## Keyboarding Assessment/Placement

Warmup

1. Open Keyboarding Pro.
2. Go to the Word Processor by clicking the
3. Key each line twice. Tap enter after each group of lines.
4. Close the document by clicking $x$ in the upperright corner.
alphabet Max quietly promised a very big gift for the jazz club next week. Zack worked on five great projects and quickly became the expert. Jack Meyer analyzed the data by answering five complex questions.
figures The invoice dated $9 / 28 / 07$ was for $\$ 18,493.56$; it is due $10 / 24 / 07$. Our dinner on $6 / 25 / 08$ cost $\$ 432.97$ plus $18 \%$ tip totaling $\$ 510.90$. The 3 invoices (\#49875, \#52604, and \#137986) totaled \$379,912.46.
easy Pam may go with me to town to work for the auditor if he is busy. Jan and six girls may go to the lake to sit on the dock and fish. My neighbor may tutor the eight girls on the theory and problems.

## Timed Writing

1. From the main screen, click the Timed Writing tab.

## Timed Writings

2. Choose 3' as the length. Choose pretest from the list of writings.
3. Tap tAB to begin. Key from the textbook.
4. Repeat the timing for $3^{\prime}$.
5. Your results will be displayed in the Timed Writing Report, which is available on the menu bar.


## Alphabetic Keys

## MODULE 1

 0- Key the alphabetic keys by touch.
- Key using proper techniques.
- Key at a rate of 14 gwam or more.


## Lesson 1

## 1 a

## Home Row Position and Space Bar

1. Open Keyboarding Pro and create your student record.
2. Go to the Word Processor. (The will appear next to exercises keyed in the Word Processor in Lessons 1-25.)
3. Practice the steps at the right until you can place your hands in home-row position without watching.
4. Key the drills at the bottom of the page several times.
5. Continue to the next page; keep the document on your screen.

## Home Row, Space Bar, Enter, I

## HOME ROW POSITION

1. Drop your hands to your side. Allow your fingers to curve naturally. Maintain this curve as you key.
2. Lightly place your left fingers over the asdfand the right fingers over the $\mathbf{j} \mathbf{k} \mathbf{l} ;$. You will feel a raised element on the $f$ and $j$ keys, which will help you keep your fingers on the home position. You are now in home-row position.


## SPACE BAR AND ENTER

Tap the Space Bar, located at the bottom of the keyboard, with a down-and-in motion of the right thumb to space between words.

Enter Reach with the fourth (little) finger of the right hand to enter. Tap it to return the insertion point to the left margin. This action creates a hard return. Use a hard return at the end of all drill lines.
 Quickly return to home position (over ;).

Key these lines



## NEW KEYS

## 1 b <br> Procedures for Learning New Keys

Apply these steps each time you learn a new key.

## 1 c Home Row

1. The Word Processor should be open.
2. Key lines 1-9 once. Tap ENTER once at the end of each line and twice to double-space (DS) between 2-line groups.
3. Keep the document on your screen.

## 1 d

## i

1. Apply the standard plan for learning the letter $i$.
2. Key lines $10-12$ in the Word Processor. Keep fingers curved. Repeat until you can key it fluently.
3. Click $X$ in the upper right corner of your screen to exit the Word Processor. You will be at the Main menu of Keyboarding Pro.

## STANDARD PLAN for Learning New Keyreaches

1. Find the new key on the illustrated keyboard. Then find it on your keyboard.
2. Watch your finger make the reach to the new key a few times. Keep other fingers curved in home position. For an upward reach, straighten the finger slightly; for a downward reach, curve the finger a bit more.
3. Repeat the drill until you can key it fluently.


Tap Space Bar once.


2 ddd kkk dkd ddd kkk dkd dkd kdk kdk dkd Tap ENTER twice to DS
3 sss 111 s1s sss 111 s1s s1s 1s1 1s1 s1s
4 aaa ; ; a;a aaa ; ; a;s a;a ;a; ;a; a;a
5 ff jj ff jj fj fj fj dd kk dd kk dk dk dk

6 SS 11 ss 11 s1 sl s1 aa ; $\quad$ aa ; $\quad a ; a ; a ;$
DS
7 f j d k s 1 a ;
8 ff jj dd kk ss 11 aa ; ;
9 fff jjj ddd kkk sss 111 aaa jjj ; ; ;


[^0]
## 1 e

## Lesson 1 from Software

1. Read the information at the right. Then do Lesson 1 from Keyboarding Pro.

## S TANDARD PLAN for Using Keyboarding Pro

1. Select the Lessons tab. Select a lesson from the drop-down list or key the lesson number (Figure 1-1).
2. The first activity is displayed automatically. Follow the directions on screen. Key from the screen. The software will move automatically to the next activity.


Figure 1-1 Lesson Menu

3. Key the Textbook Keying activity from the textbook (lines $13-18$ below). Tap ESC or click the Stop button to end the activity.
4. Figure 1-3 shows the Lesson Report. A check mark next to the exercise indicates that it is completed.
5. To end the lesson, check with your instructor. You may do the following:

- Print your Lesson Report, view the Performance Graph or send your student record to the Web Reporter.

6. From the Main menu, select the Exit button to quit the program. You may choose to transfer your file to another location.



## Textbook Keying

1. Key each line once; do not key the numbers. Tap ENTER at the end of each line.
Keep your eyes on the book.
2. Tap ESC or click the Stop button to end the activity.

## $1 f$ End the lesson

1. Follow steps 5 and 6 above to print the Lesson Report, send your files to the Web Reporter, and exit the software.
2. Clean up your work area.

## Lesson 1R

## Review

## Warmup

## Getting Started

1. Start Keyboarding Pro.
2. Select your name and key your password. Click OK.
3. Select Lesson 1R.
4. Key each exercise as directed in the software.

## 1 Ra Textbook Keying

1. Key each line once. Tap ENTER twice to double space (DS) between 2-line groups.
2. Try to keep your eyes on the book the entire time you key.
3. Tap ESC or click Stop to end the exercise.

## SKILL BUILDING

## 1 Rb Keyboard Review

Key these lines from the software screen as directed.

## 1 Rc End the Lesson

1. Print the Lesson Report if directed by your instructor.
2. If necessary, transfer your student record to another location.
3. If instructed, select Send File to send your record to the Web Reporter.
4. Exit the software; clean up your work area.


Fingers curved and upright


1 f $j f j f$ jj fj fj jf dd $k k$ dd kk dk dk dk
2 s ; $\mathrm{s} ; \mathrm{s}$; s ; $\mathrm{s} ; \mathrm{s}$; aa ; aa ; ; a; a; a;
Tap ENTER twice to DS.
3 fj dk sl a; fjdksla; jfkdls;a ;a ;s kd j
4 f $j$ fjf d $k$ dkd $s 1$ sls a $;$ fj dk sl a;a
DS
5 a; al ak aj s s; sl sk sj d d; dl dk djd
6 ja js jd jf k ka ks kd kf 1 la ls 1d 1f1

## Lesson 2 <br> E and N

Warmup 2a

1. Open Keyboarding Pro.
2. Locate your student record.
3. Select Lesson 2.

1 ff dd ss aa ff dd ss aa $j j$ kk 11 ; $f(\mathrm{fj} \mathrm{dk} \mathrm{s} 1 \mathrm{a} ; \mathrm{a}$;
2 fj dk sl a; fjdksla; a;sldkfj fj dk sl a; fjdksla;
3 aa ss dd ff jj kk 11 ; ; aa ss dd ff jj kk 11 ; ; a;
4 if a; as is; kids did; ask a sad lad; if a lass is

## NEW KEYS

2b E and $\mathbb{N}$
Key each line once; DS between groups.

e Reach up with left second finger.

n Reach down with right first finger.

