

# WORLD MOUNTAIN RUNNING ASSOCIATION



## NEWSLETTER 2017

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**Sarah Kistner (GER)**  
Junior Women  
World Champion 2016



**Joel Ayeko (UGA)**  
Junior Men  
World Champion 2016



**Andrea Mayr (AUT)**  
Senior Women  
World Champion 2016



**Joseph Gray (USA)**  
Senior Men  
World Champion 2016





**Bruno Gozzelino**

## Message from Bruno GOZZELINO – WMRA President

2017 will be an important year of my life. I am 61 years old (born 7 October 1955) and more than two thirds of my life was dedicated to the sport and to the athletics and more than half of my life was dedicated to mountain running.

In fact, I started to organise mountain races in 1984 and following in Susa Valley, with Atletica Susa and its President, Adriano Aschieris, who passed away on February 2017.

In 1980 I organised a Seminary in Bardonecchia (Turin) about mountain running with the presence of the – at this time - IAAF President, Primo Nebiolo.

In 1992 I was General Secretary of LOC of the 7th ICMR World Mountain Running Trophy held in Susa Valley.

Then in Upice in 1997 I was elected WMRA General Secretary and I worked on this job for 12 years together with Danny Hughes WMRA President. When Danny died in 2009, I became the acting President; then I was elected WMRA President during the Congress at Madesimo (ITA) in the same year and I was confirmed in this role during the Congress at Krynica Zdrój (POL) in 2013 and I worked in this position until 2017.

I was very lucky for having on my side, as WMRA Secretary French Pierre Weiss and a group of good persons as WMRA Council members.

This long period of my life was full of success and satisfaction not only personally but in particular for the discipline of mountain running.

In particular, the discipline has developed in all aspects.

For example, the number of the affiliated National Federations: the target of 50 Nations is reasonable and could be reached very soon!

The number of runners and their standing have also increased considerably: this means of course that coaches also have improved their activity in this kind of athletics.

One of the most important goals of my activity has been the title of “World Mountain Running Championships” that now is normally used: instead in the past, the more important mountain running event was called for many years “World Mountain Running Trophy”.

Another important aspect is the excellent relations that WMRA has with:

- the IAAF and all the six Continental Associations;
- a lot of National Athletic Federations worldwide;
- all the other Associations operating in the athletics Family, such as WMA, IAU, BAF, AASSE, CISM ...
- many LOC of mountain races worldwide.

Many things were made and actually WMRA has four important annual competitions:

- the World Mountain Running Championships;
  - the Youth International Cup (for 16 and 17 years old);
  - the Masters World Mountain Running Championships (organised with WMA);
  - the World Long Distance Mountain Running Championships,
- Plus, every year, a WMRA Cup (a circuit of 5-6 international races) and some Area Continental Championships and other international competition.

WMRA always worked respecting all the values of the sport, fighting hard against doping for example!

Also legal aspects were implemented: now WMRA has a legal headquarters in Monte Carlo and this aspect is very important too, with a WMRA Constitution approved not only by WMRA but also by Monegasque State.



**Bruno Gozzelino, WMRA President, and Pierre Weiss, WMRA Secretary**

Photo by Nancy Hobbs

WMRA is not a rich Association analysing financial economic aspect but – thanking all the people who work for WMRA – we are able to do a lot of activities: in any case WMRA is not in deficit, but have some money at disposal for the future! But I never forgot that Mountain Running is a branch of athletics and this wonderful discipline underlines some important aspects of the sport and of the life.

Mountain running is very useful to develop athletics in parts of the world where there is no stadium: young people can run in the nature and later these athletes will be able to compete on track and field events or other classic athletic competitions such as marathons.

In addition, Mountain Running is a sport that respects environment and that is very useful for touristic promotion of wonderful places in the world!

Of course, a lot has been achieved and there is still lots to achieve! For example, promote more of our discipline, especially through

media, press and television!

One other aspect regards marketing: to find sponsors would be very useful and interesting for our sport!

Finally, last goal after a long way to cross over would be to increase more in order to obtain numbers and titles for asking the inclusion of this discipline among the competition in the Olympic Games!

These are not easy steps but next generation must push in this direction, without forgetting that other new disciplines are coming in the athletics family, such as trail.

On this side, another important message from my point of view is: **officials of mountain running must protect the identity of mountain running. Our beautiful discipline must be not confused with ultradistance, trail, or similar parts of athletics.**

The actual rule 251 inside IAAF Handbook is very clear and important: losing these clear regulations would mean to lose the identity of our discipline!

I wish to thank many people that have worked together with me during these many years starting from my national Federation, FIDAL, until IAAF and EAA.

Personally, I would like to pay a special tribute to Pierre Weiss, without adding words because all know that he is a fantastic person in the athletics world.

I am ready for new experiences: I love sport, specially athletics, I hope to have again the possibility for offering my activity and my person to this wonderful sport, eventually in different position!

I am sure that during these years, I made all my best for the mountain running and for athletics and now time has arrived because

new energy enters in this word for promoting more mountain races. Good luck to everybody, but – please – don't forget: **the mountain race has its own soul that must not be lost!**



**From left: Thomas Bach (GER), IOC President, Bruno Gozzelino (ITA), WMRA President and Sebastian Coe (GBR), IAAF President**

Photo by Patrizia Longo



**WMRA Council**

Photo by Nancy Hobbs

## Message from Sebastian COE – IAAF President



**Sebastian Coe**  
Photo by IAAF

The world of mountain running is becoming ever more established as an elite international athletics discipline. Not only were 323 athletes from 35 nations attracted to compete at the 2016 WMRA World Mountain Running Championships in Sapareva Banya, Bulgaria last September, 10 of those teams won medals. The growing international spread of success across the four races, each with individual and team competitions, was further witnessed as six countries from four continents heard their national anthems played at the championships. Mountain running has an international calendar which is fast developing to match its international reach. As well as the World Mountain Running Championships, the WMRA 2017 calendar also includes long distance mountain running and masters' championships, a 7 event world cup series, a youth cup competition, and area championships. The 33rd WMRA World Mountain Running Championships which will be staged in Premana, Italy on 30th July, will be the highlight of 2017. They mark a change from tradition as the annual championships have previously always taken place in either September or October. It's generally a time of change for Mountain Running. The 2016 WMRA Congress which was held in Sapareva Banya approved the guaranteed representation of at least one woman on the WMRA Council, equal race distances for men and women and changes to the make-up of teams in terms of scoring and non-scoring members at future mountain running championships. Further change will follow this year when the WMRA elections take place in Premana on the eve of the World Mountain Running Championships. President Bruno Gozzelino and General Secretary Pierre Weiss have already declared they won't stand again for office. I would like to take this opportunity to thank them and the entire outgoing Council for their hard work and dedication. I wish the WMRA and all mountain runners a very successful 2017.

## Message from Carlos CARDOSO – Chairman IAAF Cross Country Committee



**Carlos Cardoso**

The year two thousand and sixteen will remain as one of the most difficult of the history of our sport but on the other hand the one in which fundamental and important steps forward were rendered towards the modernisation of athletics. Organised athletics were born one hundred years ago when on the follow up of the the great success of the 1912 Stockholm Olympic Games, IAAF was founded. We survived two World wars being even a crucial stronghold for the support of the olympic movement in which we were and continue to be the number one sport. All over 2016 not one of us had any doubts that we would overcome the serious challenges faced by our sport since the end of 2015 and that athletics would recover the leading sport position. The recent IAAF Extraordinary Congress in which the proposals for a deep change on the IAAF Constitution and consequently on the daily management of our association were overwhelming accepted reinstating on all of us in athletics the belief that the difficult moments are almost over and the credibility recently shaken will be very soon fully reinstated and diffused all over the world. While those fundamental changes were prepared, athletes on track, road, cross or mountain conducted us to watch extraordinary performances and consequently outstanding results. Athletics were after all alive! In fact two thousand sixteen was another year of success for mountain running a sport that we continuously watch growing year after year over the last three decades. Last September we were in Sapareva Banya on the Bulgarian mountains for the World Mountain Running Championships where under a outstanding scenery athletes found a well prepared and difficult course, like any up-hill event must be. In 2017 mountain running family will travel to one of the traditionally leaders on the "up and down" type of courses, Italy. We will meet in Premana one area with great tradition on the development of the mountain running, for the Mountain Running Championships. We look forward to see all of you in Premana.

### WMRA Council 2013 - 2017



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## Message from Stan PERKINS – WMA President



**Stan Perkins**

It is my pleasure on behalf of the World Masters Athletics (WMA) to write some words in support of the World Mountain Running Association.

Each year Masters athletes have the opportunity to compete in mountain running competitions and most importantly, their own World Masters Mountain running Championship.

In 2016 I was present in Susa, Italy when the Masters Championship took place and I was very impressed with the level of organisation and management provided by the local organisers and WMRA officials.

The athletes who participated were complimentary of the good course and even though it was a challenging climb on a hot day, it was obvious that the challenge was worthy of a world championship.

WMA is very pleased to work with Bruno Gozzelino and his management team and we look forward to continuing to provide opportunities for masters athletes to participate in mountain running competitions and championships.

It is my personal desire to see many more masters' athletes take part in 2017 and future years.

This component of athletics is certainly challenging but it is also rewarding and the fact that every course is different adds to the appeal of this running discipline.

We extend to WMRA our thanks for their support again in 2016 and look forward to a continuation and further growth in our relationship in the years ahead.

Our best wishes for a very successful year of competition and development in 2017.

**Photo: Bruno Gozzelino, WMRA President (centre), with Dario Giombelli, FIDAL Tech. Del. WMaster Ch. 2016 (right) and Brian Kaveney, WMA Vice President Deputy (left) appearing at Out Stadia event.**

Photo by Patrizia Longo

**WMRA Website**

**www.wmra.info**

**@WMRAMountainRun**

**World Mountain Running Association**

Contact Treasurer:

Nancy Hobbs regarding money transfers to WMRA account.

Newsletter compiled and edited by Bruno Gozzelino

Front cover photos by LOC – free for editorial





# 10th WMRA International Youth Cup

Janske Lazne, CZE  
25th June 2016



**Barbora Havlickova at the finish line.**

Czech Barbora Havlickova won gold medal at 11th Youth International Cup in the girls race. Turkish Ahmet Alkanoglu took gold medal in the boys race, dominated by Turkish runners with six Turkish finishing in the top seven.

Poland and Turkey was gold medallist in team girls and team boys category.

Turkey was first in the medal table of the competition with a total of 7 medals (2 gold, 4 silver and 1 bronze); second in the medal table Czech Rep and Poland with 1 gold each but great satisfaction also for Italy that kept 3 bronze medals.

