

Women's team stats and biographies – Kitakyushu



ALL-TIME HSBC WORLD RUGBY WOMEN'S SEVENS SERIES SCORING STATISTICS

<u>2012-19</u>

POINTS: 37,680

TRIES: 6,177

CONVERSIONS: 3,370

PENALTIES: 12

DROP GOALS: 0

TOP POINT SCORER: GHISLAINE LANDRY (CANADA) – 1,090

TOP TRY SCORER: PORTIA WOODMAN (NEW ZEALAND) - 195



HSBC WORLD RUGBY WOMEN'S SEVENS SERIES 2019 SCORING STATISTICS

POINTS: 3,565

TRIES: 582

CONVERSIONS: 326

PENALTIES: 1

DROP GOALS: 0

TOP POINT SCORER: GHISLAINE LANDRY (CANADA) – 106

TOP TRY SCORER: MICHAELA BLYDE (NEW ZEALAND) – 20



DID YOU KNOW...?

NEW ZEALAND ARE ON A 36-MATCH WINNING RUN WHICH BEGAN IN KITAKYUSHU 12 MONTHS AGO.

THIS IS ONE WIN SHY OF THEIR SERIES RECORD OF 37 CONSECUTIVE VICTORIES SET BETWEEN 2014-15.

ONLY TWO PLAYERS HAVE PLAYED IN EVERY TOURNAMENT IN BOTH RUNS - CAPTAIN SARAH HIRINI AND TYLA NATHAN-WONG

FEATURE ON THESE WINNING RUNS - https://www.world.rugby/sevens-series/news/416342

THE BLACK FERNS SEVENS CURRENTLY HOLD ALL SIX ACTIVE TITLES ON THE HSBC WORLD RUGBY WOMEN'S SEVENS SERIES (KITAKYUSHU, LANGFORD, PARIS, GLENDALE, DUBAI AND SYDNEY)



AUSTRALIA

Head coach: John Manenti Co-captains: Sharni Williams and Charlotte Caslick

World Series record: 2012-13 - Fifth / 2013-14 - Runners-up / 2014-15 - Third / 2015-16 - Champions / 2016-17 - Runners-up / 2018 - Champions

2019 Series ranking: 4 (same points as Canada)

- Australia are the defending series champions
- Australia created world series history in Sydney in 2018 when they became the first team men's or women's not to concede a try (or point) in a tournament
- Sydney 2018 was the last Cup title won by Australia on the series
- Australia have won the series title twice in the last three years

Shirt	Full name	Known as	DOB (Age)	Height	Weight	Club /	Notes
#				(cm)	(kg)	Province	
	John Manenti		29/03/71 (48)			Head coach	- Took over in April after Commonwealth Games as interim coach
							- Officially handed role in June 2018
							- Former Australia women's 15s head coach and Australia U20 assistant coach
1	Samantha		05/12/93 (25)	170	68	QLD	- Signed full-time professional sevens contract in 2019
	Treherne						- Made her Australia debut on series in Glendale in 2018
							- Played for Australia at Women's Rugby World Cup 2014 and 2017 (15s)
							- Played twice v New Zealand in 2018 (15s)
2	Sharni Williams		02/03/88 (31)	165	79	ACT	- Named in HSBC Dream Team in R3 in Sydney
	(co-captain)						- Led Australia to second HSBC World Rugby Sevens Series title in 2018
							- Made Australia debut on series in Dubai in 2012
							- Rio 2016 Olympic Games gold-medal winning co-captain
							- Bronze medallist at RWC Sevens 2018
							- Silver medallist at Commonwealth Games 2018
							- Signed with Australian Sevens programme until end of 2020
							- Captained Australia at Women's Rugby World Cup 2017 (15s)
							- Played 12 tests for Australia (15s)
							- Former car mechanic



3	Sariah Paki	12/10/01	(17) 172	65		 Made Australia debut on series in Dubai in 2018 Also played in Sydney Played in Oceania Rugby Sevens Championship success in November 2018
4	Yasmin Meakes	25/03/94	(25) 169	65	NSW	 HSBC World Rugby Women's Sevens Series champions in 2018 Made Australia debut on series in Kitakyushu in 2018 Bronze medallist at RWC Sevens 2018
5	Emma Tonegato	20/03/95	(24) 165	66	NSW	 First appearance of 2019 series after recovering from injury Last played for Australia at RWC Sevens 2018 in July Two-time HSBC World Rugby Women's Sevens Series champion Named in HSBC Dream Team for 2018 world series Joint third-highest try scorer on 2018 series with 26 Made Australia debut on series in Dubai in 2013 Won gold at Rio 2016 Olympic Games, scoring try in gold medal match Bronze medallist at RWC Sevens 2018 Silver medallist at Commonwealth Games 2018 Signed with Australian Sevens programme until end of 2020
6	Evania Pelite	12/07/95	(23) 169	67	QLD	 DHL Impact Player for R2 in Dubai Named in HSBC Dream Team for R2 in Dubai and R3 in Sydney Two-time HSBC World Rugby Women's Sevens Series champion Named in HSBC Dream Team for 2018 world series Made Australia debut on series in Amsterdam in 2013 Won gold at Rio 2016 Olympic Games, scoring try in the gold medal match Bronze medallist at RWC Sevens 2018 Silver medallist at Commonwealth Games 2018 Signed with Australian Sevens programme until end of 2020 Named Rugby Australia Women's Sevens Player of the Year 2018 in October Ambassador for Wheelchair Rugby World Championship 2018 in Sydney in August
7	Charlotte Caslick (co-captain)	09/03/95	(24) 170	64	QLD	 Returns after missing Sydney through hand injury suffered in Dubai Two-time HSBC World Rugby Women's Sevens Series champion World Rugby Women's Sevens Player of Year 2016 Made Australia debut on series in Amsterdam in 2013 Co-captained side at times in 2018 series when Williams was injured Won gold at Rio 2016 Olympic Games Silver medallist at Commonwealth Games 2018



8	Lily Dick Emma Sykes	26/12/99 (19) 26/06/98 (20)	168	62	QLD QLD	 Bronze medallist at RWC Sevens 2018 Signed with Australian Sevens programme until end of 2020 Brother Sam played for Australia in two series events in 2016-17 Made Australia debut on series in Dubai in 2018 Also played in Sydney Played in Oceania Rugby Sevens Championship success in November 2018 HSBC World Rugby Women's Sevens Series champions in 2018 Made Australia debut on series in Dubai in 2016
10	Alicia Quirk	28/03/92 (27)	172	67	NSW	 Silver medallist at Commonwealth Games 2018 Two-time HSBC World Rugby Women's Sevens Series champion Missed Glendale with recovery from knee injury suffered at RWC Sevens Last played on series in Kitakyushu in 2018 Made Australia debut on series in Amsterdam in 2013 Won gold at Rio 2016 Olympic Games, playing every minute of the campaign Bronze medallist at RWC Sevens 2018 Silver medallist at Commonwealth Games 2018 Signed with Australian Sevens programme until end of 2020 A qualified physiotherapist Former touch footballer
11	Mahalia Murphy	19/01/94 (25)	170	70	NSW	 First appearance of 2019 series, last played in Dubai in 2017 Two-time HSBC World Rugby Women's Sevens Series champion Made Australia debut on series in Sao Paulo in 2016 Played for Australia at Women's Rugby World Cup 2017 (15s), scoring three tries Played two tests v New Zealand in 2018 (15s)
12	Ellia Green	20/02/93 (26)	171	73	VIC	 Needs two tries to become sixth player – and second Australian – to score 100 series tries Named in HSBC Dream Team in R3 in Sydney Two-time HSBC World Rugby Women's Sevens Series champion Made Australia debut on series in Houston in 2013 Won gold at Rio 2016 Olympic Games Bronze medallist at RWC Sevens 2018 Silver medallist at Commonwealth Games 2018 Signed with Australian Sevens programme until end of 2020



