

10K

Men Overall



Pos	BIB	Name		1K	2K	3K	4K	5K	6K	7K	8K	9K	Time	PACE	GAP
1	21	KETEMA REGASA, CHALA	ETIOPIA	00:02:42	00:05:27	00:08:09	00:10:55	00:13:44	00:16:29	00:19:14	00:21:59	00:24:42	00:27:23	2:44	00:00:00
2	13	KISSA, STEPHEN	UGANDA	00:02:42	00:05:28	00:08:12	00:10:58	00:13:44	00:16:28	00:19:13	00:21:58	00:24:43	00:27:24	2:44	00:00:01
3	25	KIPKOECH, VEDIC	KENIA	00:02:41	00:05:27	00:08:08	00:10:54	00:13:43	00:16:28	00:19:13	00:21:58	00:24:43	00:27:26	2:44	00:00:03
4	11	GETAHUN AYELE, BATESFA	ETIOPIA	00:02:42	00:05:27	00:08:09	00:10:55	00:13:44	00:16:28	00:19:13	00:21:59	00:24:43	00:27:39	2:45	00:00:16
5	5	KIPKORIR KIMELI, MATHEW	KENIA	00:02:41	00:05:27	00:08:10	00:10:57	00:13:43	00:16:31	00:19:19	00:22:03	00:28:58	00:27:45	2:46	00:00:22
6	24	KIBET KIPROP, EDWARD	KENIA	00:02:40	00:05:27	00:08:09	00:10:55	00:13:44	00:16:30	00:19:15	00:22:04	00:24:58	00:27:50	2:46	00:00:27
7	1	DEGU TSEHAY, ABAYNEH	ETIOPIA	00:02:41	00:05:28	00:08:09	00:10:55	00:13:44	00:16:30	00:19:16	00:22:07	00:24:57	00:27:51	2:47	00:00:28
8	19	REDA EL AARABY, MOHAMED	MARRUECOS	00:02:41	00:05:28	00:08:12	00:11:00	00:13:50	00:16:42	00:19:34	00:22:23	00:25:12	00:27:58	2:47	00:00:35
9	15	AMGHAR, HICHAM	MARRUECOS	00:02:41	00:05:28	00:08:14	00:11:04	00:13:55	00:16:45	00:19:35	00:22:24	00:25:13	00:27:59	2:47	00:00:36
10	7	PEREZ MORENO, JUAN ANTONIO	ESPAÑA	00:02:41	00:05:28	00:08:14	00:11:04	00:13:55	00:16:45	00:19:35	00:22:24	00:25:13	00:27:59	2:47	00:00:36
11	29	KAHSAY, SELEMUN	ETIOPIA	00:02:43	00:05:28	00:08:13	00:11:03	00:13:55	00:16:45	00:19:34	00:22:23	00:25:11	00:28:00	2:48	00:00:37
12	17	MARTIN KURONG, MOSES	UGANDA	00:02:42	00:05:29	00:08:11	00:10:59	00:13:47	00:16:38	00:19:30	00:22:20	00:25:11	00:28:00	2:48	00:00:37
13	3	GIRMA ARIT, TAYE	ETIOPIA	00:02:41	00:05:28	00:08:14	00:11:04	00:13:59	00:16:55	00:19:51	00:22:49	00:25:44	00:28:33	2:51	00:01:10
14	38	KIPRONO MENJO, JOSPHAT	KENIA	00:02:42	00:05:28	00:08:15	00:11:08	00:14:04	00:17:00	00:19:56	00:22:49	00:25:44	00:28:37	2:51	00:01:14
15	9	EL AZIZ, MUSTAPHA	MARRUECOS	00:02:41	00:05:27	00:08:16	00:11:11	00:14:07	00:17:02	00:19:56	00:22:49	00:25:44	00:28:38	2:51	00:01:15
16	27	CHAHDI, HASSAN	FRANCIA	00:02:49	00:05:41	00:08:37	00:11:32	00:14:30	00:17:24	00:20:17	00:23:08	00:26:01	00:28:46	2:52	00:01:23
17	33	GIMENEZ PEREZ, JOSE IGNACIO	ESPAÑA	00:02:48	00:05:40	00:08:37	00:11:33	00:14:30	00:17:24	00:20:17	00:23:08	00:26:01	00:28:50	2:53	00:01:27
18	23	CHERONO, ALEX	KENIA	00:02:41	00:05:27	00:08:08	00:10:54	00:13:43	00:16:56	00:20:09	00:23:08	00:26:01	00:28:54	2:53	00:01:31
19	26	HAWKINS, CALLUM	INGLATERRA	00:02:44	00:05:33	00:08:27	00:11:26	00:14:25	00:17:21	00:20:18	00:23:09	00:26:00	00:28:55	2:53	00:01:32
20	1598	FIKIRE SERBESSA, WORKNEH	ETIOPIA	00:02:48	00:05:41	00:08:37	00:11:32	00:14:29	00:17:23	00:20:18	00:23:10	00:26:07	00:29:00	2:54	00:01:37