## 2c Textbook Keying

Key each line once; DS between groups.

## TECHNIQUE TIP

Keep your eyes on the textbook copy.

e
5 e ed ed led led lea lea ale ale elf elf eke eke ed 6 e el el eel els elk elk lea leak ale kale led jell 7 e ale kale lea leak fee feel lea lead elf self eke
n
8 n nj nj an an and and fan fan and kin din fin land
9 n an fan in fin and land sand din fans sank an sin
10 n in ink sink inn kin skin an and land in din dink
all reaches learned
11 den end fen ken dean dens ales fend fens keen knee
12 if in need; feel ill; as an end; a lad and a lass;
13 and sand; a keen idea; as a sail sank; is in jail;
14 an idea; an end; a lake; a nail; a jade; a dean is

15 if a lad;
16 is a sad fall
17 if a lass did ask
18 ask a lass; ask a lad
19 a;sldkfj a;sldkfj a;sldkfj
$20 a ; s l d k f j f j d k$ sl a; a;sldkfj
21 i ik ik if if is is kid skid did lid aid laid said
22 ik kid ail die fie did lie ill ilk silk skill skid

## SKILL BUILDING

## 2 d Reinforcement

Key each line once; concentrate on what you are keying.

## 2 e End the lesson

1. Print the Lesson Report.
2. If appropriate, send your student record to the Web Reporter.
3. Exit the software; clean up your work area.

## Keyboarding: The Survival Skill



Keyboarding is a valuable and necessary skill for everyone in this technological world. It is an expected tool for effective communication throughout one's life.

Students who resort to "hunting and pecking" to key their school assignments are constantly searching for the correct letter on the keyboard. Frustration abounds for students who wish to enter their research report into the computer, but do not have the touch keyboarding skills required to accomplish the task quickly and proficiently. Students who can key by touch are much more relaxed because they can keep their eyes on the screen and concentrate on text editing and composing.
Some people claim that voice-activated computers will replace the need for keyboarding. Voice activation currently works best in conjunction with keyboarding. The first draft of a document can be inputted using voice; the draft is then edited using the keyboard. Together, this process can greatly speed work performance.

## Lesson 3

## Review

## Warmup 3a

Key each line at a steady pace; tap and release each key quickly. Key each line again at a faster pace.

home 1 ad ads lad fad dad as ask fa la lass jak jaks alas n 2 an fan and land fan flan sans sand sank flank dank
i 3 is id ill dill if aid ail fail did kid ski lid ilk
all 4 ade alas nine else fife ken; jell ink jak inns if;

## SKILL BUILDING

## easy words

if is as an ad el and did die eel fin fan elf lens
6 as ask and id kid and ade aid eel feel ilk skis an
7 ail fail aid did ken ale led an flan inn inns alas
8 eel eke nee kneel did kids kale sees lake elf fled easy phrases
el el|id id|is is|eke eke|lee lee|ale ale|jill jill
10 is if|is a|is a|a disk|a disk|did ski|did ski|is a
11 sell a|sell a|sell a sled|fall fad|fall fad|did die
12 sees a lake|sees a lake|as a deal|sell a sled|all a a
home row: fingers curved and upright
13 jak lad as lass dad sad lads fad fall la ask ad as 14 asks add jaks dads a lass ads flak adds sad as lad upward reaches: straighten fingers slightly; return quickly to home position 15 fed die led ail kea lei did ale fife silk leak lie
16 sea lid deal sine desk lie ale like life idea jail double letters: don't hurry when stroking double letters
fee jell less add inn seek fall alee lass keel all
18 dill dell see fell eel less all add kiss seen sell

## 3d Textbook Keying

Key each line once; DS between groups of two lines.

## TECHNIQUE TIP

Tap keys quickly. Tap the Space Bar with down-and-in motion. Tap Enter with a quick flick of the little finger.

## $3 e$ Timed Writing

1. Key lines 35-38 for $1^{\prime}$. If you finish before time is up, repeat the lines.
2. Practice the remaining lines in the game.
3. End your lesson.
4. Clean up your work area.

reach review
19 ea sea lea seas deal leaf leak lead leas fleas keas 20 as ask lass ease as asks ask ask sass as alas seas DS
21 sa sad sane sake sail sale sans safe sad said sand 22 le sled lead flee fled ale flea lei dale kale leaf DS
$23 \mathrm{jn} j \mathrm{n} \mathrm{nj} \mathrm{nj}$ in fan fin an; din ink sin and inn an; 24 de den end fen an an and and ken knee nee dean dee phrases (think and key phrases)
25 and and land land el el elf elf self self ail nail 26 as as ask ask ad ad lad lad id id lid lid kid kids

27 if if|is is|jak jak|all all|did did|nan nan|elf elf 28 as a lad| ask dad| fed a jak| as all ask| sales fad

29 sell a lead|seal a deal|feel a leaf|if a jade sale 30 is a|is as if|a disk|aid all kids|did ski|is a silk

31 den end fen ken dean dens ales fend fens keen knee 32 a deed; a desk; a jade; an eel; a jade eel; a dean

33 an an in in and and en end end sane sane sand sand n/a 34 a land; a dean; a fan; a fin; a sane end; end land

35 el eel eld elf sell self el dell fell elk els jell e/n

36 in fin inn inks dine sink fine fins kind line lain
37 an and fan dean elan flan land lane lean sand sane

## LESSON 4 <br> Left Shift, H, T, Period

## Warmup 4a

Key each line twice. Keep eyes on copy.
homerow 1 al as ads lad dad fad jak fall lass asks fads all; eli/n 2 ed ik $j n$ in knee end nine line sine lien dies leis all reaches 3 see a ski; add ink; fed a jak; is an inn; as a lad
easy 4 an dial id is an la lake did el ale fake is land a

## NEW KEYS

4 b Left Shift and h
Key each line once.

Follow the "Standard procedures for learning new keyreaches" on p. 4 for all remaining reaches.


## left shift

5 J Ja Ja Jan Jan Jane Jana Ken Kass Lee Len Nan Ned 6 and Ken and Lena and Jake and Lida and Nan and Ida 7 Inn is; Jill Ina is; Nels is; Jen is; Ken Lin is a h

8 h hj hj he he she she hen aha ash had has hid shed 9 h hj ha hie his half hand hike dash head sash shad 10 aha hi hash heal hill hind lash hash hake dish ash all reaches learned

11 Nels Kane and Jake Jenn; she asked Hi and Ina Linn
12 Lend Lana and Jed a dish; I fed Lane and Jess Kane
13 I see Jake Kish and Lash Hess; Isla and Helen hike

14 he she held a lead; she sells jade; she has a sale 15 Ha Ja Ka La Ha Hal Ja Jake Ka Kahn La Ladd Ha Hall 16 Hal leads; Jeff led all fall; Hal has a safe lead

17 Hal Hall heads all sales; Jake Hess asks less fee;

## 4d t and . (period)

Key each line once.

t Reach up with left first finger.

