

In-Field Training for New Missionaries

The First 12 Weeks

For New Missionaries and Trainers





Introduction

To the New Missionary

Your experience in the missionary training center (MTC) was designed to help you learn your purpose as a missionary and how to prepare and teach investigators by the Spirit, according to their interests and needs.

Your purpose for the rest of your mission is to follow the promptings of the Spirit as you invite an increasing number of people “to come unto Christ by helping them receive the restored gospel through faith in Jesus Christ and His Atonement, repentance, baptism, receiving the gift of the Holy Ghost, and enduring to the end” (*Preach My Gospel* [2004], 1). To accomplish this purpose, you will continue to

build on the foundation established at the MTC by understanding and living all of the principles of missionary work found in *Preach My Gospel*. Strive to become the kind of missionary who could, if called upon, train a new missionary by the end of your first 12 weeks in the mission field.

To accomplish this objective, follow these principles:

- Be obedient to mission rules and the direction contained in the *Missionary Handbook*.
- Love, serve, and listen to your companion.
- Eagerly participate as a fully contributing member of your companionship.

The Lord has blessed you with unique gifts and abilities; use them to become the best missionary you can be. Learn all you can from your companion, and apply the following guidelines as you study and proselyte together:

- Focus your study on helping your investigators prepare to make and keep covenants.
- Stay anchored in the scriptures and *Preach My Gospel*.
- Learn to effectively teach the doctrines in *Preach My Gospel*, chapter 3, in both your native and mission language.
- If you are learning a language, use it at every opportunity.
- Conduct effective daily and weekly planning, and be diligent in carrying out and adjusting your plans according to the Spirit. Use this time to seek revelation.
- Follow the training schedule in this booklet. The principles you learned in the MTC and what you are learning in personal, companion, and language study should apply in helping your investigators come unto Christ. Discuss these principles throughout the day with your companion. If you are learning a language, complete the activities in this booklet in the mission language.

Additional 60 Minutes of Companion Study

You and your companion have been given an additional 60 minutes of companion study each day for

the first 12 weeks of training. This study will occur at a time that will be determined by your mission president. If you are learning a language, practice in the mission language during this time unless there is a need to solidify the concept in the native language first. When this period is over, companion study will return to the regular 60 minutes per day.

On preparation day and on the day that you have weekly planning, hold only one hour of companion study. On Sundays, try to schedule companion study during a time of day that will not conflict with Church meetings or teaching appointments.

Personal Study

During personal study, read from the Book of Mormon and other scriptures in your native language. Use this time to study the doctrine from the missionary lessons, found in *Preach My Gospel*, chapter 3.

Accountability to the Mission President and to the Lord

In your weekly letter and in regularly scheduled interviews with your mission president, it is essential that you report what you are learning. You should also report how what you are learning is helping you to accomplish your purpose—this is how your mission president will know how best to help you. Also, “in your prayers at night, give the Lord an accounting of your day’s activities” (*Preach My Gospel*, 95).

Companion Study

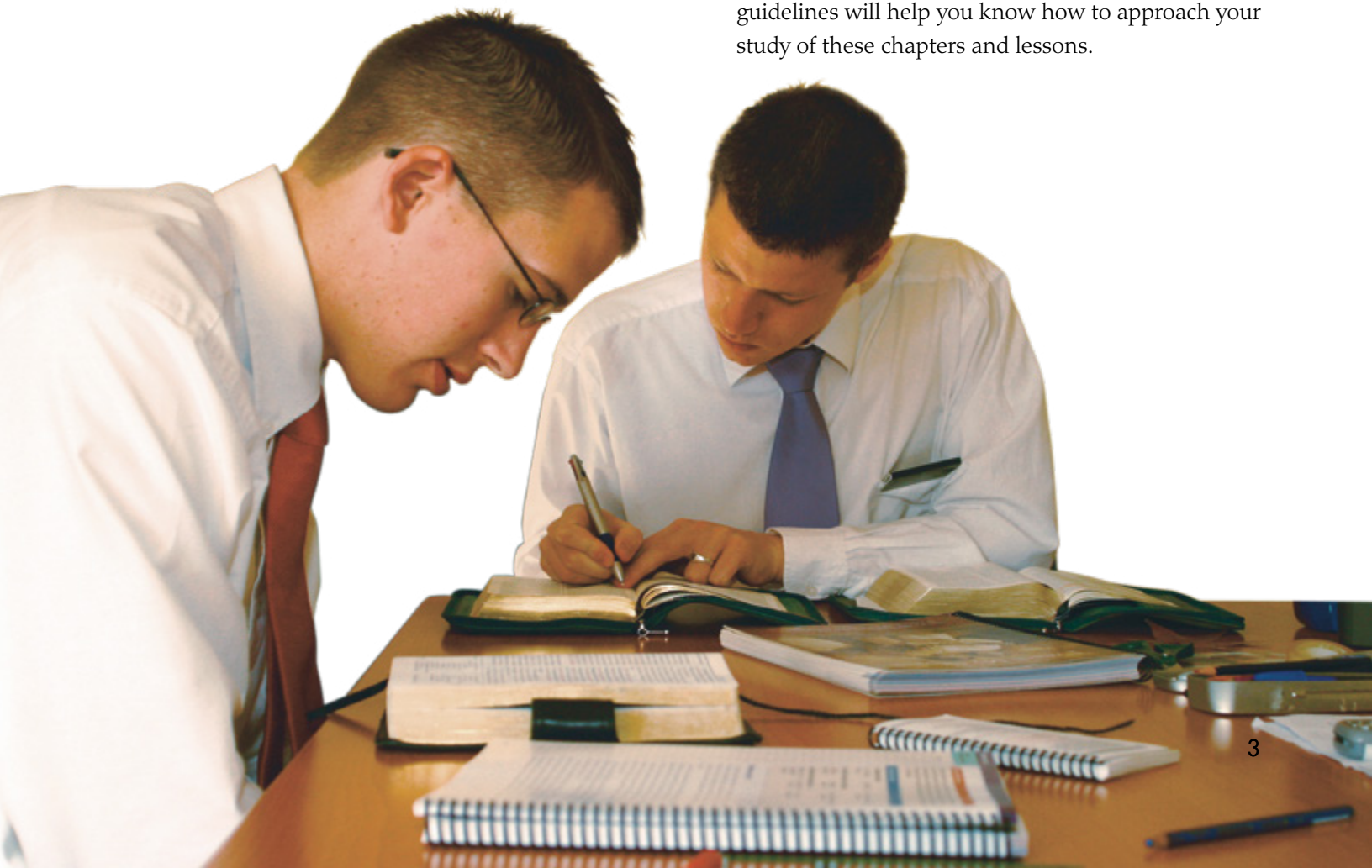
In your personal and companion study, focus on the needs of your investigators. Make sure that what you study and how much time you give to a specific topic are “determined by the needs of the investigator and the direction of the Spirit” (*Preach My Gospel*, vii). Use companion study to improve your capacity to serve the Lord; do not simply cover the material. Follow the entire schedule for each week.

