

WEEK ONE



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

TRADITIONAL

Bangers & Mash
Pork sausage with
mash, peas and
onion gravy

Piri Piri Chicken
Paprika Potato
Wedges

Served with Crisp Roasties, Crackling and Gravy

Roast Pork

Curry
Marinated Chicken
in a Mild Curry
Sauce with Rice &
Naan Bread

Sweet Potato

Chicken Balti

Fish/Nuggets & Chips
Baked Beans or

Peas

Bangers & Mash

Quorn Sausage with

Mash, Peas and

Gravy

Squash & Halloumi Wrap

Roasted in Honey with Pitta and Houmous Spicy Vegetable
Burrito

Burrito Balti
Spiced Vegetables Lightly Spiced Sweet and Rice in a Tortilla Potato, Chickpea and Lentil Curry with Rice & Naan Bread

Vegetable Burger

with Chips, Baked Beans or Peas



VEGGIE

DISH

DELICIOUS DESSERTS Our Hot Deli Range includes fresh dough pizzas, pasta & noodle pots, filled jacket spuds & paninis hot chicken wraps, wings & dusted wedges. We rotate our range throughout the week.

Old school sponge and custard

Tiramisu

Baked American style cheesecake Chocolate brownie

Lemon Cookie





WEEK TWO





TUESDAY

WEDNESDRY

THURSDAY

FRIDAY

Chilli Con Carne

Beef Chilli served with Rice & Garlic Bread

Chicken, Ham and Leek Pie

Topped with Puffed Pastry served with Mash & Veg

Roast Gammon

Broccoli and Gravv

Chicken Korma

Served with Roasties Marinated Chicken in a Coconut Curry Sauce with Rice & Naan Bread

Fish/ Nuggets & Chips

served with Baked Beans or Peas

TRADITIONAL DISH

VEGGIE

DISH

Veggie Chilli

Rich Tomato Sauce with Rice & Garlic Bread

Sweet & Sour Quorn

Spicy Vegetables & Quorn served with **Noodles**

Egyptian Falafel Flatbread

Beetroot Falafel Flatbread served with Kale & Mongo Salad

Curried Cauliflower

Lightly Spiced Cauliflower and Lentil Curry with Rice & Naan Bread **Veggie Burger**

served with Chips, Baked Beans or Peas

Our Hot Deli Range includes fresh dough pizzas, pasta & noodle pots, filled jacket spuds & paninis hot chicken wraps, wings & dusted wedges. We rotate our range throughout the week.

Fruity Banana Apple Crumble and Custard Loaf

Summer Berry Eton Mess

Carrot Cake

Chocolate Chip Cookie



WEEK THREE



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Cottage Pie

Traditional Mash topped Minced Beef served with Green Beans

Lasagne

Bolognese Layered with Pasta and Cheese Sauce with Garlic Bread

Roast Turkey

Served with Roasties, Stuffing Fresh Vegetables and gravy

Chinese Chicken

Marinated Chicken Thighs with Rice

Fish/Nuggets & Chips

Served with Baked Beans or Peas

Shepherdess Pie

Veg Lasagne

Vegetable Pasta Bake

Veggie Chow Mein

Veggie Bean Burger



TRADITIONAL

DISH

Potato Mash. Green Beans

Topped with Sweet Roasted Vegetables topped with Cheese Sauce & Garlic

Bread

In a Rich Tomato Layered with Pasta Sauce topped with Cheese

Chinese Vegetables & Noodles in a Chow Mein Sauce

With Chips, Baked Beans or Peas



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DESSERTS

Italian crumble cake

Chocolate sponge & custard Sticky toffee pudding

Apple flapjack

Vanilla Cookie