10K

Women Overall



Pos	BIB	Name		1K	2K	3K	4K	5K	6K	7K	8K	9K	Time	PACE	GAP
1	2	GEMECHU BEYAN, TSEHAY	ETIOPIA	00:02:57	00:05:55	00:08:56	00:11:59	00:15:01	00:18:07	00:21:13	00:24:15	00:27:14	00:30:15	3:01	00:00:00
2	12	CHEBIWAT KITE, GLORIA	KENIA	00:02:56	00:05:55	00:08:56	00:11:56	00:15:00	00:18:06	00:21:12	00:24:14	00:27:20	00:30:26	3:02	00:00:11
3	4	CHIRCHIR, EVALINE	KENIA	00:02:57	00:05:56	00:08:58	00:12:01	00:15:09	00:18:17	00:21:26	00:24:32	00:27:38	00:30:43	3:04	00:00:28
4	10	MONICA WANJIRU, ROSEMARY	KENIA	00:02:56	00:05:56	00:08:58	00:12:03	00:15:10	00:18:18	00:21:27	00:24:32	00:27:42	00:30:50	3:05	00:00:35
5	8	KWAMBAI, ANTONNINA	KENIA	00:02:57	00:05:57	00:09:01	00:12:10	00:15:22	00:18:32	00:21:42	00:24:48	00:27:55	00:31:02	3:06	00:00:47
6	14	SILLENAT YISMAN, HUNEGNAW	ETIOPIA	00:02:56	00:05:56	00:09:00	00:12:11	00:15:22	00:18:32	00:21:47	00:25:01	00:28:14	00:31:23	3:08	00:01:08
7	16	CHEPKEMOI TELE, JOYCE	KENIA	00:02:58	00:05:57	00:09:05	00:12:15	00:15:25	00:18:39	00:22:00	00:25:16	00:28:30	00:31:38	3:09	00:01:23
8	6	GEBRE, TRIHAS	ESPAÑA	00:03:08	00:06:17	00:09:27	00:12:43	00:15:56	00:19:05	00:22:16	00:25:24	00:28:31	00:31:39	3:09	00:01:24
9	22	NADOLSKA, KAROLINA	POLONIA	00:03:10	00:06:22	00:09:34	00:12:46	00:15:58	00:19:11	00:22:27	00:25:42	00:28:59	00:32:20	3:14	00:02:05
10	18	KIPSANG JEPTOOO, SUSAN	KENIA	00:03:08	00:06:21	00:09:33	00:12:46	00:16:05	00:19:26	00:22:51	00:26:13	00:29:33	00:32:55	3:17	00:02:40
11	30	NESBITT, JENNIFER	INGLATERRA	00:03:15	00:06:33	00:09:52	00:13:13	00:16:34	00:19:54	00:23:17	00:26:34	00:29:52	00:33:10	3:19	00:02:55
12	20	GALIMANY GUASCH, MARTA	ESPAÑA	00:03:13	00:06:31	00:09:51	00:13:10	00:16:31	00:19:53	00:23:16	00:26:36	00:29:59	00:33:19	3:19	00:03:04
13	5123	CHECA PORCEL, ISABEL	ESPAÑA	00:03:23	00:06:49	00:10:16	00:13:45	00:17:13	00:20:39	00:24:09	00:27:40	00:31:05	00:34:30	3:27	00:04:15
14	5779	CABEDO SERRANO, PATRICIA	ESPAÑA	00:03:25	00:06:50	00:10:20	00:13:53	00:17:27	00:20:58	00:24:32	00:28:01	00:31:31	00:34:59	3:29	00:04:44
15	8738	MELERO LACASIA, AMAIA	ESPAÑA	00:03:48	00:07:21	00:10:55	00:14:29	00:18:07	00:21:39	00:25:12	00:28:42	00:32:08	00:35:33	3:33	00:05:18
16	43	LABRADO SANCHEZ, SONIA	ESPAÑA	00:03:28	00:07:01	00:10:35	00:14:11	00:17:48	00:21:24	00:25:00	00:28:34	00:32:08	00:35:36	3:33	00:05:21
17	11177	JUAN PASTOR, NOELIA	ESPAÑA	00:03:39	00:07:09	00:10:40	00:14:15	00:17:52	00:21:28	00:25:10	00:28:47	00:32:25	00:35:53	3:35	00:05:38
18	11847	RODRIGUEZ, LORENA	ESPAÑA	00:03:58	00:07:34	00:11:16	00:14:49	00:18:25	00:21:58	00:25:29	00:29:00	00:32:29	00:35:55	3:35	00:05:40
19	209	ALBINYANA, DAVINIA	ESPAÑA	00:03:46	00:07:22	00:11:01	00:14:38	00:18:15	00:21:51	00:25:29	00:29:01	00:32:33	00:36:05	3:36	00:05:50
20	7698	PALACIOS, LAURA	ESPAÑA	00:04:00	00:07:43	00:11:22	00:15:05	00:18:47	00:22:30	00:26:13	00:29:53	00:33:33	00:37:13	3:43	00:06:58