The following is a sample outline of how you may conduct companion study:

1. Pray.
2. Read three pages of the *Missionary Handbook*.

3. Share what you felt during personal study about how to help your investigators.
4. Prepare to teach the investigators with whom you will meet that day. Practice in the language you are learning and, as needed, in your native language.
5. Complete the items on the “Suggested Study Schedule.” If you finish early, go back and spend more time practicing with other investigators in mind.

The “Suggested Study Schedule” that follows will invite you to study specific chapters from *Preach My Gospel* as well as the eight lessons included at the end of this book—“Fundamentals from *Preach My Gospel: Teaching More Effectively*.” The following guidelines will help you know how to approach your study of these chapters and lessons.



Learn to Teach the Lessons in Preach My Gospel, Chapter 3

- Review and follow the study ideas from *Preach My Gospel*, pages 19–21.
- Use the outlines at the end of the lessons in chapter 3 to teach each other short and medium-length versions of each lesson.
- Read and discuss each red box, identifying why it is important and how you can apply it.
- Study the pamphlet for each lesson, and use the pamphlets as you practice teaching.

Learn to Apply the Principles in Other Preach My Gospel Chapters

- Review the headings of each section of the chapter.
- Discuss the questions and summary statements in the green “Consider This” and “Remember This” boxes at the beginning and end of the chapters.
- Read aloud and discuss each of the specified sections.
- Read and discuss several of the scriptures in the scripture study boxes.
- For the identified sections, do each activity in the orange boxes.
- If you have time at the end of your study, go back and complete the rest of the chapter.



Learn to Apply the Principles in the Eight “Fundamentals” Lessons

- The senior companion will lead out in teaching, while pointing out examples of how these principles apply with current investigators.
- Take the role of current investigators during practice activities.

Complete the “Check Your Progress” Self-Assessment

- Discuss where each of you has improved and where each of you needs to improve further.
- Identify what to address in the next week’s companion study.

Language Study

During your first 12 weeks, study the language with your companion for one hour each day, in addition to the time spent for companion study. Language study builds on personal and companion study. Continue to focus on your investigators in your language study by learning the language necessary to meet their needs and to accomplish other missionary tasks (see *Preach My Gospel*, 129). “Focus your goals on improving your ability to communicate and teach during scheduled activities, such as teaching appointments, finding opportunities, and ward council meetings” (*Preach My Gospel*, 129).

The following is a sample outline of how you may conduct language study:

1. Pray and seek for the gift of tongues.
2. Review your language study goals and plans. Identify when you will participate or take the lead in missionary activities. Plan language learning activities to use during the day.
3. Study vocabulary, phrases, and grammar you will use during the day. Review past material if needed.
4. After each practice activity, identify, study, and practice the vocabulary, grammar, and other language skills that need improvement.

Complete the activities printed in blue type in the “Suggested Study Schedule” (pages 6–12) in the mission language. Use language study time to prepare for these activities.

Follow the Principles in Chapter 7 of Preach My Gospel

Frequently review this chapter to discover new ways to improve your language study. Important examples include:

- “Memorize key scriptures in the mission language” to use in your proselyting efforts (*Preach My Gospel*, 130). You will find it helpful to memorize scriptures that you have already memorized in your native tongue.
- “Memorize simple statements from the lessons or brochures that convey key gospel principles” (*Preach My Gospel*, 130).
- “Ask your companion and native speakers to correct you and to suggest ways to improve” (*Preach My Gospel*, 131).

Remember!

- **Pray** for the gift of tongues.
- **Study** the language for one hour each day in addition to the time spent in companion study.
- **Speak** the language at every opportunity.
- **Discover** where you are making mistakes and invite others to correct you.

Suggested Study Schedule

Complete the items in the schedule during the week in which they are listed. Write the date you complete them next to each item, and report your progress to your mission president in regularly scheduled interviews. Items are to be completed as a companionship unless otherwise specified. Language study activities are printed in blue type.

Week 1 Study Activities	Application in Proselyting
<ul style="list-style-type: none"> ▪ Begin the process of reading and discussing three pages of the <i>Missionary Handbook</i> per day. ▪ Determine how well you and your companion apply the principles from the lessons at the back of this booklet (see the “Fundamentals from <i>Preach My Gospel: Teaching More Effectively</i>” section) by completing the practices from two or three of the “Fundamentals” lessons each day. Also complete the assessment at the top of each of the lessons. From these experiences, determine which lessons (and which language content) you will need to emphasize most during your study in the coming weeks. ▪ Study “Learn with Your Companions” (<i>Preach My Gospel</i>, 131–32). Discuss how to more effectively apply these principles in your daily activities. 	<p>Begin taking turns in finding situations. Use the “Finding Ideas” section in the front of the <i>Missionary Daily Planner</i>.</p> <p>The new missionary takes the lead in inviting investigators to be baptized.</p>
Week 2 Study Activities	Application in Proselyting
<ul style="list-style-type: none"> ▪ Learn to teach your investigators “The Message of the Restoration of the Gospel of Jesus Christ” (<i>Preach My Gospel</i>, chapter 3, lesson 1). ▪ The trainer teaches “How to Begin Teaching” (page 23 in this booklet). Watch the video segment and, with your investigators in mind, practice the principles taught. ▪ Study “Create a Language Plan” (<i>Preach My Gospel</i>, 129–31). Follow the steps to create a language study plan (see <i>Preach My Gospel</i>, 131). 	<p>The new missionary takes the lead in teaching investigators (or others) “The Message of the Restoration of the Gospel of Jesus Christ” and extending appropriate invitations.</p> <p>Take turns applying the principles of “How to Begin Teaching” with your investigators (or others).</p>

