

# Together.Again.

Reopening Newfoundland and Labrador



June 2, 2021

Newfoundland  
Labrador

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The **Together Again** Plan provides Newfoundlanders and Labradorians with an overview of the phased approach that will be taken as we start to lift long-term public health measures. As we reopen Newfoundland and Labrador to increased social and economic activity and welcome travellers to the province, movement between steps will be based on:

- 1** Continued success of the [COVID-19 Immunization Plan](#), particularly in vulnerable populations;
- 2** Evidence that vaccines are effective in reducing hospitalizations and deaths in people who are vaccinated;
- 3** Controlled spread of COVID-19, including COVID-19 variants of concern;
- 4** Ability to test, trace and isolate all cases (public health capacity); and
- 5** Health system readiness to handle any surge in COVID-19 cases.

The plan, including projected timelines, is subject to change based on these factors.

Newfoundland and Labrador has enjoyed relatively low levels of COVID-19 activity and, consequently, has relaxed public health measures since April 2020. Areas for further relaxation in the plan include the following:

- 1 Opening the province to travel;**
- 2 Relaxing restrictions for business and service operations; and**
- 3 Increasing capacity for recreational activities and gatherings.**

Businesses and workplaces are expected to have operational plans in place to support compliance with COVID-19 protocols. While businesses will not be required to submit these plans for approval (unless otherwise noted), they may be requested to present them for inspection by a Digital Government and Service NL Environmental Health Officer.



## Alert Level System

The COVID-19 Alert Level System will continue to be used throughout this plan as needed to reduce the risk of COVID-19 in our communities. We may move up or down Alert Levels as needed. Community-level approaches will be taken wherever possible.

# Transition: June 15 to July 1

Newfoundlanders and Labradorians will see select public health measures start to lift on June 15 as we enter the Transition Phase.

## Your responsibility:

- Wear a non-medical mask in indoor public spaces.
- Maintain physical distancing from others.
- If you develop COVID-19 symptoms, isolate away from others and get tested.
- Get two doses of the COVID-19 vaccine, once available to you.

Activities	What you can do
<b>Formal Gatherings</b>	<ul style="list-style-type: none"><li>● Outdoor gatherings up to 150 people with physical distancing.</li><li>● Community fireworks, parades and outdoor ceremonial events are permitted with physical distancing.</li></ul>
<b>Personal Gatherings</b>	<ul style="list-style-type: none"><li>● Outdoor personal gatherings up to 30 people.</li><li>● Indoor personal gatherings limited to a household and their Steady 20.</li></ul>
<b>Recreational Activities</b>	<ul style="list-style-type: none"><li>● Outdoor sports tournaments permitted as part of Return to Play Plans.</li></ul>
<b>Offices and Workplaces</b>	<ul style="list-style-type: none"><li>● Begin gradual return to offices and workplaces.</li></ul>

## Step 1 as early as July 1

### The criteria for Step 1 are:

- About 75 per cent of people ages 12 years and older are vaccinated with at least one dose of COVID-19 vaccine; AND
- Low COVID-19 case counts and hospitalizations.

### Your responsibility:

- Wear a non-medical mask in indoor public spaces.
- Maintain physical distancing from others.
- If you develop COVID-19 symptoms isolate away from others and get tested.
- Get two doses of the COVID-19 vaccine, once available to you.

