

BARRANQUILLA2018

XXIII CENTRAL AMERICAN
AND THE CARIBBEAN GAMES 2018



TECHNICAL
MANUAL

ATHLETICS



BARRANQUILLA2018



ODECABE/CACSO

TECHNICAL MANUAL

THIS DOCUMENT IS SUSCEPTIBLE
TO UPDATES. IT IS HIGHLY
RECOMMENDED TO CONSULT OUR
OFFICIAL WEBSITE:

WWW.BARRANQUILLA2018.COM

TO GET THE MOST RECENT
VERSION OF THIS MANUAL



BARRANQUILLA2018

XXIII CENTRAL AMERICAN
AND THE CARIBBEAN GAMES 2018

SPORTS AUTHORITIES



ODECABE/CACSO

EXECUTIVE COMMITTEE



Name	Position	Country
Mr. Steve Stoute	President	Barbados
Sr. Carlos Padilla	1st Vicepresident	Mexico
Mr. Baltazar Medina	2nd Vicepresident	Colombia
Ms. Judy Simons	3rd Vicepresident	Bermuda
Mr. Eduardo Alvarez	Secretary General	Venezuela
Mr. Camilo Amado	Treasurer	Panama
Mr. Salvador Jimenez	First Vocal	Honduras
Mr. Ruperto Herrera	Second Vocal	Cuba
Mr. Christopher Samuda	Third Vocal	Jamaica
Mr. Hans Larsen	Fourth Vocal	Haiti
Ms. Sara Rosario	Fifth Vocal	Puerto Rico
Mr. Ciro Solano	Ex Officio Member	Colombia

4

CACSO

Central American and Caribbean
Sport Organization.

Address

Olympic House
Puerto Rico Olympic Committee
Second Floor, Suite CACSO
San Juan, PR 00908

Telephones

+1(787) 723-3890 | 721-6805 (Fax)

Mail

humbertocintron@msn.com

CACSO STAFF

Name	Position	Country
Ms. Myrna Febus	Adjunt Secretary	Puerto Rico
Dr. Enrique Amy	Medical Director	Puerto Rico
Mr. Carlos Uriarte	Head of Media	Puerto Rico
Ms. Carla Alonso	Events Operations	Puerto Rico
Lic. Julio E. Torres	Legal Advisor	Puerto Rico
Lic. Mario Rodriguez	Legal Advisor	Puerto Rico
Lic. Jorge O. Sosa	Audit	Puerto Rico
CPA. Ricardo Alvarez	Finance	Puerto Rico

TECHNICAL COMMISSION

Name	Position	Country
Prof. Humberto Cintrón	President	Puerto Rico
Mr. Keith Joseph	Vicepresident	Saint Vincent and the Grenadines
Mr. Luis Cumba	Member	Dominican Republic
Mr. Carlos Cisneros	Member	Mexico
Mr. Erskine Simons	Member	Barbados
Mr. Melecio Rivera	Member	El Salvador
Mr. Julio Roberto Gómez	Member	Colombia
Dr. René Romero	Member	Cuba

5



TECHNICAL ADVISORS

Name	Position	Country
Mr. Guillermo Rergis	Technical Advisor	Mexico
Mr. Hector Figueroa	Technical Advisor	Puerto Rico
Ing. Salvador Ortiz	Technical Advisor	Puerto Rico
Ms. Maria C. Muñoz	Technical Advisor	Puerto Rico

NATIONAL OLYMPIC COMMITTEES MEMBERS OF THE CACSO

Antigua	ANT			GUY	Guyana
Aruba	ARU			HAI	Haiti
Bahamas	BAH			HON	Honduras
Barbados	BAR			ISV	Virgin Islands
Belize	BIZ			IVB	GB Virgin Islands
Bermuda	BER			JAM	Jamaica
Costa Rica	CRC			LCA	Saint Lucia
Cuba	CUB			NCA	Nicaragua
Cayman Islands	CAY			PAN	Panama
Dominica	DMA			PUR	Puerto Rico
Dominican Republic	DOM			SKN	Saint Kitts and Nevi
El Salvador	ESA			SUR	Suriname
Granada	GRN			TTO	Trinidad & Tobago
Guatemala	GUA			VEN	Venezuela
Mexico	MEX			VIN	Saint Vincent & the Grenadines
Host country			COL Colombia		

