

, 23 - 26 2021

29  
25.02.2021 - 16:45

, 800m

8:23.07  
8:32.86

(CHN)  
(ESP)

14.08.2008  
25.07.2003

: FINA 2020

										R.T.		FINA
1.				2002							<b>8:44.76</b>	<b>788</b>
	50m:	29.76	29.76	250m:	2:41.87	33.00	450m:	4:54.16	33.06	650m:	7:06.74	32.88
	100m:	1:02.62	32.86	300m:	3:14.96	33.09	500m:	5:27.51	33.35	700m:	7:40.00	33.26
	150m:	1:35.65	33.03	350m:	3:48.06	33.10	550m:	6:00.37	32.86	750m:	8:12.86	32.86
	200m:	2:08.87	33.22	400m:	4:21.10	33.04	600m:	6:33.86	33.49	800m:	8:44.76	31.90
2.				2005							<b>9:02.29</b>	<b>714</b>
	50m:	30.84	30.84	250m:	2:47.38	34.25	450m:	5:04.10	33.90	650m:	7:21.03	34.20
	100m:	1:04.59	33.75	300m:	3:21.75	34.37	500m:	5:38.61	34.51	700m:	7:55.43	34.40
	150m:	1:38.72	34.13	350m:	3:55.78	34.03	550m:	6:12.61	34.00	750m:	8:29.45	34.02
	200m:	2:13.13	34.41	400m:	4:30.20	34.42	600m:	6:46.83	34.22	800m:	9:02.29	32.84
3.				2002							<b>9:03.75</b>	<b>708</b>
	50m:	31.19	31.19	250m:	2:48.75	34.44	450m:	5:05.84	33.86	650m:	7:23.84	34.28
	100m:	1:05.37	34.18	300m:	3:23.42	34.67	500m:	5:40.62	34.78	700m:	7:58.15	34.31
	150m:	1:39.57	34.20	350m:	3:57.43	34.01	550m:	6:14.90	34.28	750m:	8:31.12	32.97
	200m:	2:14.31	34.74	400m:	4:31.98	34.55	600m:	6:49.56	34.66	800m:	9:03.75	32.63
4.				2004							<b>9:06.73</b>	<b>697</b>
	50m:	31.59	31.59	250m:	2:47.49	34.19	450m:	5:04.48	34.28	650m:	7:23.89	35.03
	100m:	1:05.20	33.61	300m:	3:21.59	34.10	500m:	5:39.23	34.75	700m:	7:58.59	34.70
	150m:	1:39.17	33.97	350m:	3:55.80	34.21	550m:	6:14.09	34.86	750m:	8:33.12	34.53
	200m:	2:13.30	34.13	400m:	4:30.20	34.40	600m:	6:48.86	34.77	800m:	9:06.73	33.61
5.				2007							<b>9:15.78</b>	<b>663</b>
	50m:	31.18	31.18	250m:	2:51.30	35.24	450m:	5:11.86	35.20	650m:	7:32.95	34.94
	100m:	1:05.75	34.57	300m:	3:26.38	35.08	500m:	5:47.43	35.57	700m:	8:08.31	35.36
	150m:	1:40.65	34.90	350m:	4:01.06	34.68	550m:	6:22.63	35.20	750m:	8:42.96	34.65
	200m:	2:16.06	35.41	400m:	4:36.66	35.60	600m:	6:58.01	35.38	800m:	9:15.78	32.82
6.				2005							<b>9:17.98</b>	<b>655</b>
	50m:	31.21	31.21	250m:	2:48.71	34.59	450m:	5:09.77	35.30	650m:	7:32.91	35.17
	100m:	1:05.21	34.00	300m:	3:23.54	34.83	500m:	5:45.34	35.57	700m:	8:09.12	36.21
	150m:	1:39.74	34.53	350m:	3:58.61	35.07	550m:	6:21.29	35.95	750m:	8:43.84	34.72
	200m:	2:14.12	34.38	400m:	4:34.47	35.86	600m:	6:57.74	36.45	800m:	9:17.98	34.14
7.				2003							<b>9:19.23</b>	<b>651</b>
	50m:	31.10	31.10	250m:	2:49.16	34.91	450m:	5:10.68	35.28	650m:	7:33.51	35.59
	100m:	1:05.07	33.97	300m:	3:24.43	35.27	500m:	5:46.49	35.81	700m:	8:09.28	35.77
	150m:	1:39.39	34.32	350m:	3:59.45	35.02	550m:	6:22.04	35.55	750m:	8:44.37	35.09
	200m:	2:14.25	34.86	400m:	4:35.40	35.95	600m:	6:57.92	35.88	800m:	9:19.23	34.86
8.				2005							<b>9:19.82</b>	<b>649</b>
	50m:	31.52	31.52	250m:	2:50.27	34.96	450m:	5:13.19	35.63	650m:	7:36.69	35.66
	100m:	1:05.46	33.94	300m:	3:26.24	35.97	500m:	5:49.42	36.23	700m:	8:12.33	35.64
	150m:	1:40.40	34.94	350m:	4:01.79	35.55	550m:	6:25.29	35.87	750m:	8:47.06	34.73
	200m:	2:15.31	34.91	400m:	4:37.56	35.77	600m:	7:01.03	35.74	800m:	9:19.82	32.76