( period) Reach down with right third finger.

Period: Space once after a period that follows an initial or an abbreviation. To increase readability, space twice after a period that ends a sentence.

t
18 t tf tf aft aft left fit fat fete tiff tie the tin 19 tf at at aft lit hit tide tilt tint sits skit this 20 hat kit let lit ate sit flat tilt thin tale tan at (period)

21 . 1 . 1 1.1 fl. f1. L. L. Neal and J. N. List hiked. 22 Hand J. H. Kass a fan. Jess did. I need an idea. 23 Jane said she has a tan dish; Jae and Lee need it. all reaches learned

24 I did tell J. K. that Lt. Li had left. He is ill. 25 tie tan kit sit fit hit hat; the jet left at nine. 26 I see Lila and Ilene at tea. Jan Kane ate at ten.

## SKILL BUILDING

## 4e Reinforcement

Key with control; concentrate as you practice the new reaches.

## TECHNIQUE TIP

Tap Enter without pausing or looking up from the copy.
reach 27 tf. $1 \mathrm{hj} f t \mathrm{ki}$ de jh tf ik ed $h j$ de ft ki $1 . \mathrm{tf} i k$ ${ }^{\text {review }} 28$ elf eel left is sis fit till dens ink has delt ink 29 he he heed heed she she shelf shelf shed shed she h/e 30 he has; he had; he led; he sleds; she fell; he is it is if id did lit tide tide tile tile list list 32 it is; he hit it; he is ill; she is still; she is

33 Hal and Ne1; Jade dishes; Kale has half; Jed hides
34 Hi Ken; Helen and Jen hike; Jan has a jade; Ken is
35 Nan had a sale.
36 He did see Hal.
enter
37 Lee has a desk.
38 Ina hid a dish.

## Lesson 5 <br> R, Right Shift, C, $\mathbf{O}$

Warmup 5a

Key each line twice.
homekeys 1 a; ad add al all lad fad jak ask lass fall jak lad thiin 2 the hit tin nit then this kith dint tine hint thin left shiftl. 3 I need ink. Li has an idea. Hit it. I see Kate. all reaches 4 Jeff ate at ten; he left a salad dish in the sink.

## NEW KEYS

5bra and Right Shift
Key each line once.

r Reach up with left first finger.

right shift Reach down with right fourth finger; shift, tap, release.

## 5 C Textbook Keying

Key each line once; DS between groups of two lines.


5 r rf rf riff riff fir fir rid ire jar air sir lair 6 rf rid ark ran rat are hare art rant tire dirt jar 7 rare dirk ajar lark rain kirk share hart rail tart right shift

8 D D Dan Dan Dale Ti Sal Ted Ann Ed Alf Ada Sid Fan 9 and Sid and Dina and Allen and Eli and Dean and Ed 10 Ed Dana; Dee Falk; Tina Finn; Sal Alan; Anna Deeds all reaches learned

11 Jane and Ann hiked in the sand; Asa set the tents.
12 a rake; a jar; a tree; a red fire; a fare; a rain;
13 Fred Derr and Rai Tira dined at the Tree Art Fair.

14 ir ir ire fir first air fair fire tire rid sir 15 fir jar tar fir flit rill till list stir dirt fire DS

16 Feral is ill. Dan reads. Dee and Ed Finn see Dere.
17 All is still as Sarah and I fish here in the rain. DS

18 I still see a red ash tree that fell in the field.
19 Lana said she did sail her skiff in the dark lake.
$5 \mathrm{~d} c$ and 0
Key each line once.

c Reach down with left second finger.

o Reach up with right third finger.
c
$20 \mathrm{c} c \mathrm{~cd}$ cd cad cad can can tic ice sac cake cat sic 21 clad chic cite cheek clef sick lick kick dice rice 22 call acid hack jack lack lick cask crack clan cane o

23 o ol ol old old of off odd ode or ore oar soar one 24 o1 sol sold told dole do doe lo doll sol solo odor 25 onto door toil lotto soak fort hods foal roan load all reaches learned

26 Carlo Rand can call Rocco; Cole can call Doc Cost. 27 Trina can ask Dina if Nick Corl has left; Joe did.
28 Case sent Carole a nice skirt; it fits Lorna Rich.

## SKILL BUILDING

## 5 e Keyboard Reinforcement

Key each line once; key at a steady pace. Strive for control.

## TECHNIQUE TIP

Reach up without moving hands away from your body. Use quick keystrokes.

29 or or for for nor nor ore ore oar oar roe roe sore 30 a rose|her or|he or|he rode|or for|a door|her doll 31 is is tis tis it it fit fit tie tie this this lits ${ }^{3}$ it is $\mid$ it is|it is this|it is this|it sits|tie fits 33 en en end end ne ne need need ken ken kneel kneels ${ }^{\text {e/n }} 34$ lend the|lend the at the end|at the end|need their

35 ch ch check check ck ck hack lack jack co co cones ${ }^{\text {c/o }} 36$ the cot|the cot|a dock|a dock|a jack|a jack|a cone

37 Jack and Rona did frost nine of the cakes at last. reaches 38 Jo can ice her drink if Tess can find her a flask.

39 Ask Jean to call Fisk at noon; he needs her notes.

## Lesson 6

## W, Comma, B, P

Warmup 6a
Key each line twice; avoid pauses.
home row 1 ask a lad; a fall fad; had a salad; ask a sad jak; olt 2 to do it; to toil; as a tot; do a lot; he told her dr 3 cots are; has rocks; roll cot; is rich; has an arc all reaches 4 Holt can see Dane at ten; Jill sees Frank at nine.

## NEW KEYS

6b w and . (comma)
Key each line once.

w Reach up with left third finger.

, (comma) Reach down with right second finger.

## 6c Textbook Keying

Key each line once.

Comma: Space once after a comma.

w
5 w ws ws was was wan wit low win jaw wilt wink wolf 6 sw sw ws ow ow now now row row own own wow wow owe 7 to sew; to own; was rich; was in; is how; will now , (comma)
$8 \mathrm{k}, \mathrm{k}, \mathrm{k}$, irk, ilk, ask, oak, ark, lark, jak, rock, 9 skis, a dock, a fork, a lock, a fee, a tie, a fan, 10 Jo, Ed, Ted, and Dan saw Nan in a car lift; a kit all reaches learned
11 Win, Lew, Drew, and Walt will walk to West Willow. 12 Ask Ho, A1, and Jared to read the code; it is new. 13 The window, we think, was closed; we felt no wind.