Week 3 Study Activities	Application in Proselyting
<ul style="list-style-type: none"> ■ Study “How Do I Find People to Teach?” (<i>Preach My Gospel</i>, chapter 9). Learn to apply the principles of each section below: <ul style="list-style-type: none"> – “Developing the Faith to Find” (<i>Preach My Gospel</i>, 155–56) – “Talk with Everyone” (<i>Preach My Gospel</i>, 156–58) – “Teach When You Find, Find When You Teach” (<i>Preach My Gospel</i>, 158–59) – “The Importance of Members” (<i>Preach My Gospel</i>, 160–62) – “Family History” (<i>Preach My Gospel</i>, 163–65) ■ Complete the online course on how to use family history in missionary work (see missionary.lds.org). ■ The trainer teaches “Teach People, Not Lessons” (page 21 in this booklet). Watch the video segments and, with your investigators in mind, practice the principles taught. ■ Study “Principles of Language Learning” (<i>Preach My Gospel</i>, 128–29). Discuss how to more effectively apply them in your daily activities. 	<p>Continue taking turns in finding situations.</p> <p>The new missionary actively participates in the process of asking inspired questions and listening as you teach your investigators (or others).</p>

Week 4 Study Activities	Application in Proselyting
<ul style="list-style-type: none"> ■ Each missionary should complete the first “Check Your Progress” self-assessment in this booklet. Focus study on areas that need improvement. ■ Learn to teach your investigators “The Plan of Salvation” (<i>Preach My Gospel</i>, chapter 3, lesson 2). ■ Study “How Do I Work with Stake and Ward Leaders?” (<i>Preach My Gospel</i>, chapter 13). Learn to apply the principles of each section below: <ul style="list-style-type: none"> – “Strengthening New and Less-Active Members” (<i>Preach My Gospel</i>, 213–15) – “Work with the Ward Council to Strengthen New and Less-Active Members” (<i>Preach My Gospel</i>, 215–17) ■ Watch the following segments from <i>Preach My Gospel</i> DVDs: <i>The District 1</i>, disc 2. As you watch each segment, identify which principles best apply to your current investigators. When helpful, pause the video to discuss or rewatch portions or to practice what you might do with your investigators. <ul style="list-style-type: none"> – Chapter 9: “Finding through Church Activities” (9:12) – Chapter 9: “Finding through Members: Bush Family” (9:32) – Chapter 9: “Finding through Members: Brown Family” (7:34) – Chapter 13: “Retaining New Members: Jackie” (13:19) – Chapter 13: “Retaining New Members: Katie” (6:44) – Chapter 13: “Working with the Bishop” (11:18) – Chapter 13: “Working with the Ward Mission Leader” (4:29) – Chapter 13: “Working with the Ward Council and PEC” (3:53) – Chapter 13: “The Importance of Members” (14:42) ■ Learn the vocabulary and phrases associated with the “Progress Record” used in the ward council and PEC. Use a mission language version of <i>Preach My Gospel</i>, chapter 8, to find this vocabulary. ■ Study “Culture and Language Learning” (<i>Preach My Gospel</i>, 132–33). Discuss what you have learned about the culture and how it affects conversion. ■ During language study, each missionary should complete the online Language Study Checklist (see missionary.lds.org). 	<p>The new missionary takes the lead in teaching investigators (or others) “The Plan of Salvation” and extending appropriate invitations.</p> <p>Begin taking turns contacting the ward mission leader and reporting proselyting efforts during the missionary coordination meeting.</p>

Week 5 Study Activities	Application in Proselyting
<ul style="list-style-type: none"> ■ Study “How Do I Use Time Wisely?” (<i>Preach My Gospel</i>, chapter 8). Learn to apply the principles of each section below: <ul style="list-style-type: none"> – “Key Indicators for Conversion” (<i>Preach My Gospel</i>, 138–39) – “How to Set Goals” (<i>Preach My Gospel</i>, 146–47) – “The Weekly Planning Session” (<i>Preach My Gospel</i>, 147–50) ■ Watch the planning segments from <i>Preach My Gospel</i> DVDs: <i>The District 1</i>, disc 3 (1 hr. 27 min.). ■ Watch <i>The District 1</i>, disc 1 (1 hr. 35 min.). Consider what might help your current investigators. ■ Complete the online course on adjusting to missionary life (see missionary.lds.org). ■ Interview three missionaries after district meeting and ask how they apply principles from chapter 7 of <i>Preach My Gospel</i>. ■ Evaluate and revise your language study goals and plans for each of the guidelines under “Create a Language Study Plan” (<i>Preach My Gospel</i>, 129–31). 	<p>Begin taking turns conducting daily and weekly planning sessions.</p>
Week 6 Study Activities	Application in Proselyting
<ul style="list-style-type: none"> ■ Learn to teach your investigators “The Gospel of Jesus Christ” (<i>Preach My Gospel</i>, chapter 3, lesson 3). ■ Study “How Do I Recognize and Understand the Spirit?” (<i>Preach My Gospel</i>, chapter 4). Learn to apply the principles of each section below: <ul style="list-style-type: none"> – “Personal Revelation” (<i>Preach My Gospel</i>, 89–90) – “The Power of the Spirit in Conversion” (<i>Preach My Gospel</i>, 92–93) – “Pray with Faith” (<i>Preach My Gospel</i>, 93–95) ■ The trainer teaches “Revelation through Prayer” (page 18 in this booklet). Watch the video segments and practice with your investigators in mind. ■ Read “The Gift of Tongues” (<i>Preach My Gospel</i>, 133). Discuss how to more effectively apply these principles in your daily activities. 	<p>The new missionary takes the lead in teaching investigators (or others) “The Gospel of Jesus Christ” and in extending appropriate invitations.</p> <p>The new missionary takes the lead in teaching investigators (or others) how to seek and recognize promptings from the Holy Ghost.</p> <p>The new missionary takes the lead in teaching investigators (or others) about prayer and in inviting them to pray.</p>

