

WORLD MOUNTAIN RUNNING ASSOCIATION



NEWSLETTER 2015

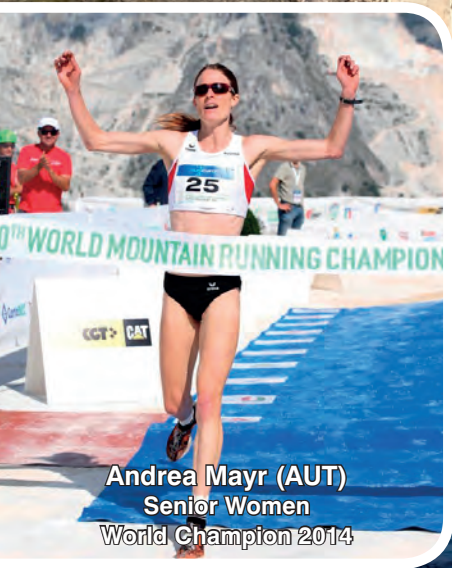
Issue 20 • July 2015



Stella Chesang (UGA)
Junior Women
World Champion 2014



Philip Kipyeko (UGA)
Junior Men
World Champion 2014



Andrea Mayr (AUT)
Senior Women
World Champion 2014



Isaac Kiprop (UGA)
Senior Men
World Champion 2014



Message from Bruno GOZZELINO – WMRA President

One more year has passed since the last edition and I am proud to introduce to you the 2015 WMRA Newsletter!

2014 was a good year with the usual four Championships for which you will find all the details in the next pages: the World Championships nicely organised on a very special course in Casetta di Massa (Italy), but also the Long Distance in Pikes Peaks (USA), the Youth in Arco di Trento (Italy again) and the Masters in Telfes (Austria).

The WMRA World Cup (new name of the past WMRA Grand Prix) continues to be a successful circuit with a real international participation.

I would like to forward my very sincere thanks to all these organisers who are really providing a strong support to our movement!

2015 will see once again four World events, two of which will be held on the same place, Betws Y Coed (Wales, GBR) at one week difference: the Masters on the 12 of September and "the Championships" on the 19th. Bulgaria will host the Youth Cup in Smolyan end of June and one week later, the Masters will gather in the very nice surrounding of Zermatt!

WMRA counts now 43 National Members (out of which 41 are the IAAF Members) and continues to grow despite some problems which still did not find a solution: we need more promotion in the media, more support from commercial partners ... the financial situation is therefore tricky and could be even considered as difficult without the very valuable support from the IAAF that we would like to thank warmly.

We are also fully aware that new disciplines are now on the market (such as trails and some others). WMRA continues his close cooperation with the IAAF in order to define what could be the best option(s) for the future.

We had (and we still have) another dream: to include Mountain Running as part of the Olympic programme. For the moment there are only 26 sports which are included in the OG (rugby for example will take part for the first time in 2016 in Rio !). The IOC is trying to reduce the size of the Games and it is not easy to open this door ! Even the IAAF failed when they tried, some years ago, to add the cross country on the programme as it has been in 20s!

The WMRA has therefore to be very vigilant in his decisions and the next WMRA Congress (Llandudno, Wales, and GBR on September 18th) will maybe be the place to discuss these issues.



WMRA Council Members and IAAF Officials

Photo by WMRA

WMRA Council 2013 - 2017



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Message from Lamine DIACK – IAAF President



Lamine Diack
Photo by IAAF

It gives me great pleasure to write my annual address for the WMRA Newsletter and to look forward to another exciting year of WMRA competition.

This is of course a poignant moment for me as in August at the IAAF Congress elections in Beijing I will stand down as president, a position I have held since 1999. Athletics is a diverse, fascinating and entertaining sport which has seen many changes and developments in my 16 years at the helm and even more since I became vice-president in 1976. One of the most encouraging of these has been the rapid growth of the mountain running and, especially in recent years, its significant development from a European dominated discipline into one of truly global participation.

The formation in 1984 of the International Committee of Mountain Running and the following year the staging of the first World Trophy competition marked the beginning. Today under the management of the WMRA, with Mountain Running having been officially recognised as an International Competition since 2002 and with the World Trophy renamed the Mountain Running World Championships in 2009, we can confidently say that the discipline has arrived on the world stage.

On 19 September 2015, the 31st edition of the World Mountain Running Championships will take place in Betws Y Coed (GBR) and we also look forward to another exciting season of the WMRA which will conclude in Ljubljana, Slovenia, on 3 October.

I wish all athletes, officials, media and fans associated with the exciting and exhilarating athletics discipline of Mountain Running whether at championship or grand prix, international or domestic competition level, a wonderfully successful 2015 season.

Message from David S. OKEYO – Chairman IAAF Cross Country Committee



David Okeyo
Photo by IAAF

It always gives me a lot of happiness and pleasure to write an Annual Message for the WMRA Newsletter on behalf of the IAAF Cross Country Committee.

The WMRA has over the years associated itself with the IAAF Cross Country Committee for one common goal – to organise and present quality Championships free from drug abuse and coupled with Professionalism.

The WMRA activities lined up for 2015 is an indication that the Association is committed to promote the sport of Mountain Running all over the World and which will also see the World Mountain Running Championships being hosted in Wales, Great Britain on 19th September, 2015.

I therefore appeal to all Member Countries to support this event by entering as many athletes as possible to participate in the said Championships.

Once again may I take this opportunity to sincerely thank Mr. Lamine Diack, the outgoing IAAF President, Mr. Essar Gabriel, IAAF General Secretary, Mr. Paul Hardy, IAAF Director of Competitions, Mr. Sean Wallace-Jones, IAAF Senior Manager and Mr. Bruno Gozzelino, President WMRA for the overwhelming support and encouragement they have always accorded WMRA as well as IAAF Cross Country Committee.

WMRA Website (Courtesy of European Athletics)

www.wmra.info

@WMRAMountainRun

World Mountain Running Association

Contact Treasurer:

Nancy Hobbs regarding money transfers to WMRA account.
Newsletter compiled and edited by Bruno Gozzelino

On Sunday June 29, a record 17 nations participated in the 9th WMRA International Youth Cup in Arco, Italy, hosted by Castle Mountain Running/Garda Trentino.

The athletes, ages 16 and 17, raced over a varied course starting in the town square. It was a unique event including cobblestones on the pathway, numerous steps on the ascent toward the 12th century castle, grassy terrain, steep descents, and dirt pathway through olive groves.

It was a very challenging course with the girls running nearly 4 kilometers, and the boys nearly 5 kilometers.

In the girls race, the early lead went to Burcu Subatan (TUR) who was first to reach the flat grassy section just beyond the one kilometre mark, but the course did not stop climbing here. Subatan lead up the roadway toward the castle and more steps and then on the descent, a few of the chase runners - Elsa Racasan (FRA), Tatiana Ivanaeva (RUS), Sinaida Antonova (RUS) started to gain ground.

Coming out of the forest, Racasan took the lead and crossed the finish line in Arco timed in 19:43. Second was Ivanaeva in 19:55, while Subatan was third in 20:02. There were 48 finishers in the girls race (49 at the start).

In the team competition, France won gold with 30 points followed by Bulgaria with 33 points and Russia 1 with 35 points.

The men's competition saw Turkish runner Abdullah Yorulmaz leading after the first climb but on the descent, Yorulmaz, with a 10 second lead, missed a turn and Davide Magnini overtook him and increased the lead. Yorulmaz was not strong on the descent and even though he made it back on course quickly, he was overtaken by six more runners and ended up in eighth position. Magnini was cheered by the home town crowd as he finished more than 30 seconds in front of the second runner. Magnini was timed in 21:29 followed by Pierre Xolin (FRA) in 22:07, Samuele Nava (ITA) in 22:08. There were 47 runners in the boys race.

In the team competition, Italy scored 13 points to take gold, Turkey won the silver medal with 36 points and the English 1 team received the bronze with 38 points (same points as Bulgaria in fourth).

Opening the competition on Saturday evening was a parade of nations and entertainment from a local band and majorettes from the region.

It was a wonderful weekend of mountain running and the weather fine for most of the events, although rain started soon after the junior boys began their race and continued for a few hours.

From the FIDAL, Sergio Baldo, from the LOC, president Franco Travaglia, and joining the delegation for the WMRA were president Bruno Gozzelino, Raimondo Balicco,

BOYS – Individual

1 lap – 4,8km; +-280m

1.	MAGNINI Davide	ITA	97 21:29
2.	XOLIN Pierre	FRA	97 22:07
3.	NAVA Samuele	ITA	98 22:08
4.	ROGUSKI Michal	POL	97 22:12
5.	BALABANOV Ivo	BUL	97 22:17
6.	LEWIS Ciaran	WAL	97 22:21
7.	BURTHEM Liam	ENG1	97 22:22
8.	YORULMAZ Abdullah	TUR	97 22:30
9.	MASE' Endale	ITA	97 22:33
10.	BAZHENOV Aleksandr	RUS1	97 22:38

BOYS – TEAMS

1.	ITALY	13
2.	TURKEY	36
3.	ENGLAND 1	38
4.	BULGARIA	38
5.	POLAND	44
6.	FRANCE	47
7.	WALES	65
8.	RUSSIA 1	77
9.	IRELAND	84
10.	ENGLAND 2	87
11.	CZECH REPUBLIC	94
12.	SLOVAKIA	97
13.	RUSSIA 2	98
14.	HUNGARY	135
	SCO	2 at 46
	SLO	1 at 39
	USA	1 at 43
	SMR	1 at 47

GIRLS – Individual

1 lap – 4,0km; +-220m

1.	RACASAN Elsa	FRA	97 19:43
2.	IVANAeva Tatiana	RUS2	97 19:55
3.	SUBATAN Burcu	TUR	97 20:02
4.	ANTONOVA Zinaida	RUS1	97 20:03
5.	MINKINA Dilyana	BUL	97 20:11
6.	BAUDOIN Salomé	FRA	97 20:22
7.	GABRIELLI Michela	ITA	98 20:29
8.	DAVIES Hejdi	WAL	98 20:30
9.	STRANSKÁ Michaela	CZE	97 20:38
10.	BASHKATOVA Tatiana	RUS1	97 20:42

GIRLS – TEAMS

1.	FRANCE	30
2.	BULGARIA	33
3.	RUSSIA 1	35
4.	ITALY	41
5.	CZECH REPUBLIC	45
6.	RUSSIA 2	50
7.	TURKEY	50
8.	ENGLAND 1	65
9.	WALES	77
10.	POLAND	78
11.	SCOTLAND	90
12.	IRELAND	113
13.	HUNGARY	121
14.	SLOVENIA	124
15.	SLOVAKIA	125
	ENG 2	2 at 66
	GER	1 at 33

honorary member and technical delegate at Arco, honorary member Pierre Weiss (FRA), Tomo Sarf (SLO), Wolfgang Munzel (GER), Andrzej Puchacz (POL) and Nancy Hobbs (USA).

