THE ORIGINS OF CHINESE NATURE POETRY

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The opening decades of the sixth century of our era saw the production of two works of literary criticism, the Wen Hsin Tiao Lung 文心雕籠 of Liu Hsieh 劉恕 and the Shih P'in 詩品 of Chung Hung 鍾嵘¹ which in their scope and critical acumen represent the highest point reached by a movement which had begun to gain impetus only a century or so before.²

Yet important as these works are, their account of the development of Nature poetry, "shan-shui shih" 山水詩, is extremely misleading. Liu Hsieh writes in his chapter on poetry:

"Literature at the beginning of the Sung dynasty (i.e. the Liu Sung dynasty, A.D. 420-79) underwent a stylistic revolution. Chuang-tzu and Lao-tzu went out and Nature poetry flourished."³

And Chung Hung says in his preface to the Shih P'in:4

"During the Yung-chia period (A.D. 307-12) Taoism flourished. Discourses on the Void were highly valued (i.e. Taoist philosophy). In the

1 Liu Hsieh (Biography in Liang Shu 50. Nan Shih 72). (A.D. 366-8—510). For a discussion of the birth date of Liu Hsieh see the T'ung Yi T'ang Wen Chi 通義堂文集 of Liu Yü-sung 劉嶽崧. Wen Hsin Tiao Lung was probably written about A.D. 502. Chung Hung's biography is in Liang Shu 49. Nan Shih 72.

verse of the time there was more philosophy than there was poetry. It was flat and insipid. A little of this influence was passed on to the other side of the river (i.e. to the Eastern Chin dynasty). Sun Ch'o⁵ 孫綽, Hsü Hsün,⁶ 許詢 Huan (Hsüan)⁷ 桓玄 and Yü (Ch'en)⁸ 庾闡 wrote verses which were all as dull and as full of allusions as the *Discourses* on the *Tao Te Ching*. (By Ho Yen 何晏 A.D. 249) The inspiration of the Chien-an period had petered out."

That these famous dicta asserting that Taoist verse (Hsüan-yen shih 玄言詩) suddenly gave way to Nature poetry were evidently critical commonplaces of the time, and not the result of a mere propensity to sacrifice accuracy to antithesis is evident if we examine the works of other important critics of this period.

Shen Yo 沈約 (441-513) says in his famous postface to the biography of the great Nature poet Hsieh Ling-yün 謝 靈 連 (385-433):

This critical movement may be said to have really begun during the 5th century A.D. though there are, of course, isolated outstanding works of criticism before this. But it is during this period that we first find a great number of critical works recorded. During the Liu Sung dynasty we find the Hsii Wen Chang Chih 續文章志 of Fu Liang 傳義 (A.D. 374-426); the Chin Chiang Tso Wen Chang Chih 晉江左文章志 of Emperor Ming of Sung; the Wen Chang Lu 文章錄 and the Pieh Chi Lu 劉樂錄 of Ch'iu Yuan 郑潔 (fourth century A.D.): See the Yü Hai 54. p.7a.ff. The Hung Pao 過費 of Wang Wei 王徽 (A.D. 415-443): See the Preface to the Shih Pin of Chung Hung.

During the Ch'i dynasty (479-501) we find the Chiang-tso Wen Chang Lu Hsü 江左文章綠序 of Ch'iu Ling-chü 丘霞縣 (f. A.D. 484) (See the Yü Hai 54. p.7a.). The Wen Shih Chuan 文任像 of Chang Shih 張騰. The Sung Shih Wen Chang Chih 宋史文章志 of Shen Yo 沈約 (A.D. 441-613). (Both these are recorded in the Sui Shu Ching Chi Chih). The Wen Chang Shih 文章始 of Jen Fang 任明 (A.D. 460-508) The Hsü Wen Chang Chih 粮文章志 of Ch'en Yao-ch'a. The chief early sixth century works beside the Wen Hsin Tiao Lung and the Shih P'in are: Hsiao T'ung's prefaces to his Wen Hsüan and his "Collected Works of T'ao Yüan-ming." Hsiao Kang's 蕭獨 (Emperor Chien-wen of Liang, reigned A.D. 550-552) three "Letters", and the "Letters" of Hsiao I 蕭釋 (Emperor Yüan of Liang, reigned A.D. 552-554.)

^a Wen Hsin Tiao Lung, Ming Shih. 明詩, p. 2a.

⁴ Shih P'in p. 16.

⁵ Sun Ch'o, style Hsing-kung 與 公 (A.D. 320?-380?). For an account of this poet see Hellmut Wilhelm's "Note on Sun Ch'o and his Yū-Tao-Lun" (Liebenthal Fest-schrift, 1957, p. 261).

Sun Ch'o's birth and death dates are extremely controversial. Wilhelm would assign him the dates A.D. 313-370. But he has overlooked the fact that Sun wrote an eulogy 養 for the monk Chu Tao-t'ai who died between 397-402. (See the Shih Shih I-nien Lu 釋氏疑年龄 of Ch'en Yuan 陳垣 C.I. p. 3b.) Of course this eulogy may have been written during Tao-t'ai's lifetime. But its position in the context of Tao-t'ai's biography (KSCTT. No:2059, p. 357a) is misleading, coming as it does after the account of his death. (Ibid. p. 357b). This additional clue only serves to make Sun Ch'o's dates even more hypothetical. A. E. Link., "Biography of Shih Tao-an" (TP XLVI. 1958, Note 3, p. 41) would assign him the dates 301-385 or after. This is nearer the mark, though I fail to see why Link accepts as early a birth-date as A.D. 301. His biography in Chin Shu 56, p. 1233b, is based on the Shih Shuo Hsin Yü.

^{*} Hsü Hsün, style Hsüan-tu 玄度 (300?-356). Belonged to the coterie of aristocrats around Hsieh An. They maintained him for many years as a recluse in Kuei-chi (Shih Shuo Hsin Yü, III A, p. 176, SPTK ed.) He was noted for his skill at ch'ing-t'an and at writing five-word poems. Emperor Chien-wen (371-73) said of him: "Hsūan-tu's five-word poems are far beyond all others in their subtlety" (Shih Shuo Hsin Yü IA, p. 34a, SPTK ed.)

The text has Huan 桓 which could refer either to Huan Hsüan 玄 or Huan I 争. Huan Hsüan, style Ching-tao 敬道 (369-404) hardly seems a promising choice. He was the son, by a concubine, of the famous general Wen 溫 (312-373). In 403 A.D. he seized the Chin throne and overthrew the dynasty. In the following year, however, he was overthrown by Liu Yü 劉裕 and killed. He had only the most minor of reputations as a poet.

Huan I, style Mao-lun 茂倫. (275-328), Biography in Chin Shu 74, p. 1274d, is preferred by Chang Chen-yung 强振鱂 (see the Chung-kuo Wen-hsüeh-shih Fen lun 中國文學更分論 p. 43. Ch'angsha. 1938). However, he has no reputation as a poet whatsoever so I have reluctantly decided in favour of Huan Hsüan.

⁸ This could refer either to Yü Liang 寒 or Yü Ch'en 闡 (or Ch'an. Ancient: tś'jān). Yü Liang, style Yüan-kuei 元 規 (289-340) Biography in *Chin Shu* 73, p. 1272b, has a reputation as a Taoist rather than a poet. Hence in view of Yü Ch'en's importance in the literary history of this period I have adopted this interpretation. See below, Note 66, for further details on Yü Ch'en. (Better read Yü Ch'an; *Editors*).

Sung Shu 67. p. 1395d.

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"After the restoration of the Chin dynasty (in A.D. 317) the influence of Taoism reigned supreme. Studies went no further than Chu-hsia (i.e. Lao-tzu) and knowledge ended with the first seven chapters (of Chuangtzu). Their words went galloping on while their ideas were drawn only from these books. From the Chien-wu period (A.D. 317) until the I-hsi period (A.D. 405) for almost a hundred years, contrasted tones and coupled phrases rushed together like billows and rolled up like clouds. Everyone expressed himself through the 'highest virtue' and took his idea from 'the mysterious pearl'10 and so language of consummate beauty was simply unheard of.

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"Chung-wen11 was the first to alter the influence of Sun and Hsü. Shu-yüan12 brought about a change in the spirit of the T'ai-yüan period (A.D. 367-97). By the time of the House of Sung we find that Yen (i.e. Yen Yen-chih 13 顏 延 之) and Hsieh (i.e. Hsieh Ling-yün) excelled everybody else in verse. Ling-yun's metaphorical style is of the highest order while Yennien's form is brilliant and finely chiselled. Both ran side by side in the tracks left by the great writers of the past and bequeathed a model for posterity."

Another critic, Hsiao Tzu-hsien 蕭子 顯 (A.D. 489-537) says in his appendix to the biographies of literary men in the "History of the Southern Ch'i Dynasty" (A.D. 479-501)14:

"The prevailing taste south of the Yangtze made the words of the Taoist schools flourish. Kuo P'u15 郭業 brought to light its magic transformations, Hsü Hsün carried the Doctrine of Names18 (Ming chiao) to its highest pitch. This mystic spirit was still not entirely lacking in (Yin) Chung-wen 股仲文. Hsieh Hun 謝混 discovered a new range of emotions but he has never had the recognition that he deserves."

Perhaps the fullest account of the literary history of this period is given by a passage in the lost historical work the Hsü Chin Yang Ch'iu 續 晉 陽 秋 of Tan Tao-luan 檀道鶯 (fl.: fifth century A.D.) which in discussing the verse of Hsu Hsun also gives a useful account of the developments leading up to it.17

"Hsun had a gift for style and wrote well. Since the time of geniuses like Ssu-ma Hsiang-ju 司馬相如 (179-117 B.C.), Wang Pao 王褒 (d. 61 B.C.) and Yang Hsiung 揚雄 (53 B.C.-A.D. 18) everybody had thought highly of 'Fu' poems and 'Odes' and modelled their style on the Shih Ching 詩 經 and the Li Sao 離 騷, making an eclectic choice from all the words of the philosophic schools.

"During the Chien-an period (A.D. 196-219) poetry was in a very flourishing state. Even up to the end of the Western Chin dynasty (A.D. 317) P'an Yo 潘岳 (A.D. 247-300), Lu Chi 陸機 (A.D. 261-303) and their followers all had the same aims although some used simple language and some ornate.

"During the Cheng-shih period (A.D. 240-9) Wang Pi 王 舸 (A.D. 226-49) and Ho Yen 何晏 loved the mysticism in the discourse of Chuang 莊 and Lao 老 and everyone admired them. After the crossing of the Yangtze (i.e. after the fall of Western Chin in A.D. 317) Buddhism flourished greatly and it was on account of this that the five word poems of Kuo P'u first put into rhyme the words of the Taoists.

"Hsün and Sun Ch'o of the T'ai-yüan period (A.D. 376-97) on the contrary thought highly of Buddhism, so they for their part added phrases from the Three Ages (三世 i.e. past, present and future, a Buddhist term) to their style and completely did away with forms based on the Shih Ching and the Li Sao. Hsun and Ch'o were the best writers of their time and from them all scholars took their style as a model. During the I-hsi period (A.D. 405-19) Hsieh Hun began to change this."

The above quotations give a good idea of the contemporary opinions about the development of Nature poetry. By combining the various points of view of all these critics one may arrive at something like the following résumé of their arguments:

"Taoist verse began to come into prominence with Kuo P'u, a Taoist who wanted to combat the growing influence of Buddhism. His verse,

17 Cited in the Shih Shuo Hsin Yu, I.B. pp. 33b-34a.

¹⁰ The expression "highest virtue" occurs in the Tao Te Ching 38. (Chu Tzu Chi Ch'eng ed. p. 23) 上 總 不 總 是 以 有 德. The "mysterious pearl" is an expression from Chuang-tzu. 12.18 遺其 玄珠. Both phrases are glossed as meaning "the Way" by most commentators.

¹¹ Yin Chung-wen, style Chung-wen 仲文, d. A.D. 407. From Ch'en commandery 陳 郡. Sided with Huan Hsuan in his usurpation of the throne and was later killed by Liu Yü. Hsieh Ling-yün once said of him: "If he had read half as many books as Yüan Pao 意物 his literary genius would have been equal to that of Pan Ku". (Biography p. 1344a. Biography: Chin Shu. 99. p. 1343d).