14 walk wide sown wild town went jowl wait white down 15 a dock, a kit, a wick, a lock, a row, a cow, a fee 16 Joe lost to Ron; Fiji lost to Cara; Don lost to Al
17 Kane will win; Nan will win; Rio will win; Di wins
18 Walter is in Reno; Tia is in Tahoe; then to Hawaii

6d b and p
Key each line once.

b Reach down with left first finger.

p Reach up with right fourth (little) finger.


## b

19 bf bf bf biff fib fib bib bib boa boa fib fibs rob 20 bf bf bf ban ban bon bon bow bow be be rib rib sob 21 a dob, a cob, a crib, a lab, a slab, a bid, a bath p
22 p; p; pa pa; pal pal pan pan pad par pen pep paper 23 pa pa; lap lap; nap nap; hep ape spa asp leap clap 24 a park, a pan, a pal, a pad, apt to pop, a pair of all reaches learned

25 Barb and Bob wrapped a pepper in paper and ribbon.
26 Rip, Joann, and Dick were all closer to the flash.
27 Bo will be pleased to see Japan; he works in Oslo.

## SKILL BUILDING

## 6e Keyboard Reinforcement

 Key each line once; key at a steady pace.28 ki kid did aid lie hj has has had sw saw wits will ${ }^{\text {review }} 29$ de dell led sled $j n$ an $e n$ end ant hand $k$, end, kin

30 ws ws lows now we shown win cow wow wire jowl when 31 Wes saw an owl in the willow tree in the old lane.

32 bf bf fib rob bid ; p p; pal pen pot nap hop cap bp b/p

33 Rob has both pans in a bin at the back of the pen.

34 to do|can do|to bow|ask her|to nap|to work|is born 35 for this|if she|is now|did all|to see|or not|or if
${ }^{\text {all }}{ }^{36}$ Dick owns a dock at this lake; he paid Ken for it. reaches 37 Jane also kept a pair of owls, a hen, and a snake.

38 Blair soaks a bit of the corn, as he did in Japan.
39 I blend the cocoa in the bowl when $I$ work for Leo.

## $6 f$ Speed Builder

Key each line twice. Work for fluency.

## Lesson 7

## Review

## Warmup 7a

Key each line twice; begin new lines promptly.

all 1 We often can take the older jet to Paris and back. home 2 a; sl dk fj a;sl dkfj ad as all ask fads adds asks 1strow 3 Ann Bascan and Cabal Naban nabbed a cab in Canada. 3rd row 4 Rip went to a water show with either Pippa or Pia.

## SKILL BUILDING

## 7 b Textbook Keying

Key each line once; DS between groups of three lines.

## 7 C Textbook Keying

Key each line once; DS between groups of three lines

## TECHNIQUE TIP

words: key as a single unit rather than letter by letter;
phrases: say and key fluently;
sentences: work for fluency.

5 ws ws was was wan wan wit wit pew paw nap pop bawl 6 bf bf fb fb fob fob rib rib be be job job bat back 7 p; p; asp asp pan pan ap ap ca cap pa nap pop prow DS

8 Barb and Bret took an old black robe and the boot.
9 Walt saw a wisp of white water renew ripe peppers.
10 Pat picked a black pepper for the picnic at Parks.
words 11 a an pan so sot la lap ah own do doe el elf to tot phrases 12 if it|to do|it is|do so|for the|he works|if he bid sentences 13 Jess ate all of the peas in the salad in the bowl.
words 14 bow bowl pin pint for fork forks hen hens jak jaks phrases 15 is for|did it|is the|we did a|and so|to see|or not sentences 16 I hid the ace in a jar as a joke; I do not see it. DS
words 17 chap chaps flak flake flakes prow prowl work works phrases 18 as for the|as for the|and to the|to see it|and did sentences 19 As far as I know, he did not read all of the book.

## 7 d Technique Practice

Key each set of lines once.

- Space once after a period following an abbreviation.


## $7 e$

Using the Word
Processor Timer
Exercises to be keyed in the Word Processor are identified with the Word Processor icon. Follow the instructions in the textbook and key from the textbook.
spacing: space immediately after each word
0 ad la as in if it lo no of oh he or so ok pi be we 1 an ace ads ale aha a fit oil a jak nor a bit a pew 2 ice ades born is fake to jail than it and the cows spacing/shifting
3 Ask Jed. Dr. Han left at ten; Dr. Crowe, at nine.
24 I asked Jin if she had ice in a bowl; it can help.
Freda, not Jack, went to Spain. Joan likes Spain.

## STANDARD PLAN for Using the Word Processor Timer

You can check your speed in the Word Processor using the Timer. $i$

1. In the Word Processor, click the Timer button on the status bar.
2. The Timer begins once you start to key and stops automatically. Do not tap enter at the end of a line. Wordwrap will cause the text to flow to the next line automatically.
3. To save the timing, click the File menu and Save as. Use your initals $(x x)$, the exercise number, and number of the timing as the filename. Example: $x x-7 f-t 1$ (your initials, exercise 7f, timing1).
4. Click the Timer button again to start a new timing.
5. Each new timing must be saved with its own name.
gwam
10
It is hard to fake a confident spirit. We will do20
know that we will do the best work we can and then ..... 30

not fret.

## 7 g Word Processor

1. In the Word Processor, key each line once for fluency. Do not save your work.
2. Set the Timer in the Word Processor for 30". Take two 30" writings on each line. Do not save the timings.
Goal: to reach the end of the line before time is up.

## $7 f$ Timed Writing

1. Take two 1 ' writings. If you finish before time is up, begin again.
2. Do not tap ENTER at the ends of the lines.
Goal: 12 gwam.

## Lesson 8 <br> G, Question Mark, X, U

## Warmup 8a

Key each line twice. Keep eyes on copy.
all 1 Dick will see Job at nine if Rach sees Pat at one. w/b 2 As the wind blew, Bob Webber saw the window break. p/, 3 Pat, Pippa, or Cap has prepared the proper papers. all 4 Bo, Jose, and Will fed Lin; Jack had not paid her.

## NEW KEYS

8b g and?
Key each line once; repeat.

g Reach to right with left first finger.

? Left shift; reach down with right fourth finger.

## Question mark: The

 question mark is usually followed by two spaces.

9
5 g g gf gaff gag grog fog frog drag cog dig fig gig 6 gf go gall flag gels slag gala gale glad glee gals 7 golf flog gorge glen high logs gore ogle page grow ?

8 ? ?; ?; ? ? Who? When? Where? Who is? Who was? 9 Who is here? Was it he? Was it she? Did she go? 10 Did Geena? Did he? What is that? Was Jose here? all reaches learned

11 Has Ginger lost her job? Was her April bill here? 12 Phil did not want the boats to get here this soon.
13 Loris Shin has been ill; Frank, a doctor, saw her.

## 8c Textbook Keying

Key each line once; DS between groups.

