

## Men's 60 Metres

48 Entrants

Event starts: March 2

	Age	(Days)	Born	SB	PB
<b>19</b> <b>DONIGIAN Alex</b> ARM	<b>25y</b>	131d	1993	<b>6.64</b>	<b>6.64 -19</b>
Armenian record holder at 60m (but based in the US, he's just come from the US Indoor Championships) 100 pb: 10.22w -15, 10.35 -16. 2 NCAA div 2 indoor 60 2015. Was at Western Washington University In 2019: 1 Seattle 60 (Jan 12); 1 Seattle 60 'B' (Jan 26); 7sf US indoor 60					
<b>21</b> <b>FUCHS Markus</b> AUT	<b>23y</b>	106d	1995	<b>6.65</b>	<b>6.65 -19</b>
5x Austrian Indoor Champion at 60m // 100 pb: 10.30w -16, 10.35 -18. 200 pb: 20.84 -18. ht EIC 60 2015/2017; ht ECH 100 2016/2018 (ht ECH 200 2018). 1 Austrian 100 2015/2016/2017/2018 & 200 2016/2017. 1 Austrian indoor 60 2015/2016/2017/2018/2019 (1 200 2018/2019) In 2019: 1 Vienna Hallen 60; 1 Vienna Erima 60; 2 Erfurt 60; 1 Vienna Gala 60; 1 Austrian indoor 60/200					
<b>41</b> <b>DIMITROV Denis</b> BUL	<b>25y</b>	18d	1994	<b>6.75</b>	<b>6.65 -15</b>
4x Bulgarian Indoor Champion at 60m // 100 pb: 10.16 -13. 200 pb: 20.92 -18. 2 EJC 100 2013 (7 200); qf WCH 100 2013; 1 Balkan 100 2013; sf ECH 100 2014 (2016-ht); 1 Balkan indoor 60 2015/2016/2017; sf EIC 60 2015 (2017-ht); 2 under-23 ECH 100 2015; ht ECH 100 2016/2018 (ht 200 2018). 1 Bulgarian 100 2013/2014/2015/2017/2018 (1 200 2017/2018). 1 Bulgarian indoor 60 2016-2019 In 2019: 1 Bulgarian indoor 60; 5ht Balkan indoor 60; 5ht Istanbul Cup 60					
<b>45</b> <b>IVASKOVIC Zvonimir</b> CRO	<b>24y</b>	221d	1994	<b>6.75</b>	<b>6.67 -16</b>
Multiple Croat Champion across 60m, 100m & 200m // 100 pb: 10.44 -17. 200 pb: 21.26 -17 (21.41i -19). sf EJC 100/200 2013; sf EIC 60 2015 (2017-ht). 1 Croat indoor 60 2014/2016/2019; 1 Croat 100 2014/2015/2016/2017 (1 200 2016/2017) In 2019: 1 Belgrade 200/60 'B'; 1 Novo Mesto 60; 1 Croat indoor 60; 7 Linz 60; 6ht Ostrava 60; 7 Balkan indoor 60					
<b>48</b> <b>HADJITHEORIS Andreas</b> CYP	<b>23y</b>	178d	1995	<b>6.78</b>	<b>6.78 -19</b>
100 pb: 10.61w, 10.62 -18. 200 pb: 21.45 -18. 2 Small European States Games 100 2017 (4 200); 6 Balkan 100 2018. 1 Cypriot 100/200 2017 In 2019: 3 Pireás 60; 5 Greek indoor 60					
<b>62</b> <b>STROMSIK Zdenek</b> CZE	<b>24y</b>	95d	1994	<b>6.64</b>	<b>6.60 -18</b>
Czech record holder at 100m // 100 pb: 10.11w, 10.16 -18. 200 pb: 21.13 -18. ht WJC 100 2014; 4 EJC 100 2013; 6 ETCh 100 2017; ht WIC 60 2018; sf ECH 100 2018. 1 Czech 100 2017/2018 & indoor 60 2019 In 2019: 1 Ostrava 60 (Jan 12); 1 Jablonec 60; 4 Dortmund 60; 5 Berlin ISTAF 60; 4 Ostrava 60 (Feb 12); 1 Czech indoor 60					
<b>65</b> <b>ASANTE Festus</b> DEN	<b>24y</b>	258d	1994	<b>6.76</b>	<b>6.76 -17</b>
100 pb: 10.45w, 10.52 -16. 1 Danish 100 2016 & indoor 60 2018 In 2019: 1 Malmö 60; 7 Sättra 60; 2 Nordic International 60; 2 Danish indoor 60					
<b>69</b> <b>MUSAH Kojo</b> DEN	<b>22y</b>	318d	1996	<b>6.77</b>	<b>6.77 -19</b>
100 pb: 10.48 -17. 200 pb: 21.33 -17. sf under-23 ECH 100 2017. 1 Danish indoor 60 2019 In 2019: Skive 60; 3 Malmö 60; 3 Nordic International 60; 1 Danish indoor 60					
<b>71</b> <b>AMBROS Daniel</b> ESP	<b>20y</b>	310d	1998	<b>6.73</b>	<b>6.73 -19</b>
100 pb: 10.54w -18, 10.75 -15. 200 pb: 20.95 -17. ht World Youth 100 2015; 5 EJC 200 2017 (3 4x100) In 2019: 1 Zaragoza 60 (Jan 5); 2 Zaragoza 60 (Jan 26); 2 Spanish under-23 indoor 60; 3 Spanish indoor 60					
<b>86</b> <b>LÓPEZ Sergio</b> ESP	<b>19y</b>	238d	1999	<b>6.69</b>	<b>6.69 -19</b>
2019 Spanish Indoor Champion at 60m // 100 pb: 10.36 -18. 200 pb: 21.87 -17. ht World Youth 100 2015; 5 EJC 100 2017 (2 4x100); sf WJC 100 2018. 1 Spanish indoor 60 2019 In 2019: 1 Antequera 60; 3 Miramas 60; 1 Spanish under-23 indoor 60; 1 Spanish indoor 60					
<b>87</b> <b>MONNE Arnau</b> ESP	<b>18y</b>	201d	2000	<b>6.77</b>	<b>6.77 -19</b>
100 pb: 10.47 -18. 3 Spanish junior 100 2018 In 2019: 1 Sabadell 200 (Jan 5); 1 Antequera 200; 3 Sabadell 60 (Jan 27); 4 Sabadell 60 (Feb 6); 2 Sabadell 60 (Feb 10); 6 Spanish indoor 60					
<b>93</b> <b>SAME EKOBO Aitor</b> ESP	<b>22y</b>	56d	1997	<b>6.75</b>	<b>6.75 -19</b>
2018 Spanish 100m Champion as both a senior and under-23 // 100 pb: 10.16 -18. 200 pb: 21.33w -18, 21.66 -16. 8 World Youth 100 2013; 4 Youth Olympic Games 100 2014; sf EJC 100 2015; ht ECH 100 2018. 1 Spanish under-23 100 2018; 1 Spanish 100 2018. Born-Fuenlabrada. Mother-Guinean, father-Cameroonian. Coach-Inés Jiménez In 2019: 1 Madrid 60; 7 Miramas 60; 3 Spanish under-23 indoor 60; 5 Spanish indoor 60					
<b>103</b> <b>PUROLA Samuel</b> FIN	<b>18y</b>	284d	2000	<b>6.67</b>	<b>6.67 -19</b>
Two medals at 2017 European Junior Championships, and still a junior to the end of 2019 100 pb: 10.31 -17. 200 pb: 20.84 -17. 2 EJC 100 2017 (3 200); sf WJC 100 2018. 1 Finnish indoor 200 2017/2018 & 60 2019 In 2019: 2 Sättra 60; 1 Finnish indoor 60					
<b>116</b> <b>GOLITIN Amaury</b> FRA	<b>22y</b>	31d	1997	<b>6.65</b>	<b>6.65 -19</b>
2018 Mediterranean under-23 Champion at 100m // 100 pb: 10.07 -19. 200 pb: 20.94 -18. 3 EJC 4x100 2015 (sf 100); sf WJC 100 2016; 1 Mediterranean under-23 100 2018; sf ECH 100 2018. 1 French under-23 100 2017. Former judo player. Coach-Demonière Dimitri (so he trains with Jimmy Vicaut) Disqualified for false starts at the 2018 French 100m final and then the 2019 French indoor 60m final In 2019: 1 Reims 60; 4 Liévin 60; dq French indoor 60					
<b>128</b> <b>RENE Marvin</b> FRA	<b>23y</b>	323d	1995	<b>6.63</b>	<b>6.62 -18</b>
2016 European 4x100m silver // 100 pb: 10.16 -18. 200 pb: 20.59 -15. sf EJC 100 2013; 2 ECH 4x100 2016 (1st leg); 2 Mediterranean under-23 100 2016; sf EIC 60 2017; 6 Athletics World Cup 100 2018; ht ECH 100 2018 (4 4x100). 1 French indoor 60 2018/2019. Coach-Larence Bily In 2019: 5ht Paris 60; 2 Reims 60; 5 Mondeville 60; 1 French indoor 60					
<b>141</b> <b>EDOBURUN Ojie</b> GBR	<b>22y</b>	270d	1996	<b>6.65</b>	<b>6.56 -18</b>
2015 European Junior Champion at 100m. 2013 World Youth silver // 100 pb: 9.93w -17, 10.04 -18. 200 pb: 20.40w -17, 20.87 -16. 2 World Youth 100 2013; 6 WJC 100 2013; 1 EJC 100 2015; sf ECH 100 2016; 4 Athletics World Cup 100 2018. 1 English under-23 100 2017. Coach-Steve Fudge At the 2013 World Youth Championships in Donyetsk, he lost the 100m gold to China's Mo Youxue by two thousandths of a second In 2019: 6 Paris 60; 8 UK indoor 60; 5ht Birmingham IAAF Tour 60					

146	<b>KILTY Richard</b> GBR	29y	179d	1989	6.63	6.49 -14
DEFENDING (and two-time) EUROPEAN INDOOR CHAMPION Twice European Indoor Champion and 2014 World Indoor Champion at 60m 100 pb: 9.92w, 10.01 -16. 200 pb: 20.34 -13. sf WJC 200 2008 (5 4x100); 7 under-23 ECH 200 2009; 2 under-23 ECH 4x100 2011; 6 ETCh 100 2013; 1 WIC 60 2014; sf COM 100 2014 (2 4x100); 1 ECH 4x100 2014; 1 ECH 60 2015; sf WCH 100 2015; 5 OLY 4x100 2016; sf COM 200 2018 (1 4x100). 4 UK 100 (2016-6). Father Kevin was a 10.8 100m sprinter and a professional bodybuilder, his sister Heidi is also an athlete. Partner-Dovilė Dzindaletaitė (LTU, 14.23 TJ), their son Richard junior born September 17, 2016 (20.76 -17). Coach/father Kevin Kilty was a 10.8 100m sprinter In 2019: He is coming back from having had Achilles surgery on July 10, 2018; 4ht Paris 60; 4 Łódź 60; 6 UK indoor 60; 5 Birmingham IAAF Tour 60; He was not selected by British Athletics for Glasgow [having not met their selection standards indoors or out], but then was a special invitation to compete by the Council of European Athletics						
164	<b>KRANZ Kevin</b> GER	20y	253d	1998	6.56	6.56 -19
Reigning German Champion at 60m & 100m // 1090 pb: 10.24 -18. 200 pb: 20.89 -18. ht ECH 100 2018. 1 German 100 2018 & indoor 60 2019. He ran the first leg for the ill-fated German sprint relay team at Berlin 2018 (when Julian Reus & Lucas Jakubczyk got tangled up on the last changeover) In 2019: 1 Dortmund 60; 4 Berlin ISTAF 60; 1 German indoor 60						
180	<b>STERYIOULIS Efthímios</b> GRE	34y	19d	1985	6.77	6.65 -13
4x Balkan Indoor Champion at 60m // 100 pb: 10.22 -14. LJ pb: 7.59 -02. 8 World Youth TJ 200; 8 WJC 100 2004 (2002-ht); 1 Balkan indoor 60 2004/2005/2013/2014; sf EIC 60 2005 (2015-dq/ht); 6 ECP 100 2007; ht ECH 100 2014. 1 Greek indoor 60 2007/2013/2015. 1 Greek 100 2007 In 2019: 1 Athens 60; 3 Greek indoor 60						
182	<b>TRIVIZÁS Panayiótis</b> GRE	31y	98d	1987	6.68	6.68 -18
4x Greek Indoor Champion at 200m // 100 pb: 10.24w, 10.36 -17. 200 pb: 20.58 -17 (21.41i -19). 6 Mediterranean Games 200 2018; 1 Balkan 200 2018; ht ECH 100 2018. 1 Greek indoor 200 2016/2017/2018/2019 (1 60 2017). 1 Greek 200 2018 In 2019: 1 Athens 60; 3ht Mondeville 60; 4 Mondeville 60; 1 Greek indoor 200 (2 60)						
183	<b>ZÍKOS Konstadínos</b> GRE	20y	310d	1998	6.62	6.62 -19
Twice Greek Indoor Champion at 60m // 100 pb: 10.39w -18, 10.57 -17. 200 pb: 21.82 -17. sf EJC 100 2017. 1 Greek indoor 60 2018/2019 In 2019: 1 Thessaloníki 60; 1 Piræas 60; 1 Greek indoor 60						
186	<b>SZABO Dániel</b> HUN	21y	280d	1997	6.74	6.73 -18
Twice Hungarian Champion at 100m // 100 pb: 10.34 -18. 200 pb: 21.31 -16 (21.72i -19). ht WJC 200 2016; ht ECH 100 2018. 1 Hungarian 100 2017/2018 & indoor 60 2018 In 2019: 5 Vienna T&F 60 (1 200 'B'); 2 Vienna Gala 60; 1 Budapest 60						
194	<b>OJEWUMI Joseph</b> IRL	20y	288d	1998	6.77	6.77 -19
2019 Irish Indoor Champion at 60m // 100 pb: 10.53w, 10.64 -18. 8 EJC 4x100 2015. 1 Irish junior 100 2015; 1 Scottish junior indoor 60 2016; 1 Irish indoor 60 2019. Graduate of Dublin City University. Coach-Daniel Kilgallon In 2019: 1 Dublin 60 (3x); 1 Irish under-23 indoor 60; 1 Irish Universities indoor 60; 1 Irish indoor 60						
224	<b>EL AIDA CHAFFEY Omar</b> MLT	17y	112d	2001	6.91	6.91 -19
One of teenage twins who are currently among Malta's quickest men 100 pb: 11.20w -17. 200 pb: 21.86 -18. ht World Youth 200 2017; sf European Youth 200 2018. His twin bother Jacob (two minutes younger, 60m pb 7.02i -19) competed for Malta at the 2018 World Indoor Championships. Their father-Moroccan, mother-Maltese In 2019: 1 Ghent IFAM National 60 'C'; 1 Dour 60 Omar is the youngest man entered for these championships (just as his twin was a year ago in Birmingham)						
232	<b>van GOOL Joris</b> NED	20y	330d	1998	6.63	6.63 -19
2019 Dutch Indoor Champion at 60m // 100 pb: 10.29 -18. 200 pb: 21.51 -16. ht WJC 100 2016; sf EJC 100 2017; ht ECH 100 2018. 1 Dutch indoor 60 2019 In 2019: 1 Mondeville 60; 2 Ghent IFAM 60; 1 Dutch indoor 60; 5 Düsseldorf IAAF Tour 60						
239	<b>QUARCOO Jonathan</b> NOR	22y	137d	1996	6.74	6.68 -18
Full name-Jonathan Tetteh Quarcoo Double Norwegian Champion at sprints in 2017 & 2018 100 pb: 10.17w -17, 10.22 -18. 200 pb: 20.39 -17. ht WJC 200 2014; 4 EJC 200 2015; 3 under-23 ECH 100 2017 (4 200); ht WCH 200 2017; sf ECH 100/200 2018. 1 Norwegian 100/200 2017/2018 (1 indoor 60 2018). Coach-Mette Karin Ninive In 2019: dns Norwegian indoor 60 final (after winning 6.88 heat & 6.74 semi - sore hamstring)						
242	<b>SJURSEN Amund Høie</b> NOR	23y	43d	1996	6.78	6.78 -19
100 pb: 10.45 -14. LJ pb: 7.64 -18 (7.53i -19). ht World Youth 100 2013. 1 Norwegian LJ 2017 & indoor LJ 2018; 1 Norwegian indoor 60 2019 In 2019: 1 Bergen 60; 4 Ulsteinvik LJ; 1 Norwegian indoor 60 (2 LJ); 4 Nordic International 60 (6 LJ)						
259	<b>OLSZEWSKI Remigiusz</b> POL	26y	160d	1992	6.64	6.62 -16
5x Polish Indoor Champion at 60m // 100 pb: 10.18w, 10.21 -18. 200 pb: 20.89 -15. sf WJC 200 2010; 4 under-23 ECH 100 2013 (2 4x100); sf WIC 60 2014/2016/2018; sf EIC 60 2015; ht ECH 100 2018. 1 Polish indoor 60 2015/2016/2017/2018/2019 In 2019: 3 Łódź 60; 3 Ostrava 60; 1 Polish indoor 60						
272	<b>LOPES Ancuiam</b> POR	27y	359d	1991	6.72	6.65 -18
Allegiance transferee from Guinea Bissau, for whom he is the national record holder at 100m with 10.36 in 2013 100 pb: 10.34w -17, 10.36 -13. 200 pb: 21.41 -16. sf EIC 60 2017. 1 Portuguese indoor 60 2018 In 2019: 1 Eaubonne 60; 4ht Nantes 60; 3 Nantes 60 'B'; 5 Reims 60; 1 Mondeville 60 'B'; 2ht Portuguese indoor 60 (did not contest final); 2 Braga 60						
274	<b>NASCIMENTO Carlos</b> POR	24y	139d	1994	6.69	6.63 -16
100 pb: 10.13 -18. 200 pb: 21.05 -18. ht World Youth 100 2011; 7 WJC 100 2012 (ht 200); sf EJC 100 2013; 8 under-23 ECH 100 2015; ht WIC 60 2016; sf ECH 100 2018 (2016-ht). 1 Portuguese 100 2018 (1 indoor 200 2016 & 60 2017) In 2019: 1 Jamor 60; 1 Pombal 60; dq/ht Mondeville 60; 1 Braga 60						
278	<b>NEAGOE Ionuț Andrei</b> ROU	24y	262d	1994	6.78	6.74 -16
100 pb: 10.33 -18. 200 pb: 20.88 -17/18. LJ pb: 7.85i, 7.63 -17. 12 EJC LJ 2013; ht ECH 200 2016/2018 (ht 200 2018). 1 Romanian 200 2017 & 100/200 2018 In 2019: 1sf Bucharest 60; 3 Romanian indoor 60						
279	<b>REZMIVES Petre</b> ROU	21y	170d	1997	6.69	6.69 -17
100 pb: 10.40w -18, 10.44 -17. 200 pb: 21.13 -17. sf EJC 100 2015; sf EIC 60 2017. 1 Romanian 100 2017 & indoor 60 2017/2019 In 2019: 1 Bucharest 60; 1 Bacau 60; 1 Romanian indoor 60; 2 Balkan indoor 60; 6 Istanbul Cup 60						
281	<b>TERPEZAN Alexandru</b> ROU	24y	69d	1994	6.77	6.77 -19
100 pb: 10.38w -17, 10.55 -18. 200 pb: 20.86 -17. ht World Youth 200 2011; ht ECH 200 2018. 2 Romanian 200 2016/2018. Was at Boise State University in Idaho In 2019: 3 Bucharest 60; 2 Romanian indoor 60; 6ht Balkan indoor 60; 7 Istanbul Cup 60						
285	<b>MOLINARI Francesco</b> SMR	24y	122d	1994	6.94	6.91 -17
100 pb: 10.72 -18. 200 pb: 21.45w, 21.74 -18. ht EJC 100 2013; ht EIC 60 2017; 5 Small European States Games 100 2017; ht WIC 60 2018 In 2019: 1 Ancona 60 (Jan 13); 6 Ancona 60 (Jan 20); 4 Ancona 60 'B' (Jan 26); 3 Ancona 60 (Jan 30)						

288	<b>KIJANOVIC Aleksa</b> SRB	21y	334d	1997	6.75	6.75 -19
Multiple Serbian Champion across 60m, 100m & 200m // 100 pb: 10.41w -17, 10.55 -18. 200 pb: 21.21 -17 (21.80i -19). 1 Serbian 100 2016/2017/2018 (1 200 2017/2018); 1 Serbian indoor 60 2016/2017/2018/2019 (1 200 2017/2018) In 2019: 1 Belgrade 60; 5 Miramas 60; 1 Belgrade 60; 1 Serbian indoor 60/200; 6 Linz 60; 3 Balkan indoor 60; 4 Istanbul Cup 60; 2 Serbian Open 60						
291	<b>CHUARD Sylvain</b> SUI	22y	352d	1996	6.73	6.73 -19
100 pb: 10.46 -16. 200 pb: 21.50 -14 (21.59i -19). 7 EJC 100 2015. 1 Swiss under-23 100 2016/2018 In 2019: 2 Magglingen 200 (4 60) (Jan 27); 2 Magglingen 60 (Feb 2); 2 Magglingen 60 (Feb 3); 2 Swiss indoor 60						
295	<b>WICKI Silvan</b> SUI	24y	15d	1995	6.65	6.65 -19
2019 Swiss Indoor Champion at 60m // 100 pb: 10.17 -18. 200 pb: 20.60 -18. sf EJC 100 2013; sf WJC 100 2014 (2012-ht); ht ECH 200 2016/2018; 7 under-23 ECH 200 2017; sf ECH 100 2018. 1 Swiss 200 2013 (at age 18) / 2017; 1 Swiss indoor 60 2018 In 2019: 1 Zürich 60; 1 Magglingen 60 (Jan 27); 1 Magglingen 60 (Feb 2); 1 Swiss indoor 60						
298	<b>BUJNA Simon</b> SVK	23y	63d	1995	6.77	6.68 -18
100 pb: 10.37w, 10.42 -18. 200 pb: 20.67 -18 (21.80i -19). 400 pb: 47.27 -18. ht ECH 100/200 2018. 1 Slovak 200 2017 & indoor 200 2018 In 2019: 2 Vienna Hallen 200 (3 60); 7 Vienna T&F 60; 5 Bratislava 60; 3 Linz 60; 2 Slovak indoor 60						
300	<b>VOLKO Ján</b> SVK	22y	117d	1996	6.58	6.57 -18
2017 European indoor 60m silver. Slovak record holder at 60m, 100m & 200m. 100 pb: 10.13 -18. 200 pb: 20.33 -17 (21.23i -19). sf EJC 100 2015; ht WIC 60 2016; sf ECH 100/200 2016/2018; 2 EIC 60 2017 (2015-ht); 1 under-23 ECH 200 2017 (2 100); 6 WIC 60 2018; sf WCH 200 2017 (qf 100). 1 Slovak 100/200 2016/2018 & 100 2017. 1 Slovak indoor 200 2015/2016 & 60 2017/2018/2019. Coach-Nadia Bendová He played football from the age of six to 14, but felt he didn't have the technical skills and "I was sitting on the bench more than playing" In 2019: 1 Ostrava 150/300; 1 Vienna Hallen 200; 1 Vienna T&F 60; 3 Paris 60; 5 Łódź 60; 2 Madrid IAAF Tour 60; 1 Slovak indoor 60						
303	<b>HAMILTON Austin</b> SWE	21y	214d	1997	6.62	6.62 -19
2017 European Indoor bronze at 60m (0.002 ahead of his compatriot Odain Rose) 100 pb: 10.16w, 10.34 -17. 200 pb: 21.37 -16. sf WJC 100 2014; 5 EJC 100 2015 (1 4x100); 3 EIC 60 2017; ht WIC 60 2018. 1 Swedish indoor 60 2018. Born-Jamaica, moved to Sweden at age 9 In 2019: 3 Dortmund 60; 2 Swedish indoor 60						
307	<b>LARSSON Henrik</b> SWE	19y	151d	1999	6.60	6.60 -19
2019 Swedish Indoor Champion at 60m (ahead of Austin Hamilton and Odain Rose, who were 3-4 at the 2017 European indoors) 100 pb: 10.14w, 10.22 -18. 200 pb: 20.71w -17, 20.85 -18. 1 European Youth Olympic Festival 100 2015; 2 European Youth 100 2016; 6 EJC 100 2017 (sf 200); 6 WJC 100 2018 also reached 200m final, but scratched; ht ECH 100 2018. 1 Swedish 200 2017 & indoor 60 2019. His older sister Agnes Larsson was 10 EJC SP 2015. Lives-Karlstad. Coaches/parents-Maria Larsson & Roger Larsson In 2019: 1 Örebro 60; 1 Norrköping 60; 1 Gothenburg 60; 3 Sättra 60; 1 Nordic International 60; 1 Swedish indoor 60 (in 6.60, his seventh pb of the year which he started with a best of 6.85)						
312	<b>ROSE Odain</b> SWE	26y	223d	1992	6.75	6.62 -13/16
Full name-Odain Ovany Rose 3x Swedish Indoor Champion at 60m // 100 pb: 10.20w, 10.30 -14. 5 EIC 60 2013 (2015-sf); ht WIC 60 2014; 12 ETCh 100 2014; ht ECH 100 2014; 4 EIC 60 2017 (lost bronze by two thousandths, to his compatriot Austin Hamilton); sf WIC 60 2018. 1 Swedish 100 2014 & indoor 60 2013/2014/2016. Born-Jamaica, moved to Sweden at age 3. Coach-Torbjörn Eriksson In 2019: 2 Norrköping 60; 6 Sättra 60; 5 Nordic International 60; 3 Swedish indoor 60						
316	<b>AY Aykut</b> TUR	23y	209d	1995	6.75	6.69 -15
100 pb: 10.33w -17, 10.38 -18. 200 pb: 21.19 -14. ht World Youth 100 2011; sf WJC 100 2014 (ht 200); 4 Balkan 100 2018 In 2019: 3 Vienna T&F 60; 3 Bratislava 60; 4sf Ukrainian indoor 60; 3 Istanbul Cup 60; 1 Serbian Open 60						
317	<b>BARNES Emre Zafer</b> TUR	30y	112d	1988	6.55	6.55 -18/19
Allegiance transferee from Jamaica – formerly known as Winston Barnes, gained Turkish citizenship on June 24, 2015 and cleared by IAAF to represent Turkey from June 24, 2016 100 pb: 10.02w -17, 10.08 -18. 200 pb: 20.67 -15. 1 WJC 4x100 2006 (for Jamaica, he ran leg 1, Yohan Blake anchored); 2 Balkan 100 2016 (for Turkey); sf ECH 100 2016; sf WCH 100 2017; 8 WIC 60 2018; 7 ECH 100 2018 (2 4x100). 1 Jamaican Schools under-15 100 2003. Set six Turkish indoor records at 60m in 2018 and had already equalled the best of those (6.55) in 2019 In 2019: 1 Spanish Town 60; 6 Val-de-Reuil 60; 1 Metz 60; 1 Balkan indoor 60; 2 Istanbul Cup 60; 4 Düsseldorf IAAF Tour 60						
322	<b>ÖZER Kayhan</b> TUR	20y	262d	1998	6.76	6.76 -19
100 pb: 10.49w -17, 10.52 -18. sf EJC 100 2017. 1 Turkish 100 2017 & indoor 60 2019 In 2019: 4 Vienna T&F 60; 3 Bratislava 60; 1 Turkish indoor 60; 3 Ukrainian indoor 60; 4 Balkan indoor 60; 8 Istanbul Cup 60; 4 Serbian Open 60						
333	<b>MAKUKH Vasyi</b> UKR	19y	45d	2000	6.73	6.73 -19
Ukrainian junior record holder at 100m // 100 pb: 10.29 -18. sf World Youth 100 2017/2018; sf WJC 100 2018. 1 Ukrainian junior 100 2017/2018 In 2019: 2 Kiev 60 (Jan 11); 2 Sumy 60; 1 Kiev Champs 60; 2 Ukrainian indoor 60; 2 Kiev 60 (Feb 16)						
338	<b>SOKOLOV Oleksandr</b> UKR	21y	84d	1997	6.68	6.68 -19
2019 Ukrainian Indoor Champion at 60m // 100 pb: 10.17 -18. 200 pb: 21.21w, 21.47 -18. sf WJC 100 2016; ht ECH 100 2018.1 Ukrainian indoor 60 2019 In 2019: 2 Kiev Champs 60; 1 Ukrainian indoor 60; 1 Kiev 60						
339	<b>SUPRUN Volodymyr</b> UKR	25y	35d	1994	6.78	6.75 -17
Twice Ukrainian Indoor Champion at 60m // 100 pb: 10.30 -16. 200 pb: 20.96 -16. ht WJC 100/200 2012; ht WCH 4x100 2015; ht ECH 100 2016; sf EIC 60 2017; 5 ECH 4x100 2018. 1 Ukrainian indoor 60 2016/2017 In 2019: 2 Sumy 60 (Jan 18); 3 Sumy 60 (Jan 25); 3 Kiev Champs 60; 4 Ukrainian indoor 60; 5ht Ostrava 60						

WORLD ALL-TIME LIST

1..... 6.34.....Christian Coleman USA..... 2018  
2..... 6.39.....Maurice Greene USA..... 1998  
3..... 6.40.....Ronnie Baker USA..... 2018  
4..... 6.41.....Andre Cason USA..... 1992  
=5... 6.42.....Dwain Chambers GBR..... 2009  
..... 6.42.....Su Bingtian CHN..... 2018  
7..... 6.43.....Tim Harden USA..... 1999  
8..... 6.44.....Asafa Powell JAM..... 2016  
=9... 6.45.....Six men

2019 EUROPEAN LIST

1..... 6.53.....Reece Prescod GBR  
2..... 6.55.....Emre Zafer Barnes TUR  
3..... 6.56.....Kevin Kranz GER  
=4... 6.58.....Filippo Tortu ITA  
..... 6.58.....Ján Volko SVK  
6..... 6.59.....Chijindu Ujah GBR  
7..... 6.60.....Henrik Larsson SWE  
=8... 6.62.....Keny Blecourt FRA  
..... 6.62.....Konstadínos Zikos GRE  
..... 6.62.....Austin Hamilton SWE