¹¹ Hsieh Hun, style Shu-yüan 叔原 (d.412 A.D.), a grandson of Hsieh An and uncle of Hsieh Ling-yun. He is known for his literary salon where he schooled his young nephews in the arts of verse. He was ultimately executed for his part in Liu Yi's conspiracy against Liu Yu. Biography: in Chin Shu 79. p. 1289.b.

¹³ Yen Yen-chih, style Yen-nien 延 年 (384-456) was one of the three leading poets of the Yuan-chia era along with Hsieh Ling-yun and Pao Chao 鮑 照 (405-466). There is a brief account of his career in Liebenthal "A biography of Chu Tao-sheng". (Monumenta Nipponica XI, p. 77. Note 56).

¹⁴ Nan Ch'i Shu. 52, p. 1749.d.

¹⁶ Kuo P'u, style Ching-shun, 景純 (276-324) is known today chiefly for his "Fourteen Poems on Wandering Immortals". Chung Hung remarks of him (Shih P'in p. 10a): "He was the first to bring about a change in the monotonous style of the Yungchia period (A.D. 307-313). Hence he may be called the first poet of the restoration."

The preface to the Shih P'in modifies this statement by asserting that Liu K'un 初起, style Yueh-shih, 越石 (270-317), shared this honour. Liu K'un is a neglected poet of considerable stature. See Shen Te-ch'ien's remarks on him in the Ku Shih Yuan 古詩源.

¹⁶ The philosophical thought implied by this term is outlined in Feng Yu-lan's 屬友關 Chung-kuo Che-hsueh shih. p. 604.ff. Trans. D. Bodde, 4 History of Chinese Philosophy Vol. 2, pp. 175-179.

however, was still stylistically related to the Shih Ching and the Ch'u Tz'u poems. Hsü and Hsün and Sun Ch'o broke completely with this tradition. Their most famous followers were Huan Hsüan (?) and Yü Ch'en. Their style was gradually altered by Yin Chung-wen and finally transmuted by Hsieh Hun."

All these critics, then, agree in seeing Nature poetry develop as the result of a sudden revolution in taste which overthrew the reigning Taoist verse and ushered in the first of the great Nature poets, Hsieh Ling-yün. This critical stereotype was to persist more or less unchanged for the next 1500 years or so. So even the great Ch'ing critic Wang Shih-chen 王士順 (A.D. 1634-1711) does little more than elaborate on these earlier views in his discussion of Nature poetry.

"The 305 poems (i.e. 'The Classic of Poetry') in expressing grievances through metaphors include the names of birds, animals and plants with few omissions. And though they do not depict landscapes yet here and there are a few stanzas, or rather a few lines in a few stanzas, which do so. Such are those in 'Wide is the Han' (Song 97) and 'What is there on Chung-nan Hill?' (Song 130). But there is nothing besides these. The works of the poets of the Han and Wei dynasties also have but little connection with landscape poetry. But during the Yüan-chia period (A.D. 424-54) Hsieh K'ang-lo 康榮 (i.e. Hsieh Ling-yün) came forward as the first to write verse depicting landscape. He strove to carry 'mystery' and 'sublimity' in verse to the utmost degree and discovered the sort of emotions that valleys, mountains and springs produce. This was what somebody long ago called 'Chuang and Lao retiring while mountains and rivers flourished'. From the Sung and Ch'i dynasties onwards K'ang-lo was generally taken as a model." 18

Wang Shih-chen is certainly right in making the point that there is, on the whole, not a trace of anything that can be called true Nature poetry in the Shih Ching or the earlier poets. Nor, he might well have added, is there any to be found in the Ch'u Tz'u even though it contains many passages which describe landscapes. For if Nature poetry is defined, as it might be, as verse inspired by a mystic philosophy which sees all natural phenomena as symbols charged with a mysterious and cathartic power, then the descriptions of nature in this early verse can by no means be called Nature

poetry. 19 However, this does not mean that Hsieh Ling-yün was the founder of this school, though he was undoubtedly the first poet in whom this philosophy found perfect and mature expression. But such a degree of maturity as is found in his verse can only be the result of a long process of development. It is my contention that Chinese literary criticism has long been guilty of a gross over-simplification in seeing Nature poetry as springing in "celestial panoplie all armed" from Ling-yün's ingenious imagination, for his verse represents but the culminating point of a movement which had begun centuries before. I shall endeavour to trace here the gradual evolution of these ideas from their earliest appearance to their first mature realization in the art of the Liu Sung dynasty.

If we ignore the generalizations of the critics and look at the literature of this period with eyes ready to see the resemblances, rather than the differences, between writers, a very different picture begins to come into focus. We see in fact that the essential characteristics of Nature poetry existed within the corpus of the earlier Taoist Hsüan-yen 玄言 verse.

It is in the sudden growth in the importance of Taoism with the fall of the Later Han that we must look for the beginnings of this new attitude to nature. The collapse of the ordered stable society of Han brought with it the eclipse of Confucianism. Faced with the ruins of their civilization the intelligentsia compensated themselves by taking refuge in a philosophy which denied any value to civilized society. By the 3rd century A.D. Confucianism had become merely the official idealogy while Taoism had attracted to itself the best minds of the time, who saw in Confucianism only a theoretical justification for the war and disorders that characterized the

¹⁸ Preface to the Tai Ching Tang Shih Hua 帶經堂詩話 (Chapter 5) of Wang Shih-chen. Edition of 1760. Edited by Chang Tsung-nan 張家楠. Wang Shih-chen was not the only Ching critic of note who helped to perpetuate this fiction. Shen Te-Chien 沈德濟 (1673-1769) says in his Shih Shuo Sui Yü 詩政弊語 (1731); 'Liu (Hsieh) says: "Lao-tzu and Chuang-tzu retired and landscape poetry flourished". Poems about wandering among landscapes evidently began with (Hsieh) Ling-yün'.

These views have been echoed by every history of Chinese literature ever written.

¹⁸ See below, note 107, for a fuller definition of landscape verse.

Early Taoist and Confucian texts contain passages which hold the seeds from which the later love of nature may have sprung. As for example Lun Yü 6.21. The good man delights in mountains. The wise man delights in water. 仁者樂山. 知者樂 水 Chuang-tzu. 24.81. Mountains and woods make us joyfully delight in them. 山林 奥...使我歡然而樂焉 Chuang-tzu. 26.40. Great forests, hills and mountains are pleasant to men. 大林丘山之善於人也. The question here, of course, is how one is to arrive at a satisfactory definition of what is and is not a Nature poem. Could the early descriptive fu poems like the Chao Yin Shih 招隱士 of the King of Huai-nan 推南 (Ch'u Tz'u 12. p. 1a-3b. SPPY. ed:) be called Nature poetry? I do not think so. To come within my definition a poem must be more than a mere descriptive catalogue. On the other hand it does not affect the value of a poem if what looks like genuine Nature poetry proves, on examination, to have deeper meanings. The poem by Hsien Hun quoted above (on p.17) for instance, is made up of a tissue of quotations from the Shih Ching and Ch'u Tz'u. Yet it is much more than merely the sum of its quotations. One might draw an analogy here with the medieval European practice of reading a text by four-fold interpretation. On the literal level the poem is unchanged. But it gathers new meanings when read allegorically, tropically and anagogically. My argument against including the early fu and other poems of this sort is that they are not even Nature poetry on a literal level.

age.²⁰ There were two types of reaction against the prevailing conditions subsumed under the heading of Taoism. The first school, best represented by Wang Pi (A.D. 226–49), used the dialectical weapons of the "ch'ing t'an" school of philosophical wit to destroy the cumbersome Confucian philosophy of Han and then went on to create a plan for an alternative system of government based on Taoist principles. This was in fact more properly a union of Taoism and Confucianism than the pure doctrine of the early philosophers.²¹

The second school, typified by Ho Yen stressed the anarchical side of Taoism. For them society was evil and the true man 反人 had no truck with it. This type of thought easily degenerated into mere epicureanism with "gain immortal life" 長生 as its watchword.²² The earliest poetic exponents of Taoism, the so-called Chu Lin 竹林 poets, would seem to have fallen between these two schools. Their careers, oscillating uneasily between rustic seclusion and court preferment, seem to indicate a sort of cultural schizophrenia. Yet though theirs was a "version of pastoral" rather than true Nature poetry, it is here in "The discontent of the civilized with

(Sung Shu 67.p. 30b. Po Na Ed.)

(Earth Yellow is Rehmannia Lutea, Heaven's Gate is Asparagus Lucidus, Lesser Bitters is Asarum Sieboldi.) civilization" (the phrase is Lovejoy's) that we find the beginning of the school of Nature poetry.²³

In the biography of the famous poet Juan Chi 院籍 (A.D. 210-63) we read that "he would sometimes climb mountains and look down on waters, forgetting to return for days on end". 24 And again, "I, Chi, used to wander about Tung-p'ing enjoying its scenery". 25 That such ideas were in the air at the time and were not just confined to this poetic clique is shown by a passage in the biography of Yang Hu 羊祜 (d. A.D. 278). "Hu loved landscapes and every time the view was a good one (i.e. when visibility was good) he would insist on having a drinking party on Mount Hsien where they would talk all day long and never grow weary. Once, sighing sadly, he turned to Captain Tsou Chan 都被 and the rest of his retinue:

"Since the beginning of the Universe," he said, "this mountain has stood here. It saddens one to think how many geniuses and brilliant men have climbed up here and looked into the distance like you and I, who now have perished never to be heard of more. If we have consciousness a hundred years from now our spirits will still surely climb up here." ²⁶

By the third century A.D., as we see from the above quotations, there was a new feeling for nature growing up among the literati, a feeling which is probably to be connected with the resurgence of Taoism at the time. Yet these feelings had not yet become an organic part of the art of the time. They had not yet drastically affected the poetry of the Ch'ien-an period.

T'oung Pao 1949-50. Pages 83-132. E. Balazs. "Entre Révolte nihiliste et Evasion mystique" Asiatische Studien. 1948, pages 27-56. A. Waley. "The Fall of Lo-yang" History Today. April 1951. pp. 1-8.

²¹ See T'ang Yung-t'ung 湯用形 "Wang Pi chih Chou I Lun Yü hsin i" Reviewed by W. Liebenthal. "Wang Pi's New Interpretation of the I ching and Lun Yü" H.J.A.S. 1947. Pages 124-162.

^{**}See H. Maspero "Le Taoisme" in "Mélanges Posthumes" Volume 2. In his famous "Fu on Dwelling in the Mountains" 山岳鹭 Hsieh Ling-yün explicitly states that he spent much of his time in gathering herbs which would help him to remain young.

[&]quot;This weak substance is difficult to preserve,
It is all too easy to mourn one's declining years,
When to stroke one's hair breeds sadness
And to look at one's own face is painful.
I had heard of the arts of the Holy Temple,
And hoped my decrepit body could be made strong again.
I look for rare herbs on famous mountains;
I cross the magic waves and then halt my carriage.
I gather Earth Yellow from the rocks,
I cull Heaven's Gate from beneath bamboos.
I collect Lesser Bitters on mountain ranges,
I gather Stream Orchids by gloomy torrents.
I hunt after stalactites in caverns,
And seek for the male cinnabar by the Red Spring."

^{**} A useful account of these poets is found in R. H. van Gulik's monograph "Hsi K'ang and his Poetical Essay on the Lute", Monumenta Nippomica Monographs. No. 4. as well as in D. Holzman "La vie et la pensée de Hi K'ang". Shan T'ao 山渚 courtesy title Chü-yüan 巨濱(A.D. 205-203) whose biography is found in the Chin Shu 43. is the classic example of one whose Taoist pretensions did not prevent him from taking high office. (See the famous letter from Hsi K'ang replying to Shan T'ao's advice that he should take office).

