

# **Folsom International Triathlon Age Group Results**

2008-09-07

J-ChipUSA.com

# Individual Male and Female F19 Under

<b>Bib</b>	<b>Name</b>	<b>City, State</b>	<b>Age</b>	<b>Gen</b>	<b>Finish</b>	<b>AG</b>	<b>OA</b>	<b>FO</b>
376	O'Kane, Elizabeth	Sacramento, CA	17	F	3:00:47.6	1	87	280
	swim ( 0:28:24.7 ) t1 ( 0:01:54.4 )	bike ( 1:24:57.7 ) t2 ( 0:01:27.3 )		run ( 1:04:03.2 )				

# Individual Male and Female F20-29

Bib	Name	City, State	Age	Gen	Finish	AG	OA	FO
180	Lavelle, Cecilia	Palo Alto, CA	28	F	2:17:49.8	1	2	58
	swim ( 0:22:40.9 )	t1 ( 0:01:44.8 )	bike ( 1:08:39.5 )	t2 ( 0:01:09.6 )	run ( 0:43:34.8 )			
296	Sherrill, Ellen	South Lake Tahoe, CA	29	F	2:23:37.3	2	8	81
	swim ( 0:23:19.6 )	t1 ( 0:01:24.2 )	bike ( 1:10:56.0 )	t2 ( 0:01:00.6 )	run ( 0:46:56.7 )			
164	Kollman, Jill	Elk Grove, CA	26	F	2:27:14.0	3	12	103
	swim ( 0:25:06.6 )	t1 ( 0:01:31.9 )	bike ( 1:10:01.3 )	t2 ( 0:01:09.9 )	run ( 0:49:24.1 )			
263	Plane, Jennifer	Stockton, CA	29	F	2:27:37.9	4	13	107
	swim ( 0:21:48.7 )	t1 ( 0:02:09.2 )	bike ( 1:11:21.9 )	t2 ( 0:01:10.9 )	run ( 0:51:06.9 )			
221	Mead, Brooke	San Rafael, CA	29	F	2:29:07.3	5	15	112
	swim ( 0:21:08.3 )	t1 ( 0:02:08.0 )	bike ( 1:12:30.9 )	t2 ( 0:01:23.9 )	run ( 0:51:56.1 )			
432	Svoboda, Julia	Davis, CA	27	F	2:30:55.9	6	17	120
	swim ( 0:24:19.3 )	t1 ( 0:02:14.5 )	bike ( 1:08:56.4 )	t2 ( 0:01:21.3 )	run ( 0:54:04.3 )			
337	Vandenberg , Kelly	Monterey, CA	26	F	2:31:52.9	7	18	123
	swim ( 0:22:58.1 )	t1 ( 0:01:55.2 )	bike ( 1:17:06.8 )	t2 ( 0:01:24.1 )	run ( 0:48:28.5 )			
384	Anglemoyer, Amy	Auburn, CA	29	F	2:32:23.0	8	22	131
	swim ( 0:26:00.1 )	t1 ( 0:01:31.6 )	bike ( 1:12:06.1 )	t2 ( 0:01:12.2 )	run ( 0:51:32.8 )			
104	Fraser, Elizabeth	Folsom, CA	28	F	2:36:24.5	9	31	159
	swim ( 0:22:59.6 )	t1 ( 0:02:25.3 )	bike ( 1:16:15.1 )	t2 ( 0:01:07.9 )	run ( 0:53:36.3 )			
227	Merry, Ginger	San Francisco, CA	29	F	2:39:01.8	10	36	173
	swim ( 0:26:08.5 )	t1 ( 0:04:20.2 )	bike ( 1:19:41.6 )	t2 ( 0:01:30.7 )	run ( 0:47:20.6 )			
362	Wilhelm, Julia	San Francisco, CA	27	F	2:40:29.1	11	38	179
	swim ( 0:27:34.8 )	t1 ( 0:02:50.2 )	bike ( 1:15:53.1 )	t2 ( 0:01:44.3 )	run ( 0:52:26.5 )			
290	Schweichler, Carol	San Rafael, CA	26	F	2:41:35.4	12	39	184
	swim ( 0:25:44.2 )	t1 ( 0:02:03.0 )	bike ( 1:18:39.7 )	t2 ( 0:01:21.4 )	run ( 0:53:47.0 )			
299	Simmons, Chelsey	Stanford, CA	24	F	2:41:47.2	13	40	186
	swim ( 0:27:38.3 )	t1 ( 0:02:36.8 )	bike ( 1:15:21.6 )	t2 ( 0:01:35.4 )	run ( 0:54:34.8 )			
365	Williams, Naomi	Santa Rosa, CA	28	F	2:43:09.2	14	45	198
	swim ( 0:23:58.2 )	t1 ( 0:03:04.9 )	bike ( 1:12:39.2 )	t2 ( 0:02:18.2 )	run ( 1:01:08.4 )			
291	Sconberg, Jaime	Sacramento, CA	23	F	2:45:18.2	15	50	213
	swim ( 0:24:47.8 )	t1 ( 0:02:52.7 )	bike ( 1:25:13.2 )	t2 ( 0:01:11.2 )	run ( 0:51:13.1 )			
127	Hanas, Melissa	Sacramento, CA	29	F	2:45:38.7	16	52	217
	swim ( 0:28:19.5 )	t1 ( 0:02:00.7 )	bike ( 1:15:18.6 )	t2 ( 0:00:53.8 )	run ( 0:59:05.9 )			
92	Dykhouse, Abbey	San Francisco, CA	23	F	2:47:16.6	17	55	224
	swim ( 0:28:19.8 )	t1 ( 0:02:20.6 )	bike ( 1:17:11.6 )	t2 ( 0:01:38.0 )	run ( 0:57:46.3 )			
300	Sinigiani, Carmen	Sebastopol, CA	29	F	2:54:05.8	18	77	260
	swim ( 0:30:51.9 )	t1 ( 0:04:09.4 )	bike ( 1:19:46.0 )	t2 ( 0:02:52.3 )	run ( 0:56:26.0 )			
284	Salesky, Sidney	Antioch, CA	28	F	3:00:29.4	19	85	278
	swim ( 0:29:33.4 )	t1 ( 0:01:46.3 )	bike ( 1:19:47.9 )	t2 ( 0:01:59.1 )	run ( 1:07:22.5 )			
188	Lindl, Britany	Davis, CA	25	F	3:07:23.5	20	98	302
	swim ( 0:23:43.1 )	t1 ( 0:02:21.9 )	bike ( 1:22:06.9 )	t2 ( 0:01:41.3 )	run ( 1:17:30.1 )			
117	Golden, Lauren	Santa Rosa, CA	25	F	3:09:35.9	21	102	309
	swim ( 0:20:47.9 )	t1 ( 0:03:13.3 )	bike ( 1:28:44.4 )	t2 ( 0:01:42.5 )	run ( 1:15:07.6 )			
63	Condron, Megan	Santa Rosa, CA	29	F	3:26:16.7	22	111	335
	swim ( 0:34:13.2 )	t1 ( 0:06:04.9 )	bike ( 1:33:09.8 )	t2 ( 0:03:10.1 )	run ( 1:09:38.6 )			
233	Moreno, Andrea	Folsom, CA	23	F	3:28:47.8	23	116	341
	swim ( 0:36:43.2 )	t1 ( 0:06:37.5 )	bike ( 1:35:52.7 )	t2 ( 0:02:10.0 )	run ( 1:07:24.2 )			
204	Matthews, Samantha	Stockton, CA	29	F	--	--	--	--
	swim ( 0:26:02.0 )	t1 ( 0:01:15.4 )	bike ( 0:34:56.8 )	t2 ( -- )	run ( -- )			

# Individual Male and Female F30-39

Bib	Name	City, State	Age	Gen	Finish	AG	OA	FO
433	Goodman, Gabriele	Oakland, CA	36	F	2:14:49.2	1	1	46
	swim ( 0:23:03.5 )	t1 ( 0:01:19.4 )	bike ( 1:03:46.3 )	t2 ( 0:00:56.3 )	run ( 0:45:43.5 )			
439	Rodriguez, Rachel	San Francisco, CA	33	F	2:21:11.1	2	6	73
	swim ( 0:24:07.0 )	t1 ( 0:01:06.2 )	bike ( 1:06:03.3 )	t2 ( 0:00:45.0 )	run ( 0:49:09.4 )			
303	Smith, Amy	Piedmont, CA	36	F	2:27:45.9	3	14	108
	swim ( 0:19:40.7 )	t1 ( 0:02:23.5 )	bike ( 1:14:27.6 )	t2 ( 0:01:22.7 )	run ( 0:49:51.2 )			
370	Yokoi, Cheri	Santa Rosa, CA	31	F	2:30:28.6	4	16	118
	swim ( 0:27:40.8 )	t1 ( 0:02:03.4 )	bike ( 1:10:22.5 )	t2 ( 0:01:00.8 )	run ( 0:49:20.9 )			
203	Mathias, Jennifer	Sacramento, CA	32	F	2:32:11.7	5	19	128
	swim ( 0:22:54.8 )	t1 ( 0:01:21.4 )	bike ( 1:11:04.1 )	t2 ( 0:01:01.9 )	run ( 0:55:49.3 )			
199	Mantua, Chris	Walnut Creek, CA	39	F	2:32:12.6	6	20	129
	swim ( 0:23:06.0 )	t1 ( 0:01:40.8 )	bike ( 1:14:53.0 )	t2 ( 0:01:03.6 )	run ( 0:51:29.1 )			
25	Benson, Krista	Moraga, CA	32	F	2:32:16.8	7	21	130
	swim ( 0:20:55.9 )	t1 ( 0:01:42.7 )	bike ( 1:16:07.8 )	t2 ( 0:01:10.7 )	run ( 0:52:19.5 )			
375	Zwingenberger, Allison	Davis, CA	38	F	2:34:08.4	8	24	140
	swim ( 0:24:36.5 )	t1 ( 0:01:26.9 )	bike ( 1:12:02.6 )	t2 ( 0:01:19.3 )	run ( 0:54:42.9 )			
31	Bradley, Trixie	Pilot Hill, CA	34	F	2:34:30.1	9	25	143
	swim ( 0:23:40.6 )	t1 ( 0:03:20.8 )	bike ( 1:10:28.9 )	t2 ( 0:02:05.1 )	run ( 0:54:54.5 )			
112	Gesell, Kerry	Santa Rosa, CA	35	F	2:34:32.0	10	26	144
	swim ( 0:31:35.0 )	t1 ( 0:02:07.7 )	bike ( 1:06:33.3 )	t2 ( 0:00:51.3 )	run ( 0:53:24.5 )			
197	Mangiapane, Carrie	Sacramento, CA	34	F	2:34:36.5	11	27	145
	swim ( 0:26:34.4 )	t1 ( 0:01:47.1 )	bike ( 1:17:15.3 )	t2 ( 0:01:11.6 )	run ( 0:47:47.9 )			
176	Latourette, Jennifer	Santa Rosa, CA	36	F	2:37:56.1	12	33	165
	swim ( 0:25:43.8 )	t1 ( 0:01:15.5 )	bike ( 1:13:47.3 )	t2 ( 0:01:19.1 )	run ( 0:55:50.1 )			
100	Feldmann, Amy	San Francisco, CA	32	F	2:42:50.3	13	43	196
	swim ( 0:24:17.5 )	t1 ( 0:03:46.9 )	bike ( 1:17:31.7 )	t2 ( 0:01:49.8 )	run ( 0:55:24.3 )			
319	Tanner, Mary	Seaside, CA	35	F	2:43:06.7	14	44	197
	swim ( 0:27:52.7 )	t1 ( 0:02:12.1 )	bike ( 1:18:37.9 )	t2 ( 0:01:09.2 )	run ( 0:53:14.6 )			
212	Mccandless, Renee	Roseville, CA	34	F	2:43:30.7	15	46	200
	swim ( 0:26:51.2 )	t1 ( 0:03:02.3 )	bike ( 1:15:25.4 )	t2 ( 0:01:51.0 )	run ( 0:56:20.6 )			
279	Rose, Tricia	St Helena, CA	38	F	2:44:18.0	16	48	206
	swim ( 0:26:11.1 )	t1 ( 0:02:36.0 )	bike ( 1:18:48.6 )	t2 ( 0:01:45.7 )	run ( 0:54:56.4 )			
118	Gonzalez, Pamela	San Francisco, CA	32	F	2:45:35.0	17	51	216
	swim ( 0:27:48.8 )	t1 ( 0:01:33.8 )	bike ( 1:20:17.4 )	t2 ( 0:01:09.6 )	run ( 0:54:45.3 )			
108	Gates, Kimber	Dalton Gardens, ID	34	F	2:46:31.1	18	53	218
	swim ( 0:29:05.7 )	t1 ( 0:01:39.9 )	bike ( 1:16:42.8 )	t2 ( 0:01:07.6 )	run ( 0:57:54.9 )			
16	Ames, Elizabeth	San Francisco, CA	32	F	2:47:10.6	19	54	222
	swim ( 0:28:55.8 )	t1 ( 0:01:46.3 )	bike ( 1:20:14.0 )	t2 ( 0:01:14.6 )	run ( 0:54:59.8 )			
383	Baker, Jamie	West Sacramento, CA	31	F	2:47:55.1	20	59	229
	swim ( 0:25:59.6 )	t1 ( 0:01:35.4 )	bike ( 1:16:46.0 )	t2 ( 0:01:43.6 )	run ( 1:01:50.3 )			
60	Colombini, Beth	Moraga, CA	38	F	2:48:49.9	21	60	231
	swim ( 0:26:15.1 )	t1 ( 0:01:44.7 )	bike ( 1:20:12.8 )	t2 ( 0:01:10.4 )	run ( 0:59:26.8 )			
425	Makita McDonaul, Laura	Sparks, NV	35	F	2:50:20.6	22	66	238
	swim ( 0:26:16.5 )	t1 ( 0:02:49.3 )	bike ( 1:18:30.5 )	t2 ( 0:02:18.7 )	run ( 1:00:25.4 )			
353	Welker, Molly	Brentwood, CA	38	F	2:51:03.1	23	69	241
	swim ( 0:32:02.3 )	t1 ( 1:25:26.7 )	bike ( -- )	t2 ( -- )	run ( 0:53:34.0 )			
431	Tse, Natalie	El Cerrito, CA	32	F	2:52:21.4	24	73	250
	swim ( 0:29:10.2 )	t1 ( 0:02:20.1 )	bike ( 1:21:18.9 )	t2 ( 0:01:53.0 )	run ( 0:57:39.1 )			

