# TOGO





Daouda's leg was amputated when he was 16 years old. As a psychologist, he uses his own experience to support and assist his patients.

Togo's health sector has made positive progress in recent years, and the country ratified the <u>UN Convention on the Rights of Persons with Disabilities</u> (UNCRPD) in 2011. However, many people still lack access to medical care, mainly because of poverty; government-run centers (mainly regional) also need more resources to meet the demand for their services. Universal Health Coverage has been extended to all students in Togo in 2017.

Since 2004, MoveAbility has been working with the <u>École Nationale des Auxiliaires Médicaux</u> (ENAM) in Lomé, to train physical rehabilitation professionals from French-speaking countries in Africa, and with the Center National d'Appareillage Orthopédique (CNAO), to help it improve its services. In 2011, we started to provide ad hoc support to the Center Régional d'Appareillage Orthopédique de Kara (CRAO-Kara).

In addition to our local partners, we also work with regional institutions present in Togo: the <u>Fédération Africaine des Techniciens Orthoprothésistes</u> (FATO), which facilitates networking among professionals, and the <u>Organisation Africaine pour le Développement des Centers pour Personnes Handicapées</u> (OADCPH), which provides purchasing services and training.

We opened a sub-regional office in Togo in 2010, which has become our regional office for West Africa as of 2017.



# MOVEABILITY'S PARTNERS IN TOGO\*

- Centre National d'Appareillage Orthopédique (CNAO)
- Centre Régional d'Appareillage Orthopédique de Kara (CRAO- Kara)
- École Nationale des Auxiliaires Médicaux de Lomé (ENAML)
- <u>Fédération Africaine des Techniciens Orthoprothésistes</u> (FATO)
- <u>Fédération Togolaise des Associations de Personnes</u> <u>Handicapées</u> (FETAPH)
- Fédération Togolaise de Sports Paralympiques (FETOSPA)
- Ministry of Health
- Organisation Africaine pour le Développement des Centres pour Personnes Handicapées (OADCPH)
- The Togolese Associations of Physiotherapists (AMKITO) and Prosthetist & Orthotists (ASTOP)
- The Togolese Red Cross

\*Presented in alphabetical order

## **OUR APPROACH IN TOGO**

# STRENGTHENING THE ROLE OF THE NATIONAL PLATFORM

To have a more lasting impact and to establish concrete actions in a country, we have adopted a multi-sectoral and inclusive approach. It consists in the creation of a national platform comprising of the stakeholders related to the disability issue.

In Togo, the platform has been very effective. It has brought together the Ministry of Health and non-governmental organizations, such as Disabled People's Organizations or the Togolese Red Cross. The platform is currently working on a policy and plan of action benefitting the rehabilitation sector.

#### REINFORCING THE EDUCATION AND TRAINING

Since the beginning of our involvement in Togo, we have worked on the strengthening of the skills and competencies of the physical rehabilitation professionals. We have been therefore supporting training schools, such as the ENAM and we have also been working on the increase of its cooperation with the CNAO rehabilitation center as well as regional centers. The investment in education is primordial if we want the level of quality of services and products to grow substantially and sustainably.

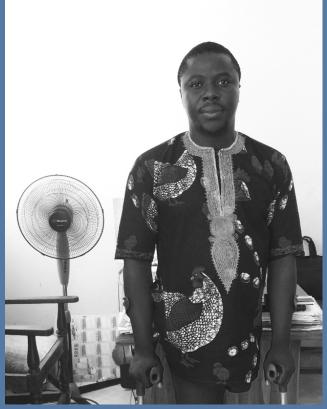
### **USING LIFE EXPERIENCE TO HELP OTHERS**

Daouda Mahidéya Bagna, 31 years old, is a clinical therapist at the Center National d'Appareillage Orthopédique (CNAO) in Lomé since June 2017. At the age of 16, his leg was amputated after a traffic accident; he draws from his own experience to support and assist other persons with disabilities coping with their situation.

After waking up from a week-long coma, Daouda had to learn to adjust to living with one leg. He first used a wheelchair to get around, and then crutches. He couldn't be fitted with a prosthesis because his parents couldn't afford it. However, they supported him and taught him to be positive. This helped him overcome the obstacles of life.

In 2008, at the age of 22, Daouda was finally fitted with a prosthesis. He was happy to gain more mobility and independence; unfortunately, after two years, the device became painful to use, and he once again had to return to the use of crutches. Through his new assignment in CNAO, he is saving up the money to pay for a new prosthesis.

His work provides him with an opportunity for greater social and economic inclusion. As he says: "At the CNAO, my disability does not constitute any barrier to the exercise of my function. I enjoy my work, especially when I can help patients and parents to overcome the psychological barriers of the disability using my own experience. I am so happy when I can give them hope again.



