## PERILS OF parception $2020=$ cAUSES © <br> (i)

These are the latest findings from Ipsos' Perils of Perception survey. The survey was conducted in 32 countries and asked people what they think are the main causes of death in their country.

For the purpose of the study, the main source of 'actual' data for causes of death around the world is the Institute for Health Metrics and Evaluation (IHME) Global Burden of Disease (GBD) database for 2017.

## cAUSES OF DEATH AROUND tHE WORLD

## Across all countries, cardiovascular diseases and cancer are the biggest cause of death across all ages

When combined they account for around half of all deaths across the 32 countries in the study.


Across all countries people on average underestimate the proportion of deaths from cardiovascular diseases and cancer.

And the public tend to overestimate how many people die from transport injuries, terrorism, interpersonal violence and substance use disorders such as drug and alcohol addiction.


## Across all countries

 people on average underestimate the proportion of deaths from cardiovascular diseases and cancer.And the public tend to overestimate how many people die from transport injuries, terrorism, interpersonal violence and substance use disorders such as drug and alcohol addiction.

| Causes |
| :--- |
| Cardiovascular diseases such as heart disease |
| Cancer |
| Lowrological disorders respiratory infections such as pneumonia |
| Chronic respiratory diseases such as asthma |
| Digestive diseases |
| Diabetes and kidney diseases |
| HIV/AIDS and sexually transmitted infections |
| Accidental deaths such as drowning |
| Terrorism and conflict |
| Suicide |
| Interpersonal violence |


| Avg <br> guess | Actual |
| :---: | :---: |
| 10.7 | 32.0 |
| 14.7 | 23.6 |
| 5.4 | 8.8 |
| 5.4 | 6.1 |
| 5.8 | 5.4 |
| 5.7 | 4.5 |
| 6.9 | 5.2 |
| 5.1 | 1.3 |
| 7.0 | 2.9 |
| 4.8 | 0.1 |
| 7.3 | 1.6 |
| 7.9 | 1.0 |
| 7.5 | 0.7 |
| 10.0 | 2.0 |

[^0]Among 15-49 year olds, cancer is the biggest cause of death, followed by cardiovascular diseases and suicide.

Across the 32 countries in the study, a quarter of 1549 year olds die as a result of cancer. Cardiovascular disease and suicide account for 16\% and 12\% of deaths respectively.

| Causes |
| :--- |
| Cancer |
| Cardiovascular diseases such as heart disease |
| Suicide |
| Transport injuries |
| Accidental deaths such as drowning |
| Digestive diseases |
| Interpersonal violence |
| Substance use disorders |
| HIV/AIDS and sexually transmitted infections |
| Lower respiratory infections such as pneumonia |
| Diabetes and kidney diseases |
| Neurological disorders |
| Chronic respiratory diseases such as asthma |
| Terrorism and conflict |

\% actual causes of death - people aged 15-49 (avg. across all countries)


## On average people also underestimate the proportion of 15-49 year olds who die from cancer and <br> cardiovascular disease each year.

And they overestimate the proportion who die as a result of interpersonal violence such as murder, substance use disorders and HIV and STIs.

| Causes |
| :--- |
| Cancer |
| Cardiovascular diseases such as heart disease |
| Suicide |
| Transport injuries |
| Accidental deaths such as drowning |
| Digestive diseases |
| Interpersonal violence |
| Substance use disorders |
| HIV/AIDS and sexually transmitted infections |
| Lower respiratory infections such as pneumonia |
| Diabetes and kidney diseases |
| Neurological disorders |
| Chronic respiratory diseases such as asthma |
| Terrorism and conflict |



Please see http://perils.ipsos.com/for full details of all sources.
I/ndicates a value higher than 0 but less than 0.5

On average people also underestimate the proportion of 15-49 year olds who die from cancer and
cardiovascular disease each year.

And they overestimate the number who die as a result of interpersonal violence such as murder, substance use disorders and HIV and STIs.

| Too Iow | \% point diff. between avg. guess \& actual | Too high | Avg guess | Actual |
| :---: | :---: | :---: | :---: | :---: |
| -10 |  |  | 12.9 | 23.2 |
|  | -6 |  | 9.2 | 15.4 |
|  | -3 |  | 8.9 | 11.5 |
|  | 0 ] |  | 5.4 | 5.6 |
|  | +1 |  | 7.6 | 6.7 |
|  | +1 |  | 11.0 | 9.7 |
|  | +2 |  | 5.3 | 3.6 |
|  | +2 |  | 5.8 | 3.7 |
|  | +3 |  | 4.6 | 1.8 |
|  | +4 |  | 8.6 | 4.9 |
|  | +4 |  | 6.3 | 2.7 |
|  | +4 |  | 5.4 | 1.5 |
|  | +5 |  | 9.2 | 4.5 |
|  | +5 |  | 5.3 | 0.4 |

There is a wide variation in actual and estimated causes of death across the 32 countries in the study.


