

Hong Kong Records								Hong Kong Records							
Men				Women				Men				Women			
Event	Perf.	ws	Athlete	運動員	Club/Team	Place	Date	Event	Perf.	ws	Athlete	運動員	Club/Team	Place	Date
<b>Olympic Events</b>															
100m	10.28	+1.3	TSUI CHI HO	徐志豪	TCAA	Hong Kong	16-05-2010	100m	11.62	+0.4	LAM ON KI	林安琪	HKT	Doha, Qatar	21-04-2019
200m	20.94	+0.6	TANG YIK CHUN	鄧亦峻	WAC	Hong Kong	16-04-2005	200m	23.79	0.0	WAN KIN YEE	溫健儀	HKT	Xian, CHN	16-05-1999
400m	47.28		CHAN KA CHUN	陳嘉駿	HKT	Chinese Taipei	15-05-2015	400m	55.03		WAN KIN YEE	溫健儀	HKT	Zhuai, CHN	02-03-1999
800m	1:52.17		LEUNG TAT WAI	梁達威	WAC	Hong Kong	18-04-1999	800m	2:11.92		LI YIN YEE	李燕儀	HKT	Hong Kong	03-11-1996
1500m	3:55.6 (HT)		DAVE GIBSON	---	HKT	Manila, PHI	07-03-1972	1500m	4:21.60		CHAN MAN YEE MAGGIE	陳敏儀	HKT	Palma, ESP	08-07-1999
5000m	14:50.78		WONG WAN CHUN	黃尹雋	WAC	Hong Kong	02-11-2019	5000m	15:45.87		CHAN MAN YEE MAGGIE	陳敏儀	WAC	Stanford, USA	03-05-2002
10000m	30:53.6 (HT)		GI KA MAN	紀嘉文	WAC	Hong Kong	28-03-2012	10000m	32:39.88		CHAN MAN YEE MAGGIE	陳敏儀	WAC	Walnut, USA	19-04-2002
110m Hurdles(1.067)	13.74	-0.1	CHAN CHUNG WANG	陳仲泓	HKT	Chinese Taipei	25-05-2018	100m Hurdles(0.840)	13.14		CHAN SAU YING	陳秀英	HKT	Walnut, USA	17-04-1994
400m Hurdles(0.914)	50.88		CHAN KA CHUN	陳嘉駿	HKT	California, USA	15-04-2016	400m Hurdles(0.762)	1:01.04		WAN KIN YEE	溫健儀	HKT	Pusan, KOR	17-05-1997
3000m Steeplechase(0.914)	9:15.03		CHOW HON NIP HANNIEL	周漢轟	WAC	Hong Kong	20-01-2019	3000m Steeplechase(0.762)	10:25.81		YIU KIT CHING	姚潔貞	HKT	Tianjin, CHN	09-10-2013
High Jump	2.16		CHANG YU HO	張宇浩	HKT	Shaoqing, CHN	23-03-1997	High Jump	1.88		YEUNG MAN WAI	楊文蔚	HKT	Chinese Taipei	30-04-2017
Pole Vault	4.45		CHEUNG PUI YIN	張培賢	TCAA	Hong Kong	23-06-2019	Pole Vault	3.55		CHOI SIN TING	蔡倩婷	TCAA	Hong Kong	23-04-2017
Long Jump	8.12	+0.4	CHAN MING TAI	陳銘泰	TCAA	Hong Kong	07-05-2016	Long Jump	6.31	+0.4	YUE YA XIN	俞雅欣	HKT	Napoli, ITA	09-07-2019
Triple Jump	15.76	+1.1	NG KA WAI	吳家維	TCAA	Hong Kong	07-04-2013	Triple Jump	12.63	+0.4	TSE MANG CHI	謝孟芝	WAC	Hong Kong	17-04-2016
Shot Put(7.26)	15.70		CHIU LAP SAN	招立新	WAC	Hong Kong	12-12-2010	Shot Put(4.0)	13.25		TO YUEN KWAN	杜婉筠	WAC	Hong Kong	02-02-2019