			- Former sprinter who represented Australia at World School Games in Qatar in 2009
			- Attended 'Pathway to Gold' talent ID camp in Melbourne with her cousin
			but was persuaded to try out herself



<u>CANADA</u>

Head coach: John Tait Captain: Ghislaine Landry

World Series record: 2012-13 – Third / 2013-14 – Third / 2014-15 – Runners-up / 2015-16 – Third / 2016-17 – Third / 2018 – Fourth

2019 Series ranking: 3 (same points as Australia)

- Canada captain Ghislaine Landry is the all-time leading point scorer in series history on 1,090 breaking through the 1,000-point barrier in Glendale
- Canada failed to reach a Cup quarter-final on the HSBC World Rugby Women's Sevens Series for the first time in Kitakyushu last year
- When Kitakyushu gets underway, Canada will have three of the five players to have played 30 tournaments on the women's series

Shirt #	Name	Known as	DOB (Age)	Height (cm)	Weight (kg)	Club / Province	Notes
	John Tait		14/08/73 (44)			Head coach	- Appointed Canada women's sevens coach in 2011
							- Seventh year as Canada women's sevens coach
							- Coached Canada to bronze medal at Rio 2016 Olympic Games
							- Coached Canada to silver medal at RWC Sevens 2013
							- Played 15s for Canada
							- Played at Rugby World Cup 1999 (15s) among his 37 tests
1	Brittany Benn		23/04/89 (29)	170	71	Guelph Red	- Named in HSBC Dream Team for R2 in Dubai
						Coats, ON	- Scored her 50th series try in Glendale in 2018
							- Made Canada debut on series in Atlanta in 2015
							- Bronze medallist at Rio 2016 Olympic Games
							- Played at RWC Sevens 2018
							- Gold medallist at Pan American Games 2015
							- Silver medallist at Women's Rugby World Cup 2014 (15s)
							- Training to be a firefighter
2	Kayla Moleschi		25/10/90 (28)	160	65.5	Williams Lake	- In Sydney, along with team-mate Bianca Farella, become second and
						Rustlers, BC	third players to play in 30 tournaments (after Sarah Hirini, NZL)
							- Made Canada debut on series in Dubai in 2012
							- Silver medallist at RWC Sevens 2013
							- Bronze medallist at Rio 2016 Olympic Games



						- Gold medallist at Pan American Games 2015
3	Caroline Crossley	19/04/98 (20)	181	80.5	Castaway	- Celebrates her 21st birthday on eve of Kitakyushu Sevens this
					Wanderers, BC	weekend
						- Made Canada debut on series in Dubai in 2015
						- Played at RWC Sevens 2018
						- Scorer of first ever Commonwealth Games women's sevens try in April
						2018
						- Silver medallist at Commonwealth Youth Games 2015
4	Breanne Nicholas	20/02/94 (24)	163	65	London St	- Made Canada debut on series in Sao Paulo in 2016
					Georges, ON	- Played at RWC Sevens 2018
						- Gold medallist at Pan American Games 2015
5	Julia Greenshields	12/02/92 (27)	165	62	Sarnia Saints	- Made Canada debut on series in Houston in 2013
						- Played at RWC Sevens 2018
6	Charity Williams	20/10/96 (22)	164	68	Markham Irish,	- Made Canada debut on world series in 2015 in Sao Paulo
					ON	- Bronze medallist at Rio 2016 Olympic Games
						- Played at RWC Sevens 2018
						- Silver medallist at Youth Olympic Games 2014
7	Karen Paquin	03/08/87 (31)	172	70	Club de Rugby	- Made Canada debut on series in Dubai in 2012
					Quebec	- Returned to Canada programme during development tour in March
						- Bronze medallist at Rio 2016 Olympic Games – her last sevens
						appearance for Canada
						- Last series event was Clermont-Ferrand in 2016
						- Silver medallist at RWC Sevens 2013
						- Silver medallist at Women's Rugby World Cup 2014 (15s)
						- Also played at WRWC 2017 (15s)
8	Bianca Farella	10/04/92 (27)	173	74	Town of Mont	- Named in HSBC Dream Team for R2 in Dubai
					Royal, QC	- Studying part-time for psychology major at University of Victoria
						- In Sydney, along with team-mate Kayla Moleschi, become second and
						third players to play in 30 tournaments (after Sarah Hirini, NZL)
						- Canada's top try-scorer on 2018 series with 17
						- Made Canada debut on series in Dubai in 2012
						- Bronze medallist at Rio 2016 Olympic Games
						- Silver medallist at RWC Sevens 2013
						- Played at RWC Sevens 2018



9	Ghislaine Landry (captain)	27/04/88 (30)	163	64	Toronto Scottish	 Becomes third Canadian to play 30 series tournaments this weekend (after Farella and Moleschi) – one of three players to play 30th events this weekend with Spain's Patricia Garcia and Maria Casado the others All-time leading point scorer in world series history (1,090) Top points scorer on 2019 Series with 106 after three rounds Made Canada debut on series in Dubai in 2012 Nominated for World Rugby Women's Sevens Player of the Year 2017 Bronze medallist at Rio 2016 Olympic Games Silver medallist at RWC Sevens 2013 Captained Canada at RWC Sevens 2018 Gold medallist at Pan American Games 2015
10	Kaili Lukan	28/06/94 (24)	177	81	Unattached, ON	 Made Canada debut on series in Clermont-Ferrand in 2017 Glendale was only her second tournament on the series
11	Emma Chown	17/12/95 (23)	173	73	Aurora Barbarians, ON	 Made Canada debut on series in Dubai in 2017 Glendale was only her second tournament on the series
12	Keyara Wardley	27/01/00 (19)	167	67	Okotoks Lions, AB	 Will make Canada debut on series in Kitakyushu this weekend Brought into squad after Olivia Apps ruled out Bronze medallist at Youth Olympic Games 2018 in Buenos Aires 14 years of tap dancing before turning to rugby



<u>CHINA</u>

Head coach: Sean Horan Captain: Yan Meiling

World Series record: 2012-13 –14th / 2013-14 – 14th / 2014-15 –11th (core team) / 2015-16 – DNP / 2016-17 – DNP / 2018 – 12th

2019 Series ranking: 11

- China return to the series in 2019 as a core team after winning the Hong Kong qualifier last April
- China reached their only HSBC World Rugby Women's Sevens Series Cup quarter-final when playing as the invitational team in Kitakyushu in April 2018

Shirt #	Full name	DOB (Age)	Height (cm)	Weight (kg)	Club / Province	Notes
	Sean Horan	03/10/72 (46)			Head coach	- First event as China head coach
						- Only with squad since March
						- Third different coach for China on 2019 series after Chad Shepherd (Glendale/Dubai) and
						Lu Zhuan (Sydney)
						- Former Black Ferns Sevens head coach from 2012-16
						- Coached New Zealand to three series titles, RWC Sevens 2013 title and Olympic silver
						medal at Rio 2016
						- Former Bay of Plenty coach (15s and sevens)
1	Wang Xiao	12/10/98 (20)	178	75	Shandong	- Made China debut on series in Sydney in 2019
						- Played at Women's Fast Four Tournament in Hamilton
2	Yang Min	04/11/94 (24)	180	70	Jiangsu	- Made China debut on series in Atlanta in 2014
						- Played at RWC Sevens 2018
						- Silver medallist at Asian Games 2018
3	Yu Liping	22/12/93 (25)	168	67	Shandong	- Made China debut on series in Dubai in 2012
						- Played at RWC Sevens 2018
						- Silver medallist at Asian Games 2018
						- Won Hong Kong series qualifier in April 2018
4	Hu Yu	09/04/99 (20)	165	65	Jiangsu	- Returns after missing Sydney round
						- Made China debut on series in Kitakyushu in 2018
						- Played at RWC Sevens 2018



