



Care  
for  
Africa



2019/20  
**Annual Report**

[www.careforafrica.org.au](http://www.careforafrica.org.au)

**Seeing poverty and its effects on a community was an experience unlike anything else. Being a part of a team in a fantastic organisation that directly changes and bonds with the communities was humbling. Providing medical aid, clean water, education and empowering women through social Enterprise and education - unforgettable.**

Mitchell Pani, 2019 Volunteer, Paramedic

# ABOUT US

## OUR VISION

Thriving communities with access to clean water, health care and opportunities for growth.

## OUR MISSION

Fostering growth and self-sufficiency in communities, through clean water, health, education and economic well-being.

We are a grassroots Tasmanian, Australian not for profit that delivers effective programs to impoverished communities in Tarime, a part of Africa.

After overhearing a conversation about the needs of a remote community on the other side of the world, a group of nurses at Launceston General Hospital decided to send over some supplies. More than a decade on, with the support of our ever-expanding community, Care for Africa now delivers programs to more than 30,000 people in six outlying rural communities living in extreme poverty.

We partner with communities to deliver effective, self-sufficient programs in the areas of water, health, education and enterprise to create lasting positive change.

We believe it should be fun to achieve good in the world. We do our work for the joy of it: for the joy as a

community making a lasting impact on another, and for the joy it brings to the people we help.

We have established community - initiated programs that integrated into peoples everyday lives. We have achieved this by aligning ourselves with the United Nations Sustainability Goals.

Our work in these communities includes: health (Rural School Health Clinics, education programs, mentor programs with the Tarime District Hospital); education (establishment of a school, teacher scholarships and child sponsorship), water (drilling deep water wells and delivering water and sanitation and hygiene (WASH) programs); and social enterprises (aquaculture, bee-keeping, sunflower oil production, Adult Education, breakfast Program, and the Women's Empowerment Centres).

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# CHAIR REPORT

WRITTEN BY **DR JOHN WETTENHALL** OAM CHAIR

**IT GOES WITHOUT SAYING, THAT 2020 HAS BEEN A MEMORABLE YEAR, YET DESPITE THE LIMITATIONS PLACED ON US BY THE COVID-19 PANDEMIC, WE HAVE HAD GREAT SUCCESS.**

Several new projects have been started and old ones completed. In addition, the new Rural School Health Clinic arrangements, mentioned last year, have worked well.

For the first time our volunteer team worked in the schools under the leadership of our Tanzanian colleague, Phales Yohana. Phales is the Senior Paediatric Nurse at Tarime District Hospital and has long been a valuable member of our teams. A record number of children were seen and dewormed. In addition, Malaria Rapid Diagnostic Tests were performed on about 2,000 children and young people at Mtana, Kebhosere, and Bisarwi, with a positive diagnosis in an alarming 68% on the day. Our thanks go to the volunteers. You did a great job, as did your predecessors in years gone by. Sadly, it will be some time before we can safely return.

Several of our projects come into my allied responsibility as a director of Water and Sanitation and Hygiene (WASH). Boreholes have been sunk at Margreth Remagwe School Tarime, and at Nyamerambaro. The latter was supported by Department of Foreign Affairs and Trade (DFAT), under our supervision. The next one is to be at Bulimba sub-village, the location having already been surveyed. For this we must thank the Walk for Water group, who have done a magnificent job of fundraising, despite the frustration of being unable to tackle Mt Kilimanjaro, as had been planned. Construction of the long-awaited toilet block at Sombanyasoko has finally been started, and a second classroom at Kebhosere School has been completed.

With our help, the women of Bisarwi and Surubu have commenced production of liquid soap, to hopefully end a deficiency of hand hygiene. The soap is used in conjunction with the "Tippy Taps" which are shown in a photograph in this annual report. The Surubu women's group were helped by the completion of their centre during 2019.

Nutrition continues to be a challenge for the children in the communities. Analysis of the measurements of height and weight in 2015 and 2016, indicated that a quarter of the children were undersized. To help combat this we are funding a breakfast program, of maize porridge. Rotary's Food Plants Solutions, a Tasmanian based group, may give us the answers to this matter.

At Tarime District Hospital, our borehole is finally being put into use thanks to the financing of the necessary reticulation by Barrick Gold Corporation, a multinational company based in Toronto, with a mine near Tarime. When COVID-19 struck we donated a supply of sanitiser and masks to the hospital.

In Tasmania the Board has continued to provide the guidance and support that we need and thanks go to all. Special mention must be made of CEO Diana Butler, Ross Hart, and Sophie Folder. The trio assessed and documented the administration and culture of the Foundation. This was done to achieve recognition by the Australian Council for International Development (ACFID). ACFID is an organisation which sets out to unite NGOs involved in aid and development, in efforts to stamp out poverty. Thanks to the hard work that the team performed, we are on the way to joining the company of nearly 100 organisations including Red Cross Australia, Fred Hollows Foundation, and in Tanzania, CARE Australia, and World Vision Australia.

Last but not best, my thanks go to Abdallah. He has been placed in the position of doing all our work in the district, a situation not without risk to himself and his family Johari, Safina, and baby Diana. We simply could not function without him, and we are immensely grateful. Abdallah, we send you what has become a regular farewell in Australia: stay safe.

And to all of our wonderful supporters, the same message: stay safe





# CEO REPORT

WRITTEN BY **DIANA BUTLER** OAM CEO

**I ASK YOU ALL, IF YOU SEE A NEED FOR CHANGE,  
BE BRAVE, STEP OUT AND BE THE CHANGE.**

I am continually amazed by the strength, resilience and resourcefulness of the human will and spirit, and even more so during times of adversity. COVID-19 has united us all to care and support each other, both at a local level and abroad. We have been brought closer together as one global family through universal adversity.

My heart goes out to those who have lost their jobs, loved ones and whose livelihoods have been impacted. We must never give up hope. I hope for a new and improved way of living for all, especially those that have experienced great loss.

For the people of Tarime, many do not have access to water to wash their hands. They do not have soap to lather their hands or masks to wear. They love deeply and care and respect each other and their fellow human beings.

As a nurse, a mother and a grandmother, my heart is torn by the global devastation that is currently around us. I acknowledge that I am privileged to have soap to wash my hands and PPE to wear. I am fortunate and grateful that I can self-isolate in a safe home. There are many in the world who do not have these opportunities. We are all worthy of this. I am forever grateful, for the privileged life I was born into.

The people in Tarime have taught me to be grateful for the simple things in life, for my family, friends, Mother Nature and the dawn of a new day and a new life.

I am proud to acknowledge that our Care for Africa Family has embraced and honoured these values and forged ahead with its commitments to the people of Tarime. We continue to fight against poverty and to work with the communities of Tarime by complementing their skills and resources to develop their independence. We have great respect for our African partners and acknowledge that we must be accountable to them in the identification of projects,

the way they are implemented and how the outcomes are evaluated. We listen to them about the need for providing access to clean water, health care, education and local enterprise, which focuses on the empowerment of women.

The development of the model continues to evolve, to be challenged, to be modified and so it will enable lasting change.

- Water is life
- Health is wellbeing
- Education is future.
- Enterprise is sustainability

The objective of this model is to work with and empower the community of Tarime to become self-sufficient, so they are no longer dependent on donors and others. It is essential that they become the drivers and influencers of their own change.

To ensure that our work is truly people-centred, we are committed to embedding accountability to affected populations (AAP) in everything we do. We make sure that the communities are meaningfully and continuously involved in decisions that directly impact their lives.

The purpose of this model ensures all people have access to basic human rights, freedom and the ability to enjoy a life of wellbeing, of valued contribution and ultimate independence.

Care for Africa is committed to creating a lasting change and legacy that will ensure a life free of poverty for all. A legacy that is built on trust, respect, empathy and caring for all.





## **EMPOWERMENT OF WOMEN**

**“Investing in women’s economic empowerment sets a direct path towards gender equality, poverty eradication and inclusive economic growth.”**

<https://www.unwomen.org/en/what-we-do/economic-empowerment>  
[www.un.org](http://www.un.org) sustainable development gender equality

Women and girl children are over-represented amongst poor and marginalised people. Addressing this inequality and injustice is of utmost importance to Care for Africa. Consequently, our work addresses gender inequalities the attitudes and behaviours which contribute to them, by appropriately engaging both women and men in the development process and the promotion of gender equality, justice and empowerment throughout the development cycle.