### Activities

### What you can do

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#### Travel

- Non-essential travel from within Canada permitted.
  - Fully vaccinated Canadians have no testing or self-isolation requirements.
  - Partially vaccinated Canadians must present a negative COVID-19 PCR test result administered within three days of their departure date, or self-isolate following arrival until receipt of a negative test result.
  - Unvaccinated Canadians must self-isolate for 14 days following arrival.
  - Mixed groups of vaccinated and unvaccinated adult travellers follow the rules for unvaccinated travellers.
  - Vaccinated adults travelling with unvaccinated children under the age of 12 years follow the rules applicable to the adults' vaccination status.
  - Newfoundlanders and Labradorians returning home from out-of-province travel will be required to follow the rules above according to their vaccination status.
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<b>Travel</b>	<b>Rotational Workers and Essential Workers</b> <ul style="list-style-type: none"><li>● Fully and partially vaccinated rotational workers coming from non-outbreak sites follow the rules above for Canadian travellers.</li><li>● Fully and partially vaccinated rotational workers coming from outbreak sites are tested upon arrival and self-isolate until receipt of a negative test result.</li><li>● Fully and partially vaccinated essential workers follow the rules above for Canadian travellers.</li><li>● Unvaccinated workers follow current testing and isolation protocols.</li></ul>
<b>Formal Gatherings</b>	<ul style="list-style-type: none"><li>● Outdoor gatherings up to 250 people with physical distancing.</li><li>● Indoor gatherings up to 200 people or 75 per cent capacity with physical distancing (whichever is less).</li><li>● Larger venues can have separated cohorts with physical distancing.</li><li>● Funeral home visitation up to 25 people at a time.</li><li>● Dancing permitted at weddings.</li></ul>
<b>Personal Gatherings</b>	<ul style="list-style-type: none"><li>● Outdoor personal gatherings up to 50 people.</li><li>● Indoor personal gatherings limited to a household and their Steady 20.</li><li>● Wakes held outside of a funeral home/place of worship are permitted in accordance with the limit for personal gatherings.</li></ul>
<b>Businesses</b>	<ul style="list-style-type: none"><li>● No capacity restrictions for retail stores as long as physical distancing can be maintained between patrons.</li><li>● Restaurants and lounges can open at 75 per cent capacity, with physical distancing maintained between patrons seated at adjacent tables. Self-serve buffets are prohibited.</li></ul>
<b>Recreational Activities</b>	<ul style="list-style-type: none"><li>● Outdoor sports tournaments permitted with appropriate COVID-19 protocols in place.</li><li>● Recreational and arts facilities follow the limits for formal gatherings.</li><li>● Cohorting continues at child care centres, after school programs and day camps; cohorts can be combined for outdoor play.</li></ul>
<b>Offices and Workplaces</b>	<ul style="list-style-type: none"><li>● Continued return to work.</li><li>● Workplaces can have small in-person meetings.</li></ul>

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## Step 2 as early as August 15

### The criteria for Step 2 are:

- About 80 per cent of people ages 12 years and older are vaccinated with at least one dose of COVID-19 vaccine; AND
- About 50 per cent of people ages 12 years and older are vaccinated with two doses of COVID-19 vaccine; AND
- Low COVID-19 case counts and hospitalizations.

### Your responsibility:

- Wear a non-medical mask in indoor public spaces.
- Maintain physical distancing from others.
- If you develop COVID-19 symptoms, isolate away from others and get tested.
- Get two doses of the COVID-19 vaccine, once available to you.

### Activities

### What you can do

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#### Travel

- Fully and partially vaccinated Canadians have no testing or self-isolation requirements.
- Unvaccinated Canadians are tested on day 7, 8 or 9, and self-isolate until receipt of a negative test result.
- Mixed groups of vaccinated and unvaccinated adult travellers follow the rules for unvaccinated travellers.
- Vaccinated adults travelling with unvaccinated children under the age of 12 years follow the rules applicable to the adults' vaccination status.
- Newfoundlanders and Labradorians returning home from out-of-province travel will be required to follow the rules above according to their vaccination status.

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<b>Travel</b>	<b>Rotational Workers and Essential Workers</b> <ul style="list-style-type: none"><li>● Fully and partially vaccinated rotational workers coming from non-outbreak sites follow the rules above for Canadian travellers.</li><li>● Fully and partially vaccinated rotational workers coming from outbreak sites are tested upon arrival and are not required to self-isolate.</li><li>● Fully and partially vaccinated essential workers follow the rules above for Canadian travellers.</li><li>● Unvaccinated workers follow current testing and isolation protocols.</li></ul>
<b>Formal Gatherings</b>	<ul style="list-style-type: none"><li>● Outdoor gatherings up to 500 people with physical distancing.</li><li>● Indoor gatherings up to 350 people as long as physical distancing can be maintained.</li><li>● Larger indoor and outdoor venues can have separated cohorts with physical distancing.</li><li>● Funeral home visitation up to 50 people at a time.</li></ul>
<b>Personal Gatherings</b>	<ul style="list-style-type: none"><li>● Limited to the number of people that can fit in the space with physical distancing.</li></ul>
<b>Businesses</b>	<ul style="list-style-type: none"><li>● No capacity restrictions at restaurants and lounges, with physical distancing maintained between patrons seated at adjacent tables. Self-serve buffets are prohibited.</li><li>● Dance floors permitted.</li></ul>
<b>Recreational Activities</b>	<ul style="list-style-type: none"><li>● Indoor and outdoor sports tournaments permitted with appropriate COVID-19 protocols in place.</li><li>● Recreational and arts facilities follow the limits for formal gatherings.</li><li>● Cohorting continues at child care centres, after school programs and day camps; large group outdoor activities are permitted.</li></ul>
<b>Offices and Workplaces</b>	<ul style="list-style-type: none"><li>● Continued return to work.</li><li>● Larger meetings and conferences can happen.</li></ul>

