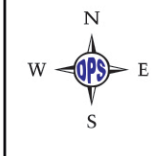
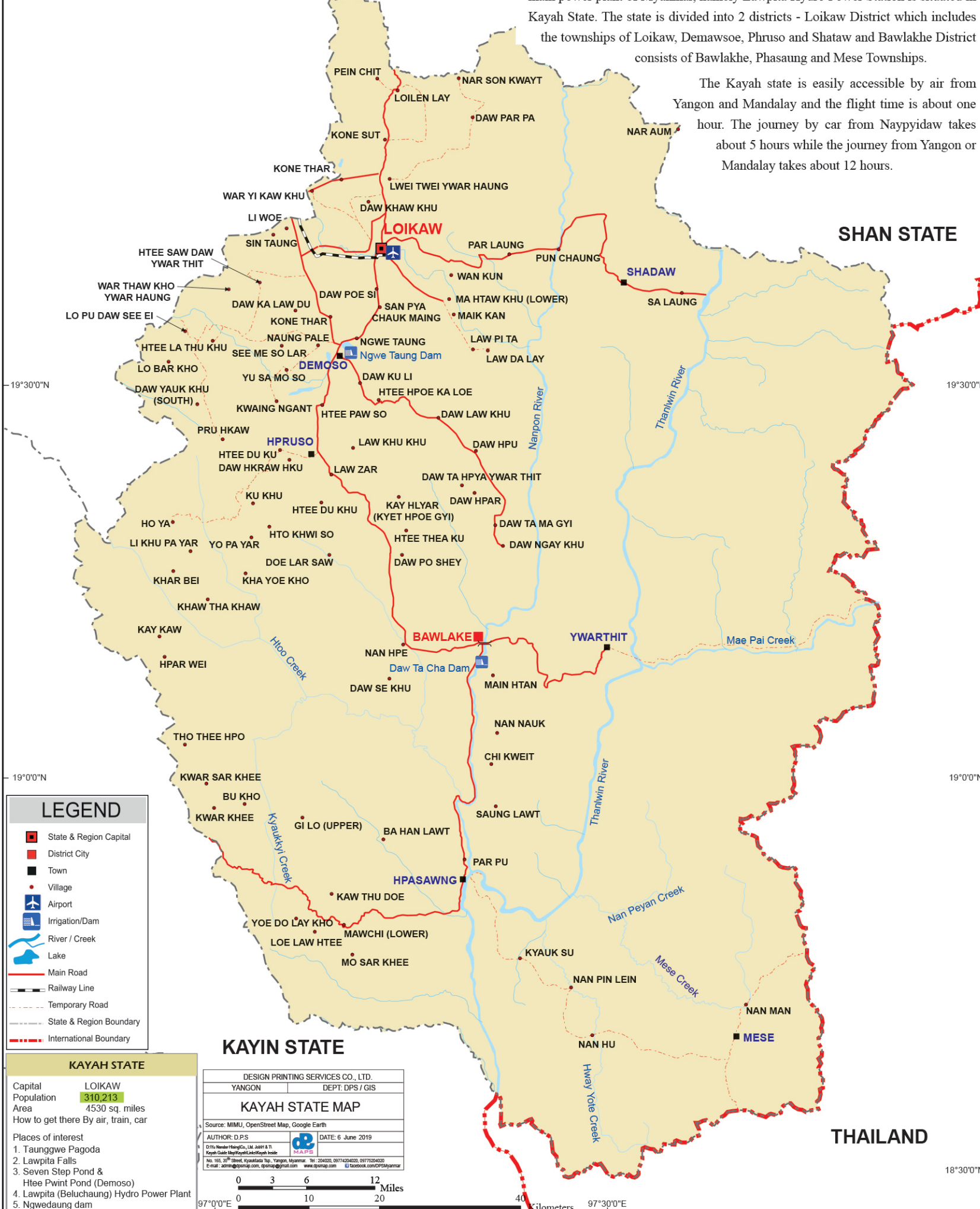


# THE MAP OF KAYAH STATE

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## SHAN STATE



### LEGEND

- State & Region Capital
- District City
- Town
- Village
- Airport
- Irrigation/Dam
- River / Creek
- Lake
- Main Road
- Temporary Road
- Railway Line
- State & Region Boundary
- International Boundary

### KAYAH STATE

Capital: LOIKAW  
 Population: 310,213  
 Area: 4530 sq. miles  
 How to get there: By air, train, car

Places of interest:  
 1. Taungwe Pagoda  
 2. Lawpita Falls  
 3. Seven Step Pond & Htee Pwint Pond (Demoso)  
 4. Lawpita (Beluchang) Hydro Power Plant  
 5. Ngwedaung dam

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 YANGON DEPT. DPS / GIS

### KAYAH STATE MAP

Source: M.M.I., OpenStreet Map, Google Earth  
 AUTHOR: D.P.S. DATE: 6 June 2019

Scale: 0 3 6 12 Miles / 0 10 20 Kilometers

## KAYAH STATE

Kayah State where one can find exquisitely woven and finely embellished attire, intriguing traditional culture and quaint social customs, caves, lakes and captivating legends, add up to make Kayah State a place that can fascinate all visitors.