# Individual Male and Female F30-39

Bib	Name	City, State	Age	Gen	Finish	AG	OA	FO
213	McCarthy, Colleen	Folsom, CA	39	F	2:53:14.3	25	75	256
	swim ( 0:29:40.1 ) t1 ( 0:02:36.8 )	bike ( 1:17:12.3 ) t2 ( 0:01:35.2 )		run ( 1:02:09.6 )				
226	Merrill, Ali	El Dorado Hills, CA	30	F	2:54:47.6	26	78	261
	swim ( 0:26:58.2 ) t1 ( 0:03:23.7 )	bike ( 1:21:57.2 ) t2 ( 0:01:11.2 )		run ( 1:01:17.1 )				
242	Nipp, Debra	San Francisco, CA	32	F	2:55:36.2	27	80	265
	swim ( 0:27:33.8 ) t1 ( 0:02:35.2 )	bike ( 1:21:22.1 ) t2 ( 0:01:57.4 )		run ( 1:02:07.6 )				
38	Brown, Lisa	Oakland, CA	34	F	2:56:58.1	28	81	266
	swim ( 0:27:53.2 ) t1 ( 0:03:03.1 )	bike ( 1:21:34.9 ) t2 ( 0:01:33.3 )		run ( 1:02:53.4 )				
169	Kukta, Laura	Vallejo, CA	38	F	2:59:13.1	29	84	274
	swim ( 0:31:37.0 ) t1 ( 0:02:22.9 )	bike ( 1:20:25.7 ) t2 ( 0:01:15.5 )		run ( 1:03:31.8 )				
272	Raynaud, Michelle	Sacramento, CA	35	F	3:00:45.8	30	86	279
	swim ( 0:36:27.3 ) t1 ( 0:01:53.0 )	bike ( 1:19:22.1 ) t2 ( 0:01:33.6 )		run ( 1:01:29.5 )				
343	Wagner, Stacy	Burlingame, CA	36	F	3:01:56.8	31	88	283
	swim ( 0:32:47.6 ) t1 ( 0:02:23.3 )	bike ( 1:26:40.9 ) t2 ( 0:01:19.5 )		run ( 0:58:45.3 )				
43	Burr, Amy	Foster City, CA	36	F	3:02:38.3	32	91	288
	swim ( 0:29:37.4 ) t1 ( 0:02:24.5 )	bike ( 1:22:06.2 ) t2 ( 0:01:57.1 )		run ( 1:06:33.0 )				
260	Peterson, Marci	Sparks, NV	36	F	3:03:15.1	33	92	290
	swim ( 0:33:51.4 ) t1 ( 0:02:11.9 )	bike ( 1:31:01.5 ) t2 ( 0:01:27.3 )		run ( 0:54:42.8 )				
29	Bouyer, Kristina	Dixon, CA	33	F	3:03:26.2	34	93	291
	swim ( 0:28:03.4 ) t1 ( 0:01:57.7 )	bike ( 1:24:26.2 ) t2 ( 0:01:39.2 )		run ( 1:07:19.4 )				
157	Kennedy, Elizabeth	Oakland, CA	34	F	3:06:44.4	35	96	298
	swim ( 0:30:42.7 ) t1 ( 0:02:09.6 )	bike ( 1:25:12.9 ) t2 ( 0:01:53.8 )		run ( 1:06:45.3 )				
219	McKillop, Caro	Rocklin, CA	38	F	3:09:08.9	36	100	306
	swim ( 0:27:08.6 ) t1 ( 0:02:22.1 )	bike ( 1:25:19.5 ) t2 ( 0:01:41.0 )		run ( 1:12:37.5 )				
145	Hynes, Jennifer	San Rafael, CA	37	F	3:10:27.2	37	103	310
	swim ( 0:34:21.4 ) t1 ( 0:02:52.8 )	bike ( 1:23:06.4 ) t2 ( 0:03:04.9 )		run ( 1:07:01.5 )				
310	Souza, Laine	San Carlos, CA	38	F	3:11:09.3	38	104	312
	swim ( 0:30:21.1 ) t1 ( 0:04:42.9 )	bike ( 1:25:45.0 ) t2 ( 0:02:33.6 )		run ( 1:07:46.4 )				
121	Graceffa, Debra	Oakland, CA	37	F	3:23:24.9	39	109	328
	swim ( 0:35:40.8 ) t1 ( 0:02:27.8 )	bike ( 1:26:01.2 ) t2 ( 0:02:55.1 )		run ( 1:16:19.8 )				
14	Almquist, Karen	Roseville, CA	36	F	3:26:09.7	40	110	334
	swim ( 0:37:17.5 ) t1 ( 0:02:22.4 )	bike ( 1:32:16.0 ) t2 ( 0:02:20.0 )		run ( 1:11:53.6 )				
37	Brown, Kamala	Sacramento, CA	33	F	3:27:25.2	41	112	337
	swim ( 0:34:02.1 ) t1 ( 0:03:48.7 )	bike ( 1:35:45.4 ) t2 ( 0:01:54.5 )		run ( 1:11:54.4 )				
325	Treanor, Eileen	San Francisco, CA	32	F	3:28:14.0	42	115	340
	swim ( 0:29:38.7 ) t1 ( 0:04:12.8 )	bike ( 1:34:42.1 ) t2 ( 0:02:38.7 )		run ( 1:17:01.6 )				
79	DeAlba, Yara	Roseville, CA	30	F	3:30:11.6	43	118	345
	swim ( 0:33:18.5 ) t1 ( 0:05:29.7 )	bike ( 1:30:52.9 ) t2 ( 0:02:12.7 )		run ( 1:18:17.5 )				
56	Clare, Amanda	Walnut Creek, CA	31	F	3:37:32.6	44	123	351
	swim ( 0:32:16.4 ) t1 ( 0:05:18.4 )	bike ( 1:56:58.0 ) t2 ( 0:01:51.6 )		run ( 1:01:08.1 )				
194	Lyons, Kamee	Cameron Park, CA	35	F	--	--	--	--
	swim ( 0:28:59.3 ) t1 ( 0:03:05.7 )	bike ( 2:29:53.7 ) t2 ( -- )		run ( -- )				
349	Way, Monica	Oakland, CA	30	F	--	--	--	--
	swim ( 0:32:11.8 ) t1 ( 0:02:29.2 )	bike ( -- ) t2 ( -- )		run ( -- )				

# Individual Male and Female F40-49

Bib	Name	City, State	Age	Gen	Finish	AG	OA	FO
304	Smith, Andrea	Menlo Park, CA	42	F	2:19:33.2	1	4	64
	swim ( 0:21:13.4 )	t1 ( 0:01:14.0 )	bike ( 1:08:23.8 )	t2 ( 0:01:43.9 )	run ( 0:46:57.9 )			
192	Lount-Pretre, Tina	Woodside, CA	41	F	2:20:43.5	2	5	71
	swim ( 0:25:59.6 )	t1 ( 0:01:22.0 )	bike ( 1:07:53.2 )	t2 ( 0:00:51.7 )	run ( 0:44:36.8 )			
114	Ginsburg, Dana	Reno, NV	43	F	2:22:08.6	3	7	76
	swim ( 0:23:05.4 )	t1 ( 0:02:00.1 )	bike ( 1:07:05.1 )	t2 ( 0:01:17.1 )	run ( 0:48:40.7 )			
51	Chavez, Carrie	San Ramon, CA	40	F	2:23:40.8	4	9	82
	swim ( 0:24:59.4 )	t1 ( 0:01:57.4 )	bike ( 1:08:42.8 )	t2 ( 0:01:45.6 )	run ( 0:46:15.4 )			
209	Mazzocco-Zucker, Monica	danville,, CA	42	F	2:25:08.9	5	10	91
	swim ( 0:23:00.6 )	t1 ( 0:01:22.1 )	bike ( 1:08:57.8 )	t2 ( 0:01:23.0 )	run ( 0:50:25.2 )			
96	Emo, Kelly	Campbell, CA	44	F	2:33:33.4	6	23	138
	swim ( 0:27:05.0 )	t1 ( 0:01:54.3 )	bike ( 1:11:51.3 )	t2 ( 0:01:31.3 )	run ( 0:51:11.4 )			
109	Gee, Sharlene	Mountain View, CA	42	F	2:34:38.0	7	28	147
	swim ( 0:19:47.6 )	t1 ( 0:02:47.2 )	bike ( 1:15:20.1 )	t2 ( 0:01:31.6 )	run ( 0:55:11.2 )			
262	Pfeifle, Julie	Pleasanton, CA	49	F	2:34:59.2	8	29	149
	swim ( 0:28:00.6 )	t1 ( 0:01:30.5 )	bike ( 1:10:53.2 )	t2 ( 0:01:17.3 )	run ( 0:53:17.2 )			
428	Aghajani, Brooke	Palo Alto, CA	40	F	2:36:31.1	9	32	160
	swim ( 0:29:39.1 )	t1 ( 0:02:19.3 )	bike ( 1:08:21.2 )	t2 ( 0:01:46.0 )	run ( 0:54:25.3 )			
237	Murphy, Ali	Rocklin, CA	40	F	2:37:57.6	10	34	166
	swim ( 0:26:19.5 )	t1 ( 0:02:51.2 )	bike ( 1:18:49.8 )	t2 ( 0:01:30.8 )	run ( 0:48:26.1 )			
87	Downs, Michele	Folsom, CA	46	F	2:38:52.1	11	35	171
	swim ( 0:28:41.4 )	t1 ( 0:02:19.6 )	bike ( 1:15:07.2 )	t2 ( 0:01:43.0 )	run ( 0:51:00.6 )			
426	Frost, Kathleen	Corte Madera, CA	43	F	2:39:38.2	12	37	176
	swim ( 0:26:57.5 )	t1 ( 0:01:32.2 )	bike ( 1:13:07.5 )	t2 ( 0:01:29.0 )	run ( 0:56:31.7 )			
215	McDonald, Robin	Belmont, CA	41	F	2:41:53.5	13	41	187
	swim ( 0:28:38.4 )	t1 ( 0:02:58.5 )	bike ( 1:14:19.5 )	t2 ( 0:01:42.6 )	run ( 0:54:14.3 )			
90	Dunagan, Lyn	Berkeley, CA	43	F	2:42:16.9	14	42	190
	swim ( 0:24:50.1 )	t1 ( 0:03:23.9 )	bike ( 1:22:19.1 )	t2 ( 0:01:28.3 )	run ( 0:50:15.3 )			
160	Kerksieck, Cheryle	Sacramento, CA	41	F	2:47:32.2	15	56	225
	swim ( 0:26:05.6 )	t1 ( 0:01:54.2 )	bike ( 1:12:34.6 )	t2 ( 0:01:19.9 )	run ( 1:05:37.6 )			
281	Rubin, Amy	San Jose, CA	43	F	2:49:19.3	16	61	232
	swim ( 0:28:19.3 )	t1 ( 0:03:26.9 )	bike ( 1:15:06.6 )	t2 ( 0:02:20.5 )	run ( 1:00:05.7 )			
175	Larson, Susan	Martinez, CA	42	F	2:49:30.4	17	62	233
	swim ( 0:25:50.6 )	t1 ( 0:02:24.1 )	bike ( 1:18:56.8 )	t2 ( 0:02:18.5 )	run ( 1:00:00.3 )			
124	Grishaver, Laura	Daly City, CA	40	F	2:49:34.1	18	63	234
	swim ( 0:28:35.4 )	t1 ( 0:01:33.9 )	bike ( 1:14:52.4 )	t2 ( 0:01:18.9 )	run ( 1:03:13.4 )			
136	Hoffman, Karyn	Folsom, CA	46	F	2:49:47.9	19	64	235
	swim ( 0:36:54.0 )	t1 ( 0:03:43.4 )	bike ( 1:16:53.6 )	t2 ( 0:02:09.4 )	run ( 0:50:07.2 )			
134	Hitchcock, Kimberly	Sacramento, CA	40	F	2:50:28.5	20	67	239
	swim ( 0:30:46.0 )	t1 ( 0:02:45.9 )	bike ( 1:19:25.3 )	t2 ( 0:02:05.7 )	run ( 0:55:25.5 )			
231	Montalbo, Caroline	Pleasanton, CA	43	F	2:52:21.0	21	72	249
	swim ( 0:28:31.3 )	t1 ( 0:01:53.9 )	bike ( 1:21:51.9 )	t2 ( 0:01:32.9 )	run ( 0:58:30.9 )			
125	Guzman, Leticia	Brentwood, CA	43	F	2:53:26.2	22	76	257
	swim ( 0:28:51.3 )	t1 ( 0:04:16.7 )	bike ( 1:19:44.4 )	t2 ( 0:02:07.6 )	run ( 0:58:26.0 )			
322	Torres, Michele	St. Helena, CA	45	F	2:54:56.4	23	79	263
	swim ( 0:27:17.4 )	t1 ( 0:02:39.7 )	bike ( 1:22:14.5 )	t2 ( 0:02:17.8 )	run ( 1:00:26.7 )			
152	Jones, Eileen	Cameron Park, CA	49	F	2:57:51.8	24	82	270
	swim ( 0:28:37.3 )	t1 ( 0:03:34.3 )	bike ( 1:21:37.0 )	t2 ( 0:02:30.0 )	run ( 1:01:33.1 )			

