



54th EKF

Senior Championships

Guadalajara, Spain

28-31 March 2019



BULLETIN Nr. 1^o



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1 Initial Greetings

1.1 President of the European Karate Federation

Karate reached one of the most significant landmark moments in the history of the sport last November when we had the opportunity to celebrate the greatness of our discipline in the memorable Karate World Championships in Madrid. Now, Spain host another big event of the sport: the 2019 EKF Senior European Championships.

With the 2018 Karate World Championships in Madrid as a memorable background and the 2019 European Games on the horizon, the eyes of the Karate world will be posed in Guadalajara for the anticipated 54th edition of the continental tournament.



Whether fans follow the competition live from Pabellon Multiusos sports hall, or on our online platform karateworld.tv, or on the EKF/WKF social media channels, the 2019 EKF Senior Championships are sure not to be missed. I hope that all true Karate enthusiasts will enjoy this highly-awaited event; I am confident that all of them will also assist us in our goal of further making our sport even more and more widespread in all the stages of society. For this, we could not be thankful enough.

I take this opportunity to thank the Royal Spanish Karate Federation under the leadership of its president Antonio Moreno for their courage in hosting another big event in the country. I am sure that the first-class karatekas representing their nations in Guadalajara will find excellent conditions to give one more demonstration of the outstanding sporting spirit of Karate. I am also convinced that fans of our discipline from all over Europe will flock to the city in Spain to further display the growing popularity of Karate and the many values of our sport.

Antonio Espinós

President of the European Karate Federation



1.2. President of the Spanish Karate Federation

The Spanish karate Federation hosted the World Cadet & Junior Championships at Guadalajara in 2013, and it was a successful event. We wait with great expectation and encouragement the arrival of these 54th European Senior Championships in Guadalajara.

Guadalajara has been named European Sports City in 2018 for its magnificent organizational capacity and sports infrastructure. Every sport has a place in this city, where it is possible to play a wide variety of sports or merely enjoy big events as a spectator. The Aguas Vivas Sports Hall might be considered the standard-bearer for sport in the city.

Guadalajara is much more; it is a historic city where you will find a wide range of cultural and leisure activities which will make your stay an unforgettable experience.

I would like to thank to the WKF and its President, Mr. Antonio Espinós, for his support to the organization of these Championships; as well as, our most sincere gratitude to the institutional contribution of the Town Hall of Guadalajara, for their cooperation and collaboration for the development of these Championships and specially to our sport, karate.

The Spanish Karate Federation is proud to host the next 54th European Senior Championships in Guadalajara which will be a success for our sport in Spain.



Antonio Moreno Marqueño
President of the Spanish Karate Federation

2 Guadalajara

2.1 About Guadalajara

Guadalajara is a city and municipality the autonomous community of Castilla-La Mancha, Spain, and is in the natural region of La Alcarria. It is the capital of the province of Guadalajara.

It is located in central Spain, roughly 60km northeast of Madrid on the Henares River. It has a dry, continental climate.

In its **distant origins**, Guadalajara was linked to Celtiberian culture, though the earliest historical references tell of its strategic military importance to the emirs and caliphs of Córdoba. It was then known as Madinat al-Faray in memory of its conqueror, and **Wad al-Hayara**, Arab translation of its pre-Roman name, Arriaca.

Monuments and other interesting sites

Civil architecture

- Fort of San Francisco
- Palace of the Countess of La Vega del Pozo
- Provincial Council Building
- Palace of El Infantado
- Tower of El Alamín



Religious architecture

- Apse of San Gil
- Co-cathedral of Santa María
- Convent of La Piedad
- Church of Los Remedios

Other interesting sites

- “Buero Vallejo” Theatre-Auditorium
- Guadalajara Municipal Zoo
- Paseo de la Concordia



3 How to get to the Championships

The city of Guadalajara, capital of the province of the same name, lies almost in the centre of Spain, 54 kilometres north-east of Madrid and barely 30 minutes drive from Madrid-Barajas International Airport.

In addition to its privileged location, it also enjoys outstanding communication systems that facilitate easy and quick access.

3.1 Flight

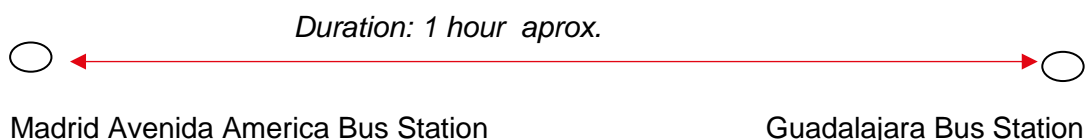
Guadalajara's closest **international airport is Madrid Adolfo Suarez.**

It is about 50Km away from GUADALAJARA.

It is about 25Km away from ALCALÁ DE HENARES.

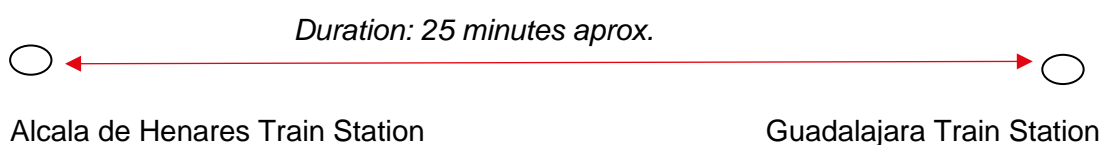
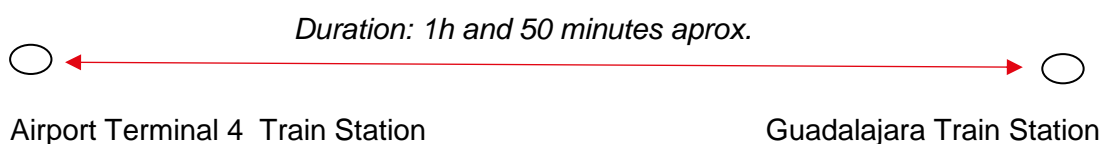