This wandering in the mountains which was later to become an essential part of the philosophy of the *Shan-shui* school may well have had its origin in the very practical pursuit of magic herbs and drugs. See the *Chin Shu* 49. p.1251.b. (Lines 40; 43—44.) K'ang used to wander about the mountains and marshes gathering herbs" 康實探難遊山帶 "K'ang also met Wang Lieh and they both went into the mountains Lieh once found a "stone marrow" like a cake and he himself ate half of it. 康又過王烈夫人山、烈奮得石體如給即自服中. The Buddhist monk Chin Tun (Chin Tao-lin) (A.D. 314—366) says in his preface to his *Pa Kuan Chai* 入關實 poems:

[&]quot;Once I loved the quiet of a hut in the wilds and had ideas about digging up herbs. So I dwelt alone there. I climbed mountains and gathered herbs and knew all the joys that crags and rivers can afford." (KHMC. T.T. No.2103. C.30. p. 350a) See also Note 22 above.

^{**} Chin Shu 49. p. 1241.a. 或登臨山水經日忘歸.

²⁵ Chin Shu 49. p. 1241.b.

²⁶ 黏樂山水每風景必造峴山賈酒主泳終日不德. 嘗慨然歎息顧謂從事中耶潔滿等日自有宇宙便有此山由來賢達勝士登此遠望如我與爾者多爽, 皆湮滅無關使人悲傷如百歲後有知魂魄遙應登此也. Chin Shu 34) p. 1178d.

However, we have an example of this pre-Taoist Nature poetry in the yüeh-fu "Looking at the Blue Sea" of Ts'ao Ts'ao, which has been called the first "shan-shui" poem in Chinese literature.27

> In the East I stand on the Pillar Rock And look at the blue sea. How chaste the waters lie, Around the mountainous islands towering high. The trees grow densely, All sorts of plants grow there in beautiful profusion. The autumn wind is sad, Vast waves swell and rise So that the sun and moon in their journeyings Seem to be among them, And the starry river, burning bright, Seems to be in their midst. How great is my happiness! I express my feeling in song.28

This poem is simple and stylized yet curiously effective. It is certainly the first example of a complete poem of this type that we possess. Yet the absence of any informing philosophy which would transform natural phenomena into symbols, and mere emotion into a release from emotion marks it off from real Nature poetry. Perhaps the four-word line in which this poem is written has something to do with this. Certainly the conservative influence of the Shih Ching, with its stereotyped turns of phrase must have tended to limit the powers of invention of any poet writing in this metre. This poem may well have succeeded as far as it does only because it was a yüeh-fu ballad meant to be sung and therefore to a certain extent careless of canonical imitation. The development of Nature verse is undoubtedly bound up with the development of the five-word line which not only took the poet out of the restrictive confines of earlier verse but, by enabling him to write flowing descriptive passages, did away with the necessity of having to chop them up into the short and relatively clumsy lengths of the four-word line.

The only successful Nature poetry we have which was written in the four-word line are the verses of the Orchid Pavilion poets which I shall discuss later on. But even there it will be seen that their four-word poems are greatly inferior to the five-word poems treating the same subject.

It would seem then that it was not only the lack of a felt philosophy but the absence of a suitably pliant form which was holding up the development of Nature poetry. But the philosophy, as we have seen, came to maturity before the five-word verse-form and, in the absence of a suitable medium. poets began to write Nature verse in the form of fu poems.29

The fu had been for centuries the literary form best adapted to descriptive word painting. The fu of the Han poets-some of whom were lexicographers like Yang Hsiung who compiled the Fang Yen 方言—had piled synonym on synonym and epithet on epithet in a style that tended to exhaust the very resources of their own dictionaries. But with the fall of Han and the immense destruction of cities and palaces that went with it the principal subject of the fu disappeared. No longer could the poet, standing as he did among the wreckage of the empire, sing of the glories of the capital and the magnificence of the imperial sway. It is hardly surprising then that the writers of fu turned to natural splendours for the subjects of their works.

This shift in interests is clearly reflected even in fu which do not ostensibly deal with landscapes. One of the earliest and best examples is found in the "Fu of the Lute" 琴賦 of Hsi K'ang (A.D. 223-62):

"The scenery there is rugged and irregular with many a hidden depth. There are rock covered heights and lonely mountain peaks, dark rocks and craggy ascents, steep cliffs and precipitous ridges. Red rocks rise steeply upwards, and there are green walls 10,000 fathoms high. Mountain crest rises above mountain crest. They seem to be pressed down by the clouds. Lofty and verdurous summits far off show their massive shapes; here and there a solitary peak rising in impressive splendour draws the eye. The spiritual haze that hovers over these mountains mingles with the clouds, and from their mysterious founts streams burst forth. Tumbling waves gush one after the other. Running onwards they vie in crazy torrents, they hurtle themselves against rocks and beat in recesses in a boiling rage. The wild waters churn, the billows spurt foam, with a roaring noise they turn round and round like a mass of intertwined, coiling dragons."30

This is descriptive verse of its own sake, very much in the fu tradition, lavishing on this new subject all the technique built up by centuries of experience.

²⁷ By Lin Keng 林庚 in his Chung-Kuo Wen-hstieh Chien Shih 中國文學簡史

²⁸ T.F.P. Wei Shih Ct. p. 119.

²⁸ The role of the fu poem in the development of Nature poetry seems to have heen ignored by literary historians, who have been so obsessed with the lyric poem that they seem to have forgotten that the fu existed. On the transition from the fu to the shih during the third and fourth centuries see Ami Yūji 網転以 "Buntai no hensen, Nanchō jidai o chūshin to shite" 女體の變遷南朝時似を中心 (Ochanomizu daigaku jimbun kagaku kiyō. No.2. 1952. お茶の水大學人文科學紀要.) See also below Note 93. p. 28.

Wen Hsuan 18.p. Transl. R. van Gulik, Hsi K'ang's Poetical Essay on the Lute. Monumenta Nipponica Monographs. No.4. p. 53.

Yet though the fu seems to have been the first form to give expression to this sort of feeling, the five-word lyric poem soon took up the same theme, as the following poems by Tso Ssu³¹ prove.

The cave in the crags has no criss-cross beams,32 Within the hill there is a singing lute. White clouds hang over the shadowy side of the hill, Red flowers burn bright in the sunny forest, The stony spring washes over precious stones; Delicate-scaled fishes swim in its depths. No need at all of silk or bamboo, For there is a pure music in the landscape itself,

I have built a hut on the Eastern Mountain. Under its fruit-trees a thorn-brake has sprung up, In front stands a well with an icy spring, 33 Where I can refresh my heart and soul. Among these brilliant blues and emeralds Bamboos and cypress-trees can realize their true nature, Their tender leaves are hung with frost. But from their green and soaring tops the water drips. Rank and uniform are uncertain pleasures, One must bend or stretch as the times are good or ill. Knotting (the seal) at one's girdle may bring trouble, Tapping one's hat may rid it of dirt and dust.

Verse like this proves that even at this early date, in the last quarter of the 3rd century A.D., something very like true Nature poetry was being written. Yet this aspect of the verse of that time goes unmentioned in all histories of Chinese literature. According to the conventional view which has been outlined above it was only a short time after the Cheng-shih period (A.D. 240-49) when the above verse was written, that Taoist verse proper (Hsüan-yen Shih) was first written. However, if we examine in some detail the names of the poets who were cited in all those critical evaluations which I have translated, a very different picture appears. We see, in fact, that these poets write verse which shows even more of the characteristic features of Nature poetry than the lines quoted above.

First let us look at the work of the masters of the hsüan-yen school, Sun Ch'o and Hsü Hsün. Here is a poem by Sun Ch'o:

An Autumn Day

A melancholy day in the second month of autumn;

A whirling wind moans, the windy clouds are high.

Living in the mountains you feel the seasons changing,

Far from home the traveller sings a long ballad.

Through the sparse woods blow many icy winds,

Empty caves are hung with frozen mist.

Soaking dew wets garden and woods,

Thick leaves take farewell of wind-blown boughs.

I touch these orchids, grieving that they will be first to fall

I pull down a branch of pine, admiring its being last to wither.

I cast my line in woods and wilds,

I have my friendships far from market and court,

Gone now is the troubled heart I used to bear;

Surely I am not far from the banks of the River Hao!³⁴

This verse is certainly not as Taoist as we would have expected from the accounts of the critics of the period. However, in view of the later

王喬控鎚以冲天

"Wang Ch'iao gave the rein to his crane and flew up to heaven;

應真飛錫以躡 醋 (T'ien-t'ai Fu. p. 56).

The Arhat with his flying staff trod the void air".

散以象外之欲

"(The Immortal) explains to me the doctrine of what is beyond Form,

暢以無生之篇

He makes clear to me the writings on Nirvana.

悟遺有之不盡

I understand why my rejection of Existence was not complete,

覺迷 無 之 有間

I realize why my plunge into Non-existence was mistaken." (Ibid. p.6a).

The mediaeval Chinese view of the essential unity of Taoism and Buddhism is well-demonstrated here. (The aliusion in the last line of the poem "An Autumn Day" is to Chuang-tzu 33).

³¹ Tso Ssu 左思 (272-306?) Biography; in Chin Shu. 92. p. 1320a. The extracts quoted are from Wen Hsuan 22. pp. 77a-b "Summoning the Hermit". 招陸士. 32 絞構 "Criss-cross beams"—merely synecdoche for "luxurious palace."

³³ Yi Ching 48. 9/5: "In the well there is a clear cold spring. One can drink from it." The Commentary adds: "A man who has virtues like a well of this sort is born to be a leader of men for he has the water of life." (Wilhelm, Yi Ching, p. 200.)

This line demonstrates the necessity for reading what are apparently simple descriptive passages with a great deal of caution. See above, Note 19.

^{**} T.F.P.5.12a. Note that no lyric poem by Sun Ch'o exists in the Wen Hstian. However, we do have his "Wandering on Mount T'ien-t'ai; a Fu Poem". (W.H.11. p. 3a-8b.) which is written in much the same style as his surviving poems. This contains the lines; "Red cliffs rise from the mist like portents; Waterfalls, flying down, set bounds to the Way". (p. 4a). 赤城霞起而建標瀑布流流以界道.

It is noteworthy that the expression 界道 occurs in the Sūtra of the Lotus of the Wonderful Law 法 華 經 in a description of the future destiny of Sāriputra, "One whose domain shall be named undefiled . . . the ground of lapis-lazuli having eight intersecting roads with golden cords to set bounds to their sides."... 黃金為縄以界道。

Presumably T'ien-tai is envisaged here as the earthly equivalent of Sariputra's kingdom. It is, as I have already remarked above misleading to read these Nature poems only on the literal level.

Tan Tao-luan's statement (quoted above, p. 71) that Sun Ch'o used Buddhist expressions in his poems is convincingly borne out by this fu, which contains the lines:

prestige of Nature poetry, it could be argued that only such poems survived as were acceptable to the tastes of the time and that this poem therefore was not a typical example of Sun Ch'o's work. I believe that this is in fact the case, for in Chiang Yen's 江 淹 (A.D. 444-505) brilliant "Imitations of Thirty Poets" (Wen Hsuan 31) we find a poem in the style of Sun Ch'o which, lacking other evidence, is the best possible representative of what a typical poem by Sun Ch'o must have been like:

Once the Great Uniform Chaos had been divided It blew in ten thousand different ways and evolved Forms. It is only because we think that action and inaction really have a Final Cause

That we call a child who dies young "short-lived". The Way has been lost for a thousand years. Who is there who can know the bridges and fords? I would like to ride upon the wings of a whirlwind,

And go striding high upon the wind.

When I reflect quietly on the meaning of the syllogism of "the stick a foot long",

I see that its structure was such that it could never be smaller. Under the dazzling autumn moon

I lean on my windowsill and sing of Yao and Lao-tzu.

Go where you will there is neither good nor evil,

Once you have understood this you will have found the way of the Noble Man,

You will have grasped the essential fact that all is one, As did Ch'i the white-haired man on Mount South.

Though we rub shoulders with it we lose it: we are long exposed to mutability.

So fire is passed on through dry wood and grass. To this end we must try to cleanse our inmost thoughts And banish all artifice and trickery from our hearts. When we have forgotten both ourselves and the world We will be able to make friends with seagulls. 35

It would be difficult to find a more purely Taoist poem than this one in which almost every line contains an allusion to Chuang-tzu. We are forced to conclude then that Sun Ch'o's work was basically Taoist in conception and inspiration. Yet in spite of this there is a great deal of real Nature poetry in it.

