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A LINK BETWEEN INTERFERON AND AUGMENTED PLASMIN GENERATION IN EXOCRINE GLAND DAMAGE IN SJÖGREN'S SYNDROME

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Abstract

Sjögren's syndrome is an autoimmune disease that targets exocrine glands, but often exhibits systemic manifestations. Infiltration of the salivary and lacrimal glands by lymphoid and myeloid cells orchestrates a perpetuating immune response leading to exocrine gland damage and dysfunction. Th1 and Th17 lymphocyte populations and their products recruit additional lymphocytes, including B cells, but also large numbers of macrophages, which accumulate with disease progression. In addition to cytokines, chemokines, chitinases, and lipid mediators, macrophages contribute to a proteolytic milieu, underlying tissue destruction, inappropriate repair, and compromised glandular functions. Among the proteases enhanced in this local environment are matrix metalloproteases (MMP) and plasmin, generated by plasminogen activation, dependent upon plasminogen activators, such as tissue plasminogen activator (tPA). Not previously associated with salivary gland pathology, our evidence implicates enhanced tPA in the context of inflamed salivary glands revolving around lymphocyte-mediated activation of macrophages. Tracking down the mechanism of macrophage plasmin activation, the cytokines IFN γ and to a lesser extent, IFN α , via Janus kinase (JAK) and signal transducer and activator of transcription (STAT) activation, were found to be pivotal for driving the plasmin cascade of proteolytic events culminating in perpetuation of the inflammation and tissue damage, and suggesting intervention strategies to blunt irreversible tissue destruction.

Keywords

tPA; macrophage; salivary gland; cytokine; plasminogen; MMP

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1.0 INTRODUCTION

Sjögren's syndrome (SS) is a complex autoimmune disease that not only targets lacrimal and salivary exocrine glands, but can also exhibit multi-organ systemic manifestations[1]. Although the underlying cause of SS remains ill defined [2], disease is characterized by mononuclear cell infiltration of the exocrine glands, tissue destruction, and chronic dysfunction, reflected clinically by xerostomia and keratoconjunctivitis sicca. Initial periductal infiltration of activated T cells leads to an accumulation of B cells, accompanied by antigen presenting macrophages and dendritic cells[3–5]. In addition to CD4⁺ T helper type 1 (Th1) lymphocytes expressing interferon gamma (IFN γ), CD4⁺ Th17 cells that secrete IL-17 dominate in the glandular lesions[6], and their collective products promote salivary gland pathology.

One of the substantive manifestations of the chronic immune response within the salivary glands stemming from the massive infiltration of immune cells is the destruction of the normal tissue architecture eventuating in compromised function of these key exocrine glands. While much emphasis has been placed on deciphering the immunological conflagration underlying this tissue pathology[3, 5, 6], less information has accumulated defining the mechanisms causing tissue destruction, acinar atrophy and the ensuing fibrotic attempt at tissue repair, which results in irreversible loss of secretory capacity. Based on evidence that macrophages and their products are emblematic of emerging and advanced disease[4, 5] and that macrophages generate a plethora of proteolytic enzymes that could contribute to tissue destruction, we explored salivary gland tissues for evidence that such mechanisms were contributory. Based on our original microarray profiling[5], we detected enhancement of multiple enzymes, including carboxypeptidase M, a membrane bound enzyme linked to macrophage differentiation[7], cathepsins, which have multiple functions in immune responses[8], matrix metalloproteases (MMP), and components of the plasminogen activation system.

Plasmin is a serine protease generated from its precursor, plasminogen, by plasminogen activators (PA), including urokinase-type PA (uPA) and tissue-type PA (tPA)[9, 10]. Most efficient plasmin generation occurs at the cell surface and is facilitated by plasminogen and PA binding to annexin A2, uPAR, and other docking sites that co-localize enzyme and substrate[11–13]. Once generated, plasmin has multiple substrates and activates matrix-degrading MMPs. In our recent studies, we demonstrated that in oral squamous cell carcinoma, heightened levels of plasmin occur in an environment of reduced expression of secretory leukocyte protease inhibitor (SLPI), which blunts plasminogen activation at the cell surface[14]. Moreover, SLPI directly inhibits macrophage MMP, possibly through inhibition of NF κ B[15, 16], and plasmin activation through its interaction with annexin A2[14, 17] and the absence of SLPI is associated with enhanced proteolytic activity, delayed matrix accumulation, aberrant tissue repair and tumor invasion[14, 18–20]. In transcriptome analyses of minor salivary gland tissues from patients with SS, SLPI expression was reduced[5], suggesting that such pathways may be operational in salivary gland pathology. Moreover, in recent studies, most cell-free saliva samples tested and salivary gland tissues were found to contain tPA, but very few had uPA, and plasminogen activator inhibitor 2

(PAI-2), but not PAI-1 was detected[21], prompting us to focus on regulatory mechanisms by which the tissue plasminogen activation system might be operational in SS tissue pathology and dysfunction. Although to date, there is little evidence linking cytokines such as IFN and regulation of plasminolytic activity, we identify the IFN pathway as a crucial link in driving myeloid cell plasmin activity and setting off a cascade of proteolytic events that may contribute to pathogenesis and potentially serve as targets to interrupt irreversible exocrinopathy.

2.0 MATERIALS AND METHODS

2.1 MSG histology and immunohistochemistry

Minor SG (MSG) biopsies were obtained with informed consent from individuals undergoing diagnostic evaluation for sicca symptoms indicative of SS (n=16)[4, 5] and were diagnosed by American-European SS consensus criteria [22] as having primary Sjögren's syndrome. The control group consisted of gender-matched individuals with subjective complaints of dry mouth or eyes but who did not fulfill SS criteria and lacked histopathological evidence of SS. None of the patients had evidence of lymphoma, sarcoidosis, essential mixed cryoglobulinaemia or infection by HIV, hepatitis B and C viruses at time of study. Biopsy specimens were fixed, embedded, sectioned(5µm), deparaffinized, rehydrated through graded alcohol and stained with H&E. All pSS patients presented a biopsy focus score (FS) 1–12(one focus=aggregate of ~50 inflammatory cells) per 4mm² [23], whereas the control group had FS<1. Histopathologic lesions were categorized [5] as early SS[Tarpley score(TS) of 1; 1=1–2lymphocytic aggregates/lobule], intermediate(TS=2; 2=3 aggregates/lobule) and severe(TS=3–4; 3=diffuse infiltration through acini associated with partial destruction of acinar tissue; 4=diffuse infiltration associated with complete loss of tissue architecture). Histologic grading was also categorized based on inflammation as mild(1+), intermediate(2+) and advanced(3+/4+)[24]. Additional sections were stained with Masson's Trichrome (collagen), Fraaser-Lendrum (fibrin), Verhoeff's Elastica EVG (elastic) and Jone's PAMS (basement membrane) (Histoserv, Inc., Germantown, MD).