## TECHNIQUE TIP

Concentrate on correct reaches.
reach ${ }^{14}$ ws ws hj hj tf tf ol ol rf rf ed ed cd cd bf bf p; review 15 wed bid has old hold rid heed heed car bed pot pot

16 gf gf gin gin rig ring go gone no nog sign got dog ${ }^{g} 17$ to go|to go|go on|go in|go in|to go in|in the sign

18 ?; ?;? who? when? where? how? what? who? It is I?
19 Is she? Is he? Did I lose Jo? Is Gal all right?
$8 \mathrm{~d} x$ and $u$
Key each line once; repeat.

x Reach down with left third finger.

u Reach up with right first finger.

x
$20 \mathrm{x} x \mathrm{xS} \mathrm{xs}$ ox ox lox sox fox box ex hex lax hex fax 21 sx six sax sox ax fix cox wax hex box pox sex text 22 flax next flex axel pixel exit oxen taxi axis next u

23 u uj uj jug jut just dust dud due sue use due duel 24 uj us cud but bun out sun nut gun hut hue put fuel 25 dual laud dusk suds fuss full tuna tutus duds full all reaches learned

26 Paige Power liked the book; Josh can read it next. 27 Next we picked a bag for Jan; then she, Jan, left. 28 Is her June account due? Has Lou ruined her unit?

## SKILL BUILDING

## 8e Reinforcement

Key each line once; work for control.

8f Timed Writing
Take two 1 ' timings. If time permits, continue to paragraph 2. Apply wordwrap.

## TECHNIQUE TIP

Wordwrap: Text within a paragraph moves automatically to the next line. Tap ENTER only to begin a new paragraph.

29 nut cue hut sun rug us six cut dug axe rag fox run 30 out of the sun|cut the action|a fox den|fun at six 31 That car is not junk; it can run in the next race. 32 etc. tax nick cure lack flex walls uncle clad hurt 33 lack the cash|not just luck|next in line|just once 34 June Dunn can send that next tax case to Rex Knox.

How a finished job will look often depends on how ${ }^{8}$ we feel about our work as we do it. Attitude has a definite effect on the end result of work we do. Tap ENTER once


## Lesson 9

## Q, M, V, Apostrophe

Warmup 9a
Key each line twice.
all leters 1 Lex gripes about cold weather; Fred is not joking. space bar 2 Is it Di, Jo, or A1? Ask Lt. Coe, Bill; he knows. easy 3 I did rush a bushel of cut corn to the sick ducks. easy 4 He is to go to the Tudor Isle of England on a bus.

## NEW KEYS

9b a and m
Key each line once; repeat.

q Reach up with left fourth finger.
m Reach down with right first finger.

## 9c Textbook Keying

Key each line once for control. DS between groups of two lines.


q
5 q qa qa quad quad quaff quant queen quo quit quick 6 qa qu qa quo quit quod quid quip quads quote quiet 7 quite quilts quart quill quakes quail quack quaint m

8 m mj mj jam man malt mar max maw me mew men hem me 9 m mj ma am make male mane melt meat mist amen lame 10 malt meld hemp mimic tomb foam rams mama mire mind all reaches learned
11 Quin had some quiet qualms about taming a macaque.
12 Jake Coxe had questions about a new floor program.
13 Max was quick to join the big reception for Lidia.
m/x 14 me men ma am jam am lax, mix jam; the hem, six men
15 Emma Max expressed an aim to make a mammoth model. DS
q/u 16 qa qu aqua aqua quit quit quip quite pro quo squad
17 Did Quin make a quick request to take the Qu exam?
DS
g/n 18 fg gn gun gun dig dig nag snag snag sign grab grab
19 Georgia hung a sign in front of the union for Gib.

Key each line once; repeat.

v Reach down with left first finger.

' Reach to the right with the right fourth finger.

Apostrophe: The apostrophe shows (1) omission (as Rob't for Robert or it's for it is) or (2) possession when used with nouns (as Joe's hat).


20 v vf vf vie vie via via vim vat vow vile vale vote 21 vf vf ave vet ova eve vie dive five live have lave 22 cove dove over aver vivas hive volt five java jive ' (apostrophe)

23 '; '; it's it's Rod's; it's Bo's hat; we'11 do it. 24 We don't know if it's Lee's pen or Norma's pencil. 25 It's ten o'clock; I won't tell him that he's late. all reaches learned

26 It's Viv's turn to drive Iva's van to Ava's house. 27 Qua, not Vi, took the jet; so did Cal. Didn't he? 28 Wasn't Fae Baxter a judge at the post garden show?

## SKILL BUILDING

## 9e Reinforcement

Key each line once.

## TECHNIQUE TIP

Keep your hands still as you reach to the third or bottom rows.

29 Viola said she has moved six times in five months.
30 Does Dave live on Vine Street? Must he leave now?
31 Did Viv vote? Can Paque move it? Could Val dive?
32 Didn't Raquel quit Carl Quent after their quarrel?
33 Fred told Brice that the junior class must depart. 34 June and Hunt decided to go to that great musical.

35 Harriette will cook dinner for the swimming teams. 36 Bill's committee meets in an accounting classroom.

9f Timed Writing
Key the paragraph once for control. Key it again a little faster.

We must bé able to ${ }^{4}$ express our thoughts ${ }^{8}$ with ease 12 • 16 • 20 if we desire to find success in the business world. It is there that sound ideas earn cash.

## Lesson 10 <br> Z, Y, Quotation Mark, Tab

WARMUP 10a
Key each line twice.
all leters 1 Quill owed those back taxes after moving to Japan. spacing 2 Didn't Vi, Sue, and Paul go? Someone did; I know. q/v/m 3 Marv was quite quick to remove that mauve lacquer. easy 4 Lana is a neighbor; she owns a lake and an island.

## NEW KEYS

10b z and y
Key each line once; repeat.

z Reach down with left fourth finger.

y Reach up with right first finger.

## 10c Textbook Keying

Key each line once. DS between groups.


5 za za zap zap zing zig zag zoo zed zip zap zig zed 6 doze zeal zero haze jazz zone zinc zing size ozone 7 ooze maze doze zoom zarf zebus daze gaze faze adze y
8 y yj yj jay jay hay hay lay nay say days eyes ayes 9 yj ye yet yen yes cry dry you rye sty your fry wry 10 ye yen bye yea coy yew dye yaw lye yap yak yon any all reaches learned
11 Did you say Liz saw any yaks or zebus at your zoo? 12 Relax; Jake wouldn't acquire any favorable rights.
13 Has Mazie departed? Tex, Lu, and I will go alone.

14 Cecilia brings my jumbo umbrella to every concert. direct 15 John and Kim recently brought us an old art piece.

16 I built a gray brick border around my herb garden. DS

17 sa ui hj gf mn vc ew uy re io as $1 k$ rt $j k$ df op yu
18 In Ms. Lopez' opinion, the opera was really great.
19 Polly and I were joining Walker at the open house.

## 10d

(quotation mark) and TAB
Key each line once; repeat.

" Shift; then reach to the right with the right fourth finger.

## SKILL BUILDING

## 10e Textbook Keying

Key lines 24-30 once. Tap tab to indent each paragraph. Use wordwrap, tapping enter only at the end of each paragraph.

24 The expression "I give you my word," or put another way, "Take my word for it," is just a way I can say, "I prize my name; it clearly stands in back of my words." I offer "honor" as collateral.