We have built three women’s enterprise centres. These initiatives create opportunities for gender equality and have been developed as a direct response to various discussions and requests from the local women in communities. The women establish business enterprises and are supported by an adult education program. The women have actively driven all decisions around these projects.

## **WATER IS LIFE**

The deep water-wells that we install in the school grounds enables girls, who would otherwise spend their days collecting water, to go to school to obtain an education. The women and girls are actively engaged in the planning processes of this work. The school attendance data reports a significant increase in attendances of girls since the installation of water-wells. We are seeing up to 68% increase in school attendance.

## **ENTERPRISE IS SUSTAINABILITY & EDUCATION IS FUTURE**

The women and girls in the communities that we work with have requested and are working closely with us, to develop a sustainable menstrual washable product, as well as an associated women’s health education program. We are collaborating with “Days for Girls”, an internationally recognised NGO, which is committed to supporting girls throughout the world to develop this life changing program. Care for Africa is enjoying working alongside Heather Sparkes, our Care for Girls Coordinator and Denise Talbot “Days for Girls” Tasmanian Coordinator and Launceston Chapter Team Leader; the Bisarwi Women’s Group, “Haba na Haba” and various students from Bisarwi Primary School in developing this wonderful initiative.

Our approach ensures local ownership of projects by engaging primary stakeholders throughout development projects. They participate in identifying their strengths, aspirations, the areas for concern, available resources, defining goals, planning, implementing and managing project activities and contributing financially (and in kind).

An example of this is found in the women’s programs developed through the requests of the women. They contribute a minimum 20% of costs to construct their premises by carting rocks, making bricks and assisting with the labour. The Tanzanian Government has sponsored the program by providing finance and education to develop a sunflower oil production plant at these premises. Care for Africa, in collaboration with the Boat Harbour Craft Group, has funded the construction of the buildings and provided funding for the education to the women.



**The program involved testing and treating over 2,000 school children in three of our community schools, Mtana, Bisarwi and Kebhosere. The results were alarming - 68% of the children tested positive.**



## **HEALTH IS WELLBEING**

The August 2019 volunteer trip was a huge success and great achievements were seen by all. The Rural School Health Clinics saw their greatest success with 5,222 children seen and de-wormed, as well as many children being treated for various medical conditions. The Tarime Government, thanks to Dr Hamidu (District Medical Officer) sponsored a new pilot program with us to do mass screening and treatment for malaria. The program involved testing and treating over 2,000 school children in three of the community schools, Mtana, Bisarwi and Kebhosere. The results were alarming - 68% of the children tested positive.

This year was the first year that we had more local health professionals than Australians. Congratulations to all for this wonderful achievement. Thank you to Tarime Registered Paediatric Nurse, Phales Yohana Buluma for his wonderful coordination, hard work, commitment and expertise that allowed for the smooth running and success of the 2019 Rural Health Clinics. This is the first phase for Care for Africa stepping away from the clinics and empowering the local people to run their own clinics.

This year saw the installation of our 11th deep water well at Magreth School Remagwe. Our 11 water wells provide an uninterrupted accessible supply of clean drinking water for the people they were installed to serve. The smooth and continual running of water from the wells is a priority of the organisation. This is only made possible by the fact that we do not walk away from ensuring that the wells are overseen and maintained after installation. It is not enough to just drill water wells. This maintenance is imperative because a simple broken part can prevent access to clean water for hundreds of people. Now more than ever access to safe water is critical to the health of families the world over.

## **VOLUNTEERS**

I am forever grateful to and thank all our volunteers. They give not only of their time and money, but also of their hearts. Service to others is when you truly give. Our volunteers assist in fulfilling our mission and they too are making a significant difference' They return to their hometowns to ultimately become advocates for the people of Tarime and spread the word more widely about the reality of how poverty impacts on people's lives. For this I thank them.

Our donors are the backbone of Care for Africa. Without them we would not be. Their generosity, loyalty and belief in our purpose and values have enabled us to fulfil our mission and create a lasting change to the injustices which come from poverty.



During our four-week volunteer program many great friendships were established and other volunteers that had returned saw their relationships preserved and strengthened. The total donation of volunteer contribution (in time and airfares) for the volunteer trip in August was AUD141,790.00.

The volunteers enjoyed a special afternoon planting fruit trees at Kebhosere Schools with the students. The Bandicoots, Boat Harbour Grade 3-4 Primary School children raised the funds for this special project. Planting trees at schools gives students a sense of pride and purpose. It also provides an opportunity for environmental education by getting young children thinking about environmental conservation early. The trees were specifically chosen by community members to provide shade, fruit and timber for both firewood and future construction.

Care for Africa continues to plant trees at all our points of contact for this very reason, as well as off-setting carbon emissions. We are transient custodians of this land. Therefore, we honour, respect and care for the land and endeavour to teach others to do the same.

### **COVID-19**

Protecting people from COVID-19 requires easy access to handwashing.

**“24.6 million people in Tanzania still live without clean water, making it harder to stop the pandemic from spreading. Nearly half of all people in Tanzania do not have access to clean water, and less than a quarter have access to basic and appropriate sanitation facilities.**

**24.6 million people don't have clean water.**

**That's almost half of the population. 7 in 10 people don't have a decent toilet. That's 40.1 million people.”**

<https://www.wateraid.org/where-we-work/tanzania>

The funding and establishment of the soap program has allowed the Bisarwi Women's Group "Haba na Haba" to set themselves up with equipment and products to make soap. Since the beginning of COVID -19 many community members have been unable to access soap. This is primarily because of worsening poverty. Thanks to this wonderful program the women are now making enough soap for over 8,000 school children.

The soap program and the water wells, that we have previously installed, provide their only accessible and effective sanitation facility to provide protection from COVID 19. This wonderful soap program ensures an industry for our women's groups that provides them with skills, knowledge and the capacity to create an income and a self-sufficient future beyond the effects of the COVID -19 pandemic.

The beginning of COVID -19 saw the closure of many schools world-wide, including Tanzania. Unfortunately, our children living in remote communities in Tarime, were unable to access any form of remote learning. The digital divide, lack of access to radios, televisions, computers, internet and data left the students unable to engage in remote learning.

Personally, I acknowledge and appreciate that Care for Africa's Board of Directors has a broad mix of skills, knowledge and experience that works together to ensure the organisation's purpose, needs and strategies are met efficiently and ethically. They govern the organisation, both now and into the future, by ensuring that the organisation meets all legal requirements and remain accountable to our donors and stakeholders. As CEO, I am enormously appreciative to the Board of Directors for continuing to be responsible guardians and stewards of the organisation. They are all an absolute pleasure to work with and provide continuous reassurance, guidance and encouragement to both myself and the organisation. Thank you.

I have enjoyed another successful year working alongside the Chair, Dr John Wettenhall OAM. John's primary role has been to ensure the Board is effective in its task of setting and implementing the organisation's direction and strategy. His leadership, stout support and assistance to myself and the organisation is testament to his commitment to the role. John's personal integrity has ensured smooth working relationships with all. His commitment to the organisation's vision and values has guaranteed an aligned purpose for all.

Congratulations to John on receiving a Medal of the Order of Australia in the General Division (OAM). He was awarded this prestigious recognition this year for his service to the international community with Care for Africa as Chair and WASH Director and for volunteer, medical services for the Republic of Nauru Hospital; as Rotary International District 9830, Director against Malaria; with the Rotary Club of Launceston; as Director of Clifford Craig Foundation; and services to medicine as a Gastroenterologist.

Abdallah Obedi is a pillar of strength, tenacity and stewardship for the organisation. His untiring work and



commitment have ensured the implementation and smooth running of all operations in Tanzanian. Abdallah's unique communication skills and ability to effectively engage with people from all walks of life, ranging from grass- roots, bureaucratic and governmental levels both in Tanzania and Australia, has ensured a highly effective well received and respected organisation.

One of last year's highlights was the birth of Abdallah and Johari's youngest daughter, Diana. On behalf of Care for African, the Board of Directors and myself we wish her a long life filled with an abundance of opportunities to reach her potential in life, happiness and good health. Thank you, Diana, for bringing us all great joy and love.