The venue for the 2015 WMRA World Youth Cup (competition for 16-17 years old) is Smolyan, Bulgaria.





11th World Long Distance Mountain Running Challenge

Manitou Springs, USA
16th August 2014



Four gold medals for American runners at the 11th Annual WMRA World Long Distance Challenge held at the Pikes Peak Ascent in Manitou Springs, Colorado.

U.S.A. dominated both races, male and female, individually and by teams, winning in total 4 gold, 1 silver and 2 bronze medals.

Italy (2 silver), Germany (1 bronze), Slovenia (1 bronze) and Eritrea (1 silver) won other medals.

There were 19 countries represented in the Challenge with nine scoring men's teams and seven scoring women's teams. Team USA led the way with a one-two-three sweep in the women's division for a combined finish of 7:49:49 with Allie McLaughlin posting one of the fastest times on record at 2:33:42.

Teammate Morgan Arritola (third place at the 2012 World Mountain Running Championships) finished second, and this year's Mount Washington Road Race winner Shannon Payne finished third.

Mateja Kosovelj (SLO) was the first non-USA women's finisher in fourth position with a time of 2:42:41 and helped secure a bronze medal for her team with a combined time of 8:54:35. Italy won the silver medal with Catherine Bertone posting the best finish for Italy with a time of 2:49:54.

On the men's side, Sage Canaday raced to victory in 2:10:03 to lead USA to the gold medal with a combined time of 6:33:58. His teammates Andy Wacker and Eric Blake (last year's Pikes Peak Ascent Champion), both ran under 2:13. Italy secured the team silver led by Tommaso Vaccina in 2:13:59. The combined score for Italy was 6:55:36, while Germany posted 7:13:11 to take the bronze.

Early in the race, Wacker led taking the pace out at brisk 5:40 in the first mile which was on a paved roadway. His second mile, after reaching the trail, was 7:40 and his third slowed to over nine minutes as the steeper sections of the

trail were reached. Wacker led for much of the way and was not overtaken until the final mile when Eritrean Azera Teklay took the lead.

Canaday, running in third from the three-mile to the finish mark, ran a smart race from start to finish and passed Wacker 3/4 mile from the finish and Teklay, 1/2 mile from the finish.

McLaughlin, the petite runner from Colorado Springs who recently won the USA Mountain Running Championships, was leading the race as each of the splits was called in to officials. Payne ran a solid second place for much of the race while Arritola took the race out conservatively and didn't make it into the top three until Barr Camp, the halfway point. Between Barr Camp and A-Frame (3 miles to the finish), Arritola overtook Payne and went on to finish second. The day was perfect for racing up the 13-plus miles from Manitou Springs to the 14,115-foot summit of Pikes Peak. At the 7am start, temperatures were in the upper 50s and at the summit it was sunny and clear with no wind. Temperatures reached 45 degrees by the time Canaday reached the finish line.

There was a short ceremony at the top of the mountain with race director Ron Ilgen presenting medals to the top three men and women and Tomo Sarf, WMRA delegate presenting flowers to the men and Jim Estes, USA Track & Field presenting flowers to the women. This ceremony was followed by an evening ceremony to honour all of the competitors.

The venue for the 2015 12th WMRA World Long Distance Mountain Running Championships is Zermatt, Switzerland.

Complete results for teams are available at:
http://pprun.org/results/2014_results/PPATeams.txt



Sage C Canaday (USA) 1st
Photo by LOC



Women's podium
Photo by LOC

MEN

1	CANADAY Sage	USA	2:10:03
2	TEKLAY Azerya	ERI	2:10:47
3	WACKER Andy	USA	2:11:39
4	BLAKE Eric	USA	2:12:15
5	GRAY Joseph	USA	2:13:02
6	VACCINA Tommaso	ITA	2:13:59
7	DELANEY Jason	USA	2:16:17
8	CHEVRIER Xavier	ITA	2:17:08
9	MAKSIMOW Peter	USA	2:21:11
10	ZINCA Ionut	ROU	2:21:19

Team Results

1	USA	6:33:58
2	ITA	6:55:36
3	GER	7:13:11
4	SLO	7:26:47
5	ENG	7:49:27
6	MEX	7:55:41
7	RSA	9:11:20
8	NIR	9:21:21
9	UKR	10:32:09

WOMEN

1	MCLAUGHLIN Allie	USA	2:33:42
2	ARRITOLA Morgan	USA	2:35:39
3	PAYNE Shannon	USA	2:40:28
4	KOSOVELJ Mateja	SLO	2:42:41
5	KREMER Stevie	USA	2:43:16
6	ERHOLTZ Brandy	USA	2:47:46
7	CELINSKA Anna	POL	2:48:03
8	FROST Anna	NZL	2:49:40
9	BERTONE Catherine	ITA	2:49:54
10	CONFORTOLA Antonella	ITA	2:52:28

Team Results

1	USA	7:49:49
2	ITA	8:36:48
3	SLO	8:54:35
4	SCO	9:31:38
5	GER	9:45:06
6	CAN	10:41:51

More than eight hundred masters entries and 755 of them finished the race at the 14th WMRA/WMA Master Championships held on Saturday September 6th at Telfes (Austria).

26 Nations had athletes at the finish of the competition: Austria, Germany, Italy, Poland, USA, Slovakia, New Zealand, Ireland, France, Norway, Lithuania, Nederland, Slovenia, Czech, Spain, Finland, Great Britain, Russia, Hungary, Switzerland, Belgium, Sweden, Australia, Ukraine, UAE and Malaysia.

Very interesting is the fact that 16 Nations had at least one master on the podium.

Germany and Italy won both 11 gold medals (and both gained four individual titles and seven team titles): Germany kept 10 silver and seven bronze for a total of 28 medals, instead Italy won 5 silver and 10 bronze for a total of 26 medals.

Just behind these two teams there was host country Austria. Austrian Masters were able to obtain a total of 15 medals: 7 gold (5 individual and 2 team), 5 silver and 3 bronze.

The National anthem of Czech Rep., USA, Australia, Slovakia and Sweden sound at Telfes for celebrating the victory of one master of each these nations.

Eight Nations won at least one gold medal. Czech Rep was fourth in the medal table with 7 medals in total (1 gold, 2 silver and 4 bronze); USA won 2 medals (1 gold and 1 silver); instead Australia, Slovakia and Sweden won the only one gold medal. Swiss team had 4 silver medals; Great Britain 1 silver and 4 bronze; New Zealand 1 silver and 1 bronze; Poland, Slovenia, France and Russia won 1 silver each and finally Ireland had 3 bronze medals.

Only two runners was able to confirm their world title of the previous year: Ann Marie Jones (W60) and Wilhelm Dengler (GER - M55).

The new master world mountain running champion 2014 are in the female categories: Petra Summer (AUT-W35), Jutta Brod (GER-W40), Simonetta Menestrina (ITA-W45), Irmí Kubicka (AUT-W50), Karoline Dohr (AUT-W55), Susan Archer (AUS-W65), Helga Pongratz (AUT-W70) and Maria Marcibalova (SVK-W75).

The new master world mountain running champion 2014 are in the male categories: Eric Blake (USA-M35), Daniele De Colò (ITA-M40), Robert Stark (AUT-M45), Franco Torresani (ITA-M50), Milos Smrcka (CZE-M60), Ivo Andrich (ITA-M65), Helmut Reitmeir (GER-W70) and Georg Gross (GER-M75). Petra Summer signed the best time among the women with 44 minutes and 49 seconds.

In the male on the long track the time was realised by Eric Blake in 59 minutes and 32

seconds: he was the only runner under one hour!

On the short track the best time was signed by Wilhelm Dengler in 42 minutes and 47 seconds.

The weather on the day of competition was very good and the track of the race was perfect for the event.

The scenery of the mountains around was fantastic: all the participants come back home satisfied and send their congratulations to LOC!

Many people like spectators were present on live to the event. WMRA was present at the Championships with Bruno Gozzelino President, Nancy Hobbs Treasurer, Wolfgang Munzel and Tomo

Sarf, Council members.

OELV sent to attend the competition Mr. Hubert Lang, ÖLV Vice President "Non Stadia & Masters" and Mr. Helmut Schmuck, Chairman of the Austrian Mountain Running Commission.

Results Summary:

Mens Results

M35-39	BLAKE Eric	USA	0:59:31
M40-44	DE COLO' Daniele	ITA	1:02:38
M45-49	STARK Robert	AUT	1:04:03
M50-54	TORRESANI Franco	ITA	1:04:49
M55-59	DENGLER Wilhelm	GER	0:42:46
M60-64	SMRCKA Miloš	CZE	0:44:27
M65-69	ANDRICH Ivo	ITA	0:45:34
M70-74	REITMEIR Helmut	GER	0:50:21
M75-79	GROB Georg	GER	0:56:24

Womens Results

W35-39	SUMMER Petra	AUT	0:44:48
W40-44	BROD Jutta	GER	0:45:48
W45-49	MENESTRINA Simonetta	ITA	0:47:38
W50-54	KUBICKA Irmí	AUT	0:46:01
W55-59	DOHR Karoline	AUT	0:50:19
W60-64	JONES Ann-Marie	SWE	0:50:48
W65-69	ARCHER Susan	AUS	1:00:49
W70-74	PONGRATZ Helga	AUT	1:05:20
W75-79	MARCIBÁLOVÁ Mária	SVK	1:17:08

Mens Team Results:

M35	AUT	30
M40	ITA	6
M45	AUT	14
M50	ITA	13
M55	GER	18
M60	GER	11
M65	ITA	12
M70	ITA	11
M75	GER	16

Womens Team Results:

W35	GER	22
W40	ITA	15
W45	ITA	13
W50	GER	16
W55	GER	9
W60	ITA	12
W65	GER	12



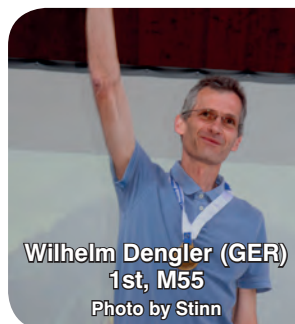
Eric Blake (USA)
1st, M35
Photo by Stinn



Robert Stark (AUT)
1st, M45
Photo by Stinn



Simonetta Menestrina (ITA)
1st, W45
Photo by Stinn



Wilhelm Dengler (GER)
1st, M55
Photo by Stinn



Maria Marcibálová (SVK)
1st, W75
Photo by Stinn

At the end of the prize ceremony WMRA flag passed to Mr. Steve Brace, Chairman of LOC of the 15th WMRA/WMA Master World Mountain Running Championships 2015 on Saturday September 12th at Betws Y Coed (Wales).

Video and pictures of the event at

www.stubai-bilder.at/bilder/category/149-masters-telfes-2014.