Wonderful edition with 55 girls and 65 boys started representing 16 Nations.

In the girls race, Barbora Havlickova made a perfect race crossing over the Turkish Fatma Bizek in the last five hundred meters in order to win the title with time of 19 minutes and 36 seconds.

Second and silver medallist Turkish Fatma Bizek with time of 19:49 and third and bronze medallist Italian Nadia Battocletti with time of 19:57.

Team competition was very very close with three Nations in one point different: Poland Team won gold medal with 27 points. Turkey was second with the same points 27. Polish Magdalena Swiecka winning the sprint in front of Turkish Tugba Toptas decided the tie for the title: same time for both athletes but Swiecka finished 13th and Toptas was 14th!

In third position in the team girls result finished Italy with 28 points, Nadia Battocletti 3. Alessia Scaini 6., Francesca Annoni 19. and Roberta Foco 39. 14 Nations had full team at the end.

In the boys race, Turkey dominated with Ahmet Alkanoglu winning the gold medal. Turkey sent two full teams for this event and six of the eight Turkish finished in the first seven

Minister for Education, Youth and Sport of Czech Republic. WMRA representant (Bruno Gozzelino, ITA, President, Pierre Weiss, FRA, General Secretary, Andrzej Puchacz, POL, Technical Delegate and Council Member, and Tomo Sarf, SLO, Council member) congratulated Karel Skliba, Chairman of LOC and all his staff of TJ Maratonstav Upice for the organisation.

## BOYS – Individual

3 laps – 4.6km; +-480m 65 participants

1.	ALKANOGLU Ahmet	TUR1	99	26:19
2.	ÖZTÜRK Orhan	TUR1	99	26:21
3.	ÖZEVİN İbrahim	TUR2	00	26:40
4.	TÜMİNCİN Veysel	TUR1	00	26:43
5.	BULARDA Gabriel	ROU	99	27:08
6.	BASTUG Ramazan	TUR1	99	27:10
7.	MATUR Yusuf	TUR2	00	27:42
8.	BOZZOLO Edoardo	ITA	99	28:09
9.	MATIER Elliott	ENG2	99	28:14
10.	DUGDALE Joseph	ENG1	00	28:16

## BOYS – TEAMS

1.	TUR 1	7
2.	TUR 2	22
3.	ITA	42
4.	ENG 1	45
5.	GER	51
6.	ROU	80
7.	SVK	81
8.	FRA	85
9.	SCO	92
10.	WAL	101
11.	POL 1	107
12.	IRL	115
13.	BUL	134
14.	SLO	144
15.	NIR	144
16.	HUN	148
17.	CZE	154

## GIRLS – Individual

2 laps – 2.8km; +-280m 55 participants

1.	HAVLICKOVÁ Barbora	CZE	00	19:36
2.	BIZEK Fatma	TUR1	00	19:49
3.	BATTOCLETTI Nadia	ITA	00	19:57
4.	WIKTOROWICZ Lucja	POL	99	20:18
5.	DALE Scarlet	ENG1	99	20:27
6.	SCAINI Alessia	ITA	99	20:34
7.	MACFADYEN Anna	SCO	99	20:42
8.	HECICO Alexia	ROU	00	20:44
9.	ŠTIGLEROVÁ Sylvie	CZE	99	20:50
10.	PAWLUS Klaudia	POL	00	20:53

## GIRLS – TEAMS

1.	POL	27
2.	TUR 1	27
3.	ITA	28
4.	CZE	41
5.	ENG 1	44
6.	ROU	52
7.	SCO	55
8.	TUR 2	66
9.	GER	69
10.	FRA	79
11.	WAL	121
12.	IRL	125
13.	SVK	133
14.	HUN	155



**Boys individual podium**



**Boys team podium**



**Girls individual podium**



**Girls team podium**

positions. The group of Turkish run most part of the race all together and at the end the first four places finished with a total gap less than half minute. Winner Alkanoglu clocked 26:19; Orhan Ozturk, second, finished with time of 26:21; İbrahim Ozevin, third, with time of 26:40 and Veysel Tumincin finished fourth with time of 26:43.

In the first ten only one Romanian Gabriel Bularda (5.), one Italian Edoardo Bozzolo (8.) and two English Elliott Matier (9. team B) and Joseph Dugdale (10. team A).

65 boys started and finished the race.

Turkey, as stated competed with two teams and won gold and silver medals in the team boys competition.

Turkey A team closed competition with 7 points: Ahmet Alkanoglu 1., Orhan Ozturk 2., Veysel Tumincin 4. and Ramazan Bastug 6. kept gold medal.

Second was Turkey B team with 22 points: İbrahim Ozevin 3., Yusuf Matur 7., Omer Boztepe 12. and Onur Ozturk 26. won silver medal. On the podium, with third place was Italy with 42 points: Edoardo Bozzolo 8. Marcello Muscetti 14., Belay Jacomelli 20. and Luca Molteni 40. gained bronze medal.

17 teams and 16 Nations were in the team boys results.

Very important was the presence at the opening ceremony of Katerina Valachova,



# 13th World Long Distance Mountain Running Championships

Podbrdo, Slovenia  
18th June 2016



It was a bright and sunny morning for the start of the 13th World Mountain Running Association (WMRA) Long Distance Mountain Running Championships in Podbrdo, Slovenia today.

Italy won medal table with 5 medals (3 gold, 2 silver) in front of Great Britain and N. I. with 3 medals (1 gold, 1 silver and 1 bronze). Took medals also Slovenia with 3 medals (1 silver and 2 bronze) and Germany with 1 medal (1 bronze).

From the 8:00 a.m. start until the first finisher crossed the line, there were numerous position changes and developing strategies throughout the challenging 42-kilometer race.

With a mixture of technical terrain, complete with rocks and mud, the footing was challenging on many parts of the course. Those with tentative descending skills were quickly left behind by those who were more sure-footed.

The climbs were long and steep, some referred to them as unrelenting. The short paved road sections allowed for a longer stride, but also required gear changes.

The best runners on the day were those who were proficient in all types of mountain running technique.

The course took its toll with early race leader Andy Wacker (USA) dropping out of the race at 28 kilometers. Wacker took the race out at a solid pace and at the top of the first long climb, had gapped the field by nearly four minutes. It was a pace he couldn't maintain due to the residual effects of a stomach bug he battled the past week.

After Wacker dropped, the race, like that of the women, took on

a different light with many position changes throughout the race. Italy's Alessandro Rambaldini was victorious in a record-setting time of 3:44:52, leading his national team to capture team gold.

With fellow countryman Marco De Gasperi taking second in 3:46:12, and Fabio Ruga in 14th timed in 4:01:15, the combined score resulted in a time of 11:32:19, more than five minutes of the second place team from Great Britain, led by top finisher for the GBR team, Tom Owens in 4th position with a time of 3:49:34.

In spite of a solid performance by Mitja Kosovelj (SLO) who finished in third position with a time of 3:46:33, the host country was just shy of a medal finishing in fourth for the team scoring.

Germany captured bronze with a combined time of 11:56:57 to Slovenia's 12:11:11.

On the women's side, the race lead shifted numerous times throughout the day with a come-from-behind finish for Annie Conway (GBR) in a course record time of 4:29:01.

Less than a minute back was second-place finisher Antonella Confortola (ITA), in 4:29:58, followed by Lucija Krkoc (SLO) in third with a time of 4:30:43.

It was all Italy for team gold with the talented and deep women's squad finishing in second, fourth and ninth overall posting a winning score of 13:48:18.

In silver medal position was Slovenia just over ten minutes back in 13:59:51, followed by bronze medalists Great Britain with a time of 14:04:02.

There were 22 countries participating in this year's championships.



**Alessandro Rambaldini (ITA) 1st**



**Annie Conway (GBR) 1st**



**Women flower ceremony**

## MEN

4.2km; +-2800m

### Individual Result

1	RAMBALDINI Alessandro	ITA	3:44:52
2	DE GASPERI Marco	ITA	3:46:12
3	KOSOVELJ Mitja	SLO	3:46:33
4	OWENS Tom	GBR	3:49:34
5	HOFFMANN Benedikt	GER	3:50:42
6	LIGHTFOOT Ricky	GBR	3:53:30
7	SWIERC Marcin	POL	3:53:32
8	NAEGELE Lukas	GER	3:53:48
9	DAVIES Andrew	GBR	3:54:39
10	JANATA Milan	CZE	3:54:43

### Team Result

1	ITA	11:32:19
2	GBR	11:37:43
3	GER	11:56:57
4	SLO	12:11:11
5	USA	12:23:18
6	POL	12:23:49
7	CZE	12:27:01
8	ROU	12:30:12
9	AUT	12:57:09
10	DEN	13:02:14
11	BUL	13:27:01
12	CRO	14:39:15
13	UKR	15:12:38
14	HUN	15:41:30

## WOMEN

### Individual Result

1	CONWAY Annie	GBR	4:29:01
2	CONFORTOLA Antonella	ITA	4:29:58
3	KRKOC Lucija	SLO	4:30:43
4	IACHEMET Francesca	ITA	4:37:37
5	GRIFFIONEN Nicolette	RSA	4:39:16
6	FREITAG Karin	AUT	4:39:54
7	ZIPSER Katharina	AUT	4:40:09
8	KIMMEL Megan	USA	4:40:28
9	CARDONE Debora	ITA	4:40:43
10	BRATINA Jana	SLO	4:40:47

### Team Result

1	ITA	13:48:18
2	SLO	13:59:51
3	GBR	14:04:02
4	USA	14:24:59
5	AUT	14:49:58
6	CAN	14:50:45
7	CRO	16:43:01
8	HUN	17:55:33
9	UKR	20:35:43

The 16th edition of World Masters Mountain Running Championships 2016 in Susa was a big success.

We'd like to remember the important authorities that were in Susa for the closing ceremony.