Discus Throw(2.0)	48.58		ARTHUR MCKENZIE	---	HKDRC	Hong Kong	19-03-1978	Discus Throw(1.0)	42.55		TO YUEN KWAN	杜婉筠	BU	Hong Kong	10-03-2019
Hammer Throw(7.26)	65.14		LAM WAI	林瑋	HKT	Chinese Taipei	15-05-2015	Hammer Throw(4.0)	52.59		LAM SAU KWAN	林秀君	HKT	Chinese Taipei	19-05-2016
Javelin Throw(800)	71.78		HUI WAI HEI RICKY	許懷熙	HKT	Jakarta, Indonesia	27-08-2018	Javelin Throw(600)	49.37		NG KI SUM	吳其芯	HVAA	Hong Kong	26-06-2016
Decathlon	6469		NG CHIT WING	吳哲穎	WAC	Hong Kong	21-03-2009	Heptathlon	4968		CHAN SAU YING	陳秀英	TCAA	Redding, USA	22-05-1993
	(11.29, 6.91, 9.93, 2.03, 51.88, 15.79, 30.50, 4.10, 38.72, 5:03.89)								(13.86, 1.57, 9.70, 25.25, 6.03, 28.28, 2:28.34)						
20km Race Walk	1:29:41		CHIT MAN KIT	錢文傑	WAC	Takahata, JPN	22-10-2017	20km Race Walk	1:32:30		CHING SIU NGA	程小雅	HKT	Kobe, Japan	17-02-2019
50km Race Walk	5:03:23		CHEUNG WAI TAK	張維德	HKRWA	Hong Kong	01-01-2017	50km Race Walk	6:14:05		KWOK CHIK HA	郭夕霞	HKRWA	Hong Kong	01-01-2018
4x100m Relay	38.47		TANG YIK CHUN LAI CHUN HO NG KA FUNG TSUI CHI HO	鄧亦峻 黎振浩 吳家鋒 徐志豪	HKT	Chinese Taipei	26-05-2012	4x100m Relay	45.50		CHAN HO YEE LEUNG HAU SZE FONG YEE PUI POON PAK YAN	陳皓怡 梁巧詩 方綺蓆 潘栢茵	HKT	Shenzhen, CHN	20-08-2011
4x400m Relay	3:11.28		CHAN KA CHUN LEUNG KING HUNG HO TSZ FUNG CHOI HO SING	陳嘉駿 梁景雄 何梓峰 蔡浩昇	HKT	Incheon, KOR	29-09-2014	4x400m Relay	3:50.29		CHUA YAN CHING CHAN YEE KI POON HANG WAI LAM CHRISTY HO YAN	蔡仁靖 陳綺琪 潘幸慧 林浩茵	HKT	Chinese Taipei	15-06-2014
<b>Best Performance</b>															
Marathon	2:21:10		PAUL SPOWAGE	---	HKDRC	London, UK	13-05-1984	Marathon	2:34:07		YIU KIT CHING	姚潔貞	HKT	Queensland, AUS	07-07-2019
<b>Hong Kong Records or Best Performance in other events</b>															
Mile	4:22.63		YAP KAI TAK	葉啟德	TCAA	Hong Kong	23-07-1989	Mile	4:58.91		CHAN MAN YEE MAGGIE	陳敏儀	WAC	Hong Kong	09-12-1994
3000m	8:40.38		HIDEO HARRY LOASBY	---	AVOHK	Claremont, USA	17-02-2018	3000m	9:14.00		CHAN MAN YEE MAGGIE	陳敏儀	WAC	Walnut, USA	16-04-1999
10km	30:51		WONG WAN CHUN	黃尹雋	WAC	Hong Kong	27-10-2019	10km	33:52		YIU KIT CHING	姚潔貞	HKT	Yamada, JPN	29-04-2016