Pass the flag to LOC 2015:
Gozzelino and Brace with WMRA flag
Photo by LOC

MEN		born	nat.	1	2	3	4	5	6	total
1.	MAMU Petro	84	ERI		100		100	66	120	386
2.	SCHNEIDER David	81	SUI	70			75		102	247
3.	BALDACCINI Alex	88	ITA	85			55		90	230
4.	KOSOVELJ Mitja	84	SLO	55		65	27		78	225
5.	MANZI Emanuele	77	ITA	30	50		50		84	214
6.	KOSGEI Isaac Toroitich	81	KEN			100	70	23		193
7.	WANGARI Francis Muigai	90	KEN			75	65			140
8.	SIMPSON Robbie	91	GBR			70	60	2		132
9.	WANDANGI Hirus	89	KEN	75	40					115
10.	PATERNOSTER Stefan	79	AUT	60			45			105
11.	SZABO Sandor	93	HUN	45			12		48	105
12.	KUHAR Nejc	85	SLO			85			11	96
13.	STERNI Riccardo	89	ITA				35		60	95
14.	BREGAR Gašper	90	SLO			27			66	93
15.	RANCON Julien	80	FRA		70			21		91
16.	ALIČ Simon	71	SLO			50			26	76
17.	LEANCA Andrei	95	ROU	14			24		32	70
18.	BRATINA Rok	94	SLO			30	22		15	67
19.	LAMOVEC Peter	84	SLO			24			42	66
20.	TRILER Klemen	77	SLO		27	35				62
21.	KOVÁCS Ádám	86	HUN	40			2			42
22.	CONROY Ian	80	IRL				16		23	39
23.	SCHMUCK Helmut	63	AUT	27			5			32
24.	MOONEY Killian	95	IRL				8		17	25
25.	MIYACHI Fujio	78	JPN	16		6			0	22
26.	TACHINNI Giovanni	86	ITA				7		13	20
27.	BREGAR Metod	69	SLO			1			9	10
28.	ERJAVŠEK Boštjan	82	SLO			5			3	8

WOMEN		born	nat.	1	2	3	4	5	6	total
1.	MAYR Andrea	79	AUT	100			100	120	120	440
2.	KOSOVELJ Mateja	88	SLO	40		100	85	66	102	353
3.	MERÉNYI Tímea	71	HUN	65	85	75	60	7		285
4.	GAGGI Alice	87	ITA				55	60	90	205
5.	CONFORTOLA Antonella	75	ITA				70	32	78	180
6.	MURIGI Lucy Wambui	85	KEN				75	102		177
7.	BELOTTI Valentina	80	ITA	75	100					175
8.	TUNSTALL Sarah	86	ENG	35			40		84	159
9.	BRATINA Jana	87	SLO			85			72	157
10.	NOLL Melanie	84	GER	55	75					130
11.	MRAK Valerija	71	SLO			70			48	118
12.	MAIR Susanne	94	AUT	45			65			110
13.	FREITAG Karin	80	AUT	60			50			110
14.	TUŠAR Mihaela	66	SLO			55	20		32	107
15.	KLANČNIK Karmen	90	SLO			65			29	94
16.	GALASSI Samantha	88	ITA				27		60	87
17.	TROBEC Urška	67	SLO			50			21	71
18.	MIKLOŠA Petra	74	SLO			40			23	63
19.	PEPERKO Maja	86	SLO			27			26	53
20.	SIEGEL Monique	89	GER	50				2		52
21.	WISNIEWSKA-Ulfik Dominika	86	POL				35	8		43
22.	MEŽA Boža	57	SLO			9			17	26
23.	ŠORLI Marta	62	SLO			12			13	25
24.	BIASOLO Natalie	65	SUI	7			1			8

1	8 June	30 th Int. Muttersberglauf	Bludenz	AUT
2	15 June	34 th La Montée du Grand Ballon	Willer sur Thur	FRA
3	27 July	16 th Grintovec Int. MR race	Kamnik	SLO
4	31 Aug.	6 th Asitzgipfel-Mountain-Run	Leogang	AUT
5	14 Sept.	30 th World MR Championships	Casette di Massa	ITA
6	4 Oct.	35 th Smarna Gora Int. MR race	Ljubljana	SLO



**WMRA World Cup Winners 2014 -
Andrea Mayr (AUT) and Petro Mamu (ERI)**
Photo by LOC



**Eritrean Petro Mamu winner of the last race
of the WMRA World Cup series**
Photo by LOC

WMRA World Cup 2015 Calendar of Races

The rules for 2015 World Cup can be found on the WMRA web page.

7th June - Sunday	20th Tek na Ratitovec/ 1st WMRA World Cup race	Zelezniki	SLO
14th June - Sunday	35th La Montée du Grand Ballon / 2nd WMRA World Cup race	Willer sur Thur / Goldbach	FRA
26th July - Sunday	16th Gorski tek na Grintovec / 3rd WMRA World Cup race	Kamnik	SLO
6th September - Sunday	7th Asitzgipfel-mountain-run / 4th WMRA World Cup race	Leogang	AUS
19th September - Saturday	31st WMRA World Mountain Running Championships (up and down) / 5th WMRA World Cup race	Betws Y Coed	GBR
3rd October - Saturday	36th Smarna Gora International mountain race / 6th WMRA World Cup race and Final	Ljubljana	SLO

The white marble coloured the 30th edition of the World Mountain Running Championships in Caserte di Massa, an unprecedented experience marked by the course winding up inside a marble cave of the famous "Bacino di Gioia" with the Apuan Alps and the Tirreno Sea on the backdrop.

Uganda dominated the medal table winning the men's race where Isaac Kiprop led a medal sweep for his country, both the men's and women's junior races with Phillip Kipyeko and Stella Chesang and the men's senior team ranking.

Thirty-four year-old Austrian Andrea Mayr became the first runner to clinch five world titles with a dominant race. Ten Countries (among the fourth present) came back home with medals!

Uganda in total won 6 medals (four gold, one silver and one bronze). The Italian team won three medals: gold for the women's senior team, bronze for the men's senior team and silver for the men's junior team. The Turkish also kept three medals totally: one gold, one silver and one bronze. Other two teams won gold: Germany (1 gold and silver) and Austria (1 gold). USA this year had 3 medals in total: 1 silver and 2 bronze; the Great Britain with 1 silver and bronze, followed by Kenya (for the first time present at WMRA World Mountain Running Championships, as Andorra) and Eritrea with one silver each; Czech Team was able to win 2 bronze medals, finished tenth in the medal table.

Men's senior race: Uganda claimed a podium sweep in the men's senior race.

Isaac Kiprop took the honours in the men's senior race in 53:50 crowning an impressive day for the Ugandan team who won three individual gold medals. Kiprop's compatriot Daniel Rotich finished runner-up with 55:10; Kibet Soyekwo completed the Ugandan triumph in third place with 55:24.

Uganda dominated the men's team ranking with 17 points ahead of Eritrea (27 points) and Italy (55 points).

The best Italian runner was Bernard Dematteis who finished fourth for the fourth time in his career at the World Mountain Running Championships

Women's senior race: Austrian Andrea Mayr collected her fifth world title dominating the women's senior race from gun to tape. She won in 45:07 with a gap of 2:42 minutes over the next rival Lucy Murigi Wambui from Kenya becoming the most successful runner in the history of the World Championships.

The 34-year-old Austrian graduate in medicine celebrated her triumph dancing on the podium. Defending champion Alice Gaggi from Italy finished eighth. US Allyson McLaughlin completed the podium in third place with 47:55.

Italy triumphed in the women's team ranking at senior level with 32 points beating Great Britain (41 points) and the USA (63 points).

Men's junior race: Uganda scored the double in junior races also winning the men's under 20 competition with Phillip Kipyeko who finished sixth in the 5000 metres at the World Junior Championships in Eugene where his compatriot Joshua Cheptegei, who had to pull out of the World Championships in Caserte di Massa at the last moment, won the 10000m world junior gold medal.

Kipyeko showed his excellent climbing ability over the steep paths winding up through the white marble walls of the Cava di Gioia dominating the race in 40:51.

Turkish runners Ramazan Karagoz finished a distance second in 42:42 ahead of his compatriot Ferhait Bozkurt, third in 42:53. The best Italian runner was 19-year-old Nadir Cavagna who caught up positions and clawed his way back narrowly missing the podium in fourth place in 44:33.

Turkey won the team title with 12 points ahead of Italy (34 points) and Great Britain (47 points).

Women's junior race: Uganda's Stella Chesang, fourth at the World Junior Championships in the 5000 metres in Eugene, won the junior gold medal at the World Mountain Running Championships becoming the first athlete to carve her name on the marble of the Apuan Alps. The Ugandan runner dominated the race taking the lead from the very beginning and changing gear inside the amazing white tunnel in the white cave. Chesang crossed the finish line in 19:23 with a lead of more than one minute over second placer Sarah Kistner from Germany (20:38). Another runner from Europe, Czech Republic's Michaela Stranska finished third with 21:01.

Germany won the women's junior title (8 points) beating the US team (12 points), who was led by former world junior champion Mandy Ortiz, who crossed the finish fourth in 21:23, and Czech Republic (12 points).

The venue for the 31st World Mountain Running Championships 2015 is Betws Y Coed (Great Britain) on September 19th 2015.



Aerial view of runners from the LOC helicopter

Photo by Giancarlo Colombo/FIDAL



Alfio Giomi, FIDAL President, Giovanna Menghini, Prefetto of Massa, Alessandro Volpi, Mayor of Massa, Otto Klappert, IAAF Delegate, Bruno Gozzelino, WMRA President, attend the opening ceremony (from left to right)

Photo by Giancarlo Colombo/FIDAL



Spectators at the closing ceremony in the main square of Massa

Photo by Giancarlo Colombo/FIDAL



Passing the flag from FIDAL President, Alfio Giomi to LOC W. Ch. 2015 representant, Welsh Athletics Steve Grace and Graham Rees in the presence of Bruno Gozzelino, WMRA President

Photo by Giancarlo Colombo/FIDAL

MEN

Individual (11.7 km/158 participants)