For immunohistochemistry, sections were processed for antigen retrieval in a decloaking chamber(Biocare Medical, Concord, CA) with antigen unmasking solution (Vector Laboratories, Burlingame, CA) before blocking endogenous peroxidase with 3% H₂O₂ in 50% methanol 15min. Sections were incubated with blocking serum(goat or rabbit) for 30min, and incubated overnight at 4°C with primary antibody: IL-17A (rabbit polyclonal) (Santa Cruz Biotechnology, Santa Cruz, CA), IFN γ (clone 350B10G6, mouse IgG1) (Abcam, Cambridge, MA), tPA (rabbit polyclonal, Epitomics, Burlingame, CA), plasminogen (Santa Cruz Biotechnology) and MMP9 (rabbit polyclonal, Millipore/Chemicon, Billerica, MA). For control staining, primary antibodies were replaced with irrelevant isotype-matched antibodies(Jackson ImmunoResearch, West Grove, PA). After 30min with biotinylated secondary antibody, immunoreactive staining was developed using Avidin:Biotinylated enzyme Complex(Vectastain Elite Kit) or streptavidin peroxidase as described[5].

2.2 Isolation and culture of human blood monocytes

Peripheral blood mononuclear cells (PBMC) were obtained by leukapheresis of healthy volunteers (Department of Transfusion Medicine, NIH) and monocytes purified by counterflow centrifugal elutriation[17]. Monocytes were cultured in Dulbecco's Modified Eagles Medium (DMEM, BioWhittaker, Walkersville, MD) supplemented with 2mM L-glutamine, 100µl/ml penicillin and 100µg/ml streptomycin (Sigma, St. Louis, MO). For monocyte-derived macrophages, monocytes were adhered and cultured in supplemented DMEM with 10% FBS for 7–10 days[14] before treatment with the cytokines, TNF α , IFN α (R&D Systems, Minneapolis, MN), IFN γ or IL-17 (Peprotech, Rocky Hill, NJ) or with lipopolysaccharide (LPS; *Escherichia coli* 055:B5, Sigma-Aldrich) at indicated concentrations.

2.3 Plasmin generation assays

Macrophages, pre-treated or not with IFN γ (10ng/ml) for 4hr or overnight were suspended in incubation buffer (Hepes-buffered saline containing 3mM CaCl $_2$ and 1mM MgCl $_2$; Cellgro-Mediatech, Inc., Herndon VA) (1×10^6 cells/ml, 100µl/tube) and incubated with 100nM N-terminal glutamic acid plasminogen (glu-plasminogen) (American Diagnostica, Greenwich CT) for 1hr at 4°C. The cells were washed with incubation buffer, tPA (12nM, Calbiochem, La Jolla, CA) and the fluorogenic plasmin substrate AFC-081 (166 µM, D-valine-leucine-lysine-7-amino-4-trifluoromethyl coumarin, Enzyme Systems Products, Aurora, OH) were added, and substrate hydrolysis measured at 5-min intervals at 400nm excitation and 505nm emission[14] in Wallac Victor(Perkin-Elmer, Boston MA).

2.4 RNA extraction and cDNA synthesis

MSG specimens were preserved in RNAlater (Ambion, Applied Biosystems) and stored at -80°C. Total RNA was extracted with RNeasy Mini Kit(Qiagen, Hilden, Germany). To eliminate genomic DNA contamination, samples were treated with RNase-free DNase (Qiagen). cDNA was prepared from 0.5µg RNA using oligo-dT primers (MWG Biotechnology, Ebersberg, Germany) and SuperScript-II reverse transcriptase(Invitrogen, Carlsbad, CA). Integrity of RNA was verified by amplification of β -actin mRNA. For myeloid cells, RNA was extracted and DNase digested using Qiagen RNeasy mini kit and RNase-Free DNase. RNA was reverse-transcribed using oligodeoxythymidylic acid primer (Invitrogen).

2.5 Semi-quantitative Real-time PCR

The resulting cDNA was amplified by PCR using ABI 7500 Sequence Detector (Applied Biosystems). Amplification was performed using the Taqman expression assays for IFN γ (Hs00989291_m1), IFN α (Hs00353738_s1), tPA (Hs 00263492_m1), uPA (Hs00170182_m1), annexin A2 (Hs00733393_m1), uPAR/CD87 (Hs00959822_m1), S100A10 (Hs00741221_m1) and COL1A1 (Hs00164004_m1), MMP2 (Hs00234422_m1), MMP7 (Hs01042796_m1), MMP9 (Hs00234579_m1), and GAPDH(Hs99999905_m1) as normalization control (Applied Biosystems). Data were examined using the 2^{-Ct} method[5] and results expressed as fold increase.

2.6 Western blots

Human monocytes and monocyte-derived macrophages were treated or not with IFN α and IFN γ at 10ng/ml and harvested at the indicated time points after treatment. Cell lysates were prepared using a lysis buffer of 1% Nonidet P-40, 150mM NaCl, 20mM Tris-HCl(pH 7.5), 10mM NaF, 10mM NaPPi, 0.5mM EDTA, 1mM Na₃VO₄, 1mM phenylmethylsulfonyl fluoride, 5 μ g/ml Pepstatin, 5 μ g/ml leupeptin and 5 μ g/ml Aprotinin, set on ice for 20min, and cell debris removed by centrifugation (14,000 rpm, 20min, 4°C). Total protein concentration in lysates was determined using Bio-Rad DC Protein Assay (Bio-Rad) and samples analyzed by SDS-PAGE(10% Tris-Glycine gels, reducing conditions) followed by Western blot with the following antibodies: pSTAT1(Y701), pSTAT3(Y705), pSTAT5(Y694), pSTAT6(Y641) and pNF κ B p65 (Cell Signaling). In indicated experiments, macrophages were pretreated with IFN γ receptor 2 (R2) or R1 antibody, CD118 antibody (R&D Systems), isotype-matched control antibody (eBiosciences), or JAK inhibitor I (Calbiochem) for 1hr prior to addition of IFN. Signal was analyzed by adding Alexa Fluor 680 goat anti-rabbit or Alexa Fluor 750 goat anti-mouse antibodies (LI-COR) secondary antibodies and the infrared fluorescence was detected with Odyssey infrared imaging system (LI-COR).

2.7 Statistics

Statistical analyses were performed by Mann-Whitney test for non-parametric biologic data sets (**two-tailed**) and by *t* test for *in vitro* samples (two-tailed). *P* values <0.05 were considered statistically significant. All analyses were performed using VassarStats (<http://faculty.vassar.edu/lowry/VassarStats.html>).

3.0 RESULTS

3.1 Salivary gland infiltrate and tissue damage

Primary Sjögren's symptoms are accompanied by abnormal biopsy of salivary and lacrimal glands, and as pathology progresses, the periductal lymphoid infiltrate extends into the acini, and may destroy and replace acinar epithelial cells, although the ducts often appear to be spared (Fig. 1A,B). In our prior microarray analyses of severely diseased exocrine glands, enhanced expression of proteases (MMP, cathepsins, carboxypeptidases), coupled with macrophage infiltration, occurred, with a less apparent compensatory increase in protease inhibitors, such as plasminogen activation inhibitors (PAI) or tissue inhibitors of MMP (TIMPS) [5]. Based on these data, we considered that macrophage-derived proteases might mediate not only inflammatory cell invasion, but also tissue destruction. Since the macrophage plasminogen activation pathway is linked to invasive behavior[14], we examined heavily infiltrated MSG (Fig. 1B) for potential evidence of involvement of this pathway. As shown with anti-CD68 staining of macrophages, areas characterized by lymphocytic infiltration contain CD68⁺ cell populations (Fig. 1C). Moreover, these same regions demonstrate cell associated and/or cell free staining for tPA (Fig. 1D), while little or no staining for tPA was seen in control, noninflamed salivary gland tissues (Fig. 1E). As evident in stained tissue sections from multiple SS patients (Fig. 1C–K, FS=7–10), regions enriched in CD68⁺ macrophages were typically the areas with tPA staining, but it was noted that epithelial cells, lacking CD68, could also be tPA⁺. Although in non-diseased salivary

glands, tPA has been identified in the ducts [21], this had not been explored in the context of tissue damage in Sjögren's syndrome.