ASSOCIATED MEMBERS

	Martinique(MTQ)		Guadeloupe(GLP)		French Guyana (GUF)
	Saint Marten (SXM)		Turks & Caicos(TCA)		Curaçao (CUW)

COBAR 2018

XXIII Central American and the Caribbean Games Barranquilla 2018,
Organizing Committee

COBAR 2018 Physical Address
CRA 54 No. 74-127
Telephone
+(57) 311 230 3984

Official Webpage
www.barranquilla2018.com

COBAR 2018 ®

COBAR 2018 ORGANIZING COMMITTEE

NAME

Dr. Baltazar Medina

Dr. Alejandro Char Chaljud

Dr. Eduardo Verano De La Rosa

Dra. Clara Luz Roldán

Dr. Ciro Solano

Dr. Gonzalo Baute

Dra. Ana María Aljure

Dr. Carlos Acosta

Dr. Rafael Lafont

POSITION

- President (President Colombian Olympic Committee)
- Mayor of Barranquilla
- Governor of the Atlántico State
- National Director of COLDEPORTES
- Secretary General of Colombian
- District Secretary of Sports
- District Secretary General
- City Development Manager
- District Infrastructure Secretary

7

TECHNICAL DIRECTION

NAME

Armando Segovia Ortiz

Alexander Gonzalez Vidal

Maria Llinas Bermejo

Jorge Cotte Bruges

Nelson Osorio Lentino

Maria Barraza Cervantes

Carmen Sanjuan Melendez

Maycol Thomas Gutierrez

Daniel Paez Bastidas

POSITION

- Director
- General Secretary
- National Olympic Committees
- Entry Coordinator
- Judgment
- Intl. Federations Communications
- Sports Management
- Sports Venues
- Sports Operations

ooo

ATHLETICS

ooo

IAAF INTERNATIONAL ASSOCIATION OF ATHLETICS FEDERATIONS

President: Sebastian Coe Dirección: 6-8, Quai Antoine 1er, BP 359,
MC 98007 Monaco Cedex Tel: +377 93 10 88 88 ; Fax: +377 93 15
95 15

president@iaaf.org – general.secretary@iaaf.org - www.iaaf.org

NACAC NORTH AMERICA. CENTRAL AMERICA AND CARIBBEAN ATHLETICS ASSOCIATION

President Profesor Víctor López
Address Departamento de Recreación y Deportes
Sector Buenos Aires 2, Calle Los Angeles Final
P.O. San Box Juan, 4770, Puerto Carolina, Rico
Puerto Rico 00984
e-mail nacac.sanjuan@gmail.com
Phone 1-787-726-3586
Mobile 1-787-367-1421

FECODATLE COLOMBIAN ATHLETICS FEDERATION

President: Lino Ramiro Varela Marmolejo
Dirección: Calle 27A , no 25 – 18 – Santa Fé de BOGOTÁ –
Colômbia
Phones: +57 1 3205439530 / +57 1 3145072885
col@mf.iaaf.org - <http://www.fecodatle.org>

TECHNICAL DELEGATE

Candido velez
e-mail: cvwj1@hotmail.com

TOURNAMENT DIRECTOR:

Name: Julio Roberto Gomez

DATE AND PLACE OF COMPETITION

The Athletics competition of the XXIII Central American and Caribbean Games, Barranquilla 2018 will take place from Sunday July 29 to Sunday August 3.

EVENTS

The events announced are forty seven (47), as follows:

EVENT	WOMEN'S	MEN'S
100m	√	√
200m	√	√
400m	√	√
800m	√	√
1500m	√	√
5000m	√	√
TRACK 10000m	√	√
100m hurdles	√	
110m hurdles		√
400m hurdles	√	√
3000m steeple-chase	√	√
4x100m Relay	√	√
4x400m Relay	√	√

JUMPS

High Jump ✓ ✓

Long Jump ✓ ✓

Triple Jump ✓ ✓

Pole vault ✓ ✓

THROWSShotput
throw ✓ ✓Discus
throw ✓ ✓Javelin
throw ✓ ✓Hammer
throw ✓ ✓**STREET**

20km Walk ✓ ✓

50km Walk ✓

Marathon ✓

**COMBINED
EVENTS**

Heptathlon ✓

Decathlon ✓

TOTAL**23****24****TOTAL****47**



MAXIMUM NUMBER OF COMPETITORS

According to the quota established by CACSO the Athletics competition shall have a maximum of five hundred (500) athletes including both genders.