Daouda can easily access his office, which is adapted for persons with disabilities.

About access and inclusion at work, I don't feel any difference with my non-disabled colleagues. My office is accessible and I am treated like anyone else. It is a relief to feel like everybody."

## MAIN ACHIEVEMENTS SINCE 2016

### **NATIONAL PLAN**

Togo established a national platform for physical rehabilitation; the Ministry of Social Action also created a committee fostering social inclusion for people with disabilities in 2016. In 2017, the government validated a national strategic plan for addressing non-communicable diseases, which includes a section on physical rehabilitation.

### **EDUCATION AND TRAINING**

We helped ENAM to assess three new sites for students' clinical placements (Kpalimé, Sokodé and Atakpamé), and to organize training for instructors. We also supported the ENAM in maintaining its ISPO accreditation.

### **QUALITY OF SERVICES**

We carried out a pilot program on the implementation of

beneficiary-feedback surveys and technical assessments at the CNAO.

### **ACCESS TO SERVICES**

With our support, ENAM has improved its facilities by renovating its workshop and constructing wheelchairaccessible washrooms and a gait training room.

A training program for mothers and carers of children with cerebral palsy, which we started at the CNAO in 2013, has been expanded to the CRAO-Kara in 2016.

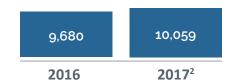
### **MANAGEMENT CAPACITIES**

The CNAO is using the Essential Management Package (EMP) to assess its processes and identify areas for improvement.

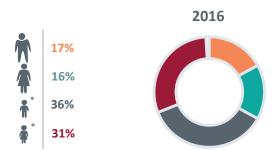
# **BENEFICIARY STATISTICS 2016-2017**

### PEOPLE WHO RECEIVED SERVICES FROM OUR PARTNERS1





### **BREAKDOWN OF PEOPLE WHO RECEIVED SERVICES**

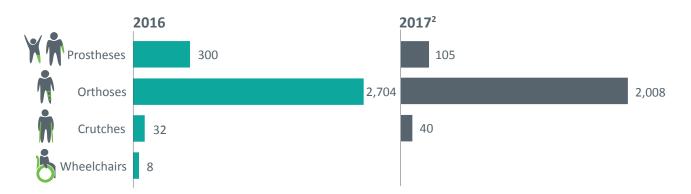






\*0 - 15 years old

### **ASSISTIVE DEVICES PROVIDED BY OUR PARTNERS**



Services include: prosthetics and orthotics, physiotherapy, other rehabilitation services and consultations.
 The final beneficiaries data as reported by the partners in the field.
 As reported in October 2017, extrapolated to year end.





## **PLANNED ACTIVITIES FOR 2018**



### **NATIONAL PLAN**

- > Hand over chairmanship of the national physical rehabilitation platform to the MOH; continue to participate in discussions on and/or provide support for activities related to the allocation of more resources to the sector; the inclusion of physical rehabilitation services in Universal Health Coverage; standardization of pay scales for prosthetists/orthotists; and a national study on the availability and quality of these services
- > Support the development of the national associations of physiotherapists and prosthetists/orthotist



### **EDUCATION AND TRAINING**

- > Work with ENAM to update its curriculum and teaching materials, in line with recommendations from evaluations conducted by the ISPO in 2017; organize a course on more interactive/participative teaching methods, while promoting the use of e-learning in conjunction with these
- > Provide FATO with support for its activities, especially the FATO Congress for 2018; sponsor the participation of Togolese representatives in this congress and other international conferences, so that they can network with other professionals and learn about the latest developments in the field
- > Support ad hoc training at ENAM and OADCPH for professionals from across the region, further or higher education for teachers and other people working in the Togolese physical rehabilitation sector, and clinical placements for ENAM students at the CNAO and its satellite centers



### **QUALITY OF SERVICES**

> Conduct patient-satisfaction surveys and technical assessments at the CNAO, and introduce the use of these tools in the CRAO-K; help the centers analyze the findings and implement improvements accordingly



### **ACCESS TO SERVICES**

- > Continue to support training for caretakers of children with cerebral palsy at the CNAO and the CRAO-K; expand this program to Bombouaka and launch a similar training in Benin
- > Subsidize the treatment and transport costs of 150 economically vulnerable people with disabilities, including children with cerebral palsy
- > Support renovate and equip the facilities of the CNAO and ENAM, and donate raw material and components for assistive devices to both organizations
- > Encourage the Togolese Red Cross and the Fédération Togolaise des Sports Paralympiques to become more involved with the national physical rehabilitation platform; carry out awareness-raising campaigns with the two organizations



### MANAGEMENT CAPACITIES

> Continue to help the CNAO and ENAM assess and improve their systems using the EMP toolkit; urge ENAM to implement all components of the EMP