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## cAUSES OF DEATH:

DISEASES AND INFEGTIONS

## Q. Out of every 100 deaths in [COUNTRY] about many are a result of cancer?

The majority of countries in the study underestimate the proportion of people who die from cancer each year

| Country |
| :--- |
| Philippines |
| India |
| Russia |
| South Africa |
| Saudi Arabia |
| Romania |
| Mexico |
| Malaysia |
| Brazil |
| Japan |
| United States |
| Sweden |
| Germany |
| Italy |
| Peru |
| Colombia |
| Hungary |
| China |
| United Kingdom |
| Turkey |
| Poland |
| Belgium |
| Spain |
| Singapore |
| Argentina |
| Chile |
| Australia |
| Canada |
| Netherlands |
| South Korea |
| France |
| Hong Kong SAR China |

Avg.

| Avg. <br> guess | Actual |
| ---: | ---: |
| 12.1 | 11.9 |
| 8.2 | 9.4 |
| 13.8 | 15.9 |
| 8.1 | 10.2 |
| 10.3 | 12.5 |
| 16.3 | 19.6 |
| 9.8 | 13.7 |
| 9.4 | 16.4 |
| 11.1 | 18.2 |
| 22.8 | 30.2 |
| 16.6 | 24.5 |
| 17.8 | 26.2 |
| 17.4 | 26.7 |
| 19.7 | 29.0 |
| 10.4 | 20.1 |
| 10.1 | 19.9 |
| 15.9 | 26.3 |
| 14.5 | 24.9 |
| 18.9 | 29.6 |
| 12.3 | 23.1 |
| 16.9 | 27.7 |
| 16.6 | 28.3 |
| 16.0 | 27.8 |
| 15.6 | 27.5 |
| 18.6 | 30.8 |
| 10.2 | 22.3 |
| 14.7 | 26.8 |
| 17.1 | 29.4 |
| 17.4 | 30.9 |
| 19.7 | 34.1 |
| 16.2 | 30.9 |
| 16.2 | 31.5 |
|  |  |

Q. Out of every 100 deaths in [COUNTRY] about many are a result of cardiovascular diseases such as heart disease, strokes or heart failure?

Every country in the study underestimates the number of people who die from Cardiovascular diseases such as heart disease each year.

| Country | Too low | \% actual causes of death | Too high |
| :---: | :---: | :---: | :---: |
| South Africa |  | -9 |  |
| Hong Kong SAR China |  | -9 |  |
| Peru |  | -13 $\square$ |  |
| Netherlands |  | -13 $\square$ |  |
| South Korea |  | -14 $\square$ |  |
| France |  | -15 |  |
| Japan |  | -16 $\square$ |  |
| Canada |  | -16 $\square$ |  |
| Mexico |  | -17 $\square$ |  |
| United Kingdom |  | -17 $\square$ |  |
| Chile |  | -17 $\square$ |  |
| Belgium |  | -18 $\square$ |  |
| Australia |  | -18 $\square$ |  |
| Singapore |  | -19 $\square$ |  |
| India |  | -19 $\square$ |  |
| United States |  | -19 $\square$ |  |
| Spain |  | $-20 \square$ |  |
| Sweden |  | $-20 \square$ |  |
| Philippines |  | $-21 \square$ |  |
| Brazil |  | $-21 \square$ |  |
| Colombia |  | -22 $\square$ |  |
| Argentina |  | $-23 \square$ |  |
| Saudi Arabia |  | -23 $\square$ |  |
| Germany |  | -24 $\square$ |  |
| Italy |  | $-24 \square$ |  |
| Malaysia |  | -26 |  |
| Turkey |  | -28 $\square$ |  |
| Poland |  | $-30 \square$ |  |
| China |  | -30 $\square$ |  |
| Hungary |  | -32 $\square$ |  |
| Russia | -42 |  |  |
| Romania | -44 | -2 |  |

Avg.
Avg.