Tap the tab key and begin the line without a pause to maintain fluency.

She said that this is the lot to be sent; I agreed with her.

Tap Tab before starting to key a timed writing so that the first line is indented.

## $10 f$ Timed Writing

Take two 1 ' timings beginning with paragraph 1. If you finish before time is up, continue with paragraph 2. Use wordwrap.
Goal: 15 gwam

## TECHNIQUE TIP

Wordwrap: Text within a paragraph moves automatically to the next line. Tap ENTER only to begin a new paragraph.

Tab $\rightarrow$ All of us work for progress, but it is not 8 always easy to analyze "progress." We work hard 18 for it; but, in spite of some really good efforts, 28 we may fail to receive just exactly the response we 39 want.
Tab $\rightarrow$ When this happens, as it does to all of us, 9 it is time to cease whatever we are doing, have 18 a quiet talk with ourselves, and face up to the 28 questions about our limited progress. How can we 38 do better?


TAB Reach up with left fourth finger. fing

" (quotation mark)
20 "; "; " " "lingo" "bugs" "tennies" I like "malts." 1 "I am not," she said, "going." I just said, "Oh?" tab key
22 The tab key is used for indenting paragraphs and aligning columns.
23 Tabs that are set by the software are called default tabs, which are usually a half inch. defait

## Lesson 11 <br> Review

## Warmup 11a

Key each line twice (slowly, then faster).
alphabet 1 Zeb had Jewel quickly give him five or six points. "(quote) 2 Can you spell "chaos," "bias," "bye," and "their"?
y 3 Ty Clay may envy you for any zany plays you write. easy 4 Did he bid on the bicycle, or did he bid on a map? $\begin{array}{lllllllllllllllllllll} & 1 & \mid & 2 & \mid & 3 & \mid & 4 & \mid & 5 & \mid & 6 & \mid & 7 & \mid & 8 & \mid & 9 & \mid & 10 & \mid\end{array}$

## SKILL BUILDING

## 11b <br> Keyboard Reinforcement

Key each line once; repeat the drill to increase fluency.

## TECHNIQUE TIP

Work for smoothness, not speed.

## 11 c Speed Builders

Key each balanced-hand line twice, as quickly as you can.

5 za za zap az az maze zoo zip razz zed zax zoa zone 6 Liz Zahl saw Zoe feed the zebra in an Arizona zoo. 7 yj yj jy jy joy lay yaw say yes any yet my try you 8 Why do you say that today, Thursday, is my payday?

9 xs xs sax ox box fix hex ax lax fox taxi lox sixes 10 Roxy, you may ask Jay to fix any tax sets for you.

11 qa qa aqua quail quit quake quid equal quiet quart
12 Did Enrique quietly but quickly quell the quarrel?
13 fv fv five lives vow ova van eve avid vex vim void
14 Has Vivi, Vada, or Eva visited Vista Valley Farms?

15 is to for do an may work so it but an with them am 16 am yam map aid zig yams ivy via vie quay cob amend

17 to do is for an may work so it but am an with them 18 for it|for it|to the|to the|do they|do they|do it

19 Pamela may go to the farm with Jan and a neighbor.
20 Rod and Ty may go by the lake if they go downtown.

## 11 d Textbook Keying

Key each line once. Tap enter at the end of each line. DS between the groups of lines.

## TECHNIQUE TIP

Tap LOCK to capitalize several letters. Tap it again to toggle Lock off.

## 11 e Timed Writing

1. Take two 2 ' timings on all paragraphs. If you finish before time is up, start over with paragraph 1. Use wordwrap. Key fluently but with control.
Goal: 16 wam
2. End the lesson but do not exit the software.

## 11 f Enrichment

enter: key smoothly without looking at fingers
21 Make the return snappily
22 and with assurance; keep
23 your eyes on your source
24 data; maintain a smooth,
25 constant pace as you key.
DS

space bar: use down-and-in motion
26 us me it of he an by do go to us if or so am ah el
27 Have you a pen? If so, print "Free to any guest."
DS
caps lock: press to toggle it on or off
28
Use ALL CAPS for items such as TO, FROM, or SUBJECT.
9 Did Kristin mean Kansas City, MISSOURI, or KANSAS?

To determine gross-words-a-minute (gwam) rate for 2':
Follow these steps if you are not using the
Timer in the Word Processor.

1. Note the figure at the end of the last line completed.
2. For a partial line, note the figure on the scale direcly below the point at which you stopped keying.
3. Add these two figures to determine the total gross words a minute (gwam) you keyed.

4. Click the Skill Building tab from the main menu and choose Technique Builder; select Drill 1a.
5. Key Drill 1a from page 31. Key each line once striving for good accuracy.
6. The results will be listed on the Skill Building Report.

## Lesson 12

## Review

Warmup 12a
Key each line twice (slowly, then faster).
alphabet 1 Jack won five quiz games; Brad will play him next.
q 2 Quin Racq quickly and quietly quelled the quarrel.
z 3 Zaret zipped along sizzling, zigzag Arizona roads. easy 4 Did he hang the sign by the big bush at the lake?

## SKILL BUILDING

## 12b New Key Review

Key each line once; DS between groups. Work for smoothness, not speed.

## 12 c Textbook Keying

Key each line once; DS between groups. Work for smooth, unhurried keying.

## TECHNIQUE TIP

Keep fingers curved and body aligned properly.

5 bf bf fab fab ball bib rf rf rib rib fibs bums bee
6 Did Buffy remember that he is a brass band member?
7 za za zag zig zip yj yj jay eye day lazy hazy zest z/y

8 Liz amazed us with the zesty pizza on a lazy trip.
9 qa qa quo qt. quit quay quad quarm que uj jug quay
10 Where is Quito? Qatar? Boqueirao? Quebec? Quilmes?
11 vf vf valve five value mj mj ham mad mull mass vim
12 Vito, enter the words vim, vivace, and avar; save.
13 I faced defeat; only reserves saved my best crews.
14 In my opinion, I need to rest in my reserved seat.
15 Holly created a red poppy and deserves art awards. 16 My pump averages a faster rate; we get better oil.

17 ed fed led deed dell dead deal sled desk need seed de/ed

18 Dell dealt with the deed before the dire deadine.
19 old tolls doll solo look sole lost love cold stole ol/lo

20 Old Ole looked for the long lost olive oil lotion.
21 pop top post rope pout port stop opal opera report op/po

22 Stop to read the top opera opinion report to Opal.
23 we few wet were went wears weather skews stew blew we/ew

## 12 d Textbook Keying

Key each line once; DS between groups of three lines. Concentrate and key with control

## TECHNIQUE TIP

Keep hands quiet; do not bounce. Keep fingers curved and upright.

## 12e Timed Writing

Key a 2' timing on both paragraphs. If you finish before time is up, start again with paragraph 1. Key fluently but not rushed. Repeat the timing again for 2 '.