3.2 Plasmin activation system in SS MSG

Further assessment of expression of these tissue constituents of the plasminogen activation system by RT-PCR revealed minimally enhanced tPA expression in MSG classified as early or intermediate disease relative to non-SS MSG, but further increased expression in tissues with severe disease (Fig. 2A). In addition, elevations were seen in membrane PA binding molecules, annexin A2 and S100A10 (Fig. 2B,C), supporting a role for plasmin proteolytic pathways in exocrinopathy. While Frazer-Lendrum staining revealed the presence of fibrin, a substrate for plasmin in SS MSG (Fig. 2D,E, fibrin is red; also stains some cytoplasmic granules) [25], a plethora of additional plasmin substrates are available within these tissues.

3.3 Cytokine regulation of macrophage plasminogen activation system

Based on our prior evidence that the Th1 and Th17 cytokines, $\text{IFN}\gamma$ and IL-17, products of CD3^+ T cells, are highly expressed during SS tissue immunopathogenesis [3, 6] (Fig. 3A–E), we first examined whether these cytokines mediate expression of plasminogen activators and/or membrane docking stations that catalyze activation of plasminogen to plasmin. Addition of $\text{IFN}\gamma$ to cultured monocytes resulted in striking increases in tPA expression as detected by RT-PCR (Fig. 3C). By comparison, IL-17 did not appear to substantively increase tPA (Fig. 3C). Both $\text{IFN}\gamma$ and IL-17 increased annexin 2, recognized as a catalytic site for tPA and plasminogen interactions [11, 13]. Interestingly, concurrent addition of $\text{IFN}\gamma$ and IL-17 to the monocyte cultures did not result in a synergistic enhancement of tPA expression at the optimal concentrations used (Fig. 3F). Emerging from these data, $\text{IFN}\gamma$ appears to be an important driving force for the tPA pathway. Other cytokines linked to SS, such as $\text{TNF}\alpha$ and $\text{IFN}\alpha$, were tested for their ability to upregulate tPA, as well as the uPA pathway. Compared to unstimulated macrophages (Ctrl), $\text{TNF}\alpha$ had no significant effect on tPA or uPA, whereas $\text{IFN}\gamma$ and to a lesser extent, $\text{IFN}\alpha$ upregulated tPA, but not uPA (Fig. 3G). Relative to IFN signaling, which focused a tPA response, TLR-mediated signaling (LPS) appears to promote the uPA pathway (Fig. 3G inset), as seen in endotoxemia and sepsis [26]. To determine whether $\text{IFN}\alpha$ and $\text{IFN}\gamma$ worked in concert to augment plasminogen activation, these two cytokines were added in a dose dependent manner (0–100 ng/ml) independently and simultaneously to monocytes at the onset of culture and tPA expression monitored after 4 hours. As we have shown and evident in Fig. 4A, $\text{IFN}\alpha$ and $\text{IFN}\gamma$ independently enhanced tPA expression (1–100 ng/ml) and when added at the same time, there was typically further monocyte activation, but this depended on the concentrations of the two IFNs added.

Assessment of MSG relative expression levels of type I and type II IFNs in control, early/intermediate and advanced SS disease (Fig. 4B,C) revealed variable $\text{IFN}\alpha$ levels relative to non-SS tissues, whereas $\text{IFN}\gamma$ expression escalated with increasing severity of disease (Fig. 4C, $*p < 0.01$). The parallel increase in $\text{IFN}\gamma$ and plasminogen activators in advanced pathogenesis, coupled with the ability of $\text{IFN}\gamma$ to bolster macrophage tPA levels, point to an unrecognized ability of $\text{IFN}\gamma$ to promote plasminolytic activity *in vitro* and also, *in vivo*. In this regard, addition of $\text{IFN}\gamma$ to monocytes revealed that $\text{IFN}\gamma$ augmented monocyte

activation of plasmin (Fig. 5A), consistent with enhanced detection of plasmin in inflamed salivary glands (Fig. 5B–D).

3.4 Disruption of IFN signal attenuates plasminogen activators

Building on the evidence that IFN γ appears to uniquely foster monocyte plasmin generation which may not only implicate myeloid cells as indispensable in creating a path through the endothelial barrier for mononuclear cells to traverse, but also contribute to tissue destruction, we focused our attention on IFN γ -dependent pathways underlying enhanced tPA expression. First, we exposed monocytes to antibodies that reportedly block IFN γ binding to its receptors. Whereas anti-IFN γ R1 partially inhibited IFN γ signaling as monitored by signal transducer and activator of transcription (STAT) phosphorylation and tPA induction (Fig. 6A), anti-IFN γ R2 more effectively blunted phosphorylation of STAT1/3/5 (Fig. 6A) and downstream IFN γ -mediated tPA expression (Fig. 6A; $p < 0.001$). Similarly, an antibody to IFNAR (CD118) that blocks IFN α -induced signaling, evidenced by reduced phospho-STAT1/3/5, diminished IFN α -upregulated tPA expression (Fig. 6B).

In subsequent experiments, the Jak1/Jak2 inhibitor, which interferes with IFN- induced Jak-dependent STAT phosphorylation (Fig. 6C–D) and downstream sequelae was found to suppress phosphorylation of STAT1, STAT3, STAT5, and/or STAT6 with significant inhibition of tPA expression (Fig. 6E, $p = 0.01$), whether triggered by IFN γ or IFN α . These data confirm that IFN binding, particularly IFN γ , to its cognate receptors underlies induction of a signal that culminates in expression of multiple macrophage genes, including tPA.

3.5 Downstream substrates of plasmin

Among the downstream substrates of plasmin activity, besides fibrin, are the pro-MMPs, of which several are significantly overexpressed by transcriptome analysis in the severely infiltrated MSG tissues [5], including MMP9 (gelatinase B), MMP12, a potent macrophage elastase, and ADAM-like, decysin 1, a member of a disintegrin and metalloprotease (ADAM) superfamily of zinc binding metalloproteases produced by macrophages and DC[5, 27] (Fig. 7A inset), which may also activate pro-MMPs[28]. By comparison, antagonists of MMPs, including tissue inhibitors of metalloproteases (TIMP) were not significantly elevated (TIMP1,3,4), with the exception of TIMP2, which was increased only 2–3 fold in severely diseased MSG (Fig. 7A inset), likely failing to provide inhibition of increased proteolytic activity. In addition to plasmin and ADAMDEC1, pro-MMP can also be activated by cathepsins[29], several of which, cathepsin S, C and B, we have shown to be upregulated from 2–7 fold in severely inflamed MSG[5]. Cathepsin B, a cysteine protease with both exo- and endopeptidase activity also represents an antigen-processing enzyme and occurs in pathways leading to apoptosis [30][31][32].