1	KIPROP Isaac	UGA	53:50	64	HRAMATOUSKI Dzmityr	BLR	01:04:01	129	FELICI Matteo	SMR	01:12:56
2	ROTICH Daniel	UGA	55:10	65	BARBOSA Vitor	POR	01:04:05	130	CILIA Charles	MLT	01:13:00
3	SOYEKWO Kibet	UGA	55:24	66	LEHMANN Jonas	GER	01:04:08	131	RENARD Arnaud	BEL	01:13:26
4	DEMATTEIS Bernard	ITA	55:49	67	WIGHTMAN Nicholas	AUS	01:04:09	132	BONEV Marjan	MKD	01:14:03
5	TSEGAY Frezgy	ERI	56:03	68	SUAREZ BOCANEGRA Jeisso	COL	01:04:19	133	KONIAEV Ivan	RUS	01:14:33
6	KIDANE Abraham	ERI	57:04	69	HARSÁNYI Tamas	HUN	01:04:21	134	COOK Jack	CAN	01:14:36
7	MAMU Petro	ERI	57:14	70	BRANDENBOURG Michaël	BEL	01:04:42	135	TASDEMIR Aykut	TUR	01:14:58
8	ASLAN Ahmet	TUR	57:47	71	CVET Miran	SLO	01:04:46	136	ADLI Kais	MON	01:15:34
9	NEGASH Tesfaldet	ERI	57:55	72	BELLAMY Benjamin	FRA	01:04:50	137	POHORELYI Oleksii	UKR	01:15:50
10	SMYTH Patrick	USA	57:55	73	KEVAN James	IRL	01:04:52	138	SEMENIUK Volodymyr	UKR	01:16:29
11	AYEKH Nathan	UGA	58:10	74	RODRIGUES Artur	POR	01:04:54	139	MIFSUD Melvin	MLT	01:17:19
12	CARERA Juan Carlos	MEX	58:12	75	LUSTENBERGER Stefan	SUI	01:04:57	140	FONYÓ Sandor	HUN	01:17:22
13	DEMATTEIS Martin	ITA	58:28	76	MARSHALL Philipp	GER	01:05:04	141	BRATUKHIN Mikhail	BLR	01:17:27
14	CHEVRIER Xavier	ITA	58:32	77	LECHLEITNER Simon	AUT	01:05:10	142	BUDELOT Yannick	MON	01:17:58
15	PEÑA CAABRERA Javier An	COL	58:44	78	DAY Stephen	NZL	01:05:10	143	GRECH Gerald	MLT	01:18:03
16	KOSGEI Isaac Toroitich	KEN	58:46	79	FASKHETDINOV Arsel	RUS	01:05:14	144	KONENENKO Oleksii	UKR	01:18:07
17	RANCON Julien	FRA	58:47	80	JEBB Robert	GBR	01:05:16	145	GERLEI Tamas	HUN	01:18:52
18	GRAY Joseph	USA	59:04	81	KUCERA Martin	CZE	01:05:19	146	MAIANI Manuel	SMR	01:19:12
19	SWINBURN Nick	GBR	59:09	82	ADDISON Tom	GBR	01:05:28	147	CRITCHLEY Will	CAN	01:19:54
20	KHOROSHILOV Ruslan	RUS	59:19	83	BRATINA Rok	SLO	01:05:40	148	MUGNAINI Alberto	SMR	01:20:07
21	DOUGLAS Andrew	GBR	59:28	84	JAILLARDON Renaud	FRA	01:05:47	149	STOSIC Kristijan	SRB	01:21:24
22	FLEURETON Cedric	FRA	59:35	85	FLYNN Eoin	IRL	01:06:04	150	GOMES Carlos	AND	01:21:34
23	BUGGE Johan	NOR	59:40	86	PAGNUEV Alexey	RUS	01:06:23	151	DI GIUSTO Laurent	MON	01:22:31
24	CAGNATI Luca	ITA	59:53	87	IIDA Yujiro	JPN	01:06:24	152	CAFFARO PISCITELLO Anto	MON	01:24:09
25	BLAKE Eric	USA	59:59	88	CAMBRIDGE Tane	NZL	01:06:26	153	ZAFIROVSKI Petre	MKD	01:26:25
26	MUGA Rui	POR	59:59	89	HAINS Justin	CAN	01:06:32	154	BACHIR Omar	MON	01:27:00
27	KRUPICKA Robert	CZE	01:00:05	90	GUSEV Aleksandr	RUS	01:06:32	155	PAZZAGLIA Roberto	SMR	01:29:36
28	HOVIND-ANGERMUND Stian	NOR	01:00:25	91	KELLEZI Ilir	ALB	01:06:43		JOLY Jente	BEL	DNF
29	JANU Jan	CZE	01:00:27	92	ALIC Simon	SLO	01:06:48		MARTINEZ Victor	AND	DNF
30	SIMPSON Robbie	GBR	01:00:39	93	RINGHOFER Andreas	AUT	01:06:52		BAAZIJ Djemel	MON	DNS
31	KOSOVELJ Mitja	SLO	01:00:44	94	SZABÓ Sandor	HUN	01:06:53				
32	JACKSON Jonathan	NZL	01:00:51	95	MEFFAN Peter	NZL	01:07:05				
33	EDWARDS Orlando	GBR	01:01:08	96	CAMARENA Enrique	MEX	01:07:08				
34	GERTH Sjaan	CAN	01:01:11	97	WANGARI Francis Muigai	KEN	01:07:10				
35	BALDACCINI Alex	ITA	01:01:16	98	HOGAN Tom	IRL	01:07:29				
36	TENGSAEID Torstein	NOR	01:01:22	99	MIKHNIUK Pavel	BLR	01:07:59				
37	ALTANOGLU Umer	TUR	01:01:23	100	WIRTGEN Vincent	BEL	01:07:59				
38	HUGHES Glenn	NZL	01:01:25	101	WICHMAN Dallas	NZL	01:08:03				
39	ABAD Norberto	MEX	01:01:26	102	STEPHENS-WHALE Shaun	CAN	01:08:04				
40	JASTRZEBSKI Kamil	POL	01:01:29	103	MINNOCK Barry	IRL	01:08:19				
41	EBERLY Josh	USA	01:01:29	104	KUCERA Lukas	CZE	01:08:28				
42	VACCINA Tommaso	ITA	01:01:31	105	DUFFUS Benjamin	AUS	01:08:35				
43	KIBET James	UGA	01:01:33	106	AYTEKIN Salih	TUR	01:08:40				
44	CARVALHO Jose	POR	01:01:53	107	CRAIGIE Alan	AUS	01:08:41				
45	HOFFMANN Benedikt	GER	01:02:05	108	MIYACHI Fujio	JPN	01:09:27				
46	LUSTENBERGER Daniel	SUI	01:02:12	109	KHOÓR Bence	HUN	01:09:34				
47	BONIN Arnaud	FRA	01:02:16	110	STAJNIAK Bartolomiej	POL	01:09:43				
48	PATERNOSTER Stefan	AUT	01:02:21	111	AGOSTINI Michele	SMR	01:09:47				
49	HUBERT Stefan	GER	01:02:27	112	CHAPMAN Michael	AUS	01:09:49				
50	LAMOVEC Peter	SLO	01:02:41	113	CZAPLA Piotr	POL	01:09:57				
51	RODRIGUES Pedro	POR	01:02:53	114	BLAHA Tomas	CZE	01:10:01				
52	MILLER Zach	USA	01:02:59	115	ROYO Jordi	AND	01:10:17				
53	KALININ Vladimir	RUS	01:03:04	116	SOYLEMEZ Uzeyir	TUR	01:10:38				
54	FEJFA Ondrej	CZE	01:03:07	117	BOGOS Tamas	HUN	01:10:45				
55	MACMAHON Brian	IRL	01:03:07	118	MILOVANOVIC Milos	SRB	01:10:59				
56	SWANSON Kristopher	CAN	01:03:28	119	BRATUKHIN Andrei	BLR	01:11:10				
57	BURRIER Georges	FRA	01:03:34	120	SANSA Josep	AND	01:11:19				
58	CONROY Ian	IRL	01:03:39	121	ANCHEVSKI Atanas	MKD	01:11:31				
59	ROCHE David	USA	01:03:40	122	WHITELEY Robin	AUS	01:11:34				
60	BREGAR Gasper	SLO	01:03:49	123	AJANOVSKI Kokan	MKD	01:11:56				
61	GYORGY SZABOLCS Istvan	ROU	01:03:53	124	FERNANDES Manuel	AND	01:12:16				
62	KAZAN Deniz	TUR	01:03:59	125	CHENIKALO Oleksandr	UKR	01:12:23				
63	MATHYS Christian	SUI	01:04:00	126	TSENOV Mitko	BUL	01:12:30				
				127	MALKA Haime	ISR	01:12:44				
				128	RIDOLFI Stefano	SMR	01:12:50				

MENS TEAMS

1	UGA	17	9	SLO	212	17	AUS	391
2	ERI	27	10	TUR	213	18	BLR	423
3	ITA	55	11	GER	236	19	AND	509
4	USA	94	12	NZL	236	20	SMR	514
5	GBR	103	13	RUS	238	21	MKD	529
6	FRA	143	14	IRL	271	22	UKR	544
7	POR	186	15	CAN	281	23	MON	581
8	CZE	191	16	HUN	389			

WOMEN

Individual (8.5 km/83 participants)

1	MAYR Andrea	AUT	45:07
2	MURIGI Lucy Wambui	KEN	47:49
3	MCLAUGHLIN Allison	USA	47:55
4	MATHYS Maude	SUI	48:22
5	JELAGAT Viola	KEN	49:01
6	CHEKWEMBOI Patricia	UGA	49:11
7	KOSOVELJ Mateja	SLO	49:16
8	GAGGI Alice	ITA	49:55
9	CLAYTON Emma	GBR	50:11
10	SCHORNA Pavla	CZE	50:21
11	DESCO Elisa	ITA	50:35
12	BERESOVA Katarina	SVK	50:41
13	CONFORTOLA Antonella	ITA	50:54
14	ROBINSON Rebecca	GBR	51:11
15	MCCORMACK Sarah	IRL	51:13
16	DEWALLE Christel	FRA	51:13
17	HOLOVCHENKO Tetyana	UKR	51:22
18	WILKINSON Mary	GBR	51:52
19	MARATON MELKEVIK Kirste	NOR	51:54
20	MULLIGAN Sarah	IRL	52:07
21	DEAKINS Megan	USA	52:09
22	MITYAEVA Ekaterina	RUS	52:15
23	DRAGOMIR Denisa Ionela	ROU	52:29
24	WISNIEWSKA-ULFIK Domini	POL	52:50
25	MERÉNYI Tímea	HUN	52:52

