

A Guide To LGBT+

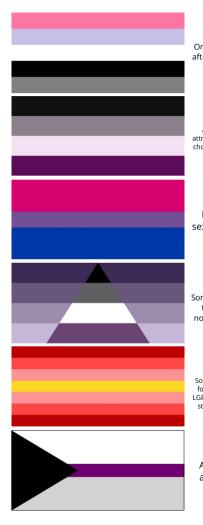
LGBT Community Terminology and Flags

Sexual identities are very personal and vary from person to person. The information below is simply a general guide to some LGBT community terms. When dealing with these terms it is important to remember that gender identity, romantic attraction and sexuality are independent of each other. Some of these terms can be used in a derogatory way and care must be used when speaking to someone about their sexuality. It is always best practice to ask the person which terms they prefer.

Sexual Orientations



masculine.



Apressexual

Only having sexual attraction for someone, after a previous form of attraction has been felt (romantic, sensual, platonic, etc.).

Asexual

Asexuality is, in a broad sense, a lack of sexual attraction to either sex. Unlike abstinence, which is a choice to abstain from sexual activity, asexuality is a sexual orientation.

Bisexual

Bisexuality is romantic attraction, sexual attraction, or sexual behaviour toward both males and females.

Caligosexual

Someone who feels sexual attraction that, in their mind, very weak or vague, almost nonexistent, like a vapor, fog, or mist. Seen within the asexual spectrum.

Comsexual

Someone who experiences sexual attraction *Ideal for someone who wants to say they belong in the LGBT+ community, but unsure of where exactly they stand. It's a more specific way of saying you don't belong to the asexual spectrum*.

Demisexual

A person who does not feel sexual attraction until a strong emotional bond has been formed.



Someone who is repulsed by sexual actions, not limited to asexual spectrum. Similar to repulssexual and apothisexual.

Autosexual

A person who prefers self gratification over other types of sexual activities.

Caedosexual

Someone who feels as though they lost the ability to feel sexual attraction because of trauma.

Cassexual

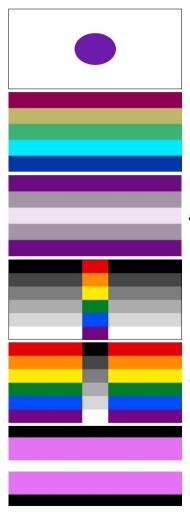
Feeling as though your sexual orientation has no serious meaning in your everyday life.

Cupiosexual

Someone who doesn't have sexual attraction but desires a sexual relationship.

Dissociatsexual

A term to describe someone who dissociates on a regular basis during sex and/or sex like activities, often leaving the individual confused with what their sexual attraction is (or lack thereof).



Dotsexual

A sexual orientation in which one is willing/ able to give a certain extent/amount of affection/action, but, similar to akoi- one would tend to refuse any reciprocation of those actions. Controversial.

Duosexual

Feeling as though you bounce between two specific SEXUAL orientations (such as: bisexual and demisexual).

Greysexual

A person who rarely has sexual attraction and/or under very specific circumstances.

Heteroflexable

Primarily heterosexual, but with a limited amount of attraction to the same sex, or willingness to take part in a homosexual activity.

Homoflexable

Primarily homosexual, but with a limited amount of attraction to the opposite sex, or willingness to take part in a heterosexual activity.

Implasexual

Someone who feels they are never quite sure of their sexual orientation.

Different from "Questioning".



Dreadsexual

A sexual orientation that fluctuates from feeling no attraction to feeling attraction.

When sexual attraction is felt, it is accompanied by a strong feeling of dread or anxiety.

Fraysexual

Fraysexuality a person who has sexual attraction for strangers and acquaintances on a regular basis, but fades once they have got to know someone.



The attraction to women or femininity. This is a sort of polite way of asking sexual orientation. If a man is gynephilic, he is heterosexual. If a woman is gynephilic, she is homosexual.

Heterosexual

Someone who are sexually and/ or romantically attracted to someone of the opposite sex.

Homosexual

Someone who are sexually and/ or romantically attracted to someone of the same sex.

Inactosexual

Someone who experiences sexual attraction, wants a sexual relationship, but does not want to engage in "stereotypical" sexual actions with their partner(s).