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29, , 800m								R.T.		FINA		
9.			1995						<b>9:22.52</b>		640	
	50m:	32.48	32.48	250m:	2:52.12	35.52	450m:	5:13.81	35.68	650m:	7:37.90	36.36
	100m:	1:06.83	34.35	300m:	3:27.45	35.33	500m:	5:49.75	35.94	700m:	8:13.97	36.07
	150m:	1:41.56	34.73	350m:	4:02.74	35.29	550m:	6:25.66	35.91	750m:	8:49.00	35.03
	200m:	2:16.60	35.04	400m:	4:38.13	35.39	600m:	7:01.54	35.88	800m:	9:22.52	33.52
10.			2003						<b>9:25.34</b>		630	
	50m:	31.57	31.57	250m:	2:53.29	35.36	450m:	5:16.45	35.75	650m:	7:39.12	35.50
	100m:	1:06.55	34.98	300m:	3:29.26	35.97	500m:	5:52.42	35.97	700m:	8:14.65	35.53
	150m:	1:41.82	35.27	350m:	4:04.78	35.52	550m:	6:27.78	35.36	750m:	8:50.35	35.70
	200m:	2:17.93	36.11	400m:	4:40.70	35.92	600m:	7:03.62	35.84	800m:	9:25.34	34.99
11.			2001						<b>9:30.52</b>		613	
	50m:	31.85	31.85	250m:	2:54.53	35.99	450m:	5:19.28	36.13	650m:	7:44.62	36.41
	100m:	1:06.74	34.89	300m:	3:30.70	36.17	500m:	5:55.47	36.19	700m:	8:20.98	36.36
	150m:	1:42.36	35.62	350m:	4:06.95	36.25	550m:	6:31.78	36.31	750m:	8:57.06	36.08
	200m:	2:18.54	36.18	400m:	4:43.15	36.20	600m:	7:08.21	36.43	800m:	9:30.52	33.46
12.			2002						<b>9:31.04</b>		611	
	50m:	32.21	32.21	250m:	2:53.72	35.54	450m:	5:17.52	35.94	650m:	7:44.03	36.71
	100m:	1:07.05	34.84	300m:	3:29.67	35.95	500m:	5:54.13	36.61	700m:	8:20.30	36.27
	150m:	1:42.36	35.31	350m:	4:05.53	35.86	550m:	6:30.50	36.37	750m:	8:56.43	36.13
	200m:	2:18.18	35.82	400m:	4:41.58	36.05	600m:	7:07.32	36.82	800m:	9:31.04	34.61
13.			2006						<b>9:31.67</b>		609	
	50m:	31.48	31.48	250m:	2:52.51	35.84	450m:	5:17.37	35.89	650m:	7:43.15	36.28
	100m:	1:06.05	34.57	300m:	3:28.86	36.35	500m:	5:53.90	36.53	700m:	8:19.98	36.83
	150m:	1:40.63	34.58	350m:	4:05.18	36.32	550m:	6:30.69	36.79	750m:	8:55.81	35.83
	200m:	2:16.67	36.04	400m:	4:41.48	36.30	600m:	7:06.87	36.18	800m:	9:31.67	35.86
14.			2006						<b>9:34.47</b>		600	
	50m:	31.68	31.68	250m:	2:52.96	35.24	450m:	5:18.03	36.94	650m:	7:46.15	37.01
	100m:	1:07.19	35.51	300m:	3:28.59	35.63	500m:	5:54.84	36.81	700m:	8:23.15	37.00
	150m:	1:42.31	35.12	350m:	4:04.43	35.84	550m:	6:32.22	37.38	750m:	8:59.35	36.20
	200m:	2:17.72	35.41	400m:	4:41.09	36.66	600m:	7:09.14	36.92	800m:	9:34.47	35.12
15.			2006						<b>9:39.34</b>		585	
	50m:	31.93	31.93	250m:	2:55.47	36.25	450m:	5:21.95	36.55	650m:	7:49.49	36.67
	100m:	1:07.08	35.15	300m:	3:32.22	36.75	500m:	5:58.88	36.93	700m:	8:26.67	37.18
	150m:	1:42.80	35.72	350m:	4:08.59	36.37	550m:	6:35.58	36.70	750m:	9:03.11	36.44
	200m:	2:19.22	36.42	400m:	4:45.40	36.81	600m:	7:12.82	37.24	800m:	9:39.34	36.23
16.			2003						<b>9:39.74</b>		584	
	50m:	32.24	32.24	250m:	2:57.22	36.57	450m:	5:23.72	36.42	650m:	7:51.11	36.66
	100m:	1:07.11	34.87	300m:	3:33.68	36.46	500m:	6:00.39	36.67	700m:	8:28.05	36.94
	150m:	1:43.75	36.64	350m:	4:10.33	36.65	550m:	6:37.38	36.99	750m:	9:04.13	36.08
	200m:	2:20.65	36.90	400m:	4:47.30	36.97	600m:	7:14.45	37.07	800m:	9:39.74	35.61
17.			2008						<b>9:40.26</b>		583	
	50m:	34.36	34.36	250m:	3:01.87	36.51	450m:	5:27.49	36.18	650m:	7:54.01	36.33
	100m:	1:11.25	36.89	300m:	3:38.32	36.45	500m:	6:04.44	36.95	700m:	8:30.48	36.47
	150m:	1:48.29	37.04	350m:	4:14.72	36.40	550m:	6:40.82	36.38	750m:	9:06.07	35.59
	200m:	2:25.36	37.07	400m:	4:51.31	36.59	600m:	7:17.68	36.86	800m:	9:40.26	34.19



