

forever healthy

Michael Greve, Founder & CEO

forever healthy

Forever Healthy Foundation

Private, non-profit Initiative

Vastly extend healthy life span

Aging under full medical control



Imagine we could ...

- immediately improve our well-being
- directly reverse chronic diseases
- be as healthy at 70 as at 30



Imagine we could ...

- stay free of the diseases of aging
for all of our lives
- extend our youthful lifespan
by decades or even hundreds of
years



A Scientific Revolution

Vast, unused medical knowledge

New drugs and therapies

Molecular and cellular repair

Rejuvenation - not „IF“ but „WHEN“

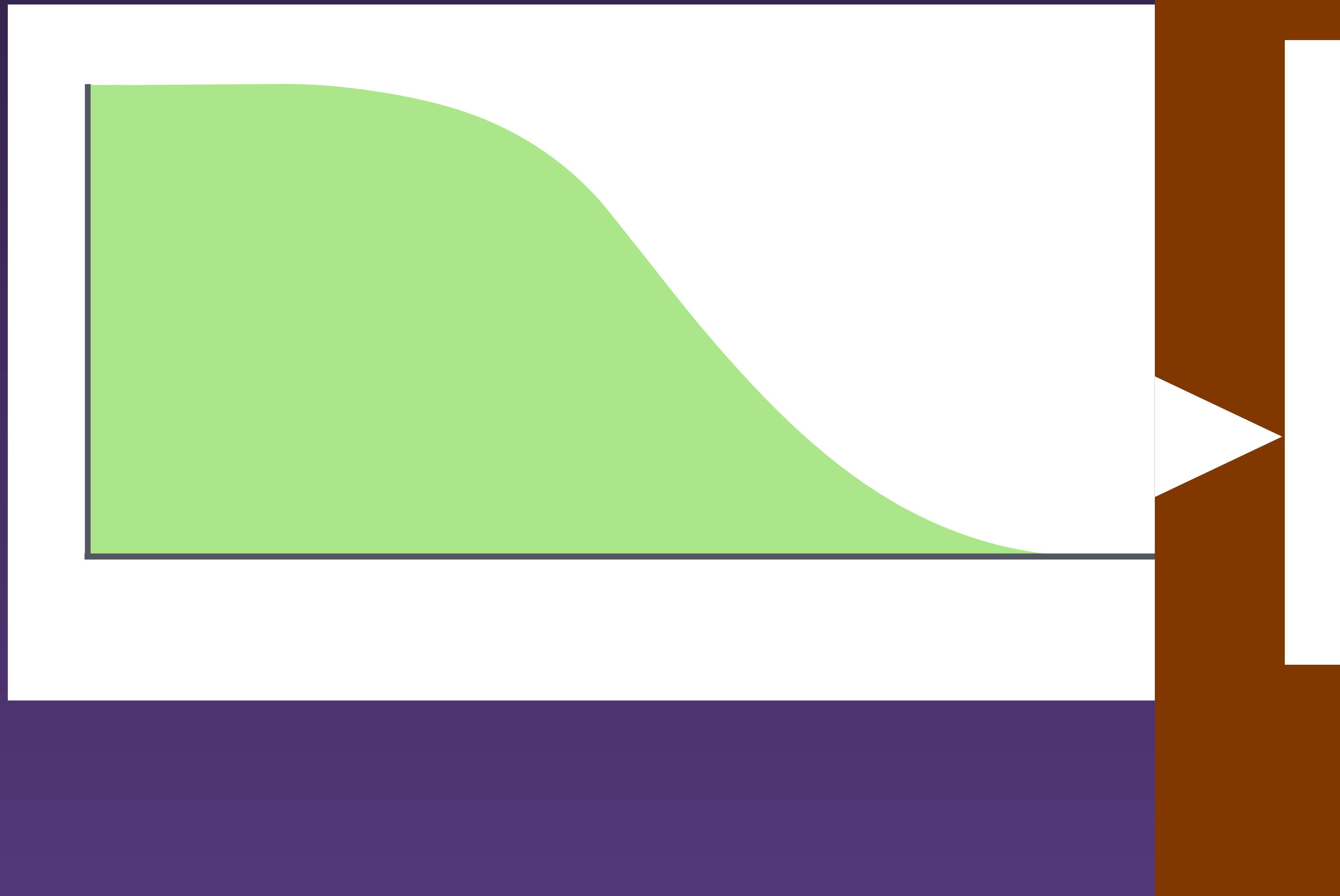


Making it happen ...