Lamvanosexual

Wanting to have sexual ACTIONS done on you, but NOT on others. Opposite of placiosexual.

Limnosexual

Experiencing sexual attraction ONLY when exposed to audio, visual and/or written forms of sex or like activities (any depictions). However, when it comes to the "real world", there is NO sexual attraction. Found in the asexual community.

Lithsexual

A person who experiences sexual attraction but does not desire reciprocation for their attraction.

Neusexual

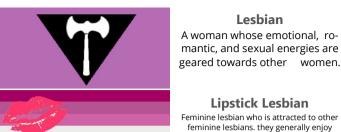
Someone who feels sexual attraction only for those who don't believe they have a gender. Controversial.

Nofesexual

Feeling sexual attraction to everyone BUT those who are feminine.

Novisexual

Feeling as though your sexual attraction is too complicated to pin down to one word.



Lipstick Lesbian Feminine lesbian who is attracted to other



Myrsexual

Believing your sexual orientation is fluid WITHIN the asexual spectrum orientations and ONLY the asexual spectrum orientations.

Leshian

A woman whose emotional, ro-

mantic, and sexual energies are

feminine lesbians, they generally enjoy

fashion, flowers, perfume, sex and the city,

lingerie & lipstick of course.

Noetisexual

Someone who is sexually attracted to how someone else's mind operates. This does NOT necessarily mean the person is "intelligent". This could be for reasons like: creativity, philosophical opinions, things of this nature.

Nominsexual

Experiencing sexual attraction to everyone BUT those who are masculine. Found in polysexual community.

Pansexual

Pansexuality, or omnisexuality, is sexual attraction, romantic love, or emotional attraction toward people of any sex or gender identity.

Parasexual Being asexual (not having sexual attraction) and having sex solely for the purpose of reproduction.	Penultisexual Feeling sexual attraction to all genders/sexes except your own. Found in the polysexual community.
Placiosexual A person wanting to give sexual pleasure to others, but preferably not having it reciprocated.	Polysexual Polysexuality is the attraction to multiple genders. A polysexual person is one "encompassing or characterized by many different kinds of sexuality.
Pomosexual Umbrella term, alternative to the word "queer", another way to say that you belong to the LGBT+ community (but don't feel comfortable with the term "queer").	Proculsexual Having sexual attraction for those you know you can never actually be with (fictional characters, celebrities, etc).
Proqusexual A feminine person who experiences sexual attraction for only other feminine individuals.	Proquusexual A masculine person who only experiences sexual attraction for those who are masculine.
Quadsexual Someone who feels sexual attraction to 4 genders and/or sexes, in the polysexual community.	Quintsexual Someone who feels sexual attraction for 5 gender identities and/or sexes. Found in the polysexual community.
Quoisexual Not knowing were one fits on the spectrum, or not identifying with any existing label.	Reciprosexual Experiencing attraction only after realizing someone is attracted to you.



Repulssexual

Someone who feels sexual attraction, but is repulsed by sexual activities. A more specific version of arcsexual, but not application to asexuals who are sex repulsed.

Skolisexual

A potential sexual attraction to non-binary identified individuals. This does not generally describe an attraction to specific genitalia or birth assignments but rather is an inclusive term.

Speciosexual

Feeling sexual attraction that is based on traits that are NOT gender identity and/or sex related (ex: hair color, body part, etc).

Thymsexual

Someone who feels sexual attraction, but the direction of the attraction changes depending on their emotional state of being.

Uncadesexual

Extremely rarely does one experience sexual attraction, but when one does, it lasts for a very long time (typically around a year or longer). Found in graysexual umbrella, pronounced "un-kay-dee-sexual".

Vapubsexual

Asexuals who are also genitalia repulsed (pronounced vay-pub-sexual); pink is for femininity, blue is for masculinity, red is for passion, white X means lacking.

Requissexual

Limited or no attraction/interest/ activity due to some form of emotional exhaustion.

Somnisexual

Believing you have sexual attraction ONLY for people in your dreams. Otherwise, you do not have sexual attraction for ANYONE while being awake. Controversial.