3.2 Bus



3.3 Train

www.renfe.com/viajeros/cercanias/madrid/



4 Accommodation

4.1 Hotels

4.1.1 Headquarter Hotel – TRYP GUADALAJARA HQ****



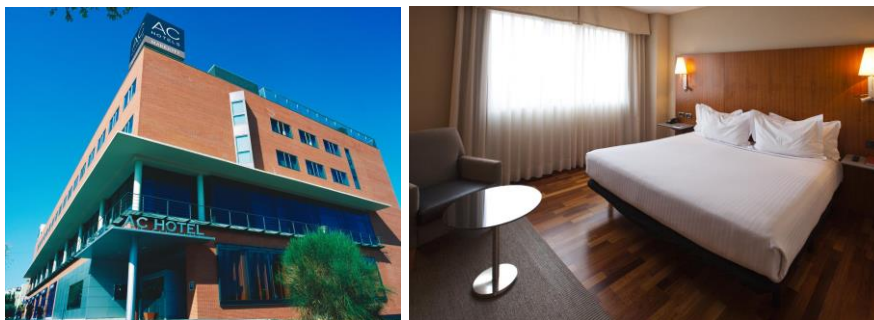
The Tryp Guadalajara is next to the Ferial Plaza shopping center, just 5 minutes' drive from downtown Guadalajara. It offers free Wi-Fi, a free 24-hour gym, free parking and a wide variety of meeting rooms.

The rooms are elegant and bright and face the outside. Most have a terrace with views of the surrounding countryside. All are equipped with air conditioning, minibar and TV.

Distance to competition venue: 0 km

Address: Av. Eduardo Guitán, 7, 19002 Guadalajara

4.1.2 AC GUADALAJARA****



This modern and elegant hotel is located in the historic center of Guadalajara, near the Palacio del Infantado and very well connected to the rest of the city.

The cozy and sophisticated AC lounge serves dinner. The property has a fitness center and Wi-Fi is available in all areas.

It is 30 minutes by car from the Madrid-Barajas Airport.

Distance to competition venue: 0 km

Address: Av. Del ejercito,6, 19004 Guadalajara

4.1.3 PAX GUADALAJARA****



Hotel Pax is located in Guadalajara, a 45-minute drive from Madrid, near the Barajas International Airport and the Juan Carlos I Exhibition Center. It offers free Wi-Fi.

The hotel is well connected to the A-2 motorway, which is nearby, the AVE high-speed train station and the Henares shopping area.

Hotel Pax has free private parking.

Distance to competition venue: 0 km

Address: Av. Venezuela, 15-N2 SALIDA 56 19005 Guadalajara

4.1.4 IRIS GUADALAJARA**



Hotel Iris Guadalajara is a 10-minute drive from downtown Guadalajara and offers modern rooms with air conditioning, TV and free Wi-Fi.

The hotel also offers free parking and a café bar.

All rooms at this hotel are soundproof and have private bathroom, heating and telephone.

Distance to competition venue: 0 km

Address: Trafalgar Street, 74, 19004 Guadalajara

4.1.5 ESPAÑA**



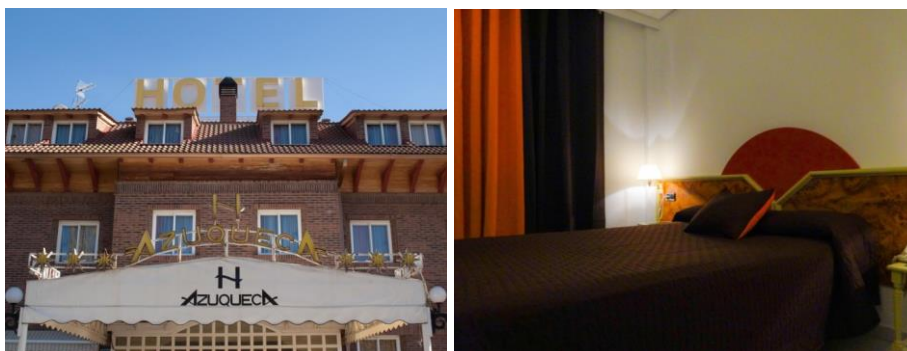
The Hotel España is located in the historic center of Guadalajara. The rooms have air conditioning, a flat-screen TV and a balcony. Free Wi-Fi is available in all areas.

España Hotel is just 100 meters from the Infantado Palace and just over 1 km from the train station.

Distance to competition venue: 0 km

Address: Teniente Figuerola Street, 3, 19001 Guadalajara

4.1.6 AZUQUECA***



Hotel Azuqueca offers free Wi-Fi and a 24-hour reception, located a 15-minute walk from the center of Azuqueca de Henares. It is 13 km from Guadalajara and a 35-minute drive from Madrid.

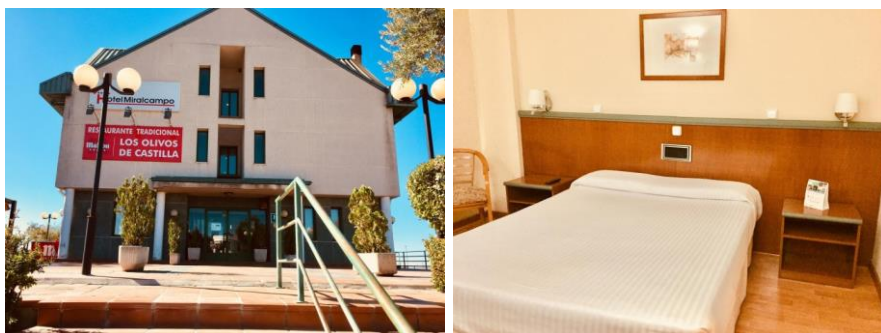
The hotel rooms have 1 double or 2 single beds, air conditioning, free Wi-Fi, satellite TV and a private bathroom.

The hotel also houses a restaurant and a bar and serves a continental breakfast.