By RT-PCR, MMP9 was significantly elevated not only in salivary gland tissues from patients with severe disease (Fig. 7A, $p = 0.006$), but also in MSG with early/intermediate pathology (Fig. 7A, $p < 0.004$). Relative to control MSG, the level of MMP9 staining was abundant in infiltrated tissues (Fig. 7B,C), localizing to infiltrates and around acini, consonant with loss of architectural integrity (Fig. 7D–F) and basal lamina damage (Fig. 7F, Jone's PAM stain). Consistent with evidence that MMP9 has been linked to acinar damage

and destruction of basal lamina surrounding acini and ducts [33], enabling infiltration by mononuclear cells, we found MMP9⁺ staining cells were often of myeloid appearance. Moreover, exposure of macrophages to IFN γ in culture directly induced MMP7, to a greater extent than MMP2 or MMP9 relative to IFN γ unstimulated control cells (Fig. 7G). Although IFN γ does not independently induce significant monocyte MMP1 or 9, it may alter their expression in the context of other microenvironmental stimuli, such as TNF α [34], abundantly found in inflamed MSG[3, 6]. Elevated MMP2 and MMP9 activity has been reported in human salivary gland cell lines treated with IFN γ [35] and cytokines, including TNF α and IL-1 β , contribute to destruction of basal membrane of salivary acinar epithelial cells from SS patients, acting in part through generation and activation of MMP2 (gelatinase A)[36], which may involve chondroitin sulfate glycosaminoglycan[37].

Overexpression of MMP12 protein, which also colocalizes to macrophages, has been associated with local depletion of elastin fibers[28], as observed in SS MSG with extensive fragmentation, thinning and loss of elastic fibers. Thus, MMP12 likely directly contributes to MSG pathology, injury, remodeling and fibrosis, although a specific role in exocrine damage has not been identified. Expression levels of TIMP1, an important natural inhibitor of MMP12[38], were minimally affected (~2 fold) [5], further suggesting increased enzymatic actions of MMP12. TIMP2 was also increased by only 2–3 fold, consistent with earlier evidence of an imbalance in the ratio of MMP to TIMP[33].

3.6 Evidence of tissue fibrosis and adiposity

In diseased MSG, proteolytic degradation occurs and histological findings of fatty infiltration, fibrosis and mononuclear cell infiltration (Fig. 8) further compromise structural and functional integrity of the salivary glands in pSS. Beyond the extensive mononuclear cell infiltrates with germinal center formation, interstitial fibrosis and acinar atrophy are linked to irreversible destruction of the glandular tissue. It appears likely that the persistent attempt to heal the tissue damage mediated by excessive proteolytic activity results in matrix deposition, interacinar fibrosis and scar-like formation. Among the collagen molecules significantly upregulated in the diseased MSG by microarray are type IV collagen alpha chains, $\alpha 3$ (3.8 fold) and $\alpha 4$ (3 fold)[5], and type 1 collagen, confirmed by RT-PCR in late disease, but not early or intermediate stages, as represented by ColA1 (Fig. 8D, $p < 0.01$), building blocks for basal lamina formation. Both ductal and acinar epithelial cells produce mRNA for alpha chains[39] and disorganization of the basal lamina has been linked to invasion of mononuclear cells[40], implicating a state of active remodeling.

Collectively, the increased expression of proteolytic pathways linked to mononuclear cell invasion into the salivary glands, the ensuing protease-mediated tissue damage and the host response to repair this damage all contribute to acinar atrophy and replacement of the glandular structure with matrix molecules. These sequelae preclude restoration of the physiological secretory functional activities of the salivary glands and/or other exocrine glands.

4.0 DISCUSSION

The mononuclear infiltrate has been a main focus of efforts to decipher Sjögren's exocrine pathogenesis[41], with lesser attention aimed at the ensuing tissue destructive events. From our studies aimed at understanding how tissue infiltrates lead to exocrine gland damage and architectural disruption underlying xerostomia, we find that IFN γ promotes production and release of components of the plasminogen activation system, and plasmin generation facilitates invasion of the glandular structure by inflammatory cells with resultant tissue damage. The finding that IFN γ promotes myeloid plasminolytic activity was unexpected because it has not previously been linked to enhanced tPA, a key mechanism for plasminogen activation to plasmin. IFN γ treated macrophages significantly augmented their tPA expression and this effect was abolished by either blocking IFN γ binding to IFN receptors or by JAK-STAT signal disruption. We focused on JAK-STAT-dependent signaling in large part because of evidence that STAT4 is a genetic risk factor for SS[42] and that the risk variant of STAT4 correlates with increased expression[43] and sensitivity to IFN α signaling, resulting in amplified downstream IFN-induced gene expression[44], propelling the underlying autoimmune process. Among their many context-dependent immunoregulatory functions, STATs guide IL-23-dependent Th17 expansion[45], also abundant in SS salivary glands[6]. Collectively, considerable evidence supports an IFN-STAT linked signature in PBMC and salivary glands of patients with SS, along with altered Ro52(TRIM21)[46] and our transcriptional profile lends credence to such a connection.³

IFN γ exposure also persistently triggered other genes known to exacerbate macrophage activation and release of harmful molecules capable of attacking the gland[5]. Consequently, blocking the IFN γ pathway could alter the damaging effects of the infiltrating cells on the acinar secretory system and may represent an effective immunotherapeutic alternative for treatment of a subset of patients, notably those with macrophage-rich infiltrates in their salivary glands.

The plasminogen activation system plays an integral role in the migration of macrophages in response to an inflammatory stimulus, and the binding of plasminogen to its cell-surface receptors can initiate this process. Our data suggest an important mechanism of inflammatory cell invasion mediated by increased tPA, together with cell surface annexin A2 and/or S100A10, platforms for plasmin generation[11, 13]. Plasmin not only creates gradients from the blood across the sinusoidal endothelium into the exocrine glands, but among the downstream substrates for plasmin are chemokines, cytokines, growth factors and other proteases[47], including MMP. In addition to macrophage recruitment, tPA promotes neutrophil degranulation and the release of MMP9[48].

MMPs represent endopeptidases that regulate extracellular matrix and its remodeling, and the type IV collagenases/gelatinases MMP2 and MMP9 have been linked to pathogenesis in SS[49], influencing deposition of ECM and as a consequence, destruction of basal lamina and acinar and ductal architecture[33]. An altered balance between MMPs and their inhibitors is associated with acinar damage[33] and since salivary gland acinar cells express both MMPs and TIMPs, these cells, in addition to the infiltrating populations, may play an important role in extracellular matrix destruction and in MSG pathophysiology. MMP9,

evident in regions where acinar integrity was compromised, may contribute to detachment of acinar cells from basal lamina, mucus cells with abnormal nuclear polarity, ducts with dilated lumen that may contain cellular debris, and disrupted ducts surrounded by fibrotic tissue. Not only is type IV collagen a major component of the basal lamina targeted by MMP2 and/or MMP9, but its expression is enhanced in diseased MSG to further obstruct secretory functions. Since suppression of TNF α -induced MMP9 has been shown to prevent destruction of acinar tissue in the salivary glands of patients with SS[50], this further underscores the impact of these proteases on salivary gland pathogenesis.