15km	48:15		GI KA MAN	紀嘉文	WAC	Hong Kong	11-12-2011	15km	51:54		YIU KIT CHING	姚潔貞	HKT	Ageo, JPN	15-11-2015
Half Marathon	1:06:39		GI KA MAN	紀嘉文	HKT	Incheon, KOR	27-03-2011	Half Marathon	1:12:52		YIU KIT CHING	姚潔貞	HKT	Tokyo, JPN	10-11-2019
3000m Race Walk	14:09.20		BILL PURVES	神行太保	HKLRRRC	Hong Kong	31-03-1991	3000m Race Walk	13:48.0 (HT)		CHING SIU NGA	程小雅	WAC	USA	04-10-2015
5000m Race Walk	23:17.92		TSE CHUN HUNG	謝振雄	SHTB	Hong Kong	20-10-2012	5000m Race Walk	22:17.57		CHING SIU NGA	程小雅	HKT	Hokkaido, JPN	04-07-2018
10000m Race Walk	45:10.69		CHIN MAN KIT	錢文傑	WAC	Hong Kong	04-02-2018	10000m Race Walk	45:46.93		CHING SIU NGA	程小雅	HKT	Hokkaido, JPN	04-07-2018
4x200m Relay	1:25.73		CHOI HO SING TANG YIK CHUN 鄧亦峻 CHAN KA CHUN HO MAN LOK	蔡浩昇 鄧亦峻 陳嘉駿 何文樂	WAC	Hong Kong	08-02-2015	4x200m Relay	1:40.89		KONG CHUN KI WU CHEUK YAN HUI MAN LING LEUNG HAU SZE	江俊淇 鄧卓忻 許文玲 梁巧詩	WAC	Hong Kong	06-05-2012
4x800m Relay	7:53.60		LI HONG CHING LAU WAI NGAI YEUNG CHI WING LEE CHO WAI	李康政 劉偉毅 楊志榮 李祖維	TWAC	Hong Kong	06-05-2012	4x800m Relay	9:25.20		CHEUNG TING YAN AU YEUNG HOK KA CHAN SIN HUNG CHAN YEE KI	張庭欣 歐陽學珈 陳倩紅 陳綺琪	WAC	Hong Kong	06-05-2012
4x1500m Relay	16:54.08		LAU WAI NGAI YEUNG CHI WING CHAN KA HO LI HONG CHING	劉偉毅 楊志榮 陳家豪 李康政	TWAC	Hong Kong	08-05-2011	4x1500m Relay	20:11.23		CHUNG MAN TUNG LEUNG YING SUET YU WING HAY YIU KIT CHING	鍾敏彤 梁影雪 余穎曦 姚潔貞	PAC	Hong Kong	08-05-2011

Hong Kong Junior Records Boys								Hong Kong Junior Records Girls							
Event	Perf.	ws	Athlete	運動員	Club/Team	Place	Date	Event	Perf.	ws	Athlete	運動員	Club/Team	Place	Date
<b>Olympic Events</b>								<b>Olympic Events</b>							
100m	10.38	+1.1	LAI CHUN HO	黎振浩	WAC	Hong Kong	01-06-2008	100m	11.85	+0.5	CHAN PUI KEI	陳佩琦	HKT	Hochiminh City, VIE	04-06-2016
200m	20.94	+0.6	TANG YIK CHUN	鄧亦峻	WAC	Hong Kong	16-04-2005	200m	24.36	+0.9	LEUNG HAU SZE	梁巧詩	WAC	Hong Kong	27-05-2006
400m	47.79		LEUNG KI HO	梁祺浩	HVAA	Hong Kong	02-12-2007	400m	57.10		HO KIN LING	何健靈	HKT	Hong Kong	15-03-2019
800m	1:54.54		LEUNG TAT WAI	梁達威	HKT	Bangkok, THA	04-12-1997	800m	2:11.92		LI YIN YEE	李燕儀	HKT	Hong Kong	03-11-1996
