



Rome, 27-31 January 2020 - Silver Qualification Event

Competition Rules and Regulation

1. KEY DATES

Technical Officials nomination deadline	01 November 2019
Preliminary Entries and Preliminary Team Accommodation Form	01 November 2019
Final Entries and Final Team Accommodation Form	01 December 2019
Accreditation and Travel Info Form	07 January 2020
Arrivals Delegations	25 26 January 2020
Training Hall opens	25 January 2020
Final Verification and Team Manager's Meeting (h.15:00)	26 January 2020
Technical Officials Meeting (h.18:30)	26 January 2020
Competitions	27 31 January 2020
Departures Delegations	01 February 2020

2. DATE AND PLACE

27-31 January 2019 | Ostia Lido (Rome) | Italy

3. COMPETITION & TRAINING VENUE

PalaPellicone - Via del Sandolini, 79, 00122 Lido di Ostia (Rome) Italy

4. COMPETITION REGULATION

Roma 2020 World Cup will be a Silver Level Qualification Event for Tokyo 2020. Competitions will be held in accordance with IWF Constitution and By- Laws, and IWF Technical and Competition Rules & Regulations.

5. ELIGIBILITY

Participating athletes must be 15 years of age and over (year of birth 2005 or earlier).

With reference to Article 5.6.5 of the IWF Anti-Doping Policy 2018, an Athlete who is not listed on the IWF's Registered Testing Pool but wishes to participate in an IWF Event shall provide accurate and complete whereabouts information as set out at Annex I of the International Standard for Testing and Investigations for a period of at least two months prior to the Roma 2020 World Cup (by **27 November 2019**).

An Athlete who does not comply with this provision is not eligible to compete at the IWF Event.



Rome, 27-31 January 2020 - Silver Qualification Event
Competition Rules and Regulation

6. BODYWEIGHT CATEGORIES | EVENTS

MEN	55 kg	61 kg	67 kg	73 kg	81 kg	89 kg	96 kg	102 kg	109 kg	+109 kg
WOMEN	45 kg	49 kg	55 kg	59 kg	64 kg	71 kg	76 kg	81 kg	87 kg	+87 kg

7. NUMBER OF INVITED ATHLETES FROM EACH COUNTRY

The Event accepts a limited number of **14 Athletes** for each Member Federation. Reserve athlete(s) can be included up to 2 per gender.

Important: max. number per gender cannot exceed the 10+2R.

8. NUMBER OF INVITED ITO

Participating MFs can nominate two First or Second Category International Technical Officials provided with IWF licence.

Official ITO selection will be communicated by 01 December.

9. ACCOMMODATION

Board and lodging will be at:

ISOLA SACRA ROME AIRPORT HOTEL

Via della Scafa, 416 | 00054 Fiumicino (Rome)

www.hotelisolasacra.com | +39 06 65029864

A minimum stay of 3 nights is required for all participants.

The check-in time is 14:00 and the check-out time is 12:00. If you require a guaranteed early check in prior to this time, there will be an additional one night's charge to reserve the room. Same applies for late departure after 12:00.

CANCELLATION POLICY

- The Accommodation Fee are 100 % refundable between 10 November to 10 December;
- The Daily Rates are 50% no- refundable anytime between 11 December and 7 January;
- No refund after 8 January;

Rome, 27-31 January 2020 - Silver Qualification Event

Competition Rules and Regulation

- If one or more delegation participants do not arrive on the date specified on the Final Team Accommodation Form, the delegation must pay to the OC the charge of “No-Show” per person. This charge required by the hotel for keeping the room available for each night and meals ordered. The charge is equal to the Accommodation Fee per person/per day. If one or more participants are delayed one or more days, the delegation must pay all the days specified in the Final Team Accommodation Form sent.

The OC will not be responsible for extra charges (example: long distance telephone charges, room service and other such amenities). All extra charges must be paid by the participants.

NOTE:

The official hotel can accommodate a limited number of participants, in case of exceeding this number, the OC will use their best efforts to accommodate the Delegation in another hotel under the same rates.

