

# JCCV LGBTI SERVICE DIRECTORY

A guide to local Jewish & LGBTI related services

Promote social inclusion & understanding of LGBT1 people in the Tewish community and address homophobia, biphobia, transphobia and intersex exclusion



## **LGBTI Jewish organisations in Victoria:**

#### Aleph Melbourne

Aleph Melbourne is a social, support and advocacy group for gay, lesbian, bisexual, transgender, intersex and queer people (and allies) in Melbourne's Jewish community; operating since 1995. All contact is confidential. Phone: 0417-595-541 (Michael); Web: www.aleph.org.au; Email: contact@aleph.org.au; Facebook: www.facebook.com/alephmelb

## JAG (Jewish and Gay) Melbourne

JAG (Jewish and Gay) is a cultural and social platform for connecting young LGBTI Jewish Adults in the Melbourne community. JAG provides social supports and networking, as well as advocacy for inclusion and diversity within the Jewish community of Melbourne. JAG hosts a range of events as well as an annual 'JEWcy' retreat which hosts LGBTI participants from around Australia for a weekend of education and social activities. Wayne Green: m 0409956442 e. jagmelbourne@gmail.com

#### Jewish Lesbian Group of Victoria

JLGV began in 1992, getting together to celebrate the Jewish holidays and LGBTI events, but also to discuss issues such as lesbophobia, anti-Semitism and "coming out." <a href="http://jlgvic.org">http://jlgvic.org</a> Sara: (03) 9532 4030 or Karen: (03) 9489 1130. <a href="jlgvic@hotmail.com">jlgvic@hotmail.com</a>

#### Keshet Australia

Keshet Australia has a primary goal to help nurture, protect and provide a safe environment for GLBTI Jews, children and adults. We need to do this to keep families together. Keshet Australia, president@keshet.org.au M: 0467 508 868 Prahran VIC P 0467 508 868 http://keshet.org.au/

## **LGBTI Jewish Support Organisations:**

## **Australian Jewish Psychologists**

AJP was established to make a professional contribution to the Jewish Community and to provide a forum for discussion of issues relevant to Jewish psychologists. As such it is a resource to the Jewish community and the community at large, by providing a register detailing the expertise and interests of members. <a href="http://www.ajp.org.au/">http://www.ajp.org.au/</a>

# Jewish Care

- ✓ Empowered Interest Free Loans, Financial Literacy Group Programs
- ✓ Saver Plus Savings Incentive Program, Financial Counselling
- ✓ Employment and Education Centre, Social Work
- ✓ Housing Support, Counselling
- ✓ Mental Health Promotion, Disability Services
- ✓ Residential Aged Care & in-home Aged Care

Jewish Care, 619 St Kilda Rd, Melbourne VIC 3004, Tel (03) 8517 5999, <a href="www.jewishcare.org.au">www.jewishcare.org.au</a> email info@jewishcare.org.au

# **LGBTI Jewish Friendly Organisations:**

- Bet-Olam Jewish Funerals Funerals in keeping with Jewish custom, tradition, your practices and beliefs.
   Phone: 03 9883 6237, 24 hours a day every day, <a href="www.jewishfunerals.org.au">www.jewishfunerals.org.au</a>
- Bisexual Alliance Victoria a non-profit volunteer-run organisation dedicated to promoting the acceptance of
  bisexuals in LGBTI and mainstream society, providing a fun, safe space where bisexuals can meet, make
  friends, and talk about their experiences, and informing the bisexual community about relevant news and
  opportunities for activism www.bi-alliance.org
- Caulfield Hebrew Congregation Caulfield Shule is a centre of Modern Orthodox Judaism, based on the
  primacy of learning and spiritual tradition. It strives to be a place of tolerance within a warm and welcoming
  environment. It recognises democratic principles, social responsibility, equality of individuals, and inclusion of
  women. 572 Inkerman St, Caulfield North VIC 3161, Phone: (03) 9525 9492,
  <a href="http://www.caulfieldshule.com.au/">http://www.caulfieldshule.com.au/</a> Email admin@caulfieldshule.com.au
- Etz Chayim Progressive Synagogue, 549 Centre Road (PO Box 69), Bentleigh, VIC 3204, Phone: 03 9563 9208, www.etzchayim.org.au www.netzer.org.au
- Kedem Armadale, VIC 3143, Phone: 03 9822 5802, www.kedem.com.au
- Kehilat Nitzan the first Masorti (Conservative) congregation in Melbourne, Australia, formed in March 1999. We provide traditional egalitarian services in which both women and men can participate equally. We offer a warm and friendly environment in which you can celebrate our Jewish way of life. Kehilat Nitzan is more than just a synagogue it is a community. PO Box 2313, Caulfield Junction VIC 3161