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29, , 800m								R.T.	FINA			
18.				2005				<b>9:40.63</b>		<b>582</b>		
	50m:	31.35	31.35	250m:	2:53.89	36.09	450m:	5:20.67	36.98	650m:	7:50.25	37.31
	100m:	1:06.23	34.88	300m:	3:30.22	36.33	500m:	5:57.99	37.32	700m:	8:27.97	37.72
	150m:	1:41.80	35.57	350m:	4:06.66	36.44	550m:	6:35.28	37.29	750m:	9:03.87	35.90
	200m:	2:17.80	36.00	400m:	4:43.69	37.03	600m:	7:12.94	37.66	800m:	9:40.63	36.76
19.				2005				<b>9:41.67</b>		<b>578</b>		
	50m:	31.88	31.88	250m:	2:56.32	36.81	450m:	5:25.00	37.39	650m:	7:52.51	36.85
	100m:	1:07.41	35.53	300m:	3:33.11	36.79	500m:	6:01.85	36.85	700m:	8:29.32	36.81
	150m:	1:43.23	35.82	350m:	4:10.43	37.32	550m:	6:38.61	36.76	750m:	9:05.96	36.64
	200m:	2:19.51	36.28	400m:	4:47.61	37.18	600m:	7:15.66	37.05	800m:	9:41.67	35.71
20.				2007				<b>9:42.76</b>		<b>575</b>		
	50m:	31.07	31.07	250m:	2:54.86	36.35	450m:	5:23.17	36.86	650m:	7:52.26	37.10
	100m:	1:06.47	35.40	300m:	3:31.99	37.13	500m:	6:00.47	37.30	700m:	8:30.04	37.78
	150m:	1:42.20	35.73	350m:	4:09.14	37.15	550m:	6:37.90	37.43	750m:	9:07.12	37.08
	200m:	2:18.51	36.31	400m:	4:46.31	37.17	600m:	7:15.16	37.26	800m:	9:42.76	35.64
21.				2007				<b>9:46.37  </b>		<b>565</b>		
	50m:	33.33	33.33	250m:	3:00.38	37.37	450m:	5:29.79	37.35	650m:	7:58.86	37.26
	100m:	1:08.95	35.62	300m:	3:37.78	37.40	500m:	6:06.98	37.19	700m:	8:36.33	37.47
	150m:	1:45.78	36.83	350m:	4:15.16	37.38	550m:	6:44.00	37.02	750m:	9:12.63	36.30
	200m:	2:23.01	37.23	400m:	4:52.44	37.28	600m:	7:21.60	37.60	800m:	9:46.37	33.74
22.				2007				<b>9:48.28  </b>		<b>559</b>		
	50m:	32.84	32.84	250m:	2:58.55	36.77	450m:	5:27.92	37.21	650m:	7:58.63	37.86
	100m:	1:08.42	35.58	300m:	3:35.99	37.44	500m:	6:05.22	37.30	700m:	8:35.85	37.22
	150m:	1:45.40	36.98	350m:	4:13.44	37.45	550m:	6:43.32	38.10	750m:	9:12.56	36.71
	200m:	2:21.78	36.38	400m:	4:50.71	37.27	600m:	7:20.77	37.45	800m:	9:48.28	35.72
23.				2007				<b>9:49.31  </b>		<b>556</b>		
	50m:	34.16	34.16	250m:	3:01.76	37.24	450m:	5:29.84	36.99	650m:	8:00.54	37.80
	100m:	1:10.34	36.18	300m:	3:39.04	37.28	500m:	6:07.32	37.48	700m:	8:38.18	37.64
	150m:	1:47.33	36.99	350m:	4:15.70	36.66	550m:	6:45.08	37.76	750m:	9:14.44	36.26
	200m:	2:24.52	37.19	400m:	4:52.85	37.15	600m:	7:22.74	37.66	800m:	9:49.31	34.87
24.				2005				<b>9:51.61  </b>		<b>550</b>		
	50m:	34.52	34.52	250m:	3:05.38	37.50	450m:	5:34.77	36.68	650m:	8:03.96	37.05
	100m:	1:12.53	38.01	300m:	3:43.43	38.05	500m:	6:12.82	38.05	700m:	8:41.20	37.24
	150m:	1:50.22	37.69	350m:	4:20.22	36.79	550m:	6:49.43	36.61	750m:	9:16.67	35.47
	200m:	2:27.88	37.66	400m:	4:58.09	37.87	600m:	7:26.91	37.48	800m:	9:51.61	34.94
25.				2007				<b>9:54.25  </b>		<b>542</b>		
	50m:	32.22	32.22	250m:	2:59.76	37.45	450m:	5:29.66	37.60	650m:	8:01.45	37.78
	100m:	1:08.00	35.78	300m:	3:36.93	37.17	500m:	6:07.42	37.76	700m:	8:39.82	38.37
	150m:	1:44.75	36.75	350m:	4:14.71	37.78	550m:	6:45.55	38.13	750m:	9:17.50	37.68
	200m:	2:22.31	37.56	400m:	4:52.06	37.35	600m:	7:23.67	38.12	800m:	9:54.25	36.75
26.				2006				<b>9:58.89  </b>		<b>530</b>		
	50m:	33.93	33.93	250m:	3:04.51	37.60	450m:	5:36.00	37.80	650m:	8:06.92	38.02
	100m:	1:10.84	36.91	300m:	3:42.44	37.93	500m:	6:13.64	37.64	700m:	8:45.06	38.14
	150m:	1:48.70	37.86	350m:	4:20.15	37.71	550m:	6:51.13	37.49	750m:	9:22.70	37.64
	200m:	2:26.91	38.21	400m:	4:58.20	38.05	600m:	7:28.90	37.77	800m:	9:58.89	36.19