guess $\quad$ Actual | 7.2 | 16.1 |
| ---: | ---: |
| 11.6 | 20.6 |
| 6.8 | 19.6 |
| 13.6 | 26.7 |
| 7.9 | 22.3 |
| 11.6 | 26.9 |
| 11.3 | 26.8 |
| 12.5 | 28.9 |
| 6.2 | 22.7 |
| 11.9 | 29.0 |
| 9.3 | 26.6 |
| 11.7 | 29.6 |
| 12.4 | 30.5 |
| 12.3 | 31.1 |
| 7.8 | 26.6 |
| 12.2 | 31.6 |
| 9.5 | 29.7 |
| 16.7 | 37.2 |
| 11.5 | 32.6 |
| 7.7 | 28.8 |
| 7.3 | 29.0 |
| 8.9 | 31.8 |
| 10.1 | 37.6 |
| 14.1 | 33.4 |
| 10.5 | 34.8 |
| 9.0 | 34.7 |
| 8.6 | 36.4 |
| 12.5 | 42.8 |
| 11.4 | 41.9 |
| 14.7 | 46.9 |
| 12.5 | 54.5 |
| 11.6 | 55.5 |
|  |  |

Q. Out of every 100 deaths in [COUNTRY] about many are a result of neurological disorders such as dementia or Parkinson's disease?

Several countries also underestimate the proportion of people who die from neurological disorders such as dementia or Parkinson's disease.

| Country | Too low | \% actual causes of death | Too high |
| :---: | :---: | :---: | :---: |
| India |  | +2 |  |
| Hong Kong SAR China |  | $\square+2$ |  |
| South Africa |  | $\square+2$ |  |
| Saudi Arabia |  | -1 |  |
| Philippines |  | -1 |  |
| China |  | - +0 |  |
| Malaysia |  | I +0 |  |
| Brazil |  | $-1 \square$ |  |
| Hungary |  | $-1 \square$ |  |
| Russia |  | -1 |  |
| Mexico |  | $-2 \square$ |  |
| Romania |  | -2 |  |
| Argentina |  | $-2 \square$ |  |
| Singapore |  | -3 $\square$ |  |
| Colombia |  | -3 $\square$ |  |
| Poland |  | -3 |  |
| Peru |  | -3 |  |
| Germany |  | -4 $\square$ |  |
| Netherlands |  | $\square$ |  |
| Turkey |  | $\square$ |  |
| Chile |  | - |  |
| Belgium |  | - |  |
| United States |  |  |  |
| United Kingdom |  | $\pm 2$ |  |
| Canada |  | 2 |  |
| South Korea |  |  |  |
| Australia |  | - |  |
| Sweden |  |  |  |
| Italy |  |  |  |
| Spain |  |  |  |
| France |  |  |  |
| Japan | -11 | $\square$ |  |

Avg. guess

| guess | Actual |
| ---: | :---: |
| 4.7 | 2.7 |
| 6.2 | 3.8 |
| 4.5 | 3.0 |
| 5.8 | 4.7 |
| 4.3 | 2.9 |
| 6 | 5.6 |
| 4.5 | 4.4 |
| 5.6 | 6.8 |
| 5.4 | 6.8 |
| 3.8 | 5.3 |
| 4.1 | 5.8 |
| 4.7 | 6.6 |
| 4.5 | 6.8 |
| 6.6 | 9.4 |
| 4.8 | 7.7 |
| 5.5 | 8.7 |
| 5.2 | 8.4 |
| 7.4 | 11.0 |
| 7.9 | 12.0 |
| 3.6 | 7.8 |
| 4.8 | 9.2 |
| 6.8 | 11.7 |
| 5.7 | 10.8 |
| 7.3 | 12.7 |
| 5.4 | 11.4 |
| 5.5 | 12.2 |
| 5.7 | 12.4 |
| 5.8 | 12.7 |
| 5.6 | 13.7 |
| 5.6 | 14.5 |
| 5.2 | 14.5 |
| 4.8 | 16.0 |
|  |  |
|  |  |

Q. Out of every 100 deaths in [COUNTRY] about many are a result of HIV/AIDS or sexually transmitted infections (STIs)?

Nearly every country in the study overestimates the proportion of deaths resulting from HIV/AIDS or STIS

| Country | Too low | \% actual causes of death | Too high |
| :---: | :---: | :---: | :---: |
| Philippines |  | +7 |  |
| Chile |  | +7 |  |
| Colombia |  | +6 |  |
| Peru |  | +6 |  |
| Romania |  | +5 |  |
| Argentina |  | +5 |  |
| Malaysia |  | +5 |  |
| Singapore |  | +5 |  |
| Hong Kong SAR China |  | +5 |  |
| Mexico |  | +5 |  |
| China |  | +5 |  |
| Spain |  | +5 |  |
| Brazil |  | +5 |  |
| India |  | +5 |  |
| Italy |  | +5 |  |
| Germany |  | +5 |  |
| Russia |  | +5 |  |
| France |  | +5 |  |
| Belgium |  | +4 |  |
| Poland |  | +4 |  |
| United States |  | +4 |  |
| Turkey |  | +4 |  |
| Netherlands |  | +4 |  |
| Hungary |  | +4 |  |
| Australia |  | +4 |  |
| Canada |  | +3 |  |
| United Kingdom |  | +3 |  |
| South Korea |  | +3 |  |
| Japan |  | +3 |  |
| Sweden |  | +2 |  |
| South Africa | -18 | - |  |
|  | Please see http | tails of all sources. |  |