Distance to competition venue: 16 km

Address: Ctra. Alovera, 80, 19200 Azuqueca de Henares, Guadalajara

4.1.7 MIRALCAMPO***



El Miralcampo is located in Azuqueca de Henares, in the heart of Guadalajara and 40 km from Barajas Airport. It offers simple rooms with free Wi-Fi. All rooms have a private bathroom and a TV.

The Miralcampo puts at your disposal a private parking at an excellent price. You can easily access by car through the nearby A-2 motorway. The train station is 15 minutes away on foot. The historic city of Alcalá de Henares is only 15 km away.

Distance to competition venue: 15 km

Address: Avenida de Alcalá, s/n, 19200 Azuqueca de Henares

4.1.8 RAFAEL HOTEL FORUM ALCALA ****



This design hotel is located in the center of Alcalá de Henares and is well connected to Madrid by road. The Rafaelhoteles Forum Alcala rooms are soundproofed and feature a flat-screen TV. There is free WiFi in all areas.

Forum Alcala provides private parking, available for a daily fee. Barajas Airport is only 16 km away. The hotel is close to the main roads and the IFEMA exhibition center is a 20-minute drive away.

Distance to competition venue: 28 km

Address: Bulgaria Street 2, 28802 Alcala de Henares

4.1.9 ALCALA PLAZA ***



This modern hotel has spacious and bright spaces and offers contemporary accommodation in this historic city. A buffet breakfast is served every morning. At the property's café, guests can enjoy snacks and coffee throughout the day.

The hotel is very well connected with the A-2 motorway and with trains and buses of regular service, so that guests can travel to the Spanish capital by car or public transport. Parking is available for a fee.

Distance to competition venue: 28 km

Address: Hita, 4, 28805 Alcala de Henares

4.1.10 CAMPANILE ALCALA DE HENARES ***



This hotel, which is well connected by road, enjoys a superb location near the A2 motorway, which will allow you to easily access the region's road network and the center of Alcalá de Henares.

The rooms have air conditioning, satellite TV, a private bathroom and tea and coffee making facilities. The hotel facilities include 2 conference rooms, a restaurant and a bar.

Distance to competition venue: 28 km

Address: Fausto Elhuyar Street, 3, 28806 Alcalá de Henares

4.1.11 AC ALCALA DE HENARES ****



The AC Hotel Alcalá de Henares is an establishment well connected to Madrid and the financial district of the Corredor del Henares through the A2 motorway. It offers a gym and elegant rooms.

Guests can keep fit in the hotel gym or relax with friends and colleagues in the comfortable lounge. They can also enjoy an exclusive session in the Turkish baths.

Distance to competition venue: 28 km

Address: Octavio Paz, 25 Street, 28805 Alcalá de Henares.

4.1.12 IBIS ALCALA DE HENARES LA GARENA***



The Ibis Alcalá de Henares La Garena is located in the La Garena district of Alcalá. It offers a 24-hour reception, a restaurant and elegant accommodation with TV and air conditioning.

The hotel is located just 1 km from the center of Alcalá de Henares. The Ibis Alcalá de Henares La Garena is a 25-minute drive from the center of Madrid. Barajas Airport and the IFEMA Exhibition Center are less than 20 km from the hotel.

Distance to competition venue: 30 km

Address: Antonio Suarez, 8, Alcala de Henares.



4.2 Hotel Rates

The table below show prices in EUROS (€) per person and night.

CITY	HOTEL	Cat.	Bed & Breakfast			Half Board			Full Board		
			Single	Double	Triple	Single	Double	Triple	Single	Double	Triple
GUADALAJARA	TRYP GUADALAJARA	4*	90,00€	65,00€	61,00€	103,50€	80,00€	76,00€	119,50€	93,00€	92,00€
	AC GUADALAJARA	4*	87,00€	63,50€	59,00€	105,00€	78,50€	75,00€	130,00€	100,60€	100,61€
	PAX GUADALAJARA	4*	96,00€	63,50€	63,50€	115,50€	83,00€	83,00€	133,50€	100,80€	100,80€
	IRIS GUADALAJARA	2*	80,00€	55,00€	49,00€	90,00€	64,00€	60,00€	85,00€	67,50€	64,75€
	ESPAÑA	2*	89,50€	76,50€	71,00€	-----	-----	-----	-----	-----	-----
AZUQUECA DE HENARES	AZUQUECA	3*	65,00€	50,00€	46,00€	75,50€	59,00€	56,00€	88,50€	71,00€	64,00€
	MIRALCAMPO	3*	63,00€	45,00€	40,00€	75,50€	59,00€	56,00€	86,00€	65,50€	64,50€
ALCALA DE HENARES	RAFAEL FORUM ALCALA	4*	92,50€	60,00€	56,00€	120,50€	84,00€	78,50€	144,00€	107,00€	102,00€
	ALCALA PLAZA	3*	90,50€	62,50€	58,00€	101,70€	74,00€	72,00€	112,00€	84,00€	81,50€
	CAMPANILE ALCALA DE HENARES	3*	63,00€	45,00€	40,00€	78,50€	55,50€	50,00€	91,00€	68,00€	77,00€
	AC ALCALA DE HENARES	4*	85,10€	56,00€	54,00€	109,00€	79,00€	79,00€	130,00€	100,60€	100,60€
	IBIS ALCALA DE HENARES LA GARENA 3*	3*	73,00€	50,00€	-----	-----	-----	-----	-----	-----	-----

*All prices include local taxes. The number of rooms available are limited. First come first serve policy will be implemented.



4.2.1 RESERVATION, PAYMENT AND CANCELLATION POLICY

The deadline to finalize bookings is 1st February **2019**.

RESERVATION:

- It will be considered as a reservation if the 1st payment has been done.
- Confirmation subject to availability at the booking request.
- Reservations on request. To ensure the best possible accommodation for all athletes of a nation, please make your reservations as soon as possible.
- Reservations must be made by the online booking tool, please find below the link:

<https://www.divisioneventosdeportivos.com/deportes/cgi.hrb?idexp=BXE5F&main=alojamientos>

For any question, please contact with the Official Travel Agency: **karate2019@viajeseci.es**

NOTES:

- Valid Rates until 1st of February 2019 from that date will have an increase of 10%.
- From 1st of March 2019, rates will have an increase of 20%

PAYMENT POLICY:

- 50 % of the total amount must be paid to confirm the booking
- 50% of the total amount before 1st March 2019
- It is very important to make the payments in the dates fixed in order to confirm your reservation.