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29, , 800m								R.T.		FINA		
27.				2005					<b>9:59.69</b>		528	
	50m:	34.48	34.48	250m:	3:05.85	37.70	450m:	5:38.32	37.32	650m:	8:09.16	36.57
	100m:	1:12.68	38.20	300m:	3:44.10	38.25	500m:	6:16.87	38.55	700m:	8:46.45	37.29
	150m:	1:50.26	37.58	350m:	4:22.66	38.56	550m:	6:54.83	37.96	750m:	9:23.67	37.22
	200m:	2:28.15	37.89	400m:	5:01.00	38.34	600m:	7:32.59	37.76	800m:	9:59.69	36.02
28.				2004					<b>9:59.81</b>		527	
	50m:	33.06	33.06	250m:	3:01.68	37.61	450m:	5:33.36	37.59	650m:	8:05.67	38.18
	100m:	1:09.27	36.21	300m:	3:39.83	38.15	500m:	6:11.57	38.21	700m:	8:43.95	38.28
	150m:	1:46.38	37.11	350m:	4:17.79	37.96	550m:	6:49.38	37.81	750m:	9:22.19	38.24
	200m:	2:24.07	37.69	400m:	4:55.77	37.98	600m:	7:27.49	38.11	800m:	9:59.81	37.62
29.				2006					<b>10:00.99</b>		524	
	50m:	33.25	33.25	250m:	3:03.35	37.44	450m:	5:34.40	37.85	650m:	8:08.02	38.38
	100m:	1:10.88	37.63	300m:	3:41.22	37.87	500m:	6:12.53	38.13	700m:	8:46.69	38.67
	150m:	1:48.34	37.46	350m:	4:18.63	37.41	550m:	6:50.91	38.38	750m:	9:24.12	37.43
	200m:	2:25.91	37.57	400m:	4:56.55	37.92	600m:	7:29.64	38.73	800m:	10:00.99	36.87
30.				2008					<b>10:07.79</b>		507	
	50m:	33.25	33.25	250m:	3:05.25	38.15	450m:	5:39.76	38.43	650m:	8:15.19	38.24
	100m:	1:09.91	36.66	300m:	3:43.91	38.66	500m:	6:19.44	39.68	700m:	8:54.21	39.02
	150m:	1:48.41	38.50	350m:	4:22.17	38.26	550m:	6:58.11	38.67	750m:	9:31.58	37.37
	200m:	2:27.10	38.69	400m:	5:01.33	39.16	600m:	7:36.95	38.84	800m:	10:07.79	36.21
31.				2006					<b>10:09.94</b>		502	
	50m:	33.98	33.98	250m:	3:07.23	38.28	450m:	5:42.37	39.04	650m:	8:16.38	38.31
	100m:	1:12.39	38.41	300m:	3:45.71	38.48	500m:	6:20.80	38.43	700m:	8:54.87	38.49
	150m:	1:50.58	38.19	350m:	4:24.63	38.92	550m:	6:59.33	38.53	750m:	9:32.44	37.57
	200m:	2:28.95	38.37	400m:	5:03.33	38.70	600m:	7:38.07	38.74	800m:	10:09.94	37.50
32.				2007					<b>10:13.81</b>		492	
	50m:	33.70	33.70	250m:	3:06.60	38.87	450m:	5:42.83	39.46	650m:	8:19.52	38.64
	100m:	1:10.96	37.26	300m:	3:45.32	38.72	500m:	6:22.10	39.27	700m:	8:58.77	39.25
	150m:	1:49.62	38.66	350m:	4:24.61	39.29	550m:	7:02.04	39.94	750m:	9:36.53	37.76
	200m:	2:27.73	38.11	400m:	5:03.37	38.76	600m:	7:40.88	38.84	800m:	10:13.81	37.28
33.				2006					<b>10:17.48</b>		483	
	50m:	33.54	33.54	250m:	3:09.01	39.15	450m:	5:47.14	39.50	650m:	8:23.80	38.98
	100m:	1:11.55	38.01	300m:	3:48.81	39.80	500m:	6:26.72	39.58	700m:	9:02.54	38.74
	150m:	1:50.05	38.50	350m:	4:28.04	39.23	550m:	7:05.75	39.03	750m:	9:40.52	37.98
	200m:	2:29.86	39.81	400m:	5:07.64	39.60	600m:	7:44.82	39.07	800m:	10:17.48	36.96
34.				2006					<b>10:19.07</b>		480	
	50m:	33.01	33.01	250m:	3:04.03	38.94	450m:	5:42.96	40.38	650m:	8:24.40	40.27
	100m:	1:09.01	36.00	300m:	3:43.24	39.21	500m:	6:23.66	40.70	700m:	9:04.37	39.97
	150m:	1:46.68	37.67	350m:	4:23.03	39.79	550m:	7:04.04	40.38	750m:	9:42.91	38.54
	200m:	2:25.09	38.41	400m:	5:02.58	39.55	600m:	7:44.13	40.09	800m:	10:19.07	36.16
35.				2007					<b>10:19.85</b>		478	
	50m:	33.56	33.56	250m:	3:08.31	39.38	450m:	5:46.85	39.49	650m:	8:24.77	39.56
	100m:	1:11.31	37.75	300m:	3:47.92	39.61	500m:	6:27.06	40.21	700m:	9:04.05	39.28
	150m:	1:50.01	38.70	350m:	4:27.32	39.40	550m:	7:05.80	38.74	750m:	9:42.20	38.15
	200m:	2:28.93	38.92	400m:	5:07.36	40.04	600m:	7:45.21	39.41	800m:	10:19.85	37.65