1500m	3:57.86		HIDEO HARRY LOASBY	---	AVOHK	USA	04-04-2015	1500m	4:26.95		CHAN MAN YEE MAGGIE	陳敏儀	HKT	Victoria, USA	28-08-1994
5000m	15:03.53		SIMON PARSONS	---	WAC	Hong Kong	17-12-1993	5000m	17:36.33		WRIGHT CADE CAMERON	韋祺	HKSSF-SSGC	Hong Kong	07-04-2019
10000m	32:30.72		TSE CHUN YIN	謝俊賢	WAC	Hong Kong	02-02-2019	10000m	37:48.42		TONG LOK YIU	湯樂榆	NHKSC	Hong Kong	29-11-2018
110m Hurdles(1.067)	14.52	+1.6	FUNG KIN HEI	馮建晞	WAC	Hong Kong	05-05-2019	100m Hurdles(0.840)	13.93		CHAN SAU YING	陳秀英	HKT	Hong Kong	15-12-1989
400m Hurdles(0.914)	53.44		CHEUNG WANG FUNG	張宏峰	HKT	Malaysia	29-03-2015	400m Hurdles(0.762)	1:03.72		LAM CHRISTY HO YAN	林浩茵	HKT	Hong Kong	19-04-2015
3000m Steeplechase(0.914)	9:34.57		CHOW HON NIP HANNIEL	周漢轟	WAC	Hong Kong	16-10-2016	3000m Steeplechase(0.762)	11:28.54		HUI KAM MAN	許錦汶	TWAC	Hong Kong	05-05-2013
High Jump	2.11		CHAN MING SANG	陳明生	HKT	Guangzhou, CHN	26-03-1998	High Jump	1.80		FUNG WAI YEE	馮惠儀	TCAA	Hong Kong	01-10-2011
Pole Vault	4.10		PANG CHI SUM	彭智森	HKT	Hong Kong	03-07-2011	Pole Vault	3.05		SIN TUNG YEUNG	洗彤儀	WAC	Hong Kong	25-06-2017
Long Jump	7.73	+0.7	CHAN MING TAI	陳銘泰	HKT	Incheon, KOR	30-09-2014	Long Jump	6.00	-1.2	CHAN KA SIN	陳家倩	CSRA	Hong Kong	25-04-2015
Triple Jump	14.97	+0.8	KO HO LONG	高浩盟	HKT	Bangkok, THA	07-07-2016	Triple Jump	12.39	0.0	LOH MEI SZE	羅美思	HKT	Kuala Lumpur, MAS	04-11-2007
Shot Put(7.26)	13.95		SIT WAI LOK	薛瑋樂	WAC	Hong Kong	06-04-2019	Shot Put(4.0)	12.86		HO YIN CHIU	賀賢昭	GHS	Hong Kong	21-02-2012
Discus Throw(2.0)	43.52		SANDY CHALMERS	---	HKPSU	Hong Kong	13-02-1977	Discus Throw(1.0)	41.27		TO YUEN KWAN	杜婉筠	HKT	Hochiminh City, VIE	06-06-2016
Hammer Throw(7.26)	54.03		LAM WAI	林瑋	WAC	Hong Kong	20-09-2009	Hammer Throw(4.0)	48.07		TAM HIU KI	譚曉琪	TCAA	Hong Kong	24-09-2016
Javelin Throw(800)	64.93		LAM MING YIU	林銘堯	HKT	Mokpo, Korea	15-09-2018	Javelin Throw(600)	47.22		WOO WING TUNG	胡泳彤	WAC	Hong Kong	15-02-2009
Decathlon	5724		MA TIN LOK	馬天樂	WAC	Hong Kong	28-02-2016	Heptathlon	4317		CHAN SAU YING	陳秀英	TCAA	Hong Kong	22-05-1988
	(11.44, 6.53, 8.87, 1.83, 54.30, 16.15, 27.77, 3.60, 33.93, 5:07.19)								(14.40, 1.51, 10.13, 26.44, 5.30, 21.32, 2:45.70)						