Avg. guess

| guess | Actual |
| ---: | :---: |
| 7.9 | 0.9 |
| 7.4 | 0.5 |
| 7.1 | 1.2 |
| 7.7 | 1.9 |
| 5.2 | 0.1 |
| 6.1 | 0.6 |
| 6.2 | 1.0 |
| 5.4 | 0.2 |
| 4.9 | 0.0 |
| 5.8 | 0.9 |
| 5.3 | 0.4 |
| 5.1 | 0.2 |
| 6.1 | 1.3 |
| 5.5 | 0.7 |
| 4.8 | 0.1 |
| 4.6 | 0.1 |
| 5.6 | 1.1 |
| 4.5 | 0.1 |
| 4.7 | 0.1 |
| 4.3 | 0.0 |
| 4.4 | 0.3 |
| 3.9 | 0.1 |
| 3.7 | 0.0 |
| 3.6 | 0.0 |
| 3.6 | 0.1 |
| 3.4 | 0.1 |
| 2.9 | 0.1 |
| 2.7 | 0.1 |
| 2.6 | 0.0 |
| 1.8 | 0.0 |
| 10.8 | 28.8 |
|  |  |

## cAUSES OF DEATH: GONFLIGTJ TERRORISM VIOLENGE


Q. Out of every 100 deaths in [COUNTRY] about many are a result of interpersonal violence such as homicide/murder?

People overestimate the proportion of deaths by interpersonal violence (murder/homicide).

| Country | Too low | \% actual causes of death | Too high |
| :---: | :---: | :---: | :---: |
| Peru |  |  |  |
| Argentina |  |  |  |
| Hong Kong SAR China |  | - |  |
| Turkey |  | $\square$ |  |
| Mexico |  |  |  |
| Italy |  | - |  |
| South Africa |  | +8 |  |
| Spain |  | +8 |  |
| Chile |  | +8 |  |
| United States |  | +8 |  |
| Romania |  | $+7$ |  |
| Sweden |  | +7 |  |
| Brazil |  | +7 |  |
| Australia |  | +7 |  |
| Germany |  | +6 |  |
| France |  | +6 |  |
| Russia |  | +6 |  |
| India |  | +6 |  |
| Hungary |  | +6 |  |
| Malaysia |  | +6 |  |
| Canada |  | +6 |  |
| South Korea |  | +6 |  |
| Belgium |  | +5 |  |
| China |  | +5 |  |
| Poland |  | +5 |  |
| Japan |  | +5 |  |
| Philippines |  | +5 |  |
| United Kingdom |  | +5 |  |
| Colombia |  | +5 |  |
| Singapore |  | +4 |  |
| Netherlands |  | +4 |  |
|  | Please see hitp:/ | ails of all sources. |  |


| Avg. guess | Actual |
| :---: | :---: |
| 13.5 | 0.8 |
| 13.3 | 0.8 |
| 12.3 | 0.1 |
| 10.4 | 0.4 |
| 15.4 | 6.1 |
| 9.2 | 0.1 |
| 11.5 | 3.3 |
| 7.8 | 0.1 |
| 8.3 | 0.7 |
| 8.2 | 0.7 |
| 7.5 | 0.2 |
| 7.4 | 0.1 |
| 12.0 | 4.7 |
| 6.9 | 0.2 |
| 6.5 | 0.1 |
| 6.0 | 0.1 |
| 7.0 | 1.2 |
| 6.2 | 0.4 |
| 5.9 | 0.1 |
| 6.0 | 0.4 |
| 5.8 | 0.2 |
| 5.8 | 0.2 |
| 5.6 | 0.1 |
| 5.5 | 0.1 |
| 5.2 | 0.2 |
| 4.9 | 0.1 |
| 7.2 | 2.4 |
| 4.8 | 0.1 |
| 11.1 | 6.4 |
| 4.6 | 0.1 |
| 4.4 | 0.1 |

## Q. Out of every 100 deaths in [COUNTRY] about many are a result of terrorism and conflict?

In every country people overestimate the proportion of people killed by terrorism and conflict.