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29, , 800m

								R.T.		FINA		
36.			2008	I				<b>10:31.77</b>		<b>451</b>		
	50m:	33.26	33.26	250m:	3:10.58	39.41	450m:	5:52.17	40.02	650m:	8:35.59	39.57
	100m:	1:11.27	38.01	300m:	3:51.45	40.87	500m:	6:33.60	41.43	700m:	9:16.24	40.65
	150m:	1:50.93	39.66	350m:	4:31.67	40.22	550m:	7:14.39	40.79	750m:	9:54.49	38.25
	200m:	2:31.17	40.24	400m:	5:12.15	40.48	600m:	7:56.02	41.63	800m:	10:31.77	37.28
37.			2007	I				<b>10:44.11</b>		<b>426</b>		
	50m:	34.04	34.04	250m:	3:14.63	40.96	450m:	5:58.92	40.90	650m:	8:43.13	40.93
	100m:	1:12.87	38.83	300m:	3:55.77	41.14	500m:	6:40.53	41.61	700m:	9:24.23	41.10
	150m:	1:52.88	40.01	350m:	4:36.72	40.95	550m:	7:21.21	40.68	750m:	10:04.67	40.44
	200m:	2:33.67	40.79	400m:	5:18.02	41.30	600m:	8:02.20	40.99	800m:	10:44.11	39.44
38.			2006	I				<b>10:47.93</b>		<b>418</b>		
	50m:	33.50	33.50	250m:	3:11.14	40.49	450m:	5:57.49	41.80	650m:	8:45.34	41.27
	100m:	1:11.88	38.38	300m:	3:52.48	41.34	500m:	6:39.21	41.72	700m:	9:27.29	41.95
	150m:	1:50.85	38.97	350m:	4:33.76	41.28	550m:	7:21.74	42.53	750m:	10:08.58	41.29
	200m:	2:30.65	39.80	400m:	5:15.69	41.93	600m:	8:04.07	42.33	800m:	10:47.93	39.35
39.			2004					<b>10:49.55</b>		<b>415</b>		
	50m:	33.07	33.07	250m:	3:12.16	40.86	450m:	6:00.66	41.78	650m:	8:48.85	41.33
	100m:	1:10.78	37.71	300m:	3:54.74	42.58	500m:	6:43.30	42.64	700m:	9:30.22	41.37
	150m:	1:50.28	39.50	350m:	4:36.40	41.66	550m:	7:25.06	41.76	750m:	10:10.61	40.39
	200m:	2:31.30	41.02	400m:	5:18.88	42.48	600m:	8:07.52	42.46	800m:	10:49.55	38.94



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29, , 800m

29 , 800m (15-17 )  
25.02.2021 - 16:45

8:23.07 (CHN) 14.08.2008  
8:32.86 (ESP) 25.07.2003

: FINA 2020

	/				R.T.				FINA			
1.	2005				<b>9:02.29</b>				714			
	50m:	30.84	30.84	250m:	2:47.38	34.25	450m:	5:04.10	33.90	650m:	7:21.03	34.20
	100m:	1:04.59	33.75	300m:	3:21.75	34.37	500m:	5:38.61	34.51	700m:	7:55.43	34.40
	150m:	1:38.72	34.13	350m:	3:55.78	34.03	550m:	6:12.61	34.00	750m:	8:29.45	34.02
	200m:	2:13.13	34.41	400m:	4:30.20	34.42	600m:	6:46.83	34.22	800m:	9:02.29	32.84
2.	2004				<b>9:06.73</b>				697			
	50m:	31.59	31.59	250m:	2:47.49	34.19	450m:	5:04.48	34.28	650m:	7:23.89	35.03
	100m:	1:05.20	33.61	300m:	3:21.59	34.10	500m:	5:39.23	34.75	700m:	7:58.59	34.70