## Men's 400 Metres

26 Entrants

Event starts: March 1

	Age	(Days)	Born	SB	PB
<b>55</b> <b>MASLAK Pavel</b> CZE	<b>28y</b>	7d	1991	<b>46.19</b>	<b>45.24 -14</b>
DEFENDING (and three-time) EUROPEAN INDOOR CHAMPION A big indoor title now every year for six years (three World, three European) Outdoor opb: 44.79 -14. 200 pb: 20.46 -17. ht World Youth 2007; 7 WJC 200 2010; 3 ETCh 200 2011; 3 under-23 ECH 200 2011/2013; 1 ECH 400 2012 (2016-2, 2018-sf); sf OLY 400 2012/2016; 1 EIC 400 2013/2015/2017 (2011-ht); 3 under-23 ECH 200 2013; 5 WCH 400 2013 (2011/2017-sf, 2015-ht); 1 WIC 400 2014/2016/2018 (2012-5). 1 Czech 100 2011, 200 2012/2013/2017. & 400 2018 1 Czech indoor 400 2015 (& 200 2016/2017/2018). Coach-Dalibor Kupka In 2019: 1 Prague 150/3000; 2 Ulsteinvik 400 (1.54 behind Karsten Warholm); 1 Karlsruhe IAAF Tour 400; 1 Toruń IAAF Tour 400; 1 Ostrava 300; 2 Czech indoor 60; 2 Düsseldorf IAAF Tour 400 In June he will marry basketball player Nella Borovenová It is reported that he has withdrawn ill from Glasgow 2019					
<b>56</b> <b>MÜLLER Vít</b> CZE	<b>22y</b>	180d	1996	<b>46.63</b>	<b>46.63 -19</b>
Outdoor 400 pb: 46.56 -18. 400H pb: 49.92 -17. ht EJC 400H 2015; sf ECH 400H 2016 (20180ht); 6 ETCh 400H 2017. 1 Czech 400H 2017 In 2019: 1 Prague (Jan 7); 1 Prague 300 (Jan 11); 1 Prague 200/400 (Jan 20); 1 Dortmund 400 'B'; 1 Ostrava National 200; 4 Czech indoor 400					
<b>60</b> <b>SORM Patrik</b> CZE	<b>25y</b>	99d	1993	<b>46.83</b>	<b>46.49 -15</b>
Twice European indoor relay bronze // Outdoor pb: 46.20 -14. 200 pb: 21.02 -14. ht ECH 2014/2018; sf EIC 2015 (3 4x400); ht EIC 2017 (3 4x400); ht ETCh 2017; sf WIC 2018 (5 4x400). 1 Czech 2016/2017 In 2019: 1 Prague 300 'B'; 3 Ulsteinvik; 1 Chemnitz; 2 Czech indoor					
<b>64</b> <b>TESAR Jan</b> CZE	<b>28y</b>	339d	1990	<b>46.26</b>	<b>46.21 -15</b>
Twice European indoor relay bronze // Outdoor 400 pb: 45.73 -15. 400H pb: 50.54 -18. sf ECH 400 2012; 11 ETCh 400 2014; ht ECH 400 2014; sf EIC 400 2015 (3 4x400); 4 ECH 4x400 2016; sf EIC 400 2017 (3 4x400). 1 Czech 400 2013 (1 indoor 2014/2019). 1.84 tall In 2019: 1 Prague 200/800 (Jan 12); 1 Prague 400 (Jan 20); 3 Ostrava 300; 1 Czech indoor 400					
<b>74</b> <b>BUA Lucas</b> ESP	<b>25y</b>	47d	1994	<b>46.62</b>	<b>46.23 -17</b>
Second at 2018 Mediterranean Games // Outdoor pb: 45.25 -18. ht World Youth 2011; ht WJC 2012; 8 ETCh 2014; sf ECH 2016; 5 EIC 2017; ht WCH 2017 (5 4x400); sf WIC 2018 (2016-ht); 2 Mediterranean Games 2018; sf ECH 2018 (3 4x400). 1 Spanish under-23 2015/2016. 1 Spanish 2016 (1 indoor 2016/2018). Coach-Juan Antonio Rosique In 2019: 4 Madrid IAAF Tour; 2 Spanish indoor					
<b>81</b> <b>GUIJARRO Manuel</b> ESP	<b>20y</b>	236d	1998	<b>46.98</b>	<b>46.97 -18</b>
Outdoor pb: 46.51 -18. ht World Youth 2015; ht WIC 4x400 2018. 1 Spanish indoor 2018 In 2019: 2 Salamanca; 5ht Miramas; 4 Spanish under-23 indoor; 5 Spanish indoor					
<b>82</b> <b>HUSILLOS Oscar</b> ESP	<b>25y</b>	225d	1993	<b>46.37</b>	<b>45.69 -18</b>
The apparent World Indoor Champion of 2018 in a European indoor record of 44.92 – until he was disqualified for a lane violation (he found out in the mixed zone while being interviewed by Spanish TV) Outdoor pb: 44.73 -18. 200 pb: 20.83 -17. sf WJC 200 2012; sf EIC 2017; 8 ETCh 200 2017; sf WCH 2017 (5 4x400); dq WIC final 2018 (lane); 6 ECH 2018 (3 4x400). 1 Spanish 2017/2018 (1 indoor 2017). Trademark black sleevelets. After his Birmingham misfortune in 2018, he said "The sport owes me something pretty big." Coach-Luis Angel Caballero In 2019: 1 Salamanca 200/300; 2 Karlsruhe IAAF Tour; 3 Madrid IAAF Tour; 1 Spanish indoor; 1 Düsseldorf IAAF Tour 'B'					
<b>131</b> <b>SAIDY Fabrisio</b> FRA	<b>19y</b>	228d	1999	<b>46.67</b>	<b>46.67 -19</b>
2019 French Indoor Champion, at age 19 // Outdoor pb: 46.91 -18. 2 EJC 4x400 2017; 4 WJC 4x400 2018. 1 French indoor 2019. Coach-Marco Vecchio In 2019: 3 Miramas; 1 Eaubonne; 1 French under-23 indoor; 1 French indoor (set a French indoor "espoirs" record [U23] of 46.67)					
<b>137</b> <b>CHALMERS Cameron</b> GBR	<b>22y</b>	22d	1997	<b>46.26</b>	<b>46.26 -19</b>
Guernsey record holder. British #5 in 2017 & 2018 // Outdoor pb: 45.64 -17. sf WJC 2016; 4 under-23 ECH 2017 (1 4x400); sf COM 2018 (for Guernsey); ht ECH 4x400 2018 (won silver won by Britain in final). 1 British Universities 2016/2017/2018 (1 indoor 2016/2017); 3 UK 2017/2018; 1 UK indoor 2018. Attends Bath University. His younger brother Alistair Chalmers was the 2017 English Junior Champion at 400m Hurdles. Coach-James Hillier In 2019: 1 Scottish indoor; 1 UK indoor					
<b>145</b> <b>HAYDOCK-WILSON Alex</b> GBR	<b>19y</b>	215d	1999	<b>46.88</b>	<b>46.88 -19</b>
Ran first leg for British team which won World junior relay bronze in 2018 Outdoor pb: 47.19 -18. 200 pb: 21.54i -19, 21.67 -18. 3 WJC 4x400 2018. 1 English junior indoor 2018; 1 Berkshire junior 100/200/400 2018; 3 UK indoor 2018. He is the oldest of three brothers in athletics, his younger brothers are Max & James. Student of Material Engineering at Loughborough University. Coach-Michael Baker In 2019: 3 Sheffield; 3 UK indoor; 5 Birmingham IAAF Tour; 6 British Universities indoor 200					
<b>154</b> <b>SMITH Owen</b> GBR	<b>24y</b>	113d	1994	<b>46.37</b>	<b>46.37 -19</b>
3x Welsh Champion // Outdoor pb: 46.23 -16. 6 WIC 4x400 2018 (led off the team which team performed above expectations). 1 Welsh 2014/2017/2018; 2 British Universities 2016 (representing Cardiff Metropolitan University); 1 English under-23 2016. Coach-Matt Elias In 2019: 1 Glasgow; 1 Vienna T&F 'B'; 2 UK indoor					
<b>189</b> <b>BARR Thomas</b> IRL	<b>26y</b>	218d	1992	<b>47.05</b>	<b>46.87 -17</b>
2018 European bronze at 400m Hurdles // 400H pb: 47.07 -16. 6 EJC 400H 2011; 8 under-23 ECH 400H 2013; 1 WSG 400H 2015; sf WCH 400H 2015/2017; 4 OLY 400H 2016 (0.05 behind bronze); 3 ECH 400H 2018 (2012/2014/2016-sf). At London 2017 "I was hit with a bad bout of gastroenteritis". 1 Irish 2011-2018. Engineering graduate from the University of Limerick In 2019: 1 All Ireland Games 400H (52.81 indoors); 2 Athlone 400; dnf Irish indoor 400 (obstructed)					
<b>192</b> <b>GREENE Cillín</b> IRL	<b>20y</b>	88d	1998	<b>47.19</b>	<b>47.19 -19</b>
Surprise Irish Indoor 400m Champion in 2019 // Outdoor 200 pb: 21.44 -16. ht WJC 4x100 2016; sf EJC 200 2017. 1 Irish junior 200 2016; 1 Irish indoor 400 2019 (in only his fourth ever race at the distance!). Set an Irish indoor beat at 300m (34.06) in December 2018 In 2019: 1 Irish under-23 indoor 200; 5 All Ireland Games; 1 Dublin; 2 Irish Universities indoor 200; 1 Irish indoor 400					
<b>213</b> <b>TRICCA Michele</b> ITA	<b>25y</b>	308d	1993	<b>46.59</b>	<b>46.59 -19</b>
2019 Italian Indoor Champion // Outdoor pb: 46.09 -11. 200 pb: 21.35 -18. ht World Youth 2009; 3 EJC 2011 (1 4x400); sf WJC 2012; 4 Mediterranean Games 2018. 1 Italian indoor 2019 In 2019: 1 Magglingen; 1 Italian indoor					

216	<b>LEITIS Jānis LAT</b>	29y	321d	1989	47.40	46.71 -13
<p>Latvian record holder indoors &amp; out. Also international class at long jump  Outdoor pb: 45.53 -18. LJ pb: 7.98 -11. 6 EJC 400 2007; sf WJC 400 2008; 1 under-23 ECH LJ 2009; dnq ECH LJ 2010/2012; sf ECH 400 2012/2018; ht OLY 400 2012. 1 Latvian LJ 2009/2010/2011 (1 100 2018, 1 200 2009/2017). 1 Latvian indoor 200 2009/2011/2012/2017/2019, 400 2008/2012/2019 &amp; LJ 2010. Was at University of Nebraska-Lincoln  In 2019: 1 Liepāja 300; 3 Val-de-Reuil 400; 2 Linz 400; 1 Latvian indoor 200/400</p>						
226	<b>BONEVACIA Liemarvin NED</b>	29y	329d	1989	46.87	46.26 -17
<p>2016 European bronze, 2017 European indoor bronze // Outdoor pb: 44.72 -15. 200 pb: 20.46 -18. sf OLY 2012 (competed as an Independent Olympic Athlete); sf WCH 2015; ht WIC 2016; 3 ECH 2016 (2014/2018-sf); sf OLY 2016; 3 EIC 2017 (2015-ht); dq ETCh 2017 for false start (he ran under protest and 'won' in 45.44, his fastest of that year. 1 Dutch 2014/2015/2016/2017 (1 200 2015) &amp; indoor 2015/2017. From Curaçao (who are not a member of the IAAF or IOC), he formerly competed with Netherlands Antilles before that country was dissolved/ Dutch record 44.72 in the very fast heats at the Beijing World Championships, then up to 45.69 in the next day's semi-finals  In 2019: 2 Val-de-Reuil 'B'; 3 Toruń IAAF Tour 'B'; 2 Ghent IFAM; 2 Dutch indoor</p>						
231	<b>van DIEPEN Tony NED</b>	22y	316d	1996	46.81	46.81 -19
<p>Outdoor 400 pb: 46.43 -17. 800 pb: 1:48.51 -16. ht EJC 800 2013/2015; sf WJC 800 2014; ht EIC 400 2017. 1 Dutch indoor 400 2018/2019; 1 Dutch 400 2018  In 2019: 1 Apeldoorn 800 'B'; 1 Luxembourg 400; 1 Linz 400; 1 Athlone 400; 1 Dutch indoor 400</p>						
246	<b>WARHOLM Karsten NOR</b>	23y	today	1996	45.56	45.56 -19
<p>In London 2017 became Norway's first World Champion on the track since Ingrid Kristiansen 1987  Outdoor 400 pb: 44.87 -16. 400H pb: 47.64 -18. 1 World Youth Octathlon 2013; 10 WJC Decathlon 2014; 7 ETCh 400 2015; 2 EJC 400/Decathlon 2015 (even though the 400m final was on the same day as the first day of the Decathlon!); sf OLY 400H 2016; 1 under-23 400H 2017 (2 400); 1 WCH 400H 2017; 1 ECH 400H 2018 (2016-6); 8 ECH 400 2018. 1 Norwegian 110H 2013/2014, 400/400H 2015/2016/2017/2018  In 2019: 1 Ulsteinvik 400 (beat Pavel Maslák, 45.56 to 47.10) (also 1st in 2x2x200m relay, the other runner being Wilson Kipketer [they took turns running the legs]); 1 Nordic International 400  A late decision for him to compete in Glasgow – "Leif Olav Alnes [his coach] and I have been discussing and considering for and against participating in the European Indoor Championships for a while, but in the end, we landed on a yes," said Warholm</p>						
266	<b>ZALEWSKI Karol POL</b>	25y	205d	1993	46.67	46.20 -18
<p>Led off the world indoor record breaking Polish 4x400m team at the 2018 World Indoor Championships  Outdoor 400 pb: 45.11 -18. 100 pb: 10.24w, 10.25 -13. 200 pb: 20.26 -16 (20.55 -18). 4 WJC 200 2012 (4 4x100, 2 4x400); dq ETCh 200 2013; 1 under-23 ECH 200 2013 (2 4x100); sf WCH 200 2013 (2015-ht); 1 ETCh 200 2014 (7 100); 8 ECH 200 2014(2016-sf); sf EIC 400 2015 (2 4x400); 1 under-23 ECH 200 2015 (2 4x400); 5 ETCh 200 2015 (2017-6); 4 ECH 400 2018. 1 Polish 100/200 2013/2014/2016/2017, 1 200 2015. (1 indoor 200 2014/2015 &amp; 400 2015/2019). Coach-Zbigniew Ludwichowski  He qualified for the the 2014 European 200m final by a manual draw between him and James Ellington (GBR), as they each clocked identical times (20.518) in their semi-finals  In 2019: 3 Karlsruhe IAAF Tour 400; 3 Toruń IAAF Tour 400; 3 Madrid IAAF Tour 400 'B'; 1 Polish indoor 400</p>						
273	<b>MORALES Raidel POR</b>	28y	120d	1990	46.74	46.74 -19
<p>Ex-Cuba, now Portuguese 400m record holder indoors // Outdoor 400 pb: 45.18 -15. 800 pb: 1:45.62 -11. 1 Pan-Am junior 800 2009; 3 Pan-Am Games 800 2011; dnf OLY 4x400 2012; 1 Central American &amp; Caribbean Games 400 2014; 7 WCH 4x400 2015. 1 Cuban junior 400/800 2008. Formerly known as Cuban international Raidel Acea (2011 Pan-American Games bronze at 800m, 2014 Central American &amp; Caribbean Games Champion at 400m). Attained Portuguese citizenship in 2017  In 2019: 1 Pombal 400; 1 Madrid IAAF Tour 400 'B' (set Portuguese indoor record 46.74); 1 Portuguese indoor 800 'C'</p>						
283	<b>JANEZIC Luka SLO</b>	23y	106d	1995	46.13	46.02 -18
<p>Slovenian record holder indoors &amp; out // Outdoor pb: 44.84 -17. 200 pb: 20.60 -17. ht World Youth 200 2011; sf WJC 200/400 2014; 1 Balkan 2015; ht WCH 2015/2017; sf WIC 2016/2018; 5 ECH 2016/2018; sf OLY 2016; ht EIC 2017; 1 under-23 ECH 2017 (2015-3). 1 Slovenian 2013/2016 &amp; indoor 2014/2015/2016/2017. Coach-Rok Predanic. 1.92 tall  In 2019: 1 Vienna T&amp;F; 2 Val-de-Reuil; 2 Toruń IAAF Tour; 2 Madrid IAAF Tour; 2 Birmingham IAAF Tour; 2 Düsseldorf IAAF Tour 'B'</p>						
294	<b>PETRUCCIANI Ricky SUI</b>	18y	242d	2000	47.20	47.14 -18
<p>Swiss junior record holder indoors &amp; out // Outdoor pb: 46.88 -18. 200 pb: 21.19 -18. sf EJC 2017; sf WJC 2018. 1 Swiss indoor 2018/2019  In 2019: 2 Zürich 60 (Swiss junior record 6.77); 1 Swiss indoor</p>						
301	<b>BENGSTRÖM Carl SWE</b>	19y	46d	2000	47.17	47.17 -19
<p>Twice Swedish Indoor Champion at 400m // Outdoor pb: 47.27 -18. 400H pb: 50.20 -18. sf EJC 400 2017; sf WJC 400H 2018; 1 FIN v SWE 400H 2018. 1 Swedish indoor 400 2018/2019  In 2019: 3 Gothenburg 60; 1 Växjö 200/400; 2 Nordic International 400; 1 Swedish indoor 400</p>						
318	<b>CAN Yavuz TUR</b>	32y	5d	1987	46.70	46.20 -16
<p>(Can is pronounced "Jan")  Turkish record holder. 5x Balkan Champion (3 in + 2 out)  Outdoor pb: 45.51 -16. 200 pb: 20.99 -14. sf WSG 2011; 1 Balkan 2013/2014 (1 indoor 2012/2015/2019); sf EIC 2013/2015; 8 ETCh 2014; sf WIC 2016; sf ECH 2016 (2014/2018-ht); sf WIC 2016; 5 Mediterranean Games 2018. 1 Turkish 102/2013/2014 &amp; indoor 2012/2014/2015/2016/2018 (1 200 2016)  In 2019: 2 Ust-Kamenogorsk; 2 Vienna T&amp;F; dnf Linz; 1 Balkan indoor; 2 Istanbul Cup</p>						
326	<b>BUTRYM Vitaliy UKR</b>	28y	49d	1991	46.84	46.45 -18
<p>11x Ukrainian Champion (7 out + 4 in) // Outdoor pb: 45.01 -15. 200 pb: 20.96 -15. ht OLY 2012; sf EIC 2013/2015 (2017-ht); 2 under-23 ECH 2013 (2011-8); ht WIC 2014/2018; sf ECH 2014/2016/2018; 5 ETCh 2015 (2017-7); ht WCH 2015; ht OLY 2016. 1 Ukrainian 2012/2013/2014/2015/2016/2017/2018 &amp; indoor 2014/2017/2018/2019. Coaches-Mykola &amp; Svitlana Gudym  In 2019: 1 Sumy 200/400 (Jan 19); 1 Sumy 200/400 (Jan 25.26); 1 Ukrainian indoor; 2 Balkan indoor; 1 Istanbul Cup</p>						
328	<b>DANYLENKO Danylo UKR</b>	24y	141d	1994	47.12	47.12 -19
<p>Outdoor 400 pb: 46.28 -17. 400H pb: 50.50 -15. 6 WIC 4x400 2014; 6 ECH 4x400 2016; ht ECH 400H 2016/2018; 5 EIC 4x400 2017; 8 ETCh 400H 2017. 1 Ukrainian 400H 2017 (2018-2). 1.90 tall  In 2019: 1 Kiev; 2 Sumy (Jan 18); 3 Sumy (Jan 25); 1 Kiev Champs; 2 Ukrainian indoor; 3 Istanbul Cup</p>						

WORLD ALL-TIME LIST

1.....	44.52.....	Michael Norman USA.....	2018
2.....	44.57.....	Kerron Clement USA.....	2005
3.....	44.63.....	Michael Johnson USA .....	1995
4.....	44.80.....	Kirani James GRN.....	2011
5.....	44.85.....	Fred Kerley USA.....	2017
6.....	44.86.....	Akeem Bloomfield JAM.....	2018
7.....	44.88.....	Bralon Taplin GRN.....	2018
8.....	44.93.....	LaShawn Merritt USA.....	2005
9.....	45.02.....	Danny Everett USA .....	1992
=10.	45.03.....	Torrin Lawrence USA.....	2010
.....	45.03.....	Deon Lendore TTO.....	2014

2019 EUROPEAN LIST

1.....	45.56.....	Karsten Warholm NOR
2.....	46.11.....	Benjamin Lobo Vedel DEN
3.....	46.13.....	Luka Janežič SLO
4.....	46.19.....	Pavel Maslák CZE
=5...	46.26.....	Jan Tesář CZE
.....	46.26.....	Cameron Chalmers GBR
=7...	46.37.....	Owen Smith GBR
7.....	46.37.....	Óscar Husillos ESP
9.....	46.59.....	Michele Tricca ITA
10...	46.62.....	Lucas Bua ESP

## Men's 800 Metres

39 Entrants

Event starts: March 1

	Age	(Days)	Born	SB	PB
<b>17</b> <b>MOYA Pol</b> AND	<b>22y</b>	80d	1996	<b>1:51.82</b>	<b>1:48.86 -17</b>
Andorran record holder indoors & out // Outdoor pb: 1:48.13 -17. 1500 pb: 3:47.96 -17 (3:51.93i -19). ht WJC 2014; ht EJC 2015; ht WIC 2016; ht ECH 2016; ht OLY 2016; ht EIC 2017; 3 Small European States Games 800/1500 2017; ht WCH 2017. Student of Engineering at the Polytechnic University of Catalonia, Barcelona In 2019: 1 Sabadell 1500; 4ht Spanish indoor					
<b>33</b> <b>MUJEZINOVIC Abedin</b> BIH	<b>25y</b>	271d	1993	<b>1:49.67</b>	<b>1:49.67 -19</b>
2017 Balkan Champion // Outdoor pb: 1:46.38 -17. 1 Balkan 2017 indoors & out; 3 Mediterranean Games 2018; dq/ht ECH 2018 (obstruction). 1 Bosnian & Herzegovinian 2016 In 2019: 4 Ancona; 3 Ghent IFAM 'B'; 1 Serbian Open 400 'B'					
<b>35</b> <b>TUKA Amel</b> BIH	<b>28y</b>	50d	1991	<b>1:46.75</b>	<b>1:46.33 -18</b>
Bosnian & Herzegovinian record holder at 400m & 800m, indoors & out. 2015 World Championship bronze Outdoor pb: 1:42.51 -15. 400 pb: 46.63 -16 (47.29i -19). 3 under-23 ECH 2013; 1 Balkan 2016 (1 indoor 2015); 3 WCH 2015 (2017-ht); 4 ECH 2016 (2012/2018-sf, 2014-6); sf OLY 2016; sf EIC 2017. He was the Bosnian & Herzegovinian flag bearer at the opening ceremony in Rio 2016. Coached in Italy (Verona) by Gianni Ghidini (who also advised the Beijing Olympic Champion Wilfred Bungei) In 2019: 1 Italian indoor 400; 1 Mondeville; 1 Ostrava; 1 Serbian Open 400					
<b>47</b> <b>DEMETRIOU Christos</b> CYP	<b>25y</b>	159d	1993	<b>1:48.79</b>	<b>1:48.23 -18</b>
Cypriot 800m record holder indoors // Outdoor 800 pb: 1:47.19 -18. 1500 pb: 3:44.27 -16. ht WJC 800 2012; ht EIC 800 2015; 1 Small European States Games 800/1500 2017; ht WSG 800/1500 2017; ht ECH 800 2018. 1 Cypriot 400/800 2015, 800 2016, 800/1500 2017 In 2019: 1 Vienna T&F 800 'C'; 4 Ghent IFAM 800 'B'					
<b>53</b> <b>HODBOŮ Lukáš</b> CZE	<b>22y</b>	362d	1996	<b>1:48.35</b>	<b>1:48.35 -19</b>
2018 European finalist (outdoors) // Outdoor 800 pb: 1:46.50 -18. 400 pb: 47.11 -18 (47.59i -19). 400H pb: 52.33 -14. sf WJC 400H 2014; 8 ECH 800 2018. 1 Czech 2018. His hobbies include baking and preparing home-made fruit juices. Coach-Josef Vedra In 2019: 2 Erfurt 800; 6 Toruń IAAF Tour 800; 6 Ostrava 800; 5 Czech indoor 400					
<b>57</b> <b>SASINEK Filip</b> CZE	<b>23y</b>	51d	1996	<b>1:47.75</b>	<b>1:47.75 -19</b>
2017 European indoor bronze at 1500m, then European under-23 silver Outdoor 800 pb: 1:46.42 -16. 1500 pb: 3:36.32 -16 (3:42.33i -19). 8 World Youth 2000SC 2013; ht WJC 1500/3000SC 2014; ht EIC 800 2015; 8 ECH 1500 2016; 3 EIC 1500 2017; 5 ETCh 1500 2017; 2 under-23 ECH 1500 2017. At EXC: 2015-26J. 1 Czech 1500 2017 & indoor 1500 2016/2019 & 3000 2017. He was one of the "Young Diamonds" who were given the opportunity to race in the pre-programme at the Zurich Diamond League (where he set his outdoor 800m pb of 1:46.42 in 2016). 1.83 tall In 2019: 2 Erfurt 1500; dnf Sabadell 1500; 4 Ostrava 800; 1 Czech indoor 1500					
<b>59</b> <b>ŠNEJDR Filip</b> CZE	<b>23y</b>	318d	1995	<b>1:46.99</b>	<b>1:46.99 -19</b>
4x Czech Champion (3 in + 1 out) // Outdoor pb: 1:45.56 -18. 400 pb: 46.69 -18. 7 ETCh 2017; 5 under-23 ECH 2017; 7 WSG 2017; ht ECH 2018. 1 Czech 2017 & indoor 2016/2017/2019 In 2019: 1 Prague 500/1000; 1 Vienna T&F; 3 Karlsruhe IAAF Tour; 2 Sabadell; 2 Ostrava; 1 Czech indoor					
<b>66</b> <b>BUBE Andreas</b> DEN	<b>31y</b>	230d	1987	<b>1:47.43</b>	<b>1:47.19 -17</b>
(Bube pronounce "Boo-bay") European silvers indoors (2018) & out (2012) 400 pb: 46.48 -09. 200 pb: 21.68 -07. 400H pb: 52.41 -08. sf WJC 400H 2006; ht EIC 400 2009; sf WCH 2011 (2015-ht); 2 ECH 2012 (2010-ht, 2014-4, 2016-sf, 2018-6); sf OLY 2016 (2012-ht); 2 EIC 2018 (2011/2013-ht). 1 Danish 400H 2003/2006/2007 (1 400 2006/2009, 1 800 2010/2011/2015/2018); 1 Danish indoor 200 2009 & 800 2011/2012/2013/2015/2016/2017/2018/2019 In 2019: 5 Karlsruhe IAAF Tour; 5 Madrid IAAF Tour; 1 Nordic International; 1 Danish indoor (8th time)					
<b>77</b> <b>de ARRIBA Alvaro</b> ESP	<b>24y</b>	271d	1994	<b>1:46.63</b>	<b>1:45.43 -18</b>
2017 European indoor bronze // Outdoor 800 pb: 1:44.99 -18. 400 pb: 48.08 -16. sf EJC 2013; 5 Ibero-American 800 2014; sf under-23 ECH 800 2015; 7 ECH 800 2016/2018; ht OLY 800 2016; 3 EIC 800 2017; 6 ETCh 800 2017; sf WCH 800 2017; 5 WIC 800 2018 (2016-ht); 1 Mediterranean Games 800 2018. 1 Spanish 800 2016/2018 & indoor 800 2018. Born-Salamanca. Coach-Juan Carlos Fuentes He is a former Spanish record holder at 500m indoors (61.96 in 2016) In 2019: 1 Salamanca; 3 Liévin; 2 Spanish indoor; 1 Düsseldorf IAAF Tour 'B'					
<b>79</b> <b>GARCIA Mariano</b> ESP	<b>21y</b>	156d	1997	<b>1:47.75</b>	<b>1:47.75 -19</b>
2019 Spanish Indoor Champion at 800m // Outdoor 800 pb: 1:49.01 -18. 1500 pb: 3:42.53i -19, 3:44.58 -18. 1 Spanish indoor 800 2019 In 2019: 1 Antequera 1500; 2 Valencia 1500; 4 Madrid IAAF Tour 1500; 1 Spanish under-23 indoor 800; 1 Spanish indoor 800					
<b>88</b> <b>ORDÓÑEZ Saul</b> ESP	<b>24y</b>	324d	1994	<b>1:46.62</b>	<b>1:46.62 -19</b>
Full name-Saul Ordóñez Gavela Spanish 800m record holder. 2018 European Cross Country Relay gold Outdoor 800 pb: 1:43.65 -18. 1500 pb: 3:39.40i -19, 3:40.39 -17. 2 under-23 ECH 800 2015; 3 WIC 800 2018; sf ECH 800 2018. At EXC: 2012-45J, 2018-1 Relay (1st leg). 1 Spanish 800 2017. Coach-Uriel Reguero In 2019: 3 Boston IAAF Tour 800; 5 Karlsruhe IAAF Tour 1500; 2 Spanish indoor 1500					
<b>94</b> <b>SÁNCHEZ-VALLADERES Pablo</b> ESP	<b>21y</b>	108d	1997	<b>1:48.87</b>	<b>1:48.87 -19</b>
Outdoor pb: 1:46.61 -17. 1500 pb: 3:45.37 -18. 8 under-23 ECH 800 2017. 1 Spanish under-23 indoor 800 2017; 2 Spanish indoor 1500 2018 In 2019: 1 Miramas; 3 Madrid 400; 4 Sabadell; dnf Madrid IAAF Tour; 3 Spanish indoor					
<b>119</b> <b>KHATIR Nasredine</b> FRA	<b>24y</b>	29d	1995	<b>1:47.39</b>	<b>1:47.39 -19</b>
Outdoor pb: 1:46.49 -16. sf WJC 2014. 2 French indoor 2019. Born-Narbonne. Coach-Gilles Garcia In 2019: 1 Miramas 400; 1 Reims; dnf Val-de-Reuil; 2 French indoor					
<b>123</b> <b>LUSINE Aymeric</b> FRA	<b>23y</b>	168d	1995	<b>1:47.69</b>	<b>1:47.69 -19</b>
2017 World Student Games bronze // Outdoor pb: 1:46.08 -17. 400 pb: 47.84 -17. 3 WSG 2017. 1 French under-23 2016; 3 French indoor 2019. Coach-Bruno Gajer In 2019: 3 Miramas 400 'B'; 2 Reims; 3 Val-de-Reuil; 3 French indoor					