| Country | Too low | \% actual causes of death | Too high | guess | Actual |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Colombia |  | +1 |  | 10.9 | 0.1 |
| Turkey |  | +9 |  | 9.3 | 0.7 |
| Philippines |  | +8 |  | 8.0 | 0.0* |
| Mexico |  | +8 |  | 6.3 | 0.0* |
| India |  | +6 |  | 6.1 | 0.0* |
| Chile |  | +6 |  | 5.5 | 0.0* |
| Hong Kong SAR China |  | +6 |  | 5.6 | 0.0* |
| Malaysia |  | +5 |  | 5.4 | 0.0* |
| Peru |  | +5 |  |  |  |
| Spain |  | +5 |  | 5.1 | 0.0* |
| Russia |  | +5 |  | 5.1 | 0.0* |
| Brazil |  | +5 |  | 4.9 | 0.0* |
| France |  | +5 |  | 4.6 | 0.0* |
| South Africa |  | +5 |  | 4.6 | 0.0* |
| United Kingdom |  | +5 |  | 4.5 | 0.0* |
| Belgium |  | +4 |  | 4.4 | 0.0* |
| Germany |  | +4 |  | 4.4 | 0.0* |
| United States |  | +4 |  | 4.4 | 0.0* |
| Italy |  | +4 |  | 4.3 | 0.0* |
| Sweden |  | +4 |  | 4.2 | 0.0* |
| China |  | +4 |  | 4.0 | 0.0* |
| Australia |  | +4 |  | 4.0 | 0.0* |
| Saudi Arabia |  | +4 |  | 6.6 | 2.7 |
| Romania |  | +4 |  | 3.8 | 0.0* |
| Argentina |  | $+4$ |  | 8 |  |
| Netherlands |  | +3 |  | 3.7 | 0.0* |
| South Korea |  | +3 |  | 3.4 | 0.0* |
| Canada |  | +3 |  | 2.8 | 0.0* |
| Hungary |  | +2 |  | 2.4 | 0.0* |
| Singapore |  | +2 |  | 2.3 | 0.0* |
| Poland |  | - +2 |  | 2.2 | 0.0* |
| Japan |  | $\square+1$ |  | 1.2 | 0.0* |

# CAUSES OF DEATH: 

SUBSTANGE USE DISORDERS
Q. Out of every 100 deaths in [COUNTRY] about many are a result of substance use disorders such as drug or alcohol addiction?

All countries overestimate the proportion of deaths by alcohol and drug addiction.


## CAUSES OF DEATH: Sulculo

## Q. Out of every 100 deaths in [COUNTRY] about many are a result of suicide?

Every country in the study overestimates the proportion of people (of all ages) who commit suicide.


Avg.

| Avg. <br> guess | Actual |
| :---: | :---: |
| 10.9 | 2.1 |
| 9.9 | 1.8 |
| 8.7 | 0.7 |
| 8.7 | 1.0 |
| 8.9 | 1.7 |
| 7.8 | 1.1 |
| 11.8 | 5.1 |
| 7.4 | 0.9 |
| 8.0 | 1.8 |
| 6.7 | 0.7 |
| 7.2 | 1.2 |
| 7.7 | 1.8 |
| 7.7 | 2.0 |
| 6.4 | 0.7 |
| 6.9 | 1.2 |
| 6.7 | 1.1 |
| 6.3 | 0.8 |
| 7.1 | 1.7 |
| 6.7 | 1.3 |
| 6.3 | 0.9 |
| 6.8 | 1.5 |
| 6.4 | 1.3 |
| 6.6 | 1.5 |
| 6.2 | 1.1 |
| 7.5 | 2.5 |
| 6.6 | 1.9 |
| 6.3 | 1.7 |
| 6.7 | 2.1 |
| 5.8 | 1.4 |
| 5.7 | 1.4 |
| 5.7 | 1.7 |
| 5.7 | 2.4 |
|  | 2 |
|  | 2 |

## CAUSES OF DEATH: <br> TRANSPORT INJURIES

Q. Out of every 100 deaths in [COUNTRY] about many are a result of transport injuries such as road accidents?

Every country overestimates the proportion of people who die in road accidents each year.