In the case of Hsu Hsun we are forced to rely on Chiang Yen's imitation as only one poem of Hsün's exists and this is valueless for our purposes. Here is Chiang Yen's impression of what a poem by Hsü Hsün was like:

Description of Myself

Master Chang did not understand his inner workings, Master Shan was in the dark about outward reality. But I have suddenly sprung out of the dark "fish trap" And I love to stride airily on the wind. No longer do I feel like a lost child, I follow the promptings of my heart and wander alone where I will. I gather herbs on a mountain side covered with white clouds To enable my body to live as long as it can. The scented petals of the red flowers are brilliant, Green bamboos shade a peaceful spot. Far from the world my mind is vanquished (laid asleep), Without knowing it I rise and stride upon the air. Through the crooked lattice rushes a fresh wind, My house of stone is filled with mysterious sounds. I have fled from it all; now I do as I please. Gain or loss-nothing affects me any more. The man who swung the axe was unsurpassable. His double clarity was certainly evident. I have already cast from me the five difficulties. I have broken through the snares of the world.36

as W.H. 31. p. 13a. Translated Von Zach; Vol.1, p. 594.

Line 1. Lieh tzu (II, p. 2b) "The Great Uniform Chaos was the origin of Matter." Line 2. Chuang-tzu 2.4. "Then from 10,000 apertures there comes its excited noise."

Line 4. Chuang-tzu 2.52. "There is no one more long-lived than a child which dies prematurely and Grandfather P'eng died young."

Line 5. Chuang-tzu 16.11. "The world has lost the Way"

Line 6. Lun Yü, 18.6. "He knows the ford"

Line 7. Chuang-tzu 1. "Then it goes up on a whirlwind for 90,000 leagues"

Line 10. Chuang-tzu 33.78. A paradox of Hui Shih's. "If from a stick a foot long you every day take the half of it, in a myriad ages it will not be exhausted."

Line 15. Yi Ching, 46 攀 許 III 下 "The Master said: "Through one action the fruits of a hundred thoughts are realized'." 一致而百度,

Line 16. Han Shu 72. Ch'i Li-chi, the Younger son from the village of Ch'i was one of the "Four white-haired men" 四皓 who took service under Han after having retired to the Shang-lo mountain during the Ch'in. So called because their beard and eyebrows were dazzling white. (Shih Chi Huei-chu k'ao-cheng 史記會注考證 ch.55. pp.26-27. 年世八十有餘驟眉皓白. I have used Ch'i as though it were his family name (which it is not) for purposes of translation.

Line 17. Chuang-tzu 21.21. "Though we 2re shoulder to shoulder you lose the Way." Line 18. Chuang-tzu 3.19. "What we can point to are the burnt-out faggots. But

the fire is transmitted elsewhere." Line 22. Lieh-tzu 2.10.

³⁸ W.H.31, p. 13b. Translated Von Zach, Vol.1, p. 595.

Line 1. Chuang-tzu. 19.29. "Chang Yi hung up a screen at his lofty gates and everybody hurried to him. In his fortieth year he fell ill of a fever and died."

These poems are both much more obviously Taoist than those first cited yet in spite of this they are still not completely dissimilar from what we know as "Nature poetry". We may conclude from the above that the purely Taoist element in the work of Hsü Hsün and Sun Ch'o has been greatly exaggerated. When we come to the work of Yin Chung-wen and Hsieh Hun we find that the Taoist element in their poems is almost negligible. Here are two poems typical of these poets. This time we are not forced to rely solely on Chiang Yen's imitations as two good examples of the work of these two writers exist in the Wen Hsüan.

Yin Chung-wen

Written for Duke Huan on the Nine Well Mountain in Nan-chou. Although the four seasons follow hard on one another, Each has its due measure of order and influence, But only the clear autumn days Can bring our inspiration to its highest pitch. Through the sunlit air many distant things seem clear, The landscape has grown harsh and menacing. From clear pipes rises a mysterious note, lü. Howling torrents beat against the Female void. In this cold season, nothing can blossom early; The frail flowers were glad to wither so soon. How can we distinguish the constant from the mutable? I give you as examples pine and mushroom. The wise artificer, saddened by these desolate dawns, Went on honoured wheels beyond the dust of the world. On those seated on the wide mats of bamboo he lavished his bounteous love.

With swift-winged goblets he won friends for himself. I delight in this lover of the good, My troubles vanish and my greed disappears. Wretch that I am to hold high office in the Court of this second O-heng!

I shall be exposed to the laughter of the Hsiung-nu.37 Here follows a typical poem by Hsieh Hun:

An Excursion to the West Lake

I like to hear the chirping of the cricket, It is certainly a song for one who has been working hard. The years go quickly by,

Yet never has that happy outing come about.

Carefree I wander past the city market place,

Full of longing I walk along the path.

A winding road joins hill and watch-tower,

From the high tower I look out on the flying mist.

A gentle wind rushes through the gardens,

White clouds mass above high hills.

At sunset singing birds flock together,

Riverside trees steep their fresh blossoms in water,

With my robes girt up I go to the orchid island.

As I wait I pull the scented orchid boughs towards me;

The fair lady is months late, years late!

In my eventide what am I to do?

I will not be bound by my love;

Nan-yung was warned against having too many thoughts.38

Line 2. Chuang-tzu. "In Lu there was a Shan Pao who lived among the rocks and drank only water. He would not share with the people in the work and the profits they got from it. Though he was in his 70th year he still had the complexion of a child. Unfortunately he met with a hungry tiger which killed and ate him."

^{... &}quot;Pao nourished his inner man and a tiger ate his outer. Yi nourished his outer man and disease attacked his inner."

Line 4. Chuang-tzu. 1.19. "There was Lieh-tzu who rode on the wind".

Line 5. Chuang-tzu. 2.79. "How do I know that the love of life is not a delusion? And that the dislike of death is not like a young child losing his way and not knowing that he is on the road home?"

Line 18. Yi Ching. Hex; 30. 重明以噩卒正... "Doubled clarity, clinging to what is bright, transforms the world and perfects it."

Line 19. Hsi K'ang, "Replying to the Criticism of Hsiang Tzu-ch'i." "There are five difficulties in nourishing one's life. The first is in not getting rid of feelings of self-interest. The second in not doing away with feelings of joy and anger. The third in not banishing sounds and colours. The fourth in not cutting oneself off from tastes. The fifth in having an unquiet mind and one's essential fluid scattered." (Hsi K'ang's Collected Works. 嵇康集) p. 70 in Vol.5 of Lu Hsün san-shih nien chi (1947). 香迅 三十年集. Transi, D. Holzman,

³⁷ W.H. 22. p. 46. Translated Von Zach, p. 335. Huan is Huan Hsüan. 玄. See Note 7 above.

Line 7. Chuang-tzu 2.

Line 8. Ta Tai Li Chi "Hills are male; valleys are female." See also Tao Te Ching. Tr. Waley. "The Way and its Power" (1934) p. 149 "The valley Spirit never dies" etc.

Line 12. Lun Yu 9.27. "When the year becomes cold then we know how the pine and cypress are the last to lose their leaves." Also Chuang-izu. 1.10.

Line 15. Lun Yü. 1.6. "He should overflow in love to all and cultivate the findings of the good."

Line 19. Shih Ching. No.304. "There was a time of peril but truly did heaven deal with him as his son and send him down a minister, namely O-heng, who gave his assistance to the King of Shang."

O-heng, is I-yin 伊尹 the legendary chief minister of T'ang the Completer. Line 20. Han Shu 66. Ch'e Ch'ien-ch'iu 車千秋 was laughed at by the Hsiung-nu when he went to them as an ambassador.

³⁸ W.H. 22. p. 5a. Von Zach, p. 336.

Line 1. Song 114. "The cricket is in the hall, the year is drawing to its end."

Line 6. Song 44. "Longingly I think of you." Line 13. Song 87.

Line 18. Chuang-tzu. 23.10. Keng Sang-ch'u said: "Do not let your thoughts keep working anxiously" (Legge, S.B.E., p. 77).

In order to show how closely Chiang Yen follows the style of the poets he is imitating I add here a translation of his impression of a poem by Yin Chung-wen.

A Joyful Poem describing a Landscape
In the morning I wandered out at random.
Great was my desire for beautiful landscapes.
The cloudy sky was bright and high,
At times I met with things that gladdened my heart.
Green pines stretched out their lovely branches,
Tall trees were clad in soft hues.
Gaze as far as I would the clear waves were deep
Shining into the distance went cliffs of white rock.
My feelings were pure and unsullied.
I brushed my clothes to rid them of the dust (of this world)
We must begin by seeking love within ourselves,
That mysterious quality is not to be found outside us.
Once truth has been established all other authority is forgotten,
Once cares are scattered you can abandon Mind.³⁹

It will be seen that though these poems are somewhat precious in diction and though natural description in them is apt to be submerged by Taoist philosophy there is nevertheless a clear connection between this sort of style and the work of the great Nature poets of a later era. Compare the above poems with their characteristic admixture of Taoism and landscape painting with a couple of typical poems by Hsieh Ling-yün:

"On climbing the highest peak of Stone Gate" 40 At dawn I took my staff and sought the rugged crags, At dusk I halted and spent the night in the mountains. On this distant peak I have built a lofty house Facing the mountain and overlooking winding streams.

Vast forests stretch in front of its door, Massy rocks make a stairway to it. Encircling peaks give the impression that the road ends here, The path gets lost among the thick bamboos. Newcomers are puzzled to find the way, When they leave they are doubtful which way they came. How furiously the streams rush on through the dusk, How shrilly the apes scream through the night! Though quite forgotten how can I abandon Truth? I cherish the Way and will never leave of myself. In autumn my heart is saddened by the trees in the ninth month, In spring my eyes delight in the birds of the third month, I dwell with my "constant companion" and await my end, Submissively I rest in what has been ordained. I regret that I have no friend to share my thoughts, For together we could have climbed this cloudy green ladder.

"All around my new house at Stone Gate are high mountains, winding streams, rocky torrents, thick woods and tall bamboos." I climbed these steeps to build my secluded dwelling, I brushed aside the clouds and rested at Stone Gate. Who can walk on this slippery moss, Or hold on to the frail dolicho plants? Gustily the wind goes by in autumn, Lush are the myriad flowers of spring. My beloved went away and has not come back, What hope have I of a joyful reunion? Fragrant dust grows thick on the jewelled mat, Clear wine overbrims the golden beakers. What good are the waves on Tung-t'ing lake?

³⁰ W.H. 31 p. 14a. Von Zach, p. 596.

Line 11. Lun Yu 15.

^{**} Hsieh K'ang-lo Shih Chu 謝康樂詩注 compiled by Huang Chieh. 黃節 Second edition, Peking 1958, p. 72. 石門新餐所住四面高山週溪... Stone Gate is the mountain in the district of Sheng in Chekiang on the south of Mount South 南山.

Line 17. Lieh-tzu. 1, p. 10b. S.P.P.Y. ed. "Poverty is the scholar's constant companion. Death is the end of man. How sad to dwell with this constant companion and await the end."

Since Ling-yun was very wealthy this line can only be taken to mean that he was living a life of extreme simplicity, like that he describes in his "Fu on Dwelling in the Mountains." (Sung Shu 67, p. 1594.)

Line 18. Chuang-tzu. 3.18. "Quiet submission affords no occasion for grief or for joy."

Chuang-tzu. 6.82. "When a man rests in what has been ordained he is at one with he Mysterious Heaven."

⁴¹ Hsieh K'ang-lo Shih Chu, p. 59 石門新營所住四面高山廼溪石瀬茂林修竹.

Line 23. Chuang-tzü. 24.29.

[&]quot;Ride in the chariot of the sun and roam in the wilderness of Hsiang-ch'eng."
Huang Chieh asserts that Hsieh is saying he would like to make time go more slowly.

Line 24. The term 營魂 occurs also in the Wen Fu of Lu Chi. 復營魂以採饋。 where Achilles Fang translates simply as "You probe into the hidden depths of your soul." (Rhymeprose on literature, p. 545, H.J.A.S. No.XIV, 1951.) He notes (ibid., p. 558, Sec.120) that this may have some connection with Tao Te Ching. 10. 營魄 "The spiritual and animal souls."