						 Silver medallist at Asian Games 2018 Won Hong Kong series qualifier in April 2018
5	Yan Meiling	14/01/97 (22)	163	70	liangeu	- Made China debut on series in Kitakyushu in 2018
5	-	14/01/97 (22)	103	70	Jiangsu	,
	(captain)					 Played at RWC Sevens 2018 Won Hong Kong series qualifier in April 2018
						- Bronze medallist at Youth Olympic Games 2014 - Captained China to silver medal at Asian Games 2018
6	Cu Va ava a	22/44/05/22)	1.00	67	Chanabai	
6	Gu Yaoyao	22/11/95 (23)	168	67	Shanghai	- Made China debut on series in Dubai in 2018
_		22 (27 (25 (22)			<u></u>	- Also played in Sydney in 2019
7	Chen Keyi	23/07/95 (23)	171	69	Sichuan	- Named in HSBC Dream Team for Kitakyushu round in 2018
						- Most experienced member of China team in Kitakyushu with 12 tournaments
						- Made China debut on series in Guangzhou, China, in 2013
						- Played at RWC Sevens 2013 and 2018
						- Silver medallist at Asian Games 2018
						- Won Hong Kong series qualifier in April 2018 – joint top try-scorer with six
8	Liu Xiaoqian	16/02/96 (23)	160	59	Shandong	- Made China debut on series in Kitakyushu in 2018
						- Played at RWC Sevens 2018
						- Won Hong Kong series qualifier in April 2018
						- Bronze medallist at Youth Olympic Games 2014
						- Silver medallist at Asian Games 2018
9	Yang Xu	13/02/95 (24)	165	67	Beijing	- Made China debut on series in Sydney in 2019
10	Sun Caihong	04/06/97 (21)	173	74	Jiangsu	- First appearance of 2019 series
						- Made China debut on series in Kitakyushu in 2018 (only event)
						- Played at RWC Sevens 2018
						- Silver medallist at Asian Games 2018
						- Won Hong Kong series qualifier in April 2018
						- Bronze medallist at Youth Olympic Games 2014
11	Gao Yueying	04/08/97 (20)	172	69	Jiangsu	- Made China debut on series in Kitakyushu in 2018
						- Played at RWC Sevens 2018
						- Won Hong Kong series qualifier in April 2018
						- Bronze medallist at Youth Olympic Games 2014
						- Silver medallist at Asian Games 2018
12	Ruan Hongting	06/10/95 (23)	180	73	Shandong	- Made China debut on series in Glendale in 2018
						- Played at RWC Sevens 2018



ENGLAND

Head coach: James Bailey Captain: Abbie Brown

World Series record: 2012-13 – Runners-up / 2013-14 – Fourth / 2014-15 – Fourth / 2015-16 – Fourth / 2016-17 – Eighth / 2018 – Eighth

2019 Series ranking: 8

- England are one of only four nations to have won titles on the world series (Houston 2012-13, Langford 2015-16)
- England have not reached a Cup semi-final since the opening round of the 2016-17 series in Dubai

Shirt	Full name	Known	DOB (Age)	Height	Weight	Club / Province	Notes
#		as		(cm)	(kg)		
	James Bailey		05/08/83 (35)			Head coach	- Second season as England women's sevens head coach
							- Former England Sevens player
							- Played 2004-05 and 2005-6 on world series
1	Ellie Kildunne		08/09/99 (19)	176	69	England Sevens	- Returns after missing Sydney round through injury
							- Made England debut on series in Glendale in 2018
							- Awarded England Sevens contract for 2018-19
							- Played eight tests for England (15s), incl five starts in Women's Six Nations
2	Abbie Brown		10/04/96 (23)	176	71	England Sevens	- Made England debut on series in Sao Paulo in 2016
	(captain)						- Played at RWC Sevens 2018
							- Bronze medallist at Commonwealth Games 2018
							- Played for GB at Rio 2016 Olympic Games
3	Abigail Burton	Abi	09/03/00 (19)	171	78	England Sevens	- Made England debut on series in Glendale in 2018
		Burton					- Awarded an England Sevens contract for 2018-19
4	Elizabeth Adam	Lizzie	19/10/98 (20)	168	67	England Sevens	- Made England debut on series in Sydney in 2019
		Adam					
5	Helena Rowland		19/09/99 (19)	168	66	England Sevens	- Made England debut on series in Glendale in 2018
							- Awarded an England Sevens contract for 2018-19



6	Emma Hardy	15/04/00 (19)	172	70	England Sevens	 Celebrated her 19th birthday on Monday of Kitakyushu Sevens week Will make England debut on series in Kitakyushu this weekend
7	Emma Uren	01/10/97 (21)	172	70	England Sevens	 Made England debut on series in Glendale in 2018 Splitting final year of S&C Sciences degree to take up England Sevens contract for 2018-19
8	Celia Quansah	25/10/95 (23)	175	82	England Sevens	 Made England debut on series in Glendale in 2018, also played in Sydney Represented England in heptathlon and won long jump at 2011 School Games Only made switch to rugby aged 21 Sister Jenny competed for Great Britain in gymnastics
9	Alex Matthews	03/08/93 (25)	173	81	N/A	 Made England debut on series in Houston in 2013 Played at RWC Sevens 2018 Bronze medallist at Commonwealth Games 2018 Women's Rugby World Cup 2014 winner (15s) Women's Rugby World Cup 2017 runner-up (15s)
10	Megan Jones	23/10/96 (22)	165	67	England Sevens	 Made England debut on series in Kitakyushu in 2017 Sydney was her first series event since the same round in 2018 Played nine tests for England from 2015-17 (15s) Women's Rugby World Cup 2017 runner-up (15s)
11	Holly Aitchison	13/09/97 (21)	175	69	England Sevens	 Made England debut on series in Las Vegas in 2017 Played at RWC Sevens 2018
12	Amy Wilson- Hardy	13/09/91 (27)	168	70	England Sevens	 Plays her 25th series event in Kitakyushu this weekend Made England debut on series in Dubai in 2013 Played for GB at Rio 2016 Olympic Games Played at RWC Sevens 2018 Bronze medallist at Commonwealth Games 2018 Women's Rugby World Cup 2017 runner-up (15s) Started playing rugby as prop at U15 level before moving to wing



<u>FIJI</u>

Interim head coach: Saiasi Fuli Captain: Rusila Nagasau Nickname: Fijiana

World Series record: 2012-13 –15th (non-core team) / 2013-14 – 10th (non-core team) / 2014-15 – Eighth / 2015-16 – Eighth / 2016-17 – Fourth / 2018 – Ninth

2019 Series ranking: 10

- Fiji were semi-finalists in Kitakyushu in 2017
- They finished sixth last year, their joint-best finish of the 2018 series

Shirt	Full name	Known as	DOB (Age)	Height	Weight	Club /	Notes
#				(cm)	(kg)	Province	
	Saiasi Fuli		16/03/78 (41)			Head coach	- Appointed in December, replacing Alifereti Doviverata who returns to Fiji 15s head coach role
							- Sydney was his first series event as Fijiana head coach
							- Assistant coach of Fiji Drua who won Australia's NRC title in 2018 (15s)
							- Played seven series events for Fiji across 2001-02 and 2004-05 seasons
							- Played at Commonwealth Games in 2002
							- Played one test for Fiji in 2004 (15s)
							- Assistant coach of Fiji for World Rugby U20 Championship in 2013 (15s)
1	Lavenia Tinai		07/09/90 (28)	165	57		- Made first appearance of 2019 series in Sydney
							- Made Fiji debut on series in Dubai in 2013
							- Oceania Rugby Women's Championship winner in 2018 (15s)
							- Made test debut and played three tests for Fiji in 2018 (15s)
2	Asinate Savu		15/04/93 (26)	168	75	Seahawks	- Celebrated her 26th birthday on Monday of Kitakyushu Sevens weeks
							- Needs five tries to become first Fijian to score 50 series tries
							- Made Fiji debut on series in China in 2013
							- Played at RWC Sevens 2013 and 2018
3	Raijieli Daveua		30/05/92 (26)	175	69	Wardens	- Made first appearance of 2019 series in Sydney
							- Made Fiji debut on series in Dubai in 2016