CANCELLATION POLICY:

Tryp Guadalajara Hotel:

- Free of charge if cancelled before 8th February 2019
- Between 9th February to 25th February: Up to 15% of the total rooms booked can be cancelled without cost.
No refund for the remaining 85% of booking.
- Between 26th February to 11th March: Up to 10% of the total rooms booked can be cancelled without cost.
No refund for the remaining 90% of booking.
- Between 12th March to 18th March: Up to 5% of the total rooms booked can be cancelled without cost.
No refund for the remaining 95% of booking.
- After 19th March: 100% of penalty will apply to the full booking.



AC Guadalajara Hotel – Miralcampo Hotel – España Hotel:

- Free of charge if cancelled before 1st March 2019
- Between 1st to 11th March: 50% of the reservation will be charged
- After 12th March: 100% of the reservation will be charged

Alcalá Plaza Hotel - Campanille Alcalá Hotel - Ibis Alcalá Henares Hotel :

- Free of charge if cancelled before 31st January 2019
- Between 1st to 11th February 2019: 50% of the reservation will be charged
- After 12th February 2019: 100% of the reservation will be charged

Pax Guadalajara Hotel -Azuqueca Hotel:

- Free of charge if cancelled before 28th January 2019
- Between 29th to 18th February 2019: 50% of the reservation will be charged
- After 19th February 2019: 100% of the reservation will be charged

AC Alcalá de Henares Hotel:

- Free of charged if cancelled before 7th February 2019
- Between 8th to 28th February 2019: 25% of the reservation will be charged
- Between 1st to 11th March 2019: 50% of the reservation will be charged
- After 12th March 2019: 100% of the reservation will be charged

IRIS Guadalajara Hotel:

- Free of charged if cancelled before 13th February 2019
- After 14th February 2019: 25% of the reservation will be charged
- After 19th March 2019: 100% of the reservation will be charged

Rafael Forum Alcalá Hotel:

- Free of charged if cancelled before 15th January 2019
- Between 16th to 23th February 2019: 25% of the reservation will be charged
- Between 24th February to 11th March 2019: 50% of the reservation will be charged
- After 12th March 2019: 100% of the reservation will be charged

4.3 Official Travel Agency

VIAJES El Corte Inglés

EVENTOS

Address: Teniente Borges, 5.
41002 Sevilla, Spain
Tel: +34 954 50 66 20
E-mail: karate2019@viajeseci.es
Online booking tool:

<https://www.divisioneventosdeportivos.com/deportes/cgi.hrb?idexp=BXE5F&main=alojamientos>



5 Event Schedule

Wednesday 27th March - HQ Hotel		
TIME	EVENT	ROOM
10:00 – 15:00	Registration for Delegations	Molina I
09:00 - 11:00	EKF Executive Committee meeting	Mondejar II
10:00 – 11:00	EKF Medical Commission meeting	Mondejar I
12:00 – 14:00	EKF Technical Commission meeting	Mondejar I
14:00 – 15:00	EKF Referee Commission meeting	Mondejar I
15:00 – 18:00	EKF Congress	Sigüenza
16:00 – 17:00	TM & TMAS Meeting	Mondejar II
17:30 – 18:30	Referee Licence Renewal Exam	Mondejar II
18:30 – 19:30	Open Draw All Coaches	Molina I
19:30 – 20:30	EKF Referee Briefing	Sigüenza

Thursday 28th March - HQ Hotel		
10:00 – 18:00	Para-Karate Athletes Classification Session	TBC
19:00 - 20:00	Para-Karate Coach Meeting	TBC



6 Competition Information

6.1 Categories

Individual categories

Individual Kata (age +16)	Male Individual Kumite (age +18)	Female Individual Kumite (age +18)
Female	-60 Kg.	-50 Kg.
Male	-67 Kg.	-55 Kg.
	-75 Kg.	-61 Kg.
	-84 Kg.	-68 Kg.
	+84 Kg.	+68 Kg.

Team Categories

Team Kata (age+16)	Team Kumite (age +18)
Female	Female
Male	Male

Para - Karate Categories

Male (age +18)	Female (age +18)
Wheelchair Athletes	Wheelchair Athletes
Visually Impaired	Visually Impaired
Intellectually Impaired	Intellectually Impaired



6.2 Age

Allocation to age category is determined by the age of the athlete at the first day of the entire championships. This means competitors must have the eligible age by **28th of March 2019**.

6.3 Competition Programme

6.3.1 Eliminations

Thursday 28th March 2019

	Weigh - In
9:00 – 10:00	Weigh-in Male All Categories
10:30 – 11:15	Weigh-in Female All Categories
	Kata Individual - Eliminations & Repechages
9:00 – 11:30	Male & Female
	Kumite Individual - Eliminations
11:30	Male +84Kg & -84Kg
13:00	Female +68Kg & -68Kg
14:15	Male -75Kg & -67Kg
16:00	Female -61Kg & -55Kg
17:15	Male -60Kg & Female -50Kg
	Kumite Individual - Repechages
18:30 - 20:00	Male & Female - All Categories

Friday 29th March 2019

	Kata Team - Eliminations & Repechages
9:00 – 10:00	Male & Female
	Kumite Team - Eliminations
10:00	Team Male
13:00	Team Female
	Kumite Team - Repechages
15:00	Male & Female
	Para-Karate (all categories)
17:00	All Categories
18:30	OPENING CEREMONY



