

ALERT LEVEL	YOUR RESPONSIBILITY	PUBLIC HEALTH MEASURES
ALL	<ul style="list-style-type: none"> Follow Public Health Guidance for All Alert Levels. If you have COVID-19 symptoms, use the online COVID-19 Assessment and Referral tool or call 811 if you do not have internet access. Outdoor activities, including walking, hiking, or snowshoeing, are encouraged as long as physical distancing can be maintained between household bubbles and you are not required to self-isolate for any reason. 	
5	<ul style="list-style-type: none"> Stay at home as much as possible, except to get essentials like groceries and medications. Limit contact with others to only those in your household bubble. Single person households can bubble with another household. 	<ul style="list-style-type: none"> Gatherings at funerals, burials, weddings, religious and cultural ceremonies are limited to no more than 5 people, including the officiant. Physical distancing must be maintained. Public visitations and wakes are prohibited. With the exception of a single person household joining another household, all other gatherings are limited to those individuals within the same household. Gym and fitness facilities, yoga studios, swimming pools, tennis and squash facilities, arenas, and dance studios are closed. Performance spaces are closed. Group and team sport, arts and recreation activities are suspended. Private health care clinics are closed, except those of physicians and nurse practitioners. Closed clinics can offer urgent and emergent care, and virtual options can be offered for non-urgent care.
4	<ul style="list-style-type: none"> Stay at home as much as possible, except to get essentials like groceries and medications. Work from home, where possible. You must stay within your household bubble whenever you are not at work or school. You can expand your bubble by a small amount to connect with immediate family where necessary, bring in caregivers, or support isolated people. 	<ul style="list-style-type: none"> Gatherings at funerals, burials, weddings, religious and cultural ceremonies are limited to no more than 10 people, including the officiant. Physical distancing must be maintained. Public visitations and wakes are prohibited. Informal gatherings are limited to only those in your bubble. Gym and fitness facilities, yoga studios, swimming pools, tennis and squash facilities, arenas, and dance studios are closed. Performance spaces are closed. Group and team sport, arts and recreation activities are suspended. Regional health authorities will begin to allow some health care services to resume. Private health care clinics can open in accordance with guidelines.
3	<ul style="list-style-type: none"> Stay at home as much as possible. Those at higher risk of complications due to COVID-19 should not go out, except to get essentials like groceries and medications. Your household can interact with up to 10 close, consistent contacts from outside your household bubble (Tight 10). 	<ul style="list-style-type: none"> Gatherings at funerals, burials, weddings, religious and cultural ceremonies are limited to no more than 20 people, including the officiant. Physical distancing must be maintained. Public visitations are permitted, with one household bubble visiting at a time. Wakes are prohibited. Informal gatherings are limited to only those in your Tight 10. Gym and fitness facilities, yoga studios, swimming pools, tennis and squash facilities, arenas, and dance studios are permitted to open, with a maximum capacity of 20 people per room or ice surface. Physical distancing between household bubbles must be maintained. Performance spaces are closed. Group and team sport, arts and recreation activities are suspended.
2	<ul style="list-style-type: none"> People can move about more. Those at higher risk of complications due to COVID-19 should stay at home as much as possible, except to get essentials like groceries and medications. Your household can interact with up to 20 close, consistent contacts from outside your household bubble (Steady 20). 	<ul style="list-style-type: none"> Formal gatherings run by a recognized business or organization are limited to no more than 50 people. Physical distancing must be maintained. Public visitations are permitted, with one household bubble visiting at a time. Wakes are prohibited. Informal gatherings are limited to only those in your Steady 20. Gyms and fitness facilities, yoga studios, swimming pools, tennis and squash facilities, arenas, and dance studios are permitted to open, with restrictions. Performance spaces can open with a maximum capacity of 50 people. Physical distancing must be maintained. Group and team sport, arts and recreation activities restrictions are permitted, in accordance with guidelines.
1	<p>Lifting long-term public health measures will depend on:</p> <ul style="list-style-type: none"> Evaluation of transmission patterns of COVID-19; Availability of an effective vaccine and/or treatment; and A strong public health system. 	