Week 7 Study Activities	Application in Proselyting
<ul style="list-style-type: none"> ■ Study “What Is the Role of the Book of Mormon?” (<i>Preach My Gospel</i>, chapter 5). Learn to apply the principles of each section below: <ul style="list-style-type: none"> – “How Should You Use the Book of Mormon?” (<i>Preach My Gospel</i>, 110–11) – “The Book of Mormon and the Bible Support Each Other” (<i>Preach My Gospel</i>, 106) – “Use the Book of Mormon to Respond to Objections” (<i>Preach My Gospel</i>, 108–9) ■ The trainer teaches “Revelation through the Book of Mormon” (page 19 in this booklet). Watch the video segments and practice with your investigators in mind. ■ Discuss how to better apply the principles found in the first section of chapter 7, “Prepare Yourself Spiritually” (<i>Preach My Gospel</i>, 127). 	<p>The new missionary takes the lead in teaching investigators (or others) about the Book of Mormon and in inviting them to read and pray about the Book of Mormon.</p>
Week 8 Study Activities	Application in Proselyting
<ul style="list-style-type: none"> ■ Each missionary should complete the second “Check Your Progress” self-assessment in this booklet. Focus study on areas that need improvement. ■ Learn to teach your investigators “The Commandments” (<i>Preach My Gospel</i>, chapter 3, lesson 4). ■ Study “How Do I Help People Make and Keep Commitments?” (<i>Preach My Gospel</i>, chapter 11). ■ Watch the following segments from <i>Preach My Gospel</i> DVDs: <i>The District</i> 2, disc 2. As you watch each segment, identify which principles best apply to your current investigators. When helpful, pause the video to discuss or rewatch a portion or to practice what you might do with your investigators. <ul style="list-style-type: none"> – The Doctrine of Christ: “Invitation to Be Baptized: Jynx” (2:33) – Revelation through the Book of Mormon: “Invitation to Read the Book of Mormon: Alejandra” (5:18) – Revelation through Church Attendance: “Invitation to Attend Church: Manny and Tina” (5:46) – We Invite, They Commit, We Follow Up: “Invitation to Live the Law of Chastity: German” (7:48) – We Invite, They Commit, We Follow Up: “Invitation to Live the Word of Wisdom: Eric” (4:08) – We Invite, They Commit, We Follow Up: “Invitation to Live the Law of Tithing: Ming” (2:11) ■ Study “Be Dedicated and Diligent” (<i>Preach My Gospel</i>, 128). Discuss how to more effectively apply these principles in your daily activities. ■ During language study, each missionary should complete the online Language Study Checklist again and the online grammar assessment, if available in your language (see missionary.lds.org). 	<p>The new missionary takes the lead in teaching investigators (or others) one or more of the commandments (such as pray often, follow the prophet, and so forth).</p> <p>The new missionary takes the lead in inviting people to make and keep commitments.</p>

Week 9 Study Activities	Application in Proselyting
<ul style="list-style-type: none"> ■ Study “How Do I Prepare People for Baptism and Confirmation?” (<i>Preach My Gospel</i>, chapter 12). Learn to apply the principles of each section below: <ul style="list-style-type: none"> – “Prepare People for Baptism and Confirmation” (<i>Preach My Gospel</i>, 203–5) – “How to Conduct the Interview” (<i>Preach My Gospel</i>, 205–8) ■ The trainer teaches “We Invite, They Commit, We Follow Up” (page 22 in this booklet). Watch the video segments and practice with your investigators in mind. ■ Study and practice the vocabulary, phrases, and grammar required to prepare someone for baptism as outlined in <i>Preach My Gospel</i>, page 204. With your companion, practice preparing someone for baptism. ■ Memorize the baptismal interview questions in your mission language. Refer to the language version of <i>Preach My Gospel</i>, chapter 12. ■ Study again “Principles of Language Learning” (<i>Preach My Gospel</i>, 128–29). Decide where you can improve in applying these principles in your language learning. 	<p>The new missionary takes the lead in reviewing the qualifications for baptism with an investigator.</p> <p>The new missionary takes the lead in inviting two or more investigators (or others) to pray about and live one of the following commandments: Word of Wisdom, law of chastity, or law of tithing.</p>
Week 10 Study Activities	Application in Proselyting
<ul style="list-style-type: none"> ■ Learn to teach your investigators “Laws and Ordinances” (<i>Preach My Gospel</i>, chapter 3, lesson 5). ■ The trainer teaches “The Role of the Holy Ghost in Conversion” (page 17 in this booklet). Watch the video segment and practice with your investigators in mind. ■ The trainer teaches “Revelation through Church Attendance” (page 20 in this booklet). Watch the video segment and practice with your investigators in mind. ■ Study again “Culture and Language Learning” (<i>Preach My Gospel</i>, 132–33) and evaluate how you are doing. 	<p>The new missionary takes the lead in teaching two or more of the laws and ordinances to a recent convert or less-active member.</p> <p>Take turns teaching investigators (or others) how to seek and recognize promptings from the Holy Ghost.</p> <p>The new missionary takes the lead in teaching investigators (or others) about church attendance and in inviting them to attend church.</p>

Week 11 Study Activities	Application in Proselyting
<ul style="list-style-type: none"> ▪ Study “How Can I Improve My Teaching Skills?” (<i>Preach My Gospel</i>, chapter 10). Learn to apply the principles of each section below: <ul style="list-style-type: none"> – “Use the Scriptures” (<i>Preach My Gospel</i>, 180–82) – “Ask Questions” (<i>Preach My Gospel</i>, 183–85) – “Listen” (<i>Preach My Gospel</i>, 185–86) – “Teach for Understanding” (<i>Preach My Gospel</i>, 182–83) ▪ Watch the following segments from <i>Preach My Gospel</i> DVDs: <i>The District 2</i>, disc 2. As you watch each segment, identify which principles best apply to your current investigators. When helpful, pause the video to discuss or rewatch a portion or to practice what you might do with your investigators. <ul style="list-style-type: none"> – How to Begin Teaching: “How to Begin Teaching: German” (4:57) – Teach People, Not Lessons: “Teach People, Not Lessons: Tabitha and James” (5:59) – Teach People, Not Lessons: “Teach People, Not Lessons: Jynx” (6:33) – Teach People, Not Lessons: “Teach People, Not Lessons: Remigio” (5:02) ▪ Study again “The Gift of Tongues” (<i>Preach My Gospel</i>, 133). Discuss how to more effectively apply these principles in your daily activities. 	<p>The new missionary takes the lead in all teaching and planning situations for the week.</p>
Week 12 Study Activities	Application in Proselyting
<ul style="list-style-type: none"> ▪ Each missionary should complete the third “Check Your Progress” self-assessment in this booklet. Focus study on areas that need improvement. ▪ Study “What Is My Purpose as a Missionary?” (<i>Preach My Gospel</i>, chapter 1). ▪ The trainer teaches “The Doctrine of Christ—The Missionary Purpose” (page 16 in this booklet). Watch the video segments and practice with your investigators in mind. ▪ Watch <i>Preach My Gospel</i> DVDs: <i>The District 2</i>, disc 1, all three segments (1 hr. 53 min.). Consider what might help your current investigators. ▪ Study again “Be Dedicated and Diligent” (<i>Preach My Gospel</i>, 128). Review your language goals and evaluate your progress. Establish a plan to continue improving your ability to accomplish your purpose in the language you are learning. ▪ During language study, each missionary should complete the online Language Study Checklist again and the online language speaking assessment (see missionary.lds.org). 	<p>The new missionary takes the lead in inviting investigators to be baptized.</p>

Check Your Progress

Using the key below, read each statement and circle the number that is true of you.

