Women's team profiles and biographies – Cape Town





ALL-TIME WOMEN'S HSBC WORLD RUGBY SEVENS SERIES SCORING STATISTICS

<u>2012-19</u>

POINTS: 43,941

TRIES: 7,193

CONVERSIONS: 3,966

PENALTIES: 12

DROP GOALS: 0

TOP POINT SCORER: GHISLAINE LANDRY (CANADA) – 1,259

TOP TRY SCORER: PORTIA WOODMAN (NEW ZEALAND) - 195



WOMEN'S HSBC WORLD RUGBY SEVENS SERIES 2020 SCORING STATISTICS

POINTS: 2,341

TRIES: 371

CONVERSIONS: 243

PENALTIES: 0

DROP GOALS: 0

TOP POINT SCORER: ALEV KELTER (USA) - 77

TOP TRY SCORER: STACEY WAAKA (NEW ZEALAND) - 15



DID YOU KNOW...?

CAPE TOWN HOSTS A ROUND OF THE HSBC WORLD RUGBY SEVENS SERIES FOR THE FIRST THIS WEEKEND

IT BECOMES THE **16TH DIFFERENT LOCATION** IN WOMEN'S SERIES HISTORY AFTER (IN ORDER) DUBAI, HOUSTON, GUANGZHOU, AMSTERDAM, ATLANTA, SAO PAULO, LANGFORD, LONDON, CLERMONT-FERRAND, SYDNEY, LAS VEGAS, KITAKYUSHU, PARIS, GLENDALE, BIARRITZ

SOUTH AFRICA BECOMES THE **11TH COUNTRY** TO HOST A WOMEN'S SERIES EVENT AFTER (IN ORDER) DUBAI, USA, CHINA, NETHERLANDS, BRAZIL, CANADA, ENGLAND, AUSTRALIA, JAPAN, FRANCE



AUSTRALIA

Head coach: John Manenti Captain: Sharni Williams

World Series record: 2012-13 – Fifth / 2013-14 – Runners-up / 2014-15 – Third / 2015-16 – Champions / 2016-17 – Runners-up / 2018 – Champions / 2019 – Fourth

2020 Series standing: 3

- Australia reached the final in round one in Glendale, losing 26-7 to USA
- Sydney 2018 was the last Cup title won by Australia on the series
- Australia have won two series titles 2015-16 as part of golden double with the Rio 2016 Olympic Games glory and 2018
- Australia qualified for the Tokyo 2020 Olympic Games by finishing fourth on the 2019 Series
- Australia created world series history in Sydney in 2018 when they became the first team men's or women's not to concede a try (or point) in a tournament

Shirt	Full name	DOB (Age)	Height	Weight	Club /	Events	Points	Tries	Notes
#			(cm)	(kg)	Province				
	John	29/03/71			Head				- Took over in April 2018 after Commonwealth Games as interim coach
	Manenti	(48)			coach				- Officially handed role in June 2018
									- Former Australia women's 15s head coach and Australia U20 assistant coach
1	Shannon Parry	27/10/89 (30)	170	72	QLD	32	100	20	 Joins Sharni Williams in becoming Australia's most-capped players on series this weekend in Cape Town with their 33rd event In Biarritz became the third Australian to play in 30 tournaments – along with Sharni Williams – after Charlotte Caslick was first in Langford Led Australia to second HSBC World Rugby Sevens Series title in 2018 Made Australia debut on series in Amsterdam in 2013 Rio 2016 Olympic Games gold-medal winning co-captain Bronze medallist at RWC Sevens 2018 Silver medallist at Commonwealth Games 2018 Signed with Australian Sevens programme until end of 2020 Captained Australia at Women's Rugby World Cup 2014 and 2017 (15s)
									 Played 19 tests for Australia (15s) Mother is American, father New Zealander



									- Qualified secondary school teacher
2	Sharni Williams (captain)	02/03/88 (31)	165	79	ACT	32	384	44	 Joins Shannon Parry in becoming Australia's most-capped players on series this weekend in Cape Town with their 33rd event Named in HSBC Dream Team in Dubai last weekend Became the third Australian to play in 30 tournaments in Biarritz – along with Sharni Williams – after Charlotte Caslick was first in Langford Led Australia to second HSBC World Rugby Sevens Series title in 2018 Made Australia debut on series in Dubai in 2012 Rio 2016 Olympic Games gold-medal winning co-captain Bronze medallist at RWC Sevens 2018 Silver medallist at Commonwealth Games 2018 Signed with Australian Sevens programme until end of 2020 Captained Australia at Women's Rugby World Cup 2017 (15s) Played 12 tests for Australia (15s) Former car mechanic
3	Yasmin Meakes	25/03/94 (25)	169	65	NSW	8	35	7	 Called into squad after injury to Evania Pelite, having last played on series in Langford in 2019 HSBC World Rugby Women's Sevens Series champion in 2018 Made Australia debut on series in Kitakyushu in 2018 Bronze medallist at RWC Sevens 2018
4	Cassandra Staples	16/10/92 (27)	172	62	NSW	9	110	22	 Glendale was her first tournament on series since the same event in 2018 HSBC World Rugby Women's Sevens Series champions in 2018 Former netballer who came to attention of former coach Tim Walsh after posting training videos online and working on skills to earn contract Made Australia debut on series six months later in 2017 Bronze medallist at RWC Sevens 2018 Silver medallist at Commonwealth Games 2018
5	Emma Tonegato	20/03/95 (24)	165	66	NSW	28	605	121	 Second highest try-scorer in 2020 series with 14, one behind Stacey Waaka Named in HSBC Dream Team in both Glendale and Dubai Top point and try scorer in R1 in Glendale (9/45) Scored her 100th try in Langford to become third Australian to score 100 series tries after Emilee Cherry and Ellia Green Two-time HSBC World Rugby Women's Sevens Series champion Named in HSBC Dream Team for 2018 world series Joint third-highest try scorer on 2018 series with 26



									 Made Australia debut on series in Dubai in 2013 Won gold at Rio 2016 Olympic Games, scoring try in gold medal match Bronze medallist at RWC Sevens 2018 Silver medallist at Commonwealth Games 2018 Signed with Australian Sevens programme until end of 2020
6	Demi Hayes	25/05/98 (21)	172	63	QLD	9	60	12	 Comes into squad in Cape Town due to injury to Evania Pelite Called up as injury replacement in Dubai last weekend, before then had last played on series in Glendale in 2018 Two-time HSBC World Rugby Women's Sevens Series champion Made debut for Australia on series in Langford in 2016 Bronze medallist at RWC Sevens 2018 Silver medallist at Commonwealth Games 2018 on home soil Gold medallist at Commonwealth Youth Games 2015
7	Jakiya Whitfield	01/06/01 (18)	165	64		DEBUT			 Will make Australia debut in Cape Town this weekend Played in Pacific Games in Samoa in 2019
8	Madison Ashby	22/01/01 (18)	165	65	NSW	2	5	1	 Made Australia debut on series in Glendale in 2018 Caught eye playing for University of Technology Sydney in Aon University Sevens Series
9	Faith Nathan	27/07/00 (19)	164	62	NSW	1	20	4	 Made Australia debut on series in Dubai last weekend Played in Oceania Rugby Women's Championship title success in November Played for University of Technology Sydney on Aon University Sevens Series
10	Alicia Lucas (nee Quirk)	28/03/92 (27)	172	67	NSW	31	180	36	 Married former Australia U20 and sevens player Matt Lucas in August Two-time HSBC World Rugby Women's Sevens Series champion Missed Glendale 2018 with recovery from knee injury suffered at RWC Sevens Became the fourth Australian to play in 30 series tournaments in Glendale after Caslick, Parry and Williams Made Australia debut on series in Amsterdam in 2013 Won gold at Rio 2016 Olympic Games, playing every minute of the campaign Bronze medallist at RWC Sevens 2018 Silver medallist at Commonwealth Games 2018 Signed with Australian Sevens programme until end of 2020 A qualified physiotherapist Former touch footballer



11	Rhiannon Byers	16/06/99 (20)	184	80	NSW	3	5	1	 Made Australia debut on series in Biarritz in 2019 Recently awarded a full-time contract with sevens programme Played for University of New England in Aon University Sevens Series Part of Australia development team that won the Oceania Rugby Women's Sevens 2018 title
12	Ellia Green	20/02/93 (26)	171	73	VIC	27	639	125	 Named RUPA Players' Sevens Player of the Year 2019 on Wednesday Became sixth player – and second Australian – to score 100 series tries in Kitakyushu in 2018 Australia's top try-scorer on 2019 series with 27 Two-time HSBC World Rugby Women's Sevens Series champion Made Australia debut on series in Houston in 2013 Won gold at Rio 2016 Olympic Games Bronze medallist at RWC Sevens 2018 Silver medallist at Commonwealth Games 2018 Signed with Australian Sevens programme until end of 2020 Former sprinter who represented Australia at World School Games in Qatar in 2009 Attended 'Pathway to Gold' talent ID camp in Melbourne with her cousin but was persuaded to try out herself
13	Sariah Paki	12/10/01 (18)	172	65	NSW	7	20	4	- Made Australia debut on series in Dubai in 2018 - Played in Oceania Rugby Sevens Championship success in November 2018