  <a href="http://www.kehilatnitzan.org.au/">http://www.kehilatnitzan.org.au/</a> Tel (03) 9500 0906 Email: <a href="mailto:info@kehilatnitzan.org.au/">info@kehilatnitzan.org.au/</a>
- Leo Baeck Centre for Progressive Judaism 31-37 Harp Rd, East Kew, VIC 3102, Phone: 03 9819 7160, www.lbc.org.au
- Progressive Judaism Victoria <a href="http://www.pjv.org.au/">http://www.pjv.org.au/</a>
- Temple Beth Israel Temple Beth Israel In 2013 TBI was the proud host of the first ever LGBTI community celebration in a Victorian synagogue. Each year, TBI hosts a Friday night 'Pride Shabbat' service as part of the Midsumma Festival: honouring the Jewish LGBTI community and its friends, focusing on inclusion, equality and human rights. TBI conducts commitment ceremonies and supports gay marriage. 76-82 Alma Road St Kilda, VIC 3182, Phone: 03 9510 1488, <a href="https://www.tbi.org.au">www.tbi.org.au</a>.
- Union for Progressive Judaism www.upj.org.au The UPJ is the roof body for 27 congregations, schools, youth groups and communal organisations across Australia, New Zealand and Asia, serving about one fifth of the region's affiliated Jewish community

# **Mental Health Support Services and Providers:**

- ARCVic (Anxiety Recovery Centre of Victoria) A specialist mental health organisation, providing support, recovery and educational services to people and families living with anxiety disorders Anxiety. Helpline 03 9830 0533 or 1300 269 438 http://www.arcvic.org.au
- Beyond Blue beyondblue offers a phone counselling service for people experiencing anxiety and depression
   Ph 1300 22 463 they also have an online chat forum http://www.beyondblue.org.au
- DocLIST www.doclist.com.au Doctors and Mental Health Professionals Recommended by Lesbian and Bisexual Women.
- Drummond St Services A family services agency providing a wide range of support for individuals, families, couples, young people & children. Services include role models for gay and lesbian relationships; coming to terms with one's sexual identity, dealing with prejudice/HIV/AIDS and aging as a lesbian or gay person Recently established queerspace as mental health and wellbeing service for LGBTIQ people: 100 Drummond St, Carlton, VIC 3053 Phone 03 9663 6733 <a href="http://www.ds.org.au">http://www.ds.org.au</a>
- *Elliot Gerschman* a clinical psychologist to anyone in the community that is vulnerable and requires assistance, both among the LGBTIQ community as well as more broadly within the Jewish community. Can provide bulk billing to individuals who are in financial difficulty for those able to obtain a mental health plan from their GPs. Email: drgerschman@satisfiedmind.com.au Mobile: 0402029682 www.satisfiedmind.com.au
- Gay and Lesbian Switchboard A free, confidential and anonymous telephone counselling referral and information service hours 5:30 pm 10:30 pm every day Ph 03 9663 2939, Regional Victoria 1800 184 527 <a href="http://www.switchboard.org.au">http://www.switchboard.org.au</a>
- *E-source* Families like Mine is a multimedia guide that offers practical advice to families of young gender diverse people, same-sex attracted and bisexual people, and those who are questioning their sexuality or gender identity. <a href="http://www.beyondblue.org.au/about-us/news/news/2013/11/25/new-online-info-for-families-of-young-lgbq-people">http://www.beyondblue.org.au/about-us/news/news/2013/11/25/new-online-info-for-families-of-young-lgbq-people</a>
- *Gender Dysphoria Clinic* Gender Clinic for people over 18. Southern Community Mental Health Service, 352 South Road, Moorabbin 3179 Phone 03 9556 5216. Email: genderclinic@monashhealth.org
- **Headspace** Free online and telephone service that supports young people aged between 12 and 25 and their families going through a tough time Ph 1800 650 890 <a href="http://www.headspace.org.au">http://www.headspace.org.au</a>
- Lifeline Provide 24 hour, 7 day crisis support and suicide prevention services Ph 13 11 14 http://www.lifeline.org.au
- Minus 18 Online network for GBLTI youth. Mental health support, social events, resources, Online support and TV <a href="https://minus18.org.au/">https://minus18.org.au/</a>