Care for Africa's Strategic Advisor, Orla Baker has become our resource person in all that is done in relation to the organisation. Her ongoing advice and expertise have allowed us to fulfil and realise our goals and vision. Thank you, Orla.

We were all thrilled with the launch of the organisation's new website and logo. Thank you to the creative expertise of our Creative and Design Coordinator Elisha Summers. Elisha's speciality in brand development has ensured our new contemporary, elegant and inclusive look. She has ensured our message is clear and unites our customers and cultures alike in pursuit of a better world.

Thank you, Jenny Saunders, for continuing to volunteer your time and expertise to maintaining our financial records, and all volunteer and associated Rotary Australia World Community Service (RAWCS) correspondence. Jenny's hard work and commitment ensures transparency and accountability with all that we do.

Care for Africa Tanzanian Accountant, Mr Jamhuri Lyimo Suleiman works closely with Abdallah, Mark O'Brien and Jenny to ensure accurate accounting and reporting for all financial transactions. Thank you.

We are so grateful to Wendy Dalton for taking over our child sponsorship program. Wendy, with her genuine compassion and caring for children has become the overarching Mother of the Program. With her excellent administrative skills, she has developed a stream lined accountable process, which has enabled us to sponsor more children and ensure the sustainability of the program.

Care for Africa is a registered (RAWCS) project number 41-2009/10. RAWCS authorises us to accept tax-deductible donations and grants from donors within Australia and abroad. We would like to acknowledge and thank the South Launceston Rotary Club for being our sponsor club. The club has generously sponsored the building of the Surubu Women's Centre for the Empowerment of Women, whilst also being a keen supporter of all that we do.

Sophie Folder (Coordinator), Ross Hart and I, CEO, have worked tirelessly to submit an application for accreditation of Care for Africa to the Australian Council for International Development (ACFID). The accreditation is an in-depth assessment process ensuring the organisation meets specific criteria that have been developed and agreed by the Department of Foreign Affairs and Trade (DFAT) and ACFID. It is currently evaluating Care for Africa's structure, policies, links to Australian community, partnership arrangements, program, financial and management systems, and how these are applied. This has been an arduous process of academic quality and public accountability. Thank you, Sophie for guiding us through this process and Ross for your expertise.

Overall, Care for Africa has had another year of rewards and effective outcomes. Every step that we take becomes a stepping stone towards the eradication of poverty. This all came about because as an individual I saw a need for change and was able to respond.

I ask you all, if you see a need for change, be brave, step out and be the change. Do not be complacent. Stand up and be an advocate. Speak up and be the change. No one alone can change the world, but together we can create a lasting change.

Listen to your heart, lend a hand, stand out and make a difference.

It is the voice of the people and the ear that listens which enables change.

Together we are making a difference.

# COUNTRY MANAGER

WRITTEN BY **ABDALLAH OBEID** TANZANIAN COUNTRY MANAGER

**IT'S ANOTHER YEAR MAKING PROGRESS IN HELPING AND BRINGING GOOD CHANGES WITH OUR PEOPLE HERE IN AFRICA.**



This year is the year which none of us will forget. It has been very bad for many organisations all around the world. Many have been shattered by this COVID -19 pandemic disease. But Australian people through our Care for Africa Foundation still stand with our people in Tarime Tanzania, helping us with the projects planned to be carried out by our organization during the year.

Once again, as Care for Africa Foundation Country Manager I say thank you all for continuing to support us through this organisation which is ours and yours. Together we can deliver water, education assistance, health assistance and effective social enterprises. Please continue supporting us. We are your hands and your feet to reach those in need in Tarime.

## TESTIMONIAL

“Established women groups in Bisarwi, Mtana and Surubu with a major aim of empowering them to grow economically by engaging in income generating activities such as tailoring, sunflower oil production, agribusiness. This is a very good initiative from Care for Africa, since women in this area are the family caretakers by 98%. Men do not participate in income generating activities like women do.

Installation of deep-water wells in all schools benefiting from Care for Africa. This has provided clean and safe water to the schools and surrounding communities thus preventing water borne diseases. Indeed, every community speaks well of Care for Africa.

“Care for Africa has brought happiness in our families by bringing water close to our homes,



we no longer fight with our husbands because of delaying in search for water almost 5-7 kilometres.”

WRITTEN BY

**Shamsi Kayondo,**

Tarime District Pharmacist



## OUR BOARD

### Care For Africa Board Members 2020



**Mrs Diana Butler** OAM GAICD  
**CEO & CO-FOUNDER** (VOLUNTEER)

In 2016, Diana Butler was awarded an Order of Australia Medal for her work as the CEO of the organisation and her service to the people of Tarime.

Diana Co-Founded Care for Africa with her colleague the late Dr Peter Hewitt in 2006. Since this time Diana has led the organisation from strength to strength driving innovation and change and being at the cusp of international development initiatives. Diana is also employed by the Launceston General Hospital as the After Hours Nurse Manager.



**Dr John Wettenhall** OAM  
**CHAIR** (VOLUNTEER)

John studied medicine at Melbourne University. He then served in the Army. Three years were spent in Singapore. During that time he developed an interest in Tropical Medicine, and later as an Active Reserve officer he commanded the 3rd Preventive Medicine Company. His first active involvement in WASH occurred then.

Having qualified as a Consultant Physician and Gastroenterologist he spent 17 years on the Mornington Peninsula before coming to Launceston in 1993.



**Mr Chris Dockray**  
**VICE CHAIR** (VOLUNTEER)

Born in Zambia, Chris is a lawyer in Launceston. He graduated from the University of Tasmania (UTAS) in 1983 and worked with Zeeman Kable and Page for eleven years before setting up in private practice in 1995. He has been a member of the Workers Compensation Tribunal, the Anti Discrimination Tribunal and the Law Society Disciplinary Tribunal. Since 1989, he has been a Director of the St. Luke's Medical and Hospital Benefits Association and is its current Chair. Chris lives in Karoola and is married with three children.



**Mr Ross Hart**  
**PUBLIC OFFICER** (VOLUNTEER)

Ross Hart resides in Launceston where he has been practising as a lawyer since 1985. He was a partner of the firm Rae and Partners until 2016 when he was elected to Federal Parliament. He is currently practising in his own legal practice with an emphasis upon commercial and litigious areas including commercial litigation. His is a past President of the Law Society of Tasmania, and as a parliamentarian served as a member of the Joint Parliamentary Public Accounts and Audit Committee, was Deputy Chair of the Joint Committee on Trade and Investment Growth and served on the Parliamentary ICT Advisory Board.

## OUR BOARD

### Care For Africa Board Members 2020



#### **Mr Mark O'Brien**

**TREASURER** (VOLUNTEER)

Mark has been a Principal of Camerons Accountants and Advisors for 25 years with over 40 years experience in Public Practice in Australia and overseas.

Mark graduated from the Tasmanian State Institute of Technology in 1988 before travelling and working in the United Kingdom and Hong Kong before returning to Tasmania to complete his professional studies to become a Chartered Accountant.

Mark has previously acted as a board member for Epilepsy Tasmania and on several industry advisory boards.



#### **Mr Ralph Norton**

**DIRECTOR** (VOLUNTEER)

Ralph completed a Bachelor of Economics, a Diploma of Education, and a Certificate in Business Management in his home state of Victoria. He moved to Tasmania in the early 1980's to further his passion for tourism and hospitality. Ralph is the Managing Director of his hospitality group, Altrex Investments, and is the founder of national pub group Irish Murphy's. He is also Managing Director of Tasmanian based company Roadside Products Pty Ltd, which manufactures and distributes both nationally and internationally.



#### **Mrs Sophie Folder**

**DIRECTOR** (VOLUNTEER)

Sophie Folder provides specialist project consultancy services in the areas of people management, delivery of extension programs and sustainable use of agricultural resources. Sophie has volunteered with Care for Africa for seven years assisting with grant writing, project evaluation and reporting, strategic planning and fundraising. Sophie joined the Care for Africa board in 2018 and is leading accreditation group working towards gaining Australian Council for International Development (ACFID) membership and Department of Foreign Affairs and Trade (DFAT) accreditation.