25 a for we you is that be this will be a to and well 26 as our with $I$ or a to by your form which all would 27 new year no order they so new but now year who may DS

28 This is Lyn's only date to visit their great city.
29 I can send it to your office at any time you wish. 30 She kept the fox, ow1s, and fow1 down by the lake. DS

31 Harriette will cook dinner for the swimming teams. 32 Annette will call at noon to give us her comments. 33 Johnny was good at running and passing a football. $\begin{array}{lllllllllllllllllll} & 1 & & 2 & \mid & 3 & \mid & 4 & \mid & 5 & \mid & 6 & \mid & 7 & \mid & 8 & \mid & 9 & \mid \\ 10 & \mid\end{array}$

## Copy Difficulty

What factors determine whether copy is difficult or easy? Research shows that difficulty is influenced by syllables per word, characters per word, and percent of familiar words. Carefully controlling these three factors ensures that speed and accuracy scores are reliable-that is, increased scores reflect increased skill.

In Level 1, all timings are easy. Note "E" inside the triangle at left of the timing. Easy timings contain an average of 1.2 syllables per word, 5.1 characters per word, and 90 percent familiar words. Easy copy is suitable for the beginner who is mastering the keyboard.
gwam
There should be no questions, no doubt, about the value of being able to key; it's just a matter
 of common sense that today a pencil is much too slow.

Let me explain. Work is done on a keyboard three to six times faster than other writing and with a product that is a prize to read. Don't you agree?
$\begin{array}{llllllllll}2^{\prime} & 1 & 1 & 2 & \mid & 3 & \mid & 4 & \mid & 5\end{array}$

Goal: 16 gwam


## Lesson 13

## Review

WARMUP 13a

Key each line twice (slowly, then faster).

```
alphabet 1 Bev quickly hid two Japanese frogs in Mitzi's box. shift 2 Jay Nadler, a Rotary Club member, wrote Mr. Coles. (comma) 3 Jay, Ed, and \(I\) paid for plates, knives, and forks.
easy 4 Did the amendment name a city auditor to the firm? \begin{tabular}{llllllllllllllllll|ll|}
\hline & 1 & \(\mid\) & 2 & \(\mid\) & 3 & \(\mid\) & 4 & \(\mid\) & 5 & \(\mid\) & 6 & \(\mid\) & 7 & \(\mid\) & 8 & \(\mid\) & 9 & \(\mid\) & 10
\end{tabular}
```


## SKILL BUILDING

## 13b Textbook Keying

Key each line once; DS between groups of lines. Key the text as suggested:
Lines 5-7: Key the words as a single unit.
Lines 8-10: Key the words letter by letter.

Lines 11-13: Vary your keying as your fingers find the right rhythm.

## 13 c

Keyboard Reinforcement
Key each line once; fingers well curved, wrists low.
word-level response: key short, familiar words as units
5 is to for do an may work so it but an with them am 6 Did they mend the torn right half of their ensign? 7 Hand me the ivory tusk on the mantle by the bugle. letter-level response: key more difficult words letter by letter

8 only state jolly zest oil verve join rate mop card
9 After defeat, look up; gaze in joy at a few stars.
10 We gazed at a plump beaver as it waded in my pool. combination response: use variable speed; your fingers will let you feel the difference

11 it up so at for you may was but him work were they
12 It is up to you to get the best rate; do it right.
13 This is Lyn's only date to visit their great city.
p 14 Pat appears happy to pay for any supper I prepare. $x 15$ Knox can relax; Alex gets a box of flax next week. v 16 Vi, Ava, and Viv move ivy vines, leaves, or stems. ' 17 It's a question of whether they can't or won't go. ? 18 Did Jan go? Did she see Ray? Who paid? Did she? $19 \mathrm{Ms}$. E. K. Nu and Lt. B. A. Walz had the a.m. duty. " 20 "Who are you?" he asked. "I am," I said, "Marie."

21 Find a car; try it; like it; work a price; buy it.

## 13d Textbook Keying

Troublesome Pairs: Key each line once; DS between groups.

## TECHNIQUE TIP

Keep hands and arms still as you reach up to the third row and down to the first row.

t 22 at fat hat sat to tip the that they fast last slat r 23 or red try ran run air era fair rid ride trip trap t/r 24 A trainer sprained an arm trying to tame the bear. DS
m 25 am me my mine jam man more most dome month minimum
n 26 no an now nine once net knee name ninth know never m/n 27 Many men and women are important company managers.

- 28 on or to not now one oil toil over only solo today
i 29 it is in tie did fix his sit like with insist will
o/i 30 Joni will consider obtaining options to buy coins.
a 31 at an as art has and any case data haze tart smart
s 32 us as so say sat slap lass class just sassy simple a/s 33 Disaster was averted as the steamer sailed to sea.
e 34 we he ear the key her hear chef desire where there
i 35 it is in tie did fix his sit like with insist will
e/i 36 An expression of gratitude for service is desired.
gwam 2'


## 13e Timed Writing

Key a 2' writing on both paragraphs. If you finish before time is up, start again with paragraph 1. Key fluently but not rushed. Repeat the timing again for 2 '.


Goal: 16 gwam

## Skill Builder

KEYBOARDING PRO DELUXE

## DRILL 1

Goal: reinforce key locations
Key each line once at a comfortable, constant rate.


## TECHNIQUE TIP

Keep

- your eyes on source copy
- your fingers curved, upright
- your wrists low but not touching
- your elbows hanging loosely
- your feet flat on the floor


## Skill Building Technique Builder

From the Skill Building tab, select Technique Builder and then the drill. Key each line once at a comfortable rate. Tap enter at the end of each line. Single-space the drill. Concentrate and key accurately. Repeat if desired.

## Drill 1a

A We saw that Alan had an alabaster vase in Alabama.
B My rubber boat bobbed about in the bubbling brook. c Ceci gave cups of cold cocoa to Rebecca and Rocco.
D Don's dad added a second deck to his old building.
E Even as Ellen edited her document, she ate dinner.
F Our firm in Buffalo has a staff of forty or fifty.
G Ginger is giving Greg the eggs she got from Helga.
H Hugh has eighty high, harsh lights he might flash.
Drill 1b
। Irik's lack of initiative is irritating his coach. J Judge J. J. Jore rejected Jeane and Jack's jargon. K As a lark, Kirk kicked back a rock at Kim’s kayak. L Lucille is silly; she still likes lemon lollipops. м Milt Mumm hammered a homer in the Miami home game. $N$ Ken Linn has gone hunting; Stan can begin canning. o Jon Soto rode off to Otsego in an old Morgan auto. p Philip helped pay the prize as my puppy hopped up. Q Quiet Raquel quit quoting at an exquisite marquee.

Drill 1c
R As Mrs. Kerr's motor roared, her red horse reared. s Sissie lives in Mississippi; Lissa lives in Tulsa.
T Nat told Betty not to tattle on her little sister.
U Ula has a unique but prudish idea on unused units.
v Eva visited every vivid event for twelve evenings.
w We watched as wayworn wasps swarmed by the willow.
$x$ Tex Cox waxed the next box for Xenia and Rex Knox.
y Ty says you may stay with Fay for only sixty days.
z Hazel is puzzled about the azure haze; Zack dozes.