The smallest state among the states of Myanmar, Kayah is only 11,655 sq kms in size. It is sparsely populated and situated in a mountainous area of south-eastern Myanmar and it borders Shan and Kayah States and Thailand. The main power plant of Myanmar, namely Lawpita Hydro Power Station is situated in Kayah State. The state is divided into 2 districts - Loikaw District which includes the townships of Loikaw, Demawsoe, Phruso and Shataw and Bawlake District consists of Bawlake, Phasaung and Mese Townships.

The Kayah state is easily accessible by air from Yangon and Mandalay and the flight time is about one hour. The journey by car from Naypyidaw takes about 5 hours while the journey from Yangon or Mandalay takes about 12 hours.

## Hotels

- Nawaday Hotel (26/A), Nawaday St; Minn Su Qtr. Ph: 083-2221464, 2223064, 2221750
- Hotel Loikaw 9<sup>th</sup> St; Naung Yah Qtr. Near the Hta Ngar Lyar Lake. Ph: 083-2222946 ~ 7
- Hotel Myat Nan Taw No.(54/B), Kandarawaddy St., Mine Lone Qtr. Ph: 083-240034, 35
- Loikaw Lodge by The Lake No.(Na/377), U Ni St; Naung Yah (B) Qtr. Ph: 083-22240161, 09-428625548
- Kayah Resort Hotel No.(9), Khun Li St; Naung Yar (Ka) Qtr. Ph: 083-21374, 21531
- Famous Hotel (Loikaw) No.(116/A), Thu Damu St; Daw OuKhu Qtr. Ph: 09-77755601, 604, 31879776
- Min Mahaw Motel No.(120/B), Kan Kaw St; Mingalar Qtr. Ph: 083-2221451, 2221417
- Loikaw Princess Motel No.(Khu/801), 7<sup>th</sup> and Khine Shwe Wah St; Daw OuKhu Qtr. Ph: 083-2221098, 2223098
- Motel Mingalar Kayah No.(A-139), Corner of Daw Na St; and Kandarawaddy St; Mingalar Qtr. Ph: 083-2221597, 2222020
- Kayah Golden Hill Motel No.(49/59), Law Pi Ta St; Daw Ta Ma Qtr. Ph: 083-2223066, 044, 09-5601486
- Kayah Resort Hotel No.(9), Khun Li St; Naung Yah (A) Qtr.
- Kayan Golden Sky Hotel No.(Ma/29), Kattar St; Mingalar Qtr.
- Kan Tharyar Guest House U Ni St; Naung Yah (Ka) Qtr. Ph: 083-222344, 09-49260368
- Loikaw Friendship Guest House No.(3/72), Nawayat St; Daw Nokue Qtr.
- Loikaw Thingaha Guest House 3/72, Nawarat St; Dal No Khu Qtr. Ph: 083-2221335
- Moon Joy Inn No.(4), U Thiri St; Daw OuKhu Qtr. Ph: 083-2221618, 2221021, 09-5600449
- Motel Empire No.(Za/42), Padaythar St; Zay Pine Qtr.
- Nan Ayar Inn No.(Khu-1/112), Natshin Naung St; Daw OuKhu Qtr. Ph: 083-2221306, 2221021, 09-49400042
- Rainbow Star Guest House No.(122), Nwar Lawoe Village, Mawchi Susee Qtr.
- Three Season Kayah No.(220), KwarNyo St; Mingalar Qtr.
- Gold Hotel Kayah No.(Na/86), Thiri Daw St; Naung Yah (A) Qtr.
- Royal Naung Yah Hotel No.(Khu/12), 4th St; Daw OuKhu Qtr.
- Loikaw Happy Hotel No.(Nata/944), Group(12), Nar Nat Taw Qtr.
- Green Leaf Motel No.(Ma/176), Corner of Khattar St; and Kwar Nyo St; Mingalar Qtr.
- Glory Motel (Kayah) No.(39), Pa Dauk St; Damar Yone Qtr.
- Nan Ayar (2) Hotel No.(Da/116), Ma Haw Thada St; Daw Nokue Qtr.
- IORA Traditional Food Thiri Daw St; Naung Yah (B) Qtr.
- Kaung Kyaw Hein (Bakery) Lawpita St; Shan Su Qtr.
- Ko Moe Traditional Food 9<sup>th</sup> Street, Naung Yah (A) Qtr.
- Loikaw City Restaurant Corner of Kandarawaddy and Chikae St; Naung Yah (B) Qtr.
- Ma Shan Rice Noodle Shop No.(4) St; Daw OuKhu Qtr.
- Maw Khan Non Restaurant Mingalar St; Mingalar Qtr.
- Mingalar Hin Htoke Mingalar St; Mingalar Qtr.
- MK Coffee Bar Law Pi Ta St; Shan Su Qtr.
- NaungYar Lake (Restaurant) Near Naung Yah Lake, Naung Yah (B) Qtr.
- Pho Khwar Restaurant Overlooking the Balu Chaung River, Shwe Wah St; Damar Yone Qtr.
- Royal Village Restaurant Kyi Thayar Qtr.
- Shwe Let Yar Myanmar Food Mingalar Qtr.
- ShweYati Myanmar Food No.(4) St; Zay Pine Qtr.
- Sunday Club Bo Ba Htoo St; Naung Yah (A) Qtr.
- Thazin Restaurant Thida St; Zay Pine Qtr.
- Thiri Daw Traditional Food Near the Naung Yah Lake, Naung Yah (B) Qtr.