#### **Dr Selena Saykao**

**DIRECTOR** (VOLUNTEER)

Selena (MBBS) was born in Melbourne and currently works as a General Practitioner at the New Town Skin Cancer Clinic. She graduated from UTAS in 2009.

Her interest in international health and development has motivated her to work in countries such as Vanuatu, Nepal, India, Philippines and Tanzania. Dr Saykao is enjoying Coordinating the Health Programs for Care for Africa and looking forward to what the future holds for the organisation.

## OUR TEAM

### Care For Africa Team Members 2020



#### **Mr Abdallah Obedi**

##### **TANZANIA COUNTRY MANAGER**

Abdallah has been working for Care for Africa since its inception in 2006. His early duties were as the main driver and vehicle maintenance, he is now the Tanzanian Country Manager. Born and educated in Tarime. He did his mechanical apprentice in Kenya after completing his primary education. He completed his secondary education as a mature aged student, then went on to obtain his Diploma in Community Development and plans to further his education to a degree. He is a committed family man with a wife and 2 daughters.



#### **Ms Orla Baker**

##### **STRATEGIC ADVISOR (VOLUNTEER)**

Orla Baker has a career of more than 10 years in international development. Her background is diverse spanning business development, education (including teaching in the most remote Indigenous Australian school), strategic planning, higher education and relationship management. Orla combines her passion for grass roots development with strategic advice and knowledge of international development trends in this role.



#### **Mr Jamhuri Lyimo Suleiman**

##### **ACCOUNTANT**

Jamhuri holds an Advanced Diploma in Accounting. Jamhuri was born and educated in Tarime and has worked for the Tarime District for the last nine years He is currently employed as Care for Africa's Financial Officer.



#### **Mrs Jenny Saunders**

##### **ADMINISTRATIVE MANAGER (VOLUNTEER)**

Jenny Saunders stepped away from a career in Dental Prosthetics and business management to focus on her passion for philanthropy. As a Director, Business & Finance Manager in her busy Dental Practise, her many qualifications have proved invaluable to her multiple roles with Care for Africa. Jenny has worked in a volunteer capacity with The Care for Africa Foundation for over nine years and has travelled to Tarime several times.





### **Ms Wendy Dalton**

**CHILD SPONSORSHIP CO-ORDINATOR (VOLUNTEER)**

Wendy has had a diverse professional career gained from working across financial, legal and education sectors. Wendy has a passion for helping others and has volunteered for Make A Wish and Care For Africa for over 10 years. Wendy has travelled to Tarime on two occasions, delivering desperately needed supplies from containers. It is her strong belief that all children deserve the opportunity to learn and be safe.



### **Heather Sparkes**

**CARE FOR GIRLS CO-ORDINATOR (VOLUNTEER)**

Heather retired from nursing in 2008. From the time she was a child she had always had a yearning to assist those in greater need. In 2017, at the age of 69, she made her first visit to Tanzania, a place she has always longed to visit. Since then Heather is committed to helping the young girls achieve an education and become productive citizens in their communities.



### **Mr Phales Yohana Buluma**

**HEALTH CLINICS - TANZANIA**

Phales is the Team Leader for Care for Africa School Rural Health Clinics. He is currently a Nurse Practitioner at the Tarime District Hospital. He studied at Ndolage school of Nursing.



### **Miss Elisha Summers**

**CREATIVE / DESIGN (VOLUNTEER)**

Elisha has worked in creative design and printing industries for over 18 years. Having previously managed and led design studios she specialises in brands, print design, project and brand management and packaging design. Two years ago Elisha launched her own creative business Station Studio.



### **Rebeka Rucas**

**CHAIR - BISWARI WOMEN'S GROUP (VOLUNTEER)**

Rebeka is passionate about the empowerment of women and the sustainability of the Care for Africa programs that support and provide self sufficiency. Educated at the Musoma Technical High School and the Tanzanian Institute of Technology.

# UN SUSTAINABLE DEVELOPMENT GOALS

## ARE A UNIVERSAL CALL TO ACTION TO END POVERTY, PROTECT THE PLANET AND ENSURE THAT ALL PEOPLE ENJOY PEACE AND PROSPERITY

United Nations Development Program.

The Sustainable Development Goals are the blueprint to achieve a better and more sustainable future for all. They address the global challenges we face, including those related to poverty, inequality, climate, environmental degradation, peace, prosperity and justice. The Goals interconnect and in order to leave no one behind, it is important that we achieve each Goal and target by 2030.

### 1. NO POVERTY

- Contributing to eradicating extreme poverty and creating opportunities for economic empowerment with our social enterprise programs. This requires that first we establish access to clean drinking water, sanitation, health care and education. This provides the fundamental needs for all and allows for the development of our social enterprise programs.
- Fostering growth and self-sufficiency in communities, through our WASH, health, education and social enterprise programs.
- Embedding Accountability to Affected Populations (AAP) in everything we do. We make sure that the communities are meaningfully and continuously involved in decisions that directly impact their lives.

### 2. ZERO HUNGER

- Contributing to zero hunger through our school breakfast programs.
- Establishing bee-keeping and ensuring the continuation of the program.
- Tree planting programs.
- Sunflower oil production program.

### 3. GOOD HEALTH & WELL-BEING

- Contributing to good health and well-being through health education programs and our rural school health clinics.
- Sponsorship of vulnerable children.
- Assisting in health care delivery in the Tarime Government Hospital and Rural Dispensaries .
- Facilitating the treatment and management of care for children with chronic disabilities and health conditions.

### 4. QUALITY EDUCATION

- Providing education by sponsoring vulnerable children.
- Providing educational aid in accordance with the Tanzanian Curriculum.
- Sponsoring teachers through the Christopher Strong Education Trust.
- Ensuring adequate school infrastructure demonstrated through the building of the school in the Kebhosere Village, Mtana Community and rebuilding school classrooms at Kiterere.
- Providing Adult Education programs in the Women's Social Enterprise programs.

### 5. GENDER EQUALITY

- Empowering women through developing and supporting social enterprise groups - the Bisarwi "Haba na Haba" Women's Centre, the Mtana "Amani" Women's Centre and the Surubu "WASU."
- Empowering women with the introduction of Adult Learning into our women's centres.
- Establishing water wells in the schools to enable girls to attend school and collect water for their families. Previously, they would have spent their days collecting water from distant places.
- Establishing Days for Girls, a program, which empowers girls and women by providing access to quality sustainable hygiene and health education.

### 6. CLEAN WATER & SANITATION

- Providing clean water and sanitation through the establishment and maintenance of 11 deep-water wells.
- Establishing a water harvesting system comprising a 70,000L underground water tank and pump system for the Surubu Health Dispensary.
- Constructing three sanitation blocks in Bisarwi, Surubu and Mtana.
- Providing water to the Tarime Government Hospital.



## 7. AFFORDABLE & CLEAN ENERGY

- Care for Africa endorses programs that support affordable and clean energy.
- Planting of firewood trees.

## 8. DECENT WORK & ECONOMIC GROWTH

- Developing and sustaining social enterprise through the establishment of three Women's Centres for the Empowerment of Women in Bisarwi, Mtana and Surubu.
- Bee-keeping in Surubu.
- Employing Tanzanian staff for our programs.

## 9. INDUSTRY, INNOVATION & INFRASTRUCTURE

- Establishing and sustaining Women's Social Enterprise Centres.
- Constructing the Care for Africa Resource and Volunteer Accommodation Centre.
- Constructing the Kebhosere School.

## 10. REDUCED INEQUALITIES

- Empowering and promoting the social, economic and political inclusion of all, irrespective of age, sex, disability, race, ethnicity, origin, religion or economic position.

## 11. SUSTAINABLE CITIES & COMMUNITIES

- Care for Africa is supporting, empowering and strengthening existing communities for a sustainable future.

## 12. RESPONSIBLE CONSUMPTION & PRODUCTION

- Care for Africa is supporting and endorsing responsible consumption, production and use of natural resources.
- Example: by providing school breakfast programs.

## 13. CLIMATE ACTION

- Care for Africa respects and creates awareness within the communities in relation to climate change mitigation and adaptation.
- Establishing water harvesting.
- Planting trees at all our program sites.
- Ensuring education on the environment with all our Adult Learning programs.