## Individual Male and Female F40-49

<b>Bib</b>	<b>Name</b>	<b>City, State</b>	<b>Age</b>	<b>Gen</b>	<b>Finish</b>	<b>AG</b>	<b>OA</b>	<b>FO</b>
210	McAdams, Laura swim ( 0:29:40.1 ) t1 ( 0:03:14.3 )	Draper, UT bike ( 1:22:09.3 ) t2 ( 0:01:29.3 )	46	F	2:59:11.8	25	83	273
357	White, Cathy swim ( 0:28:46.6 ) t1 ( 0:02:09.7 )	San Ramon, CA bike ( 1:27:38.4 ) t2 ( 0:01:46.2 )	40	F	3:03:33.6	26	94	292
143	Hughes, Susan swim ( 0:29:14.2 ) t1 ( 0:05:10.4 )	Oak Park, CA bike ( 1:29:43.6 ) t2 ( 0:02:21.3 )	48	F	3:06:49.8	27	97	299
163	Knott, Kimberly swim ( 0:35:26.5 ) t1 ( 0:05:37.8 )	Sacramento, CA bike ( 1:26:20.2 ) t2 ( 0:06:26.1 )	41	F	3:13:25.5	28	105	317
361	Wilber Okane, Pamela swim ( 0:35:25.7 ) t1 ( 0:03:40.2 )	Sacramento, CA bike ( 1:29:30.5 ) t2 ( 0:02:20.3 )	47	F	3:28:08.8	29	113	338
360	Wilber, Denise swim ( 0:35:24.8 ) t1 ( 0:03:40.7 )	Sacramento, CA bike ( 1:29:29.4 ) t2 ( 0:02:23.7 )	48	F	3:28:08.8	30	114	339
68	Cormier, Claire swim ( 0:26:29.0 ) t1 ( 0:03:37.3 )	Campbell, CA bike ( 1:34:59.3 ) t2 ( 0:01:58.3 )	46	F	3:30:34.2	31	119	347
33	Bridges, Madeleine swim ( 0:35:36.7 ) t1 ( 0:04:59.6 )	Tehachapi, CA bike ( 1:34:15.0 ) t2 ( 0:01:39.7 )	45	F	3:52:14.3	32	124	354
27	Bilbro, Terri swim ( 0:36:14.0 ) t1 ( 0:06:30.2 )	Monterey, CA bike ( 1:58:07.0 ) t2 ( 0:01:43.3 )	43	F	3:58:42.4	33	125	355
351	Weissenberg, Suzanne swim ( 0:42:10.3 ) t1 ( 0:05:54.8 )	Cameron Park, CA bike ( 1:41:10.8 ) t2 ( 0:04:52.7 )	46	F	4:10:49.3	34	126	358

# Individual Male and Female F50-59

Bib	Name	City, State	Age	Gen	Finish	AG	OA	FO
53	Chequer-Pfeiffer, Karen	Windsor, CA	50	F	2:18:05.0	1	3	61
	swim ( 0:21:05.5 ) t1 ( 0:01:10.6 )	bike ( 1:06:45.8 ) t2 ( 0:01:14.5 )			run ( 0:47:48.5 )			
320	Templeton, Nancy	Sacramento, CA	52	F	2:27:13.1	2	11	102
	swim ( 0:21:03.4 ) t1 ( 0:01:28.2 )	bike ( 1:08:36.0 ) t2 ( 0:00:55.2 )			run ( 0:55:10.1 )			
103	Fillmore, Maggie	Oakland, CA	58	F	2:36:22.2	3	30	158
	swim ( 0:25:03.1 ) t1 ( 0:01:40.5 )	bike ( 1:14:45.7 ) t2 ( 0:01:34.0 )			run ( 0:53:18.7 )			
130	Heideman, Edie	Palo Alto, CA	58	F	2:44:04.4	4	47	204
	swim ( 0:27:11.2 ) t1 ( 0:01:57.3 )	bike ( 1:16:34.3 ) t2 ( 0:01:16.1 )			run ( 0:57:05.4 )			
276	Robert, Twyla	Santa Rosa, CA	51	F	2:44:59.8	5	49	209
	swim ( 0:28:27.9 ) t1 ( 0:01:51.0 )	bike ( 1:18:40.2 ) t2 ( 0:01:57.5 )			run ( 0:54:03.1 )			
241	Niewald, Anette	Santa Rosa, CA	52	F	2:47:38.6	6	58	227
	swim ( 0:29:10.8 ) t1 ( 0:02:21.6 )	bike ( 1:18:55.5 ) t2 ( 0:02:14.7 )			run ( 0:54:55.8 )			
218	Mcgrath, Kem	Gold River, CA	53	F	2:49:52.0	7	65	236
	swim ( 0:30:22.6 ) t1 ( 0:03:24.0 )	bike ( 1:17:46.9 ) t2 ( 0:01:40.7 )			run ( 0:56:37.6 )			
285	Sanders, Patty	San Rafael, CA	58	F	2:51:07.2	8	70	242
	swim ( 0:33:23.8 ) t1 ( 0:02:32.7 )	bike ( 1:16:38.2 ) t2 ( 0:02:22.9 )			run ( 0:56:09.5 )			
66	Conner, Laurie	Menlo Park, CA	54	F	2:53:07.1	9	74	254
	swim ( 0:30:21.9 ) t1 ( 0:03:54.9 )	bike ( 1:18:47.9 ) t2 ( 0:02:37.5 )			run ( 0:57:24.6 )			
132	Herbert, Pamela	Walnut Creek, CA	54	F	3:02:23.3	10	89	284
	swim ( 0:29:29.4 ) t1 ( 0:02:20.1 )	bike ( 1:23:29.0 ) t2 ( 0:01:29.4 )			run ( 1:05:35.0 )			
82	Donaldson, Loree	San Anselmo, CA	51	F	3:02:33.0	11	90	285
	swim ( 0:28:40.1 ) t1 ( 0:05:22.4 )	bike ( 1:25:55.9 ) t2 ( 0:01:40.1 )			run ( 1:00:54.1 )			
251	Ore, Sarah	San Rafael, CA	52	F	3:08:02.1	12	99	304
	swim ( 0:31:39.1 ) t1 ( 0:06:10.6 )	bike ( 1:03:38.0 ) t2 ( 0:09:35.6 )			run ( 1:16:58.7 )			
356	Westly, Sondra	Meadow Vista, CA	50	F	3:14:35.1	13	106	318
	swim ( 0:31:31.0 ) t1 ( 0:03:51.9 )	bike ( 1:29:00.1 ) t2 ( 0:02:46.8 )			run ( 1:07:25.2 )			
398	Ivan, Andrea	Portola Valley, CA	54	F	3:15:52.8	14	107	320
	swim ( 0:34:56.3 ) t1 ( 0:04:44.4 )	bike ( 1:21:21.4 ) t2 ( 0:03:24.0 )			run ( 1:11:26.5 )			
294	Sheelar, Judy	Stockton, CA	56	F	3:29:21.3	15	117	343
	swim ( 0:37:44.0 ) t1 ( 0:03:12.2 )	bike ( 1:29:37.6 ) t2 ( 0:01:55.1 )			run ( 1:16:52.3 )			
230	Milyko, Liz	Sparks, NV	54	F	3:36:11.4	16	120	348
	swim ( 0:33:53.7 ) t1 ( 0:03:37.3 )	bike ( 1:36:16.4 ) t2 ( 0:01:56.8 )			run ( 1:20:26.9 )			
207	Mayer, Clarisse	Reno, NV	53	F	3:36:25.3	17	121	349
	swim ( 0:36:25.5 ) t1 ( 0:04:51.6 )	bike ( 1:39:59.1 ) t2 ( 0:02:19.3 )			run ( 1:12:49.6 )			
377	Owens, Terry	Foresthill, CA	50	F	3:37:31.3	18	122	350
	swim ( 0:29:11.7 ) t1 ( 0:04:07.7 )	bike ( 1:34:50.5 ) t2 ( 0:04:03.2 )			run ( 1:25:18.1 )			



## Individual Male and Female F60 Over

<b>Bib</b>	<b>Name</b>	<b>City, State</b>	<b>Age</b>	<b>Gen</b>	<b>Finish</b>	<b>AG</b>	<b>OA</b>	<b>FO</b>
329	Tuggle, Lesley	Gardnerville, NV	62	F	2:50:50.5	1	68	240
	swim ( 0:29:18.0 ) t1 ( 0:01:46.2 )	bike ( 1:18:25.0 ) t2 ( 0:01:28.9 )	run ( 0:59:52.2 )					
247	Olsen, Sallie	Oakland, CA	66	F	3:09:22.5	2	101	308
	swim ( 0:30:17.9 ) t1 ( 0:02:51.4 )	bike ( 1:26:55.0 ) t2 ( 0:01:55.3 )	run ( 1:07:22.8 )					

## Individual Male and Female FClyAth

<b>Bib</b>	<b>Name</b>	<b>City, State</b>	<b>Age</b>	<b>Gen</b>	<b>Finish</b>	<b>AG</b>	<b>OA</b>	<b>FO</b>
381	Nochez, Joyce swim ( 0:27:12.0 ) t1 ( 0:02:26.7 )	Sacramento, CA bike ( 1:13:57.8 ) t2 ( 0:01:24.4 )	43	F	2:47:36.4	1	57	226
408	Denison, Stephanie swim ( 0:20:35.0 ) t1 ( 0:01:43.3 )	Sacramento, CA bike ( 1:16:02.7 ) t2 ( 0:02:04.9 )	38	F	2:52:06.1	2	71	246
327	Trippet, Jane swim ( 0:30:55.0 ) t1 ( 0:03:30.5 )	Sacramento, CA bike ( 1:23:11.1 ) t2 ( 0:01:53.8 )	53	F	3:06:11.8	3	95	297
415	Price, Michelle swim ( 0:23:44.3 ) t1 ( 0:03:14.3 )	Stockton, CA bike ( 1:26:51.0 ) t2 ( 0:01:47.0 )	45	F	3:19:32.8	4	108	324

## Individual Male and Female M19 Under

<b>Bib</b>	<b>Name</b>	<b>City, State</b>	<b>Age</b>	<b>Gen</b>	<b>Finish</b>	<b>AG</b>	<b>OA</b>	<b>FO</b>
437	Hollinger, Dillon	Clayton, CA	15	M	2:23:50.0	1	74	83
	swim ( 0:28:37.6 ) t1 ( 0:01:27.0 )	bike ( 1:06:34.9 ) t2 ( 0:00:57.6 )		run ( 0:46:12.6 )				
348	Watson, Trevor	Morgan Hill , CA	18	M	2:39:47.3	2	140	177
	swim ( 0:24:52.1 ) t1 ( 0:01:40.5 )	bike ( 1:18:17.1 ) t2 ( 0:00:39.3 )		run ( 0:54:18.1 )				

# Individual Male and Female M20-29

Bib	Name	City, State	Age	Gen	Finish	AG	OA	FO
185	Leto, Kyle	San Jose, CA	22	M	1:59:52.1	1	4	4
	swim ( 0:16:23.7 )	t1 ( 0:01:24.5 )	bike ( 1:01:25.1 )	t2 ( 0:00:50.6 )	run ( 0:39:48.0 )			
174	Lantz, Travis	Dublin, CA	27	M	1:59:56.3	2	5	5
	swim ( 0:18:45.8 )	t1 ( 0:01:13.7 )	bike ( 0:58:09.0 )	t2 ( 0:00:29.2 )	run ( 0:41:18.3 )			
19	Archard, Alan	South San Franci, CA	27	M	2:03:06.8	3	11	11
	swim ( 0:18:53.1 )	t1 ( 0:00:44.5 )	bike ( 1:01:05.5 )	t2 ( 0:00:53.6 )	run ( 0:41:29.9 )			
116	Giuliani, Francis	Grass Valley, CA	22	M	2:03:34.8	4	12	12
	swim ( 0:17:14.5 )	t1 ( 0:01:09.9 )	bike ( 1:06:32.9 )	t2 ( 0:01:02.3 )	run ( 0:37:34.9 )			
257	Parry, Michael	Danville, CA	23	M	2:03:40.9	5	13	13
	swim ( 0:19:15.4 )	t1 ( 0:01:13.8 )	bike ( 1:04:44.8 )	t2 ( 0:00:47.8 )	run ( 0:37:38.8 )			
18	Anderson, Charles	Fremont, CA	28	M	2:06:27.2	6	18	18
	swim ( 0:20:02.8 )	t1 ( 0:00:57.8 )	bike ( 1:05:49.7 )	t2 ( 0:00:47.8 )	run ( 0:38:48.9 )			
159	Kent, Bryan	San Francisco, CA	22	M	2:06:42.9	7	20	20
	swim ( 0:21:32.7 )	t1 ( 0:01:10.0 )	bike ( 1:05:11.8 )	t2 ( 0:00:43.0 )	run ( 0:38:05.2 )			
65	Conley, John	Palo Alto, CA	28	M	2:07:23.9	8	21	21
	swim ( 0:19:37.5 )	t1 ( 0:01:11.1 )	bike ( 1:03:38.6 )	t2 ( 0:01:04.6 )	run ( 0:41:51.9 )			
312	Stoner, Michael	Davis, CA	21	M	2:08:33.5	9	23	23
	swim ( 0:16:52.3 )	t1 ( 0:01:28.0 )	bike ( 1:01:51.5 )	t2 ( 0:00:37.7 )	run ( 0:47:43.8 )			
277	Robertson, Scott	San Francisco, CA	29	M	2:09:52.5	10	28	28
	swim ( 0:19:47.3 )	t1 ( 0:00:45.4 )	bike ( 1:03:38.5 )	t2 ( 0:00:40.5 )	run ( 0:45:00.8 )			
392	Tritz, Kris	Folsom, CA	21	M	2:10:46.3	11	32	32
	swim ( 0:19:41.2 )	t1 ( 0:01:37.2 )	bike ( 1:01:36.9 )	t2 ( 0:00:31.6 )	run ( 0:47:19.2 )			
306	Smith, Ryan	West Sacramento, CA	27	M	2:11:08.9	12	34	34
	swim ( 0:23:01.0 )	t1 ( 0:01:10.7 )	bike ( 1:04:04.2 )	t2 ( 0:00:49.6 )	run ( 0:42:03.1 )			
326	Triebwasser, Mark	Lincoln, CA	29	M	2:11:44.9	13	36	36
	swim ( 0:22:09.4 )	t1 ( 0:00:51.1 )	bike ( 1:03:57.1 )	t2 ( 0:00:44.4 )	run ( 0:44:02.7 )			
382	Schiller, Nicholas	West Sacramento , CA	26	M	2:12:18.4	14	39	39
	swim ( 0:23:22.4 )	t1 ( 0:01:19.0 )	bike ( 1:02:32.8 )	t2 ( 0:00:59.5 )	run ( 0:44:04.4 )			
232	Morales, Christopher	Citrus Heights, CA	26	M	2:13:30.5	15	41	41
	swim ( 0:27:32.0 )	t1 ( 0:01:46.1 )	bike ( 0:56:22.5 )	t2 ( 0:01:16.4 )	run ( 0:46:33.2 )			
245	O'Reilly, Luke	San Francisco, CA	29	M	2:13:34.6	16	42	42
	swim ( 0:19:57.4 )	t1 ( 0:01:19.6 )	bike ( 1:06:01.6 )	t2 ( 0:00:59.7 )	run ( 0:45:16.1 )			
162	Klingman, Michael	Citrus Heights, CA	28	M	2:16:56.8	17	52	53
	swim ( 0:23:16.1 )	t1 ( 0:01:21.8 )	bike ( 1:03:21.8 )	t2 ( 0:00:46.0 )	run ( 0:48:11.0 )			
269	Quinn, Greg	Livermore, CA	29	M	2:17:50.3	18	57	59
	swim ( 0:25:56.1 )	t1 ( 0:01:53.5 )	bike ( 1:06:50.1 )	t2 ( 0:01:03.8 )	run ( 0:42:06.7 )			
423	Pearson, Nate	Reno, NV	26	M	2:19:58.1	19	61	65
	swim ( 0:24:17.8 )	t1 ( 0:01:29.1 )	bike ( 1:06:07.7 )	t2 ( 0:01:12.2 )	run ( 0:46:51.1 )			
346	Ward, Trent	Folsom, CA	27	M	2:23:31.8	20	72	79
	swim ( 0:24:05.2 )	t1 ( 0:02:05.9 )	bike ( 1:11:39.5 )	t2 ( 0:01:19.9 )	run ( 0:44:21.0 )			
254	Owen , Jessy	Lincoln , CA	27	M	2:25:06.9	21	81	90
	swim ( 0:24:59.5 )	t1 ( 0:02:21.0 )	bike ( 1:05:58.2 )	t2 ( 0:01:34.1 )	run ( 0:50:14.0 )			
273	Reith, Mark	Salinas, CA	26	M	2:25:17.9	22	83	93
	swim ( 0:21:16.4 )	t1 ( 0:02:24.5 )	bike ( 1:09:36.9 )	t2 ( 0:01:01.2 )	run ( 0:50:58.6 )			
88	Dragovich, Luke	Reno, NV	27	M	2:25:43.9	23	87	97
	swim ( 0:23:50.8 )	t1 ( 0:02:03.8 )	bike ( 1:09:38.1 )	t2 ( 0:01:01.3 )	run ( 0:49:09.6 )			
386	Matulonis, Nick	West Sacramento, CA	26	M	2:27:19.8	24	93	105
	swim ( 0:24:40.6 )	t1 ( 0:01:51.5 )	bike ( 1:09:45.7 )	t2 ( 0:01:21.2 )	run ( 0:49:40.6 )			