Duyvendak (Wisdom of the East, Tao Te Ching) thinks 赞 may be a Ch'u dialect word for 遠 in which case 登逸 would be a binome. This would connect with the reference in the Ch'u-tz'u, 3, 5.7a, S.P.T.K. ed. which has 載 麥魄而登霞兮 in which a commentator reads 魄 as 逸. E. R. Hughes translates as "mutinous soul" ("The Art of Letters", 1951, p. 107, note on p. 181.) but this is much too far-fetched.

In vain I climb up by the cassia boughs.

I long for someone far off as the Milky Way,
My lonely shadow has no one to help it forget.

Down there I bathe in the lake at the foot of the rocks,
Up there I see the apes among the branches.

In the morning I hear the evening gust rush by,
In the evening I see the morning sun spring up.

Among these towering crags the light cannot linger long,
In this deep forest the slightest sound can be heard.

When sadness has gone thought returns again,
When Understanding comes Passion no longer exists.
I should like to drive the chariot of the sun,
And so be able to solace my soul.

Not for the common herd do I speak of these things
But in the hope I may discuss them with the wise.

I have discussed earlier on in this article the works of the Bamboo Grove poets and pointed out that though they affected to lead a pastoral existence their verse reflects very little of this romantic environment. How is it then that the poets of the hsüan-yen group who modelled themselves on these seven geniuses managed to avoid writing verse like theirs? The answer lies in the great changes which had taken place since the Wei dynasty and which had made their situations very different from those of Hsi K'ang and his companions. First, the new philosophy, Taoism seen through the haze of a half-apprehended Buddhism, had completely displaced Confucianism as the foremost code of ethics, and had had a great liberating influence on Chinese thinking. Second, the country in which the Court was now situated was very much finer and more spectacular than the bare plains of the north. These two circumstances must have done much to awaken a new feeling for nature.

This feeling first took articulate shape in a region famous for its beauty, Kuei-chi in Eastern Chekiang.⁴² It was there during the middle of the

fourth century that a group of poets and painters gathered, who were to make the landscapes of this region celebrated for centuries.

The biography of one of the most important of these men, Wang Hsichih 王羲之(A.D. 321-79) says:

"There are beautiful landscapes in Kuei-chi and many famous men made their homes there. Hsieh An 謝安 (A.D. 320-85) for one used to live there before he took office. Sun Ch'o, Li Ch'ung 李充 (fl. c. A.D. 330) Hsü Hsün and others, all of whom were among the best writers of the time, had houses built in the Eastern region and were on good terms with Hsichih."

The biography of Sun Ch'o who was also associated with the group says: "He lived in Kuei-chi and roamed freely about the countryside for more than ten years." 44

References to Kuei-chi abound in the literature of the period. The biography of Sun T'ung 孫統 (fl. A.D. 326) says:

"His family lived in Kuei-chi. He was by nature fond of landscape... and wandered where he would at his leisure. There was not a single famous mountain or fine river that he had not explored.⁴⁵

The biography of Tai Yung46 戴顒 (d. A.D. 441) says:

"There are many famous mountains in the county of Shan in Kuei-chi so a lot of people lived down in Shan . . .

⁴² Kuei-chi was an administrative district, covering present-day Shao-hsing in Chekiang and the county of Wu in Kiangsu. It was an important centre of culture during the Six-dynasties period. The Yüeh-chün Chih lüeh 該都法略 of Ssu-ma Hsiang 司馬相 (chin-shih of 1521) says: "When the Chin moved to the East of the Yangtse the flower of the gentry of the central plain all gathered in Yueh. It became the major cultural centre of six provinces. Distinguished men and literary worthies came together in clouds, one attracting another." (Quoted in Ta Ch'ing i-t'ung chih 大清一統立 294.4b. Trans. A. F. Wright. "Hui Chiao's 'Lives of Eminent Monks'." In "Silver Jubilee Volume of the Zinbun Kagaku Kenkyusyo". Kyoto 1954, p. 395. This article also stresses the importance of Kuei-chi as a cultural and intellectual centre.) The district was very badly ravaged by the Sun En 孫恩 rebellion of 399-402. (See Chin Shu C. 100. 孫恩 傳 Biography of Sun En). Lu Hsün has collected the following works on Kuei-chi in his Kuei-chi chün ku-shu tsa-chi 會 雅那 故書 雜集 in Lu Hsün Ch'üan Chi 魯 弘 全 集 Shanghai 1938, C.8.

⁽a) The Kuei-chi Hsien Hsien Chuan 先賢傳 of Hsieh Ch'eng 謝承 who lived in the 3rd century A.D. in Wu 吳. The Sui Shu bibliography lists it as 5 c. Hsin T'ang Shu as 7 c. The Chiu T'ang as 5 c. The P'u San Kuo I Wen Chih 補三國

⁽b) The Kuei-chi Ch'ü Lu 曲鉄 of Yü Yu 虞賀 Sui Shu, 24 c. So also Hsin T'ang Shu and Chiu T'ang Shu.

⁽c) The Kuei Chi Hou Hsien Chuan 後 賢 傳 of Chung-li Hsiu 鍾 離 岫 (the Chung-li were an important family in Kuei-chi. Nothing further is known of the author.) Sui Shu, 2 c. Hsin T'ang and Chiu T'ang 3 c.

⁽d) The Kuei-chi Hsien Hsien Hsiang tsan 先賢 集體 Sui 5 c. Chiu T'ang 4 c. Hsin T'ang 4 c. Ho also wrote a (lost) work, the Kuei T'ai Shou Hsiang Tsan 太守 集讚 in z c.

⁽e) Chu Yü, 朱育 style Ssu-ch'ing 國卿 (see biography in the Kuei-chi Ch'ü Lu 會稽曲錄. See also the San Kuo Chih K'ao Cheng. 三國志考證 and the T'ang Shu I-wen-chih 藝文志). Chu Yü wrote the Kuei-chi T'u Ti Chi 土地凯. See the Sui Shu. 1 c. T'ang Shu (both) 4 c. Quoted in the Commentary to the Shih Shuo Hsin Yü.

⁽f) The Kuei Chi Chi of Ho Hsun 質循 Sui Shu r c. Not in T'ang Shu,

⁽g) The Kuei Chi Chi of K'ung Ling-fu 孔整符(fl. A.D. 450)
The Kuei-chi San Fu 會稽三賦 of Wang Shih-p'eng (written A.D. 1158)
contains a great deal of information about literary societies and famous writers of the region.

⁴³ Chin Shu. 80. p. 1291b.

⁴⁴ Chin Shu. 56. p. 1233b.

⁴⁵ Brother of Sun Ch'o. Chin Shu 56, p.1233b.

^{**} Younger son of Tai K'uei. (See below, note 47.) The Ku Hua P'in Lu 古 畫品 錄 (.....) says: "Later (K'uei's) son Yung was able to inherit these excellent qualities (as a painter)." Biography; in Sung Shu 93.

"In T'ung-lu county there are also many famous mountains and he and his elder brother used to wander about among them and there they

Tai Yung and his brother were carrying on the tradition of their father the great landscape painter Tai K'uei47 逵. Finally, the biography of Hsieh An who was perhaps the real centre of this Kuei-chi group says: 48

"He dwelt in Kuei-chi with Wang Hsi-chih, Hsü Hsün of Kao Yang and the monk Chih Tun.49 And there they lived at their ease. They went out to fish and shoot among the mountains and rivers. They came home and recited verse and composed poems. They had no worldly thoughts."

It would appear then that some time before the middle of the fourth century a literary coterie which had its centre in Kuei-chi had come into existence. The names of some of the leading poets of this group have been mentioned above while by a fortunate coincidence we have the names of the rest of this clique preserved for us in Wang Hsi-chih's famous account of the gathering of poets in the Orchid Pavilion on the day of the spring purification festival.

This was a gathering of poets on the third day of the third month to celebrate the spring by drinking from goblets floated on the waters of the river and composing verse. The poems they wrote together with a list of those present were written out along with the preface by Wang Hsi-chih. As this was a particularly splendid example of his noted calligraphy⁵⁰ the text was preserved in its entirety thus giving us a good idea of the type of verse which was normally written by members of this school.

The best account of the original Orchid Pavilion itself is to be found in the "Shui Ching Chu" by Li Tao-yuan (d. A.D. 527) which says:51

" For Chih Tun 支 遁 see below, Note 90.

"The river Che also joins up to the East with the Orchid stream. South of the lake is found Mount T'ien-chu. At the mouth of the lake stood a pavilion called the Orchid Pavilion or the 'Village on the Orchid stream'. The Governor Wang Hsi-chih, Hsieh An and his younger brother often used to go there . . . When Wang I-chih⁵² was governor he moved the pavilion into the water (i.e. he built it out over the water). During the Chin dynasty when Ho Wu-chi53 (d. A.D. 410) came to govern the district he had another pavilion built on the top of the mountain. From such a great height you could see everything round about. Although the pavilion has been destroyed its foundations still exist to this day."54

The above account does not tell us when the pavilion was actually built for the first time or who built it. But we may infer from this description that for something like a century it was the custom to celebrate the purification festival in this pavilion. Actually these celebrations out of doors go back to a time long before this for they are described in the monograph on ritual in the History of the Han Dynasty. 55 The earliest poems extant composed on these occasions are by Chang Hu2 (A.D. 212-300) 張華 and Pan Ni (d. A.D. 249-310).58 But they show little trace of any feeling for nature and are simply indifferent examples of occasional verse which might have been written anywhere. The first true Orchid Pavilion poem which shows real observation of nature is by the little-known poet Yü Ch'en57 (c. A.D. 286-339) whose work I propose to discuss fully later on in this article. This poem is very similar in its freshness and vivid imagery to the verse of Hsieh Ling-yun.

Yü Ch'en

"By the Crooked River on the Third day of the Third Month" At the end of spring I wash in the clear water of the arm of the river.

58 Ho Wu-chi. 何無忌 (d. A.D. 410) Biography: Chin Shu 86. p. 1303b. Known as the Rebellious Sramana 五横之一. T'ang. p. 351.

56 Poems in I Wen Lei Chü 4. Note that Chang Hua is mentioned in connection with Shu Hsi's account of the festival. See below, Note 58.

⁴⁷ Tai K'uei, style An-tao 安道 (A.D. ?-396) was a friend of Hsieh An's. The Shih Shuo Hsin Yü, Ya Liang P'ien 雅量篇 says: "When Master Tai came from the East he begged to be allowed to visit the Great Tutor (Hsieh An). At first Hsieh had a low opinion of Tai and when he had an interview with him would talk of nothing but the lute and calligraphy. But Tai showed no sign of embarrassment and went on to discuss lute-playing and calligraphy in even subtler terms so that Hsieh at last recognized his talents." No paintings by Tai K'uei have survived but the Ming Hua Chi (C.3. Trans. P. Pelliot, "Les Fresques de Touen-houang et les Fresques de M. Eumorfopoulos" in Revue des Arts Asiatiques, Tome 5 (1928) Appendix I, pp. 205-214 and W. Acker "Some T'ang and pre-T'ang texts on Chinese Painting", pp. 366-382) mentions a Manjusri by Tai An-tao as having survived the holocaust of A.D. 845. For Tai's love of mountains see his biography in Chin Shu 94, p. 1328c. which tells of his friendship with Wang Hsün. 48 Chin Shu 79, p. 1288c.

⁵⁰ P. Pelliot, "Les Débuts de l'Imprimerie en Chine", p. 95, Note 1, and p. 105, Note 1, has a brief account of the fate of the original preface in Wang Hsi-chih's own calligraphy. It was apparently buried with Emperor T'ai-tsung of T'ang in A.D.

⁵¹ Shui Ching, C.40, pp. 115-116.(Kuo Hsüeh Chi Pen Ts'ung-shu edition.)

^{**} Wang I-chih 王 康 之. I cannot trace anyone of this name. Could this be a mistake for Wang I 展 (276-322) who was governor here. The 之 would creep in by parablepsis from the 之 after 何無忌.