			1			1	
							- Named 2016-17 Series Rookie of the Year
							- Played at RWC Sevens 2018
							- Dual international as also played netball for Fiji
							- Stepped away from rugby to try to make the Fiji netball team for 2018
							Commonwealth Games but missed out on selection
4	Vasiti Kuma	Vasiti	02/08/93 (25)	170	76	Nadia Blazers	- Made Fiji debut on series in Dubai in 2017
	Solikoviti	Solikoviti					- Played at Commonwealth Games 2018
5	Paulini		10/03/91 (28)	172	73	Central Chiefs	- Made Fiji debut on series in Dubai in 2018 (only event)
	Korowaqa						
6	Merewalesi		15/09/94 (24)	167	70	Nadi Aviators	- Made Fiji debut on series in Glendale in 2018
	Rokouono						- Played three tests for Fiji in 2016 as part of WRWC 2017 qualifying process
							(15s)
7	Rusila Nagasau		04/08/87 (31)	175	84	Seahawks	- Will make first appearance of 2019 series in Sydney
	(captain)						- Last played in Kitakyushu in 2018
							- Made Fiji debut on series in Dubai in 2013
							- Played at RWC Sevens 2013
							- Played at Rio 2016 Olympic Games
							- Captained Fiji to Oceania Rugby Women's Championship title in 2018 (15s)
8	Ana Maria		02/02/88 (31)	176	56	Seahawks	- Made first appearance of 2019 series in Sydney
	Roqica						- Fiji captain for last four years before 2019 series
							- Made Fiji debut on series in China in 2013
							- Captained Fiji at RWC Sevens 2018
							- Captained Fiji at Rio 2016 Olympic Games
							 Oceania Rugby Women's Championship winner in 2018 (15s)
							- Made test debut and played three tests for Fiji in 2018 (15s)
9	Akanisi		01/09/99 (19)	164	65	Nadi Aviators	- Made Fiji debut on series in Sydney in 2019
	Sokoiwasa						
10	Luisa Basei		02/09/91 (27)	167	61	Striders	- Made first appearance of 2019 series in Sydney
	Tisolo						- Made Fiji debut on series in China in 2014
							- Played at RWC Sevens 2013 and 2018
							- Played at Rio 2016 Olympic Games
11	Ana Maria		21/02/94 (25)	158	69	Striders	- Fiji's top try-scorer on 2018 series with 14
	Naimasi						- Made Fiji debut on series in Dubai in 2016
							- Played at RWC Sevens 2018
12	Tokasa Seniyasi		10/07/99 (19)	160	60	Nadi Aviators	- Made Fiji debut on series in Sydney in 2019
12	Tokasa Seniyasi		10/07/99 (19)	160	60	Nadi Aviators	- Made Fiji debut on series in Sydney in 2019



FRANCE

Head coach: David Courteix Co-captains: Fanny Horta and Shannon Izar Nickname: Les Bleues

World Series record: 2012-13 –12th (non-core team) / 2013-14 – Eighth (non-core team) / 2014-15 – Sixth / 2015-16 – Fifth / 2016-17 – Seventh / 2018 – Third

2019 Series ranking: 5

- France reached their first Cup final in series history in Kitakyushu in 2018
- France enjoyed their most successful series in 2018, finishing third after that runners-up finish in Kitakyushu and two other semi-finals
- France's Camille Grassineau scored the first try in Olympic Games rugby sevens history at Rio 2016

Shirt	Full name	Known as	DOB (Age)	Height	Weight	Club / Province	Notes
#				(cm)	(kg)		
	David Courteix					Head coach	- Fourth year as France women's sevens coach
							- Coached France at Rio 2016 Olympic Games
							- Guided France to best finish on HSBC World Rugby Women's Sevens
							Series with third in 2018
							- Named Coach of the Tournament at RWC Sevens 2018
1	Marjorie Mayans		17/11/90 (28)	171	68	Blagnac Rugby	- Made France debut on series in Dubai in 2012
						Feminin	- Played at RWC Sevens 2013 and 2018
							- Played at Rio 2016 Olympic Games
							- Bronze medallist at Women's Rugby World Cup 2017 (15s)
							- Women's Six Nations Grand Slam winner in 2018 (15s)
2	Anne-Cécile		14/12/93 (25)	180	72	AC Bobigny 93	- Made France debut on series in Dubai in 2017
	Ciofani						- Played at RWC Sevens 2018
3	Chloé Pelle		14/11/89 (29)	162	70	Lille MRCV	- Made France debut on series in Amsterdam in 2013
							- Played at RWC Sevens 2013 and 2018
							- Bronze medallist at Women's Rugby World Cup 2017 (15s)
							- Played in Women's Six Nations 2019 (15s)
4	Mathilde		29/09/98 (20)	170	63	Stade Toulousain	- First appearance on series since Sydney in 2018
	Coutouly					Rugby	- Made France debut on series in Dubai in 2016



5	Nassira Konde		30/07/99 (19)	173	67	AC Bobigny 93	- Last played on series in R1 in Dubai
							- Made France debut on series in Sydney in 2018
6	Fanny Horta (co-		22/01/86 (33)	166	63	FFR	- Needs four tries to reach 50 in series history
	captain)						- Made France debut on series in Dubai in 2012
							- Captained France in every tournament she has played until Glendale
							- Captained France at RWC Sevens 2009, 2013 and 2018
7	Grace Séraphine Okemba	Séraphine Okemba	03/12/95 (23)	177	78	Saracens, ENG	- Made France debut on series in Kitakyushu in 2017
8	Coralie Bertrand		10/04/94 (24)	173	66	Stade Toulousain	- Last played on series in R1 in Dubai
						Rugby	- Made France debut on series in Dubai in 2017
							- Named 2018 Series Rookie of the Year
							- Played at RWC Sevens 2018
9	Caroline Drouin		07/07/96 (22)	172	71	Stade Rennais	- Made France debut on series in Kitakyushu in 2017
						Rugby	- Played at RWC Sevens 2018
							- Played for France in first-ever win over New Zealand on 17 November,
							2018 scoring 15 points in 30-27 victory (15s)
							- Also played in first test loss to New Zealand in November (15s)
							- Bronze medallist at Women's Rugby World Cup 2017 (15s)
							- Women's Six Nations Grand Slam winner in 2018 (15s)
10	Carla Neisen		08/03/96 (23)	164	67	Blagnac Rugby	- Made France debut on series in Dubai in 2016
						Feminin	- Played at RWC Sevens 2018
							- Played for France in first-ever win over New Zealand on 17 November,
							2018 (15s)
							- Also played in first test loss to New Zealand in November (15s)
							 Bronze medallist at Women's Rugby World Cup 2017 (15s)
							- Women's Six Nations Grand Slam winner in 2018 (15s)
11	Shannon Izar		08/05/93 (25)	172	68	Lille MRCV	- Made France debut on series in Dubai in 2012
	(co-captain)						- Played at RWC Sevens 2013 and 2018
							- Bronze medallist at Women's Rugby World Cup 2017 (15s)
12	Joanna Grisez		05/10/96 (22)	165	63	AC Bobigny	- Made France debut on series in Sydney in 2019
							- Played in Fast Four invitational tournament in Hamilton



IRELAND

Head coach: Stan McDowell Captain: Lucy Mulhall

World Series record: 2012-13 –11th (non-core team) / 2013-14 – 13th / 2014-15 – DNP / 2015-16 – 12th (non-core team) / 2016-17 – Ninth / 2018 – 10th