# Individual Male and Female M20-29

Bib	Name	City, State	Age	Gen	Finish	AG	OA	FO
331	Tuohy, Brian	Sebastopol, CA	26	M	2:29:24.2	25	99	114
	swim ( 0:21:43.8 )	t1 ( 0:03:42.4 )	bike ( 1:13:30.4 )	t2 ( 0:01:38.8 )	run ( 0:48:48.6 )			
389	Cloutier, Dan	Folsom, CA	26	M	2:31:53.9	26	106	124
	swim ( 0:30:35.1 )	t1 ( 0:02:48.7 )	bike ( 1:10:07.0 )	t2 ( 0:01:07.1 )	run ( 0:47:15.8 )			
238	Mustin, Brenton	Sacramento, CA	28	M	2:35:17.0	27	121	150
	swim ( 0:26:46.1 )	t1 ( 0:02:23.3 )	bike ( 1:11:52.0 )	t2 ( 0:01:17.2 )	run ( 0:52:58.1 )			
26	Bhagatwala, Ankit	Stanford, CA	26	M	2:36:18.9	28	128	157
	swim ( 0:32:39.6 )	t1 ( 0:03:21.9 )	bike ( 1:10:31.5 )	t2 ( 0:01:11.0 )	run ( 0:48:34.6 )			
214	McChesney, Gavin	Saratoga, CA	25	M	2:38:54.9	29	137	172
	swim ( 0:31:20.1 )	t1 ( 0:01:48.7 )	bike ( 1:14:10.2 )	t2 ( 0:01:00.7 )	run ( 0:50:35.0 )			
368	Woodmansee, James	Modesto, CA	25	M	2:44:10.8	30	158	205
	swim ( 0:24:18.1 )	t1 ( 0:02:03.0 )	bike ( 1:20:04.2 )	t2 ( 0:01:08.2 )	run ( 0:56:37.2 )			
393	Downs, Anthony	Folsom, CA	22	M	2:45:00.7	31	161	210
	swim ( 0:26:52.0 )	t1 ( 0:02:59.0 )	bike ( 1:16:09.4 )	t2 ( 0:01:00.8 )	run ( 0:57:59.2 )			
335	Twardus, Bryan	Auburn, CA	25	M	2:45:01.8	32	162	211
	swim ( 0:26:53.9 )	t1 ( 0:04:30.9 )	bike ( 1:15:03.2 )	t2 ( 0:01:29.1 )	run ( 0:57:04.5 )			
332	Tuohy, William	Sebastopol, CA	25	M	2:47:12.7	33	169	223
	swim ( 0:22:27.4 )	t1 ( 0:03:04.1 )	bike ( 1:14:33.7 )	t2 ( 0:01:12.3 )	run ( 1:05:55.0 )			
61	Coltrin, Gregory	Sacramento, CA	29	M	2:57:26.6	34	187	268
	swim ( 0:29:59.4 )	t1 ( 0:02:14.1 )	bike ( 1:19:17.8 )	t2 ( 0:01:19.7 )	run ( 1:04:35.3 )			
256	Palafox, Oscar	So.S.F., CA	25	M	2:59:39.1	35	191	275
	swim ( 0:31:28.9 )	t1 ( 0:04:14.8 )	bike ( 1:21:21.7 )	t2 ( 0:01:22.7 )	run ( 1:01:10.8 )			
40	Brynelson, Gregory	San Francisco, CA	29	M	--	--	--	--
	swim ( 0:27:08.8 )	t1 ( 0:02:12.5 )	bike ( 1:16:37.7 )	t2 ( 0:01:47.8 )	run ( -- )			
436	Bunting, Chuck	Campbell, CA	27	M	--	--	--	--
	swim ( 0:20:02.9 )	t1 ( 0:01:08.3 )	bike ( 1:13:31.9 )	t2 ( -- )	run ( -- )			
153	Kaesler, Christian	Sacramento, CA	29	M	--	--	--	--
	swim ( 0:30:46.4 )	t1 ( 0:05:49.2 )	bike ( -- )	t2 ( -- )	run ( -- )			

# Individual Male and Female M30-39

Bib	Name	City, State	Age	Gen	Finish	AG	OA	FO
371	Zastrow, Adam	San Rafael, CA	30	M	1:55:51.3	1	1	1
	swim ( 0:19:21.6 )	t1 ( 0:00:51.0 )	bike ( 0:58:47.5 )	t2 ( 0:01:04.5 )	run ( 0:35:46.5 )			
323	Tran, Kiet	Oakland, CA	37	M	1:59:10.1	2	3	3
	swim ( 0:18:43.4 )	t1 ( 0:01:12.5 )	bike ( 1:00:07.1 )	t2 ( 0:00:47.3 )	run ( 0:38:19.6 )			
208	Maynard, Jan	Pleasant Hill, CA	30	M	2:00:48.1	3	6	6
	swim ( 0:21:07.7 )	t1 ( 0:01:30.9 )	bike ( 0:59:17.8 )	t2 ( 0:00:40.7 )	run ( 0:38:10.8 )			
339	Viola, Ritch	San Francisco, CA	36	M	2:01:53.3	4	7	7
	swim ( 0:16:51.6 )	t1 ( 0:01:25.1 )	bike ( 1:02:45.3 )	t2 ( 0:00:51.2 )	run ( 0:40:00.0 )			
85	Dooley, Todd	Sacramento, CA	36	M	2:02:12.8	5	8	8
	swim ( 0:20:06.4 )	t1 ( 0:01:29.6 )	bike ( 1:00:56.0 )	t2 ( 0:00:51.8 )	run ( 0:38:48.7 )			
62	Condon, David	san francisco, CA	31	M	2:02:57.0	6	9	9
	swim ( 0:23:13.9 )	t1 ( 0:00:55.7 )	bike ( 0:56:28.5 )	t2 ( 0:00:55.3 )	run ( 0:41:23.4 )			
396	Rosales, Andres	Sacramento, CA	31	M	2:03:04.9	7	10	10
	swim ( 0:19:11.9 )	t1 ( 0:01:20.6 )	bike ( 1:00:18.1 )	t2 ( 0:01:31.1 )	run ( 0:40:43.0 )			
267	Prince, Jaffa	San Francisco, CA	30	M	2:05:23.4	8	15	15
	swim ( 0:21:37.5 )	t1 ( 0:01:01.8 )	bike ( 1:00:20.2 )	t2 ( 0:00:49.0 )	run ( 0:41:34.8 )			
95	Ellis, Byron	Redwood City, CA	31	M	2:09:08.8	9	24	24
	swim ( 0:20:17.4 )	t1 ( 0:01:46.9 )	bike ( 1:03:01.2 )	t2 ( 0:01:12.0 )	run ( 0:42:51.1 )			
308	Solomon, Jeff	Palo Alto, CA	38	M	2:09:25.7	10	26	26
	swim ( 0:22:31.0 )	t1 ( 0:01:22.3 )	bike ( 1:03:35.9 )	t2 ( 0:00:49.2 )	run ( 0:41:07.1 )			
364	Williams, Brian	San Francisco, CA	34	M	2:11:08.3	11	33	33
	swim ( 0:23:36.1 )	t1 ( 0:00:41.9 )	bike ( 1:02:57.1 )	t2 ( 0:00:43.6 )	run ( 0:43:09.4 )			
261	Petruzzelli, Ken	Chico, CA	35	M	2:11:12.2	12	35	35
	swim ( 0:18:38.7 )	t1 ( 0:01:23.8 )	bike ( 1:05:38.3 )	t2 ( 0:01:11.1 )	run ( 0:44:20.1 )			
198	Mangum, Tim	Woodland, CA	32	M	2:12:04.1	13	38	38
	swim ( 0:21:29.3 )	t1 ( 0:00:52.1 )	bike ( 1:03:38.9 )	t2 ( 0:00:43.9 )	run ( 0:45:19.6 )			
72	Cramer, Steve	San Ramon, CA	37	M	2:12:56.8	14	40	40
	swim ( 0:22:43.6 )	t1 ( 0:01:22.1 )	bike ( 1:01:46.5 )	t2 ( 0:01:02.2 )	run ( 0:46:02.3 )			
177	Lau, Justin	Elk Grove, CA	35	M	2:13:52.9	15	43	43
	swim ( 0:24:00.5 )	t1 ( 0:01:02.3 )	bike ( 1:02:41.2 )	t2 ( 0:01:17.4 )	run ( 0:44:51.3 )			
286	Schanze, Mark	Dublin, CA	32	M	2:14:31.9	16	44	44
	swim ( 0:21:01.6 )	t1 ( 0:01:11.0 )	bike ( 1:02:50.8 )	t2 ( 0:00:56.2 )	run ( 0:48:32.2 )			
17	Andarcia, Luis	San Francisco, CA	38	M	2:14:39.5	17	45	45
	swim ( 0:21:42.5 )	t1 ( 0:01:48.6 )	bike ( 1:06:24.3 )	t2 ( 0:00:43.7 )	run ( 0:44:00.3 )			
347	Wasielewski, Justin	San Francisco, CA	35	M	2:14:52.9	18	46	47
	swim ( 0:22:16.6 )	t1 ( 0:01:29.5 )	bike ( 1:07:41.5 )	t2 ( 0:01:06.5 )	run ( 0:42:18.7 )			
49	Cerrito, Johnny	Willow Glen, CA	39	M	2:17:38.2	19	55	56
	swim ( 0:21:24.5 )	t1 ( 0:00:58.7 )	bike ( 1:02:36.0 )	t2 ( 0:00:58.9 )	run ( 0:51:39.8 )			
278	Rogers, Greg	Folsom, CA	36	M	2:17:43.9	20	56	57
	swim ( 0:21:32.3 )	t1 ( 0:01:41.7 )	bike ( 1:06:59.2 )	t2 ( 0:01:00.6 )	run ( 0:46:29.9 )			
283	Sacco, Anthony	Folsom, CA	33	M	2:19:04.0	21	60	63
	swim ( 0:23:34.6 )	t1 ( 0:02:37.8 )	bike ( 1:05:40.1 )	t2 ( 0:01:15.4 )	run ( 0:45:56.0 )			
390	Brock, Bryan	Sacramento, CA	39	M	2:20:09.5	22	62	66
	swim ( 0:19:59.5 )	t1 ( 0:03:24.0 )	bike ( 1:07:13.8 )	t2 ( 0:01:24.1 )	run ( 0:48:08.0 )			
1	Kotarek, Steve	Davis, CA	31	M	2:20:16.5	23	64	68
	swim ( 0:22:22.3 )	t1 ( 0:02:52.0 )	bike ( 1:08:14.5 )	t2 ( 0:01:22.4 )	run ( 0:45:25.1 )			
44	Burr, Tim	Foster City, CA	35	M	2:20:25.3	24	66	70
	swim ( 0:22:54.7 )	t1 ( 0:02:12.7 )	bike ( 1:07:44.2 )	t2 ( 0:01:29.0 )	run ( 0:46:04.4 )			