148	<b>LEARMONTH Guy</b> GBR	26y	313d	1992	1:46.98	1:46.98 -19
Scotland's third-fastest 800m runner ever, after Tom McKean and now Jake Wightman Outdoor pb: 1:44.73 -18. sf EJC 2011; 6 COM 2014 (2018-ht); 6 EIC 2015; sf WCH 2017; sf ECH 2018. 1 Scottish indoor 2010; 1 British Universities 2012; 1 Scottish 800 2013; 1 UK indoor 800 2015/2017; 2 UK 800 2017. Coach-Henry Gray In 2019: 5 Boston IAAF Tour; 2 UK indoor; dnf Birmingham IAAF Tour (Broke bone in right hand after fall on first lap); 4 Düsseldorf IAAF Tour He was voted (by his fellow athletes) British Team Captain for Glasgow 2019						
151	<b>REID Joe</b> GBR	22y	355d	1996	1:47.83	1:47.83 -19
In 2019 became the Isle of Man's first British Champion in athletics Outdoor pb: 1:48.32 -18. 400 pb: 47.42 -17. 1 Island Games 800 2013; 3 Island Games 400 2017; ht COM 800 2018; 1 English under-23 2018; 1 UK indoor 2019; His younger sister Catherine Reid was World Youth 400m bronze medallist in 2015 (pb 52.25). Born-Derby, moved to Isle of Man at age 2. Studied Sport and social sciences at Cardiff Metropolitan University. Coach-Matt Elias Trademark red headband, he's raced a once since 2015 (Why? Because he'd worn one once when a dreaded training session went particularly well, and his coach at the time then urged him to wear it for competitions too) In 2019: 1 Sheffield BMC; 1 Vienna T&F 'B'; 1 UK indoor (he crossed the line in second place, but the original winner Jamie Webb was disqualified for obstruction) – he was tweeted congratulations from the Isle of Man Government; 3 Birmingham IAAF Tour						
156	<b>WEBB Jamie</b> GBR	24y	272d	1994	1:47.51	1:47.33 -18
2016 UK Indoor Champion // Outdoor pb: 1:45.73 -18. ht ECH 2016. 1 UK indoor 2016 (2018-2); 2 UK 2016; 1 British Universities 1500 2016/2018. His younger sister Danielle Webb was 5th in 2013 English Schools 3000. Father/coach-Adrian Webb In 2019: 1 Sheffield BMC; 1 Cardiff Open; 9 Dortmund; 4 Mondeville; dq UK indoor (crossed line first in 1:47.68, but had clashed with Guy Learmonth at the bell and was disqualified for obstruction); 2 Birmingham IAAF Tour						
161	<b>FARKEN Robert</b> GER	21y	161d	1997	1:47.71	1:47.65 -17
Twice German Indoor Champion // Outdoor pb: 1:46.65 -16. 1500 pb: 3:47.54 -16. sf EIC 2017. 1 German indoor 2017/2019. He was Europe's quickest junior at 800m in 2016, but his fast time came too late to qualify for the World Junior Championships In 2019: 1 Erfurt; 1 German indoor; 3 Düsseldorf IAAF Tour						
163	<b>KESSLER Christoph</b> GER	23y	306d	1995	1:47.83	1:47.80 -18
Outdoor pb: 1:46.11 -18. 1500 pb: 3:41.70 -18. ht EIC 2017; 9 ETCh 2017; sf WSG 2017; ht ECH 2018. 2 German 2018 In 2019: 1 Sindelfingen (Jan 19); 1 Sindelfingen (Jan 26); 3 Ghent IFAM; 2 German indoor						
184	<b>KAZI Tamás</b> HUN	33y	288d	1985	1:48.90	1:47.98 -11
23x Hungarian Champion across 800m & 1500m, indoors & out // Outdoor 800 pb: 1:45.37 -13. 1500 pb: 3:37.41 -17. sf WCH 800 2009/2013; ht EIC 800 2011/2013; ht OLY 800 2012; sf ECH 800 2014 (2010/2018-ht); ht EIC 1500 2015/2017; ht ECH 1500 2016/2018. 1 Hungarian 800 2007/2009/2010/2011/2013/2014/2015/2016/2017 (1 1500 2009/2010/2013/2014/2017/2018). 1 Hungarian indoor 800 2011/2013/2014/2015 (1 1500 2014/2015/2017/2018). Coach-Zsolt Gyimes In 2019: dnf Mondeville 3000; 7 Liévin 800; 2 Hungarian indoor 800						
188	<b>VINDICS Balázs</b> HUN	24y	337d	1994	1:47.18	1:47.18 -19
4x Hungarian Indoor Champion at 800m // Outdoor pb: 1:47.41 -16. 1500 pb: 3:42.93 -18 (3:51.77i -19). ht EIC 800 2017. 1 Hungarian indoor 800 2016/2017/2018/2019 (1 1500 2016/2019) In 2019: 1 Budapest 800 (3x); 2 Ulsteinvik 1500; dnf Liévin 1500; 1 Hungarian indoor 800/1500; 2 Düsseldorf IAAF Tour 800 'B'						
190	<b>CURRAN Zak</b> IRL	25y	73d	1993	1:47.73	1:47.73 -19
Outdoor pb: 1:46.78 -16. 400 pb: 46.96 -16. ht EIC 2017; ht ECH 2018. 1 English Schools 2012; 1 British Universities indoor 2016 In 2019: 2 Vienna T&F 'C'; 2 Ghent IFAM 'B'; 3 Athlone; 2 Irish indoor						
191	<b>ENGLISH Mark</b> IRL	25y	347d	1993	1:46.92	1:46.82 -14
2014 European bronze, 2015 European indoor silver // Outdoor pb: 1:44.84 -13. 5 WJC 2012; ht WIC 2014; 3 ECH 2014 (20180-ht); 4 IAAF Continental Cup 2014; 2 EIC 2015; 8 under-23 ECH 2015; sf WCH 2015 (2013/2017-ht); sf OLY 2016. 1 Irish 2011/2014/2015/2016/2017 & indoor 2011/2013/2015/2016/2018/2019. he is only 0.02 short of David Matthews's Irish 800m outdoor record of 1:44.82 which has stood since 1995. Coach-Nic Bideau In 2019: 1 Ghent IFAM 'B'; 1 Athlone; 1 Irish indoor						
193	<b>KIRK Conall</b> IRL	23y	53d	1996	1:48.95	1:48.95 -19
Outdoor pb: 1:49.47 -18. 3 Irish 2018 In 2019: 2 Dublin; 1 All Ireland Games; 5 Athlone; 6 Irish indoor						
200	<b>BARONTINI Simone</b> ITA	20y	54d	1999	1:48.62	1:48.62 -19
Fifth at 2018 World Junior Championships // Outdoor pb: 1:47.35 -18. 3 European Youth 2016; sf EJC 2017; 5 WJC 2018; ht ECH 2018. 1 Italian indoor 2017/2018/2019. 1.87 tall In 2019: 5 Mondeville; 1 Italian indoor						
214	<b>HAJDARI Musa</b> KOS	31y	140d	1987	1:49.31	1:49.31 -19
Kosovan record holder indoors & out // Outdoor pb: 1:47.4 -14. 1500 pb: 3:46.76 -14. ht WCH 800 2015; 1 Small European States Games 2016/2018; 2 Balkan 2016/2018 & indoor 2019; ht ECH 2016; ht OLY 2016; 6 Francophone Games 1500 2017; ht WIC 2018; ht ECH 2018. He was voted Kosovan male athlete of the year for 2018 In 2019: 2 Balkan indoor						
222	<b>GRETHEN Charles</b> LUX	26y	250d	1992	1:49.12	1:48.26 -16
Luxembourger record holder at 1500m indoors & out // Outdoor 800 pb: 1:46.44 -16. 1500 pb: 3:39.02 -17 (3:43.27i -19). sf WJC 800 2012; sf ECH 800 2016 (2012/2014-ht); ht OLY 800 2016; 5 WSG 1500 2017; ht ECH 1500 2018. Coach-Camille Schmit. Studied Finance at the University of Georgia In 2019: 6 Luxembourg 1500; 7 Metz 1500; 6 Athlone 800						
228	<b>DOUMA Richard</b> NED	25y	317d	1993	1:48.90	1:48.90 -19
Close fourth at 2016 European Championships 1500m (he led briefly at the start of the finishing straight, but then the Ingebrigtsens and David Bustos went past) Outdoor 800 pb: 1:47.88 -17. 1500 pb: 3:35.77 -16 (3:44.38i -19). 3000 pb: 8:08.24 -17. 3000SC pb: 9:02.66 -15. 12 ETCh 3000SC 2014; 8 under-23 ECH 1500 2015 (2013 -12); 4 ECH 1500 2016; ht EIC 1500 2017; 8 ETCh 3000 3017; sf WCH 1500 2017 (after he tripped over in finishing straight of his heat, then was advanced to semi-finals by the jury of appeal). 1 Dutch 1500 2018 & indoor 1500 2016 In 2019: 10 Dortmund 1500; dnf Madrid IAAF Tour 1500; 5 Liévin 1500; dq Dutch indoor 800 final (finished in 2nd place, but was judged to have ran inside the lane)						
230	<b>KUPERS Thijmen</b> NED	27y	147d	1991	1:47.63	1:46.21 -16
2015 European indoor bronze // Outdoor pb: 1:44.99 -17. 1500 pb: 3:40.54 -17. 6 under-23 ECH 2013; 5 WIC 2014; ht ECH 2014; 3 EIC 2015 (2013-sf, 2017-5); sf WCH 2015/2017; 6 ECH 2016 (after leading at bell); 1 ETCh 2017 (2014-6). 1 Dutch 2013/2014/2015/2016/2017 (1 indoor 2012/2013/2014/2015/2016/2017/2019). 1 Dutch 1500 2017 In 2019: 6 Karlsruhe IAAF Tour; 2 Ghent IFAM; 1 Dutch indoor (7th time)						
234	<b>EINAN Markus</b> NOR	21y	202d	1997	1:48.90	1:48.90 -19
Outdoor pb: 1:47.64 -18. sf EJC 2015; ht WJC 2016; ht ECH 2018. 3 Norwegian 2015/2016/2018; 1 Norwegian indoor 2019 In 2019: 1 Norwegian indoor						

241	<b>ROTH Thomas</b> NOR	28y	17d	1991	-	1:47.26	-15
7x Norwegian Champion at 800m (4 out + 3 in) // Outdoor 800 pb: 1:45.75 -18. 1500 pb: 3:43.11 -18. 400 pb: 47.93 -12. sf EJC 800 2009; 10 ETCh 800 2010/2013/2015; 8 ECH 800 2012 (2018-sf); ht EIC 800 2015. 1 Norwegian 2010/2012/2014/2017/2018 (1 400 2012) (1 indoor 2010/2013/2018). He is the older brother of Norwegian international runner Andreas Roth (their mother is Swedish) In 2019: 2 Neskollen 500; 3 Norwegian indoor 1500							
249	<b>BORKOWSKI Mateusz</b> POL	21y	332d	1997		1:47.78	1:47.11 -17
Fifth in 2018 European Championships // Outdoor pb: 1:45.42 -18. 1500 pb: 3:41.97 -15. 3 EJC 2015; ht WJC 2016; ht EIC 2017; 4 under-23 ECH 2017; 12 WSG 1500 2017; 5 ECH 2018. 1 Polish indoor 2019 In 2019: 3 Toruń IAAF Tour; 2 Madrid IAAF Tour; 4 Liévin; 1 Polish indoor							
257	<b>LEWANDOWSKI Marcin</b> POL	31y	260d	1987		1:47.90	1:45.41 -12
European indoor Champion at 800m in 2015 & 1500m in 2017 // Outdoor 800 pb: 1:43.72 -15. 1500 pb: 3:34.04 -17 (3:36.50i -19). 7 EJC 1500 2005; 4 WJC 800 2006; 8 WSG 800 2007; 2 ECP 800 2008; 3 ETCh 800 2010; 1 ECH 800 2010 (2014-5, 2016-2); 2 IAAF Continental Cup 800 2010; 1 World Military Games 800 2011; 4 WCH 800 2011/2013 (2009-8, 2015/2017-sf); dnf WIC 800 sf 2012; dq WIC 800 2014; 1 EIC 800 2015 (2009-6, 2011-2); 6 OLY 800 2016 (2008/2012-sf); 1 EIC 1500 2017 (2013-4); 1 ETCh 1500 2017 (2014-3, 2015-2); 7 WCH 1500 2017; 2 WIC 1500 2018; 2 ECH 1500 2018. At WXC: 2006-90 short. 1 Polish 800 2011/2016/2018 & 1500 2008/2010/2014/2016 (1 indoor 800 2015 & 1500 2017/2018). Coach/brother-Tomasz Lewandowski In 2019: 2 Toruń IAAF Tour 1500; 1 Liévin 800; 1 Athlone Mile (Polish indoor record 3:56.41); 5 Birmingham IAAF Tour 800 (impeded); 1 Polish indoor 3000							
261	<b>ROZMYS Michał</b> POL	23y	352d	1995		1:47.29	1:47.29 -19
Close fourth at 2018 European Championships // Outdoor pb: 1:45.32 -18. 1500 pb: 3:36.37 -17 (3:38.53i -19). 9 ETCh 3000 2017; 3 under-23 ECH 1500 2017; sf WCH 800/1500 2017; 4 ECH 800 2018; 5 IAAF Continental Cup 800 2018. 1 Polish 800 2017 & indoor 800 2019. Coach-Jacek Kastrzeba. 1.87 tall In 2019: 4 Karlsruhe IAAF Tour 800; 4 Toruń IAAF Tour 1500; 1 Polish indoor 1500							
284	<b>RUDOLF Zan</b> SLO	25y	295d	1993		1:49.62	1:46.96 -13
Slovenian record holder // Outdoor pb: 1:46.00 -15. 400 pb: 47.03 -15. sf WJC 2010/2012; 7 Youth Olympic Games 1000 2010; 2 EJC 2011; sf ECH 2012/2016 (2014-ht); ht EIC 2013/2015; 3 under-23 ECH 2015; ht WCH 2015; ht OLY 2016; ht ECH 2018. 1 Slovenian 2013/2014/2015 & 400 2017/2018. Coach-Svjetlan Vujasin In 2019: 8 Mondeville; 1 Ghent IFAM 'C'; 4 Balkan indoor							
306	<b>KRAMER Andreas</b> SWE	21y	321d	1997		1:46.52	1:46.52 -19
2018 European silver // Outdoor pb: 1:45.03 -18. 1500 pb: 3:46.0 -17. 6 EJC 2015; ht WIC 2016; 1 under-23 ECH 2017; sf EIC 2017 (2015-ht); sf WCH 2017; 2 ECH 2018; 4 IAAF Continental Cup 2018. 1 Swedish 2017/2018 (1 indoor 2016/2017/2018/2019). His mother Anne Lise Hollevik (NOR) was a 2:08.99 800m runner. Coach-Per Skoog. 1.87 tall We often see him front-running though that wasn't the case in Berlin 2018 where he came through to his equal Swedish record for silver, despite a slow first lap In 2019: 4 Ulsteinvik 400 (pb 47.75i); 1 Karlsruhe IAAF Tour; 1 Sätra; 1 Swedish indoor; 1 Düsseldorf IAAF Tour (therefore unbeaten at 800m indoors before Glasgow)							
310	<b>MARTINSSON Erik</b> SWE	22y	155d	1996		1:48.45	1:48.45 -19
Fill name-Erik Oskar Martinsson // Outdoor 800 pb: 1:48.53 -17. 400 pb: 46.73 -17. sf World Youth 400 2013; sf EJC 400 2015; ht ECH 400 2018; 1 FIN v SWE 400 2018. 1 Swedish 400 2018 (1 indoor 2015). Attends University of Texas at Arlington. Coaches-Erik Johansson & John Sauerhage In 2019: 1 Lubbock 800 'B'; 3 College Station 400 'B'							
325	<b>TEKSÖZ Salih</b> TUR	25y	58d	1994		1:49.07	1:49.07 -19
Outdoor pb: 1:49.23 -18. 1 Turkish indoor 2019 In 2019: 1 Turkish indoor; 3 Balkan indoor; 1 Istanbul 800							
330	<b>HUTSOL Yevhen</b> UKR	28y	291d	1990		1:48.52	1:48.52 -19
4x Ukrainian Champion at 800m (having moved up from 400m) // Outdoor 800 pb: 1:46.56 -18. 400 pb: 45.89 -17 (48.39i -19). 200 pb: 21.18 -16. 7 under-23 ECH 400 2011; =8 ETCh 400 2013 (2014-9); ht ECH 400 2014/2016; 5 EIC 400 2015 (2011/2017-ht); 4 ETCh 800 2017; sf WSG 800 2017; sf ECH 800 2018; 1 Balkan indoor 800 2019. 1 Ukrainian 800 2017/2018 & indoor 2018/2019; 1 Ukrainian indoor 400 2012/2015/2016 In 2019: 1 Sumy 800 (3 400); 6 Mondeville 800; 1 Ukrainian indoor 800; 1 Balkan indoor 800							

#### WORLD ALL-TIME LIST

1.....	1:42.67.....	Wilson Kipketer	DEN.....	1997
2.....	1:43.98.....	Michael Saruni	KEN.....	2019
3.....	1:44.15.....	Yuriy Borzakovskiy	RUS.....	2001
4.....	1:44.21.....	Emmanuel Korir	KEN.....	2018
5.....	1:44.41.....	Donavan Brazier	USA.....	2019
6.....	1:44.52.....	Mohammed Aman	ETH.....	2014
7.....	1:44.57.....	Adam Kszczot	POL.....	2012
8.....	1:44.71.....	Joseph Mutua	KEN.....	2004
9.....	1:44.75.....	Ahmad Ismail	SUD.....	2009
10...	1:44.78.....	Pawel Czapiewski	POL.....	2002

#### 2019 EUROPEAN LIST

1.....	1:46.52.....	Andreas Kramer	SWE
2.....	1:46.62.....	Saul Ordóñez	ESP
3.....	1:46.63.....	Álvaro de Arriba	ESP
4.....	1:46.75.....	Amel Tuka	BIH
5.....	1:46.92.....	Mark English	IRL
6.....	1:46.98.....	Guy Learmonth	GBR
7.....	1:46.99.....	Filip Šnejdr	CZE
8.....	1:47.18.....	Balázs Vindics	HUN
9.....	1:47.28.....	Danyil Peremetov	RUS
10...	1:47.29.....	Michał Rozmys	POL
Oversized track			
.....	1:46.27.....	Thomas Staines	GBR

## Men's 1500 Metres

30 Entrants

Event starts: March 1

	Age	(Days)	Born	SB	PB
<b>20</b> MKRTCHYAN Yervand ARM	<b>22y</b>	261d	1996	<b>3:44.55</b>	<b>3:44.55 -19</b>
Armenian indoor record holder at 1500m & 3000m // 1500 pb: 3:44.27 -18. 3000 pb: 7:59.80i -19, 8:20.09 -16. 3000SC pb: 8:50.35 -18. ht EJC 1500 2015; ht EIC 1500 2017; 1 Small European States Games 3000 2018; ht ECH 3000SC 2018. At EXC: 2016-51u23 In 2019: 3 Balkan indoor 1500; 4 Istanbul Cup 3000					
<b>28</b> DEBJANI Ismael BEL	<b>28y</b>	156d	1990	<b>3:39.91</b>	<b>3:39.91 -19</b>
Belgian record holder & twice European Championship finalist at 1500m Outdoor 1500 pb: 3:33.70 -17. 800 pb: 1:46.40 -17. ht WCH 1500 2017; 8 ECH 1500 2018 (2016-11). At EXC: 2018-7R. 1 Belgian 800 2014; 1 Belgian short course XC 2015. In 2016 he achieved the Olympic entry standard with 3:35.62, but three days too late for selection In 2019: 2 Val-de-Reuil 1500; 7 Madrid IAAF Tour 1500; 3 Liévin 1500; 4 Düsseldorf IAAF Tour 1500					
<b>51</b> FRIS Jan CZE	<b>23y</b>	71d	1995	<b>3:41.96</b>	<b>3:41.96 -19</b>
Twice Czech indoor Champion at 3000m // Outdoor 1500 pb: 3:41.37 -18. 5000 pb: 14:36.08 -18. ht WJC 3000SC 2014; ht EIC 1500 2015/2017. At EXC: 2013-67J. 1 Czech 1500 2018 & indoor 3000 2018/2019 In 2019: 1 Prague 800; 2 Vienna T&F 1500; 2 Luxembourg 1500; 3 Metz 1500; 1 Czech indoor 3000; 8 Düsseldorf IAAF Tour 1500					
<b>57</b> SASINEK Filip CZE	<b>23y</b>	51d	1996	<b>3:42.33</b>	<b>3:39.98 -18</b>
2017 European indoor bronze at 1500m, then European under-23 silver Outdoor 1500 pb: 3:36.32 -16. 800 pb: 1:46.42 -16 (1:47.75i -19). 8 World Youth 2000SC 2013; ht WJC 1500/3000SC 2014; ht EIC 800 2015; 8 ECH 1500 2016; 3 EIC 1500 2017; 5 ETCh 1500 2017; 2 under-23 ECH 1500 2017. At EXC: 2015-26J. 1 Czech 1500 2017 & indoor 1500 2016/2019 & 3000 2017. He was one of the "Young Diamonds" who were given the opportunity to race in the pre-programme at the Zurich Diamond League (where he set his outdoor 800m pb of 1:46.42 in 2016). 1.83 tall In 2019: 2 Erfurt 1500; dnf Sabadell 1500; 4 Ostrava 800; 1 Czech indoor 1500					
<b>67</b> JENSEN Nick DEN	<b>27y</b>	256d	1991	<b>3:43.48</b>	<b>3:43.48 -19</b>
Outdoor 1500 pb: 3:44.80 -17. 800 pb: 1:48.32 -15. sf EIC 800 2015; 6 WSG 800 2015. At EXC: 2017-10R, 2018-12R. 1 Danish 800 2013/2014/2017 (1 indoor 2014/2015). 1 Danish 1500 2015/2016/2017 (1 indoor 2018/2019). His coach/mother Heidi Jensen still holds the Danish indoor record (2:02.33) and was a rival of Kelly Holmes In 2019: 1 Växjö 800; 4 Malmö 1500; dq Reykjavik 1500; 1 Ghent IFAM 1500; 1 Danish indoor 1500; 2 Serbian Open 1500					
<b>72</b> BEN Adrian ESP	<b>20y</b>	208d	1998	<b>3:42.25</b>	<b>3:42.25 -19</b>
Full name-Adrian Ben Montenegro 2017 European junior bronze at 1500m Outdoor 1500 pb: 3:39.40 -18. 800 pb: 1:46.94 -18 (1:48.18i -19). 6 World Youth 2000SC 2015; ht WJC 1500 2016; 3 EJC 1500 2017; ht ECH 1500 2018. At WXC: 2017 -74J. At EXC: 2015-69J, 2016-8J, 2018-10u23. Coach-Arturo Martin In 2019: 1 Miramas 1500; 2 Sabadell 1500; 4 Madrid IAAF Tour 800; 3 Spanish indoor 1500					
<b>80</b> GOMEZ Jesús ESP	<b>27y</b>	310d	1991	<b>3:40.24</b>	<b>3:40.24 -19</b>
Full name-Jesús Gómez Santiago 2019 Spanish Indoor Champion at 1500m Outdoor 1500 pb: 3:38.63 -18. 3000 pb: 8:15.57 -18 (7:48.76i -19)800 pb: 1:45.67 -17 (1:47.93i -19). 7 Mediterranean Games 1500 2017. At EXC: 2017-3R. 1 Spanish indoor 1500 2019. Coach-Bejmaín Alvarez In 2019: 1 Salamanca 1500; 2 Valencia 3000 (substantial pb 7:48.76); 1 Dortmund 1500; 1 Sabadell 800; 2 Madrid IAAF Tour 1500; 1 Spanish indoor 1500					
<b>85</b> LOPEZ Kevin ESP	<b>28y</b>	261d	1990	<b>3:41.90</b>	<b>3:39.86 -18</b>
11x Spanish Champion at 800m (6 in + 5 out). European Indoor Championship medals (at 800m) in 2011 & 2013 Outdoor 1500 pb: 3:38.30 -13. 800 pb: 1:43.74 -12 (1:48.02i -19). 400 pb: 46.90 -13. 1 EJC 800 2009; 6 ECH 800 2010 (2012/2014-sf); 2 under-23 ECH 800 2011; sf OLY 800 2012 (2016-ht); 2 EIC 800 2013 (2011-3, 2015-sf, 2017-6); sf WCH 800 2013/2015/2017; ht WIC 800 2014; 5 ETCh 800 2014 (2013/2015-8). 1 Spanish 800 2010/2011/2013/2014/2015 (1 indoor 800 2012/2013/2014/2015/2016/2017). His father named him after the 1993 Motorcycle World Champion Kevin Schwantz. Coach-Francisco Gil In 2019: 8 Val-de-Reuil 1500; 1 Sabadell 1500; 3 Madrid IAAF Tour 800; 4 Spanish indoor 1500					
<b>88</b> ORDÓÑEZ Saul ESP	<b>24y</b>	324d	1994	<b>3:39.40</b>	<b>3:39.40 -19</b>
Full name-Saul Ordóñez Gavela Spanish 800m record holder. 2018 European Cross Country Relay gold Outdoor 1500 pb: 3:40.39 -17. 800 pb: 1:43.65 -18 (1:46.62i -19). 2 under-23 ECH 800 2015; 3 WIC 800 2018; sf ECH 800 2018. At EXC: 2012-45J, 2018-1 Relay (1st leg). 1 Spanish 800 2017. Coach-Uriel Reguero In 2019: 3 Boston IAAF Tour 800; 5 Karlsruhe IAAF Tour 1500; 2 Spanish indoor 1500					
<b>108</b> BELHADJ Mehdi FRA	<b>23y</b>	263d	1995	<b>3:40.65</b>	<b>3:40.65 -19</b>
2014 World Junior Steeplechase finalist // Outdoor 1500 pb: 3:42.90 -16. 3000SC pb: 8:49.04 -14. 14 WJC 3000SC 2014. At WXC: 2013-56J. At EXC: 2013-12J, 2018-53. Coach-Philippe Dupont In 2019: 1 Reims 1500; 7 Karlsruhe IAAF Tour 1500; 5 French indoor 1500					
<b>114</b> DAHMANI Samir FRA	<b>27y</b>	331d	1991	<b>3:40.99</b>	<b>3:40.23 -18</b>
Outdoor 1500 pb: 3:37.05 -15. 800 pb: 1:44.07 -16. 3000 pb: 8:20.36 -09. 9 EJC 1500 2009; 5 WJC 1500 2010; 8 ETCh 1500 2015 & 800 2017; ht EIC 3000 2017; ht WCH 800 2017. 1 French under-23 1500 2008. At EXC: 2017-5R. In Brussels 2010 with 3:38.01 he broke the French junior 1500m record which had stood to Jacques Boxberger since 1968. Coach-Philippe Dupont In 2019: 1 Miramas 800 (2 3000); 1 Val-de-Reuil 1500; 2 French indoor 1500					
<b>115</b> DENISSEL Simon FRA	<b>28y</b>	282d	1990	<b>3:39.17</b>	<b>3:37.70 -13</b>
2018 French Indoor Champion at 3000m // Outdoor 1500 pb: 3:34.54 -13. 3000 pb: 7:51.37 -12 (7:53.09i -19). 5000 pb: 13:38.74 -11. 8 EJC 5000 2009; 13 under-23 ECH 5000 2011; ht ECH 1500 2018. At WXC: 2008-64J, 2009-88J. At EXC: 2008-21J, 2011-7u23, 2012-10u23. 1 French indoor 3000 2018, Coach-Jean-Pierre Watelle In 2019: 1 Liévin 1500 (Jan 12); 3 Karlsruhe IAAF Tour 1500; 3 Liévin 2000 (Feb 10); 4 French indoor 3000					
<b>142</b> FITZGIBBON Robbie GBR	<b>22y</b>	341d	1996	<b>3:42.0</b>	<b>3:42.0 -19</b>
European Junior & under-23 finalist // Outdoor 1500 pb: 3:36.97 -17. 3000 pb: 7:59.64 -18. 800 pb: 1:49.18 -18. Mile pb: 4:00.18 -16. 5000 pb: 14:22.60 -17. 5 EJC 1500 2015; 8 under-23 ECH 1500 2017. 1 English Schools 2014; 4 UK indoor 1500 2016 (2017-7, 2019-5). Coach-Jon Bigg In 2019: 3 Sheffield BMC 1500; 3 Reims 1500; dnf Mondeville 3000; 5 UK indoor 1500; 22 Armagh 5K					

143	<b>GILES Elliot</b> GBR	24y	278d	1994	3:39.53	3:39.53 -19
2016 European bronze // Outdoor 1500 pb: 3:41.27 -17. 800 pb: 1:44.99 -17 3 ECH 800 2016 (2018-sf); ht OLY 800 2016; sf WCH 800 2017; 4 WIC 800 2018; ht COM 800 2018; 3 Athletics World Cup 800 2018. 1 UK 800 2016/2017/2018 (1 indoor 2018). 1 UK indoor 1500 2017 (2019-2). Suffered serious injuries when a car swerved into his motorcycle in Birmingham 2014 – "I landed on a curb tearing my right gluteal, damaging my lower back and knocking me out (causing minor brain damage)". He spent three weeks in bed and another three months before he could run. Coach-Jon Bigg (formerly Matt Yates) In 2019: 1 Sheffield BMC 1500; 1 London Games 800; 1 Lee Valley Open Mile; 2 Mondeville 800; 4 Toruń IAAF Tour 800; 2 UK indoor 1500; 10 Birmingham IAAF Tour 1500						
144	<b>GOURLEY Neil</b> GBR	24y	21d	1995	3:38.32	3:38.32 -19
2019 UK Indoor Champion at 1500m // Outdoor 1500 pb: 3:35.98 -18. 800 pb: 1:47.04i -18, 1:47.84 -17 (1:48.65i -19). 3 under-23 ECH 1500 2015; 3 Athletics World Cup 1500 2018. 1 English under-23 1500 2015/2017; 1 UK indoor 1500 2019. Coach-Ben Thomas In 2019: 1 Seattle Mile; 1 Scottish indoor 800; 1 UK indoor 1500; 8 Birmingham IAAF Tour 1500						
159	<b>BEBENDORF Karl</b> GER	22y	296d	1996	3:40.67	3:40.67 -19
Outdoor 1500 pb: 3:41.34 -18. 800 pb: 1:49.21 -18 (1:50.06i -19). 1 German junior indoor 1500 2015; 1 German under-23 800 2018 In 2019: 1 Chemnitz 800; 1 Erfurt 1500; 8 Karlsruhe IAAF Tour 1500; 4 German indoor 1500						
168	<b>PROBST Marius</b> GER	23y	192d	1995	3:39.89	3:39.89 -19
2017 European under-23 Champion at 1500m // Outdoor 1500 pb: 3:37.07 -18. 800 pb: 1:47.56 -18. 1 under-23 ECH 1500 2017 (2015-11); ht ECH 1500 2018. At EXC: 2017-7R. 1 German indoor 1500 2017/2019 In 2019: 1 Erfurt 800; 6 Karlsruhe IAAF Tour 1500; 1 German indoor 1500						
175	<b>DIMITRÁKIS Andreas</b> GRE	28y	173d	1990	3:44.92	3:42.43 -16
18 Greek Champion at 1500m (10 out + 8 in) // Outdoor 1500 pb: 3:39.22 -13. 800 pb: 1:47.35 -12. 1 Balkan 1500 2011 & 800 2014 (1 indoor 1500 2012/2017); ht ECH 800 2012; ht EIC 1500 2013; 8 ETCh 1500 2013 (2010-12); 7 Mediterranean Games 1500 2013 (2018-12); 10 ETCh 1500/3000 2017. 1 Greek 1500 2010-2014/2016/2017/2018 (1 indoor 2010-2019). 1 Greek 800 2011/2012/2014/2015/2016; 1 Greek indoor 3000 2016. Coach-Hrístos Papahrístos In 2019: 1 Greek indoor (2 3000); 4 Balkan indoor 1500						
196	<b>TRAVERS John</b> IRL	27y	349d	1991	3:42.92	3:41.37 -15
Twice European indoor 1500m finalist // Outdoor 1500 pb: 3:37.27 -14. 3000 pb: 7:55.05i -16, 7:58.51 -13 (8:01.04i -19). Mile pb: 3:55.44 -14. 13 WJC 5000 2010; ht EIC 800 2013; ht ECH 1500 2014; 7 EIC 1500 2015 (2017-11); 9 WSG 1500 2015. At WXC: 2010-59J. At EXC: 2010-25J, 2012-44u23, 2013-32u23, 2017-17, 2018-9R. 1 Irish 1500 2018; 1 Irish indoor 3000 2013/2018/2019 & 1500 2015/2017 In 2019: 5 Glasgow BMC 3000; 3 Cardiff Open 3000; 1 All Ireland Games 1500; 4 Athlone Mile; 1 Irish indoor 3000						
219	<b>BERTASIUS Simas</b> LTU	25y	120d	1993	3:42.83	3:42.83 -19
Lithuanian record holder at 1500m indoors & out // 1500 pb: 3:39.01 -18. 5000 pb: 13:57.94 -18. 7 WSG 1500 2017; 6 ECH 1500 2018. At EXC: 2017-49, 2018-50. 1 Lithuanian 5000 2015/2016/2017/2018 (1 1500 2016/2017/2018); 1 Lithuanian indoor 1500/3000 2016/2017/2018/2019 In 2019: 1 Vilnius 1000 (Jan 8); 1 Vilnius 1500 (Jan 26); 4 Luxembourg 1500; 1 Lithuanian indoor 1500/3000 (4th year in a row he's done that double)						
222	<b>GRETHEN Charles</b> LUX	26y	250d	1992	3:43.27	3:43.27 -19
Luxembourger record holder at 1500m indoors & out // Outdoor 1500 pb: 3:39.02 -17. 800 pb: 1:46.44 -16 (1:49.12i -19). sf WJC 800 2012; sf ECH 800 2016 (2012/2014-ht); ht OLY 800 2016; 5 WSG 1500 2017; ht ECH 1500 2018. Coach-Camille Schmit. Studied Finance at the University of Georgia In 2019: 6 Luxembourg 1500; 7 Metz 1500; 6 Athlone 800						
233	<b>EDMAN Ferdinand Kvan</b> NOR	26y	16d	1993	-	3:38.64 -18
He is Norwegian #1 at 1500m outside the Ingebrigtsen family // Outdoor 1500 pb: 3:38.64 -18. 800 pb: 1:50.16 -17. ht WJC 1500 2012; ht ECH 1500 2018. At EXC: 2009 -82J, 2010-27J, 2011-28J, 2012-4J, 2017-52. 2 Norwegian 1500 2017/2018. Studied Political Science at the University of California, Los Angeles						
236	<b>INGEBRIGTSEN Filip</b> NOR	25y	314d	1993	3:38.62	3:38.62 -19
2017 World bronze & 2016 European Champion at 1500m. 2018 European Cross Country Champion Outdoor 1500 pb: 3:30.01 -18. 3000 pb: 7:49.70 -16, 7:49.73i -19. 5000 pb: 13:30.48 -18. 800 pb: 1:47.79 -16. 9 WJC 1500 (ht 800) 2012; ht EIC 1500 2015/2017; dq ht OLY 1500 2016 (he he was judged to have impeded Charlie Grice GBR and Homiyu Tesfaye GER); 1 ECH 1500 2016 (2018-12); 3 WCH 1500 2017. At EXC: 2012-46J, 2015-19u23, 2018-1. 1 Norwegian 2013 (1 800 2016). Suffered liver failure in April 2014. Coach/father-Gjert Ingebrigtsen. Married international sprinter Astrid Mangen Cedergvist in Aurskog on September 15, 2018 Older brother Henrik (1 ECH 1500 2012, 5 OLY 1500 2012), younger brother Jakub (1 EJC 5000/3000SC 2017, 3:31.18 1500m at age 17) In 2019: 1 Nordic International 3000; 3 Düsseldorf IAAF Tour 1500						
238	<b>INGEBRIGTSEN Jakob</b> NOR	18y	161d	2000	3:36.02	3:36.02 -19
In Berlin 2018 became the youngest-ever male (senior) European Champion, twice over Outdoor 1500 pb: 3:31.18 -18. 3000 pb: 7:56.74i -18, 8:00.01 -17. 5000 pb: 13:17.06 -18. 3000SC pb: 8:26.81 -17. 9 WJC 1500 2016; 1 EJC 5000/3000SC 2017 (8 1500); ht WJC 3000SC 2017; 2 WJC 1500 2018 (3 5000); 3 IAAF Continental Cup 1500 2018. At EXC: 2016-1J, 2017-1J, 2018-1J. In Eugene 2017 with 3:58.07 at age 16 became the youngest-ever four minute miler. 1 Norwegian 1500/5000/3000SC 2017, 1500 2018 & indoor 800/1500/3000 2018. Coach/father-Gjert Ingebrigtsen He and his two older brothers have now all been European Champions at 1500m. Henrik in 2012, Filip in 2016, Jakob in 2018 In 2019: 1 Nordic International 1500 (World indoor junior record 3:36.21); 1 Düsseldorf IAAF Tour 1500 (Another world indoor junior record 3:36.02 and he beat new world indoor record holder Samuel Tefera)						
257	<b>LEWANDOWSKI Marcin</b> POL	31y	260d	1987	3:36.50	3:36.50 -19
DEFENDING EUROPEAN INDOOR CHAMPION (at 1500m) World indoor & European outdoor silvers at 1500m in 2018 Outdoor 1500 pb: 3:34.04 -17. 800 pb: 1:43.72 -15 (1:47.90i -19). 7 EJC 1500 2005; 4 WJC 800 2006; 8 WSG 800 2007; 2 ECP 800 2008; 3 ETCh 800 2010; 1 ECH 800 2010 (2014-5, 2016-2); 2 IAAF Continental Cup 800 2010; 1 World Military Games 800 2011; 4 WCH 800 2011/2013 (2009-8, 2015/2017-sf); dnf WIC 800 sf 2012; dq WIC 800 2014; 1 EIC 800 2015 (2009-6, 2011-2); 6 OLY 800 2016 (2008/2012-sf); 1 EIC 1500 2017 (2013-4); 1 ETCh 1500 2017 (2014-3, 2015-2); 7 WCH 1500 2017; 2 WIC 1500 2018; 2 ECH 1500 2018. At WXC: 2006-90 short. 1 Polish 800 2011/2016/2018 & 1500 2008/2010/2014/2016 (1 indoor 800 2015 & 1500 2017/2018). Coach/brother-Tomasz Lewandowski In 2019: 2 Toruń IAAF Tour 1500; 1 Liévin 800; 1 Athlone Mile (Polish indoor record 3:56.41); 5 Birmingham IAAF Tour 800 (impeded); 1 Polish indoor 3000						
275	<b>ROLIM Emanuel</b> POR	26y	29d	1993	3:43.38	3:41.77 -16
2017 Portuguese 1500m Champion outdoors // Outdoor 1500 pb: 3:37.16 -18. 3000 pb: 8:04.49i -17. 5 EJC 1500 2011; ht ECH 1500 2014; 10 under-23 ECH 1500 2015; ht EIC 1500 2018. At EXC: 2010-21J, 2011-19J, 2013-46u23, 2018-10R. 1 Portuguese 1500 2017 & indoor 3000 2016 In 2019: 8 Luxembourg 1500; 7 Toruń IAAF Tour 1500						
276	<b>ROSÁRIO Paulo</b> POR	24y	313d	1994	3:43.37	3:43.37 -19
Outdoor 1500 pb: 3:41.84 15. 800 pb: 1:49.61 16 (1:50.84i -19). 4 Mediterranean under-23 1500 2016. 1 Portuguese indoor 800 2019 & 1500 2015 In 2019: 1 Pombal 800 (Jan 27); 1 Pombal 1500 (Feb 3); 6 Sabadell 1500; 1 Portuguese indoor 800						
280	<b>RUSU Dorin Andrei</b> ROU	20y	90d	1998	3:44.26	3:44.26 -19
2017 European Junior Champion at 10,000m // Outdoor 1500 pb: 3:42.67 -18. 5000 pb: 14:25.07 -17. 3000 pb: 8:24.61 -16. dq World Youth 3000 2015 ("Infringement of the inside border"); 21 WJC 10,000 2016; 1 EJC 10,000 2017 (3 5000). At WXC: 2017-60J. At EXC: 2015-24J, 2016-20J, 2017-12J, 2018-dnf u23. 1 Romanian indoor 1500/3000 2017/2018 (1 1500 2019); 1 Romanian 1500 2018 In 2019: 4 Vienna T&F 1500; 2 Bratislava 3000; 1 Romanian indoor 1500 (3 800); 2 Balkan indoor 1500; 8 Istanbul Cup 3000						