## 14. LIFE BELOW THE WATER

- Respecting all-natural water ways.
- Developing deep-water wells for long term sustainable water for partners and communities.

## 15. LIFE ON THE LAND

- Ensuring the conservation and sustainable use of all land we are able to access.
- Planting fruit and firewood trees to preserve and restore the land.
- Appropriately fertilising the land and, companion planting and resting of land between crops.
- Educating about environmental management and sustaining life on the land by preserving and restoring terrestrial biodiversity and ecosystems with all our Adult Learning programs.

## 16. PEACE & JUSTICE, STRONG INSTITUTIONS

- Care for Africa is an effective accountable and transparent organisation.
- Care for Africa is responsible, ethical, inclusive, participatory and representative at all decision making at all levels.
- Our Board of Directors have a fiduciary duty to the organisation by acting honestly, in good faith and to the best of their interests of Care for Africa.

## 17. PARTNERSHIPS FOR THE GOALS

- Care for Africa aims to strengthen the means of implementation of global partnerships by developing reciprocal respectful relationships which build capacity and coherence.



**“We cannot hope for sustainable development without peace, stability, human rights and effective governance, based on the rule of law.”**

United Nations Development Programme.





# FINANCE REPORT

WRITTEN BY **MARK O'BRIEN** DIRECTOR, TREASURER

## THE FINANCIAL PERFORMANCE OF THE ORGANISATION FOR THE YEAR WAS IN CONTRAST TO MANY CHARITIES.

Attached is the audited financial statement for the Peter Hewitt Care for Africa Foundation Inc. for the 12-month period ended 30th June 2020.

The financial performance of the organisation for the year was in contrast to many charities in the light of events that occurred in the world and in Australia in the 2019/2020 financial year. These events placed considerable strain on the fund-raising capabilities of Australian based charities fund raising for charitable services overseas.

The ability of Care for Africa to increase revenue in difficult times is a credit to the efforts of the CEO, the members and the supporters of the organisation.

Revenue for the year totaled \$150,726, (2019 \$123,660) with the increase attributable to a sharp increase in charitable donations.

Project Expenses totaled \$32,355, (2019 \$50,148). Social Enterprise Expenses totaled \$21,356 (2019 Nil). Breakfast Program expenses totaled \$17,700, (2019 Nil). The 2019 expenses were carried over to this financial year.

Administration Expenses fell to \$7,075, (2019 \$14,869) whilst Other Expenses totaled \$60,784, (2019 \$57,903).

The financial statements disclose a net asset position of \$241,944 as at 30th June 2020, (2019 \$230,763), a modest improvement of \$11,231 compared to the prior year.

The organisation ended the financial reserve with cash reserves and funds held by RAWCS on behalf of the organisation totaling \$75,566, (2019 \$67,007).

### Income Statement of the Peter Hewitt Care for Africa Foundation Incorporated For Year Ended 30th June 2020

Revenue	2020	2019
<b>Donations and gifts</b>		
Monetary	\$138,535	\$96,701
Non-monetary	\$0	\$0
Grants	\$0	\$11,641
Commercial Activities Income	\$0	\$0
Other Income	\$12,191	\$15,318
<b>Total Revenue</b>	<b>\$150,726</b>	<b>\$123,660</b>
<b>Expenditure</b>	<b>2020</b>	<b>2019</b>
International Programs	\$129,109	\$108,051
Community Education	\$0	\$0
Fundraising Costs	\$3,086	\$0
Accountability and Administration	\$7,075	\$14,869
Commercial Activities Expenditure	\$0	\$0
Non-monetary expenditure	\$0	\$0
Other expenditure	\$225	\$0
<b>Total Expenditure</b>	<b>\$139,495</b>	<b>\$122,920</b>
<b>Excess/(Shortfall) of Revenue Over Expenditure</b>	<b>\$11,231</b>	<b>\$740</b>

# HEALTH REPORT

WRITTEN BY DR SELENA SAYKAO, DIRECTOR HEALTH

## THE 2019 RURAL CLINIC PROGRAM WAS OUR MOST SUCCESSFUL PROGRAM IN OUR HISTORY.

**Over 4 weeks in August 2019, our medical team assessed and treated a staggering 5,222 primary school-aged children in eight rural primary schools.**

All children are medically assessed and given treatment for intestinal worms, a rampant parasitic infection which results in chronic weakness, fatigue and malnutrition. This treatment is supported in our clinics by the delivery of health education to prevent reinfection.

Our 2019 team was led by Phales Y. Buluma, a Tarime-based paediatric nurse who has been an active and valued member of our health program for many years. He led a team of nine Australian volunteers and 12 Tanzanian Health Professionals. Together, they offered many years of clinical experience to our rural community schools – doctors, clinical officers, nurses, paramedics, laboratory technicians, pharmaceutical technicians and essential non-medical roles.

Each school child is given the opportunity to be seen, assessed and have both acute and chronic medical concerns addressed. Almost 4,000 children were tested for malaria and given treatment where needed. Skin conditions are common with over 1,000 children given treatment for scabies or fungal skin infections. Gastrointestinal complaints were reported however there was not a single complaint of diarrhoea. This is without doubt a reflection of the positive impact of improved access to safe drinking water and sanitation in our communities though the provision of deep-water wells and sanitation blocks. Thirteen children were referred for specialist care, either to local medical facilities or partner NGOs.

Alongside the clinics, The Care for Children program has allowed children requiring reconstructive and orthopaedic surgery to receive specialist medical care.



Thanks to the support our colleagues at Plaster House, a rehabilitation centre in Arusha, children from the Tarime were able to travel from Tarime to Arusha to receive surgery and rehabilitation to correct longstanding deformities. We are grateful to have Plaster House's support in caring for these children and their families.

The COVID-19 pandemic has sent shockwaves through the world in early 2020. Our programs have undoubtedly been affected by this emerging and ongoing health crisis. Sadly, our 2020 clinic team will be unable to conduct our usual clinical activities. It is heart-warming to hear that the team is ready and willing to be involved in the future once it is safe to do so.

Our priorities shifted in early 2020 to face this crisis head-on and support our Tanzanian colleagues, the Tarime District Hospital and our Tarime communities. We have concentrated our efforts on the provision of locally-sourced personal protective equipment to community leaders, the Tarime District Hospital and our colleagues working in the communities.



In addition to this, we have focused on providing safe handwashing facilities to our schools and communities through the local production of hand-washing stations and soap. We are monitoring the changing healthcare needs of our communities and reaching out to assist in whatever way we can.

Finally, our work would simply not be possible without their professional expertise, support and enthusiasm of all our volunteers and our Tanzanian colleagues. In such uncertain times, I thank each and every one of you for commitment to improving the health and well-being of our Tanzanian communities.



**“We at Bisarwi school have a lot of reason to thank this organisation Care for Africa Foundation. My school is one of the lucky schools to be visited yearly by Australian doctors and nurses. They work together with their counterparts in Tanzanian medical teams to offer medical assistance to my school students and school teachers.**

**This medical assistance helps many students. One in particular was a student Ghati. Her condition was a nightmare and to see her recover was a joy.**

**All thanks go to Care for Africa for without this organization that student would still be in great pain today.”**

Barnabas Mkama is Assistant Head Teacher at Bisarwi Primary School

## Tanzanian Health Team



**Dr Hamidu Adinani**  
District Medical Officer



**Abdallah Obedi**  
Country Manager



**Phales Buluma**  
Nurse Practitioner & Rural Health Clinic Coordinator



**Dr Ally Salum**  
Clinical Officer  
Tarime Town Council



**Mary Masanja**  
Pharmaceutical Technician



**Dr Marasi Nicholas**  
Clinical Officer



**Anna Odek**  
Nurse



**Agnes Warioba**  
Nurse



**Shamsi Kayondo**  
Tarime District Pharmacist



**Abel Gichaine**  
Social worker



**Alex Mashauri**  
Laboratory technician



**Godson Mmari**  
Driver

# EDUCATION REPORT

WRITTEN BY **DIANA BUTLER** OAM CEO

## EDUCATION ENABLES UPWARD SOCIOECONOMIC MOBILITY AND IS A KEY TO ESCAPING POVERTY.

<https://www.un.org/sustainabledevelopment/education/>

Care for Africa continues to work diligently to develop the education arm of our programs. The organisation works closely with the local teachers, students, families, community leaders and the Tarime District Council to ensure the school communities we support are meaningfully and continuously involved in decisions that directly impact their education. We are committed to embedding Accountability to Affected Populations (AAP) in everything we do.