4x100m Relay	40.21		TSE YEE HIN RICO SHAK KAM CHING LAU HO YIN MA KING YEUNG ANTONY	謝以軒 石錦程 劉浩賢 馬景揚	HKT	Shanxi, CHN	16-08-2019	4x100m Relay	45.84		LEUNG KWAN YI CHAN KA SIN KONG CHUN KI CHAN PUI KEI	梁筠宜 陳家倩 江俊淇 陳佩琦	HKT	Hochiminh City, VIE	06-06-2016
4x400m Relay	3:14.26		HO TSZ FUNG CHUNG LONG WING LEUNG KING HUNG LEE CHIN TING	何梓峰 鍾朗榮 梁景雄 李展庭	HKT	Chinese Taipei	14-06-2014	4x400m Relay	3:50.29		CHUA YAN CHING CHAN YEE KI POON HANG WAI LAM CHRISTY HO YAN	蔡仁靖 陳綺琪 潘幸慧 林浩茵	HKT	Chinese Taipei	15-06-2014
<b>Best Performance</b>								<b>Best Performance</b>							
Marathon	2:38:09		SHIN WAH HIN	---	HKDRC	Hong Kong	20-01-1983								
<b>Hong Kong Records or Best Performance in other events</b>								<b>Hong Kong Records or Best Performance in other events</b>							
Mile	4:27.39		CHOW CHI KEUNG	---	WAC	Hong Kong	13-06-1993	Mile	4:58.91		CHAN MAN YEE MAGGIE	陳敏儀	WAC	Hong Kong	09-12-1994
3000m	8:41.02		HIDEO HARRY LOASBY	---	AVOHK	USA	27-03-2015	3000m	9:37.10		CHAN MAN YEE MAGGIE	陳敏儀	HKT	Victoria, USA	23-08-1994
10km	32:12		TSE CHUN YIN	謝俊賢	WAC	Hong Kong	27-10-2019	10km	37:39		TONG LOK YIU	湯樂榆	NHKSC	Hong Kong	25-11-2018
15km	50:41		YU HIN WA	余顯華	TWAC	Hong Kong	09-12-2012	15km	1:00:42		TONG LOK YIU	湯樂榆	NHKSC	Hong Kong	20-11-2016
Half Marathon	1:11:44		TSE CHUN YIN	謝俊賢	WAC	Queensland, AUS	07-07-2019	Half Marathon	1:24:38		TONG LOK YIU	湯樂榆	NHKSC	Hong Kong	01-07-2018
3000m Race Walk	15:59.71		LEE CHO WAI JIMMY	李祖維	HKSSF	Hong Kong	06-06-2010	3000m Race Walk	17:23.92		LEUNG HEUNG YIN	梁向然	---	Hong Kong	01-06-2008
5000m Race Walk	25:41.12		TSANG CHUNG YIN	曾頌賢	SHTB	Hong Kong	04-02-2018	5000m Race Walk	30:37.24 (HT)		LEE SHAN	李嫻	SHTB	Hong Kong	07-07-2007
10km Race Walk	53:10		CHU HO TING	朱皓霆	HKIVE	Hong Kong	29-11-2015	10km Race Walk	1:06:06		CHAN YIK PUI	陳奕珮	SHTB	Hong Kong	29-11-2015
4x200m Relay	1:26.20		TSE YEE HIN RICO SHAK KAM CHING MA KING YEUNG ANTONY DIU FELIX CHUN HEI	謝以軒 石錦程 馬景揚 刁俊稀	HKT	Shanxi, CHN	17-08-2019	4x200m Relay	1:43.59		LEUNG HIU YEE CHENG KA YU HUI MAN LING LEUNG HAU SZE	梁曉儀 鄭嘉瑜 許文玲 梁巧詩	WAC	Hong Kong	07-05-2006