KEY: 1 = never 2 = sometimes 3 = often 4 = almost always 5 = always

The Doctrine of Christ—The Missionary Purpose			
Week 4	Week 8	Week 12	
1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	I seek to help others develop faith in Christ, repent, be baptized, receive the Holy Ghost, and endure to the end.
1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	I feel genuine love for those I teach.
1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	I seek to help others strengthen their faith in Jesus Christ as I teach.
1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	I invite my investigators to make one or more commitments as part of each visit.
1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	I invite my investigators to be baptized in the first lesson.
1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	I invite my investigators, no later than in the second lesson, to be baptized on a specific date.

The Role of the Holy Ghost in Conversion			
Week 4	Week 8	Week 12	
1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	I feel the presence of the Holy Ghost in my life.
1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	I try to discern my investigators' needs.
1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	I try to notice spiritual impressions and ideas that come to my mind and heart as I teach.
1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	My investigators understand the role of the Holy Ghost in their conversion.
1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	I follow the promptings of the Holy Ghost to help others accept the invitation to be baptized.

Revelation through Prayer			
Week 4	Week 8	Week 12	
1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	My investigators understand that prayer is a commandment.
1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	My investigators know how to pray sincerely and with real intent.
1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	My investigators know how the Holy Ghost operates so that they recognize answers to their prayers.
1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	I invite the head of the household to offer a kneeling prayer at the close of the first lesson.
1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	I invite my investigators to offer kneeling prayers in later lessons.

Revelation through the Book of Mormon			
Week 4	Week 8	Week 12	
1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	My investigators understand that gaining a testimony of the Book of Mormon is central to knowing that Joseph Smith was a prophet.
1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	My investigators read from the Book of Mormon between teaching visits.
1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	If my investigators do not complete reading assignments, my companion and I read with them.
1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	I invite my investigators to pray to know the Book of Mormon is true.

Revelation through Church Attendance			
Week 4	Week 8	Week 12	
1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	I help my investigators understand why it is important to keep the Sabbath day holy.
1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	My investigators understand how to keep the Sabbath day holy.
1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	I involve the ward council in helping investigators attend church.
1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	I invite my investigators to attend church.
1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	My investigators attend church.

Teach People, Not Lessons			
Week 4	Week 8	Week 12	
1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	When I teach, I follow a lesson plan that was created according to the needs of my investigators.
1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	I change what I teach according to impressions from the Holy Ghost.
1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	I am more focused on my investigators' needs and understanding than on covering all the points of the lesson.
1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	I seek the gift of discernment when teaching in order to know what questions to ask.
1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	I listen carefully in order to discern the thoughts and needs of my investigators.
1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	I act on the impressions that come to my mind or heart as I teach.
1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	I am patient in trying to understand the needs of my investigators.
1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	I am comfortable with silence as I teach.
1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	I present the doctrine in clear and simple terms.

We Invite, They Commit, We Follow Up			
Week 4	Week 8	Week 12	
1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	I am bold and loving when extending commitments.
1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	I understand how extending commitments helps me fulfill the purpose of missionary work.
1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	I think about appropriate invitations to extend as I prepare to teach.
1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	I help others to make commitments out of a desire to draw closer to the Lord, not out of obligation to me.
1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	I follow up on all invitations with the intent of providing support and encouragement.

How to Begin Teaching			
Week 4	Week 8	Week 12	
1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	When I teach a first lesson, I begin by using several of the bullet points from "How to Begin Teaching" (<i>Preach My Gospel</i> , 176–77).
1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	I apply the bullet points differently with each investigator, based on the promptings of the Holy Ghost.
1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	My investigators understand the purpose of our visits.
1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	My investigators understand my role in helping them receive the blessings of the gospel and of the Atonement of Jesus Christ.

Language			
Week 4	Week 8	Week 12	
1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	I pray for the gift of tongues.
1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	I study the language for one hour each day.
1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	I speak the language at every opportunity.
1 2 3 4 5	1 2 3 4 5	1 2 3 4 5	I discover where I am making mistakes by inviting others to correct me.

The Doctrine of Christ—The Missionary Purpose



KEY: 1 = never 2 = sometimes 3 = often 4 = almost always 5 = always

Check your progress before and after you study this lesson.

- 1 2 3 4 5 I seek to help others develop faith in Christ, repent, be baptized, receive the Holy Ghost, and endure to the end.
- 1 2 3 4 5 I feel genuine love for those I teach.
- 1 2 3 4 5 I seek to help others strengthen their faith in Jesus Christ as I teach.
- 1 2 3 4 5 I invite my investigators to make one or more commitments as a part of each visit.
- 1 2 3 4 5 I invite my investigators to be baptized in the first lesson.
- 1 2 3 4 5 I invite my investigators, no later than in the second lesson, to be baptized on a specific date.

Lesson Outline

Study and discuss the doctrine of Christ from the scriptures.

- Read the references below and discuss these questions: What are the central themes or doctrines? What do these references teach about the unity between the Father, the Son, and the Holy Ghost regarding these doctrines?
 - Matthew 3:13–17 (see also Joseph Smith Translation, Matthew 3:43–46, in Bible appendix); 28:18–20
 - 2 Nephi 31:2–21
 - 3 Nephi 9:20–22; 11:21–41; 27:13–22
 - “Your Purpose” (*Preach My Gospel*, 1)
- Watch and discuss the video segment “The Purpose of Missionary Work: Robles Family” (6:57) from *The District 2*, disc 2.
 - How do you know when someone is exercising faith in Jesus Christ, repenting, preparing for baptism, and receiving the Holy Ghost? What fruits or evidence will there be?

Study and discuss the principle of love.

- Read D&C 4:5 and 12:8 and discuss: Why is love for the Lord and for those you teach so important?

Study and discuss the invitation to be baptized.

- Read John 3:5 and Acts 2:37–41 and discuss why the baptismal invitation is central to fulfilling the purpose of missionary work.
- Watch and discuss the video segment “Invitation to Be Baptized: German” (2:40) from *The District 2*, disc 2.
- Practice a direct invitation to be baptized on a specific date (see “Invitation to Be Baptized,” *Preach My Gospel*, pages 40, 54, 66, or 75). With each practice, have the investigator respond as follows:
 1. “Yes.”
 2. “No, I can’t be baptized then. I will be out of town.”
 3. “That’s too soon. I won’t be ready by then.” (You may want to show the video segment “Invitation to Be Baptized: Jynx” [2:33] from *The District 2*, disc 2, which focuses on this concern.)
 4. Use a concern from an investigator you know. The missionary extending the invitation will need to follow the Spirit and use discernment in responding.
- Evaluate, repractice, and then repeat, taking the role of other investigators.

