COVID-19 RESOURCE GUIDE

FOR HOOSIERS LOOKING FOR ASSISTANCE

Indiana	For current and the most reliable information on COVID-19 in Indiana
	please visit the Indiana State Department of Health's website: coronavirus.in.gov . The page is updated regularly and includes
	information, such as preventive measures and what to do if you're
	sick, as well as information for healthcare and other public health
	professionals.
	Learn more.
National	The Centers for Disease Control is another reliable source for current
	COVID-19 information. The CDC's website includes information on
	the number of COVID-19 cases in the U.S., resources for the
	community and information for healthcare professionals. Learn more.
	<u>Lean more.</u>
Travel guidance and recom	mendations during this public health emergency Enllowing CDC guidelines, ISDH has developed a resource document
Travel guidance and recom	Following CDC guidelines, ISDH has developed a resource document for travelers, which includes international and national travel recommendations.
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Handbook, Frequently Asked Questions, a link to online filing and more information. <u>Learn more</u>.

CHILD CARE ASSISTANCE

The following guidance was provided by the Family and Social Services Administration.

Family and Social Services Administration

Families who need help finding or paying for care can contact <u>Brighter Futures Indiana</u> staff at 1-800-299-1627 and a referral specialist can support them in their search. Every community has a Child Care Resource and Referral Agency (CCR&R) who can connect parents with local child care options and provide referrals for support. To find your local CCR&R, you can call 1-800-299-1627 or click here.

When locating care, it is important to ensure that families are choosing licensed and regulated care for their children. To check if the environment is licensed or regulated you can go to childcarefinder.in.gov or call 1-800-299-1627.

INDIANA ASSISTANCE PROGRAMS

SNAP, TANF, Medicaid

The Indiana Division of Family Resources operates at least one physical office in every Indiana county and, in order to serve Hoosiers in need, those offices remain open for business. However, in an effort to keep social contact to a minimum and prevent the spread of the novel coronavirus (COVID-19), DFR strongly urges Hoosiers to consider submitting applications for the Supplemental Nutrition Assistance Program (SNAP), Temporary Assistance for Needy Families (TANF) or health coverage (Medicaid) online. Applications can be submitted at www.fssabenefits.in.gov. Health coverage applications can also be completed by calling 800-403-0864.

Learn more.

Indiana WIC

Indiana WIC remains committed to serving families and continuing daily operations during the COVID-19 pandemic. Please be aware WIC local agencies have been given the flexibility to complete WIC appointments over the telephone. These appointments include enrollment, recertification, nutrition education/issuing benefits, breastfeeding support and referrals to other services. Currently, WIC operations will vary by region/WIC local agency, so please contact your local WIC clinic directly for additional details or questions. You can find your local WIC clinic by using the "WIC Clinic Locations List" OR "WIC Clinic Locations Map" in the drop-down list to the left here. Contact the state WIC office at 1-800-522-0874.

Assistance Program (EAP), please contact the Indiana Housing and Housing Community Development Authority.

Learn more.

Food Assistance FSSA has published a food availability map for Hoosiers seeking food

assistance: Learn more.

General assistance/utilities 2-1-1

Indiana 211 is a free service that connects Hoosiers with help and answers from thousands of health and human service agencies and resources right in their local communities - quickly, easily, and confidentially. 2-1-1 can provide assistance on:

For housing assistance in Indiana, such as information on the Energy

- Food & Clothing
- Mental Health & Addiction
- Health Care
- Housing & Utility Assistance
- **Education & Employment**
- Children & Family
- Tax Assistance
- Advanced Search

Call 2-1-1 or visit their website.

Learn more.

COVID-19 RESOURCE GUIDE

Resources for Hoosiers at home who want to help other Hoosiers.

USEFUL INFORMATION FOR FAMILIES Talking with children As public conversations around coronavirus disease 2019 (COVID-19) increase, children may worry about themselves, their family, and friends getting ill with COVID-19. Parents, family members, school staff, and other trusted adults can play an important role in helping children make sense of what they hear in a way that is honest, accurate, and minimizes anxiety or fear. CDC has created guidance to help adults have conversations with children about COVID-19 and ways they can avoid getting and spreading the disease. Learn more.

Food safety

According to the United Fresh Produce Association, there are no clinically-confirmed cases of COVID-19 linked to the consumption of fresh produce or food sold through traditional retail outlets. As consumers select their produce, adhering to food safety guidance is critical. We encourage consumers to wash their hands, and wash and prepare their produce following FDA recommendations.

Learn more.

Pets

In the midst of all the life disruptions generated by COVID-19, the Indiana State Board of Animal Health is offering some guidance to pet owners who have/may have been exposed to the coronavirus. While much is still unknown about this virus, no evidence indicates that companion animals, including pets, can get sick from or spread COVID-19. However, because we are still learning about this virus, we recommend that pets that have been in contact with COVID-19 patients should also remain in the home during the isolation period.

Learn more.

SCHOOLS

Guidance for communities on how to navigate COVID-19

School closings

All K-12 public schools will remain closed until May 1. Non-public schools are also ordered closed. This date may be revised to extend through the end of the 2019-2020 school year if circumstances warrant.

Learn more.

E-learning resources

In response to COVID-19, the Indiana Department of Education has developed a resource page for schools and families statewide. The site includes planning and guidance documents, educational resources and information on remote learning for parents and teachers, to name a few.

Learn more.

COMMUNITY INFORMATION

Blood drives

Thousands of blood drives have been canceled due to COVID-19, resulting in a decrease of more than 86,000 units of blood being donated. Blood donation is safe and in high need. For donation locations and additional guidance, click the link below.

Learn more.

Community Economic Relief Fund (United Way)

The Central Indiana COVID-19 Community Economic Relief Fund was launched on March 13, 2020, to help ensure individuals, children and families in need are supported during this pandemic. United Way of Central Indiana and a coalition of partners are working with the human services sector to identify these immediate needs and make emergency funds available to organizations working directly with vulnerable populations.

Learn more.

State parks

Indiana State Parks and Inns and other DNR properties remain open. The Indiana Department of Natural Resources will implement recommendations from local county health departments and the Indiana State Department of Health and will follow other directives from the State of Indiana regarding any future closures or cancellation and rescheduling of events. Notifications of any changes will be provided directly to guests and groups with reservations and added to our property advisories webpage and the DNR calendar.

Learn more.

Restaurants

For a list of Indiana restaurants that are offering catering, delivery or drivethru options, please visit the Indiana Restaurant and Lodging Association's website.

Learn more.

Legal support

For legal support in Indiana, please visit IndianaLegalHelp.org.