## Restaurants

- Escape Cafe & Dim Sum Khun Li St; Naung Yah (B) Qtr.
- Golden Lion Restaurant Pa Dauk St; Minsu Qtr.



## KAYAH CULTURAL COMMUNITY TOUR

Panpet Village (Kayah ethnic), Hta Nee La Leh Village (Kayah ethnic) and Htay Kho village (Kayaw ethnic) offer community based cultural tours which give the visitor fascinating insights into local life and the culture of the Kayah community. The cultural and nature trail allows the visitor the chance to explore the panoramic views of the surrounding mountains, a monument which honours the village clan, the Ker Kwang- a Bird Totem and a guardian spirit cave, the 'Kayah toebo' hall and shrines.

## DAW TA MA GYI (KAYAH VILLAGE)

Known for its old long wooden thatched houses, this Kayah village also has many animist shrines dedicated to various spirits who look after the weather, the harvest and the villagers. Guided tours around the village and traditional meals are available.

## HTA NEE LA LEH (KAYAH VILLAGE)

This Kayah village, near the legendary Seven Lakes, has strong Animistic traditions. The village also offers Community Based Tourism guided visits to spirit shrines, artisan houses and traditional meals with barbecued meat, vegetables and bullock cart rides.

## HTAY KHO (KAYAW VILLAGE)

The inhabitants of this picturesque Kayaw village, surrounded by steep mountains, are Catholic, but still maintain their traditional ways of life. The village also offers tours with a beautiful trek to the top of holy mountain, Khawthamaw, during the dry season.



## HPASAUNG

Most of the mining in Kayah is in Hpasauung, near Mawchi. Communities often have more diversified livelihoods, selling their labour to complement subsistence agriculture.



## HPRUSO

While relatively close to Loikaw, Hpruso is a particularly mountainous and wooded region, with few roads. Both zinc and antimony are mined in the township.



## BAWLAKHE

The Than Lwin River flows through the township. The township benefits from a number of mines and considerable timber resource. Farmers in Bawlake also cultivate sesames as a cash crop.



## DEMAWSOE

Benefits from its closeness to Loikaw and is the state's second most populous township. With highland and lowland agriculture, Demawsoe benefited from irrigation schemes with plans to develop tourism near Seven Ponds Lake. Eastern parts of Demawsoe (Daw Phu) remain relatively remote.



## LAW PI TA HYDROPOWER PLANT & WATERFALL

Of historic and strategic importance as Myanmar's first and largest run-of-river plant, Law Pi Ta Hydropower Plant, was commenced in 1950 and supplies over 20% of Myanmar's total electrical power. There is also stunning scenery of cascading blue water at Law Pi Ta Waterfall.



## ELEPHANT MOUNTAIN (SING TAUNG)

A beautiful drive from Loikaw, Elephant Mountain gets its name from the white statue of an elephant in the pagoda. It also affords eastern and western views of the surrounding townships Demawsoe and Nam Ma Khon.



## THE SEVEN LAKES

Legend has it that these picturesque lakes were used by seven fairy sisters as their swimming pools. Each has its own Kayah name and men may not swim in the one known as Rhremo (Lady). If they do, local legend says that the lake's guardian lady spirit likes to eat their flesh.

## HTEE SE KHA WATERFALL

This natural waterfall which flows from Nant Tan Creek, on the border of Shan and Kayah State is a popular local attraction. Visitors should wear shorts and T-shirts to swim, rather than bathing costumes.



## THREE MOUNTAIN PAGODA

Just a short drive from Loikaw, visitors will pass through villages, cornfields and farms to reach this pagoda. A serene location, it offers one of the most spectacular views of the city and has a small cave filled with many small Buddhist statues and figures all brightly lit up.

## NGWE DAUNG DAM

Just a short drive from Loikaw, this is a beautiful spot to take pictures against the background of the Golden, Silver and Ruby Mountains. The dam was built in 1962 and provides the main source of water for irrigation in the Demawsoe area.

## PAN PET (KAYAN VILLAGE)

Known for its 'long-necked' women, Pan Pet is a Kayan village with a strong tradition of Animism mixed with Buddhism and Christianity. Tours are offered, including a visit to an artisan houses, a short trek to a nearby mountain and authentic meals for guests.

## HANDICRAFTS

Handicrafts play an important role in domestic, artistic and spiritual life. Bamboo is a basic raw material for local communities and several unusual musical instruments are crafted from bamboo and other woods. Villagers are skilled at weaving traditional fabrics on the loom. Visit the local workshops to see how indigenous products are made and purchase souvenirs.