6.3.2 Bronzes and Final Bouts

Saturday 30th March 2019

BRONZE MATCHES	
09:30 – 09:40	Kumite Female +68Kg
09:40 – 09:55	Kumite Male +84Kg
09:55 – 10:05	Kumite Female -68Kg
10:05 – 10:20	Kumite Male -84Kg
10:20 – 10:30	Kumite Female -61Kg
10:30 – 10:40	Kumite Female – 55Kg
10:40 – 10:55	Kumite Male -75Kg

FINALS	
12:00 - 12:06	Kumite Female +68Kg
12:06 – 12:15	Kumite Male +84Kg
12:15 – 12:25	Medals Award
12:25 – 12:31	Kumite Female -68Kg
12:31 – 12:40	Kumite Male -84Kg
12:40 – 12:46	Kumite Female -61Kg
12:46 – 13:00	Medals Award
13:00 – 13:06	Kumite Female -55Kg
13:06 – 13:15	Kumite Male -75Kg
13:15 – 13:25	Medals Award
13:25 - 13:45	Para-Karate: Kata Male & Female -Intellectually Impaired
13:45 - 13:55	Medals Award

BRONZE MATCHES	
15:30 – 15:45	Kata individual Female
15:45 – 16:00	Kata individual Male
16:00 – 16:15	Kumite Male -60Kg
16:15 – 16:30	Kumite Female -50Kg
16:30 – 16:45	Kumite Male -67Kg
16:45 – 17:15	Kumite Team Female



FINALS	
18:00 – 18:06	Kata individual Female
18:06 – 18:15	Kata individual Male
18:15 – 18:25	Medals Award
18:25 – 18:34	Kumite Male -60Kg
18:34 – 18:40	Kumite Female -50Kg
18:40 – 18:49	Kumite Male -67Kg
18:49 – 19:05	Medals Award
19:05 – 19:20	Kumite Team Female
19:20 – 19:25	Medals Award
19:25 - 19:40	Para-Karate: Kata Male & Female - Blind & Visually Impaired
19:40 - 19:50	Medals Award

Sunday 31st March 2019

BRONZE MATCHES	
09:00 – 09:30	Kata Team Male
09:30 – 10:00	Kata Team Female
10:00 – 11:10	Kumite Team Male



FINALS	
12:00 – 12:15	Kata Team Male
12:15 – 12:30	Kata Team Female
12:30 – 12:45	Medals Award
12:45 – 13:20	Kumite Team Male
13:20 – 13:30	Medals Award
13:30 – 13:45	Para-Karate: Kata Male & Female - Wheelchair Athletes
13:45 – 13:55	Medals Award
14:00	CLOSING CEREMONY

Note: In the bouts for bronze medals and finals, male coaches are required to wear a dark suite, shirt and tie while female coaches may choose to wear a dress, pantsuit or a combination of jacket and skirt in dark colors.

6.4 EKF / WKF Approved Items

Only EKF and WKF Approved Trademarks for sports items will be permitted.

EKF APPROVED ITEMS

TRADEMARK	MAIN OFFICE
	<p>OOO "KALININGRADSKIY SPORT" Musorgskogo str. 10, bldg. 16A 236022- Kaliningrad, RUSSIAN FEDERATION Phones: 007 911 4672969 / 007 911 4997553 Fax: 007 08439 23337 e-mail: best_sport@mail.ru www.best-sport.ru</p>
	<p>DRAGON BLEU SAS VENUM Official distributor 7 Rue du sagittaire BP20158 94533 RUNGIS Tel : 0141733239 Fax : 0149790629 e-mail : contact.euro@venumfight.com www.dragonbleu.fr</p>

All the information concerning the EKF homologated brands for this event can be found on: <http://www.europeankaratefederation.net/j-stuff>

WKF APPROVED Trademarks for sports items will also be permitted.






WKF APPROVED COMPANIES

SPORT PROTECTIONS	
BRAND	CONTACT INFORMATION
	<p>DOUBLE D 2, rue Vladimir Jankelevitch 77184 Emerainville, FRANCE Phone : +33 1 64 73 00 03 Fax : + 33 1 64 73 00 04 E-mail: nicolas.poy-tardieu@doubled.fr http://en.doubled-martialarts.com</p>
	<p>ARAWAZA 724, Chemin des Anglais Mascouche (QC) J7L 3R6, CANADA Phone: + 1 450 477 4410 Fax: +1 450 477 4400 E-mail: sales@arawaza.com www.arawaza.com</p>
	<p>SBI SPORT AB Staffanstorpvägen 115 S-23291 Arlov- Malmö, SWEDEN Tel: +46 40 948888 Fax: +46 40 940780 E-mail: robert.tegel@sbisport.se www.budo-nord.com</p>
	<p>DAEDO INTERNATIONAL Botánica 116, 08908 Hospitalet de Llobregat, Barcelona, SPAIN Tel: +34 93 454 15 14 Fax: +34 93 453 52 51 E-mail: marketing@daedo.com www.daedo.com</p>
	<p>BUDOLAND Am Grießenbach 8 83126 Flintsbach, GERMANY Phone: +49 (0) 8034 909900 Fax: *49 (0) 8034 9099011 E-mail: info@budoland.de www.budoland.com</p>

 <p>守礼堂 SHUREIDO</p>	<p>SHUREIDO 1-1-6 Tomari, Naha-City 900-0012 – Okinawa, JAPAN Tel No: +81(98)861 5621 Fax No: +81(98)861 5525 Email: shureido@orange.ocn.ne.jp www.shureido-karate.com</p>
	<p>Sports Master Athletic International (SMAI) 96-119 Jardine St, Fairy Meadow, NSW, 2519, AUSTRALIA Ph: +61 2 42834363 Fax: +61 2 42855512 E-mail: info@smi.com.au www.smai.com.au</p>
	<p>TOKAIDO INTERNATIONAL G/FL., 13 Nanking Street Yaumatei, Kowloon, HONG KONG Phone: +49 911 98815 –11 Fax: +49 911 98815 – 99 E-mail: Dietmar.Nowak@DAX-Sports.com www.tokaido.eu</p>
	<p>TWIN TOWER ENTERPRISE CORP. No. 168-13, Chyuan-shin Lii, Shin-huah, Tainan, TAIWAN Tel: +886-6-598-2133 Fax: +886-6-597-0840 E-mail: twitower@ms43.hinet.net www.wacoku.com</p>
	<p>WESING Fujian Weizhixing Sports Goods Co., Ltd. Binjiang Industrial Park, Xiamei Town, Nan'an City, Fujian Province 362302, CHINA Tel: +86-595-2688 9696 Fax: +86-595-8675 6390 E-mail: info@wesingsports.com www.wesingsports.com</p>