Together Bruno Gozzelino, WMRA President of WMRA, and Wolfgang Munzel and Nancy Hobbs, WMRA Council member, Stan Perkins, President of WMA (for the first time present at this kind of event), Brian Kaeveney, WMA Council member, Maurizio Damilano, Olympic Champion Moscow 1980 and actually President of FIDAL Piemonte,

Results Summary:

### Men

M35-39	CONROY Ian	IRL	01:09:20
M40-44	COSTA Cesar	POR	01:08:53
M45-49	DE COLO Daniele	ITA	01:10:04
M50-54	TORRESANI Franco	ITA	01:15:05
M55-59	AMATI Claudio	ITA	00:42:26
M60-64	ENGLARO Gian Paolo	ITA	00:47:59
M65-69	BARBONETTI Pierino	ITA	00:47:50
M70-74	IMBROSCI Vincenzo	ITA	00:59:11
M75-79	MONINI Giuseppe	ITA	01:00:45

### Women

W35-39	BOGLIONE Flavia	ITA	00:49:19
W40-44	ROBERTS Lou	GBR	00:47:16
W45-49	MENESTRINA Simonetta	ITA	00:49:17
W50-54	CASTRO Solino Maria	ESP	00:51:07
W55-59	HEILIG-DUVENTÄSTER Marie-Luise	GER	00:52:44
W60-64	JONES Ann-Marie	GBR	00:54:31
W65-69	VAGHI Annamaria	ITA	01:00:33
W70-74	PRYMAKOWSKA Barbara	POL	01:12:00
W75-79	CARLSEN Eva	NOR	01:23:36

### Mens Team:

M35	IRL	19
M40	ITA	17
M45	ITA	8
M50	ITA	6
M55	ITA	11
M60	ITA	7
M65	ITA	6
M70	ITA	6
M75	ITA	10

### Womens Team:

W35	ITA	6
W40	GBR	6
W45	ITA	6
W50	ITA	14
W55	ITA	12
W60	ITA	13
W65	ITA	10
W70	ITA	16
W75	---	---



Start of M55-60

Livio Berruti, Olympic Champion Roma 1960 and Honorary President of LOC, Adriano Aschieris, president of LOC and of Atletica Susa, Giovanni Maria Ferraris, Chairman of Sport Commission of Piemonte Regione, Alberto Bolaffi of Bolaffi SPA, main sponsor of the event, the mayors of Susa, Mompantero, Bussoleno and Venaus.

Three sunny days in the Valsusa Valley through the history: from the Roman Empire age until the II World War, from the Augusto's Arch until the stone in memory of Battle of Grange Sevine between Italian's partisan, lead by Commander Aldo Laghi alias Giulio Bolaffi, and SS soldiers.

The path of the World Masters Mountain Running Championships is very important for the traditions of mountain running discipline.

### MEDAL TABLE.

Italy 10 individuals titles and 15 teams titles dominated medal table with 25 gold medals, 9 silver and 11 bronze.

Great Britain and Northern Ireland was second in medal table with 3 gold (2 individuals 1 team) plus 6 silver and 5 bronze.

Ireland kept third position in medal table with 2 gold (1 team 1 individuals) and 2 silver and 1 bronze. 1 individuals title for Portugal, Spain, Germany, Poland, Norway.

Together one gold, Germany won also 8 silver and 2 bronze; Norway 1 silver and 1 bronze; Spain 3 bronze.

Other four nations won no titles, but gained medals: Czech Rep. won 2 silver and 1 bronze; New Zealand and U.S.A. won 1 silver each and Switzerland kept 2 bronze.

So in total eight Nations won at least one gold medal and twelve Nations saw their athletes on the podium.

At the closing ceremony in Oddone Square the President of WMRA Bruno Gozzelino declared closed the event and delivered the flag to the delegation of Slovakia, formed by Anna Kirnova, International Affairs of Slovakia Athletics Federation and by Jan Bakytka, Chairman of LOC Pruske 2017, the organizer of the 17th World Masters Mountain Running Championships 2017, on next 2nd September 2017.



Pass the flag to LOC MWMRCh. 2017 Pruske

Here a lot of world champions run and won in the past but also during this year competition with big honours.

26 nations, 715 athletes, 200 volunteers, two paths one of 6,4km and the other about 11km with very important high difference (about 1400 metres maximum).



# 32nd World Mountain Running Championships

Sapareva Banya, Bulgaria

11th September 2016



323 athletes coming from 35 Nations from the continent in the world took part at the 32. WMRA World Mountain Running Championships 2016 in Sapareva Banya, Bulgaria.

Sarah Kistner of Germany won the women's junior title, covering the 3.5km course with an elevation gain of 500m in 22:48: Czech Michaela Stranska was second in 23:31; Agatha Thibert (FRA) was fourth, Barbora Havlikova (CZE) fifth, Nada Balcarczyk (GER) sixth, Rita Mineiro (POR) seventh, Klaudia Pawlus (POL) eighth, Francesca Franchi (ITA) ninth and Verena Streitberger (AUT) tenth.

In the junior men's races, Uganda's runners squad swept the top-three spots to dominate the competition. Joel Ayeko covered the 7.3km course with an elevation gain of 700m/-20m in 33:53, winning by nearly a minute-and-a-half over Victor Kiplangat (time 35:39). Third was their teammate Albert Chemutai who clocked 35:50.

Just behind Ugandan team arrived two strong Turkish (Ramazan Karagoz 4. and Ferhat Bozurt 5.) followed by two Italian (Daniele Pattis 6. and Davide Magnini 7.). Norwegian Stian Overgaard Aarvik 8., New Zealander Jack Beaumont 9. and Belgian Maximilien Drion Du Chapis completed top ten position.

In the team chase, Uganda dominated with 6 points; Italy was a distant second with 41 points and third finished France with 49 points, the same of U.S.A. team that lost bronze due the fact that

every other year since her first in 2006. In total Mayr won 6 gold medal plus 1 silver and 1 bronze at the World Championships, besides she gained also 3 gold medals, 1 silver and 1 bronze at European Championships.

Belotti, the winner in 2009 and twice silver in 2010 and 2012, lead Italy to a comfortable victory in the team race with 17 points. The Czech Republic was second with 32. The USA was third with 36, just one ahead of Great Britain.

Joe Gray of the US, in his ninth consecutive appearance on the US Mountain Running Team, ran for an impressive victory nearly two minutes ahead of his nearest competitor.

Gray covered the demanding 12.7-kilometer course, which boasted 1,468 meters of climbing and 107 meters of descent, in a time of 1:02:13, followed by Mexico's Israel Morales, second, in 1:03:52, and the six-time European champion, Ahmet Arslan of Turkey, third, in 1:04:49.

It is possible to tell that Joe Gray "lead from start to finish": this because, Gray was passed in the final 1000 meters by Ugandan runner Robert Chemonges who cut the finish line in the first position but who was disqualified for a pacing violation (rule 144. 3-a).

In the top ten finished two other US runner (Hayden Hawks 4. and Brett Hales 7.), one Ugandan (Filex Chemonges 5.) and four Italian (Bernard Dematteis 6., Martin Dematteis 8., Alex Baldaccini 9. and Xavier Chevrier, 10.)

Despite this situation with all the four Italian counting runners in the top ten, in a heated battle, USA edged mountain running powerhouse Italy by a single point with 32 point. Italy was second with 33 points. Mexico was third with 69.



**Joseph Gray (USA) 1st Senior Men**

Photo by Nancy Hobbs



**Andrea Mayr (AUT) 1st Senior Women**

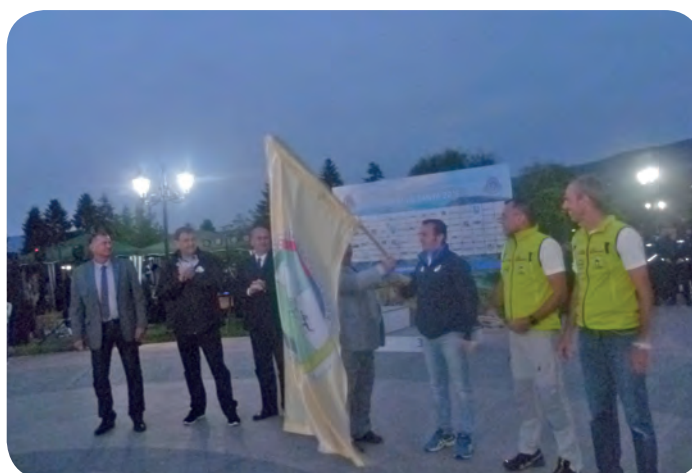
Photo by Nancy Hobbs

third counting runner was 22 instead third counting running for France was 19.

Austrian mountain running sensation Andrea Mayr won a sixth women's senior title to highlight the 32nd WMRA World Mountain Running Championships in Sapareva Banya, Bulgaria.

Mayr covered the 7.3km course with a 700m elevation gain in 39:04, well ahead of Italy's Valentina Belotti, who clocked 40:47. Christel Dewalle of France was third, clocking 41:05.

Mayr, the Austrian record holder in the half marathon and marathon, seems to be at her best when competing in the mountains in even years. The 37-year-old has won the crown



**Pass the flag to LOC W. Ch. 2017**

Photo by Deni Mileva

The Championships was organised very well by BAF and its President, Dobromir Karamarinov, was present at the event together Mayor of Sapareva Banya and many other political persons.

At the end of the closing ceremony WMRA President, Bruno Gozzelino, together IAAF representative, Carlos Cardoso, passed the WMRA flag to FIDAL Council Member, Giacomo Leone, and to a team of Premana Athletic Club, LOC of next 33rd World Mountain Running Championships 2017 at Premana (Lecco), Italy on Sunday 30th July 2017.

