the Technical Delegates and Competition Management via the pigeon holes. It is the Team Leader's duty to collect this kind of information in due time.
- (4) Receipt of final Conformations.
- (5) Distribution of Relay Order Confirmation Forms (to be returned at TIC)
- (6) Receipt of Withdrawal Forms
- (7) Managing National Record Doping Control requests
- (8) TIC General Enquiries
- (9) Written Appeal

The TIC will open on 20<sup>th</sup> August from 07:00 to 19:00 and, on all competition days, 2hours from the start of the first event of the day until 60 minutes after the end of the last event of the day. This will be the main center for technical information although certain documents produced in the TIC will also be distributed to the CIDs for circulation.

- . Access to the TIC in the Main Stadium is limited to those Individuals in possession of the special TIC Passes, which will be distributed at the SIC in the Games Village.

### **23. SPORT INFORMATION CENTER (SIC)**

All sport-specific information for all Athletics events will be available at the sport information desks. They are located at the competition venue and at the Sport Information Centre (SIC) in the Athletes' Village.

#### IV. GENERAL CONTACTS

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	LORD SEBASTIAN COE (GBR)
<b>INTERNATIONAL ASSOCIATION OF ATHLETICS FEDERATIONS (IAAF)</b>	Address 17, Rue Princesse Florestine, BP359, MC98007 Monaco Cedex Phone +377 9310 8888 Fax +377 9315 9515 Email <a href="mailto:info@iaaf.org">info@iaaf.org</a> Web <a href="http://www.iaaf.org">www.iaaf.org</a>
<b>ASIAN ATHLETICS ASSOCIATIONS (AAA)</b>	President: GEN. DAHLAN JUMAAN AL HAMAD (QAT) Gen. Secretary: MAURCE NICHOLAS (SIN) Address: 26 Windsor Park Road District N574132 Singapore Phone +656 286 5506 Fax +656 286 2432 Email: <a href="mailto:asianathletics@gmail.com">asianathletics@gmail.com</a> <a href="mailto:sec@asianathleticsassociation.org">sec@asianathleticsassociation.org</a> Web: <a href="http://www.athleticsasia.org">www.athleticsasia.org</a>
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<b>VENUES MANAGER</b>	SABAR HARJONO Phone: +628159636019 +6281310888659 Email: <a href="mailto:sabarhardjono@gmail.com">sabarhardjono@gmail.com</a>

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# V. General Competition Schedule