⁴⁴ It would appear from this that the ruins of the pavilion were still standing during Li Tao-yüan's lifetime. But it seems more than likely that he is simply quoting here from the Kuei-chi Chi of 孔驛 K'ung Yeh which says: 起亭山極極忽數山基 hills. Its foundations are still standing." It is hardly likely that Li could have checkeda minor detail like this for himself.

⁵⁶ Hou Han Shu 14 體叢志 p. 684d. 是月上巳官民皆契於東流水上. "In this (3rd) month on the first day ssu, the officials and people (sic.) all purified themselves in an eastward flowing river." Wang Hsien-ch'ien 王先露 has a long note which proves that 官民 should be 宮入. (Wang Hsien-ch'ien ed: C.4, p. 9b.)

⁵⁷ See below, Note 66.

Swimming fishes plunge through the whole gorge. Up on high a spring gushes from the Eastern Peak, Its whirling waves give out a clear sound. I look on the river covered with winding currents, The great forest is bright with verdure. From our light boat we float the flying goblets: Drumming of oars—and we see the fishes leap. 58

It is impossible to date this poem exactly but it was certainly written before A.D. 339, the date of Yü Ch'en's death. We may deduce from this poem that frequent meetings of poets were held at the Orchid Pavilion and that it was probably written at one of these. This is important as it shows that the meeting in 353 was considered to be of special importance only because its poems were written out by Wang Hsi-chih himself and not because it was felt to be an extraordinary event. It is therefore clear that the verse which I shall translate below is to be considered as typical of the type of poetry being written by the poets of the Kuei-chi school during the middle of the fourth century A.D. and is not to be regarded as an anomaly.

In his famous preface Wang Hsi-chih describes the scene of the gathering:

"Preface to the Festival in the Orchid Pavilion" In the beginning of the last month of spring in the year Kuei-ch'ou, the 9th year of the year period Eternal Harmony, (353) a gathering was held in the Orchid Pavilion in the Sha-yü district of the country of Kuei-chi to observe the Spring Purification Festival. On this occasion many talented men, old and young, were present. Round this spot were high mountains

The Yun Ku Tsa Chi 雲谷雜記 of Chang (fl. 1216 A.D.) Hao 張畏 C.1 (p. 20b) says: with references to the list of poets given above as being present at the Spring

and lofty peaks, thick forests and tall bamboos, as well as clear streams and rushing torrents that brightly girded us round on both sides, so that we were led to float goblets on their winding waters. Although we had no silken strings or bamboo pipes to complete our joy we drank and sang, and this was quite enough to let us express our subtlest feelings. It was a day when the sky was clear and the weather was good. A gentle breeze

Purification Festival of A.D. 353 予警得關寧石刻一卷. 首列數之序文. 次則諸人之詩末有孫綽後序。其詩四官二十二首五言二十六首自戲之而下凡有四十有二人. There must, therefore, have been 42 present and not 41 as is maintained in the Huai Hai Chi.

I adopt the title given in the Lan T'ing K'ao. Sang Shih-ch'ang 桑世昌 says in his commentary that this famous preface had many titles. "During Chin it was called the 'Preface composed while overlooking the river' 臨河序. During T'ang it was called the 'Preface to the Orchid Pavilion Poems' or the 'Orchid Pavilion Record' 蘭亭肥 Master Ou (perhaps Ou-yang Hsiu! 軟陽像) calls it the 'Spring Purification Preface' 春原序. Ts'ai Chün-mu 臺井蕻 calls it the 'Ch'ü River Preface' 曲水序. Tung Ch'eng calls it the 'Orchid Pavilion Text' 蘭亭文, Shanku calls it the 'Festival Drinking-bout Preface' 陳欽序. Emperor Kao Tsung's imperial pencil (i.e. Sung Kao Tsung, 1127—1163 Tr.) gave it the title 'Festival Plaque' 禊帖'', Shih-ch'ang points out that of the forty-two poets present at the gathering only eleven managed to compose the two poems required of them. Fifteen of them managed to compose one poem while sixteen poets did not compose a single poem among them—no doubt as Sang Shih-ch'ang suggests—out of regard for their future reputation! The names of those present were as follows:

15 poets who composed only one poem:

"Ch'i T'an 郑蠡, Wang Feng-chih 王豐之, Hua Mo 攀茂, Yü Yu 庾友, Yü Yueh 虞悦, Wei Pang 委滂, Hsieh I 謝譯, Yü Yün 庾蘊, Sun Ssu 孫嗣, Ts'ao Mo-chih 曹茂之, Huan Wei 桓偉, Wang Yüan-chih 王元之, Wang Yün-chih 王蘊 之, Wang Huan-chih 王逸之, Ts'ao Hua 曹举 (or Ts'ao Hua-p'ing 举平)."

11 poets who composed both one four word poem and one five word poem:

"Wang Hsi-chih 主義之, Hsieh An 謝安, Hsieh Wan 謝萬, Sun Ch'o 孫綽, Hsü Feng-chih 徐豐之, K'ung T'ung 孔統, Wang Ning-chih 王擬之, Wang Su-chih 王窗之, Wang Pin-chih 王彬之, Wang Hui-chih 王數之, Yüan Chiao-chih 袁毓之."

16 poets who wrote no poems at all:

"Hsieh Kuei 謝 瑰, Pien Ti 木迪, Yin Ch'iu-ma-mao 印 丘鸌, Wang Hsien-chih 王獻之, Yang Mo 羊摸, K'ung Chih 孔號, Liu Mi 劉密, Yü Ku 漢谷, Ts'ao Lao-i 曹勞夷, Po Hu-mien 篠戸 綿, Hua Chi 攀耆, Hsieh Sheng 謝 膀, Po Jen-i 篠任麓, Lü Hsi 呂系, Lü Pen 呂本, Ts'ao Li 曹禮". (One source includes Li Ch'ung 李充, making seventeen.) This galaxy of names gives us a very good idea of the literary world towards the middle of the Western Chin dynasty.

A further account of this gathering is contained in the Lan Ting Chi of 715 (by Ho Yen-chih 何廷之 incorporated in Chang Yen-yüan's Fa-shu Yao-lu 法書要錄 (TSCC. No.1626, pp.54-8). See also the Lan Ting Hsü Kiao 關亭續考 by Yü Sung 俞松 preface dated January 1243 and the Su Mi Chai Lan Ting Kiao 蘇米齊關亭考 (T.S.C.C. No.1614) by Weng Fang-kang 翁方翔 preface dated 1803. (See Toung Pao 42, pp. 392-393.)

We have also the Lan Ting Chi 關事集 listed in the Shan Yin Hsien Chih 训隱縣志 of Ssu-ma Yen 司馬賈, style T'ung-po 通伯. See also the article "Rantei Shi Kō 蘭事詩考 by Obi Kōichi 小尾郊— in Hiroshima Daigaku Bungakubu Kiyō. 廣島大學文學部紀要 No.7, 1955, pp. 224-249.

ss Ting Fu-pao, Chin Shih, C.5 p. 445. From I Wen Lei Chü, C.4. The "flying goblets" were the same as the "winged goblets" we read of in Chin Shu 61, Biography: of Shu Hsi 東曾. They were evidently in the form of winged birds. (See Chin Shu 51. p. 1221d, line 39 ff. for Shu Hsi's interesting account of the origin of this custom of floating goblets.)

so This Lan Ting poetry would really merit a much fuller discussion than I have been able to give within the limits of this chapter. Principal sources for the literary works connected with the Spring Purification Festival are to be found in the I Wen Lei Chü chapter 4. This includes poems by Chang Hua 摄 攀, Yū Ch'en 庚 團, Pan Ni Lü-ch'iu Chung 團 丘 仲 (d.311), Wang Chi 王 灣 (d. A. D. 290), Juan Hsiu 阮 任 (A. D. 270-311), Hsieh Ling-yün, Hsieh Hui-lien 謝 愚 蓮 (394-433), and Yen Yen-chih (384-456). Also cited are the 洛 酸賦 of Ch'eng kung-sui 成 公 經; the 酸賦 of Chang Hsieh 强 協 and the 酸賦 of Ch'u Shuang 猎 爽. Of exceptional interest also are prefaces by Yen Yen-chih and Wang Jung 王 融 entitled respectively 三 日 曲 木 詩 序 (found in Wen Hsian C.46) and 三月三日 曲 木 詩 序 (also in Wen Hsian C.46). Another valuable account of the Orchid Pavilion is found in the Huai Hai Chi 淮 海 & of Ch'in Kuan 栾 觏 (1049-1161) C.35, p. 6a-6b (Ssu-pu Ts'ung-k'an edition).

blew softly. When we looked up we beheld the vast universe. When we looked around us we could perceive the fullness of things.

Orchid Pavilion Poems No. 1-Hsieh Wan 80

I gaze at the high hills, I look at the lofty woods, Green creeper covers the crags, Tall bamboos crown the peaks The stream in the valley makes a clear sound, The branching drums have resounding notes, The gloomy heights spit rain, Flying mist shadows everything.

Pines and bamboos stick up from the craggy shores, Through a gloomy gorge rushes a clear stream. Free from care I tell of what I feel, When drunk I understand the obstructions of sorrow.

Wang Hui-chihat No. 3

I cast off my melancholy among mountains and rivers, Blandly forget all that has held me back. Flowering plants, fine ears of grain, Sparse pines barring the banks. Wandering birds flying through the clouds, Fishes leaping in the clear water. As I return my eyes betray my joy, My heart confused by twofold wonder.

Wang Su-chih62

No. 4

During my days of leisure in the past I used to enjoy thoughts of wooded peaks. Now amid these delights My spirit is at peace and my heart is tranquil.

No. 5

Crimson cliffs rise up sheer, The woods are bright with blossom. On clear waters dashing waves They now float, now sink.

No. 6

Freshets of blossom bright in forest verdure, Swimming fishes play in the clear dykes. By the water I joyfully cast my hook, The success of my outing does not depend on whether I catch anything.63

It is a pity that so much of the verse of this time has been lost that it is difficult to gain a clear picture of how it developed. There are necessarily so many gaps in our knowledge that any sort of critical judgment which contradicts the literary historians of the time, who must have had access to a hundred poems for every one that we can see, is highly suspicious. Nevertheless, in the light of the above facts it does seem that we are justified in concluding that they were mistaken in their opinions about the sudden appearance of Nature poetry in the 5th century. It would seem that Nature poetry was in existence about 50 years earlier than has been supposed. How far back then can we trace the origins of this kind of verse? Here again we find ourselves severely limited by lack of material. Fortunately, however, such poems as still remain of the once vast corpus of 3rd and 4th century verse provide sufficient evidence that Nature poetry not too dissimilar to that of Hsieh Ling-yun was being written shortly after the end of the Western Chin, some thirty years before even the poems of the Orchid Pavilion.

The Shih P'in in discussing the verse of Sun Ch'o and Hsü Hsüan also introduces a number of other poets of the same school, most of whose work, with one important exception, is now lost. Chung Hung says of these writers:64

"From the Yung-chia period (A.D. 307-12.) onwards the 'pure void' became a commonplace. Poetry like that of Wang Wu-tzu 王武子 valued the words of the Taoists. Down to the crossing of the Yangtze Taoist influence was still predominant. Chen-chang, Chang-tsu, Huan (Hsüan) and Yü (Ch'en) all took after each other. 85 The age acclaimed Sun (Ch'o) and Hsü (Hsün) as the best at quietist verse."

O. Sirén, "Gardens of China" (1949), p. 8 reproduces a charming woodcut of the Lan-t'ing garden taken from Hung-hsueh yin-yuan t'u-chi 淺雪因緣圖記 of Lin

^{**} Hsieh Wan 謝萬, style 萬石. Elder brother of Hsieh An. Achieved considerable distinction as a statesman. Biography in Chin Shu 79, p. 1290a.

at Wang Hui-chih 王數之, style Tzu-yu 子猷 fifth son of Wang Hsi-chih. Biography: in Chin Shu, p. 1291d. Married a daughter of Hsieh I 謝奕. (See the Shih Shuo Hsin Yu 19.) It was Hui-chih who "held the bamboo in such respect that he always referred to it as 'this gentleman' " (See Wang Shih-hsiang, "Chinese Ink Bamboo Painting." Archives of the Chinese Art Society of America. 3. (1948-49) p. 49.) *2 Wang Su-chih 王宿之. Otherwise unknown.