# Individual Male and Female M30-39

Bib	Name	City, State	Age	Gen	Finish	AG	OA	FO
168	Kruithof, Kevin	Fair Oaks, CA	35	M	2:21:58.9	25	69	75
	swim ( 0:21:49.3 )	t1 ( 0:01:58.6 )	bike ( 1:07:51.6 )	t2 ( 0:01:33.8 )	run ( 0:48:45.4 )			
264	Plane, Joe	Stockton, CA	34	M	2:22:58.4	26	70	77
	swim ( 0:20:14.2 )	t1 ( 1:14:48.9 )	bike ( -- )	t2 ( -- )	run ( 0:47:55.2 )			
172	Laflamme, Aroussen	Sunnyvale, CA	30	M	2:23:06.4	27	71	78
	swim ( 0:38:29.9 )	t1 ( 0:01:22.9 )	bike ( 0:57:32.7 )	t2 ( 0:00:56.2 )	run ( 0:44:44.5 )			
243	Nipp, Devin	San Francisco, CA	32	M	2:23:33.0	28	73	80
	swim ( 0:25:27.8 )	t1 ( 0:02:31.3 )	bike ( 1:08:46.3 )	t2 ( 0:01:53.6 )	run ( 0:44:53.9 )			
105	French, Mike	Davis, CA	37	M	2:24:05.9	29	76	85
	swim ( 0:27:46.0 )	t1 ( 0:01:47.3 )	bike ( 1:05:04.2 )	t2 ( 0:01:13.6 )	run ( 0:48:14.6 )			
302	Smith, Alex	Folsom, CA	38	M	2:25:14.7	30	82	92
	swim ( 0:18:32.8 )	t1 ( 0:01:40.6 )	bike ( 1:12:46.6 )	t2 ( 0:01:24.5 )	run ( 0:50:50.0 )			
344	Walter, Jason	Sacramento, CA	33	M	2:25:22.7	31	84	94
	swim ( 0:20:22.7 )	t1 ( 0:01:02.6 )	bike ( 1:11:37.0 )	t2 ( 0:00:41.8 )	run ( 0:51:38.5 )			
178	Lau, Patrick	Sacramento, CA	36	M	2:27:30.5	32	94	106
	swim ( 0:25:25.2 )	t1 ( 0:02:06.7 )	bike ( 1:07:02.3 )	t2 ( 0:01:43.1 )	run ( 0:51:13.0 )			
341	Wagner, Joel	Burlingame, CA	32	M	2:27:54.5	33	95	109
	swim ( 0:23:39.7 )	t1 ( 0:02:08.7 )	bike ( 1:10:41.3 )	t2 ( 0:00:43.0 )	run ( 0:50:41.7 )			
305	Smith, Jim	Piedmont, CA	36	M	2:28:57.5	34	97	111
	swim ( 0:25:24.2 )	t1 ( 0:03:10.4 )	bike ( 1:12:02.6 )	t2 ( 0:01:33.1 )	run ( 0:46:47.0 )			
248	Oosthuizen, Jan	San Rafael, CA	39	M	2:29:50.1	35	101	116
	swim ( 0:26:55.0 )	t1 ( 0:03:44.1 )	bike ( 1:10:44.5 )	t2 ( 0:01:09.6 )	run ( 0:47:16.7 )			
30	Bradley, Mike	Pilot Hill, CA	34	M	2:29:53.3	36	102	117
	swim ( 0:25:08.1 )	t1 ( 0:01:49.7 )	bike ( 1:09:39.6 )	t2 ( 0:01:35.4 )	run ( 0:51:40.3 )			
122	Griesert, Nathanael	Grass Valley, CA	32	M	2:30:55.6	37	103	119
	swim ( 0:25:20.2 )	t1 ( 0:01:54.2 )	bike ( 1:10:07.1 )	t2 ( 0:00:58.9 )	run ( 0:52:35.0 )			
147	Isidro, Oliver	Roseville, CA	34	M	2:31:12.4	38	104	121
	swim ( 0:26:57.3 )	t1 ( 0:01:18.5 )	bike ( 1:10:35.5 )	t2 ( 0:00:50.3 )	run ( 0:51:30.5 )			
372	Zenz, John	Reno, NV	37	M	2:31:54.8	39	107	125
	swim ( 0:23:57.8 )	t1 ( 0:01:56.0 )	bike ( 1:10:35.9 )	t2 ( 0:01:24.3 )	run ( 0:54:00.6 )			
317	Sweeney, Gavin	San Francisco, CA	30	M	2:32:09.5	40	109	127
	swim ( 0:31:50.8 )	t1 ( 0:02:06.4 )	bike ( 1:08:34.4 )	t2 ( 0:01:21.4 )	run ( 0:48:16.3 )			
187	Lewis, Joshua	Bakersfield, CA	30	M	2:32:24.2	41	110	132
	swim ( 0:23:12.9 )	t1 ( 0:01:37.1 )	bike ( 1:13:00.9 )	t2 ( 0:01:35.7 )	run ( 0:52:57.4 )			
76	Cyester, Britt	Campbell, CA	31	M	2:32:37.9	42	112	134
	swim ( 0:27:16.5 )	t1 ( 0:02:33.5 )	bike ( 1:08:17.9 )	t2 ( 0:01:15.4 )	run ( 0:53:14.4 )			
150	Johnson, Gordon	sacramento, CA	37	M	2:32:39.8	43	113	135
	swim ( 0:23:24.5 )	t1 ( 0:02:39.7 )	bike ( 1:13:40.0 )	t2 ( 0:01:32.6 )	run ( 0:51:22.9 )			
222	Mead, Paul	San Rafael, CA	30	M	2:33:08.1	44	115	137
	swim ( 0:28:12.2 )	t1 ( 0:01:53.6 )	bike ( 1:08:15.7 )	t2 ( 0:01:14.1 )	run ( 0:53:32.3 )			
374	Zsoka, Tim	Folsom, CA	37	M	2:33:37.5	45	116	139
	swim ( 0:25:36.5 )	t1 ( 0:02:07.6 )	bike ( 1:05:43.3 )	t2 ( 0:01:22.4 )	run ( 0:58:47.6 )			
41	Buitrago, Felipe	San Jose, CA	34	M	2:34:24.4	46	118	142
	swim ( 0:26:24.5 )	t1 ( 0:02:32.5 )	bike ( 1:09:27.4 )	t2 ( 0:01:22.2 )	run ( 0:54:37.6 )			
81	Dietz, John	Menlo Park, CA	37	M	2:34:52.3	47	120	148
	swim ( 0:31:16.1 )	t1 ( 0:03:02.8 )	bike ( 1:13:59.4 )	t2 ( 0:01:32.2 )	run ( 0:45:01.7 )			
55	Chu, Edward	Sacramento, CA	31	M	2:36:13.2	48	127	156
	swim ( 0:31:57.6 )	t1 ( 0:03:14.4 )	bike ( 1:08:46.6 )	t2 ( 0:02:21.1 )	run ( 0:49:53.3 )			

# Individual Male and Female M30-39

Bib	Name	City, State	Age	Gen	Finish	AG	OA	FO
205	May, Andrew	Dublin, CA	36	M	2:36:33.4	49	129	161
	swim ( 0:25:30.4 )	t1 ( 0:03:00.4 )	bike ( 1:08:11.3 )	t2 ( 0:03:49.1 )	run ( 0:56:01.9 )			
293	Sexton, Travis	San Ramon, CA	34	M	2:37:02.0	50	130	162
	swim ( 0:27:10.8 )	t1 ( 0:03:23.0 )	bike ( 1:13:19.0 )	t2 ( 0:02:23.2 )	run ( 0:50:45.7 )			
22	Barros, Alexandre	Pacifica, CA	38	M	2:37:05.5	51	131	163
	swim ( 0:25:29.3 )	t1 ( 0:01:07.4 )	bike ( 1:15:20.7 )	t2 ( 0:01:03.0 )	run ( 0:54:04.9 )			
120	Gouldy, Jared	Novato, CA	36	M	2:37:15.4	52	132	164
	swim ( 0:26:53.6 )	t1 ( 0:01:37.3 )	bike ( 1:12:09.8 )	t2 ( 0:01:09.2 )	run ( 0:55:25.3 )			
355	Westall, Chris	San Francisco, CA	38	M	2:39:26.1	53	139	175
	swim ( 0:25:37.1 )	t1 ( 0:02:18.1 )	bike ( 1:16:30.5 )	t2 ( 0:01:31.5 )	run ( 0:53:28.7 )			
338	Varelas, Esteban	Sacramento , CA	35	M	2:40:30.7	54	142	180
	swim ( 0:26:20.6 )	t1 ( 0:03:42.5 )	bike ( 1:12:32.3 )	t2 ( 0:02:11.4 )	run ( 0:55:43.7 )			
333	Turner, John	San Francisco, CA	34	M	2:41:45.7	55	146	185
	swim ( 0:25:12.0 )	t1 ( 0:03:20.6 )	bike ( 1:17:50.4 )	t2 ( 0:00:33.3 )	run ( 0:54:49.2 )			
234	Morrison, Jonathan	Roseville, CA	39	M	2:42:30.5	56	150	192
	swim ( 0:24:16.5 )	t1 ( 0:03:15.9 )	bike ( 1:12:36.1 )	t2 ( 0:01:26.3 )	run ( 1:00:55.4 )			
363	Williams, Brett	Sacramento, CA	39	M	2:42:31.3	57	151	193
	swim ( 0:24:17.5 )	t1 ( 0:01:31.9 )	bike ( 1:16:59.2 )	t2 ( 0:01:07.3 )	run ( 0:58:35.2 )			
196	Madams, Darren	Elk Grove, CA	31	M	2:46:51.7	58	168	221
	swim ( 0:22:45.0 )	t1 ( 0:00:41.6 )	bike ( 1:17:23.5 )	t2 ( 0:01:42.6 )	run ( 1:04:18.7 )			
318	Tang, Walter	Burlingame, CA	31	M	2:47:42.7	59	170	228
	swim ( 0:26:44.4 )	t1 ( 0:04:34.3 )	bike ( 1:19:23.2 )	t2 ( 0:01:07.1 )	run ( 0:55:53.5 )			
35	Brodigan, Brad	Redwood City, CA	39	M	2:51:40.1	60	174	244
	swim ( 0:24:06.2 )	t1 ( 0:04:59.3 )	bike ( 1:22:41.8 )	t2 ( 0:00:46.8 )	run ( 0:59:05.9 )			
287	Schoch, Denny	French Camp, CA	34	M	2:53:45.0	61	182	258
	swim ( 0:29:08.2 )	t1 ( 0:04:17.8 )	bike ( 1:18:05.6 )	t2 ( 0:01:55.3 )	run ( 1:00:17.9 )			
438	Parmick, Jamin	San Francisco, CA	36	M	2:54:56.2	62	184	262
	swim ( 0:28:22.5 )	t1 ( 0:03:09.7 )	bike ( 1:16:09.7 )	t2 ( 0:01:02.1 )	run ( 1:06:12.0 )			
314	Sullivan, Bryan	Redwood City, CA	38	M	2:55:29.1	63	185	264
	swim ( 0:30:09.5 )	t1 ( 0:04:34.2 )	bike ( 1:18:38.1 )	t2 ( 0:00:50.6 )	run ( 1:01:16.5 )			
387	Coleman, Joel	Sacramento, CA	35	M	2:58:56.5	64	189	271
	swim ( 0:35:35.8 )	t1 ( 0:03:58.0 )	bike ( 1:15:09.3 )	t2 ( 0:03:29.7 )	run ( 1:00:43.5 )			
148	Johnson, David	Rocklin, CA	39	M	3:00:13.0	65	192	276
	swim ( 0:26:10.8 )	t1 ( 0:09:41.4 )	bike ( 1:19:08.4 )	t2 ( 0:02:17.4 )	run ( 1:02:54.9 )			
340	Wagner, Christopher	Sacramento, CA	39	M	3:00:13.1	66	193	277
	swim ( 0:32:54.4 )	t1 ( 0:02:55.6 )	bike ( 1:19:08.7 )	t2 ( 0:02:19.0 )	run ( 1:02:55.2 )			
11	Abisia, Marvin	Dublin, CA	36	M	3:00:57.2	67	194	281
	swim ( 0:30:21.2 )	t1 ( 0:03:13.1 )	bike ( 1:18:49.6 )	t2 ( 0:02:14.3 )	run ( 1:06:18.8 )			
359	Wiggen, Jim	Carmichael, CA	37	M	3:01:50.6	68	195	282
	swim ( 0:22:45.8 )	t1 ( 0:03:14.5 )	bike ( 1:21:55.5 )	t2 ( 0:01:19.9 )	run ( 1:12:34.7 )			
39	Brown, Scott	Sacramento, CA	34	M	3:03:38.4	69	199	293
	swim ( 0:29:49.3 )	t1 ( 0:03:02.4 )	bike ( 1:18:51.8 )	t2 ( 0:01:51.1 )	run ( 1:10:03.6 )			
424	Beeten, Jeremy	Southport, CT	34	M	3:04:07.7	70	200	294
	swim ( 0:36:56.8 )	t1 ( 0:01:34.5 )	bike ( 1:20:32.9 )	t2 ( 0:01:46.7 )	run ( 1:03:16.6 )			
20	Avelar, Eduardo	Davis, CA	31	M	3:09:17.6	71	207	307
	swim ( 0:30:19.8 )	t1 ( 0:01:55.6 )	bike ( 1:18:24.2 )	t2 ( 0:01:08.3 )	run ( 1:17:29.6 )			
313	Stutz, Frank	Cupertino, CA	34	M	3:11:00.7	72	208	311
	swim ( 0:27:02.9 )	t1 ( 0:03:16.8 )	bike ( 1:22:13.1 )	t2 ( 0:01:48.5 )	run ( 1:16:39.1 )			



## Individual Male and Female M30-39

<b>Bib</b>	<b>Name</b>	<b>City, State</b>	<b>Age</b>	<b>Gen</b>	<b>Finish</b>	<b>AG</b>	<b>OA</b>	<b>FO</b>
391	Griffin, Joshua swim ( 0:26:29.5 ) t1 ( 0:04:00.7 )	Sacramento, CA bike ( 1:16:38.8 ) t2 ( 0:01:55.6 )	35	M	3:11:30.8	73	209	313
195	Mack, David swim ( 0:45:01.2 ) t1 ( 0:04:23.6 )	Cameron Park, CA bike ( 1:21:36.2 ) t2 ( 0:02:51.8 )	36	M	3:23:40.7	74	220	329
200	Marone, Josh swim ( 0:26:03.1 ) t1 ( 0:05:45.5 )	Lincoln, CA bike ( 1:15:45.2 ) t2 ( 0:04:00.4 )	31	M	3:27:07.3	75	225	336
316	Swain, Jason swim ( 0:29:36.1 ) t1 ( 0:02:46.2 )	Sacramento, CA bike ( 1:32:34.6 ) t2 ( 0:01:22.1 )	37	M	3:29:40.8	76	227	344
102	Fex, Christian swim ( 0:49:51.3 ) t1 ( 0:03:17.5 )	Redwood City, CA bike ( 1:51:06.2 ) t2 ( 0:02:49.0 )	38	M	3:42:22.0	77	229	352

