

## Information for Informed Consent Endometrial Biopsy

### What is an endometrial biopsy?

It is a way to take a small sample of the lining of the uterus. The lining is called the endometrium.

### What are the benefits of endometrial biopsy?

- It will tell you what is wrong – if anything.
- The results will help decide if you need treatment

### What are the risks of endometrial biopsy?

It is rare to have problems. Risks are

- Heavy bleeding — This may require treatment with medicines or surgery.
- Infection of the uterus — Most infections can be treated with medicines.
- Injury to the uterus (perforation) or other organs — The instrument may go through the wall of the uterus, which could damage organs inside the body like the intestines, bladder, or blood vessels. Treatment may mean just watching and waiting for a while or surgery on your belly.
- Disruption of an early, undiagnosed pregnancy

### What are the side effects of endometrial biopsy?

Side effects don't usually last long and don't need to be treated.

- Mild or severe brief cramping during the biopsy
- Feeling lightheaded
- Light spotting or bleeding

### Besides endometrial biopsy, what are other do I choices?

There are other ways to check the lining of the uterus.

- Dilation and curettage (D&C). The cervix is stretched open and tissue from the lining of the uterus is removed using suction and/or a metal loop.
- Hysteroscopy. The doctor inserts a long, thin camera through the cervix into the uterus to see inside.

You can choose to **not** have endometrial biopsy. Without it you won't know for sure what is wrong. We can talk about any of these options with you, and help you with whatever you decide to do.

### What will happen to me during endometrial biopsy?

You will lie on your back as you would for a Pap test. We will put a speculum in your vagina. The doctor or nurse will gently insert a thin instrument through the cervix into the uterus. It will be used to take a sample.

### What else do I need to know?

The lab will send the results back to the clinic. We will use the results to decide if you need more tests or treatment. We will contact you to discuss your results. In very rare cases, test results will be wrong. No exam or test is 100 percent accurate all the time. This means there can be no guarantee that a diagnosis is always correct.

You will be given instructions on how to take care of yourself after endometrial biopsy.

No promise can be made about the outcome of your endometrial biopsy. In the unlikely event that you need emergency medical care that cannot be provided at Planned Parenthood, you will be responsible for paying for it. This is the case even if Planned Parenthood sends you to a hospital because of a problem.

**Your health is important to us.** If you have any questions or concerns, please call us. We are happy to help you.

**Call us right away at OR 714.922.4122 | SB 909.915.2076 if**

- Have a fever of 100.4° F or higher
- Severe pain in the lower part of your belly
- Bad-smelling discharge from your vagina
- Soak 2 maxi pads an hour for more than 2 hours

\_\_\_\_\_  
Signature of Patient (and person authorized to sign for patient when required)      Date

Relationship to Patient:  self     parent      
legal guardian     other

\_\_\_\_\_  
I witness that the patient received this information, said it was read and understood, and there was an opportunity to ask questions.

\_\_\_\_\_  
Signature of Witness

\_\_\_\_\_  
Date

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