26 MIHAYLOVA Milka	BUL	53:08	JUNIOR MEN			63 CARSOLO Santiago	MEX	55:08
27 EGOROVA Galina	RUS	53:19	Individual (9 km/710 m/73 participants)			64 MIKSA Kende	HUN	56:01
28 METELKOVA Tatana	CZE	53:22	1 KIPYEKO Phillip	UGA	40:51	65 NOEL Adrien	BEL	56:03
29 MAYER Lucia	SUI	53:30	2 KARAGOZ Ramazan	TUR	42:42	66 BIBBY Oliver	CAN	56:20
30 SIEGEL Monique	GER	53:35	3 BOZKURT Ferhat	TUR	42:53	67 GERLEI Matè	HUN	56:36
31 PREIBISCHOVA Monika	CZE	53:52	4 CAVAGNA Nadir	ITA	44:33	68 BÜKI Adam	HUN	57:36
32 POPTSOVA Nigina	RUS	53:57	5 OVERGAARD Stian Aarvik	NOR	44:53	69 ARMES Erik	USA	58:49
33 RODRIGUEZ QUIJANO Maria	COL	53:58	6 MAGNINI Davide	ITA	45:29	70 MCNALLY Rick	IRL	1:00:24
34 FREITAG Karin	AUT	54:00	7 ISLER Musa	TUR	45:43	INNERHOFER Manuel	AUT	DNF
35 CEBO Maria	POL	54:00	8 SADLO Dominik	CZE	45:57	NOEL Enzo	BEL	DNF
36 MAIR Susanne	AUT	54:00	9 MEISSEL Hannes	AUT	46:14	GIARDI Matteo	SMR	DNS
37 SABRIE Anais	FRA	54:03	10 BARBE Geoffrey	FRA	46:32	JUNIOR MENS TEAMS		
38 LUND Megan	USA	54:05	11 LAWLER Andrew	GBR	46:37	1 TUR 12	7 RUS 81	13 SLO 147
39 NOLL Melanie	GER	54:05	12 ZEUS Maximilian	GER	46:55	2 ITA 34	8 ROU 86	14 UKR 152
40 MADUREIRA Rosa	POR	54:22	13 NICHOLLS Maximilian	GBR	47:18	3 GBR 47	9 POL 90	15 IRL 185
41 UNTERBERGER Birgit	GER	54:30	14 SAGLAM Ayhan	TUR	47:22	4 FRA 56	10 USA 103	16 HUN 189
42 WALSHAW Katie	GBR	54:31	15 SENEÉ Gauthier	FRA	47:34	5 AUT 64	11 MEX 125	
43 STRAEHL Martina	SUI	54:42	16 THIES II Jeffrey	USA	47:34	6 CZE 74	12 AUS 127	
44 BELUSIC Barbara	CRO	54:46	17 DOMINGUEZ Jose Alfredo	MEX	47:48	JUNIOR WOMEN		
45 JASMIN Lucie	FRA	54:59	18 MATISON Lucas	USA	47:49	Individual (3.8 km/320 m/43 participants)		
46 JURISIC Veronika	CRO	55:00	19 SATOR Damian	POL	47:52	1 CHESANG Stella	UGA	19:23
47 CAN Yasemin	TUR	55:01	20 LEANCA Andrei	ROU	47:58	2 KISTNER Sarah	GER	20:38
48 RUKHLYADA Elena	RUS	55:22	21 GALIULLIN Konstantin	RUS	48:05	3 STRANSKA Michaela	CZE	21:01
49 MILESOVA Iva	CZE	55:26	22 VOSVRDA Sebastian	CZE	48:36	4 ORTIZ Amanda	USA	21:17
50 BRATINA Jana	SLO	55:29	23 ADKIN Jacob	GBR	48:41	5 GRAVES Catriona	GBR	21:23
51 CHIRON Celia	FRA	55:51	24 AYMONOD Henri	ITA	48:49	6 BALCARCZYK Nada	GER	21:24
52 WENG Merete	NOR	55:55	25 SINGER Michael	AUT	49:05	7 PISCU Andreea Alina	ROU	21:34
53 RUNGGER Renate	ITA	55:59	26 KRASNOV Pavel	RUS	49:10	8 RUSKAN Marisa	USA	21:39
54 GIBBS Sally	NZL	56:06	27 CALEY Reuben	AUS	49:17	9 BESHIROVA Carmen Idris	CZE	21:41
55 MEIER Bernadette	SUI	56:28	28 WHARTON Max	GBR	49:25	10 NIKOLAEVA Olga	RUS	21:45
56 KUZMINSKA Kataryna	POL	56:34	29 DUMITRU Ionut Marius	ROU	49:28	11 PONCET Elise	FRA	21:47
57 ADSIT-MORRIS Chessa	CAN	56:37	30 INNERHOFER Hans Peter	AUT	49:30	12 LARINA Irina	RUS	21:52
58 ZOLTANI Tenke	HUN	57:06	31 PEREZ Bastien	FRA	49:30	13 BRAYKOVA Hristiyana	BUL	21:53
59 CANNING Paula	NZL	57:47	32 ROBERTSON Tim	NZL	49:40	14 DAVIES Heidi	GBR	21:56
60 TOZLU Elif	TUR	58:20	33 DEMARCQ Raphael	FRA	49:46	15 DIAS Magdalena	POL	21:58
61 MRAK Valerija	SLO	58:25	34 GALIN Gainislam	RUS	49:48	16 KANTEKIN Umran Sedef	TUR	22:05
62 DONLON Emma	IRL	58:38	35 LASZCZOWSKI Dawid	POL	49:48	17 ZUDOR Iulia Melinda	ROU	22:10
63 TUSAR Mihaela	SLO	59:03	36 JAZWIECKI Stanislaw	POL	50:14	18 MALIR Georgia	GBR	22:20
64 MASCIANA Juliane	USA	59:22	37 FALCESCU Mihai Marian	ROU	50:19	19 MINKINA Dilyana	BUL	22:24
65 SILARSKA Dorota	POL	01:00:20	38 BOZIC Aljaz	SLO	50:22	20 KORVASOVA Tereza	CZE	22:26
66 RULKEVICH Krystsina	BLR	01:01:29	39 VENTURA Luca	ITA	50:24	21 SEEFELD Annika	GER	22:32
67 KENESSY Gemma	AUS	01:01:45	40 BALABANOV Ivo	BUL	50:25	22 ZECCA Alessia	ITA	22:38
68 KODZSAGOGOV Zsaklin	HUN	01:02:02	41 LAVRIKOV Evgenii	RUS	50:27	23 ZRASTAKOVA Veronika	SVK	22:43
69 SAMMUT Angele	MLT	01:03:15	42 VIEIRA Bruno	POR	50:49	24 ARGUN Tugba	TUR	22:44
70 GAVRILOV Milana	SRB	01:03:28	43 BUCHAYSKYI Mykhailo	UKR	51:28	25 ATALAY Bahar	TUR	22:46
71 BOGAN Duygu Turgut	TUR	01:03:43	44 KOVAR Jachym	CZE	51:54	26 CUFER Ana	SLO	22:51
72 PAPP Ildiko	HUN	01:04:09	45 PERALTA Henry	MEX	52:10	27 DE SILVESTRO Alba	ITA	22:56
73 HILI Carmen	MLT	01:05:08	46 GARBACIK Michal	POL	52:13	28 BAUDOIN Salome	FRA	23:01
74 SEIBOLD Kate	AUS	01:05:28	47 MAIER Vasile Alexandru	ROU	52:28	29 WOHRİ Sophia	AUT	23:16
75 KAISER Jessica	CAN	01:06:11	48 BOROVSKA Miroslav	SVK	52:43	30 NAHORNА Yana	UKR	23:18
76 PASHKOUSKAYA Katsiaryna	BLR	01:06:32	49 WALLACE Hamish	AUS	52:44	31 PAWLOWSKA Paulina	POL	23:27
77 BEN-AMI Hanna	ISR	01:07:12	50 DOBRANSKY Bohdan	UKR	52:51	32 PELAMATTI Simona	ITA	23:42
78 SMITH Harriet	AUS	01:08:38	51 ANDERSON Bryce	AUS	53:04	33 PASCAR Ioana Aurelia	ROU	23:45
79 POP ARSOVA Andrijana	MKD	01:10:26	52 LAZAR Nejc	SLO	53:08	34 JORDAN Samantha	NZL	23:47
80 TINIO Mirabelle	CAN	01:10:29	53 MOONEY Killian	IRL	53:08	35 SCHOLL Tabor	USA	23:52
81 KRAFT Emma	AUS	01:36:24	54 BORN Adrien	BEL	53:10	36 PETROVA Irina	RUS	24:07
BUYUKBEZGIN Burcu	TUR	DNF	55 GAURA Adam	CZE	53:31	37 FILIPOWSKA Agnieszka	POL	24:22
KRYTSYNA Aliaksandra	BLR	DNF	56 ANDERSEN Thomas	NZL	53:38	38 HORVÁT Karmen	HUN	24:52
WOMENS TEAMS			57 TRONTELJ Ziga	SLO	53:48	39 JESENKO Sara	SLO	25:31
1 ITA 32	7 RUS 81	13 HUN 151	58 JÓZSA Bence	HUN	53:52	40 OREHEK Karmen	SLO	25:56
2 GBR 41	8 IRL 97	14 TUR 178	59 PYSHNIAK Kostiantyn	UKR	54:06	41 STOJANOVSKA Marija	MKD	26:39
3 USA 62	9 FRA 98	15 CAN 212	60 IVAKH Vitalii	UKR	54:30	42 BARI Agnes	HUN	32:06
4 CZE 69	10 GER 110	16 AUS 219	61 PAJMAKOSKI Ilija	MKD	54:58	BÓCZ Patricia	HUN	DNF
5 AUT 71	11 POL 115		62 FALLON Jamie	IRL	55:02	JUNIOR WOMENS TEAMS		
6 SUI 76	12 SLO 118					1 GER 8	6 ROU 24	11 ITA 49
						2 USA 12	7 BUL 32	12 SLO 65
						3 CZE 12	8 FRA 39	13 HUN 80
						4 GBR 19	9 TUR 40	
						5 RUS 22	10 POL 46	



Junior Women Teams, from left to right: USA (2nd), GER (1st), CZE (3rd)



Photo by Giancarlo Colombo/FIDAL



Junior Men Teams, from left to right: ITA (2nd), TUR (1st), GBR (3rd)



Photo by Giancarlo Colombo/FIDAL



Senior Women Teams, from left to right: GBR (2nd), ITA (1st), USA (3rd)



Photo by Giancarlo Colombo/FIDAL



Senior Men Teams, from left to right: ERI (2nd), UGA (1st), ITA (3rd)



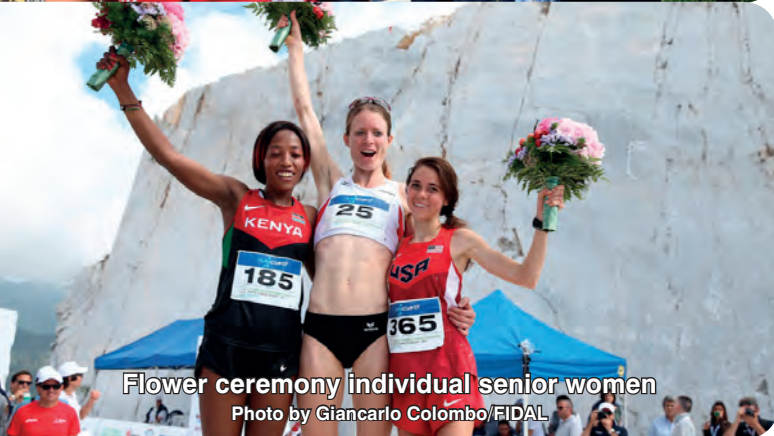
Photo by Giancarlo Colombo/FIDAL



Flower ceremony individual junior women
Photo by Giancarlo Colombo/FIDAL



Flower ceremony individual junior men
Photo by Giancarlo Colombo/FIDAL



Flower ceremony individual senior women
Photo by Giancarlo Colombo/FIDAL



Flower ceremony individual senior men
Photo by Giancarlo Colombo/FIDAL



11th North American Central American Caribbean (NACAC) Mountain Running Championships

Ajijic, Jalisco, Mexico

20th July 2014



Mexico and USA split NACAC Mountain Running Championship titles. The men's team gold medal went to Mexico's A team while the women's race was won by Team USA.