BRAZIL

Head coach: Reuben Samuel Captain: Raquel Kochhann

World Series record: 2012-13 – 10th / 2013-14 – Ninth / 2014-15 – 10th / 2015-16 – 10th (non-core team) / 2016-17 – 11th / 2018 – 14th (non-core team) / 2019 – 15th (non-core team) / 2019 – 15th (non-core team)

2020 Series standing: 12

- Brazil ended a 12-game series losing streak with victory against Japan in the 11th place play-off in Dubai
- Brazil re-join the series as a core team in 2020 after winning the Hong Kong qualifier in April
- Brazil qualified for Tokyo 2020 Olympic Games by winning the Sudamerica Rugby title for a 15th time since first held in 2004

Shirt	Full name	DOB (Age)	Height	Weight	Club /	Events	Points	Tries	Notes
#			(cm)	(kg)	Province				
	Reuben	26/03/81			Head coach				- Appointed Brazil coach following the Rio 2016 Olympic Games
	Samuel	(38)							- Coached Brazil at RWC Sevens 2018
									- Coached Brazil in series qualifier in Hong Kong in 2018 and 2019
									- Coached Brazil on series in 2016-17 and in Langford in 2018 and 2019
									- Nationality: New Zealand
1	Mariana	16/11/97	160	70	Sao Jose (Sao	9	20	4	- Made Brazil debut on series in Langford in 2016
	Nicolau	(22)			Jose dos				- Did not play in series qualifier victory in Hong Kong in April
					Campos)				- Played at RWC Sevens 2018
									- Introduced to rugby in 2012 through social project at Sao Jose RC
2	Luiza	30/07/90	165	68	Charrua (Porto	20	40	8	- Played in series qualifier victory in Hong Kong in April
	Campos	(29)			Alegre)				- Made Brazil debut on series in Dubai in 2012
									- Played at RWC Sevens 2013 and 2018
									- Played at Rio 2016 Olympic Games
									- Started playing rugby in 2010 after girl in a skate park in Porto Alegre
									invited her to a practice
3	Rafaela	25/11/99	162	70	CRC (Curitiba)	2	0	0	- Not used as a 13th player in Dubai last weekend
	Zanellato	(20)							- Made Brazil debut on series in Langford in 2018
									- Played at RWC Sevens 2018



4	Leila dos Santos Silva	23/10/96 (23)	160	56	Leoas de Paraisopolis / Sao Paul	3	0	0	 Played in series qualifier in Hong Kong in 2018 Started playing rugby in 2015 in Curitiba Named Best Young Player by Brazilian union in 2017 Made her Brazil debut in Sudamérica Rugby Sevens 2017 aged 17 Played in series qualifier victory in Hong Kong in April Before Dubai had last played on series in Langford in 2018 Made Brazil debut on series in Clermont-Ferrand in 2017 Played at RWC Sevens 2018
5	Thalia Costa	30/05/97 (22)	153	54	Delta (Teresina)	3	25	5	 Made Brazil debut on series in Langford in 2019 Played in series qualifier victory in Hong Kong in April Scored a last-gasp try in the Sudamerica Rugby Sevens final against Argentina in 2018 to secure a 14th regional title for Brazil
6	Isadora Cerullo	24/03/91 (28)	158	61	Niteroi (Niteroi)	11	37	3	 Made Brazil debut on series in Langford in 2015 Glendale was first series event since Langford in 2018 Played in series qualifier in Hong Kong in 2018 Played at RWC Sevens 2018 Played at Rio 2016 Olympic Games Born in USA to Brazilian parents Started playing rugby at Columbia University Moved to Brazil in 2014 to join Olympic rugby programme Her now wife Marjorie proposed to her in the Deodoro Stadium after the Rio 2016 Olympic Games
7	Andressa Alves	09/12/00 (19)	167	61	Guanabara (Rio de Janeiro)	2	0	0	- Turned 19 on Monday of Cape Town week - Made Brazil debut on series in Glendale in 2019
8	Eshyllen Coimbra	18/08/00 (19)	175	69	Guanabara (Rio de Janeiro)	3	0	0	 Made Brazil debut on series in Langford in 2018 Inspired to take rugby seriously by Rio 2016
9	Byanca Santa Rita Miranda	25/03/98 (21)	160	56	Melina (Cuiba)	1	0	0	- Made Brazil debut on series in Dubai last weekend
10	Raquel Kochhann (captain)	06/10/92 (27)	172	72	Charrua (Porto Alegre)	22	196	20	 Captained Brazil to victory in series qualifier in Hong Kong in April Most-capped Brazil player in series history with 22 events Made Brazil debut on series in Dubai in 2013 Played in series qualifier in Hong Kong in 2018 Played at RWC Sevens 2018



11	Bianca Silva	22/07/98 (21)	174	63	Leoas de Paraisopolis (Sao Paulo)	12	100	20	 Played at Rio 2016 Olympic Games Started playing rugby in 2011 aged 19 Made Brazil debut at University Games in Russia in 2013 One of the Unstoppables in World Rugby's 'Women in Rugby' @Try and Stop Us' campaign in May 2019 Played in series qualifier victory in Hong Kong in April Made Brazil debut on series in 2015 in Dubai Played at RWC Sevens 2018 Scored five tries in Langford in 2018 and four in 2019 when Brazil played as invitational team Played in series qualifier in Hong Kong in 2018 Started playing rugby aged 11 through the Rugby Para Todos (Rugby for all) social project in Paraisopolis
12	Franciele Martins	08/05/95 (24)	170	80	Melina (Cuiba)	2	0	0	 Played in series qualifier victory in Hong Kong in April Made Brazil debut on series in Langford in 2019
13	Aline Bednarski	24/04/96 (23)	165	63	SPAC (Sao Paulo)	2	0	0	 Played in series qualifier victory in Hong Kong in April Made Brazil debut on series in Langford in 2019



CANADA

Head coach: John Tait Captain: Ghislaine Landry

World Series record: 2012-13 – Third / 2013-14 – Third / 2014-15 – Runners-up / 2015-16 – Third / 2016-17 – Third / 2018 – Fourth / 2019 – Third

2020 Series standing: 4

- Canada have named an unchanged squad for this weekend and so again have the most experienced squad in terms of events with 268
- Canada's victory in Kitakyushu was their first Cup title since Sydney in 2017
- Canada captain Ghislaine Landry is the all-time leading point scorer in series history on 1,259 breaking through the 1,000-point barrier in Glendale in 2018
- Canada qualified for the Tokyo 2020 Olympic Games by finishing third on the 2019 Series

Shirt #	Name	DOB	Height	Weight	Club / Province	Events	Points	Tries	Notes
#	John Tait	(Age) 14/08/73 (46)	(cm)	(kg)	Head coach				 Appointed Canada women's sevens coach in 2011 Ninth year as Canada women's sevens coach Coached Canada to bronze medal at Rio 2016 Olympic Games Coached Canada to silver medal at RWC Sevens 2013 Played 15s for Canada Played at Rugby World Cup 1999 (15s) among his 37 tests
1	Brittany Benn	23/04/89 (30)	170	71	Guelph Red Coats, ON	25	305	61	 Named in HSBC Dream Team in Dubai last weekend Missed Glendale round through injury Scored her 50th series try in Glendale in 2018 Made Canada debut on series in Atlanta in 2015 Bronze medallist at Rio 2016 Olympic Games Played at RWC Sevens 2018 Gold medallist at Pan American Games 2015 Silver medallist at Women's Rugby World Cup 2014 (15s) Training to be a firefighter
2	Kayla Moleschi	25/10/90 (29)	160	65.5	Williams Lake Rustlers, BC	35	236	46	 Needs four tries to reach 50 on series Becomes joint-most capped player on women's series this weekend as she and Bianca Farella draw level with Sarah Hirini on 36 events



3	Caroline Crossley	19/04/98 (21)	181	80.5	Castaway Wanderers,	17	50	10	 In Sydney, along with team-mate Bianca Farella, become second and third players to play in 30 tournaments (after Sarah Hirini, NZL) Made Canada debut on series in Dubai in 2012 Silver medallist at RWC Sevens 2013 Bronze medallist at Rio 2016 Olympic Games Gold medallist at Pan American Games 2015 Made Canada debut on series in Dubai in 2015 Played at RWC Sevens 2018
					BC				 Scorer of first ever Commonwealth Games women's sevens try in 2018 Silver medallist at Commonwealth Youth Games 2015
4	Elissa Alarie	31/01/86 (33)	168	63	Westshore RFC	8	60	12	 Glendale was first sevens event since 2016 Made Canada debut on series in Guangzhou in 2013 Silver medallist at Women's Rugby World Cup 2014 (15s) Also played at WRWC 2017, scoring six tries (15s) Started all four tests in Women's Rugby Super Series in 2019 (15s)
5	Julia Greenshields	12/02/92 (27)	165	62	Sarnia Saints	27	267	49	 Needs one try to reach 50 on series Made Canada debut on series in Houston in 2013 Played her 25th series event in Biarritz in 2019 Played at RWC Sevens 2018
6	Charity Williams	20/10/96 (23)	164	68	Markham Irish, ON	21	305	61	 Made Canada debut on world series in Sao Paulo in 2015 Bronze medallist at Rio 2016 Olympic Games Played at RWC Sevens 2018 Silver medallist at Youth Olympic Games 2014
7	Sara Kaljuvee	07/02/93 (26)	165	77	Toronto Scottish, ON	18	30	6	 Made Canada debut on series in Dubai in 2013 Played at RWC Sevens 2018 Gold medallist at Pan American Games 2015 Made test debut for Canada in Women's Rugby Super Series in June 2019 v New Zealand as centre. Also started v England (15s)
8	Bianca Farella	10/04/92 (27)	173	74	Town of Mont Royal, QC	35	720	144	 Needs six tries to become second player to score 150 tries on series after Portia Woodman Becomes joint-most capped player on women's series this weekend as she and Kayla Moleschi draw level with Sarah Hirini on 36 events Second highest try scorer on 2019 series with 34 tries Canada's top try-scorer on last two series (17 in 2018 and 34 in 2019) Studying part-time for psychology major at University of Victoria



