



## Competition Schedule

DATE	TIME	EVENT	ROUND
04 MAR 2019	14:02	1500m Ladies	Quarter-Finals
	14:27	1500m Men	Quarter-Finals
	15:17	1500m Ladies	Semi-Finals
	15:32	1500m Men	Semi-Finals
	16:02	1500m Ladies	Finals
	16:13	1500m Men	Finals
05 MAR 2019	14:02	500m Men	Preliminaries
	14:44	500m Ladies	Heats
	15:05	500m Men	Heats
	15:38	500m Ladies	Quarter-Finals
	15:50	500m Men	Quarter-Finals
	16:17	500m Ladies	Semi-Finals
	16:23	500m Men	Semi-Finals
	16:44	500m Ladies	Finals
	16:51	500m Men	Finals
	17:38	3000m Relay Ladies	Semi-Finals
17:54	5000m Relay Men	Semi-Finals	
06 MAR 2019	14:02	1000m Men	Preliminaries
	14:52	1000m Ladies	Heats
	15:20	1000m Men	Heats
	15:59	1000m Ladies	Quarter-Finals
	16:15	1000m Men	Quarter-Finals
	16:46	1000m Ladies	Semi-Finals
	16:54	1000m Men	Semi-Finals
	17:17	1000m Ladies	Finals
	17:26	1000m Men	Finals
	18:15	3000m Relay Ladies	Finals
	18:23	5000m Relay Men	Finals