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**BIBIC Elzan SRB****20y 51d 1999 3:43.13 3:43.13 -19**

2019 Balkan Indoor Champion at 1500m // Outdoor 1500 pb: 3:37.79 -18. 3000 pb: 7:51.51 -18 (7:55.14i -19). 5000 pb: 13:44.25 -18. 1 European Youth Olympic Festival 3000 2015; 1 European Youth 3000 (8 800); 8 WJC 5000 2016 (11 1500); 6 WJC 1500 2018 (8 5000); 1 Balkan indoor 3000 2018 & 1500 2019. At EXC: 2015-28J, 2016 -28J, 2017-31J, 2018-3J. 1 Serbian 1500 2016/2018 & indoor 1500/3000 2018/2019  
In 2019: 1 Serbian indoor 1500/3000; 1 Balkan indoor 1500; 1 Istanbul Cup 3000; 1 Serbian Open 1500

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**KYTS Volodymyr UKR****32y 44d 1987 3:55.20 3:43.80 -12**

Multiple Ukrainian Champion across 1500m, 3000m & 5000m // Outdoor 1500 pb: 3:38.61 -16. 3000 pb: 8:07.52 -13, 7:56.39i -19. 5000 pb: 13:52.69 -13. 6 EJC 1500 2005; ht EIC 1500 2013/2017; 7 ETCh 5000 2015; ht ECH 1500 2016/2018; 9 ETCh 1500 2017. At EXC: 2004-80-J, 2005-52J, 2006-62J, 2009-58u23, 2017-9R, 2018-5R. 1 Ukrainian 1500 2016 & 5000 2017 (1 indoor 1500 2007/2013/2019); 1 Ukrainian indoor 3000 2017/2018/2019. 1.93 tall  
In 2019: 1 Sumy 3000; 1 Ukrainian indoor 1500/3000; 2 Istanbul Cup 3000

WORLD ALL-TIME LIST

1.....3:31.04.....Samuel Tefera ETH..... 2019  
2.....3:31.18.....Hicham El Guerrouj MAR..... 1997  
3.....3:31.68.....Yomif Kejelcha ETH..... 2019  
4.....3:31.76.....Haile Gebrselassie ETH..... 1998  
5.....3:32.11.....Laban Rotich KEN..... 1998  
6.....3:33.08.....Daniel K. Komen KEN..... 2005  
7.....3:33.10.....Deresse Mekonnen ETH..... 2010  
8.....3:33.17.....Vénuste Niyongabo BUR..... 1998  
9.....3:33.23.....Augustine Choge KEN..... 2011  
10...3:33.32.....Andrés Diaz ESP..... 1999

2019 EUROPEAN LIST

1.....3:35.72.....Josh Kerr GBR  
2.....3:36.02.....Jakob Ingebrigtsen NOR  
3.....3:36.50.....Marcin Lewandowski POL  
4.....3:36.63.....Kalle Berglund SWE  
5.....3:37.42.....Chris O'Hare GBR  
6.....3:38.32.....Neil Gourley GBR  
7.....3:38.53.....Michał Rozmys POL  
8.....3:38.62.....Filip Ingebrigtsen NOR  
9.....3:39.04.....Charlie Da'Vall Grice GBR  
10...3:39.17.....Simon Denissel FRA

## Men's 3000 Metres

38 Entrants

Event starts: March 1

	Age	(Days)	Born	SB	PB
<b>15</b> <b>NIKOLAYEV Yegor</b> ANA	<b>30y</b>	305d	1988	<b>7:56.53</b>	<b>7:47.57 -13</b>
Russian national; the IAAF Doping Review Board authorised his application to compete internationally (as a neutral) in 2019 Outdoor 3000 7:54.65 -15. 1500 pb: 3:37.28 -12. 5000 pb: 13:35.33 -12. 3000SC pb: 8:30.49 -11. ht WIC 1500 2012; sf OLY 1500 2012; ht EIC 1500 2013; 4 WSG 1500 2013 (2015-5); 10 EIC 3000 2015 (2011-12); 4 ETCh 3000 2015 (2013-11). At EXC: 2008-72u23, 2009-12u23, 2010-3u23, 2011-27, 2018-52. 1 Russian 1500 2012, indoor 1500 2012/2013 & indoor 3000 2012/2015 This is the man who was leading in his 3000m heat at the 2011 European Indoor Championships when a long jumper stepped into his path and forced him to run through the long jump pit; he was initially eliminated but then added to the final on appeal In 2019: 3 Russian indoor 5000 (7 3000)					
<b>22</b> <b>VOJTA Andreas</b> AUT	<b>29y</b>	264d	1989	<b>8:00.09</b>	<b>7:55.83 -17</b>
Twice European finalist at 1500m // Outdoor 3000 pb: 7:53.81 -14. 5000 pb: 13:38.03 -17. 800 pb: 1:46.59 -13. 11 ECH 1500 2010/2012 (2014/2016-ht); 4 under-23 ECH 1500 2011; ht WCH 1500 2011/2013; ht OLY 1500 2012; ht EIC 1500 2013 & 3000 2015; 3 WSG 800 2013; ht WIC 1500 2014; 11 WSG 1500 2015; 10 EIC 3000 2017. At EXC: 2009-57u23, 2010-46u23, 2012-61, 2013-59, 2014-46, 2015-49, 2017-32, 2018-66. 1 Austrian 1500 2009/2010/2011/2012/2013/2014/2018 (1 indoor 2010/2011/2012/2013/2014/2015/2016/2017/2018/2019); 1 Austrian 5000 2017/2018 & indoor 3000 2012/2018. 1.89 tall In 2019: 9 Vienna T&F 1500; 6 Linz 3000; 1 Austrian indoor 1500					
<b>29</b> <b>HENDRIX Robin</b> BEL	<b>24y</b>	58d	1995	<b>7:53.89</b>	<b>7:53.89 -19</b>
Outdoor 3000 pb: 7:56.74 -18. 1500 pb: 3:39.11 -18. 5000 pb: 13:29.57 -18. 15 ECH 5000 2018. At EXC: 2007-9u23, 2018-15 In 2019: 3 Hannut XC; 4 European Clubs Cup XC; 2 Linz 3000					
<b>40</b> <b>BALABANOV Ivo</b> BUL	<b>22y</b>	7d	1997	<b>8:01.24</b>	<b>8:01.24 -19</b>
2014 Youth Olympic steeplechase finalist // Outdoor 3000 pb: 8:35.3 -18. 3000SC pb: 8:51.52 -18. 5000 pb: 14:07.48 -18. 7 Youth Olympic Games 2000SC 2014; 5 EJC 2015; dnf/ht WJC 3000SC 2016; 47 World Junior Mountain Running Champs 2016. At EXC: 2014-69J, 2018-30u23. 1 Bulgarian 5000/3000SC 2018 & indoor 1500 2019 In 2019: 1 Bulgarian indoor 1500 (3 3000); 5 Balkan indoor 1500; 5 Istanbul Cup 3000; 9 Serbian Open 1500					
<b>43</b> <b>TSENOV Mitko</b> BUL	<b>25y</b>	260d	1993	<b>8:01.20</b>	<b>7:58.26 -14</b>
2015 European under-23 Steeplechase Champion // Outdoor 3000 pb: 8:00.00 -15. 3000SC pb: 8:20.87 -14. 1500 pb: 3:42.34 -14. 5000 pb: 14:17.80 -18. ht WJC 3000SC 2012; ht WCH 3000SC 2013/2015/2017; 9 ECH 3000SC 2014 (2016/2018-ht); ht OLY 3000 SC 2016; 1 Balkan 3000SC 2018. At WXC: 2011-86J. At EXC: 2011-33J, 2012 -2J, 2013-2u23, 2014-23u23, 2015-20u23, 2018-24. 1 Bulgarian 3000SC 2010/2011/2013/2014/2015/2017. He crossed the line first at the 2013 European under-23 Championships, but was then disqualified for having stepped inside the track. At Huelva on June 12, 2014 with 8:20.87 he finally broke the Bulgarian Steeplechase record of 8:25.02 which had stood for 45 years to Mikhail Zhelev In 2019: 1 Sofia 1500; 1 Sofia 3000; 1 Bulgarian indoor 3000; 1 Balkan indoor 3000; 3 Serbian Open 1500					
<b>49</b> <b>KHADIRI Amine</b> CYP	<b>30y</b>	99d	1988	-	<b>7:55.32 -18</b>
2018 Commonwealth Games finalist at 1500m // Outdoor 1500 pb: 3:39.50 -16. 3000 pb: 8:10.98 -17. 5000 pb: 14:12.89 -17. 800 pb: 1:47.22 -15. 1 Small European States Games 1500 2011/2013/2015 (1 800 2013/2015, 3000 2016, 5000 2017); ht ECH 1500 2014/2018; ht EIC 2015; 10 COM 1500/5000 2018. 1 Cypriot 800/1500 2011/2013/2014 (1 1500 2016/2017). Born-Casablanca					
<b>70</b> <b>ABADIA Antonio</b> ESP	<b>28y</b>	241d	1990	<b>7:47.60</b>	<b>7:46.36 -14</b>
Full name-Antonio Abadia Beci ("Toni") 2016 European 10,000m bronze Outdoor 3000 pb: 7:48.14 -17. Half Mar pb: 61:15 -18. 10,000 pb: 28:07.14 -16. 5000 pb: 13:12.68 -16. 1500 pb: 3:37.24 -16. 3000SC pb: 8:34.75 -11. 5 World Youth 2000SC 2007; 1 EJC 3000SC 2009; 4 under-23 ECH 3000SC 2011; ht WIC 3000 2014; 8 ECH 5000 2014 (2018-13); 3 ECH 10,000 2016; ht OLY 5000 2016; 1 ECP 10,000 2017 (2018-10); 1 ETCh 5000 2017. 1 Spanish 5000 2014/2018. At WXC: 2015-58. At EXC: 2008-8J, 2009-17J, 2010-14u23, 2012-6u23, 2013-22, 2014-12, 2016 -11, 2018-14. Coach-José Luis Mareca In 2019: 4 Elgóibar XC; 1 Valencia 3000 (originally planned just to pace his training partner David Palacio, but went on in 7:47.60); 8 Seville XC					
<b>73</b> <b>BOSSY Artur</b> ESP	<b>24y</b>	304d	1994	<b>7:55.42</b>	<b>7:55.42 -19</b>
Full name-Artur Bossy Anguera // Outdoor 3000 pb: 8:00.60 -18. 5000 pb: 13:43.62 -18. 10,000 pb: 29:27.47 -18. ht World Youth 3000 2011; dnf WJC 10,000 2012; 9 EJC 5000 2013; 19 under-23 ECH 10,000 2015. 2 Spanish indoor 3000 2019 In 2019: 1 Sabadell 3000 (Jan 13); 1 Sabadell 3000 (Jan 18); 4 Sabadell 3000 (Feb 6); 2 Spanish indoor 3000					
<b>83</b> <b>JIMENEZ Sergio</b> ESP	<b>24y</b>	52d	1995	<b>7:51.55</b>	<b>7:51.55 -19</b>
Outdoor 3000 pb: 8:19.08 -18. 5000 pb: 13:40.13 -18. 1500 pb: 3:42.62 -18 (3:43.35i -18). ht WJC 1500 2014. 2 Spanish indoor 3000 2018 In 2019: 5 Valencia 3000; 6 Grao de Castellon XC; 3 Sabadell 3000; 6 Madrid IAAF Tour 1500					
<b>90</b> <b>PALACIO David</b> ESP	<b>30y</b>	264d	1988	<b>7:54.33</b>	<b>7:54.33 -19</b>
Outdoor 3000 pb: 8:12.38 -17. 1500 pb: 3:39.09 -18. 800 pb: 1:46.60 -16. sf EIC 800 2015. Perpetual third place in Spanish Championships at 800m: indoor 2011/2015 & outdoor 2012/2015/2016. Coach-José Luis Mareca (same as Toni Abadía) In 2019: 5 Elgóibar XC; 4 Valencia 3000; 7 Seville XC; 10 San Sebastián XC; 1 San Sebastián 10K; 4 Spanish indoor 3000					
<b>104</b> <b>RAITANEN Topi</b> FIN	<b>23y</b>	21d	1996	<b>8:01.00</b>	<b>8:01.00 -19</b>
Fourth at both the European under-23 Championships and World Student Games Steeplechases in 2017 3000SC pb: 8:28.48 -18. 1500 pb: 3:41.88 -18. 4 under-23 ECH 3000SC 2017; 4 WSG 3000SC 2017; 8 ECH 3000SC 2018. At EXC: 2016-28u23, 2017-8u23, 2018-24u23. 1 Finnish 3000SC 2017/2018 & indoor 3000 2018 In 2019: 1 Armagh 5K; 1 Helsinki 3000					
<b>107</b> <b>BEDRANI Djilali</b> FRA	<b>25y</b>	150d	1993	<b>7:50.84</b>	<b>7:50.84 -19</b>
3000SC pb: 8:20.55 -18. 1500 pb: 3:39.30 -18 (3:42.53i -19). ht WJC 2012; 8 under-23 ECH 3000SC 2013; 10 ECH 3000SC 2018. At WXC: 2011-78J. At EXC: 2011-21J, 2012-5J, 2013-24u23, 2015-5u23, 2017-18. 1 World Military short course XC 2017. 1 French indoor 3000 2019. Coach-Sebastian Gamel In 2019: 4 Nantes 800; 6 Val-de-Reuil 1500; 1 Sabadell 3000; 1 French indoor 3000 (3 1500)					
<b>117</b> <b>GRESSIER Jimmy</b> FRA	<b>21y</b>	300d	1997	<b>7:52.08</b>	<b>7:52.08 -19</b>
Memorable winner of the European under-23 Cross Country title in 2017 (outkicked Yemaneberhan Crippa) & 2018 (knee-slide into finishing tape) Outdoor 3000 pb: 7:53.81 -18. 5000 pb: 13:38.26 -18. 1500 pb: 3:40.46 -18. 10 WJC 5000 2016. At WXC: 2015-80J (after only six months of training in athletics). At EXC: 2015-4J, 2016-4J, 2017/2018-1u23. His first sport was football, he played for the team which placed fourth at the 2015 World Schools Championship, but he became "The footballer who was running too fast". Coach-Arnaud Dinielle In 2019: 5 Le Mans XC; 5 Val-de-Reuil; 2 Metz 3000; 2 French indoor 3000					

120	<b>KOWAL Yoann</b> FRA	31y	276d	1987	7:50.97	7:44.26 -12
<p>2014 European Steeplechase Champion, in memorable circumstances (following the disqualification of Mahiedine Mekhissis). Fifth at Rio Olympics  Outdoor 3000 pb: 7:45.11 -16. 1500 pb: 3:33.75 -11 (3:44.90i -19). 5000 pb: 13:34.29 -16. 3000SC pb: 8:12.53 -13. 3 EIC 1500 2009 (2011-ht); 3 ETCh 1500 2009; 6 under -23 ECH 1500 2009; 5 ECH 1500 2010; 7 IAAF Continental Cup 1500 2010; sf WCH 1500 2011 (2009/2015-ht); 10 WIC 3000 2012; sf OLY 1500 2012; 4 EIC 3000 2013 (2015-ht); 3 ETCh 3000SC 2013 (2011-5, 2015-9, 2017-4); 8 WCH 3000SC 2013 (2015-ht, 2017-13); 2 Francophone Games 3000SC 2013; 1 ECH 3000SC 2014 (2016-3, 2018-4); ht EIC 1500 2015; 5 OLY 3000SC 2016. At WXC: 2005-106J. At EXC: 2007-67u23, 2009-75u23. 1 French 3000SC 2008/2010/2014/2015/2017 &amp; indoor 1500 2014. Coach-Patrick Petitbreuil  In 2019: 10 Val-de-Reuil 1500; 2 Sabadell 3000; 3 French indoor 3000</p>						
133	<b>ATKIN Sam</b> GBR	25y	351d	1993	7:52.13	7:52.13 -19
<p>Outdoor 3000 pb: 7:56.70 -16. 5000 pb: 13:39.38 -18.10,000 pb: 29:44.33 -16. Mile pb: 3:58.60 -18. 1500 pb: 3:45.07 -18. 4 English Schools 3000 2010; 1 North of England junior 5000 2010; 1 US Intercollegiate indoor 3000 2016. Studied Kinesiology at Lewis-Clark State College in Lewiston, Idaho. Coach-Rob Lewis  In 2019: 3 Seattle Mile; 5 New York 3000; 4 UK indoor 3000</p>						
136	<b>BUTCHART Andrew</b> GBR	27y	137d	1991	7:46.50	7:41.05 -17
<p>Sixth at 2016 Olympics, now 3rd all-time UK at 5000m after Farah &amp; Moorcroft  Outdoor 3000 pb: 7:37.56 -17. 5000 pb: 13:08.61 -16. 10,000 pb: 29:32.43 -15. 12 ECP 10,000 2015; 3 ETCh 3000 2015; 6 OLY 5000 2016; 8 WCH 5000 2017. At WXC: 2015-86. At EXC: 2014-35, 2016-4, 2017-3. 1 Scottish 5000 2015; 1 UK 5000 2016/2017. In November 2015, he gave up his job as a fitness instructor to concentrate on running. Missed 2018 after breaking a bone in his right foot at the New York Millrose Games in February. Coach (in San Diego)-Terrence Mahon (formerly Derek Easton), partner-Lynsey Sharp  In 2019: 4 Boston IAAF Tour 3000; 3 UK indoor 3000; dnf Birmingham IAAF Tour 1500</p>						
149	<b>O'HARE Chris</b> GBR	28y	97d	1990	7:47.78	7:47.78 -19
<p>Twice twelfth in World Championship finals, twice eighth in World Indoor Championship finals  Outdoor 3000 pb: 8:31.60 -08. 1500 pb: 3:32.11 -18 (3:37.42i -19). At EXC: 2008-28J. 12 WCH 1500 2013/2017 (2015-sf); 6 COM 1500 2014 (2018-8); 3 ECH 1500 2014 (2018-9); 8 WIC 1500 2016/2018 (2014-ht); sf OLY 1500 2016. 1 UK 1500 2013/2017/2018 &amp; indoor 3000 2019. Studied Exercise Science at the University of Tulsa, now based in Boston, training under Terence McMahon at the facilities of Harvard University  In 2019: 1 Fayetteville; 5 Boston IAAF Tour 3000; 1 UK indoor 3000; 5 Birmingham IAAF Tour 1500</p>						
158	<b>BARTELSMEYER Amos</b> GER	24y	218d	1994	7:54.39	7:54.39 -19
<p>Dual national with the US, declared for Germany in 2018 (same as his Frankfurt clubmate Sam Parsons)  7:49.47i -19 (Oversized track). Outdoor 5000 pb: 14:04.26 -15. 1500 pb: 3:39.64 -18. Mile pb: 3:55.32i -19. 9 NCAA 1500 2018; 2 German indoor 3000 2019. Was at Georgetown University, Washington DC. German mother, born Aschaffenburg, moved to the USA aged two, but "it has always been my big goal to start at an international championship for Germany"  In 2019: 2 Seattle Mile (2nd to Yomif Kejelcha) (Jan 12); 1 Seattle 3000 (Jan 26); 1 New York Millrose National Mile; 2 German indoor 3000 (1st Sam Parsons)</p>						
166	<b>ORTH Florian</b> GER	29y	219d	1989	7:54.27	7:49.48 -15
<p>Twice tenth in European Championship 1500m finals // Outdoor 3000 pb: 7:44.65 -14. 5000 pb: 13:23.67 -16. 1500 pb: 3:34.54 -14. ht WJC 1500 2008; ht EIC 1500 2011/2013; 10 ECH 1500 2012/2014; 8 EIC 3000 2015; 4 ETCh 1500 2015; 7 ECH 5000 2016 (2018-17); ht OLY 5000 2016. At EXC: 2007-13J. 2008-9J, 2010-10u23, 2011-22u23, 2015-19, 2016-39, 2018-23. 1 German 1500 2015 (1 indoor 2011/2013/2016); 1 German indoor 3000 2016. Wife-Maren Kock (6 ECH 1500 2016). Coach-Klaus Borrmann  In 2019: 7 Dortmund 1500; 3 Sätra 3000; 3 German indoor 3000</p>						
167	<b>PARSONS Sam</b> GER	24y	255d	1994	7:49.16	7:49.16 -19
<p>Full name-George Samuel Parsons  Dual national with the US, declared for Germany in 2018 (same as his Frankfurt clubmate Amos Bartelsmeyer)  Outdoor 5000 pb: 13:29.53 -18. 8 US 5000 2018; 14 Fifth Avenue Road Mile 2018. 1 German indoor 3000 2019. Born-Newark, Delaware, mother-German. He gained a German passport on September 6, 2018 with the aim of competing for Germany at 5000m in the 2019 World Championships  In 2019: 2 New York 3000; 1 German indoor 3000 (Amos Bartelsmeyer 2nd); 5 Düsseldorf IAAF Tour</p>						
173	<b>DIXON Harvey</b> GIB	25y	118d	1993	8:00.87	8:00.87 -19
<p>At Gold Coast 2018, became the first Gibraltarian to reach a Commonwealth Games final in athletics  Outdoor 3000 pb: 8:12.33 -12. 1500 pb: 3:43.84 -18. 800 pb: 1:50.58 -14. ht ECH 1500 2016/2018; ht EIC 1500 2017; 1 Island Games 1500/5000 2017; ht WCH 1500 2017; ht WIC 1500 2018; 11 COM 1500 2018 (2014-ht). 1 English Schools under-17 XC 2010. Member of Aldershot Farnham &amp; District club in England. Coach-Geoff Wightman  In 2019: 10 Boston IAAF Tour 3000; 5 Boston Hemery Mile 'C'; 9 Athlone 800</p>						
185	<b>KOVÁCS Benjamin</b> HUN	24y	35d	1995	7:55.91	7:55.91 -19
<p>Outdoor 3000 pb: 7:58.92 -17. 800 pb: 1:48.88 -17. 5000 pb: 14:09.01 -17. 10,000 pb: 29:27.14 -17. At EXC: 2012-84J, 2013-34J, 2015-47u23. ht ECH 1500 2016/2018; ht under-23 ECH 1500 2017. 1 Hungarian under-23 1500 2015 &amp; 5000 2016; 1 Hungarian 10,000 2016/2017/2018 &amp; indoor 3000 2017/2018/2019  In 2019: 6 Mondeville 3000; 3 Linz 3000; 1 Hungarian indoor 3000</p>						
195	<b>TOBIN Seán</b> IRL	24y	223d	1994	7:57.85	7:55.08 -18
<p>Tenth at 2018 European Cross Country Championships // 3000 pb: 7:55.08i -18 (oversized track), 7:59.64 -19. Mile pb: 3:57.00 -17. 1500 pb: 3:41.78 -17. 5000 pb: 14:13.97 -17. 800 pb: 1:47.99 -14. ht WJC 1500 2012; 4 EJC 1500 2013. 1 Irish 1500 2017. At EXC: 2011-46J, 2013-9J, 2017-15, 2018-10. 1 NCAA indoor Distance Medley Relay 2017. Broke his foot while competing in the NCAA XC in 2014. Was at University of Mississippi  In 2019: 1 Canberra Classic 1500; 5 Melbourne 3000</p>						
196	<b>TRAVERS John</b> IRL	27y	349d	1991	8:01.04	7:55.05 -16
<p>Twice European indoor 1500m finalist // Outdoor 3000 pb: 7:55.05i -16, 7:58.51 -13 (8:01.04i -19); 1500 pb: 3:37.27 -14 (3:42.92i -19). Mile pb: 3:55.44 -14. 13 WJC 5000 2010; ht EIC 800 2013; ht ECH 1500 2014; 7 EIC 1500 2015 (2017-11); 9 WSG 1500 2015. At WXC: 2010-59J. At EXC: 2010-25J, 2012-44u23, 2013-32u23, 2017-17, 2018-9R. 1 Irish 1500 2018; 1 Irish indoor 3000 2013/2018/2019 &amp; 1500 2015/2017  In 2019: 5 Glasgow BMC 3000; 3 Cardiff Open 3000; 1 All Ireland Games 1500; 4 Athlone Mile; 1 Irish indoor 3000</p>						
197	<b>ANDRESSON Hlynur</b> ISL	25y	165d	1993	7:59.11	7:59.11 -19
<p>Icelandic record holder at 5000m, 10,000m, Steeplechase &amp; indoor 3000m  Outdoor 3000 pb: 8:26.11 -17. 5000 pb: 13:58.91 -18. 10,000 pb: 29:20.92 -18. Half Mar pb: 65:44 -18. 3000SC pb: 8:44.11 -18. 1 Small States of Europe Games 5000 2015; ht EIC 3000 2017. At EXC: 2018-41. 1 Icelandic 1500/5000 2014/2016. 1.88 tall  In 2019: 1 Reykjavik 1500; 1 Ghent IFAM 3000; 2 Bergen 3000</p>						
215	<b>JOCIS Uģis</b> LAT	25y	168d	1993	8:21.83	7:57.78 -18
<p>Latvian indoor record holder at 3000m // Outdoor 3000 pb: 8:13.02 -17. 1500 pb: 3:44.39 -16. ht under-23 ECH 1500 2015. At EXC: 2012-75J, 2013-60u23, 2018-8R. 1 Latvian indoor 1500 2018/2019 (1 3000 2019); 1 Latvian 1500/3000 2018  In 2019: 3 Bloomington Mile; 1 Latvian indoor 1500/3000</p>						
223	<b>IVANOVSKI Dario</b> MKD	21y	289d	1997	8:03.65	8:03.65 -19
<p>FR of Macedonian record holder at 3000m indoors &amp; out // Outdoor 3000 pb: 8:17.65 -18. 1500 pb: 3:47.13 -18 (3:50.90i -19). 800 pb: 1:54.36 -16. ht WIC 1500 2018; 10 Mediterranean Games 1500 2018; ht ECH 1500 2018. At EXC: 2018-82u23  In 2019: 1 Sofia 3000; 8 Miramas 1500; 2 Balkan indoor 3000</p>						
225	<b>ANDERIESEN Bram</b> NED	19y	211d	1999	7:55.46	7:55.46 -19
<p>Outdoor 3000 pb: 8:13.23 -18. 1500 pb: 3:41.62 -18. 5000 pb: 14:33.66 -17. 10 EJC 1500 2017; ht WJC 1500 2018. At EXC: 2017-40J, 2018-11J. 2 Dutch indoor 1500 2018 &amp; 3000 2019  In 2019: 1 Kerkrade short course XC; 2 Dutch indoor 3000</p>						