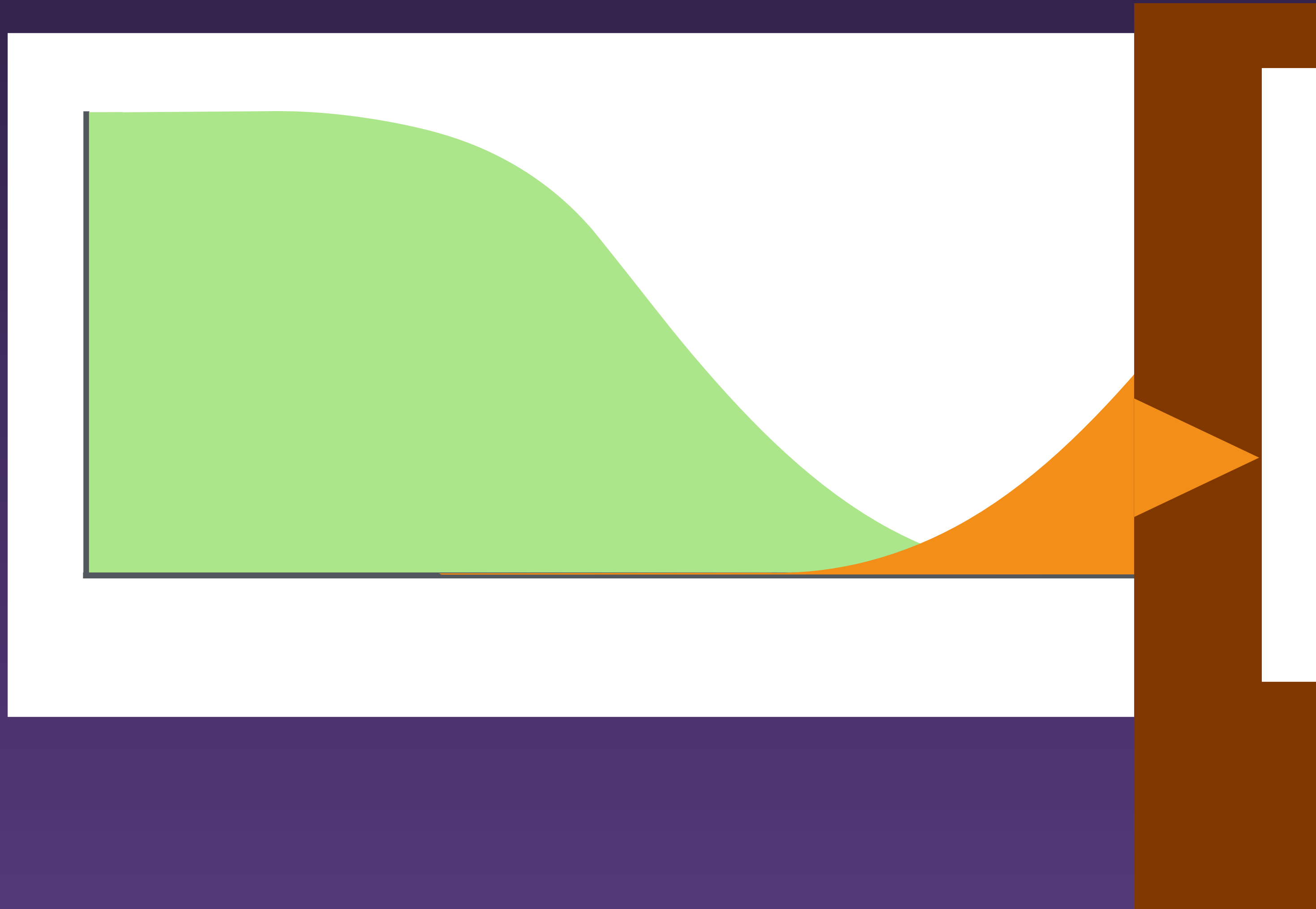
... for us !