Tempsexual

The belief that your sexual orientation changes, depending on what time of day it is (night vs day, evening vs daybreak, etc.) Controversial, sub-section to abrosexual.

Trisexual

Someone who feels sexual attraction to THREE sexes and/or gender identities, found in the polysexual community.

Uniattraction

Feeling attraction towards one person and one person only for advanced periods of time or one's whole lifetime. You are attracted to them regardless of their gender/ sexuality/changing appearance etc.

Vexesexual

Believing you belong to the asexual umbrella, but unsure where you belong in the asexual umbrella.



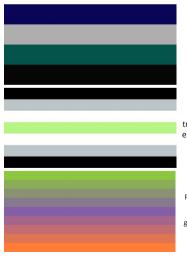
Limnosexual

Feeling sexual attraction, but you don't feel it towards anyone in particular, can be seen within the graysexual community

LGBT Community Terminology and Flags

Gender identities are very personal and vary from person to person. The information below is simply a general guide to some LGBT community terms. When dealing with these terms it is important to remember that gender identity, romantic and sexuality are independent of each other. Some of these terms can be used in a derogatory way and care must be used when speaking to someone about their gender identity. It is always best practice to ask the person which terms they prefer.

Gender Identities



Abussogender

A gender identity for those who feel their gender identity is completely incomprehensible. Similar to anongender. Synonymous with staticgender.

Agender

Agender is a term which can be literally translated as 'without gender'. It can be seen either as a non-binary gender identity or as a statement of not having a gender identity.

Aliagender

Feeling like your gender identity is completely different from "traditional" ways of describing gender (femininity vs masculinity). You believe you have a gender, but nothing within the contemporary gender spectrum seems like a "right" fit for you.



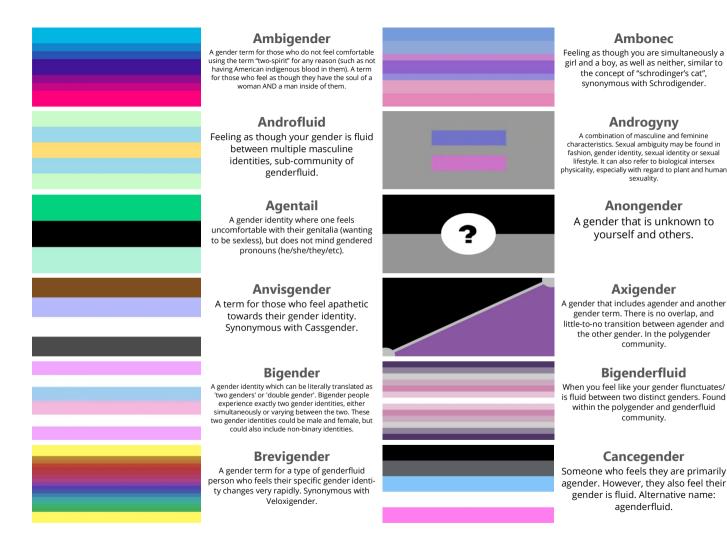
Believing your gender identity is determined by environmental and/or external factors (time of day, seasons, weather, specific people near you, etc.). Controversial.

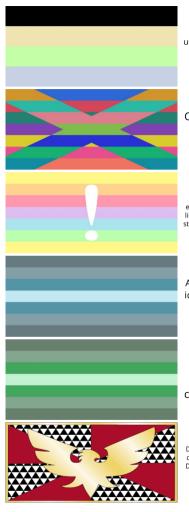
Alexigender

Where one feels like they are genderfluid, but unsure of what specific genders they fluctuate between.

Aliusgender

Feeling as though your gender identity can't be described by "stereotypical" gender descriptors.





Cassgender

Feeling as though your gender identity is unimportant (and/or feel indifferent towards their gender identity). Synonymous with Anvisgender.

Chaosgender

One who feels their gender is too confusing to pin down to one term, sub-community of novigender.

Conigender

A gender identity that is completely dependent on external circumstances. For example: You might feel like a girl only with specific people or specific circumstances around you (same goes for "feeling like a boy" or nonbinary).

Demiboy

A demiboy is someone whose gender identity is only partly male, regardless of their assigned gender at birth.

Demigender

A gender identity that involves feeling a partial, but not a full, connection to a particular gender identity.