| Country | Too low | \% actual causes of death | Too high | guess | Actual |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Hong Kong SAR China |  | +1 |  | 10.8 | 0.3 |
| Japan |  | +9 |  | 10.9 | 2.1 |
| Australia |  | +8 |  | 9.9 | 1.8 |
| Philippines |  | +8 |  | 9.8 | 1.8 |
| Turkey |  | +8 |  | 8.7 | 0.7 |
| United Kingdom |  | +8 |  | 8.7 | 1.0 |
| United States |  | +7 |  | 8.9 | 1.7 |
| Brazil |  | +7 |  | 7.8 | 1.1 |
| South Korea |  | +7 |  | 11.8 | 5.1 |
| Spain |  | $+7$ |  | 7.4 | 0.9 |
| Italy |  | $+6$ |  | 6.7 | 0.7 |
| China |  | +6 |  | 7.2 | 1.2 |
| Chile |  | +6 |  | 7.7 | 1.8 |
| Belgium |  | +6 |  | 7.7 | 2.0 |
| Peru |  | +6 |  | 6.4 | 0.7 |
| Colombia |  | +6 |  | 6.9 | 1.2 |
| Mexico |  | +6 |  | 6.7 | 1.1 |
| Canada |  | +5 |  | 7.1 | 1.7 |
| South Africa |  | +5 |  | 6.7 | 1.3 |
| Romania |  | $+5$ |  | 6.3 | 0.9 |
| Sweden |  | +5 |  | 6.8 | 1.5 |
| Germany |  | +5 |  | 6.4 | 1.3 |
| Argentina |  | +5 |  | 6.6 | 1.5 |
| Saudi Arabia |  | +5 |  | 6.2 | 1.1 |
| Singapore |  | +5 |  | 7.5 | 2.5 |
| France |  | +5 |  | 6.6 | 1.9 |
| Poland |  | +5 |  | 6.3 | 1.7 |
| India |  | +5 |  | 6.7 | 2.1 |
| Malaysia |  | +4 |  | 5.8 | 1.4 |
| Netherlands |  | +4 |  | 5.7 | 1.4 |
| Hungary |  | +4 |  | 5.7 | 1.7 |
| Russia |  | +3 |  | 5.7 | 2.4 |
| Please see $\mathrm{http} / / / \mathrm{perils}$.ipsos.com/ for full details of all sources. |  |  |  |  |  |



When asked about the relative risks associated with death people select smoking, drug and alcohol use and high blood pressure as the main 'risk factors'.
Q. Out of every 100 deaths in [COUNTRY] - about how many can be linked to the following things ...


Although not directly comparable, figures from IHME GBD suggest that high blood pressure and smoking are the biggest risk factors for the countries in this study.

Causes

High blood pressure (deaths)

| Smoking and secondhand smoke |
| :--- |
| High blood sugar (deaths) |
| Air pollution (outdoor \& indoor) (deaths) |
| Obesity (deaths) |
| Alcohol use (deaths) |
| Diet low in fruits (deaths) |
| Diet low in vegetables (deaths) |
| Low physical activity (deaths) |
| Drug use (deaths) |
| Unsafe sex (deaths) |

\% linked to deaths - all ages (all countries)


## THE MISPERCEPTIONS INDEX



Misperception Index - who's most wrong?


## BIASES

## WInICH BLASES <br> NIGMT BE TMAVING AN INELUENCE ON PEOPLEVS GUESSESZ



## Overview of the things that could be influencing people's guesses

|  | \% saying they see most frequently in the news | \% saying they have been personally affected by | \% saying most unpleasant way to die | \% saying thing they have least control over | \% saying most likely to happen to them |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Transport injuries such as road accidents | 38\% | 45\% | 23\% | 30\% | 25\% |
| Interpersonal violence such as homicide/murder | 37\% | 14\% | 21\% | 17\% | 8\% |
| Terrorism and conflict | 35\% | 12\% | 26\% | 32\% | 7\% |
| Cancer | 29\% | 70\% | 40\% | 31\% | 31\% |
| Accidental deaths such as drowning, fires and falls | 22\% | 22\% | 27\% | 23\% | 14\% |
| Suicide | 19\% | 25\% | - | - | - |
| Cardiovascular diseases such as heart disease, strokes or heart failure | 13\% | 60\% | 12\% | 13\% | 24\% |
| Substance use disorders such as drug or alcohol addiction | 15\% | 35\% | 9\% | 8\% | 4\% |
| Diabetes or kidney diseases | 8\% | 58\% | 8\% | 9\% | 16\% |
| HIV/AIDS or sexually transmitted infections (STIs) | 7\% | 11\% | 16\% | 8\% | 3\% |
| Neurological disorders such as dementia or Parkinson's disease | 4\% | 33\% | 14\% | 17\% | 11\% |
| Chronic respiratory diseases such as asthma or chronic obstructive pulmonary disease (COPD) | 4\% | 40\% | 8\% | 7\% | 9\% |
| Lower respiratory infections such as pneumonia or tuberculosis | 3\% | 34\% | 5\% | 6\% | 8\% |
| Digestive system diseases such as cirrhosis or liver disease | 3\% | 28\% | 6\% | 6\% | 7\% |

## cAUSES OF DEATH:

 WHAT WE SEE UN THE NEWS
## ...and people say they see transport injuries, interpersonal violence and terrorism/conflict most frequently in the news



On average, the Internet and television are the most popular sources of news across all countries...