The NOCs and the recognized Associated Members may enter a maximum of two (2) athletes per event for the XXIII Central American and Caribbean Games, Barranquilla 2018, certified by CACAC without exceeding 500 athletes. If at the end of the entry process there are more than 500 athletes, the International Technical Delegate together with COBAR 2018 and CACSO will communicate NOCs which athletes should be excluded from the competition as a result of their personal performance.

AGE OF COMPETITORS

Male athletes competing in Marathon and 50Km Walk must be at least 18 years old by December 31, 2018 (born in 2000).

Female athletes competing in Marathon and 50Km Walk must be at least 18 years old by December 31, 2018 (born in 2000).

For all other events, competitors must be at least 16 years of age by December 31, 2018 (born in 2002).

ENTRIES

All countries through the corresponding NOC must send their Sport Entry requests in the official forms that the Organizing Committee will send at the latest at 24:00 hours (Colombian time) on February 20, 2018. They must indicate in the form the sports in which they will participate in the XXIII Central American and Caribbean Games "Barranquilla 2018". (The forms that will be published in the official WEB site "Barranquilla 2018"). If recognized by the Pan American Confederation of said sport and CACSO, Associate Members may also be allowed to participate.

ENTRY BY NUMBER

The Entry by Number forms (indicating the number of participants in each individual event and per team) shall be sent to the Organizing Committee of the XXIII Central American and Caribbean Games Barranquilla 2018 at the latest before midnight (Barranquilla, Colombia's time) of April 20, 2018 according to CACSO's Regulation, Chapter VIII.

ENTRY BY NAME

For each eligible athlete to participate in the XXIII Central American and Caribbean Games Barranquilla 2018 it is necessary to fill out an entry by name form that should be contemplated by NOCs and will be received by the Organizing Committee before midnight (Barranquilla, Colombia's time) of Wednesday June 20, 2018 according CACSO's Regulations, Chapter VIII.

Each NOC shall send the entry by number and entry by name forms in the official forms provided by the Organizing Committee, to be delivered 6 months before the Games. If you have any doubt or for clarification purposes, the Organizing Committee has this e-mail address at your disposal: inscripciones@barranquilla2018.com

MINIMUM PARTICIPATION

For an event to be considered official at least five (5) representations must participate from the same number of National Olympic Committees. In the event one or more representations, after the Technical Meeting takes place, may not participate due to force majeure (verified by CACSO) the event will be carried out with a minimum of four (4) representations of the same number of National Olympic Committees.

GENERAL RULES

The competitions of the XXIII Central American and Caribbean Games Barranquilla 2018 will be carried out according to CACSO's Statute and the corresponding International Federation Regulation in force during the Games. The cases not foreseen in the above-mentioned regulations will be solved as follows:

1. General nature cases will be solved according to CACSO's Statute and according to the Central American and Caribbean Games Regulation.
2. Technical nature cases will be solved according to the procedures of the Pan American Confederation or a Continental Organization.

UNIFORMS AND SPORT EQUIPMENT

The Rules of the Central American and Caribbean Games and of the corresponding International Federation shall be followed, and also the Rule 51 of IOC, according to the regulations established for the NOCs with respect to Use of Registered Trade Marks of the Manufacturers.

TRAINING FACILITIES

Access will be allowed only to accredited team members. There is no public access allowed. Equipment shall follow the requirements of the corresponding International Federation.