2019 Series ranking: 6

- Ireland have never reached a Cup quarter-final in Kitakyushu, winning the Challenge Trophy in 2017 and losing in the final a year later
- Ireland have been a core team on the HSBC World Rugby Women's Sevens Series for last two seasons

Shirt #	Full name	Known as	DOB (Age)	Height (cm)	Weight (kg)	Club / Province	Notes
	Stan McDowell					Head coach	 Been professional sevens coach with IRFU for seven years – identifying and attracting players for men's and women's programmes Coached Ireland men's team to bronze medal in London in 2018 European Cup winner as a player with Ulster in 1999 (15s)
1	Claire Boles		28/05/98 (20)	169	70	Railway Union	 Made Ireland debut on series in Clermont-Ferrand in 2017 Last played in 2019 series opener in Glendale Played three matches as replacement in the Women's Six Nations 2019 (15s)
2	Hannah Tyrrell		10/08/90 (28)	180	66	Old Belvedere	 Made Ireland debut on series in Amsterdam in 2014 Played at RWC Sevens 2018 Played at Women's Rugby World Cup 2017 (15s) Former goalkeeper in Gaelic football (GAA) with Dublin Women's Six Nations winner in 2015 (15s)
3	Emily Lane		10/01/99 (19)	164	60	Mallow RFC / Ballincollig RFC	 Made Ireland debut on series in Sydney in 2019 Captained Ireland U18 sevens team in 2017
4	Brittany Hogan		19/09/98 (20)	169	71	Railway Union RFC	- Made Ireland debut on series in Dubai in 2018
5	Amee Leigh Murphy Crowe		26/04/95 (23)	168	64	Railway Union	 Made Ireland debut on series in Guangzhou in 2014 Ireland's top try-scorer on 2018 series with 18



						- Played at RWC Sevens 2018
6	Megan Burns	09/04/00 (19)	168	61	Tullamore	- Will make Ireland debut on series in Kitakyushu this weekend
7	Anna McGann	04/06/98 (20)	180	75	UCD / Old	- Made Ireland debut on series in Clermont-Ferrand in 2017
					Belvedere	- Also played in Dubai and Sydney on 2019 series
						- Played hockey for Connacht at U16, U18 and U21 level
8	Aoife Doyle	02/06/95 (23)	168	62	Shannon	- Made Ireland debut on series in Atlanta in 2014
						- Played at RWC Sevens 2018
						- Played test rugby for Ireland (15s)
						- Women's Six Nations winner in 2015 (15s)
9	Lucy Mulhall	29/09/93 (25)	163	61	Rathdrum	- Named in HSBC Dream Team in R3 in Sydney
	(captain)					- Made Ireland debut on series in Dubai in 2015
						- Played at RWC Sevens 2018
						- Played Gaelic football for Ireland before switching to rugby sevens in 2015
						- Anna Doyle (in wider squad) is her cousin
10	Eve Higgins	23/06/99 (19)	173	70	Railway	- Named in HSBC Dream Team in R3 in Sydney
					Union	- Made Ireland debut on series in Dubai in 2017
						- Played at RWC Sevens 2018
						- Played in Aon University Sevens 2018 for Bond University as part of
						development placement
11	Louise Galvin	03/04/87 (31)	172	66	UL	- Made Ireland debut on series in Dubai in 2015
					Bohemians	- Played at RWC Sevens 2018
						- Played at Women's Rugby World Cup 2017 (15s)
						- Former Gaelic footballer with Kerry
						- Played age-grade basketball for Ireland, captaining at U18 level
12	Deirbhile Nic a	22/09/95 (23)	162	70	Old	- Made Ireland debut on series in Dubai 2017
	Bhaird				Belvedere	- Played at RWC Sevens 2018
						- Competed in Ju-Jitsu and Mixed Martial Arts
						- Played in the Women's Six Nations 2019 (15s)



JAPAN (Invitational team for round 4 in Kitakyushu)

Head coach: Hitoshi Inada Captain: Chiharu Nakamura Nickname: Sakura Sevens

World Series record: 2012-13 –11th (non-core team) / 2013-14 – 13th / 2014-15 – DNP / 2015-16 – 12th (non-core team) / 2016-17 – Ninth / 2018 – 10th

- Japan were beaten in the semi-finals of the World Rugby Women's Sevens Series qualifier in Hong Kong earlier this month, losing to Scotland to end their hopes of regaining core team status which they lost after finishing as the lowest ranked core team on 2018 series
- Japan have won the series qualifier twice, in 2015 in Ireland and in 2017 in Hong Kong. They beat South Africa 22-10 in the 2017 final
- Japan will host the second Olympic Games to feature rugby sevens in Tokyo in 2020

Shirt	Full name	Known as	DOB (Age)	Height	Weight	Club	Notes
#				(cm)	(kg)		
	Hitoshi Inada		22/01/83 (36)			Head coach	- Third season as Japan head coach
							- Replaced Keiko Asami in Nov 2016 on an interim basis before getting
							the job full-time
1	Chiharu Nakamura		25/04/88 (30)	162	64	Arukas Queen	- Captained Japan at series qualifier in 2019 in Hong Kong
	(captain)					Kumagaya	- Captained Japan at RWC Sevens 2013 and 2018
							- Captained Japan to first ever Asian Games gold in 2018
							- Captained Japan to qualifier success in 2017 in Hong Kong
							- Made Japan debut on series in Houston in 2013
							- Only member of Japan squad this weekend with more than 10
							tournaments on series (15)
							- Second in DHL Performance Tracker for 2018 series
							- Played at Rio 2016 Olympic Games
							- Played basketball for 12 years but wanted to try a contact sport after
							leaving university and picked rugby
2	Yume Okuroda		06/07/94 (24)	154	64	Arukas Queen	- Played in series qualifier in 2019 in Hong Kong
						Kumagaya	- Gold medallist at Asian Games in 2018
							- Played at Rio 2016 Olympic Games
							- Played at RWC Sevens 2013



						- Made Japan debut on series in China in 2013
3	Chisato Yokoo	22/05/92 (26)	164	90	Tokyo Phoenix	- Made Japan debut on series in Houston in 2013
						- Last played on series in Kitakyushu in 2018
						- Played in victorious team in 2017 series qualifier
						- Played at Rio 2016 Olympic Games
						- Played at RWC Sevens 2013
						- Played one test for Japan in 2012 (15s)
4	Rinka Matsuda	05/12/01 (17)			Kokugakuin Univ	- Played in series qualifier in 2019 in Hong Kong
					Tochigi High	- Will make Japan debut on series in Kitakyushu this weekend
					School	
5	Mele Yua Havili	29/09/01 (17)	168	68	Arukas Queen	- Played in series qualifier in 2019 in Hong Kong
	Kagawa				Kumagaya	- Will make Japan debut on series in Kitakyushu this weekend
6	Honoka Tsutsumi	19/06/97 (21)	154	56	Nippon Sport	- Played in series qualifier in 2019 in Hong Kong
					Science	- Played at RWC Sevens 2018
					University	- Made Japan debut on series in Kitakyushu in 2017
						- Played in victorious team in 2017 series qualifier
						- Played at Women's Rugby World Cup 2017 (15s)
						- She is a twin and her brother plays rugby for the same university
7	Yume Hirano	15/03/00 (19)	160	60	Nippon Sport	- Played in series qualifier in 2019 in Hong Kong
					Science	- Played at RWC Sevens 2018
					University	- Gold medallist at Asian Games in 2018
						- Made Japan debut on series in Kitakyushu in 2017
						- Played in victorious team in 2017 series qualifier
8	Iroha Nagata	21/12/98 (20)	167	64	Arukas Queen	- Comes from Kitakyushu
					Kumagaya	- Played in series qualifier in 2019 in Hong Kong
						- Made Japan debut on series in Kitakyushu in 2017
						- Gold medallist at Asian Games in 2018
						- Played at RWC Sevens 2018
						- Played in victorious team in 2017 series qualifier
						- Played at Women's Rugby World Cup 2017 (15s)
9	Riho Kurogi	02/05/98 (20)			Arukas Queen	- Will make Japan debut on series in Kitakyushu this weekend
					Kumagaya	- Played in series qualifier in 2019 in Hong Kong
						- Played at Women's Rugby World Cup 2017 (15s)
						- Played test rugby for Japan from 2015-17 (15s)
10	Yuki Ito	24/10/96 (22)	160	60	Mie Paels	- Comes from the Fukuoka prefecture