227	<b>DE HAAN Benjamin Rainero</b> NED	26y	1d	1993	7:55.62	7:54.33 -18
Outdoor 10,000 pb: 28:44.84 -18. 5000 pb: 13:35.77 -18. 1500 pb: 3:43.54 -18. 20 ECH 5000 2018 (22 10,000). 1 Dutch 5000 2018 & indoor 3000 2018 In 2019: 8 Dortmund 1500; 4 Linz 3000; 3 Dutch indoor 3000						
229	<b>FOPPEN Mike</b> NED	22y	90d	1996	7:53.40	7:53.40 -19
2019 Dutch Indoor Champion at 3000m // Outdoor 3000 pb: 7:54.66 -18. 5000 pb: 14:07.18 -17. 1500 pb: 3:40.30 -18. 10 under-23 ECH 1500 2017; 14 WSG 5000 2017. At EXC: 2018-20u23. 1 Dutch 1500 2016 & indoor 3000 2019 In 2019: 5 Dortmund 1500; 16 European Clubs Cup XC; 1 Linz 3000; 1 Dutch indoor 3000						
236	<b>INGEBRIGTSEN Filip</b> NOR	25y	314d	1993	7:49.73	7:49.73 -19
2017 World bronze & 2016 European Champion at 1500m. 2018 European Cross Country Champion Outdoor 3000 pb: 7:49.70 -16. 1500 pb: 3:30.01 -18 (3:38.62i -19). 5000 pb: 13:30.48 -18. 800 pb: 1:47.79 -16. 9 WJC 1500 (ht 800) 2012; ht EIC 1500 2015/2017; dq ht OLY 1500 2016 (he he was judged to have impeded Charlie Grice GBR and Homiyu Tesfaye GER); 1 ECH 1500 2016 (2018-12); 3 WCH 1500 2017. At EXC: 2012-46J, 2015-19u23, 2018-1. 1 Norwegian 2013 (1 800 2016). Suffered liver failure in April 2014. Coach/father-Gjert Ingebrigtsen. Married international sprinter Astrid Mangen Cederqvist in Aurskog on September 15, 2018 Older brother Henrik (1 ECH 1500 2012, 5 OLY 1500 2012), younger brother Jakub (1 EJC 5000/3000SC 2017, 3:31.18 1500m at age 17) In 2019: 1 Nordic International 3000; 3 Düsseldorf IAAF Tour 1500						
237	<b>INGEBRIGTSEN Henrik</b> NOR	28y	4d	1991	-	7:45.54 -15
Full name-Henrik Børkja Ingebrigtsen In the 2012 1500m, he became the first Ingebrigtsen to win a European title Outdoor 3000 pb: 7:42.19 -13. 5000 pb: 13:16.97 -18. Mile pb: 3:50.72 -14. 1500 pb: 3:31.46 -14. 6 ETCh 1500 2010; 1 ECH 1500 2012 (when he managed to avoid several collisions in the closing stages to move from seventh to first in the last 150m); 5 OLY 1500 2012 (2016-sf); 1 under-23 ECH 5000 2013; 8 WCH 1500 2013 (2015-ht); 2 ECH 1500 2014 (2016-3, 2018-4); 4 IAAF Continental Cup 1500 2014; 3 EIC 3000 2015 (2013-11); 6 EIC 1500 2015; 2 ECH 5000 2018 (2016-4); 3 IAAF Continental Cup 3000 2018. 1 Norwegian 1500 2014/2015 & 5000 2018. At EXC: 2008-23J, 2009-12J, 2012-1u23, 2015-26, 2018-18. Coach/father-Gjert Ingebrigtsen Younger brothers Filip (1 ECH 1500 2016) & Jakub (1 ECH 1500/5000 2018 – they always said that he as the best physical talent of the three) Wife-Liva Eie Børkja, their daughters Olivia (2) & Charlotte (2 months) In 2019: No competitions so far (his second child was born on December 28)						
238	<b>INGEBRIGTSEN Jakob</b> NOR	18y	161d	2000	-	7:56.74 -18
In Berlin 2018 became the youngest-ever male (senior) European Champion, twice over Outdoor 3000 pb: 8:00.01 -17. 1500 pb: 3:31.18 -18 (3:36.02i -19). 5000 pb: 13:17.06 -18. 3000SC pb: 8:26.81 -17. 9 WJC 1500 2016; 1 EJC 5000/3000SC 2017 (8 1500); ht WJC 3000SC 2017; 2 WJC 1500 2018 (3 5000); 3 IAAF Continental Cup 1500 2018. At EXC: 2016-1J, 2017-1J, 2018-1J. In Eugene 2017 with 3:58.07 at age 16 became the youngest-ever four minute miler. 1 Norwegian 1500/5000/3000SC 2017, 1500 2018 & indoor 800/1500/3000 2018. Coach/father-Gjert Ingebrigtsen He and his two older brothers have now all been European Champions at 1500m. Henrik in 2012, Filip in 2016, Jakob in 2018 In 2019: 1 Nordic International 1500 (World indoor junior record 3:36.21); 1 Düsseldorf IAAF Tour 1500 (Another world indoor junior record 3:36.02 and he beat new world indoor record holder Samuel Tefera)						
243	<b>SVELA Per</b> NOR	26y	345d	1992	7:58.07	7:58.07 -19
2019 Norwegian Indoor Champion at 3000m // Outdoor 3000 pb: 7:54.66 -17. 5000 pb: 13:41.30 -18. 10,000 pb: 29:09.03 -18. 2 Norwegian 5000 2016; 1 Norwegian indoor 3000 2019 In 2019: 1 Norwegian indoor 3000; 3 Ghent IFAM 3000						
286	<b>BIBIC Elzan</b> SRB	20y	51d	1999	7:55.14	7:55.14 -19
2019 Balkan Indoor Champion at 1500m // Outdoor 3000 pb: 7:51.51 -18. 1500 pb: 3:37.79 -18 (3:43.13i -19). 5000 pb: 13:44.25 -18. 1 European Youth Olympic Festival 3000 2015; 1 European Youth 3000 (8 800); 8 WJC 5000 2016 (11 1500); 6 WJC 1500 2018 (8 5000); 1 Balkan indoor 3000 2018 & 1500 2019. At EXC: 2015-28J, 2016 -28J, 2017-31J, 2018-3J. 1 Serbian 1500 2016/2018 & indoor 1500/3000 2018/2019 In 2019: 1 Serbian indoor 1500/3000; 1 Balkan indoor 1500; 1 Istanbul Cup 3000; 1 Serbian Open 1500						
304	<b>HASSAN Suldan</b> SWE	20y	333d	1998	7:55.56	7:55.56 -19
Outdoor 3000 pb: 8:01.98 -17. 1500 pb: 3:46.41 -17. 10 World Youth 3000 2015; 14 WJC 5000 2016; 4 EJC 5000 2017. At EXC: 2015-29J. Coach-Curt-Roland Ljung. Born-Somalia, came to Sweden in 2009. He was a training partner in Barcelona of Genzebe Dibaba, shortly before her world record 1500m in Monaco 2015 In 2019: 5 Sättra 3000; 2 Nordic International 1500; 2 Swedish indoor 3000						
308	<b>LEANDERSON Jonas</b> SWE	28y	33d	1991	7:54.07	7:53.83 -17
2017 European indoor finalist at 3000m // 3000 pb: 7:59.86 -16. 5000 pb: 14:06.00 -17. 1500 pb: 3:36.92 -16. 5 EJC 1500 2009; 12 WJC 1500 2010; ht ECH 1500 2014/2016. 1 Swedish 5000 2016 & indoor 1500 2019 & 3000 2017/2018/2019. Coach-Ola Thorsson In 2019: 2 Malmö 1500; 2 Sättra 3000; 1 Swedish indoor 1500/3000						
320	<b>ÖZDEMİR Ramazan</b> TUR	27y	237d	1991	8:04.09	7:52.64 -17
He was the vital third scorer for Turkey's winning team at the 2014 European Cross Country Championships (after Arikan & Kaya) Outdoor 3000 pb: 8:05.61 -16; 5000 pb: 13:37.58 -17. 10,000 pb: 29:08.80 -18. 1500 pb: 3:41.24 -16. 1 Balkan indoor 1500 2015; ht EIC 1500 2015; 1 Balkan 3000 2016; 11 EIC 3000 2017; 7 WSG 5000 2017 (dnf 10,000); 22 ECH 5000 2018. At EXC: 2012-19u23, 2013-29u23, 2014-19, 2015-15, 2016-63 (caused concern when he collapsed at the ceremony where Turkey took silvers. He had been affected by the heat in Sardinia, but made a complete recovery), 2017-8R In 2019: 9 European Clubs Cup XC; 6 Istanbul Cup 3000						

WORLD ALL-TIME LIST	2019 EUROPEAN LIST
1.....7:24.90....Daniel Komen KEN..... 1998	1.....7:45.56....Adel Mechaal ESP
2.....7:26.15....Haile Gebrselassie ETH..... 1998	2.....7:46.45....Vladimir Nikitin RUS
3.....7:27.80....Yenew Alamirew ETH..... 2011	3.....7:46.50....Andrew Butchart GBR
4.....7:28.00....Augustine Choge KEN..... 2011	4.....7:47.60....Antonio Abadía ESP
5.....7:29.37....Eliud Kipchoge KEN..... 2011	5.....7:47.78....Chris O'Hare GBR
6.....7:29.94....Edwin Soi KEN..... 2012	6.....7:48.76....Jesús Gómez ESP
7.....7:30.16....Galen Rupp USA..... 2013	7.....7:49.16....Sam Parsons GER
8.....7:30.51....Kenenisa Bekele ETH..... 2007	8.....7:49.73....Filip Ingebrigtsen NOR
9.....7:31.09....Tariku Bekele ETH..... 2008	9.....7:50.84....Djilali Bedrani FRA
10...7:31.66....Caleb Ndiku KEN..... 2013	10...7:50.97....Yoann Kowal FRA



## Men's 60 Metres Hurdles

32 Entrants

Event starts: March 2

	Age	(Days)	Born	SB	PB
<b>37</b> <b>PARAKHONKA Vitali</b> BLR	<b>25y</b>	194d	1993	<b>7.68</b>	<b>7.68 -19</b>
5x Belarusian Champion (3 in + 2 out) // 110H pb: 13.40 -18. ht WJC 2012; ht EIC 2015/2017; ht ETCh 2017; sf WIC 2018; sf ECH 2018. 1 Belarusian 2017/2018 (1 indoor 2017/2018/2019). 1.90 tall In 2019: 1 Minsk; 1 Dortmund; 1 Belarusian indoor; 6 Mondeville; 1 Istanbul Cup					
<b>50</b> <b>TRAJKOVIC Milan</b> CYP	<b>26y</b>	347d	1992	<b>7.52</b>	<b>7.51 -18</b>
(Trajkovic pronounced Tray-Ko-Vitch) 2016 Olympic finalist // 110H pb: 13.25 -17 1 Small European States Games 2013/2015; 8 under-23 ECH 2013; 6 WSG 2015; 1 Balkan 2016 & indoor 2015; 5 ECH 2016 (2014-ht, 2018-sf); 7 OLY 2016; 6 EIC 2017 (2013/2015-ht); sf WCH 2017; dq WIC final 2018; 4 COM 2018 (2014-ht). 1 Cypriot 2014/2016. Born-Serbia (Surdulica). During the unrest in the 1990s, his family moved to Cyprus when he was aged 9. Trained in Greece by Antonios Gianoulakis In 2019: 2 Val-de-Reuil; 2 Toruń IAAF Tour; =2 Madrid IAAF Tour; 3 Birmingham IAAF Tour; 2 Düsseldorf IAAF Tour (lost to Orlando Ortega by just three thousandths)					
<b>68</b> <b>MARTINSEN Andreas</b> DEN	<b>28y</b>	226d	1990	<b>7.68</b>	<b>7.68 -17</b>
16x Danish Champion (8 out + 8 in). Danish record holder indoors & out 110H pb: 13.50 -17. 4 World Youth 2007; sf WJC 2008; dnf EJC final 2009; sf WIC 2016; sf ECH 2016 (2014-ht); 8 EIC 2017 (2011-ht, 2015-sf). 1 Danish 2009/2010/2011/2013/2014/2015/2016/2018 (1 indoor 2011-2017/2019). His father Frank Martinsen worked as a bodyguard to Anders Fogh Rasmussen, the Danish Prime Minister then, later NATO Secretary General. Coach-Mikkel Larsen In 2019: 3 Malmö; 4ht Mondeville; 5 Nordic International; 3 Athlone; 1 Danish indoor					
<b>76</b> <b>CONTRERAS Yidiel</b> ESP	<b>26y</b>	92d	1992	<b>7.64</b>	<b>7.64 -16</b>
Allegiance transferee from Cuba – has lived in Spain since 2012, acquired Spanish citizenship on April 24, 2015 and cleared by the IAAF to compete for Spain from June 15, 2015 (just in time for that year's European Team Championships) 110H pb: 13.35 -15. 6 Cuban National Games 2010; 7 ETCh 2015; sf WCH 2015/2017; sf WIC 2016; 7 ECH 2016; sf OLY 2016; ht EIC 2017. 1 Spanish 2015 & indoor 2018. Mother-Mirayda Garcia Soto was a world champion at fencing. "My dream was to be among the world's elite athletes and the conditions to achieve that are better in Spain." In 2019: 2 Valencia; 4ht Paris; 6 Madrid IAAF Tour; 2 Spanish indoor					
<b>84</b> <b>LLOPIS Enrique</b> ESP	<b>18y</b>	135d	2000	<b>7.72</b>	<b>7.72 -19</b>
110H pb: 13.88 -18. 4 World Youth 2017; dnf WJC final 2018 (hit first hurdle & fell). 2 Spanish junior 2018 In 2019: 1 Valencia (Jan 12); 3 Valencia (Jan 18); 1 Antequera; 5ht Paris; 5 Madrid IAAF Tour; 3 Spanish indoor					
<b>89</b> <b>ORTEGA Orlando</b> ESP	<b>27y</b>	214d	1991	<b>7.49</b>	<b>7.45 -15</b>
Allegiance transferee from Cuba – Entered Spain on July 28, 2013 and apparently considered to be a Spanish resident from that date, (therefore enabling him to compete at the Olympic Games after three years). Gained Spanish citizenship on September 8, 2015 and cleared by the IAAF to represent Spain from July 29, 2016 Sixth in London Olympics for Cuba, second in Rio for Spain 110H pb: 12.94 -15. dnf/ht WJC 2010; 3 Pan-American Games 2011; sf WIC 2012; 2 OLY 2016 (2012-6); 7 EIC 2017; 1 ETCh 2017; 7 WCH 2017 (2013-ht); 3 ECH 2018. 1 Cuban 2011 & Spanish 2017/2018. His first sports were taekwondo and boxing. Coach/father-Orlando Ortega senior In 2019: 1 Nantes; 1 Paris; 1 Val-de-Reuil; 1 Łódź; 1 Toruń IAAF Tour; =2 Madrid IAAF Tour (with Milan Trajkovic, behind Jarret Eaton); 1 Spanish indoor; 1 Düsseldorf IAAF Tour (beat Trajkovic by 0.003, both clocked 7.52)					
<b>101</b> <b>LAKKA Elmo</b> FIN	<b>25y</b>	324d	1993	<b>7.67</b>	<b>7.67 -19</b>
9x Finnish Champion (5 in + 4 out) // 110H pb: 13.60 -18. 100 pb: 10.40w -15, 10.57 -14. 9 ETCh 2015; sf ECH 2016/2018; ht EIC 2017; 1 FIN v SWE 2018. 1 Finnish 2015/2016/2017/2018 (1 indoor 2014/2015/2016/2017/2019) In 2019: 1 Jyväskylä; 1 Nordic International; 2 Athlone; 1 Finnish indoor					
<b>109</b> <b>BELOCIAN Wilhem</b> FRA	<b>23y</b>	251d	1995	<b>7.61</b>	<b>7.52 -15</b>
European Championship bronzes indoors & out // 110H pb: 13.15w, 13.25 -16. 3 World Youth Medley Relay 2011; 1 EJC 2013; 1 WJC 2014 (2012-3); 3 EIC 2015; 3 ECH 2016; dq/ht OLY 2016. Lives-Guadeloupe. Coach-Ketty Cham In 2019: 2 Eaubonne; 2 Nantes; 5 Paris; 4 Val-de-Reuil; 2 Metz; 3 French indoor					
<b>124</b> <b>MANGA Aurel</b> FRA	<b>26y</b>	218d	1992	<b>7.57</b>	<b>7.53 -17/18</b>
2018 World indoor bronze // 110H pb: 13.25w -16, 13.27 -17. 100 pb: 10.32w, 10.39 -14. sf under-23 ECH 100 2013; 6 ECH 2016 (2018-7); 2 ETCh 2017; 5 EIC 2017; ht WCH 2017; 3 WIC 2018; 7 ECH 2018. 1 French 2017 & indoor 2018. Coach-Giscard Samba-Koundy In 2019: 1 Eaubonne; 2 Paris; 3 Mondeville; 2 French indoor					
<b>125</b> <b>MARTINOT-LAGARDE Pascal</b> FRA	<b>27y</b>	159d	1991	<b>7.52</b>	<b>7.45 -14</b>
Ran his best race in two years to become European Champion in Berlin 2018 (two thousandths ahead of Sergey Shubenkov) 110H pb: 12.95 -14. 4 EJC 2009; 1 WJC 2010; 2 ETCh 2013/2015 (2014-3); 2 WIC 2014/2016 (2012-3, 2018-5); 3 ECH 2014; 1 EIC 2015 (2013-3, 2017-2); 4 WCH 2015 (2013-ht); 4 OLY 2016; 1 Athletics World Cup 2018; 1 ECH 2018 (2014-3); 3 IAAF Continental Cup 2018. 1 French 2014/2018 & indoor 2012/2013/2014/2016/2017/2019. Missed 2017 outdoor season with a left foot injury. His older brother Thomas Martinot Lagarde is also an international hurdler, but has himself been injury for much of he past three years. Coach-Benjamin Crouzet In 2019: 4 Paris; 1 Berlin ISTAF; 1 Liévin; 1 French indoor					
<b>147</b> <b>KING David</b> GBR	<b>24y</b>	260d	1994	<b>7.64</b>	<b>7.63 -17/18</b>
2017 UK Champion, 2019 UK Indoor Champion // 110H pb: 13.48 -17. sf ECH 2016/2018; ht EIC 2017; ht WCH 2017; sf WIC 2018; ht COM 2018; sf ECH 2018. 1 British Universities 2013; 1 English under-23 2014/2015/2016; 1 UK 2017 (2018-2); 1 UK indoor 2019. Reached semi-finals of 2013 European Junior Championships, but withdrew with a hamstring tear. Based-Bath, coach-James Hillier In 2019: 1 South of England indoor; 3 Paris; 3 Val-de-Reuil; 1 UK indoor; 1 Athlone; 6 Birmingham IAAF Tour					
<b>150</b> <b>POZZI Andrew</b> GBR	<b>26y</b>	289d	1992	<b>7.67</b>	<b>7.43 -17</b>
DEFENDING EUROPEAN INDOOR CHAMPION 2018 World Indoor Champion // 110H pb: 13.14 -17. 100 pb: 10.44 -18. sf World Youth 2009; 2 EJC 2011; dnf ht OLY 2012; dns ECH final 2016 (cramp); sf OLY 2016; 1 EIC 2017; sf WCH 2017; 1 WIC 2018 (2012/2014-4); =6 COM 2018; 6 ECH 2018. 1 UK 2012/2016/2018; 1 UK indoor 2012/2016/2017/2018 (=1 2014). Great breakthrough in 2012, then in 2013 he had the first of five foot surgeries in five years. Based-Formia, Italy. Coach-Santiago Antunez (CUB) In 2019: He has made a quicker than expected recovery from a quad injury sustained during training over Christmas; 5 Düsseldorf IAAF Tour					
<b>171</b> <b>TRABER Gregor</b> GER	<b>26y</b>	87d	1992	<b>7.62</b>	<b>7.56 -14</b>
2014 World indoor finalist // 110H pb: 13.21 -16. TJ pb: 15.33 -09. 7 World Youth TJ 2009; sf WJC 2010; 3 under-23 ECH 2013; 5 WIC 2014 (2012-ht); sf WCH 2015; sf OLY 2016; 5 ECH 2018 (2012/2014/2016-st). 1 German 2015/2018 (1 indoor 2011/2012). Club-Stadtwerke Tübingen. Coach-Gisela Hölzle In 2019: 2 Dortmund; 2 Berlin ISTAF; 1 German indoor; 8 Düsseldorf IAAF Tour					

176	<b>DOUVALIDIS Konstadinos</b> GRE	31y	355d	1987	7.70	7.60 -14
Greek record holder indoors & out. 18x Greek Champion (11 out + 7 in) 110H pb: 13.33 -15. 100 pb: 10.42 -13. 200 pb: 20.91 -13/14. dnf World Youth 2003; 2 EJC 2005; 3 WJC 2006; 1 under-23 ECH 2007; 2 ECP 2008 (2007-5); 6 OLY 2008/2012; 5 ETCh 2011/2017; 8 ECH 2012 (2010-ht, 2014/2016/2018-sf); 5 EIC 2015 (2009/2013-sf); sf WCH 2015 (2007/2013/2017-ht); sf WIC 2018. 1 Greek 2007/2008/2010/2011/2012/2013/2014/2015/2016/2017/2018 (1 indoor 2009/2012/2013/2014/2015/2017/2019). Mother-Greek, father-American. Full-name-Konstadinos Douvalidis-Ricks (mother's name is Douvalidis, father's is Ricks) In 2019: 1 Athens; 3ht Val-de-Reuil; 4 Mondeville; 1 Greek indoor						
187	<b>SZÜCS Valdó</b> HUN	23y	244d	1995	7.69	7.69 -19
110H pb: 13.71 -16. sf World Youth 2011; sf WJC 2014 (2012-ht); ht EIC 2015; 8 under-23 ECH 2015; sf ECH 2016; 4 UK indoor 2017 (2016-6); 2 British Universities 2017 (he was at Bath University) In 2019: 1 Vienna Erima; 1 Bratislava; 6 Val-de-Reuil; 1 Chemnitz; 1 Hungarian indoor						
210	<b>PERINI Lorenzo</b> ITA	24y	221d	1994	7.66	7.66 -19
2018 Mediterranean Games Champion, when he cut his best from 13.60 to 13.49 110H pb: 13.49 -18. sf World Youth 2011; sf WJC 2012; 2 EJC 2013; 3 under-23 ECH 2015; sf ECH 2016/2018 (2014-ht); 7 ETCh 2017; 1 Mediterranean Games 2018. 1 Italian 2017/2018 & indoor 2019. He is studying to be a dentist. His father Maurizio was Italian Universities Champion at 100H in 1980. Coach-Giorgio Ripamonti In 2019: 1 Aosta; dq Magglingen; 2 Mondeville; 1 Italian indoor						
218	<b>SIETIŅŠ Kristaps</b> LAT	25y	352d	1993	7.87	7.87 -19
6x Latvian Champion (3 in + 3 out) // 110H pb: 14.08 -16. 1 Latvian 2014/2015/2016 & indoor 2014/2015/2019 In 2019: 1 Liepaja; 3 Kuldīga; 2 Vilnius; 1 Riga; 1 Tartu; 1 Latvian indoor						
245	<b>VUKICEVIC Vladimir</b> NOR	27y	298d	1991	7.75	7.69 -13
Norwegian record holder // 110H pb: 13.54 -16. ht WJC 2008; sf EJC 2009; 2 WJC 2010 (2008-ht); 12 ETCh 2010; 7 under-23 ECH 2011; sf ECH 2012/2016/2018 (2014-ht); sf EIC 2013; ht WIC 2018. 1 Norwegian 2009-2012/2016/2018 (1 indoor 2011/2018). Student of Media Science at the University of Oslo. He is the younger brother of Norwegian women's record holder Christina Vukicevic. Coach/father-Petar Vukicevic YUG (7x Yugoslavian Champion at 110mH) In 2019: 1 Reims (2x); 1 Mondeville 'B'; 2 Nordic International; 5 French indoor						
248	<b>BOCHENEK Dominik</b> POL	31y	290d	1987	7.75	7.63 -14/15
Former World Military Champion // 110H pb: 13.44 -11. ht EJC 2005; sf WIC 2008/2010/2014 (2012/2016-ht); 6 ECP 2008; 5 under-23 ECH 2009; sf ECH 2010 (2012/2014/2016-ht); 1 World Military Games 2011; ht WCH 2011; sf EIC 2013/2015; 6 ETCh 2014. 1 Polish 2011 & indoor 2013/2014/2015. Coach-Wiesław Czapiewski. 1.76 tall In 2019: 1 Jablonec; 1ht Toruń (did not contest final); 2 Polish indoor						
251	<b>CZYKIER Damian</b> POL	26y	201d	1992	7.70	7.65 -17
(Say it like "Chick-Ear") Twice fourth at European Championships // 110H pb: 13.28 -17. sf EIC 2015 (2017-ht); 4 ECH 2016/2018; sf OLY 2016; 4 ETCh 2017 (2015-6); sf WCH 2017; 3 WSG 2017 (2015-4); sf WIC 2018; 1 Manchester 'Great' CityGames 2018 (beat Pozzi & Merrit). 1 Polish 2016/2017/2018 & indoor 2017/2018/2019. His father Dariusz Czykier was a footballer in the Polish League, playing in 230 matches and scoring 33 goals. Coaches-Pawel Raczka & Krzysztof Stanislawski In 2019: 1 Toruń; 2 Łódź; 5 Toruń IAAF Tour; 4 Liévin; 1 Polish indoor						
270	<b>DABO Rasul</b> POR	30y	14d	1989	7.77	7.66 -14
9x Portuguese Champion (7 in + 2 out) // 110H pb: 13.41w, 13.52 -13. ht WJC 2008; 7 Ibero-American 2010; sf ECH 2012; sf EIC 2013 (2011-ht); ht WIC 2014; 7 Ibero-American 2016. 1 Portugal 2013/2015 & indoor 2010/2011/2013/2014/2016/2017/2018 In 2019: 1 Jamor; 3ht Jablonec; 5ht Nantes; 5 Reims; 2 Portuguese indoor						
282	<b>DEMŠAR Filip Jakob</b> SLO	18y	330d	2000	7.88	7.88 -19
2019 Balkan Junior Champion // 110H pb: 14.25 -18. sf World Youth 2017; sf WJC 2018; 1 Balkan junior indoor In 2019: 2 Vienna Erima; 1 Novo Mesto; 1ht Croat indoor; 1 Balkan junior indoor; 2 Balkan indoor; 4 Istanbul Cup						
290	<b>TRGOVCEVIC Luca</b> SRB	26y	284d	1992	7.97	7.84 -18
110H pb: 13.94 -17. 1 Italian Universities 2016; 3 Italian indoor 2018. Student of marketing from Rome. Born in Italy of a Serbian father and Italian mother In 2019: 4ht Ghent IFAM; 5ht Liévin; 3 Istanbul Cup; 1 Serbian Open						
292	<b>FURER Tobias</b> SUI	31y	199d	1987	7.81	7.74 -16
9x Swiss Champion (7 out + 2 in) // 110H pb: 13.66 -14. ht ECH 2014/2016; 7 WSG 2015. 1 Swiss 2009/2010/2013/2014/2015/2016/2017 (1 indoors 2011/2014) In 2019: 1 Zürich; 1 St. Gallen; 1 Magglingen; 2 Swiss indoor He says he will retire after Glasgow 2019						
293	<b>PENA Brahian</b> SUI	24y	331d	1994	7.87	7.70 -16
Allegiance transferee from the Dominican Republic – cleared by IAAF to compete for Switzerland from May 15, 2012 110H pb: 13.68w -18, 13.73 -17. sf WJC 2012; 3 EJC 2013; 5 under-23 ECH 2015; ht WIC 2016; ht ECH 2016/2018. 1 Swiss 2016. 1 Swiss indoor 2015/2016 In 2019: 2 Sindelfingen (Jan 19); 2 Magglingen (Jan 26); 1 Dornbirn						
302	<b>EKHOLM Fredrick</b> SWE	24y	258d	1994	7.83	7.83 -19
2011 World youth silver at Octathlon // pbs in Heptathlon events: 60: 7.003i; LJ: 7.19/7.00i; SP: 13.16i; HJ: 2.09i; 60H: 7.83i; PV: 4.84i; 1000: 2:53.88i 110H pb: 13.93; Decathlon pb: 7451 -14. Heptathlon pb: 5682i -18. 2 World Youth Octathlon 2011; 5 EJC Decathlon 2013; 1 FIN v SWE 110H 2014. 1 Swedish 110H 2018 In 2019: 1 Uppsala 60H; 1 Örebro 60H; 2 Malmö 60H; 2 Swedish indoor 60H						
305	<b>HRELJA Max</b> SWE	21y	29d	1998	7.82	7.82 -19
110H pb: 13.85 -18. 5 World Youth 2015; sf WJC 2016; 4 EJC 2017; 1 SWE v FIN 2017. 2 Swedish 2017/2018 In 2019: 2 Växjö; 1 Malmö; 3 Nordic International; 4 Swedish indoor						
309	<b>LEVIN Anton</b> SWE	26y	130d	1992	7.79	7.79 -19
110H pb: 13.90w -15, 13.97 -16. 1 Swedish 2017 & indoor 2019 In 2019: 3 Växjö (Jan 20); 1 Växjö (Feb 2); 4 Nordic International; 1 Swedish indoor						
324	<b>SEVLER Mikdat</b> TUR	21y	38d	1998	7.85	7.85 -19
Turkish record holder indoors & out // 110H pb: 13.88w, 13.95 -18. sf World Youth 2015; ht WJC 2016; sf EJC 2016; 1 Balkan indoor 2019 In 2019: 2 Bratislava; 1 Balkan indoor						
327	<b>CHORNOMAZ Bogdan</b> UKR	22y	331d	1996	7.88	7.88 -19
110H pb: 13.91 -18. ht WJC 2014. 2 Ukrainian 2017/2018 (2 indoor 2018/2019) In 2019: 1 Kiev; 1 Ust-Kamenogorsk; 1 Sumy; 2 Ukrainian indoor						

Twice world indoor silver, and now promoted to 2009 world outdoor bronze (following the disqualification of Aleksandr Pogorelov RUS) pbs in Heptathlon events:

60: 6.83i; LJ: 8.04i; SP: 15.72/15.41i; HJ: 2.08i; 60H: 7.80i; PV: 4.90i; 1000: 2:39.44i

Decathlon pb: 8479 -09. Heptathlon pb: 6254 -10. (in combined events) 4 under-23 ECH 2007; 4 WSG 2007; 6 OLY 2008 (2012-7) 2 EIC 2009; 3 WCH 2009 (2011-12, 2013-dnf, 2015-9, 2017-6); 2 WIC 2012/2016 (2010-6, 2014-5); 2 ECH 2012 (2010-dnf, 2014-8); 2 ECP 2015 (2009-3); 2 ETCh 2017. 1 Ukrainian 2008 (1 indoor 2014/2016). His wife is 2013 World Heptathlon Champion Hanna Melnychenko-Kasyanova. Coach-Dmytro Lyopa. 1.91/88kg  
In 2019: 8 Ukrainian indoor 60H (dnf Heptathlon)

5x Ukrainian Champion (3 out + 2 in) // 110H pb: 13.79w -16, 13.80 -18. 10 ETCh 2014; ht WIC 2016; ht ECH 2016/2018; ht EIC 2017; ht ETCh 2017. 1 Ukrainian 2015/2017/2018 & indoor 2018/2019. 1.93 tall  
In 2019: 2 Kiev (Jan 11); 1 Kiev (Jan 15); 6 Sumy; 1 Ukrainian indoor

WORLD ALL-TIME LIST

1.....	7.30.....	Colin Jackson	GBR.....	1994
2.....	7.33.....	Dayron Robles	CUB.....	2008
=3...	7.36.....	Greg Foster	USA.....	1987
.....	7.36.....	Allen Johnson	USA.....	2004
.....	7.36.....	Terence Trammell	USA.....	2010
=6...	7.37.....	Roger Kingdom	USA.....	1989
.....	7.37.....	Anier García	CUB.....	2000
.....	7.37.....	Tony Dees	USA.....	2000
.....	7.37.....	David Oliver	USA.....	2011
=10.	7.38.....	Mark Crear	USA.....	1998
.....	7.38.....	Reggie Torian	USA.....	1999

2019 EUROPEAN LIST

1.....	7.49.....	Orlando Ortega	ESP
=2...	7.52.....	Pascal Martinot-Lagarde	FRA
.....	7.52.....	Milan Trajkovic	CYP
4.....	7.56.....	Jason Joseph	SUI
5.....	7.57.....	Aurel Manga	FRA
6.....	7.61.....	Wilhem Belocian	FRA
=7...	7.62.....	Konstantin Shabanov	RUS
.....	7.62.....	Gregor Traber	GER
=9...	7.64.....	David King	GBR
.....	7.64.....	Yidiel Contreras	ESP