10. FINANCIAL TERMS

The OC offers to the MFs two different Accommodation Fee conditions.

The Daily Rates include, for both options, 3 meals, full Buffet Breakfast, buffet lunch and buffet dinner.

1. ACCOMMODATION FEE OPTION 1 - “Best Rate” condition:

The MFs have to pay the 100% of the total by no later than 10 NOVEMBER 2019 by bank transfer.

- Single room **120,00 euro** per person/ per night
- Double room **100,00 euro** per person/ per night
- Triple room **95,00 euro** per person/ per night

2. ACCOMMODATION FEE OPTION 2- Standard condition:

The MFs have to pay a minimum of 30% of the total by no later than 10 NOVEMBER 2019 by bank transfer, the rest of 70% by no later than 10 DECEMBER 2019

- Single room **135,00 euro** per person/ per night
- Double room **120,00 euro** per person/ per night
- Triple room **115,00 euro** per person/ per night



Rome, 27-31 January 2020 - Silver Qualification Event
Competition Rules and Regulation

Entry Fee:

Delegates & Team Officials: 100,00 euro

Athletes: 100,00 euro (Entry Fee) + 30 USD (Special Anti-doping Fee)

11. METHODS OF PAYMENT

All payments must be done by bank transfer directly to the Italian Federation Weightlifting account:

ACCOUNT NAME: Federazione Italiana Pesistica
ADDRESS: Viale Tiziano,70 - 00196 Rome - Italy
IBAN: IT83Y010050330900000010130
SWIFT BIC: BNLIITRR
BANK CODE: BNLI
COUNTRY CODE: IT
LOCATION CODE: R1
BRANCH CODE: BIZ
DESCRIPTION OF PAYMENT: (Name of the Nation - Roma 2020 WC)

ACCOMMODATION FEE

The OC gives a "Best Rate" condition for all MFs that will pay the total amount by no later than **10 NOVEMBER 2019**, by bank transfer.

Otherwise, the MFs must pay the standard Accommodation Fee. A minimum of 30% of the total must arrive on **10 NOVEMBER 2019** to the account of Italian Weightlifting Federation. If you are paying by wire transfer, please ask your bank and consider the time it takes to process the transfer in order for the payment to arrive by the deadline date and time.

All participants must make total payment (the rest of 70%) by no later than **10 DECEMBER 2019**.

ENTRY FEE

All Participation Fee payments must be made by bank transfer no later than **10 DECEMBER 2019**.

We kindly ask that you send the bank document that accredits the funds transfer to roma2020wc@federpesi.it in order to validate your payment with our bank.

All Accommodation and Participation Fee payments must be made in Euro currency and any bank charges for transfers or other transactions are the responsibility of the Member Federation. No accommodations or accreditations will be offered to any delegation member until funds have been received in full to the Italian Weightlifting Federation bank account.

No accommodation is guaranteed until full payment is received.



Rome, 27-31 January 2020 - Silver Qualification Event

Competition Rules and Regulation

After the submission of the Final Entries on **01 DECEMBER 2019**, should you require any additional hotel rooms, the OC will use their best efforts to accommodate your additional team members in the same hotel, however, this cannot be guaranteed.

Cancellations will not be accepted after **07 JANUARY 2020** and no refunds will be given. **PLEASE CHECK THE CANCELLATION POLICY.**

12. ENTRIES AND FORMS

Entries shall be registered (together with electronic photos) through the IWF Online Entry System by no later than **1 November, 2019**: https://www.iwf.net/e-entry_roma

PRELIMINARY ENTRIES

The Preliminary Entries must be uploaded into the IWF Online Entry System by no later than **01 NOVEMBER 2019**. Member Federation can submit a list of a maximum number of **14 Athletes** (+ 2 Reserves by gender).

FINAL ENTRIES

The Final Entries must be confirmed in the IWF Online Entry System by no later than **01 DECEMBER 2019**.