For further information concerning the WKF homologated items please visit:
<https://www.wkf.net/karateprotections/>

WKF APPROVED COMPANIES

TATAMI	
BRAND	CONTACT INFORMATION
 <p>PROGNME TATAMI BY TROCELLEN</p>	<p>TROCELLEN Italia S.p.A. Via Schiavonesca Nuova 8 31040 Volpago del Montello (TV) Italy Phone: +39 0423 8735 Fax :+39 0423 621434 Email: lcodato@trocellen.com www.progame-tatami.com</p>
 <p>Tatamix[®]</p>	<p>TATAMIX srlcr Via Don Pedrinelli 48 24030 Carvico (BG) Italy Phone: +39 039 6888492 Fax:+39 035 4362212 Email: info@tatamix.it www.tatamix.it</p>
 <p>TaiShan</p>	<p>TAISHAN SPORTS EQUIPMENT Co., Ltd No.8 Tiyuguan Road,Dongcheng District,Beijing, China Phone: +86-10-84985396 Email: wadezhang@taishansports.com www.taishansports.cn</p>
 <p>WESING</p>	<p>WESING Fujian Weizhixing Sports Goods Co., Ltd. Binjiang Industrial Park, Xiamei Town, Nan'an City, Fujian Province 362302, China Phone: +86-595-2688 9696 Fax: +86-595-8675 6390 E-mail: info@wesingsports.com www.wesingsports.com</p>
 <p>ishii</p>	<p>ISHII CHEMICALS INDUSTRY Co., Ltd. 1-10-8, Ryoke, Kawaguchi-city, Saitama 332-0004 Japan Phone: +81048-223-5148 Fax: +81048-224-3467 E-mail: ikk@ishiikasei.co.jp http://www.ishiikasei.co.jp/ishiikasei.htm</p>

6.5 Venue: Pabellón Multiusos de Guadalajara



Address: Avenue El Vado, 13 19005 Guadalajara



It is located 4 km away from HQ Hotel with direct access from the highway A2.

It has enough rooms and equipment for the development of competition.

FACILITIES:

- *Multi-purpose court, 48,5m x 49m., which can be turned into two sports courts of 20m x 40m with laminate flooring.*
- *Indoor cycling room*
- *Weight training room 25m x 10m*
- *Keep-fit room*
- *Fencing room*
- *Anti-doping room*
- *VIPboxes*
- *Changing rooms and first aid supplies*
- *Stands with seating for 5.000 people*



6.6 Tickets

For attending the competition for the 4 days, a '4 days Pass' is required.

The price for the '4 days Pass' is 40 Euros.

We inform you that tickets for the next European Senior Championships are already on sale. You can acquire them through the following link:

<https://www.marcaentradas.com/eventos/deportes/entradas-campeonato-de-europa-karate-senior/ciclo/497-54-ordm-campeonato-de-europa-senior-54th-ekf-senior-championships/4625-abonos-54-ordm-campeonato-de-europa-senior-karate-54th-ekf-senior-championships>

In case you want an amount of more than 6 tickets, you have available the "Private Sale of tickets" that works as follows:

You must send an email to:

europankarate2019@marcaentradas.com

- Subject: Ticket Request - _____ (*please, indicate the name of your Club, National Delegation, etc.*)
- Message body:
 - Entity name:
 - Responsible name:
 - Number of tickets you request:
 - Phone contact:

The EKF will only provide accreditations in accordance with EKF Organizing Rules.

6.7 Training Facilities – Bookings

The OC will provide the National Federations, who submit the relevant applications in due time, with a place and time for training. The application must be **received before 15th February 2019**.

Transportation to the training area will only be available from the official hotels.

For organizing and booking the transport from the hotel to the training facilities, you can contact the Official Travel Agency at: karate2019@viajeseci.es

For booking the Training Facilities, please contact the OC: rfek@rfek.es

Please fill the training application form at the end of the bulletin.

First come first serve policy will apply.



7 Registrations

7.1.1 Online Registration - General information for all athletes

Online registration can be made from 28th December 2018 until 14th March 2019 under the following link:

Online registration will be on the link: https://www.sportdata.org/wkf/set-online/veranstaltung_info_main.php?active_menu=calendar&vern=254#a_eventhead

7.1.2 Onsite Registration & Accreditations

The registration session will take place at the HQ Hotel on Wednesday 27th March from 10:00 to 15:00.

A “fast lane” will be available for countries with no changes to their online registration and having already paid the corresponding fees. Countries failing to meet these requirements are likely to have longer waiting times.

Each participating country is requested to provide 2 national flags and a CD with the national anthem during registration.

7.1.3 Specific information for Para-Karate athletes

Registration

The registration is done via Sportdata on https://www.sportdata.org/wkf/set-online/veranstaltung_info_main.php?active_menu=calendar&vern=258#a_eventhead

The registration can only be confirmed if the Medical Diagnosis Form (MDF) and consent form are submitted by email to the EKF Headquarters at ekf@ekf.com.es

Medical Diagnostic Forms and Consent Form

The necessary certificates can be found in the following links:

Wheelchair Athletes: https://www.wkf.net/pdf/mdf_Wheelchair.pdf

Visually Impaired: https://www.wkf.net/pdf/mdf_Athletes_Visual_Impairments.pdf

Intellectually Impaired: https://www.wkf.net/pdf/mdf_Intellectually_Impaired_Athletes.pdf

Please note:

Unless there has been a change in health, athletes of the category Wheelchair Athletes and Visually Impaired may reuse the MDF of the World Championships if they have participated in the World Championships.