The Role of the Holy Ghost in Conversion



KEY: 1 = never 2 = sometimes 3 = often 4 = almost always 5 = always

Check your progress before and after you study this lesson.

- 1 2 3 4 5 I feel the presence of the Holy Ghost in my life.
1 2 3 4 5 I try to discern my investigators' needs.
1 2 3 4 5 I try to notice spiritual impressions and ideas that come to my mind and heart as I teach.
1 2 3 4 5 I follow the spiritual impressions and ideas that come to my mind and heart as I teach.
1 2 3 4 5 My investigators understand the role of the Holy Ghost in their conversion.
1 2 3 4 5 I follow the promptings of the Holy Ghost to help others accept the invitation to be baptized.

Lesson Outline

Study and discuss the qualifications for having the companionship of the Holy Ghost.

- Read the following scriptures and discuss what qualifies one for the companionship of the Spirit:
 - John 7:17
 - Alma 17:2–3
 - D&C 4:5–7; 121:34–46

Study and discuss the role of the Holy Ghost in conversion.

- Read the following scriptures and discuss the role of the Holy Ghost in conversion:
 - John 14:26–27
 - 2 Nephi 33:1–2
 - Alma 12:7
 - D&C 42:11–17; 50:13–24; 84:85; 100:5–8
- Read and discuss “The Power of the Spirit in Conversion” (*Preach My Gospel*, 92–93).
- Read Alma 32:26–37 and discuss what an investigator must do and feel in order to receive conversion.

Study and discuss how to rely on and recognize the promptings from the Holy Ghost.

- Read and discuss “Learn to Recognize the Promptings of the Spirit” and “Relying on the Spirit” (*Preach My Gospel*, 96–98).
- Watch and discuss the video segment “Teach People, Not Lessons: Jynx” (6:33) from *The District 2*, disc 2.
 - Did the missionaries rely on and recognize the Holy Ghost? How do you know?
 - What influence did their inspired listening, questions, teaching, and invitation have on their investigator?

Practice following the promptings of the Holy Ghost to help investigators accept the invitation to be baptized.

- Take the role of one of your investigators, using that investigator's real concerns.
- Practice extending an invitation to be baptized. The missionary playing the role of the investigator should turn down the invitation because of a concern. The missionary extending the invitation should ask a few questions to understand the concern and then respond.
- Evaluate, repractice, and then repeat, taking the roles of other current and former investigators.

Revelation through Prayer



KEY: 1 = never 2 = sometimes 3 = often 4 = almost always 5 = always

Check your progress before and after you study this lesson.

- 1 2 3 4 5 My investigators understand that prayer is a commandment.
- 1 2 3 4 5 My investigators know how to pray sincerely and with real intent.
- 1 2 3 4 5 My investigators know how the Holy Ghost operates so that they recognize answers to their prayers.
- 1 2 3 4 5 I invite the head of the household to offer a kneeling prayer at the close of the first lesson.
- 1 2 3 4 5 I invite my investigators to offer kneeling prayers in later lessons.

Lesson Outline

Study and discuss the role of prayer in conversion.

- Read “Pray Often” on page 73 of *Preach My Gospel* and discuss: Why is prayer essential to conversion?
- Refer to “Pray to Know the Truth through the Holy Ghost” on page 39 of *Preach My Gospel* and discuss: Why is it essential for investigators to receive answers to prayers?
- Watch the video segment “Helping Investigators Pray: Eric” (5:41) from *The District 2*, disc 2. Discuss how Eric responded to the invitation to pray and what the missionaries taught him about the importance of prayer.

Study and discuss how to pray to gain a testimony.

- Review the steps to prayer in the box on page 39 of *Preach My Gospel* and discuss the points below:
 - 3 Nephi 18:19; John 15:7, 16; 16:23–24 (Prayers should be offered to God in the name of His Son.)
 - 3 Nephi 18:19–20; Matthew 7:7–11 (We are commanded to ask for the things we need.)
 - Moroni 10:3–5 (We must be sincere and willing to act upon the answers to our prayers.)
 - Investigators, especially the head of the household, should offer a kneeling prayer at the end of each lesson (see “Prayer,” *Preach My Gospel*, 39).
- Missionaries need to help investigators receive an answer to their prayers. Emphasize the following:
 - Alma 5:45–47 (Answers to prayer are unique and personal and sometimes take time and great effort. They come from the Holy Ghost. These feelings are hard to describe, but when they come, the investigator will “know.”)
 - 2 Nephi 32:8–9 (Satan always seeks to persuade investigators that they are not ready to pray, that they do not know how to pray, and that it is all right to pray “next time.”)

Practice the invitation to pray.

- Watch and discuss the video segment “Helping Investigators Pray: Remigio” (6:49) from *The District 2*, disc 2.
- Take the role of one of your investigators who is struggling to pray. Practice teaching the investigator why prayer is important, how to pray, and how to recognize answers to prayer. Invite the investigator to offer a kneeling prayer to end the lesson.
- Evaluate, repractice, and then repeat, taking the role of another investigator.
- Watch the video segment “Teaching Others about the Holy Ghost and Prayer: John” (5:00) from *The District 2*, disc 2. Discuss the benefit of using one of the teaching pamphlets to teach an investigator how to pray.

Revelation through the Book of Mormon



KEY: 1 = never 2 = sometimes 3 = often 4 = almost always 5 = always

Check your progress before and after you study this lesson.

- 1 2 3 4 5 My investigators understand that gaining a testimony of the Book of Mormon is central to knowing that Joseph Smith was a prophet.
- 1 2 3 4 5 My investigators read from the Book of Mormon between teaching visits.
- 1 2 3 4 5 If my investigators do not complete reading assignments, my companion and I read with them.
- 1 2 3 4 5 I invite my investigators to pray to know the Book of Mormon is true.

Lesson Outline

Study and discuss the role of the Book of Mormon in conversion.

- Discuss the statement “The Book of Mormon, combined with the Spirit, is your most powerful resource in conversion” (*Preach My Gospel*, 104).
- Read the first paragraph and last two paragraphs from the introduction to the Book of Mormon. Discuss why prayer and reading the Book of Mormon are essential to receiving a knowledge that the restored gospel is true.
- Watch the video segment “Invitation to Read the Book of Mormon: Jynx” (8:03) from *The District 2*, disc 2, and discuss:
 - How did the missionaries respond when they learned Jynx had not been reading in the Book of Mormon?
 - What role must the Book of Mormon play in Jynx’s conversion and in the conversion of any investigator?
 - What did the missionaries do well in helping Jynx commit to read in the Book of Mormon? How could they improve?
 - What do you learn and feel from Elder Jeffrey R. Holland’s statement that concludes the video segment?
- Share experiences of when you have seen the power of the Book of Mormon in missionary work.