Although MMP12 and ADAMDEC1 have been linked with pathogenesis in other conditions, including pulmonary sarcoidosis[28], we demonstrate the novel finding that MMP12 is also overexpressed within sites of salivary gland inflammation. Moreover, the expression levels of TIMP1, an important natural inhibitor of MMP12[38], were not correspondingly changed, and since elastin fibers were depleted, the enzymatic actions of MMP12 were likely increased. These findings suggest that MMP12 plays an important role in facilitating MSG remodeling, possibly, as reported, by recruiting inflammatory cells[51] and promoting fibrosis[38].

Among the more substantively augmented proteases in the advanced exocrine lesions, carboxypeptidase M (CPM; >16 fold in severe SS vs control MSG) [5] is a membrane glycoprotein which removes C-terminal basic residues from peptides and proteins[52, 53]. Although CPM is widely distributed, as a product of differentiated myeloid cells[54], it converts short-lived complement fragment C5a to long-lived C5a_{desArg} by removing C-terminal arginine, consistent with elevated systemic levels of C5a and C5a_{desArg} in patients with inflammatory disorders [55]. More mature myeloid cells express the C5a/C5a_{desArg} receptor (CD88), which is significantly upregulated in severe MSG lesions [5], and myeloid cells migrate to and/or are activated by C5a_{desArg} [56] to produce MMP9 [57, 58], CPM and MT1-MMP [59, 60] to degrade ECM macromolecules, cytokines, and chemokines, including SDF-1, activate pro-MMP2 and stimulate cell mobility and migration [61, 62]. Another carboxypeptidase, vitellogenic-like (CPVL) is enhanced 5–6 fold [5] and is a serine carboxypeptidase of unknown function that was first characterized in human macrophages [63] where it colocalizes with markers for endoplasmic reticulum, but is not found on the outer plasma membrane. CPLV has been linked to antigen processing, the secretory pathway and may play a role in lamellipodium formation.

Further contributing to the proteolytic milieu in the diseased MSG are the cystatins, a family of naturally occurring cysteine protease inhibitors, and cystatin F (leukocystatin), which we have previously shown to be upregulated 2–3 fold [5], is expressed selectively in immune cells and targets aminopeptidase cathepsin C, to regulate diverse immune cell effector functions[64]. Likewise, dipeptidase 2 (DPEP2), expressed >12 fold [5] in SS MSG, but not previously linked to Sjögren's syndrome, can hydrolyze a variety of dipeptides, including leukotriene D4[65] and may be a product of M2 macrophages[66]. Thus, the multitude of proteases may have independent actions, but also intersect with each other to choreograph the cascade of events culminating in salivary gland distortion and dysfunction.

Along with the histological findings of inflammatory disease, fatty infiltration, acinar loss and interstitial fibrosis become prominent which may be driven in part, by enhanced TGF- β and/or other growth factors[6]. With chronicity, the tissue develops fibrotic changes, and ECM and adipose cells further impinge on structure and functionality. Moreover, adiponectin is constitutively produced by activated salivary gland epithelial cells from patients with primary SS and may play a role[67]. The exocrine glands become functionally bereft due to compromised secretory activity. With the persistent inflammatory foci, fibrosis, atrophy and fatty changes that underscore lymphocytic adenitis and degeneration of the exocrine glands, it is important to decipher these pathways[68], since once fibrosis sets in, response to therapy becomes limited. The effect of therapy on salivary secretion is reported to be more marked in patients having moderate lymphocytic infiltration and moderate or less severe acinar atrophy and intralobular fibrosis at baseline [69]. If the pathways of tissue destruction leading to fibrosis are defined, intervention strategies may be revealed, albeit earlier intervention remains preferable.

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Highlights

- Cell infiltrates orchestrate a perpetuating response underlying gland dysfunction
- Th1 and Th17 cell products recruit additional lymphocytes, but also macrophages
- Macrophages promote proteolysis, underlying tissue damage and inappropriate repair
- Among the proteases is plasmin, generated by plasminogen activation through tPA
- IFN drives tPA and plasmin cascade of proteolytic events in macrophages *in vitro*

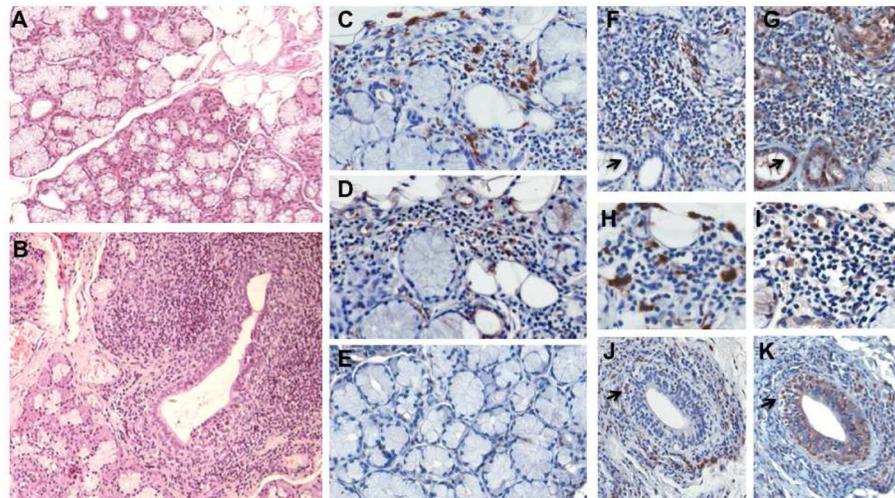


Figure 1. Salivary gland infiltration and plasminogen activators

A) Control minor salivary gland illustrating acini, ducts and minimal periductal infiltration. H&E, original magnification 10X. **B)** Extensive mononuclear cell infiltration and tissue disruption in Sjögren's syndrome MSG lead to compromised secretory function. Periductal lymphoid infiltrate extends into the acini and throughout parenchyma. Original magnification 10X. **C)** Immunohistochemical staining for CD68 positive macrophages in representative SS MSG indicates myeloid cells in the mononuclear cell infiltrate. 40X. **D)** Staining for a tissue component of the plasminogen activation system, tissue plasminogen activator (tPA), demonstrates positive staining in regions of inflammatory cell infiltrate and in some ductal cells. **E)** Limited evidence of tPA staining in noninflamed MSG tissues. **F,G)** Salivary gland tissue from SS patient with FS of 7 stained for CD68 (**F**) and tPA (**G**) showing staining in infiltrate and ducts. **H,I)** Higher magnification of CD68 (**H**) and tPA (**I**) staining from SS patient with FS = 9.5. **J,K)** SS (FS=10) MSG tissue stained for CD68 macrophages (**J**) (arrow denotes CD68⁺ macrophages appearing to invade duct) which are stained with tPA (**K**, arrow), but ductal cells are also tPA positive (**K**).