									 In Sydney in 2019, along with team-mate Kayla Moleschi, became second and third players to play in 30 tournaments (after Sarah Hirini, NZL) Made Canada debut on series in Dubai in 2012 Bronze medallist at Rio 2016 Olympic Games Silver medallist at RWC Sevens 2013
9	Ghislaine Landry (captain)	27/04/88 (31)	163	64	Toronto Scottish	34	1,259	134	 Played at RWC Sevens 2018 Named in HSBC Dream Team in Dubai last weekend Named in HSBC Dream Team for 2019 series In Kitakyushu in 2019 became the third Canadian to play 30 series tournaments (after Farella and Moleschi) All-time leading point scorer in world series history (1,226) Second highest points scorer on 2019 Series with 202 Made Canada debut on series in Dubai in 2012 Nominated for World Rugby Women's Sevens Player of the Year 2017 Bronze medallist at Rio 2016 Olympic Games Silver medallist at RWC Sevens 2013 Captained Canada at RWC Sevens 2018 Gold medallist at Pan American Games 2015
10	Kaili Lukan	28/06/94 (25)	177	81	Unattached, ON	9	85	17	 Made Canada debut on series in Clermont-Ferrand in 2017 Older sister Megan played for Canada on series from 2015-18, including at Rio 2016 Olympic Games
11	Karen Paquin	03/08/87 (32)	172	70	Club de Rugby Quebec	25	325	65	 - Kitakyushu was her first series event since Clermont-Ferrand in 2016 - Named in HSBC Dream Team for R4 in Kitakyushu and R5 in Langford - Made Canada debut on series in Dubai in 2012 - Returned to Canada programme during development tour in March - Bronze medallist at Rio 2016 Olympic Games – her last sevens appearance for Canada - Silver medallist at RWC Sevens 2013 - Silver medallist at Women's Rugby World Cup 2014 (15s) - Also played at WRWC 2017 (15s)
12	Pam Buisa	28/12/96 (22)	180	84	Ottawa Irish	6	15	3	 Before Glendale had last played on series in Dubai in 2018 Made Canada debut on series in Langford in 2018 Played at RWC Sevens 2018 Played two tests v England in 2017 in back-row (15s)



13	Emma Chown	17/12/95	173	73	Aurora	8	25	5	- Called up as injury replacement for Bianca Farella in Dubai last weekend
		(23)			Barbarians,				- Made Canada debut on series in Dubai in 2017
					ON				



ENGLAND

Head coach: Charlie Hayter Captain: Abbie Brown

World Series record: 2012-13 – Runners-up / 2013-14 – Fourth / 2014-15 – Fourth / 2015-16 – Fourth / 2016-17 – Eighth / 2018 – Eighth / 2019 – Sixth

2020 Series standing: 10

- In Kitakyushu in 2019, England reached their first Cup final since Langford in 2016, losing 7-5 to Canada after a last-gasp try from Ghislaine Landry
- This was the first time England had reached the semi-final stage since the opening round of the 2016-17 series in Dubai
- England are one of only five nations to have won titles on the world series (Houston 2012-13, Langford 2015-16)
- England qualified Great Britain for Tokyo 2020 Olympic Games by winning the Rugby Europe regional qualifier in Kazan in July

Shirt	Full name	DOB (Age)	Height	Weight	Club /	Events	Points	Tries	Notes
#			(cm)	(kg)	Province				
	Charlie	10/12/88			Head coach				- Succeeded James Bailey as England coach for 2019-20 season
	Hayter	(31)							- Named GB Women's Sevens assistant coach last month
									- Had coaching role with England Sevens teams in 2018-19 season
									- Former England Sevens player from 2014-18, played in 30 series
									tournaments
									- Last series tournament as player was Paris in 2018
									- Played at Commonwealth Games 2014
									- Celebrated his 31st birthday on Tuesday of Cape Town week
1	Jodie	17/01/01	170	72	England	2	0	0	- Made England debut on series in Glendale in 2019
	Ounsley	(18)			Sevens				- First deaf female rugby player to be selected for full international
									sevens squad
									- Represented Great Britain in sprinting at Deaflympics
									- Won the World Deaf Rugby Sevens in Sydney
									- Former British jui-jitsu champions
									- Was the youngest person in England to be fitted with cochlear
									implant just after her first birthday



2	Abbie Brown (captain)	10/04/96 (23)	176	71	England Sevens	19	175	35	 Made England debut on series in Sao Paulo in 2016 Fourth season as England captain Played at RWC Sevens 2018 Bronze medallist at Commonwealth Games 2018 Played for GB at Rio 2016 Olympic Games Played five tests for England in 2015 Women's Six Nations (15s)
3	Abi Burton	09/03/00 (19)	171	78	England Sevens	8	5	1	 Made England debut on series in Glendale in 2018 First awarded an England Sevens contract for 2018-19
4	Heather Fisher	13/06/84 (35)	166	70	England Sevens	23	207	41	 Made first appearance of 2019 series in Langford, before then had last played in Paris in 2018 Made England debut on series in Houston in 2013 Played for GB at Rio 2016 Olympic Games Played at RWC Sevens 2009, 2013 and 2018 Bronze medallist at Commonwealth Games 2018 Women's Rugby World Cup 2014 winner (15s) Studying for Masters in S&C at University of Gloucestershire Has represented Great Britain in bobsleigh Appeared in Celebrity SAS: Who Dares Wins TV show in 2019
5	Beth Wilcock	03/01/01 (18)	168	75	England Sevens	2	10	2	- Called up as injury replacement in Dubai last weekend - Made England debut on series in Biarritz in 2019
6	Deborah Fleming	10/06/91 (28)	172	73	England Sevens	17	230	46	 Needs four more tries to become second England player to 50 on series after Joanne Watmore Made England debut on series in Dubai in 2016 England's top try-scorer on last two series (18 in 2018 and 15 in 2019) Bronze medallist at Commonwealth Games 2018 Played at RWC Sevens 2018
7	Emma Uren	01/10/97 (22)	172	70	England Sevens	7	75	15	 Made England debut on series in Glendale in 2018 Nominated for Rookie of the Year for 2019 series Split final year of S&C Sciences degree to take up England Sevens contract for 2018-19
8	Celia Quansah	25/10/95 (23)	175	82	England Sevens	7	85	17	 Made England debut on series in Glendale in 2018 Represented England in heptathlon and won long jump at 2011 School Games Only made switch to rugby aged 21 Sister Jenny competed for Great Britain in gymnastics



9	Alex Matthews	03/08/93 (26)	173	81	England Sevens	15	75	15	 Named RPA (Rugby Players' Association) England Women's Rugby Sevens Player of the Year 2018-19 – second year running has won award Made England debut on series in Houston in 2013 Played at RWC Sevens 2018 Bronze medallist at Commonwealth Games 2018 Women's Rugby World Cup 2014 winner (15s) Women's Rugby World Cup 2017 runner-up (15s)
10	Megan Jones	23/10/96 (22)	165	67	England Sevens	9	41	3	 Made England debut on series in Kitakyushu in 2017 Played nine tests for England from 2015-17 (15s) Women's Rugby World Cup 2017 runner-up (15s)
11	Katie Mason	21/11/	168	61	Wasps / England Sevens	8	39	7	 Made England debut on series in Dubai in 2016 Last played in Biarritz, her first tournament since Langford in 2018 Played 13 tests for England from 2015-16 (15s) Played for Barbarians Women v USA in April 2019 (15s)
12	Amy Wilson- Hardy	13/09/91 (28)	168	70	England Sevens	28	215	43	 Scored try in Kitakyushu 2019 final loss to Canada Made England debut on series in Dubai in 2013 Played for GB at Rio 2016 Olympic Games Played at RWC Sevens 2018 Bronze medallist at Commonwealth Games 2018 Women's Rugby World Cup 2017 runner-up (15s) Started playing rugby as prop at U15 level before moving to wing
13	Helena Rowland	19/09/99 (20)	168	66	England Sevens	7	57	9	- Made England debut on series in Glendale in 2018 - First awarded an England Sevens contract for 2018-19



<u>FIJI</u>

Head coach: Saiasi Fuli Captain: Raijieli Daveua Nickname: Fijiana

World Series record: 2012-13 –15th (non-core team) / 2013-14 – 10th (non-core team) / 2014-15 – Eighth / 2015-16 – Eighth / 2016-17 – Fourth / 2018 – Ninth / 2019 – 10th