Drag/Feather

Drag is a term applied to clothing and makeup worn on special occasions for performing or entertaining, Drag performance includes overall presentation and behaviour in addition to clothing and makeup.

Ceterogender

A nonbinary gender with specific feminine, masculine, or neutral feelings.

Comgender

An umbrella term for anything not related to agender. Can be used as an individual identity for those who believe they don't identify as agender.

Crystagender

A subsection of genderfluid, where one feels as though their gender identity fluctuates between PARTS of different gender identities.

Demifluid

A nonbinary gender identity that is partially fluid and part static. This is different from genderfluid and demiflux

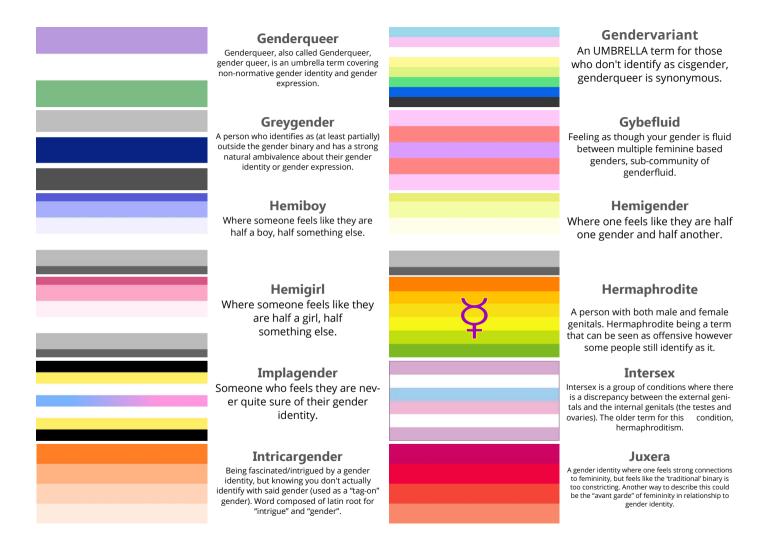
Demigirl

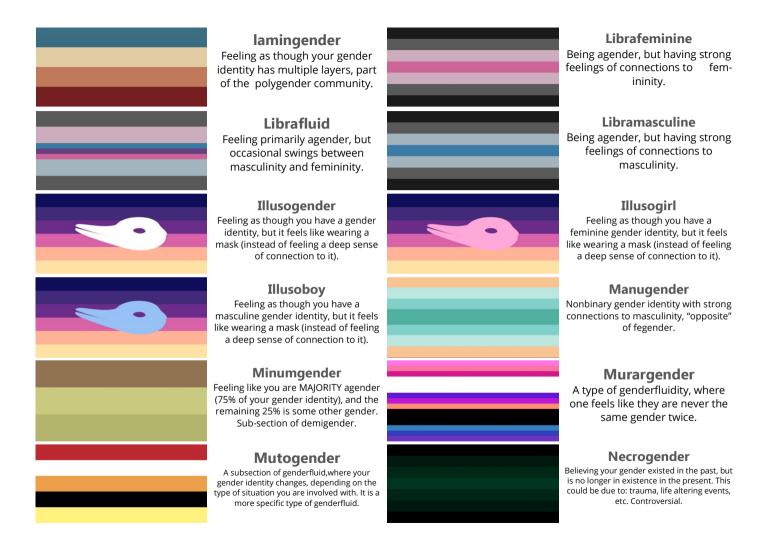
A demigirl is someone whose gender identity is only partly female, regardless of their assigned gender at birth.

Eafluid

Feeling as though your gender is fluid between multiple nonbinary genders, sub-community of genderfluid.









Nesciogender

A gender that is unknown to yourself, due to some sort of mental disability (and/or illness) that makes the concept of gender difficult to understand. Similar to Videgender.

Nonpuella

Someone who physically is not feminine (their sex or body's characteristics), but feels a strong connection to femininity.

Novigender

Feeling as though your gender identity is too complicated to pin down to one word.

Polygender

Feeling like you are MAJORITY agender (75% of your gender identity), and the remaining 25% is some other gender. Sub-section of demigender.