## DRILL 2

Goal: strengthen up and down reaches

Keep hands and wrists quiet; fingers well curved in home position; stretch fingers up from home or pull them palmward as needed.

## home position

1 Hall left for Dallas; he is glad Jake fed his dog.
2 Ada had a glass flask; Jake had a sad jello salad.
3 Lana Hask had a sale; Gala shall add half a glass. down reaches
4 Did my banker, Mr. Mavann, analyze my tax account?
5 Do they, Mr. Zack, expect a number of brave women?
6 Zach, check the menu; next, beckon the lazy valet. up reaches
7 Prue truly lost the quote we wrote for our report.
8 Teresa quietly put her whole heart into her words.
9 There were two hilarious jokes in your quiet talk.

## first finger

1 Bob Mugho hunted for five minutes for your number. 2 Juan hit the bright green turf with his five iron. 3 The frigates and gunboats fought mightily in Java. second finger
4 Dick said the ice on the creek had surely cracked.
5 Even as we picnicked, I decided we needed to diet.
6 Kim, not Mickey, had rice with chicken for dinner. third/fourth finger
7 Pam saw Roz wax an aqua auto as Lex sipped a cola.
8 Wally will quickly spell Zeus, Apollo, and Xerxes.
9 Who saw Polly? Zoe Pax saw her; she is quiet now.

## adjacent reaches

1 Falk knew well that her opinions of art were good.
2 Theresa answered her question; order was restored.
3 We join there and walk north to the western point. direct reaches
4 Barb Nunn must hunt for my checks; she is in debt.
5 In June and December, Irvin hunts in Bryce Canyon.
6 We decided to carve a number of funny human faces. double letters
7 Anne stopped off at school to see Bill Wiggs cook.
8 Edd has planned a small cookout for all the troop.
9 Keep adding to my assets all fees that will apply. $\left.\begin{array}{llllllllllllllllllll} & 1 & \mid & 2 & \mid & 3 & \mid & 4 & \mid & 5 & \mid & 6 & \mid & 7 & \mid & 8 & \mid & 9 & \mid & 10\end{array} \right\rvert\,$

## DRILL 5

Goal: improve troublesome pairs
Use a controlled rate without pauses.

1 ad add did does dish down body dear dread dabs bad d/k 2 kid ok kiss tuck wick risk rocks kayaks corks buck

3 Dirk asked Dick to kid Drake about the baked duck.
4 deed deal den led heed made needs delay he she her efi 5 kit kiss kiln kiwi kick kilt kind six ribs kill it 6 Abie had neither ice cream nor fried rice in Erie.

7 fib fob fab rib beg bug rob bad bar bed born table b/v 8 vat vet gave five ever envy never visit weave ever 9 Did Harv key jibe or jive, TV or TB, robe or rove?

10 aft after lift gift sit tot the them tax tutu tyro tr 11 for far ere era risk rich rock rosy work were roof

12 In Toronto, Ruth told the truth about her artwork.
13 jug just jury judge juice unit hunt bonus quiz bug uly 14 jay joy lay you your only envy quay oily whey body 15 Willy usually does not buy your Yukon art in July.

1 Dian may make cocoa for the girls when they visit.
2 Focus the lens for the right angle; fix the prism.
3 She may suspend work when she signs the torn form.
4 Augment their auto fuel in the keg by the autobus.
5 As usual, their robot did half turns to the right.
6 Pamela laughs as she signals to the big hairy dog.
7 Pay Vivian to fix the island for the eighty ducks.

## DRILL 7

Goal: eyes on the copy Option: In the Word Processor, set the Timer for Variable and then either 20" or 30 ". Choose a gwam goal that is two to three words higher than your best rate. Try to reach your goal.

## Timed Writings

Any timed writing in the book can be completed using the Timed Writing feature.

Goal: build staying power

1. Key each paragraph as a $1^{\prime}$ timing.
2. Key a 2' timing on both paragraphs.


## TO USE THE TIMED WRITING FEATURE:

1. Select the Timed Writing tab from the Main screen.
2. Scroll to select the timed writing.
3. Select the source and the timing length. For example,

- Select Paragraph 1 and $1^{\prime}$. Key paragraph 1 ; if you finish before time is up, repeat the same paragraph.
- Select Paragraph 2 and 1'. Key paragraph 2; repeat the same paragraph if you finish before time is up.
- Select the Entire Writing and 2'. Try to maintain your 1' rate. If you finish before time is up, start over, beginning with paragraph 1 .

4. Timings save automatically.
5. The Timed Writing Report displays the results of the last 20 timed writings and the best three timings at each speed.

Writing 1: 18 gwam
gwam 2'
Why spend weeks with some problem when just a few quiet 6 minutes can help us to resolve it. 9

If we don't take time to think through a problem, it will 15 swiftly begin to expand in size.

## Writing 2: 20 gwam

We push very hard in our quest for growth, and we all think that only excellent growth will pay off.

Believe it or not, one can actually work much too hard, 16 be much too zealous, and just miss the mark.

## Writing 3: 22 gwam

A business friend once explained to me why he was often quite eager to be given some new project to work with. 11

My friend said that each new project means he has to 16 organize and use the best of his knowledge and his skill.

## Writing 4: 24 gwam

Don't let new words get away from you. Learn how to spell and pronounce new words and when and how finally to use them.12

A new word is a friend, but frequently more. New words 18 must be used lavishly to extend the size of your own word power. 24 $2^{\prime} \left\lvert\, \begin{array}{lllllllllllll} & 1 & \mid & 2 & \mid & 3 & \mid & 4 & \mid & 5 & \mid & 6 & \mid\end{array}\right.$

Note: The dot above text represents two words.

Writing 5: 26 gwam
gwam
We usually get best results when we know where we are 5
12 • $16 \quad$ - ${ }_{20}$
going. Just setting a few goals will help us quietly see what ${ }_{12}$ 24 • we are doing.

Goals can help measure whether we are moving at a good 19 rate or dozing along. You can expect a goal to help you find 25 24 good results.

## Writing 6: 28 gwam

To win whatever prizes we want from life, we must plan to 6 ${ }_{\text {move carefully from this goal to the next to get the maximum }}{ }^{12}{ }^{\bullet}$ 24 • 28 result from our work.

If we really want to become skilled in keying, we must 19 12 • 16 • 20 • come to see that this desire will require of us just a little 26 24 • 28 patience and hard work.28

## Writing 7: 30 gwam

Am I an individual person? I'm sure I am; still, in a 5 12 • 16 • 20 much, much bigger sense, other people have a major voice in 12 24 • 28 thoughts I think and actions I take.

Although we are each a unique person, we all work and 21 12 • 16 • 20 play in organized groups of people who do not expect us to 26 dismiss their rules of law and order. 30 $\left.\begin{array}{lllllllllllll}2^{\prime} \mid & 1 & \mid & 2 & \mid & 3 & \mid & 4 & \mid & 5 & \mid & 6\end{array} \right\rvert\,$


[^0]:    10 i ik ik ik is is id id if if ill i ail did kid lid
    11 i ik aid ail did kid lid lids kids ill aid did ilk
    12 id aid aids laid said ids lid skids kiss disk dial