2020 Series standing: 8

- Fiji's appearance in the Cup quarter-finals in Dubai was their first on the women's series since the Paris round in 2018
- Fiji finished on the same points as China last season but avoided relegation from core team status by virtue of their better point difference

Shirt	Full name	DOB (Age)	Height	Weight	Club /	Events	Points	Tries	Notes
#			(cm)	(kg)	Province				
	Saiasi Fuli	16/03/78			Head coach				- Appointed in December 2018, replacing Alifereti Doviverata who returned to
		(41)							Fiji 15s head coach role
									- Sydney was his first series event as Fijiana head coach
									- Assistant coach of Fiji Drua who won Australia's NRC title in 2018 (15s)
									- Played seven series events for Fiji across 2001-02 and 2004-05 seasons
									- Played at Commonwealth Games in 2002
									- Played one test for Fiji in 2004 (15s)
									- Assistant coach of Fiji for World Rugby U20 Championship in 2013 (15s)
1	Vasiti	02/08/93	170	76	Nadia	10	45	9	- Made Fiji debut on series in Dubai in 2017
	Solikoviti	(26)			Blazers				- Played at Commonwealth Games 2018
2	Asinate Savu	15/04/93	168	75	Seahawks	22	358	56	- Became first Fijian to score 50 series tries in Kitakyushu in 2019
		(26)							- Fiji's top try scorer on 2019 series with 15
									- Made Fiji debut on series in China in 2013
									- Played at RWC Sevens 2013 and 2018
3	Raijieli	30/05/92	175	69	Wardens	13	135	27	- Made Fiji debut on series in Dubai in 2016
	Daveua	(27)							- Named 2016-17 Series Rookie of the Year
	(captain)								- Played at RWC Sevens 2018
									- Dual international as also played netball for Fiji



									- Stepped away from rugby to try to make the Fiji netball team for 2018 Commonwealth Games but missed out on selection
4	Rusila Nagasau	04/08/87 (32)	175	84	Seahawks	27	163	21	 Co-captained Fijiana 15s team last weekend in 41-13 win over Samoa that secured their place at Rugby World Cup 2021 in New Zealand – first time qualified for RWC in 15s Played her 25th series event Biarritz in 2019 series Made Fiji debut on series in Dubai in 2013 Played at RWC Sevens 2013 Played at Rio 2016 Olympic Games Captained Fiji to Oceania Rugby Women's Championship title in 2018 (15s)
5	Mereula Torooti	04/05/88 (31)	161	64	Seahawks	6	25	5	 Made Fiji debut on series in Langford in 2018 Played at RWC Sevens 2018
6	Lavenia Tinai	07/09/90 (29)	165	57		24	279	33	 Played for Fijiana 15s last weekend in 41-13 win over Samoa that secured their place at Rugby World Cup 2021 for the first time, scoring try in win just as she had done in pool meeting between sides earlier in tournament (15s) Made Fiji debut on series in Dubai in 2013 Oceania Rugby Women's Championship winner in 2018 (15s) Made test debut and played three tests for Fiji in 2018 (15s)
7	Roela Radiniyavuni	07/04/90 (29)	167	69	Seahawks	5	31	5	 Last played on series in Dubai in 2019 Made Fiji debut on series in Sao Paulo in 2015 Played in Glendale 2019, her previous appearance on series was in 2015 Played two tests for Fiji in 2016 as part of WRWC 2017 qualifying process (15s)
8	Ani Mei Likuvaqali	17/04/00 (19)	167	66	Nasinu	DEBUT			- Will make Fiji debut on series in Cape Town this weekend
9	Viniana Riwai	06/06/91 (28)	165	70	Seahawks	19	164	18	 Made Fiji debut on series in China in 2013 Played at RWC Sevens 2013 Played at Rio 2016 Olympic Games Played football (soccer) for 15 years and played for Fiji at Pacific Games before switching to rugby
10	Luisa Tisolo	02/09/91 (28)	167	61	Striders	19	266	30	 Captained Fiji in Dubai last weekend Made Fiji debut on series in China in 2014 Played at RWC Sevens 2013 and 2018 Played at Rio 2016 Olympic Games



11	Ana Maria Naimasi	21/02/94 (25)	158	69	Striders	19	211	41	 Fiji's top try-scorer on 2018 series with 14 Made Fiji debut on series in Dubai in 2016 Plaved at RWC Sevens 2018
12	Tokasa Seniyasi	10/07/99 (20)	160	60	Nadi Aviators	6	38	6	- Made Fiji debut on series in Sydney in 2019



FRANCE

Head coach: David Courteix Captain: Fanny Horta Nickname: Les Bleues

World Series record: 2012-13 – 12th (non-core team) / 2013-14 – Eighth (non-core team) / 2014-15 – Sixth / 2015-16 – Fifth / 2016-17 – Seventh / 2018 – Third / 2019 – Fifth

2020 Series ranking: 5

- France reached their first Cup final in series history in Kitakyushu in 2018
- France will contest the Olympic repechage at end of 2020 series in bid to qualify for Tokyo 2020 Olympic Games

Shirt #	Full name	DOB (Age)	Height (cm)	Weight (kg)	Club / Province	Events	Points	Tries	Notes
	David Courteix		(0)	(*8/	Head coach				 Fourth year as France women's sevens coach Coached France at Rio 2016 Olympic Games Guided France to best finish on HSBC World Rugby Women's Sevens Series with third in 2018 Named Coach of the Tournament at RWC Sevens 2018
1	Marjorie Mayans	17/11/90 (29)	171	68	Blagnac Rugby Feminin / FFR	32	65	13	 Joined Fanny Horta as only Frenchwomen to play in 30 series events in Glendale in R1 Made France debut on series in Dubai in 2012 Played at RWC Sevens 2013 and 2018 Played at Rio 2016 Olympic Games Bronze medallist at Women's Rugby World Cup 2017 (15s) Women's Six Nations Grand Slam winner in 2018 (15s)
2	Séraphine Okemba	03/12/95 (23)	177	78	Stade Français Paris / FFR	12	90	18	 Made France debut on series in Kitakyushu in 2017 Played in RWC Sevens 2018
3	Chloé Pelle	14/11/89 (30)	162	70	Stade Français Paris / FFR	29	205	41	 Becomes third French player to reach 30 series events in Cape Town this weekend (after Mayans and Horta) Named in HSBC Dream Team for R1 in Glendale Made France debut on series in Amsterdam in 2013



									 Played at RWC Sevens 2013 and 2018 Bronze medallist at Women's Rugby World Cup 2017 (15s) Played in Women's Six Nations 2019 (15s)
4	Yolaine Yengo	24/04/93 (26)	160	52	Stade Rennais Rugby / FFR	2	12	4	- Made France debut on series in Glendale in 2019
5	Nassira Konde	30/07/99 (20)	173	67	AC Bobigny 93 / FFR	6	15	3	 Returns after missing R1 in Glendale Before Langford 2019 had last played on series in R1 in Dubai Made France debut on series in Sydney in 2018
6	Fanny Horta (captain)	22/01/86 (33)	166	63	FFR	31	245	49	 Needs one try to become second French player to 50 series tries Made France debut on series in Dubai in 2012 Captained France in every tournament she had played until Glendale in 2018 Captained France at RWC Sevens 2009, 2013 and 2018
7	Coralie Bertrand	10/04/94 (25)	173	66	RC Chilly Marzarin / FFR	11	75	15	 Made France debut on series in Dubai in 2017 Named 2018 Series Rookie of the Year Played at RWC Sevens 2018
8	Camille Grassineau	10/09/90 (29)	165	58	FFR	27	280	56	 Became first France player to score 50 series tries in Langford in 2019 Made France debut on series in Amsterdam in 2013 Played at RWC Sevens 2013 and 2018 Played at Rio 2016 Olympic Games – scoring first ever sevens Olympic try Bronze medallist at Women's Rugby World Cup 2017 (15s)
9	Joanna Grisez	05/10/96 (23)	165	56	AC Bobigny 93	4	25	5	 Made France debut on series in Sydney in 2019 Played in Fast Four invitational tournament in Hamilton
10	Caroline Drouin	07/07/96 (23)	172	71	Stade Rennais Rugby / FFR	13	176	16	 Glendale was her first series event as France captain Made France debut on series in Kitakyushu in 2017 Played at RWC Sevens 2018 Played for France in first-ever win over New Zealand on 17 November, 2018 scoring 15 points in 30-27 victory (15s) Also played in first test loss to New Zealand in November (15s) Bronze medallist at Women's Rugby World Cup 2017 (15s) Women's Six Nations Grand Slam winner in 2018 (15s)
11	Shannon Izar	08/05/93 (26)	172	68	FFR	22	328	46	 Needs four tries to reach 50 in series history Made France debut on series in Dubai in 2012



									 Played at RWC Sevens 2013 and 2018 Bronze medallist at Women's Rugby World Cup 2017 (15s)
12	Lina Guerin	16/04/91 (28)	173	64	RC Chilly Marzarin	18	150	30	 Made France debut on series in China in 2014 Played at RWC Sevens 2018 Played at Rio 2016 Olympic Games
13	Mathilde Coutouly	29/09/98 (21)	170	63	Stade Toulousain Rugby	6	20	4	 - Unused 13th player in Dubai last weekend - Made France debut on series in Dubai in 2016 - Before Glendale had last played on series in Kitakyushu in 2019