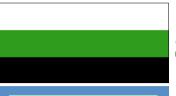
Quadgender

Feeling like you are MAJORITY agender (75% of your gender identity), and the remaining 25% is some other gender. Sub-section of demigender.

Quoigender

Understanding the concepts of gender and gender identity, but believing they could never be apply to you.

Connected to agender.



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Neutrois

Someone who identifies as genderless, neither male nor female. They may be celibate or sexual of any orientation.

Nonpuer

Someone who physically is not masculine (their sex or body's characteristics), but feels a strong connection to masculinity.

Pangender

Pangender (and/or Omnigender) is a non-binary gender experience which refers to a wide multiplicity of genders that can (or not) tend to the infinite (meaning that this experience can go beyond the current knowledge of genders).

Proxvir

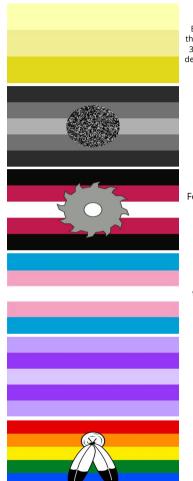
Feeling like you are MAJORITY agender (75% of your gender identity), and the remaining 25% is some other gender. Sub-section of demigender.

Quintgender

Feeling like you are MAJORITY agender (75% of your gender identity), and the remaining 25% is some other gender. Sub-section of demigender.

Minumgender

Feeling like you are MAJORITY agender (75% of your gender identity), and the remaining 25% is some other gender. Sub-section of demigender.



Scorigender

Believing you are fluid between 3 genders that are similar (such as: 3 feminine genders, 3 masculine genders, OR 3 nonbinary genders). Part of the genderfluid community

Staticgender

Feeling as though your gender is imcomprehensible.

Tachigender

Feeling as though your gender changes quickly and on a regular basis.

Transgender

Transgender is the state of one's gender identity or gender expression not matching one's assigned sex. Transgender is independent of Sexual orientation, transgender people may identify as hetrosexual, homosexual, bisexual, asexual etc.

Transneural

An umbrella term for any gender Identity that is NOT cisgender.

Two Spirit

A Native American term for gender queer individuals within their communities.



A sub-section of genderfluid, where the times you shift are constant (example: 1 month 1 gender, another 1 month a difference gender; 2 hours 1 gender, 2 hours another gender, etc.).

Sychnogender

A subset of genderfluid, where one believes their gender identity changes on a regular basis throughout the day, everyday. Similar to: brevi gender, veloxigender, mutogender, and selenogender.

Tinegender

A gender identity where you believe your gender is fluid, BUT the change is so small/ minute, that your OVERALL identity does NOT change. Part of the genderfluid community.

Transexual

People experience a gender identity that is inconsistent with, or not culturally associated with, their assigned birth gender, and desire to permanently transition to the gender with they identify.

Trigender

A gender identity which can be literally translated as 'three genders' or 'triple gender'. Trigender people experience exactly three gender identities, either simultaneously or varying between them.

Vapogender

Similar to agender, but feeling as though you are "barely" away from agender (you feeling like you have a nonbinary gender, but it's only barely beyond agender).



Veloxigender

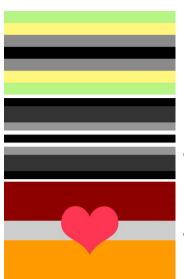
A subsection of genderfluid, where one feels genderfluid, but it moves too quickly to put a name to the individual gender identity feels that are felt.

Videgender

One who does not see gender in a "traditional" way (femininity vs masculinity, or lack thereof), so they based the concept of gender identity off of something like "aesthetics" or something that "has the same feelings" as one might describe something. Similar to Egender, Aliagender, and Nesciogender.

Collgender

Feeling as though you have many genders, but because of the amount, it is confusing and overwhelming to tell which is which.



Vexegender

Feeling as though you're somewhere in the nonbinary umbrella, but unsure of exactly where you belong, the concept of gender is difficult to grasp for individuals who identify as vexegender.

Voidfluid

A feeling that one's gender identity is fluid, but none of the genders experienced can be clearly distinguished as masculine, feminine, or neutral

Erotogender

A gender or genders that are felt specifically under sexual circumstances, felt specifically in sexual contexts, different to what is generally felt in other contexts and situations. A significant shift in gender/s during sexual situations or context. Someone who identifes as this may feel different gender/s in a sexual context compared to the rest of the time.