4x800m Relay	8:11.1 (HT)		C Y LAU M F CHAN P H CHAN C K CHOW	---	HKT	Guangzhou, CHN	31-07-1993	4x800m Relay	9:46.05		LEE LOK CHING YU YI MAN HO MEI KI LO WING HEI ROSEDA	李樂晴 余伊雯 何美琪 盧穎熹	WAC	Hong Kong	04-05-2008
4x1500m Relay	17:10.61		TANG HO FAI SO MAN HO CHOW HON NIP HANNIEL WONG PERRY	鄧皓徽 蘇文浩 周漢轟 黃俊堯	WAC	Hong Kong	02-06-2013	4x1500m Relay	20:32.67		LEUNG PO YI AU YEUNG HOK KA TSO SEE MING CHAN YEE KI	梁寶怡 歐陽學珈 曹詩明 陳綺琪	WAC	Hong Kong	08-05-2011

All Comers Records		Men						All Comers Records		Women							
Event	Perf.	ws	Athlete	運動員	Club/Team	Place	Date	Event	Perf.	ws	Athlete	運動員	Club/Team	Place	Date		
<b>Olympic Events</b>																	
100m	10.28	+1.3	TSUI CHI HO	徐志豪	TCAA	Hong Kong	16-05-2010	100m	11.19	+1.9	YAN JIAN KUI	嚴劍葵	GUANGXI	Hong Kong	20-04-1998		
200m	20.91	-1.3	FUJIMITSU KENJI	---	JAPAN	Hong Kong	10-12-2009	200m	23.00	+1.0	HUANG MEI	黃梅	GUANGXI	Hong Kong	19-04-1998		
400m	46.72		LIU XIAOSHENG	---	CHINA	Hong Kong	11-12-2009	400m	53.25		HUANG XIAOXIAO	黃瀟瀟	CHINA	Hong Kong	30-05-2009		
800m	1:49.94		SU JIAN HAN	蘇嘉涵	TPE	Hong Kong	28-06-2014	800m	2:02.93		MATSKO MARGARITA	---	KAZAKHSTAN	Hong Kong	30-05-2009		
1500m	3:46.24		MURAKAMI YASUNORI	---	JAPAN	Hong Kong	12-12-2009	1500m	4:14.74		MA LING LING	---	CHINA	Hong Kong	13-11-1993		
5000m	13:53.48		LI ZICHENG	---	CHINA	Hong Kong	11-12-2009	5000m	16:46.86		KOBAYASHI YURIKO	---	JAPAN	Hong Kong	13-12-2009		
10000m	30:18.91		TAKEZAWA KENSUKE	---	JAPAN	Hong Kong	12-12-2009	10000m	33:55.43		SUGIHARA KAYO	---	JAPAN	Hong Kong	11-12-2009		
110m Hurdles(1.067)	13.63	+0.3	XIE WENJUM	謝文駿	CHINA	Hong Kong	30-05-2009	100m Hurdles(0.840)	13.13	+0.5	SUN YAWEI	---	CHINA	Hong Kong	11-12-2009		
400m Hurdles(0.914)	50.61		KAWAKITA NAOHIRO	---	JAPAN	Hong Kong	12-12-2009	400m Hurdles(0.762)	58.47		CHEN MEI LI	陳美麗	FJCZ	Hong Kong	10-07-2010		
3000m Steeplechase(0.914)	8:54.85		RENE HERRERA	---	PATAFA	Hong Kong	10-07-2005	3000m Steeplechase(0.762)	10:00.17		LI ZHEN ZHU	---	CHINA	Hong Kong	11-12-2009		
High Jump	2.28		ZASSIMOVICH SERGEY	---	KAZAKHSTAN	Hong Kong	30-05-2009	High Jump	1.91		ZHENG XINGJUAN	鄭幸娟	CHINA	Hong Kong	30-05-2009		