						 Played in series qualifier in 2019 in Hong Kong Made Japan debut on series in Kitakyushu in 2017 Played in victorious team in 2017 series qualifier Played test rugby for Japan in 2015-16, including two WRWC 2017 qualifiers (15s)
11	Yoko Suzuki	23/06/93 (25)	150	54	Arukas Queen Kumagaya	 Played in series qualifier in 2019 in Hong Kong Made Japan debut on series in Houston in 2013
					Kullagaya	- Last played on series in Dubai in 2016
						- Played at RWC Sevens 2013
12	Tomomi Kozasa	21/11/91 (27)	172	66	Hokkaido	- Played in series qualifier in 2019 in Hong Kong
					Barbarianz	- Made Japan debut on series in Clermont-Ferrand in 2017
					Diana	- Also played four tournaments on the series in 2018
						- Gold medallist at Asian Games in 2018
						- Played at RWC Sevens 2018



NEW ZEALAND

Coach: Cory Sweeney Captain: Sarah Hirini Nickname: Black Ferns Sevens

World Series record: 2012-13 – Champions / 2013-14 – Champions / 2014-15 – Champions / 2015-16 – Runners-up / 2016-17 – Champions / 2018 – Runners-up

2019 Series ranking: 1

- New Zealand are on a 36-match winning run on the world series, winning titles in Kitakyushu, Langford, Paris, Glendale, Dubai and Sydney
- They are approaching their series record run of 37 victories set between April 2014 and May 2015
- New Zealand are on a 49-match run of wins in global events (including Commonwealth Games, RWC Sevens and Fast Four invitational)
- The last side to beat New Zealand were Australia in the HSBC Sydney Sevens 2018 final
- New Zealand are bidding for a third successive title in Kitakyushu the only team to win the title
- New Zealand successfully defended the Rugby World Cup Sevens title in San Francisco
- The Black Ferns Sevens won the Team of the Year accolade at the Halberg Awards
- New Zealand's Portia Woodman, Kelly Brazier, Sarah Goss, Stacey Waaka and Theresa Fitzpatrick are five of nine players (men's and women's) to have won Rugby World Cups in sevens and 15s

Shirt	Full name	Known	DOB (Age)	Height	Weight	Club /	Notes
#		as		(cm)	(kg)	Province	
	Cory Sweeney					Head coach	- Steps up from assistant coach for this tournament with Allan Bunting granted
							leave for health reasons
1	Ruby Tui		13/12/91 (26)	177	71	Canterbury	- Named HSBC Player of the Final in R1 in Glendale
							- Three-time HSBC World Rugby Sevens Series title winner
							- Nominated for World Rugby Women's Sevens Player of the Year 2017
							- Named Black Ferns Sevens Player of the Year 2017
							- Made New Zealand debut on series in China in 2013
							- Gold medallist at RWC Sevens 2018
							- Silver medallist at Rio 2016 Olympic Games
							- Commentates for SKY NZ
2	Shakira Baker		04/01/92 (27)	170	87	Waikato	- Made New Zealand debut on series in Houston in 2013



						- Three-time HSBC World Rugby Sevens Series title winner
						- Gold medallist at RWC Sevens 2018
						- Gold medallist at Commonwealth Games 2018
3	Stacey Waaka	03/11/95 (23)	173	73	Waikato	- Scored two hat-tricks v France in Fast Four tournament in Hamilton in January
						- Made New Zealand debut on series in Atlanta in 2016
						- Gold medallist at RWC Sevens 2018
						- Gold medallist at Commonwealth Games 2018
						- Women's Rugby World Cup 2017 winner (15s)
4	Niall Williams	21/04/88 (30)	174	76	Auckland	- Celebrates her 31st birthday on day two in Kitakyushu
						- Returned in Sydney missing R2 in Dubai through injury
						- Made New Zealand debut on series in Dubai in 2015
						- Won one HSBC World Rugby Women's Sevens Series title
						- Gold medallist at RWC Sevens 2018
						- Gold medallist at Commonwealth Games 2018
						- Sister of All Black Sonny Bill Williams
5	Sarah Hirini	09/12/92 (26)	177	76	Manawatu	- Named in HSBC Dream Team for R1 in Glendale, R2 in Dubai and R3 in Sydney
	(nee Goss)					- Nominated for World Rugby Women's Sevens Player of the Year 2018
	(captain)					- Nominated for High Performance Sport New Zealand Sportswoman of Year at
						Halberg Awards alongside team-mate Michaela Blyde
						- Became fifth NZL player to reach 50 tries with first score in Dubai
						- Made New Zealand debut on series in Dubai in 2012
						- Appointed captain for start of 2014-15 series
						- Four-time HSBC World Rugby Women's Sevens Series title winner
						- Has played in 32 of 34 tournaments on world series (highest)
						- Played first 24 tournaments in series history before missing final two rounds of
						2016-17 season to prepare for WRWC 2017
						- Gold medallist at RWC Sevens 2013 and 2018
						- Silver medallist at Rio 2016 Olympic Games
						- Gold medallist at Commonwealth Games 2018
						- Women's Rugby World Cup 2017 winner (15s)
6	Chey Robins-	09/03/97 (22)	177	70	Waikato	- Made New Zealand debut on series in Las Vegas in 2017
	Reti					- Last appeared on series in Langford, Canada, in 2017
						- Was a contracted member of sevens squad in 2017
						- Rewarded for strong performances with development squad with selection for
						Kitakyushu



7	Tyla Nathan-		01/07/94 (24)	165	59	Auckland	- Made New Zealand debut on series in Dubai in 2012
	Wong (vice-						- Four-time HSBC World Rugby Women's Sevens Series title winner
	captain)						- Gold medallist at RWC Sevens 2013 and 2018
							- Silver medallist at Rio 2016 Olympic Games
							- Gold medallist at Commonwealth Games 2018
8	Dhys		17/12/00 (18)	176	85	Wellington	- Will make New Zealand debut on series in Kitakyushu this weekend
	Faleafaga						- Recently became a contracted member of the Black Ferns Sevens squad for rest
							of 2019
							- Older sister Lyric was part of team in 2017-18
							- Led St Mary's College to first ever national 1st XV title
							- Played for Wellington Pride in Farah Palmer Cup
9	Tenika		07/12/97 (21)	167	69	Waikato	- First appearance on the 2019 series – last played in Paris in 2018 series finale
	Willison						- Made New Zealand debut on series in Dubai in 2016
							- Won one HSBC World Rugby Women's Sevens Series title
							- Started training with Black Ferns Sevens squad as a 16-year-old
							- Gold medallist at RWC Sevens 2018
							- Gold medallist at Commonwealth Games 2018
							- Played touch for New Zealand at senior and age-grade level
10	Rhiarna Rangi	Rhiarna	27/06/92 (26)	177	70	Manawatu	- Will make New Zealand debut on series in Kitakyushu this weekend
	Ferris	Ferris					- Played in Fast Four tournament in Hamilton in January
11	Terina Te		01/05/97 (21)	165	69	Waikato	- Won one HSBC World Rugby Women's Sevens Series title
	Tamaki						- Made New Zealand debut on series in Atlanta in 2016
							- Played two rounds in 2018 series
							- Silver medallist at Rio 2016 Olympic Games – New Zealand's youngest ever
							female medallist at 19
							- Younger sister of All Blacks Sevens player Isaac Te Tamaki and cousin of former
							Black Ferns Sevens and 15s player Teresa Te Tamaki
12	Alena	Alena	13/12/98 (19)	180	70	Southland	- Won one HSBC World Rugby Women's Sevens Series title
	Faalogoifo	Saili					- Made series debut for New Zealand in Sydney in 2017
	Saili						- Gold medallist at Commonwealth Games 2018
							- Played two tests against Australia on wing in August 2018 (15s)