Every young person we speak with is desperate for an education. They are fully aware that education is their gateway out of poverty.

Children's access to education in an impoverished community requires a comprehensive approach based around access to water, access to sanitation and delivery of basic infrastructure for schooling, materials appropriate to the local community for delivery of education and breakfast programs for young people.

Nolasco Victonel, Head Teacher of Abainano Primary School (Mtana) talks about Care for Africa Foundation's continuing support to his school.

"For more than ten years through Care for Africa has supported my school. I was facing major problems because numbers of my students had always had to walk 14km to and from school. This distance was a burden especially for my younger students. With help from Care for Africa classes were built closer to those students and this enabled them to attend school and further their education. For this we thank Care for Africa Foundation a lot. It's made a very big change to my communities."

The delivery of a breakfast program in an Australian context would simply require the provision of funding and a group of volunteers. In Tarime, a thorough understanding of local conditions and the importance of attendance at school demands the delivery of a locally relevant breakfast program which involves the supply of seed, the growing of maize and the subsequent

delivery of breakfast porridge to the substantial school population.

This year our breakfast program was hugely successful. The program fed over 4,000 children every day they attended school. This is a hugely cost-effective program which costs \$2.12 per school year to feed a child and is a direct consequence of the significant community contribution of providing the labour to implement this.

The delivery of water-wells close to a school means that children, especially female children, have a greater opportunity to attend school and access clean water. We continue to see a significant increase in school attendances with the installation of a deep water-well within the school grounds or close by. This alone has had the greatest impact on increasing school attendances with overwhelming results of increasing school attendance by up to 68%.

The availability of sanitation at the schools again facilitates good health outcomes.

Finally, recognition of the important role of girls in the development of a community means that attention is needed to not just sanitation but also to the provision of programs like "Days for Girls" which addresses some of the impediments associated with lack of hygienic materials for a menstruating girl.

"Evidence suggests that increasing access to secondary education, especially for girls, contributes to stronger economic growth, faster poverty reduction, lower fertility rates, and better child health. In Tanzania, women who complete their secondary education start childbearing later and have fewer and healthier children.

Encouraging girls to stay in school longer by providing safe and good quality secondary education opportunities is one of the most effective ways of reducing early marriage and pregnancy. In Tanzania, pregnancy rates for young women with no education are 52 percent, versus only 10 percent for young women





with secondary or higher education. An improved education sector can drive increases in access, ensure that schools are safe with less risk of gender-based violence, and raise the quality of secondary education.”

<https://www.worldbank.org/en/news/factsheet/2020/03/31/tanzania-secondary-education-quality-improvement-program-sequip>

When students were able to return to school, we were able to provide the schools with the facilities to deliver safe hygiene practices during the coronavirus pandemic and beyond.

Abdallah coordinated local Tarime tradesmen to master their skills to make tippy taps – a simple, easy to make device that will enable the children to wash their hands under running water. Each of our 8 community schools received tippy taps and soap. The soap has been supplied by the Bisarwi Women’s soap-making program. Tippy taps are a cost effective and simple solution to this problem, and play a vital role in health and hygiene programs all over the world.

Our education support does not finish at the school gate. Once we provide the means for social enterprise development, as in the construction of a women’s centre and associated enterprise programs, it is imperative we provide appropriate education programs to ensure that successful and sustainable businesses flourish.

**“We thank Care for Africa for deciding to support us for training. That training is more valuable than giving someone money and sadly we have witnessed many groups which have been established in different villages, which die because of lack of the training that we are going to have.”**

Johanna Marwa (Member of Mtana Women’s Group)

Women perform the majority of agricultural activities and are key to their families’ survival and the life prospects of their children. Education promotes women’s empowerment and gender equality, so that women can effectively contribute to political, economic, social and cultural development. We continue to work with the women to enable them to have control of their own lives, gain skills, build self-confidence, increase their ability to solve problems and develop self-sufficiency.

# SOCIAL ENTERPRISE

WRITTEN BY **RALPH NORTON** DIRECTOR - SOCIAL ENTERPRISES

## THE 2020 SOCIAL ENTERPRISE PROGRAM ACHIEVED A MILESTONE TOWARDS SELF-SUFFICIENCY.

The Care for Africa Social Enterprise planned activities experienced an extremely tough year. Weather conditions were unpredictable, some crops failed, and the community suffered from COVID-19. In spite of this we have managed to grow our community programs.

The Bisarwi women produced twenty-five bags of maize from eight acres of land that was ploughed twice, sown with maize seed and fertiliser. The harvested crop was purchased by Care for Africa to be used in our breakfast programs. This was a 'win-win' for both parties.

This highlights the value of an integrated program where Care for Africa and the local community work together to achieve self-sufficiency.

Thank you to all that have made these life changing programs happen. Together we are making a difference.



### SCHOOL BREAKFAST PROGRAM

Five years since the commencement of the School Breakfast Program we have succeeded in achieving our goal of feeding over 4,000 students across six community schools. Schools offer a key platform from which to launch significant nutrition intervention.

The impact of feeding the children produces healthier and happier students with much greater concentration levels and consequently better school attendance. This has all been achieved with five years of dedicated donors and hard work from all of our key stakeholders.

Healthy and well-nourished school children learn better and have better chances to thrive and fulfil their potential as adults. Ensuring that girls and boys stay in school and are able and ready to learn allows countries to develop their human capital and individuals to more fully achieve their potential in life. It strengthens community cohesion, stability and productivity, and helps make people and societies more resilient in a rapidly changing world. United Nations World Food Programme 13 September 2019

A special mention goes out to 'The Bandicoots', Grade 3 and 4 students at Boat Harbour Primary School, who supported the Breakfast Program at the Kebhosere school.

Due to drought, the current cost per student has risen from AUD2.12 to AUD2.40 per student per school year. We expect these costs to rise in 2021.

The impact of our Breakfast Programs and the long-term benefits are enormous for the individual child and right through to a community level.

### SCHOOLS

Due to COVID-19 all Tarime schools were closed from 17th March until 27th June 2020.



## MTANA

Unfortunately, due to heavy rains all sunflower crops failed in the area. The women then re-sowed the ground with rice and we are hoping for a reasonable harvest.

A special thank you to Jo Stubbs for her continuing support and care for the Mtana women and girls. "Jo's House of Love", which is almost complete will be a special centre/ refuge for the women and girls of the Mtana community.



## CENTRES FOR EMPOWERMENT OF WOMEN

The women's centres are built on community land. The women and the community have a formal agreement which allows the women to have a permanent lease of the land. The women own the building and have a formal document that outlines the governance procedures for leadership and how each centre will continue through generations.

The community contributes twenty percent of the total cost by supplying rocks for the foundations and making the bricks for their buildings.

We have a hugely successful adult learning program. This program was run for five months with the Mtana and Bisarwi Women's Groups by the Tarime District Community Development Officer. The women and men learnt bookkeeping, entrepreneurship, English, dispute management (law), leadership, marketing, tie dying and environmental management. We plan to continue this vital program with the Surubu Women's group, as well as expanding the program with our initial groups.

**"This is the best help we can receive because our future will be seen and continued"**

Abraham Tagagasi (Group Chairman).



## BISARWI WOMEN'S GROUP

The successful cultivation of maize in the 2019 season resulted in twenty-five bags of grain (estimated value AUD61 per 100 kilo bag) available to be used in the Care for Africa Breakfast Program. The eight acres have been ploughed and made ready for planting again.

The Women's Group sewing activities continue to be a reliable source of income and training ground for young women in business, sewing skills and personal development.

In 2019, the Women's Group commenced making sanitary washable products from locally sourced materials to be used in our Community 'Care for Girls' Program.

During the time of COVID-19, Care for Africa successfully funded a soap making program to help school children and the general community combat the deadly virus. This will reinforce the importance of good hygiene to combat the spread of any virus now and in the future.



## SURUBU WOMEN'S GROUP

The main building has been completed but the Women's Group activities have been limited to agriculture. To enable the Group to use the ten sewing machines already provided, Care for Africa has agreed to supply ten sewing tables.