#### MEN

Individual (12.5 km/+ 1390m/-20m/

141 participants)

<b>1</b>	<b>GRAY Joseph</b>	<b>USA</b>	<b>1:02:13</b>
2	MORALES Israel	MEX	1:03:52
3	ARSLAN Ahmet	TUR	1:04:48
4	HAWKS Hayden	USA	1:05:02
5	CHEMONGES Filex	UGA	1:05:06
6	DEMATTEIS Bernard	ITA	1:05:06
7	HALES Brett	USA	1:05:10
8	DEMATTEIS Martin	ITA	1:05:25
9	BALDACCINI Alex	ITA	1:05:36
10	CHEVRIER Xavier	ITA	1:05:50
11	DOUGLAS Andrew	GBR	1:05:56
12	MEYSSAT Emmanuel	FRA	1:06:16
13	SMITH Christopher	GBR	1:06:21
14	TENGSAEID Torstein	NOR	1:06:33
15	ABAD Norberto	MEX	1:06:41
16	LAUTENBACHER Toni	GER	1:06:46
17	RANCON Julien	FRA	1:06:57
18	PUPPI Francesco	ITA	1:07:30
19	LEHMANN Jonas	GER	1:07:43
20	WACKER Andy	USA	1:07:47
21	SEEWALD Andreas	GER	1:07:54
22	LUSTENBERGER Daniel	SUI	1:08:12
23	CARERA Juan Carlos	MEX	1:08:20
24	MUSTAFA Shaban	BUL	1:08:20
25	DEMURE Fabien	FRA	1:08:25

49	MERCADO Victor	MEX	1:11:18
50	CARVALHO Jose	POR	1:11:25
51	ADAMS Tom	GBR	1:11:36
52	KUCERA Martin	CZE	1:11:42
53	KUCERA Luká?	CZE	1:11:51
54	BREGAR Ga?per	SLO	1:11:53
55	MITSOV Dimcho	BUL	1:12:08
56	NICHOLAS Max	GBR	1:12:10
57	LOPES Carlos	POR	1:12:21
58	OOSTERLYNCK Ward	BEL	1:12:29
59	BARBOSA Vitor	POR	1:12:34
60	BRANDENBOURG Michael	BEL	1:12:43
61	KEVAN James	IRL	1:12:49
62	RASCHUPKIN Sergii	UKR	1:12:55
63	RODRIGUES Artur	POR	1:12:59
64	BECAN Timotej	SLO	1:13:13
65	SUMMER Thomas	AUT	1:13:17
66	CRAIGIE Alan	AUS	1:13:42
67	TEVEKELEV Stoyan	BUL	1:13:54
68	RANCIKJ Milosh	MKD	1:14:02
69	STEPHENS-WHALE Shaun	CAN	1:14:06
70	JODIDIO Alexandre	SUI	1:14:13
71	JOLY Jente	BEL	1:14:18
72	HUNT Jeremy	SUI	1:14:24
73	FUREY Brian	IRL	1:14:28
74	DAY Stephen	NZL	1:14:36
75	IIDA Yujiro	JPN	1:14:47
76	HANNA Zak	IRL	1:14:56
77	VOLLMER Mark	CAN	1:15:20
78	KELLEZI Ilir	ALB	1:15:49
79	ANNETT Andrew	IRL	1:16:16
80	ANDORRA Xavier	AND	1:16:19
81	THORBURN Dougal	NZL	1:16:22
82	KOVÁR Jáchym	CZE	1:16:25
83	PAIXÃO Bruno	POR	1:16:34
84	SETLACK Matt	CAN	1:16:38
85	GÄRTNER Lukas	AUT	1:16:47
86	ROYO Jordi	AND	1:16:53
87	KHOÓR Bence	HUN	1:17:00
88	MAREK Dariusz	POL	1:17:33
89	BOURNE Mark	AUS	1:17:49
90	REZAI Bashir	SLO	1:17:58
91	GERLEI Tamás	HUN	1:18:01
92	RIDOLFI Stefano	SMR	1:18:04
93	TURNÉ Joan	AND	1:18:15
94	BERTELS Jelle	BEL	1:18:46
95	PLAZNIK Matic	SLO	1:19:07
96	VARGA Dániel	HUN	1:19:11
97	FELICI Matteo	SMR	1:19:26
98	VASILEV Aleksandar	BUL	1:19:35
99	LEHMANN Cedric	SUI	1:19:42
100	MISLIMOVSKI Mudzahid	MKD	1:19:43
101	GIGNAC Benoît	CAN	1:19:45
102	SADOWSKI Robert	POL	1:20:05
103	AGOSTINI Michele	SMR	1:20:29
104	ANCHEVSKI Atanas	MKD	1:21:37
105	POUPARD Thibaut	FRA	1:22:05
106	MCMILLAN Michael	CAN	1:22:06
107	CHAPMAN Michael	AUS	1:22:19
108	ANGEL Salvador	MEX	1:22:20
109	AJANOVSKI Kokan	MKD	1:22:30
110	MIYACHI Fujio	JPN	1:22:47
111	LUCAS Benjamin	AUS	1:23:06
112	SANSA Pep	AND	1:23:18
113	KISYOV Kostadin	BUL	1:23:18
114	FERNANDES Manuel	AND	1:23:31
115	SZŐLLOS András	HUN	1:23:46
116	MICALLEF Luke	MLT	1:24:04
117	LANG Drew	MLT	1:25:10
118	BERTUCCINI Matteo	SMR	1:25:39
119	WOJTACHA Emanuel	POL	1:26:25

120	PELSOCZY Attila	HUN	1:26:48
121	JAKIMOVSKI Igor	MKD	1:27:20
122	GRECH Gerald	MLT	1:28:00
123	CASSAR Johann	MLT	1:28:22
124	BONEV Marijan	MKD	1:28:44
125	DE BLASIS Valerio	SMR	1:31:01
126	CILIA Charles	MLT	1:31:04
127	DI GUISTO Laurent	MON	1:31:54
128	GRANDONI Amedeo	SMR	1:33:16
129	BUDELLOT Yannick	MON	1:33:20
130	FONYÓ Sándor	HUN	1:37:21
131	CUTAJAR Matthew	MLT	1:37:28
132	DA COSTA Ivan	AND	1:39:22
133	ADLI Kais	MON	1:40:10
134	OREN Ron	ISR	1:41:38
135	KELKAL Stephane	MON	1:43:38
136	ZORMAN Nitzan	ISR	2:01:06
137	OREN Nir	ISR	2:05:20
	RINGHOFER Andreas	AUT	DNF
	HERRERA ROJAS Nicolas A.	COL	DNF
	CHEMONGES Robert	UGA	DQ
	MALKA Haim	ISR	DNS

#### MENS TEAMS

1	USA	32	9	SUI	199	17	AUS	373
2	ITA	33	10	AUT	210	18	MKD	381
3	MEX	69	11	POR	213	19	HUN	389
4	GER	83	12	IRL	221	20	SMR	410
5	GBR	89	13	BUL	244	21	MLT	478
6	FRA	92	14	CAN	275	22	MON	524
7	CZE	167	15	BEL	283			
8	SLO	180	16	AND	371			

#### WOMEN

Individual (7.3 km/ + 700m/-20m/67 participants)

<b>1</b>	<b>MAYR Andrea</b>	<b>AUT</b>	<b>39:04</b>
2	BELOTTI Valentina	ITA	40:47
3	DEWALLE Christel	FRA	41:05
4	VNENCÁKOVÁ Sona	SVK	41:17
5	NOVÁKOVÁ Petra	CZE	42:28
6	SCHWAIGER Silvia	SVK	42:39
7	GAGGI Alice	ITA	42:42
8	BOTTARELLI Sara	ITA	42:46
9	NEDEAU Kim	USA	42:51
10	ARCHER Hatti	GBR	43:01
11	WILKINSON Victoria	GBR	43:04
12	BRACY Addie	USA	43:08
13	SCHORNÁ MATYÁ?OVÁ Pavla	CZE	43:19
14	PREIBISCHOVÁ Monika	CZE	43:20
15	ALBERTSON-JUNKANS Ladia	USA	43:25
16	COLLINGE Emily	GBR	43:30
17	NOLL Melanie	GER	43:33
18	SACHTLEBEN Bethany	USA	43:39



Individual senior men

26	CVET Miran	SLO	1:08:29
27	ZEUS Maximilian	GER	1:08:41
28	LECHLEITNER Simon	AUT	1:08:55
29	DIAZ Said	MEX	1:09:04
30	FUENTES David	USA	1:09:10
31	GRISTWOOD Graham	GBR	1:09:17
32	INNERHOFER Manuel	AUT	1:09:28
33	JANU Jan	CZE	1:09:31
34	FARRELL Christopher	GBR	1:09:33
35	LUSTENBERGER Stefan	SUI	1:09:54
36	LAMOVEC Peter	SLO	1:10:09
37	RODRIGUEZ HERRERA William	COL	1:10:16
38	MICHAUD Adrien	FRA	1:10:27
39	BONIN Arnaud	FRA	1:10:33
40	SÁDLO Dominik	CZE	1:10:36
41	MACMAHON Brian	IRL	1:10:39
42	HAVLÍČEK Jan	CZE	1:10:42
43	HOFFMANN Benedikt	GER	1:10:45
44	DANIELS Matt	USA	1:10:46
45	SWANSON Kristopher	CAN	1:10:52
46	CONROY Ian	IRL	1:10:54
47	MUGA Rui	POR	1:11:00
48	SPADA Nicola	ITA	1:11:12



Individual senior women



19	MOLLARET Axelle	FRA	43:39
20	CAMARGO T. G. Fernanda	COL	43:43
21	MAR?ÁNOVÁ Lucie	CZE	44:11
22	CONFORTOLA Antonella	ITA	44:18
23	NINEVA Marinela	BUL	44:32
24	CELINSKA Anna	POL	44:52
25	GHITA Cristiana Alexandra	ROU	45:02
26	URGYNCHUK Oksana	UKR	45:09
27	JEANNIER Céline	FRA	45:23
28	DRAGOMIR Denisa Ionela	ROU	45:39
29	BLAISE-SOHNNIUS Adele	CAN	45:45
30	CHIRON Célia	FRA	45:51
31	MAIR Susanne	AUT	45:52
32	SHAUGHNESSY Laura	IRL	45:52
33	FREITAG Karin	AUT	45:55
34	MARIDAL Hanne Mjoen	NOR	45:56
35	DIETZ Nadia	GER	46:02
36	MUTTER Ingrid	ROU	46:23
37	DOUGLAS Sarah	NZL	46:45
38	LILLESKARE Anita Iversen	NOR	46:57
39	NEDYALKOVA Maya	BUL	47:14
40	HOGAN Marianne	CAN	47:33
41	BARBA Magdalena	MEX	47:54
42	JELOV?EK Jasmina	SLO	47:58
43	ZIPSER Katharina	AUT	48:08
44	HUMPHRIES Elizabeth	AUS	48:08
45	BAUMBER Annie	GBR	48:27
46	MIHAYLOVA Milka	BUL	48:37
47	KLAN?NIK Karmen	SLO	49:30
48	RANCHEVA Elena	BUL	49:50
49	BEZZINA Lisa	MLT	50:49
50	RAMSAY Ashley	CAN	51:17
51	BEN AMI Hana	ISR	51:48
52	GUDIÑO Sahara	MEX	52:07
53	GALEA Rita	MLT	52:31
54	MCCARTHY Clare	IRL	52:37
55	STOJANOVSKA Marija	MKD	52:40
56	KODZAGOGOV Zsaklin	HUN	52:43
57	TU?AR Mihaela	SLO	53:12
58	VINCZE Zsófia	HUN	53:26
59	PANYOR Krisztina	HUN	54:08
60	PETROVA Oksana	UKR	54:12
61	HILI Carmen	MLT	54:43
62	SATARIANO Angele	MLT	55:19
63	TINIO Mirabelle	CAN	57:10
64	FRISTAD Mona	SMR	1:00:33
65	CARRILLO Sonia	AND	1:00:59
66	MALKI Sonia	AND	1:03:07
67	VALLEJO Isabel	AND	1:09:12

