





Josef Mihalco

I started with standing volleyball at the high school in 1985 in Bratislava, Slovak republic. I was always involved in sport and the high school gives me the opportunity to train for standing volleyball at a high level.

My coach Mrs. Helena Hankova had the greatest influence on me and my development in the sport.

Events in which I was involved:

Team Czechoslovakia

1989 – European Championships (4th place), player

1990 - World Championships (3rd place), player

1991 - European Championships (3rd place), player

1992 - Paralympic Games (3rd place), player

Team Slovakia as captain

1993 - European Championships (3rd place), player

1994 – World Championships (5th place), player

1995 – European Championships (3rd place), player

1996 - Paralympic Games (2nd place), player

1997 – World Cup (3rd place), player

1998 – World Championships (3rd place), player

1999 – World Cup (3rd place), player

2000 - Paralympic Games (3rd place), player

2001 – World Cup (1st place), player

2002 - World Championships (3rd place), player

2003 – World Cup (1st place), player

2004 - World Championships (2nd place), player

2005 – World Cup (3rd place), player

2006 - World Championships (3rd place), player

2007 – World Cup (2nd place), player

2009 – World Cup (2nd place), player















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2011 – World Cup (4th place), player

Awards received (e.g. Best Player Awards, National or International Awards):

1990 – WC – Best blocker

1993 – EC – Best attacker

1994 – WC – Best blocker

1995 – EC – Best attacker

1996 - PG - MVP

1998 – WC – Best attacker

2000 - PG - MVP

2001 - WoC - MVP

2003 - WoC - MVP

2005 – WoC – Best attacker

2006 – WC – Best attacker

2007 - WoC - MVP

2009 - WoC - MVP

I stopped being involved with standing volleyball in 2011.