⁶³ Both by Wang Pin-chih 彬之. Known only from this text and a mention in Shih Shuo Hsin Yu, pp.A.40a-b. 64 Shih P'in, p. 342.

⁴⁵ The first three poets referred to are respectively Wang Chi 潜, Liu T'an 劉慎 and Wang Meng 王 濊. Of their works only one poem of Wang Chi's has been preserved (T.F.P. Chin, p. 321).

Of Huan Hsüan's once extensive work only two poems have been preserved, both of which might be called Nature poems. But Yü Ch'en, 66 who has been mentioned earlier, has eighteen poems extant, the greater part of which are of a type which strikingly anticipates in its combination of freshness with literary allusion-here chiefly Taoist-the work of the later Yuan-chia poets. Here are some examples of his work:

"Mount Heng"

To the North I see the beginnings of the Heng Mountains, To the South I look at the end of the Five Peaks. I sit peacefully drinking in the quiet calm; As I let my eyes wander around, my feelings understand all. A winged dragon crosses the empyrean, Stranded fishes barely moisten each other with slime. How can they know the greatness of the southern deep Since they are not even in the far-off rivers and lakes?87

"Looking at Stone Drum Mountain"

I called for my carriage to go and see something rare and strange, Hastening on my way I went to the Magic Mountain. In the morning I crossed the shores of a pure stream, In the evening I rested by the Five Dragon Spring. The Singing Stones made a hidden sound, Thunder startled the nine heavens. It is not that I have no magic powers But that no one can know spiritual freedom. Flying mist brushed the blue peaks, A green torrent washed between the crags. I rinsed my hands in the pure waters of the spring fountain While my eyes enjoyed the brightness of flowers in the sun. 88

"On meeting with winds in Chiang-tu"

As T'ien Wu bounds in the awful gorges I prepare to flee in my chariot from gloomy rainclouds. Fei Lien shakes trees and shatters them As the flowing light mounts on a whirlwind. On the great river we halt for the night on the waves, On the surging waters we will welcome the morning tide. When I look up I see we are hard pressed by dark clouds, When I look down I hear the deafening roar of the sad winds. 69

There are other poets not mentioned by the Shih P'in writing about this time whose work, as far as can be judged by such fragments as remain, must have been on the whole very similar to that of Yü Ch'en. Perhaps the best examples of these are Chan Fang-sheng⁷⁰ 萬方生 and Chiang Yu⁷¹ 江道(303-62).

Nothing is known of Chan Fang-sheng except the brief entry in the Sui Shu bibliography which says that he held the rank of Administrator and Counsellor to the Army of Defence under the Chin dynasty and that his collected works in ten rolls were still extant. However, from a date (A.D. 386) mentioned in the preface to his "Poems of the Gods and Fairies on Mount Lu" we can infer that he was alive some time near the end of the Eastern Chin dynasty, What remains of his work is extremely interesting for we find in it a genuine feeling for nature, which is sometimes expressed quite purely without any of the Taoist trappings usual in the work of the period. The following poem is a good example of his work:

"Returning to the Capital by Sail"

High mountains that rise to ten thousand feet, Long lakes, pure for a thousand leagues. White sands that are pure the whole year long, Pine woods that are green winter and summer. Water that stays not even for a moment, Trees that have stood firm for a thousand years. I lie awake writing new poems, Having suddenly forgotten my sadness at the journey.⁷²

This is a remarkable poem since it is not only more free from overt philosophizing than anything in Hsieh Ling-yun but it also avoids all the

^{**} Yu Ch'en, style Chung-ch'u 仲初 (286-339). Biog. in Chin Shu 92, p. 1321a. The Chin Shu records his works in ten rolls. Yu Ch'en's position as the first, or one of the first, of the Nature poets has also been noticed by Fan Wen-lan 恋文澜 who says in the Commentary to the Ming Shih 明詩 chapter in his edition of the Wen Hsin Tiao Lung: "The writing of Nature verse began with Yu Ch'en and others during the early years of Eastern Chin." (p. 18b. 1946 ed:) Note 34. 寫山水之詩起 自東營初庚電話人. There are two fragments of poems by Yü Ch'en recorded in the Ch'u Hsueh Chi 初學記 which have been omitted from the poetic thesaurus of Ting Fu-pao 丁稿保. They occur in the 天部 4th section and 樂部雅樂 1st section respectively (p. 7a in the edition of 1587).

I give their text below for the sake of completeness.

玄景如映壁 繁星如散錦

⁽a) This fragment is also quoted in the T'ai P'ing Yü Lan, 79, p. 3a, S.P.T.K. edition. (b) 蘭史吹鳴管

王子吐瓜歌! 67 Text in T.F.P.3, p. 445.

¹⁶ Text in T.F.P., p. 445.

⁶⁹ Text in T.F.P., p. 446.

⁷⁰ His works are extant in Y.K.C. Chin, 140, p. 3b and T.F.P., C.7 p. 491. I have also found a fragment of a poem of his in T'ai-p'ing Yü-lan, 56, pp. 4a-b, S.P.T.K. edition. His works in ten rolls were evidently lost before the Sung as they are last recorded in the bibliographical chapter of the Hsin T'ang Shu.

¹¹ Chiang Yu, style Tao-tsai 道 載. Biography Chin Shu 83, p. 1298d. Prose works extant in Y.K.C. and T.F.P. Chin 5, pp.

⁷⁸ T.F.P. Chin, p. 492.

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literary allusions so characteristic of the bookish style of the time. With its balanced verse, its simple but effective imagery and the neat turn in the oddly personal final couplet it might well have been written some 300 years later.

Here are two other poems by Chan Fang-sheng which perfectly exemplify all the finest qualities of this early Nature poetry:

"Sailing into the Southern Lake"
P'eng-li is a place where three rivers meet.
Mount Lu reigns over many hills.
White sands make a road along the pure river.
Green pines flourish on the tops of crags.
How long have these rivers been flowing?
How long have these mountains endured?
It is man's fate to pass away,
But these can last for ever.
Sad am I amid this universe,
For past and present, first secedes to last.⁷³

A Fine Day

P'ing I has dropped his divine rains,
Fei Lien has folded his magic wings.
The clear sky is as bright as a mirror,
The frozen ford as level as a whetstone.
With sail hauled down I go past the islands in the river,
Sad am I as I strain my eyes into the distance.
Through this bright pure air of the mountain gorges
You can see as far as a thousand leagues.⁷⁴

The following poem by Chan Fang-sheng is in some ways the most interesting of all his work for it is more reminiscent of the verse of T'ao Yüan-ming⁷⁵ than of the "shan shui" poets:

"Poem about my Study at the back of the House"

I loosened my cap strings and put on dolicho clothes again,
I said farewell to the Court and went back to my marshes,
No carriages can get through my gates.

My homestead is not even a full acre.

Thick grasses fence in my courtyard,
Orchids in profusion brush against my windows.
I fondle my sons and nephews,
I clasp the hands of my friends.
We eat vegetables from the garden
And drink this spring wine.
I open the lattice window and gaze out for a long time,
I sit and look at the river and hills.
Who can I tell what I am feeling?
There is no one I can tell my feelings to.
Unpainted beams are easy to look after,
The "dark root" does not easily rot.
If you go towards it it will not be far away.
Keep this in mind and you can live for ever. 78

The following poem by Chiang Yu 江 道 (A.D. 303-62) is stylistically very similar to the work of Yü Ch'en and Chan Fang-sheng:

A Song of Autumn

Chu Jung loosens his fiery reins,
Ju Shou rises in icy chariot.
A high wind urges on the changing season,
Frozen dew speeds on Mutability.
Throughout the forest I am saddened by white autumn.
Thick grasses make me think of the fiery summer.
A crying goose draws near the cloudy peak,
A cricket sings in the depth of the tower.
The cicada of cold cries as evening draws on.
Nature moves us to greater sadness still.
Wretched am I, and have no joyful hours of leisure.

It would seem, in the light of the evidence I have been quoting, that the orthodox accounts of the development of Nature poetry badly need re-writing.

So far I have made no mention of the part played by Buddhism in the formation of this landscape consciousness of the time. 78 We have already seen that several of the Nature poets were ardent Buddhists, among them Hsieh Ling-yün. Evidently the association of landscape and Buddhism is not fortuitous. It has been argued that since Reality for the Buddhist is

¹² T.F.P. Chin, p. 492.

⁷⁴ T.F.P. Chin, p. 492. 屏翳 Ping I, The "Lord amid the Clouds" or "Cloud Spirit." See Ch'u Tzŭ. 2. p. 52. Tr. Waley. "The Nine Songs" p. 27. Fei Lien, sometimes called the "Earl of the Wind". See the Feng Su T'ung-i 風俗 通義 61.

Thave deliberately excluded all mention of T'ao Yüan-ming from my argument. His verse comes too late to add anything to a discussion of the origins of landscape poetry. Furthermore, the Chinese literary historians classify his verse as "garden poetry" 田園詩 and not as landscape poetry proper. A comparative study of these two genres might help to bring our conception of shan-shui shih into clearer focus.

⁷⁸ T.F.P. Chin, p. 493. I have included this poem more for its almost certainly early date than for its value as Nature poetry. It seems to be closer to "garden poetry." ⁷⁷ T.F.P. Chin. p. 444.

⁷⁸ See the recent article "The landscape Buddhism of the fifth-century poet Hsieh Ling-yün" by Richard Mather (Journal of Asian Studies, Vol. XVIII, No.1, November 1958, pp. 67-79).

often described in terms of emptiness, landscape is a very fitting symbol for it.79 But it is possible to put the matter much more exactly. Landscape was not just a symbol for the Tao-the term was at this period as much a Buddhist as a Taoist expression—it is the Tao itself. This is brought out very clearly by a passage in Sun Ch'o's "Fu of my Wanderings on Mount T'ien T'ai":

When the Tao dissolves it becomes rivers; When it coagulates it becomes mountains.80

So the contemplation of landscape is the contemplation of Reality itself. It brings on that state of mystical detachment which could either be described in Taoist terms, as in the passage below, or as the trance of visualizing the Buddha, Chien-fo san-mei⁸¹ 見佛三昧. Sun Ch'o continues:82

"When I have done with wandering around and contemplating Nature my body is tranquil and my heart is peaceful. I have by now driven off anything that might 'harm the horses'83 and have done away with the things of this world. My knife meets only with emptiness. I see the ox but not as a whole.84 I concentrate my thoughts on these mysterious crags and sing a clear song about the long rivers."

It is hardly surprising then that so many Buddhist monasteries were set in remote places among the mountains or that their occupants should write poems about the landscape. For was this not a religious act, the equivalent of a hymn to the Buddha himself?

The following two poems by the Buddhist laymen Wang Ch'iao-chih⁸⁵ 王喬之 and Chang Yeh 86 張野 should certainly be considered in this

Wander where you will you rarely meet with spirits, Their subtle goodness being naturally akin to darkness. Yet when you reach this place of the wisdom of emptiness, A mysterious hill has formed here from the dust. All the mountains lie in silence, A single peaks cuts through the air.

7º See Professor Mather's article, p. 76.

Misty sunlight falls along the crags, The pure air suits the season. There is a summit, a divine peak, There are men who cross these heights. A long river washes the wooded lands of Ch'u, On its rainy slopes stand autumn pines. It is dangerous to set foot near these vast deeps, A magic gorge shines bright ten thousand feet down. The sound of wind and springs make far off music in the air, Many sounds echo in the distance. Their all-pervading beauty has made me feel sad, I gaze a little longer and see the nine rivers. Here we are near the land of the heavenly men, Always I hear their clear flutes sounding in the air.87

The next poet, Chang Yeh, writes:

When I look at the peaks I am confused by their great image. When I look at the crags there is nothing like their steepness. Their power is so great that it hides the heavens, They come up on high soaring up wall after wall. In a single bound they cast off all dust and stains, I can see clearly into the distance. My glances reach the sky, I penetrate the distance. Through this I can express my joyful feelings, And so forget the faults that I still have. My mysterious dwelling wears an air of loneliness, By taking this weird path death is diminished.88

These poems were written in A.D. 400.89 They are therefore not particularly early examples of Buddhist Nature poetry. But there are poems extant by Chih Tun® 支遁 (A.D. 314-66), a Buddhist monk who was a friend of Wang Hsi-chih, which must have been written at least fifty years earlier.