## Men's High Jump

19 Entrants

Event starts: March 1

	Age	(Days)	Born	SB	PB
<b>14</b> <b>IVANYUK Ilya</b> ANA	<b>25y</b>	356d	1993	<b>2.27</b>	<b>2.31 -17</b>
Russian national; the IAAF Doping Review Board authorised his application to compete internationally (as a neutral) in 2019 Outdoor pb: 2.31 -18. 4 WJC 2012; 1 under-23 ECH 2015 (2013-6); =6 WCH 2017; 3 ECH 2018; 5 IAAF Continental Cup 2018. 1.83 tall In 2019: 4 Chelyabinsk; 1 Moscow; 5 Hustopeče; 6 Trinec; 1 Val-de-Reuil; 2 Łódź; 1 Toruń IAAF Tour; 2 Russian indoor					
<b>36</b> <b>NEDASEKAU Maksim</b> BLR	<b>21y</b>	38d	1998	<b>2.23</b>	<b>2.31 -18</b>
2017 European Junior Champion, 2018 European silver // Outdoor pb: 2.33 -17/18. 8 WJC 2016; 1 EJC 2017; dnq WIC 2018; 3 IAAF Continental Cup 2018. 1 Belarusian 2017 & indoor 2018 In 2019: 1 Hirson; 3 Belarusian indoor (he also leapt 2.30 in Minsk on December 22, 2018)					
<b>38</b> <b>SKABEIKA Andrei</b> BLR	<b>23y</b>	262d	1995	<b>2.22</b>	<b>2.26 -18</b>
Outdoor pb: 2.26 -14. 2 EJC 2013; 11 WJC 2014; 7 under-23 ECH 2017; dnf ECH 2018. 1 Belarusian 2016 & indoor 2019 In 2019: 1 Minsk; =9 Hirson; 1 Belarusian indoor; 3 Weinheim; 1 Belarusian Cup					
<b>42</b> <b>IVANOV Tihomir</b> BUL	<b>24y</b>	232d	1994	<b>2.28</b>	<b>2.28 -17/18</b>
Full name-Tihomir Ivaylo Ivanov 2016 Olympic finalist // Outdoor pb: 2.31 -17. 12 EJC 2013; 1 Balkan 2014 (1 indoor 2015/2019); 7 under-23 ECH 2015; 5 ECH 2016 (2014-7=); 10 OLY 2016; 4 EIC 2017 (2015-dnq); nh WCH final 2017; =9 WIC 2018. 1 Bulgarian 2015/2016 (1 indoor 2014-2016/2018). Coach-Georgi Getov. 1.97 tall In 2019: 1 Bulgarian indoor; =7 Banská Bystrica; 1 Balkan indoor					
<b>52</b> <b>HEINDL Martin</b> CZE	<b>26y</b>	270d	1992	<b>2.26</b>	<b>2.26 -17</b>
Outdoor pb: 2.22 -15. dnq EIC 2017; 10 ETCh 2017. 1 Czech 2015 & indoor 2017 In 2019: 1 Essing; 4 Hustopeče; 9 Trinec					
<b>134</b> <b>BAKER Chris</b> GBR	<b>28y</b>	26d	1991	<b>2.26</b>	<b>2.36 -16</b>
2016 European bronze (shared with Eike Onnen GER) // Outdoor pb: 2.29 -16. 4 Commonwealth Youth Games 2008; 7 under-23 ECH 2013; =5 ETCh 2014; 4 COM 2014 (2018-9); 8 WIC 2016; =3 ECH 2016 (2014-11=, 2018-dnq); dnq OLY 2016. 1 UK 2018 & indoor 2019. His older brother Francis Baker was 2011 English Indoor Heptathlon Champion. Coach-Graham Ravenscroft. 1.94 tall In 2019: 1 Cardiff Open; 2 Hustopeče; 1 UK indoor; nh Birmingham IAAF Tour					
<b>169</b> <b>PRZYBYLKO Mateusz</b> GER	<b>26y</b>	355d	1992	<b>2.26</b>	<b>2.30 -18</b>
(Przybylko is pronounced like "Ch - Bilko") 2018 European Champion Outdoor pb: 2.35 -17/18. 11 World Youth 2009; dnf WJC 2010; 7 EJC 2011; 5 under-23 ECH 2013; 3 ETCh 2015; dnq OLY 2016; 7 EIC 2017 (2015-dnq); 5 WCH 2017 (2015-dnq); 1 ECH 2018. 1 German 2017/2018 (1 indoor 2015/2017/2018). Club: Bayer Leverkusen. Coach-Hans-Jorg Thomaskamp. 1.95 tall In 2019: 6 Karlsruhe IAAF Tour; 1 German indoor; =3 Düsseldorf IAAF Tour					
<b>172</b> <b>WENDRICH Falk</b> GER	<b>23y</b>	261d	1995	<b>2.26</b>	<b>2.26 -19</b>
2017 World Student Games Champion // Outdoor pb: 2.29 -17. 2 WJC 2012 (2014-5); 5 under-23 ECH 2017; 1 WSG 2017. In 2012 broke the German youth record which had stood to Dietmar Mögenburg since 1978 In 2019: 1 Clarholz; 7 Cologne; 1 Unna; 2 Sainte-Croix; 5 Weinheim; 2 German indoor; 6 Düsseldorf IAAF Tour					
<b>174</b> <b>BANIOTIS Konstadínos</b> GRE	<b>32y</b>	114d	1986	<b>2.27</b>	<b>2.33 -16</b>
2013 Mediterranean Games Champion // Outdoor pb: 2.34 -13. 5 ECP 2007; 12 under-23 ECH 2007; 8 ECP 2008; dnq OLY 2008/2012/2016; 6 ETCh 2009; 4 EIC 2011 (2009-6, 2013-9); 1 Mediterranean Games 2013 (2009/2018-2); =10 WCH 2013 (2009/2011-dnq, 2015-14); 5 WIC 2016; 6 ECH 2016 (2010-8, 2012/2014-dnq, 2018-10=); 4 ETCh 2017 (2009-6). 1 Greek 2008/2009/2010/2011/2013/2015/2016/2018 (1 indoor 2013/2016/2018). Coach-Yeóryios Tsoúggos. 2.01 tall In 2019: 7 Hustopeče; 8 Trinec; 4 Banská Bystrica; 1 Greek indoor; 3 Italian indoor					
<b>198</b> <b>KROYTOR Dmitriy</b> ISR	<b>26y</b>	10d	1993	<b>2.19</b>	<b>2.24 -10</b>
2009 World Youth Champion. 2010 Youth Olympic Champion // Outdoor pb: 2.29 -15. 1 World Youth 2009; 1 Youth Olympic Games 2010; dnq EIC 2011; dnq WCH 2011/2015; dnq ECH 2012/2016/2018; 4 WJC 2012; 2 under-23 ECH 2015; dnq OLY 2016; 6 WSG 2017. 1 Israeli 2009/2011/2012/2014/2015/2016. Born-Russia, he moved to Israel aged six. Coach-Anatolij Shafran. 1.87 tall In 2019: 1 Magglingen; 1 Tel Aviv; 4 Balkan indoor					
<b>212</b> <b>TAMBERI Gianmarco</b> ITA	<b>26y</b>	271d	1992	<b>2.32</b>	<b>2.38 -16</b>
2016 World Indoor & European Champion, but then disaster when he tore a ligament in his left ankle on attempting 2.41 at Monaco three weeks before the Olympics. Further ankle surgery in January 2017 Outdoor pb: 2.39 -16. dnq World Youth 2009; 3 EJC 2011; dnq OLY 2012; 5 EIC 2013 (2015-7); =8 WCH 2015 (2017-dnq); 1 WIC 2016; 1 ECH 2016 (2012-5, 2014-7=, 2016/2018-4). 1 Italian 2012/2014/2016/2018 (1 indoor 2016/2019). His elder brother Gianluca Tamberi was fourth in the javelin the 2009 European Junior Championships. Coach/father-Marco Tamberi (pb 2.27 -83, 15 OLY 1980). Former drummer and basketball player. 1.89 tall In 2019: 4 Karlsruhe IAAF Tour; =2 Banská Bystrica; 1 Italian indoor					
<b>220</b> <b>GLEBAUSKAS Adrijus</b> LTU	<b>24y</b>	100d	1994	<b>2.18</b>	<b>2.20 -17</b>
Outdoor pb: 2.26 -18. 8 EJC 2013; 5 WSG 2017; dnq ECH 2018. 1 Lithuanian 2016/2018 & indoor 2018/2019 In 2019: 1 Kaunas; 4 Cologne; 1 Vilnius; 2 Nehvizdy; 1 Lithuanian indoor					
<b>247</b> <b>BEDNAREK Sylwester</b> POL	<b>29y</b>	306d	1989	<b>2.26</b>	<b>2.33 -17</b>
DEFENDING EUROPEAN INDOOR CHAMPION Surprise world bronze medalist in 2009 when he improved by 4cm (but since then but he has undergone two knee surgeries and another on his Achilles) Outdoor pb: 2.32 -09/17. 4 World Youth 2005; 2 WJC 2008 (2006-4); 1 under-23 ECH 2009; =3 WCH 2009 (2015/2017-dnq); =8 ETCh 2010 (2015-10); 1 EIC 2017 (2009/2015-dnq); 7 ECH 2018 (2010-10, 2016-dnq). 1 Polish 2014/2015/2016/2017 & indoor 2009/2015/2016/2017/2018. Coach-Michał Lićwinko. 1.94 tall In 2019: 6 Hustopeče; 2 Trinec; 1 Łódź; 2 Toruń IAAF Tour; 10 Banská Bystrica; 2 Polish indoor					
<b>254</b> <b>KOBIELSKI Norbert</b> POL	<b>22y</b>	31d	1997	<b>2.22</b>	<b>2.25 -18</b>
Outdoor pb: 2.26 -17. nh EJC final 2015; 10 WSG 2017; 8 under-23 ECH 2017; 4 ETCh 2017. 1 Polish under-23 2017. 2.02 tall In 2019: 2 Hirson; 11 Trinec; 4 Łódź; 2 Toruń IAAF Tour; 1 Polish indoor					
<b>296</b> <b>BEER Lukáš</b> SVK	<b>29y</b>	189d	1989	<b>2.26</b>	<b>2.28 -17</b>
4x Slovak Indoor Champion // Outdoor pb: 2.26 -14. 6 Francophone Games 2013; dnq ECH 2014/2018; dnq EIC 2015/2017; 6 WSG 2015. 1 Slovak indoor 2011/2015/2017/2019. 1.86 tall In 2019: 1 Trenčín; 1 Hustopeče 'B'; 1 Lucenec; =7 Banská Bystrica; 1 Slovak indoor					

297	<b>BUBENIK Matús SVK</b>	<b>29y</b>	106d	1989	<b>2.20</b>	<b>2.31 -15</b>
2015 World Student Games silver // Outdoor pb: 2.29 -15. 8 under-23 ECH 2011; dnq ECH 2014/2016/2018; 2 WSG 2015; dnq WCH 2015; dnq OLY 2016; 5 EIC 2017 (2013/2015-dnq). 1 Slovak 2014/2015/2016/2017/2018 & indoor 2016. Coach-Svatoslav Ton. 1.97 tall In 2019: 1 Prague; 12 Hustopeče; 2 Lucenec; 12 Banská Bystrica; 2 Slovak indoor						
315	<b>ACET Alperen TUR</b>	<b>20y</b>	332d	1998	<b>2.26</b>	<b>2.26 -19</b>
New Turkish record holder, which after 16 years he has suddenly raised from 2.06 to 2.30 Outdoor pb: 2.30 -18. 4 World Youth 2015; 12 WJC 2016 (2014-dnq); 4 EJC 2017; 1 Balkan 2018; 5 ECH 2018. Coach-Cavit Ceylan. Member of Fenerbahçe sports club In 2019: 8 Hustopeče; 4 Trinec; 2 Balkan indoor; 1 Istanbul Cup						
329	<b>DEMYANYUK Dmytro UKR</b>	<b>35y</b>	243d	1983	<b>2.20</b>	<b>2.32 -11</b>
Surprise winner at 2011 European Team Championships // Outdoor pb: 2.35 -11. dnq WCH 2007; dnq WIC 2008/2010; dnq OLY 2008/2012; dnq EIC 2011; 1 ETCh 2011 (2017-6); 12 WCH 2011; 8 EIC 2013; nh ECH final 2018 (2010/2012-dnq). 1 Ukrainian 2010. His late father Aleksey Demyanyuk cleared 2.33 in 1984 & 1985 and was USSR Champion in 1982. 2.00 tall In 2019: 3 Hirson; 5 Ukrainian indoor						
336	<b>PROTSENKO Andrii UKR</b>	<b>30y</b>	283d	1988	<b>2.30</b>	<b>2.36 -14</b>
He made it an Ukrainian 1-2 with his 2014 European Championship silver after Bogdan Bondarenko Outdoor pb: 2.40 -14. 3 under-23 ECH 2009; 12 WCH 2011 (2009/2013/2015/2017-dnq); 2 WSG 2013 (2011-11); 3 WIC 2014 (2012-dnq, 2016-7); 1 ETCh 2014 (2010-3); 2 ECH 2014 (2010-dnq, 2016-9=, 2018-5=); =4 OLY 2016 (2012-9=). 1 Ukrainian 2012/2018 & indoor 2018/2019. Graduate of Biotechnology. 1.94 tall In 2019: =4 Hirson; 4 Karlsruhe IAAF Tour; 1 Ukrainian indoor; 5 Birmingham IAAF Tour						

#### WORLD ALL-TIME LIST

1.....2.43.....	Javier Sotomayor CUB.....	1989
=2...2.42.....	Carlo Thränhardt FRG.....	1988
.....2.42.....	Ivan Ukhov RUS.....	2014
=4...2.41.....	Patrik Sjöberg SWE.....	1987
.....2.41.....	Mutaz Essa Barshim QAT.....	2015
=6...2.40.....	Hollis Conway USA.....	1991
.....2.40.....	Stefan Holm SWE.....	2005
.....2.40.....	Aleksey Dmitrik RUS.....	2014
=9...2.39.....	Dietmar Mögenburg FRG.....	1985
.....2.39.....	Ralf Sonn GER.....	1991

#### 2019 EUROPEAN LIST

1.....2.32.....	Gianmarco Tamberi ITA
2.....2.31.....	Ivan Ukhov RUS
=3...2.30.....	Andrii Protsenko UKR
.....2.30.....	Mikhail Akimenko RUS
=5...2.28.....	Daniyil Tsyplakov RUS
.....2.28.....	Tihomir Ivanov BUL
.....2.28.....	Semen Pozdnyakov RUS
.....2.28.....	Aleksandr Asanov RUS
=9...2.27.....	Ilya Ivanyuk ANA
.....2.27.....	Konstadinos Baniótis GRE

## Men's Pole Vault

15 Entrants

Event starts: March 1

	Age	(Days)	Born	SB	PB
<b>13</b> <b>GOROKHOV Georgiy</b> ANA	<b>25y</b>	314d	1993	<b>5.60</b>	<b>5.70 -16</b>
Russian national; the IAAF Doping Review Board authorised his application to compete internationally (as a neutral) in 2019 Outdoor pb: 5.70 -18. dnq WCH 2015; dnq ECH 2018. 1 Russian 2016 (1 indoor 2016/2017). 1.83 tall In 2019: 1 Moscow (Jan 14); 1 Chelyabinsk; 1 Moscow (Jan 20); 1 Moscow (Jan 25); 3 Mondeville; 2 Russian indoor					
<b>44</b> <b>HORVAT Ivan</b> CRO	<b>25y</b>	195d	1993	<b>5.45</b>	<b>5.76 -17</b>
Croat record holder & 15x Champion (8 out + 7 in) // Outdoor pb: 5.71 -18. 8 World Youth 2009; 2 WJC 2012; dnq OLY 2012/2016; 1 Balkan indoor 2012; dnq WCH 2013; =5 under-23 ECH 2015 (2013-10); 9 WCH 2015; 1 Balkan 2016/2018 & indoor 2017/2018. 1 Croat 2009/2011/2012/2014/2015/2016/2017/2018 (1 indoor 2011/2012/2013/2014/2015/2016/2018). Coach-Hrvoje Livancic. 1.83 tall In 2019: 1 Osijek; 2 Linz; 2 Balkan indoor					
<b>58</b> <b>ŠČERBA Matěj</b> CZE	<b>20y</b>	81d	1998	<b>5.55</b>	<b>5.55 -19</b>
Outdoor pb: 5.20 -17. dnq WJC 2016; 9 EJC 2017 In 2019: 1 Prague (Jan 7); 1 Prague (Jan 7); 6 Merzig; 4 Jablonec; 3 Prague (Feb 2); 1 Prague (Feb 9); =2 Czech indoor					
<b>111</b> <b>CHAPELLE Axel</b> FRA	<b>23y</b>	310d	1995	<b>5.71</b>	<b>5.88 -18</b>
2014 World Junior Champion (though he has suffered multiple hamstring tears since then), 2017 European under-23 silver Outdoor pb: 5.72 -17. 2 EJC 2013; 1 WJC 2014 (2012-dnq); 2 Mediterranean under-23 2016; 6 EIC 2017; 2 under-23 ECH 2017 (2015-10=); 6 WCH 2017; 10 WIC 2018; 3 Athletics World Cup 2018; 8 ECH 2018. 1 French indoor 2019. Coaches-Sebastien Homo & Emmanuel Chapel. 1.80 tall In 2019: 1 Orléans; 3 Nevers; 5 Paris; 3 Liévin; 1 French indoor; =7 Clermont-Ferrand					
<b>121</b> <b>LAVILLENIE Renaud</b> FRA	<b>32y</b>	163d	1986	<b>5.82</b>	<b>6.16 -14</b>
Outright world record holder with his indoor 6.16 from Donyetsk 2014. 2012 Olympic Champion. Diamond League Champion 2010-2016 (7x) Outdoor pb: 6.05 -15. 10 under-23 ECH 2007; 1 EIC 2009/2011/2013/2015; 1 ETCh 2009/2010/2014/2015/2017 (2011-5); 1 ECH 2010/2012/2014 (2016-nh, 2018-3) 1 WIC 2012/2016/2018 (2008/2010-dnq); 1 OLY 2012 (2016-2); 2 WCH 2013 (2009/2011-3, 2015-3=); 1 IAAF Continental Cup 2014 (2010/2018-2). 1 French 2010/2012/2013/2014/2015/2016/2017/2018 (1 indoor 2010/2011/2012/2013/2015/2016/2018). Coach-Philippe D'Encausse (previously Damien Inocencio). 1.77 tall In 2019: 1 Tignes; 1 Nevers. He is recovering from a hamstring tear					
<b>132</b> <b>SENE Alioune</b> FRA	<b>23y</b>	25d	1996	<b>5.71</b>	<b>5.71 -19</b>
2018 Mediterranean under-23 Champion // Outdoor pb: 5.70 -18. dnq World Youth 2013; 3 EJC 2015; 1 Mediterranean under-23 2018; 12 ECH 2018. 1 French under-23 indoor 2017. Coach-Gerald Baodouin. 1.85 tall In 2019: 2 Orléans; 8 Rouen; 3 French indoor					
<b>165</b> <b>LITA BAEHRE Bo Kanda</b> GER	<b>19y</b>	305d	1999	<b>5.70</b>	<b>5.70 -19</b>
2017 European Junior silver and German Champion in 2018 while still a junior Outdoor pb: 5.61 -17. 2 European Youth 2016; 2 EJC 2017; 4 WJC 2018; dnq ECH 2018. 1 German 2018 & indoor 2019. Trademarks: wing tattoo on right shoulder, black sleevelet on right arm. Coach-Christine Adams. His cousin Leroy Lita played football for England's under-21 team in 2005-2007. 1.93 tall In 2019: 2 Leverkusen; 1 Merzig; 1 Leverkusen; 2 Paris; 6 Berlin ISTAF; 1 Chemnitz; 1 German indoor					
<b>177</b> <b>FILIPPIDIS Konstadínos</b> GRE	<b>32y</b>	94d	1986	<b>5.70</b>	<b>5.85 -17/18</b>
Former World Indoor Champion // Outdoor pb: 5.91 -15. 4 World Youth 2003; 4 WJC 2004; 2 EJC 2005; 2 WSG 2005; 4 ETCh 2009/2010; 9 WSG 2009; 6 WCH 2011 (2009/2015-dnq, 2013-10); 6 OLY 2012 (2016-7=); 4 ECH 2013 (2006/2010-dnq, 2012-5, 2014-7, 2016-7=, 2018-6=); 1 WIC 2014 (2010-4=, 2016/2018-7); 2 EIC 2017. 1 Greek 2005/2009/2010/2012/2015/2017/2018 (1 indoor 2005/2007/2010/2011/2012/2013/2015/2016/2017). Served 19-month doping suspension 2007-2009. Graduate and MSc at Economics from Athens University. Coach-Dimitrios Kitéas. Ex-gymnast. 1.87 tall In 2019: 4 Orléans; 5 Paris; 4 Cottbus; 5 Łódź; 3 Rouen; 9 Clermont-Ferrand					
<b>178</b> <b>KARALÍS Emmanouíl</b> GRE	<b>19y</b>	131d	1999	<b>5.75</b>	<b>5.80 -18</b>
Former holder of world junior indoor best // Outdoor pb: 5.63 -17. 3 World Youth 2015; 4 WJC 2016; 11 EIC 2017; dnq WCH 2017; 5 WIC 2018. 1 Greek indoor 2018/2019. Mother-Ugandan, father Harálabos was a 7392-point decathlete. 1.83 tall In 2019: 1 Miramas; 3 Paris; 1 Mondeville; 1 Greek indoor					
<b>211</b> <b>STECCHI Claudio Michel</b> ITA	<b>27y</b>	97d	1991	<b>5.78</b>	<b>5.78 -19</b>
2010 World junior silver // Outdoor pb: 5.67 -18. 2 WJC 2010; dnq EIC 2011; 4 under-23 ECH 2011 (2013-7); 8 ECH 2012; 4 ETCh 2015 (2017-9); 3 WSG 2017; 11 ECH 2018. 1 Italian 2013/2018 & indoor 2012/2018. 1.84 tall In 2019: 1 Nevers; 3 Paris; 4 Łódź; 3 Szczecin; 6 Clermont-Ferrand					
<b>235</b> <b>GUTTORMSEN Sondre</b> NOR	<b>19y</b>	272d	1999	<b>5.73</b>	<b>5.73 -19</b>
Personal best and national record in the 2018 European final, while still a junior (though overshadowed that night by Amand Duplantis) Outdoor pb: 5.75 -18. 6 EJC 2017; 6 WJC 2018; =6 ECH 2018. 1 Norwegian 2018; 1 Norwegian junior PV/110H 2018. At University of California, Los Angeles. 1.83 tall In 2019: 7 Reno; 1 New York; 3 Albuquerque (Feb 2); 1 Albuquerque (Feb 9)					
<b>258</b> <b>LISEK Piotr</b> POL	<b>26y</b>	195d	1992	<b>5.85</b>	<b>6.00 -17</b>
DEFENDING EUROPEAN INDOOR CHAMPION Medals at the last two World Championships Outdoor pb: 5.94 -18. 3 ETCh 2015 (2014/2017-5); 3 WIC 2016; =4 OLY 2016; 1 EIC 2017 (2013-dnq, 2015-3); 2 WCH 2017 (2015-3=); 4 ECH 2018 (2014-6, 2016-4=). 1 Polish 2017 & indoor 2013/2015/2017/2018. Lisek means Fox in English. The tattoo across his back reads "Alea iacta est", which is latin for "The die is cast." Wife-Aleksandra Wiśniak (PV pb 4.15, 1 Polish under-23 2014). Coach-Marcin Szczepanski. 1.94 tall In 2019: nh Merzig; 1 Cottbus; 2 Berlin ISTAF; 1 Łódź; 2 Toruń IAAF Tour; 2 Liévin; 1 Szczecin; 1 Polish indoor; 1 Clermont-Ferrand (beat Sam Kendricks on countback, both cleared a world indoor lead of 5.93 but Lisek did in on his second attempt, Kendricks on his third)					
<b>262</b> <b>SOBERA Robert</b> POL	<b>28y</b>	40d	1991	<b>5.70</b>	<b>5.81 -15</b>
Former European [outdoor] Champion // Outdoor pb: 5.80 -14. nh EJC final 2009; 4 WJC 2010; =6 EIC 2013; 4 ETCh 2013; 2 under-23 ECH 2013 (2011-11); 6 WIC 2014/2016; 3 WSG 2015; 15 WCH 2015 (2013-dnq); 1 ECH 2016 (2014-nh final, 2018-dnq); dnq OLY 2016. 1 Polish 2014 (1 indoor 2014). Coach-Dariusz Łoś. 1.91 tall In 2019: 3 Merzig; 2 Jablonec; 1 Neskollen; 4 Berlin ISTAF; 3 Łódź; 3 Toruń IAAF Tour; 3 Chemnitz; 5 Szczecin; 3 Polish indoor					
<b>265</b> <b>WOJCIECHOWSKI Pawel</b> POL	<b>29y</b>	267d	1989	<b>5.80</b>	<b>5.88 -18</b>
Surprise World Champion in 2011. 2014 European silver. Shared World 2013 bronze Outdoor pb: 5.93 -17. 2 WJC 2008; 1 under-23 ECH 2011; 1 World Military Games 2011; 1 WCH 2011 (2015-3=, 2017-5); dnq OLY 2012/2016; dnq WIC 2014; 2 ECH 2014 (2016-7=, 2018-5); 5 IAAF Continental Cup 2014; 3 EIC 2017 (2011-4). 1 Polish 2015/2016/2018 & indoor 2011/2016. Broke his cheekbone in December 2011 when a pole slipped in his hands and hit him in the face. Coaches-Wiesław Czapiewski & Roman Dakiniewicz. 1.90 tall In 2019: 5 Cottbus; 3 Berlin ISTAF; 1 Łódź; nh Toruń IAAF Tour; =6 Szczecin; 2 Polish indoor; 4 Clermont-Ferrand					

2011 World Youth silver // Outdoor pb: 5.70 -16/18. 4 Youth Olympic Games 2010; 2 World Youth 2011; 6 WJC 2012; dnq EIC 2013; nh ETCh 2014; dnq ECH 2014/2018 (qualified for final in 2016 but withdrew injured); 9 WIC 2018. 1 Swedish 2017/2018 (1 indoor 2019) He first vaulted three metres at age 11. Coach-Gustaf Hultgren. 1.88 tall In 2019: 3 Orléans; 2 Cottbus; 1 Nordic International; 1 Swedish indoor; =7 Clermont-Ferrand

WORLD ALL-TIME LIST

1.....	6.16.....	Renaud Lavillenie FRA.....	2014
2.....	6.15.....	Sergey Bubka UKR .....	1993
3.....	6.06.....	Steve Hooker AUS.....	2009
=4...	6.02.....	Rodion Gataullin RUS.....	1989
.....	6.02.....	Jeff Hartwig USA.....	2002
=6...	6.00.....	Maksim Tarasov RUS.....	1999
.....	6.00.....	Jean Galfione FRA.....	1999
.....	6.00.....	Danny Ecker GER.....	2001
.....	6.00.....	Shawn Barber CAN.....	2016
.....	6.00.....	Piotr Lisek POL.....	2017

2019 EUROPEAN LIST

1.....	5.93.....	Piotr Lisek POL
2.....	5.92.....	Armand Duplantis SWE
=3...	5.82.....	Renaud Lavillenie FRA
.....	5.82.....	Melker Svård Jacobsson SWE
=5...	5.80.....	Paweł Wojciechowski POL
.....	5.80.....	Claudio Michel Stecchi ITA
7.....	5.75.....	Emmanouíl Karalis GRE
8.....	5.73.....	Sondre Guttormsen NOR
=9...	5.71.....	Axel Chapelle FRA
.....	5.71.....	Alioune Sene FRA

## Men's Long Jump

14 Entrants

Event starts: March 1

	Age	(Days)	Born	SB	PB
<b>10</b> <b>SMAJLAJ Izmir</b> ALB	<b>25y</b>	336d	1993	<b>7.77</b>	<b>8.08 -17</b>
DEFENDING EUROPEAN INDOOR CHAMPION He was his country's first European Champion in athletics Outdoor pb: 8.03 -18. TJ pb: 16.30 -16 (15.28i -19). dnq WJC 2010; dnq WCH 2013; 9 ECH 2016 (2014-dnq, 2018-10); dnq OLY 2016; 1 Balkan indoor 2017/2018; 1 EIC 2017; 1 Small European States Games 2018. Coach-Vildan Tufi In 2019: 2 Ancona (4 TJ); 2 Balkan indoor					
<b>54</b> <b>JUSKA Radek</b> CZE	<b>25y</b>	357d	1993	<b>7.88</b>	<b>8.10 -15</b>
Twice World Championship finalist. 2017 World Student Games Champion Outdoor pb: 8.31 -17. TJ pb: 15.20 -18. dnq WJC 2012; 2 EIC 2015; 2 under-23 ECH 2015; dnq WIC 2016; 4 ECH 2016 (2018-12); dnq OLY 2016; 3 ETCh 2017 (2014-8); 10 WCH 2017 (2015-11); 1 WSG 2017; 7 WIC 2018. 1 Czech 2015/2018 (1 indoor 2015/2016/2018/2019) In 2019: 1 Jablonec; 3 Erfurt; 3 Nehvizdy; 4 Toruń IAAF Tour; 1 Czech indoor					
<b>75</b> <b>CÁCERES Eusebio</b> ESP	<b>27y</b>	171d	1991	<b>7.99</b>	<b>8.16 -15</b>
Full name-Eusebio Caceres López Fourth at 2013 Worlds and 2014 Europeans Outdoor pb: 8.37 -13. 100 pb: 10.34w -09, 10.37 -12. Decathlon pb: 7273 -11. 2 World Schools Games 2006; 6 World Youth Octathlon 2007; 1 ETCh 2009 (2010-5, 2014-3, 2017-2); 6 EJC 2009 (sf 100); 2 WJC 2010 (2008-3); dnq EIC 2011/2017; 8 under-23 ECH 2011; dnq OLY 2012; 4 WCH 2013 (2011/2017-dnq); 4 ECH 2014 (2010-8, 2012-5, 2016-nm final); 8 WIC 2018. 1 Spanish 2012/2014/2015 (1 indoor 2011/2012/2017/2018/2019). Coach-Juan Carlos Álvarez In 2019: 2 Madrid; 6 Madrid IAAF Tour; 1 Spanish indoor					
<b>105</b> <b>VAYRYNEN Henri</b> FIN	<b>27y</b>	135d	1991	<b>7.94</b>	<b>7.94 -19</b>
Outdoor pb: 8.07 -16. 3 EJC 2009; dnq ECH 2016. 1 Finnish indoor 2014/2018. 1.85 tall In 2019: 1 Oulu; 5 Finnish indoor					
<b>110</b> <b>BERTRAND Jean-Pierre</b> FRA	<b>26y</b>	114d	1992	<b>8.04</b>	<b>8.08 -17</b>
100 pb: 10.43 -14. dnq WJC 2010. 1 French 2016 & indoor 2019. Coach-Robert Emmiyan In 2019: 1 Val-de-Reuil; 1 Eaubonne (3x); 1 French indoor					
<b>153</b> <b>SAYERS Feron</b> GBR	<b>24y</b>	136d	1994	<b>7.72</b>	<b>7.72 -19</b>
2019 UK Indoor Champion // Outdoor pb: 8.05 -18. HJ pb: 2.02 -11. 4 Commonwealth Youth Games 2011; 6 EJC 2013; dnq ECH 2018. 1 English Schools under-17 2011; 2 UK 2017 (2014-11, 2018-3); 1 UK indoor 2019. In 2009 at age 14 with 7.03, he became the youngest British athlete to leap further than 7m. Coach-Aston Moore, he trains with Nathan Douglas In 2019: 3 Vienna T&F; 4 Nehvizdy; 1 UK indoor; 6 Birmingham IAAF Tour					
<b>181</b> <b>TENTÓGLOU Miltiádis</b> GRE	<b>20y</b>	347d	1998	<b>8.23</b>	<b>8.23 -19</b>
2018 European Champion // Outdoor pb: 8.30 -17. TJ pb: 15.61 -16. 5 World Youth 2015; 1 Balkan junior 2016; 2 WJC 2016; dnq OLY 2016; 5 ETCh 2017; 1 EJC 2017; dnq WCH 2017; 9 WIC 2018; 1 Balkan 2018; 1 ECH 2018; 2 IAAF Continental Cup 2018. 1 Greek 2017/2018. He was discovered (by his first coach Eváγγελos Papaníkos) performing Parkour or Freerunning. Hence his nickname 'Bounce Man'. Coach-Yeóryios Pomashki In 2019: 1 Miramas; 5 Karlsruhe IAAF Tour; 1 Madrid IAAF Tour; 1 Greek indoor; 3 Birmingham IAAF Tour					
<b>207</b> <b>JACOBS Lamont Marcell</b> ITA	<b>24y</b>	155d	1994	<b>8.05</b>	<b>8.07 -17</b>
He has been Italian Champion at both Long Jump & 100m // Outdoor pb: 8.48w -16, 7.95 -16. 100 pb: 10.04w, 10.08 -18. 200 pb: 20.61 -18. .9 EJC LJ 2013; 1 Mediterranean under-23 LJ 2016; 11 ECH LJ 2016; dnq EIC LJ 2017; sf ECH 100 2018. 1 Italian LJ 2016 & indoor LJ 2017; 1 Italian 100 2018. Allegiance transferee from USA – born-El Paso (Italian mother), acquired Italian citizenship on January 14, 2010 and cleared by IAAF to compete for Italy from June 2012 In 2019: 2 Madrid IAAF Tour LJ					
<b>242</b> <b>SJURSEN Amund Høie</b> NOR	<b>23y</b>	43d	1996	<b>7.53</b>	<b>7.53 -19</b>
Outdoor LJ pb: 7.64 -18. 100 pb: 10.45 -14. ht World Youth 100 2013. 1 Norwegian LJ 2017 & indoor LJ 2018; 1 Norwegian indoor 60 2019 In 2019: 1 Bergen 60; 4 Ulsteinvik LJ; 1 Norwegian indoor 60 (2 LJ); 4 Nordic International 60 (6 LJ)					
<b>253</b> <b>JASZCZUK Tomasz</b> POL	<b>26y</b>	355d	1992	<b>7.93</b>	<b>7.98 -17</b>
Fourth at 2017 European indoors & fifth at 2018 European outdoors Outdoor pb: 8.18 -17. 4 World Youth 2009; 2 EJC 2011; 6 under-23 ECH 2013; 4 ETCh 2014/2017 (2013-8, 2015-9); 4 EIC 2017; 4 ECH 2018 (2012-8, 2014-7, 2018-5); dnq WCH 2017. 1 Polish 2012/2014/2015/2016/2018 (1 indoor 2016/2017/2019). 1.95 tall In 2019: 1 Neskollen; 2 Sătra; 3 Toruń IAAF Tour; 7 Madrid IAAF Tour; 1 Polish indoor					
<b>287</b> <b>JOVANCEVIC Strahinja</b> SRB	<b>26y</b>	today	1993	<b>7.85</b>	<b>7.85 -19</b>
Former Balkan Champion // Outdoor pb: 7.98 -18. 1 Balkan 2016 (2018-2); dnq EIC 2017; 8 WSG 2017; dnq ECH 2018. 1 Serbian 2014/2018 (1 indoor 2014/2018/2019) In 2019: 1 Serbian indoor; 3 Balkan indoor; 1 Serbian Open					
<b>311</b> <b>NILSSON MONTLER Thobias</b> SWE	<b>23y</b>	13d	1996	<b>8.08</b>	<b>8.08 -19</b>
Outdoor pb: 8.10 -18. 100 pb: 10.63w, 10.76 -18. 8 World Youth 2013; 8 WJC 2014; dnq EIC 2015; 4 EJC 2015 (1 4x100); 3 under-23 ECH 2017; 4 ECH 2018. 1 Swedish 2018 & indoor 2019. Coach-Yannick Tregaro In 2019: 1 Malmö; 1 Karlsruhe IAAF Tour (beat Juan Miguel Echevarría CUB); 2 Toruń IAAF Tour; 1 Nordic International; 4 Birmingham IAAF Tour (2nd overall in IAAF World Indoor Tour standings to Echevarría); 1 Swedish indoor					
<b>334</b> <b>MAZUR Vladyslav</b> UKR	<b>22y</b>	98d	1996	<b>7.80</b>	<b>7.86 -18</b>
2017 European under-23 Champion // Outdoor pb: 8.07 -18. HJ: 2.16 -14. dnq World Youth HJ 2013; dnq EJC 2015; dnq EIC 2017; 1 under-23 ECH 2017; dnq ECH 2018. 1 Ukrainian 2017 & indoor 2019. 1.73 tall In 2019: 1 Sumy (Jan 18); 8 Sumy (Jan 25); 1 Ukrainian indoor					
<b>335</b> <b>NYKYFOROV Sergiy</b> UKR	<b>25y</b>	22d	1994	<b>7.73</b>	<b>8.18 -17</b>
European Championship bronzes indoors & out // Outdoor pb: 8.23 -18. 3 EIC 2017; dnq WCH 2017; 3 ECH 2018 (2016-dnq); 7 IAAF Continental Cup 2018. 1 Ukrainian 2016 & indoor 2016/2017/2018. From-Brovary, coached by a husband and wife team of Nataliya Hreduniva and Valeriy Hredunov. 1.95 tall In 2019: 1 Ulsteinvik; 2 Ukrainian indoor; nm Istanbul Cup					