IRELAND

Head coach: Stan McDowell Co-captains: Amee-Leigh Murphy Crowe and Katie Fitzhenry

World Series record: 2012-13 –11th (non-core team) / 2013-14 – 13th / 2014-15 – DNP / 2015-16 – 12th (non-core team) / 2016-17 – Ninth / 2018 – 10th

2020 Series standing: 9

- Ireland failed to reach the quarter-finals in the final two rounds of the 2019 series
- This is the fourth season that Ireland have been a core team on the HSBC World Rugby Women's Sevens Series

Shirt #	Name	DOB (Age)	Height (cm)	Weight (kg)	Club / Province	Events	Points	Tries	Notes
	Stan McDowell	(1867		(Head coach				 Been professional sevens coach with IRFU for seven years – identifying and attracting players for men's and women's programmes Coached Ireland men's team to bronze medal in London in 2018 European Cup winner as a player with Ulster in 1999 (15s)
1	Claire Boles	28/05/98 (21)	169	70	Railway Union	9	10	2	 Made Ireland debut on series in Clermont-Ferrand in 2017 Played three matches as replacement in the Women's Six Nations 2019 (15s)
2	Hannah Tyrrell	10/08/90 (29)	180	66	Old Belvedere	22	89	17	 Made Ireland debut on series in Amsterdam in 2014 Played at RWC Sevens 2018 Played at Women's Rugby World Cup 2017 (15s) Former goalkeeper in Gaelic football (GAA) with Dublin Women's Six Nations winner in 2015 (15s)
3	Deirbhile Nic a Bhaird	22/09/95 (24)	162	70	Old Belvedere	13	25	5	 Called up as an injury replacement in Dubai last weekend Made Ireland debut on series in Dubai 2017 Played at RWC Sevens 2018 Competed in Ju-Jitsu and Mixed Martial Arts Played in the Women's Six Nations 2019 (15s)
4	Brittany Hogan	19/09/98 (21)	169	72	Railway Union RFC	6	5	1	 Returns after missing R1 in Glendale Made Ireland debut on series in Dubai in 2019



5	Amee-Leigh Murphy Crowe (co- captain)	26/04/95 (24)	168	64	Railway Union RFC	25	455	91	 Needs nine tries to become first Irish player and potentially ninth in series history to score 100 tries Replaced due to injury during Dubai tournament']# Top try scorer on 2019 series with 35 – first northern hemisphere player to claim accolade Named in HSBC Dream Team for 2019 Series Captained Ireland in final two rounds of 2019 series with Lucy Mulhall injury Shares captaincy with Katie Fitzhenry in Dubai with Mulhall injured Made Ireland debut on series in Guangzhou in 2014 Ireland's top try-scorer on 2018 series with 18 Played at RWC Sevens 2018
6	Kathy Baker	23/06/98 (21)	169	68	Blackrock	6	10	2	 Made Ireland debut on series in Kitakyushu in 2018 Played at RWC Sevens 2018 Played in Aon University Sevens 2018 for Bond University as part of development placement Grandfather played for Ireland (15s)
7	Katie Fitzhenry (co- captain)	23/04/89 (29)	165	70	Blackrock	17	40	8	 Made Ireland debut on series in Guangzhou in 2014 Glendale was first series event since same round in 2018 Shares captaincy with Amee-Leigh Murphy Crowe in Dubai with Lucy Mulhall injured Played at RWC Sevens 2018 Played at Women's Rugby World Cup 2017 (15s) Played camogie for Wexford before switching to rugby
8	Megan Burns	09/04/00 (19)	168	61	Tullamore	5	10	2	- Made Ireland debut on series in Kitakyushu in 2018
9	Anna Doyle	05/01/02 (17)	168	64	Railway Union RFC	2	5	1	 Made Ireland debut on series in Glendale in 2019 First played for Ireland on Rugby Europe Grand Prix Women's Sevens Series in Kazan First cousin of captain Lucy Mulhall
10	Eve Higgins	23/06/99 (20)	173	70	Railway Union	13	133	21	 Made Ireland debut on series in Dubai in 2017 Played at RWC Sevens 2018 Played in Aon University Sevens 2018 for Bond University as part of development placement



11	Louise Galvin	03/04/87 (32)	172	66	UL Bohemians	17	95	19	 Made Ireland debut on series in Dubai in 2015 Played at RWC Sevens 2018 Played at Women's Rugby World Cup 2017 (15s) Former Gaelic footballer with Kerry Played age-grade basketball for Ireland, captaining at U18 level
12	Emily Lane	10/01/99 (20)	164	60	Mallow RFC / Ballincollig RFC	6	15	3	- Made Ireland debut on series in Sydney in 2019 - Captained Ireland U18 sevens team in 2017
13	Kate Farrell McCabe	04/01/00 (19)	167	57	Suttonians	0	0	0	- Will make Ireland debut on series if called upon as injury replacement in Cape Town this weekend



NEW ZEALAND

Co-coaches: Allan Bunting and Cory Sweeney Captain: Tyla Nathan-Wong Nickname: Black Ferns Sevens

World Series record: 2012-13 – Champions / 2013-14 – Champions / 2014-15 – Champions / 2015-16 – Runners-up / 2016-17 – Champions / 2018 – Runners-up / 2019 – Champions

2020 Series standing: 1

- Black Ferns Sevens were named New Zealand Team of the Year 2019 (ahead of All Blacks and Black Ferns) on Thursday in New Zealand's rugby awards
- New Zealand became the first team to successfully defend the title in Dubai last weekend, beating Canada for the second year running in the final
- Two players from New Zealand's Youth Olympic Games 2018 gold medal winning team are in Cape Town Risi Pouri-Lane and Mahina Paul (latter making series debut)
- New Zealand qualified for the Tokyo 2020 Olympic Games by finishing first on the 2019 Series
- New Zealand have twice won 37 matches in a row on the series (April 2014-May 2015 and April 2018-April 2019)
- They went 38 matches unbeaten in the latter run, drawing the 38th match with Russia before losing to France in Kitakyushu
- New Zealand's Portia Woodman, Kelly Brazier, Sarah Hirini, Stacey Waaka and Theresa Fitzpatrick are five of nine players (men's and women's) to have won Rugby World Cups in sevens and 15s

Shirt	Name	DOB	Height	Weight	Club /	Events	Points	Tries	Notes
#		(Age)	(cm)	(kg)	Province				
	Allan Bunting				Co-coach				- Named New Zealand Coach of the Year 2019 with Cory Sweeney on
									Thursday as Black Ferns Sevens coaches
									- Returned in Glendale after missing final rounds of 2019 series
									- Fourth season in charge, appointed after Rio 2016
									- Assistant coach for four years previously
									- Former All Blacks Sevens player
									- Named Coach of the Series at the World Rugby Sevens Awards in 2018
									- Nominated as Coach of the Year at the Halberg Awards
	Cory Sweeney				Co-coach				- Named New Zealand Coach of the Year 2019 with Allan Bunting on
									Thursday as Black Ferns Sevens coaches



									- Stepped up from assistant coach in Kitakyushu with Allan Bunting granted leave, in charge for final three tournaments - Named co-coach for 2020 series
1	Ruby Tui	13/12/91 (26)	177	71	Canterbury	30	260	52	 Celebrates her 27th birthday on day one in Cape Town Named World Rugby Women's Sevens Player of the Year 2019 in association with HSBC in Japan in November Named in HSBC Dream Team in Dubai last weekend Became the third Black Ferns Sevens player to play in 30 tournaments after Sarah Hirini and Tyla Nathan-Wong in Dubai last weekend Named in HSBC Dream Team for 2019 series Named HSBC Player of the Final in Glendale in 2018 Five-time HSBC World Rugby Sevens Series title winner Nominated for World Rugby Women's Sevens Player of the Year 2017 Named Black Ferns Sevens Player of the Year 2017 Gold medallist at RWC Sevens 2018 Silver medallist at Rio 2016 Olympic Games Commentates for SKY NZ
2	Risi Pouri- Lane	28/05/00 (19)	164	63	Tasman	3	39	1	 Unused injury replacement in Dubai last weekend Captained gold medal-winning side at Youth Olympic Games 2018 Made New Zealand debut on series in Dubai in 2018 Won one HSBC World Rugby Women's Sevens Series title Unused injury replacement for Commonwealth Games 2018 final
3	Stacey Waaka	03/11/95 (24)	173	73	Waikato	12	160	32	 One of the Unstoppables in World Rugby's 'Women in Rugby' 'Try and Stop Us' campaign in May 2019 Named in HSBC Dream Team for Glendale and Dubai Named HSBC Player of the Final in Dubai after two tries in the final Named DHL Impact Player in Dubai and leads the DHL Performance Tracker after two rounds with 125 points First player to win DHL Impact Player and HSBC Player of the Final in same event Top try scorer in R2 in Dubai with nine Top try scorer on 2020 series with 15 after two rounds Returned in Glendale after surgery for wrist injury suffered in Sydney in 2019