- Noa Gross, PACFA A clinical Psychotherapist with the Psychotherapy and Counselling Federation of Australia,
   AANZPA, a member of Australian and Aotearoa New Zealand Psychodrama Association, CTAA The Creative
   Therapies Association of Aotearoa and has a special interest in working with people who are experiencing
   gender issues (Youth and adults), people who have suffered various traumas including sexual abuse, grief and
   neglect, providing parental guidance as well as doing an eating disorder groups. Level 1, 24 Station St,
   Moorabbin, 3189, VIC, Phone 0409 848 388 http://www.myfeelings.com.au Email: info@myfeelings.com.au
- Zipporah Oliver OAM M.A.P.S, Zipporah's approach is eclectic, drawing from her rich repertoire of training which includes study in psychodynamic, cognitive behaviour, family therapy, couples counselling and solutions focus therapies. Zipporah brings to her practice her personal dedication to integrity and a lifetime commitment of helping people cope with life challenges. Zipporah counsels adults, couples and adolescents.13 Kurrajong Ave. East St. Kilda. VIC 3183, Phone: (03) 9527 3727 Mobile: 0438345770, Email: people@zoliver.com.au, www.zoliver.com.au

#### **Medical Support:**

- Australian Lesbian Medical Association (ALMA) http://www.almas.org.au/ is a network of around one
  hundred lesbian doctors and medical students from all over Australia.
- Melbourne Sexual Health Centre 580 Swanston St, Carlton VIC 3053, (03) 9341 6200
   <a href="http://www.mshc.org.au/">http://www.mshc.org.au/</a>
- Northside Clinic LGBTI friendly general medical practice. 370 St Georges Road, Fitzroy North VIC Ph 03 9485
   7700 http://www.northsideclinic.net.au
- Positive Living Centre (PLC) -The Victorian AIDS Council focuses on the health and well-being of HIV positive individuals and at-risk groups. GLBT Disability Support Services, 51 Commercial Road, Prahran VIC 3181, Tel 03 9863 0444 www.vac.org.au
- Prahran Market Clinic LGBTI friendly general medical practice. 325 Chapel St, Prahran VIC 3181 Ph 03 9514
   0888 http://www.prahranmarketclinic.com
- Royal Children's Hospital Gender Clinic for children and adolescents under 18. 50 Flemington Road,
   Parkville, VIC 3052 Ph 03 9345 5522
- Specialist Services RHeD (Resourcing Health and Education in the Sex Industry) A specialist service for the sex industry in Victoria 10 Inkerman St, St Kilda VIC 3182 Ph 03 9534 8166 <a href="http://www.sexworker.org.au">http://www.sexworker.org.au</a>
- Victorian Aids Council Gay Mens Health Centre The Victorian AIDS Council/Gay Men's Health Centre
   (VAC/GMHC) seeks to improve the health, social, and emotional wellbeing of HIV positive, gay, lesbian,
   bisexual, and transgender people in Victoria. The population groups VAC/GMHC work to serve include: HIV
   positive communities; HIV vulnerable or at risk communities; and gay, lesbian, bisexual, and transgender
   communities. More info: www.vac.org.au

#### **General Services:**

- Australian GLBTIQ Multicultural Council- www.agmc.org.au
- Gay and Lesbian Health Victoria (GLHV) a lesbian, gay, bisexual, transgender and intersex (LGBTI) health
  and wellbeing policy and resource unit. GLHV's key areas of Work include delivery of programs that focus on
  sexual health and aging, same-sex attracted and sex and gender diverse (SSASGD) young people, and LGBTIinclusive practice <a href="http://www.glhv.org.au/">http://www.glhv.org.au/</a>
- Gay & Lesbian Organization of businesses & Enterprise (GLOBE) Inc a professional, business, social and
  community networking organization focused on the GBLTI community. Provide a business, professional and
  social environment for members to realise the full potential of business, professional and community
  networking within the GLBTI community needs. <a href="http://www.globemelbourne.com.au/">http://www.globemelbourne.com.au/</a>
- Rainbow Directory an essential resource for both the GLBTIQ community wishing to find gay and queer-friendly businesses and products and Service Providers needing to be able to refer cross sector services. (03) 8256 9686 Email: info@forgeandtemper.com Address: Forge & Temper Level 1, 228 Bank St, South Melbourne, VIC, 3205 <a href="http://rainbowdirectory.net">http://rainbowdirectory.net</a>
- **YSAS** Youth Support + Advocacy Service is a leading youth health not-for-profit agency that enables highly vulnerable and high-risk young people with substance dependence and misuse issues, mental illness and social disconnection to take control of their health and wellbeing. <a href="http://www.ysas.org.au/">http://www.ysas.org.au/</a>