	150m:	1:39.17	33.97	350m:	3:55.80	34.21	550m:	6:14.09	34.86	750m:	8:33.12	34.53
	200m:	2:13.30	34.13	400m:	4:30.20	34.40	600m:	6:48.86	34.77	800m:	9:06.73	33.61
3.	2005				<b>9:17.98</b>				655			
	50m:	31.21	31.21	250m:	2:48.71	34.59	450m:	5:09.77	35.30	650m:	7:32.91	35.17
	100m:	1:05.21	34.00	300m:	3:23.54	34.83	500m:	5:45.34	35.57	700m:	8:09.12	36.21
	150m:	1:39.74	34.53	350m:	3:58.61	35.07	550m:	6:21.29	35.95	750m:	8:43.84	34.72
	200m:	2:14.12	34.38	400m:	4:34.47	35.86	600m:	6:57.74	36.45	800m:	9:17.98	34.14
4.	2005				<b>9:19.82</b>				649			
	50m:	31.52	31.52	250m:	2:50.27	34.96	450m:	5:13.19	35.63	650m:	7:36.69	35.66
	100m:	1:05.46	33.94	300m:	3:26.24	35.97	500m:	5:49.42	36.23	700m:	8:12.33	35.64
	150m:	1:40.40	34.94	350m:	4:01.79	35.55	550m:	6:25.29	35.87	750m:	8:47.06	34.73
	200m:	2:15.31	34.91	400m:	4:37.56	35.77	600m:	7:01.03	35.74	800m:	9:19.82	32.76
5.	2006				<b>9:31.67</b>				609			
	50m:	31.48	31.48	250m:	2:52.51	35.84	450m:	5:17.37	35.89	650m:	7:43.15	36.28
	100m:	1:06.05	34.57	300m:	3:28.86	36.35	500m:	5:53.90	36.53	700m:	8:19.98	36.83
	150m:	1:40.63	34.58	350m:	4:05.18	36.32	550m:	6:30.69	36.79	750m:	8:55.81	35.83
	200m:	2:16.67	36.04	400m:	4:41.48	36.30	600m:	7:06.87	36.18	800m:	9:31.67	35.86
6.	2006				<b>9:34.47</b>				600			
	50m:	31.68	31.68	250m:	2:52.96	35.24	450m:	5:18.03	36.94	650m:	7:46.15	37.01
	100m:	1:07.19	35.51	300m:	3:28.59	35.63	500m:	5:54.84	36.81	700m:	8:23.15	37.00
	150m:	1:42.31	35.12	350m:	4:04.43	35.84	550m:	6:32.22	37.38	750m:	8:59.35	36.20
	200m:	2:17.72	35.41	400m:	4:41.09	36.66	600m:	7:09.14	36.92	800m:	9:34.47	35.12
7.	2006				<b>9:39.34</b>				585			
	50m:	31.93	31.93	250m:	2:55.47	36.25	450m:	5:21.95	36.55	650m:	7:49.49	36.67
	100m:	1:07.08	35.15	300m:	3:32.22	36.75	500m:	5:58.88	36.93	700m:	8:26.67	37.18
	150m:	1:42.80	35.72	350m:	4:08.59	36.37	550m:	6:35.58	36.70	750m:	9:03.11	36.44
	200m:	2:19.22	36.42	400m:	4:45.40	36.81	600m:	7:12.82	37.24	800m:	9:39.34	36.23
8.	2005				<b>9:40.63</b>				582			
	50m:	31.35	31.35	250m:	2:53.89	36.09	450m:	5:20.67	36.98	650m:	7:50.25	37.31
	100m:	1:06.23	34.88	300m:	3:30.22	36.33	500m:	5:57.99	37.32	700m:	8:27.97	37.72
	150m:	1:41.80	35.57	350m:	4:06.66	36.44	550m:	6:35.28	37.29	750m:	9:03.87	35.90
	200m:	2:17.80	36.00	400m:	4:43.69	37.03	600m:	7:12.94	37.66	800m:	9:40.63	36.76