RUSSIA

Head coach: Andrey Kuzin Captain: Alena Mikhaltsova

World Series record: 2012-13 – Sixth / 2013-14 – Fifth / 2014-15 – Seventh / 2015-16 – Seventh / 2016-17 – Fifth / 2018 – Sixth

2019 Series ranking: 7

- Alena Mikhaltsova was the DHL Impact Player in R1 in Glendale
- Last year in Kitakyushu, Mikhaltsova was top try scorer with 11, including a record-equalling five against England
- Russian players claimed the DHL Impact Player award three times in the 2018 series (Alena Mikhaltsova Dubai, Kitakyushu) and Baizat Khamidova (Sydney)

Shirt #	Full name	Known as	DOB (Age)	Height (cm)	Weight (kg)	Club / Province	Notes
	Andrey Kuzin		29/10/78 (40)			Head coach	- Second year as Russia women's sevens coach
							- Former Russia sevens player, playing on series 2001-08
							- Played RWC Sevens 2001 and 2005
							- Former Russia captain in 15s, captaining eight of his 78 tests from 1997-
							2011
							- Played at RWC 2011 (15s)
1	Daria Noritsina		20/07/96 (22)	166	65	Rgustis-	- Made Russia debut on series in Clermont-Ferrand in 2016
						Podmoskovie	- Played at RWC Sevens 2018
2	Daria Lushina		01/11/96 (22)	170	68	Rgustis-	- Made Russia debut on series in Langford, Canada, in 2015
						Podmoskovie	- Played at RWC Sevens 2018
3	Daria		06/02/96 (23)	165	60	Rgustis-	- Previously played under maiden name Daria Bobkova
	Shestakova					Podmoskovie	- Twin sister of Arina Bystrova
							- Made Russia debut on series in Sao Paulo in 2016
							- Played at RWC Sevens 2018
4	Alena		08/12/93 (25)	172	72	Enisei-STM	- DHL Impact Player in Glendale
	Mikhaltsova						- Leads the DHL Performance Tracker with 146 points after three rounds
	(captain)						- Made Russia debut on series in Atlanta in 2014
							- DHL Impact Player in Dubai and Kitakyushu in 2018



						 Scored 11 tries in Kitakyushu, including series record-equalling five in one match (v England) Russia's top try-scorer on 2018 series with 24 One of five players to score five tries in single match on series Captained Russia at RWC Sevens 2018 Captained Russia to third successive Rugby Europe Women's Grand Prix Sevens Series title in 2018
5	Baizat Khamidova	31/08/90 (28)	184	70	Krasniy Yar	 Named in HSBC Dream Team for 2018 world series DHL Impact Player for Sydney 2018 Made Russia debut on series in Dubai in 2012 Russia's top point (415) and try (83) scorer in women's series history Played at RWC Sevens 2013 and 2018
6	Anna Gavrilyuk	02/03/91 (28)	170	70	Rgustis- Podmoskovie	 Made Russia debut on series in Amsterdam in 2015 Played at RWC Sevens 2018
7	Kristina Seredina	24/12/94 (24)	170	70	CSP Krilatskoe	 Named in HSBC Dream Team for R1 in Glendale Made Russia debut on series in Sao Paulo in 2014 Played at RWC Sevens 2018
8	Marina Kukina	22/08/93 (25)	172	68	Rgustis- Podmoskovie	 Made Russia debut on series in China in 2014 Played at RWC Sevens 2018
9	Snezhanna Kulkova	21/08/94 (23)	158	58	Krasniy Yar	 Played in both Glendale and Dubai on 2019 series Made Russia debut on series in Kitakyushu in 2017
10	Elena Zdrokova	26/12/96 (22)	175	75	Enisei-STM	- Made Russia debut on series in Sao Paulo in 2016
11	lana Danilova	07/05/96 (22)	170	70	Rgustis- Podmoskovie	- Made Russia debut on series in Langford in 2018
12	Anna Baranchuk	18/12/93 (25)	169	69	RCSP Krasnodarskiy region	 Made Russia debut on series in Kitakyushu in 2018 Played at RWC Sevens 2018



<u>SPAIN</u>

Head coach: Pedro de Matías Captain: Marina Bravo Nickname: Las Leonas

World Series record: 2012-13 - Ninth (non-core team) / 2013-14 - Sixth / 2014-15 - Ninth / 2015-16 - Ninth / 2016-17 - 10th / 2018 - Seventh

2019 Series ranking: 9

- Spain reached their first Cup semi-final on HSBC World Rugby Women's Sevens Series since the inaugural tournament in Dubai in 2012 in Kitakyushu last year
- This was also their first semi-final in global tournament since RWC Sevens 2013
- Spain reached four Cup quarter-finals in 2018, compared to none in the 2016-17 series
- Spain won the Challenge Trophy in R1 in Glendale and were runners-up in R2 in Dubai

Shirt #	Full name	Known as	DOB (Age)	Height (cm)	Weight (kg)	Club / Province	Notes
	Pedro de Matías					Head coach	- Second season as Spain head coach
1	María Losada Gifrá	María Losada	29/02/96 (23)	172	81	INEF Barcelona	 Made Spain debut on series in Las Vegas in 2017 Played at RWC Sevens 2018 Scored try in Spain's 29-24 win over Scotland on 20 January (15s) Played 10 tests for Spain in 2016, 2018 and 2019 (15s) Played in Rugby Europe Women's Championship 2019 final v Netherlands (won 54-0) on 30 March (15s)
2	Beatriz Dominguez Sanchez		09/10/95 (23)	167	63	XV Sanse Scrum	- Made Spain debut on series in Glendale in 2018
3	Amaia Erbina Araña	Amaia Erbina	13/03/97 (22)	171	68	CR Cisneros	 Made Spain debut on series in Atlanta in 2015 Played at RWC Sevens 2018 Played at Rio 2016 Olympic Games Played at Nanjing 2014 Youth Olympic Games Younger sister Lide Erbina is in squad Played at Women's Rugby World Cup 2017 (15s) Played in Rugby Europe Women's Championship 2019 final v Netherlands (won 54-0) on 30 March (15s)