Leading the field to the finish line of the 13.8-kilometer race was Mario Alberto Ramiro Allende who finished with time of 1:21:20, well off the course record set three years ago by USA's Joseph Gray, but over two minutes ahead of countryman Enrique Camarena Camberos who posted a time of 1:23:50. The bronze medal went to Angel Orlando Quintero Ramriez with a time of 1:24:33.

Mexico's A team score was eight points with Allende's first place, Ramriez third place, and Said Diaz Ceron in fourth. Ceron's time was 1:27:22. Mexico's B team earned 16 points with Cameros finishing with two points, followed by Alvaro Reyes Espinoza with 6 points, Fernando Azael Mejia Gonzalez with eight points.

Team USA earned the bronze medal with 21 points. Top American was Eric Blake in fifth position overall with a time of 1:27:38. Ryan Woods scored seven points, followed by Jordan Chavez with nine points. For the women, Brandy Erholtz crushed the course record by more than seven minutes with a time of 1:39:01 to win gold and lead Team USA to the gold medal with a 1-2-3 sweep. Second for Team USA was former course record holder Maria Dalzot in a time of 1:42:05. Rounding out the top scoring members was Christine Lundy in third with a time of 1:43:34. All three women went under the course record.

Mexico earned the silver medal with 16 points. Top for Team Mexico was Carmen Trinidad Ramiro Allende who finished in fourth position. Her time was 1:44:55. Second for Mexico was Susana Bautista Villegas in fifth and Alex Raudayna De La Huerta Susilla rounded out the top three scoring members in seventh position.

Without Canada in the mix, it was just two countries vying for NACAC Championship honors.



Mario Alberto Ramiro Allende (MEX A) 1st
Photo by Nancy Hobbs



Brandy Erholtz (USA) 1st
Photo by Nancy Hobbs

MEN

Course: 13,8km; + 1275m

- | | | |
|-----------------------------------|-------|---------|
| 1. RAMIRO ALLENDE Mario Alberto | MEX A | 1:21:20 |
| 2. CAMARENA CAMBEROS Enriqu | MEX B | 1:23:50 |
| 3. RODRIGUEZ RODRIGUEZ Jesus | | 1:24:13 |
| 4. QUINTERO RAMRIEZ Angel Orlando | MEX A | 1:24:33 |
| 5. GONZALEZ VALENZUELA José I | | 1:25:57 |
| 6. DIAZ CERON Said | MEX A | 1:27:23 |
| 7. BLAKE Eric | USA | 1:27:39 |
| 8. REYES ESPINOZA Alvaro | MEX B | 1:28:35 |
| 9. WOODS Ryan | USA | 1:29:43 |
| 10. GARCIA BETANCOURT Sergio | | 1:31:20 |

Teams

- | | | |
|------------------|-------------------|-------------|
| 1. MEX A - 8 pts | 2. MEX B - 16 pts | 3. USA - 22 |
|------------------|-------------------|-------------|

WOMEN

Course: 13,8km; + 1275m

- | | | |
|--|-----|---------|
| 1. ERHOLTZ, Brandy | USA | 1:39:01 |
| 2. DALZOT, Maria | USA | 1:42:05 |
| 3. LUNDY, Christine | USA | 1:43:34 |
| 4. RAMIRO ALLENDE, Carmen Trinidad | MEX | 1:44:55 |
| 5. BAUTISTA VILLEGAS, Susana | MEX | 1:46:51 |
| 6. CAROLIO AVILA, Karina | | 1:49:37 |
| 7. REECE-YOUNG, Amber | USA | 1:54:29 |
| 8. DE LA HUERTA SUSILLA, Alex Raudayna | MEX | 1:55:20 |
| 9. DE LA FUENTE RETANA, Leticia | MEX | 1:56:46 |
| 10. RODRIGUEZ BRIONES, Yolanda | | 1:58:13 |

Teams

- | | |
|----------------|-----------------|
| 1. USA - 6 pts | 2. MEX - 16 pts |
|----------------|-----------------|



6th African Mountain Running Championships

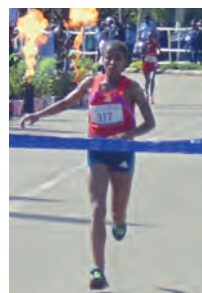
(10th Obudu Ranch International Mountain Race)

Obudu Ranch Park, Cross River State, Nigeria

8th November 2014



Kemboi Hilary Kipkorir (KEN)
Photo by Otu Kadana and Ojo Aderinsola



Kassahun Genet Yalew (ETH)
Photo by Otu Kadana and Ojo Aderinsola

Kenyan Kemboi Hilary Kipkorir won the tenth edition of Obudu race in front of second Ethiopian Negera Abebe Dinkesa (first in 2012 and 2010, second in 2013 and third in 2009) and third Ugandan Kiplimo Philip.

In the women race the winner was for another time (she won also in 2013 and 2011) the Ethiopian Kassahun Genet Yalew in front of the junior world champion 2014, Ugandan Stella Chesang. Third finished another Ethiopian Ababel Yesshaneh.

In the 6th African Mountain Running Championships Uganda won 4 gold medals and 2 silver medals; Kenya kept 1 silver and 2 bronze, instead Eritrea gained 1 silver and 1 bronze and hosting nation Nigeria won 1 bronze medal.

In the detail, men African Mountain Running Champion 2014 is Philip Kiplimo, who finished just 5 second better than his teammate Isaac Kiprop and 15 second in front of the bronze

medallist Eritrean Petro Mamu Shaku.

African men team title was won by Uganda team with 7 points; second and silver medal was Eritrea with 16 points; third and bronze medal was Kenya with 22 points. Nigeria team finished in four place with 33 point.

Due the fact that Ethiopia had not sent an official team for the African Championships, world junior champion 2014, Ugandan Stella Chesang was crowned like African women Champion 2014. For the same reason her teammate Chebet Rachael Zena won silver medal in the African Championships (finished fourth in the overall result of Obudu race and Kenyan Jephchirchir Peres won bronze medal. The best Nigerian runner Deborah Pam arrived fourth followed by Kenyan Josach Moraa Obare in five place; by Ugandan Chekwemboi Patricia in six place, by the best Cameroon's runner Tatah Carine in seven place. In the top ten finished also Kenyan Judy Chepsolyo eighth, Cameroons Ngwaya

Yvonne night and Nigerian Michael Lydia tenth in the final result in eleven place there was the Cameroon's runner Ngalim Lisette and in twelve place the Nigerian runner Machu Jacinta. On the basis of the individual result of the African Championships, Uganda on African Mountain Running Championships 2014 with 9 points in front of Kenya that took silver medal with 16 points. Hosting Country Nigeria kept bronze medal with 26 points one point better than Cameroon that finished at fourth place with 27 points.

Event was, as every year a great competition, one of the best in the WMRA annual calendar. Obudu race was the tenth edition and the participation of top runners was the best aspect for celebrating this important anniversary. All hopes that this competition will go on in the future always at the same level or if possible also better!

obudureservations@gmail.com

Results

10th Obudu Ranch International Race

MEN

Course 12.6 km

- | | | |
|---------------------------|-----|---------|
| 1. KEMBOI Hilary Kipkorir | KEN | 1:02:34 |
| 2. NEGERA Abebe Dinkesa | ETH | 1:03:09 |
| 3. KIPLIMO Philip | UGA | 1:03:19 |

WOMEN

Course 8.6 km

- | | | |
|-------------------------|-----|---------|
| 1. KASSAHUN Genet Yalew | ETH | 1:01:20 |
| 2. CHESANG Stella | UGA | 1:01:31 |
| 3. ABABEL Yesshaneh | ETH | 1:03:03 |

Results

6th African AC Championships

MEN

Course 12.6 km

- | | | |
|---------------------|-----|---------|
| 1. KIPLIMO Philip | UGA | 1:03:19 |
| 2. KIPROP Isaac | UGA | 1:03:24 |
| 3. PETRO Mamu Shaku | ERI | 1:03:34 |

Teams:

- | | |
|---------------|---------------|
| 1. UGA 7 pts | 2. ERI 16 pts |
| 3. KEN 22 pts | 4. NGR 33 pts |

Results

6th African AC Championships

WOMEN

Course 8.6 km

- | | | |
|------------------------|-----|---------|
| 1. CHESANG Stella | UGA | 1:01:31 |
| 2. CHEBET Rachael Zena | UGA | 1:03:03 |
| 3. JEPCHIRCHIR Peres | KEN | 1:05:04 |

Teams:

- | | |
|---------------|---------------|
| 1. UGA 9 pts | 2. KEN 16 pts |
| 3. NGR 26 pts | 4. CMR 27pts |

216 runners coming from 26 European Countries were present at the 13th European Mountain Running Championships.

Italy dominated medal table of the competition winning 4 gold medals and one bronze; other four Nations had the honour of listening their national anthem: Great Britain won 1 gold medal and 4 silver medals; Turkey took 1 gold medal and 2 silver and 3 bronze (total six medals: no other Country won this number of medals); Czech Republic had 1 gold and silver and Austria won 1 gold and 2 bronze medals.

Slovenia won 1 silver medal and hosting Country France took 2 bronze.

In the senior men, Italian Bernard Dematteis won in 56:10 - with his 28-year-old twin Martin third in 56:32 and the pair were separated by Great Britain's Robbie Simpson who took silver in 56:19.

In the team senior men result Italy (Bernard Dematteis, Martin Dematteis, Luca Cagnati and Alex Baldaccini) took gold medal with 11 points in front of Great Britain & N. I. (Robbie Simpson, Andrew Douglas, Tom Addison and Shaun Dixon, also if he did not finished the race) silver with 27 points and France (Julien Rancon Renaud Jaillardon, Benjamin Bellamy and Emmanuel Meyssat, also if he did not finished the race) bronze with 31 points.

The women's senior race looked like it would not be dominated by one person such was the quality throughout, but that was not the case as Austrian Andrea Mayr also won for the second year in a

row. After an interesting race Mayr won in 39:43 beating Slovenian Mateja Kosovelj (silver) in 40:53 and Austrian Sabine Reiner (bronze) in 41:03 whilst Italian Alice Gaggi finished fourth in 41:22. In the team senior women result Italy (Alice Gaggi, Elisa Desco, Valentina Belotti and Elisa Sortini) won European title with 20 points. Silver medal was taken by Great Britain & N. I. (Emma Clayton, Sarah Tunstall, Katie Walshaw and Megan Crawford) with 31 point and Austria (Andrea Mayr, Sabine Reiner and Karin Freitag) won bronze medal with 36 points.

In the junior women's race, victory for Britain's Georgia Malir in 22:10 as she fended off the Turkey's bid, with Bahar Atalay second in 22:20 and Burcu Subatan third in 22:42.