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29,	, 800m				(15-17 )				R.T.	FINA		
9.			/		2005				<b>9:41.67</b>	578		
	50m:	31.88	31.88	250m:	2:56.32	36.81	450m:	5:25.00	37.39	650m:	7:52.51	36.85
	100m:	1:07.41	35.53	300m:	3:33.11	36.79	500m:	6:01.85	36.85	700m:	8:29.32	36.81
	150m:	1:43.23	35.82	350m:	4:10.43	37.32	550m:	6:38.61	36.76	750m:	9:05.96	36.64
	200m:	2:19.51	36.28	400m:	4:47.61	37.18	600m:	7:15.66	37.05	800m:	9:41.67	35.71
10.					2005				<b>9:51.61</b>	I	550	
	50m:	34.52	34.52	250m:	3:05.38	37.50	450m:	5:34.77	36.68	650m:	8:03.96	37.05
	100m:	1:12.53	38.01	300m:	3:43.43	38.05	500m:	6:12.82	38.05	700m:	8:41.20	37.24
	150m:	1:50.22	37.69	350m:	4:20.22	36.79	550m:	6:49.43	36.61	750m:	9:16.67	35.47
	200m:	2:27.88	37.66	400m:	4:58.09	37.87	600m:	7:26.91	37.48	800m:	9:51.61	34.94
11.					2006				<b>9:58.89</b>	I	530	
	50m:	33.93	33.93	250m:	3:04.51	37.60	450m:	5:36.00	37.80	650m:	8:06.92	38.02
	100m:	1:10.84	36.91	300m:	3:42.44	37.93	500m:	6:13.64	37.64	700m:	8:45.06	38.14
	150m:	1:48.70	37.86	350m:	4:20.15	37.71	550m:	6:51.13	37.49	750m:	9:22.70	37.64
	200m:	2:26.91	38.21	400m:	4:58.20	38.05	600m:	7:28.90	37.77	800m:	9:58.89	36.19
12.					2005				<b>9:59.69</b>	I	528	
	50m:	34.48	34.48	250m:	3:05.85	37.70	450m:	5:38.32	37.32	650m:	8:09.16	36.57
	100m:	1:12.68	38.20	300m:	3:44.10	38.25	500m:	6:16.87	38.55	700m:	8:46.45	37.29
	150m:	1:50.26	37.58	350m:	4:22.66	38.56	550m:	6:54.83	37.96	750m:	9:23.67	37.22
	200m:	2:28.15	37.89	400m:	5:01.00	38.34	600m:	7:32.59	37.76	800m:	9:59.69	36.02
13.					2004				<b>9:59.81</b>	I	527	
	50m:	33.06	33.06	250m:	3:01.68	37.61	450m:	5:33.36	37.59	650m:	8:05.67	38.18
	100m:	1:09.27	36.21	300m:	3:39.83	38.15	500m:	6:11.57	38.21	700m:	8:43.95	38.28
	150m:	1:46.38	37.11	350m:	4:17.79	37.96	550m:	6:49.38	37.81	750m:	9:22.19	38.24
	200m:	2:24.07	37.69	400m:	4:55.77	37.98	600m:	7:27.49	38.11	800m:	9:59.81	37.62
14.					2006				<b>10:00.99</b>	I	524	
	50m:	33.25	33.25	250m:	3:03.35	37.44	450m:	5:34.40	37.85	650m:	8:08.02	38.38
	100m:	1:10.88	37.63	300m:	3:41.22	37.87	500m:	6:12.53	38.13	700m:	8:46.69	38.67
	150m:	1:48.34	37.46	350m:	4:18.63	37.41	550m:	6:50.91	38.38	750m:	9:24.12	37.43
	200m:	2:25.91	37.57	400m:	4:56.55	37.92	600m:	7:29.64	38.73	800m:	10:00.99	36.87
15.					2006				<b>10:09.94</b>	I	502	
	50m:	33.98	33.98	250m:	3:07.23	38.28	450m:	5:42.37	39.04	650m:	8:16.38	38.31
	100m:	1:12.39	38.41	300m:	3:45.71	38.48	500m:	6:20.80	38.43	700m:	8:54.87	38.49
	150m:	1:50.58	38.19	350m:	4:24.63	38.92	550m:	6:59.33	38.53	750m:	9:32.44	37.57
	200m:	2:28.95	38.37	400m:	5:03.33	38.70	600m:	7:38.07	38.74	800m:	10:09.94	37.50
16.					2006				<b>10:17.48</b>	I	483	
	50m:	33.54	33.54	250m:	3:09.01	39.15	450m:	5:47.14	39.50	650m:	8:23.80	38.98
	100m:	1:11.55	38.01	300m:	3:48.81	39.80	500m:	6:26.72	39.58	700m:	9:02.54	38.74
	150m:	1:50.05	38.50	350m:	4:28.04	39.23	550m:	7:05.75	39.03	750m:	9:40.52	37.98
	200m:	2:29.86	39.81	400m:	5:07.64	39.60	600m:	7:44.82	39.07	800m:	10:17.48	36.96
17.					2006				<b>10:19.07</b>	I	480	
	50m:	33.01	33.01	250m:	3:04.03	38.94	450m:	5:42.96	40.38	650m:	8:24.40	40.27
	100m:	1:09.01	36.00	300m:	3:43.24	39.21	500m:	6:23.66	40.70	700m:	9:04.37	39.97
	150m:	1:46.68	37.67	350m:	4:23.03	39.79	550m:	7:04.04	40.38	750m:	9:42.91	38.54
	200m:	2:25.09	38.41	400m:	5:02.58	39.55	600m:	7:44.13	40.09	800m:	10:19.07	36.16