#### WOMENS TEAMS

1	ITA	17	6	AUT	65	11	MLT	163
2	CZE	32	7	ROU	89	12	HUN	173
3	USA	36	8	BUL	108	13	AND	198
4	GBR	37	9	CAN	119			
5	FRA	49	10	SLO	146			

#### JUNIOR MEN

Individual (7.3 km/+ 700m/-20m/65 participants)

1	<b>AYEKO Joel</b>	<b>UGA</b>	<b>33:53</b>
2	KIPLANGAT Victor	UGA	35:39
3	CHEMUTAI Albert	UGA	35:50
4	KARAGÖZ Ramazan	TUR	36:05
5	BOZKURT Ferhat	TUR	36:40
6	PATTISI Daniele	ITA	37:12
7	MAGNINI Davide	ITA	37:22
8	AARVIK Stian Overgaard	NOR	37:35
9	BEAUMONT Jack	NZL	37:54
10	DRION DU CHAPOIS Maximilien	BEL	38:03
11	Joseph BENSON	USA	38:13
12	Johann BAUJARD	FRA	38:20
13	GILLHAM Euan	GBR	38:25

14	KNOPF Stefan	GER	38:39
15	BULARDA Gabriel	ROU	38:49
16	ROCHA Phillip	USA	38:50
17	MEZA Cristian	MEX	38:51
18	CACHARD Sylvain	FRA	39:25
19	FARICIER Robin	FRA	39:39
20	CHRASCINA Marek	CZE	39:40
21	CAYETANO Erick	MEX	39:48
22	HERRERA Eduardo	USA	39:50
23	GARCEA Adrian	ROU	40:06
24	SMITH Nathan	GBR	40:23
25	KUBICA Marcin	POL	40:24
26	RESENDIZ Edgar	MEX	40:24



Individual junior men

27	BUTLER Ben	USA	40:25
28	RABINO Riccardo	ITA	40:28
29	SOLDEVILA Arnau	AND	40:35
30	ESTRADA Mario Ivan	MEX	40:43
31	HILBERT Luca	GER	40:49
32	HERMAN Peter Daniel	ROU	41:02
33	SRANDEV Aleksandar	BUL	41:12
34	ROSTAN Andrea	ITA	41:37
35	?INÁGL Viktor	CZE	41:52
36	LEWIS Ciaran	GBR	41:53
37	CAUCHI Mitchell	CAN	42:08
38	JILEK Krzysztof	POL	42:13
39	STOEAN Cristian	ROU	42:22
40	O'DONNELL Paul	IRL	42:29
41	HILD Julius	GER	42:37
42	GREMAUD Simon	SUI	42:42
43	GERGOV Georgi	BUL	42:57
44	WIECZOREK Michal	POL	43:13
45	TRIFONOV Andrey	BUL	43:41
46	HUNTER Alex	IRL	43:49
47	BALABANOV Ivo	BUL	43:58
48	WOJTACHA Adrian	POL	44:01
49	HETTERLEY Gregory	CAN	44:08
50	DOHERTY Aidan	CAN	45:09
51	PALÁN Antonín	CZE	45:13
52	CSÁKY Ákos Péter	HUN	45:15
53	DEÁK Bálint	HUN	45:17
54	SZEMEREI Levente	HUN	45:59
55	HREN Tine	SLO	46:29
56	O?GRADA Ruadhan	IRL	46:41
57	TRONTELJ Luka	SLO	46:48
58	MERCIER Emmanuel	CAN	46:56
59	COLEMAN Iosac	IRL	47:07
60	IVÁN Levente	HUN	48:01
61	HABJAN Tine	SLO	48:28
62	PASICHNYI Stepan	UKR	50:49
63	MALO Kledis	ALB	55:41
	GÖKZEL Mustafa	TUR	DNF
	BOYLE Joshua	GBR	DNF

#### JUNIOR MENS TEAMS

1	UGA	6	6	ROU	70	11	BUL	121
2	ITA	41	7	GBR	73	12	CAN	136
3	FRA	49	8	GER	86	13	IRL	142
4	USA	49	9	CZE	106	14	HUN	159
5	MEX	64	10	POL	107	15	SLO	173

#### JUNIOR WOMEN

Individual (3.5 km/+ 500m/-20m/52 participants)

1	<b>KISTNER Sarah</b>	<b>GER</b>	<b>22:48</b>
2	STRÁNSKÁ Michaela	CZE	23:31
3	JENKINSON Bronwen	GBR	23:56
4	THIBERT Agathe	FRA	24:19
5	HAVLÍCKOVÁ Barbora	CZE	24:20
6	BALCARCZYK Nada	GER	24:34
7	MINEIRO Rita	POR	24:43
8	PAWLUS Klaudia	POL	24:49
9	FRANCHI Francesca	ITA	24:51
10	STREITBERGER Verena	AUT	24:54
11	ZANNE Federica	ITA	25:03
12	DIVI?OVÁ Katerina	CZE	25:07
13	BECCARIA Lorenza	ITA	25:15
14	DOROFTEI Gabriela Andreea	ROU	25:16
15	GRAVES Claire	USA	25:31
16	MINKINA Dilyana	BUL	25:33
17	BAUDOIN Salome	FRA	25:34
18	OED Lisa	GER	25:34
19	KOKOTANEKOVA Lushka	BUL	25:37
20	DAVIES Heidi	GBR	25:42
21	STYBLOVÁ Bára	CZE	25:46
22	DEVERELL Emerson	NZL	25:55
23	ZUDOR Iulia Melinda	ROU	26:01
24	SWIECKA Magdalena	POL	26:08
25	BAKKER Veerle	NED	26:20
26	CHEMUTAI Belinda	UGA	26:27
27	APSLY Elizabeth	GBR	26:28
28	SMITH Sophie	NZL	26:54
29	GEMETTO Valentina	ITA	26:59
30	GAYLORD Soleil	USA	27:07
31	HECICO Alexia	ROU	27:17
32	PODOBNIK Katja	SLO	27:25
33	NICHOLSON Emily	GBR	27:44
34	HARMON Sarah	USA	27:49
35	PEHLIVANSKA Lyubomira	BUL	27:55
36	PIERZCHALA Magdalena	POL	27:58
37	MOSER Hannah	AUT	28:16
38	WANDZEL Justyna	POL	28:25
39	ACHLEITNER Lisa	AUT	28:40
40	HORNÝÁK Anna Mária	HUN	29:07
41	ERLACHER Katharina	AUT	29:33



Individual junior women

42	GUZMAN Alejandra	MEX	29:48
43	JÁNOSI Lilla Szusanna	HUN	30:03
44	KERTAJN Maja	SLO	30:26
45	MAROLT Katja	SLO	30:30
46	SOKOLOVSKA Renata	MKD	30:52
47	MURRAY Heidi	IRL	31:19
48	SHOZDA Natalia	UKR	32:07
49	NÉVERI Szilvia	HUN	33:22
50	ELEK Zita Sára	HUN	33:48
	GELEVA Yoana	BUL	DNF
	JASCHKE Julia	USA	DNS

#### JUNIOR WOMENS TEAMS

1	CZE	19	5	ROU	68	9	AUT	86
2	GER	25	6	POL	68	10	SLO	121
3	ITA	33	7	BUL	70	11	HUN	132
4	GBR	50	8	USA	79			



Junior Women Teams, from left to right: GER (2nd), CZE (1st), ITA (3rd)



Junior Men Teams, from left to right: ITA (2nd), UGA (1st), FRA (3rd)



Senior Women Teams, from left to right: CZE (2nd), ITA (1st), USA (3rd)



Senior Men Teams, from left to right: ITA (2nd), USA (1st), MEX (3rd)



# 18th WMRA World Cup 2016 Final Results



MEN		born	nat.	1	2	3	4	5	6	total
1.	<b>MAMU Petro</b>	84	ERI	100	100	100		100	125	425
2.	DOUGLAS Andrew	86	GBR	70			50	65	90	275
3.	JANU Jan	93	CZE	80				60	75	215
4.	KOSGEI Isaac	81	KEN		65	65			65	195
5.	BALDACCINI Alex	88	ITA				60	45	80	185
6.	WANGARI Francis	90	KEN		80	70				150
7.	BREGAR Gašper	90	SLO		45				55	100
8.	LAUTENBACHER Toni	91	GER			60	25			85
9.	RANCON Julien	80	FRA	65			20			85
10.	ZEUS Maximilian	95	GER			35		35		70
11.	ALIČ Simon	71	SLO		50				15	65
12.	LEHMANN Jonas	89	GER				10	40		50
13.	PUPPI Francesco	92	ITA				15	25		40
14.	BEČAN Timotej	96	SLO		15				10	25

WOMEN		born	nat.	1	2	3	4	5	6	total
1.	<b>MAYR Andrea</b>	79	AUT			100	125	100	125	450
2.	SCHWAIGER Silvia	81	SVK			80	75	80		235
3.	DEWALLE Christel	83	FRA	100			90			190
4.	GAGGI Alice	87	ITA				70		100	170
5.	CONFORTOLA Antonella	75	ITA		100			65		165
6.	KLANČNIK Karmen	90	SLO		70				90	160
7.	NOLL Melanie	84	GER	80			20	55		155
8.	NOVÁKOVÁ Petra	93	CZE			65	80			145
9.	JELOVŠEK Jasmina	85	SLO		65				80	145
10.	BLAISE-SOHNIOUS Adele	85	CAN	65				50		115
11.	TROBEC Urša	67	SLO		45				60	105
12.	TUŠAR Mihaela	66	SLO		50				50	100
13.	ECKER KOSGEI Claudia	76	AUT		30				40	70
14.	TRONTELI Marija	69	SLO		15				45	60
15.	ŠORLI Marta	62	SLO		25				35	60
16.	ČELESNIK Tamara	89	SLO		10				15	25



**WMRA World Cup Winners 2016 -  
Petro Mamu (ERI) and Andrea Mayr (AUT)**

Petro Mamu (ERI) and Andrea Mayr (AUT) are the clear winners of the third stage of the World Mountain Running Cup 2016 in Telfes-Stubaital-Austria.

The late winner Mamu planned to attack in the steep, middle part, where he got one minute advantage and after he only controlled what was going on behind him – after winning the first two WCup stages, he was the favourite already before the start and he did not disappoint. Mamu clocked 56minutes and 7 seconds.