WORLD ALL-TIME LIST

1	8.79	Carl Lewis	USA	1984
2	8.71	Sebastian Bayer	GER	2009
3	8.62	Iván Pedroso	CUB	1999
4	8.59	Miguel Pate	USA	2002
5	8.56	Yago Lamela	ESP	1999
6	8.49	Robert Emmiyan	ARM	1987
7	8.46	Juan Miguel Echevarría	CUB	2018
=8	8.44	Larry Myricks	USA	1984
	8.44	Mike Powell	USA	1993
=10	8.43	Stanislav Tarasenko	RUS	1994
	8.43	Erick Walder	USA	1994

2019 EUROPEAN LIST

1	8.30	Aleksandr Menkov	RUS
2	8.23	Miltiádis Tentóglou	GRE
3	8.08	Thobias Nilsson Montler	SWE
4	8.05	Lamont Marcell Jacobs	ITA
5	8.04	Jean-Pierre Bertrand	FRA
=6	7.99	Eusebio Cáceres	ESP
	7.99	Jacob Fincham-Dukes	GBR
=8	7.94	Henri Väyrynen	FIN
	7.94	Yann Randrianasolo	FRA
=10	7.93	Héctor Santos	ESP
	7.93	Tomasz Jaszczuk	POL

## Men's Triple Jump

20 Entrants

Event starts: March 1

	Age	(Days)	Born	SB	PB
<b>12</b> <b>FYODOROV Aleksey</b> ANA	<b>27y</b>	279d	1991	<b>16.48</b>	<b>17.12 -13</b>
Russian national; the IAAF Doping Review Board authorised his application to compete internationally (as a neutral) in 2019 Outdoor pb: 17.42 -15. 2 World Youth 2007; 1 EJC 2009; 1 WJC 2010; 3 EIC 2013 (2015-4); 1 ETCh 2013/2014 (2009-8, 2010-5, 2011-nm); 2 WSG 2013; 1 under-23 ECH 2013 (2011-2); 5 WCH 2013 (2011-dnq); 3 ECH 2014 (2012-4, 2018-dnq); 4 EIC 2015. 1 Russian 2011/2013/2014. Coached by his father, Leonid, who was also a triple jumper – as was his mother, Tatyana If the disqualification of Lyukman Adams RUS is confirmed (Adams had put in an appeal), then Fyodorov would be upgraded to European Championship silver in 2014 In 2019: 2 Moscow; 2 Moscow Winter; 3 Russian indoor					
<b>18</b> <b>AGHASYAN Levon</b> ARM	<b>24y</b>	40d	1995	<b>16.79</b>	<b>16.79 -19</b>
3x Balkan Champion (2 in + 1 out) [Armenia are members of the Association of Balkan Athletics Federations – as are Cyprus, Georgia, Israel, San Marino and Ukraine] Outdoor pb: 16.69 -16. LJ pb: 7.36 -15. 6 World Youth 2011; 1 EJC 2013; 5 WJC 2014 (2012-dnq); dnq EIC 2015; 8 under-23 ECH 2015 (2017-13); 1 Balkan 2016 & indoor 2017; 1 Balkan 2016 & indoor 2018/2019; dnq OLY 2016; dnq EIC 2017; 8 Francophone Games 2017; dnq ECH 2018. 1 Armenian 2014/2016/2017/2018 In 2019: 1 Ust-Kamenogorsk; 1 Balkan indoor; 1 Istanbul Jumper's Cup					
<b>23</b> <b>BABAYEV Nazim</b> AZE	<b>21y</b>	143d	1997	<b>16.68</b>	<b>16.68 -19</b>
Fourth at 2018 European Championships // Outdoor pb: 17.18 -17. LJ pb: 7.54 -18. 3 Youth Olympic Games 2014; dnq EIC 2015; 1 ETCh 3rd League 2015 (European Games); 1 EJC 2015; 8 WIC 2016; dnq WJC 2016; dnq OLY 2016; 1 under-23 ECH 2017; dnq WCH 2017; 3 WSG 2017; 4 ECH 2018 (2016-dnq). 1 Azeri 2014 (1 indoor 2015) In 2019: 1 Baku; 1 Metz; 2 Balkan indoor					
<b>97</b> <b>TORRIJOS Pablo</b> ESP	<b>26y</b>	291d	1992	<b>16.61</b>	<b>17.04 -15</b>
Full name-Pabo Torrijos Navarro 2015 European indoor silver. Spanish record holder Outdoor pb: 17.23w, 16.98 -18. LJ pb: 7.56w -14, 7.53 -12. dnq World Youth LJ/TJ 2009; 6 EJC 2011; 8 under-23 ECH 2013; 8 ECH 2014; dnq WCH 2015; 2 EIC 2015 (2017-9); 7 WIC 2016; dnq OLY 2016; 3 ETCh 2017 (2014-6); 10 WCH 2017; 5 ECH 2018 (2016-8); 2 Ibero-American 2018; 8 IAAF Continental Cup 2018. 1 Spanish 2013/2014/2015/2017/2018 & indoor 2014/2015/2016/2017/2019. Coach-Claudio Veneziano In 2019: 3 Spanish Clubs indoor; 1 Spanish indoor					
<b>102</b> <b>LIPSANEN Simo</b> FIN	<b>23y</b>	168d	1995	<b>16.98</b>	<b>16.98 -19</b>
Finnish record holder indoors & out // Outdoor pb: 17.14 -17. LJ pb: 7.76i -17, 7.59 -16. 3 ETCh 2015; 7 EIC 2017; 2 under-23 ECH 2017 (2015-7); dnq WCH 2017; 9 ECH 2018. 1 Finnish 2015/2017/2018 & indoor 2016/2017/2018/2019. 1.91 tall In 2019: 1 Joensuu LJ; 1 Val-de-Reuil; 2 Liévin; 1 Finnish indoor (3 LJ)					
<b>122</b> <b>LURON Kevin</b> FRA	<b>27y</b>	112d	1991	<b>16.60</b>	<b>16.73 -17</b>
Outdoor pb: 16.97w -18, 16.85 -17. dnq WJC 2010; 7 under-23 ECH 2013; 8 ETCh 2014; dnq EIC 2017; 2 Francophone Games 2017; 3 Athletics World Cup 2018; dnq ECH 2018. 2 French 2018 & indoor 2017. Coach-Frederic Mirza. 1.84 tall In 2019: 2 Paris; 6 Val-de-Reuil; 3 French indoor					
<b>127</b> <b>RAPINIER Yoann</b> FRA	<b>29y</b>	152d	1989	<b>16.95</b>	<b>17.23 -11</b>
Fourth at European Championships indoors (2011) & out (2014) // Outdoor pb: 17.45 -13. 9 under-23 ECH 2009; 4 EIC 2011; 12 WCH 2013; 1 Francophone Games 2013; 4 ECH 2014. 1 French 2014 & indoor 2019. Coach-Mickaël Hanany If the disqualification of Lyukman Adams RUS is confirmed (Adams had put in an appeal), then Rapinier would be upgraded to European Championship bronze in 2014 In 2019: 2 Eaubonne; 3 Val-de-Reuil; 2 French indoor					
<b>139</b> <b>DOUGLAS Nathan</b> GBR	<b>36y</b>	86d	1982	<b>16.27</b>	<b>17.47 -07</b>
European silver medallist outdoors (2006) & indoors (2007) // Outdoor pb: 17.64 -05. dnq under-23 ECH 2003; dnq OLY 2004/2008; 7 WIC 2006; 4 ECP 2006 (2005-5); 2 ECH 2006 (2010-10, 2018-6); 2 EIC 2007 (2005-4); 10 WCH 2009 (2005-dnq); 4 COM 2010 (2014-11, 2018-5); 3 ETCh 2013. 1 AAA 2004/2005; 1 AAA indoor 2006; 1 UK indoor 2007/2018; 1 UK 2016/2018. Sports Science Graduate from Loughborough University. Coach-Aston Moore In 2019: 2 Vienna T&F; 2 UK indoor. This is his 18th successive year among Britain's top triple jumpers					
<b>152</b> <b>REID Julian</b> GBR	<b>30y</b>	157d	1988	<b>16.03</b>	<b>16.87 -14</b>
2011 World Student Games bronze at long jump, 2016 European Championship bronze at triple jump Outdoor pb: 16.98 -09, 17.10w -09. LJ pb: 8.19w -09, 8.08 -11 (7.24i -18). dnq World Youth LJ 2005; 4 Central American & Caribbean Champs LJ 2008; dnq WCH TJ 2009; 3 WSG LJ 2011 (5 TJ); dnq ECH LJ 2012 & TJ 2014; 3 ECH TJ 2016. 2 NCAA TJ 2009. 1 Jamaican TJ 2009; 1 UK LJ 2011 & TJ 2013/2015 (1 indoor 2014) Allegiance transferee from Jamaica – has dual citizenship with Great Britain and cleared by IAAF to compete for Britain from August 16, 2011. Jamaican father-Harvey, mother-Rosely is Nigerian. Julian has been a regular visitor to Britain since age three and is a lifelong supporter of Arsenal FC. Coach-Aston Moore In 2019: 3 Vienna T&F; nm UK indoor; 4 Lee Valley Open					
<b>162</b> <b>HESS Max</b> GER	<b>22y</b>	229d	1996	<b>16.74</b>	<b>17.52 -17</b>
Great breakthrough in 2016 to become the youngest-ever European (outdoor) Champion at triple jump 17.24w -17, 17.20 -16. LJ pb: 8.03i, 7.57 -15. 8 World Youth 2013; 2 WJC 2014; dnq EIC LJ 2015; 2 WIC 2016 (2018-11); 1 ECH 2016 (2018-dnq); dnq OLY 2016; 3 EIC 2017; 1 ETCh 2017; 3 under-23 ECH 2017. 1 German indoor 2016/2017/2018/2019. Coach-Harry Marusch. In 2015 with 8.03 he broke by 2cm the German indoor junior record which had stood to Frank Wartenberg since 1974 In 2019: 1 Chemnitz; 6 Paris; 1 Chemnitz; 1 German indoor (4th time)					
<b>201</b> <b>BOCCHI Tobia</b> ITA	<b>21y</b>	327d	1997	<b>16.71</b>	<b>16.71 -19</b>
Silvers at Youth Olympics and European Junior Championships // dnq World Youth 2013; 2 Youth Olympic Games 2014; 2 EJC 2015; dnq WJC 2016; 5 Mediterranean under-23 2018. Former rugby player. Coach-Renato Conte In 2019: 1 Ancona; 1 Italian under-23 indoor; 3 Italian indoor					
<b>203</b> <b>CAVAZZANI Daniele</b> ITA	<b>26y</b>	85d	1992	<b>16.55</b>	<b>16.55 -19</b>
Outdoor pb: 16.52 -14. 2 Mediterranean under-23 2014; dnq EIC 2017. 1 Italian 2018 & indoor 2017. Graduate of engineering & construction. Coach-Andrea Matarazzo In 2019: 4 Italian indoor					
<b>204</b> <b>DONATO Fabrizio</b> ITA	<b>42y</b>	197d	1976	<b>16.72</b>	<b>17.73 -11</b>
2009 European Indoor Champion. 2012 European Champion. 2012 Olympic bronze. World over-40 record holder. 23 Italian titles. Outdoor pb: 17.60 -00. LJ pb: 8.00 -06. 5 EJC 95; 11 under-23 ECH 97; 1 ECP 2003 (2000/2002-2, 99-7, 2004-6); 1 EIC 2009 (2000-6, 2002-4, 2011/2017-2); 10 WCH 2011 (2003/2007/2009/2013-dnq); 4 WIC 2012 (2001-6, 2004/2006-dnq, 2010-5, 2018-14); 1 ECH 2012 (2002-4, 2006/2018-dnq, 2010-9, 2014-7); 3 OLY 2012 (2000/2004/2008/2016-dnq); 1 ETCh 2015 (2014-2). Married to Patrizia Spuri (8 ECH 400 98), their daughter Greta. Coach-Roberto Pericoli. 1.87 tall 20x Italian Champion at TJ, + 3x at LJ In 2019: 2 Italian indoor					

206	<b>FORTE Simone ITA</b>	<b>23y</b>	39d	1996	<b>16.76</b>	<b>16.76 -19</b>
Outdoor pb: 16.73 -18. dnq WJC 2014; 7 EJC 2015; 8 under-23 ECH 2017; dnq ECH 2018. 1 Italian indoor 2019. He played football for Lazio's youth squad (Lazio are a Rome-based club playing in the topmost Italian league). Coach-Andrea Matarazzo In 2019: 1 Ancona; 1 Italian indoor						
217	<b>MISANS Elvijs LAT</b>	<b>29y</b>	208d	1989	<b>16.33</b>	<b>17.02 -17</b>
Has won 31 Latvian titles across 60m, 100m, 200m, Long & Triple Jumps Outdoor TJ pb: 16.77 -16. LJ pb: 8.08 -16. 100 pb: 10.37 -11 200 pb: 20.91 -11. ht WJC 200 2006; 4 EJC 100/200 2007; dnq EIC LJ/TJ 2011; 5 under-23 ECH LJ 2011 (6 100); 6 WSG TJ 2011; 8 EIC LJ 2013; 10 ECH LJ 2014; dnq EIC LJ 2015; 9 ECH TJ 2016 (dnq LJ); 4 EIC TJ 2017; 10 WIC TJ 2018; dnq ECH TJ 2018 In 2019: 1 Jekabpils 60/LJ; 1 Liepaja LJ; 1 Kuldīga LJ (6 60); 9 Nantes LJ; 1 Riga LJ/TJ; 1 Tartu LJ; 4 Liévin TJ; 1 Latvian indoor LJ/TJ						
263	<b>SWIDERSKI Adrian POL</b>	<b>32y</b>	154d	1986	<b>16.51</b>	<b>16.75 -15</b>
8x Polish Indoor Champion // Outdoor pb: 16.81 -15. 2 under-23 ECH 2007; 5 ETCh 2014 (2010-8); dnq EIC 2015/2017; 9 ETCh 2015. 1 Polish 2010 (1 indoor 2009/2010/2011/2012/2015/2016/2017/2019) In 2019: 1 Toruń; 1 Linz; 1 Polish indoor						
271	<b>ÉVORA Nelson POR</b>	<b>34y</b>	313d	1984	<b>16.77</b>	<b>17.40 -18</b>
DEFENDING (and two-time) EUROPEAN INDOOR CHAMPION Olympic Champion at age 24, European Champion at age 34 Outdoor TJ pb: 17.82w -09, 17.74 -07. LJ pb: 8.10 -07. 1 European Youth LJ 2001; 6 WJC TJ 2002 (dnq LJ); 1 EJC LJ/TJ 2003; 4 ECH TJ 2006 (6 LJ); 1 WCH TJ 2007 (2005-dnq, 2009-2, 2013-5, 2015/2017-3), 3 WIC TJ 2008/2018 (2004-dnq, 2006-3, 2016-4); 1 OLY TJ 2008 (2004-dnq, 2016-6); 1 ETCh TJ 2009 (2 LJ); 6 ETCh TJ 2011; 1 WSG TJ 2013; 1 EIC TJ 2015/2017 (2007-5); 1 ECH TJ 2018 (2014-6, 2016-dnq); 4 IAAF Continental Cup TJ 2018. 1 Portuguese TJ 2002/2004/2006/2007/2009/2010/2011/2013/2014/2015/2016/2017 (1 LJ 2006/2007). 1 Portuguese junior indoor HJ 2000. Surgery on right right tibia in 2010 and again in 2012. His younger sister Dorothe Évora is an international 400m runner. Coach-Ivan Pedrosa In 2019: 2 Val-de-Reuil TJ; 8 Liévin TJ; 1 Braga TJ						
299	<b>VESZELKA Tomas SVK</b>	<b>23y</b>	234d	1995	<b>16.44</b>	<b>16.44 -19</b>
Outdoor TJ pb: 16.63 -1716.86w -18. LJ pb: 7.71 -17. 9 World Youth TJ 2011; 8 EJC TJ 2013; dnq WJC TJ 2014; dnq EIC LJ 2015 & TJ 2017; 4 under-23 ECH TJ 2017; 11 WSG TJ 2017; 8 ECH TJ 2018. 1 Slovak LJ 2013 (1 indoor 2014/2015/2018). 1 Slovak TJ 2016 & indoor 2017/2018 In 2019: 5 Paris TJ; 5 Val-de-Reuil TJ; 3 Chemnitz TJ						
319	<b>ER Necati TUR</b>	<b>22y</b>	4d	1997	<b>16.45</b>	<b>16.61 -18</b>
Outdoor pb: 16.63 -18. dnq WJC 2016; 9 under-23 ECH 2017; 4 Mediterranean under-23 2018 dnq ECH 2018. 1 Turkish indoor 2018 In 2019: 4 Ust-Kamenogorsk; 2 Kazakh indoor; 2 Turkish indoor; nm Balkan indoor; 2 Istanbul Jumper's Cup						
323	<b>OZÜPEK Can TUR</b>	<b>23y</b>	26d	1996	<b>16.62</b>	<b>16.62 -19</b>
Turkish record holder indoors // Outdoor pb: 16.77 -18. 5 under-23 ECH 2017; 12 ECH 2018. 1 Turkish 2017/2018 & indoor 2017/2019 In 2019: 2 Ust-Kamenogorsk; 1 Turkish indoor; 3 Balkan indoor; 3 Istanbul Jumper's Cup						

#### WORLD ALL-TIME LIST

1.....	17.92.....	Teddy Tamgho FRA.....	2011
=2....	17.83.....	Aliecer Urrutia CUB.....	1997
.....	17.83.....	Christian Olsson SWE.....	2004
4.....	17.77.....	Leonid Voloshin RUS.....	1994
5.....	17.76.....	Mike Conley USA.....	1987
6.....	17.75.....	Phillips Idowu GBR.....	2008
7.....	17.74.....	Marian Oprea ROU.....	2006
=8....	17.73.....	Walter Davis USA.....	2006
.....	17.73.....	Fabrizio Donato ITA.....	2011
10...	17.72.....	Brian Wellman BER.....	1995

#### 2019 EUROPEAN LIST

1.....	17.32.....	Pedro Pablo Pichardo POR
2.....	16.98.....	Simo Lipsanen FIN
3.....	16.95.....	Yoann Rapinier FRA
4.....	16.84.....	Aleksandr Yurchenko RUS
5.....	16.83.....	Dmitriy Sorokin RUS
6.....	16.79.....	Levon Aghasyan ARM
7.....	16.77.....	Nelson Évora POR
8.....	16.76.....	Simone Forte ITA
9.....	16.74.....	Max Hess GER
10...	16.72.....	Fabrizio Donato ITA

## Men's Shot Put

19 Entrants

Event starts: March 1

	Age	(Days)	Born	SB	PB
<b>11</b> <b>AFONIN Maksim ANA</b>	<b>27y</b>	53d	1992	<b>20.70</b>	<b>21.39 -18</b>
Russian national; the IAAF Doping Review Board authorised his application to compete internationally (as a neutral) in 2019 Outdoor pb: 21.07 -17. 8 World Youth 2009; 8 EJC 2011; 9 under-23 ECH 2013; 13 WIC 2018; 8 ECH 2018. 1 Russian indoor 2017/2018. 1.84/115kg In 2019: 1 Moscow Winter; 1 Russian indoor					
<b>34</b> <b>PEZER Mesud BIH</b>	<b>24y</b>	185d	1994	<b>20.99</b>	<b>21.15 -18</b>
2019 Balkan Indoor Champion // Outdoor pb: 21.40 -17. DT pb: 59.42 -18. 6 World Youth 2011; 5 WJC 2012; 1 EJC 2013 (4 DT); 4 under-23 ECH 2015; 12 ECH 2016; dng OLY 2016; 7 EIC 2017; dng WCH 2017; 5 WIC 2018; 3 Mediterranean Games 2018; 12 ECH 2018; 1 Balkan indoor 2019. Coach-Vesteinn Hafsteinnsson. 1.96/120kg In 2019: 1 Belgrade; 1 Belgrade; 1 Nehvizdy; 1 Sättra; 3 Ostrava; 1 Balkan indoor; 4 Istanbul Cup; 1 Serbian Open					
<b>46</b> <b>ŽUNIC Stipe CRO</b>	<b>28y</b>	77d	1990	<b>20.32</b>	<b>21.13 -18</b>
Surprise 2017 World Championship bronze (having been ranked only 13th of those competing in London) Outdoor pb: 21.48 -17. DT pb: 59.09 -16. JT pb: 77.89 -12. 7 World Youth JT 2007 (dng SP); dng WJC JT 2008; 11 under-23 ECH JT 2011; 4 ECH SP 2014 (2016-9, 2018 -7); 11 OLY SP 2016; 1 Balkan indoor 2017; 5 EIC SP 2017 (2015-7); 3 WCH SP 2017. 1 NCAA indoor SP 2015. 1 Croat JT 2009/2010. & SP 2016/2017/2018. 7x Croat Champion at kickboxing. Former Croat Champion at javelin throw, but gave up that discipline due to elbow and shoulder injuries. Studied Sociology at University of Florida in Gainesville. Coach-Marko Mastelic. 1.93/134kg Former World Junior Champion at kickboxing (winning 65 out of 70 fights) who moved to athletics in 2008, then from javelin to shot put in 2013 In 2019: 1 Croat indoor; 3 Serbian Open					
<b>61</b> <b>STANĚK Tomáš CZE</b>	<b>27y</b>	260d	1991	<b>21.16</b>	<b>22.17 -18</b>
2017 European indoor silver, 2018 World indoor bronze // Outdoor pb: 22.01 -17. 5 under-23 ECH 2013; dng OLY 2016; 2 EIC 2017 (2015-dng); 1 ETCh 2017 (2014-6); 4 WCH 2017; 3 WIC 2018 (2014dng, 2016-16); 4 ECH 2018 (2014-dng); 6 IAAF Continental Cup 2018. 1 Czech 2016/2017/2018 (1 indoor 2014/2016/2018). Rotational thrower. Coach-Petr Stehlik. 1.90/125kg In 2019: 1 Jablonec					
<b>96</b> <b>TOBALINA Carlos ESP</b>	<b>33y</b>	210d	1985	<b>20.39</b>	<b>20.50 -16</b>
4x Spanish Champion (3 in + 1 out) // Outdoor pb: 20.57 -17. 6 Ibero-American 2012; 9 ECH 2014 (2016-10, 2018-dng); dng EIC 2015/2017; 10 WIC 2016; dng OLY 2016; 7 ETCh 2017; dng WCH 2017; 8 Mediterranean Games 2018. 1 Spanish 2018 & indoor 2016/2017/2019. Coach-Carlos Burón (same as former World Indoor Champion Manuel Martínez). 1.88/120kg In 2019: 7 Madrid IAAF Tour; 1 San Sebastián; 1 Spanish indoor					
<b>157</b> <b>MUJARIDZE Giorgi GEO</b>	<b>20y</b>	343d	1998	<b>20.16</b>	<b>20.16 -19</b>
2018 Small European States Games Champion // Outdoor pb: 19.94 -18. 12 World Youth 2015; dng WJC 2016; 1 Small European States Games 2018; dng ECH 2018 In 2019: 1 Georgian indoor; 4 Balkan indoor					
<b>170</b> <b>STORL David GER</b>	<b>28y</b>	216d	1990	<b>21.32</b>	<b>21.88 -12</b>
3x European Champion, twice World Champion, once European Indoor Champion Outdoor pb: 22.20 -15. DT pb: 59.37 -09. 1 World Youth 2007; 1 WJC 2008; 1 EJC 2009; 1 ETCh 2011/2013/2014 (2017-2); 1 under-23 ECH 2011; 1 WCH 2011/2013 (2009-dng, 2015-2, 2017-10); 2 WIC 2012/2014/2018 (2010-5); 1 ECH 2012/2014/2016 (2010-4, 2018-3); 2 OLY 2012 (2016-7); 1 EIC 2015 (2011-2, 2017-3); 7 OLY 2016. 1 German 2011/2013/2014/2015/2016/2017 & indoor 2012/2014/2015/2017/2018/2019. 1.98/117kg His partner Marie Ritscher gave birth to their son Jaro Phil on February 5, 2017 (3.8kg) In 2019: 1 Chemnitz; 1 Rochlitz; 2 Łódź; 1 Madrid IAAF Tour; 1 Sassnitz; 2 Potsdam; 1 German indoor					
<b>179</b> <b>SKARVĚLIS Nikólaos GRE</b>	<b>26y</b>	26d	1993	<b>20.11</b>	<b>20.36 -16</b>
Allegiance transferee from USA – he competed for USA as Nick Scarvelis but has had dual citizenship with Greece since birth (his grandparents were Greek) and was declared eligible for Greece by IAAF from June 10, 2015 Outdoor pb: 20.61 -16. dng WJC 2012; 6 under-23 ECH 2015; 11 ECH 2016/2018; dng OLY 2016; 6 ETCh 2017. 4 NCAA 2016; 1 Greek 2018, indoors & out. Studied history at University of California, Los Angeles. His younger sister Stamatía Skarvelis is also a Greek international shot putter and discus thrower. 1.86/125kg. In 2019: 5 Nehvizdy; 3 Rochlitz; 1 Greek indoor; 2 Balkan indoor; 6 Istanbul Cup					
<b>205</b> <b>FABBRI Leonardo ITA</b>	<b>21y</b>	319d	1997	<b>20.69</b>	<b>20.69 -19</b>
Outdoor pb: 20.07 -18. DT pb: 52.75 -16. dng World Youth SP 2013; 7 Youth Olympic Games SP 2014; 11 EJC DT 2015; dng WJC SP/DT 2016; 7 under-23 ECH SP 2017; dng ECH SP 2018. 1 Italian indoor SP 2018/2019. Coach-Paolo Dal Soglio (1 EIC 1996) In 2019: 1 Padua (Jan 12); 1 Padua (Jan 19); 1 Vienna T&F; 1 Italian under-23 indoor; 6 Madrid IAAF Tour; 1 Italian indoor					
<b>221</b> <b>BERTEMES Bob LUX</b>	<b>25y</b>	280d	1993	<b>21.03</b>	<b>21.03 -19</b>
Luxembourger record holder 2015 European under-23 silver // Outdoor pb: 21.00 -18. DT pb: 45.78 -17. 4 Francophone Games 2013; 1 Small European States Games 2015/2016/2017; 5 EIC 2015 (2017-dng); 2 under-23 ECH 2015; dng WCH 2015; 15 WIC 2016; 6 ECH 2018 (2016-dng). There is also a Luxembourgish international distance runner called Bob Bertemes, but there is no family connection between the two. 1.87/118kg In 2019: 2 Jablonec; 1 Luxembourg; 5 Madrid IAAF Tour; 1 Ostrava; 1 Potsdam					
<b>244</b> <b>THOMSEN Marcus NOR</b>	<b>21y</b>	52d	1998	<b>20.58</b>	<b>20.58 -19</b>
2017 European Junior. Champion // Outdoor pb: 19.82 -19. 11 World Youth 2015; 8 WJC 2016; 1 EJC 2017; dng ECH 2018. 1 Norwegian 2017/2018 & indoor 2018/2019 In 2019: 1 Rud; 1 Norwegian indoor; 2 Sättra; 1 Nordic International; 3 Istanbul Cup					
<b>250</b> <b>BUKOWIECKI Konrad POL</b>	<b>21y</b>	348d	1997	<b>20.95</b>	<b>22.00 -18</b>
DEFENDING EUROPEAN INDOOR CHAMPION (Say it like "Book-of-yet-ski") Outdoor pb: 21.66 -18. DT pb: 58.42 -17. 5 World Youth 2013; 1 WJC 2014 (2016-dq - originally 1st but tested positive for a banned stimulant, got a warning rather than a ban); 1 Youth Olympic Games 2014; 1 EJC 2015 (dng DT); 4 WIC 2016 (2018-8); 4 ECH 2016; fouled out OLY final 2016; 1 EIC 2017; 1 under-23 ECH 2017; 8 WCH 2017 (2015-dng); 2 WSG 2017; 2 ECH 2018. 1 Polish 2016. Put 21.14 in 2016 with a 7.26kg, the longest ever put by a junior with a senior implement. 1.86 tall & 125kg. Coach/father-Ireneusz Bukowiecki. 1.91/138kg In 2019: 1 Łódź; 2 Madrid IAAF Tour; 7 Potsdam; 2 Polish indoor					
<b>252</b> <b>HARATYK Michał POL</b>	<b>26y</b>	323d	1992	<b>20.92</b>	<b>21.47 -18</b>
2018 European Champion. Polish record holder [outdoors] // Outdoor pb: 22.08 -18. DT pb: 53.53 -13. 14 WIC 2016; dng OLY 2016; dng EIC 2017; 5 WCH 2017; 1 Athletics World Cup 2018; 1 ECH 2018 (2016-2); 3 IAAF Continental Cup 2018. 1 Polish 2017/2018 & indoor 2018. His elder brother Łukasz Haratyk is an 18.82 shot putter. Coach-Piotr Galon. 1.94/135kg In 2019: 2 Spała; nm Łódź; 3 Madrid IAAF Tour; 3 Potsdam; 1 Polish indoor					

**264 SZYSZKOWSKI Jakub POL** **27y** 191d 1991 **20.47** **20.55 -15**  
 2013 European under-23 Champion // Outdoor pb: 20.92 -17. dnq WJC 2006. 1 under-23 ECH 2013; dnq WCH 2013/2017; dnq ECH 2014/2018; 5 WSG 2017. 1.93/145kg  
 In 2019: 3 Jablonec; 1 Spała (Jan 20); 1 Neskollen; 1 Spała (Feb 3); 4 Łódź; 2 Sassnitz; 5 Ostrava; 3 Polish indoor

**268 ARNAUDOV Tsanko POR** **26y** 350d 1992 **20.21** **21.27 -18**  
 2016 European bronze. Portuguese record holder // Outdoor pb: 21.56 -17. dnq WCH 2015/2017; 3 ECH 2016 (2018-9); dnq OLY 2016; 4 EIC 2017; 12 WIC 2018. 1 Portuguese 2015/2016/2017/2018 (1 indoor 2016/2017/2018). Son of Bulgarian immigrants, he acquired Portuguese nationality on July 2, 2010. Coach-Volodymyr Zinchenko. 1.92/118kg  
 In 2019: 1 Lisbon (Jan 5); 1 Pombal (Jan 20); 1 Pombal; 2 Luxembourg; 2 Portuguese indoor

**269 BELO Francisco POR** **27y** 338d 1991 **20.90** **20.90 -19**  
 Full name-Francisco Miguel Pereira Boavida Pires Belo  
 2017 World Student Games Champion. Portuguese record holder at Discus Throw  
 Outdoor pb: 20.86 -17. DT pb: 62.01 -17. dnq WJC SP 2010; 12 WSG SP 2015 (13 DT); dnq WCH SP 2017; 1 WSG SP 2017 (5 DT). 1 Portuguese DT 2017 & indoor SP 2019. Coach-Vladimir Zinchenko UKR (5 WCH DT 1987/1993). 1.93/125kg  
 In 2019: 3 Nehvizdy SP; 1 Pombal SP; 1 Portuguese indoor SP; 1 Istanbul Cup SP