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29, , 800m , (15-17 )

								R.T.		FINA		
18.			2006 I					<b>10:47.93</b>		<b>418</b>		
	50m:	33.50	33.50	250m:	3:11.14	40.49	450m:	5:57.49	41.80	650m:	8:45.34	41.27
	100m:	1:11.88	38.38	300m:	3:52.48	41.34	500m:	6:39.21	41.72	700m:	9:27.29	41.95
	150m:	1:50.85	38.97	350m:	4:33.76	41.28	550m:	7:21.74	42.53	750m:	10:08.58	41.29
	200m:	2:30.65	39.80	400m:	5:15.69	41.93	600m:	8:04.07	42.33	800m:	10:47.93	39.35
19.			2004					<b>10:49.55</b>		<b>415</b>		
	50m:	33.07	33.07	250m:	3:12.16	40.86	450m:	6:00.66	41.78	650m:	8:48.85	41.33
	100m:	1:10.78	37.71	300m:	3:54.74	42.58	500m:	6:43.30	42.64	700m:	9:30.22	41.37
	150m:	1:50.28	39.50	350m:	4:36.40	41.66	550m:	7:25.06	41.76	750m:	10:10.61	40.39
	200m:	2:31.30	41.02	400m:	5:18.88	42.48	600m:	8:07.52	42.46	800m:	10:49.55	38.94