# Individual Male and Female M40-49

Bib	Name	City, State	Age	Gen	Finish	AG	OA	FO
46	Campbell, Jason	Oakland, CA	47	M	1:58:37.3	1	2	2
	swim ( 0:17:56.4 )	t1 ( 0:01:12.5 )	bike ( 0:58:41.8 )	t2 ( 0:00:57.3 )	run ( 0:39:49.2 )			
67	Cook, Greg	Folsom, CA	40	M	2:05:52.4	2	17	17
	swim ( 0:18:59.8 )	t1 ( 0:01:36.1 )	bike ( 0:58:08.2 )	t2 ( 0:01:06.4 )	run ( 0:46:01.7 )			
139	Hollinger, John	Clayton, CA	44	M	2:06:29.2	3	19	19
	swim ( 0:20:23.5 )	t1 ( 0:01:26.4 )	bike ( 1:01:05.3 )	t2 ( 0:00:47.9 )	run ( 0:42:45.8 )			
311	Sparks, Michael	Sacramento, CA	40	M	2:08:04.1	4	22	22
	swim ( 0:24:31.4 )	t1 ( 0:01:24.3 )	bike ( 0:59:43.0 )	t2 ( 0:01:36.2 )	run ( 0:40:49.1 )			
400	Leighton, Brian	El Dorado Hills, CA	47	M	2:09:20.1	5	25	25
	swim ( 0:20:10.4 )	t1 ( 0:01:46.9 )	bike ( 0:59:37.0 )	t2 ( 0:00:47.2 )	run ( 0:46:58.5 )			
220	McNenny, Patrick	Redwood City, CA	42	M	2:09:38.0	6	27	27
	swim ( 0:18:07.9 )	t1 ( 0:01:07.9 )	bike ( 1:05:29.5 )	t2 ( 0:01:21.3 )	run ( 0:43:31.1 )			
427	McCrary, Chris	P Hill, CA	40	M	2:09:59.6	7	29	29
	swim ( 0:22:29.7 )	t1 ( 0:01:10.1 )	bike ( 1:03:25.1 )	t2 ( 0:00:46.4 )	run ( 0:42:08.0 )			
297	Showler, Steve	Carmichael, CA	46	M	2:10:03.5	8	31	31
	swim ( 0:22:46.3 )	t1 ( 0:01:38.0 )	bike ( 0:57:08.0 )	t2 ( 0:00:56.2 )	run ( 0:47:34.7 )			
249	Opsal, Brian	Carmichael, CA	44	M	2:11:54.9	9	37	37
	swim ( 0:23:21.3 )	t1 ( 0:01:11.0 )	bike ( 0:59:56.6 )	t2 ( 0:01:11.4 )	run ( 0:46:14.4 )			
99	Farrell, Geoffrey	San Francisco, CA	47	M	2:15:18.0	10	47	48
	swim ( 0:21:15.9 )	t1 ( 0:01:44.4 )	bike ( 1:05:14.5 )	t2 ( 0:01:14.9 )	run ( 0:45:48.1 )			
228	Messersmith, Martin	Stockton, CA	42	M	2:15:40.6	11	48	49
	swim ( 0:23:27.0 )	t1 ( 0:01:07.9 )	bike ( 1:05:35.7 )	t2 ( 0:01:00.8 )	run ( 0:44:28.8 )			
77	Dahl, Rune	Mountain View, CA	45	M	2:15:44.7	12	49	50
	swim ( 0:24:46.1 )	t1 ( 0:02:48.2 )	bike ( 1:03:16.2 )	t2 ( 0:00:59.9 )	run ( 0:43:54.1 )			
268	Qualle, Jeff	Ripon, CA	47	M	2:16:38.7	13	50	51
	swim ( 0:20:57.4 )	t1 ( 0:01:23.7 )	bike ( 1:05:20.3 )	t2 ( 0:01:09.1 )	run ( 0:47:48.1 )			
23	Baxter, Brian	Rocklin, CA	40	M	2:16:52.2	14	51	52
	swim ( 0:23:42.7 )	t1 ( 0:02:03.5 )	bike ( 1:05:10.0 )	t2 ( 0:01:03.0 )	run ( 0:44:52.8 )			
98	Fairley, Scott	Carmichael, CA	44	M	2:17:35.9	15	54	55
	swim ( 0:26:22.5 )	t1 ( 0:01:44.5 )	bike ( 1:03:33.7 )	t2 ( 0:00:57.4 )	run ( 0:44:57.6 )			
342	Wagner, Rob	Sacramento, CA	40	M	2:17:59.2	16	58	60
	swim ( 0:22:20.4 )	t1 ( 0:01:35.2 )	bike ( 1:04:52.7 )	t2 ( 0:00:44.1 )	run ( 0:48:26.5 )			
223	Mellick, Kurt	Elk Grove, CA	41	M	2:18:36.3	17	59	62
	swim ( 0:23:23.2 )	t1 ( 0:01:25.3 )	bike ( 1:06:27.4 )	t2 ( 0:00:50.8 )	run ( 0:46:29.3 )			
24	Baxter, William	Seaside, CA	43	M	2:20:12.4	18	63	67
	swim ( 0:23:15.2 )	t1 ( 0:03:15.8 )	bike ( 1:04:17.0 )	t2 ( 0:01:55.6 )	run ( 0:47:28.7 )			
170	Kukta, Stephen	Val, CA	43	M	2:20:18.3	19	65	69
	swim ( 0:23:06.5 )	t1 ( 0:01:40.4 )	bike ( 1:07:47.9 )	t2 ( 0:01:02.6 )	run ( 0:46:40.8 )			
115	Ginsburg, Michael	Reno, NV	45	M	2:24:29.7	20	78	87
	swim ( 0:22:09.0 )	t1 ( 0:01:55.7 )	bike ( 1:09:22.0 )	t2 ( 0:01:02.9 )	run ( 0:49:59.9 )			
137	Hoffman, Michael	Folsom, CA	48	M	2:24:36.9	21	79	88
	swim ( 0:23:28.9 )	t1 ( 0:02:06.3 )	bike ( 1:07:07.6 )	t2 ( 0:02:02.1 )	run ( 0:49:51.8 )			
334	Tuscher, Troy	Windsor, CA	48	M	2:25:37.1	22	85	95
	swim ( 0:27:41.4 )	t1 ( 0:01:49.4 )	bike ( 1:06:09.6 )	t2 ( 0:01:36.8 )	run ( 0:48:19.8 )			
111	Gesell, Charlie	santa Rosa, CA	42	M	2:25:38.8	23	86	96
	swim ( 0:24:55.5 )	t1 ( 0:01:58.2 )	bike ( 1:09:27.5 )	t2 ( 0:01:39.4 )	run ( 0:47:38.0 )			
191	Lohmann, Watson	Menlo Park, CA	47	M	2:25:58.3	24	88	98
	swim ( 0:24:02.0 )	t1 ( 0:02:36.5 )	bike ( 1:08:53.1 )	t2 ( 0:00:31.0 )	run ( 0:49:55.5 )			

# Individual Male and Female M40-49

Bib	Name	City, State	Age	Gen	Finish	AG	OA	FO
59	Collins, Bob	San Jose, CA	43	M	2:26:02.6	25	89	99
	swim ( 0:19:11.9 )	t1 ( 0:03:03.4 )	bike ( 1:14:24.1 )	t2 ( 0:02:21.6 )	run ( 0:47:01.3 )			
141	Howatt, Charles	Pacifica, CA	40	M	2:27:05.8	26	91	101
	swim ( 0:24:57.0 )	t1 ( 0:02:42.6 )	bike ( 1:06:26.7 )	t2 ( 0:01:08.8 )	run ( 0:51:50.5 )			
21	Bariani, Enrico	Sacramento, CA	42	M	2:27:18.6	27	92	104
	swim ( 0:25:42.4 )	t1 ( 0:02:42.3 )	bike ( 1:03:59.7 )	t2 ( 0:01:25.5 )	run ( 0:53:28.5 )			
28	Blacet, Glen	Shingle Springs, CA	45	M	2:28:48.4	28	96	110
	swim ( 0:28:36.5 )	t1 ( 0:02:08.3 )	bike ( 1:09:59.0 )	t2 ( 0:01:02.5 )	run ( 0:47:02.0 )			
186	Levi, Greg	Sacramento, CA	44	M	2:31:57.4	29	108	126
	swim ( 0:24:13.7 )	t1 ( 0:02:33.3 )	bike ( 1:06:55.2 )	t2 ( 0:04:24.0 )	run ( 0:53:51.0 )			
75	Cutter, Brooks	Sacramento, CA	49	M	2:34:37.7	30	119	146
	swim ( 0:25:26.1 )	t1 ( 0:02:26.3 )	bike ( 1:12:23.2 )	t2 ( 0:01:25.7 )	run ( 0:52:56.2 )			
156	Kelly, Kevin	Walnut Creek, CA	48	M	2:36:08.8	31	125	154
	swim ( 0:25:04.2 )	t1 ( 0:02:33.0 )	bike ( 1:17:21.4 )	t2 ( 0:02:26.3 )	run ( 0:48:43.6 )			
289	Schwab, Tyler	Reno, NV	40	M	2:38:30.6	32	133	167
	swim ( 0:25:10.8 )	t1 ( 0:03:19.7 )	bike ( 1:15:46.6 )	t2 ( 0:01:42.5 )	run ( 0:52:30.8 )			
252	Osborn, Robert	Sacramento, CA	42	M	2:38:46.8	33	135	169
	swim ( 0:24:27.3 )	t1 ( 0:04:28.2 )	bike ( 1:13:47.2 )	t2 ( 0:01:52.2 )	run ( 0:54:11.7 )			
259	Petersen, Garth	Belmont, CA	48	M	2:39:23.1	34	138	174
	swim ( 0:26:01.8 )	t1 ( 0:02:16.0 )	bike ( 1:17:38.5 )	t2 ( 0:02:18.8 )	run ( 0:51:07.8 )			
292	Severi, William	Santa Rosa, CA	45	M	2:40:25.6	35	141	178
	swim ( 0:24:29.9 )	t1 ( 0:03:13.7 )	bike ( 1:14:25.9 )	t2 ( 0:01:55.9 )	run ( 0:56:20.1 )			
97	Erickson, Jeff	San Carlos, CA	44	M	2:40:54.8	36	144	182
	swim ( 0:25:09.3 )	t1 ( 0:02:44.5 )	bike ( 1:20:06.7 )	t2 ( 0:02:19.4 )	run ( 0:50:34.7 )			
54	Christensen, James	Elk Grove, CA	44	M	2:41:16.8	37	145	183
	swim ( 0:24:26.4 )	t1 ( 0:04:19.8 )	bike ( 1:16:09.2 )	t2 ( 0:01:33.4 )	run ( 0:54:47.8 )			
181	Lawson, Gordon	Sacramento, CA	45	M	2:41:56.5	38	147	188
	swim ( 0:26:49.7 )	t1 ( 0:03:08.7 )	bike ( 1:15:23.1 )	t2 ( 0:01:39.9 )	run ( 0:54:55.0 )			
190	Llewellyn, Robert	Sacramento, CA	42	M	2:42:21.1	39	149	191
	swim ( 0:28:24.6 )	t1 ( 0:02:50.8 )	bike ( 1:12:10.1 )	t2 ( 0:01:44.3 )	run ( 0:57:11.1 )			
330	Tung, Emil	Folsom, CA	47	M	2:42:38.0	40	152	194
	swim ( 0:28:28.8 )	t1 ( 0:03:44.2 )	bike ( 1:14:40.7 )	t2 ( 0:01:51.5 )	run ( 0:53:52.5 )			
151	Johnston, Troy	Winters, CA	49	M	2:43:28.3	41	154	199
	swim ( 0:30:10.6 )	t1 ( 0:01:25.6 )	bike ( 1:09:03.5 )	t2 ( 0:01:19.2 )	run ( 1:01:29.4 )			
165	Kramer, James	San Francisco, CA	42	M	2:43:38.8	42	156	202
	swim ( 0:25:22.1 )	t1 ( 0:03:18.7 )	bike ( 1:16:33.5 )	t2 ( 0:01:48.4 )	run ( 0:56:35.9 )			
183	Lemma, Mark	San Jose, CA	43	M	2:43:40.2	43	157	203
	swim ( 0:28:33.7 )	t1 ( 0:02:21.9 )	bike ( 1:15:21.9 )	t2 ( 0:01:45.9 )	run ( 0:55:36.6 )			
94	Eckstein, Tom	Walnut Creek, CA	44	M	2:44:47.5	44	159	207
	swim ( 0:26:43.2 )	t1 ( 0:04:57.9 )	bike ( 1:14:19.0 )	t2 ( 0:01:47.2 )	run ( 0:57:00.1 )			
345	Wanger, John	Santa Rosa, CA	49	M	2:45:05.6	45	163	212
	swim ( 0:28:12.8 )	t1 ( 0:02:45.8 )	bike ( 1:13:13.6 )	t2 ( 0:01:41.9 )	run ( 0:59:11.3 )			
211	McAdang, Donald	San Leandro, CA	42	M	2:45:19.8	46	164	214
	swim ( 0:27:43.5 )	t1 ( 0:02:56.7 )	bike ( 1:11:21.7 )	t2 ( 0:01:45.7 )	run ( 1:01:31.9 )			
184	Lenoski, Daniel	Monte Sereno, CA	47	M	2:46:39.3	47	166	219
	swim ( 0:30:51.0 )	t1 ( 0:04:30.1 )	bike ( 1:18:46.1 )	t2 ( 0:01:49.0 )	run ( 0:50:42.9 )			
15	Ambrosia, Jeff	Newcastle, CA	40	M	2:50:14.0	48	172	237
	swim ( 0:21:04.5 )	t1 ( 0:02:18.4 )	bike ( 1:17:14.4 )	t2 ( 0:01:50.7 )	run ( 1:07:45.8 )			