Study and discuss how to read the Book of Mormon to gain a testimony.

- Read “How Should You Use the Book of Mormon?” on pages 110–11 of *Preach My Gospel* and emphasize the following:
 - Invite investigators to start reading from the beginning. Make other assignments later based on prayer and needs.
 - Give reading assignments that are long enough to provide a quality experience but are not overwhelming.
 - Read with investigators, stopping to discuss passages and share insights as directed by the Spirit.
 - Help others pray about the Book of Mormon to gain a testimony.
- Read Moroni 10:3–5 and discuss how these verses show what an investigator must do to gain a testimony of the Book of Mormon. Discuss the meaning and importance of real intent and how to help investigators develop real intent.
- Discuss why it is important, when investigators have not kept their commitment to read the Book of Mormon, that missionaries read with them before teaching the next lesson.

Practice the invitation to read the Book of Mormon and pray to know it is true.

- Watch the video segment “Invitation to Read the Book of Mormon: Alejandra” (5:18) from *The District 2*, disc 2.
- Identify an investigator you are currently teaching, and discuss what this investigator must do to gain a testimony of the Book of Mormon.
- Practice (1) introducing the Book of Mormon using the first paragraph and last two paragraphs from the introduction, (2) reading passages with your investigator, and (3) inviting the investigator to read and pray.
- Evaluate, repractice, and then repeat with other investigators in mind.
- Practice several follow-up situations in which the investigator did not read.

Revelation through Church Attendance



KEY: 1 = never 2 = sometimes 3 = often 4 = almost always 5 = always

Check your progress before and after you study this lesson.

- 1 2 3 4 5 I help my investigators understand why it is important to keep the Sabbath day holy.
- 1 2 3 4 5 My investigators understand how to keep the Sabbath day holy.
- 1 2 3 4 5 I involve the ward council in helping investigators attend church.
- 1 2 3 4 5 I invite my investigators to attend church.
- 1 2 3 4 5 My investigators attend church.

Lesson Outline

Study and discuss the role of church attendance in gaining a testimony and in receiving revealed truth from leaders and gospel instruction.

- Read and discuss Moroni 6:4–6 and “Keep the Sabbath Day Holy” on page 74 of *Preach My Gospel*.
- Discuss how attending church will help the investigator come unto the Savior. Emphasize helping investigators see that through church attendance they can:
 - Partake of the sacrament to renew baptismal covenants.
 - Demonstrate their faith in God’s commandment to keep the Sabbath day holy.
 - Feel the Spirit of the Lord and receive revelation and answers to their questions and concerns.
 - Strengthen their faith by receiving revealed truth from leaders, scripture study, and gospel instruction.
 - Receive blessings from keeping the Sabbath day holy.
 - Establish associations and friendships that will help renew their faith and strengthen their lives.

Study and discuss the role of members and the ward council in helping investigators attend church.

- Read and discuss “Worship with Us” in the pamphlet *The Restoration* (pages 22–23), and discuss how the ward council and other ward members can help in explaining what to expect, how to dress, and the purpose of various Church meetings.
- Review *Preach My Gospel*, page 148, planning guideline 4, and discuss how to more fully involve the members and ward council in helping investigators attend church.
- Discuss the challenges unique to your mission that keep investigators from attending church. Brainstorm together ways to help investigators overcome these challenges and the ways the ward council and other ward members can assist.
- Discuss how you can counsel with ward leaders regarding:
 - Which members would be best to help.
 - Ensuring that members are present at missionary lessons and inviting members to help teach.
 - Which members can provide transportation for investigators and sit with them at church.
 - How members can help investigators have a positive experience at church.

Practice preparing and inviting others to attend church.

- Watch the video segment “Invitation to Attend Church: Manny and Tina” (5:46) from *The District 2*, disc 2.
- Identify an investigator you are currently teaching who has not yet attended church. Practice (1) teaching the importance and blessings of coming to church and (2) inviting others to attend. Evaluate and repractice.
- If time permits, use pages 22–23 of the pamphlet *The Restoration* to practice inviting other investigators to attend church. Evaluate and repractice.

Teach People, Not Lessons



KEY: 1 = never 2 = sometimes 3 = often 4 = almost always 5 = always

Check your progress before and after you study this lesson.

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|---|---|---|---|---|---|
| 1 | 2 | 3 | 4 | 5 | When I teach, I follow a lesson plan that was created according to the needs of my investigators. |
| 1 | 2 | 3 | 4 | 5 | I change what I teach according to impressions from the Holy Ghost. |
| 1 | 2 | 3 | 4 | 5 | I am more focused on my investigators' needs and understanding than on covering all the points of the lesson. |
| 1 | 2 | 3 | 4 | 5 | I seek the gift of discernment when teaching in order to know what questions to ask. |
| 1 | 2 | 3 | 4 | 5 | I listen carefully in order to discern the thoughts and needs of my investigators. |
| 1 | 2 | 3 | 4 | 5 | I act on the impressions that come to my mind or heart as I teach. |
| 1 | 2 | 3 | 4 | 5 | I am patient in trying to understand the needs of my investigators. |
| 1 | 2 | 3 | 4 | 5 | I am comfortable with silence as I teach. |
| 1 | 2 | 3 | 4 | 5 | I present the doctrine in clear and simple terms. |

Lesson Outline

Study and discuss how the needs of the investigator and the promptings of the Spirit should guide the lesson.

- Read and discuss D&C 50:13–22. Emphasize the principle of teaching by the Spirit from verse 22.
- Read and discuss the introduction to chapter 10 of *Preach My Gospel*, “How Can I Improve My Teaching Skills?” (175–76).

Study and discuss the role of asking inspired questions and listening in discerning the spiritual needs of others.

- Read and discuss Alma 18 (or Alma 22:4–18). Emphasize how Ammon (or Aaron) asked inspired questions, listened, discerned, and taught simply and clearly according to the needs of the person he was teaching.
- Watch the video segment “Teach People, Not Lessons: Tabitha and James” (5:59) from *The District 2*, disc 2. Discuss Elder Jeffrey R. Holland’s statement that begins the video segment, and talk about how the missionaries:
 - Focused on the needs of Tabitha and James.
 - Listened and asked inspired questions.
 - Were able to discern Tabitha’s and James’s needs and teach the doctrine according to those needs.
- Discuss the principle that you are sent forth to teach, not to be taught (see D&C 43:15). Once you have discerned needs, your calling is to teach that portion of the doctrine that is “meted” for the investigator (see D&C 84:85).