Turkey team won gold medal with 14 points, second and silver was Great Britain & N. I. with 29 points whilst France and Czech Rep. took both 37 points but bronze was for France team, because third French counting runner finished 15. (Czech runner was 18.).

In the junior men Turkey took second and third as Dominik Sadlo, of the Czech Republic, won gold in 37:23. He was followed by Ferhat Bozkurt, in 37:42, with Ramazan Karagoz third in 38:19. Italy team won gold medal with 20 points, second and silver was Czech Rep. with 24 points and bronze and third finished Turkey with 26 points.

At the end of competition EAA flag passed in the hands of LOC of next 14th European Mountain Running Championships 2015 in Portugal, at Porto Moniz on Saturday 4 July.

MEN

Individual (12.8 km/+750m, -750m/66 participants)

1. DEMATTEIS Bernard	ITA	56:10
2. SIMPSON Robbie	GBR	56:19
3. DEMATTEIS Martin	ITA	56:32
4. ZINCA Ionut	ROU	56:45
5. KOSOVELJ Mitja	SLO	57:23
6. RANCON Julien	FRA	57:28
7. CAGNATI Luca	ITA	57:59
8. ARSLAN Ahmet	TUR	58:22
9. CHECHUN Yuriy	RUS	58:34
10. DOUGLAS Andrew	GBR	58:42
11. KRUPICKA Robert	CZE	58:51
12. JAILLARDON Renaud	FRA	59:23
13. BELLAMY Benjamin	FRA	59:26
14. PAVLIŠTA Vít	CZE	59:29
15. ADDISON Tom	GBR	59:30
16. CRESPO Javier	ESP	59:33
17. SOLIS David	ESP	59:45
18. CARVALHO José	POR	59:49
19. PATERNOSTER Stefan	AUT	01:00
20. BALDACCINI Alex	ITA	01:24
21. LUSTENBERGER Daniel	SUI	01:26
22. JANU Jan	CZE	01:31
23. MUGA Rui	POR	1:01:03
24. KAZAN Deniz	TUR	1:01:15
25. RODRIGUES Pedro	POR	1:01:18
26. FEJFAR Ondrej	CZE	1:01:41
27. MUSLU Ercan	TUR	1:02:02
28. GUSEV Aleksandr	RUS	1:02:15
29. SZABÓ Sándor	HUN	1:02:20
30. HOGAN Tom	IRL	1:02:24
31. BARBOSA Vitor	POR	1:02:33
32. MACMAHON Brian	IRL	1:02:39
33. BRANDENBOURG Michael	BEL	1:02:52
34. EGLI Pascal	SUI	1:02:55
35. KITIR Akif	TUR	1:03:00
36. FLYNN Eoin	IRL	1:03:10
37. WENK Stephan	SUI	1:03:19
38. LAPAJNE Jošt	SLO	1:03:24
39. JASTRZEBSKI Kamil	POL	1:03:32
40. TEVEKELV Stoyan	BUL	1:03:36
41. BREGAR Gasper	SLO	1:03:36
42. LATTION Emmanuel	SUI	1:03:41
43. TERENCEV Aleksandr	RUS	1:03:51
44. RYAN Mark	IRL	1:04:23
45. MYKHALCHUK Petro	UKR	1:04:27
46. TRATNIK Marko	SLO	1:04:45
47. KÉLLEZI Illir	ALB	1:06:30
48. PELSŐCZY Attila	HUN	1:06:47
49. WIRTGEN Vincent	BEL	1:06:56
50. DIALEKTOS Georgios	GRE	1:07:04
51. ATANASOAEI C. Constantin	ROU	1:07:40

52. MOLINSKYI Volodymyr

53. HÜBSCH Thierry

54. FONYO Sandor

55. KACÁNI Peter

56. NIJS Sven

57. MALKA Haim

58. POHORELYI Oleksii

59. CILIA Charles

60. MIFSUD Melvin

61. SAID John

62. SALIBA Joseph

DIXON Shaun

MEYSSAT Emmanuel

PAGNUEV Alexey

MENESES Enrique

JUNIOR MEN

Individual (8.1 km/+500, -500m/45 participants)

1. SADLO Dominik	CZE	37:23
2. BOZKURT Ferhat	TUR	37:42
3. KARAGOZ Ramazan	TUR	38:19
4. INNERHOFER Manuel	AUT	38:28
5. CAVAGNA Nadir	ITA	39:23
6. VENDER Alberto	ITA	39:32
7. LAWLER Andrew	GBR	39:49
8. ADKIN Jacob	GBR	39:50
9. RAS Diego	ITA	40:05
10. BIRO Florin Eugen	ROU	40:09
11. KOVÁR Jáchym	CZE	40:11
12. VOŠVRDA Sebastián	CZE	40:22
13. FALCESCU M. Marian	ROU	40:39
14. LEANCA Andrei	ROU	40:43
15. INNERHOFER H. Peter	AUT	40:46
16. LEWIS Ciaran	GBR	40:53
17. PEREZ Bastien	FRA	41:00
18. BARBE Geoffrey	FRA	41:04
19. SENEÉ Gauthier	FRA	41:06
20. VIEIRA Bruno	POR	41:06
21. İNAN Mustafa	TUR	41:11
22. HUGHES Iolo	GBR	41:36
23. MOONEY Killian	IRL	41:44
24. ŠINÁGL Viktor	CZE	41:49
25. BOŽIĆ Aljaž	SLO	41:55
26. DEMARCO Raphael	FRA	42:13
27. LAVRIKOV Evgenii	RUS	42:14
28. MEIBEL Hannes	AUT	42:35
29. TRONTELJ Žiga	SLO	42:43
30. SINTSOV Semen	RUS	42:46
31. CELAK Mateusz	POL	42:50
32. KIRILLOV Evgenii	RUS	42:53
33. MULHARE David	IRL	42:53
34. WIKTOROWICZ Szymon	POL	43:00
35. DE NARDI Martino	ITA	43:02

UKR 1:08:10

LUX 1:08:27

HUN 1:09:14

SVK 1:09:37

BEL 1:10:14

ISR 1:11:44

UKR 1:12:50

MLT 1:13:37

MLT 1:14:45

MLT 1:15:30

MLT 1:16:50

GBR DNF

FRA DNF

RUS DNF

ESP DNF

36. TARAKANOV Kirill

37. JAZWIECKI Stanislaw

38. ENACHE C. Dumitru

39. LAZAR Nejc

40. SARIHAN Sehmus

41. PYSHNIAK Kostiantyn

42. FONTAINE Tanguy

43. BREHOVSKÝ Mario

44. DOYLE Cathal

BORN Adrien

RUS 43:02

POL 43:32

ROU 43:49

SLO 43:59

TUR 44:20

UKR 45:19

BEL 45:46

SVK 47:54

IRL 48:36

BEL DNF



One moment of the senior men race
Photo by LOC



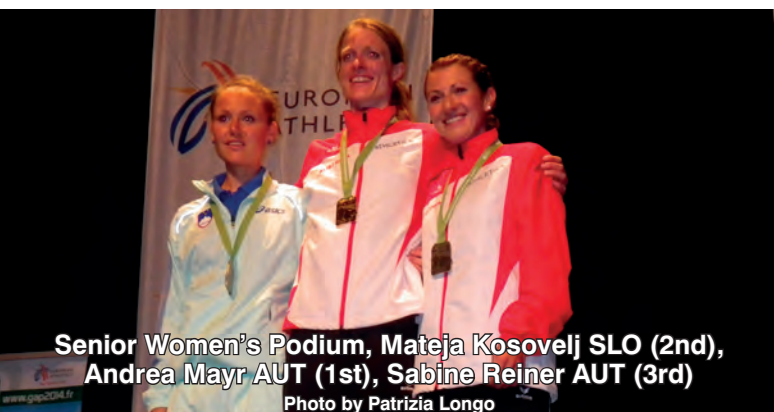
Senior women runners immediately after the start
Photo by LOC



Junior Women's Podium, Bahar Atalay TUR (2nd), Georgia Malir GBR (1st), Burcu Subutan TUR (3rd)
Photo by Patrizia Longo



Junior Men's Podium, Ferhat Bozkurt TUR (2nd), Dominik Sadlo CZE (1st), Ramazan Karagoz TUR (3rd)
Photo by Patrizia Longo



Senior Women's Podium, Mateja Kosovelj SLO (2nd), Andrea Mayr AUT (1st), Sabine Reiner AUT (3rd)
Photo by Patrizia Longo



Senior Men's Podium, Robbie Simpson GBR (2nd), Bernard Dematteis ITA (1st), Martin Dematteis ITA (3rd)
Photo by Patrizia Longo

41. GÓMEZ Raquel	ESP	46:23
42. ADANIR Seyran	TUR	46:29
43. MARINOVA Antoniya	BUL	46:30
44. TRATNIK Petra	SLO	46:36
45. CAN Yasemin	TUR	46:46
46. PANKOVSKAYA Irina	RUS	46:54
47. SEKYROVÁ Ivana	CZE	47:00
48. CEBO Maria	POL	47:25
49. LOGHIN Dana Elena	ROU	47:29
50. MARTINHO Carla	POR	47:38
51. BALANCIER Sarah	BEL	47:42
52. MRAK Valerija	SLO	48:23
53. RYCHTER Antonina	POL	48:25
54. UGRYNCHUK Oksana	UKR	48:43
55. KODZSAGOGOV Zsaklin	HUN	48:49
56. PETRESCU Nicoleta	ROU	49:01
57. ZOLTÁNI Tenke	HUN	49:38
58. LALUSKA Zsuzsa	HUN	51:21
58. CAMILLERI Giselle	MLT	51:34
60. SHABARKINA Kateryna	UKR	52:18
61. SAMMUT Angele	MLT	52:36
62. HILI Carmen	MLT	53:50
63. BEN AMI Hana	ISR	55:49
64. PASHKOUSKAYA Katsiaryna	BLR	57:25
65. BOYKO Iryna	UKR	58:35
66. ARRIGO Francesca	MLT	58:35

JUNIOR WOMEN
Individual (4.2 km/+250m, -250m/39 participants)

1. MALIR Georgia	GBR	22:10
2. ATALAY Bahar	TUR	22:20
3. SUBATAN Burcu	TUR	22:42
4. PISCU Andreea Alina	ROU	22:47
5. CUFER Ana	SLO	22:51
6. KORVASOVA Tereza	CZE	22:55
7. GRAVES Catriona	GBR	22:57
8. RACASAN Elsa	FRA	23:13
9. KANTEKIN Ümran Sedef	TUR	23:25
10. KLIMENKO Marina	RUS	23:29
11. SARI Fadime	TUR	23:32
12. PYZIK Weronika	POL	23:36
13. BESHIROVÁ C. Idris	CZE	23:36
14. BAUDOIN Salome	FRA	23:45
15. PONCET Elise	FRA	23:47
16. PASCAR Ioana	ROU	23:50
17. ZECCA Alessia	ITA	23:52
18. STRÁNSKÁ Michaela	CZE	23:53
19. CIAPPINI Roberta	ITA	23:55
20. TORCOLI Elena	ITA	23:57
21. KNAPPY Zara	GBR	23:57
22. NAHORNA Yana	UKR	24:01
23. SHARPE Lydia	GBR	24:02
24. MOSER Hannah	AUT	24:06
25. BELOVA Ekaterina	RUS	24:06
26. BUTNARIU A.Dumitrita	ROU	24:14
27. ACHLEITNER Lisa	AUT	24:23