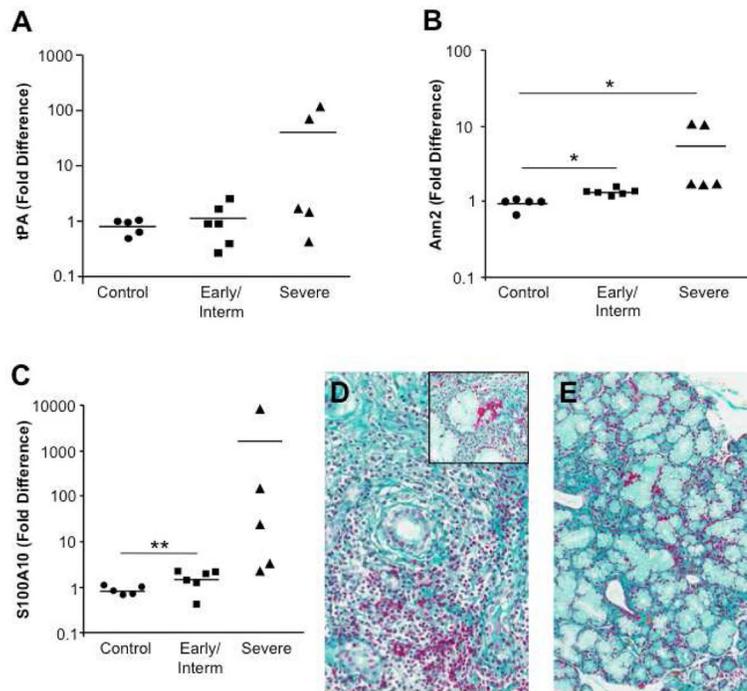


Figure 2. Enhanced plasmin activation system in inflamed salivary glands

MSG tissues from control subjects (n=5), pSS subjects with early/intermediate disease (n=6) and those with severe SS (n=5) were tested by RT-PCR for tissue plasminogen activator and two cell binding partners. **A)** RT-PCR for tPA revealed increased plasminogen activator expression in individuals with severe SS. Data (expression normalized to GAPDH) represent fold difference compared to non-SS MSG. **B)** Increased expression of annexin A2 was modest, but significant in the diseased tissues, and S100A10 was also significantly elevated in early/intermediate and severe disease relative to control (non-SS) tissues (**C**), *p 0.01; **p=0.06, Mann-Whitney, two-tailed. **D,E)** Fraaser-Lendrum staining for fibrin in which fibrin, keratin, and some cytoplasmic granules appear red, erythrocytes appear orange, and matrix is green in MSG from a SS patient (FS=10); original magnification 20X and inset 40X (**D**) and normal MSG (20X) (**E**).

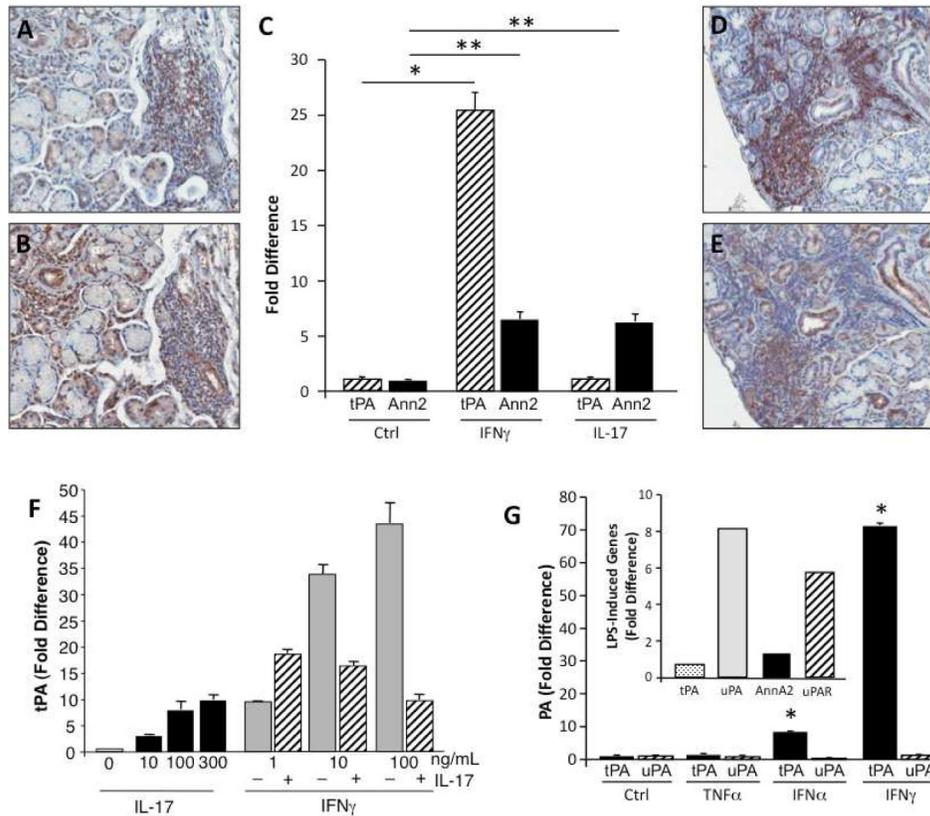


Figure 3. Cytokine regulation of components of plasminogen activation

A,B) Representative MSG tissues from patients with SS were stained for CD3 (**A**) and IFN γ (**B**) and demonstrate IFN γ ⁺ cells in the inflamed tissues characterized by abundant infiltrating CD3⁺ cell populations. Original magnification 20X. **C)** Peripheral blood monocytes were treated with IFN γ (10ng/ml) or IL-17 (100ng/ml) and monitored for altered expression of components of the tPA plasminogen activation system by RT-PCR. IFN γ was an effective inducer of monocyte tPA (*p=0.004 compared to control/unstimulated cells) and IFN γ and IL-17 induced annexin A2 (**p<0.02); n=4. P values calculated using independent Vassar Stats, T test (two-tailed, equal variances). **D,E)** Representative MSG tissues from patients with SS were stained for CD3 (**D**) and IL-17 (**E**) and reveal IL-17⁺ cells in the inflamed tissues characterized by abundant infiltrating CD3⁺ cell populations. **F)** Monocytes were untreated (0), treated with IL-17 (10–300ng/ml), treated with IFN γ (1–100ng/ml) or treated with IFN γ (1–100ng/ml) in the presence of a fixed amount of IL-17 (10ng/ml) and monitored by RT-PCR for tPA expression. **G)** Comparison of cytokine mediation of tPA and uPA in monocyte-derived macrophages was assessed by RT-PCR. TNF α did not enhance plasminogen activators and IFN γ induced tPA to a greater extent than IFN α (*p=0.001, relative to control, unstimulated macrophages). **Inset.** LPS (50ng/ml) engagement of TLR triggers components of the uPA system, but not the tPA pathway in macrophages.