Pole Vault	5.30		OGITA HIROKI	---	JAPAN	Hong Kong	12-12-2009	Pole Vault	4.20		LIM EUNJI	---	KOREA	Hong Kong	10-12-2009		
Long Jump	8.16		WANG CHENG	王成	CHONG QING	Hong Kong	09-07-2000	Long Jump	6.36	+1.9	JIN YAN	金燕	SHANGHAISHI	Hong Kong	07-07-2002		
Triple Jump	16.97		KIM DEOK HYUN	---	KOREA	Hong Kong	30-05-2009	Triple Jump	14.25	+1.6	XIE LIMEI	謝荔梅	CHINA	Hong Kong	30-05-2009		
Shot Put(7.26)	20.41		ZHANG JUN	---	CHINA	Hong Kong	11-12-2009	Shot Put(4.0)	18.87		GONG LUJIAO	巩立姝	CHINA	Hong Kong	30-05-2009		
Discus Throw(2.0)	57.86		LI SHAO JIE	---	CHINA	Hong Kong	13-11-1993	Discus Throw(1.0)	64.66		LI YANFENG	---	CHINA	Hong Kong	11-12-2009		
Hammer Throw(7.26)	71.25		DOI HIROAKI	---	JAPAN	Hong Kong	13-12-2009	Hammer Throw(4.0)	67.06		WANG ZHENG	---	CHINA	Hong Kong	12-12-2009		
Javelin Throw(800)	81.75		LI RONGXIANG	李榮祥	ZHEJIANG	Hong Kong	06-10-2001	Javelin Throw(600)	60.05		LIU CHUNHUA	---	CHINA	Hong Kong	13-12-2009		
Decathlon	7747		QI HAIFENG	---	CHINA	Hong Kong	11-12-2009	Heptathlon	5717		NAKATA YUKI	---	JAPAN	Hong Kong	13-12-2009		
			(11.27, 6.49, 10.98, 1.92, 50.60, 15.24, 32.32, 4.20, 47.36, 4.35.38)								(14.80, 1.71, 10.76, 25.58, 5.80, 33.67, 2:17.35)						
20km Race Walk	1:26.46		YU WEI	---	CHINA	Hong Kong	10-12-2009	20km Race Walk	1:35.33		LI YANFEI	---	CHINA	Hong Kong	10-12-2009		
50km Race Walk	5:03.23		CHEUNG WAI TAK	張維德	HKRWA	Hong Kong	01-01-2017	50km Race Walk	6:14:05		KWOK CHIK HA	郭夕霞	HKRWA	Hong Kong	01-01-2018		
4x100m Relay	38.97		OH KYONG SOO CHO KUK WON KIM KUK YOUNG PARK BONG GO	吳京洙 曹珪源 金國榮 朴風高	KOREA	Hong Kong	29-06-2014	4x100m Relay	44.05		SUNGWAN JAKSUNIN ORRANUCH KLOMDEE TASSAPORN WANNAKUJ NONENTUCH SANRAJ	---	THAILAND	Hong Kong	30-05-2009		
4x400m Relay	3:05.20		YOSHIHIRO HORIGOME YUZO KANEMARU HIDEYUKI HIROSE KENJI FUJIMITSU	堀籠佳宏 金丸祐三 廣瀬英行 藤光謙司	JAPAN	Hong Kong	30-05-2009	4x400m Relay	3:36.53		AOKI SAYAKA CHIBA ASAMI ICHIKAWA KANA KIRA MANAMI	青木沙彌佳 千葉麻美 市川華菜 吉良愛美	JAPAN	Hong Kong	28-06-2014		
<b>Best Performance</b>																	
Marathon	2:11:27		DEREJE ABERAALI	---	ETHIOPIA	Hong Kong	05-02-2012	Marathon	2:30:12		MISIKER M DEMISSIE	---	ETHIOPIA	Hong Kong	05-02-2012		