Robbie Simpson, who finished second with time of 57:39, seems to be a big surprise although he is standard member of the British MR team since 2008; he even finished world and European Championships 2014 and 2015 inside top 4, so his excellent run should not be a surprise.

Kenyans Wangiri (third with 58:16) and Kosgei (fourth with 58:31) are well known runners and their top positions were expected. German Toni Lautenbacher finished fifth with time of 59:27.

Runners from five countries were on the top seven positions. Andrea Mayr is still dominating in the international women's mountain running; she even improved her own course record for 14 seconds. Her final time was 1hour 4 minutes and 13 seconds.

1	12 June	36 <sup>th</sup> La Montée du Grand Ballon	Willer-sur-Thur	FRA
2	24 July	18 <sup>th</sup> Grintovec Int. MR race	Kamnik	SLO
3	31 July	28 <sup>th</sup> Int. Schlickeralmlauf	Telfes/Stubaital	AUT
4	11 Sept.	32 <sup>nd</sup> World MR Championships	Sapareva Banya	BUL
5	25 Sept.	43 <sup>rd</sup> Int. Hochfellen Berglauf	Bergen	GER
6	1 Oct.	37 <sup>th</sup> Smarna Gora Int. MR race	Ljubljana	SLO



**Winners podium in Bergen, Germany**

The second placed Sylvia Schwaiger from Slovakia finished fifth the European Champs a month ago in Arco, but on a completely different course: she clocked 1.07:00

American Annie Bersagel is in Europe mostly unknown, so her third place was a surprise also for her opponents: her time was 1.08:15. Czech Petra Novakova was fourth with of 1.10:47 and Austrian Susanne Mair (winner of last year) finished fifth with time of 1.11:16.

The competition was well organized and all the participants left the Stubai valley with remark in their diaries "come again".

## WMRA 19th World Cup 2017 Calendar of Races

The rules for 2017 World Cup can be found on the WMRA web page.

28th May - Sunday	12th Bolognano - Monte Velo / 1st WMRA World Cup race	Arco	ITA
4th June - Sunday	33rd Int. Muttersberglauf / 2nd WMRA World Cup race	Bludenz	AUT
11th June - Sunday	37th La Montée du Grand Ballon / 3rd WMRA World Cup race	Willer-sur-Thur	FRA
30th July - Sunday	33rd WMRA World Mountain Running Championships (up and downhill) / 4nd WMRA World Cup race	Premana	ITA
27th August - Sunday	29th Challenge Stellina / 5th WMRA World Cup race	Susa	ITA
24th September - Sunday	44th Hochfeln Berglauf / 6th WMRA World Cup race	Bergen	GER
7th October - Saturday	38th Smarna Gora Int. mountain race / final and 7th WMRA World Cup race	Ljubljana	SLO

Italy triumphed at 15th European Mountain Running Championship 2016: 10 medals!

Italian team won 3 gold, 6 silver and 1 bronze, and so in total 10 medals at the 15th European Mountain Running Championships.

Five Nations were able to send their athletes on the podium and Great Britain and Northern Ireland was second in medal table with 5 medals (2 gold, 1 silver and 2 bronze).

Then Turkey that gained 4 medals (2 gold and 2 bronze) and Czech Rep. with also 4 medals (1 gold, 1 silver and 2 bronze).

Finally, France won 1 bronze

With an excellent organisation by LOC of Arco, supported by FIDAL, and under direction of EAA, in particular of German Wolfgang Munzel, Technical Delegate, four wonderful races were held with four different nations that won the individual title.

VIP, coaches, athletes, spectators had the beautiful opportunity to follow every part of the race because LOC arranged 20 cameras along the track and a great video wall in the finish area.

The weather was mixed during the entire period of the races: a bit of sunshine but also violent downpours, but the races were held regularly, without incident.

In total 202 runners took part at the four races, representing 25 Nations.

The first race was the junior female.

Michaela Stranska, second last year at the European Mountain Running Championships in Portugal, confirmed the favours of predictions and won the 2016 European title with over a minute ahead of all its rivals: 18:03 to run the km. 4,030.

The second race was the junior male. The race was pretty much dominated by three countries: Turkey and Italy for the medals with France immediately after. Athletes of these teams occupied the top ten of the individual rankings.

The third race was the senior female. Vice World Champion 2015, Emily Collinge, Great Britain and Northern Ireland, has dominated the race. He won with a time of 43:41 on km. 8,540.

None of his rivals was able to stay with her in the lead all the way. Behind her was the fight between Italian, Czech, Slovak, German and French runners.

World Champion 2013, Italian Alice Gaggi won battle for second position ending her really strong race (time clocked 44:08) and passing her teammate Sara Bottarelli third (time of 44:24): for both the first individual medal at the European Mountain Running Championships.

The fourth and last race was the male senior.

This race was a triumph of Italian team, in particular for twin brother Martin and Bernard Dematteis.

Third and bronze medalist was Turkish Ahmet Arslan (time of 54:09). These three athletes were always leaders during all the track, km long. 12.310. The three were always in the head detached from each other.

In the ranking by nations, fifteen are classified teams.

Italy won all European Team Senior Championships starting from the first edition in 2002 (before won also six of seven european title in the european competition syaged by WMRA): also in 2016 Italy dominated with 8 points. Silver medal was Czech Rep. with 29 points and third Great Britain and Northern Ireland with 33 points.

EAA Vice President Senior Dobromir Karamarinov (Bulgaria) and EAA Council Members Gregor Bencina (Slovenia) were present at the event.

Also Bruno Gozzelino, WMRA President, invited by Chairman of LOC, Franco Travaglia, attended to the competition.

Next year the 16th European Mountain Running Championships will be held in Slovenia at Kamnik on Saturday 8th July 2017.

## MEN

Individual (12.3 km/+ -750 m/69 participants)

1	<b>DEMATTEIS Martin</b>	<b>ITA</b>	<b>53:33</b>
2	DEMATTEIS Bernard	ITA	53:34
3	ARSLAM Ahmet	TUR	54:09
4	DOUGLAS Andrew	GBR	54:32
5	MAESTRI Cesare	ITA	54:39
6	JANU Jan	CZE	54:42
7	CHEVRIER Xavier	ITA	55:08
8	MATHYS Christian	SUI	55:12
9	RANCON Julien	FRA	55:30
10	KRUPICKA Robert	CZE	55:43
11	MARTIN Nicolas	FRA	55:45
12	SMITH Christopher	GBR	55:49
13	FEJFAR Ondrej	CZE	56:25
14	LUSTENBERGER Daniel	SUI	56:35
15	BELLAMY Benjamin	FRA	56:43
16	LOBODZINSKI Piotr	POL	57:23
17	ADAMS Thomas	GBR	57:25
18	LECHLEITNER Simon	AUT	57:27
19	MENESES Enrique	ESP	57:31
20	CARVALHO Jose	POR	57:35
21	GÄRTNER Lukas	AUT	57:43
22	SCHNEIDER David	SUI	57:51
23	MEYSSAT Emmanuel	FRA	57:53
24	VILLA Pablo	ESP	57:55
25	INNERHOFER Manuel	AUT	57:56
26	MOUNSEY David Benjamin	GBR	58:07
27	LICHY Tomas	CZE	58:10
28	SARIHAN Sehmus	TUR	58:25
29	MUGA Rui	POR	58:27
30	BODURKA Krzysztof	POL	58:38
31	WEDEL Konstantin	GER	59:20
32	RODRIGUES Artur	POR	59:22
33	MACMAHON Brian	IRL	59:25
34	BREGAR Gašper	SLO	59:46
35	CELAJ Mateusz	POL	59:52
36	ARAS Onur	TUR	1:00:00
37	JODIDIO Alexandre	SUI	1:00:12
38	BONDARENKO Anatolii	UKR	1:00:16
39	BARBOSA Vitor	POR	1:00:40
40	SANZ Daniel	ESP	1:00:43
41	SAGLAM Ayhan	TUR	1:01:07
42	BERTELS Jelle	BEL	1:01:10
43	RYAN Mark	IRL	1:01:13

44	KEVAN James	IRL	1:01:13	16	BULARDA Gabriel	ROU	43:35
45	HRAMATOUSKI Dzmitry	BLR	1:01:19	17	BRYSON Gavin	GBR	43:37
46	ZEUS Maximilian	GER	1:01:41	18	DELORENZI Roberto	SUI	43:39
47	URBAN Jozef	SVK	1:01:52	19	CHRASCINA Marek	CZE	43:42
48	JASTRZEBSKI Kamil	POL	1:01:57	20	BEDNARSKY Vojtech	CZE	43:48
49	TSETSERUKOU Ihar	BLR	1:01:59	21	SMITH Jake	GBR	43:51
50	SIRAKOV Ivan	BUL	1:02:04	22	SINAGL Viktor	CZE	45:12
51	RASCHUPKIN Sergii	UKR	1:02:12	23	STOEAN Cristian	ROU	45:15
52	KAPTSEAU Yury	BLR	1:02:27	24	MURARIU Liviu Mihai	ROU	45:57
53	THUM Felix	GER	1:02:33	25	O'DONNELL Paul	IRL	46:01
54	PELSOCZY Attila	HUN	1:02:48	26	BOYLE Joshua	GBR	46:09
55	LYNCH Seamus	IRL	1:02:58	27	HNATIUK Oleksandr	UKR	46:30
56	SZABO Sandor	HUN	1:03:17	28	BARBOSA VIEIRA Jose	POR	47:00
57	AGOSTINI Michele	SMR	1:04:07	29	HREN Tine	SLO	48:03
58	PLAZNIK Matic	SLO	1:05:53	30	GARCIA Carlos	ESP	48:45
59	BERTUCCINI Matteo	SMR	1:04:17	31	JOZSA Bence	HUN	48:59
60	CILIA Charlie	MLT	1:06:54	32	JANKOVIC Marek	SVK	49:59
61	VARGA Jozsef	HUN	1:09:05	33	POPELAR Maj	SLO	50:07
62	MALKA Haim	ISR	1:10:48	34	ZAPOTICHNYI Oleh	UKR	50:15
63	CULTAJAR Matthew	MLT	1:11:52	35	HABJAN Tine	SLO	50:15
64	FONYO Sandor	HUN	1:12:38	36	DEAK Balint	HUN	50:46
65	LAURENTIU Ilie	SMR	1:12:41	37	CZECZOTKA Marek	CZE	50:46
66	BELENCHIA Marco	SMR	1:14:58	38	DOS SANTOS GONCALVES Ma	POR	51:49
66	BELENCHIA Marco	SMR	1:14:58	39	MALI Jakob	SLO	53:31
	LARSEN Steffen Falch	DEN	DNF	40	HOPA Cornel Dumitru	ROU	54:59
	KELLEZI Ilir	ALB	DNF		JILEK Krzysztof	POL	DNF
	KOLVADA Kostiantyn	UKR	DNF				