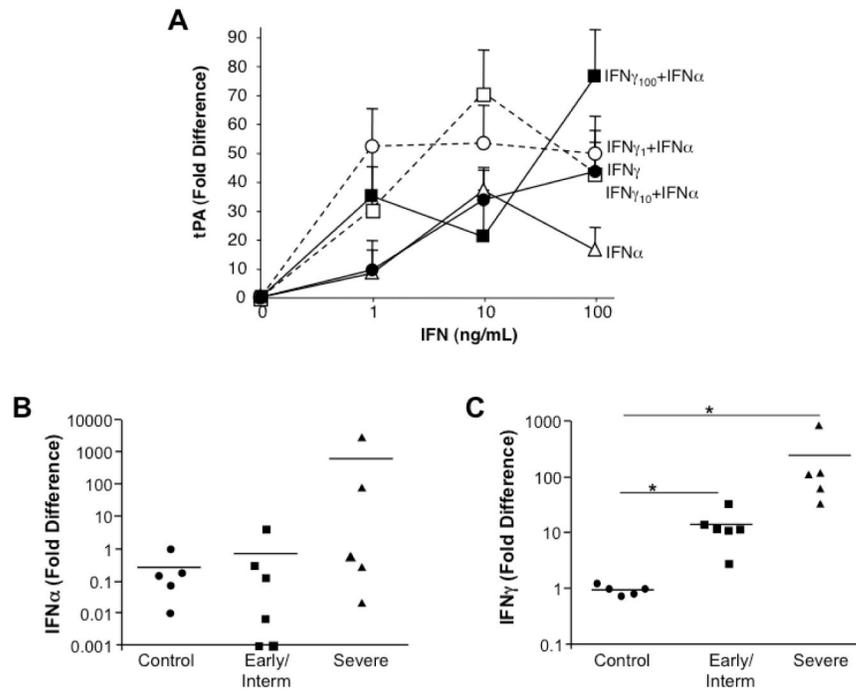


Figure 4. IFN enhancement of tPA *in vitro* and elevated expression *in vivo*
A) Monocytes were untreated (0), treated with IFN γ only (1–100ng/ml), treated with IFN α only (1–100ng/ml) or treated with IFN γ (1–100ng/ml) in the presence of IFN α (1–100ng/ml) and monitored by RT-PCR for tPA expression. **B,C)** By RT-PCR, MSG tissues from non-SS MSG, SS patients with early/intermediate disease and severe disease exhibited variable IFN α levels with progressive disease (**B**), whereas significant increases in expression of IFN γ were evident in early/intermediate disease and in severe disease (*p 0.01) as compared to control non-SS tissues (**C**). P values calculated using Vassar Stats, Mann Whitney (two-tailed).

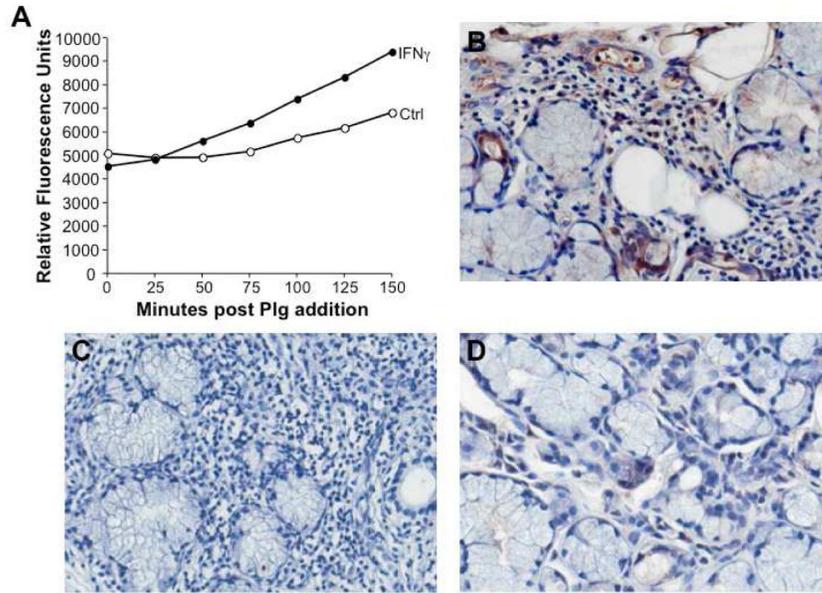


Figure 5. Enhanced plasminogen activation by IFN γ in vitro and increased plasmin in vivo
A) Monocytes were cultured in the presence or absence of IFN γ and tested for their ability to activate plasminogen resulting in plasmin formation as detected by proteolytic activity and cleavage of a colorimetric substrate (relative fluorescence units) over time, as indicated.
B) Representative MSG tissues stained with an antibody to plasmin(ogen) reveal cell associated and intercellular positive staining within the inflammatory infiltrate, endothelial and ductal cells, relative to an isotype control antibody (**C**) and compared to control non-SS gland tissues (**D**). Original magnification 40X.