One in five ( $18 \%$ ) use social media for their main source of news while one in ten use mobile news apps (10\%) or radio (9\%).

Television
$\qquad$
Social media

Mobile News apps


Newspapers/magazines
$\qquad$

None of these
$\qquad$

## Across all countries


...but there is wide variation in where people get their news across countries.

In Russia four in ten (39\%) get most of their news online while in Hong Kong, SAR, China, the figure is 21\%.



People are most likely to have been personally affected by cancer, cardiovascular diseases and diabetes or kidney diseases

- Most mentions
$\square 2^{\text {nd }}$ most mentions
$\square 3^{r d}$ most mentions
\% saying they have been personally affected by (top choice)


## 

Cancer
Cardiovascular diseases such as heart disease, strokes or heart failure

Diabetes or kidney diseases

Transport injuries such as road accidents
Chronic respiratory diseases such as asthma or chronic obstructive pulmonary disease (COPD)
Substance use disorders such as drug or alcohol addiction
Lower respiratory infections such as pneumonia or tuberculosis
Neurological disorders such as dementia or Parkinson's disease
Digestive system diseases such as cirrhosis or liver disease

Suicide
Accidental deaths such as drowning, fires and falls
2










 Interpersonal violence such as homicide/murder Terrorism and conflict

HIV/AIDS or sexually transmitted infections (STIs)




## GAUSES OF DEATH:

WIMAT DO
PEOPLE
FEAR MOST

When asked what would be the most unpleasant way to die, people are most likely to say cancer, followed by an accident, terrorism, or transport injury

- Most mentions
- $2^{\text {nd }}$ most mentions
\% saying one of the 3 most unpleasant ways to die
- $3^{\text {rd }}$ most mentions



## CAUSES OF DEATH:

WIMAT DO WIE THINK WGE HAVIE LEAST CONTROL OVER $8_{3}$
WNHAT DO WIE TIIINIK IS MOST LIKKELY TO MAPPEN TO US


## People think they have least control over being a victim of a terrorist attack, getting cancer or suffering a transport injury <br> - Most mentions <br> - $2^{\text {nd }}$ most mentions <br> $\square 3^{\text {rd }}$ most mentions

\% saying one of the top 3 things they have least control over

## 



Being a victim of a terrorist attack
Getting cancer
Suffering a transport injury e.g. from a road accident
Being involved in an accident such as drowning, fires and falls
Being a victim of interpersonal violence such as physical, sexual or emotional abuse
Getting a neurological disorder such as dementia or Parkinson's disease

Getting a cardiovascular disease such as heart disease, strokes or heart failure
Getting diabetes or a kidney disease 9

Getting HIV/AIDS or a sexually transmitted infection (STIs)
Having a substance use disorder such as drug or alcohol addiction
Getting a chronic respiratory disease such as
asthma or chronic obstructive pulmonary disease (COPD)
Getting a lower respiratory infection such as pneumonia or tuberculosis
Getting a digestive system disease such as cirrhosis or liver disease



 $17 \% \quad 22 \% 16 \% \quad 13 \% \quad 18 \% \quad 13 \% \quad 20 \% \quad 10 \% \quad 17 \% \quad 13 \% \quad 16 \% \quad 12 \% \quad 28 \% \quad 18 \% \quad 17 \% \quad 9 \% \quad 14 \% \quad 31 \% \quad 14 \% \quad 25 \% \quad 20 \% \quad 28 \% \quad 10 \% \quad 22 \% \quad 0 \% \quad 14 \% \quad 30 \% \quad 16 \% \quad 16 \% \quad 23 \% \quad 14 \% \quad 18 \% \quad 17 \%$

|  |
| :--- | :--- |


$8 \% \quad 7 \quad 5 \% \quad 8 \% \quad 7 \% \quad 3 \% \quad 10 \% \quad 6 \% \quad 13 \% \quad 10 \% \quad 4 \% \quad 11 \% \quad 18 \% \quad 15 \% \quad 6 \% \quad 2 \% \quad 12 \% \quad 12 \% \quad 6 \% \quad 13 \% \quad 15 \% \quad 9 \% \quad 6 \% \quad 17 \% \quad 0 \% \quad 7 \% \quad 13 \% \quad 8 \% \quad 7 \% \quad 5 \% \quad 6 \% \quad 3 \% \quad 4 \%$


|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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Across all countries, on average, people think they're most likely to get cancer, a transport injury
or cardiovascular disease. Most mentions
$2^{\text {nd }}$ most mentions
$3^{\text {rd }}$ most mentions

There are a range of factors that could influence our guesses, including media coverage and personal experience. The data shows that at a country level, there are factors which could be having an impact on people's guesses ...
... but at an individual level it is more complex and the picture is less clear ...