Practice asking inspired questions, listening, discerning, and teaching doctrine according to the investigator’s needs.

- Watch the video segment “Teach People, Not Lessons: Jynx” (6:33) from *The District 2*, disc 2. Discuss how the missionaries listened, asked inspired questions, discerned Jynx’s needs, and taught doctrine according to those needs.
- Take the role of one of your investigators, using the investigator’s real concerns (for example, not reading the Book of Mormon, not attending church, not praying, and so on), with the other missionary either teaching part of a lesson or following up on previous commitments. Practice asking inspired questions, listening, discerning, and teaching doctrine according to the needs of the investigator. Evaluate and repractice.
- If time permits, watch the video segment “Teach People, Not Lessons: Remigio” (5:02) from *The District 2*, disc 2, and continue practicing with other current and former investigators in mind.

We Invite, They Commit, We Follow Up



KEY: 1 = never 2 = sometimes 3 = often 4 = almost always 5 = always

Check your progress before and after you study this lesson.

- 1 2 3 4 5 I am bold and loving when extending commitments.
- 1 2 3 4 5 I understand how extending commitments helps me fulfill the purpose of missionary work.
- 1 2 3 4 5 I think about appropriate invitations to extend as I prepare to teach.
- 1 2 3 4 5 I help others make commitments out of a desire to draw closer to the Lord, not out of obligation to me.
- 1 2 3 4 5 I follow up on all invitations with the intent of providing support and encouragement.

Lesson Outline

Study and discuss why and how missionaries invite people to make commitments.

- Read “Helping Others Make Commitments: The Door to Faith and Repentance” (*Preach My Gospel*, 8) and discuss: How will making and keeping commitments strengthen the faith of those you teach? How will keeping commitments allow them to repent and prepare to make sacred covenants?
- Read Acts 2:37–38 and Alma 22:15–18 and discuss: Why was it essential that Peter and Aaron invite those they taught to repent, be baptized, and pray? Why is inviting people to make commitments central to your purpose as a missionary?
- Discuss how the following principles help people make and keep commitments (see *Preach My Gospel*, chapter 11):
 - Extend direct commitment invitations to help people experience conversion.
 - Promise blessings.
 - Bear testimony frequently.
 - Follow up to help people keep commitments.

Study and discuss the principle of agency as it relates to investigators’ commitments.

- Read the second paragraph on page 195 of *Preach My Gospel*. Discuss: Why is it important for investigators to make and keep commitments? What should be an investigator’s motivation to make and keep commitments?
- Read 2 Nephi 2:27, D&C 101:78, and the second paragraph of “A Successful Missionary” on page 10 of *Preach My Gospel*. Discuss the principle of agency and your responsibility to teach the gospel clearly and powerfully.
- Discuss why missionaries must extend bold, powerful invitations to help others come unto Christ but that it is up to the investigator to make and keep commitments.
- Discuss why missionaries should not be pushy or manipulative, nor should they be vague or seem apologetic as they invite people to follow Christ.

Practice the invitation to live the law of chastity, the Word of Wisdom, and the law of tithing.

- Watch one or more of the following video segments from *The District 2*, disc 2. Then practice a similar situation with a current investigator in mind.
 - “Invitation to Live the Law of Chastity: John” (5:14) or “Invitation to Live the Law of Chastity: German” (7:48).
 - “Invitation to Live the Word of Wisdom: Eric” (4:08).
 - “Invitation to Live the Law of Tithing: Ming” (2:11) or “Invitation to Live the Law of Tithing: Robles Family” (3:34).
- Evaluate and repractice. Continue to practice these principles with other current investigators or less-active members in mind.

How to Begin Teaching



KEY: 1 = never 2 = sometimes 3 = often 4 = almost always 5 = always

Check your progress before and after you study this lesson.

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|---|---|---|---|---|--|
| 1 | 2 | 3 | 4 | 5 | When I teach a first lesson, I begin by using several of the bullet points from "How to Begin Teaching" (<i>Preach My Gospel</i> , 176–77). |
| 1 | 2 | 3 | 4 | 5 | I apply the bullet points differently with each investigator based on the promptings of the Holy Ghost. |
| 1 | 2 | 3 | 4 | 5 | My investigators understand the purpose of our visits. |
| 1 | 2 | 3 | 4 | 5 | My investigators understand my role in helping them receive the blessings of the gospel and of the Atonement of Jesus Christ. |

Lesson Outline

Study and discuss the principles of "How to Begin Teaching" and their importance.

- Discuss why the first few minutes of the first visit lay the foundation for your entire experience with an investigator.
- Discuss how applying the principles of "How to Begin Teaching" (*Preach My Gospel*, 176–77) invites the Spirit, establishes expectations, and helps investigators identify missionaries as representatives of Jesus Christ.
- Read and discuss the bullet points found in "How to Begin Teaching."
 - Discuss how teaching these principles can help investigators understand the purpose of your visits.
 - Emphasize the importance of the last bullet, which introduces the covenant of baptism and prepares the investigator to accept the invitation to be baptized at the end of the first lesson.
- Practice with each other "How to Begin Teaching," using all the bullet points listed on pages 176–77 of *Preach My Gospel*. As needed, refer to the bullet points as you practice.
 - Discuss the merits of each point, and identify which points you have and have not used in your teaching.
 - Discuss: How can applying the principles of "How to Begin Teaching" help investigators grow in their faith in Jesus Christ, repent, prepare for baptism, and feel the Holy Ghost?
- Discuss the sentence "As guided by the Spirit, you may express thoughts such as the following to your investigators" (see *Preach My Gospel*, page 176, fourth paragraph under "How to Begin Teaching," last sentence). Discuss why you should know all the bullet points, but then use them as directed by the Spirit.

Practice "How to Begin Teaching."

- Watch the video segment "How to Begin Teaching: German" (4:57) from *The District 2*, disc 2. Identify how many of the bullet points the missionaries applied and how long they took to do so.
- Think of one of your new investigators, and practice how you might spend the first few minutes in this investigator's home, applying the bullet points on pages 176–77 of *Preach My Gospel*.
- Evaluate and repractice. Also practice how to apply these principles in a second or third visit with the investigator.
- If time permits, think of an instance in which the first lesson did not go well. Practice the principles of "How to Begin Teaching" in this setting.
- Evaluate and repractice.

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