<b>Hong Kong Records or Best Performance in other events</b>																	
Mile	3:59.44		ANTHONY WHITEMAN	---	BRITAIN	Hong Kong	22-10-1995	Mile	4:58.91		CHAN MAN YEE MAGGIE	陳敏儀	WAC	Hong Kong	09-12-1994		
3000m	8:07.22		SURENDER SINGH	---	INDIA	Hong Kong	30-05-2009	3000m	9:15.42		WANG XIAO XIA	---	CHINA	Hong Kong	14-11-1993		
10km	28:59		KETER SOLOMON KIPYEGO	---	---	Hong Kong	18-03-2018	10km	34:00		NELLY CHEBET NGEIYWO	---	---	Hong Kong	25-11-2018		
15km	48:15		GI KA MAN	紀嘉文	WAC	Hong Kong	11-12-2011	15km	54:07		YIU KIT CHING	姚潔貞	NHKSC	Hong Kong	14-12-2014		
Half Marathon	1:06:05		ONISHI TOMOYA	---	JAPAN	Hong Kong	13-12-2009	Half Marathon	1:11:55		KIM KUM OK	---	PRK	Hong Kong	13-12-2009		
Half Marathon	1:06:05		PAK SONG CHOI	---	KOREA	Hong Kong	13-12-2009										
3000m Race Walk	13:53.15		ZHANG HONG	張鴻	SHENZHEN	Hong Kong	07-07-2002	3000m Race Walk	17:14.27		MARGARET BROOKE	---	AVOHK	Hong Kong	24-10-1992		
5000m Race Walk	23:17.92		TSE CHUN HUNG	謝振雄	SHTB	Hong Kong	20-10-2012	5000m Race Walk	25:31.74		LO PO MAN	盧譜文	SCAA	Hong Kong	01-06-2008		
10000m Race Walk	45:10.69		CHIN MAN KIT	錢文傑	WAC	Hong Kong	04-02-2018	10000m Race Walk	46:52.36		CHING SIU NGA	程小雅	WAC	Hong Kong	04-02-2018		
10km Race Walk	53:10		CHU HO TING	朱皓霆	HKIVE	Hong Kong	29-11-2015	10km Race Walk	1:06:06		CHAN YIK PUI	陳奕珮	SHTB	Hong Kong	29-11-2015		
4x200m Relay	1:25.73		CHOI HO SING TANG YIK CHUN CHAN KA CHUN HO MAN LOK	蔡浩昇 鄧亦峻 陳嘉駿 何文樂	WAC	Hong Kong	08-02-2015	4x200m Relay	1:40.89		KONG CHUN KI WU CHEUK YAN HUI MAN LING LEUNG HAU SZE	江後淇 鄢卓忻 許文玲 梁巧詩	WAC	Hong Kong	06-05-2012		
4x800m Relay	7:53.60		LI HONG CHING LAU WAI NGAI YEUNG CHI WING LEE CHO WAI	李康政 劉偉毅 楊志榮 李祖維	TWAC	Hong Kong	06-05-2012	4x800m Relay	9:25.20		CHEUNG TING YAN AU YEUNG HOK KA CHAN SIN HUNG CHAN YEE KI	張庭欣 歐陽學珈 陳倩紅 陳綺琪	WAC	Hong Kong	06-05-2012		
4x1500m Relay	16:54.08		LAU WAI NGAI YEUNG CHI WING CHAN KA HO LI HONG CHING	劉偉毅 楊志榮 陳家豪 李康政	TWAC	Hong Kong	08-05-2011	4x1500m Relay	20:11.23		CHUNG MAN TUNG LEUNG YING SUET YU WING HAY YIU KIT CHING	鍾敏彤 梁影雪 余穎曦 姚潔貞	PAC	Hong Kong	08-05-2011		