The following documents must be returned by email roma2020wc@federpesi.it:

- Preliminary Team Accommodation Form | by **1 November 2019**
- Copies of all Passports and photos | by **1 December 2019**
- Final Team Accommodation Form | by **1 December 2019**
- Accreditation and Travel Information Form | by **07 January 2020**

13. VISAS

All participants must check if a visa is required for their entry to Italy. Should visa be required, participants will have to apply for the visa at the Italian Embassy/Consulate in their home country. If assistance is needed, please contact the OC. Please note that the deadline to send the Visa Application Form is **01 DECEMBER 2019**.

14. ACCREDITATION

The accreditation will take place in Isola Sacra Rome Airport Hotel.



Rome, 27-31 January 2020 - Silver Qualification Event

Competition Rules and Regulation

15. NATIONAL FLAG AND NATIONAL ANTHEM

Each National Federation is kindly requested to bring 2 (two) National Flags (110x150 cm), and to send by email the national anthem in the mp3 format. The OC will collect the flags from each delegation upon arrival.

16. TRANSPORTATION FOR DELEGATION AND TECHNICAL OFFICIALS

The OC will provide **free** shuttle bus service from Rome Fiumicino Leonardo Da Vinci International Airport. Otherwise, the transfer from Ciampino Airport will be **30 euro** each person (round trip).

Participants must provide their full and accurate flight schedule by **07 JANUARY 2020**.

Transportation forms shall state which airline, flight number and times each delegate will be arriving and departing on. Any change in travel schedule must be communicated on time.

Onsite transportation changes or new requests are not guaranteed to be accommodated.

Shuttle bus services will be provided for all participants to get to the venues only from the official hotel.

17. AWARDS

The first, second and third lifters in Snatch, Clean & Jerk and Total in each weight category will be awarded gold, silver and bronze medals. The best individual athlete according to the Sinclair Formula will be awarded a trophy. The highest three (3) ranked Teams (Male and Female) will receive team awards. All participants will receive diplomas and a special gift.

18. DOPING CONTROL

Doping control will be conducted in accordance with the IWF Anti-Doping Policy

19. BARBELL

Only ELEIKO barbells (IWF approved) will be used during the competition and training.

20. INSURANCE

All Member Federations have to provide travel and accident insurance of all their participants before leaving their country in accordance with IWF Regulations.