COMPETITION SYSTEM

Elimination rounds, Semi-finals and Finals according to the provisions set by IAAF

Initial Height and progression of High Jump and Pole Vault:

MEN'S HIGH JUMP – START AT

WOMEN'S HIGH JUMP – START AT

MEN'S POLE VAULT – START AT

WOMEN'S POLE VAULT – START AT

MEN'S HIGH JUMP DECATHLON – START AT

WOMEN'S HIGH JUMP DECATHLON – START AT

MEN'S POLE VAULT DECATHLON – START AT

TECHNICAL MEETING

The technical meeting for track and field events and Racewalk will take place on July 28th at Corporación Universidad de la Costa-CUC at 9:00 am, Auditorium. The technical meeting for marathon on August 2 at Corporación Universidad de la Costa-CUC at 9:00 am, room 1.

- Up to two representatives from each NOC will be able to attend this Technical Meeting
- The invitation card for the Technical Meeting will be available to the Heads of Team at the Sports Information Center at the Central American and Caribbean Village upon their arrival.
- The Technical Delegate and the Organizing Committee's Competition Manager for Weightlifting will preside the meeting, which will be in Spanish with translation into English

TECHNICAL OFFICIALS

1. International judges will be designated by the Central American and Caribbean Athletics Confederation in the following categories:

1. Technical Delegate.
2. International Technical Officials.
3. International Walking Judges.
4. International Timekeeper for Road Running.
5. International Starter Judge.
6. International Photo Finish Judge.
7. Jury of Appeals

II – The entirety of the Track and Field Jury will be selected by the National Federation and will include all officials that are considered necessary for the proper development of the competition, which considers:

- a) Directive officials
- b) Competition officials
- c) Complimentary officials
- d) Judges

In the event of out of stadium events (Walk and Marathon) it is recommended to use a local group or committee (if one exists) that is in charge of the Organization of Marathons and Road Races Nationally or Internationally.

The deadline for selection for the aforementioned personnel is a date to be defined, taking into consideration the need for preparation for the entire Jury, as well as the work that will need to be done by the Insurers.

PROTESTS AND APPEALS

The procedure to be followed in the event of a protest will be as follows:

Protests relative to the results of an event must be made within 30 minutes after the results are published at the Technology Information Center (TIC) and the stadium's electronic scoreboard.

Protests can first be made verbally to the Judge by an athlete or official in his or her representation, or through the TIC. Once the Judge has made a decision about the protest, the athlete still has the right to make an appeal to the Jury of Appeals.

The appeal to the Jury of Appeals must be made within 30 minutes from the decision made by the Judge, this appeal must be made in writing, in the proper form that can be found at the TIC and must be signed by an officer who is responsible for the team. This appeal must be accompanied by a deposit of UDS \$100.00 which will be lost if the protest does not proceed. The person who makes the protest will receive a signed copy of the appeal.

The Jury of Appeals will present a response, in writing, to the appeal as soon as possible, which will be delivered to the person who submitted the formal protest at the TIC.

Initial height and progression of high jump and pole vault:

MALE HIGH JUMP. STARTS AT 1.90

FROM	TO	CENTIMETERS INCREASE
1.90	2.10	5
2.10	2.22	3
2.22		

FEMALE HIGH JUMP. STARTS AT 1.60

FROM	TO	CENTIMETERS INCREASE
1.60	1.70	5
1.70	1.82	3
1.82		2

MALE POLE VAULT. STRATS AT 4.60

FROM	TO	CENTIMETERS INCREASE
4.60	4.90	15
4.90	5.20	10
5.20		5

FEMALE POLE VAULT. STARTS EN 3.00

FROM	TO	CENTIMETERS INCREASE
3.00	2.10	15
3.75	4.05	10
4.05		5

NOTE: During the Technical Meeting, among the ITD with the registered athletes in these disciplines, the aspects linked to vertical jumps for the combined events, Heptathlon and Decathlon will be agreed.