forever healthy

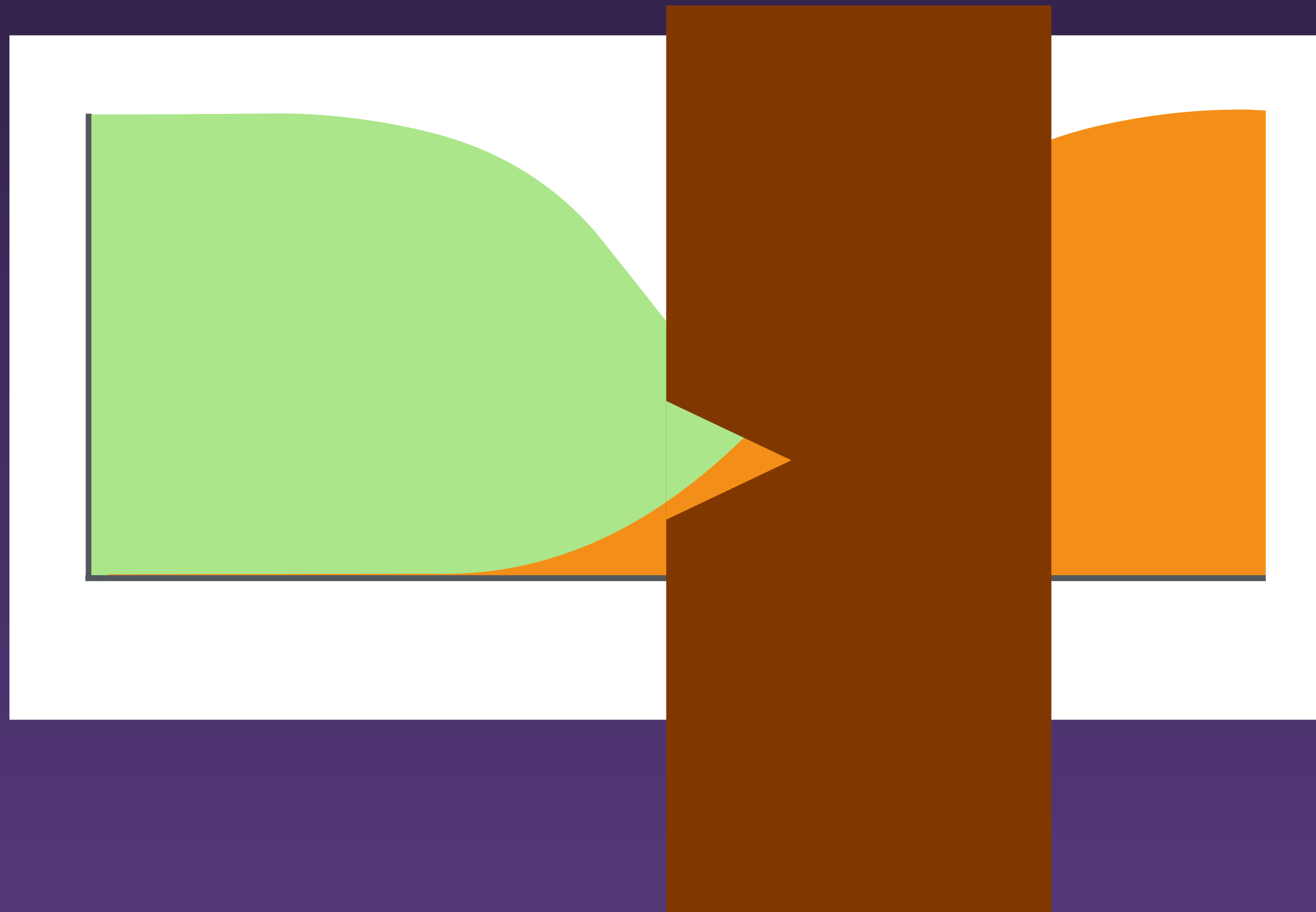
Dual Strategy



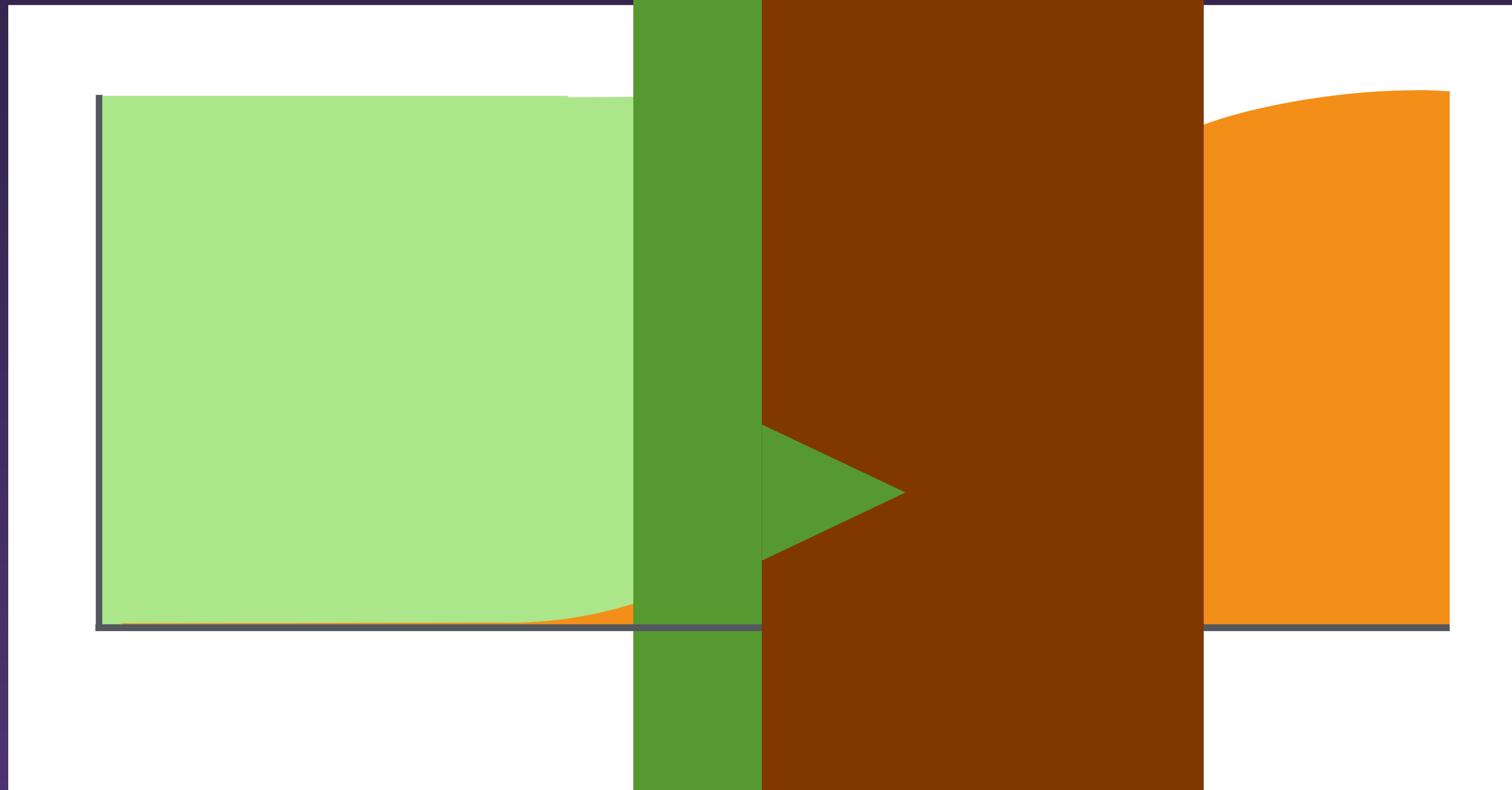
Dual Strategy



Dual Strategy



Dual Strategy



Funding Research

Co-operation with SENS Foundation

Root cause oriented, repair approach

10+ projects - Yale, Buck, Rice, ...

Translational focus



Rejuvenation Start-ups

Translate research to human therapies

Mentoring, financing and support

8 Start-ups public, 2 in stealth

Senolytics, Tissue regeneration,

GDF11, Macular Degeneration



Translational Clinical Trials

Co-operation with BetterHumans
Compounds for human age-reversal
IRB approved, peer-reviewed results
NAD+, Dasatinib, Rapamycin
Young plasma exposomes



Undoing-Aging Conference

Annual event - March - Berlin

350+ scientists

Focus on actual rejuvenation therapies

undoing-aging.org



Accelerating the Future

Funding SENS based research
Support for rejuvenation start-ups
Support for translational clinical trials
Undoing-Aging Conference



We can do a lot today

Vast, unused medical knowledge
Spread out - experts, blogs, research,

Hard to gather holistic information

Goal: Make knowledge accessible



Personal Longevity Strategy

Harmonize world leading knowhow

Holistic Approach

Provide actionable information

Empower educated decisions



Personal Longevity Strategy

Easy to implement „Step-by-Step“
Maps to existing medical services
Continuously Updated

Free & Open Source



Personal Longevity Strategy

Primary Prevention

- Evolutionary Health Approach
- Nutrition, Detox, Activity, Mental, ...
- Self-Monitoring (Glucose, HRV, ...)

Early Detection

- US, CT, MRI, ECG, ...
- Tumor Markers, ...
- Skin Screening, Colonoscopy, ...

Functional Medicine

- Root Cause oriented
- Holistic & Methodical
- Test driven (Genetics, Blood, Stool, ...)

Rejuvenation Therapies

- Geroprotectors
- Compensatory Treatments
- Damage-Repair / Age-Reversal

Rejuvenation now !

Identify potential rejuvenation
therapies

Evaluate risks, benefits and application

Evaluate potential providers

Apply & track results



Expanding the Team ...

Specialist for Evidence-Based Medicine
Scientific Analyst Rejuvenation Therapi



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