## JUNIOR MEN

Individual (8.5 km/+ -500 m/41 participants)

1	<b>BOZKURT Ferhat</b>	<b>TUR</b>	<b>39:00</b>
2	MAGNINI Davide	ITA	39:35
3	GÖKSEL Mustafa	TUR	39:36
4	PATTIS Daniel	ITA	40:05
5	DRION DU CHAPOIS Maxim	BEL	40:25
6	KERVAN Abdulmuttalip	TUR	40:59
7	JACQUET Mathieu	FRA	41:14
8	BAUJARD Johann	FRA	41:29
9	FARICIER Robin	FRA	41:59
10	CACHARD Sylvain	FRA	41:59
11	HILBERT Luca	GER	42:07
12	SARI Kenan	TUR	42:45
13	LEWIS Ciaran	GBR	42:48
14	ROSTAN Andrea	ITA	42:50
15	NAVA Samuele	ITA	42:59

## WOMEN

Individual (8.5 km/+ -500 m/52 participants)

1	<b>COLLINGE Emily</b>	<b>GBR</b>	<b>43:41</b>
2	GAGGI Alice	ITA	44:08
3	BOTTARELLI Sara	ITA	44:24
4	SCHORNA-M. Pavla	CZE	44:31
5	SCHWAIGER Silvia	SVK	44:33
6	BELOTTI Valentina	ITA	45:17
7	DENT Heidi	GBR	45:28
8	MARSANOVA Lucie	CZE	45:40
9	DEWALLE Christel	FRA	46:10
10	MAYER Domenika	GER	46:16
11	CELINSKA Anna	POL	46:17
12	CONFORTOLA Antonella	ITA	46:24
13	HILLAND Rebecca	GBR	46:27
14	TUNSTALL Sarah	GBR	46:30
15	McCORMACK Sarah	IRL	47:01
16	SABRIE Anais	FRA	47:10

17	JEANNIER Céline	FRA	47:22
18	SHAUGHNESSY Laura	IRL	47:22
19	STRANSKA Adela	CZE	47:26
20	PELAYO Irene	ESP	47:31
21	MOLLARET Axelle	FRA	47:39
22	UGRYNCHUK Oksana	UKR	48:10
23	NINEVA Marinela	BUL	48:29
24	NUNES Joana	POR	48:31
25	METELKOV Tatana	CZE	48:41
26	MADUREIRÁ Rosa	POR	48:51
27	ZIPSER Katharina	AUT	48:53
28	ESER Senem	TUR	49:00
29	McCONNON Sonya	IRL	49:04
30	ILLES Sandrina	AUT	49:12
31	GHITA Cristiana Alexan	ROU	49:13
32	VILLUMSEN Katrine	DEN	49:26
33	STELMACH-S. Dominika	POL	49:32
34	KARAKAS Nursel	TUR	49:58
35	AZEVEDO Elisabete	POR	50:04
36	FREITAG Karin	AUT	50:12
37	MOREIRAS Lucinda	POR	50:32
38	KLANCNIK Karmen	SLO	50:47
39	HORVATH Timea	HUN	51:04
40	TOZLU Elif	TUR	51:18
41	BALANCIER Sarah	BEL	51:20
42	KAYA Derya	TUR	52:04
43	KOZJEK Tina	SLO	52:39
44	PETROVA Oksana	UKR	53:09
45	ATIAS Megal	ISR	53:16
46	SZABO Krisztina	HUN	57:00
47	SATARIANO Angele	MLT	57:03
48	NAHORNA Yana	UKR	58:56
49	FRISTAD Mona	SMR	1:05:51
50	VANNUCCI Claudia	SMR	1:11:03
51	CARINATO Paola	SMR	1:14:54
52	CUPI Elena	SMR	1:19:21

TEAMS			
	Men	Jun. Men	Women
1	ITA 8	TUR 10	ITA 11
2	CZE 29	ITA 20	GBR 21
3	GBR 33	FRA 24	CZE 31
4	FRA 35	GBR 51	FRA 42
5	SUI 44	CZE 61	IRL 62
6	AUT 64	ROU 63	POR 85
7	TUR 67	SLO 97	AUT 93
8	POL 81		TUR 102
9	POR 81		UKR 114
10	ESP 83		SMR 150
11	IRL 120		
12	GER 130		
13	BLR 146		
14	HUN 171		
15	SMR 180		



Junior Men  
Ferhat Bozkurt TUR (1st)



Senior Men  
Martin Dematteis ITA (1st)



Junior Women  
Michaela Stranska CZE (1st)



Senior Women  
Emily Collinge GBR (1st)

### JUNIOR WOMEN

Individual (4.0 km/ +220 m/40 participants)

1	STRANSKA Michaela	CZE	18:03
2	ZANNE Giulia	ITA	19:08
3	DAVIES Heidi	GBR	19:09
4	WIKTOROWICZ Lucja	POL	19:11
5	DALE Scarlet	GBR	19:34
6	BALCARCZYK Nada	GER	19:44
7	THIBERT Agathe	FRA	19:55
8	FRANCHI Francesca	ITA	19:57
9	MATERNOVA Katerina	CZE	20:10
10	STARK Laura	GBR	20:17
11	HECICO Alexia	ROU	20:19
12	ÇETIN Gülbahar	TUR	20:31
13	MOSER Hannah	AUT	20:36
14	KOKOTANEKOVA Lushka	BUL	20:41
15	MINEIRO BRITO Rita	POR	20:45
16	VIZITEU Loredana	ROU	20:48
17	MURADA Giulia	ITA	20:50
18	BUTNARIU Alina Dumitrit	ROU	20:54
19	TEKIN Rahime	TUR	21:01
20	SUBATAN Burcu	TUR	21:05
21	BAUDOIN Salome	FRA	21:07
22	ZUDOR Iulia Melinda	ROU	21:16
23	DIVISOVA Katerina	CZE	21:17
24	ACHLEITNER Lisa	AUT	21:20
25	GRZEGORCZYK Natalia	POL	21:31
26	BECCARIA Lorenza	ITA	21:35
27	ASLAN Elif	TUR	21:41
28	SELLERS Paula Isabel	ESP	21:52
29	PARROT Constance	FRA	21:59
30	PICCA Lou-Anne	FRA	22:10
31	PAVLIC HREN Nina	SLO	22:12
32	PODOBNIK Katja	SLO	22:15
33	BEDNARSKA Veronika	CZE	22:31
34	PERKOVA Oleksandra	UKR	23:40
35	KERŠTAJN Maja	SLO	23:40
36	SAGI Barbara	HUN	23:43
37	MURRAY Heidi	IRL	23:50
38	SHODZA Nataliia	UKR	24:52
39	NEVERI Szilvia	HUN	26:44
	WILLIAMS Isabela	GBR	DNF



Full Italian delegation at the European Championships 2016



# 13th North American Central American Caribbean (NACAC) Mountain Running Championships

Tepatitlan, Jalisco, Mexico

10th July 2016



Medal table of 13th NACAC Mountain Running Championships saw USA as leader with 5 medals (2 gold and 3 silver) in front of hosting Country Mexico with 4 medals (2 gold and 2 bronze) and Canada with 3 medals (1 silver and 2 bronze).

The venue for the 13th NACAC Mountain Running Championships offered a challenging nine-kilometer course, which ascended over rocky and craggy terrain to the summit of Cerro Gordo in Jalisco, Mexico.

The starting elevation was approximately 2100 meters while the finish line reached just over 2600 meters. Results were close between the three nations who competed at this year's event today making the team scoring tight for all of the divisions.

The top three men from each country were scored for the team result, whereas for the women it was the top two women from each country.

Individually, in the men race, Juan Carlos Carera Casas (MEX) finished in 41:15 to take gold, followed by Josh Eberly (USA) in 41:43 for silver, and Victor Daniel Mercado Miranda (MEX) in 41:58 for bronze.

With the strong performance by Casa and Miranda, and their final scorer in sixth position, Mexico raced to team

## MEN

1	CASAS Juan Carlos Carera	MEX A	41:15
2	EBERLY Josh	USA	41:43
3	MIRANDA Victor Daniel Mercado	MEX A	41:58
4	NONATO Norberto Abad	MEX B	42:12
5	WACKER Andy	USA	42:23
6	CERÓN Saíd Díaz	MEX A	42:29
7	BAK Ryan	USA	44:04
8	DONOVAN JP	USA	44:10
9	DOMÍNGUEZ José Alfredo	MEX A	45:22
10	GONZÁLEZ Fernando Mejía	MEX B	45:43
11	IBARRA Ricardo Ibarra	MEX B	46:16
12	GUTIÉRREZ Fabián Vera	MEX B	48:30
13	BENOIT GIGNAC	CAN	50:11
14	JARED WELSH	CAN	53:18
15	OLIVER BIBBY	CAN	53:28

## Teams

1. MEX A - 10 pts 2. USA - 14 pts  
3. MEX B - 25 pts 4. CAN - 42 pts  
(Three runners counted)

## WOMEN

1	ROCHE Megan	USA	51:48
2	ALBERTSON Ladia	USA	51:57
3	FRANKS Meggan	CAN	52:24
4	JARDÓN Ángeles	MEX B	56:53
5	LÁZARO Magdalena Barba	MEX A	57:24
6	PÉREZ Sara Esquivel	MEX A	58:14
7	TINIO Mirabelle	CAN	59:36
8	GONZÁLEZ Rosalva Gudiño	MEX B	1:00:17
9	ORTIZ Mandy	USA	1:00:59
10	HERNÁNDEZ Maricela	MEX A	1:01:35
11	DÁVILA Laura Flores	MEX B	1:08:13

## Teams

1. USA - 3 pts 2. CAN - 10 pts  
3. MEX A - 11 pts 4. MEX B - 12 pts  
(Two runners counted)

Nancy Hobbs (USA), who along with Houston Franks (CAN), Pedro Fletes (MEX), Miguel Lopez (MEX) Richard Bolt (USA), and several members of the local municipality including the president of Tepatitlan, presented awards to the winning athletes and teams during an evening ceremony.



Juan Carlos Carera Casas (MEX) 1st

gold with a total of 10 points to USA's 14. Benoit Gignac (CAN) was his country's top finisher leading the team to the bronze medal.

On the women's side, Team USA claimed the top two podium spots with Megan Roche earning individual gold and Ladia Albertson-Junkans in silver position.

