

BRSS TACS

Bringing Recovery Supports to Scale

TECHNICAL ASSISTANCE CENTER STRATEGY

Ayana Jordan, MD, PhD

As an undergraduate, Dr. Jordan attended Hampton University, a historically black university, where she became interested in basic science. After college, Dr. Jordan conducted HIV research at the National Institutes of Health, where she contemplated combining her love for basic science with the clinical sciences. In 2003, Dr. Jordan began the MD / PhD Program at Albert Einstein College of Medicine of Yeshiva University in New York City. In medical school, Dr. Jordan became passionate about serving minority populations, specifically within psychiatry. She completed a general adult psychiatric residency at Yale University in 2015, where she served as Program-Wide Chief. During residency, Dr. Jordan became interested in treating patients with substance use disorders, given the intense stigma she observed among other disciplines. As such, Dr. Jordan completed specialized training in Addiction Psychiatry at Yale University School of Medicine.

Currently, Dr. Jordan is an assistant professor at Yale and an attending physician at Connecticut Mental Health Center. She is committed to increasing access to addiction services within minority communities, both nationally and abroad. Dr. Jordan conducted research in Sierra Leone, West Africa, examining the connections between mental illness, substance use, and discrimination, and she served as an expert witness discussing the current mental health system in Sierra Leone.

Locally, Dr. Jordan is working on a project to provide a computer-based cognitive behavioral therapy program within the black church, an evidenced-based therapeutic modality shown to be effective in decreasing substance use. Dr. Jordan is interested in making connections with key stakeholders in the black community to make this project a success. Most recently, Dr. Jordan was appointed as the new director of the Yale Psychiatry Residency Global Mental Health Program. Dr. Jordan is the proud recipient of various clinical and research awards and her undergraduate alma mater recently inducted her into its Top 40 Under 40 Society.