Updated May 31, 2018

SPORT DISCIPLINE	VENUE NAME	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	1	2
		M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S
OPENING CEREMONY	GBK - Main Stadium	-5	-4	-3	-2	-1	0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
CLOSING CEREMONY	GBK - Main Stadium																					
<b>AQUATICS</b>	GBK - Aquatic Center																					
Aquatics - Artistic Swimming	GBK - Aquatic Center																					
Aquatics - Diving	GBK - Aquatic Center																					
Aquatics - Swimming	GBK - Aquatic Center																					
Aquatics - Water Polo	GBK - Aquatic Center																					
<b>ARCHERY</b>	GBK - Archery Field																					
<b>ATHLETICS</b>	GBK - Main Stadium																					
<b>BADMINTON</b>	GBK - ISTORA																					
<b>BASEBALL/SOFTBALL</b>																						
Baseball/Softball - Baseball	GBK - Baseball Field																					
Baseball/Softball - Baseball	Rawamangun Baseball Field																					
Baseball/Softball - Softball	GBK - Softball Field																					
<b>BASKETBALL</b>																						
Basketball - 3x3	GBK - Basket Hall 3x3																					
Basketball - 5x5	GBK - Basket Hall																					
Basketball - 5x5	GBK - ISTORA																					
<b>BOWLING</b>	JSC - Bowling Center																					
<b>BOXING</b>	JiExpo Kemayoran - Hall C																					
<b>BRIDGE</b>	JiExpo Kemayoran - Ballroom																					
<b>CANOE/KAYAK</b>																						
Canoe/Kayak - CSL (Canoe Slalom)	Bendung Rentang Majalengka																					
Canoe/Kayak - CSP	JSC - Lake																					
Canoe/Kayak - TBR	JSC - Lake																					
<b>CYCLING</b>																						
Cycling - BMX Race	Pulo Mas International BMX Center																					
Cycling - MTB	Khe Bun Hill Subang																					
Cycling - Road Race	Subang roads route																					
Cycling - Track	Jakarta International Velodrome																					
<b>EQUESTRIAN</b>																						
Equestrian - Dressage	Jakarta International Equestrian Park																					
Equestrian - Eventing	Jakarta International Equestrian Park																					
Equestrian - Jumping	Jakarta International Equestrian Park																					
<b>FENCING</b>	JCC - Cendrawasih																					
<b>FOOTBALL</b>																						
Football - (Men)	Si Jalak Harupat Stadium (Bandung)																					
Football - (Men)	Pakan Sari Stadium (Bogor)																					
Football - (Men)	Patriot Chandrabhaga Stadium (Jakarta)																					
Football - (Men)	Wibawa Mukti Stadium (Cikarang)																					
Football - (Women)	JSC - Gelora Sriwijaya																					
Football - (Women)	Bumi Sriwijaya Stadium																					
<b>GOLF</b>	Pondok Indah Golf & Country Club																					
<b>GYMNASTICS</b>																						
Gymnastics - Artistic	JiExpo - Kemayoran Hall D																					
Gymnastics - Rhythmic	JiExpo - Kemayoran Hall D																					
Gymnastics - Trampoline	JiExpo - Kemayoran Hall D																					
<b>HANDBALL</b>	GOR POPKI Cibinur																					
<b>HOCKEY</b>	GBK - Hockey Field																					
<b>JET SKI</b>	Jet-Ski Indonesia Academy																					
<b>JUDO</b>	JCC - Plenary Hall																					
<b>KABADDI</b>	Theatre Garuda																					
<b>KARATE</b>																						
Karate - Kata	JCC - Plenary Hall																					
Karate - Kumite	JCC - Plenary Hall																					
<b>MARTIAL ARTS</b>																						
Martial Arts - Ju-Jitsu	JCC - Assembly Hall																					
Martial Arts - Karash	JCC - Assembly Hall																					
Martial Arts - Pencak Silat	Padepokan Pencak Silat, TMII																					
Martial Arts - Sambo	JCC - Assembly Hall																					
Martial Arts - Wushu	JiExpo Kemayoran - Hall B																					
<b>MODERN PENTATHLON</b>	APM Equestrian																					
<b>PARAGLIDING</b>	Gunung Mas Puncak																					
<b>ROLLER SPORTS</b>																						
Roller Sports - Roller Skate	JSC - RollerSkate Stadium																					
Roller Sports - Skateboard	JSC - Skateboard Stadium																					
<b>ROWING</b>	JSC - Lake																					
<b>RUGBY SEVENS</b>	GBK - Rugby Field																					
<b>SAILING</b>	Indonesia National Sailing Center																					
<b>SEPAK TAKRAW</b>	JSC - Ranau Hall																					
<b>SHOOTING</b>																						
Shooting - Pistol	JSC - Shooting Range																					
Shooting - Rifle	JSC - Shooting Range																					
Shooting - Running Target	JSC - Shooting Range																					
Shooting - Skeet & Trap	JSC - Shooting Range																					
<b>SPORT CLIMBING</b>	JSC - Sport Climbing																					
<b>SQUASH</b>	GBK - Squash Stadium																					
<b>TABLE TENNIS</b>	JiExpo - Kemayoran Hall B																					
<b>TAEKWONDO</b>																						
Taekwondo - Kyorugi	JCC - Plenary Hall																					
Taekwondo - Poomsae	JCC - Plenary Hall																					
<b>TENNIS</b>																						
Tennis - Soft Tennis	JSC - Tennis Court																					
Tennis - Tennis	JSC - Tennis Court																					
<b>TRIATHLON</b>	JSC - Lake																					
<b>VOLLEYBALL</b>																						
Volleyball - Beach Volley	JSC - Beach Volley																					
Volleyball - Indoor Volley	GBK - Volley Indoor Stadium																					
Volleyball - Indoor Volley	GOR Bulungan																					
<b>WEIGHTLIFTING</b>	JiExpo - Kemayoran, Hall A																					
<b>WRESTLING</b>																						
Wrestling - Freestyle	JCC - Assembly Hall																					
Wrestling - Greco Roman	JCC - Assembly Hall																					

Opening/Closing Ceremony



# ASIAN GAMES 18·8·18

ENERGY OF ASIA



**INASGOC**  
INDONESIA ASIAN GAMES ORGANIZING COMMITTEE