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## Step 3 as early as September 15

### The criteria for Step 3 are:

- About 80 per cent of people ages 12 years and older are vaccinated with two doses of COVID-19 vaccine; AND
- Low COVID-19 case counts and hospitalizations.

### Your responsibility:

- Mask requirements will be reviewed based on current evidence.
- Maintain physical distancing from others.
- If you develop COVID-19 symptoms, isolate away from others and get tested.
- Get two doses of the COVID-19 vaccine, once available to you.

### Activities

### What you can do

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#### Travel

- Fully and partially vaccinated Canadians have no testing or self-isolation requirements.
- Unvaccinated Canadians self-isolate until receipt of a negative test result.
- Mixed groups of vaccinated and unvaccinated adult travellers follow the rules for unvaccinated travellers.
- Vaccinated adults travelling with unvaccinated children under the age of 12 years follow the rules applicable to the adults' vaccination status.
- Newfoundlanders and Labradorians returning home from out-of-province travel will be required to follow the rules above according to their vaccination status.

**Activities**      **What you can do**

<b>Travel</b>	<b>Rotational Workers and Essential Workers</b>
	<ul style="list-style-type: none"> <li>● Fully and partially vaccinated rotational workers coming from non-outbreak sites have no testing or self-isolation requirements.</li> <li>● Fully and partially vaccinated rotational workers coming from outbreak sites are tested upon arrival but are not required to self-isolate.</li> <li>● Fully and partially vaccinated essential workers have no testing or self-isolation requirements.</li> <li>● Unvaccinated workers follow current testing and isolation protocols.</li> </ul>
<b>Formal Gatherings</b>	<ul style="list-style-type: none"> <li>● Outdoor gatherings have no capacity restrictions with physical distancing.</li> <li>● Increased capacity at indoor gatherings to be determined based on current evidence. This includes funeral home visitation.</li> </ul>
<b>Personal Gatherings</b>	<ul style="list-style-type: none"> <li>● Limited to the number of people that can fit in the space with physical distancing.</li> </ul>
<b>Businesses</b>	<ul style="list-style-type: none"> <li>● No capacity restrictions at restaurants and lounges, with physical distancing maintained between patrons seated at adjacent tables. Self-serve buffets are prohibited.</li> <li>● Dance floors permitted.</li> </ul>
<b>Recreational Activities</b>	<ul style="list-style-type: none"> <li>● Indoor and outdoor sports tournaments permitted with appropriate COVID-19 protocols in place.</li> <li>● Recreational and arts facilities follow the limits for formal gatherings.</li> </ul>
<b>Offices and Workplaces</b>	<ul style="list-style-type: none"> <li>● Workplaces are back to normal with appropriate COVID-19 protocols in place as required.</li> </ul>

## Definitions

**Canadian:** Anyone travelling to Newfoundland and Labrador from within Canada.

**Fully vaccinated:** For two-dose COVID-19 vaccines, a person is considered to be fully vaccinated when at least two weeks has passed since their second dose of COVID-19 vaccine. For one-dose COVID-19 vaccines, a person is considered to be fully vaccinated when at least two weeks has passed since their vaccination.

**Partially vaccinated:** A person is considered to be partially vaccinated when at least two weeks have passed since their first dose of COVID-19 vaccine. This only applies to vaccines that consist of two doses.

**Unvaccinated:** A person is considered to be unvaccinated if they have not received any doses of COVID-19 vaccine.