**277 GAG Andrei ROU** **27y** 307d 1991 **20.81** **20.89 -16**  
 2016 World indoor silver // Outdoor pb: 21.06 -16. DT pb: 61.27 -14. 10 EJC DT 2009; 2 WJC DT 2010 (2008-dnq); 5 Francophone Games DT 2013; dnq ECH 2014/2016/2018; dnq EIC 2015/2017; 2 WSG 2015; 1 Balkan indoor 2016; 2 WIC 2016; dnq OLY 2016; 12 WCH 2017 (2015-dnq); 3 WSG 2017; 1 Balkan 2018. 1 Romanian 2014/2016/2017/2018 (1 indoor 2013/2014/2015/2017/2018/2019). 1 Romanian DT 2014. 1.95/118kg  
 In 2019: 1 Bacau; 1 Bacau; 1 Romanian indoor; 5 Sassnitz; 4 Potsdam; 11 Balkan indoor; 5 Istanbul Cup

**289 KOLASINAC Asmir SRB** **34y** 135d 1984 **20.34** **20.91 -15**  
 2013 European Indoor Champion  
 Kolašinac pronounced 'Collar-Shin-Etz'  
 Outdoor pb: 21.58 -15. 3 WSG 2009 (2007-6); 1 Balkan 2011; 3 ECH 2012 (2010-7, 2014/2016-5); 7 OLY 2012 (2008/2016-dnq); 1 EIC 2013 (2011-dnq, 2015-2, 2017-dnq); 7 WCH 2015 (2011/2013-10); 15 WIC 2018 (2010/2012/2014-dnq); dnq ECH 2018. 1 Serbian 2008/2010/2011/2012/2013/2014/2018 & Croat 2012/2016. Born-FYR of Macedonia, studied in Bosnia-Herzegovina, lives-Serbia. Groin surgery in 2017. Coach-Nikola Tomašovec. 1.87/140kg  
 In 2019: 4 Belgrade; 1 Serbian indoor; 3 Balkan indoor; 2 Serbian Open

**321 ÖZDEVECİ Osman Can TUR** **23y** 189d 1995 **18.96** **18.96 -19**  
 5 WJC 2014; 1 Islamic Solidarity Games 2017; 4 under-23 ECH 2017; 9 WSG 2017; 5 Mediterranean Games 2018; dnq ECH 2018. 1 Turkish 2018 & indoor 2019  
 In 2019: 1 Turkish indoor; 3 Spała; 7 Ostrava; 6 Potsdam; 7 Balkan indoor; 8 Istanbul Cup

**WORLD ALL-TIME LIST**

- 1.....22.66.....Randy Barnes USA..... 1989
- 2.....22.55.....Ulf Timmermann GDR..... 1989
- 3.....22.40.....Adam Nelson USA..... 2008
- 4.....22.33.....Ryan Crouser USA.....2019
- 5.....22.31.....Tom Walsh NZL..... 2018
- 6.....22.26 .....Werner Günthör SUI..... 1987
- 7.....22.23.....Ryan Whiting USA..... 2014
- 8.....22.18.....Christian Cantwell USA.....2008
- 9.....22.17.....Tomáš Staněk CZE.....2018
- =10.22.11.....Brian Oldfield USA..... 1975
- .....22.11.....Reese Hoffa USA.....2005

**2019 EUROPEAN LIST**

- 1.....21.32.....David Storl GER
- 2.....21.16.....Tomáš Staněk CZE
- 3.....21.03.....Bob Bertemes LUX
- 4.....20.99.....Mesud Pezer BIH
- 5.....20.95.....Konrad Bukowiecki POL
- 6.....20.92.....Michał Haratyk POL
- 7.....20.90.....Francisco Belo POR
- 8.....20.81.....Andrei Gag ROU
- 9.....20.72.....Denzel Comenentia NED
- 10...20.70.....Maksim Afonin ANA

## Men's Heptathlon

12 Entrants

Event starts: March 2

	Age	(Days)	Born	SB	PB
<b>16</b> <b>SHKURENYOV Ilya</b> ANA	<b>28y</b>	48d	1991	-	<b>6353 -15</b>
Russian national; the IAAF Doping Review Board authorised his application to compete internationally (as a neutral) in 2019 2015 European Indoor Champion. European medals outdoors in 2012, 2014 & 2018 pbs in Heptathlon events: <b>60: 6.98i; LJ: 7.78i; SP: 14.49i; HJ: 2.12/2.11i; 60H: 7.86i; PV: 5.40/5.30i; 1000: 2:41.65i</b> Decathlon pb: 8601 -17. 2 WJC 2010; 4 WIC 2012; 16 OLY 2012; 2 under-23 ECH 2013 (2011-5); 1 EIC 2015 (2013-5); 1 ECP 2015; 4 WCH 2015 (2013-8, 2017-dnf); 2 ECH 2018 (2012/2014-3). 1 Russian 2016/2017 & indoor 2016. 1.87/80kg In 2019: 9 Russian indoor PV					
<b>31</b> <b>VAN DER PLAETSEN Thomas</b> BEL	<b>28y</b>	66d	1990	<b>6132</b>	<b>6259 -14</b>
2016 European Champion // pbs in Heptathlon events: <b>60: 7.13i; LJ: 7.80/7.78i; SP: 14.32i; HJ: 2.17/2.13i; 60H: 8.06i; PV: 5.50i; 1000: 2:40.50i</b> Decathlon pb: 8332 -16. 1 EJC 2009; 6 EIC 2011; 1 under-23 ECH 2011; =13 WCH 2011 (2013-15, 2017-dnf); 1 WSG 2013/2015; 3 WIC 2014; 1 ECH 2016 (2014-10, 2018-dnf with a foot injury); 8 OLY 2016. 1 Belgian 2010 & PV 2011/2013. In 2015 made a successful return to the highest level after surgery and chemotherapy following a diagnosis of testicular cancer in October 2014 (which was first noticed as a result of a doping control). Coach/brother-Michael van der Plaetsen. 1.86/82kg In 2019: 1 Belgian indoor Heptathlon (including a PV pb 5.50)					
<b>39</b> <b>ZHUK Vitali</b> BLR	<b>22y</b>	170d	1996	<b>5705</b>	<b>5705 -19</b>
2018 European bronze // pbs in Heptathlon events: <b>60: 7.15i; LJ: 7.11/6.97i; SP: 15.65/15.62i; HJ: 2.05i; 60H: 8.20i; PV: 4.90/4.70i; 1000: 2:46.94i</b> Decathlon pb: 8290 -18. 20 ECP 2015; 8 EJC 2015; 8 ETCh 2017; 4 under-23 ECH 2017; 3 ECH 2018. 1 Belarusian 2016/2017. Married 4.67 pole vaulter Iryna Yakaltsevh in 2017 In 2019: 1 Mogilyov Heptathlon					
<b>63</b> <b>SYKORA Jirí</b> CZE	<b>24y</b>	39d	1995	<b>6006</b>	<b>6006 -19</b>
2017 European under-23 Champion // pbs in Heptathlon events: <b>60: 6.99i; LJ: 7.66i; SP: 15.06i; HJ: 2.05i; 60H: 7.95i; PV: 4.90i; 1000: 2:47.48i</b> Decathlon pb: 8121 -16. 7 World Youth 2011; 1 WJC 2014; dnf ECH 2014; dnf ECH 2016; 25 OLY 2016; 10 EIC 2017; 1 under-23 ECH 2017 (2015-dnf). 1 Czech LJ 2013 & indoor Heptathlon 2019. Coach-Pavel Svoboda. 1.90/91kg In 2019: 1 Prague 60H/LJ (Jan 12); 2 Prague HJ (Feb 2); 1 Czech indoor; 2 Czech indoor 60H (10 SP)					
<b>98</b> <b>URENA Jorge</b> ESP	<b>25y</b>	143d	1993	<b>6124</b>	<b>6249 -17</b>
2017 European indoor silver // pbs in Heptathlon events: <b>60: 6.91i; LJ: 7.73i; SP: 14.50i; HJ: 2.10i; 60H: 7.78i; PV: 5.02i; 1000: 2:40.06i</b> Decathlon pb: 8125 -17. 20 WJC 2012; 2 Ibero-American 2014; 2 under-23 ECH 2015; 21 WCH 2015 (nh PV); dnf WIC 2016; 2 EIC 2017 (2015-7); 9 WCH 2017; 16 ECH 2018 (2016-dnf). 1 Spanish 2015/2016 & indoor 2014/2015. Coach/father-Jose Antonio Ureña. 1.78/72kg In 2019: 1 Valencia LJ (Jan 12); 1 Cardiff International Heptathlon; 3 Spanish indoor LJ (4 60H)					
<b>99</b> <b>OIGLANE Janek</b> EST	<b>24y</b>	309d	1994	<b>6085</b>	<b>6085 -19</b>
Made major breakthrough to place fourth at the 2017 World Championships (but hampered by injury in 2018) pbs in Heptathlon events: <b>60: 7.07i; LJ: 7.34/7.42i; SP: 15.16i; HJ: 2.05/2.02i; 60H: 8.13i; PV: 5.19i; 1000: 2:44.37i</b> Decathlon pb: 8371 -17. 11 World Youth JT 2011; 4 EJC 2013; 15 ECP 2014; 3 under-23 ECH 2015; 12 ECH 2016; 1 ETCh 2017; 4 WCH 2017 (he won the decathlon JT with 71.73). Coach-Sven Andresoo. 1.86/78kg In 2019: 1 Tallinn SP (Jan 15); 1 Tallinn 60H/PV (Jan 20); 1 Tallinn Heptathlon; 3 Estonian indoor 60H					
<b>100</b> <b>SALURI Karl Robert</b> EST	<b>25y</b>	206d	1993	<b>5950</b>	<b>6051 -17</b>
Second at 2018 US Collegiate Championships // pbs in Heptathlon events: <b>60: 6.77i; LJ: 7.68/7.61i; SP: 14.82i; HJ: 1.93/1.90i; 60H: 8.26i; PV: 5.00/4.96i; 1000: 2:36.23i</b> Decathlon pb: 8137 -18. 8 EJC 2011; 5 WJC 2012; dnf under-23 ECH 2013; 23 OLY 2016; 3 ETCh 2017; 13 WCH 2017; dnf ECH 2018. 3 NCAA indoor 2017; 2 NCAA 2018. Was at University of New Orleans and then the University of Georgia. Coach-Petros Kyprianou. 1.78/75kg In 2019: 5 Tallinn SP (Jan 20); 2 Tallinn Heptathlon					
<b>130</b> <b>ROLNIN Basile</b> FRA	<b>25y</b>	38d	1994	<b>6025</b>	<b>6025 -19</b>
2019 French Indoor Champion // pbs in Heptathlon events: <b>60: 7.06i; LJ: 7.45i; SP: 14.77/14.71i; HJ: 2.06i; 60H: 7.92i; PV: 5.15i; 1000: 2:50.95i</b> Decathlon pb: 8087 -16. dnf World Youth DT/HT 2011; 8 under-23 ECH 2015. 1 French indoor 2009. Coaches-Gaetan Blouin & Jean-Baptiste Catry. 1.94/83kg In 2019: 1 Rennes Heptathlon; 1 French indoor Heptathlon					
<b>140</b> <b>DUCKWORTH Tim</b> GBR	<b>22y</b>	254d	1996	-	<b>6188 -18</b>
2018 US Collegiate Heptathlon Champion indoors (with a British indoor record score), and also Decathlon Champion outdoors (8336, only Thompson & Macey have scored more among Britons) pbs in Heptathlon events: <b>60: 6.77i; LJ: 8.03/7.80i; SP: 13.71/13.59i; HJ: 2.17i; 60H: 8.03i; PV: 5.26i; 1000: 2:56.23i</b> Decathlon pb: 8336 -18. 18 EJC 2013; dnf under-23 ECH 2017; 5 ECH 2018. 1 NCAA 2018 indoors & out; 1 UK LJ 2018. Born-California, grew up in Arizona, parents-British. His first sport was rugby. Partner is NCAA PV Champion Olivia Gruver USA. Was at the University of Kentucky, now based in Seattle with his coach Toby Stevenson (the Athens Olympic PV silver medalist) (previously Nick Hysong, the Sydney Olympic PV Champion). 1.85/80kg In 2019: 60/7.05, LJ/7.41 & SP/13.27 in a training test at Seattle on January 29; 1 Seattle 60H (2 HJ) (Feb 8); 1 Seattle LJ (Feb 15) His British parents and grandparents will be in the crowd in Glasgow					
<b>160</b> <b>BECHMANN Andreas</b> GER	<b>19y</b>	153d	1999	<b>6017</b>	<b>6017 -19</b>
2019 German Indoor Champion (in his first year as a senior) // pbs in Heptathlon events: <b>60: 7.05i; LJ: 7.29i; SP: 14.34i; HJ: 2.06i; 60H: 8.43i; PV: 5.20i; 1000: 2:45.66i</b> Junior Decathlon pb: 7524 -18. 8 WJC 2018. 1 German indoor 2019. Coach-Jürgen Sammert In 2019: 2 Frankfurt HJ (5 SP) (Jan 13); 2 Frankfurt PV/LJ (3 60H) (Jan 19/20); 1 German indoor (set seven personal bests, defeated four 8000-point decathletes)					
<b>240</b> <b>ROE Martin</b> NOR	<b>26y</b>	332d	1992	-	<b>5951 -18</b>
Norwegian record holder indoors & out // pbs in Heptathlon events: <b>60: 6.92i; LJ: 7.81i; SP: 15.71i; HJ: 1.98i; 60H: 8.43i; PV: 4.90i; 1000: 2:46.51i</b> Decathlon pb: 8228 -18. 11 World Youth 2009; 13 WJC 2010; 7 EJC 2011; 12 under-23 ECH 2013; 12 WCH 2017; 6 ECH 2018 (2016-11). 1 Norwegian 2012/2015 & indoor 2014/2016/2017/2018. Coach-Ingunn Gatland Jacobsen. 1.87/86kg In 2019: 1 Bergen PV/SP (Jan 10); 1 Bergen 60H/PV/SP (Jan 19/20); 2 Bergen PV (Feb 7); 1 Bergen 60/60H (2 PV) Feb 16/17					

2017 European under-23 silver // pbs in Heptathlon events:

**60: 7.05i; LJ: 7.81/7.47i; SP: 14.67i; HJ: 2.08i; 60H: 8.07i; PV: 5.00i; 1000: 2:42.97i**

Decathlon pb: 8172 -17. 7 EJC 2013; 12 WJC 2014; 5 EIC 2017; 2 under-23 ECH 2017 (2015-5); dnf WCH 2017; 9 ECH 2018 (2016-10). 1 Swedish 2016 & indoor 2016/2017/2019. Coach/father Jan Samuelsson (a 7315 Decathlete in 1991). 1.86/83kg

In 2019: 3 Uppsala 60H (4 PV); 1 Stockholm Heptathlon; 1 Swedish indoor Heptathlon (9 PV); 9 Swedish indoor

#### WORLD ALL-TIME LIST

1.....6645.....	Ashton Eaton USA.....	2012
2.....6479.....	Kevin Mayer FRA.....	2017
3.....6476.....	Dan O'Brien USA.....	1993
4.....6438.....	Roman Šebrle CZE.....	2004
5.....6424.....	Tomás Dvorák CZE.....	2000
6.....6418.....	Christian Plaziat FRA.....	1992
7.....6415.....	Sebastian Chmara POL.....	1998
8.....6412.....	Lev Lobodin RUS.....	2003
9.....6374.....	Erki Nool EST.....	1999
10...6372.....	Eelco Sinthicolaas NED.....	2013

#### 2019 EUROPEAN LIST

1.....6132.....	Thomas Van Der Plaetsen BEL
2.....6124.....	Jorge Ureña ESP
3.....6114.....	Artem Makarenko ANA
4.....6085.....	Janek Öiglane EST
5.....6025.....	Basile Rolnin FRA
6.....6018.....	Fredrik Samuelsson SWE
7.....6017.....	Andreas Bechmann GER
8.....6006.....	Jirí Sýkora CZE
9.....5950.....	Karl Robert Saluri EST
10...5907.....	Jan Doležal CZE

## Men's 4x400 Metres Relay

These names in addition to those entered for individual events

	Age	(Days)	Born	SB	PB
<b>24</b> <b>BADJI Asanti</b> BEL Outdoor pb: 46.94 -18. 1 Belgian under-23 2016 In 2019: 1 Ghent; 4 Belgian indoor	<b>23y</b>	300d	1995	<b>47.84</b>	<b>47.84 -19</b>
<b>25</b> <b>BORLÉE Dylan</b> BEL Third leg for Belgian relay team which won at the 2016 Europeans, receiving from brother Jonathan and handing to brother Kevin Outdoor pb: 45.55 -18. 2 under-23 ECH 4x400 2013; 4 WCH 4x400 2013; 2 EIC 2015 (1 4x400); 1 ECH 4x400 2016/2018; 4 OLY 4x400 2016; 2 EIC 4x400 2017; 3 WIC 4x400 2018; df ECH 2018. 1 Belgian indoor 2015. Younger brother of international 400m runners Jonathan & Kevin. 1.90 tall In 2019: 4 Liévin; 3 Belgian indoor	<b>26y</b>	160d	1992	<b>47.58</b>	<b>46.25 -15</b>
<b>26</b> <b>BORLÉE Jonathan</b> BEL Belgian record holder, but no individual medal until Berlin 2018 // Outdoor pb: 44.43 -12, 200 pb: 20.31 -12. 5 World Youth 400 2005; 4 WJC 400 2006; sf OLY 400 2008 (4 4x400 with 43.6 split); 2 WIC 4x400 2010 (2016-6); 7 ECH 400 2010 (3 4x400); 3 EIC 4x400 2011; 4 ECH 200 2012 (1 4x400); 6 OLY 400 2012 (5 4x400); 4 WCH 400 2013 (2011-5, 2015-sf); 1 EIC 4x400 2015; ht OLY 200/400 2016. (4 4x400); sf WCH 2017 (4 4x400); 3 WIC 4x400 2018; 3 ECH 2018 (1 4x400). 1 NCAA 400 2009. 1 Belgian 400 2006/2011/2015. His mother-Edith De Martelaere was an international sprinter and he has a twin brother Kevin and younger brother Dylan who are also international 400m runners, while their elder sister Olivia ran the first leg for the Belgian 4x100m relay team which won upgraded 2008 Olympic gold	<b>31y</b>	6d	1988	-	<b>46.48 -15</b>
<b>27</b> <b>BORLÉE Kevin</b> BEL Surprise European Champion in 2010 when he went from fifth to first in the last 50m. 2011 world bronze Outdoor pb: 44.56 -12. 200 pb: 20.72 -11. sf World Youth 200 2005; sf WJC 2006; 6 ECP 2007; sf OLY 2008 (4 4x400); sf WCH 2009 (4 4x400); 1 ECH 2010 (3 4x400); 4 IAAF Continental Cup 2010 (2018-7); 3 EIC 4x400 2011; 3 WCH 2011 (2013/2015-sf); 1 ECH 4x400 2012; 5 OLY 2012 (5 4x400); sf ECH 2014 (7 4x400 with 43.6 split); 1 EIC 4x400 2015 (2017-2); 4 ECH 2016 (1 4x400); ht OLY 2016 (4 4x400); sf WCH 2017 (4 4x400 with 43.60 split); 3 WIC 4x400 2018; 2 ECH 2018 (1 4x400 with 43.91 split). 1 Belgian 2013/2014/2017 & indoor 2019. His father/coach Jacques was an international 400m runner as his twin brother Jonathan and younger brother Dylan, while their elder sister Olivia ran the first leg for the Belgian 4x100m relay team which won 2007 world bronze & upgraded 2008 Olympic gold. Kevin is the younger of the twins by five minutes In 2019: 1 Liévin; 1 Belgian indoor	<b>31y</b>	6d	1988	<b>46.69</b>	<b>46.41 -18</b>
<b>30</b> <b>SACOOR Jonathan</b> BEL 2018 World Junior Champion. He and three Borlées became European relay champions in 2018 Outdoor pb: 45.03 -18. 3 EJC 2017; 1 WJC 2018; 3 WIC 4x400 2018; 1 ECH 4x400 2018. 1 Belgian indoor 2018. Coach-Jacques Borlée In 2019: He's transferred to the University of Tennessee in Knoxville; 2ht US South East Conference indoor	<b>19y</b>	180d	1999	<b>47.42</b>	<b>46.95 -18</b>
<b>32</b> <b>WATRIN Julien</b> BEL 2015 European Indoor relay gold & 2016 European outdoor gold (along with three Borlées each time) Outdoor pb: 45.64 -14. 200 pb: 20.80 -13. 100 pb: 10.31w, 10.39 -10. 7 WJC 100 2010 (sf 200); 4 Francophone Games 200 2013; ht ECH 2014; 1 EIC 4x400 2015 (2017 -2); sf ECH 2016 (1 4x400); 4 OLY 4x400 2016. 1 Belgian 2016 & 100 2012 In 2017: 2 EIC 4x400 In 2019: 3 Ghent IFAM; 2 Belgian indoor	<b>26y</b>	245d	1992	<b>47.21</b>	<b>47.06 -15</b>
<b>78</b> <b>ERTA Bernat</b> ESP Outdoor pb: 47.50 -18. 6 European Youth 2018; 6 Youth Olympic Games 2018. 1 Spanish youth 2018 In 2019: 1 Antequera; 1 Sabadell; 3 Spanish indoor	<b>18y</b>	13d	2001	<b>47.62</b>	<b>47.62 -19</b>
<b>91</b> <b>PORRAS Aleix</b> ESP 2016 European Youth silver at 400m Hurdles // Outdoor 400 pb: 46.91 -17. 400H pb: 50.58 -18. sf World Youth 400H 2015; 2 European Youth 400H 2016; 7 EJC 400H 2017; sf WJC 400H 2018. 2 Spanish 400H 2018. Coach/father-Salvador Porras In 2019: 1 Sabadell 400 (Jan 13); 1 Valencia 400 (Jan 18); 1 Sabadell 400 (Jan 27); 1 Spanish under-23 indoor 400; 4 Spanish indoor 400	<b>19y</b>	170d	1999	<b>47.56</b>	<b>47.47 -18</b>
<b>92</b> <b>ROCANDIO Adrián</b> ESP Outdoor pb: 47.28 -18. 200 pb: 21.69w, 21.77 -15. 2 Spanish under-23 2018 In 2019: 1 Salamanca; 3ht Miramas; 3 Spanish under-23 indoor; 3ht Spanish indoor	<b>21y</b>	298d	1997	<b>47.34</b>	<b>47.34 -19</b>
<b>95</b> <b>SERRANO Jesus</b> ESP Outdoor pb: 47.12 -15. 2 Spanish under-23 indoor 2017/2019; 3 Spanish indoor 2018 In 2019: 2 Valencia; 2 Spanish under-23 indoor; 2ht Spanish indoor	<b>21y</b>	70d	1997	<b>47.38</b>	<b>47.38 -19</b>
<b>106</b> <b>ANNE Mame-Ibra</b> FRA 2014 European relay bronze // Outdoor pb: 45.26 -15. 3 under-23 ECH 4x400 2009; 5 under-23 ECH 2011; 3 Mediterranean Games 2013; 1 ETCh 2014 (2015-2); sf ECH 2014 (3 4x400); ht WCH 2015; 7 ECH 2016. 1 French 2013/2014. In 2006 he was selected by France for the World Junior Championships but withdrew after suffering a pulmonary embolism. Coach-Marc Vecchio In 2019: 1 Eaubonne; 2 French indoor	<b>29y</b>	113d	1989	<b>46.92</b>	<b>46.91 -13</b>
<b>112</b> <b>COROLLER Victor</b> FRA Former European Junior Champion at 400m Hurdles // Outdoor pb: 400 pb: 47.34 -18. 400H pb: 49.30 -17. 3 Youth Olympic Games 400H 2014; 1 EJC 400H 2015 (2 4x400); sf WJC 400H 2016; 4 under-23 ECH 400H 2017 (3 4x400); sf WCH 400H 2017 (fell, but picked himself up to finish the race in 55.69 – got big cheers); 5 Athletics World Cup 400H 2018; sf ECH 400H 2018. Coach-Marc Reuze In 2019: 2ht Miramas 400; 1 Nantes 400 (Jan 26); 1 Nantes (Feb 2); dnf French indoor 400	<b>21y</b>	160d	1997	<b>47.31</b>	<b>47.31 -19</b>
<b>113</b> <b>COURBIERE Nicolas</b> FRA Outdoor pb: 46.45 -17. 1 under-23 ECH 4x400 2015; 4 EIC 4x400 2017. 3 French indoor 2017. Coach-Bruno Gajer In 2019: 1 Lyon; 1 Miramas; 4 French indoor	<b>25y</b>	306d	1993	<b>47.39</b>	<b>47.24 -14</b>
<b>118</b> <b>JORDIER Thomas</b> FRA 2015 European under-23 Champion // Outdoor pb: 45.50 -15. 3 World Youth Medley Relay 2011 (sf 400); dq/ht EIC 2013; 3 EJC 2013; 3 ECH 4x400 2014 (2018-4); 1 ETCh 4x400 2015; 1 under-23 ECH 400/4x400 2015; sf EIC 2016; sf EIC 2017 (4 4x400). 1 French 2016 & indoor 2017/2018. Good in relays – he caught Britain on the anchor leg at the 2015 European Team Championships in Cheboksary. Coach-Alex Menal In 2019: 1 Nantes 'B'; 1 Val-de-Reuil 'B'; 1 Nantes; 3 French indoor	<b>24y</b>	200d	1994	<b>47.18</b>	<b>46.68 -14</b>
<b>126</b> <b>MBAYE Lidji</b> FRA Outdoor pb: 47.05 -18. 3 Carifa Games 800 2017 (2018-5); 2 EJC 4x400 2017; 4 WJC 4x400 2018. Coach-Marco Vecchio In 2019: 1 Eaubonne (Jan 19); 1 Eaubonne (Feb 2); 4 French under-23 indoor; 5 French indoor	<b>19y</b>	130d	1999	<b>47.76</b>	<b>47.76 -19</b>



129	<b>RICQUE Lorenzo</b> FRA	19y	262d	1999	47.68	47.68 -19
Outdoor pb: 48.05 -18. 3 French under-23 indoor 2019 In 2019: 1 Nantes (Jan 5); 1 Nantes 200 (Jan 20); 3 Nantes (Jan 26); 2 French Universities indoor 'C'; 3 French under-23 indoor; 3ht French indoor						
135	<b>BRIER Joe</b> GBR	19y	349d	1999	47.42	47.42 -19
Second leg for British relay team which won bronze at the 2018 World Junior Championships Outdoor pb: 47.31 -18. 3 WJC 4x400 2018. 4 English under-17 2015; 1 Welsh 2016 (at age 17); 1 Welsh indoor 2017. Coach-Matt Elias In 2019: 2 Glasgow Open; 1 Vienna T&F; 4 UK indoor						
138	<b>CLARIDGE Ben</b> GBR	21y	108d	1997	47.41	47.41 -19
2018 English under-23 Champion // Outdoor pb: 46.59 -18. 800 pb: 1:53.56 -14. 1 English Schools 2016; 2 British Universities 2018; 1 English under-23 2018. Attends Bath University. Coach-James Hillier In 2019: 1 Vienna T&F 'H'; 4sf UK indoor; 3 British Universities indoor						
155	<b>SOMERS Thomas</b> GBR	21y	306d	1997	47.06	47.06 -19
2018 English under-23 Champion at 200m // Outdoor pb: 46.79 -18. 200 pb: 20.37 -14. 4 World Youth 200 2013; 7 WJC 200 2014. 1 English Schools under-17 200 2012; 1 English junior indoor 200 2014; 1 English under-23 200 2018. Coach-Benke Blomkvist In 2019: 1 Sheffield 400; 1 Reykjavik 400 'B'; 5sf UK indoor 400						
199	<b>ACETI Vladimir</b> ITA	20y	135d	1998	46.63	46.63 -19
2017 European Junior Champion // Outdoor pb: 45.92 -17. sf World Youth 2015; sf WJC 2016; 1 EJC 400/4x400 2017; 4 Mediterranean under-23 2018. 1 Italian junior 2016/2017; 1 Italian indoor 2018 In 2019: 2 Magglingen; 1 Italian under-23 indoor; 3 Italian indoor						
202	<b>CASARICO Mattia</b> ITA	21y	109d	1997	47.54	47.54 -19
Outdoor pb: 46.58 -18. 3 Italian under-23 2018; 2 Italian under-23 indoor 2019 In 2019: 2 Italian under-23 indoor; 5 Italian indoor						
208	<b>LEONARDI Giuseppe</b> ITA	22y	211d	1996	47.20	47.20 -19
2015 Mediterranean under-23 Champion // Outdoor pb: 46.19 -17. sf World Youth 2013; 3 EJC 4x400 2015; ht ECH 2016. 1 Italian under-23 2015/2016 (2017/2018-2) In 2019: 2 Kuldīga; 2 Italian indoor						
209	<b>LOPEZ Brayán</b> ITA	21y	253d	1997	47.53	47.53 -19
Outdoor pb: 46.90 -17. ht WJC 2016; sf under-23 ECH 2017 In 2019: 2 Magglingen; 4 Italian under-23 indoor; 4 Italian indoor						
255	<b>KOWALUK Dariusz</b> POL	22y	317d	1996	47.21	46.95 -18
2018 Polish under-23 Champion // Outdoor pb: 46.06 -18. 8 EJC 2015; 2 under-23 ECH 4x400 2017; ht ECH 2018. 1 Polish under-23 2018 In 2019: 1 Toruń 300; 1 Spała 200; 5 Toruń IAAF Tour 'B'; 1 Chemnitz 300 'B'; 3 Polish indoor 200 (4 400)						
256	<b>KRZEWINA Jakub</b> POL	29y	141d	1989	47.14	46.15 -18
Incredible 4x400m anchor leg at 2018 World Indoors to reel in the USA as break the world indoor record Outdoor pb: 45.11 -14. 200 pb: 21.13 -09. ht WJC 2008; 1 under-23 ECH 4x400 2009 (2011-2); 4 ECH 2014 (2 4x400); 2 EIC 4x400 2015; 2sf ECH 2016 (2 4x400); sf WIC 2018(1 4x400). 1 Polish indoor 2012/2018; 1 Polish 2014. Ex-footballer. Coach-Józef Lisowski "Those who know me, know that these tattoos are not for show ... they add to my strength when I am fighting for Poland" In 2019: 3 Polish indoor						
260	<b>OMELKO Rafał</b> POL	30y	43d	1989	47.05	46.08 -17
Medals at the last two European Indoor Championships // Outdoor pb: 45.14 -16. 200 pb: 20.61w. 20.96 -17. 400H pb: 51.09 -10. ht ECH 400H 2010; 4 WSG 2013; sf WIC 2014 (4 4x400); sf ECH 2014 (2 4x400); 3 EIC 2015 (2 4x400); sf WSG 2015 (3 4x400); 6 ECH 2016 (2 4x400); sf OLY 2016 (7 4x400); 2 EIC 2017 (1 4x400); sf WCH 2017; sf WIC 2018 (1 4x400, second leg for team which set world indoor record). 1 Polish 2016 (1 indoor 2014/2017). Lost a relay bronze medal at the 2013 European Indoor Championships when it was judged that he had pushed Richard Buck GBR. Coach-Marek Rozej In 2019: 2 Toruń IAAF Tour 'B'; 2 Chemnitz; 2 Ostrava; 2 Polish indoor						
267	<b>ZIMNY Tymoteusz</b> POL	20y	351d	1998	47.56	47.25 -18
2017 European junior silver // Outdoor pb: 46.04 -17. sf World Youth 2015; sf WJC 2016; 2 EJC 2017 (3 4x400); 7 WCH 4x400 2017. 1 Polish junior 2016/2017 In 2019: 1 Spała; 5 Polish indoor						

#### WORLD ALL-TIME LIST

.....	3:00.77...	USC/Mixed Team.....	2018
1.....	3:01.39.....	United States.....	2018
2.....	3:01.77.....	Poland.....	2018
3.....	3:02.51.....	Belgium.....	2018
4.....	3:02.52.....	Trinidad & Tobago.....	2018
5.....	3:03.05.....	Germany.....	1991
6.....	3:03.20.....	Great Britain & NI.....	1999
7.....	3:03.69.....	Jamaica.....	2014
8.....	3:04.09.....	Czech Republic.....	2015
9.....	3:04.75.....	Bahamas.....	2016
10.....	3:04.82.....	Russia.....	2001

#### 2019 EUROPEAN LIST

1.....	3:10.85.....	St Petersburg / Russia
2.....	3:12.89.....	SL Benfica / Portugal
3.....	3:13.99.....	Croatia