LGBT Community Terminology and Flags

Romantic Orientations Political & Fetish`s are very personal and vary from person to person. The information below is simply a general guide to some LGBT community terms. When dealing with these terms it is important to remember that gender identity, romantic and sexuality are Independent of each other. Some of these terms can be used in a derogatory way and care must be used when speaking to someone about their gender identity. It is always best practice to ask the person which terms they prefer.

Romantic orientations, political and fetish



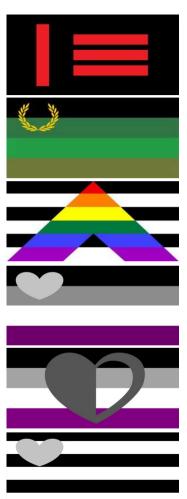
Bear Brotherhood

In general, a "bear" is a large, hairy, overtly masculine gay man – however, the community champions inclusion and self-identification is the only required characteristic.



Leather Pride

The leather pride flag is not associated with any particular gender preference but instead indicates a preference for kink. The "leather subculture" is somewhat hard to define as it encompasses a wide variety of activities.



Master/Slave Pride

The symbols represent, to nobody's surprise, master and submissive. The single vertical line is for authority, power, or dominance. The grouping of three horizontal lines is apparently a standard psychological symbol for submission or 'passive intellect.

Uniform Pride

Uniform Fetish revolves around wearing uniforms during play – very often these will be military uniforms, but we have seen the term used in a very broad sense as well (think nurses and schoolgirls).

Straight Ally

A person who identifies as heterosexual but supports the lgbt+ communities and the activities.

Demiromantic

A type of grey-romantic who only experiences romantic attraction after developing an emotional connection beforehand. Demiromantics do not experience primary romantic attraction, but they are capable of secondary romantic attraction.

Greyromantic

Umbrella term for lithromantics and demiromantics

Hetroromantic

Attracted to the opposite sex in a romantic way, but not necessarily in a sexual way.



Rubber Pride

At a very basic level rubber fetishism is similar to leather fetishism, in that it revolves around clothing made of rubber (latex, PVC, polyurethane, etc.). Likewise, it has developed a significant number of associated sub-fetishes.



A person who doesn't identify as Trans but supports the Trans communities and the activities.



Someone who enjoys behaviour typically associated with dating and love, like cuddling, hugging, gift-giving, love notes, but probably not kissing, etc. and enjoys it with both genders, without necessarily desiring subsequent sexual experience.

Diamoric

Is the love/attraction of any kind of, for, between or involving nonbinary people. It is a term for a form of attraction that doesnt fit a "same vs opposite gender" dichotomy due to being a uniquely nonbinary form of attraction.

Gynoromantic

A person who's romantically attracted to femininity.

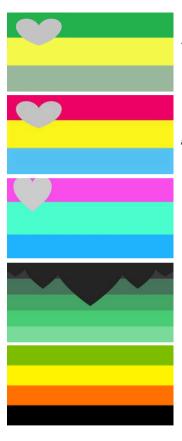
Homoromantic

Attracted to the same sex in a romantic way, but not necessarily in a sexual way.









Lithromantic

A person who feels attraction but does not want there feeling returned in any way.

Panromantic

Attracted to all sexes in a romantic way, but not necessarily in a sexual way. Used by asexuals instead biromantic to disregard the idea that there are only two sexes.

Polyromantic

Umbrella term for lithromantics and demiromantics.

Nothoromantic

Being sure or nearly sure that you're of an orientation, but having intrusive (sexual, romantic, otherwise) thoughts about other genders or situations you are not attracted to.

Aromantic

One who lacks interest in or desire for romantic relationships.



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Monoromantic

An individual who is romantically attracted to individuals of only one gender identity.

Polyamorous

A person who accepts, desires or practices the acceptance of having more than one intimate and/or sexual partner at a time.

Skolioromantic

Someone who is romantically attracted to persons outside the gender binary.

Androromantic

A person who is romantically attracted to masculinity.

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