# **Transgender & Gender Diverse Groups:**

- **FTM Shed** a support group for FTMs (female-to-male) and their allies located in Melbourne. Meet monthly for support through sharing experiences of Trans life. Partners and friends are very welcome at the invitation of their Trans man. http://www.transshedboys.com
- Gender Diversity Australia (GenDA) Gender Diversity Australia is a peer facilitated social hub for gender
  diverse people living in Australia. Web <a href="http://genda.com.au/">http://genda.com.au/</a> Facebook group: a closed group need to apply
  to join
- Genderqueer Australia A group for people identifying as neither male nor female specialises in the support of gender questioning and genderqueer people, their family, friends and professionals who they go to for help. Also support Trans men and women and welcome anyone who feels they belong in the "gender" community in Australia. <a href="http://www.genderqueer.org.au">http://www.genderqueer.org.au</a>
- Redefining Androgyny (Facebook group)- a peer support group for Transgender Non-Binary people https://www.facebook.com/RedefiningAndrogyny
- Seahorse Club of Victoria A support and social group for the Victorian transgender community http://seahorsevic.com.au
- Transcend Supporting transgender children and their families http://www.transcendsupport.com.au
- Transfamily A new support group for families and friends of Trans people who can out over the age of 25
   Email: transfamilyaustralia@gmail.com
- Transgender Victoria (TGV) founded in the late 1990s to achieve justice, equity and quality health and community service provision for transgender people, their partners, families and friends.
   <a href="http://www.transgendervictoria.com">http://www.transgendervictoria.com</a> enquiries@transgendervictoria.com ph +61 3 9020 4642
- Ygender (youth group) Ygender is a support and advocacy group for trans/gender diverse young people, and friends based in Melbourne. Run entirely by trans/gender diverse young people. We run regular events where TGD youth can support each other and have a safe space to express themselves and explore their identity. We also work on projects and resources to educate others on gender diversity, and support different organisations in becoming more trans-inclusive. <a href="www.ygender.com">www.ygender.com</a> E info@ygender.org.au
- Zoe Belle Gender Collective (formerly Centre) (ZBGC) Currently being established ZBGC will be a centre to support and improve the health and wellbeing of Victoria's sex and gender diverse (SGD) population.

  Resources and Q&A section http://zbgc.com.ay

# **Advocacy:**

- LGBTI Health Alliance The Alliance is concerned about practical health issues which affect LGBTI people in Australia <a href="http://www.lgbthealth.org.au">http://www.lgbthealth.org.au</a>
- Victorian Equal Opportunity Human Rights Commission Their vision is a community where every person values, understands and respects human rights and equal opportunity
   http://www.humanrightscommission.vic.gov.au
- Victorian Gay & Lesbian Rights Lobby (VGLRL) VGLRL works for and with the whole GLBTIQ community to
  end discrimination and to achieve equality and social justice <a href="http://www.vglrl.org.au">http://www.vglrl.org.au</a>

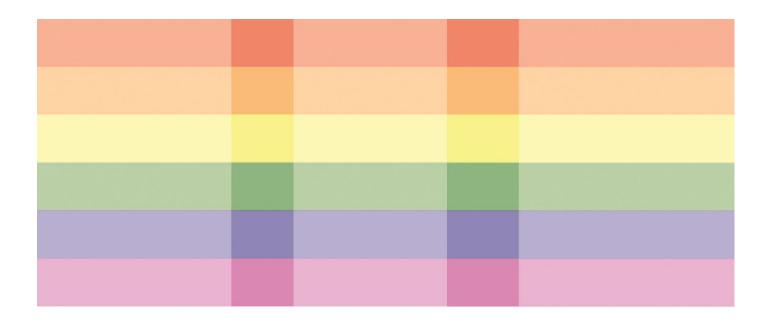
# Media:

- Joy 94.9 Gay and lesbian radio station in Melbourne <a href="http://joy.org.au/">http://joy.org.au/</a>
- Q Magazine Free publication for the LGBT community with reviews, views, information and articles about
  fashion, health, lifestyle, dating, youth issues and more. Distributed across the city and also available
  online<a href="http://www.qmagazine.com.au/">http://www.qmagazine.com.au/</a>
- Star Observer magazine Australia's gay and lesbian publication which includes a popular news website, monthly national magazine and a strong social media presence. <a href="http://www.starobserver.com.au/">http://www.starobserver.com.au/</a>

## **Recommended Contacts by VAC/GMHC:**

- Peter Knight Centre 6 Claremont Street, South Yarra VIC 3141, Ph: (03) 9865 6700 or 1800 134 840 Fax: (03) 9826 2700
- Positive Living Centre (PLC) 51 Commercial Road, Prahran VIC 3181, Ph: (03) 9863 0444 or free call 1800 622
   795, Fax: (03) 9820 3166
- The Centre Clinic Northcote 42 Separation Street, Northcote VIC 3070, Ph: (03) 9481 7155 Fax: (03) 9252 3673
- The Centre Clinic St Kilda Rear of 77 Fitzroy Street, St Kilda Victoria 3182, Ph: (03) 9525 5866 Fax: (03) 9525 3673

Last updated 10.11.2017. To add change or delete please contact anat.aloni@jccv.org.au



At its core it's about showing that intolerance, vilification & abuse based on sexual orientation or gender identity are not acceptable, being LGBT1 & Jewish are not mutually exclusive





