

BETTINA ARNDT

CURRICULUM VITAE

PERSONAL DETAILS:

Date of Birth: 1 August 1949
Penrith, England

Marital Status: Divorced, three children

EDUCATION:

1969 - 1971: Bachelor of Science, Australian National University

1972 - 1973: Master of Psychology, University of New South Wales

PROFESSIONAL EXPERIENCE:

1973 - 1981:

- Editor and then publisher of *The Australian Forum Magazine*.
- Part-time work as a Clinical Psychologist specialising in sex therapy.
- Lecturer on human sexuality to medical students at the University of New South Wales and the University of Sydney.
- Lecturer at numerous academic and professional conferences including the Royal Australian College of General Practitioners, Monash University Medical Faculty, Australian Federation of Family Planning Association, the Australian Psychological Society, The NSW Institute of Psychiatry, World Organisation of General Practitioners and so on.
- Frequent appearances on Australian national television and radio.

1976 - 1986, 1996 - 2004

- Member of the Council of the Australian National University.

1981 - 1986

- Feature writer for Australian Consolidated Press, wrote numerous cover stories for The Bulletin magazine, and stories for Australian Women's Weekly and Cleo magazine on social and gender issues, the changing nature of marital and personal relationships.
- Weekly guest on Channel 9 television program, The Today Show.
- Regular appearance on radio and television programs around Australia. For two years had a weekly two hour talk-back radio program on Sydney Macquarie Radio station, 2GB.

1984 - Present

- Answered personal advice column for Cleo magazine.

1986 - 1991

- Based in Manhattan, New York. Wrote a weekly newspaper column syndicated through The Age, Melbourne.
- Wrote articles for American women's magazines.

1992 - Present

- Returned to Sydney. Worked for The Australian newspaper as feature writer 1991 - 1995. In September 1995, In September 1995, joined the Fairfax organisation as a feature writer for The Sydney Morning Herald and The Age, in Melbourne.
- Regular guest on ABC radio in Sydney, Melbourne, Canberra and Adelaide. Guest Reporter for Four Corners, the ABC's leading documentary television program.
- Throughout career, appeared regularly on the speaking circuit, addressing audiences all over Australia, in Singapore, New Zealand, Bangkok and India.

1999

- President of the Royal Women's Hospital Foundation.

2000

- Member of the Family Law Pathways Advisory Group.

2003

- Member of the National Advisory Committee on Ageing
- Recipient Centenary Medal

2004

- Feature writer for Australian Consolidated Press, writing for The Australian Women's Weekly and The Bulletin
- Member of the Child Support Ministerial Reference Group

2005

- Feature writer for The Australian Women's Weekly, regular newspaper columnist for The Herald Sun, occasional columnist for The Canberra Times, West Australian and Courier Mail.
- Member of the Assisted Reproductive Technologies (ART) Review Committee.

2007 - 8

- Conducting research and writing *The Sex Diaries*, a book about how couples negotiate their sex supply – published by Melbourne University Press, March 2009 and Hamlyn (UK) July, 2009

2009

- Conducting research and writing her latest book, *What Men Want*. Working on professional speaking circuit, giving talks all over Australia.

2010

- *What Men Want* published. Writing opinion stories and features for Australian newspapers and magazines. Working as a professional speaker. Regular appearances on radio and television.

2011

- Speaking all over Australia and overseas, to corporate audiences, community groups, professional organizations. Writing regularly for newspapers and magazines plus numerous radio and television appearances across the country.

2012

- Speaking in Australia and overseas. Regular appearances on radio and television. Writing for newspapers, magazines and online websites. Working as an online dating coach, helping people write profiles and providing advice and support.

2013 -

- Dating coaching and public speaking consume most of her time but she still writes occasional articles and opinion columns and makes regular appearances on radio and television.

• PUBLICATIONS:

- *Forum Magazine*, 1973 - 1981
- *Private Lives*, Penguin Books, 1986
- *All About Us*, Penguin Books, 1989
- *Taking Sides*, Random House, 1995
- *The Sex Diaries*, MUP, 2009 and Hamlyn (UK) 2009.

- *What Men Want – in bed.* MUP, 2010.