4	Niall Williams	21/04/88	174	76	Auckland	23	175	35	 Scored two hat-tricks v France in Fast Four tournament in Hamilton in January Made New Zealand debut on series in Atlanta in 2016 Two-time HSBC World Rugby Sevens Series title winner Gold medallist at RWC Sevens 2018 Gold medallist at Commonwealth Games 2018 Women's Rugby World Cup 2017 winner (15s) Made New Zealand debut on series in Dubai in 2015
		(31)							 Won two HSBC World Rugby Women's Sevens Series titles Gold medallist at RWC Sevens 2018 Gold medallist at Commonwealth Games 2018 Sister of All Black Sonny Bill Williams, currently competing at RWC 2019
5	Huia Harding	12/07/93 (26)	170	68	Waikato	2	10	2	- Dubai was her first event since making her New Zealand debut on series in Kitakyushu in 2018
6	Mahina Paul	19/04/01 (18)	165	74	Waikato	DEBUT			 Will make New Zealand debut on series in Cape Town this weekend Contracted to Black Ferns Sevens for first time in 2019 Gold medallist at Youth Olympic Games 2018 in Buenos Aires, scoring a try in gold medal match v France Represented New Zealand at U18 Touch World Championship in 2018
7	Tyla Nathan- Wong (captain)	01/07/94 (25)	165	59	Auckland	32	915	35	 Named Black Ferns Sevens Player of the Year 2019 on Thursday Takes over captaincy in absence of Sarah Hirini Reached her 26th Cup final in Dubai last weekend – tying the record held by Sarah Hirini In Dubai became third player to score 900 series points after Ghislaine Landry (CAN) and team-mate Portia Woodman Named as nominee for Black Ferns Sevens Player of the Year 2019 Nominated for World Rugby Women's Sevens Player of the Year 2019 in association with HSBC The second New Zealand player to play in 30 tournaments behind Sarah Hirini Made New Zealand debut on series in Dubai in 2012 Five-time HSBC World Rugby Women's Sevens Series title winner Gold medallist at RWC Sevens 2013 and 2018 Silver medallist at Rio 2016 Olympic Games



									- Gold medallist at Commonwealth Games 2018
8	Kelly Brazier	28/10/89 (30)	173	68	Bay of Plenty	28	486	80	 Named as nominee for Black Ferns Sevens Player of the Year 2019 Named in HSBC Dream Team for R1 in Glendale in 2018 and 2019 Made New Zealand debut on series in Houston in 2013 Five-time HSBC World Rugby Women's Sevens Series title winner Gold medallist at RWC Sevens 2013 and 2018 Silver medallist at Rio 2016 Olympic Games Gold medallist at Commonwealth Games 2018 – scored winning try in extra-time in final v Australia Women's Rugby World Cup 2010 and 2017 winner (15s) Played three matches in the Women's Rugby Super Series in 2019 as New Zealand won the title (15s)
9	Gayle Broughton	05/06/96 (23)	174	70	Taranaki	19	290	58	 Scored winning try in Dubai final last weekend Made New Zealand debut on series in Atlanta in 2014 Four-time HSBC World Rugby Women's Sevens Series title winner Gold medallist at RWC Sevens 2018 Gold medallist at Commonwealth Games 2018
10	Theresa Fitzpatrick	25/02/95 (24)	168	75	Auckland	17	55	11	 Won three HSBC World Rugby Women's Sevens Series titles Made New Zealand debut on series in Atlanta in 2016 Gold medallist at RWC Sevens 2018 Gold medallist at Commonwealth Games 2018 Women's Rugby World Cup 2017 winner (15s) Played two matches in the Women's Rugby Super Series in 2019 as New Zealand won the title (15s)
11	Shiray Kaka	26/03/95 (24)	168	68	Tasman	10	120	24	 Dubai was her first appearance since Paris round in 2018 Made New Zealand debut on series in Dubai in 2013 Won two HSBC World Rugby Women's Sevens Series titles Married to former All Blacks Sevens player Gillies Kaka
12	Alena Saili	13/12/98 (20)	180	75	Southland	14	115	23	 Celebrates her 21st birthday on day one in Cape Town Won two HSBC World Rugby Women's Sevens Series titles Made series debut for New Zealand in Sydney in 2017 Gold medallist at Commonwealth Games 2018 Played two tests against Australia on wing in August 2018 and three in Women's Rugby Super Series title success in 2019 (15s)



13	Tenika	07/12/97	167	69	Waikato	8	52	2	- Made New Zealand debut on series in Dubai in 2016
	Willison	(22)							- Won two HSBC World Rugby Women's Sevens Series titles
									- Started training with Black Ferns Sevens squad as a 16-year-old
									- Gold medallist at RWC Sevens 2018
									- Gold medallist at Commonwealth Games 2018
									- Played touch for New Zealand at senior and age-grade level



RUSSIA

Head coach: Andrey Kuzin Captain: Alena Mikhaltsova

World Series record: 2012-13 – Sixth / 2013-14 – Fifth / 2014-15 – Seventh / 2015-16 – Seventh / 2016-17 – Fifth / 2018 – Sixth / 2019 – Seventh

2020 Series standing: 6

- Russia have the second most experienced squad in Dubai in terms of events with 225 (behind Canada's 268)
- Russia ended New Zealand's 37-match winning run on series with a 17-17 draw in Kitakyushu in 2019
- Alena Mikhaltsova was the DHL Impact Player for 2019 series
- Russia will contest the Olympic repechage at end of 2020 series in bid to qualify for Tokyo 2020 Olympic Games

Shirt	Name	DOB	Height	Weight	Club /	Events	Points	Tries	Notes
#		(Age)	(cm)	(kg)	Province				
	Andrey Kuzin	29/10/78			Head coach				- Third year as Russia women's sevens coach
		(41)							- Former Russia sevens player, playing on series 2001-08
									- Played RWC Sevens 2001 and 2005
									- Former Russia captain in 15s, captaining eight of his 78 tests from 1997-
									2011
									- Played at RWC 2011 (15s)
1	Daria	20/07/96	166	65	Rgustis-	19	80	16	- Made Russia debut on series in Clermont-Ferrand in 2016
	Noritsina	(23)			Podmoskovie				- Played at RWC Sevens 2018
2	Aline	13/10/95	165	60	Vitiaz	2	0	0	- First appearance of the 2020 series
	Arterchuk	(24)							 Only played one event in 2019 series – in Biarritz
									 Made Russia debut in Langford in 2018 (only event)
									- Played two tests for Russia in Rugby Europe Women's Championship in
									2019, at full-back and centre (15s)
3	Snezhanna	21/08/94	158	58	Krasniy Yar	9	23	1	- First appearance of the 2020 series, having last played on series in
	Kulkova	(25)							Biarritz in 2019
									- Made Russia debut on series in Kitakyushu in 2017



									- Played four tests for Russia, including one v Spain in Rugby Europe Women's Championship in 2019 (15s)
4	Alena	00/12/02	172	72	Enisei-STM	26	478	92	
4		08/12/93	1/2	12	Enisei-STIVI	26	478	92	- Celebrated her 26th birthday last Sunday
	Mikhaltsova	(26)							- Needs eight tries to become second Russian to score 100 series tries
	(captain)								after Baizat Khamidova
									- Named DHL Impact Player for 2019 series (74 tackles, 32 breaks, 26
									offloads and 127 carries throughout season)
									- Made Russia debut on series in Atlanta in 2014
									- Scored 11 tries in Kitakyushu in 2018, including series record-equalling
									five in one match (v England)
									- Russia's top try-scorer on 2018 series with 24
									- One of five players to score five tries in single match on series
									- Captained Russia at RWC Sevens 2018
									- Captained Russia to third successive Rugby Europe Women's Grand Prix
									Sevens Series title in 2018
5	Baizat	31/08/90	184	70	Krasniy Yar	31	505	101	- Became first Russian to play in 30 tournaments on series in Glendale
	Khamidova	(29)							- Became the first Russian to score 100 series tries in Biarritz in 2019
									- Top try-scorer for Russia on 2019 series with 20 tries
									- Named in HSBC Dream Team for 2018 series
									- DHL Impact Player for Sydney 2018
									- Made Russia debut on series in Dubai in 2012
									- Russia's top point (415) and try (83) scorer in women's series history
									- Played at RWC Sevens 2013 and 2018
6	lana Danilova	07/05/96	170	70	Rgustis-	9	35	7	- Made Russia debut on series in Langford in 2018
		(23)			Podmoskovie				
7	Kristina	24/12/94	170	70	CSP	26	180	26	- Made Russia debut on series in Sao Paulo in 2014
	Seredina	(24)			Krilatskoe				- Played at RWC Sevens 2018
8	Nadezhda	14/08/91	165	65	RC Krasnodar	18	361	35	- Before Dubai had last played on series in same round in 2016
	Sozonova	(28)			Kuban				- Captained Russia in first four world series
	(nee								- Made Russia debut on series in Dubai in 2012]
	Kudinova)								- Nominated for World Rugby Women's Sevens Player of the Year in 2015
									- Played three tests for Russia in 2016 (15s)