# EMPOWERMENT OF WOMEN

OUR AIM IS TO PROMOTE GENDER EQUALITY AND EQUITY.

Investing in women's economic empowerment sets a direct path towards gender equality, poverty eradication and inclusive economic growth. Women make enormous contributions to economies, whether in businesses, on farms, as entrepreneurs or employees, or by doing unpaid care work at home.

<https://africa.unwomen.org/en/what-we-do/economic-empowerment>



**“Established women groups in Mtana and Bisarwi with a major aim of empowering them to grow economically by engaging in income generating activities such as tailoring, weaving, agribusiness and this was a very good initiative from Care for Africa since women in this area are the family caretakers by 98%. Men do not participate in income generating activities like women do.”**

Shamsi Kayondo; Tarime District  
Pharmacist

Care for Africa recognises that women and girls are disproportionately represented amongst the poor and marginalised people. Addressing this inequality is a priority for Care for Africa.

Care for Africa project planning processes involve consultation with those marginalised due to identity, in particular women and girls. Together we identify opportunities for their participation and achieve contextual analysis of barriers to their inclusion.

The installation of deep water-wells in school grounds enables girls that would otherwise spend their days collecting water, to go to school to obtain an education. The women and girls are actively engaged and included in the planning processes of this water project.

To date we have built women's centres in three villages Bisarwi, Mtana and Surubu. We are supporting these women's groups by providing adult education and training for women in areas including family planning, business administration, finance, environmental responsibility and social enterprise. The women's centres provide an avenue for women to develop social enterprises such as sewing, catering, agricultural programs and sunflower oil production. These in turn enable opportunity for income generation.

Our Care for Girls initiative has partnered with the 'Days for Girls' program to train women in the centres to make washable menstrual products and to provide associated women's health education. Sanitation blocks have been built in schools with a dedicated wash area for menstruating girls. These initiatives are removing the barriers that have been preventing girls from attending school, increasing skills, and knowledge and income opportunities for females.

We ensure involvement and appropriate participation from the men and boys in projects which address the situation of women and girls.

The women monitor and evaluate their programs as they are the owners and initiators of their programs. This in itself builds capacity and empowerment.

Our special thanks to Jo Stubbs for her initial set up sponsorship and continuing support and sponsorship for the Mtana Women; and The Boat Harbour Craft Group for their initial sponsorship and continuing support and sponsorship for the Bisarwi Women.

WRITTEN BY

**Diana Butler** OAM, CEO



# CARE FOR GIRLS



**Due to the COVID -19 and consequent travel bans, we have, unfortunately been unable to proceed with the implementation of the Care for Girls and Women's menstrual health programs.**

We have had a number of very informative and productive meetings with the "Days for Girls" Australian Co-Ordinator, Mrs Mary Connelly-Gale and the Tasmanian State Co-ordinator Mrs Denise Talbot.

We are now in the process of reorganising the program in alignment with the newly introduced Days for Girls standards and guide lines. Our intention now, is to order enough ready-made "Days for Girls" Kits and organise an Ambassador in Women's Health education program for menstruating school girls.

Care for Africa is eagerly looking forward to applying to set up a "Days for Girls" enterprise in Tarime when we can safely travel to Tanzania. We are presently seeking and assessing suitably educated women to undertake the courses.

I would like to convey my heartfelt thanks to both Mary Connelly-Gale and Denise Talbot for their expertise, positivity and encouragement for our future success.

Many thanks, also to the following, for their generous support and financial assistance, without whom we could not empower these young women.

**DoTerra Healing Hands** \$5,000 grant

**Evandale Rotary Club** Cutting Machine for cutting material.

**Perth Lions Club** 40 meters of PUL material

**"Days for Girls" Launceston Chapter** \$1,000, cutting mats, templates and educational flip charts.

I look forward to achieving our hope, of enabling girls to continue their education, empower them to reach their goals and lift them and the Tarime district from poverty.

WRITTEN BY

**Heather Sparkes** Coordinator

## ACFID

On 30th April, Care for Africa submitted an application for membership of the Australian Council for International Development (ACFID). ACFID are a membership organisation representing international development organisations within Australia. Of 55,000 charities reregistered with the ACNC only 130 are ACFID members. So, gaining membership of ACFID will be a big deal for our organisation if we are successful.

ACFID membership will raise the profile of our organisation; provide us for opportunities to further develop our networks with likeminded organisations; and provide opportunities for professional development and learning for Care for Arica.

Applying for ACFID membership was a rigorous process which involved Care for Africa making an agreement to commit to the ACFID Code of Conduct. In doing so we have developed Care for Africa policies and procedures and prepared responses detailing how Care for Africa complies with all 33 commitments in the ACFID Code and board members, staff and key volunteers have had to complete an e-learning training about the ACFID Code. The application was prepared by the accreditation working group consisting of Diana Butler and Directors Ross Hart and Sophie Folder.

The Care for Africa board members see's accreditation as important for the sustainable future of Care for Africa. Gaining ACFID membership is a steppingstone towards our ultimate goal of gaining accreditation with the Department of Foreign Affairs and Trade (DFAT) for our organisation.

We will keep you posted on the success of our application as it is assessed by ACFID over the coming months.

WRITTEN BY

**Sophie Folder** Director & Coordinator



# VOLUNTEERS

WRITTEN BY **DIANA BUTLER** OAM CEO

The joy and rewards I see with our volunteers working on the ground and connecting at a grass roots level with the people of Tarime brings about a changing experience for all.

**Our volunteers give their valuable time, expertise, knowledge and skills to help make an effective change at a local level to those residing in outlying rural communities in Tarime.**

Asante sana (thank you) to all our amazing volunteers. Our volunteers are the fibres that enable Care for Africa to weave its magic with our Tanzanian partners to transform many impoverished lives and to create a life of empowerment and opportunity.

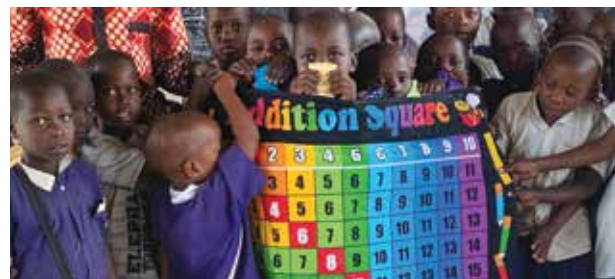


## THE BOAT HARBOUR CRAFT GROUP

**As I am sure so many are going to report, this has been a year of mixed emotions, mixed opportunities and consequently mixed results.**

The efforts of our many supporters in the Northwest (NW) Community began with their usual enthusiasm, everyone excited to continue the tremendous fundraising that has enabled us to contribute so successfully over the past few years. Our International Women's Day celebration, having become a bi-annual event meant we needed to put our thinking caps on for other activities. But then as we all know things came to a halt when we, particularly on the NW coast, had early restrictions enforced that put all our gatherings on hold.

With the future unknown we donated all that has been raised to date, AUD2122. We are praying that projects such as our Breakfast Program and our dear friends and sisters at the Biswari Women's Centre with their new Sunflower enterprise, amongst their other important endeavours to help those in their community, will benefit for that little bit longer. It was also important to reassure our young students, the Bandicoots at Boat Harbour Primary - that in spite of what is happening worldwide, the partnership and breakfast program they



recently initiated were going to be of major importance to the health and well-being of their new friends of Kebhosere Primary School. A world-wide health crisis is a bit hard for young Grade 3-4 students to grasp.

We would again like to thank you, Care for Africa, for allowing us to be a part of your program and we continue to take heart in the message you shared with us: all the work that has been done by Care for Africa has put the people of Tarime in a better position to be able to cope with this COVID situation. The health education, the gift of water, children with full tummies, all have changed their lives which will give them the chances they would never have had before Care for Africa came into their lives. Thank you for them and thank you from us.

WRITTEN BY

**Barbara Minahan** Coordinator

# FUNDRAISING

WRITTEN BY **DIANA BUTLER** OAM CEO

## CARE FOR AFRICA RAISES FUNDS SO THAT WE CAN FULFIL OUR MISSION AND MAKE A DIFFERENCE.

It is imperative that we maintain a strong fundraising effort to ensure there are adequate funds to support all of our activities. Lack of funds will ultimately threaten the very survival of the work of Care for Africa.