However, the MDF for Intellectual Impairments has changed. Together with the MDF, a Diagnosis Report has to be delivered by a **registered Medical Psychologist**.

Athlete Evaluation Consent Form:

https://www.wkf.net/pdf/Athlete_Evaluation_Consent_Form.pdf



Coaches

Three coaches can be registered for Para-Karate per Nation.

Every Para-Karate athlete can be accompanied by a personal assistant during their performance in the field of play.

Coach and assistants accompanying Para-Karate athletes MUST register together with their delegation at the onsite registration session (Wednesday 27th March from 10:00 to 15:00 at HQ Hotel).

Para-Karate athletes per category

Every nation has the opportunity to register three Para-Athletes per category. In total, 18 athletes can be called by each nation.

In each category, at least four athletes must be registered. Otherwise the competition for the concerned category will not take place. Please note that there will be no merging of categories.

Classification Session

Classification in Para-Karate consists in an extra point compensation depending on the influence of the particular impairment when performing the Kata. Detailed information can be found in the Para-Karate regulations: <https://www.wkf.net/pdf/rules/WKF-Para-Karate-Rules.pdf>

Please, check the rules to ensure that the athlete presents at least one of the mentioned eligible impairments which have to be proven by the MDF.

Registered Para-Karate athletes must present themselves for a mandatory onsite Classification Session performed by qualified personnel before the championships. The Classification Session will therefore be performed on Thursday 28th March from 10.00h to 18.00h in Sala 2. A timetable for the session will be published while registration.

Attendance to the Classification Session is obligatory, without a participation in the such event it is not possible to take part in the championships.

Following documents have to be provided at the classification session:

- Accreditation of the athlete
- ID card or Passport of the athlete
- Original MDF as provided prior with the registration
- Diagnostic Report as described in the MDF for Intellectual Impairments as provided with the registration

All athletes must use the same sportswear and equipment for classification as they use during competitions.

Concerning athletes with visual impairments, no extra testing will be performed during the classification session. Nevertheless, the athletes have to show up to the classification with the documents mentioned above for verification of their disability. Extra points will be given based on the Medical Diagnostic Form.



Rules

WKF Para-Karate Rules in force will apply, for more information, please visit:
<https://www.wkf.net/pdf/rules/WKF-Para-Karate-Rules.pdf>

NEW RULES will be published soon!

Anti-Doping

In compliance with WKF Anti-Doping Rules and WADA, Para-Karate athletes will be subject to any eventual testing. In any Para-Karate athlete would need a Therapeutic Use Exemptions (TUE), please contact your National Anti-Doping Organization for further details and recognition. The duly recognized TUE at national level will then have to be duly communicated to the WKF.

7.1.4 Media / Press

Press accreditations will only be issued to professional journalists working for a bona fide mass media who are able to present proof of their credentials.

The link for online registration of press is: https://www.sportdata.org/wkf/set-online/veranstaltung_info_main.php?active_menu=calendar&vern=254#a_eventhead

The EKF owns all the rights pertaining to TV issues of the European Karate Championships.

8 Additional Information

8.1 VISA Requirements for foreign citizens

Entry visa is required of nationals of third countries included on the list of countries whose nationals must be in possession of a visa when crossing the external borders, unless in possession of a valid residence permit or a valid long-term visa issued by another Member State.

It is therefore strictly recommended to submit your request to the Spanish Karate Federation as soon as possible, but no later than 30th January 2019.

Spanish Karate Federation

Vicente Muzas Street, 4 – Mezzanine

28043 Madrid.

☎ +34 91 535 95 87 Fax, +34 91 534 54 90 e-mail: rfek@rfek.es

List of nationals of third countries required to be in possession of a valid visa:
<http://www.exteriores.gob.es/Portal/es/ServiciosAlCiudadano/InformacionParaExtranjeros/Documentos/listapaisesvisado.pdf>



For additional information you can visit official website of the Ministry of Foreign Affairs:
<http://www.exteriores.gob.es/Portal/en/ServiciosAlCiudadano/InformacionParaExtranjeros/Paginas/RequisitosDeEntrada.aspx>

Please submit your request before 30th January 2019 in order to provide you with the paperwork with sufficient time. Should your request arrive after this deadline, the Spanish Karate Federation does not guarantee visa obtaining for team members and team officials.

8.2 Opening Hours (Shops / Pharmacies)

Opening Hours in Guadalajara are the following:

Opening times: Most of the shops and shopping centres are open from 10.00 to 20.30 or 21.30 in the evening. Traditional shops open from 10.00 to 14.00 hours and from 16.30 to 20.30 hours.

How to pay: Most people pay in cash or with a credit card, when you must show your passport or identity card.

Tax free: Residents from outside the European Union are entitled to have Value Added Tax (IVA) refunded on purchases of more than €90.

8.3 Currency

Spanish currency is the Euro (€).

Currency Converter Link: <http://www.xe.com/en/currencyconverter/>

8.4 Electricity

In Spain the power sockets are of types C and F. The standard voltage is 230 V and the frequency is 50 Hz

8.5 Language

Official language in Spain is Spanish. All representatives of OC speak English. Local population also speak basic English.

8.6 Time

CET / GMT+1

8.7 Weather

March - April usually do some pleasant and warm days, but nothing is guaranteed. Mainly sunny and dry days. The average maximum temperature in Guadalajara in March is 14°C and the average minimum temperature is 3°C.

8.8 Insurance

In compliance with WKF Rules, it is obligatory for all the participants and members of the participating delegations have their own medical and personal trip insurance. The Spanish Karate Federation and the European Karate Federation as well as the Organizing Committee assume no liability or responsibility for the lack of insurance from participants and members of the delegations. The head of the delegations have to sign the enclosed terms of responsibility and return it by 15th of January 2019 the latest.



8.9 Communication

To call Spain from abroad you have to dial the international code 00, followed by the Spanish country code 34. Dial the following number without the first 0.