COMPETITION SCHEDULE

WALKING

SPORT: ATHLETICS

DISCIPLINE: WALKING

VENUE: AVENIDA EL RIO

DAY	TIME	EVENT	CATEGORY	STAGE
JULY 29	7:00	50 Km. Racewalk	M	Final
AUGUST 1	7:00	Walk 20 kilometers	F	Final
	7:30	Walk 20 kilometers	M	Final

SPORT: ATHLETICS

VENUE: METROPOLITANO STADIUM

DAY	TIME	EVENT	CATEGORY	STAGE
JULY 29	16:00	Hammer	F	Final
	16:00	100 Meters	M	1a Decathlon
	16:40	Long Jump	M	2a Decathlon
	17:00	100 Meters	M	1 Round
	17:20	100 Meters	F	1 Round
	17:45	400 Meters - Hurdles	F	Semifinal
	17:55	Shot Put	M	3a Decathlon
	18:00	400 Meters - Hurdles	M	Semifinal
	18:00	Discus Throw	M	Final
	18:15	800 Meters	F	Semifinal
	18:35	800 Meters	M	Semifinal
	18:35	Pole Vault	F	Final
	18:55	10.000 Meters - Flat	F	Final
	19:15	High Jump	M	4a Decathlon

20

19:45	10.000 Meters - Flat	M	Final
20:30	100 Meters	F	Semifinal
20:45	100 Meters	M	Semifinal
21:00	400 Meters	M	5a Decathlon

DAY	TIME	EVENT	CATEGORY	STAGE
JULY 30	16:00	110 Meters - Hurdles	M	6a Decathlon
	16:40	Discus Throw	M	7a Decathlon
	17:50	Pole Vault	M	8a Decathlon
	18:10	Shot Put	M	Final
	18:30	100 Meters - Hurdles	F	Semifinal
	18:50	110 Meters - Hurdles	M	Semifinal
	19:10	400 Meters	F	Semifinal
	19:25	400 Meters	M	Semifinal
	19:30	Javelin Throw	M	9a Decathlon
	19:45	800 Meters	F	Final
	20:00	800 Meters	M	Final
	20:10	100 Meters	F	Final
	20:25	100 Meters	M	Final
	20:35	1500 Meters	M	10a Decathlon

DAY	TIME	EVENT	CATEGORY	STAGE
JULY 31	17:00	Hammer	Male	Final
	17:30	100 Meters Hurdles	Female	1a Heptathlon
	17:45	100 Meters Hurdles	Female	Final
	18:00	110 Meters Hurdles	Male	Final
	18:10	High jump	Female	2a Heptathlon
	18:15	200 Meters	Male	1 Round
	18:30	200 Meters	Female	1 Round
	18:35	Discus	Male	Final
	18:45	5.000 Meters	Female	Final

19:45	5.000 Meters	Male	Final
19:20	Long Jump	Male	Final
19:20	Shot Put	Female	3a Heptathlon
19:45	200 Meters	Male	Semifinal
20:30	200 Meters	Male	Semifinal
20:50	200 Meters	Female	4a heptathlon
21:00	400 meters Hurdles	Female	Final
21:10	400 meters Hurdles	Male	Final

DAY	TIME	EVENT	CATEGORY	STAGE
AUGUST 1	16:30	Long Jump	Female	5a Heptathlon
	17:00	Javelin	Female	Final
	17:00	High jump	Male	Final
	17:20	4x100 Relays	Female	Semifinal
	17:25	Shot Put	Female	Final
	17:35	4x100 Relays	Male	Semifinal
	17:50	4x400 Relays	Female	Semifinal
	17:50	Javelin	Female	6a Heptathlon
	18:00	Triple Jump	Female	Final
	18:10	4x400 Relays	Male	Semifinal
	18:30	1500 Meters	Male	Final
	18:45	1500 Meters	Female	Final
	19:00	200 Meters	Female	Final
	19:10	200 Meters	Male	Final
	19:20	800 Meters	Female	7a Heptathlon
	19:40	400 Meters	Female	Final
	19:55	400 Meters	Male	Final

DAY	TIME	EVENT	CATEGORY	STAGE
AUGUST 2	17:30	Pole Vault	Male	Final
	17:45	Javelin	Male	Final
	17:45	Triple Jump	Male	Final
	18:00	High jump	Female	Final
	18:00	3000 Steeplechase	Female	Final
	18:30	3000 Steeplechase	Male	Final
	19:00	4x100 Relays	Female	Final
	19:10	4x100 Relays	Male	Final
	19:30	4x400 Relays	Female	Final
	19:40	4x400 Relays	Male	Final

SPORT: ATHLETICS

VENUE: AVENIDA EL RIO

DAY	TIME	EVENT	CATEGORY	STAGE
AUGUST 3	7:00	Marathon	M	Final
	7:15	Marathon	F	Final

23



ORDER OF PARTICIPATION FOR ATHLETES

Races as well as Contests will have preliminary rounds, semi final and final and qualification groups and final, according to the Competition Regulation of the IAAF, all series and groups will be prepared by the Technical Delegate.