28. SUBBOTINA Alina	RUS	24:28
29. WÖHRI Sophia	AUT	24:36
30. COMPAGNONI Giulia	ITA	24:39
31. ZUDOR Iulia Melinda	ROU	24:41
32. TOURTET Julie	FRA	25:04
33. ZOTOVA Ekaterina	RUS	25:13
34. MULROY Aoife	IRL	25:21
35. HRUBÁ Anna	CZE	26:28
36. AGULHA Vanessa	POR	27:46
37. ZAJAC Lidia	POL	28:25
38. RAFTER Eileen	IRL	29:30
39. O'CONNOR Niamh	IRL	39:18

TEAMS

	Men	Jun. Men	Women	Jun. Women
1. ITA	11	ITA 20	ITA 20	TUR 14
2. GBR	27	CZE 24	GBR 31	GBR 29
3. FRA	31	TUR 26	AUT 36	FRA 37
4. CZE	47	GBR 31	FRA 53	CZE 37
5. TUR	59	ROU 37	CZE 64	ROU 46
6. POR	66	AUT 47	ESP 69	ITA 56
7. RUS	80	FRA 54	IRL 70	RUS 63
8. SLO	84	RUS 89	SLO 70	AUT 80
9. SUI	92	SLO 93	ROU 85	IRL 111
10. IRL	98	IRL 100	TUR 86	
11. HUN	131	POL 102	RUS 96	
12. BEL	138		POR 107	
13. UKR	155		BUL 117	
14. MLT	180		POL 120	
15.			HUN 170	
16.			UKR 179	
17.			MLT 182	



6th Balkan Mountain Running Championships

Vatra Dornei, ROU

15th June 2014

Turkey, Bulgaria, Moldova, Croatia, F.Y. Rep of Macedonia, Greece and hosting Country Romania sent their athletes at the 6th Balkan Mountain Running Championships held at Vatra Dornei (ROM) on 15. June 2014. Turkey (with 6 gold, 2 silver and 3 bronze), Romania (2 gold, 3 silver and 1 bronze), Bulgaria (3 silver and 3 bronze) and Moldova (1 bronze) won medals.

Four races took place on the classic WMRA distances for junior male and female, individual and team.

52 runners started in the Championships.

At this moment ABAF members are 15 and the participation of seven of them must be considered very positively.

In both junior races the podium was totally occupied by Turkish runners men and women.

Turkish Kantekin Umran Sedef won title in the junior women race in front of her fellows Temel Remziye and Erdal Tubay.

Turkish Yilmaz Ridvan won title in the junior men race in front of his fellows Bayram Turgay and Piskek Firat.

Also the podium for teams were the same in female and male junior races: Turkish team champion, Romania silver and Bulgaria bronze. Different situation in the senior races. Female competitions saw two Romanian victories.

In the individual Balkan Champion was Romanian Denisa Ionela Dragomir, in front of Bulgarian Milka Mihaylova, silver, and Romanian Nicoleta Alina Petrescu, bronze.

Romanian women team took gold medal with 13 points, followed by Bulgariis (silver) with 16 points and Turkey (bronze) with 21 points.

Male competitions were – once more – won by Turkish runners.

In the individual Balkan Champions was Kazan Deniz, in front of Bulgarian Stoyan Tevekelev, silver, and Moldavian Vitalie Gheorghita, bronze (historical first medal for Moldova in one international mountain running Championships).

Turkish team became Balkan Champion with 10 points, Romanian team finished second with 21 points and Bulgarian team was third with 25 points. In the result also Macedonian team with 43 points.

Balkan Mountain Running Championships is a very Important event in the international mountain running calendar, for a lot of reasons.

Full result are available in the result section of WMRA webpage.



MEN

Course 12km/uphill

1	DENIZ Kazan	TUR	1:00:59
2	TEVEKELEV Stoyan	BUL	1:01:38
3	GHEORGHITA Vitalie	MDA	1:02:10
4	AKIF Kitir	TUR	1:03:30
5	OMER Alkanoglu	TUR	1:04:20
6	ATANASOAEI Catalin Constantin	ROU	1:04:40
7	SOROP Eugen Constantin	ROU	1:06:56
8	CALBOREAN Claudiu Zaharie	ROU	1:06:57
9	MIKULIC Nikola	CRO	1:08:30
10	GYORGY Szabolcs Istvan	ROU	1:11:20

WOMEN

Course 8,0km /uphill

1	DRAGOMIR Denisa Ionela	ROU	46:12.00
2	MIHAYLOVA Milka	BUL	47:15.00
3	PETRESCU Nicoleta Alina	ROU	47:33.70
4	DUYGU Turgut Boyan	TUR	48:17.00
5	BELUSIC Barbara	CRO	48:18.50
6	MARINOVA Antoniya	BUL	48:33.00
7	SEVIM Kabay	TUR	49:06.50
8	NINEVA Marinela	BUL	49:27.40
9	OLOGU Andra Loredana	ROU	50:39.70
10	HULYA Bastug	TUR	50:57.70

JUNIOR MEN

Course 8,0 km/uphill

1	RIDVAN Yilmaz	TUR	39:24.80
2	TURGAY Bayram	TUR	41:48.50
3	FIRAT Piskek	TUR	42:50.90
4	FALCESCU Mihai Marian	ROU	43:18.80
5	CIHAN Aslanhan	TUR	43:39.40

JUNIOR WOMEN

Course 4,0km/uphill

1	UMRAN SEDEF Kantekin	TUR	22:52.90
2	REMZIYE Temel	TUR	23:17.70
3	TUBAY Erdal	TUR	23:25.50
4	FADIME Sari	TUR	23:36.10
5	PISCU Andreea Alina	ROU	23:43.50

MENS TEAMS

1	TUR	10
2	ROU	21
3	BUL	25

JUNIOR MENS TEAMS

1	TUR	6
2	ROU	19
3	BUL	29

WOMENS TEAMS

1	ROU	13
2	BUL	16
3	TUR	21

JUNIOR WOMENS TEAMS

1	TUR	6
2	ROU	18
3	BUL	30

WMRA Calendar 2015 - International Mountain Running Races

Date	Event	Place / Venue	Country
WMRA Events and World Championships 2015			
27th June - Saturday	10th WMRA International Youth Cup (competition for 16 – 17 years old)	Smolyan	BUL
4th July - Saturday	12th WMRA Long Distance Mountain Running Championships	Zermatt	SUI
	14th Zermatt Marathon (km. 42)		
12th September - Saturday	15th WMRA/WMA Masters World Mountain Running Championships	Betws Y Coed	GBR
19th September - Saturday	31st WMRA World Mountain Running Championships (up and down)	Betws Y Coed	GBR
IAAF Area Championships 2015			
4th July - Saturday	14th EA Mountain Running Championships (mainly uphill)	Porto Moniz	POR
18th July - Saturday	12th NACAC Mountain Running Championships	Coquitlam, British Columbia	CAN
22nd August - Saturday	10th CONSUDATLE Mountain Running Championships	Santiago	CHI
Other Championships 2015			
15th August - Saturday	7th ABAF Balkan Mountain Running Championships	Bustine	ROU
17th WMRA World Cup 2015			
7th June - Sunday	20th Tek na Ratitovec/ 1st WMRA World Cup race	Zelezniki	SLO
14th June - Sunday	35th La Montée du Grand Ballon / 2nd WMRA World Cup race	Willer sur Thur / Goldbach	FRA
26th July - Sunday	17th Gorski tek na Grintovec / 3rd WMRA World Cup race	Kamnik	SLO
6th September - Sunday	7th Asitzgipfel-mountain-run / 4th WMRA World Cup race	Leogang	AUT
19th September - Saturday	31st WMRA World Mountain Running Championships (up and down)	Betws Y Coed	GBR
	5th WMRA World Cup race		
3rd October - Saturday	36th Smarna Gora International mountain race	Ljubljana	SLO
	6th WMRA World Cup race and Final		

10TH WMRA INTERNATIONAL YOUTH CUP 2015

(competition for 16 – 17 years old)



27 JUNE 2015

Smolyan,
BULGARIA



<http://smolyan2015.info>

12TH WMRA LONG DISTANCE MOUNTAIN RUNNING CHAMPIONSHIPS 2015



4th JULY 2015

Zermatt,
SWITZERLAND



<http://www.zermattmarathon.ch/index.php?id=3>

15TH WMRA/WMA MASTERS WORLD MOUNTAIN RUNNING CHAMPIONSHIPS 2015



12 SEPTEMBER 2015

Betws y Coed,
WALES,
GREAT BRITAIN

<http://wmrcwales.org/world-masters-championships/>



31ST WMRA WORLD MOUNTAIN RUNNING CHAMPIONSHIPS 2015

(Up and Down)

19 SEPTEMBER 2015

Betws y Coed,
WALES,
GREAT BRITAIN

<http://wmrcwales.org/world-mountain-championships/>



14TH EA MOUNTAIN RUNNING CHAMPIONSHIPS 2015 (Mainly Uphill)



4th JULY 2015

Porto Moniz, PORTUGAL

<http://www.emrchportomoniz2015.com>



12TH NACAC MOUNTAIN RUNNING CHAMPIONSHIPS 2015



18 JULY 2015

Coquitlam,
British Columbia, CANADA

http://mountainrunning.ca/view_event.php?eventId=185



7TH ABAF BALKAN MOUNTAIN RUNNING CHAMPIONSHIPS 2015



15th AUGUST 2015

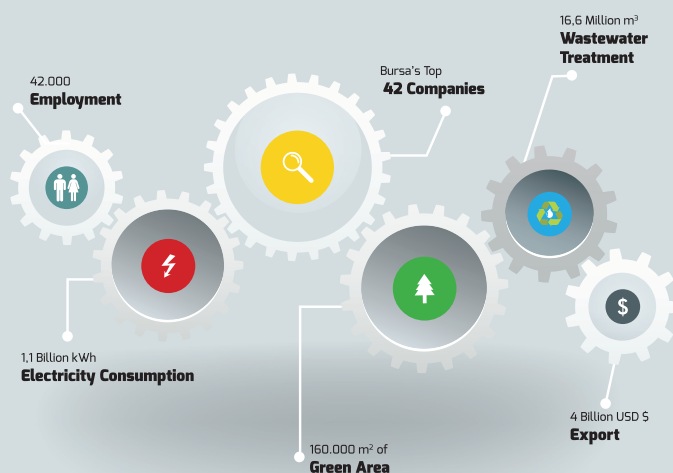
Busteni, ROMANIA



<http://www.balkan-athletics.eu/index.php>

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