In several countries, those who say they frequently see transport injuries in the news think transport injuries cause more deaths than those who do not.

This is particularly the case in Saudi Arabia, Peru and Romania.


In some countries those who say they frequently see interpersonal violence in the news think it causes a greater proportion of deaths than those who do not see it in the news...
...but this does not apply in every country.


Please see hitp://perils.ipsos.com/ for full details of all sources.
*Those who list interpersonal violence in the top 3 things they see most frequently in the news

The picture is mixed when looking at what people have been personally affected by.

When asking about suicide, those who have been personally affected by it don't tend to make higher guesses than those who have not been affected.


Satisfaction with health system varied widely between countries but there was no correlation with how accurate people are at estimating causes of death in their country.
Q. To what extent, if at all, are you satisfied with [COUNTRY'S] health system?


We also looked at how confident people are working with numbers.

In India eight in ten say they are comfortable working with numbers (78\%), the highest in the survey. In Japan one in five (19\%) say they felt comfortable working with numbers...

...and there is a weak correlation between those who say they are comfortable working with numbers and how accurate they are overall.
Q. How comfortable do you feel working with numbers?


India is also the most confident in their answers to the survey with four in ten people (42\%) saying they are confident in all of them.

In South Korea and the UK just $6 \%$ of people say they are confident in all of their answers.

## Country

India
Saudi Arabia Peru
Italy Mexico
Turkey
Romania
Philippines
Argentina
Chile
Russia
Colombia
Poland Australia
Brazil
China
United States South Africa Canada
Hong Kong SAR China Japan Malaysia Spain Netherlands Belgium Germany France Sweden Hungary Singapore United Kingdom South Korea TOTAL
fident in all of them some of them
 any of them

The Dunning-Kruger effect is a cognitive bias in which people assess their cognitive ability as greater than it is...
...but in this case the relationship between overall confidence in answers to the survey and overall accuracy is very weak.
Q. How confident are you in your answers?


## Technical note

These are the findings of the Ipsos MORI Perils of Perception Survey 2020. 16,000 interviews were conducted between 22 November and 6 December 2019.

The survey is conducted in 32 countries around the world, via the Ipsos Online Panel system in Argentina, Australia, Belgium, Brazil, Canada, Chile, SAR China, Colombia, France, Germany, Great Britain, Hong Kong SAR China, Hungary, India, Italy, Japan, Malaysia, Mexico, Netherlands, Peru, Poland, Romania, Russia, Saudi Arabia, Singapore, South Africa, South Korea, Spain, Sweden, Turkey and the USA.

Approximately 1000 individuals aged 16-74 were surveyed Argentina, Australia, Belgium, Brazil, Chile, China, France, Germany, Great Britain, Italy, Japan, Mexico and Spain. Approximately 1000 individuals aged 18-74 were surveyed in the USA and Canada. Approximately 500 individuals aged 16-74 were surveyed in Argentina, Belgium, Colombia, Hong

Kong SAR China , Hungary, India, Malaysia, Netherlands, Peru, Poland, Romania, Russia, Saudi Arabia, Singapore, South Africa, South Korea, Sweden and Turkey.

18 of the 32 countries surveyed online generate nationally representative samples in their countries (Argentina, Australia, Belgium, Canada, France, Germany, Great Britain, Hong Kong SAR China , Hungary, Italy, Japan, Netherlands, Poland,
Singapore, South Korea, Spain, Sweden and United States).

Brazil, Chile, Colombia, China, India, Malaysia, Mexico, Peru, Philippines, Romania, Russia, Saudi Arabia, South Africa, and Turkey produce a national sample that is more urban \& educated, and with higher incomes than their fellow citizens. We refer to these respondents as "Upper Deck Consumer Citizens". They are not nationally representative of their country.

The "actual" data for each question is taken from the

Institute for Health Metrics and Evaluation Global Burden of Disease Study (2017). More information can be found at ghdx. healthdata.org/gbd-2017. The source for Hong Kong SAR China data is https://www.healthyhk.gov.hk/.

Where results do not sum to 100 or the 'difference' appears to be +-1 more/less than the actual, this may be due to rounding, multiple responses or the exclusion of don't knows or not stated responses.

Data are weighted to match the profile of the population.

## PERILS OF PARCEPTION 2020

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[^0]:    Please see http://perils.ipsos.com/ for full details of all sources.