Example: 00 34 91 070 2009. The same is for calls from overseas.

8.10 Important Phone Numbers

112/092 – Emergencies / Ambulance (SAMUR)

091 – Police

9 Reservation Forms

9.1 Training Area Form

National Federation:			
Hotel:			
Contact Person:			
Mobile			
Email			
Tuesday	08:00 – 10:00	Wednesday	08:00 – 10:00
Tuesday	10:00 – 12:00	Wednesday	10:00 – 12:00
Tuesday	12:00 – 14:00	Wednesday	12:00 – 14:00
Tuesday	16:00 – 18:00	Wednesday	16:00 – 18:00
Tuesday	18:00 – 20:00	Wednesday	18:00 – 20:00
Number of competitors			

The deadline to finalize the booking will be on **February 15th, 2019**.

Send back the form to: rfek@rfek.es



9.2 Transfer Service Form

Transportation from the official hotels to the sports center will be arranged for all Participants.

Transportation from Madrid airport / Train Station to the official hotels:

TYPE OF VEHICLE	MAXIMUM CAPACITY	From Airport / Atocha Train Station (Madrid)	From Airport / Atocha Train Station (Madrid)	From Airport / Atocha Train Station (Madrid)
		to hotels at Guadalajara	to hotels at Azuqueca de Henares	to hotels at Alcala de Henares
SKODA SUPERB	4	100,00 €	85,00 €	80,00 €
MERCEDES VIANO	7	175,00 €	150,00 €	120,00 €
SPRINTER	8	200,00 €	170,00 €	135,00 €
BUS 50 Seats	50	350,00 €	335,00 €	322,00 €
BUS 25 Seats	25	328,00 €	315,00 €	302,00 €
BUS 19 Seats	19	328,00 €	315,00 €	302,00 €

Notes:

For cars and van night time from 21:00 to 07:00. The prices increases in 20%.

Prices extra hour:

SKODA SUPERB	MERCEDES VIANO	SPRINTER	BUS 50 Seats	BUS 25 Seats	BUS 19 Seats
45,00 €	64,00 €	74,00 €	75,00 €	76,00 €	76,00 €

The transportation will be arranged according to the number of participants in your delegation.

In case you require any extra service, please contact the organizers.

Shuttles on an hourly basis between the hotel and the venue will be free of charge for the teams staying in the official hotels.

For book the transfer service, you can contact with the Official Travel Agency: karate2019@viajeseci.es, before 15th February.



National Federation	
Responsible Person	
Mobile	
Email	
Hotel Selection	

Arrival date 1		Arrival date 2	
Arrival time		Arrival time	
Arrival flight number		Arrival flight number	
City of departure		City of departure	
Number. of persons		Number of persons	
Departure date 1		Departure date 2	
Departure time		Departure time	
Departure flight number		Departure flight number	
City of destination		City of destination	
Number of persons		Number of persons	
Request Dinner in Hotel	YES		NO



9.3 Catering Form

- The Spanish Karate Federation will provide meals for delegations wishing to have **lunch at the venue**, during the three days of the competition
- The price is **18 euros per head per meal**.
- There is availability of a limited number of tickets for meals at the Sports Hall.
- Tickets will be available for sale to **deadline 10th March** the latest.
- The lunch voucher will be delivered at the Registration room.
- Please, take note that, after 10th March it will not possible to acquire the lunch vouchers. And, it will not be able to purchase them during the Championships.

For pre-purchase, fill up the following booking form.

FEDERATION:				
CONTACT PERSON:				
PHONE NUMBER:				
E-MAIL:				
Date	Number		Price	Total
Thursday 28th March		x	18 €	_____ €
Friday 29th March		x	18 €	_____ €
Saturday 30th March		x	18 €	_____ €
Sunday 31st March		x	18 €	_____ €

PAYMENT AND CANCELLATION POLICY

BENEF. REAL FEDERACION ESPAÑOLA DE KARATE
 BANK: CAIXA
 IBAN: ES78 2100 6703 6122 0071 4612
 SWIFT: CAIXESBBXXX

- ✓ Reference: CATERING + National Federation
- ✓ Essential: **Copy of the bank transfer and the booking form filled by email:**
rfek@rfek.es
 Bank transfer costs will be supported by the sender.

Please, take note that the 100% deposit will be compulsory to confirm the service.

Cancellation policy:

Before 9th March	No cancellation fee
From 10th March onwards	100% cancellation fee



9.4 Terms of responsibility

Terms of responsibility

To be filled, signed and sent back before 15th of January 2019

I,

The undersigned, as the Chief of Delegation of my country, duly enrolled to participate in the 54th European Senior Karate Championships, which will be held in Guadalajara, Spain, from 28th to 31st of March 2019, with full knowledge of the Statutes, the Rules and the Norms of the EUROPEAN KARATE FEDERATION, pledge myself to faithfully accomplish the regulations of this before mentioned entity.

I take any and all administrative, civil and criminal responsibilities of whatever happens to our athletes, coaches and other members of our delegation participating in this championship, before, during and after the competition, such as physical injuries, personal expenses, or monetary debts and casual material damages to the hotels, the venue, means of transportation etc.

Furthermore, I exempt from any legal, civil or criminal responsibilities the organizers of the Championships, the EKF and the Karate Federation of Spain, its directors, as well as any person, company, or entity related to the event (sponsors, public and private entities). I authorize the organizers of the event to use images, photos and the names of our competitors and other members of our delegation (since it is considered necessary) for the sport activities and publications of karate, related to the event, without monetary compensation.

Country/ Nation:

Surname, First Name:

Passport number & expiration date:

Credit card number & expiration date:

Federation position:

Address:

Phone: Email:

Date & place:

Signature:

Fill in, stamp, sign and send to: rfek@rfek.es



10 Contact details

10.1 Spanish Karate Federation

Address: Vicente Muzas Street , 4 mezzanine
28043 Madrid

Tel/Fax: +34 915 35 95 87

e-mail: rfek@rfek.es