The pair led Team USA to the gold medal with three points.

Their finish times were 51:48 and 51:57 respectively.

Rounding out the top three was Megan Franks (CAN) in a time of 52:24. Along with her teammate Mirabelle Tinio, who finished in seventh, Team Canada's score of ten points narrowly edged out Mexico whose combined score was 11.

The City of Tepatitlan hosted the athletes and provided a friendly and inviting atmosphere for the teams who enjoyed authentic cuisine and enthusiastic support from the locals.

Representing the WMRA was its treasurer



Megan Roche (USA) 1st



Mens Winners Podium



National teams participating



Womens Winners Podium



# 8th Balkan Mountain Running Championships

Nova Zagora, Bulgaria

8th June 2016



At Nova Zagora (Bulgaria) was held the 8th edition of ABAF Mountain Running Championships. Five Nations were present: Roumania, Turkey, Serbia, FYR of Makedonia and, hosting Country, Bulgaria.

About 60 runners competed in the four races.

Roumania dominated medal table, but also Turkey and Bulgaria won medals. In particular, Roumania took 6 gold, 3 silver and 2 bronze, so in total 11 medals; Turkey won remaining 2 gold and 4 silver plus 2 bronze, that is 8 medals globally; finally Bulgaria kept 1 silver and 4 bronze, so it means that Bulgaria gained 5 medals in total.

This important event inside the International Mountain Running Calendar was very well organised by BAF, that is also involved in the organisation of the 32th World Mountain Running Championships 2016 at Sapareva Banya, following a tradition very important in Bulgaria for this discipline of the athletics.

In the junior women race (km. 4,180), the winner was decided only in the last part of the race: Turkish Yasemin Zengin became Balkan Champion clocked 21 minutes and 30 seconds, just four seconds in front of Romanian Alexia Hecico (21:34). Third was other Romanian runner Loredana Viziteu (time 21:54). In the team results, Roumania won gold medal with 10 points, in front of Turkey (second with 15 points) and Bulgaria (third with 28 points).

In the junior men race (km. 8,360), Balkan Champion 2016 was Romanian Gabriel Bularda who won with a large gap: he clocked 36 minutes and 53 seconds whilst second arrived was Turkish Atalayin Tahsin with time of 37:44 and third another Turkish runner, Yalcin Tekin who finished race in 38 minutes and 46 seconds. In the team result, Turkey became Balkan Champion 2016 with 9 points. Second finished Roumania with 16 points and third Bulgaria with 25 points. In the fourth place was Serbia (42 points).

In the women senior race (km. 8,360), the race was similar to junior men race and the first three runners arrived to the finish without any problem for keeping their position. In fact the Balkan Champion 2016 was Romanian Cristiana Ghita who clocked 41 minutes and 33 seconds, in front of her teammate Denisa Dragomir, with time of 42 minutes and 41 seconds. Third finished best Bulgarian runner, Narinale Nineva with time of 43 minutes and 42 seconds. In the team results, Roumania won gold medal with only 7 points, in front of Bulgaria, silver, with 17 points and Turkey, bronze medal with 25 points.

In the senior men race (km. 12,540), Romanian Catalin Atanasoatei became Balkan Champion 2016 finished his race with a time of 55 minutes and 32 seconds, in front of Turkish Agyurek Muhammet Can, silver medallist, with a time of 56 minutes and 13 seconds. Third was a very well know runner, more specialist of long distance race, Romanian Ionut Zinca who finished race clocked 56 minutes and 45 seconds. In the team result, once more Roumania became Balkan Champion 2016 with 13 points in front of Turkey second with 17 points and Bulgaria third with 21 points. Fourth position for Serbia with 35 points.

## MEN

12.5km; +/-750m (3 laps)

1	Catalin, Atanasoaei	ROU	0.55:32
2	Agyurek Muhammet Can	TUR	0.56:13
3	Ionut Zinca	ROU	0.56:45
4	Ivan Sirakov	BUL	0.57:07
5	Stoyan Tevekelev	BUL	0.57:13
6	Milosh Ranchic	MKD	0.58:40
7	Kisrik Ercan	TUR	0.59:51
8	Saglam Ayhan	TUR	1.01:12
9	Cosmin Cladaroiu	ROU	1.01:38
10	Milan Mitrovic	SRB	1.02:06
11	Milos Milovanovic	SRB	1.03:58
12	Kostadin Kisiov	BUL	1.04:28
13	Atanas Anchevski	MKD	1.05:11
14	Milos Mitrovic	SRB	1.06:03
	Nuri Kumir	TUR	DNF

## WOMEN

8.3km; +/-500m (2 laps)

1	Cristiana Ghita	ROU	41:33
2	Denisa Dragomir	ROU	42:21
3	Marinela Nineva	BUL	43:42
4	Adela Baltoi	ROU	45:04
5	Milka Mihaylova	BUL	45:23
6	Nevena Jovanovic	SRB	45:31
7	Kaya Derya	TUR	46:02
8	Celik Zekye	TUR	46:59
9	Elena Rancheva	BUL	47:02
10	Yilmaz Cesminaz	TUR	47:43
11	Temel Remziye	TUR	47:58
12	Ana Hecico	ROU	50:46
13	Ana Sekulic	SRB	54:27

## JUNIOR MEN

8.3km; +/-500m (2 laps)

1	Gabriel Bularda	ROU	36:53
2	Atalayin Tahsin	TUR	37:44
3	Yalcin Tekin	TUR	38:46
4	Gunduz Yakup	TUR	38:59
5	Cansever Orhan	TUR	39:23
6	Cristian Stoean	ROU	39:32
7	Georgi Gergov	BUL	39:54
8	Stefan Yordanov	BUL	41:30
9	Liviu Murariu	ROU	41:42
10	Zlatomir Radev	BUL	45:07
11	Gergi Prengov	BUL	48:24
12	Iacob Grigore	ROU	49:01
13	Miroslav Popovic	SRB	50:39
14	Dorde Miladinovic	SRB	50:58
15	Dusan Krstic	SRB	51:11
16	Milan Starcevic	SRB	54:55

## JUNIOR WOMEN

4.1km; +/-250m (1 lap)

1	Zengin Yasemin	TUR	21:30
2	Alexia Hecico	ROU	21:34
3	Loredana Viziteu	ROU	21:54
4	Lushka Kokotanekova	BUL	22:15
5	Iulia Zudor	ROU	22:18
6	Aslan Elif	TUR	22:55
7	Alina Butnariu	ROU	23:09
8	Uludag Fatmanur	TUR	23:32
9	Jasmina Pajic	SRB	23:47
10	Tekin Rahime	TUR	24:31
11	Teodora Garbova	BUL	24:40
12	Ana Milenkovic	SRB	25:35
13	Elena Ilieva	BUL	25:55
14	Mihaela Nakova	BUL	30:36

## MENS TEAMS

1	ROU	13
2	TUR	17
3	BUL	21
4	SRB	35

## JUNIOR MENS TEAMS

1	TUR	9
2	ROU	16
3	BUL	25
4	SRB	42

## WOMENS TEAMS

1	ROU	7
2	BUL	17
3	TUR	25

## JUNIOR WOMENS TEAMS

1	ROU	10
2	TUR	15
3	BUL	28



<http://www.balkan-athletics.eu/2017/teteven2017.php>

## 12TH WMRA INTERNATIONAL YOUTH CUP 2017

(competition for girls and boys 16 – 17 years old)

25 JUNE 2017

Gagliano del Capo,  
ITALY

<http://www.youthcup2017.com>



## 33RD WMRA WORLD MOUNTAIN RUNNING CHAMPIONSHIPS 2017

(up & downhill)

30 JULY 2017

Premana,  
ITALY

<http://www.wmrcpremana2017.com>



## 14TH WMRA LONG DISTANCE MOUNTAIN RUNNING CHAMPIONSHIPS 2017

6 AUGUST 2017

Premana,  
ITALY

<http://www.giirdimont.it>



## 17TH WMRA/WMA MASTERS WORLD MOUNTAIN RUNNING CHAMPIONSHIPS 2017

2 SEPTEMBER 2017

Pruske,  
SLOVAKIA

<http://www.vrsatec2017.eu>



## 16TH EA MOUNTAIN RUNNING CHAMPIONSHIPS 2017

(uphill)

8 JULY 2017

Kamnik,  
SLOVENIA

<http://www.european-athletics.org/competitions/european-mountain-running-championships/>



## 14TH NACAC MOUNTAIN RUNNING CHAMPIONSHIPS 2017

Date: TBD June 2017

Venue & Country:  
TBD



## WMRA Calendar 2017 - International Mountain Running Races

Date	Event	Place / Venue	Country
<b>WMRA Events and World Championships 2017</b>			
24th June - Saturday	12th WMRA International Youth Cup (competition for 16 – 17 years old)	Gagliano del Capo	ITA
30th July - Sunday	33rd WMRA World Mountain Running Championships (up & downhill)	Premana	ITA
6th August - Sunday	14th WMRA Long Distance Mountain Running Championships	Premana	ITA
2nd September - Sunday	17th WMRA/WMA Masters World Mountain Running Championships	Pruske	SVK
<b>IAAF Area Championships 2017</b>			
8th July - Saturday	16th EA Mountain Running Championships (uphill)	Kamnik	SLO
17th November - Friday	10th CONSUDATLE Mountain Running Championships	Villa La Angostura	ARG
TBD	14th NACAC Mountain Running Championships	TBD	TBD
<b>Other Championships 2017</b>			
30 April - Sunday	6th EMA European Masters Mountain Running Championships	Montcada i Reixac	ESP
10th June - Saturday	9th ABAF Balkan Mountain Running Championships	Teteven	BUL
<b>19th WMRA World Cup 2017</b>			
28th May - Sunday	Bolognano - Monte Velo / 1st WMRA World Cup race	Arco	ITA
4th June - Sunday	33rd Int. Muttersberglauflauf / 2nd WMRA World Cup race	Bludenz	AUT
11th June - Sunday	37th La Montée du Grand Ballon / 3rd WMRA World Cup race	Willer sur Thur	FRA
30th July - Sunday	33rd WMRA World Mountain Running Championships (up & downhill)	Premana	ITA
	4th WMRA World Cup race		
27th August - Sunday	29th Challenge Stellina / 5th WMRA World Cup race	Susa	ITA
24th September - Sunday	44th Hochfeln Berglauf / 6th WMRA World Cup race	Bergen	GER
7th October - Saturday	38th Smarna Gora Int. mountain race / final and 7th WMRA World Cup race	Ljubljana	SLO