4	Patricia García Rodríguez	Patricia García	02/12/89 (29)	163	64	FER	 Holds Spanish record for tournaments played on series with Maria Casado (29 events) Will join elite club of Sarah Hirini, Kayla Moleschi and Bianca Farella by playing her 30th tournament in Kitakyushu (alongside Maria Casado and Ghislaine Landry) Needs two tries to become first Spaniard to score 50 series tries Scored hat-trick of tries in 22-point haul as Spain won Rugby Europe Women's Championship title on 30 March with 54-0 defeat of the Netherlands in final (15s) Missed opening round as playing professionally in Japan with Tokyo Phoenix Made Spain debut on series in Dubai in 2012 Player of Match and double try scorer in Spain's win over Scotland on 20 January (15s) Named in HSBC Dream Team for 2018 world series Played at RWC Sevens 2013 and 2018 Played at Rio 2016 Olympic Games Played test rugby for Spain from 2011-19 (15s)
5	Marina Bravo Bragado	Marina Bravo (captain)	02/07/89 (29)	173	68	CR Cisneros	 Made Spain debut on series in Dubai in 2012 Played at RWC Sevens 2009, 2013 and 2018 Played at Rio 2016 Olympic Games Played at Women's Rugby World Cup 2014 and 2017 (15s) Played test rugby for Spain from 2009-19 (15s) Played in win over Scotland on 20 January (15s)
6	Elisabet Martínez García	Elisabet Martínez	13/06/88 (30)	166	70	GEIEG	 Returned in Sydney after missing R2 in Dubai Made Spain debut on series in Dubai in 2012 Played at RWC Sevens 2013 and 2018 Captained Spain at Rio 2016 Olympic Games
7	Bárbara Plà Vegue	Bárbara Plà	17/07/83 (35)	162	61	Gexto RT	 Made Spain debut on series in Dubai in 2013 Brother Pol plays for Spain's men's team Played at RWC Sevens 2013 and 2018 Played at Rio 2016 Olympic Games Played at Women's Rugby World Cup 2017 (15s)



8	Olivia Fresneda Fernandez	Olivia Fresneda	04/01/99 (20)	168	58	Industriales RC	 Last played on series in Dubai in 2018 Made Spain debut on series in Dubai in 2016 Played at RWC Sevens 2018 Played in Rugby Europe Women's Championship 2019 final v Netherlands (won 54-0) on 30 March , scoring one try (15s)
9	Paula Requena Zamora	Paula Requena	05/02/97 (22)	170	75	Cisneros	 Will make Spain debut on series in Kitakyushu this weekend Played in Rugby Europe Women's Championship 2019 final v Netherlands (won 54-0) on 30 March (15s)
10	Ingrid Algar González	Ingrid Algar	18/02/98 (21)	167	67	XV Sanse Scrum	 Made Spain debut on series in Sydney in 2018 Played one test for Spain at centre in 2017, one at full-back in 2018 and came off bench in win over Scotland on 20 January (15s) Played in Rugby Europe Women's Championship 2019 final v Netherlands (won 54-0) on 30 March (15s)
11	lera Echebarria Fernández	lera Echebarria	20/10/92 (26)	162	58	Olímpico Pozuelo RC	 Made Spain debut on series in Amsterdam in 2014 Played at RWC Sevens 2018 Played at Rio 2016 Olympic Games Played at Women's Rugby World Cup 2014 and 2017 (15s) Played in win over Scotland on 20 January (15s)
12	Lide Erbina Araña	Lide Erbina	19/12/00 (18)	177	70	Cisneros	 Made Spain debut on series in Glendale in 2018 Younger sister of Amaia Erbina Played in Rugby Europe Women's Championship 2019 final v Netherlands (won 54-0) on 30 March (15s) Played two tests for Spain at centre in 2018 and two on wing in 2019 (15s)



<u>USA</u>

Head coach: Chris Brown Co-captains: Nicole Heavirland and Lauren Doyle Nickname: Women's Sevens Eagles

World Series record: 2012-13 – Fourth / 2013-14 – Seventh / 2014-15 – Fifth / 2015-16 – Sixth / 2016-17 – Sixth / 2018 – Fifth

2019 Series ranking: 2

- Three of USA's five appearances in a Cup final have been on home soil in Houston in 2013, Atlanta in 2015 and Glendale in 2018
- USA were one of only two sides to beat New Zealand on the 2018 series in quarter-finals of the season opener in Dubai last November

Shirt	Full name	Known as	DOB (Age)	Height	Weight	Club / Province	Notes
#				(cm)	(kg)		
	Chris Brown		26/09/85 (33)			Head coach	- Appointed interim head coach in August after Richie Walker
							resignation
							- Named permanent head coach on Monday 15 October
							- Reached Cup final in his first event as head coach in Glendale
							- Has worked with USA men's and women's sevens programmes
1	Cheta Emba		16/07/93 (25)	182	80	USA Sevens	- Made USA debut on series in Dubai in 2016
							- Played at RWC Sevens 2018
							- Was a travelling reserve for Rio 2016 Olympic Games
							- Played at Women's Rugby World Cup 2017 (15s)
2	Ilona Delsing Rosa	llona	12/08/96 (22)	177	90	USA Sevens	- Named in HSBC Dream Team for R1 in Glendale
	Maher	Maher					- Made USA debut on series in Paris in 2018
							- Played at RWC Sevens 2018
3	Amelia Bizer	Meya Bizer	10/05/93 (25)	175	64	USA Sevens	- Made USA debut on series in Guangzhou in 2013
							- Before Sydney had last played on series in Atlanta in 2016
							- Played 12 tests for USA from 2012-14 and then v New Zealand and
							Ireland in November 2018 (15s)
							- Played at Women's Rugby World Cup 2014 (15s)



4	Nicole Heavirland (co-captain)		25/02/95 (23)	165	65.7	USA Sevens	 Made USA debut on series in Atlanta in 2016 Appointed captain for final round of 2016-17 series Captained USA at RWC Sevens 2018 A travelling reserve for Rio 2016 Olympic Games Played at Women's Rugby World Cup 2017 (15s) Started playing rugby at age of 15
5	Leyla Alev Kelter	Alev Kelter	21/03/91 (28)	170	76	USA Sevens	 Returns after missing Sydney round Named in HSBC Dream Team for R1 in Glendale Became first USA player to score 500 points in series history in Glendale (503) Made USA debut on series in China in 2014 and has not missed a tournament since, playing 25 consecutive series rounds Played at Rio 2016 Olympic Games Missed RWC Sevens 2018 through injury Played at Women's Rugby World Cup 2017 (15s) Captained USA U18 women's ice hockey team to gold medal at world championship in 2009 Missed out on Winter Olympic selection and invited to join rugby programme by former USA coach Ric Suggitt
6	Lauren Doyle (co- captain)		23/02/91 (28)	170	65	USA Sevens	 Needs one try to reach 50 in series history Named in HSBC Dream Team for R2 in Dubai Made USA debut on series in Dubai in 2012 Played at RWC Sevens 2018 Played at Rio 2016 Olympic Games Silver medallist at Pan American Games in 2015
7	Naya Tapper		03/08/94 (24)	175	79	USA Sevens	 Made USA debut on series in Sao Paulo in 2016 Joint third-highest try scorer on 2018 series with 26 Needs two tries to overtake Victoria Folayan (64) as USA's top try scorer on series Played at RWC Sevens 2018 Played at Women's Rugby World Cup 2017 (15s) All-American athlete before switching to rugby
8	Jordan Gray- Matyas		02/07/93 (25)	180	82	USA Sevens	 Returned In Sydney after missing R2 in Dubai Made USA debut on series in Kitakyushu in 2017 Played at RWC Sevens 2018



							 Played at Women's Rugby World Cup 2017 (15s) Born in Calgary in Canada
9	Joanne Fa'avesi		05/02/92 (27)			USA Sevens	 Made USA debut on series in Dubai in 2014 Played at RWC Sevens 2018 Played at Rio 2016 Olympic Games Served her country as member of USA Army world-class athlete programme Silver medallist at Pan American Games in 2015 Youngest of seven children
10	Kayla Canett-Oca		29/04/98 (20)	160	63	USA Sevens	 Last played on series in Dubai in 2018 Made USA debut on series in Paris in 2016 Played at Women's Rugby World Cup 2017 (15s)
11	Kristen Thomas	Kris	01/07/93 (25)	173	70	USA Sevens	 Made USA debut on series in Sao Paulo in 2015 Played at RWC Sevens 2018 Played at Women's Rugby World Cup 2017 (15s) Former track and basketball player in high school, started to play rugby in freshman year at University of Central Florida
12	Kristi Kirshe		14/10/94 (24)	160	65	USA Sevens	 Made USA debut on series in Sydney in 2019, scoring five tries Only been playing rugby for a year