With that, I thank everyone for their fundraising efforts, donations and gifts, which allow us to do the work that we do. We could not do this without you.

Every cent and every dollar are valuable to us. It costs 5 cents to deworm a child and \$2.12 to feed a child at school for a year. These small amounts may not seem much to others but the impact on the lives of the people in Tarime is massive and ultimately life changing. Thank you.

Fundraising is one of the most selfless things one can do and many people are drawn to it as a way of giving back.

Care for Africa is a member of the Fundraising Institute of Australia (FIA), the national peak body representing fundraising in Australia. FIA champions and facilitates best practice, with their code for ethical fundraising and through professional development, networking and advocacy for their members.

### **Our special thanks to:**

**The Boat Harbour Craft Group** "The Ties that Bind Us" The Boat Harbour Craft Group remain tirelessly committed to fundraising and supporting the Bisarwi Women's Group.

**"It is such an honour to fundraise to build a women's centre and continue to fundraise to enable education and seeding of women's programs which will ensure that the women are no longer dependent on donors and others for their futures".**

Barbara Minahan

**Boat Harbour Primary School Bandicoots** coordinated by Marian Ellis and Barbara Minahan continue to raise money to feed the school children at Kebhosere for a whole school year and the planting of fruit trees at the community schools in Tarime.

**Longford Blooms** coordinated by Paula Gordon-Smith and Pamela Coleman have generously donated. Rotarian Graeme Le Fevre and the Rotary Club of South Launceston have worked tirelessly behind the scene with Paula & Pamela to ensure the success of this event.

**Jenny Saunders and Justin Birchmore** for organising a wonderful evening at Queen Victoria Museum and Art Gallery of entertainment by Baroque soprano Sara Macliver accompanied by Meriel Owen on harp.

**WD Booth Foundation** for supporting the soap making enterprise program.

**Rotary South Launceston** Care for Africa's Rotary Australia World Community Service sponsor club funded the build of the Surubu Women's Centre. We would like to acknowledge Past President Glenda Isles for initiating and driving this wonderful project.

**MAP Foundation** for funding the build of the Kebhosere second classroom.

**Our community** thank you to our community for supporting us through the appeal letters we circulated. This provided income for Abdallah's wage and the hygiene program, which included the soap making enterprise program and Tippy Taps.

**Walk for Water 2020 (W4W20):** coordinated by experienced international climber and guide John Carswell to install a deep water well in Bulimba Community. On the 19th July, 14 enthusiastic Tasmanian walkers were busy training and raising money to leave the foothills of Mt Kilimanjaro to climb 5,895m to summit the "Roof of Africa." That trip was postponed due to COVID 19. The team is continuing their fundraising efforts locally with the plan to install the well by Christmas 2020.

**Jo Stubbs** donated for the construction of "Jo's House of Love". This will be a special centre for the women and girls in Mtana Community.

**Jane James** for sponsoring the Tarime District Health Insurance Program and Mr Mbogo's education

**Christopher Strong Trust** for sponsoring teacher training

**Dean Hohn** for producing wearable art from his VIDA Nuna Collection for sale and his stunning photographic art for purchase and auction at functions and

**Marie and Frank from Print 2 Metal** for their continued support with printing Dean Hohn's work on metal.

**John Sumner** for sponsorship to fund repairs and the re-sleeving of the Kiterere Well as well as general water well maintenance

**Marcus Albertson** for sponsorship of the Kebhosere School desks

**Child Sponsorship Parents** from all our vulnerable sponsored children

**Joe Tempone** for his sponsorship following raising funds for his 60th birthday for Elik

**Peacehaven Chapel & Paul Grayston** for educational supplies and resources

**Rotary Club of South Launceston** Care for Africa sponsor club, for sponsoring the Surubu Women's Centre construction and general revenue

**Rotary Club of Launceston** for sponsoring Magreth, Remagwe Water Well

**Peter Hayes** for sponsoring the breakfast program

**David Vauton** for sponsoring the breakfast program

**Ralph Norton** for sponsoring the breakfast program

**DoTERRA Healing Hands** Grant from "Days for Girls" to our Care for Girls Program

**Heather Sparkes** Care for Girls



**Days for Girls Launceston Chapter Denise Talbot** to our Care for Girls Program

**The Rotary Club of Evandale** for supplying a cutting machine, which cuts fabric in bulk for the washable menstrual pads for the Care for Girls Program

**Perth Lions Club** for waterproof fabric required for the washable menstrual pads

**Rupert Mackenzie** though Scotch Oakburn Round Square made a palate table and auctioned it to proceeds

**Our volunteers** that join us in Tarime all raise vital funds prior to their trip. These funds are used to run the programs that they volunteer in.

Finally, I would like to thank the **Rotary Club of South Launceston** and **RAWCS** for facilitating all tax deductibility of all donations.

Together we are transforming lives, we can only do this because of the generosity of our Care for Africa family that fundraises and donates to us. Thank you to you all for making Care for Africa happen and creating opportunities for such valuable change in people's lives. We could not do this without you.

**"I would like to thank and acknowledge you all for the support you have put to our organisation. It is giving us a way of delivering all those in need of assistance and support to our communities. You are engines to make us run all our programs. We are asking you all to continue the journey of assisting us in any way you will be able to."**

Abdallah Obeid



# CHRISTOPHER STRONG EDUCATION TRUST

Congratulations to Nyamtondo Kulwa and Henry Ramadhan for completing their Primary Teacher training at Tarime Teacher's College this year.

"It has been such joyful and rewarding journey to see Nyandantono and Henry complete their education."

I met Nyandantono and Henry two years ago at the Tarime Teacher's College. The College Principal called both students into his office to meet with Abdallah and myself. The two students came to the office in fear of expulsion and reprimand. They had been unable to pay their school fees due to poverty and had an accumulated debt due to school fees and stationery.

I have never seen two faces light up with so much joy, when I explained to them that the school had chosen them to be the recipients of sponsorship through the Christopher Strong Education Trust.

**Nyandantono and Henry are examples of the future children who are waiting for their education to begin. Investment in the education of the children provides lasting and effective change for the next generation and each generation thereafter."**

Diana Butler OAM, CEO

The Trust fund has agreed to sponsor two new students Nice Phabian and Elisha Jailo Nelson

These students are worthy of support due to the inability of their family to support their tertiary training. Whilst there is no guarantee these students will be available to support education outcomes in Tarime.

The World Education Forum Tasmania (WEFT) has chosen to retire gracefully this year after 50 years of influence in Tasmanian Education. The Forum has donated its assets to The Christopher Strong Education Trust (CSET). CSET is an initiative of WEFT and shall continue to support Care for Africa on an annual basis. John Wettenhall has agreed to replace retiring Trustee, Simon Hegarty. We thank Simon for his guidance over 9 years. Simon has agreed to audit our Trust accounts as an ongoing commitment for his firm, together with Rae & Partners who have managed legal documentation over the years as a contribution to CFA.



Nyamtondo Kulwa



Henry Ramadhan

The Trust looks forward to an established relationship with Care for Africa and its commitment to sponsor training for educators in Tanzania.

WRITTEN BY

**Jon Hosford, Trustee,**  
Christopher Strong Education Trust





## SPONSOR CHILDREN

Care for Africa continues to sponsor the most vulnerable children in Tarime.

These challenging times have seen our sponsor program increase from 11 to 18 children receiving assistance.

The COVID-19 pandemic hit Africa not only as a health crisis but also as a devastating socio-economic crisis. The pandemic has also severely impacted children's learning due to schools being forced to close. Schools are also a place where they have a nutritious meal (sometimes their only meal for the day).

Through our sponsor program, we help to transform stories of desperation into ones of resilience and hope.

"If I look at the mass, I will never act. If I look at the one I will." Mother Teresa

Thank you to our growing number of sponsors for joining with us to extend support and offer hope to these beautiful children. Their future is brighter because of you.

WRITTEN BY

**Wendy Dalton**

Child Sponsorship Coordinator





For further information visit  
[www.careforafrica.org.au](http://www.careforafrica.org.au)  
or phone +61(0)408 994 883