FINAL CONFIRMATION BY PARTICIPANTS

Final Participant confirmation will be made by the Heads of Teams through a form that will be distributed at SICs and at the Technical Meeting.

This final confirmation must be made 48 hours before for the first day events, before 12:00 for the rest of events, confirmation must be made 24 hours before 9:00 either at the Stadium's TIC or the SIC at the Central American and Caribbean Village.

25

DRINK STANDS

There will be drink stands and provisioning every 5km as is established in the IAAF Regulations. Each stand will be divided into three areas:

- Personal Beverages
- Isotonic Beverages
- Water

There will be signs 100m before each drink stand.
OBS. DT: to be confirmed by the Organizing Committee.

PERSONAL BEVERAGES

Competitors may bring their own beverages, which will be given out in the Central American Village before the event (Time and place will be informed during the Technical Meeting).

These beverages must be identified in the following way:
Athlete number – Country (NOC abbreviation) – Km the

WATER AND SPONGE STANDS

There will be water and sponge stands located as is established in the IAAF Regulations, between water stands, on the following km marks: 2,5km, 7,5km, 12,5km, 17,5km, 22,5km, 27,5km 32,5km and 37,5km. There will be two areas at each stand (one for sponges and one for water)

WALK

Walking events will have the same principles applied, but adapted to the conditions of the established Circuit.

STARTING CALLS

Starting calls will be given in English.

- For 400 m events the call will be: On yours marks, Set. (Starting shot)
- For 800 m or more events, the call will be: On yours marks (Starting shot).

MEDAL CEREMONIES

Medal ceremonies will take place according to CACSO's General Regulations, Chapter XIII.

INDIVIDUAL EVENTS:

- First place: Gold medal and diploma
- Second place: Silver medal and diploma
- Third place: Bronze medal and diploma

RELAY EVENTS:

- First place: A diploma for the team and a gold medal and diploma for each athlete
- Second place: A diploma for the team and a silver medal and diploma for each athlete
- Third place: A diploma for the team and a bronze medal and diploma for each athlete

27

DOPING CONTROL

Doping control will be done according to CACSO's Medical Commission requirements, according to the corresponding International Federation Regulation and will follow the 2018 version of standards of the World Anti Doping Agency procedures (WADA).

COMPETITION VENUE

The Track and Field competition will take place at the METROPOLITAN Stadium.

The Walk and Marathon events will take place at the Gran Malecon del Río in the city of Barranquilla.

ANNOTATIONS

28

GEOGRAPHICAL COORDINATES OF BARRANQUILLA, COLOMBIA

Latitude: 10°58'06" N

Length: 74°46'52" O

Height above sea level: 24 m

Average annual humidity: 79 -81%

T	Annual average temperature	28.2
TM	Maximum annual average temperature	32.8
TM	Minimum annual average temperature	25.0
V	Average wind speed(m/sec)	3.2

SUNRISE	SUNSET	SOLAR NOON	DURATION OF THE DAY
5:46	18:24	12:05	12h 37min 18s
Barranquilla Time Zone	UTC-05:00 o -05		UTC-05:00 o -05

DISTANCE TO MAIN CITIES OF COLOMBIA KM

Bogota	Cali	Cartagena	Santa Marta	Medellin
1302	1212	124	93	750

The official currency of Colombia is the Colombian peso.

**This document has**

been issued by the Technical Direction of
The XXIII Central American and Caribbean
Games Barranquilla 2018

Responsible

Alexander González Vidal

Supported By:

Carmen San Juan Meléndez
Vivian Campo
Humberto Cintron Aybar
International Technical Delegates

Technical Director

Armando Segovia Ortiz

Graphic design:**Advertising Agency**

Maria Alejandra Abello
Anthony Morales Núñez



www.barranquilla2018.com



BARRANQUILLA 2018



ODECABE/CACSO