9	Marina Myasnikova (nee Petrova)	17/01/89 (30)	168	68	Rgustis- Podmoskovie	19	180	36	 Before Dubai had last played on series in Langford in 2017 Made Russia debut on series in Dubai in 2012 Played at RWC Sevens 203 Played four tests for Russia in 2011 (15s)
10	Elena Zdrokova	26/12/96 (22)	175	75	Enisei-STM	20	414	82	- Made Russia debut on series in Sao Paulo in 2016
11	Arina Bystrova	06/02/96 (23)	164	62	Rgustis- Podmoskovie	17	90	18	 Twin sister of Daria Shestakova Last played on series in Sydney in 2019 Made Russia debut on series in Dubai in 2015 Played at RWC Sevens 2018
12	Anna Baranchuk	18/12/93 (25)	169	69	RCSP Krasnodarskiy region	11	10	2	 Made Russia debut on series in Kitakyushu in 2018 Played at RWC Sevens 2018
13	Daria Shestakova (nee Bobkova)	06/02/96 (23)	165	60	Rgustis- Podmoskovie	18	110	22	- Twin sister of Arina Bystrova - Made Russia debut on series in Sao Paulo in 2016 - Played at RWC Sevens 2018



SOUTH AFRICA (Invitational team in Cape Town)

Head coach: Paul Delport Captain: Zintle Mpupha Nickname: Imbokodo

World Series record: 2012-13 – Eighth (non-core team) / 2013-14 – 15th (non-core team) / 2014-15 – 12th / 2015-16 – DNP / 2016-17 – 12th (non-core team) / 2018 – 13th (non-core team) / 2019 – DNP

- South Africa will play on home soil for the first time ever this weekend in Cape Town
- South Africa were runners-up in the first ever round of the women's series back in Dubai in 2012
- South Africa's last event on the world series was Dubai in 2017
- South Africa won the Rugby Africa Women's Sevens 2019 title but did not qualify for Tokyo 2020 Olympic Games due to South African Sports Confederation and Olympic Committee criteria on qualification

Shirt	Full name	DOB (Age)	Height	Weight	Club /	Events	Points	Tries	Notes
#			(cm)	(kg)	Province				
	Paul Delport				Head coach	30	229	45	 Coached South Africa at RWC Sevens 2018 and Commonwealth Games 2018 Made South Africa debut on series in Dubai in 2003 Last tournament on series was Glasgow at end of 2012-13 series Won World Series with South Africa in 2008-09 Played at RWC Sevens 2009 Played at Commonwealth Games 2010 Played for South Africa at U21 level (15s)
1	Rights Mkhari	09/09/94 (25)	175	72	SA Sevens	DEBUT			 Will make South Africa debut on series in Cape Town this weekend Started all three matches of RWC 2021 African regional qualifier on home soil in August in second-row, which South Africa won (15s) Scored hat-trick on test debut v Uganda in above Rugby Africa Women's Cup and also against Madagascar, finishing tournament with seven tries (15s)
2	Christelene Steinhobel	20/09/90 (29)	167	66	SA Sevens	2	0	0	 Last played on series in Dubai in 2017 Made South Africa debut on series in Dubai in 2016 Played at RWC Sevens 2018



3	Buhle Sonamzi	18/02/97 (22)	155	66	SA Sevens	DEBUT			 Will make South Africa debut on series in Cape Town this weekend Played at RWC Sevens 2018
4			161	<u> </u>	CA Courses	3	25	-	
4	Zintle	25/12/93	101	69	SA Sevens	3	25	5	- Last played on series in Dubai in 2017
	Mpupha	(25)							- Made South Africa debut on series in Amsterdam in 2014
									- Played at RWC Sevens 2018
									- Played at Commonwealth Games 2018
									- Started all three matches of RWC 2021 African regional qualifier on home soil in
									August at centre, scoring four tries, which South Africa won (15s)
									- Made test debut last November against Wales (15s)
									- Has scored five tries in her six tests for the Springbok Women (15s)
5	Zenay	04/04/91	156	57	SA Sevens	10	111	13	- Last played on series in Dubai in 2016
	Jordaan	(28)							- Made South Africa debut on series in Dubai in 2012
									- Captained South Africa Women's Sevens from 2009-15
									- Played at Commonwealth Games in 2018
									- Played at RWC Sevens 2009, 2013 and 2018
									- Played test rugby for South Africa from 2009-19 (15)
									- Played at Women's Rugby World Cup 2010 and 2014 (15s)
									- Started all three matches of RWC 2021 African regional qualifier on home soil in
									August at fly-half (15s)
6	Megh	21/04/97	176	62	SA Sevens	DEBUT			- Will make South Africa debut on series in Cape Town this weekend
	Phillips	(22)							
7	Eloise	05/03/96	165	64	SA Sevens	2	2	0	- Last played on series in Dubai in 2017
	Webb	(23)							- Made South Africa debut on series in Dubai in 2016
									- Played at RWC Sevens 2018
									- Played at Commonwealth Games in 2018
									- Played provincial netball and cricket
									- Made test debut v Uganda in August 2019, scoring a hat-trick (15s)
									- Started all three matches of RWC 2021 African regional qualifier on home soil in
									August, which South Africa won, at full-back (15s)
8	Sizo	09/03/92	162	74	SA Sevens	DEBUT			- Will make South Africa debut on series in Cape Town this weekend
	Solontsi	(27)							- Made test debut for Springbok Women in August 2019 (15s)
									- Played three matches of RWC 2021 African regional qualifier on home soil in
									August in back-row which South Africa won (15s)
									- Also played v Spain in September (15s)



9	Nadine Roos	09/05/96 (23)	164	62	SA Sevens	2	32	6	 Last played on series in Dubai in 2017 Made South Africa debut on series in Dubai in 2016 Played at RWC Sevens 2018 Played at Commonwealth Games in 2018
10	Mathrin Simmers	03/03/98 (21)	162	64	SA Sevens	11	30	6	 Last played on series in Dubai in 2017 Made South Africa debut on series in Dubai in 2012 Played at RWC Sevens 2013 and 2018 Played at Commonwealth Games in 2018 Played four tests for South Africa, two in 2013 and two in 2019 Played two matches of RWC 2021 African regional qualifier on home soil in August which South Africa won (15s)
11	Catha Jacobs	06/02/98 (21)	183	76	SA Sevens	DEBUT			 Will make South Africa debut on series in Cape Town this weekend Former rower for University of Johannesburg Was asked to make up numbers for a rugby sevens tournament in Johannesburg in March, where caught SA coach Paul Delport's eye and he invited her along to training camp
12	Liske Lategan	25/11/98 (21)	171	69	SA Sevens	DEBUT			- Will make South Africa debut on series in Cape Town this weekend
13	Lusanda Dumke	11/09/96 (23)	161	68	SA Sevens	0	0	0	 Will make South Africa debut on series in Cape Town this weekend if called upon as an injury replacement Made test debut v Wales in November 2018 (15s) Played three matches in back-row of RWC 2021 African regional qualifier on home soil in August in back-row which South Africa won (15s)



SPAIN

Head coach: Pedro de Matías Captain: Bárbara Plà Nickname: Las Leonas

World Series record: 2012-13 – Ninth (non-core team) / 2013-14 – Sixth / 2014-15 – Ninth / 2015-16 – Ninth / 2016-17 – 10th / 2018 – Seventh / 2019 – Ninth

2020 Series standing: 7

- Spain finished fifth in the opening round in Glendale
- Nine members of Spain's squad in Dubai played in their 29-15 test win over Wales on 3 November
- Spain reached their third Cup semi-final in series history in Biarritz, after Kitakyushu in 2018 and Dubai in 2012

Shirt #	Name	DOB (Age)	Height (cm)	Weight (kg)	Club / Province	Events	Points	Tries	Notes
	Pedro de Matías	(780)		(187	Head coach				- Second season as Spain head coach
1	Eva Aguirre	22/01/95 (24)	173	65	Olímpico Pozuelo	4	10	2	 Made Spain debut on series in Sydney in 2018 Played test rugby for Spain from 2018-19 (15s) Played in Spain's 29-15 win over Wales on 3 November (15s)
2	Uri Barrutieta	30/04/97 (22)	168	68	Getxo RT	11	20	4	 Before Dubai had last played on series in same round in 2018 Made Spain debut on series in Sydney in 2017 Played at RWC Sevens 2018 Played at Women's Rugby World Cup 2017 (15s) Played five tests for Spain, including v South Africa in Sept 2019 (15s)
3	Amaia Erbina	13/03/97 (22)	171	68	CR Cisneros	23	100	20	 Made Spain debut on series in Atlanta in 2015 Played at RWC Sevens 2018 Played at Rio 2016 Olympic Games Played at Nanjing 2014 Youth Olympic Games Played at Women's Rugby World Cup 2017 (15s) Played in Spain's 29-15 win over Wales on 3 November (15s) Played in Spain's 29-12 victory over South Africa in September (15s) Older sister of Lide Erbina, the Rookie of the Year in 2019 Series