# Individual Male and Female M40-49

Bib	Name	City, State	Age	Gen	Finish	AG	OA	FO
47	carreon, robert	redlands, ca	42	M	2:52:13.8	49	176	247
	swim ( 0:28:53.1 )	t1 ( 0:02:45.2 )	bike ( 1:19:12.8 )	t2 ( 0:01:33.2 )	run ( 0:59:49.3 )			
206	May, Steve	San Francisco, CA	44	M	2:52:58.2	50	179	252
	swim ( 0:28:14.2 )	t1 ( 0:03:52.4 )	bike ( 1:22:41.2 )	t2 ( 0:02:52.3 )	run ( 0:55:17.9 )			
270	Quinn, Michael	Lafayette, CA	48	M	2:53:07.4	51	181	255
	swim ( 0:28:08.0 )	t1 ( 0:05:35.7 )	bike ( 1:19:47.2 )	t2 ( 0:03:29.8 )	run ( 0:56:06.4 )			
70	Coyne, John	Clayton, CA	43	M	2:53:47.6	52	183	259
	swim ( 0:33:17.3 )	t1 ( 0:03:18.1 )	bike ( 1:16:56.1 )	t2 ( 0:02:21.0 )	run ( 0:57:54.9 )			
380	Rauer, Jon	Sacramento, CA	40	M	2:57:28.2	53	188	269
	swim ( 0:31:05.1 )	t1 ( 0:02:17.2 )	bike ( 1:22:57.9 )	t2 ( 0:00:58.9 )	run ( 1:00:09.0 )			
275	Riley, Jeff	Santa Clara, CA	46	M	2:59:00.5	54	190	272
	swim ( 0:30:37.5 )	t1 ( 0:03:25.8 )	bike ( 1:17:38.8 )	t2 ( 0:02:11.6 )	run ( 1:05:06.5 )			
83	Donthineni, Suresh	Pleasant Hill, CA	44	M	3:03:13.0	55	198	289
	swim ( 0:32:12.2 )	t1 ( 0:03:26.0 )	bike ( 1:23:13.9 )	t2 ( 0:03:22.2 )	run ( 1:00:58.5 )			
110	Germanos, Mark	El Dorado Hills, CA	41	M	3:05:25.6	56	201	295
	swim ( 0:38:05.8 )	t1 ( 0:03:29.1 )	bike ( 1:19:54.2 )	t2 ( 0:02:26.9 )	run ( 1:01:29.4 )			
336	Ubry, Roy	El Dorado Hills, CA	49	M	3:07:08.1	57	204	301
	swim ( 0:36:34.9 )	t1 ( 0:02:48.6 )	bike ( 1:24:06.7 )	t2 ( 0:01:44.3 )	run ( 1:01:53.4 )			
216	McGowan, Mike	Livermore, CA	45	M	3:07:53.3	58	205	303
	swim ( 0:30:20.5 )	t1 ( 0:02:34.0 )	bike ( 1:20:42.1 )	t2 ( 0:01:29.9 )	run ( 1:12:46.7 )			
288	Schultz, Stuart	Modesto, CA	42	M	3:11:57.0	59	210	314
	swim ( 0:27:08.7 )	t1 ( 0:02:50.5 )	bike ( 1:20:28.5 )	t2 ( 0:01:51.2 )	run ( 1:19:38.0 )			
354	Werst, Michael	Folsom, CA	41	M	3:12:59.0	60	212	316
	swim ( 0:32:14.6 )	t1 ( 0:03:17.7 )	bike ( 1:24:09.3 )	t2 ( 0:03:25.3 )	run ( 1:09:51.9 )			
394	Majewski, James	Rescue, CA	46	M	3:15:34.0	61	213	319
	swim ( 0:31:22.4 )	t1 ( 0:04:10.0 )	bike ( 1:22:13.1 )	t2 ( 0:02:19.7 )	run ( 1:15:28.5 )			
50	Chatoff, Louis	Walnut Creek, CA	46	M	3:17:09.0	62	216	323
	swim ( 0:33:19.6 )	t1 ( 0:02:47.2 )	bike ( 1:19:34.4 )	t2 ( 0:01:31.6 )	run ( 1:19:56.1 )			
358	White, Ken	Modesto, CA	46	M	3:22:47.8	63	218	326
	swim ( 0:32:58.7 )	t1 ( 0:03:06.9 )	bike ( 1:24:53.5 )	t2 ( 0:03:16.4 )	run ( 1:18:32.1 )			
280	Rowe, Brian	Roseville, CA	41	M	3:28:56.9	64	226	342
	swim ( 0:38:56.1 )	t1 ( 0:06:06.0 )	bike ( 1:25:47.1 )	t2 ( 0:01:51.8 )	run ( 1:16:15.7 )			
57	Clay, Andrew	Sacramento, CA	41	M	3:52:07.6	65	230	353
	swim ( 0:36:38.2 )	t1 ( 0:03:42.8 )	bike ( 1:33:15.3 )	t2 ( 0:04:41.7 )	run ( 1:33:49.3 )			
435	Crawford, Jack	El Dorado Hills, CA	42	M	4:00:32.2	66	231	356
	swim ( -- )	t1 ( 2:30:37.3 )	bike ( -- )	t2 ( -- )	run ( 1:29:54.9 )			
224	Menden, Craig	Los Altos, CA	41	M	14:09:16.8	67	233	359
	swim ( 0:11:05.2 )	t1 ( 0:01:33.7 )	bike ( 1:06:42.1 )	t2 ( 0:01:40.6 )	run ( 0:48:14.9 )			
	Penalty: DQ - Wrong Wave ( -12:00:00.0 )							
229	Milosky, Dennis	Mill Valley, CA	49	M	--	--	--	--
	swim ( 0:30:52.0 )	t1 ( 0:03:14.2 )	bike ( 2:21:51.3 )	t2 ( -- )	run ( -- )			

# Individual Male and Female M50-59

Bib	Name	City, State	Age	Gen	Finish	AG	OA	FO
52	Chavez, Steven	San Ramon, CA	51	M	2:04:00.0	1	14	14
	swim ( 0:21:01.0 )	t1 ( 0:01:08.7 )	bike ( 1:02:34.8 )	t2 ( 0:00:44.1 )	run ( 0:38:31.2 )			
154	Keane, Kevin	Sacramento, CA	56	M	2:05:39.4	2	16	16
	swim ( 0:19:52.1 )	t1 ( 0:01:39.5 )	bike ( 1:01:14.7 )	t2 ( 0:00:46.6 )	run ( 0:42:06.3 )			
34	Brockus, Charlie	Reno, NV	57	M	2:10:01.7	3	30	30
	swim ( 0:19:49.6 )	t1 ( 0:01:36.3 )	bike ( 1:02:33.1 )	t2 ( 0:01:13.2 )	run ( 0:44:49.4 )			
379	Stroud, John	FOLSOM, CA	54	M	2:17:02.4	4	53	54
	swim ( 0:23:00.6 )	t1 ( 0:02:20.3 )	bike ( 1:05:12.3 )	t2 ( 0:01:17.5 )	run ( 0:45:11.5 )			
45	Campbell, Dave	Auburn, CA	51	M	2:21:04.3	5	67	72
	swim ( 0:20:57.7 )	t1 ( 0:01:28.8 )	bike ( 1:11:19.5 )	t2 ( 0:00:50.8 )	run ( 0:46:27.3 )			
301	Slothower, David	Mountain View, CA	51	M	2:21:26.8	6	68	74
	swim ( 0:22:59.0 )	t1 ( 0:01:35.9 )	bike ( 1:04:29.4 )	t2 ( 0:01:05.3 )	run ( 0:51:17.1 )			
352	Weixel, Jack	Walnut Creek, CA	50	M	2:23:52.3	7	75	84
	swim ( 0:21:55.4 )	t1 ( 0:01:30.9 )	bike ( 1:08:03.8 )	t2 ( 0:01:18.6 )	run ( 0:51:03.4 )			
48	Cavazos, Edward	Elk Grove, CA	58	M	2:25:06.9	8	80	89
	swim ( 0:23:20.2 )	t1 ( 0:03:15.4 )	bike ( 1:07:10.7 )	t2 ( 0:01:32.6 )	run ( 0:49:47.9 )			
385	Lane, Bill	El Dorado Hills, CA	59	M	2:26:26.4	9	90	100
	swim ( 0:22:19.5 )	t1 ( 0:02:36.5 )	bike ( 1:07:51.3 )	t2 ( 0:02:48.7 )	run ( 0:50:50.2 )			
142	Huffman, Mark	Oakland, CA	51	M	2:29:23.4	10	98	113
	swim ( 0:19:52.9 )	t1 ( 0:02:55.4 )	bike ( 1:13:18.3 )	t2 ( 0:01:43.2 )	run ( 0:51:33.3 )			
58	Collery, Michael	San Carlos, CA	54	M	2:29:39.2	11	100	115
	swim ( 0:27:03.9 )	t1 ( 0:02:18.7 )	bike ( 1:10:24.8 )	t2 ( 0:01:31.3 )	run ( 0:48:20.2 )			
91	Durham, Kenneth	Lodi, CA	50	M	2:31:36.0	12	105	122
	swim ( 0:18:36.4 )	t1 ( 0:02:32.4 )	bike ( 1:16:27.1 )	t2 ( 0:02:06.8 )	run ( 0:51:53.1 )			
388	Schug, Donald	Davis, CA	58	M	2:33:05.4	13	114	136
	swim ( 0:23:43.0 )	t1 ( 0:01:43.0 )	bike ( 1:09:23.7 )	t2 ( 0:01:02.1 )	run ( 0:57:13.5 )			
126	Haight, Mark	Fremont, CA	50	M	2:35:18.3	14	122	151
	swim ( 0:24:49.1 )	t1 ( 0:04:52.5 )	bike ( 1:15:28.0 )	t2 ( 0:02:31.1 )	run ( 0:47:37.4 )			
298	Silewicz, Thomas	Rohnert Park, CA	52	M	2:38:48.9	15	136	170
	swim ( 0:30:42.3 )	t1 ( 0:02:54.0 )	bike ( 1:06:42.7 )	t2 ( 0:01:44.9 )	run ( 0:56:44.7 )			
119	Goodfellow, Jon	Lafayette, CA	57	M	2:40:34.5	16	143	181
	swim ( 0:26:54.0 )	t1 ( 0:01:44.5 )	bike ( 1:10:40.4 )	t2 ( 0:01:11.9 )	run ( 1:00:03.5 )			
42	Burns, Kevin	Menlo Park, CA	56	M	2:41:59.9	17	148	189
	swim ( 0:26:07.9 )	t1 ( 0:01:26.5 )	bike ( 1:17:31.7 )	t2 ( 0:01:35.0 )	run ( 0:55:18.6 )			
73	Cullen, John	Santa Rosa, CA	54	M	2:43:37.6	18	155	201
	swim ( 0:23:55.6 )	t1 ( 0:05:38.8 )	bike ( 1:16:56.1 )	t2 ( 0:02:17.4 )	run ( 0:54:49.4 )			
179	Lavagnino, Luis	San Francisco, CA	57	M	2:44:55.8	19	160	208
	swim ( 0:30:12.4 )	t1 ( 0:02:19.2 )	bike ( 1:18:20.7 )	t2 ( 0:01:06.7 )	run ( 0:52:56.6 )			
395	Shugart, Steve	Granite Bay, CA	51	M	2:45:24.2	20	165	215
	swim ( 0:28:55.7 )	t1 ( 0:03:11.2 )	bike ( 1:13:33.9 )	t2 ( 0:01:36.8 )	run ( 0:58:06.4 )			
80	Deboi, Jeffrey	Novato, CA	50	M	2:46:46.7	21	167	220
	swim ( 0:33:24.1 )	t1 ( 0:03:14.1 )	bike ( 1:12:35.1 )	t2 ( 0:02:11.6 )	run ( 0:55:21.5 )			
430	McJunkin, Brian	Orangevale, CA	53	M	2:48:06.9	22	171	230
	swim ( 0:33:34.0 )	t1 ( 0:03:42.7 )	bike ( 1:09:10.7 )	t2 ( 0:02:03.7 )	run ( 0:59:35.7 )			
202	Martin, Robert	Stockton, CA	53	M	2:51:37.9	23	173	243
	swim ( 0:34:41.3 )	t1 ( 0:02:07.5 )	bike ( 1:11:52.9 )	t2 ( 0:01:05.5 )	run ( 1:01:50.6 )			
253	Osterman, William	Moraga, CA	53	M	2:52:23.2	24	178	251
	swim ( 0:31:50.3 )	t1 ( 0:02:33.6 )	bike ( 1:12:00.3 )	t2 ( 0:03:44.4 )	run ( 1:02:14.5 )			

## Individual Male and Female M50-59

<b>Bib</b>	<b>Name</b>	<b>City, State</b>	<b>Age</b>	<b>Gen</b>	<b>Finish</b>	<b>AG</b>	<b>OA</b>	<b>FO</b>
193	Low, Larry swim ( 0:27:06.6 ) t1 ( 0:04:07.7 )	San Francisco, CA bike ( 1:18:23.6 ) t2 ( 0:02:29.1 )	55	M	3:02:33.4	25	196	286
246	Oaks, Stephen swim ( 0:29:45.2 ) t1 ( 0:05:48.8 )	Reno, NV bike ( 1:28:24.3 ) t2 ( 0:02:49.9 )	52	M	3:05:51.2	26	202	296
250	Ore, David swim ( 0:33:39.9 ) t1 ( 0:04:08.5 )	San Rafael, CA bike ( 1:15:53.8 ) t2 ( 0:02:59.9 )	56	M	3:08:31.5	27	206	305
167	Krieg, Bernie swim ( 0:34:42.7 ) t1 ( 0:04:07.4 )	Reno , NV bike ( 1:20:06.2 ) t2 ( 0:02:53.0 )	51	M	3:12:35.5	28	211	315
101	Ferrer, George swim ( 0:32:46.9 ) t1 ( 0:03:06.7 )	San Mateo, CA bike ( 1:24:44.7 ) t2 ( 0:07:32.2 )	50	M	3:19:56.3	29	217	325
161	Kimball, Clyde swim ( 0:26:48.4 ) t1 ( 0:02:37.4 )	El Dorado Hills, CA bike ( 1:23:18.7 ) t2 ( 0:02:15.9 )	57	M	3:23:23.1	30	219	327
86	Dorsey, Jack swim ( 0:32:01.9 ) t1 ( 0:05:22.9 )	Lincoln, CA bike ( 1:28:00.9 ) t2 ( 0:03:13.5 )	52	M	3:25:00.3	31	223	332
397	Llaguno, Aloysins swim ( 0:41:23.1 ) t1 ( 0:06:08.3 )	Granite Bay, CA bike ( 1:26:58.0 ) t2 ( 0:03:38.2 )	57	M	3:25:38.3	32	224	333