⁸⁰ W.H. 11. p. 3b. 融而爲川濱結而爲山阜、

^{*1} The buddhanu-smriti 念佛三昧. See Liebenthal Book of Chao, p. tor and Appendix V. See Professor Mather's note on the significance of this trance in Pure Land thought as exemplified by the correspondence between Kumārajīva and Huiyuan in the Ta-sheng ta-i chang 大乘大義章 (T.T. XLV, 134b-135a). 82 W.H. 79. p. 6a.

^{**} Chuang-tzŭ. 24.32. 亦去其害馬者而亥已.

⁸⁴ Chuang-taŭ. 3.5. 所見無非牛者...彼節者有間而刀刃者无原.

⁸⁵ Also known as Wang Ch'ih-chih. 王赤之 See Zürcher, Buddhist Conquest vol. II, p. 398, n. 205.

⁵⁸ Chang Yeh 張野, style Lai-min 萊民 (350-418). Biography: in Lu Shan Chi (T.T.LI., No.2095, p. 1040a.)

⁸⁷ Lu Shan Chi, C.4, p. 1042. One of a collection of poems entitled "Poems on Wandering on Stone Gate by various Monks of the Lu Shan community". Stone Gate is one of the peaks of the Lu Shan range.

⁸⁸ Ibid., C.4, p. 1042.

⁸⁹ The date is given by the preface to the poems.

³⁰ Chih Tun, style Tao-lin 道林 (314-366). See above, Note 49. See Bodde, "History of Chinese Philosophy" II, pp. 250-52. He built himself a monastery, the Ch'i-kuang ssu on Mount Stone Wall 石城山 in Chekiang. He helped to make Buddhism popular at court. See A. Link, "Biography of Shih Tao-an" in T'oung Pao 1958.

Song of My Mountain Dwelling

The Five Holy Mountains are great works raised by spirits,

The four rivers have vast and surging floods.

I went there to seek of myself a true wisdom,

In its silence I guarded there the heights of tranquil love.

If I do not feel happy out of my seclusion,

It is because I have found a constant pleasure there.

Those who seek heaven will live for ever,

From my cave I look on those who have left the world of men.

There is pure jade at the foot of the crags,

A sound as of metal as the stream washes the nearby banks.

I went gathering flowers and was hidden in deep mist,

I shook my coarse clothes and brushed them free of dust.

What I have done has been like the measuring worm when it draws itself up.

The Tao stretches like a leaping dragon.

On this peak is no successor to Shan Pao,

It is not my lot to know the truth revealed on Shou-yang.

With a long whistle I go back to my wooded peak,

In that solitary place I shall devote myself to my potter's wheel.91

From the soil of this new consciousness of landscape another art began to spring about this time, that of landscape painting. Poetry and painting were of course intimately connected. Many of the poets we have mentionedincluding Hsieh Ling-yun himself-were well-known calligraphers and painters.92 It is highly probable indeed that the origins of landscape

painting may be found in the practice of illustrating poems and fu describing scenery.93

One of the most famous of these painters was Ku K'ai-chih,94 who was closely associated with the group of poets who wrote the Orchid Pavilion poems. He, like Hsieh Ling-yun, spent much of his time in wandering round the country looking at celebrated landscapes. His remarks on Kuei-chi, of which he made a series of paintings, betray an attitude of mind in all respects like that of the Nature poets.

"When Ku Ch'ang-k'ang had come back from Kuei-chi someone asked him about the beauty of its mountains and rivers. Ku replied: 'A thousand crags vie with each other in magnificence. Ten thousand ravines contend with rival torrents. Plants and trees cover everything like clouds rising and mists spreading'."95

Tsung Ping 96 (A.D. 375-443) another landscape painter of the time, was also a Buddhist and a member of the original circle of the White Lotus Society. He was apparently a devotee of mountains. His biography says of him: "He loved landscapes and liked to go off for long excursions. In the west he climbed up Ching and Wu, in the south he ascended Hung and Yo."97

Tsung Ping is the probable author of a treatise on painting, the Hua Shan-shui Hsü 畫山水序 that gives us an insight into the mystical powers that landscape was felt to possess;

"Landscapes exist in the material world yet soar into the realms of the spirit."98 "The Saint interprets the Way as Law through his spiritual

ot Kuang Hung Ming Chi. 30. p. 351b. T.T. L.II. No.2103.

⁹² Wang Hsi-chih and his sons were famed for their calligraphy. The biography of Wang Hsien-chih 王默之 (344-388) (Chin Shu 92, 1292a) says: "He was skilled in the draft script and the plain style and good at painting." 工 卓 款 善丹 肯. (Ibid. hue 17.) 丹育 is the highly coloured style as opposed to 青線—the softer blue and green manner used for landscapes and bamboo paintings.

Hsieh Ling-yün's mother was a niece of Wang Hsien-chih and Ling-yün's own calligraphy and painting were greatly influenced by his style. "Ling-yun's mother came from the Liu clan and was a niece of Tzu-ching (Hsien-chih). So Ling-yun was able to use an extraordinary number of Wang's stylistic characteristics in his calligraphy." (See K'uai Chi Chih 會稽志 Library of Congress Rare Books Microfilm Collection of Cambridge University Library, Roll 308, C.16, p. 8b). Some paintings of Ling-yun's survived the Hui-ch'ang iconoclasm (A.D. 845). The Ming Hua Chi III Section 5 (Trans. W. Acker, "Some T'ang and pre-T'ang Texts on Chinese Painting", Leiden 1955, p. 372) mentions "six wall sections with Bodhisattvas by Hsieh Ling-yun on the outer T'ien-wang-t'ang (Chapel of the Four Devarajas)". It seems to me highly probable that Hsieh Ling-yun may have illustrated his own poems and his "Fu on Dwelling in the Mountains". It is interesting to note how English landscape verse was affected by painting. Most minor 18th century landscape poets merely describe the paintings of Salvator Rosa, Poussin, or Claude, even when supposedly writing of the English countryside. See C. V. Deane, "Aspects of 18th Century Nature Poetry"

⁹² The Li Tai Ming Hua Chi (C.50a) S.P.T.K. ed. says. "Tai K'uei once went to study under Fan Hsüan. When Fan saw K'uei's paintings he thought he was wasting his time and that he should not weary his mind with them to no purpose. So K'uei gave him his illustrations to the Nan Ch'ao Fu. When Fan saw them he stopped sighing for he knew they were very great paintings indeed." See also M. Sullivan, "Notes on Early Chinese Landscape Painting", H.J.A.S. (1955), pp. 422-46, especially

Nor was it only verse that was illustrated. T'ao Yuan-ming had a copy of the Shan Hai Ching 山 海 經 of which he says: "My eyes wander over the pictures of Hills and Seas". (Translated Waley, 170 Chinese Poems, New York 1938, No.114.)

⁹⁴ Ku K'ai-chih, style Ch'ang-k'ang 長康 Biography in Chin Shu 92, p. 1323a. See the "Biography of Ku K'ai-chih". Translated and annotated by Chen Shih-hsiang. Chinese Dynastic Histories Translations, No.2, 1953.

⁵⁶ Chin Shu 92, p.1323b.

^{**} Tsung Ping, style Shao-wen 少文 was a nobleman of Nan-yang in Honan. Biography: in Sung Shu 93, p. 1644b. See also the Li Tai Ming Hua Chi, C.6. pp. 207-211, T.S.C.C., No.1646, and the Lu Shan Chi, T.T. LI, No.2095, p. 10402, T'ang, p. 422. See also W. Liebenthal "The Immortality of the Soul in Chinese Thought" Monumenta Nipponica VIII, 1952, p. 378, Note 175.

⁹¹ Sung Shu 93, p. 1644b.

⁹⁸ Hua Shan-shui Hsü, Li Tai Ming Hua Chi, C.6, pp. 208-210. This essay may be spurious since it is not included in the P'ei-wen Chai Shu Hua P'u 俱文 齋養 畫譜 of Wang Yüan-ch'i 王 原 祁 (1642-1715) and others.

insight and so the wise man comes to an understanding of it. Landscape pays homage to the Way through Form and so the virtuous man comes to delight in it."39 Here again we meet this emphasis on landscape as the very manifestation of the Tao. The Tao itself could not be expressed directly through words—"He who speaks of it does not know it" 100—but could be understood only through its manifestation as Nature. Hsieh Ling-yün insists that this is so:

"If enjoyment of Nature should end who would understand what all this means?"101

It was this aspect which was later to be stressed by Zen Buddhism. As Suzuki well expresses it: "The mountains are only mountains when they are assimilated into my being and I am absorbed in them."102

That storehouse of Zen "mondo", "The Transmission of the Lamp", is full of examples which might have been culled from Nature poetry;

"The green bamboos are swaying in the wind; the cold pine trees are shivering in the moonlight."103

"The white clouds are rising as far as the eye can see from every peak of the mountain range; while a fine drizzling rain falls silently outside the bamboo curtain,"104

"The murmuring sound of the mountain stream-here is the entrance."105

It is doubtful, however, whether in the period with which we have been dealing—the fourth and fifth centuries A.D.—landscape had acquired the full richness of the connotations it was to acquire later. One might half suspect that at this date the appreciation of Nature may still have been subjected to the great Taoist aim of the prolongation of life, so that painting and verse might be seen as disciplines or exercises, much like the technique of breath-control or abstaining from cereals. Such at any rate would seem to be the opinion of Tsung Ping;

"So by living at leisure, by controlling the vital breath, by rinsing out the goblet, by playing the lute, by contemplating pictures in silence, by never resisting the influence of heaven and by responding to the call of the wilderness where the crags and peaks rise to shining heights and the cloudy forests are dense and vast, the wise and virtuous men of old found innumerable pleasures which they assimilated through their souls and minds."108

Yet, whatever its ultimate cause or motives, the supreme quality of this art is incontestable. Had any poetry before managed to shade overt statement of spiritual meaning so curiously, so dramatically, and with such sleights and duplicities of meaning, into the metaphoric intimations of the literally described landscape?167

⁹⁹ Ibid. p. 209.

¹⁰⁰ Tao Te Ching 56.

¹⁰¹ Hsieh K'ang-lo Shih Chu, pp. 74-5.

[&]quot;What I saw when I had crossed the lake on my way from Mount South to Mount North". 於南山往北山經湖中贈購.

¹⁰² D. T. Suzuki, "Studies in Zen" (1955). "The Role of Nature in Zen Buddhism", p. 187. Suzuki has also said: "Most Zen masters are . . . Nature mystics." Zen Essays II.

^{103 &}quot;Transmission of the Lamp", Ch'uan Teng Lu. T.T. No.2076, Vol.LI, 2.

¹⁰⁵ Ibid.

¹⁰⁸ Hua Shan-shui Hsu, Li Tai Ming Hua Chi, C.6, p. 210.

¹⁹⁷ Adapted from W. K. Wimsatt and Cleanth Brooks, "Literary Criticism. A Short History" (New York, Knopf, 1957), p. 401.

The above work also contains a definition of the structure of the poetry of Wordsworth which is also the best possible definition of the formal characteristics of Chinese landscape poetry.

[&]quot;Both tenor and vehicle are wrought in a parallel process out of the same material. The landscape is both the occasion of subjective reflection or transcendental insight and the source of figures by which the reflection or insight is defined . . . The interest derives from our discerning the design and unity latent in a multiform sensuous picture." (Ibid., p. 401.)

Note, however, that there is no animating imagery, no "pathetic fallacy", in Chinese Nature poetry. "A puddle", says Hazlitt, speaking of Wordsworth's "Excursion", "is filled with pre-natural faces." This was never true of any stage in the development of Chinese landscape poetry, even though it may be approached philosophically in the Zen concept of "sūnyatā" when "the mountains are mountains and I see them as such and they see me as such" (Suzuki, Studies in Zen, 1955, p. 188). Nevertheless there are interesting points of contact between the Chinese and the European concept of Nature which would repay detailed study. For both these groups scenery provided the best evidence of the fundamental nature of the universe.

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