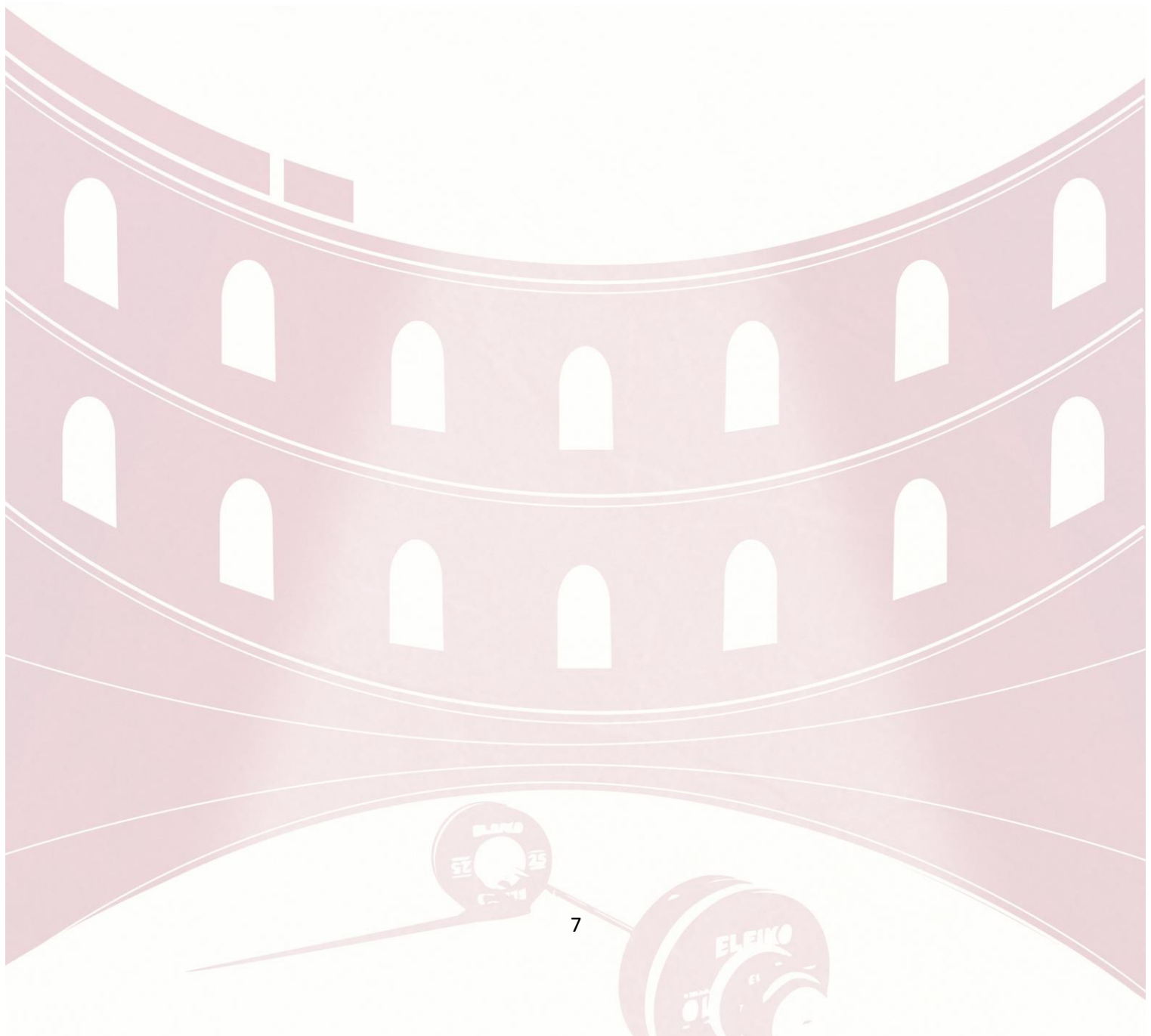


Rome, 27-31 January 2020 - Silver Qualification Event
Competition Rules and Regulation

21. CONTACT

ORGANIZING COMMITTEE CONTACT:
ITALIAN WEIGHTLIFTING FEDERATION
Viale Tiziano, 70 – 00196 Rome (Italy)
Tel: +39 8797 3009/3016 - Fax: +39 8797 3030

Whatsapp: +39 344 2558466 | Email: roma2020wc@federpesi.it | www.federpesistica.it



Rome, 27-31 January 2020 - Silver Qualification Event
Competition Rules and Regulation

ROMA 2020 WORLD CUP				
Draft Schedule*				
25-Jan	ARRIVAL Training Hall opens			
26-Jan	15:00	Final Verification and Team Manager's Meeting		
	18:30	Technical Official's Meeting		
Competition Schedule*				
DATE	WEIGH- IN TIME	START COMPETITION	CATEGORY	
27-Jan	08:00	10:00	Men 55 kg	
	10:00	12:00	Men 61 kg	
		15:00	Opening Ceremony	
	14:00	16:00	Women 45 kg	
	16:00	18:00	Women 49 kg	
28-Jan	08:00	10:00	Men 67 kg	
	10:00	12:00	Women 55 kg	
	14:00	16:00	Women 59 kg	
	16:00	18:00	Men 73 kg	
29-Jan	08:00	10:00	Men 81 kg	
	10:00	12:00	Women 64 kg	
	14:00	16:00	Men 89 kg	
	16:00	18:00	Men 96 kg	
30-Jan	08:00	10:00	Women 71 kg	
	10:00	12:00	Women 76 kg	
	14:00	16:00	Men 102 kg	
	16:00	18:00	Women 81 kg	
31-Jan	08:00	10:00	Women 87 kg	
	10:00	12:00	Men 109 kg	
	14:00	16:00	Men 109+ kg	
	16:00	18:00	Women 87+ kg	
			20:30	Closing Banquet
1-Feb	DEPARTURE			
<i>* the Official final schedule will be communicated after the Verification of Final Entries</i>				