# Individual Male and Female M60 Over

Bib	Name	City, State	Age	Gen	Finish	AG	OA	FO
201	Marshall, William	santa rosa, CA	68	M	2:32:34.8	1	111	133
	swim ( 0:22:56.8 ) t1 ( 0:02:15.0 )	bike ( 1:11:11.5 ) t2 ( 0:01:37.3 )		run ( 0:54:33.9 )				
89	Dressendorfer, Rudy	Penryn, CA	65	M	2:36:11.3	2	126	155
	swim ( 0:24:57.2 ) t1 ( 0:02:33.8 )	bike ( 1:13:50.7 ) t2 ( 0:01:30.4 )		run ( 0:53:19.0 )				
405	Collin, John	Portola Valley, CA	63	M	2:38:32.5	3	134	168
	swim ( 0:23:52.5 ) t1 ( 0:02:39.4 )	bike ( 1:13:19.3 ) t2 ( 0:02:09.8 )		run ( 0:56:31.3 )				
173	Lander, John	Santa Rosa, CA	67	M	2:51:40.6	4	175	245
	swim ( 0:37:51.5 ) t1 ( 0:03:17.8 )	bike ( 1:12:22.1 ) t2 ( 0:02:19.8 )		run ( 0:55:49.2 )				
282	Rudd, Daniel	El Dorado Hills, CA	61	M	2:53:03.6	5	180	253
	swim ( 0:23:42.9 ) t1 ( 0:03:35.7 )	bike ( 1:17:51.7 ) t2 ( 0:01:45.2 )		run ( 1:06:07.9 )				
140	Horner, Ben	Lincoln, CA	73	M	2:57:10.5	6	186	267
	swim ( 0:29:56.5 ) t1 ( 0:03:14.7 )	bike ( 1:22:40.1 ) t2 ( 0:01:42.3 )		run ( 0:59:36.6 )				
84	Dooley, Bernard	Folsom, CA	64	M	3:06:58.2	7	203	300
	swim ( 0:26:57.5 ) t1 ( 0:04:35.4 )	bike ( 1:21:22.9 ) t2 ( 0:02:41.5 )		run ( 1:11:20.7 )				
217	McGrath, Art	Lincoln, CA	62	M	3:16:59.4	8	215	322
	swim ( 0:35:01.7 ) t1 ( 0:04:56.7 )	bike ( 1:27:26.7 ) t2 ( 0:05:38.8 )		run ( 1:03:55.2 )				
71	Craig, Jack	Lincoln, CA	66	M	3:30:23.0	9	228	346
	swim ( 0:34:02.2 ) t1 ( 0:04:55.8 )	bike ( 1:32:45.5 ) t2 ( 0:02:54.9 )		run ( 1:15:44.4 )				
315	Sullivan, George	Solana Beach, CA	61	M	--	--	--	--
	swim ( -- ) t1 ( 0:06:13.9 )	bike ( 1:21:45.7 ) t2 ( -- )		run ( -- )				

# Individual Male and Female MClyAth

Bib	Name	City, State	Age	Gen	Finish	AG	OA	FO
418	Tothill, Brett swim ( 0:31:19.0 ) t1 ( 0:02:29.3 )	El Dorado Hills, CA bike ( 1:07:16.8 ) t2 ( 0:01:21.3 )	40	M	2:24:26.1	1	77	86
402	Bellin, Joel swim ( 0:24:38.5 ) t1 ( 0:01:37.3 )	Reno, NV bike ( 1:09:08.4 ) t2 ( 0:01:55.0 )	38	M	2:34:21.1	2	117	141
409	Guthrie, Josh swim ( 0:25:28.7 ) t1 ( 0:02:22.4 )	Folsom, CA bike ( 1:12:20.5 ) t2 ( 0:01:13.6 )	36	M	2:35:26.4	3	123	152
412	Martin, Carl swim ( 0:26:38.8 ) t1 ( 0:02:25.0 )	Lafayette, CA bike ( 1:11:30.8 ) t2 ( 0:01:00.1 )	41	M	2:35:41.5	4	124	153
410	Kotleba, John swim ( 0:25:54.5 ) t1 ( 0:01:50.3 )	El Dorado Hills, CA bike ( 1:13:11.1 ) t2 ( 0:01:29.4 )	37	M	2:42:45.6	5	153	195
413	Mundschenk, Peter swim ( 0:27:41.4 ) t1 ( 0:03:33.5 )	Sloughhouse, CA bike ( 1:13:12.5 ) t2 ( 0:01:59.3 )	48	M	2:52:15.2	6	177	248
417	Severson, Chris swim ( 0:30:18.1 ) t1 ( 0:04:44.6 )	Sonoma, CA bike ( 1:17:25.1 ) t2 ( 0:02:29.2 )	44	M	3:02:38.2	7	197	287
419	Whitmore, Sam swim ( 0:29:30.9 ) t1 ( 0:03:15.4 )	Sacramento, CA bike ( 1:27:35.2 ) t2 ( 0:01:04.9 )	35	M	3:16:28.3	8	214	321
414	Penovich, Matt swim ( 0:28:13.6 ) t1 ( 0:06:25.9 )	Concord, CA bike ( 1:27:59.7 ) t2 ( 0:03:39.9 )	38	M	3:24:09.6	9	221	330
407	Cox, Josh swim ( 0:32:28.7 ) t1 ( 0:03:07.3 )	Placerville, CA bike ( 1:21:11.0 ) t2 ( 0:02:22.1 )	33	M	3:24:13.1	10	222	331
411	Lawrie, Mathew swim ( 0:35:52.5 ) t1 ( 0:05:59.6 )	El Dorad Hills, CA bike ( 1:45:03.4 ) t2 ( 0:01:40.7 )	40	M	4:01:17.2	11	232	357



# Mt Bike Division Male and Female FMTBike

<b>Bib</b>	<b>Name</b>	<b>City, State</b>	<b>Age</b>	<b>Gen</b>	<b>Finish</b>	<b>AG</b>	<b>OA</b>	<b>FO</b>
421	Aring, Angela	Folsom, CA	38	F	3:21:47.5	1	1	2
	swim ( 0:34:59.3 ) t1 ( 0:06:37.1 )	bike ( 1:37:06.7 ) t2 ( 0:01:20.0 )		run ( 1:01:44.3 )				

## Mt Bike Division Male and Female MMTBike

<b>Bib</b>	<b>Name</b>	<b>City, State</b>	<b>Age</b>	<b>Gen</b>	<b>Finish</b>	<b>AG</b>	<b>OA</b>	<b>FO</b>
422	Aring, Jonathan	Folsom, CA	39	M	3:14:52.3	1	1	1
	swim ( 0:37:55.9 ) t1 ( 0:04:20.0 )	bike ( 1:29:33.7 ) t2 ( 0:00:59.8 )		run ( 1:02:02.9 )				
350	Weissenberg, Carlos	Cameron Park, CA	49	M	4:22:21.8	2	2	3
	swim ( 0:41:22.5 ) t1 ( 0:05:48.0 )	bike ( 1:47:58.5 ) t2 ( 0:02:36.7 )		run ( 1:44:35.8 )				

# Relay Team All Female Relay

Bib	Name	City, State	Age	Gen	Finish	AG	OA	FO
501	Hart, Rachel swim ( 0:18:56.4 ) t1 ( 0:00:37.8 )	Reno, NV bike ( 1:18:24.3 ) t2 ( 0:00:30.9 )	36	F	2:34:53.2	1	1	3
501	Arnold, Sue swim ( 0:18:56.4 ) t1 ( 0:00:37.8 )	San Jose, CA bike ( 1:18:24.3 ) t2 ( 0:00:30.9 )	48	F	2:34:53.2	1	1	3
501	Salcone, Katie swim ( 0:18:56.4 ) t1 ( 0:00:37.8 )	Napa, CA bike ( 1:18:24.3 ) t2 ( 0:00:30.9 )	27	F	2:34:53.2	1	1	3
506	Kaiser, Kimberly swim ( 0:24:22.1 ) t1 ( 0:01:35.9 )	Livermore, CA bike ( 1:14:01.0 ) t2 ( 0:00:44.0 )	0	F	2:41:30.0	2	2	5
506	Rewcastle, Amanda swim ( 0:24:22.1 ) t1 ( 0:01:35.9 )	Danville, CA bike ( 1:14:01.0 ) t2 ( 0:00:44.0 )	38	F	2:41:30.0	2	2	5
502	Baert, Gwendolyn swim ( 0:33:42.3 ) t1 ( 0:00:50.9 )	Rohnert Park, CA bike ( 1:16:28.5 ) t2 ( 0:00:42.9 )	46	F	2:50:51.4	3	3	6
505	Mundschenk, Kari swim ( 0:37:16.1 ) t1 ( 0:00:57.2 )	Sloughhouse, CA bike ( 1:26:38.9 ) t2 ( 0:00:52.4 )	42	F	2:56:38.5	4	4	9
505	Foote, Nancy swim ( 0:37:16.1 ) t1 ( 0:00:57.2 )	Elk Grove, CA bike ( 1:26:38.9 ) t2 ( 0:00:52.4 )	53	F	2:56:38.5	4	4	9
505	Graves, Patrice swim ( 0:37:16.1 ) t1 ( 0:00:57.2 )	Chico, CA bike ( 1:26:38.9 ) t2 ( 0:00:52.4 )	41	F	2:56:38.5	4	4	9
503	Blodgett, Amy swim ( 0:35:15.4 ) t1 ( 0:00:53.9 )	San Carlos, CA bike ( 1:31:47.7 ) t2 ( 0:00:40.2 )	44	F	3:09:52.9	5	5	12
503	Faile, Yolanda swim ( 0:35:15.4 ) t1 ( 0:00:53.9 )	Mountain View, CA bike ( 1:31:47.7 ) t2 ( 0:00:40.2 )	40	F	3:09:52.9	5	5	12
503	Everitt, Lynn swim ( 0:35:15.4 ) t1 ( 0:00:53.9 )	San Carlos, CA bike ( 1:31:47.7 ) t2 ( 0:00:40.2 )	41	F	3:09:52.9	5	5	12
504	Tung, Jackie swim ( 0:38:14.8 ) t1 ( 0:01:06.6 )	Folsom, CA bike ( 1:34:58.5 ) t2 ( 0:00:43.7 )	47	F	3:15:46.9	6	6	15
504	Cagney, Michelle swim ( 0:38:14.8 ) t1 ( 0:01:06.6 )	Folsom, CA bike ( 1:34:58.5 ) t2 ( 0:00:43.7 )	42	F	3:15:46.9	6	6	15
504	Sharp, Shannon swim ( 0:38:14.8 ) t1 ( 0:01:06.6 )	Folsom, CA bike ( 1:34:58.5 ) t2 ( 0:00:43.7 )	37	F	3:15:46.9	6	6	15

# Relay Team All Male Relay

Bib	Name	City, State	Age	Gen	Finish	AG	OA	FO
507	Hart, Brent swim ( 0:19:09.1 ) t1 ( 0:00:45.1 )	Reno, NV bike ( 1:04:13.5 ) t2 ( 0:00:27.5 )	41	M	2:07:26.0	1	1	3
507	Salcone, Chris swim ( 0:19:09.1 ) t1 ( 0:00:45.1 )	Napa, CA bike ( 1:04:13.5 ) t2 ( 0:00:27.5 )	35	M	2:07:26.0	1	1	3
507	Arnold, Tom swim ( 0:19:09.1 ) t1 ( 0:00:45.1 )	San Jose, CA bike ( 1:04:13.5 ) t2 ( 0:00:27.5 )	54	M	2:07:26.0	1	1	3
509	Hernandez, Carlos swim ( 0:24:27.0 ) t1 ( 0:00:48.3 )	Fowler, CA bike ( 1:08:26.8 ) t2 ( 0:00:28.9 )	32	M	2:23:05.6	2	2	6
509	Hernandez, Pablo swim ( 0:24:27.0 ) t1 ( 0:00:48.3 )	Riverbank, CA bike ( 1:08:26.8 ) t2 ( 0:00:28.9 )	31	M	2:23:05.6	2	2	6
509	Hernandez, Ruben swim ( 0:24:27.0 ) t1 ( 0:00:48.3 )	Modesto, CA bike ( 1:08:26.8 ) t2 ( 0:00:28.9 )	34	M	2:23:05.6	2	2	6
399	Benander, Ryan swim ( 0:21:54.4 ) t1 ( 0:00:55.9 )	El Dorado Hills, CA bike ( 1:20:41.3 ) t2 ( 0:00:33.0 )	20	M	2:30:35.0	3	3	9
399	Wagner, Andy swim ( 0:21:54.4 ) t1 ( 0:00:55.9 )	El Dorado Hills, CA bike ( 1:20:41.3 ) t2 ( 0:00:33.0 )	20	M	2:30:35.0	3	3	9
399	Leighton, Tyson swim ( 0:21:54.4 ) t1 ( 0:00:55.9 )	El Dorado Hills, CA bike ( 1:20:41.3 ) t2 ( 0:00:33.0 )	20	M	2:30:35.0	3	3	9
510	Hettler, Paul swim ( 0:25:39.7 ) t1 ( 0:00:36.7 )	Mill Valley, CA bike ( 1:16:10.6 ) t2 ( 0:00:29.5 )	50	M	2:33:47.1	4	4	10

# Relay Team Coed Relay

Bib	Name	City, State	Age	Gen	Finish	AG	OA	FO
307	Soares, Troy swim ( 0:21:41.5 ) t1 ( 0:01:07.0 )	Auburn, CA bike ( 1:03:21.1 ) t2 ( 0:00:41.0 )	40	M	2:19:59.0	1	1	2
307	Soares, Robin swim ( 0:21:41.5 ) t1 ( 0:01:07.0 )	Auburn, CA bike ( 1:03:21.1 ) t2 ( 0:00:41.0 )	34	F	2:19:59.0	1	1	2
429	Chan, David swim ( 0:23:32.5 ) t1 ( 0:00:32.0 )	Sacramento, CA bike ( 1:20:37.4 ) t2 ( 0:00:30.9 )	34	M	2:48:13.9	2	2	5
429	Knauff, Erica swim ( 0:23:32.5 ) t1 ( 0:00:32.0 )	Sacramento, CA bike ( 1:20:37.4 ) t2 ( 0:00:30.9 )	27	F	2:48:13.9	2	2	5
429	Boakes, Jenny swim ( 0:23:32.5 ) t1 ( 0:00:32.0 )	Sacramento, CA bike ( 1:20:37.4 ) t2 ( 0:00:30.9 )	49	F	2:48:13.9	2	2	5
512	Swain, Nitsa swim ( 0:30:17.5 ) t1 ( 0:02:43.0 )	San Mateo, CA bike ( 1:34:50.1 ) t2 ( 0:00:51.1 )	52	F	3:21:04.1	3	3	8
512	Mendez, Frank swim ( 0:30:17.5 ) t1 ( 0:02:43.0 )	E. Palo Alto, CA bike ( 1:34:50.1 ) t2 ( 0:00:51.1 )	33	M	3:21:04.1	3	3	8
512	Swain, Nitsa swim ( 0:30:17.5 ) t1 ( 0:02:43.0 )	San Mateo, CA bike ( 1:34:50.1 ) t2 ( 0:00:51.1 )	52	M	3:21:04.1	3	3	8
434	Scribble, Sharu swim ( 0:13:32.1 ) t1 ( 0:06:57.3 )	Rancho Murieta, CA bike ( 1:47:40.5 ) t2 ( 0:04:27.2 )	61	X	3:42:34.1	4	4	10
434	Lane, Nancy swim ( 0:13:32.1 ) t1 ( 0:06:57.3 )	El Dorado Hills, CA bike ( 1:47:40.5 ) t2 ( 0:04:27.2 )	52	F	3:42:34.1	4	4	10