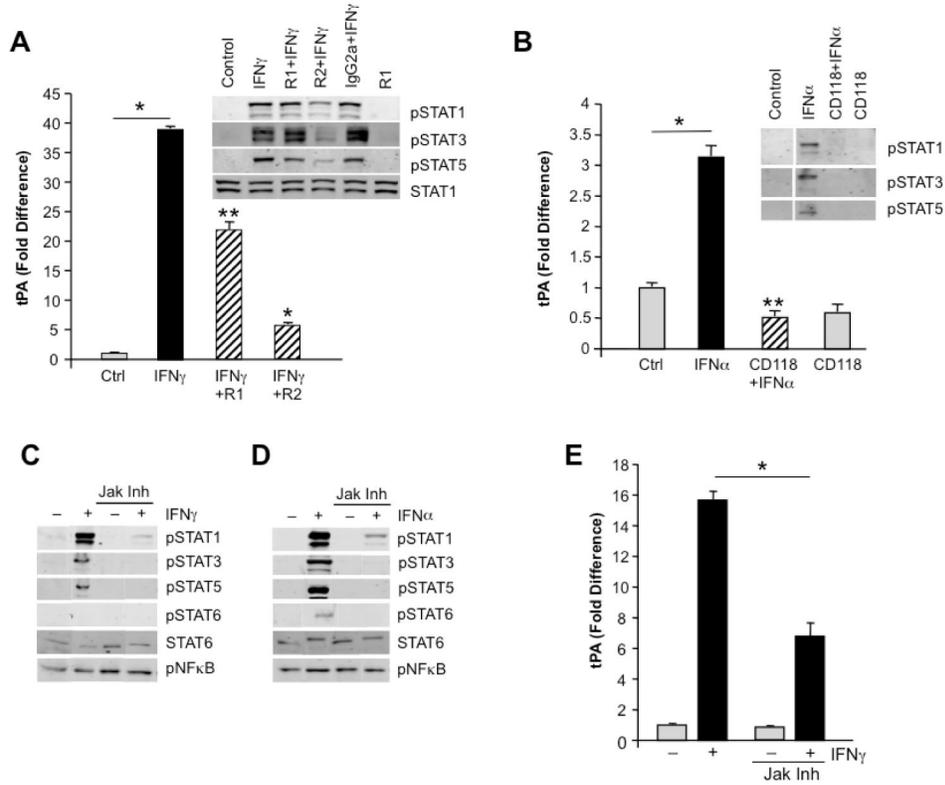


Figure 6. Signaling pathways in macrophage plasminogen activation

A) Macrophage cultures were stimulated or not with IFN γ in the presence or absence of antibodies to the IFN γ receptor (R1, R2) and tPA expression by RT-PCR and **inset** p-STAT signaling monitored by Western blot. IFN γ significantly enhanced tPA relative to control, unstimulated macrophages (**A**, * $p < 0.001$). As evident, phosphorylations of STAT1 and particularly, STAT3 and STAT5 were inhibited in the presence of antibody to R2 (**inset**), which resulted in significantly blunted expression of tPA relative to IFN γ -only treated macrophages. * $p < 0.001$; ** $p < 0.01$. **B.** Macrophage cultures were stimulated or not with IFN α in the presence or absence of antibodies to IFNAR (CD118) and tPA levels monitored by RT-PCR (**B**) and p-STAT signaling monitored by Western blot (**inset**). Phosphorylations of STAT1, STAT3 and STAT5 were all inhibited in the presence of the antibody, which resulted in significant blockage of tPA expression relative to IFN α . * $p < 0.01$. **C,D)** Using a Jak1/2 inhibitor, both IFN α and IFN γ signaling pathways were interrupted with near loss of STAT phosphorylation as determined by Western blot using STAT6 protein as loading control. No inhibition was seen on constitutive pNF κ B. **E)** In the presence of the Jak inhibitor, IFN γ -induced tPA expression was significantly inhibited. * $p = 0.01$ comparing IFN γ only with IFN γ + Jak Inh.

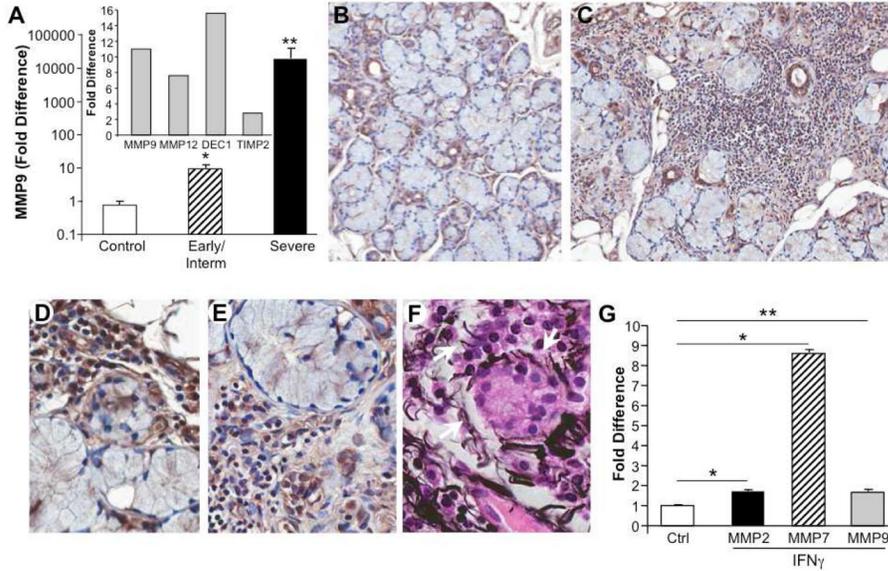


Figure 7. MMP expression in MSG

A) By microarray, SS salivary glands with severe lesions exhibited enhanced MMP9, MMP12 and ADAMDEC1 expression relative to gland tissues from subjects without SS and minimally increased TIMP2 (**inset**). By RT-PCR, MSG tissues from additional populations (n=5–6/group) were analyzed for expression of MMP9. By comparison to non-SS MSG, those tissues with early/intermediate disease exhibited a significant elevation in MMP9 expression (*p=0.004), with a more dramatic elevation in the severely inflamed and damaged MSG (**p=0.006). **B)** Immunohistochemical staining for MMP9 in control MSG revealed staining in ductal cells and/or in the periductal regions. Original magnification 20X. **C,D,E)** Compared to control MSG, tissues obtained from patients with severe SS exhibited extensive staining for MMP in the infiltrate and around acini (**C**, original magnification 20X), consonant with basal lamina damage, detachment of acinar cells, loss of nuclear polarity and disrupted structural integrity (**D, E**). Original magnification 40X. **F)** Immunohistochemistry using Jone’s PAMS stain for basement membrane identifies areas of fragmented basement membrane, particularly evident around acinar structures (white arrows). Original magnification 40X. **G)** Monocytes were cultured in the presence or absence of IFN γ (10ng/ml) for 4hr and MMP2, MMP7 and MMP9 expression monitored by RT-PCR. * p<0.01, **p=0.05 compared to control unstimulated macrophages (no IFN γ).

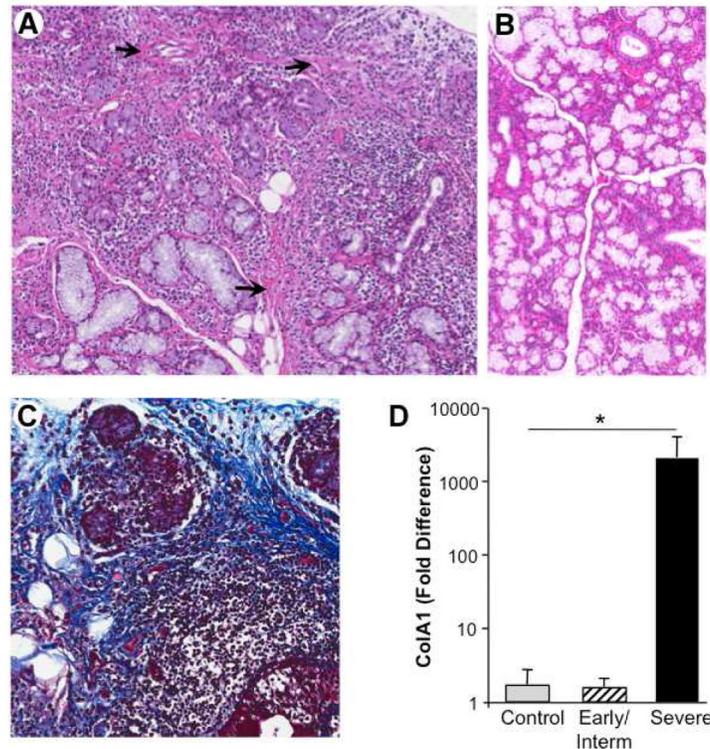


Figure 8. Loss of salivary gland integrity and matrix accumulation

A) In MSG from patients with advanced disease, the extensive lymphoid infiltrate with germinal centers leads to interstitial fibrosis (arrows) and acinar atrophy, as ECM and adipose cells impinge on structure and functionality, compared to noninflamed MSG (**B**) H&E, original magnification 10X. **C)** Trichrome stain delineating interstitial fibrosis, along with acinar loss and mononuclear infiltration. Original magnification 20X. **D)** By RT-PCR, a representative collagen molecule, Col1A1, expression was not increased in early/intermediate disease MSG, but was significantly enhanced in the MSG of subjects with chronic/severe SS relative to MSG of individuals without SS; $p < 0.01$.