4	Patricia García	02/12/89 (30)	163	64	FER	34	646	57	 Holds Spanish record for tournaments played on series (34 events) Played her 30th series tournament in Kitakyushu in 2019 Became first Spaniard to score 50 tries on series in Langford in 2019 Made Spain debut on series in Dubai in 2012 Named in HSBC Dream Team for 2018 world series Played at RWC Sevens 2013 and 2018 Played at Rio 2016 Olympic Games Played test rugby for Spain from 2011-19 (15s) Played test rugby for Spain from 2011-19 (15s) Played in Spain's 29-15 win over Wales on 3 November (15s) Scored hat-trick of tries in 22-point haul as Spain won Rugby Europe Women's Championship title on 30 March with 54-0 defeat of the Netherlands in final (15s) Played in Spain's 29-12 victory over South Africa in September, kicking nine points (15s) Player of Match and double try scorer in Spain's win over Scotland on 20 January (15s) Runs Rugby Libre, a non-profit organisation which uses rugby to spread values and education – toured Chile in August 2019 but also visited Morocco and hopes to go to Kenya in 2020
5	Marina Bravo Maria Garcia	02/07/89 (30) 15/04/00	173	68 57	CR Cisneros CR	24	82	16	 Made Spain debut on series in Dubai in 2012 Played at RWC Sevens 2009, 2013 and 2018 Played at Rio 2016 Olympic Games Played at Women's Rugby World Cup 2014 and 2017 (15s) Played test rugby for Spain from 2009-19 (15s) Played in win over Scotland on 20 January (15s) Made Spain debut on series in Glendale in 2018
σ	iviaria Garcia	(19)	108	57	CR Majadahonda	Ø	40	ð	- Made Spain debut on series in Giendale in 2018 - Played three tests for Spain in 2018 and also in wins over Scotland, Russia and Wales in 2019 (15s)
7	Bárbara Plà (captain)	17/07/83 (36)	162	61	Gexto RT	28	195	39	 Made Spain debut on series in Dubai in 2013 Brother Pol plays for Spain's men's team Played at RWC Sevens 2013 and 2018 Played at Rio 2016 Olympic Games Played at Women's Rugby World Cup 2017 (15s)



8	Olivia Fresneda	04/01/99 (20)	168	58	Industriales RC	14	30	6	 Made Spain debut on series in Dubai in 2016 Played at RWC Sevens 2018 Played in Spain's 29-15 win over Wales on 3 November, scoring a try (15s) Played in Rugby Europe Women's Championship 2019 final v Netherlands (won 54-0) on 30 March , scoring one try (15s)
9	Lucia Diaz	04/02/98 (21)	164	49	CR Majadahonda	1	0	0	 Made Spain debut on series in Dubai after being called upon as an injury replacement last weekend Played seven tests for Spain from 2017-19 as scrum-half and is yet to be on the losing side (15s) Played against South Africa in September and Wales in November (15s)
10	Anne Fernández de Corres	30/05/98 (21)	158	60	CR Cisneros	10	45	9	 Captained Spain for first time in Langford in 2019 at the age of 20 Before Langford had last played on series in Sydney in 2018 Made Spain debut on series in Dubai in 2016 Played at Women's Rugby World Cup 2017 (15s) Played test rugby for Spain as scrum-half from 2016-19 (15s) Played in Spain's 29-15 win over Wales on 3 November, scoring a try (15s)
11	lera Echebarria	20/10/92 (26)	162	58	Olímpico Pozuelo	28	120	24	 Scored a try in Spain's 29-12 victory over South Africa in September (15s) Made Spain debut on series in Amsterdam in 2014 Played at RWC Sevens 2018 Played at Rio 2016 Olympic Games Played at Women's Rugby World Cup 2014 and 2017 (15s) Played in Spain's 29-15 win over Wales on 3 November (15s)
12	Lide Erbina	19/12/00 (18)	177	70	Cisneros	6	65	13	 Named for World Rugby Rookie of the Year for 2019 series Made Spain debut on series in Glendale in 2018 Played four tests for Spain at centre/winger in 2018-19, scoring try on debut v Germany (15s) Younger sister of Amaia Erbina



<u>USA</u>

Head coach: Chris Brown Co-captains: Abby Gustaitis and Kris Thomas Nickname: Women's Sevens Eagles

World Series record: 2012-13 - Fourth / 2013-14 - Seventh / 2014-15 - Fifth / 2015-16 - Sixth / 2016-17 - Sixth / 2018 - Fifth / 2019 - Runners-up

2020 Series Standings: 2

- USA have won medals in six straight events dating back to Sydney last season it took them 33 events to earn their first six medals
- USA are the only team to have reached the Cup semi-finals in every event since the start of last season
- USA became only second team to win a Cup title on home soil (after Australia in Sydney in 2018) by beating Australia in the Glendale final in October
- USA won their first ever Cup title in Biarritz, beating New Zealand in the final
- USA enjoyed their most successful season in series history in 2019 reaching every semi-final, winning five medals, a first title and series runner-up ranking
- USA qualified for the Tokyo 2020 Olympic Games by finishing second on the 2019 Series
- Four of USA's seven appearances in a Cup final have been on home soil in Houston in 2013, Atlanta in 2015 and Glendale in 2018 and 2019

Shirt #	Name	DOB (Age)	Height (cm)	Weight (kg)	Club / Province	Events	Points	Tries	Notes
	Chris Brown	26/09/85 (34)			Head coach				 Named Capgemini Coach of the Series 2019 Appointed interim head coach in August 2018, before named permanent head coach on eve of Glendale round Reached Cup final in his first event as head coach in Glendale Has worked with USA men's and women's sevens programmes
1	Cheta Emba	16/07/93 (26)	182	80	USA Sevens	15	130	26	 Made USA debut on series in Dubai in 2016 Played at RWC Sevens 2018 Was a travelling reserve for Rio 2016 Olympic Games Played at Women's Rugby World Cup 2017 (15s)
2	llona Maher	12/08/96 (23)	177	90	USA Sevens	9	95	19	 Named in HSBC Dream Team for R1 in Glendale in 2018 Made USA debut on series in Paris in 2018 Played at RWC Sevens 2018



3	Abby Gustaitis (co- captain)	09/05/91 (28)	180	79	USA Sevens	10	40	8	 Made USA debut on series in Dubai in 2017 Played at RWC Sevens 2018 Played at Women's Rugby World Cup 2017 (15s) Started playing rugby in 2010 at university
4	Nicole Heavirland	25/02/95 (24)	165	65	USA Sevens	21	315	21	 Made USA debut on series in Atlanta in 2016 Appointed captain for final round of 2016-17 series – was co-captain in 2019 series with Lauren Doyle Captained USA at RWC Sevens 201819 A travelling reserve for Rio 2016 Olympic Games Played at Women's Rugby World Cup 2017 (15s) Started playing rugby at age of 15
5	Alev Kelter	21/03/91 (28)	170	76	USA Sevens	31	708	81	 Became first USA player to reach 30 series tournaments in Glendale Became first USA player to score 700 points in series history in Dubai ni 2019 Made USA debut on series in China in 2014 and has not missed a tournament since, playing 25 consecutive series rounds Played at Rio 2016 Olympic Games Missed RWC Sevens 2018 through injury Played at Women's Rugby World Cup 2017 (15s) Started all four tests in the Women's Rugby Super Series in June/July 2019, scoring tries v Canada and France (15s) Captained USA U18 women's ice hockey team to gold medal at world championship in 2009 Missed out on Winter Olympic selection and invited to join rugby programme by former USA coach Ric Suggitt
6	Lauren Doyle	23/02/91 (28)	170	65	USA Sevens	27	315	63	 Co-captain of USA for 2019 series, including first ever Cup title in Biarritz Made USA debut on series in Dubai in 2012 Played at RWC Sevens 2018 Played at Rio 2016 Olympic Games Silver medallist at Pan American Games in 2015
7	Naya Tapper	03/08/94 (25)	175	79	USA Sevens	19	410	82	 Made USA debut on series in Sao Paulo in 2016 Overtook Victoria Folayan (64) as USA's top try scorer in Sydney Top try-scorer for USA on 2019 series with 18 Joint third-highest try scorer on 2018 series with 26



									 Played at RWC Sevens 2018 Played at Women's Rugby World Cup 2017 (15s) All-American athlete before switching to rugby
8	Jordan Gray- Matyas	02/07/93 (26)	180	82	USA Sevens	12	40	8	 Made USA debut on series in Kitakyushu in 2017 Played at RWC Sevens 2018 Played at Women's Rugby World Cup 2017 (15s) Born in Calgary in Canada Married to former USA 15s and sevens player Ryan Matyas
9	Eti Haungatu	25/09/00 (19)	180	93	USA Sevens	2	10	2	 Made USA debut on series in Glendale in 2019 Made test debut v England in Women's Rugby Super Series 2019, also played against New Zealand and Canada (15s) Played for USA v Barbarians Women in April (15s)
10	Kasey McCravey	01/03/94 (25)	170	63	USA Sevens	3	0	0	 Unused injury replacement in Dubai last weekend Made USA debut on series in Sydney in 2019
11	Kris Thomas (co-captain)	01/07/93 (26)	173	70	USA Sevens	23	340	68	 Made USA debut on series in Sao Paulo in 2015 Played at RWC Sevens 2018 Played at Women's Rugby World Cup 2017 (15s) Former track and basketball player in high school, started to play rugby in freshman year at University of Central Florida
12	Kristi Kirshe	14/10/94 (25)	160	65	USA Sevens	6	135	27	 Named in HSBC Dream Team in Dubai last weekend Nominated for World Rugby Rookie of the Year 2019 Made USA debut on series in Sydney in 2019, scoring five tries Only been playing rugby for a year when made debut
13	Kayla Canett	29/04/98 (21)	160	63	USA Sevens	8	12	2	 Played in Dubai after missing R1 in Glendale Made USA debut on series in Dubai in 2016 Played at Women's Rugby World Cup 2017 (15s)